

The phases of cold dense nuclear matter

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Plan of the talk:

1. Dense QCD: From NJL model EoS to synthetic parametrization
2. Mass-Radius diagram and astrophysical constraints
3. Tidal deformabilities and the GW170817 event
4. Universal relations and an example of application

In collaboration with:

Mark Alford (Washington University, St. Louis, USA)

Jia-Jie Li (Goethe-University → South Western University, China)

also for universalities: V. Paschalidis, K. Yagi, D. Blaschke,
Alvarez-Castillo, Largani, Fischer, Raduta, Oertel, Khadkikar

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Dense QCD

Mass-Radius
diagram

Universalities
relations

Dense QCD: From NJL model EoS to synthetic parametrization

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Dense QCD

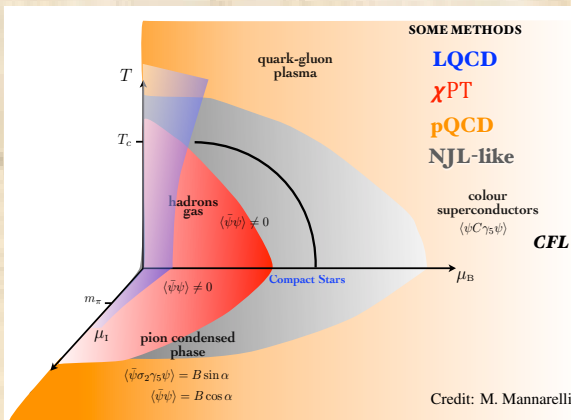
Mass-Radius
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The QCD Lagrangian is written for $\psi_q = (\psi_{qR}, \psi_{qG}, \psi_{qB})^T$ as

$$\mathcal{L}_{QCD} = \underbrace{\bar{\psi}_q^i (i\gamma^\mu) (D_\mu)_{ij} \psi_q^j - m_q \bar{\psi}_q^i \psi_{qi}}_{\text{quarks}} - \underbrace{\frac{1}{4} F_{\mu\nu}^a F^{a\mu\nu}}_{\text{gluons (Yang-Mills)}},$$

where $\underbrace{(D_\mu)_{ij} = \delta_{ij} \partial_\mu - ig_s t_{ij}^a A_\mu^a}_{\text{covariant derivative}}$, and $\underbrace{F^{\mu\nu} = \partial^\mu A^\nu - \partial^\nu A^\mu - 2g(A^\mu \times A^\nu)}_{\text{gluonic field (Yang-Mills) field tensor}}$



NJL model description of quark matter

$$\begin{aligned}
 \mathcal{L}_{NJL} = & \underbrace{\bar{\psi}(i\gamma^\mu \partial_\mu - \hat{m})\psi}_{\text{quarks}} + \underbrace{G_V(\bar{\psi}i\gamma^\mu\psi)^2}_{\text{vector}} + \underbrace{G_S \sum_{a=0}^8 [(\bar{\psi}\lambda_a\psi)^2 + (\bar{\psi}i\gamma_5\lambda_a\psi)^2]}_{\text{scalar-pseudoscalar}} \\
 & + \underbrace{G_D \sum_{\gamma,c} [\bar{\psi}_\alpha^a i\gamma_5 \epsilon^{\alpha\beta\gamma} \epsilon_{abc} (\psi_C)_\beta^b][(\bar{\psi}_C)_\rho^r i\gamma_5 \epsilon^{\rho\sigma\gamma} \epsilon_{rsc} \psi_\sigma^s]}_{\text{pairing}} \\
 & - \underbrace{K \{ \det_f [\bar{\psi}(1 + \gamma_5)\psi] + \det_f [\bar{\psi}(1 - \gamma_5)\psi] \}}_{\text{t'Hooft interaction}},
 \end{aligned}$$

- quarks: ψ_α^a , color $a = r, g, b$, flavor ($\alpha = u, d, s$); mass matrix: $\hat{m} = \text{diag}_f(m_u, m_d, m_s)$;
- other notations: $\lambda_a, a = 1, \dots, 8, \psi_C = C\bar{\psi}^T$ and $\bar{\psi}_C = \psi^T C, C = i\gamma^2\gamma^0$.

Parameters of the model:

- G_S the scalar coupling and cut-off Λ are fixed from vacuum physics
- G_D is the di-quark coupling $\simeq 0.75G_S$ (via Fierz) but free to change
- G_V and ρ_{tr} are treated as free parameters

QCD interactions pairing interactions and gaps

- Symmetric in space wave function (isotropic interaction) $\langle 0 | \psi_{\alpha\sigma}^a \psi_{\beta\tau}^b | 0 \rangle$
- Antisymmetry in colors a, b for attraction
- Antisymmetry in spins σ, τ (Cooper pairs as spin-0 objects)
- Antisymmetry in flavors α, β

2SC phase:

Low densities, large m_s (strange quark decoupled)

$$\Delta(2SCs) \propto \Delta \epsilon^{ab3} \epsilon_{\alpha\beta} \quad \delta\mu \ll \Delta,$$

Crystalline or gapless phases:

Intermediate densities, large m_s (strange quark decoupled)

$$\Delta(\text{cryst.}) \propto \epsilon_{\alpha\beta} \Delta_0 e^{i\vec{Q}\cdot\vec{r}} \quad \delta\mu \geq \Delta,$$

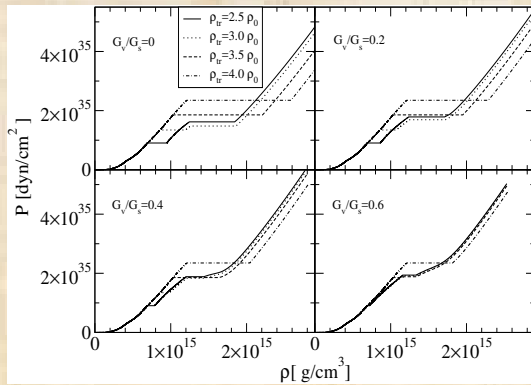
CFL phase:

High densities nearly massless u, d, s quarks

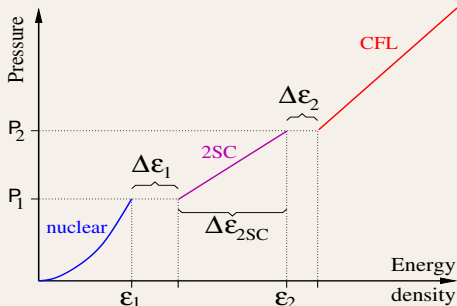
$$\Delta(\text{CFL}) \propto \langle 0 | \psi_{\alpha L}^a \psi_{\beta L}^b | 0 \rangle = -\langle 0 | \psi_{\alpha R}^a \psi_{\beta R}^b | 0 \rangle = \Delta \epsilon^{abC} \Delta \epsilon_{\alpha\beta C}.$$

EOS hadronic matter + Q1 (2SC) and Q2 (CFL) phases of matter

- **Maxwell:** large surface tension \rightarrow sharp jump: $P_N(\mu_B) = P_Q(\mu_B)$
- **Glendenning:** low surface \rightarrow smooth transition



Synthetic equations of state with constant speed of sound



Parameters of the models:

$$(\epsilon_1, P_1) \quad \Delta\epsilon_1, \quad \Delta\epsilon_{2SC} \quad (\epsilon_2, P_2) \quad \Delta\epsilon_2$$

Note that there are five independent parameters.

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Mass-Radius
diagram

Universalities
relations

Mass-Radius diagram

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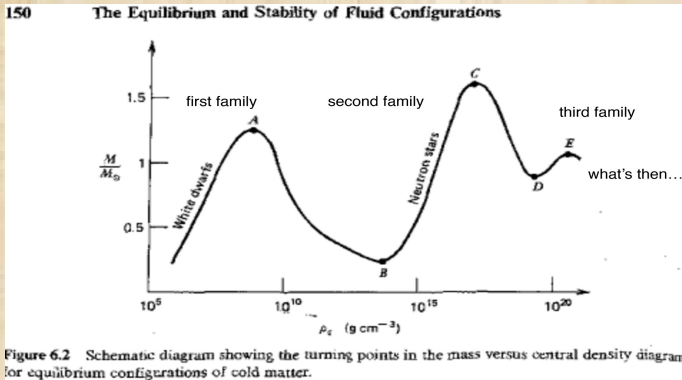
Quarks and new equilibria of compact objects

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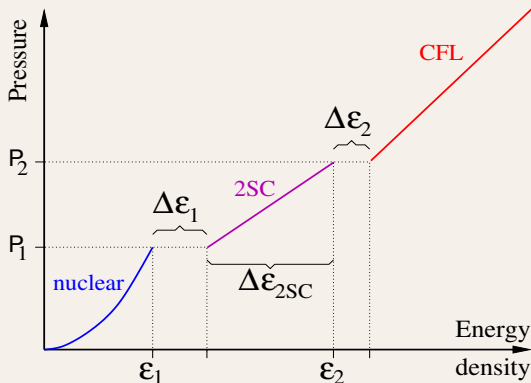
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S. Shapiro, S. Teukolsky, "Black holes, White dwarfs and Neutron Stars"

- *White dwarfs* - first family, $M \leq 1.5M_{\odot}$, [S. Chandrasekhar, L. Landau (1930-32)]
- *Neutron Stars* - second family, $M \leq 2M_{\odot}$, [Oppenheimer-Volkoff (1939)]
- *Hybrid Stars* - third family, $M \leq 2M_{\odot}$, [Gerlach (1968), Glendenning-Kettner (2000)]
- *Fourth Family* - see Phys. Rev. Lett. 119, 161104 (2017).

EoS with sequential phase transitions



Need to specify:

The scheme extends the EoS with constant speed of sound (CSS) of M. G. Alford, S. Han, M. Prakash, Phys. Rev. D 88, 083013 (2013) to double phase transitions: Phys. Rev. Lett. 119, 161104 (2017).

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EoS in analytical form

$$P(\varepsilon) = \begin{cases} P_1, & \varepsilon_1 < \varepsilon < \varepsilon_1 + \Delta\varepsilon_1 \\ P_1 + s_1 [\varepsilon - (\varepsilon_1 + \Delta\varepsilon_1)], & \varepsilon_1 + \Delta\varepsilon_1 < \varepsilon < \varepsilon_2 \\ P_2, & \varepsilon_2 < \varepsilon < \varepsilon_2 + \Delta\varepsilon_2 \\ P_2 + s_2 [\varepsilon - (\varepsilon_2 + \Delta\varepsilon_2)], & \varepsilon > \varepsilon_2 + \Delta\varepsilon_2 . \end{cases}$$

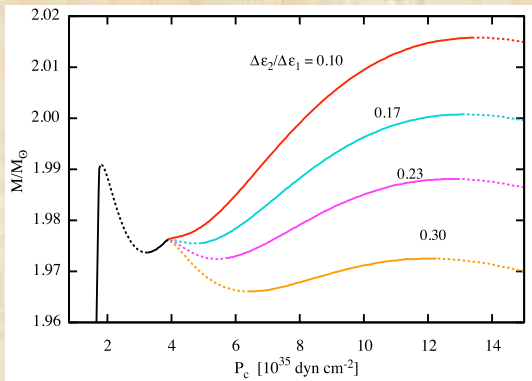
Need to specify:

- the two speeds of sounds: s_1 and s_2
- the point of transition from NM to QM ε_1, P_1
- the magnitude of the first jump $\Delta\varepsilon_1$
- the size of the 2SC phase, i.e, the second transition point ε_2, P_2
- the size of the second jump $\Delta\varepsilon_2$

Mass-central pressure relation

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- Phase Q1: $P_1 = 1.7 \times 10^{35} \text{ dyn cm}^{-2}$, $\Delta\epsilon_{2SC}/\epsilon_1 = 0.27$, $\Delta\epsilon_1/\epsilon_1 = 0.6$.
Phase Q2: 4 different values of $\Delta\epsilon_2$.
- Speeds of sound $s_1 = 0.7$ and $s_2 = 1$.
- Stable branches \rightarrow solid lines, unstable branches \rightarrow dashed lines.
- Triplets emerge for $\Delta\epsilon_2 = 0.23$

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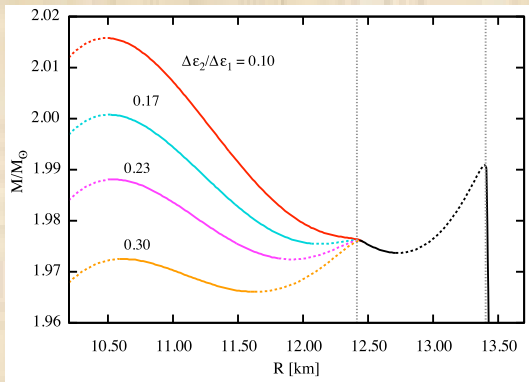
Mass-radius relation

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Same as previous slide but the $M - R$ relation.

Emergence of twins and triplets \rightarrow strong first order phase transition in quark matter.

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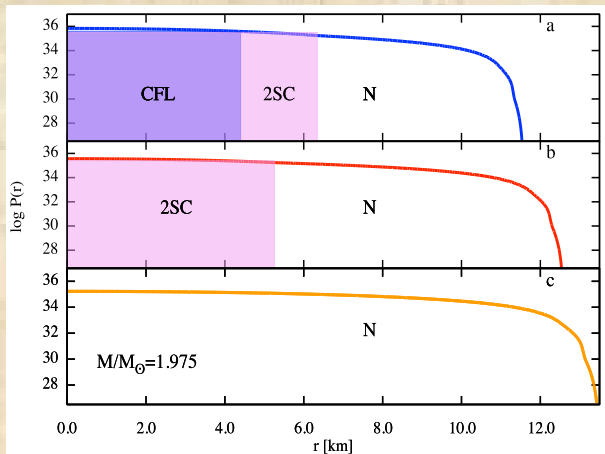
Internal structure of triplet stars

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- Internal profiles of triplets with $M = 1.975 M_{\odot}$ and $\Delta\epsilon_2/\Delta\epsilon_1 = 0.23$.
- “N” \rightarrow nuclear only, 2SC \rightarrow single phase, CFL, 2SC \rightarrow two phases.

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Stability “matrix” for different magnitudes of jumps

$\Delta\varepsilon_2/\Delta\varepsilon_1$	$\Delta\varepsilon_1/\varepsilon_1$			
	0.4	0.5	0.6	0.7
0.1	s, s	s, s	us, s N-2SC	u, us N-CFL
0.2	s, s	s, s	us, us triplet	u, us N-CFL
0.3	s, s	s, s	us, us N-2SC;N-CFL	u, us N-CFL
0.4	s, s	s, us 2SC-CFL	us, u N-2SC	u, u
0.5	s, s	s, us 2SC-CFL	us, u N-2SC	u, u

- Stable/unstable branches are referred by s/u , the Q1 and Q2 phases.
- Increasing the jumps \rightarrow instability

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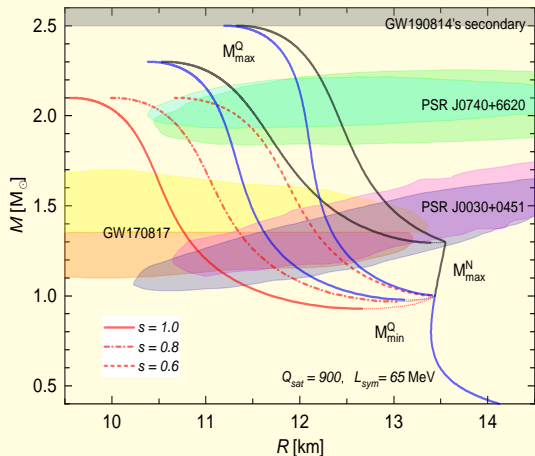
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$M - R$ for twin stars



Mass-radius relation for hybrid stars with a single QCD phase transition for different values of hadronic maximum mass.

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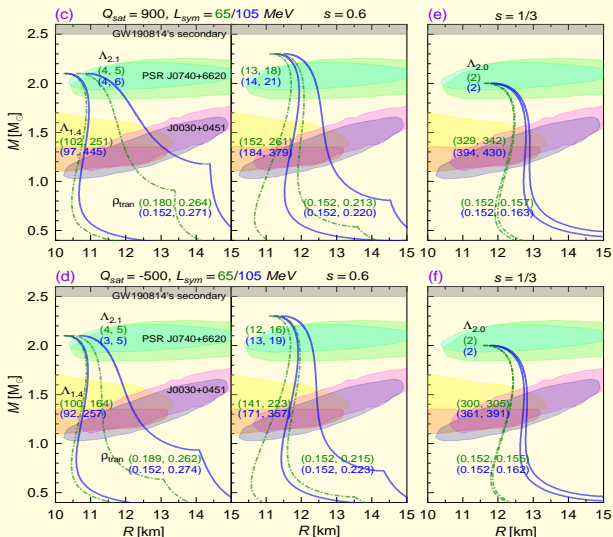
Early QCD phase transition scenario

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Examples of low-density QCD phase transition on the M - R phase diagram.

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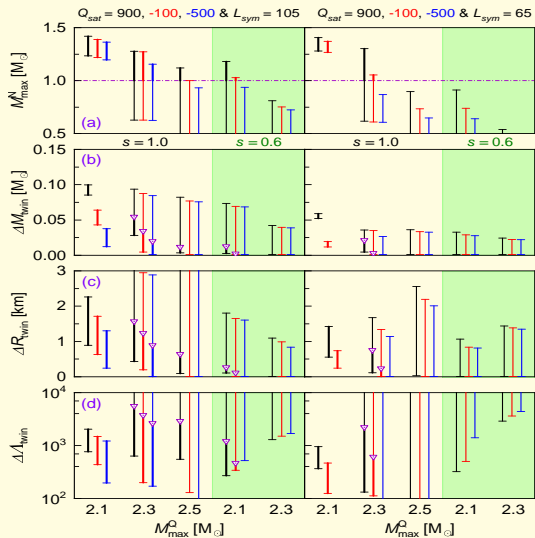
Ranges for twin stars

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The mass, radius and deformability ranges for twin stars.

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Universal relations

Universality of TOV solutions:

- Universal (independent of the underlying EoS) relations among the global properties of compact stars - *I – L – Q relations*. (Yagi and Yunes 2013a; Maselli et al. 2013; Breu and Rezzolla 2016; Yagi and Yunes 2017)

Well established for:

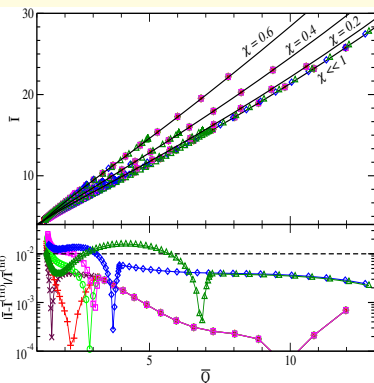
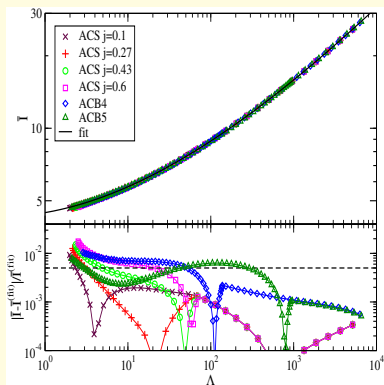
- (a) zero temperature slowly rotating stars
 - (b) rapidly rotating cold star
 - (c) magnetized cold star
- Recently Khosravi et al. considered a large number of non-rotating and rapidly rotating hybrid stars ([arXiv:2112.10439](https://arxiv.org/abs/2112.10439))
 - See also the earlier work by Paschalidis et al. ([arXiv:1712.00451](https://arxiv.org/abs/1712.00451))

Examples of universalities

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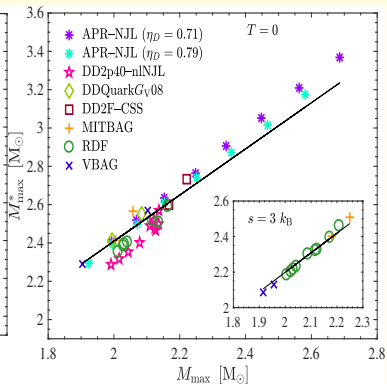
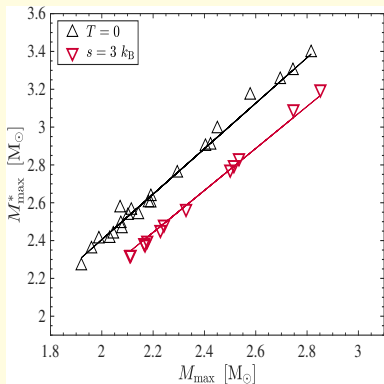
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- Moment of inertia vs tidal deformability and moment of inertia vs quadrupole moment

Examples of universalities

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- Maximum masses of Keplerian vs static hadronic (left) and hybrid (right) stars.