

DIRAC NEUTRINO PORTAL DARK MATTER

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Based on arXiv:2103.05648 (JCAP), arXiv:2205.01144

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indico.cern.ch/e/pheno22

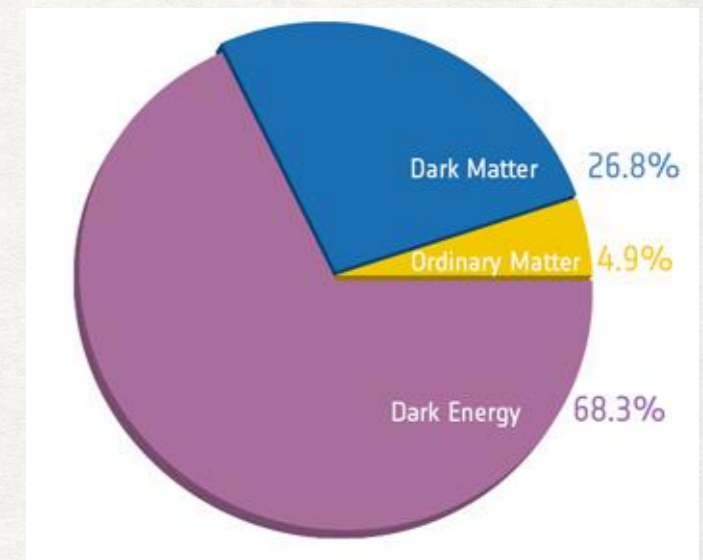
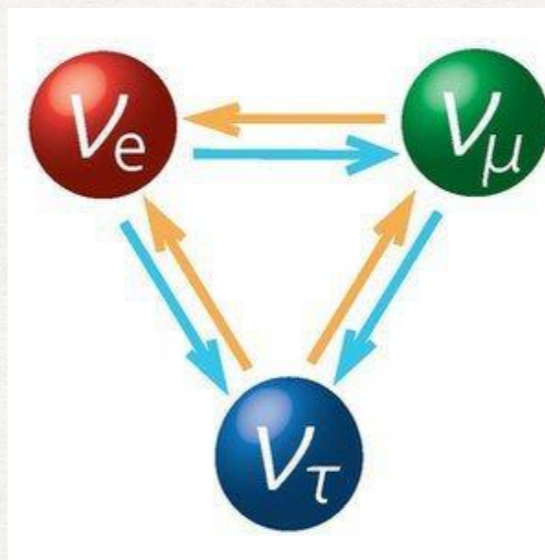
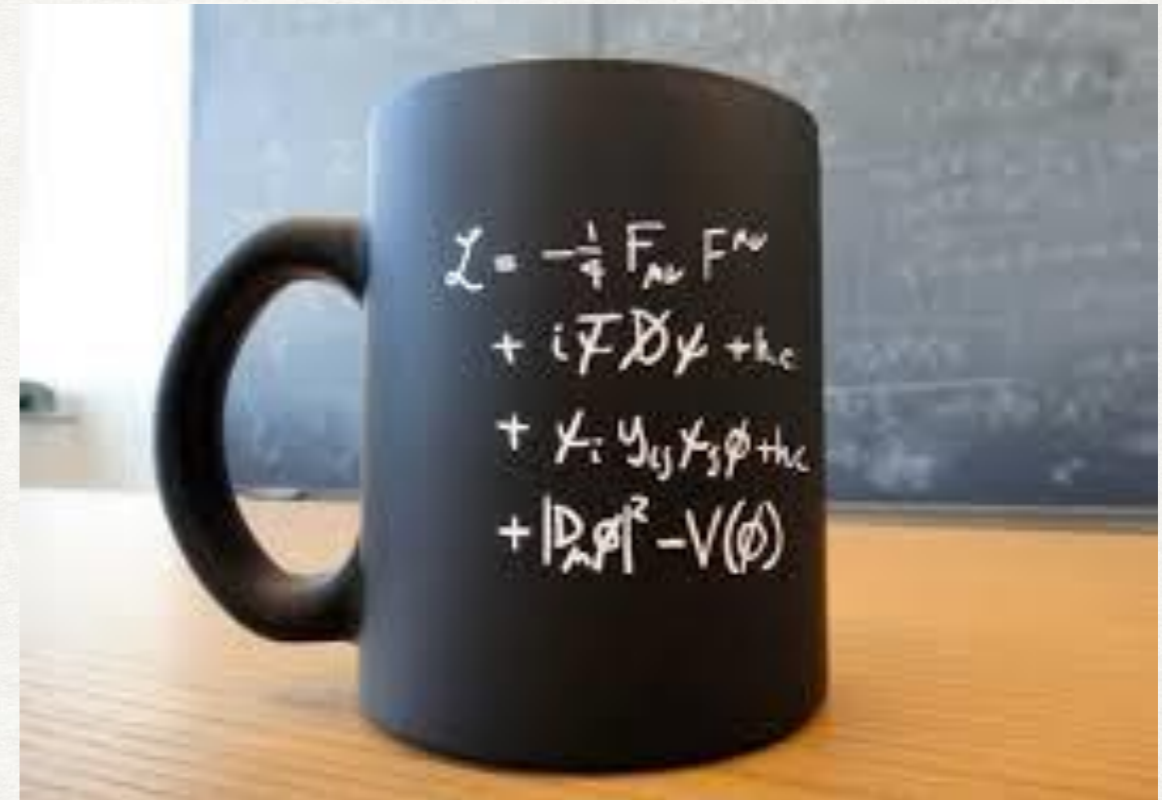
THE MOTIVATION

The Standard Model (SM) has been very successful, but it has several limitations. For example,

- The SM can not explain the origin of light neutrino masses.
- The SM does not have a particle dark matter (DM) candidate.

Origin of DM & ν mass can be linked in several ways; e.g.,

- Scotogenic scenarios (E Ma 2006++), ν MSM (Shaposhnikov et al++) etc.
- Heavy neutrino portal DM (Falkowski et al 2009, Batell et al 2017, Blennow et al 2019 ++).



LIGHT DIRAC NEUTRINO PORTAL: AN ALTERNATIVE

SM



ν_R



Dark Sector

Ψ, ϕ

$$y_H \bar{\ell} \tilde{H} \nu_R$$

$$y_\phi \bar{\Psi} \nu_R \phi$$

	Z_4
ℓ, e_R	i
ν_R	i
Ψ	-1
ϕ	i

- Neutrinos have sub-eV Dirac mass.
- Dark matter is a fermion Ψ having renormalisable interactions only via right handed neutrinos ν_R .
- Production of DM will also produce ν_R and increase the effective relativistic degrees of freedom

$$N_{\text{eff}} = \frac{8}{7} \left(\frac{11}{4} \right)^{4/3} \left(\frac{\rho_{\text{rad}} - \rho_\gamma}{\rho_\gamma} \right)$$

$$N_{\text{eff}} = 2.99^{+0.34}_{-0.33}$$

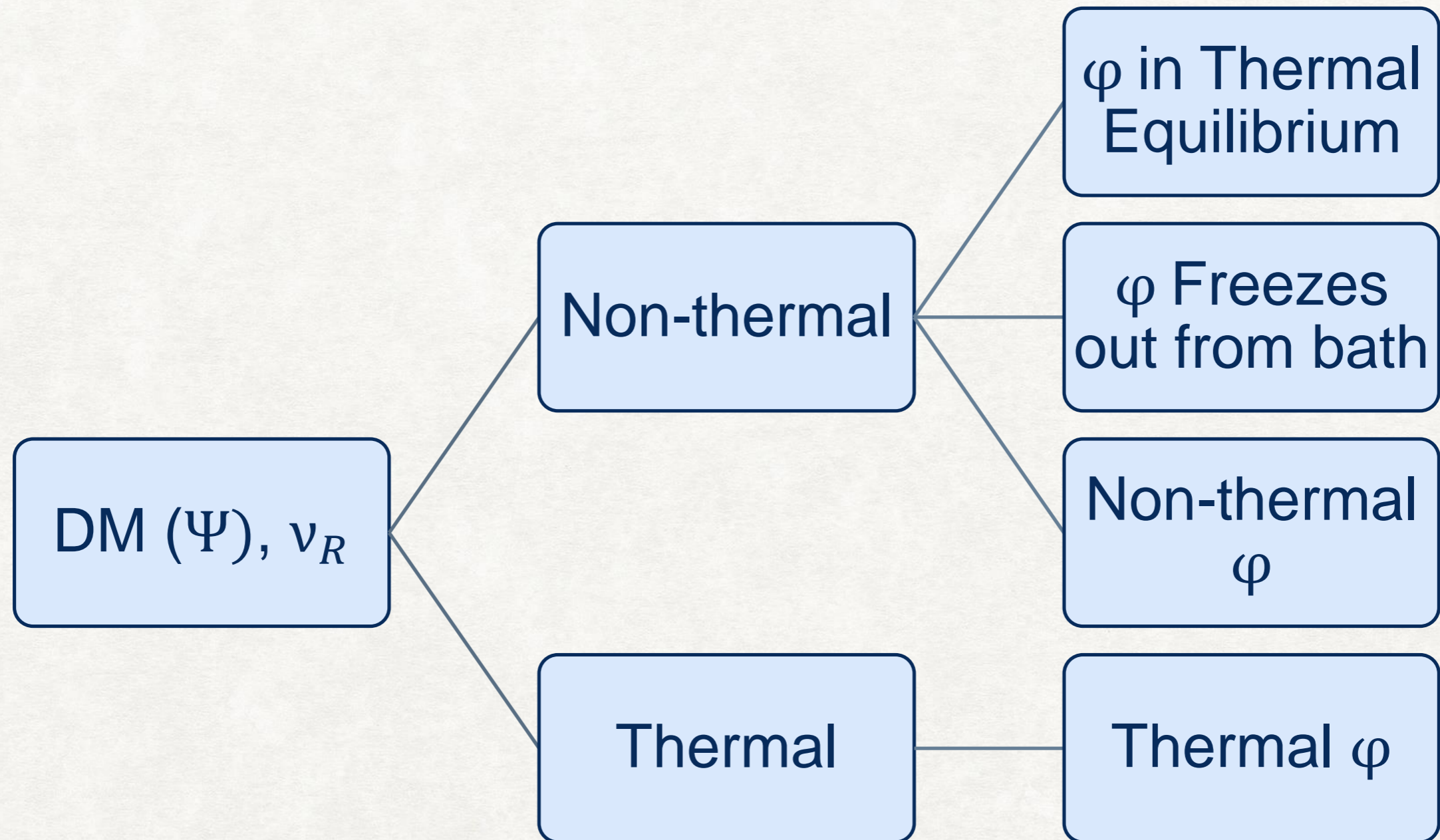
(Planck 2018, 1807.06209)

- While $N_{\text{eff}}^{\text{SM}} = 3.045$ CMB-S4 can probe up to $\Delta N_{\text{eff}} = N_{\text{eff}} - N_{\text{eff}}^{\text{SM}} = 0.06$

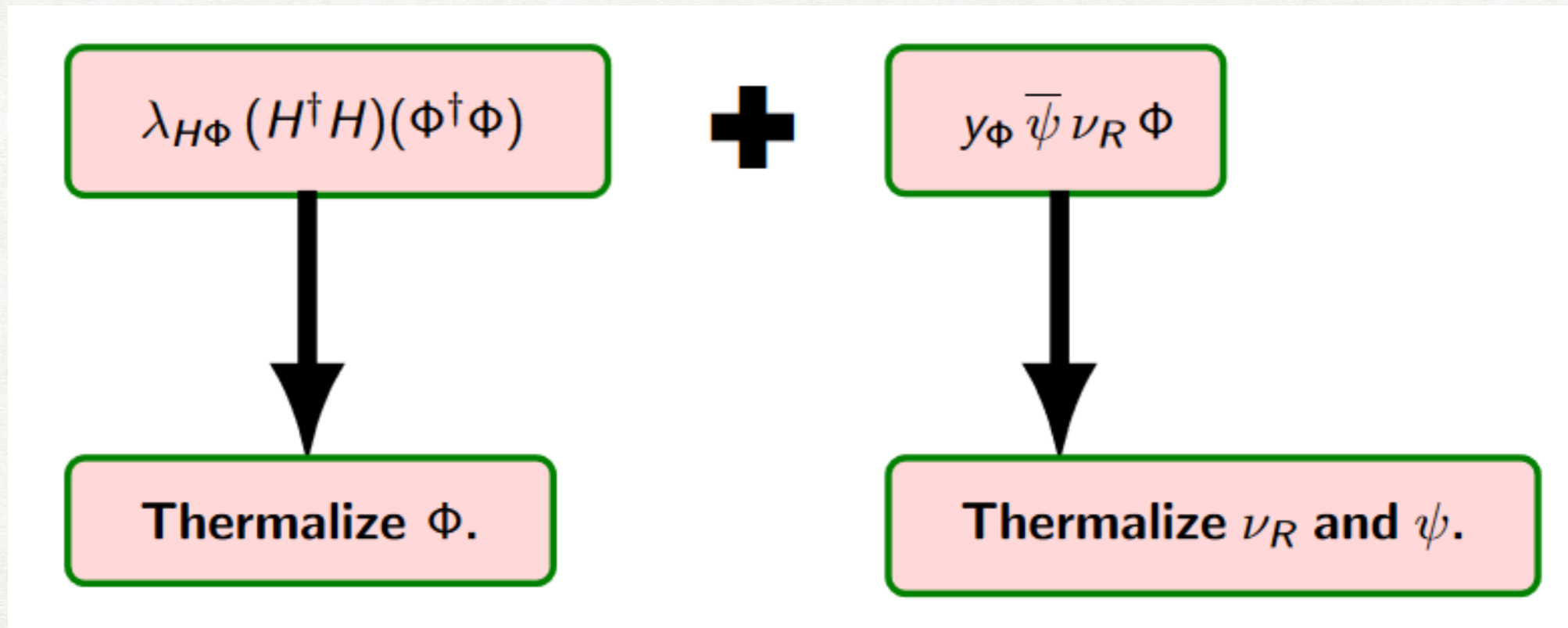
Mangano et al 2005

Abazajian et al 2019

POSSIBILITIES



THERMAL DARK MATTER



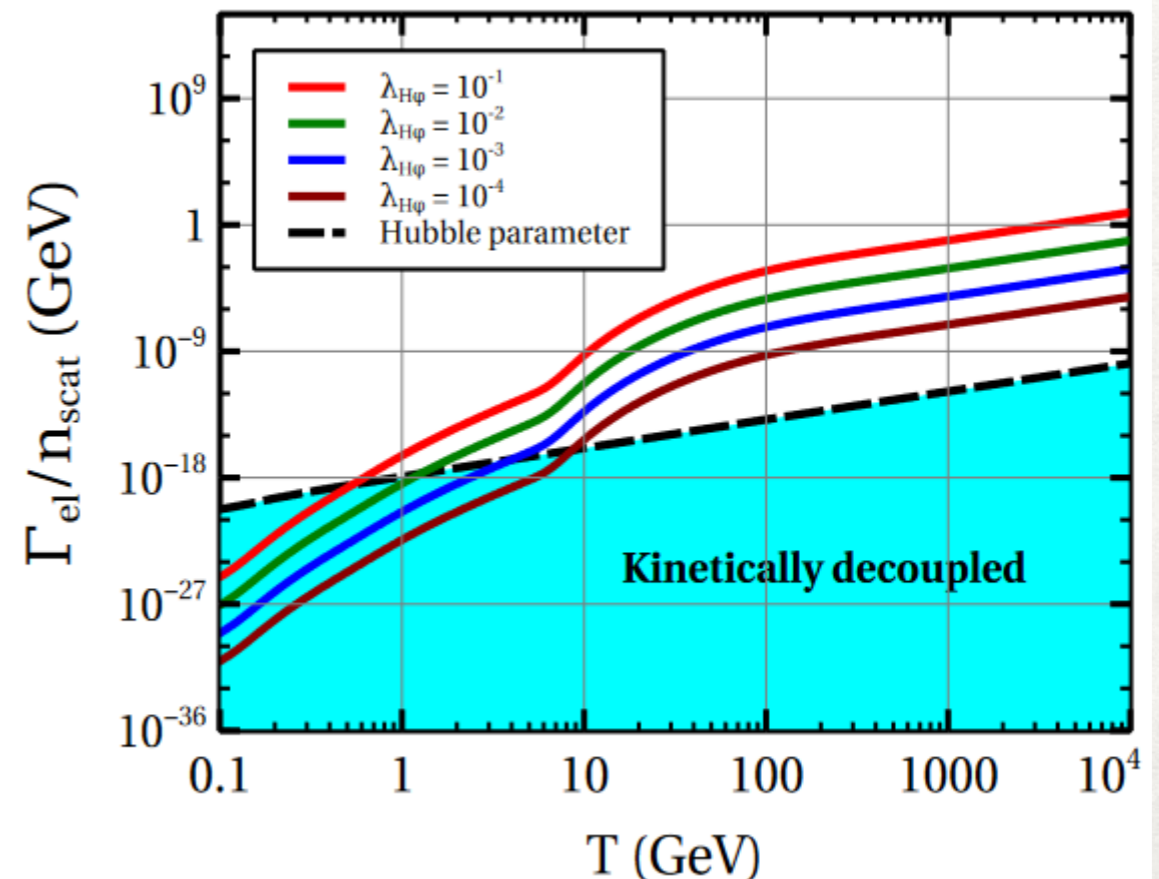
- Depending on $\lambda_{H\phi}, M_\phi$, ϕ will decouple from the bath at T_{dec} .

When $T < T_{dec}$, $T_{dark} \neq T_{SM}$

- Simple estimate based on entropy conservation

$$\Delta N_{\text{eff}} \simeq 0.027 \left(\frac{106.75}{g_\star(T_{\text{dec}})} \right)^{4/3} g_s$$

Abazajian & Heeck 2019



RELIC ABUNDANCE

When $T > T_{\text{dec}}$

DM (Ψ)

$$\frac{dY}{dx} = -\frac{1}{2} \frac{\beta s}{\mathcal{H} x} \langle \sigma v \rangle_{\text{eff}} [Y^2 - (Y^{\text{eq}})^2] \quad \left(\beta(T) = \frac{g_*^{1/2}(T) \sqrt{g_\rho(T)}}{g_s(T)} \right)$$

When $T < T_{\text{dec}}$

$$\begin{aligned} \frac{dY}{dx} &= -\frac{1}{2} \frac{\beta s}{\mathcal{H} x} \langle \sigma v \rangle_{\text{eff}} [Y^2 - (Y^{\text{eq}})^2], \\ x \frac{d\xi}{dx} + (\beta - 1)\xi &= \frac{1}{2} \frac{\beta x^4 s^2}{4 \alpha \xi^3 \mathcal{H} M_0^4} \langle E \sigma v \rangle_{\text{eff}} [Y^2 - (Y^{\text{eq}})^2] \quad \left(\xi = \frac{T_{\nu R}}{T} \right) \end{aligned}$$

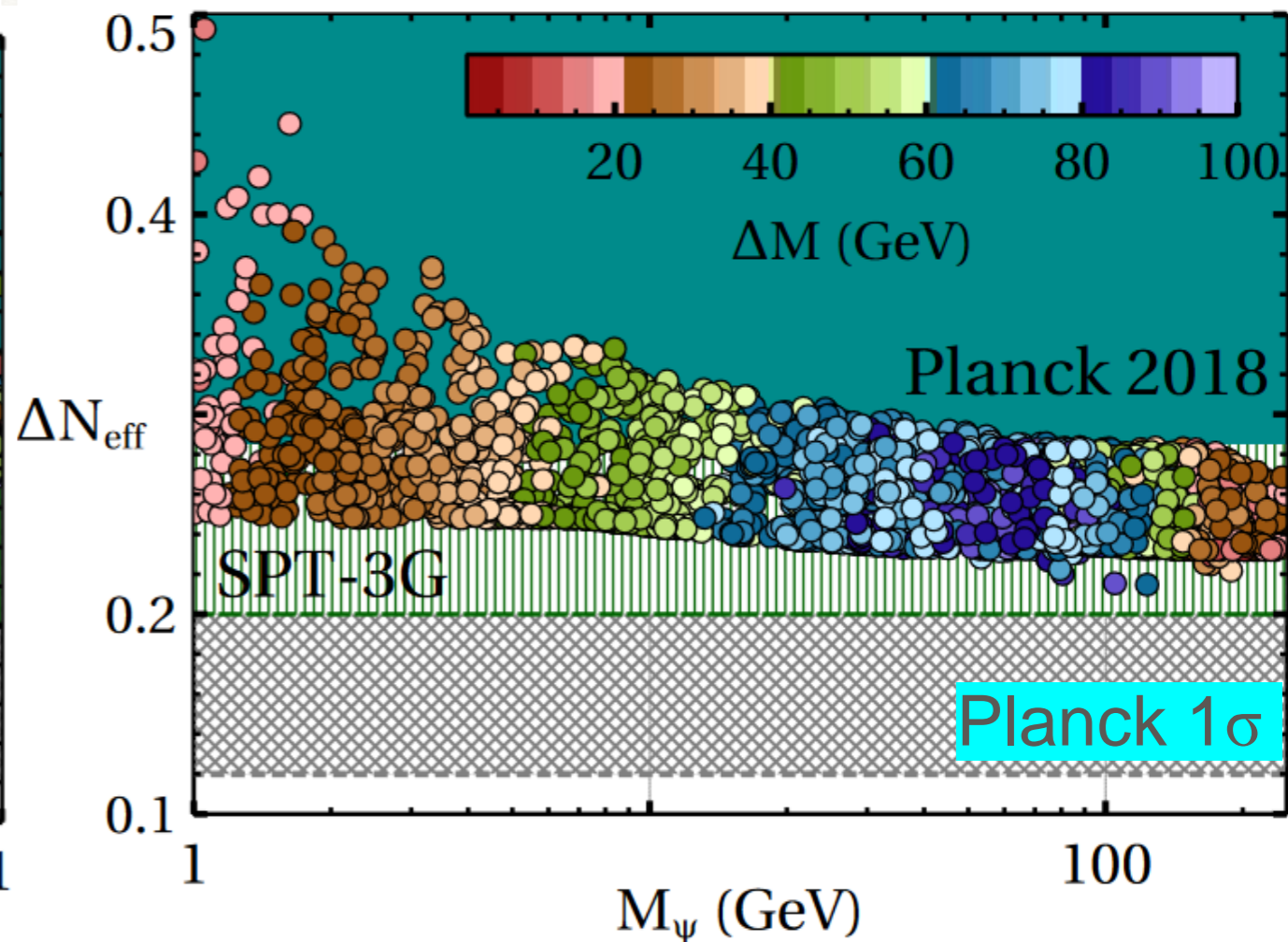
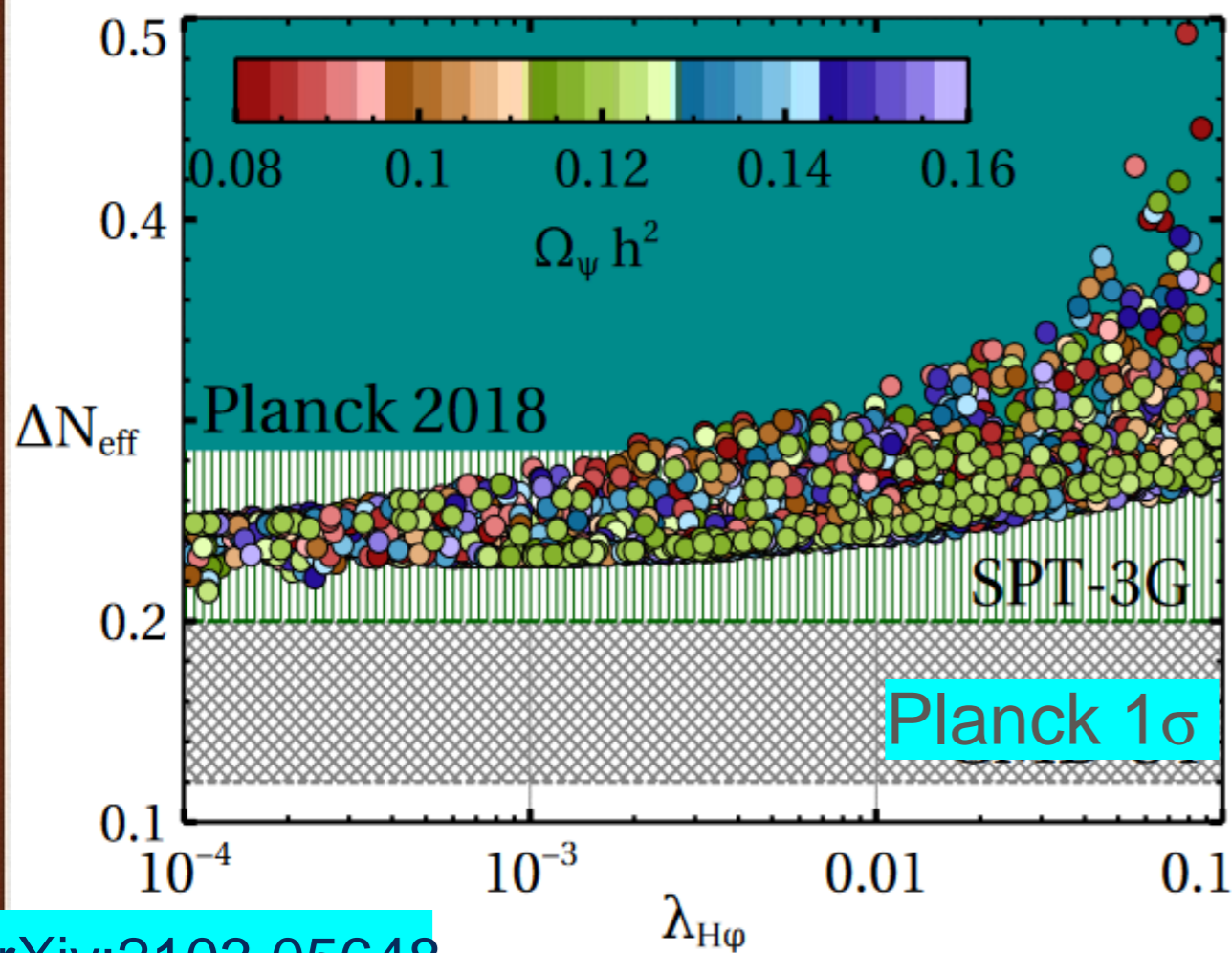
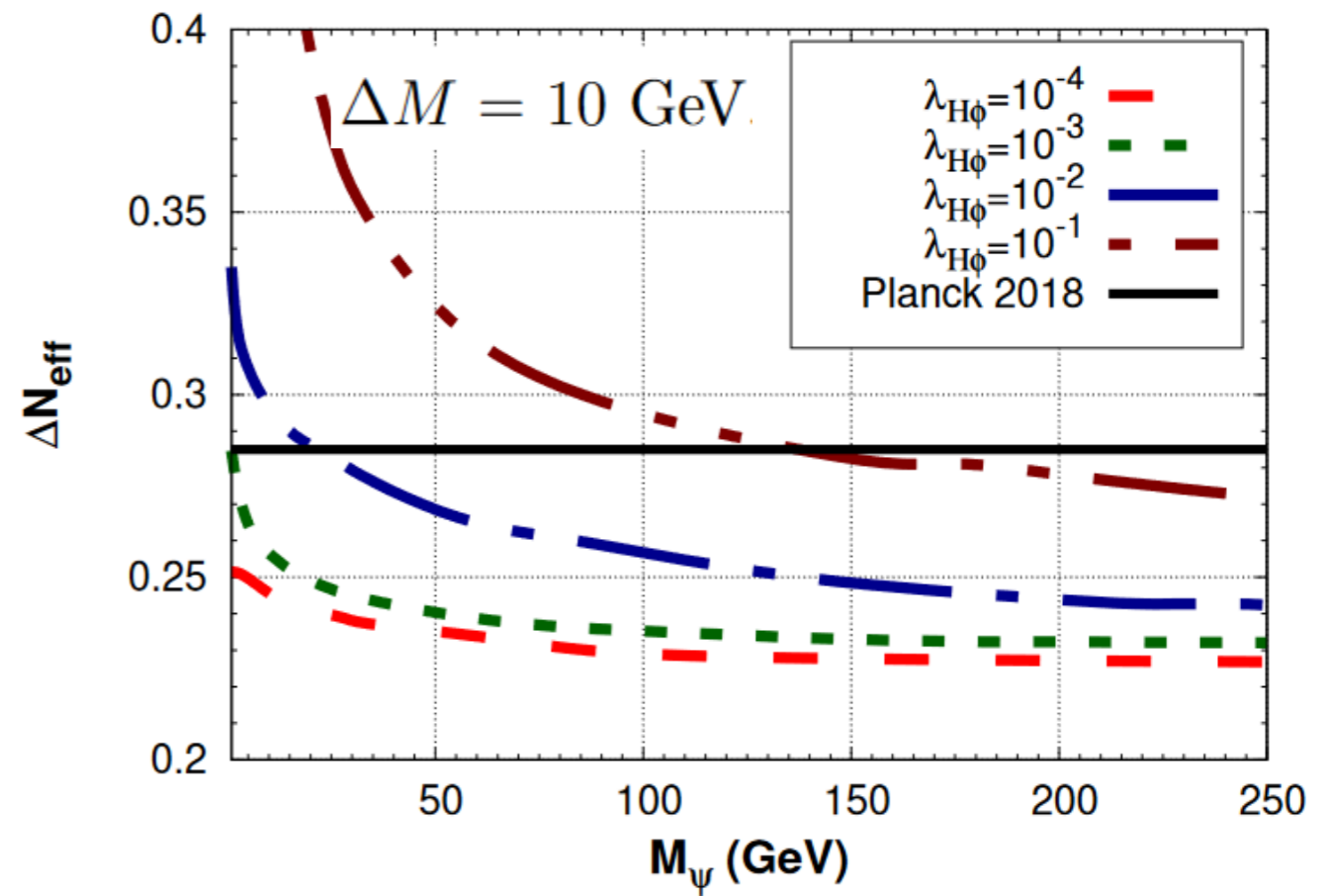
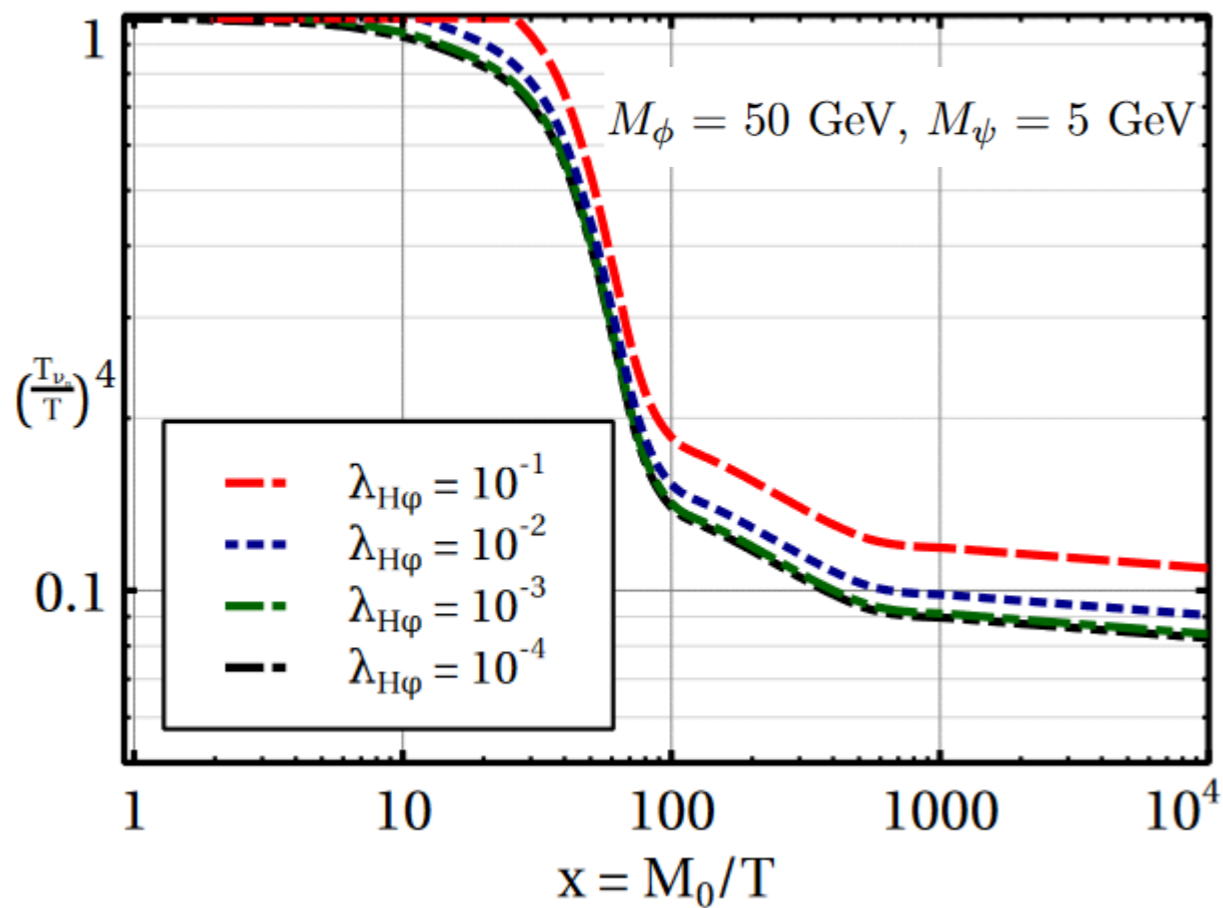
$$\begin{aligned} \Delta N_{\text{eff}} &= \frac{\sum_\alpha \rho_{\nu R}^\alpha}{\rho_{\nu L}}, \\ &= 3 \times \frac{\rho_{\nu R}}{\rho_{\nu L}}, \\ &= 3 \times \left(\frac{T_{\nu R}}{T_{\nu L}} \right)^4 \Big|_{T_{\text{CMB}}}, \end{aligned}$$

Neglecting spectral distortions



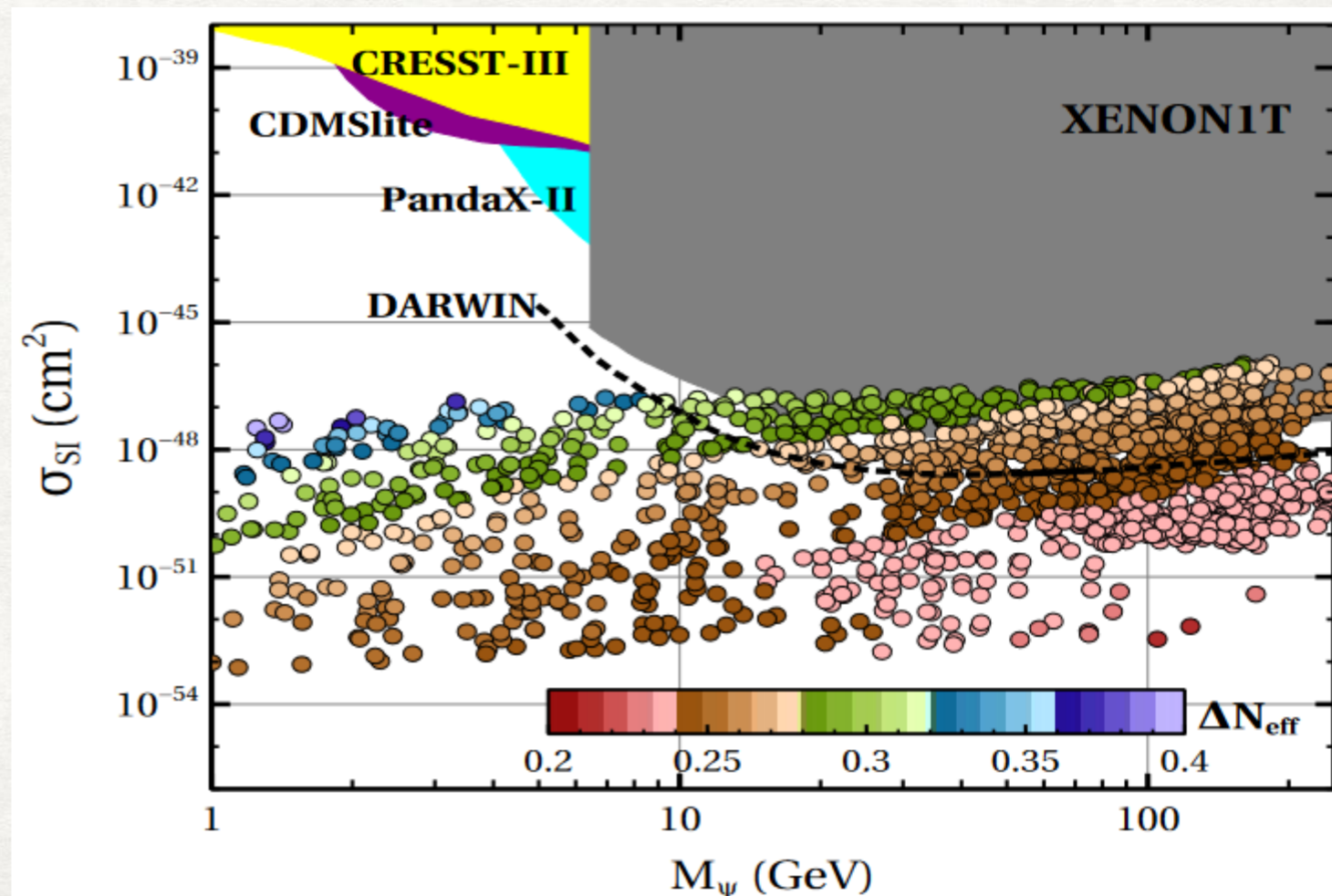
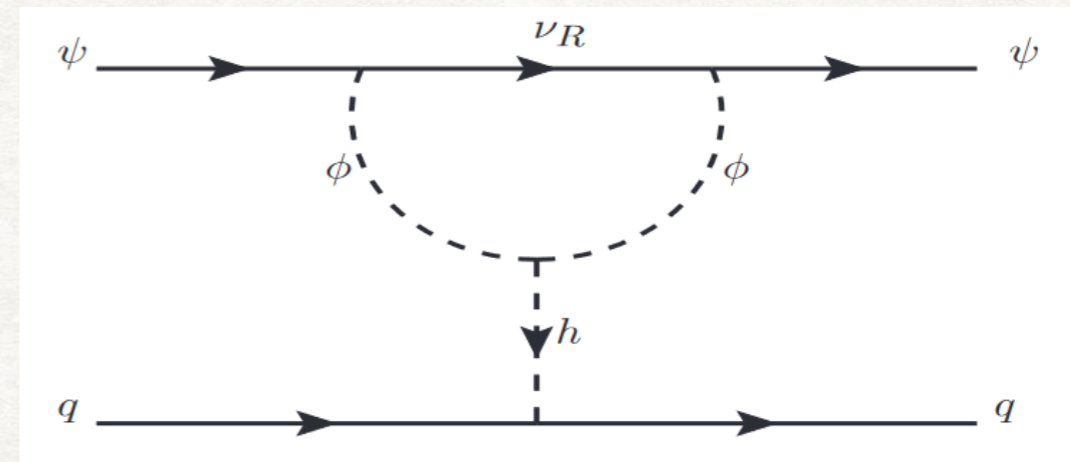
Talk by Xuheng Luo

$$\begin{aligned} \Delta N_{\text{eff}} &= 3 \times \left(\frac{T_{\nu R}}{T_{\nu L}} \right)^4 \Big|_{T > T_{\nu L}^{\text{dec}}}, \\ &= 3 \times \left(\frac{T_{\nu R}}{T} \right)^4 \Big|_{T > T_{\nu L}^{\text{dec}}}, \\ &= 3 \times \xi^4 \Big|_{T > T_{\nu L}^{\text{dec}}}, \end{aligned}$$



Direct detection of DM

- Light Dirac neutrino portal DM can be probed via direct detection experiments as well as future CMB probes.
- Keeping N_{eff} within CMB-S4 reach naturally leads dark sector particles around or below a 100 GeV. Heavier particles leads to early decoupling: $\Delta N_{eff} \simeq 0.027$
- Singlet scalar can lead to invisible Higgs decay, if kinematically allowed.
- Possible UV completions of tiny Dirac neutrino mass (see K S Babu's talk) can have other interesting phenomenology while keeping the generic conclusions related to DM, N_{eff} arrived in this work unchanged.



NON-THERMAL OR FREEZE-IN DARK MATTER

Non-thermal
DM (Ψ), ν_R

ϕ in Thermal
Equilibrium
(Case I)

ϕ Freezes out
from bath
(Case II)

Non-thermal ϕ
(Case III)

$$\frac{dY_\psi}{dx} = \frac{\beta}{x\mathcal{H}} \Gamma_\phi \frac{K_1(x)}{K_2(x)} Y_\phi^{\text{eq}},$$

$$\frac{dY_{\nu_R}}{dx} = \frac{\beta}{\mathcal{H}s^{1/3}x} \langle E\Gamma \rangle Y_\phi^{\text{eq}},$$

$$\frac{dY_\phi}{dx} = \frac{\beta s}{\mathcal{H}x} \left(-\langle \sigma v \rangle ((Y_\phi)^2 - (Y_\phi^{\text{eq}})^2) - \frac{\Gamma_\phi K_1(m_\phi/T)}{s K_2(m_\phi/T)} Y_\phi \right),$$

$$\frac{dY_\psi}{dx} = \frac{\beta}{x\mathcal{H}} \Gamma_\phi \frac{K_1(x)}{K_2(x)} Y_\phi,$$

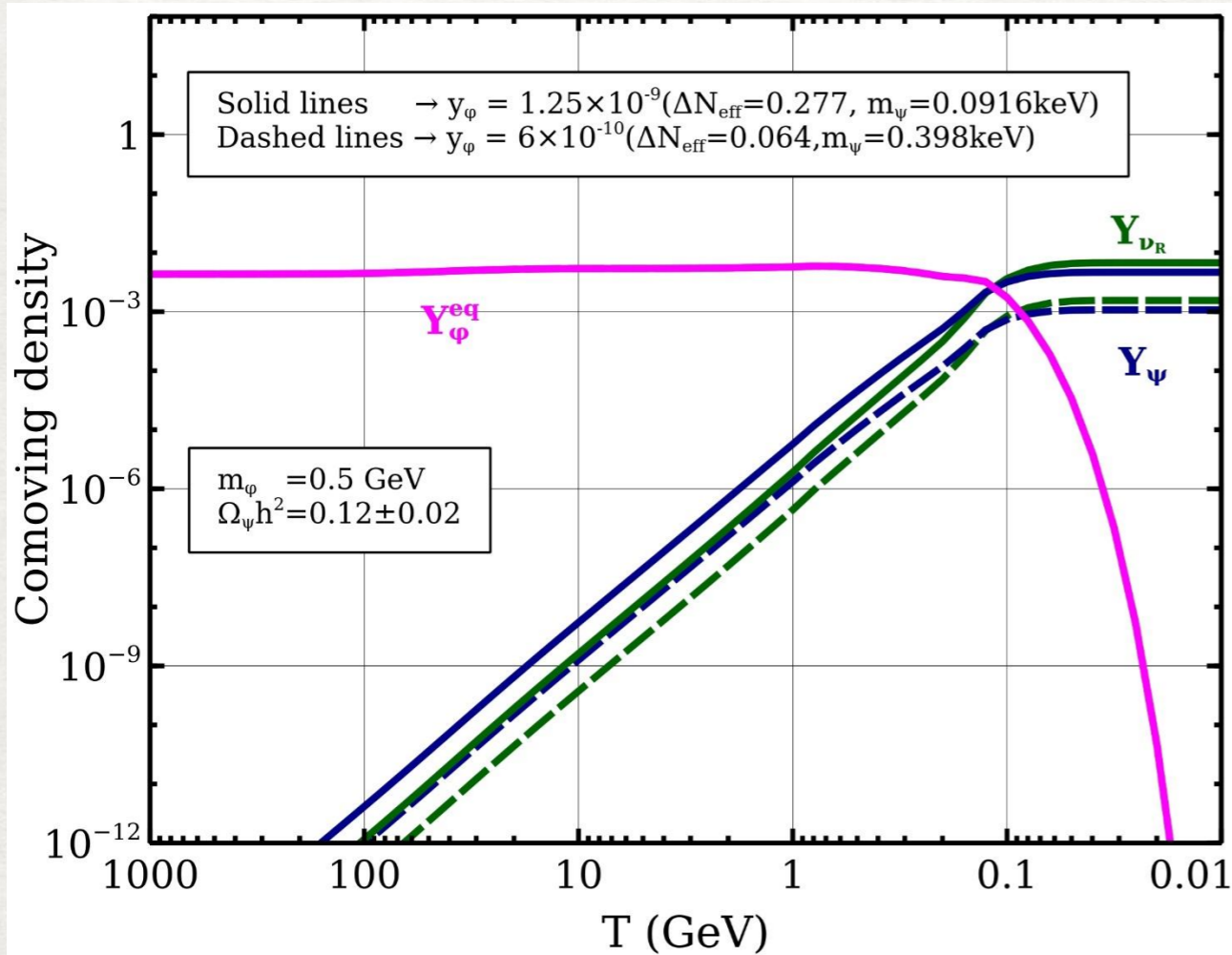
$$\frac{dY_{\nu_R}}{dx} = \frac{\beta}{\mathcal{H}s^{1/3}x} \langle E\Gamma \rangle Y_\phi.$$

$$\frac{\partial f_\phi}{\partial t} - \mathcal{H}p_1 \frac{\partial f_\phi}{\partial p_1} = C^{h \rightarrow \phi\phi^\dagger} + C^{hh \rightarrow \phi\phi^\dagger} + C^{\phi \rightarrow \bar{\nu}_R \psi},$$

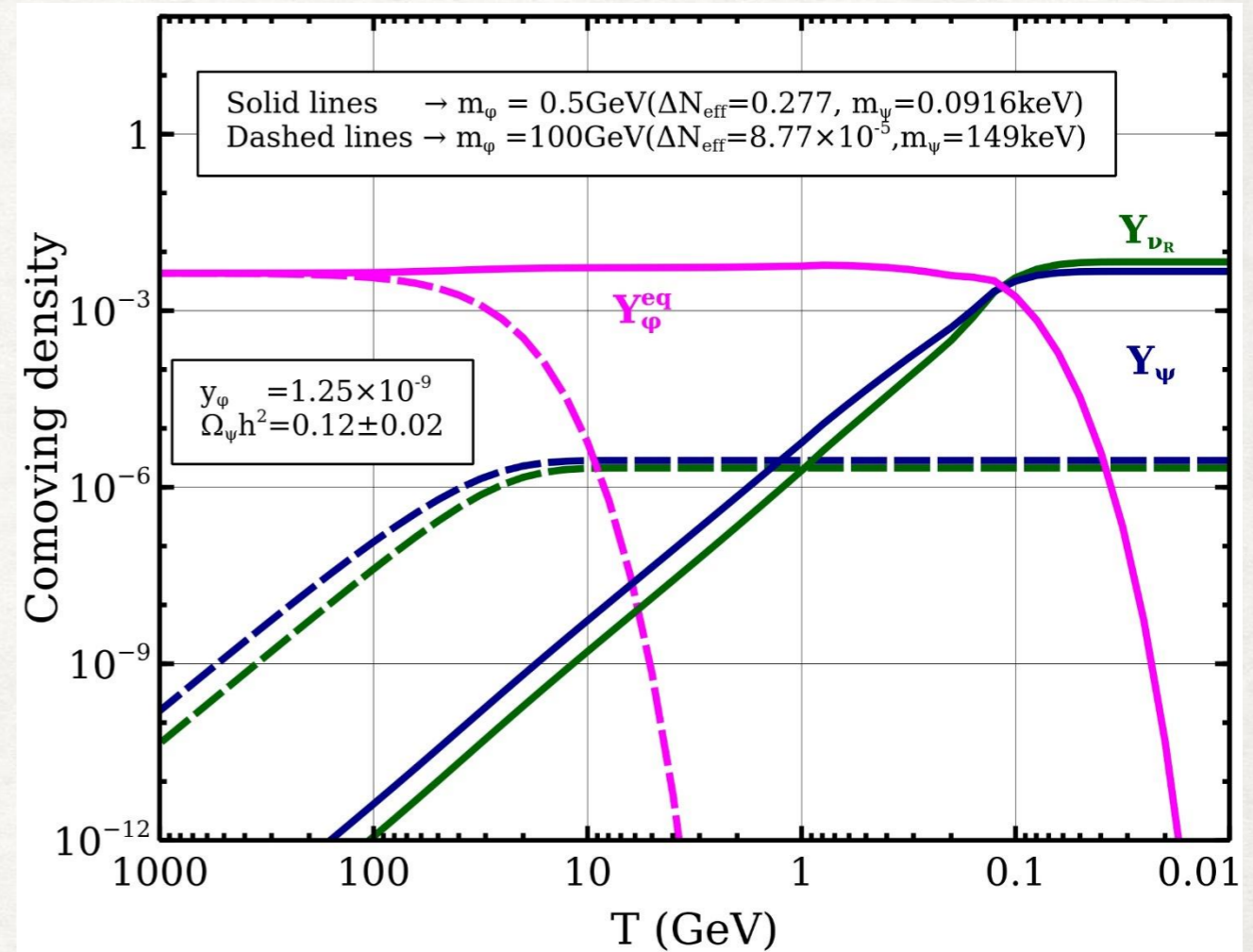
$$\frac{dY_\psi}{dr} = \frac{g_\phi \beta}{r\mathcal{H}s} \frac{\Gamma_\phi m_\phi}{2\pi^2} \int \frac{(\mathcal{A}_{\frac{m_0}{r}}^3)^3 \xi^2 f_\phi(\xi, r)}{\sqrt{(\xi \mathcal{A}_{\frac{m_0}{r}}^3)^2 + m_\phi^2}} d\xi,$$

$$\frac{dY_{\nu_R}}{dr} = \frac{g_\phi \beta}{r\mathcal{H}s^{4/3}} \langle E\Gamma \rangle \frac{1}{2\pi^2} \int_0^\infty (\mathcal{A}_{\frac{m_0}{r}}^3)^3 \xi^2 f_\phi(\xi, r) d\xi,$$

Non-Thermal dark matter: Case I

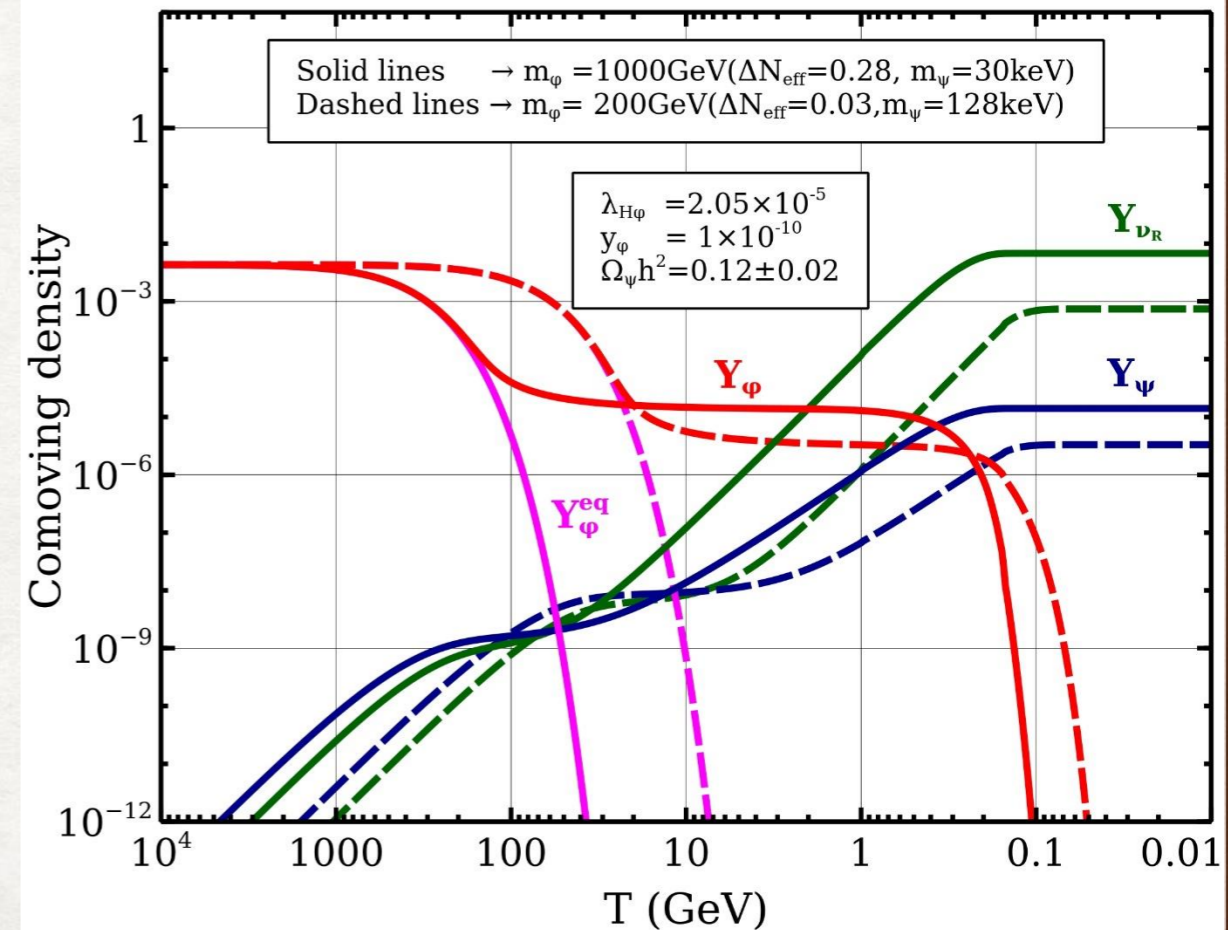
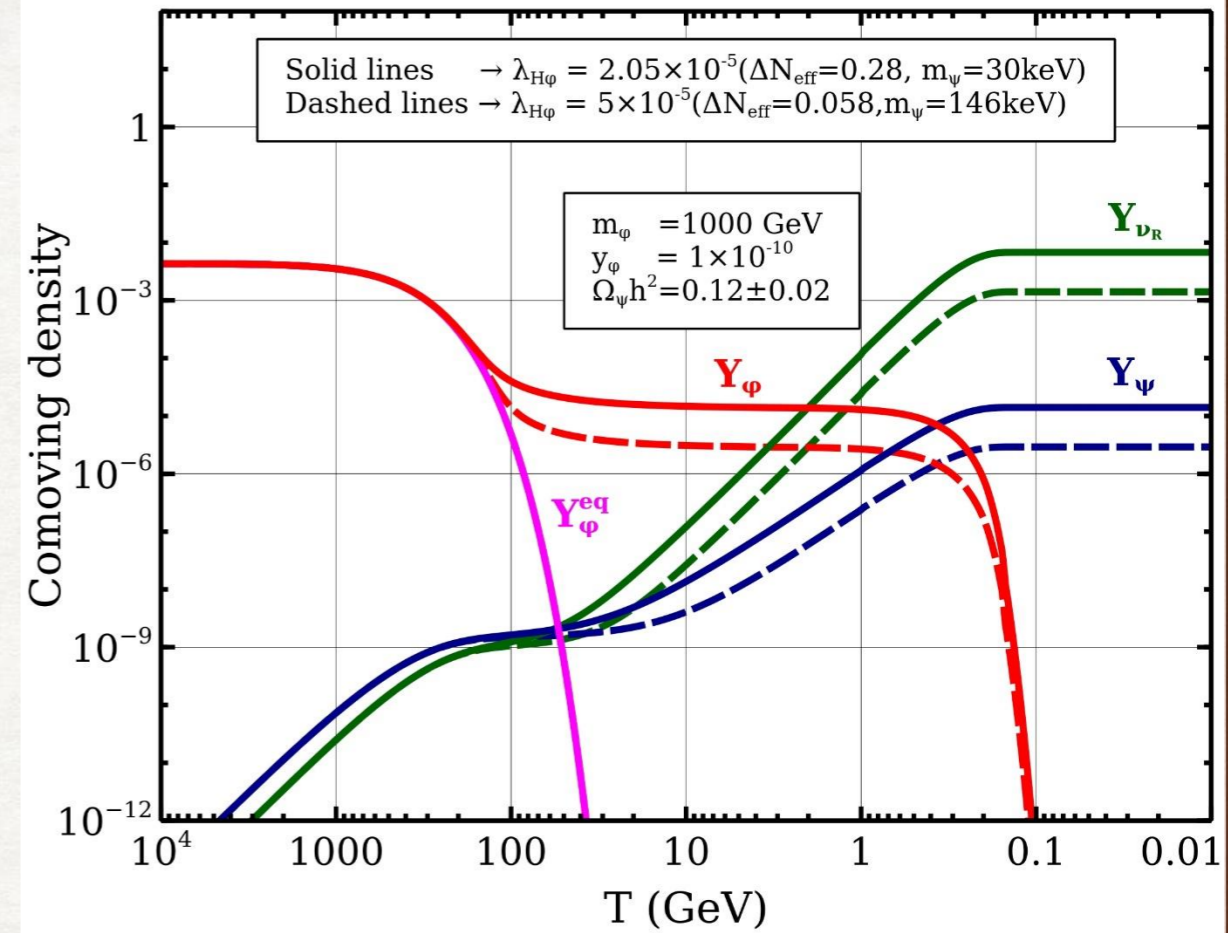
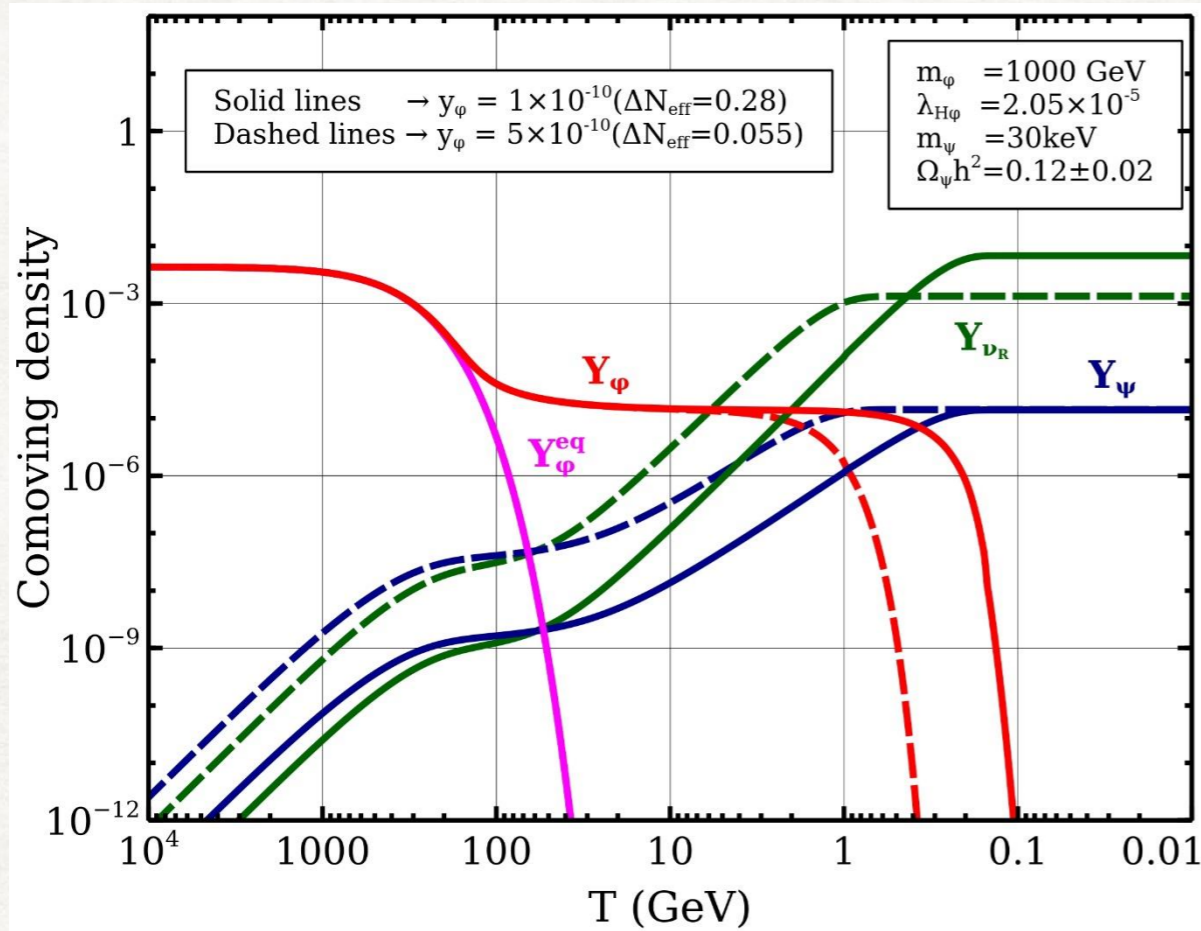


$$Y_{\text{DM}} \propto y_\phi^2$$



$$Y_{\text{DM}} \propto 1/m_\phi$$

Non-Thermal dark matter: Case II



For $T < T_{fo}^\phi$

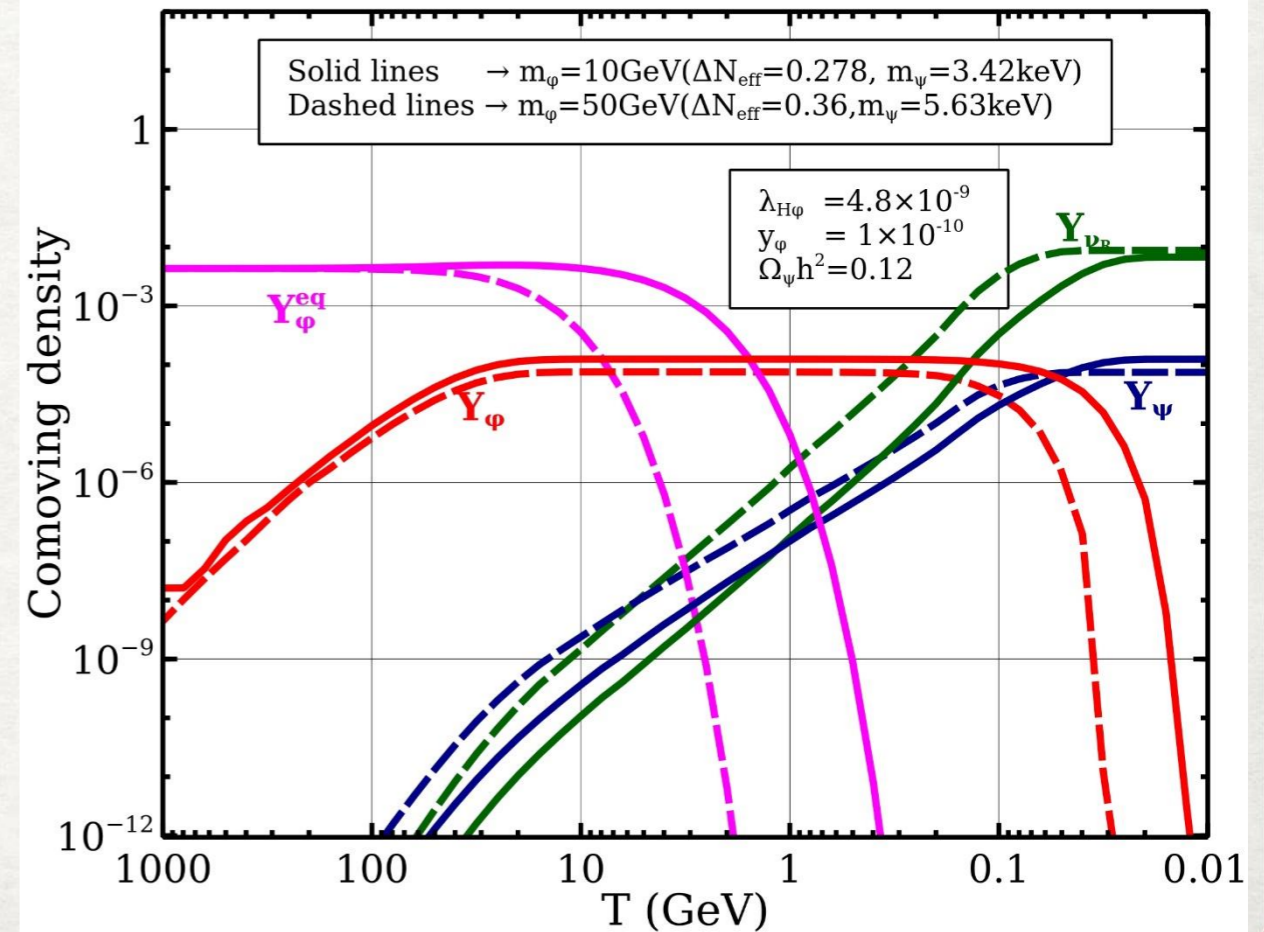
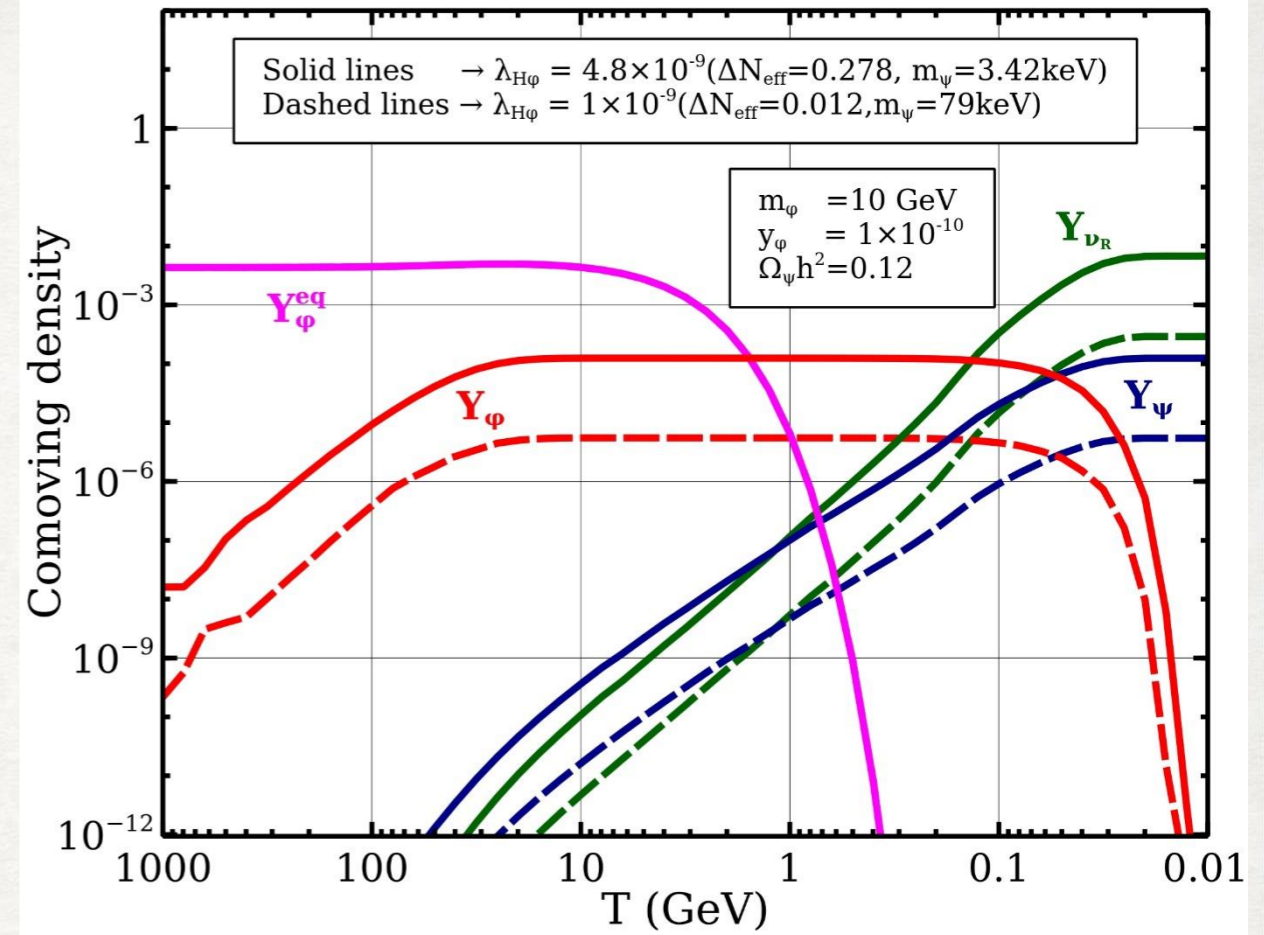
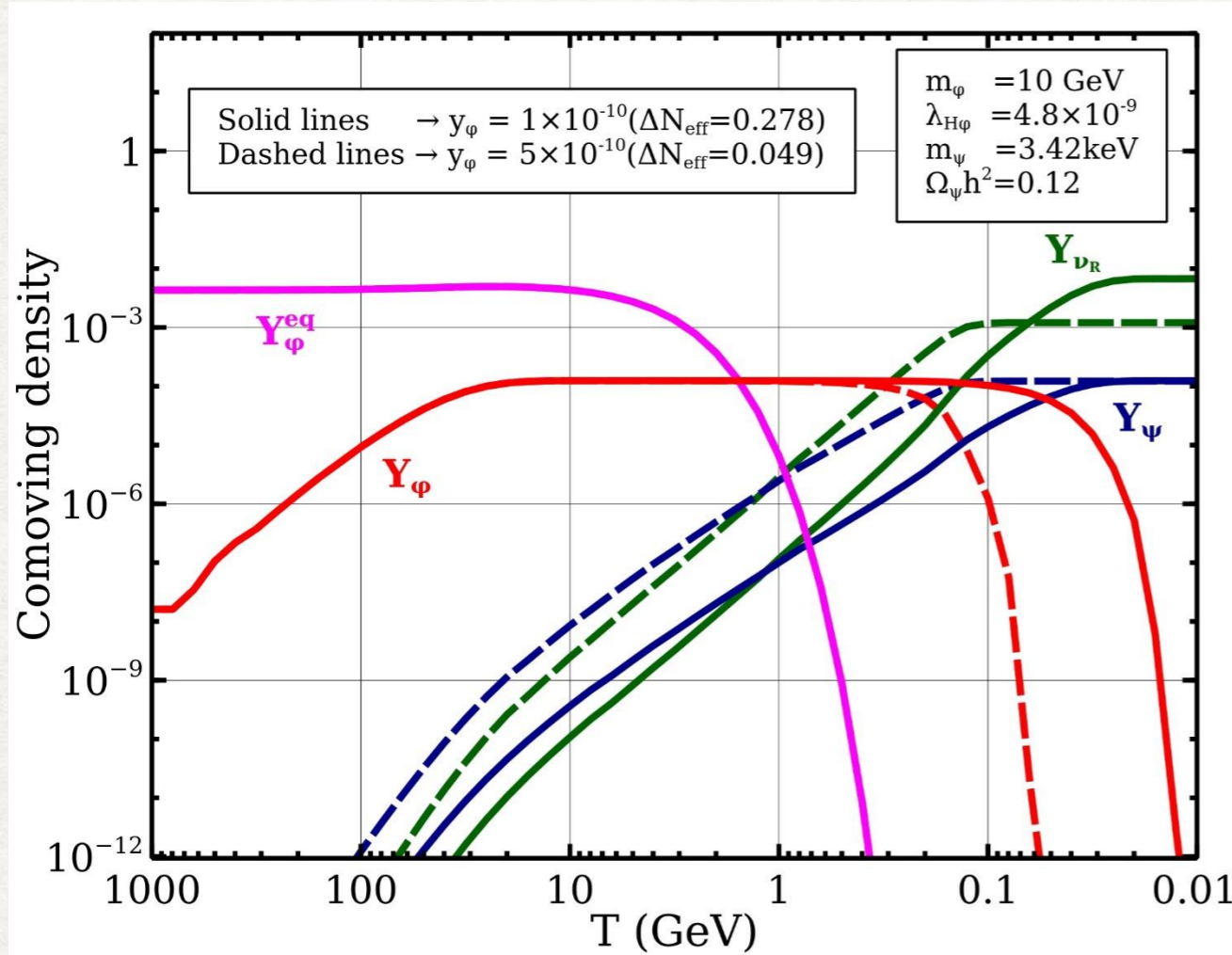
$$\frac{dY_{\nu R}}{dx} \propto \Gamma_\phi x^3 e^{-\frac{r(x^2 - x_F^2)}{2}}, r \propto \Gamma_\phi \propto y_\phi^2$$

$$Y_{DM} = Y_{fo}^\phi$$

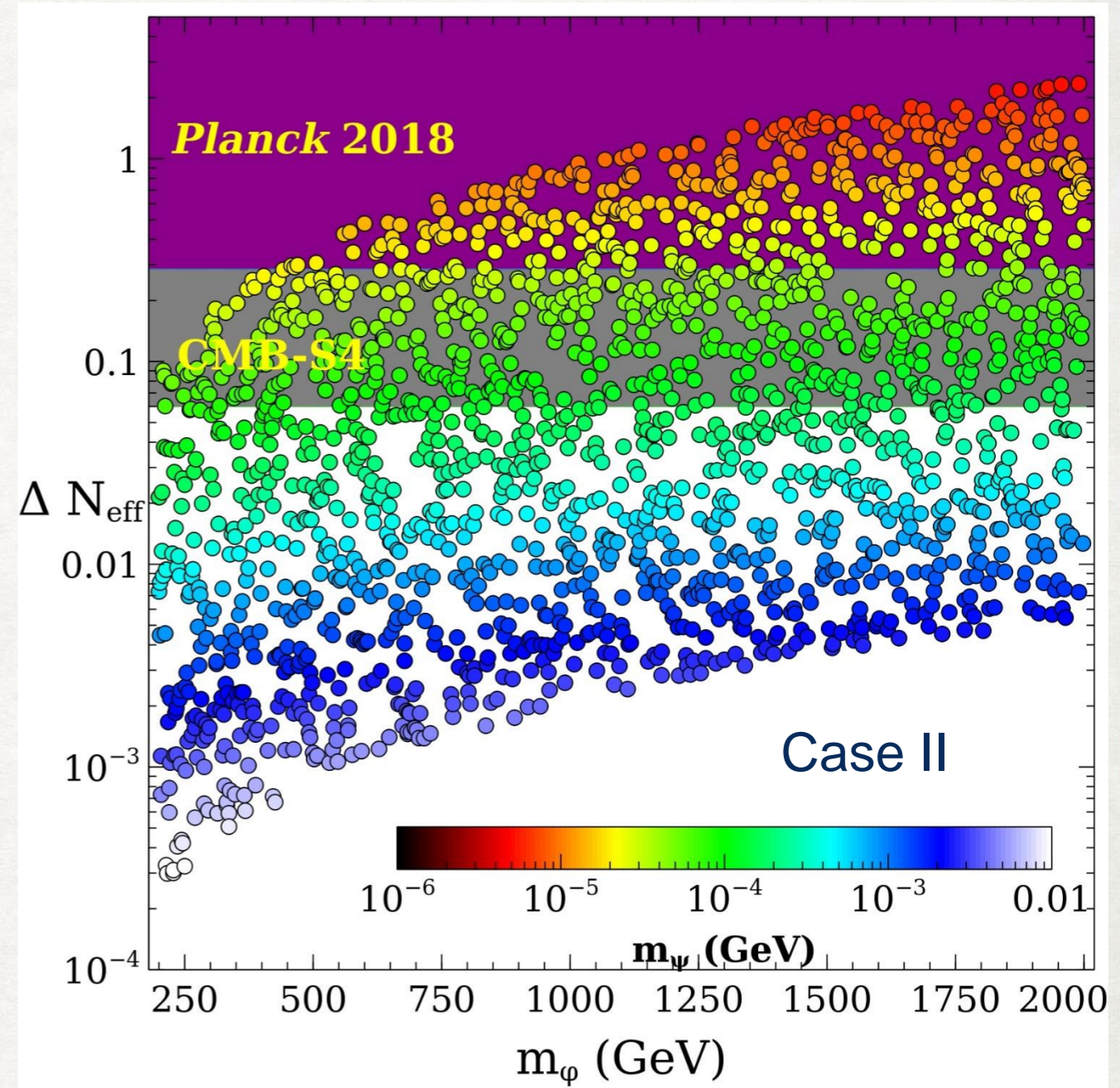
DB, A Gupta 2017 (PRD)

arXiv:2205.01144

Non-Thermal dark matter: Case III



- Non-thermal Dirac neutrino portal DM can saturate Planck 2018 limits on N_{eff} , for light DM masses upto a few tens of keV.
- DM mass up to a few hundred keV can be probed at CMB-S4.
- Constraints from Lyman-alpha observations will disfavor some more region of parameter space in this scenario (upto a few tens of keV)
- In addition, such Dirac neutrino portal DM is falsifiable by future observations of neutrinoless double beta decay.



THANK YOU FOR YOUR ATTENTION