Superfluid effective field theory

for sub-GeV dark matter direct detection

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1. Direct detection set-up



2. Quasi-particles in Superfluid He-4



3. Deliverables

Previous works $m_{DM} < MeV$



Knapen, S., et al. 2017

Caputo, A., et al. 2019

Baym, G., et al. 2020

3. Deliverables

Our work $MeV < m_{DM} < GeV$



DM scatters helium atom

Helium cascade

Helium atoms emit quasiparticles

Quasi-particles decay/self interaction

4. New deliverables for DPF21

Power counting:

to determine Wilson coefficients in bottom-up EFT

- Phonon self-interaction
- Roton self-interaction
- Phonon quasi-particle coupling
- Helium atom quasi-particle coupling



5. Phonon self-interaction

$$E_{\rm phonon} \simeq c_s \left(p - \frac{\gamma}{\Lambda^2} p^3 \right)$$

Low momentum phonon is an exact Goldstone boson



 $p \rightarrow 0, E_{\text{phonon}} \rightarrow 0$ Power counting

5. Phonon self-interaction

Non-EFT: Landau, Statistical Physics II $\Lambda \sim p_*$

$$[p] = 1, \quad [\partial_i] = 1, \quad [t] = -1, \quad [\partial_t] = 1, \quad [x] = -1, \quad [\pi] = 1$$

$$\mathcal{L}_{\rm ph} = \underbrace{\frac{1}{2} \left(\dot{\pi}^2 - c_s^2 \partial_i \pi \partial_i \pi \right)}_{+ \frac{c_s^3}{2\Lambda^2}} - \frac{c_s^{3/2}}{2\Lambda^2} \left(\dot{\pi} \partial_i \pi \partial_i \pi \right) + \frac{g_3 c_s^{-1/2}}{6\Lambda^2} \dot{\pi}^3 + \frac{c_s^3}{8\Lambda^4} \left(\partial_i \pi \partial_i \pi \right)^2 - \frac{g_3 c_s}{4\Lambda^4} \dot{\pi}^2 \partial_i \pi \partial_i \pi + \frac{g_4 c_s^{-1}}{24\Lambda^4} \dot{\pi}^4 + \cdots$$

6. Roton φ^4 self-interaction



Phase space similar to Fermi surface \downarrow Power counting shows φ^4 is a marginal operator



6. Roton φ^4 self-interaction

Non-EFT: Landau 1949

$$[\ell] = 1, \quad [p_*] = 0, \quad [\mathrm{d}^3 p] = 1, \quad [\tilde{\varphi}_r] = -\frac{1}{2}, \quad [\mathrm{d}t] = -2, \quad [\partial_t] = 2$$



7. Phonon interacts with hard quasi-particles





Slow helium (Non-perturbative)

Fast/Weakly interacting particles (Perturbative)

8. Effective current-current coupling with undetermined coupling constants

$$\mathcal{L}_{\text{cl-ph}} = \frac{m_{\text{He}}c_s}{\sqrt{\rho}} \left(\lambda_1 \dot{\pi} \Phi^* \Phi + \lambda_2 \nabla \pi \cdot \frac{i\Phi^* \nabla \Phi + h.c.}{2m} \right)$$

$$\text{The phonon } \pi \text{ side of matrix element is known - the } \\ \text{"form factor"} S(q, \omega) \\ \downarrow \\ \text{If we assume formula works for any quasi-particle, } \\ \text{we can use the whole spectrum of } S(q, \omega) \\ \Gamma \simeq \frac{(\lambda_1 + \lambda_2)^2 \Lambda}{2\pi m_{\text{He}}^2 v_{\text{He}}} \int_0^{k_{\text{max}}} kS(k) dk$$

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$$\text{Campbell, C. E., et al. 2015}$$

 $\log_{10}(S(a, \omega) \times eV)$

Summary: Various EFT power counting in the superfluid Helium-4

Thanks for your attention!

