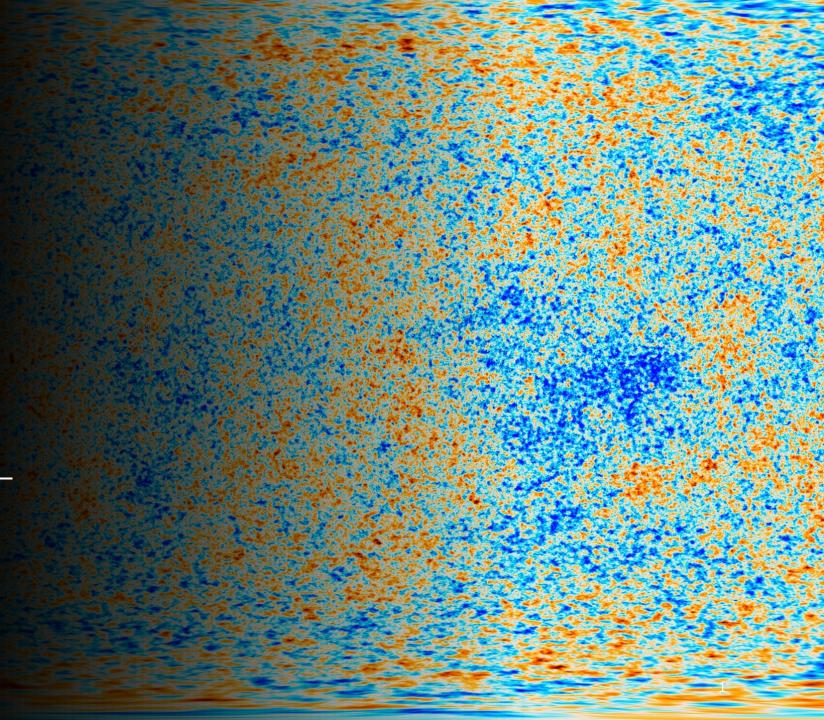
$N_{
m eff}$ constraints on portal interactions with hidden sectors

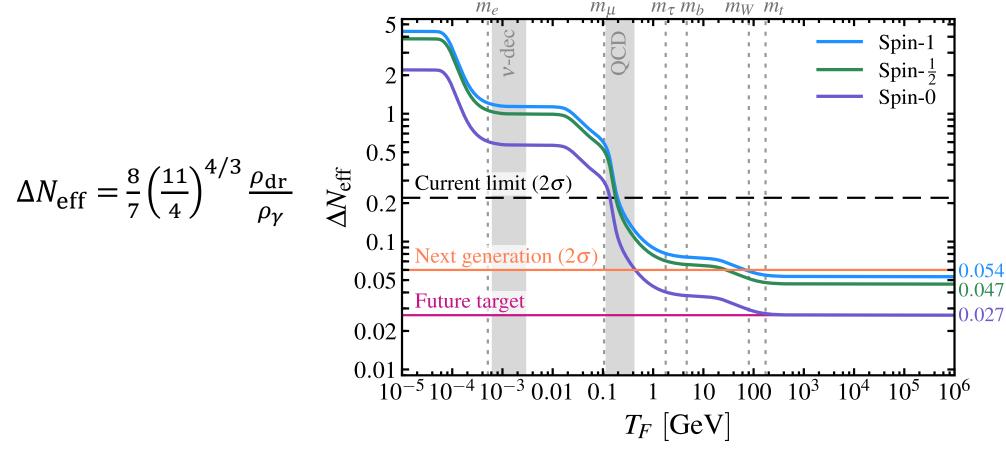
-Pranjal Ralegankar University of Illinois at Urbana-Champaign

Collaborators: Peter Adshead and Jessie Shelton

arxiv:2205.xxxxx



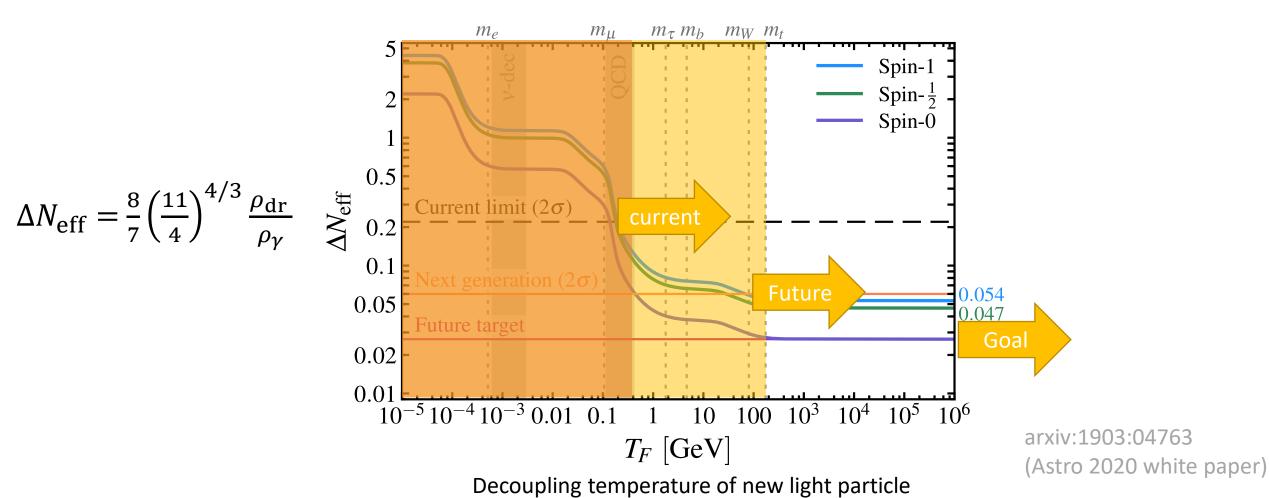
$\Delta N_{\rm eff}$: Typically discussed as constraint on decoupling temperature



arxiv:1903:04763 (Astro 2020 white paper)

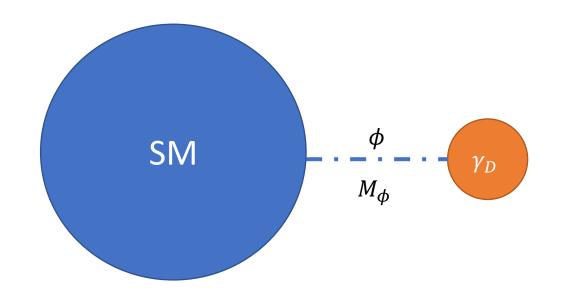
Decoupling temperature of new light particle

Reinterpreting $\Delta N_{\rm eff}$: Constraint on interactions with out-of-equilibrium sectors



Highlight implications for model building with HS with dark radiation

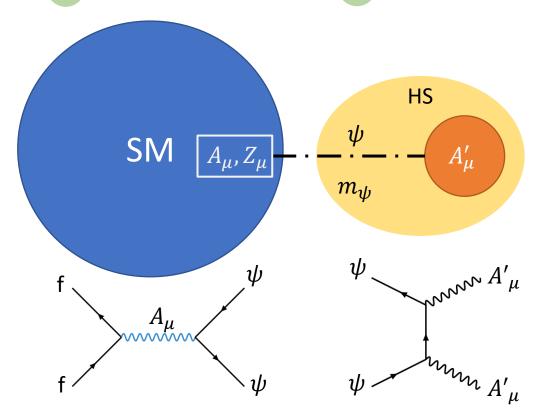
Application of $N_{\rm eff}$ constraint : Relevant types of interaction



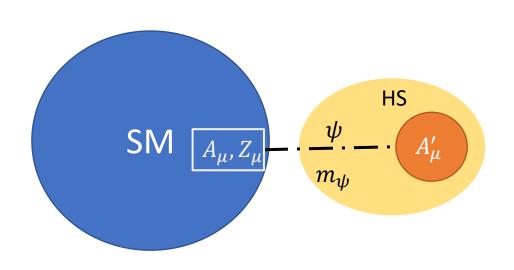
Application of $N_{\rm eff}$ constraint: Millicharged particle example

$$L_{int} \supset -\frac{\epsilon}{2} B_{\mu\nu} F^{\mu\nu'} + e' A'_{\mu} \bar{\psi} \gamma^{\mu} \psi - m_{\psi} \bar{\psi} \psi$$

$$L_{int} \supset -eQA_{\mu}\bar{\psi}\gamma^{\mu}\psi + e'A'_{\mu}\bar{\psi}\gamma^{\mu}\psi + eQZ_{\mu}\tan\theta_{W}\bar{\psi}\gamma^{\mu}\psi - m_{\psi}\bar{\psi}\psi$$



Physics behind dark radiation production: Boltzmann equations



Boltzmann equations:

$$\frac{d\rho_{SM}}{dt} + 3H(1 + w_{SM})\rho_{SM} = -C$$

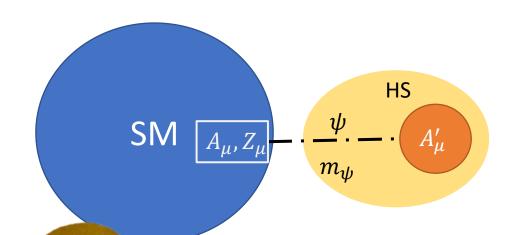
$$\frac{d\rho_{HS}}{dt} + 3H(1 + w_{HS})\rho_{HS} = C$$

$$H = \frac{\sqrt{\rho_{SM} + \rho_{HS}}}{\sqrt{3}M_{Pl}}$$

$$C = \frac{1}{32\pi^4} \sum_{f} \int ds \left(s - 4m_f^2 \right) s \sigma_{ff \to \psi\psi} \left[T_{SM} G(\sqrt{s}/T_{SM}) - T_{HS} G(\sqrt{s}/T_{HS}) \right] + \dots$$

Energy transfer collision term

Physics behind dark radiation production: Boltzmann equations



Boltzmann equations:

$$\frac{d\rho_{SM}}{dt} + 3H(1 + w_{SM})\rho_{SM} = -C$$

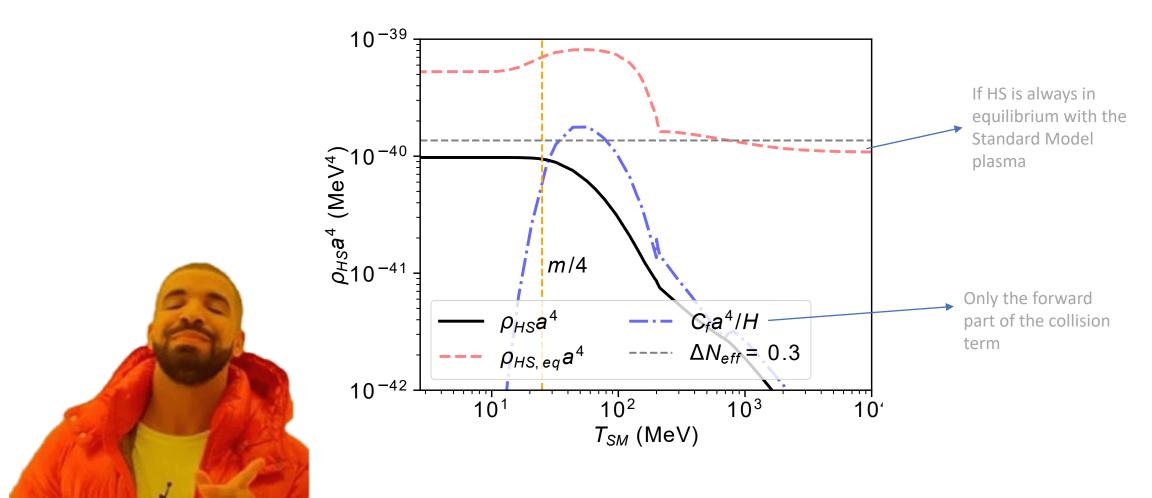
$$\frac{d\rho_{HS}}{d\rho_{HS}} + 3H(1 + w_{HS})\rho_{HS} = C$$

$$H = \frac{\sqrt{\rho_{SM} + \rho_{HS}}}{\sqrt{3}M_{Pl}}$$

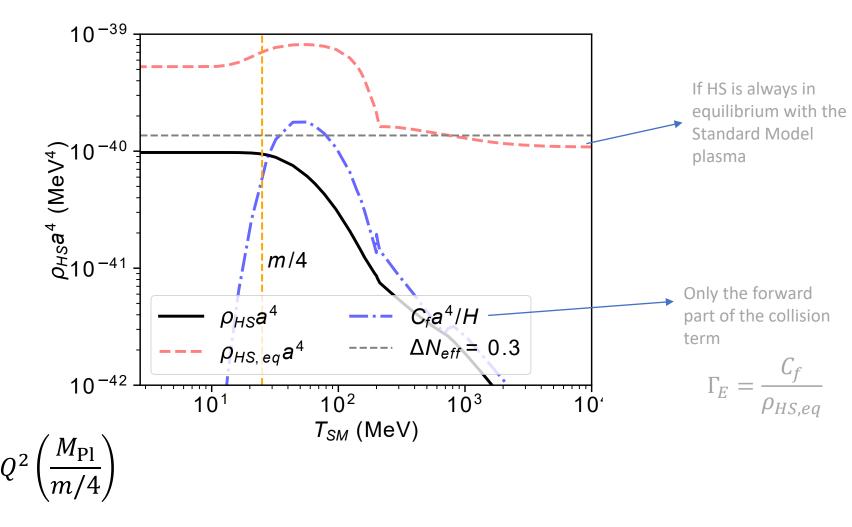
$$C = \frac{1}{32\pi^4} \sum_{f} \int ds \left(s - 4m_f^2 \right) s \sigma_{ff \to \psi\psi} \left[T_{SM} G(\sqrt{s}/T_{SM}) - T_{HS} G(\sqrt{s}/T_{HS}) \right] + \dots$$

Energy transfer collision term

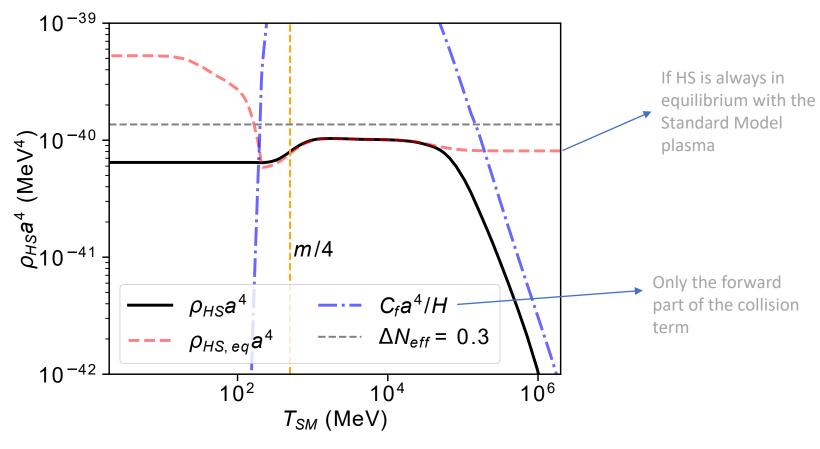
Physics behind dark radiation production: Plots!



Physics behind dark radiation production: Out-of-equilibrium $ho_{ m DR}$ proportional to portal coupling

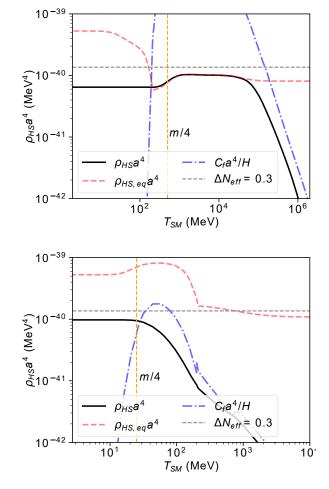


Physics behind dark radiation production: Thermalized $ho_{ m DR}$ insensitive to portal coupling

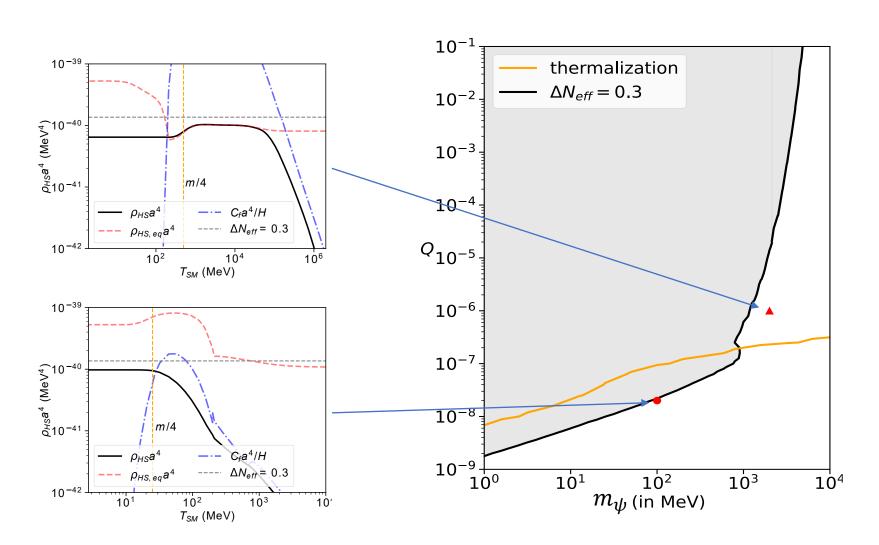


$$\frac{
ho_{HS}}{
ho_{SM}} \propto \frac{g_{HS}}{g_{*SM}(T_d)}$$
 Degrees of freedom

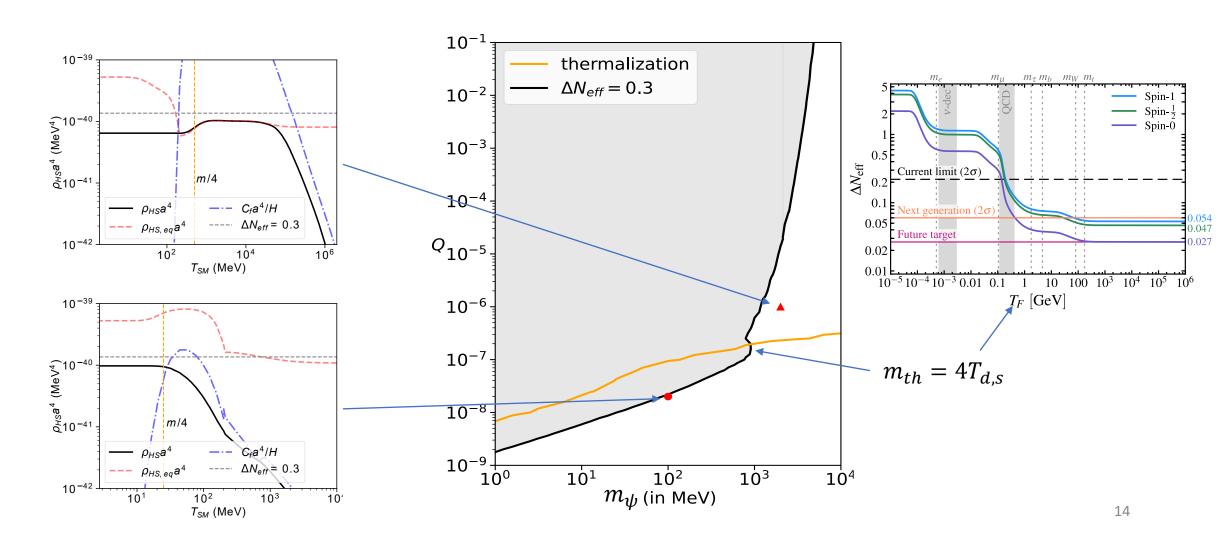
Physics behind dark radiation production: Translating to constraints



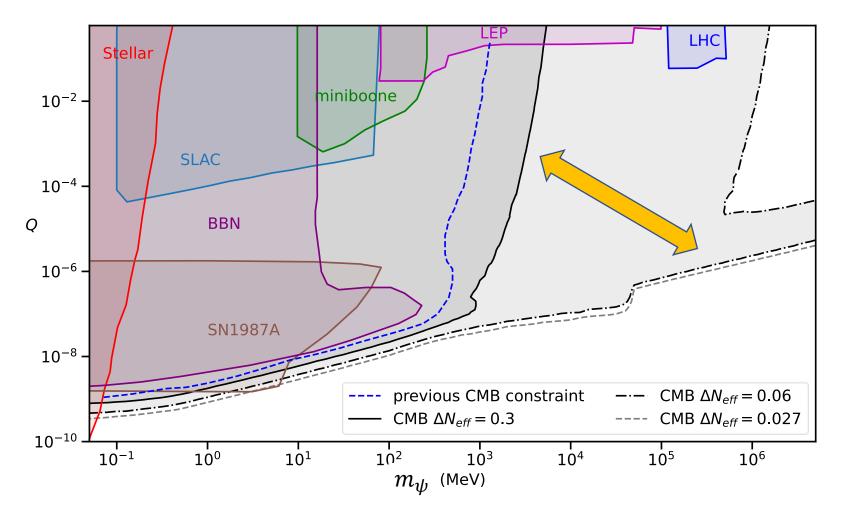
Physics behind dark radiation production: Translating to constraints



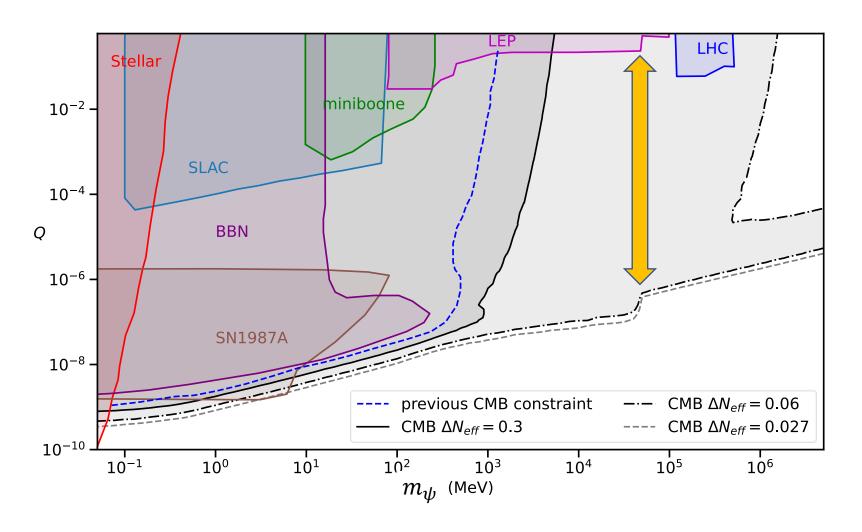
Physics behind dark radiation production: Most relevant when thermally decoupled



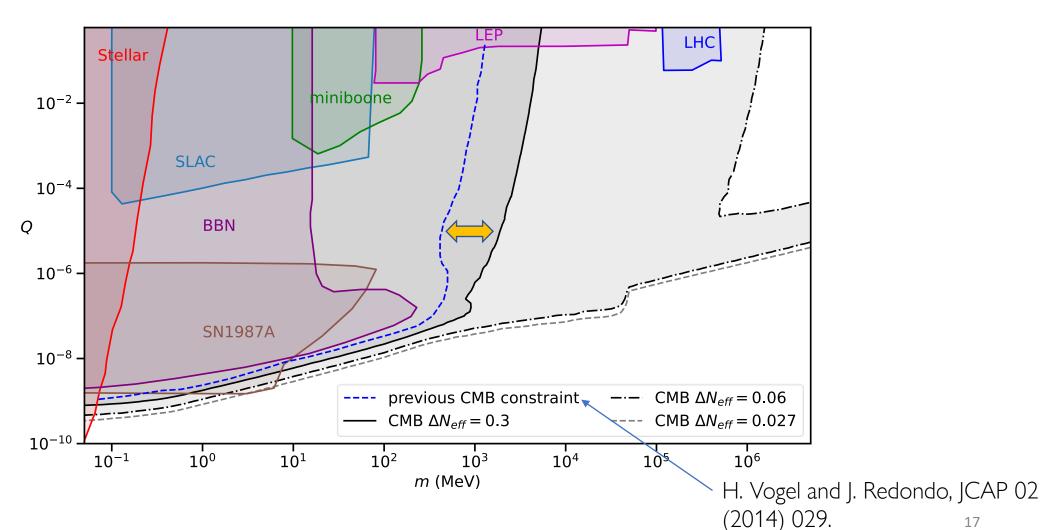
Comparing Neff constraints: Future constraint will extend to much larger parameter space



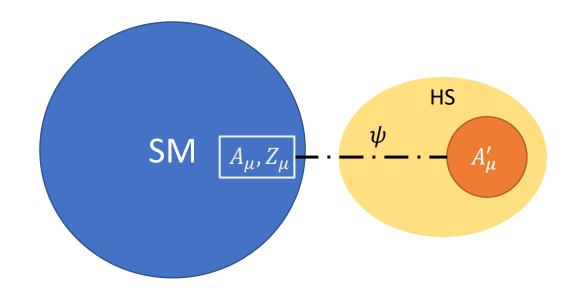
Comparing Neff constraints: Dominant for $M_{\psi} > 0.1~{\rm MeV}$

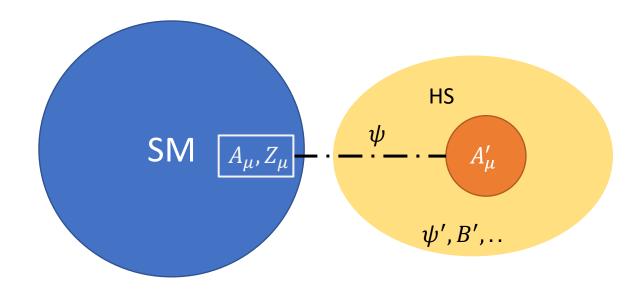


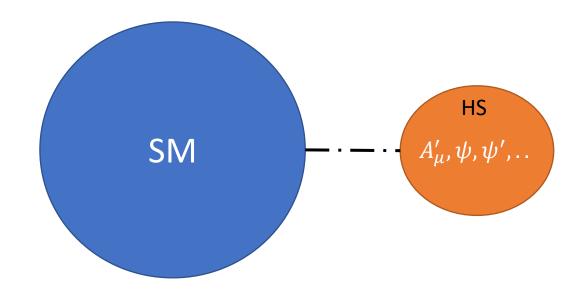
Comparing Neff constraints: Updating previous constraint

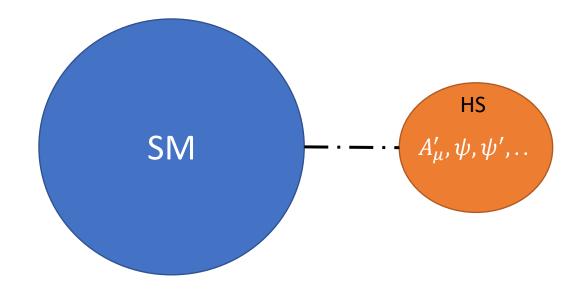


17

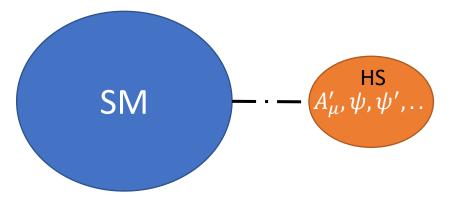


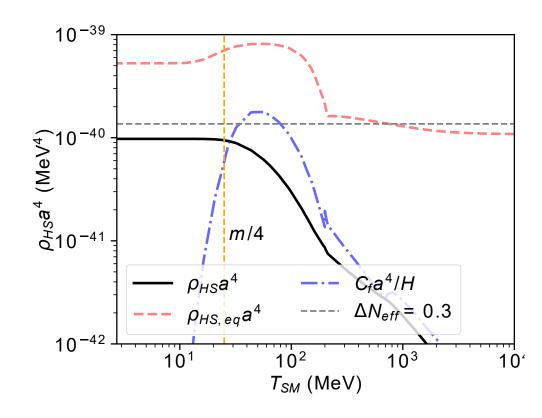


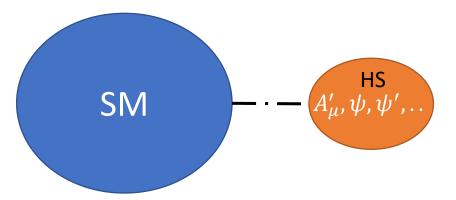


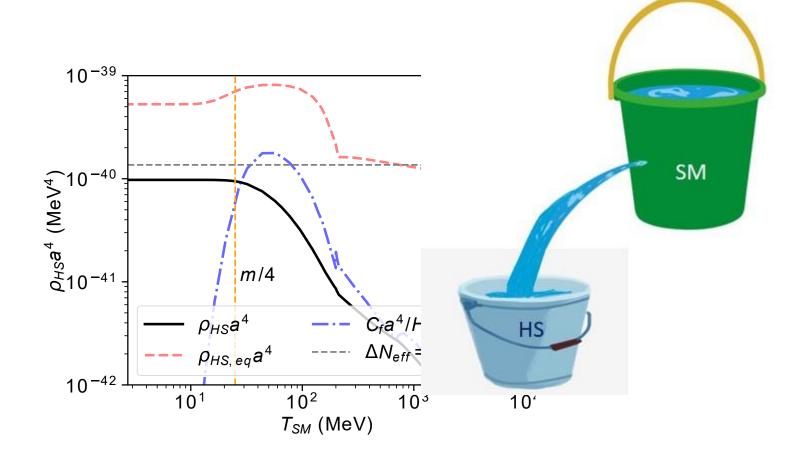


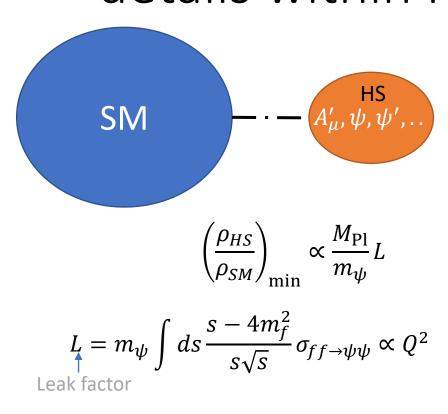
One can calculate a conservative Neff constraint on the millicharge interaction that is independent of details of hidden sector.

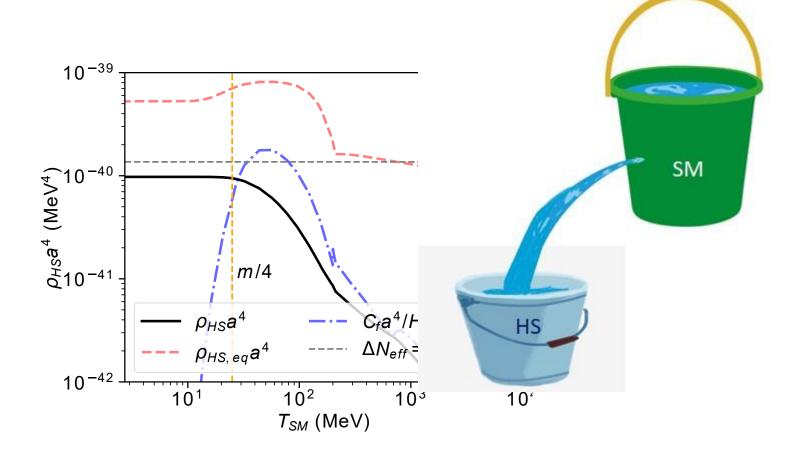


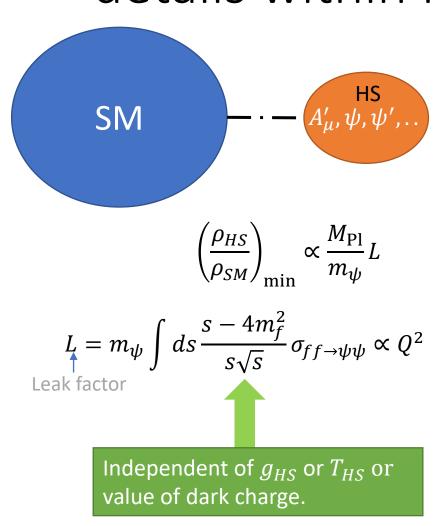


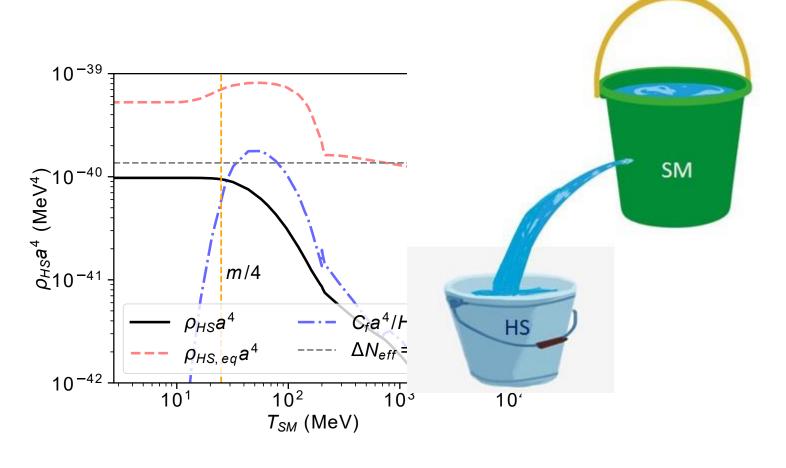




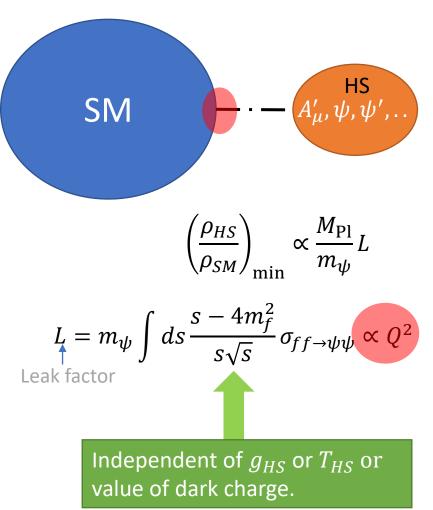


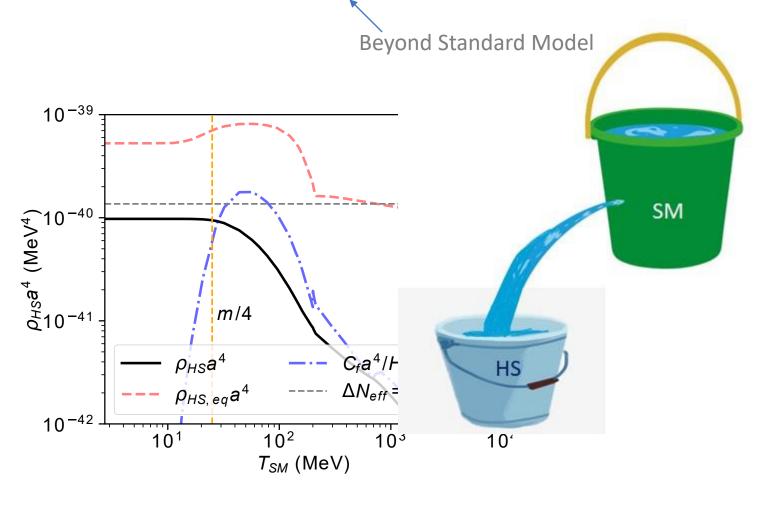




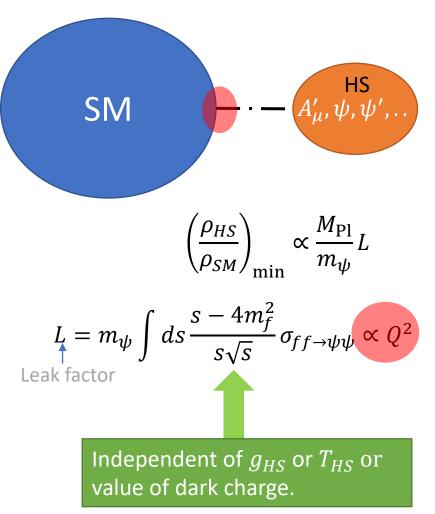


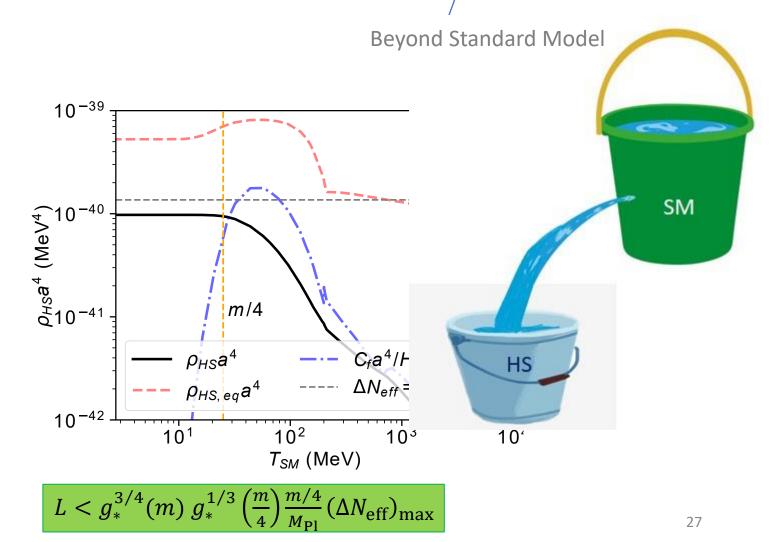
Minimum leaked energy independent of details within HS: Depends only on one BSM coupling



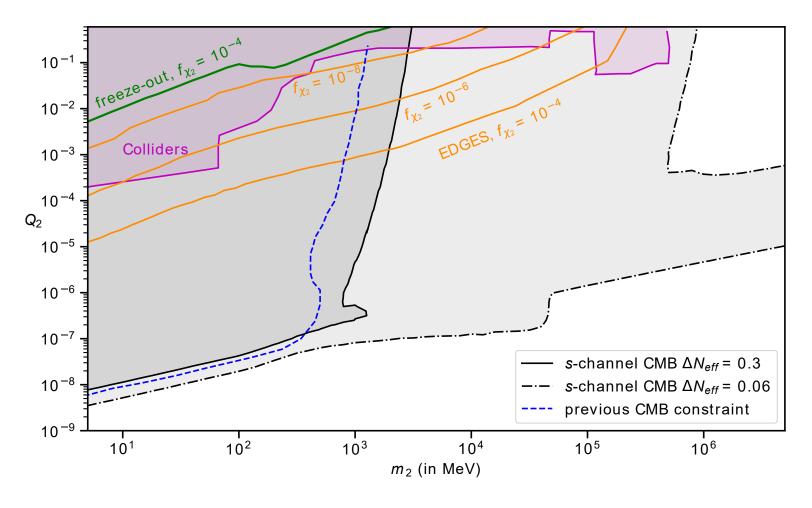


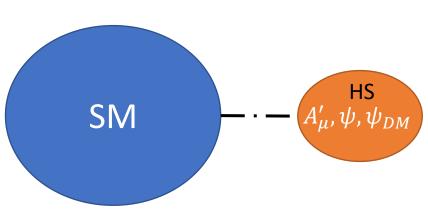
Minimum leaked energy independent of details within HS: Conservative constraint on BSM coupling





Neff constraints applicable for wide class of hidden sectors: Application to EDGES

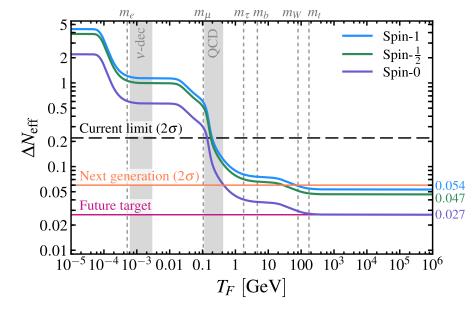


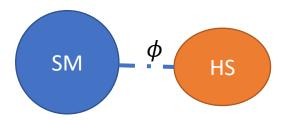


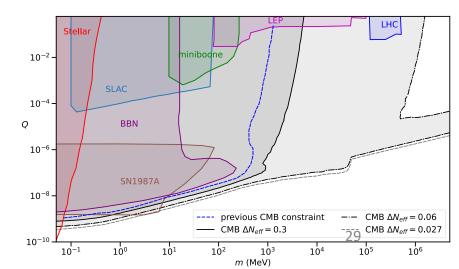
H. Liu, N. J. Outmezguine, D. Redigolo, and T. Volansky, Phys. Rev. D 100 no. 12, (2019) 123011.

Summary

- With improving Neff measurements, we should interpret them as constraints on portal interactions with out-of-equilibrium sectors
- $N_{\rm eff}$ constraints on out-of-equilibrium particles are:
 - Most relevant for portal interactions mediated by a particle heavier than 0.1 MeV
 - Orders of magnitude stronger than collider experiments
 - Constraints largely independent of internal hidden sector model
- Simple way to calculate: $L < g_*^{3/4}(4\Lambda) g_*^{1/3}(\Lambda) \frac{\Lambda}{M_{\rm Pl}} (\Delta N_{\rm eff})_{\rm max}$

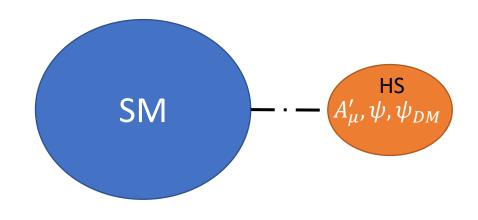






Backup slides

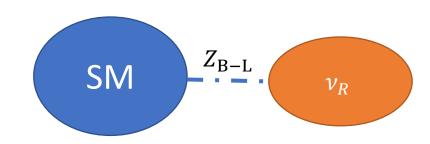
Neff constraints applicable for wide class of hidden sectors: Application to EDGES



H. Liu, N. J. Outmezguine, D. Redigolo, and T. Volansky, Phys. Rev. D 100 no. 12, (2019) 123011.

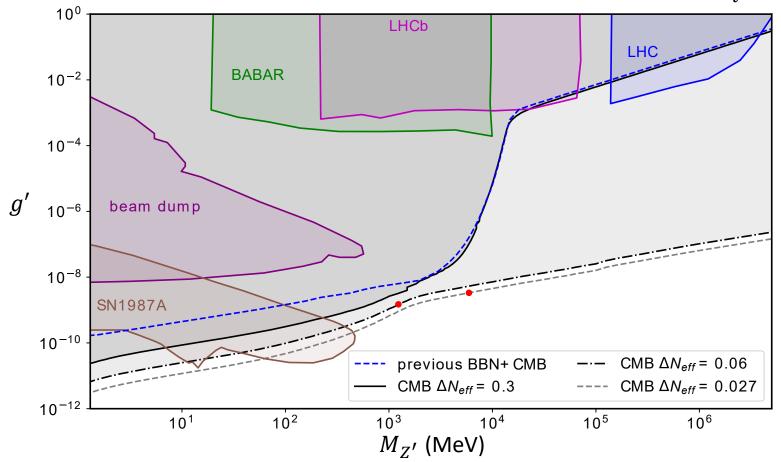
Neff constraints applicable for wide class of hidden sectors: B-L model

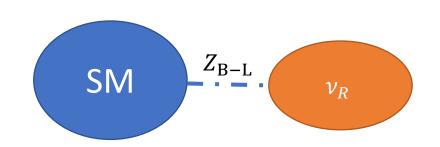
$$L_{int} \supset -\frac{1}{4} F'_{\mu\nu} F^{\mu\nu'} + g' Z'_{\mu} J^{\mu}_{B-L,SM} - g' Z'_{\mu} \sum_{i} \bar{\nu}_{R,i} \gamma^{\mu} \nu_{R,i} + \frac{1}{2} M_{Z'}^{2} Z'^{\mu} Z'_{\mu}$$



Neff constraints applicable for wide class of hidden sectors: B-L model

$$L_{int} \supset -\frac{1}{4} F'_{\mu\nu} F^{\mu\nu'} + g' Z'_{\mu} J^{\mu}_{B-L,SM} - g' Z'_{\mu} \sum_{i} \bar{\nu}_{R,i} \gamma^{\mu} \nu_{R,i} + \frac{1}{2} M_{Z'}^{2} Z'^{\mu} Z'_{\mu}$$





Millicharged particles must dominantly annihilate into dark photons

