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# CONSTRAINTS ON AXION DARK MATTER FROM BIG BANG NUCLEOSYNTHESIS

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# OUTLINE

- THE BASIC BUILDING BLOCKS
- THE THREE GRACES OF BBN
- THE TUNING IN OUR WAYS
- CONCLUSION AND FUTURE PROSPECTS

# THE BASIC BUILDING BLOCKS

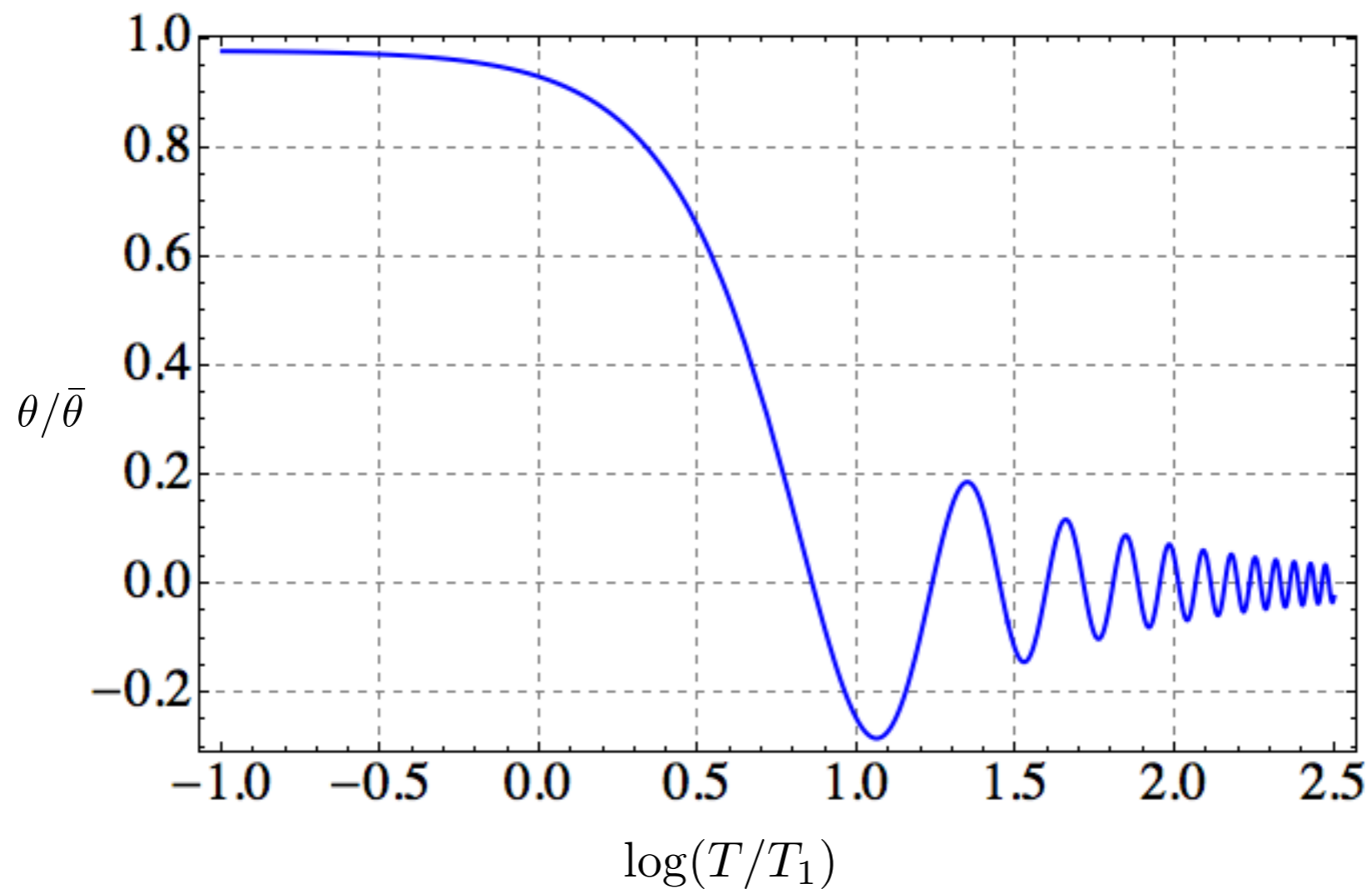


# AXION POTENTIAL

$$\frac{a}{f_a} \frac{g_s^2}{32\pi} G_{a\mu\nu} \tilde{G}^{a\mu\nu} \longrightarrow V(a) = \frac{1}{2} m_a^2 (a + \langle a \rangle)^2 + \dots$$

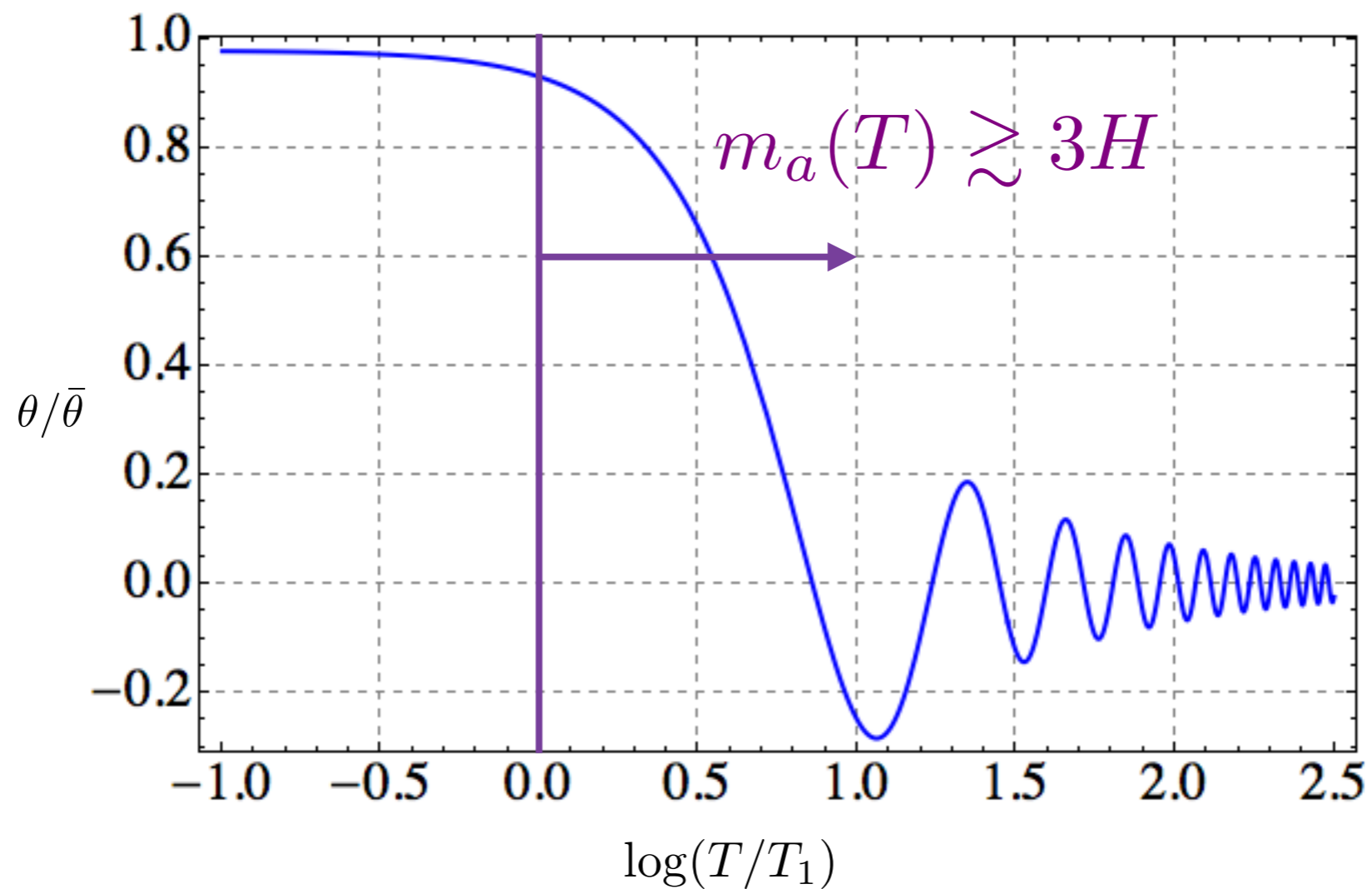
$$m_a = \frac{m_\pi f_\pi \sqrt{m_u m_d}}{(m_u + m_d) f_a}$$

# MISALIGNMENT PRODUCTION



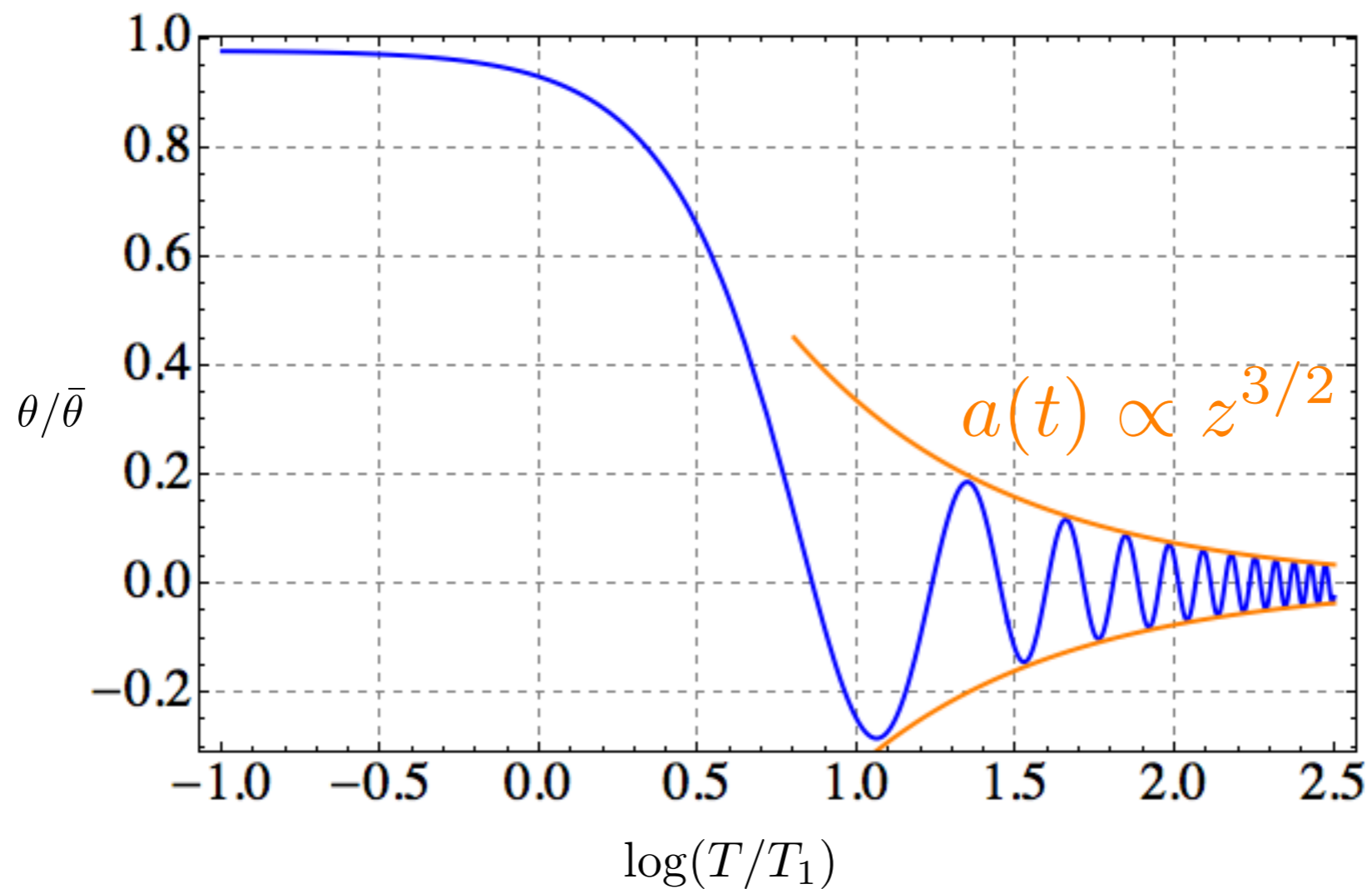
$$\ddot{\theta} + 3H\dot{\theta} + m_a^2(T)\theta = 0$$

# MISALIGNMENT PRODUCTION



$$\ddot{\theta} + 3H\dot{\theta} + m_a^2(T)\theta = 0$$

# MISALIGNMENT PRODUCTION



$$a(t) = f_a \theta(t) = \frac{\sqrt{2\rho_{DM}}}{7 m_a} \cos(m_a t)$$

# THE SIZE OF THE EFFECT

$$g_a = \frac{a}{f_a} \sim \frac{\sqrt{\rho_{DM}}}{f_a m_a} \approx 10^{-22} \left( \frac{10^{-4} \text{ eV}}{m_a} \right) \left( \frac{10^{11} \text{ GeV}}{f_a} \right)$$

- HIGH MATTER DENSITIES (SN1987A)
- HIGH PRECISION + CP-odd EFFECT (EDM measurements)
- RESONANCE + LONG INTEGRATION TIME
- GOING BACK IN TIME





# THE THREE GRACES OF BBN



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1.  $z \approx 10^{10}$

2.

3.

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2.  $\delta Y_p / Y_p \approx 10\%$  at  $3\sigma$
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# THE THREE GRACES OF BBN

1.  $z \approx 10^{10}$

2.  $\delta Y_p / Y_p \approx 10\%$  at  $3\sigma$

3.  $\left(\frac{n}{p}\right)_F = e^{-(m_n - m_p)/T_F}, \quad m_n - m_p = \Delta m_0 + \delta m(a(T))$

$$\delta m \approx (0.37 \text{ MeV}) \left(\frac{a}{f_a}\right)^2$$

# 4He ABUNDANCE

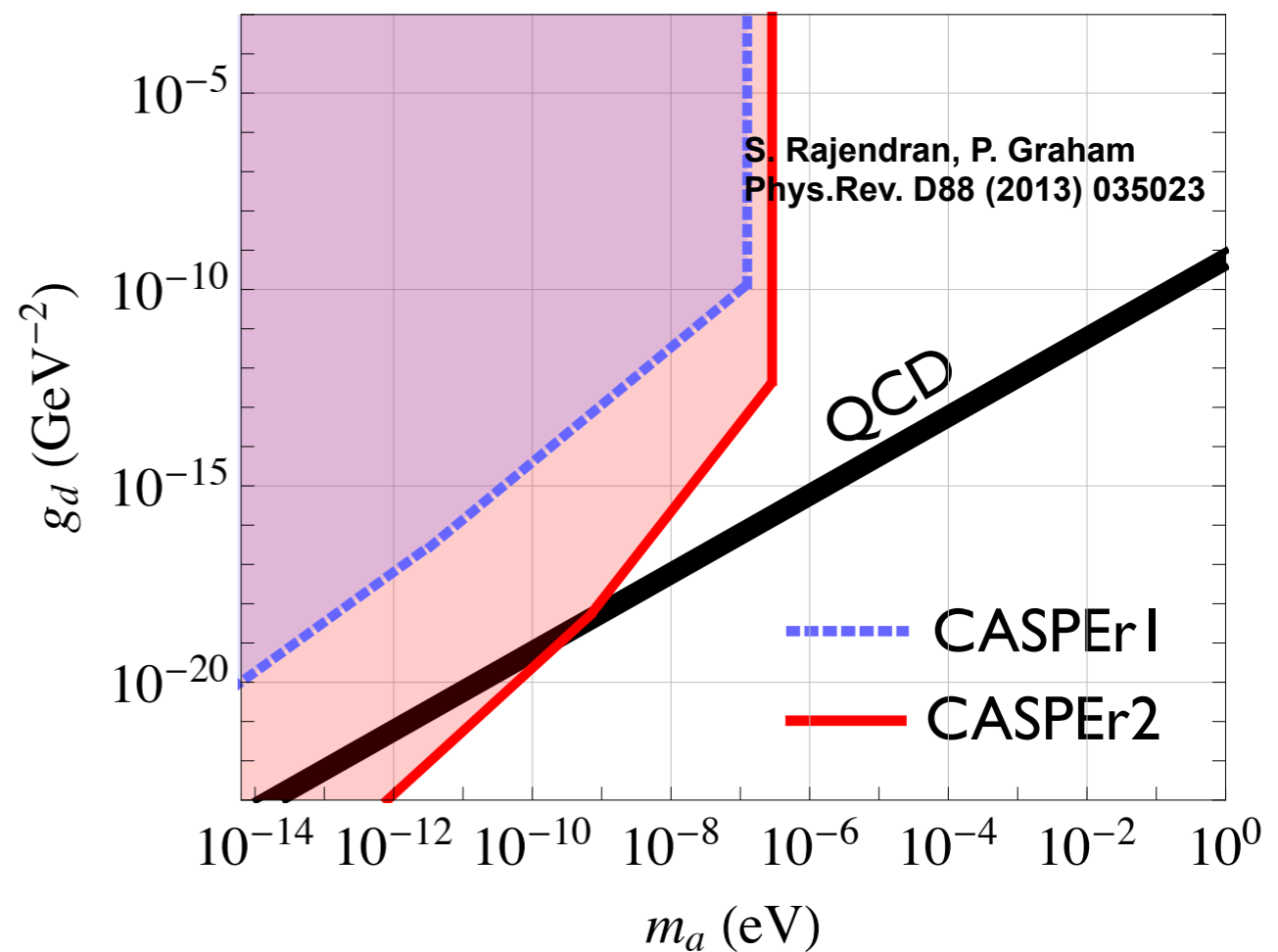
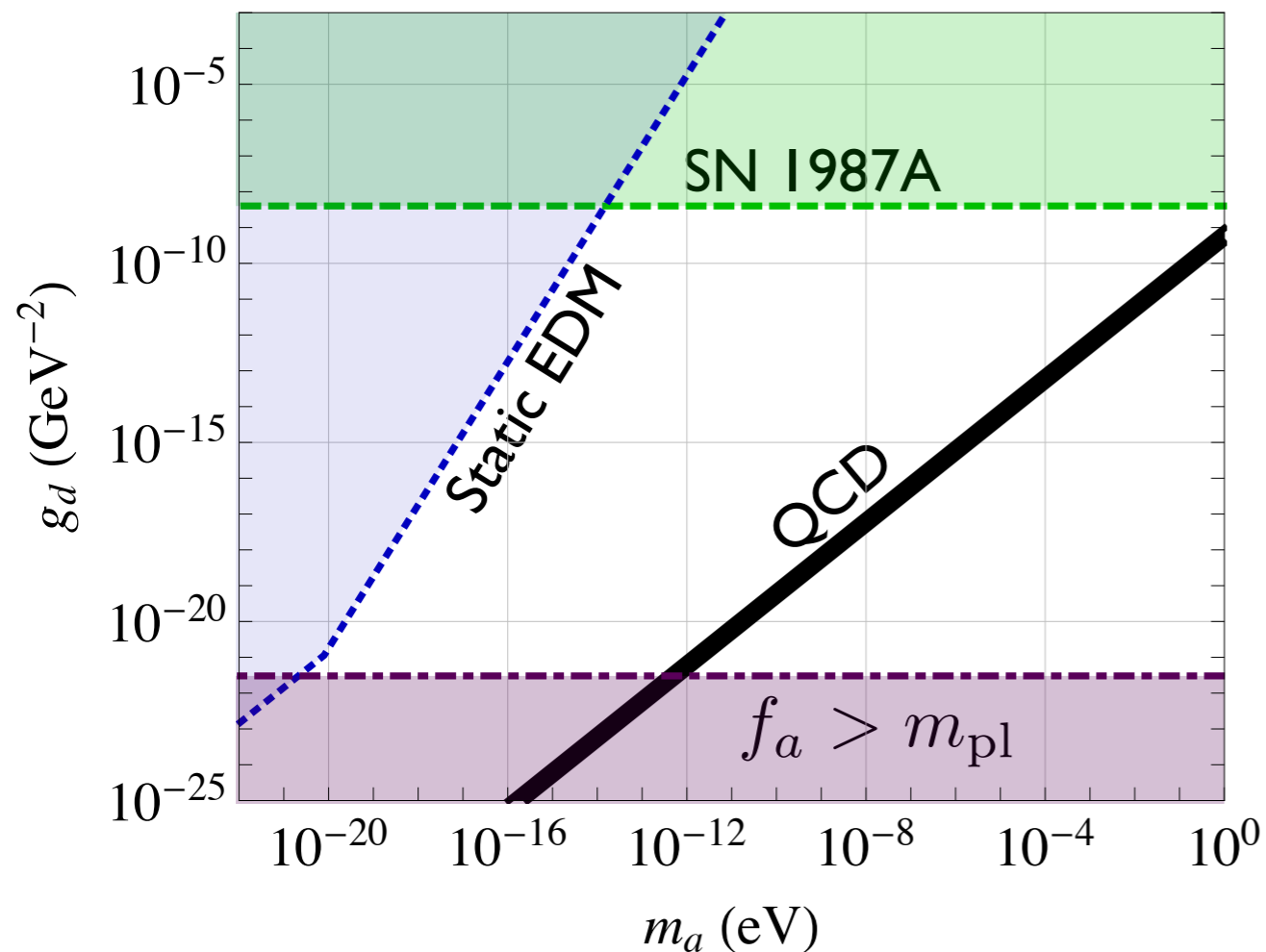
$$\delta m \approx (0.37 \text{ MeV}) \left( \frac{a}{f_a} \right)^2$$

$$\begin{aligned} \frac{a(t)}{f_a} &= (1 + z(t))^{3/2} \frac{\sqrt{2\bar{\rho}_{\text{DM}}}}{f_a m_a} \cos(m_a t) \\ &\approx 5 \times 10^{-9} \left( \frac{\text{GeV}^2}{f_a m_a} \right) \left( \frac{1 + z(t)}{10^{10}} \right)^{3/2} \cos(m_a t) \end{aligned}$$

# 4He ABUNDANCE IN THE RELEVANT PLANE

$$d_n = g_d a$$

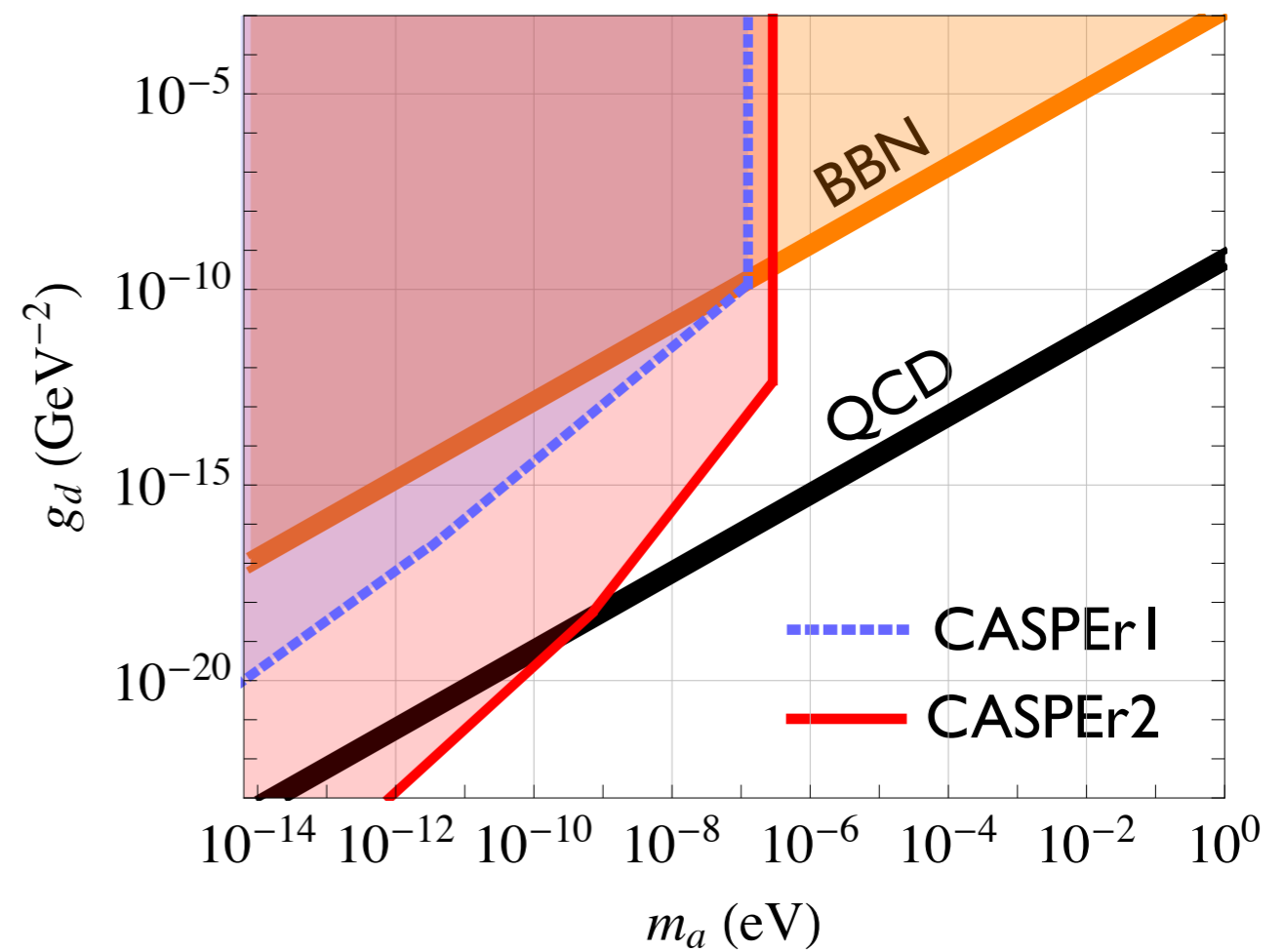
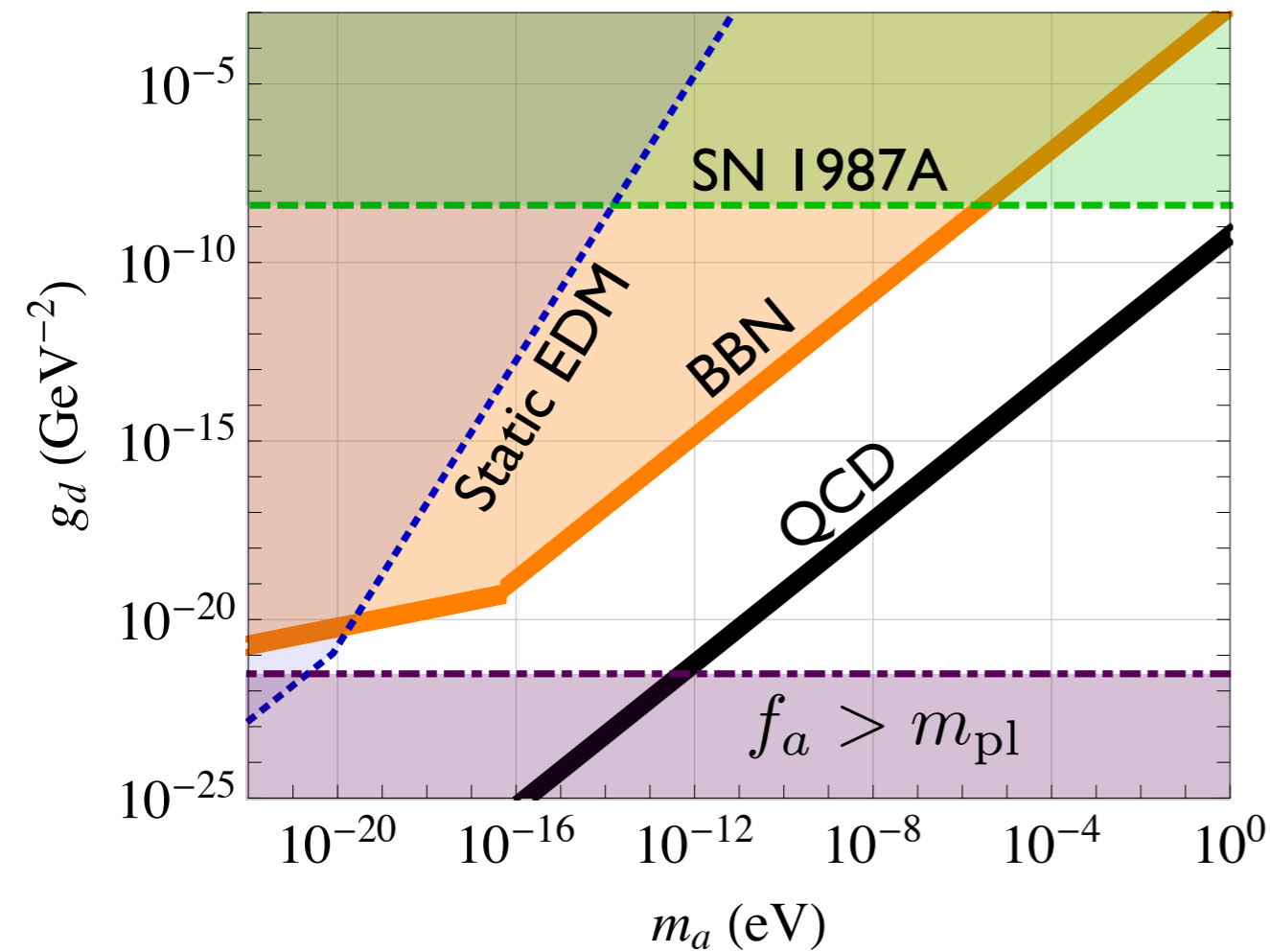
$$g_d \approx \frac{4 \times 10^{-3} \text{ GeV}^{-1}}{f_a}$$



# 4He ABUNDANCE IN THE RELEVANT PLANE

$$d_n = g_d a$$

$$g_d \approx \frac{4 \times 10^{-3} \text{ GeV}^{-1}}{f_a}$$

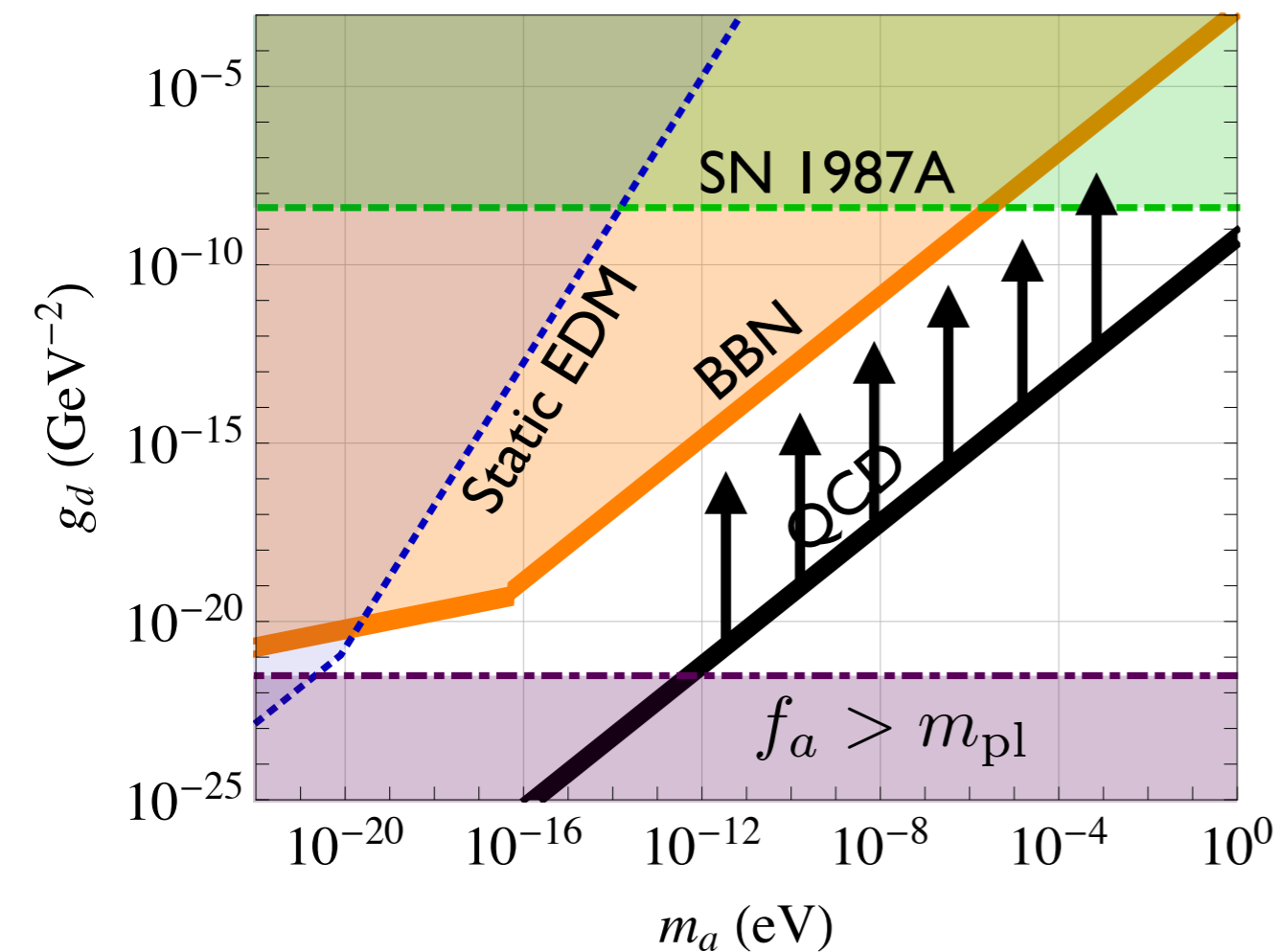


THE TUNING  
IN OUR  
WAYS





# MASS TUNING

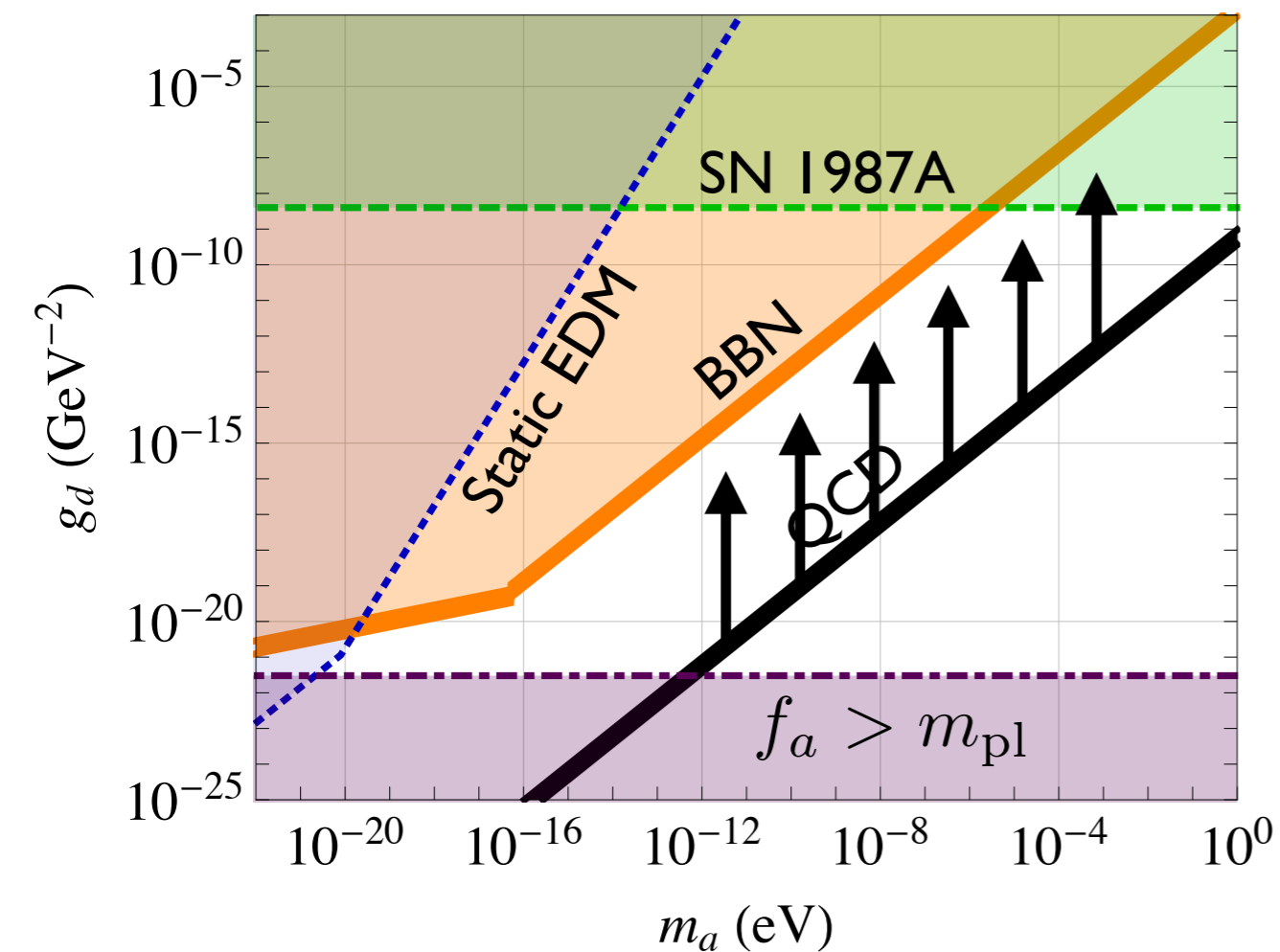


$$m_a \ll \frac{f_\pi m_\pi}{f_a}$$

$$\Delta\mathcal{L}(a) \propto \delta m^2 (a + \delta\theta)^2$$

$$\Delta_{\text{mass}} \sim \frac{f_a^2 m_a^2}{f_\pi^2 m_\pi^2} \sim 10^{-14} \left( \frac{f_a m_a}{10^{-9} \text{ GeV}^2} \right)^2$$

# CP TUNING

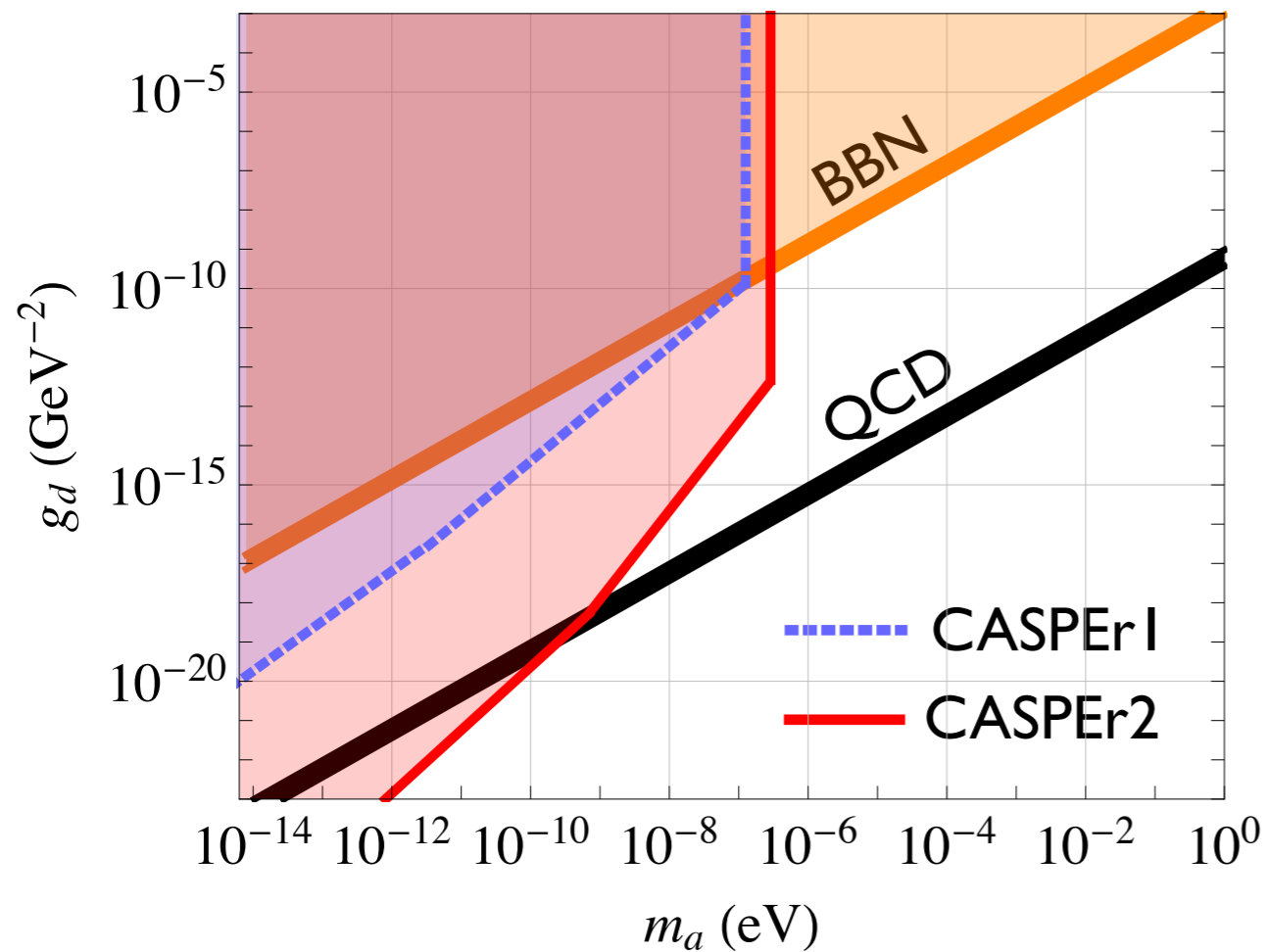


$$\Delta\mathcal{L}(a) \propto \delta m^2 (a + \delta\theta)^2$$

$$\frac{\partial V(a)}{\partial a} \rightarrow \langle a \rangle = -(\theta_{QCD} + \delta\theta)$$

$$|\delta\theta| \lesssim 10^{-10}$$

# WHY BOTHERING WITH THE BOUND



- RELEVANT TO FUTURE AND PRESENT EXPERIMENTS
- GENERAL POINT ABOUT REDSHIFTING OPERATORS IN THE LAGRANGIAN
- RELATION BETWEEN GLUON-GLUON COUPLING, EDM AND NEUTRON-PROTON MASS DIFFERENCE

# BEFORE THE QCD PHASE TRANSITION

$$\mathcal{L} = \frac{1}{2} \partial_\mu a \partial^\mu a + \sum_q \bar{q} (i \partial^\mu \gamma_\mu - m_q) q - \frac{a}{32\pi^2 f_a} G_{\mu\nu}^a \tilde{G}^{a\mu\nu} - \sum_q \lambda_q \frac{\partial_\mu a}{2f_a} \bar{q} \gamma^\mu \gamma^5 q$$

MODEL DEPENDENT

# A GLIMPSE AT THE ANSWER

$$\begin{aligned}
 \mathcal{L} \supset & -\frac{1}{2} \frac{f_\pi^2 m_\pi^2 m_u m_d}{(m_u + m_d)^2} \left( \frac{a}{f_a} \right)^2 \\
 & - \bar{N} \pi \cdot \sigma \left( i\gamma^5 g_{\pi NN} - 2 \bar{g}_{\pi NN} \frac{a}{f_a} \right) N \\
 & + \frac{f_\pi \bar{g}_{\pi NN}}{2} \frac{m_d - m_u}{m_d + m_u} \left( \frac{a}{f_a} \right)^2 \bar{N} \sigma^3 N
 \end{aligned}$$

# AXIONS AND GRAVITATIONAL WAVES

COHERENT OSCILLATIONS

$$m_a = \omega_a \sim 10^{-4} - 10^{16} \text{ Hz}$$

$$\omega_g \sim 10^{-7} - 10^{11} \text{ Hz}$$

TINY EFFECTIVE COUPLING (QCD LINE)

$$g_a = \frac{a}{f_a} \sim \frac{\sqrt{\rho_{DM}^1}}{f_a m_a} \approx 10^{-19}$$

$$h \sim 10^{-20} - 10^{-30}$$

EDM vs LENGTH EFFECTS

$$d_n \sim g_a$$

$$\delta \sim h$$

# CONCLUSION

- WE HAVE SHOWN A NEW CONSTRAINT ON AXION DARK MATTER PARAMETER SPACE RELEVANT FOR PRESENT AND FUTURE EXPERIMENTS
- THE RELATION BETWEEN AXION INDUCED NEUTRON EDM AND NEUTRON-PROTON MASS DIFFERENCE IS MODEL INDEPENDENT
- IT CAN BE EXPLOITED TO OBTAIN NEW ASTROPHYSICAL CONSTRAINTS AND AVENUES OF DETECTION

BACKUP



# STRONG CP PROBLEM

$$\mathcal{L}_{\text{QCD}} \supset \theta \frac{g_s^2}{32\pi^2} G_{a\mu\nu} \tilde{G}^{a\mu\nu}$$

$$d_n = 2.4 \times 10^{-16} |\theta| \text{ e} \cdot \text{cm} \lesssim 10^{-26} \text{ e} \cdot \text{cm}$$

$$|\theta| \lesssim 10^{-10}$$

# STRONG CP PROBLEM

ANOMALOUS  $U(1)_{PQ}$

SPONTANEOUSLY BROKEN AT A SCALE  $f_a$

$$\mathcal{L}_{\text{QCD}} \supset (\theta + C_a \frac{a}{f_a}) \frac{g_s^2}{32\pi^2} G_{a\mu\nu} \tilde{G}^{a\mu\nu}$$

$$\frac{\partial V(a)}{\partial a} = 0 \rightarrow \langle a \rangle = -\frac{f_a \theta}{C_a}$$



# CHIRAL LAGRANGIAN HOMEWORKS

# BEFORE THE QCD PHASE TRANSITION

$$\mathcal{L} = \frac{1}{2} \partial_\mu a \partial^\mu a + \sum_q \bar{q} (i \partial^\mu \gamma_\mu - m_q) q - \frac{a}{32\pi^2 f_a} G_{\mu\nu}^a \tilde{G}^{a\mu\nu} - \sum_q \lambda_q \frac{\partial_\mu a}{2f_a} \bar{q} \gamma^\mu \gamma^5 q$$

# GLUON-GLUON COUPLING AND QUARK MASSES

$$\mathcal{L} = \frac{1}{2} \partial_\mu a \partial^\mu a + \sum_q \bar{q} (i \partial^\mu \gamma_\mu - m_q) q - \frac{a}{32\pi^2 f_a} G_{\mu\nu}^a \tilde{G}^{a\mu\nu} - \sum_q \lambda_q \frac{\partial_\mu a}{2f_a} \bar{q} \gamma^\mu \gamma^5 q$$

$$q \rightarrow e^{-i\gamma^5 \alpha_q} q \quad \bar{q} \rightarrow \bar{q} e^{-i\gamma^5 \alpha_q}$$

$$\frac{a}{f_a} \rightarrow \frac{a}{f_a} + 2 \sum_q \alpha_q$$

QCD  
ANOMALY

$$m_q \rightarrow e^{-2i\alpha_q} m_q$$

# GLUON-GLUON COUPLING AND QUARK MASSES

$$\mathcal{L} = \frac{1}{2} \partial_\mu a \partial^\mu a + \sum_q \bar{q} (i \partial^\mu \gamma_\mu - m_q) q - \frac{a}{32\pi^2 f_a} G_{\mu\nu}^a \tilde{G}^{a\mu\nu} - \sum_q \lambda_q \frac{\partial_\mu a}{2f_a} \bar{q} \gamma^\mu \gamma^5 q$$

$$\alpha_q = -(ac_q)/2f_a \quad c_u + c_d = 1$$

$$\mathcal{L} = \frac{1}{2} \partial_\mu a \partial^\mu a + \sum_q \bar{q} (i \partial^\mu \gamma_\mu - m_q) q - \sum_q (-c_q + \lambda_q) \frac{\partial_\mu a}{2f_a} \bar{q} \gamma^\mu \gamma^5 q - \sum_q m_q \bar{q} e^{i \frac{ac_q \gamma^5}{f_a}} q$$

# CHIRAL LAGRANGIAN

$$M = \begin{pmatrix} m_u e^{ic_u a/f_a} & 0 \\ 0 & m_d e^{ic_d a/f_a} \end{pmatrix} \quad U = u^2 \equiv e^{2i\pi^a \tau^a / f_\pi}$$

# CHIRAL LAGRANGIAN

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$$\begin{aligned} \mathcal{L}_{Ch} = & i\bar{N}\gamma^\mu\partial_\mu N - m_N\bar{N}N \\ & - \frac{c_+}{2}\bar{N}(uMu + \text{h.c.})N - \frac{c_-}{2}\bar{N}(uMu - \text{h.c.})\gamma^5 N \\ & - c_3\text{Tr}[MU + \text{h.c.}]\bar{N}N - c_4\text{Tr}[MU - \text{h.c.}]\bar{N}\gamma^5 N \\ & + \dots + (u^\dagger\partial u) \end{aligned}$$



# CHIRAL LAGRANGIAN

$$c_+ \bar{N} (uMu + \text{h.c.}) N \supset c_1 \bar{N} \frac{\pi^a \tau^a}{f_\pi} \frac{a}{f_a} N + c_2 \bar{N} \tau_3 N \left( \frac{a}{f_a} \right)^2 + \dots$$

# THE MODEL DEPENDENT PIECE

$$\frac{\partial_\mu a}{2f_a} \bar{q} \gamma^\mu \gamma^5 q \supset \frac{f_\pi}{f_a} \partial_\mu a \partial^\mu \pi^0$$

KINETIC  
MIXING

$$\frac{\partial_\mu a}{2f_a} \bar{q} \gamma^\mu \gamma^5 q \supset \frac{\partial_\mu a}{2f_a} \bar{N} \gamma^\mu \gamma^5 N$$

EXTRA  
INTERACTIONS

# THE MODEL DEPENDENT PIECE

$$\mathcal{L} \supset (c_d - c_u + \lambda_u - \lambda_d) \frac{f_\pi}{4f_a} \partial_\mu a \partial^\mu \pi^0$$

$c_u, c_d$

FIELD REDEFINITION

WE FIXED

$$c_u + c_d = 1$$

BUT WE STILL HAVE THE  
FREEDOM TO CHOOSE

$$c_u - c_d = \lambda_d - \lambda_u$$

# THE MODEL DEPENDENT PIECE

$$\mathcal{L}_{\text{kin}} = \frac{1}{2} (\partial_{\mu} \pi^0 \partial^{\mu} \pi^0 + \partial_{\mu} a \partial^{\mu} a) - \epsilon \partial_{\mu} a \partial^{\mu} \pi^0$$

$$\epsilon \sim \frac{f_{\pi}}{f_a}$$

# THE MODEL DEPENDENT PIECE

$$\mathcal{L}_{\text{kin}} = \frac{1}{2} (\partial_\mu \pi^0 \partial^\mu \pi^0 + \partial_\mu a \partial^\mu a) - \epsilon \partial_\mu a \partial^\mu \pi^0$$

$$R = \begin{pmatrix} \cos \theta + \frac{\epsilon \sin \theta}{\sqrt{1-\epsilon^2}} & \frac{\epsilon \cos \theta}{\sqrt{1-\epsilon^2}} - \sin \theta \\ \frac{\sin \theta}{\sqrt{1-\epsilon^2}} & \frac{\cos \theta}{\sqrt{1-\epsilon^2}} \end{pmatrix}$$

ANY  $\theta$

$$\mathcal{L}_{\text{kin}} = \frac{1}{2} (\partial_\mu \Pi^0 \partial^\mu \Pi^0 + \partial_\mu A \partial^\mu A)$$

# THE MODEL DEPENDENT PIECE

$$R = \begin{pmatrix} \cos \theta + \frac{\epsilon \sin \theta}{\sqrt{1-\epsilon^2}} & \frac{\epsilon \cos \theta}{\sqrt{1-\epsilon^2}} - \sin \theta \\ \frac{\sin \theta}{\sqrt{1-\epsilon^2}} & \frac{\cos \theta}{\sqrt{1-\epsilon^2}} \end{pmatrix}$$



$\theta$  DIAGONALIZES THE  
MASS MATRIX

$$R \approx \begin{pmatrix} 1 + \mathcal{O}(\epsilon^2) & \mathcal{O}(\epsilon^3) \\ \mathcal{O}(\epsilon) & 1 \end{pmatrix}$$

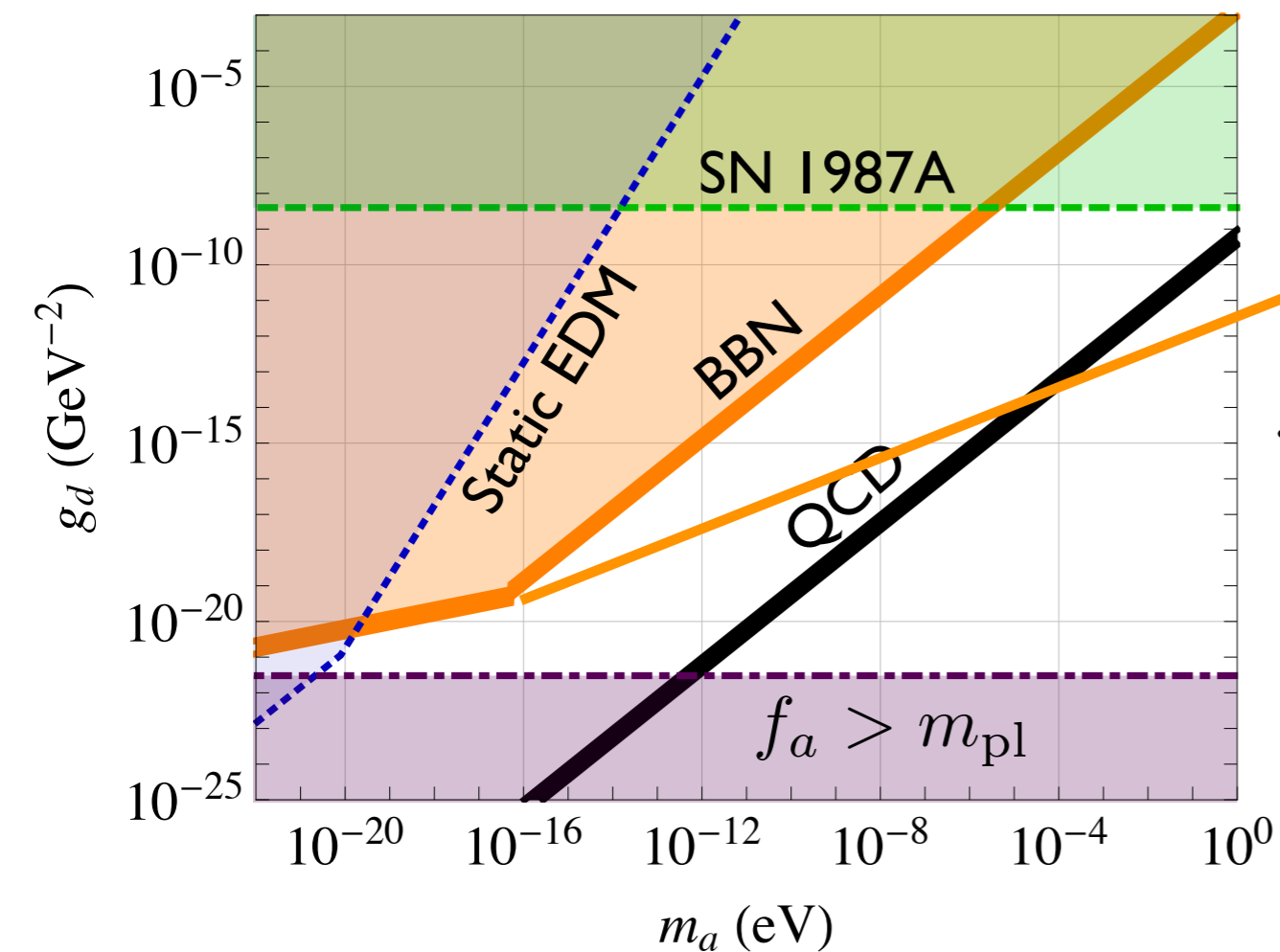
# THE MODEL DEPENDENT PIECE

$$R = \begin{pmatrix} \cos \theta + \frac{\epsilon \sin \theta}{\sqrt{1-\epsilon^2}} & \frac{\epsilon \cos \theta}{\sqrt{1-\epsilon^2}} - \sin \theta \\ \frac{\sin \theta}{\sqrt{1-\epsilon^2}} & \frac{\cos \theta}{\sqrt{1-\epsilon^2}} \end{pmatrix}$$

$\theta$  ↓  
DIAGONALIZES THE  
MASS MATRIX

$$R \approx \begin{pmatrix} 1 + \mathcal{O}(\epsilon^2) & \mathcal{O}(\epsilon^3) \\ \mathcal{O}(\epsilon) & 1 \end{pmatrix} \longrightarrow \begin{aligned} \Pi^0 &\approx (1 + \mathcal{O}(\epsilon^2))\pi^0 \\ A &\approx a + \mathcal{O}(\epsilon)\pi^0 \end{aligned}$$

# 4He ABUNDANCE IN THE RELEVANT PLANE



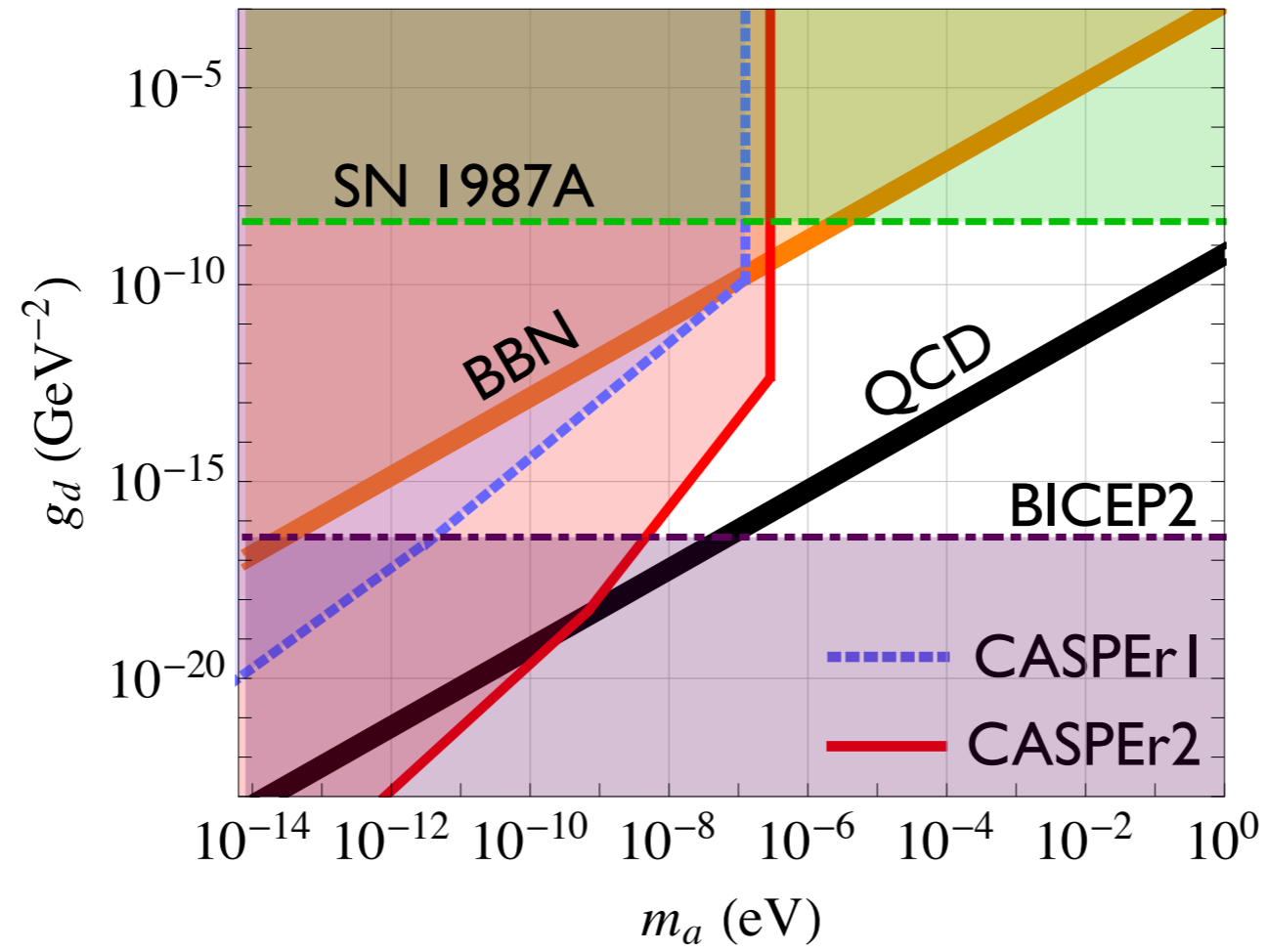
$m_a \lesssim 3H_{\text{BBN}}$

$$f_a m_a \gtrsim \sqrt{2} \times (1.3 \times 10^{-9} \text{ GeV}^2) \left( \frac{1 + z_m}{1 + z_F} \right)^{3/2}$$

$$\approx (1.8 \times 10^{-9} \text{ GeV}^2) \left( \frac{m_a}{10^{-16} \text{ eV}} \right)^{3/4}$$

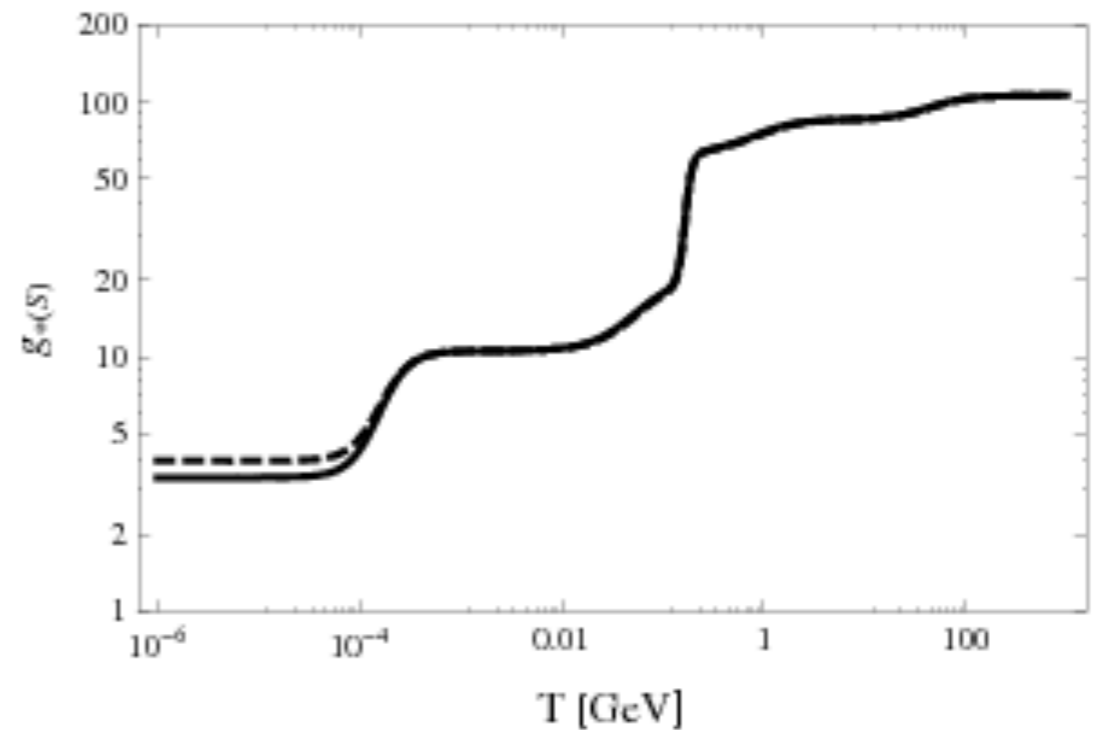


# BICEP2



# RELATIVISTIC DEGREES OF FREEDOM

$$\Delta N_{\text{eff}} \sim 0.5 \left( \frac{g_*(T_\nu)}{g_*(T_a)} \right)^{4/3}$$

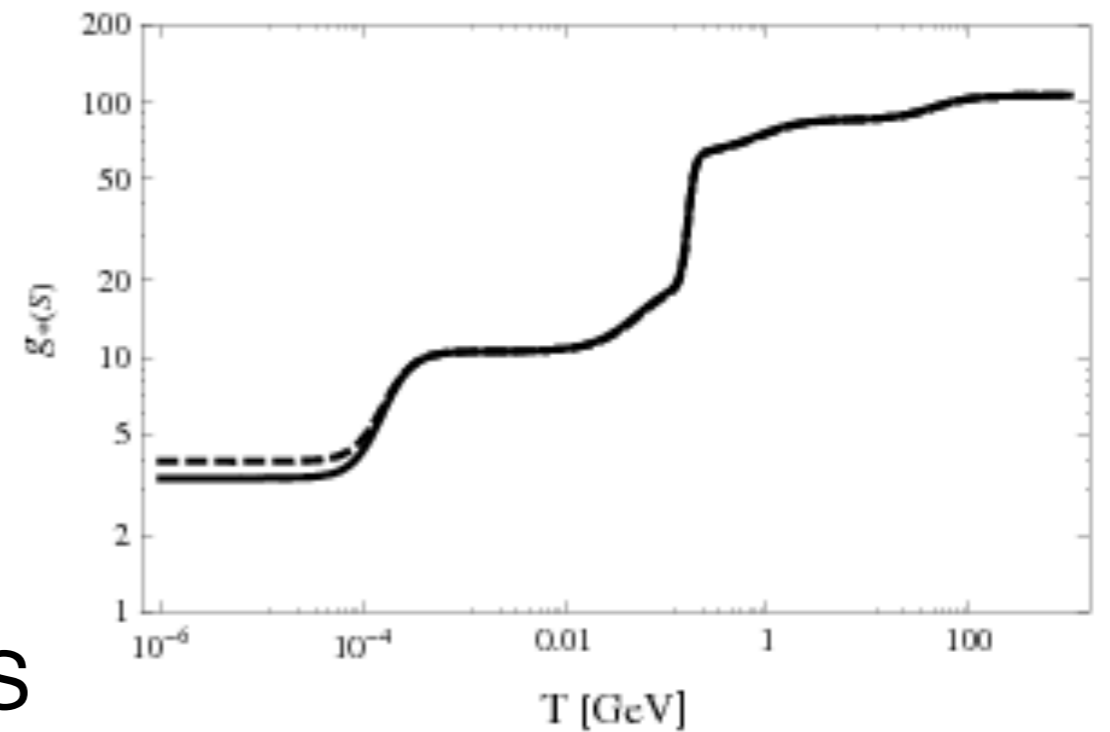


# RELATIVISTIC DEGREES OF FREEDOM

$$\Delta N_{\text{eff}} \sim 0.5 \left( \frac{g_*(T_\nu)}{g_*(T_a)} \right)^{4/3}$$

IF THERMALIZED BY PHOTONS

$$T_a \sim 100 \text{ GeV} \left( \frac{f_a}{10^7 \text{ GeV}} \right)^2 \longrightarrow f_a \gtrsim 10^{4-5} \text{ GeV}$$



# RELATIVISTIC DEGREES OF FREEDOM

IF THERMALIZED BY HADRONS

$$N + a \rightarrow N + N$$

$$N + \pi \rightarrow N + a$$

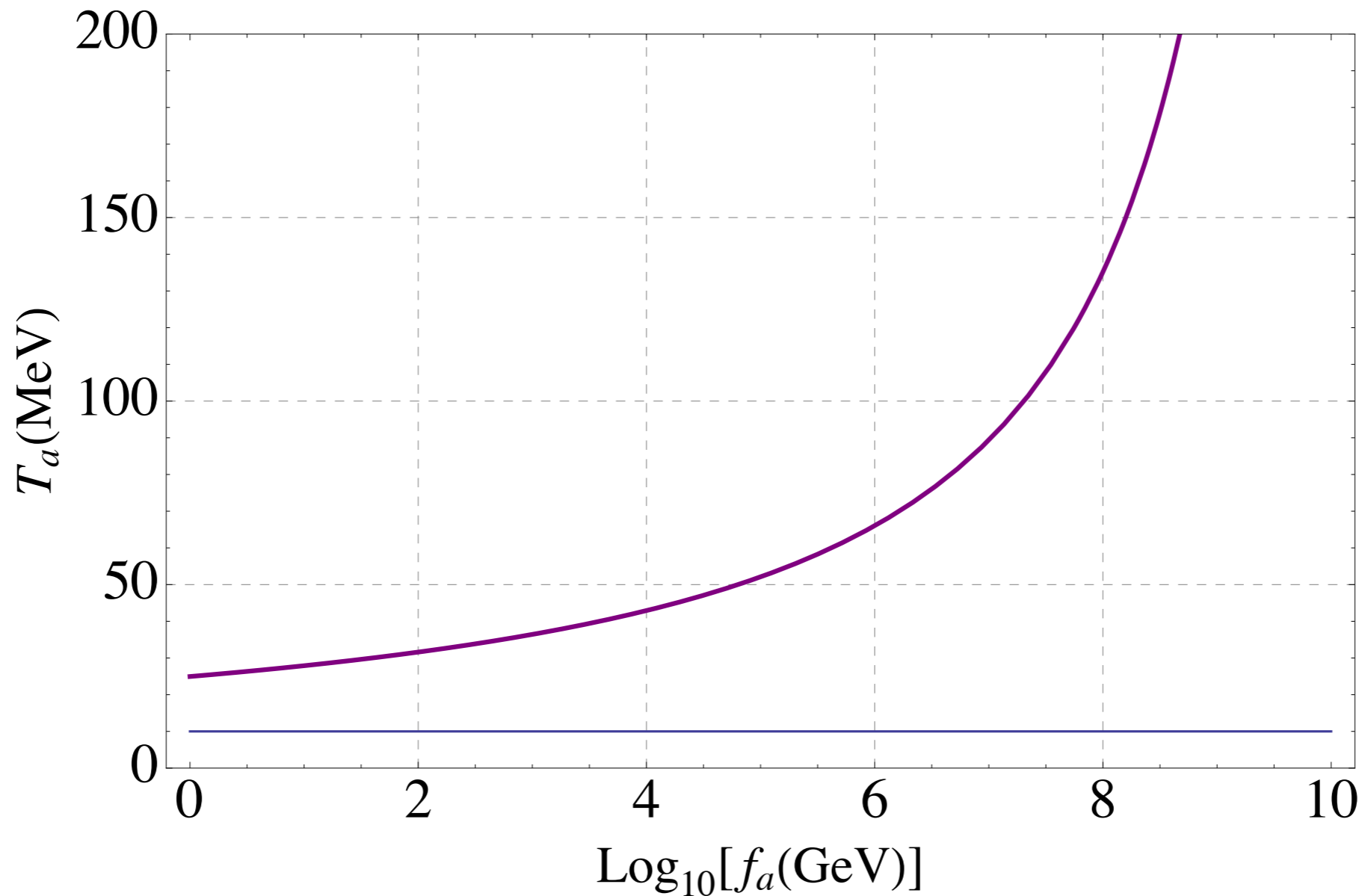
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$$\Gamma \sim e^{-\frac{m_N}{T}}$$

# RELATIVISTIC DEGREES OF FREEDOM

IF THERMALIZED BY HADRONS



# THERMAL AXION POPULATION

$$a_{\text{Th}} \sim T$$

$$a_{\text{Bkg}} \sim \sqrt{\rho_{DM}/m_a} \sim (T^2/m_a) \sqrt{z_{EQ}/z}$$

$$a_{\text{Th}}/a_{\text{Bkg}} \sim 10^{-3} \frac{m_a}{1 \text{ eV}}$$

# ANALYTICAL VS NUMERICAL

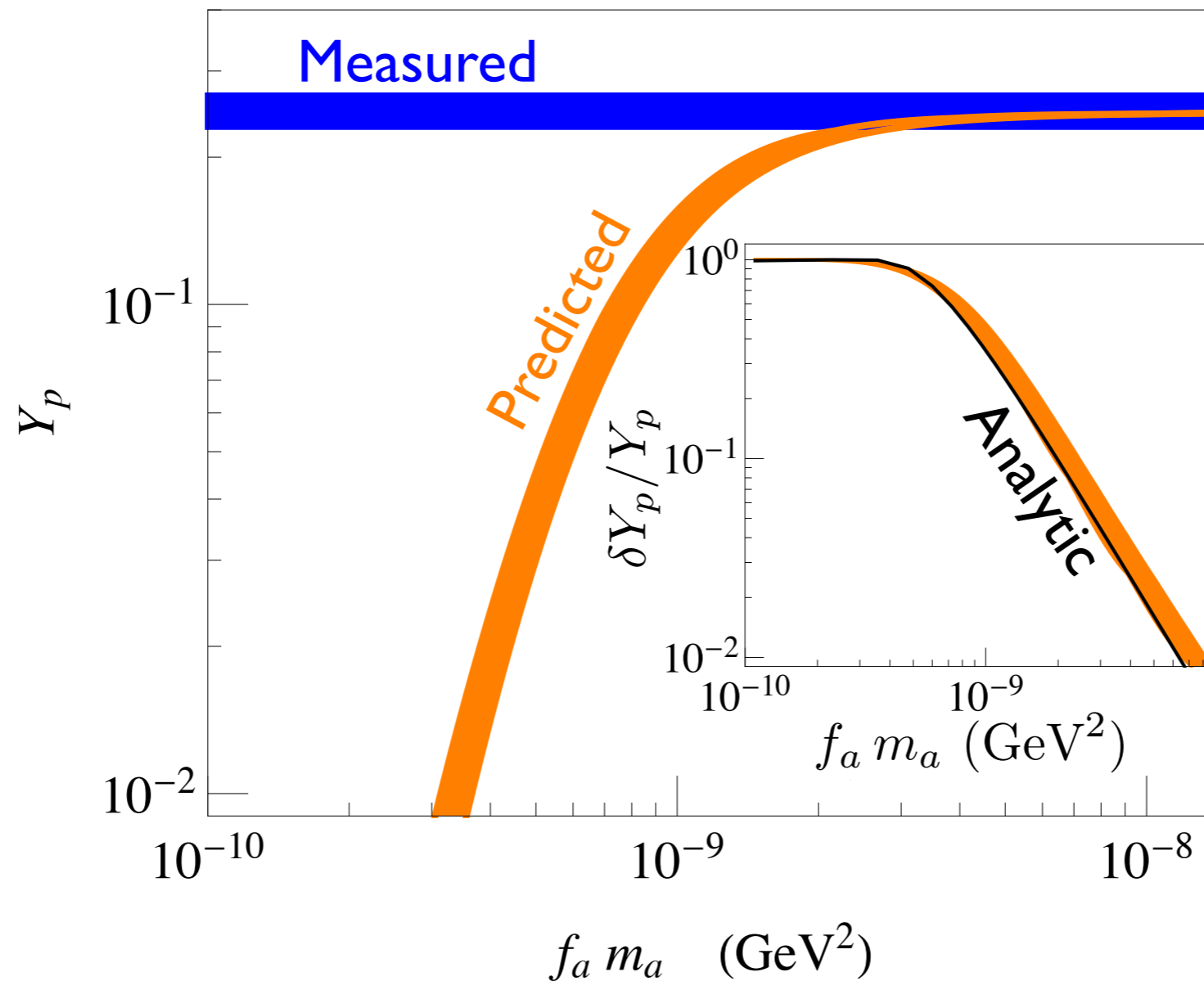
- SIMPLE ANALYTICAL ESTIMATE

$$f_a m_a \gtrsim 1.0 \times 10^{-9} \text{ GeV}^2$$

- FULL NUMERICAL CALCULATION
  - AXION CORRECTED BOLTZMANN EQUATIONS  
(CHANGE IN THE FREEZE-OUT TEMPERATURE)
  - AXION CORRECTED NEUTRON DECAY BETWEEN  
FREEZE-OUT AND BBN

$$f_a m_a \gtrsim 1.3 \times 10^{-9} \text{ GeV}^2$$

# $4\text{He}$ ABUNDANCE





# A TWO AXIONS SYSTEM

$$\mathcal{L} \supset - \left( \frac{a}{f_a} + \frac{A}{F_A} \right) \frac{G_{\mu\nu}^a \tilde{G}^{a\mu\nu}}{32\pi^2}$$

$$V = \frac{1}{2} m_a^2 \left( a + \frac{f_a}{F_A} A \right)^2 + \frac{1}{2} m_{UV}^2 A^2 + \dots$$

# A TWO AXIONS SYSTEM

$$\mathcal{L} \supset - \left( \frac{a}{f_a} + \frac{A}{F_A} \right) \frac{G_{\mu\nu}^a \tilde{G}^{a\mu\nu}}{32\pi^2}$$

$$V = \frac{1}{2} m_a^2 \left( a + \frac{f_a}{F_A} A \right)^2 + \frac{1}{2} m_{UV}^2 A^2 + \dots$$

$$\alpha = f_a/F_A \quad \beta = m_{UV}^2/m_a^2$$

$$\mathcal{M}^2 = m_a^2 \begin{pmatrix} 1 & \alpha \\ \alpha & \beta \end{pmatrix}$$

# A TWO AXIONS SYSTEM

- WITHOUT LOSS OF GENERALITY  $\alpha \leq 1$
- NO TACHYONIC STATES  $\beta > 0$  ( $|\alpha| < \sqrt{\beta}$ )
- THE TWO PREVIOUS CONDITIONS IMPLY

$$f_{1,2}m_{1,2} > \frac{f_{\pi}m_{\pi}\sqrt{m_u m_d}}{m_u + m_d}$$