

Phase transitions with ultra-relativistic bubbles.

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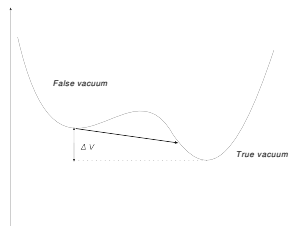
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Portoroz workshop

with M.Vanvlasselaer and W. Yin 2101.02590, 2101.05721, 2106.14913

Introduction

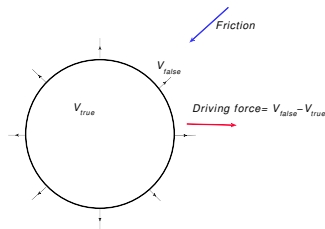


- ▶ False and true vacua are separated by the potential barrier
- ▶ Transition occurs by bubble nucleation (Coleman 77)

$$\Gamma(T) \sim \max \left[T^4 \left(\frac{S_3}{2\pi T} \right)^{3/2} e^{-S_3/T}, R_0^{-4} \left(\frac{S_4}{2\pi} \right)^2 e^{-S_4} \right]$$

Bubbles of true vacua are formed, which later expand

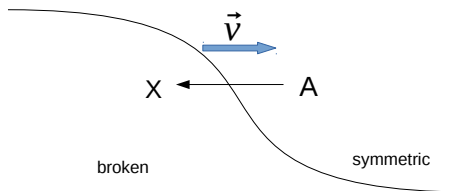
Relativistic bubbles



Forces acting on the bubble

- ▶ Driving force $\sim V_{true} - V_{false}$ due to the energy difference between true and false vacuum
- ▶ Friction forces due to the bubble wall collision with plasma particles. These forces must vanish in the limit of zero temperature $T \rightarrow 0$
- ▶ **If $T \ll \Delta V^{1/4}$ the friction forces cannot prevent bubbles from reaching relativistic velocities**
- ▶ in the regime of supercooling i.e. $T \ll \Delta V^{1/4}$ bubble must be relativistic

Pressure on the wall



- ▶ We will assume that mean-free-path of the particles is much larger than the width of the wall \Rightarrow we can consider individual particle collisions with the wall
- ▶ Pressure = Flux \times (Probability of transition) \times (Loss of momenta)

$$\mathcal{P}_{A \rightarrow X} = \int \frac{p_z d^3 p}{p_0 (2\pi)^3} f_A(p) \times \sum_X \int dP_{A \rightarrow X} (p_A^Z - \sum_X p_X^Z)$$

1 \rightarrow 1 transition *Bodeker-Moore 0903.4099(see also hep-ph/9203203)*

- ▶ Particle hits the wall and in the broken phase becomes massive

$$i\bar{\chi}\partial\chi + y\bar{\chi}\chi\phi + V(\phi)$$

- ▶ Once the energy is sufficient to pass through the wall the probability of transition is = 1, then the pressure for the relativistic particles is equal to:

$$\mathcal{P}_{1\rightarrow 1} = \int \frac{d^3p}{(2\pi)^3} f_p (p_s^z - p_h^z) \simeq \int \frac{d^3p}{(2\pi)^3} f_p \times \frac{\Delta m^2}{2p_0} \theta(p_0 - m_{\text{broken}})$$

$$\mathcal{P}_{1\rightarrow 1} \sim m^2 T^2 \exp[-m/(2\gamma T)]$$

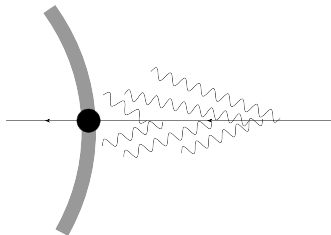
pressure is independent of $\gamma \Rightarrow$ permanently accelerating bubbles are possible if $\mathcal{P}_{1\rightarrow 1} < \Delta V$

Bubble motion @ NLO

LO pressure is independent of γ and the bubbles can reach arbitrarily high velocities. What can stop such a permanent acceleration?

Pressure effects at NLO in the presence of vector fields obtaining their mass during the phase transition leads to qualitatively different behaviour

(Bodeker-Moore, 1703.08215) $P_{NLO} \propto \gamma T^3 m$



Effect is dominated by soft vector emission, since in this case the momentum transfer is most efficient

$$\begin{aligned}
 \mathcal{P}_{1 \rightarrow 2}^{\text{eq. } \gamma} &= \underbrace{\int \frac{d^3 p}{(2\pi)^3} f_p}_{\text{incident fermions}} \int_{m_V/p}^1 dx f_\gamma(x) \times \underbrace{\frac{m_V^2}{2px}}_{\text{momentum transfer}} \\
 &= \int \frac{d^3 p}{(2\pi)^3} f_p \times \left[\frac{e^2}{8\pi^2} m_V \right] \log \frac{m_V^2}{e^2 T^2} \propto \gamma T^3 m_V
 \end{aligned}$$

EPA approximation (Fermi 24, Weizsacker 34, Williams 34, Landau Lifshitz 34)

there are claims $P_{NLO} \propto \gamma^2 T^4$ 2007.10343, ongoing discussion.

Ultrarelativistic bubbles: terminal velocity vs acceleration

Bubbles can reach relativistic velocities $v \rightarrow 1$, why it is important to differentiate between permanent acceleration or terminal velocity? **Phenomenological consequences?**

- ▶ If the bubbles are accelerating at the instance of collision, significant part of the energy is stored in the bubble shell

$$E_{shell} \sim 4\pi\sigma R^2, \sigma \propto \gamma \propto \frac{R}{R_0}, E_{shell} \propto R^3 \Rightarrow \frac{E_{shell}}{E_{total}} = \mathcal{O}(1)$$

- ▶ If the steady velocity is reached most of the energy is in the plasma motion/sound waves $\gamma = const \Rightarrow E_{shell} \propto R^2 \Rightarrow \frac{E_{shell}}{E_{total}} \rightarrow 0$

- ▶ **different predictions for the stochastic gravitational wave background**

Ultrarelativistic bubbles : terminal velocity vs acceleration

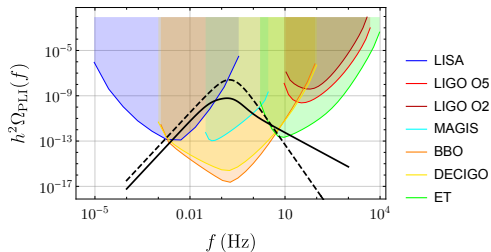


Figure: solid- runaway, dashed fixed velocity

Bubble wall can reach ultra-relativistic velocities

Collision energy between the bubble wall and the plasma particle can be much larger than the transition scale

$$E \sim \sqrt{\gamma T v} \gg v \quad \text{if} \quad \gamma \gg 1$$

- ▶ Is it consistent to ignore all other degrees of freedom which are decoupled at the phase transition?
- ▶ What effect these heavy fields can have?

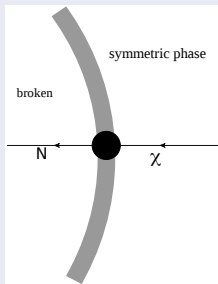
1 \rightarrow 1 transition, with mixing 2010.02590

Consider the following lagrangian,

$$\mathcal{L}_{\text{fermion}} = i\bar{\chi}\partial\chi + i\bar{N}\partial N + M\bar{N}N + Y_{\text{mixing}}\phi\bar{\chi}N$$
$$M \gg \langle\phi\rangle$$

N -field is decoupled at PT and its density is suppressed by $\exp(-M/T)$

Will N field during χ - wall scattering?



Momentum is not conserved along z direction, $\chi \rightarrow N$ conversion is allowed

1 → 1 transition, with mixing 2010.02590

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Will N field during χ - wall scattering?

$$n_N \sim \underbrace{\int \frac{d^3p}{(2\pi)^3} f_p}_{\text{Incident } \psi \text{ density}} \underbrace{P(\chi \rightarrow N)}_{\text{Probability of transition}} \sim T^3 P(\chi \rightarrow N)$$

$$P(\psi \rightarrow N) \sim (\text{mixing angle})^2 \sim \frac{Y_{\text{mixing}}^2 \langle\phi\rangle^2}{M^2}$$

$T^3 \frac{Y_{\text{mixing}}^2 \langle\phi\rangle^2}{M^2} \gg (MT)^{3/2} e^{-M/T}$ This extra density will be much larger than the equilibrium value.

1 \rightarrow 1 transition, with mixing

Wall width is finite, $L \neq 0!$

momentum transfers with $\Delta p_z L \gg 1$ must be suppressed, since L^{-1} is a typical energy scale of the interaction with the wall.

Situation is similar to the neutrino oscillations in matter. If the $\Delta p_z L \gg 1$ is satisfied the evolution is "adiabatic", so the state remains in the lightest flavour:

$$\chi \rightarrow \chi_{\langle \phi \rangle \neq 0}$$

$\psi_{\langle \phi \rangle \neq 0}$ is the lightest eigenstate in the broken phase (inside the bubble)

We need to be in the "anti-adiabatic" regime

$$\Delta p_z L \lesssim 1 \rightarrow \frac{M^2}{E} \lesssim L^{-1}$$

B-M transitions always satisfy $\Delta p \sim \frac{\Delta m^2}{E} \ll L^{-1}$ since $L \sim m^{-1}$, but for the transitions with light \rightarrow heavy this constraint is very important.

Finite wall with effects: brute force calculation

$$\mathcal{L}_{\text{fermion}} = i\bar{\chi}\partial\chi + i\bar{N}\partial N + M\bar{N}N + Y_{\text{mixing}}\phi\bar{\chi}N$$

- ▶ We need to calculate the probability of $\psi \rightarrow N$ transition in the presence of the wall
- ▶ Focus on the energies of the incident particles much larger than $E \gg \langle\phi\rangle$, use $\frac{\langle\phi\rangle}{E}$ as expansion parameter

$$\langle 0 | T \{ \bar{\chi}(x_1) N(x_2) \} | 0 \rangle = \int d^4x Y \langle \phi(x) \rangle S_\psi(x_1 - x) S_N(x - x_2) + \mathcal{O}\left(\frac{Y\langle\phi\rangle}{M}\right)$$

$$\Downarrow$$
$$P_{\psi \rightarrow N} \simeq \frac{Y^2 \langle \phi \rangle^2}{M^2} \Theta(k_0 - M^2 L_w),$$

Exact function, suppressing the transitions for momentum transfers larger than $\Delta p \sim \frac{M^2}{k_0} \gg L$ depends on the wall shape.

Heavy particle production, modification of the bubble expansion dynamics?

- ▶ Production of these heavy particles will induce additional pressure on the wall

$$\mathcal{P}_{\text{mixing}} \sim \frac{T^2}{48} Y_{\text{mixing}}^2 \langle \phi \rangle^2 \Theta(\gamma T - M^2 L)$$

which is not suppressed by the mass of the heavy fields and can potentially modify the motion of the bubbles

- ▶ If we are in the regime

$$\mathcal{P}_{\text{No mixing}} + \mathcal{P}_{\text{mixing}} > \Delta V > \mathcal{P}_{\text{No mixing}}$$

These new contribution to the friction can prevent accelerated motion of the bubbles \Rightarrow modifies stochastic GW signal .

Maximal mass which can be produced?



$$M_{\max} = \sqrt{\gamma_{\max} \frac{T_{\text{nuc}}}{L}} \sim \sqrt{\gamma_{\max} T_{\text{nuc}} \langle \phi \rangle}$$

- ▶ If there are no gauge fields, Lorentz expansion factor for runaway bubbles can reach $\gamma_{\max} \sim \frac{R_*}{R_0}$

$$R_0 \sim \frac{1}{T_{\text{nuc}}}, \quad R_* \sim H^{-1} \sim \frac{M_{\text{pl}}}{\text{scale}^2},$$

- ▶ The maximal mass which can be probed is :

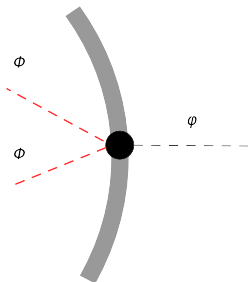
$$M^{\text{MAX}} \sim \text{Min} \left[\frac{4\pi}{g_{\text{gauge}}^{3/2}} \frac{\langle \phi \rangle^2}{T_{\text{nuc}}}, \frac{M_{\text{p}}^{1/2} T_{\text{nuc}}}{\langle \phi \rangle^{1/2}} \right]$$

Heavy scalar production

Similar effect happens also with bosons even without mixing

$$\lambda\phi^2\Phi_{\text{heavy}}^2 + M_{\text{heavy}}^2\Phi_{\text{heavy}}^2$$

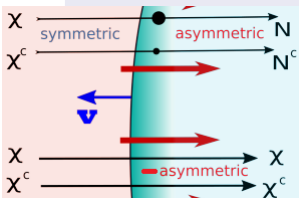
there will be $\phi \rightarrow \Phi_{\text{heavy}}\Phi_{\text{heavy}}$ production during the transition through the wall. Since the trilinear vertex $\phi\Phi\Phi$ is position dependent and momentum is not conserved. Apart from some numerical pre-factor difference effect is very similar to the heavy fermion production.



Phenomenological relevance of heavy states production

- ▶ At FOPT states with the masses much larger than the typical scale can be produced with densities much larger than the equilibrium ones. Can this be important?
- ▶ New mechanism for DM non-thermal production, very different parameter dependence compared to the usual freeze-out scenarios *2101.05721*
- ▶ Baryon asymmetry generation, the process of heavy particle production is out-of-equilibrium so if accompanied with CP violation and baryon number violating interactions can lead to BAU *2106.14913*

asymmetry generation by passage through the wall



- ▶ The process of the heavy N production is out of equilibrium
- ▶ In the presence of the CP violation $\Gamma(\chi \rightarrow N) \neq \Gamma(\chi^c \rightarrow N^c)$ asymmetry between N, N^c and χ, χ^c will be generated.

If we add some baryon number violating process all three Sakharov's conditions will be satisfied

see also 2106.15602 for similar ideas

Example model : Phase-transition induced leptogenesis

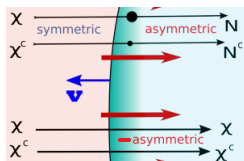
$$\underbrace{\sum_I \left(Y_I (\phi^\dagger \bar{\chi}) P_L N_I + Y_I^* \bar{N}_I P_R (\phi \chi) \right) - V(\phi) + \frac{1}{2} \lambda_\chi \phi \bar{\chi}^c \chi + \sum_I M_I \bar{N}_I N_I}_{\text{Toy model of Dark Sector}} + \underbrace{\sum_{\alpha I} y_{\alpha I} (h \bar{l}_{\alpha, SM}) P_R N_I + h.c.}_{\text{Connection to SM}}$$

ϕ some field experiencing the phase transition, we will be agnostic about the origin and shape of the potential

Sakharov's conditions

- ▶ CP & C violation from complex couplings $Y_I, y_{\alpha I}$
- ▶ Lepton number is broken by the $\lambda_\chi \phi \bar{\chi}^c \chi$ interaction. Later lepton number asymmetry is converted to baryon number asymmetry at EW phase transition.
- ▶ $\chi \rightarrow N$ transition is out of equilibrium.

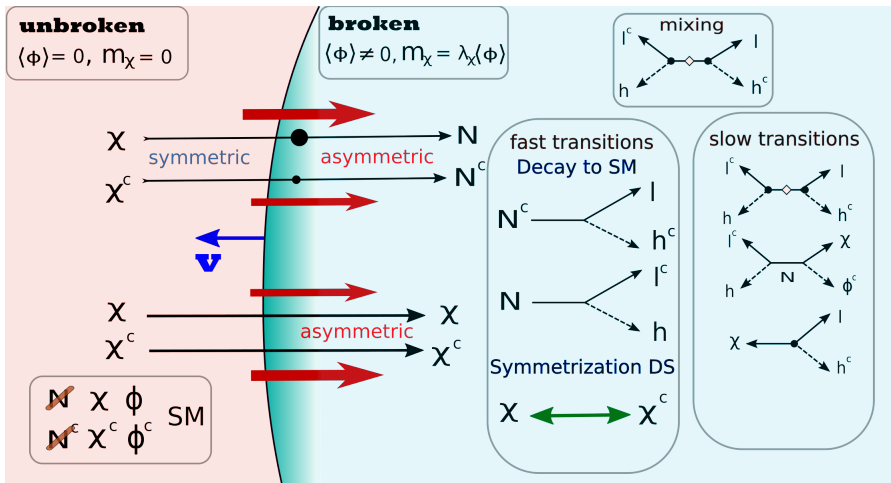
Transferring asymmetry to SM



- ▶ χ has Majorana mass inside bubble $\lambda_\chi \phi \bar{\chi}^c \chi$
 \Rightarrow any asymmetry in χ disappears. Total lepton number is generated.
- ▶ N decays to $N \rightarrow hl$ and $N \rightarrow \chi\phi$, part of the asymmetry is transferred to SM

Decay rates $\Gamma(N \rightarrow hl) \neq \Gamma(N^c \rightarrow h^c l^c) \Rightarrow$ additional source of CP violation.

The mechanism at work



Baryon asymmetry

$$\frac{\Delta n_B}{s} \equiv \frac{n_B - n_{\bar{B}}}{s} \simeq -\frac{28}{79} \times \frac{135\zeta(3)g_\chi}{8\pi^4 g_*} \times \sum_I \theta_I^2 \sum_{\alpha, J} \text{Im}(Y_I Y_J^* y_{\alpha J} y_{\alpha I}^*) \text{Im} f_{IJ}^{(hl)}$$

$$\times \left(\frac{2}{|Y_I|^2} - \frac{1}{\sum_\alpha |y_{\alpha I}|^2} \right) \left(\frac{T_{nuc}}{T_{reh}} \right)^3 \frac{\sum_\alpha |y_{\alpha I}|^2}{\sum_\alpha |y_{\alpha I}|^2 + |Y_I|^2}$$

- ▶ θ_I suppression from mixing between $\chi - N$
- ▶ $\left(\frac{T_{nuc}}{T_{reh}} \right)^3$ - suppression since the universe heats up to T_{reh} after completion of the PT.
- ▶ $\frac{2}{|Y_I|^2}$ from CP violation in production and $\frac{1}{\sum_\alpha |y_{\alpha I}|^2}$ CP violation in decay.

$$\text{Max}[\theta^2 y^2] \left(\frac{T_{nuc}}{T_{reh}} \right)^3 \sim 10^{-6}$$

Upper bound on the scale

The model leads to the generation of the neutrino masses

$$\sum_{l,\alpha,\beta} \theta_l^2 \frac{y_{\alpha l} y_{\beta l}^* (\bar{l}_{\alpha}^c h)(l_{\beta} h)}{m_{\chi}}$$

which induces a mass for the active neutrinos (for the heaviest light neutrino)

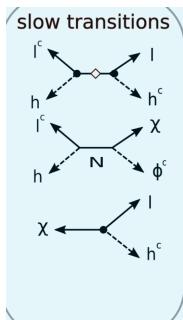
$$\text{Max}[m_{\nu}] \sim \text{Max} \left[\sum_l |y_{\alpha l}|^2 \theta_l^2 \right] \frac{v_{EW}^2}{m_{\chi}}$$

BAU requires $\text{Max}[\theta_l^2] \gtrsim 10^{-5}$, $y \sim \mathcal{O}(1)$ combining with neutrino masses leads to

$$m_{\chi} \gtrsim 5 \times 10^9 \text{ GeV} \quad \Rightarrow \quad \langle \phi \rangle \gtrsim 10^9 \text{ GeV}$$

Avoiding wash out

We need to make sure that the processes washing out asymmetry are slow



- ▶ Weinberg's operator $\frac{(\bar{l}^c h)(lh)}{\Lambda} \Rightarrow$
 $T_{reh} < 10^{12}$ GeV
- ▶ $lh \rightarrow \chi$ will be suppressed if $\frac{m_\chi}{T_{reh}} \gtrsim 15$

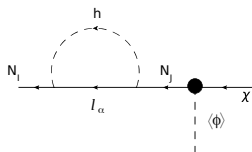
need mild hierarchy between m_χ and T_{reh}

Summary

- ▶ First order phase transitions with ultra relativistic bubbles in the early universe lead to very interesting scenarios.
- ▶ Particles seemingly decoupled are playing an important role and can be produced abundantly. Important phenomenological consequences.
 - ▶ Modification of the bubble expansion velocity.
 - ▶ DM production
 - ▶ Models of baryogenesis
- ▶ **all of these must be accompanied with strong stochastic GW signal observable at current/future experiments.**

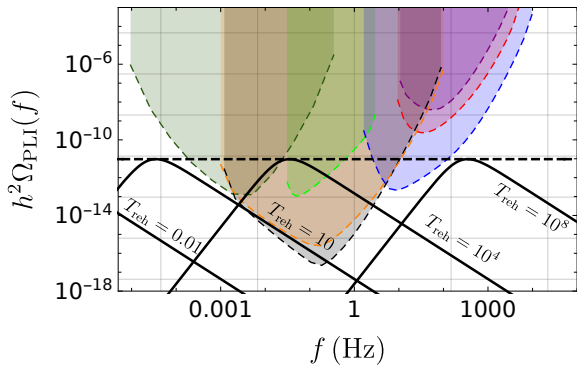
CP violation in passage through the wall

- ▶ We need to calculate at least one loop corrections to $\langle 0 | \bar{\chi} N | 0 \rangle$ in the presence of the wall
- ▶ If the energy of the incident particle is much larger than the $\langle \phi \rangle$ we can expand in $\frac{\langle \phi \rangle}{E}$, even at one loop.
- ▶ The only diagram contributing will be



$$\epsilon_I = \frac{2 \sum_{\alpha, J, i} \text{Im}(Y_{iI} Y_{iJ}^* y_{\alpha J} y_{\alpha I}^*) \text{Im} f_{IJ}^{(hl)}}{\sum_i |Y_{iI}|^2}, \quad \text{Im}[f_{IJ}^{(hl)}(x)] = \frac{1}{16\pi} \frac{\sqrt{x}}{1-x}, \quad x = \frac{M_J^2}{M_I^2}$$

$$\alpha = 1, \quad \beta = 100$$



Can such a scenario be realized during the EW phase transition?

We need to have strong first order EW phase transition with relativistic bubbles.

Prototype model

$$\mathcal{L} = \mathcal{L}_{SM} + m_\eta^2 |\eta|^2 + \sum_{I=1,2} M_I \bar{B}_I B_I + \left(\sum_{I=1,2} Y_I (\bar{B}_I H) P_L Q + y_I \eta^* \bar{B}_I P_R \chi + \kappa \eta^c du + \frac{1}{2} m_\chi \bar{\chi}^c \chi + h.c. \right)$$

- ▶ We will not specify the origin of Higgs potential, need some additional sources which can lead to FOPT.

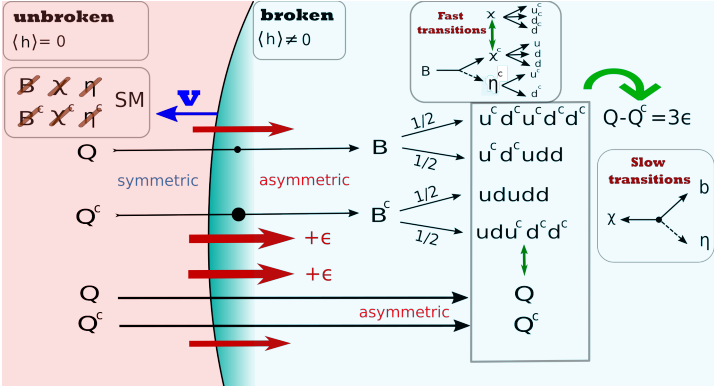
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- ▶ η scalar with $Q(\eta) = 1/3$, χ - Majorana fermion
- ▶ $B(\eta) = 2/3$, $B(\chi) = 1$
- ▶ Baryon number violation is coming from χ mass and it
- ▶ **Baryon number violated by 2, proton will be stable, but $n - \bar{n}$ oscillations will be present.**

Model at work

- ▶ $B_I \rightarrow \chi d^c u^c \rightarrow (bdud^c u^c)$ conserves B number
- ▶ $B_I \rightarrow \chi^c d^c u^c \rightarrow (b^c d^c u^c d^c u^c)$ violates by factor of 2



Baryon asymmetry

$$\frac{\Delta n_{\text{Baryon}}}{s} \approx \frac{135\zeta(3)}{8\pi^4} \sum_{I,J} \theta_I^2 \frac{|y_I|^2}{|y_I|^2 + |Y_I|^2} \times \frac{g_b}{g_*} \left(\frac{T_{\text{nuc}}}{T_{\text{reh}}} \right)^3 \\ \times \text{Im}(Y_I Y_J^* y_I^* y_J) \left(-\frac{2\text{Im}[f_B^{IJ}]}{|Y_I|^2} + \frac{4\text{Im}[f_B^{IJ}]|_{m_{\chi,\eta} \rightarrow 0}}{|y_I|^2} \right).$$

assuming order phases and requiring $\frac{\Delta n_{\text{Baryon}}}{s} \sim 8.8 \times 10^{-11}$

$$\theta_I^2 \left(\frac{T_{\text{nuc}}}{T_{\text{reh}}} \right)^3 \sim 10^{-(6-7)}$$

$\theta_I \sim \frac{Y_V}{M}$ cannot be too small, need new physics in the 1-100 TeV range

Constraints/signatures

- ▶ **avoiding wash out:** need to suppress baryon number violating interactions after the phase transition

$$\frac{M_{B,T,\chi}}{T_{reh}} \gtrsim 30$$

- ▶ **neutron EDM:** the operator will be

$$\frac{(\sum \kappa \theta_I y_I)^2}{M_\eta^4 m_\chi} u^c d^c d^c u d d$$

generated, for $\theta \sim 10^{-(1-2)}$ we will get $M_{\eta, m_\chi} \gtrsim 10^5$ GeV. If new physics couples only to the third generation the bound relaxes.

- ▶ **flavour violation:** diaquark η leads to the flavour violation, but these can be suppressed if new physics couples only to the third generation.