



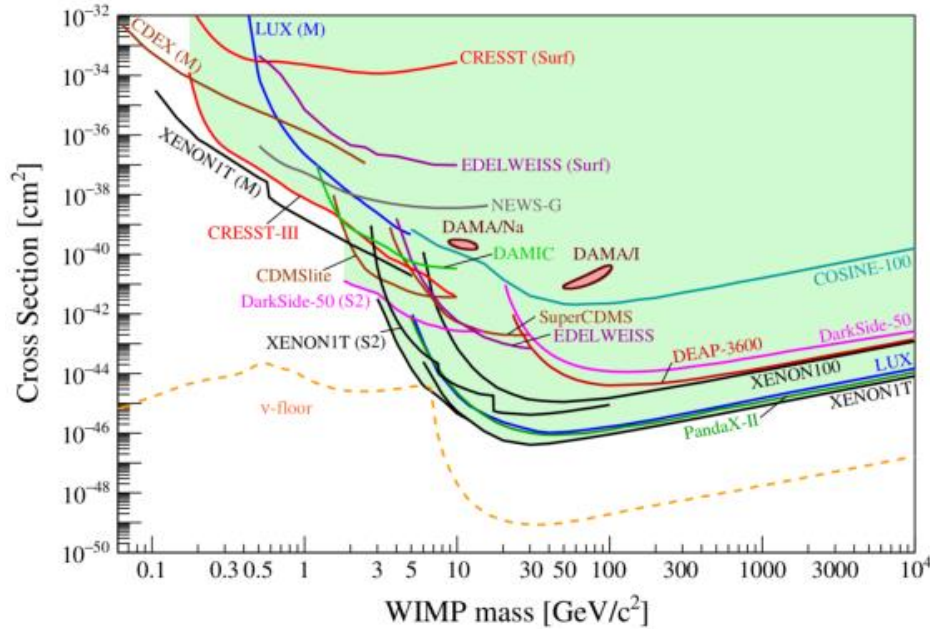
Out-of-equilibrium dark matter: production and cosmological signatures

Mathias Pierre - DESY

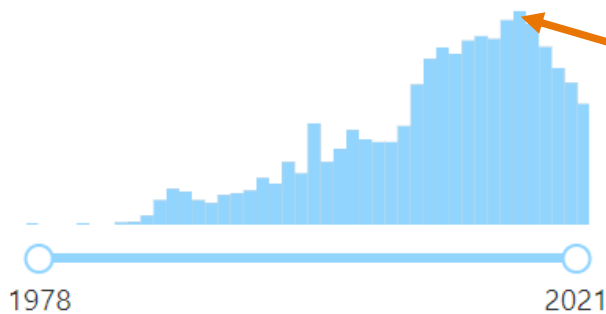
Chung-Ang University Beyond-the-Standard-Model Workshop

February 9th 2021

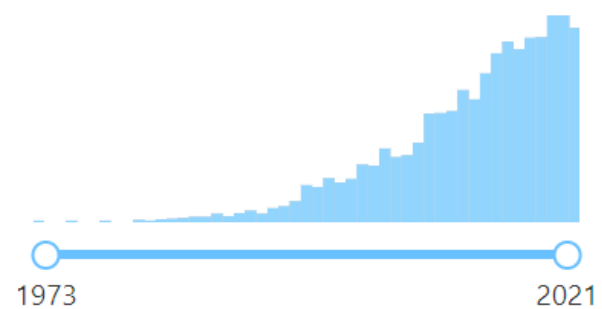
The waning of the WIMP?



No WIMP actually detected!



Inspire-HEP papers "WIMP"



Inspire-HEP papers "freeze-in"

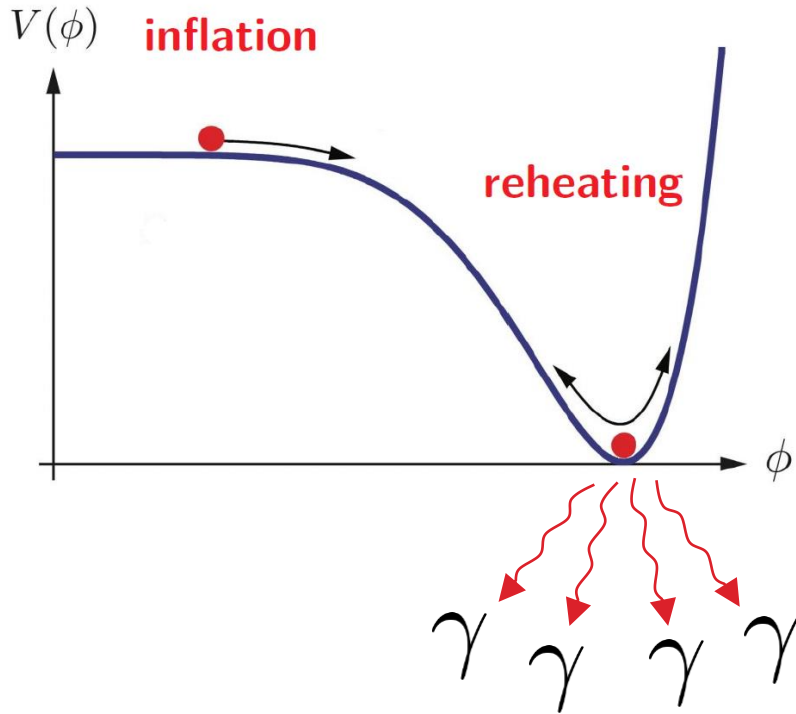
**What are the cosmological signatures of
out-of-equilibrium DM?**

Can we probe the DM production mechanism?

Based on [[arXiv:2011.13458](#)] – JCAP 21
with **G. Ballesteros & M. A. G. Garcia**

Production of out-of-equilibrium dark matter

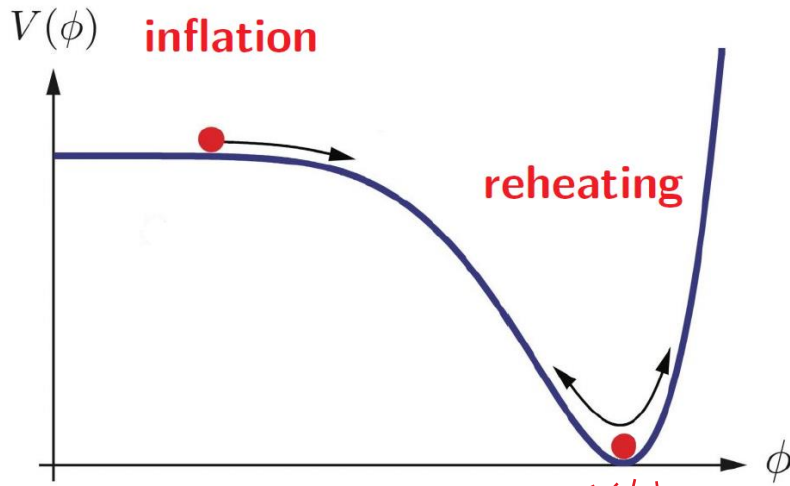
DM production during reheating



ϕ : inflaton

γ : generic SM particle

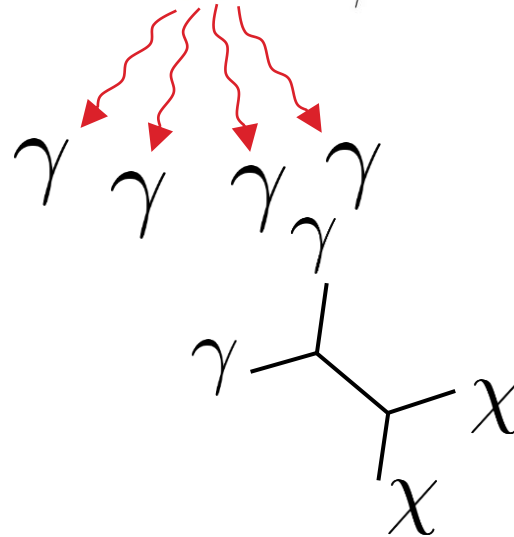
DM production during reheating



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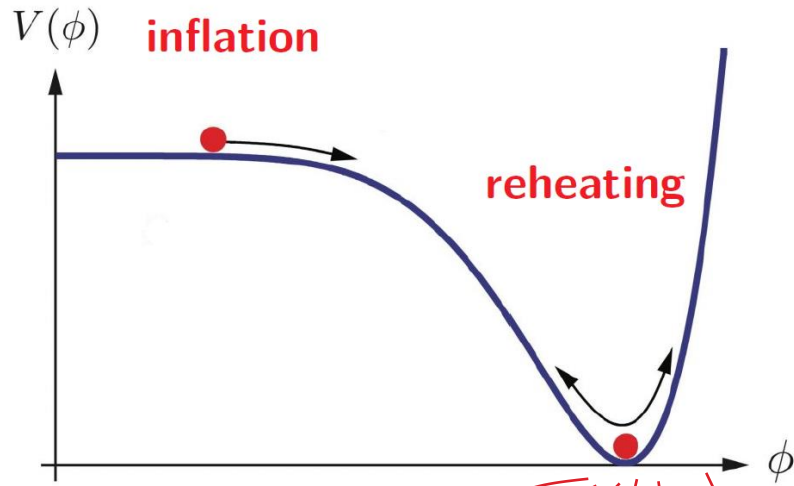
χ : dark matter



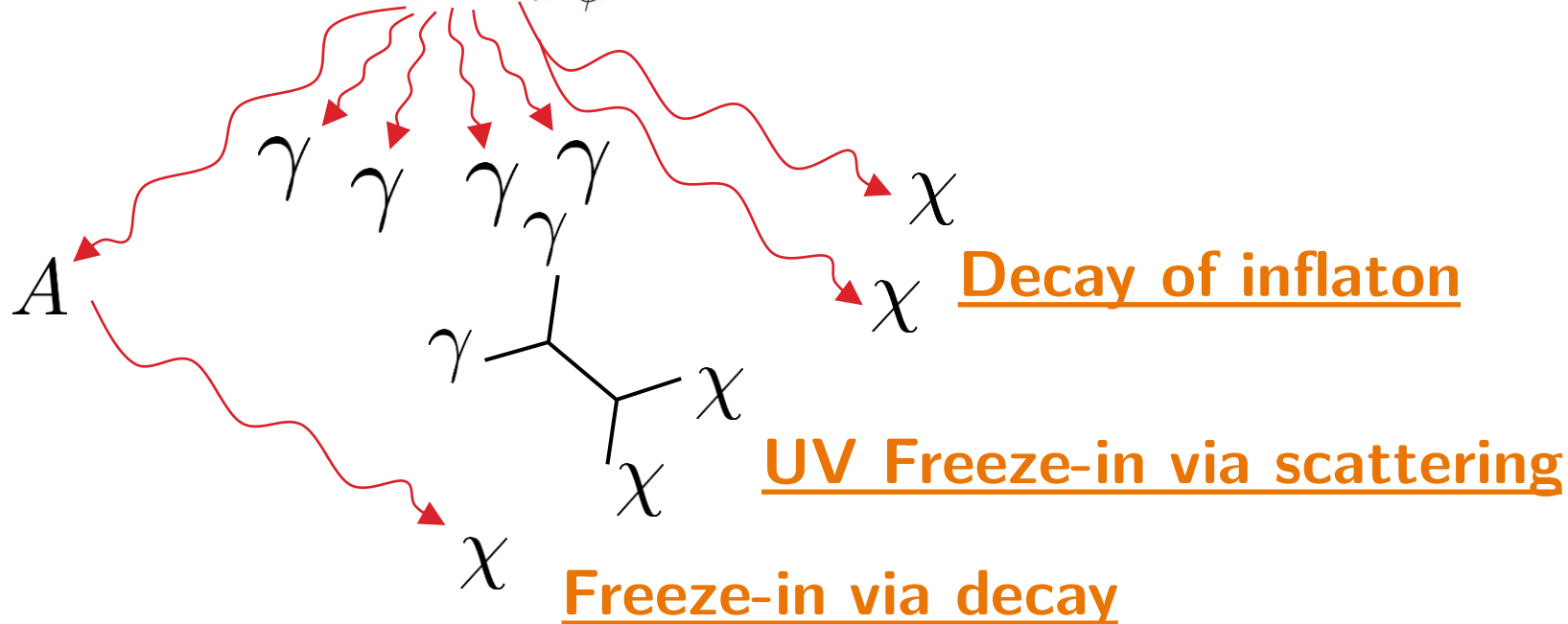
$$\sigma(s) = \frac{s^{\frac{n}{2}}}{\Lambda^{n+2}}$$

UV Freeze-in via scattering

DM production during reheating



- ϕ : inflaton
- γ : generic SM particle
- χ : dark matter
- A : particle (SM or not)



DM Phase space distribution

$$n_\chi(t) = \frac{g_\chi}{(2\pi)^3} \int d^3\mathbf{p} f_\chi(p_0, t)$$

number-density

$$\rho_\chi(t) = \frac{g_\chi}{(2\pi)^3} \int d^3\mathbf{p} p_0 f_\chi(p_0, t)$$

energy-density

- Obtain **phase space distribution** by solving **Boltzmann equation**

$$\frac{\partial f_\chi}{\partial t} - H|\mathbf{p}| \frac{\partial f_\chi}{\partial |\mathbf{p}|} = \mathcal{C}[f_\chi(|\mathbf{p}|, t)]$$

- Solution** to the Boltzmann equation:

$$f_\chi(p_0, t) = \int_{t_i}^t \mathcal{C}[f_\chi] \left(\frac{a(t)}{a(t')} |\mathbf{p}|, t' \right) dt'$$

- After decoupling, distribution function only depends on the **comoving momentum**

$$q \equiv \frac{p a(t)}{T_\star}$$

$T_\star \equiv T_{\text{NCDM}}$ in **CLASS** [J. Lesgourgues & T. Tram, JCAP 09 (2011) 032]

$$n_\chi(t) = \frac{g_\chi}{(2\pi)^3} \frac{T_\star^3}{a^3} \int d^3\mathbf{q} \bar{f}_\chi(q)$$

Production from inflaton decay

- Pair of **DM** or **SM** produced from **perturbative** inflaton decay

$$\begin{array}{ccc} \gamma & \longleftarrow & \phi & \longrightarrow & \gamma \\ \chi & & & & \chi \end{array}$$

$$\mathcal{C}[f(p, t)] = \frac{8\pi^2}{gm_\phi^2} \Gamma_\phi \text{Br } n_\phi(t) \delta(p - m_\phi/2)$$

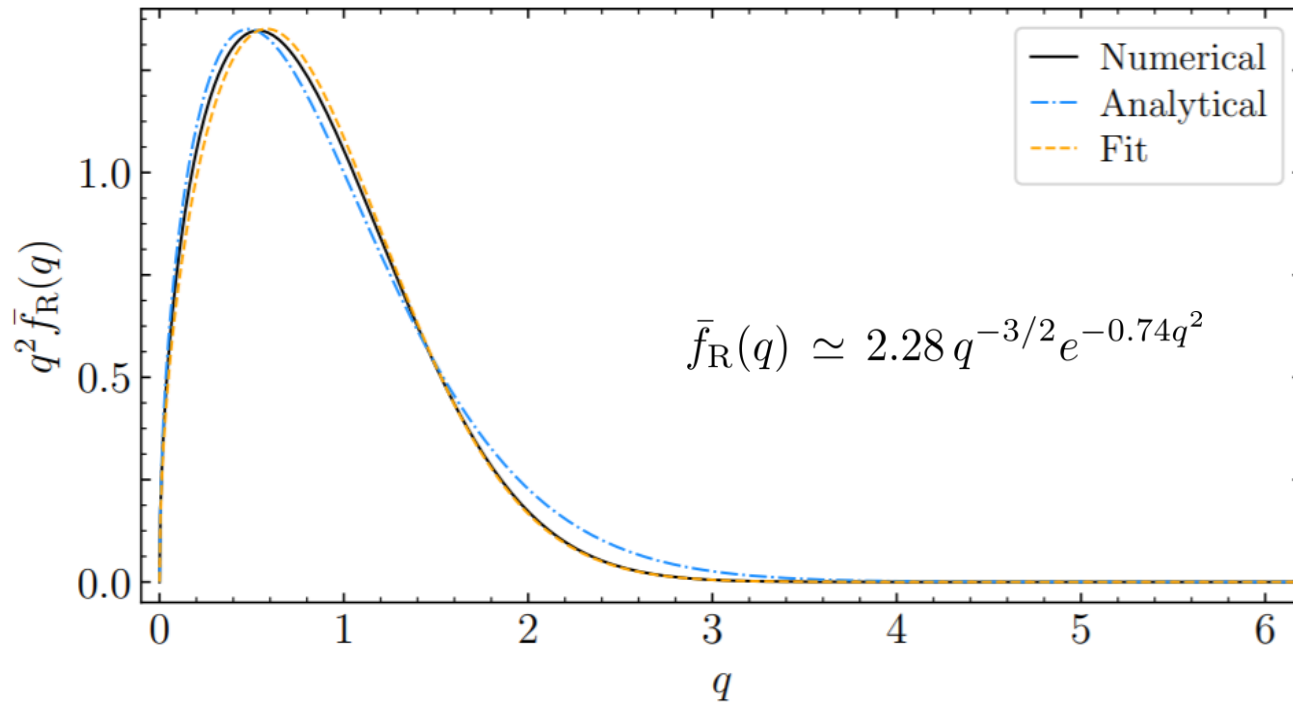
$$f(p, t) = \frac{16\pi^2 \Gamma_\phi \text{Br } n_\phi(\hat{t})}{gm_\phi^3 H(\hat{t})} \theta(t - \hat{t}) \quad \frac{a(t)}{a(\hat{t})} = \frac{m_\phi}{2p}$$

$t \ll t_{\text{reh}}$

$$f(p, t) \simeq \frac{24\pi^2 n(t)}{gm_\phi^3} \left(\frac{m_\phi}{2p} \right)^{3/2} \theta(m_\phi/2 - p)$$

Inflaton decay: DM production

$$f_\chi(p, t) d^3\mathbf{p} = \frac{4\pi^4 \text{Br}_\chi g_{*s}^{\text{reh}}}{5g_\chi} \left(\frac{T_{\text{reh}}}{m_\phi}\right)^4 \left(\frac{a_0}{a(t)}\right)^3 T_\star^3 \bar{f}_R(q) d^3\mathbf{q} \quad T_\star = \left(\frac{g_{*s}^0}{g_{*s}^{\text{reh}}}\right)^{1/3} \frac{m_\phi}{2T_{\text{reh}}} T_0$$



$$\Omega_\chi h^2 \simeq 0.1 \left(\frac{\text{Br}_\chi}{5.5 \times 10^{-4}}\right) \left(\frac{m_\chi}{1 \text{ MeV}}\right) \left(\frac{T_{\text{reh}}}{10^{10} \text{ GeV}}\right) \left(\frac{3 \times 10^{13} \text{ GeV}}{m_\phi}\right)$$

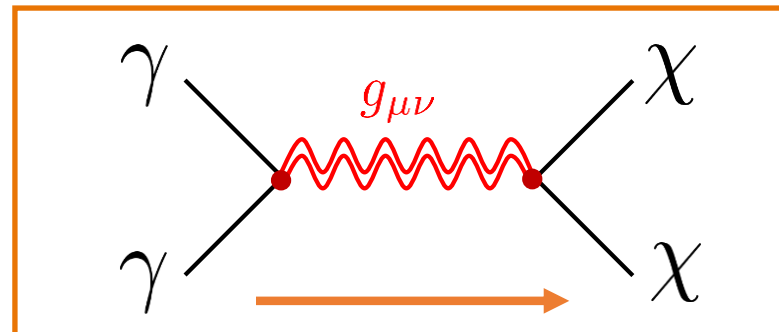
UV freeze-in from scattering

Assume **cross section** for $\gamma\gamma \rightarrow \chi\chi$: $\sigma(s) = \frac{s^{\frac{n}{2}}}{\Lambda^{n+2}}$

UV freeze-in from scattering

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- $n = 0$ **Low-scale SUSY** for **gravitinos** $\sigma \propto 1/M_{\text{Pl}}^2$ or **axinos** $\sigma \propto 1/f_a^2$
[V. Rychkov, A. Strumia, PRD 75 (2007) 075011 - A. Strumia, JHEP 06 (2010) 036]
- $n = 2$ **Heavy Z'** from gauge unification $\sigma \propto s/m_{Z'}^4$,
[Y. Mambrini, K. A. Olive, J. Quevillon, B. Zaldivar- PRL 110, 241306]
- **Gravity mediated freeze-in** $\sigma \propto s/M_{\text{Pl}}^4$
[M. Garny, M. Sandora, M. S. Sloth - PRL 116 (2016) 10, 101302
N. Bernal, M. Dutra, Y. Mambrini, K. Olive, M. Peloso, **MP** - PRD 97 (2018) 11, 115020]
Y. Mambrini & K. Olive - PRD 97 (2021) 11, 115009]
- $n = 4$ **Non-SUSY Spin-3/2 DM** + sterile neutrino $\sigma \propto s^2/(m_{3/2}m_R M_{\text{Pl}})^2$
[M A. G. Garcia, Y. Mambrini, K. A. Olive, S. Verner - PRD 102 (2020) 8, 083533]



UV freeze-in from scattering

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[M A. G. Garcia, Y. Mambrini, K. A. Olive, S. Verner - PRD 102 (2020) 8, 083533]
- $n \geq 6$ **Constructions inspired by modified gravity**
[N. Bernal, M. Dutra, Y. Mambrini, K. Olive, M. Peloso, **MP** - PRD 97 (2018) 11, 115020]
[P. Anastasopoulos, K. Kaneta, Y. Mambrini, **MP** - PRD 102 (2020) 5, 055019]
[P. Brax, K. Kaneta, Y. Mambrini, **MP** - PRD 103 (2021) 5, 015028]
[P. Brax, K. Kaneta, Y. Mambrini, **MP** - PRD 103 (2021) 5, 115016]

UV freeze-in from scattering ($n < 6$)

$$f_\chi(p, t) d^3\mathbf{p} \simeq \left(\frac{6b}{g_{*s}^{\text{reh}}}\right)^{1/2} \frac{3 \cdot 2^{n+6} \Gamma(\frac{n+4}{2}) g_A g_B g_\psi M_P T_{\text{reh}}^{n+1}}{5(2\pi)^3 \Lambda^{n+2}} \left(\frac{a_0}{a(t)}\right)^3 T_\star^3 \bar{f}_{\text{TF}}^{(n)}(q) d^3\mathbf{q}$$

$$T_\star = \left(\frac{g_{*s}^0}{g_{*s}^{\text{reh}}}\right)^{1/3} T_0$$

- **Mild** dependence on progenitor **spin**

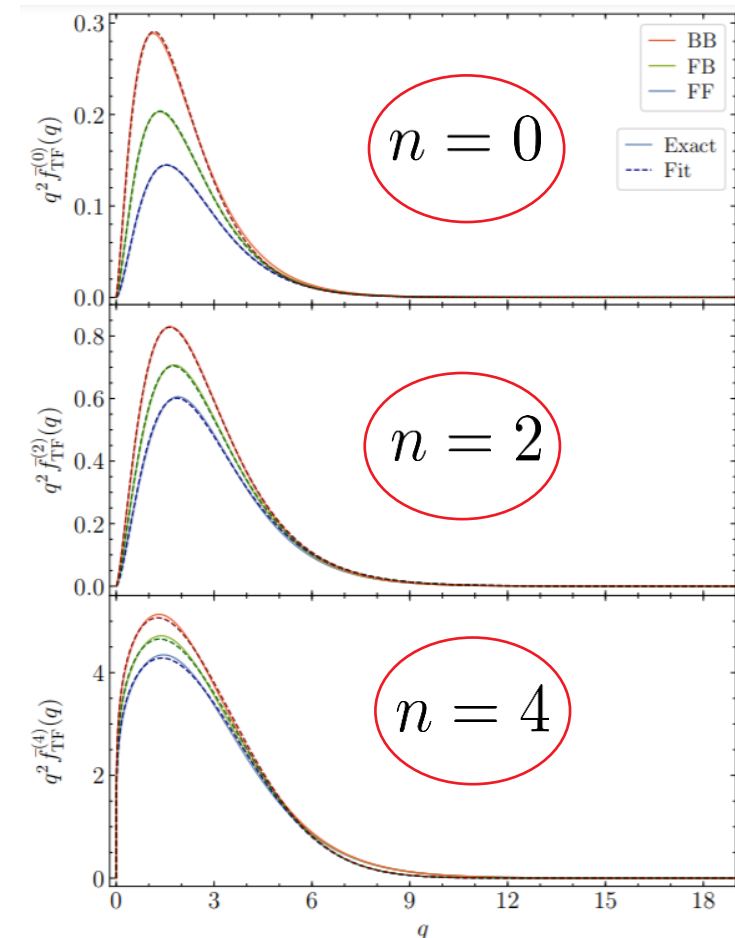
B : Bose-Einstein

F : Fermi-Dirac

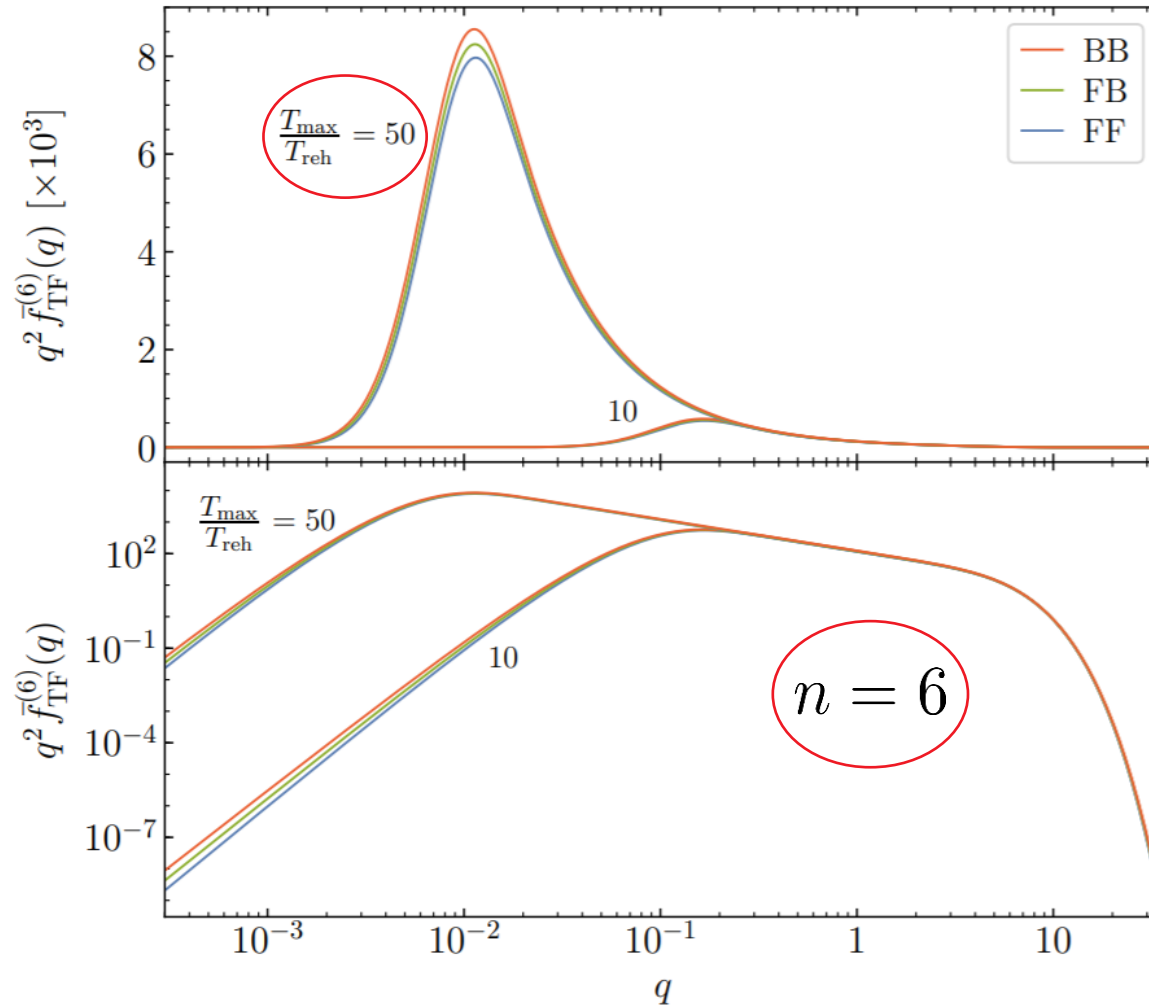
- **Maxwell-Boltzmann** \simeq **FB**

- Not thermal but well **fitted** by

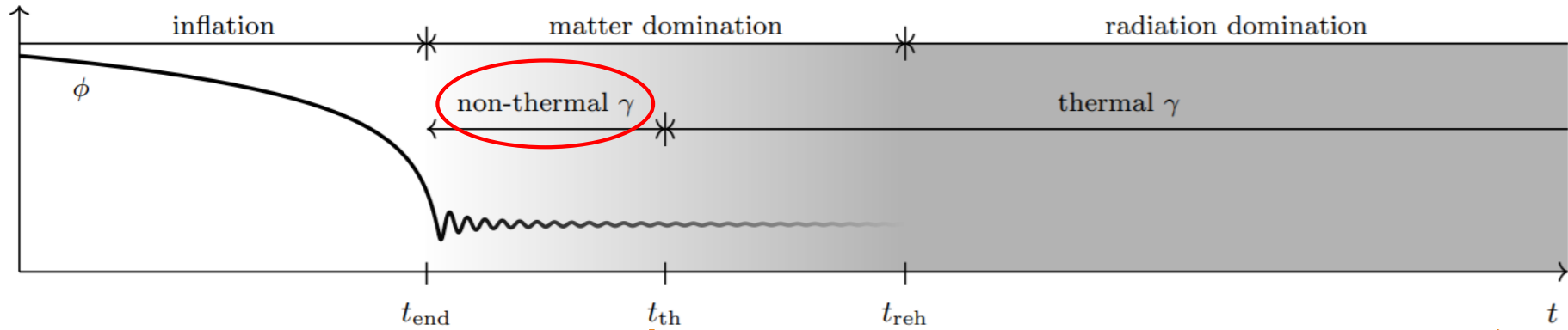
$$f(q) \propto q^\alpha \exp(-\beta q^\gamma)$$



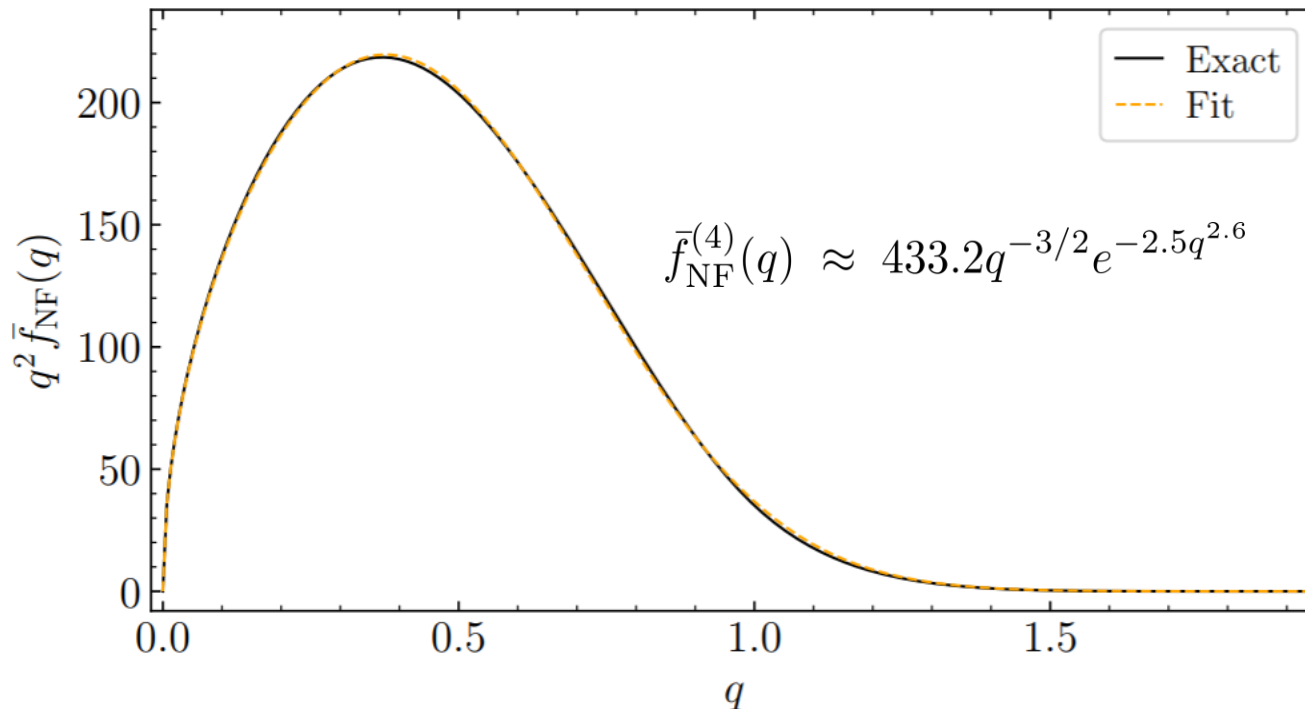
UV freeze-in from scattering ($n = 6$)



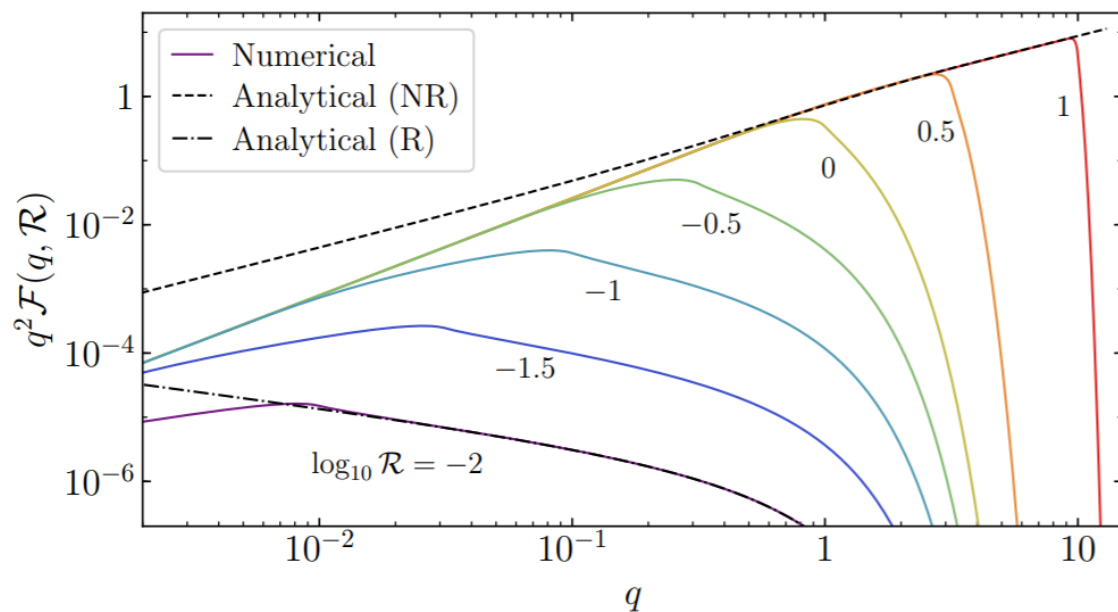
Non-thermal UV freeze-in ($n = 4$)



[M. A. G. Garcia & M. A. Amin Phys. Rev. D 98, 103504 (2018)]

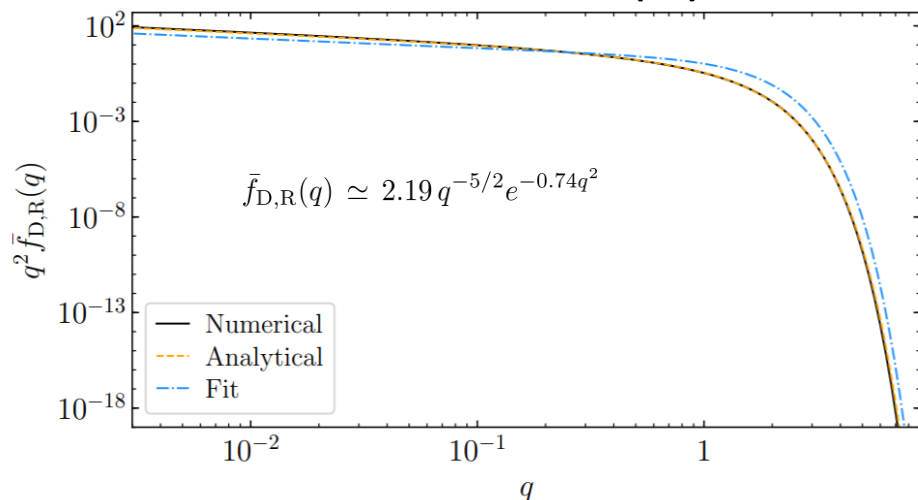


Freeze-in via decay $\phi \rightarrow A \rightarrow \chi$

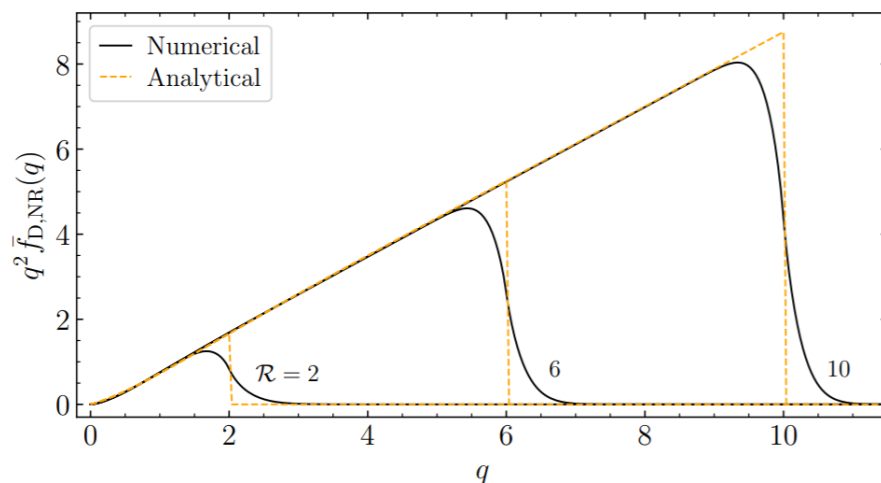


$$\mathcal{R} \equiv \left(\frac{g_{*s}^{\text{reh}}}{g_{*s}^{\text{dec}}} \right)^{1/3} \frac{m_A T_{\text{reh}}}{m_\phi T_{\text{dec}}} \propto \frac{m_A}{\langle p \rangle}$$

Relativistic limit (R) $\mathcal{R} \ll 1$

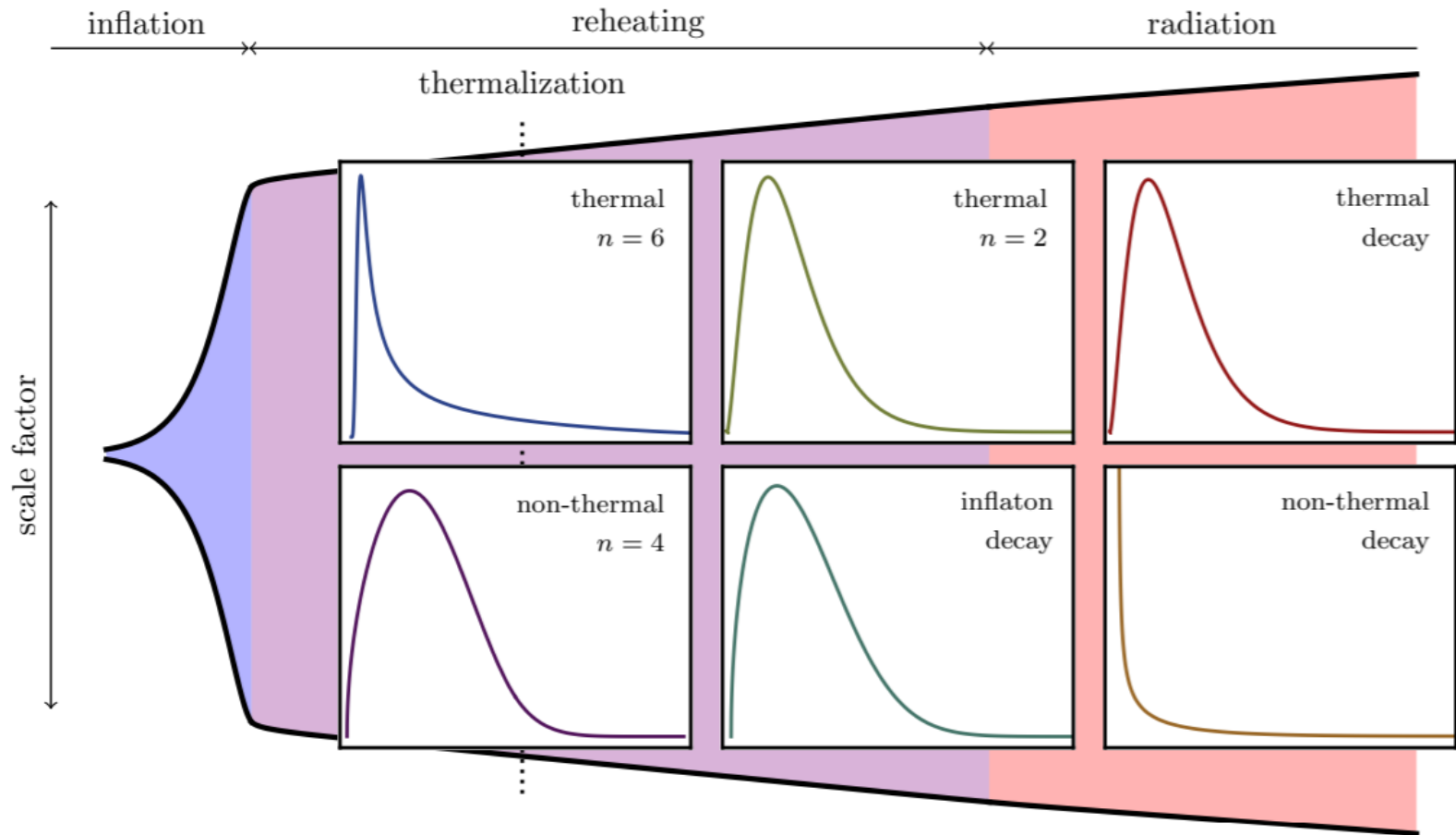


Non-relativistic limit (NR) $\mathcal{R} \gg 1$



Summary

- Phase space distribution of out-of-equilibrium DM



What is the cosmological imprint of out-of-equilibrium dark matter?

Cosmological imprint

Cosmological imprint

- **Cosmological role** of out-of-equilibrium dark matter via

$$\bar{\rho} = 4\pi \left(\frac{T_\star}{a}\right)^4 \int q^2 \epsilon \bar{f}(q) dq$$


energy-density

$$\bar{P} = \frac{4\pi}{3} \left(\frac{T_\star}{a}\right)^4 \int q^2 \frac{q^2}{\epsilon} \bar{f}(q) dq$$

pressure

$$q \equiv \frac{p a(t)}{T_\star} : \text{comoving momentum}$$

$$\epsilon = \sqrt{q^2 + \left(\frac{m_{\text{DM}} a}{T_\star}\right)^2}$$

- Define $w \equiv \bar{P}/\bar{\rho}$: **equation-of-state parameter**
- In pure Λ CDM : $w = 0$ precisely (**Cold = pressureless**)
- But $w \neq 0$!  **Non-Cold Dark Matter cosmology**

Non-Cold Dark Matter $w \neq 0$

- Expanding quantities around **homogenous background**

$$f(\mathbf{x}, \mathbf{p}, \tau) = \bar{f}(|\mathbf{p}|, \tau)[1 + \Psi(\mathbf{x}, \mathbf{p}, \tau)]$$

- In matter domination, matter **overdensities** δ follow

$$\ddot{\delta} + \mathcal{H}\dot{\delta} - \frac{3}{2}\mathcal{H}^2 \left(1 - \frac{k^2}{k_{\text{FS}}^2}\right) \delta = 0 \quad w \ll 1$$

where $k_{\text{FS}}^2(a) = \frac{9}{10} \frac{\mathcal{H}^2}{w(a)}$ is the **Free-Streaming wavenumber**



$d\tau \equiv a dt$: **Conformal time** τ

$\mathcal{H} \equiv a H$: **Conformal Hubble rate**

$w \equiv \bar{P}/\bar{\rho}$: **Equation-of-state parameter**

[C. Ma & E. Bertschinger. ApJ 455 (1995) 7-25]

[J. Lesgourgues & T. Tram, JCAP 09 (2011) 032]

[M. Kunz, S. Nesseris, I. Sawicki, PRD 94, 023510 (2016)]

[G. Ballesteros, M. A. G. Garcia & **MP**, 2011.13458]

Non-Cold Dark Matter $w \neq 0$

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where $k_{\text{FS}}^2(a) = \frac{9}{10} \frac{\mathcal{H}^2}{w(a)}$ is the **Free-Streaming wavenumber**

- If $w = 0$ all modes grow “**democratically**” : **CDM** limit
 $w \neq 0$ **cutoff in power spectrum** at $k_{\text{H}}(a) \equiv \left[\int_0^a \frac{1}{k_{\text{FS}}(\tilde{a})} \frac{d\tilde{a}}{\tilde{a}} \right]^{-1}$
- Only w controls the cutoff scale!**

$d\tau \equiv a dt$: **Conformal time** τ

$\mathcal{H} \equiv a H$: **Conformal Hubble rate**

$w \equiv \bar{P}/\bar{\rho}$: **Equation-of-state parameter**

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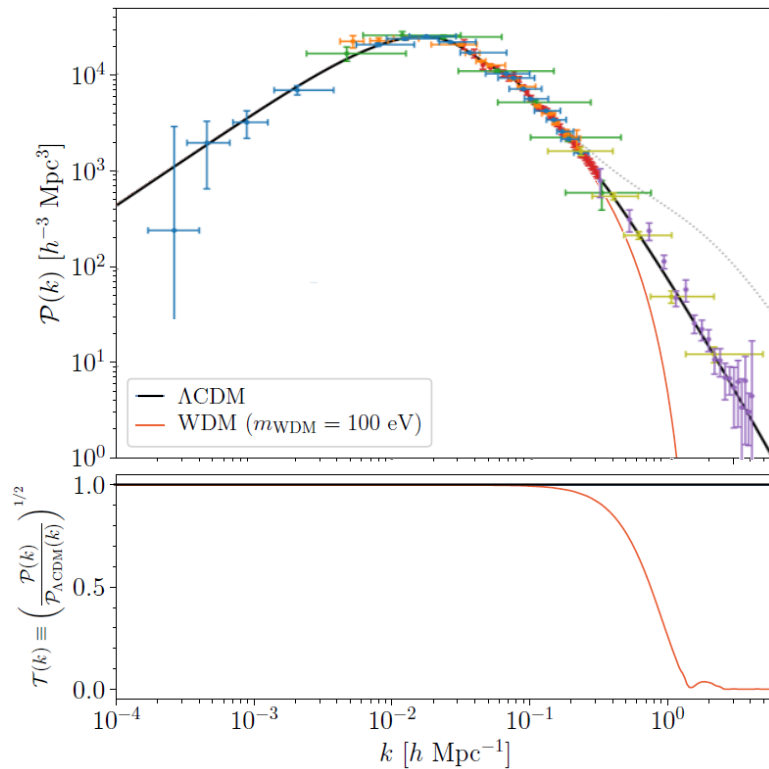
[M. Kunz, S. Nesseris, I. Sawicki, PRD 94, 023510 (2016)]

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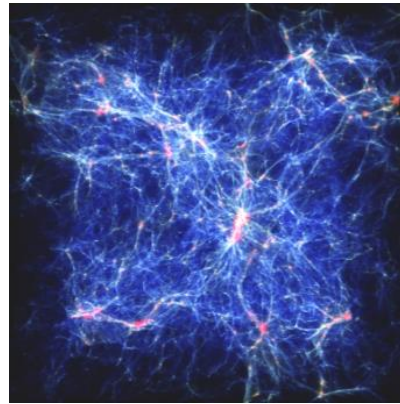
Non-Cold Dark Matter $w \neq 0$

- Lyman-alpha forest constraints Warm Dark Matter (**WDM**)

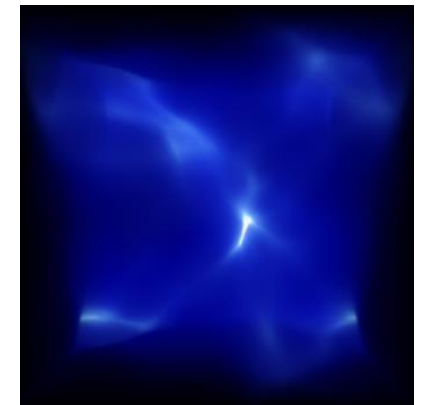
$$\bar{f}_{\text{WDM}}(q) = \frac{1}{1 + e^{q/T_{\text{WDM}}}} \quad \longrightarrow \quad \Omega_{\text{WDM}} h^2 \simeq \left(\frac{m_{\text{WDM}}}{94 \text{ eV}} \right) \left(\frac{T_{\text{WDM}}}{T_\nu} \right)^3 \simeq 0.12$$



ΛCDM



WDM



$m_{\text{WDM}} = 100 \text{ eV}$

[J. Baur, N. Palanque-Delabrouille, C. Yèche, C. Magneville, M. Viel, JCAP 08 (2016) 012]

How warm is Non-Cold Dark Matter?

- From **Lyman-alpha** forest $m_{\text{WDM}}^{\text{Ly}-\alpha} = (1.9 - 5.3) \text{ keV}$ at 95% C.L.

[Braur et al. JCAP 08 (2016) 012 – Iršič et al. PRD 96 (2017) 2, 023522
Palanque Delabrouille et al. JCAP 04 (2020) 038 – Viel et al. PRD 88 (2013) 043502
Viel et al. PRD 71 (2005) 063534 – Narayanan et al. ApJ 543 (2000) L103-L106]

$$w_{\text{WDM}}(a) \simeq 6 \times 10^{-15} a^{-2} \left(\frac{\text{keV}}{m_{\text{WDM}}} \right)^{8/3} \quad \longrightarrow \quad w_{\text{WDM}}(a = 1) < 10^{-15}$$

- Constraints much **stronger** than **CMB!** $w_{\text{WDM}}(a = 1) < 10^{-10}$
[M. Kunz, S. Nesseris, I. Sawicki, PRD 94, 023510 (2016)]

- How **cold** are **WIMPs** ?

$$w(a) \simeq 10^{-29} \left(\frac{1}{a^2} \right) \left(\frac{20 T_F}{m_{\text{DM}}} \right) \left(\frac{100 \text{ GeV}}{m_{\text{DM}}} \right)^2 \left(\frac{100}{g_*^F} \right)^{2/3} \quad \longrightarrow$$



- How to translate **Lyman-alpha WDM** bounds on any **DM**?


$$w(m_{\text{DM}}) = w_{\text{WDM}}(m_{\text{WDM}}^{\text{Ly}-\alpha})$$

[S. Colombi, S. Dodelson, L. M. Widrow ApJ. 458 (1996) 1 - Kamada, N. Yoshida, K. Kohri, T. Takahashi JCAP 03 (2013) 008
K. J. Bae, R. Jinno, A. Kamada, K. Yanagi JCAP 03 (2020) 042 - A. Kamada & K. Yanagi JCAP 1911 (2019) 029]

How warm is Non-Cold Dark Matter?

w – matching

$$w \simeq \frac{\delta P}{\delta \rho} = \frac{T_\star^2}{3m_{\text{DM}}^2} \frac{\langle q^2 \rangle}{a^2}$$

$$m_{\text{DM}} = m_{\text{WDM}}^{\text{Ly}-\alpha} \left(\frac{T_\star}{T_{\text{WDM}}} \right) \sqrt{\frac{\langle q^2 \rangle}{\langle q^2 \rangle_{\text{WDM}}}}$$


- Compute **2nd moment of distribution** + **determine T_\star**
- If **distribution** can be fitted by $f(q) \propto q^\alpha \exp(-\beta q^\gamma)$

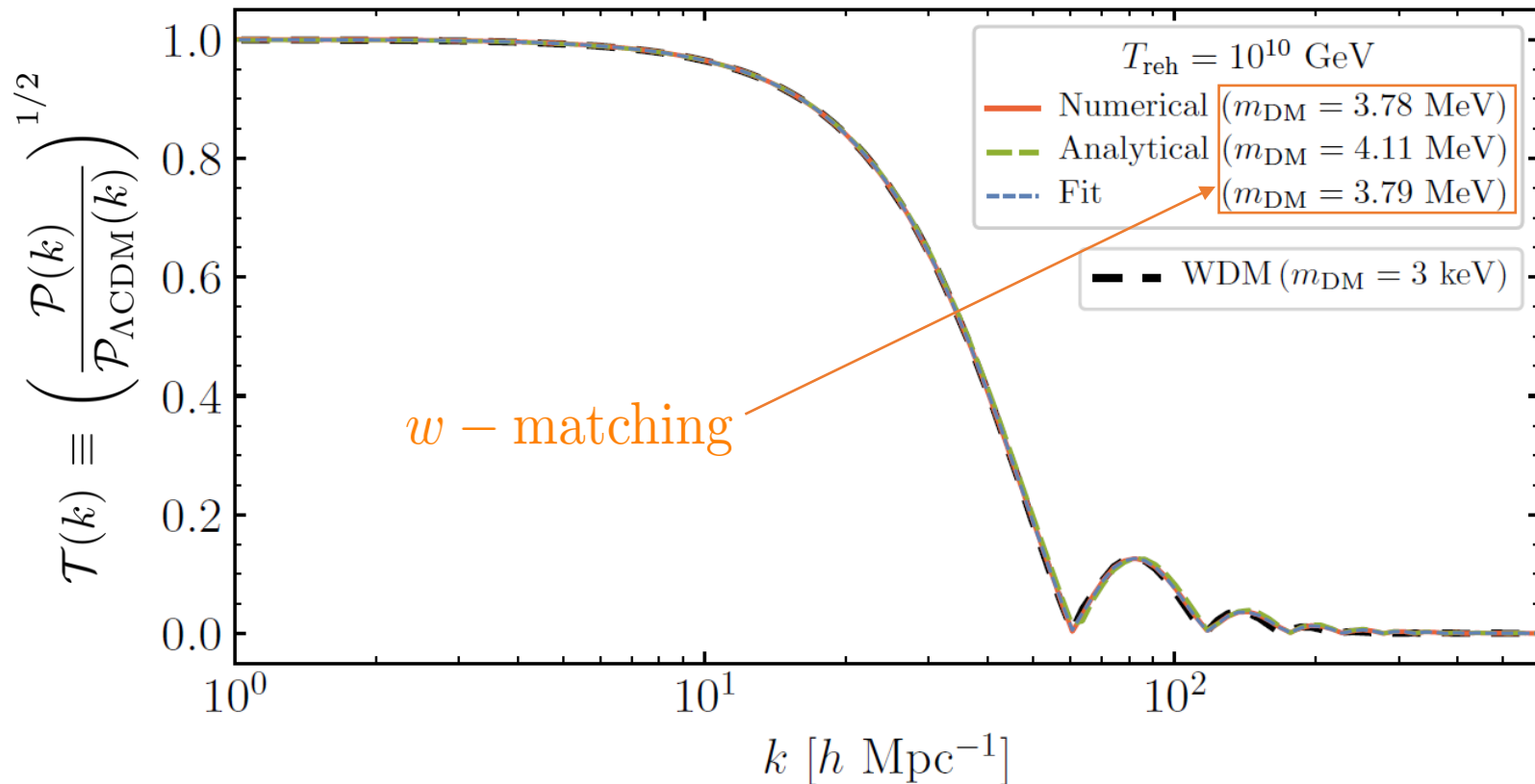
w – matching \longrightarrow

$$m_{\text{DM}} \simeq 7.56 \text{ keV} \left(\frac{m_{\text{WDM}}^{\text{Ly}-\alpha}}{3 \text{ keV}} \right)^{4/3} \left(\frac{\langle p \rangle_0}{T_0} \right) \sqrt{\frac{\Gamma\left(\frac{3+\alpha}{\gamma}\right) \Gamma\left(\frac{5+\alpha}{\gamma}\right)}{\Gamma^2\left(\frac{4+\alpha}{\gamma}\right)}}$$

How warm is Non-Cold Dark Matter?

- Example: **inflaton decay** case computed using **CLASS**

[D. Blas, J. Lesgourgues & T. Tram JCAP 07 (2011) 034 - J. Lesgourgues & T. Tram, JCAP 09 (2011) 032]



- **Excellent agreement with *w* - matching for all distributions!**

Inflaton decay

- **Lyman-alpha** bounds translate into

$$m_{\text{DM}} \gtrsim \left(\frac{m_{\text{WDM}}^{\text{Ly}-\alpha}}{3 \text{ keV}} \right)^{4/3} \left(\frac{106.75}{g_{*s}^{\text{reh}}} \right)^{1/3} \left(\frac{m_\phi}{3 \times 10^{13} \text{ GeV}} \right) \left(\frac{10^{10} \text{ GeV}}{T_{\text{reh}}} \right) \begin{cases} 3.78 \text{ MeV}, & \text{Numerical,} \\ 4.11 \text{ MeV}, & \text{Analytical,} \\ 3.79 \text{ MeV}, & \text{Fit.} \end{cases}$$

- For **low reheating temperature** $T_{\text{reh}} \ll m_\phi$

$$m_{\text{DM}} \gtrsim \text{EeV}$$

- **Combining with relic density condition**

$$\text{Br}_\chi < 1.5 \times 10^{-4} \left(\frac{g_{*s}^{\text{reh}}}{106.5} \right)^{1/3} \left(\frac{3 \text{ keV}}{m_{\text{WDM}}^{\text{Ly}-\alpha}} \right)^{4/3}$$

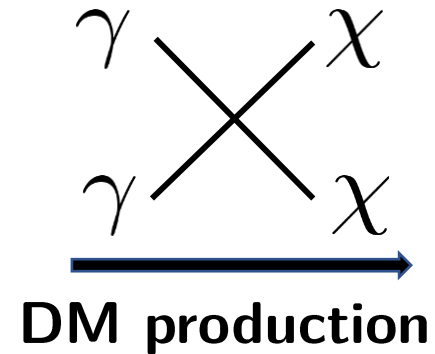
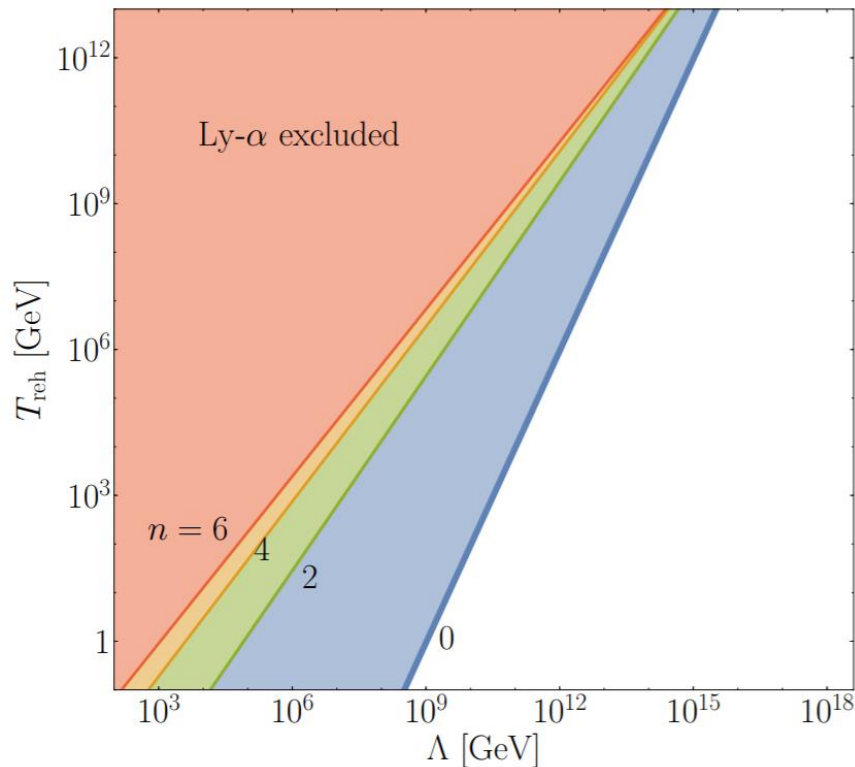
- Even if $\phi \not\rightarrow \chi\chi$, since $\gamma\gamma \rightarrow \chi\chi$ then $\phi \rightarrow \gamma \rightarrow \chi\chi$

[K. Kaneta, Y. Mambrini & Keith A. Olive Phys.Rev.D 99 (2019) 6, 063508]

UV freeze-in via scattering

$$m_{\text{DM}} \gtrsim \left(\frac{m_{\text{WDM}}^{\text{Ly-}\alpha}}{3 \text{ keV}} \right)^{4/3} \left(\frac{106.75}{g_{*s}^{\text{reh}}} \right)^{1/3} \begin{cases} 7.27 \text{ (7.17) keV,} & \text{FF Numerical (Fit), } n = 0 \\ 8.48 \text{ (8.73) keV,} & \text{FF Numerical (Fit), } n = 2 \\ 8.52 \text{ (8.05) keV,} & \text{FF Numerical (Fit), } n = 4 \end{cases}$$

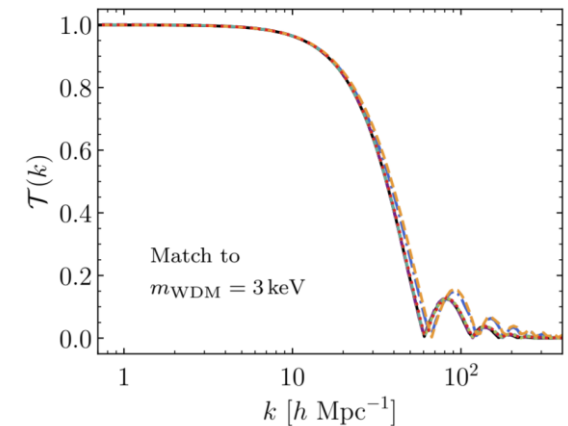
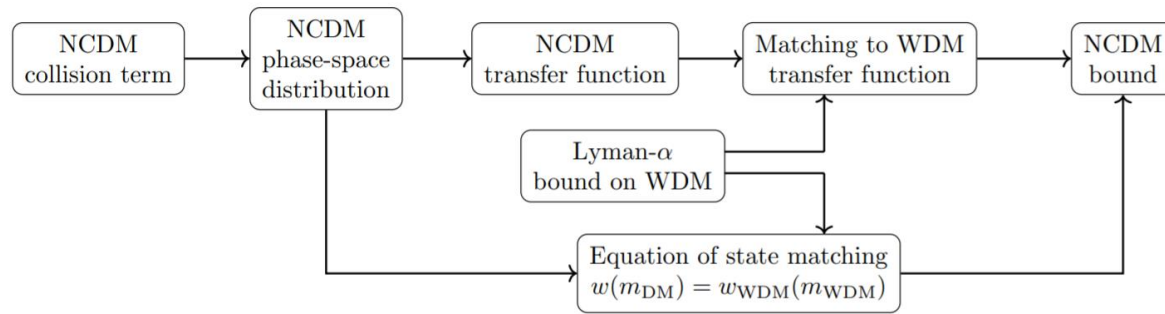
- Combine with relic density condition



$$\sigma(s) = \frac{s^{\frac{n}{2}}}{\Lambda^{n+2}}$$

- Apply to any UV freeze-in model!

Summary



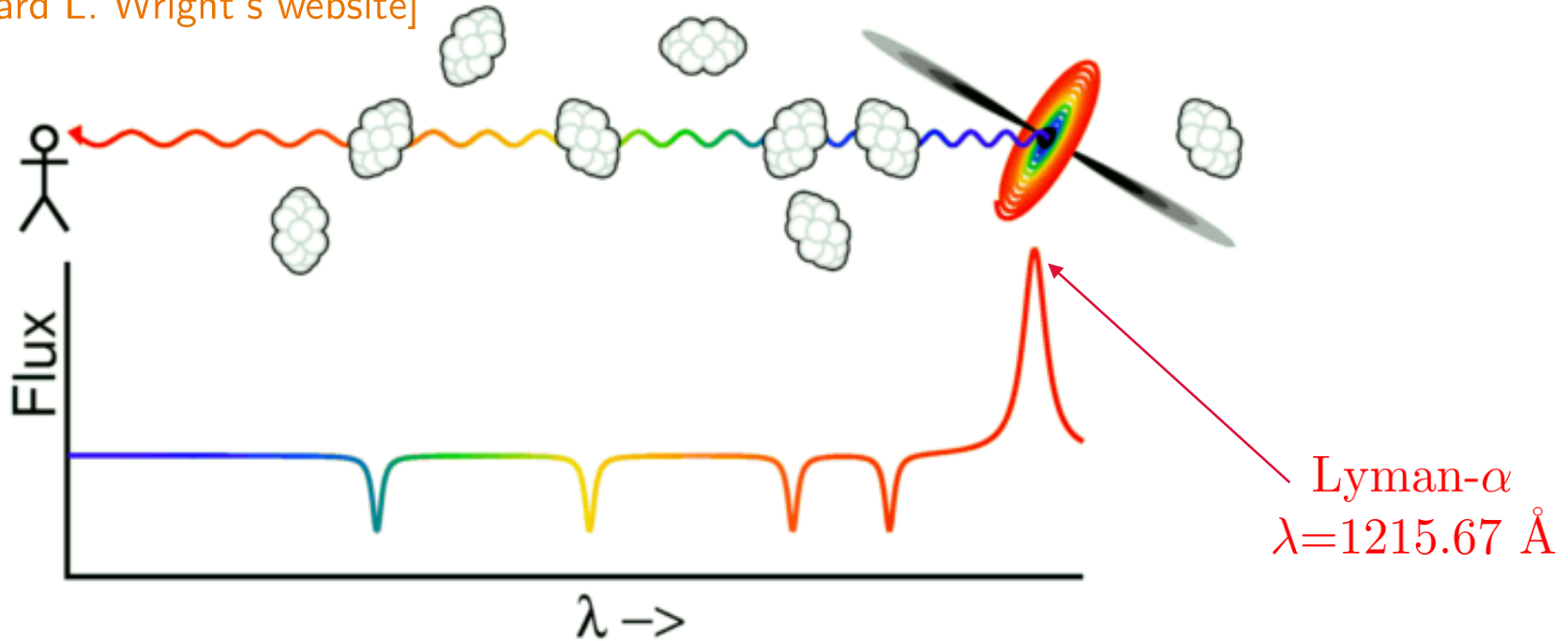
- Lyman-alpha is a **powerful tool to probe out-of-equilibrium dark matter and early universe dynamics**
- Many more cases **in the paper!** [[arXiv:2011.13458](https://arxiv.org/abs/2011.13458)]
- Dark matter is **cold**.

Thank you for your attention

Back-up Slides

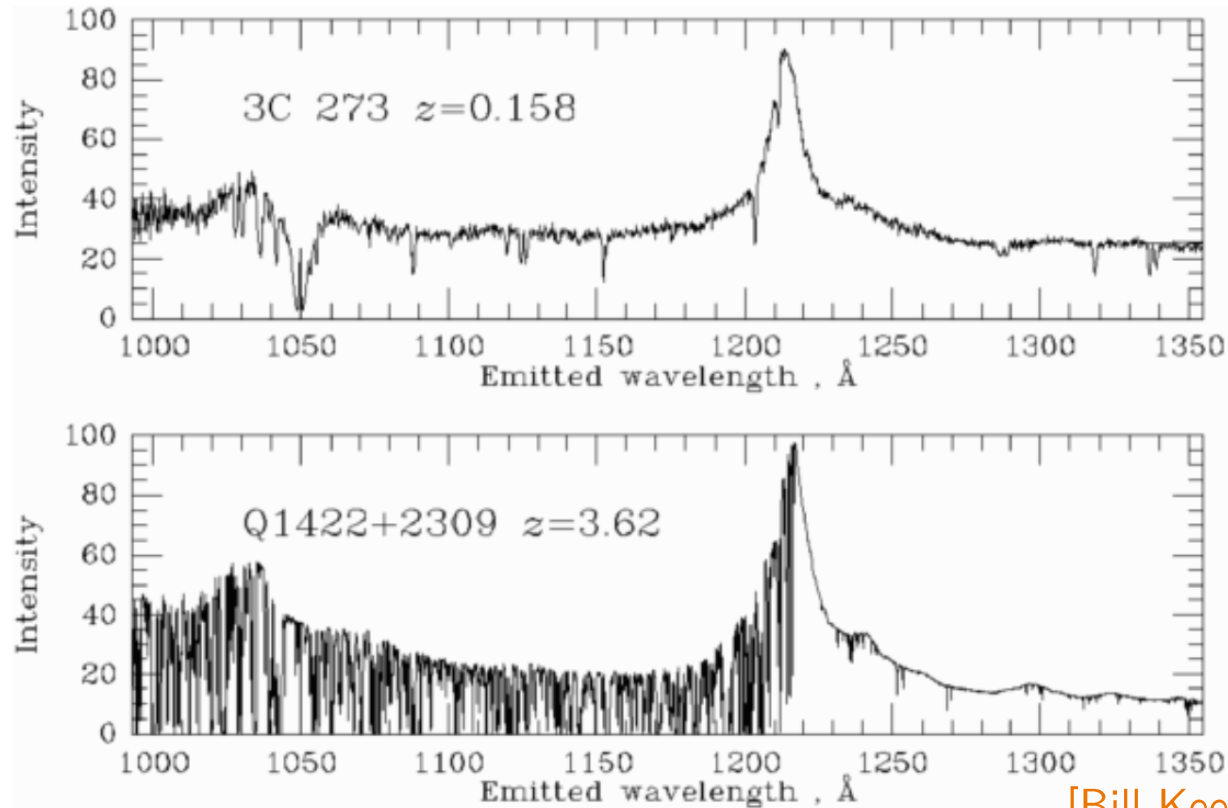
Lyman-alpha forest

[Edward L. Wright's website]



- Quasi-Stellar Objects (QSO) are luminous astrophysical objects powered by gas spiraling at high velocity into an massive black hole
- Light emitted by distant QSO is absorbed in foreground structures
- Allows for a 1D measure of overdensities along line of sight

Lyman-alpha forest



[Bill Keel's website]

- Comparison of QSO spectra at low and high redshift in QSO rest frame

NCDM Cosmology

- Expand around (homogenous) **background quantities**

$$f(\mathbf{x}, \mathbf{p}, \tau) = \bar{f}(|\mathbf{p}|, \tau)[1 + \Psi(\mathbf{x}, \mathbf{p}, \tau)]$$

- Expand **fluctuations** in term of **Legendre polynomials**

$$\Psi(\mathbf{k}, \hat{\mathbf{n}}, q, \tau) = \sum_{\ell=0}^{\infty} (-i)^{\ell} (2\ell + 1) \Psi_{\ell}(\mathbf{k}, q, \tau) P_{\ell}(\hat{\mathbf{k}} \cdot \hat{\mathbf{n}})$$

- Express **fluctuations** in terms of **Legendre coefficients**

$$\delta\bar{\rho} = 4\pi \left(\frac{T_{\star}}{a}\right)^4 \int q^2 \epsilon \bar{f}(q) \Psi_0 dq, \quad \text{energy density fluctuation}$$

$$\delta\bar{P} = \frac{4\pi}{3} \left(\frac{T_{\star}}{a}\right)^4 \int q^2 \frac{q^2}{\epsilon} \bar{f}(q) \Psi_0 dq, \quad \text{pressure (density) fluctuation}$$

$$(\bar{\rho} + \bar{P})\theta = 4\pi k \left(\frac{T_{\star}}{a}\right)^4 \int q^3 \bar{f}(q) \Psi_1 dq, \quad \text{velocity divergence}$$

$$(\bar{\rho} + \bar{P})\sigma = \frac{8\pi k}{3} \left(\frac{T_{\star}}{a}\right)^4 \int q^2 \frac{q^2}{\epsilon} \bar{f}(q) \Psi_2 dq, \quad \text{anisotropic stress.}$$

NCDM Cosmology

- The phase space distribution satisfies **collisionless Boltzmann equation**

$$\frac{\partial f}{\partial \tau} + \frac{dx^i}{d\tau} \frac{\partial f}{\partial x^i} + \frac{dq}{d\tau} \frac{\partial f}{\partial q} + \frac{dn_i}{d\tau} \frac{\partial f}{\partial n_i} = 0,$$

- Plugging** distribution expansion in **Legendre polynomials** give

$$\dot{\Psi}_0 = -\frac{qk}{\epsilon} \Psi_1 + \frac{1}{6} \dot{h} \frac{d \ln \bar{f}}{d \ln q},$$

$$\dot{\Psi}_1 = \frac{qk}{3\epsilon} (\Psi_0 - 2\Psi_2),$$

$$\dot{\Psi}_2 = \frac{qk}{5\epsilon} (2\Psi_1 - 3\Psi_3) - \left(\frac{1}{15} \dot{h} + \frac{2}{5} \dot{\eta} \right) \frac{d \ln \bar{f}}{d \ln q},$$

$$\dot{\Psi}_\ell = \frac{qk}{(2\ell + 1)\epsilon} (\ell \Psi_{\ell-1} - (\ell + 1) \Psi_{\ell+1}), \quad [\ell \geq 3]$$

$$ds^2 = a(\tau) (-d\tau^2 + (\delta_{ij} + h_{ij}) dx^i dx^j)$$

in **synchronous** gauge $h \equiv h_{ii}$

For a non-relativistic species, higher multipoles are typically suppressed by (positive) powers of $q/\epsilon \sim p/m_{\text{DM}}$, making any Ψ_ℓ with $\ell \geq 2$ much smaller than Ψ_0 and Ψ_1 . In this case, the Boltzmann hierarchy can be truncated imposing $\Psi_\ell = 0$ for $\ell > 1$. In this (non-relativistic) case Ψ_0 depends only mildly on the variable q , and the integrals are dominated by the low $q \ll \epsilon$ regime so that we can identify $\delta P / \delta \rho \simeq \bar{P} / \bar{\rho} = w$.

NCDM Cosmology

- **Neglecting higher multipoles**, for very **non-relativistic DM**, integrating over momenta gives

$$\dot{\delta} = -(1+w)\left(\theta + \frac{\dot{h}}{2}\right) - 3\mathcal{H}(\hat{c}_s^2 - w)\delta + 9\mathcal{H}^2(1+w)(\hat{c}_s^2 - c_a^2)\frac{\theta}{k^2},$$

$$\dot{\theta} = -\mathcal{H}(1 - 3\hat{c}_s^2)\theta + \frac{\hat{c}_s^2}{1+w}k^2\delta,$$

- In **matter domination**, from **Einstein equations**, metric perturbation follow

$$\ddot{h} + \mathcal{H}\dot{h} + 3(1+3w)\mathcal{H}^2\delta = 0,$$

- Which can be translated to evolution of **matter density fluctuations**

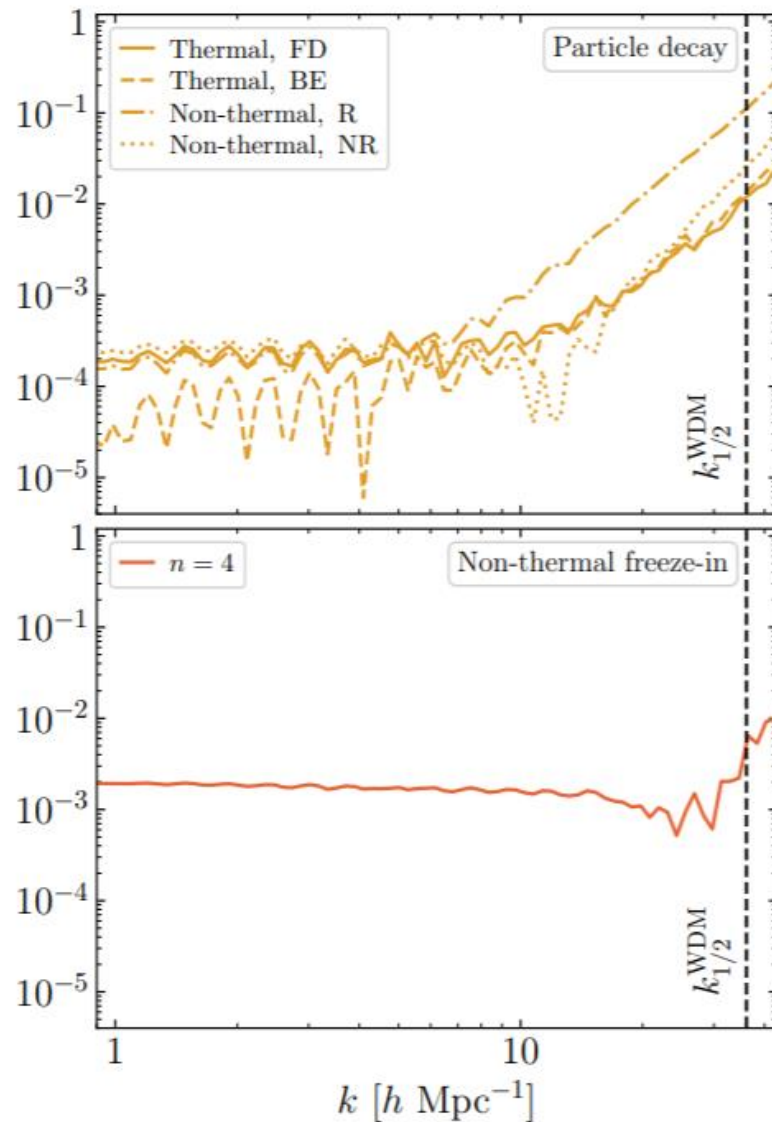
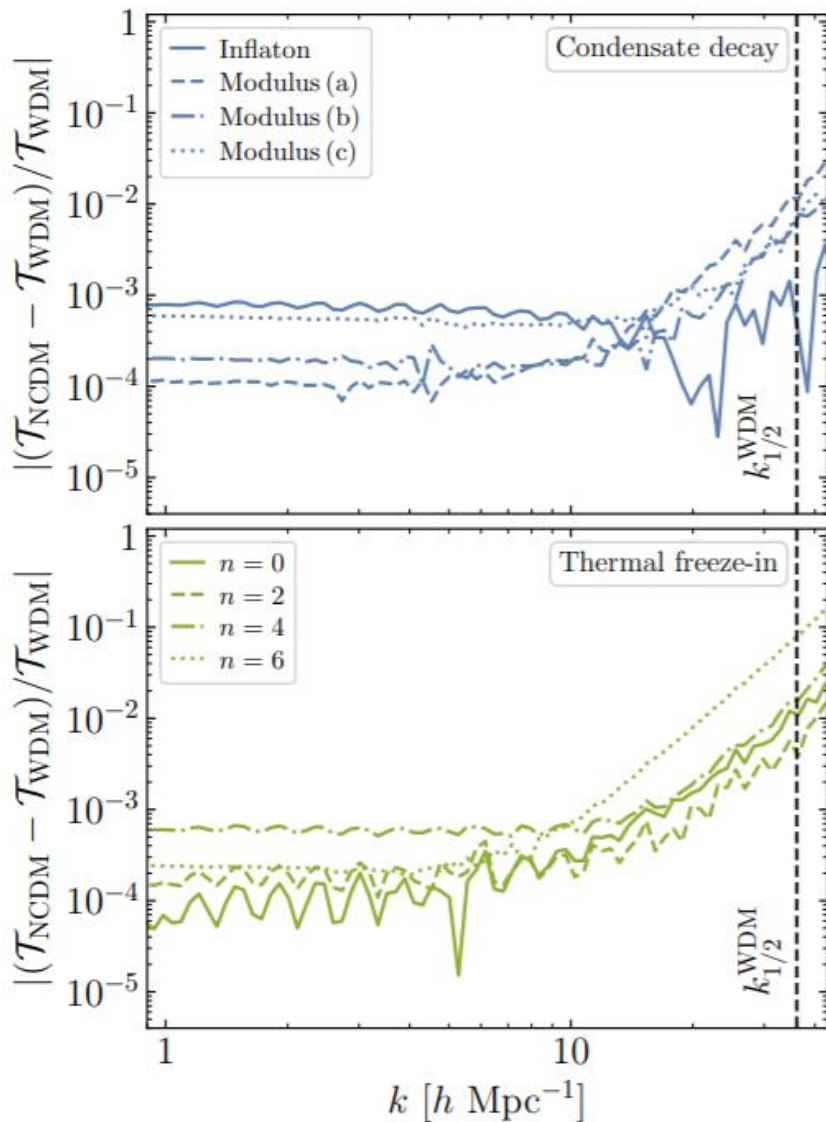
$$\ddot{\delta} + \mathcal{H}\dot{\delta} - \frac{3}{2}\mathcal{H}^2\left(1 - w\frac{10}{9}\frac{k^2}{\mathcal{H}^2}\right)\delta = 0.$$

General phase space distribution

$$f(q) \propto q^\alpha \exp(-\beta q^\gamma)$$

Scenario		α	β	γ
Inflaton decay		-3/2	0.74	1.00
Moduli decay	during reheating	-3/2	1.00	3/2
	after reheating	-1.00	1.00	2.00
Thermal decay		-1/2	1.00	1.00
Non-thermal decay	non-relativistic	-	-	-
	relativistic	-5/2	0.74	2.00
UV Freeze-in ($n = 0$)	BB	0.70	1.13	1.00
	FB	0.51	1.10	1.00
	FF	0.29	1.11	1.00
UV Freeze-in ($n = 2$)	BB	0.51	0.91	1.00
	FB	0.42	0.90	1.00
	FF	0.33	0.90	1.00
UV Freeze-in ($n = 4$)	BB	0.21	0.06	1.98
	FB	0.21	0.06	2.04
	FF	0.21	0.05	2.10
UV Freeze-in ($n = 6$)	BB	-	-	-
	FB	-	-	-
	FF	-	-	-
Non-thermal UV Freeze-in		-3/2	2.5	2.6

Precision on transfer functions



Contribution to N_{eff} ?

$$\begin{aligned} \Delta N_{\text{eff}} &= \frac{8}{7} \left(\frac{T}{T_\nu} \right)^4 \frac{\rho_\chi - m_{\text{DM}} n_\chi}{\rho_\gamma} \\ &= \frac{8\pi\Omega_\chi}{7\Omega_\gamma} \left(\frac{g_{*s}(T)}{g_{*s}^0} \right)^{4/3} \left(\frac{T}{T_\nu} \right)^4 \left(\frac{T_\star}{m_{\text{DM}}} \right) \\ &\quad \times \left[\left\langle \sqrt{q^2 + \left(\frac{g_{*s}^0}{g_{*s}(T)} \right)^{2/3} \left(\frac{m_{\text{DM}}}{T_\star} \right)^2 \left(\frac{T_0}{T} \right)^2} \right\rangle - \left(\frac{g_{*s}^0}{g_{*s}(T)} \right)^{1/3} \left(\frac{m_{\text{DM}}}{T_\star} \right) \left(\frac{T_0}{T} \right) \right]. \end{aligned}$$

- **Saturating** the Lyman-alpha bound gives

$$\begin{aligned} \Delta N_{\text{eff,max}} &\simeq \frac{1.4 \times 10^{-4}}{\sqrt{\langle q^2 \rangle}} \left(\frac{g_{*s}(T)}{g_{*s}^0} \right)^{4/3} \left(\frac{\Omega_\chi h^2}{0.1} \right) \left(\frac{3 \text{ keV}}{m_{\text{WDM}}} \right)^{4/3} \left(\frac{T}{T_\nu} \right)^4 \\ &\quad \times \left[\left\langle \sqrt{q^2 + \mu_*(T)^2} \right\rangle - \mu_*(T) \right], \end{aligned}$$

$$\mu_*(T) \equiv \sqrt{\langle q^2 \rangle} \left(\frac{g_{*s}^0}{g_{*s}(T)} \right)^{1/3} \left(\frac{3 \text{ keV}}{m_{\text{WDM}}} \right)^{4/3} \left(\frac{7.56 \text{ keV}}{T} \right).$$

$$\Delta N_{\text{eff}}(T_{\text{BBN}}) \lesssim 5.4 \times 10^{-4} \left(\frac{\langle q \rangle}{\sqrt{\langle q^2 \rangle}} \right) \left(\frac{\Omega_\chi h^2}{0.1} \right) \left(\frac{3 \text{ keV}}{m_{\text{WDM}}} \right)^{4/3},$$