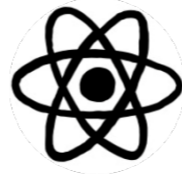
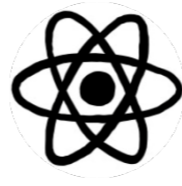
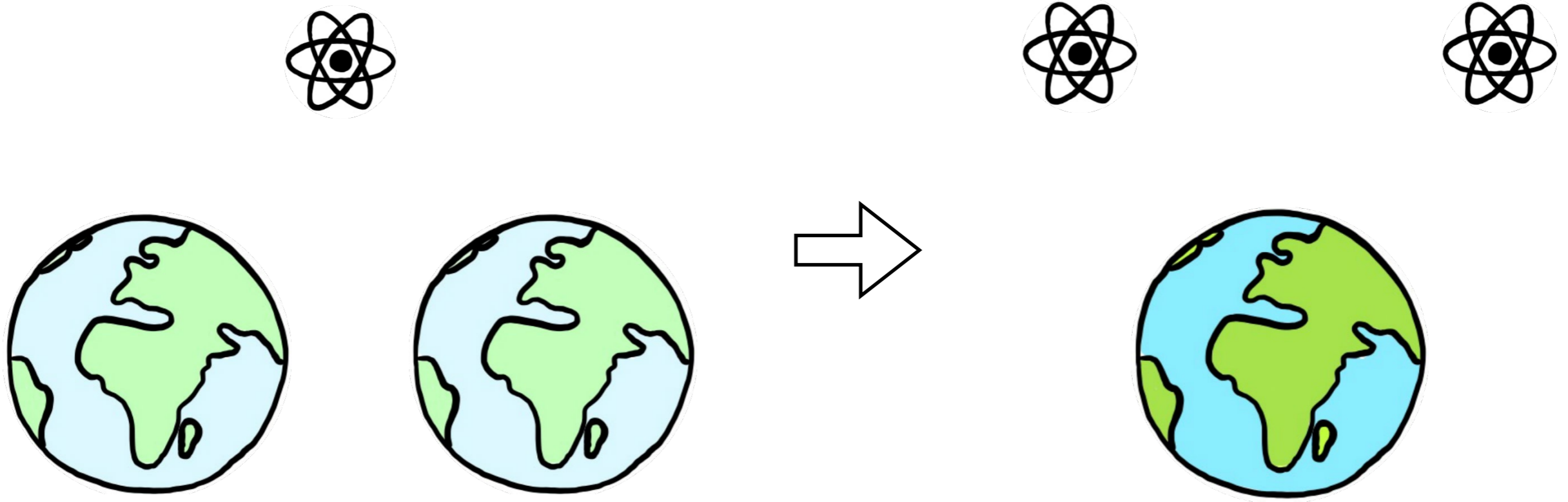


Falling through masses in superposition: Quantum reference frames for indefinite metrics

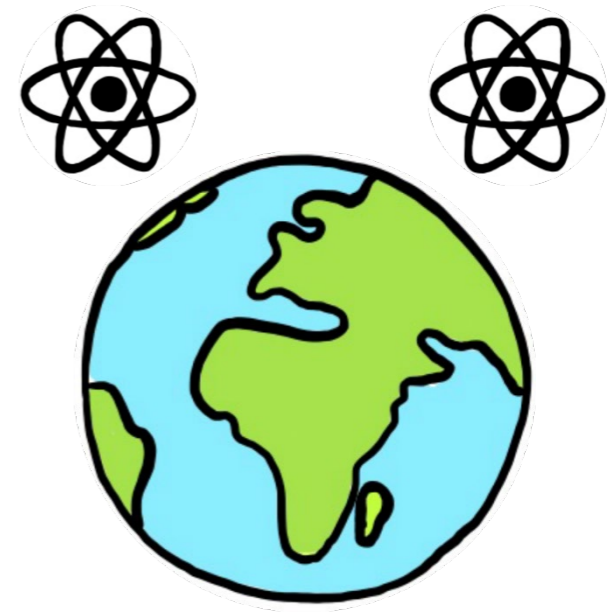
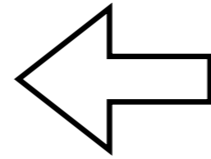
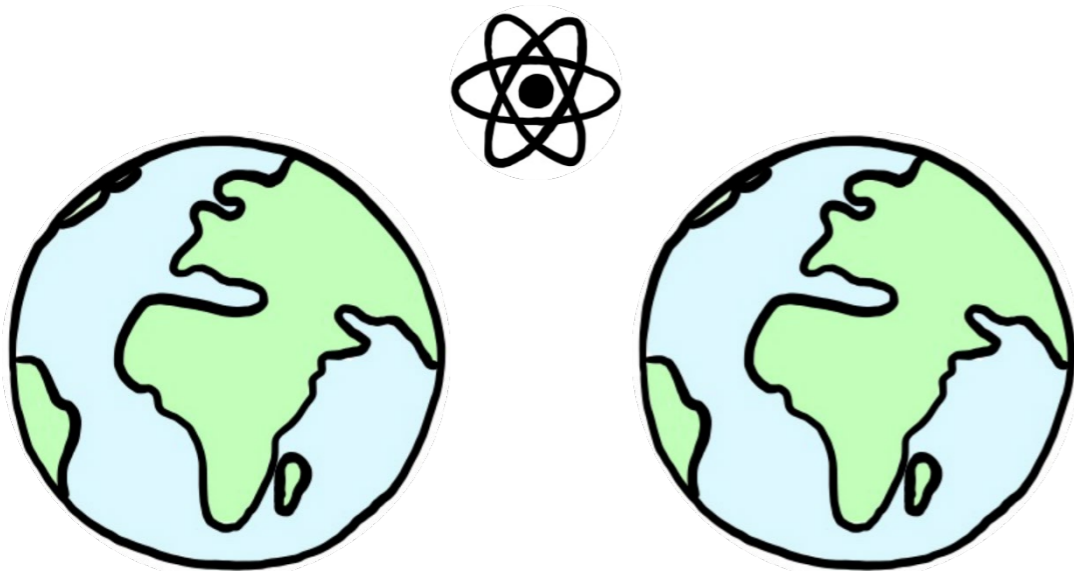
Anne-Catherine de la Hamette, Viktoria Kabel, Esteban Castro and
Časlav Brukner







“Sitting on the Earth”



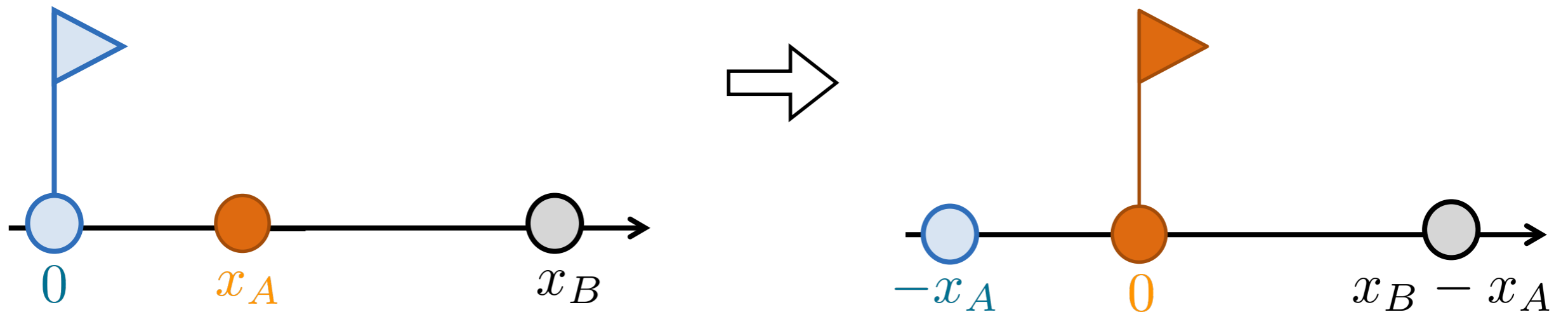
“Sitting on the Earth”

Outline

1. Quantum Reference Frames
 - Formalism
 - Generalised Principle of Covariance
2. Applications
 - Motion of a test particle
 - Time dilation
3. Generalisations
4. Summary & Outlook

Classical Reference Frames

Formalism

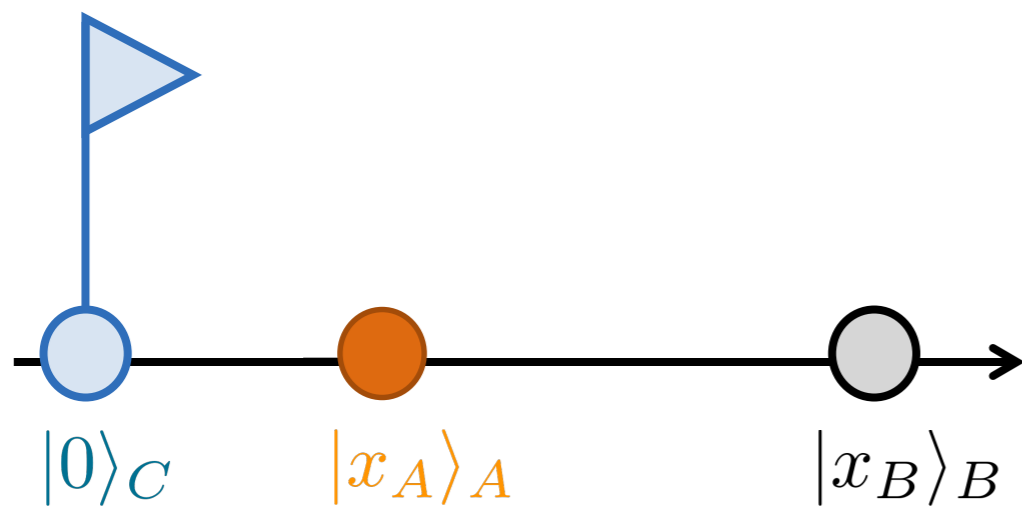


Relational physics (Rovelli):

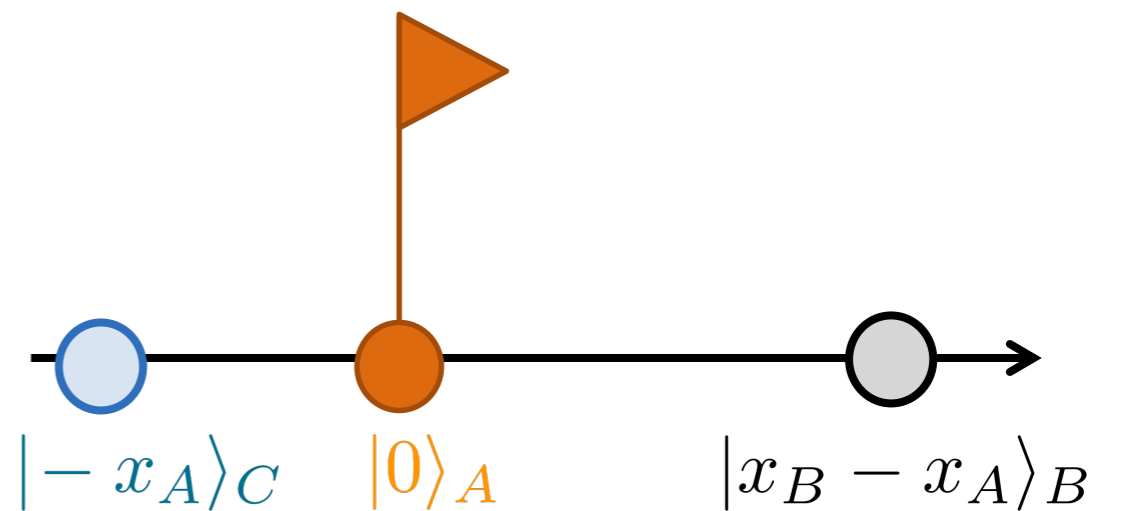
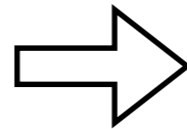
States are defined relative to other physical systems.

Quantum Reference Frames

Formalism



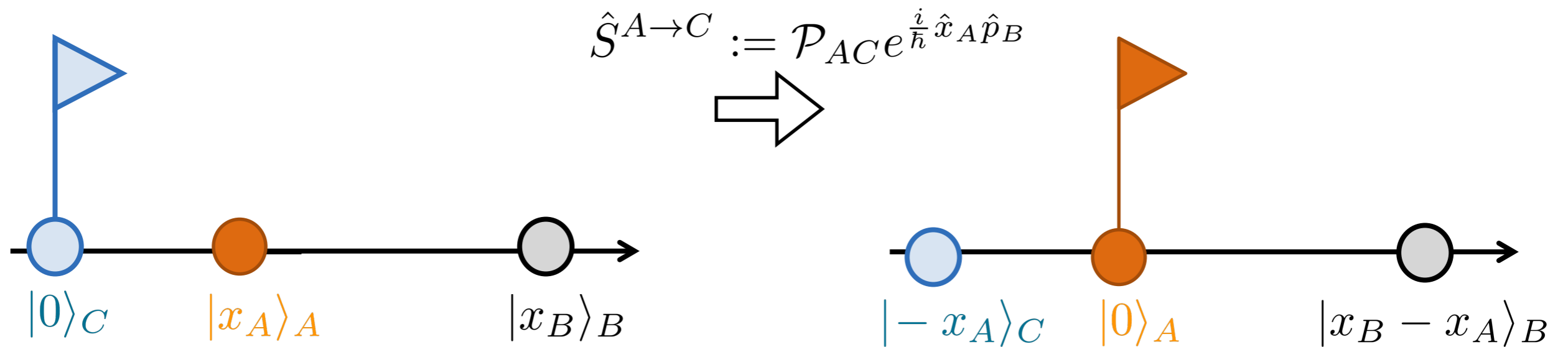
$$|\psi\rangle_{ABC}^{(C)} = |0\rangle_C |x_A\rangle_A |x_B\rangle_B$$



$$\begin{aligned} |\psi\rangle_{ABC}^{(A)} &= |-x_A\rangle_C |0\rangle_A |x_B - x_A\rangle_B \\ &= \mathcal{P}_{AC} |0\rangle_C |x_A\rangle_A e^{\frac{i}{\hbar} x_A \hat{p}_B} |x_B\rangle_B \end{aligned}$$

Quantum Reference Frames

Formalism



$$|\psi\rangle_{ABC}^{(C)} = |0\rangle_C |x_A\rangle_A |x_B\rangle_B$$

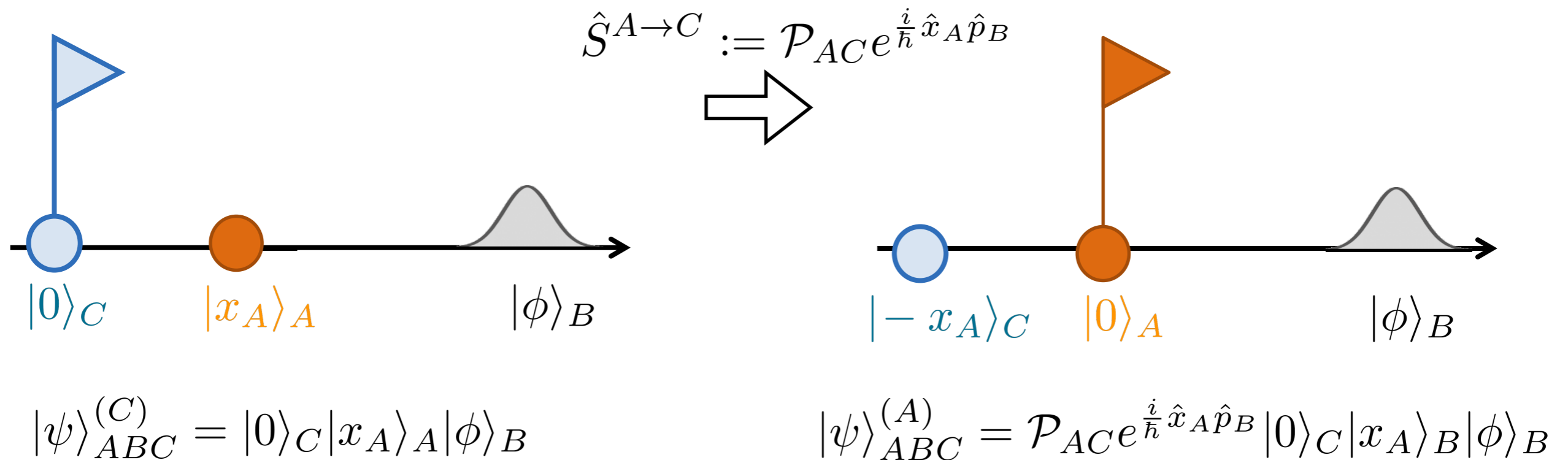
$$\begin{aligned} |\psi\rangle_{ABC}^{(A)} &= |-x_A\rangle_C |0\rangle_A |x_B - x_A\rangle_B \\ &= \mathcal{P}_{AC} |0\rangle_C |x_A\rangle_A e^{\frac{i}{\hbar} x_A \hat{p}_B} |x_B\rangle_B \\ &= \mathcal{P}_{AC} e^{\frac{i}{\hbar} \hat{x}_A \hat{p}_B} |\psi\rangle_{ABC}^{(C)} \end{aligned}$$

Parity-SWAP:

$$\mathcal{P}_{AC} = \text{SWAP}_{AC} \circ \int dx | -x_A \rangle \langle x_A |$$

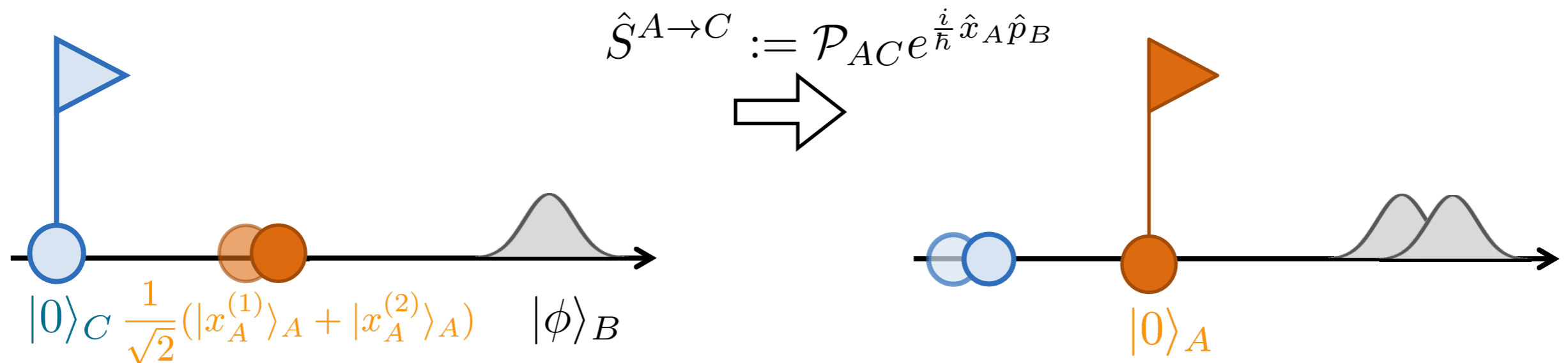
Quantum Reference Frames

Formalism



Quantum Reference Frames

Formalism



$$|\psi\rangle_{ABC}^{(C)} = |0\rangle_C \frac{1}{\sqrt{2}} (|x_A^{(1)}\rangle_A + |x_A^{(2)}\rangle_A) |\phi\rangle_B$$

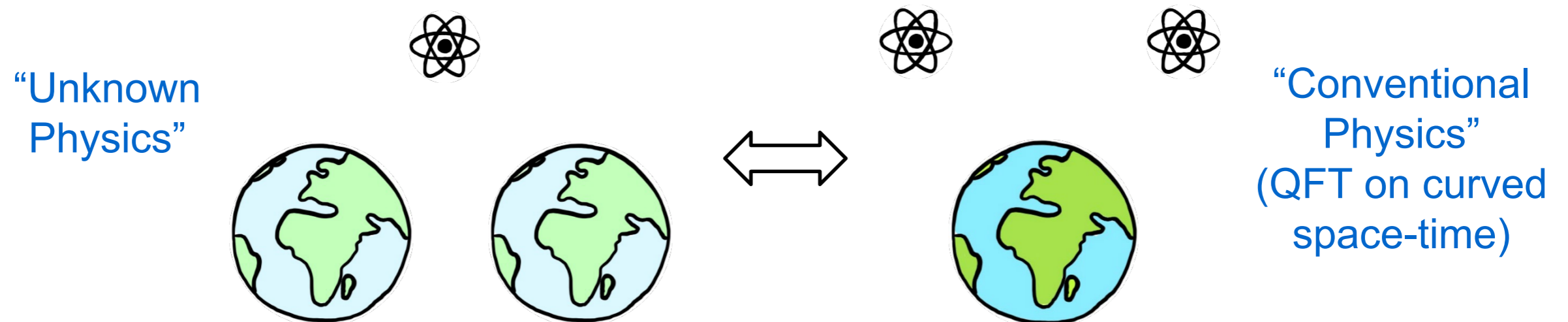
$$|\psi\rangle_{ABC}^{(A)} = |0\rangle_A \frac{1}{\sqrt{2}} (| -x_A^{(1)}\rangle_C e^{\frac{i}{\hbar} x_A^{(1)} \hat{p}_B} |\phi\rangle_B + | -x_A^{(2)}\rangle_C e^{\frac{i}{\hbar} x_A^{(2)} \hat{p}_B} |\phi\rangle_B)$$

Quantum-controlled translations

$$= \mathcal{P}_{AC} e^{\frac{i}{\hbar} \hat{x}_A \hat{p}_B} |0\rangle_C \frac{1}{\sqrt{2}} (|x_A^{(1)}\rangle_A + |x_A^{(2)}\rangle_A) |\phi\rangle_B$$

How does an object fall in a superposition of gravitational fields?

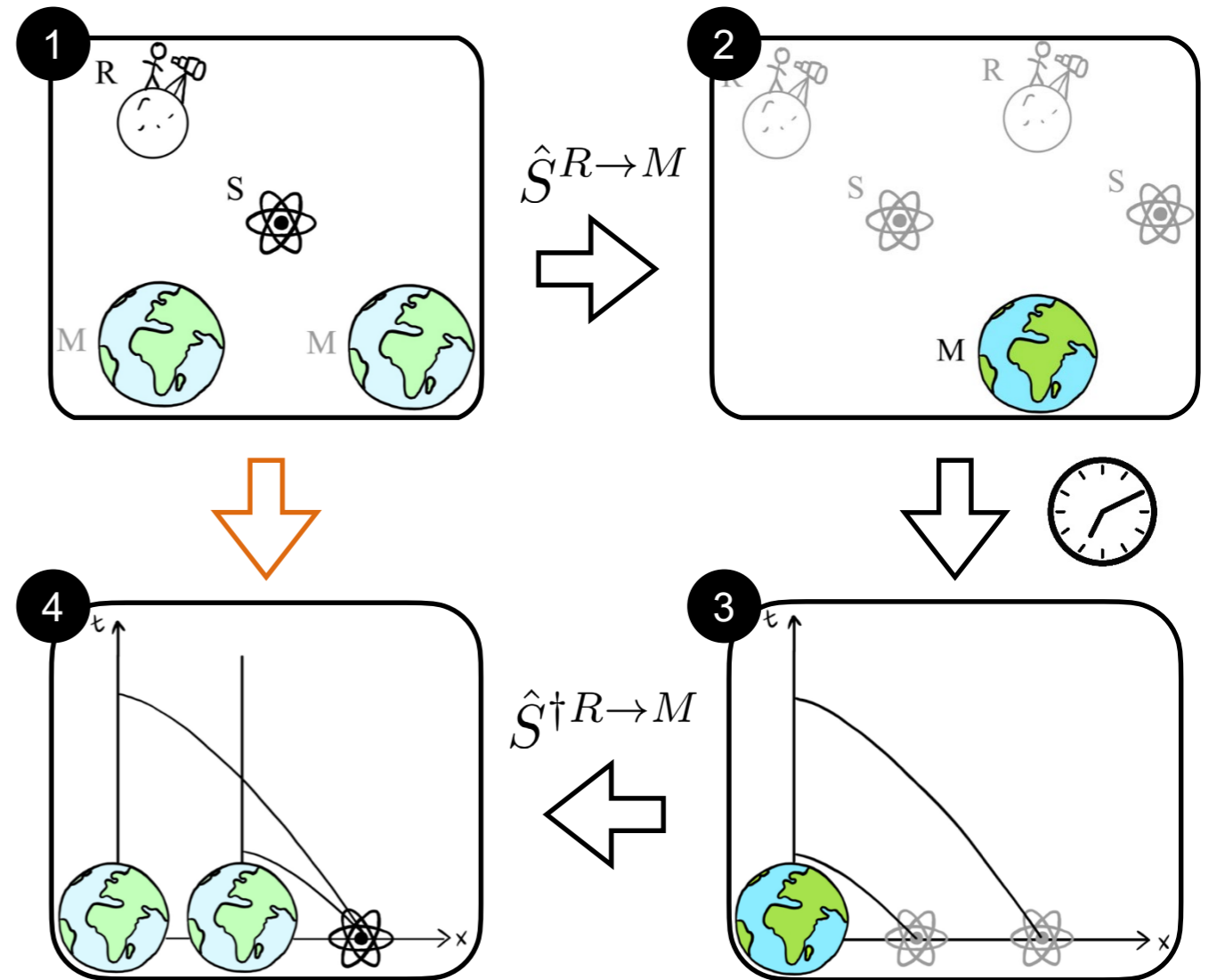
Generalised Principle of Covariance



Covariance of dynamical laws under quantum coordinate transformations:
Physical laws retain their form under quantum coordinate transformations.

Applications

Motion of a Test Particle



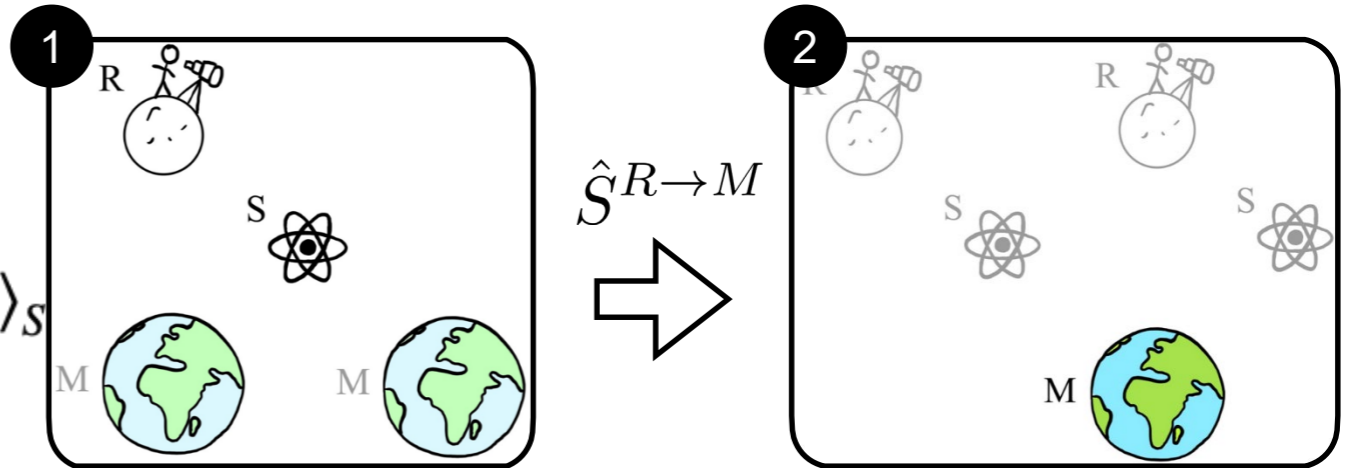
Moving to the QRF of the Earth

Motion of a Test Particle

1 Reference Frame of R

$$|\psi\rangle_{RMS}^{(R)} = |0\rangle_R \frac{1}{\sqrt{2}} \left(|x_M^{(1)}\rangle_M + |x_M^{(2)}\rangle_M \right) |x_S\rangle_S$$

$$\Downarrow \hat{S}^{R \rightarrow M}$$



2 Reference Frame of M

$$|\psi\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(| -x_M^{(1)} \rangle_R |x_S - x_M^{(1)}\rangle_S + | -x_M^{(2)} \rangle_R |x_S - x_M^{(2)}\rangle_S \right)$$

Time Evolution

Motion of a Test Particle

2 Reference Frame of M

$$|\psi\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(| -x_M^{(1)} \rangle_R |x_S - x_M^{(1)} \rangle_S + | -x_M^{(2)} \rangle_R |x_S - x_M^{(1)} \rangle_S \right)$$



$$3 \quad |\psi(t)\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(e^{-\frac{i}{\hbar}\Phi^{(1)}} | -x_M^{(1)} \rangle_R |\tilde{x}_S^{(1)} \rangle_S + e^{-\frac{i}{\hbar}\Phi^{(2)}} | -x_M^{(2)} \rangle_R |\tilde{x}_S^{(2)} \rangle_S \right)$$

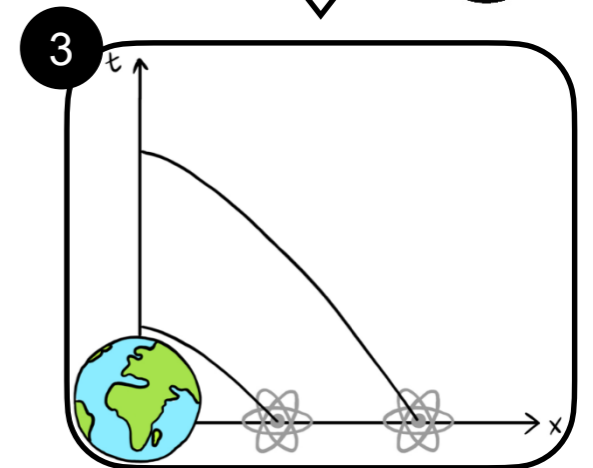
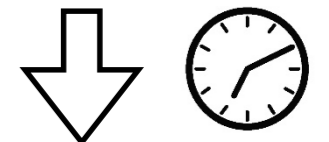
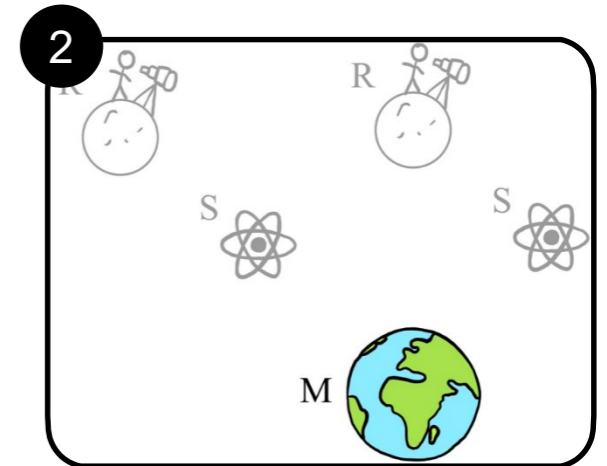
Geodesic motion

$$\frac{d^2 x^\mu}{d\tau^2} + \Gamma_{\nu\rho}^\mu \frac{dx^\nu}{d\tau} \frac{dx^\rho}{d\tau} = 0$$

Quantum phase

$$\Phi^{(i)} = \int_{A^{(i)}}^{B^{(i)}} m_S \sqrt{-g_{\mu\nu} dx^\mu dx^\nu}$$

Semi-classical approximation



Moving back to the lab QRF

Motion of a Test Particle

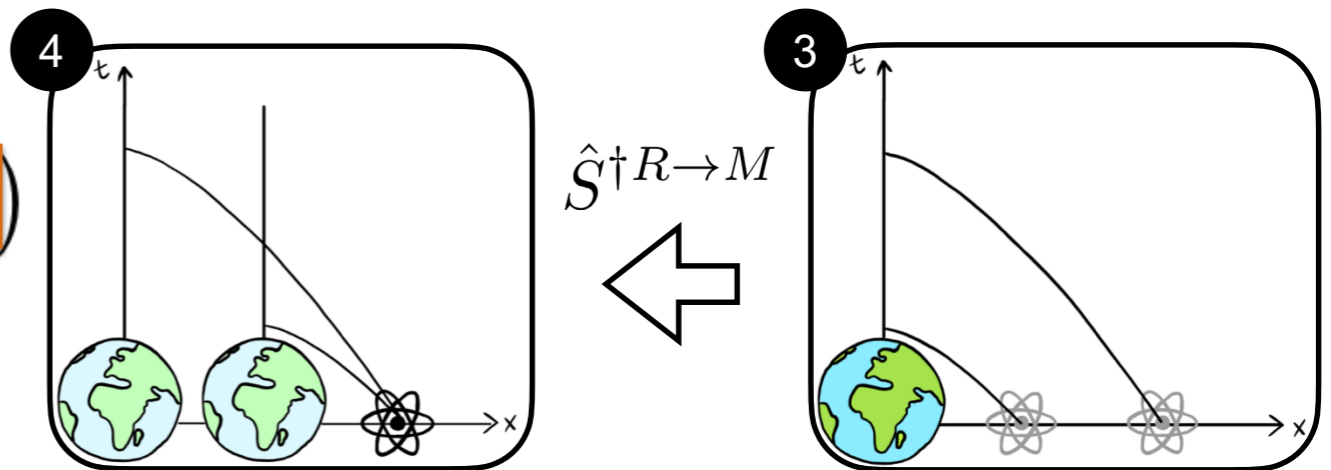
3 Reference Frame of M

$$|\psi(t)\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(e^{-\frac{i}{\hbar}\Phi^{(1)}} | -x_M^{(1)} \rangle_R |\tilde{x}_S^{(1)} \rangle_S + e^{-\frac{i}{\hbar}\Phi^{(2)}} | -x_M^{(2)} \rangle_R |\tilde{x}_S^{(2)} \rangle_S \right)$$

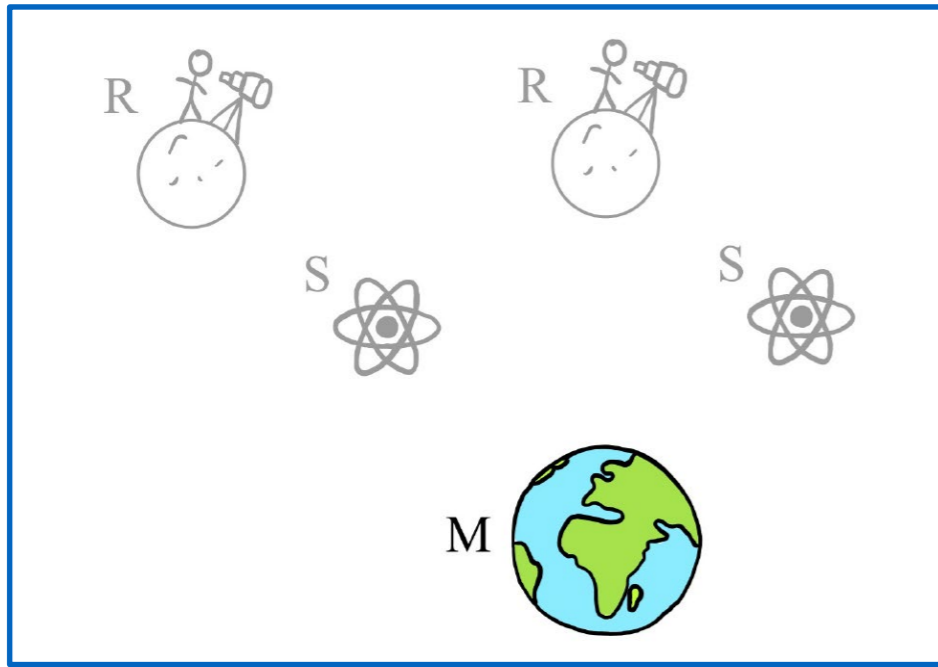
$$\Downarrow \hat{S}^{\dagger R \rightarrow M}$$

4 Reference Frame of R

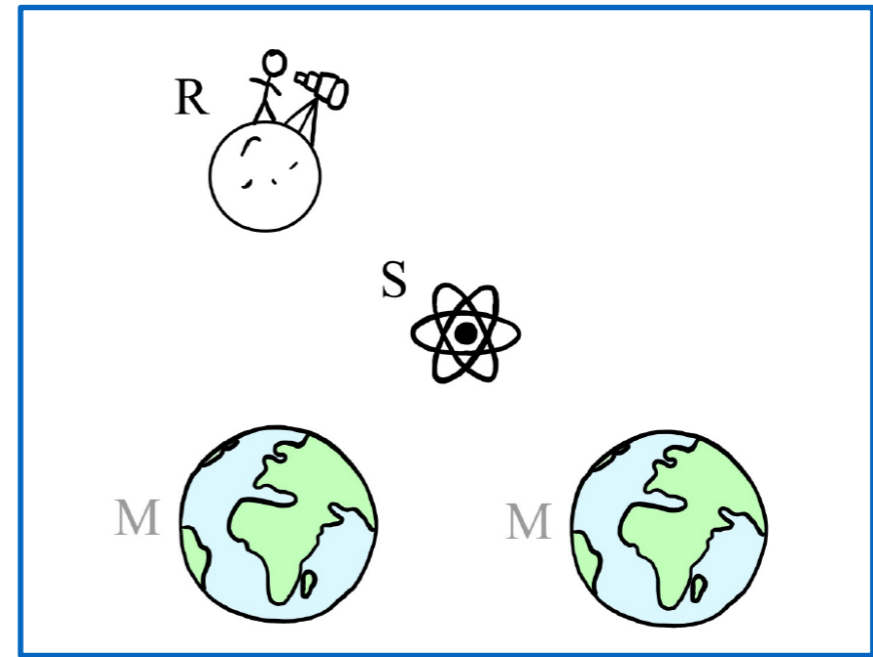
$$|\psi(t)\rangle_{RMS}^{(R)} = |0\rangle_R \frac{1}{\sqrt{2}} \left(e^{-\frac{i}{\hbar}\Phi^{(1)}} |x_M^{(1)}\rangle_M |\tilde{x}_S^{(1)} + x_M^{(1)}\rangle_S + e^{-\frac{i}{\hbar}\Phi^{(2)}} |x_M^{(2)}\rangle_M |\tilde{x}_S^{(2)} + x_M^{(2)}\rangle_S \right)$$



Hamiltonian of one mass



Reference frame of M



Reference frame of R

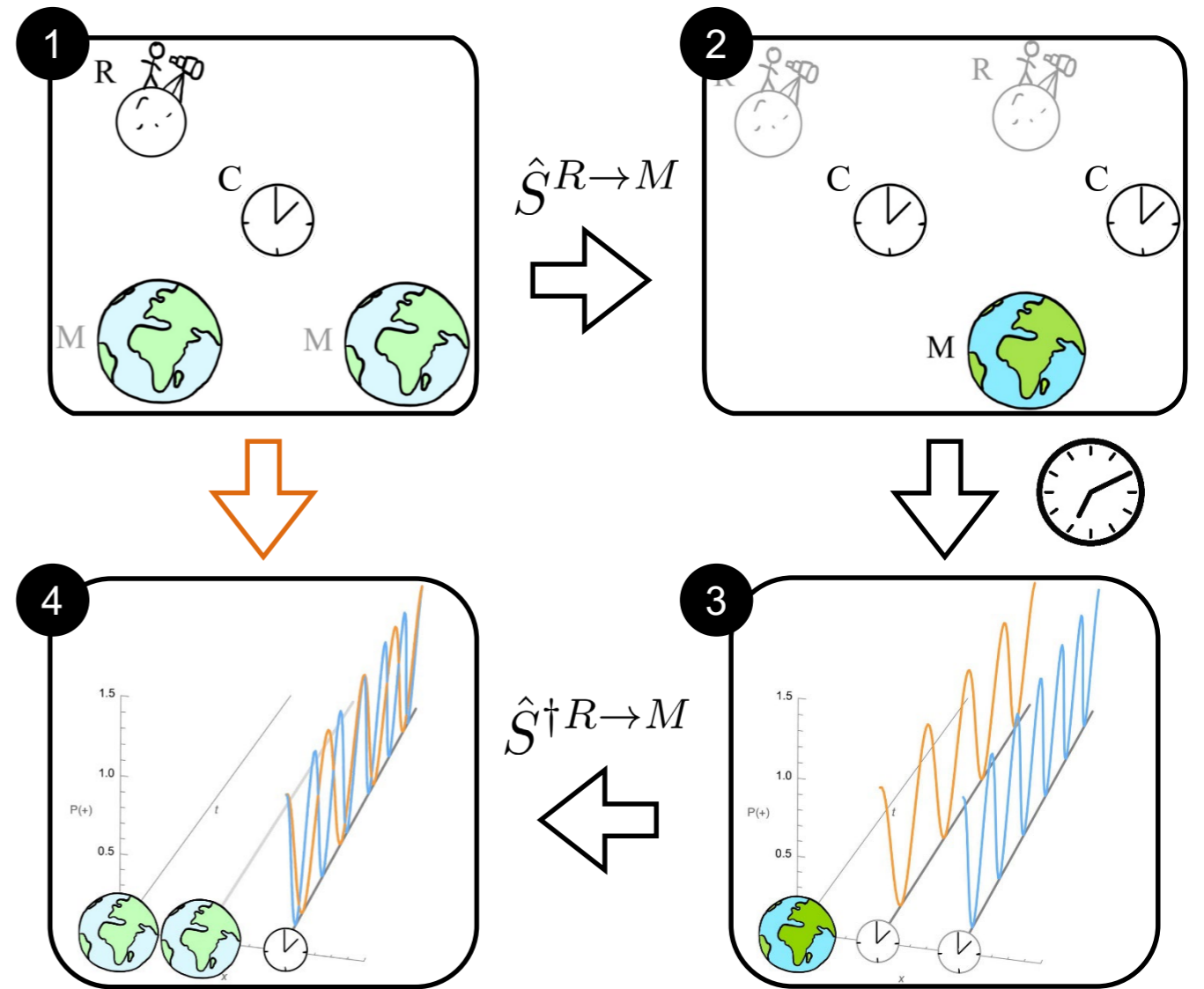
In the weak-field approximation:

$$\hat{H}_{SR}^{(M)} = \frac{\hat{\pi}_S^2}{2m_S} + m_S \hat{V}(\hat{q}_S)$$

$$\hat{H}_{SM}^{(R)} = \hat{S}^\dagger \hat{H}_{SR}^{(M)} \hat{S} = \frac{\hat{p}_S^2}{2m_S} + m_S \hat{V}(\hat{x}_S - \hat{x}_M)$$

Applications

Time Dilation



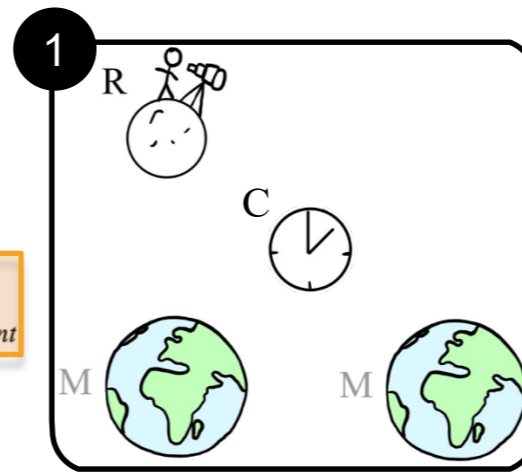
Moving to the QRF of the Earth

Time Dilation

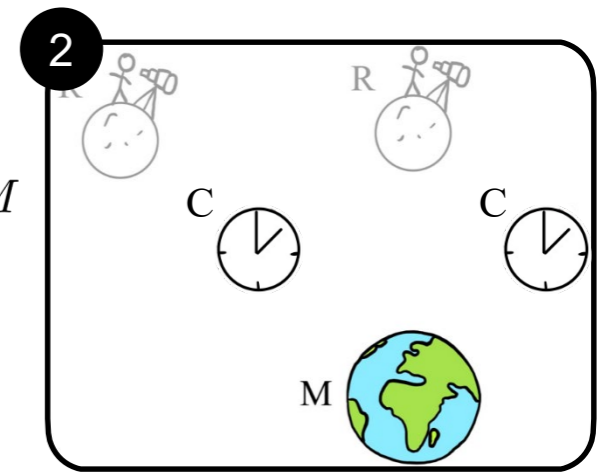
1 Reference Frame of R

$$|\psi\rangle_{RMC}^{(R)} = |0\rangle_R \frac{1}{\sqrt{2}} \left(|x_M^{(1)}\rangle_M + |x_M^{(2)}\rangle_M \right) |x_C\rangle_{C_{ext}} |s(\tau_0)\rangle_{C_{int}}$$

$$\Downarrow \hat{S}^{R \rightarrow M}$$



$$\hat{S}^{R \rightarrow M}$$



2 Reference Frame of M

$$|\psi\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(| -x_M^{(1)} \rangle_R |x_C - x_M^{(1)}\rangle_{C_{ext}} + | -x_M^{(2)} \rangle_R |x_C - x_M^{(2)}\rangle_{C_{ext}} \right) |s(\tau_0)\rangle_{C_{int}}$$

clock's internal d.o.f.

$$|s(\tau_0)\rangle = \frac{1}{\sqrt{2}} (|0\rangle + |1\rangle)$$

Time Evolution

Time Dilation

2 Reference Frame of M

$$|\psi\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(| -x_M^{(1)} \rangle_R |x_C - x_M^{(1)}\rangle_{C_{ext}} + | -x_M^{(2)} \rangle_R |x_C - x_M^{(1)}\rangle_{C_{ext}} \right) |s(\tau_0)\rangle_{C_{int}}$$



$$|\psi(t)\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(e^{-\frac{i}{\hbar}\Phi^{(1)}} | -x_M^{(1)} \rangle_R |x_C - x_M^{(1)}\rangle_{C_{ext}} |s(\tau_0 + \tau^{(1)})\rangle_{C_{int}} + e^{-\frac{i}{\hbar}\Phi^{(2)}} | -x_M^{(2)} \rangle_R |x_C - x_M^{(2)}\rangle_{C_{ext}} |s(\tau_0 + \tau^{(2)})\rangle_{C_{int}} \right)$$

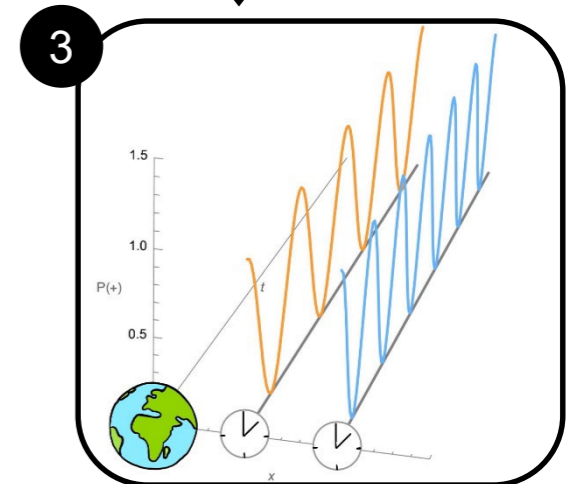
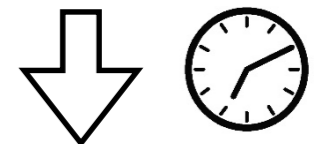
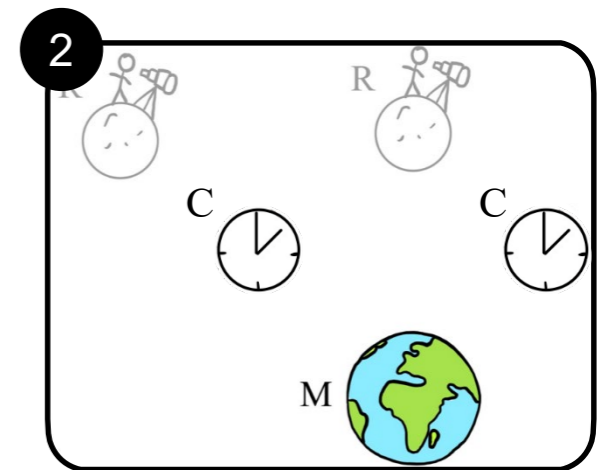
proper time

$$\tau^{(i)}(t) = t \left(1 + \frac{V(x_C - x_M^{(i)})}{c^2} \right)$$

time evolution of the clock

$$|s(\tau_0 + \tau^{(i)})\rangle_{C_{int}} = e^{-\frac{i}{\hbar}\hat{\Omega}\tau^{(i)}} |s(\tau_0)\rangle_{C_{int}}$$

$$\hat{\Omega} = E_0 |0\rangle\langle 0| + E_1 |1\rangle\langle 1|$$



Moving back to the lab QRF

Time Translation

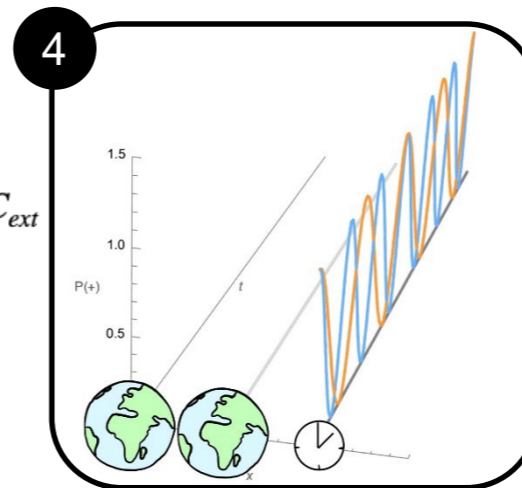
3 Reference Frame of M

$$|\psi(t)\rangle_{RMS}^{(M)} = |0\rangle_M \frac{1}{\sqrt{2}} \left(e^{-\frac{i}{\hbar}\Phi^{(1)}} | -x_M^{(1)} \rangle_R |x_C - x_M^{(1)}\rangle_{C_{ext}} |s(\tau_0 + \tau^{(1)})\rangle_{C_{int}} + e^{-\frac{i}{\hbar}\Phi^{(2)}} | -x_M^{(2)} \rangle_R |x_C - x_M^{(2)}\rangle_{C_{ext}} |s(\tau_0 + \tau^{(2)})\rangle_{C_{int}} \right)$$

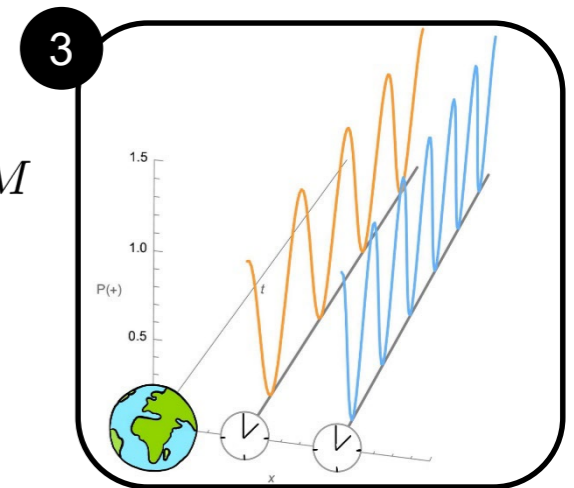
$$\Downarrow \hat{S}^\dagger R \rightarrow M$$

4 Reference Frame of R

$$|\psi(t)\rangle_{RMS}^{(R)} = |0\rangle_R \frac{1}{\sqrt{2}} \left(e^{-\frac{i}{\hbar}\Phi^{(1)}} |x_M^{(1)}\rangle_M |s(\tau_0 + \tau^{(1)})\rangle_{C_{int}} + e^{-\frac{i}{\hbar}\Phi^{(2)}} |x_M^{(2)}\rangle_M |s(\tau_0 + \tau^{(1)})\rangle_{C_{int}} \right) |x_C\rangle_{C_{ext}}$$

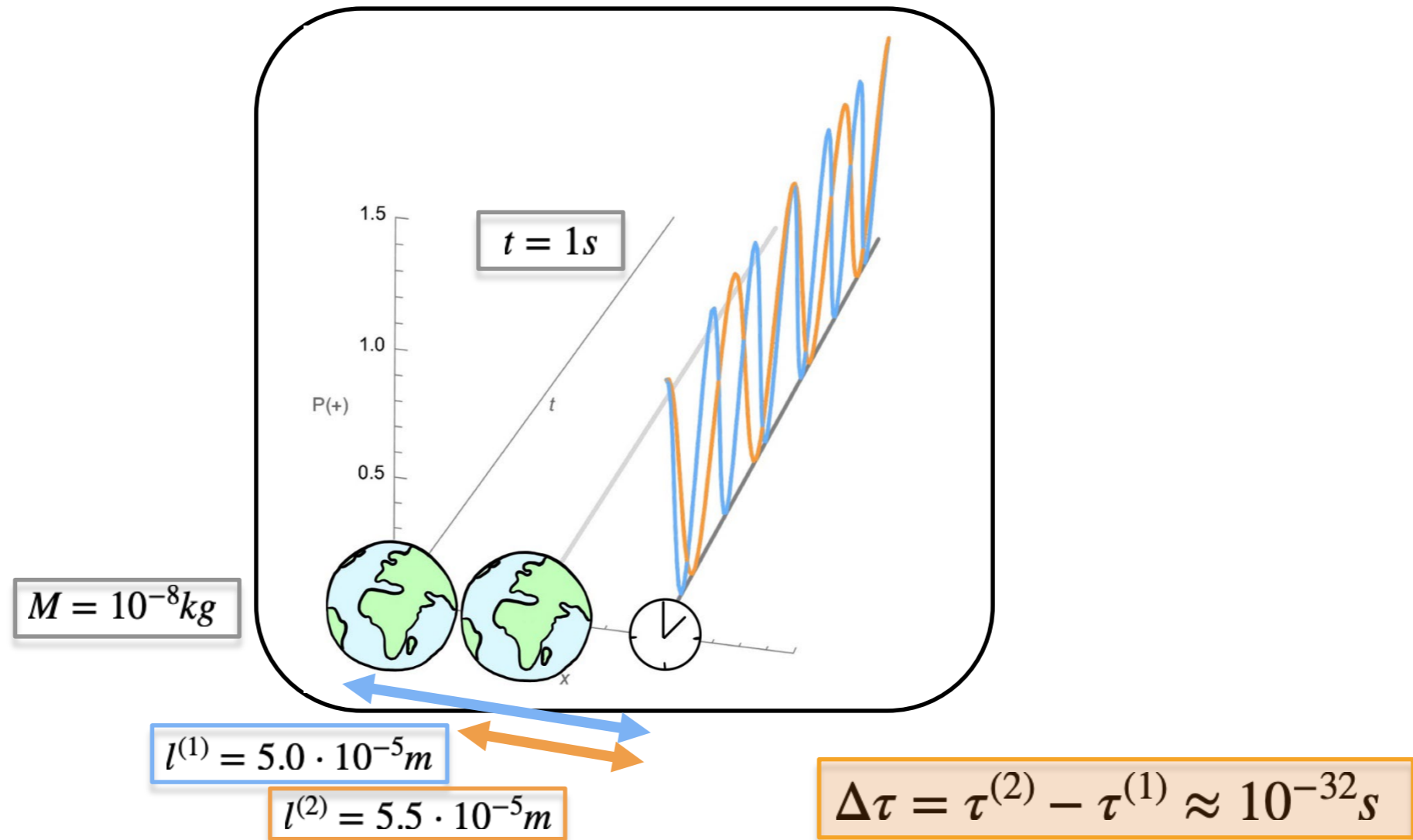


$$\hat{S}^\dagger R \rightarrow M \leftarrow$$



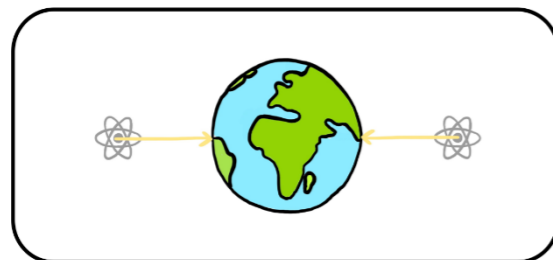
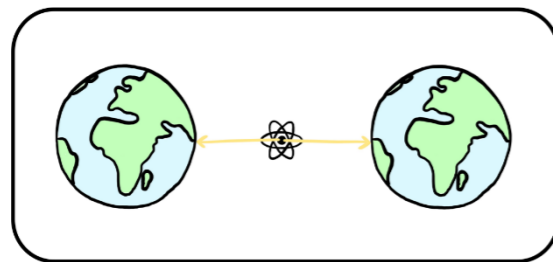
Applications

Time Dilation

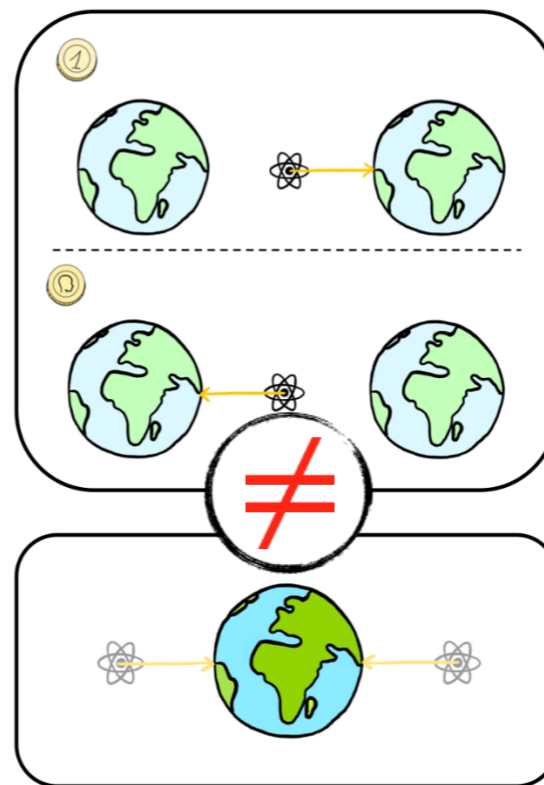


- Very tiny effect but still many orders of magnitude closer than the Planck time ($10^{-44} s$)
- “Genuine superposition of space-times”

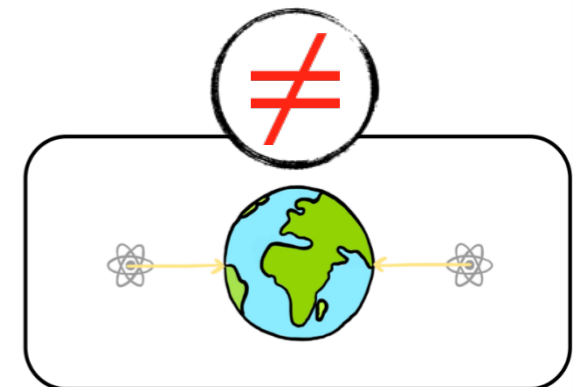
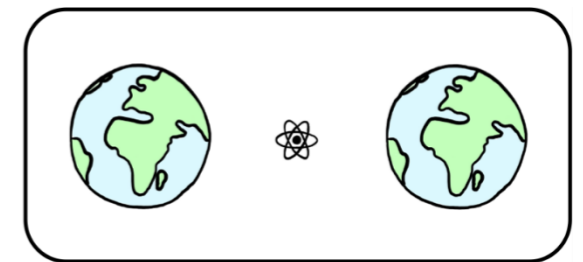
Comparison with other approaches



Generalised
Covariance



Collapse
Models



Semi-Classical
Gravity

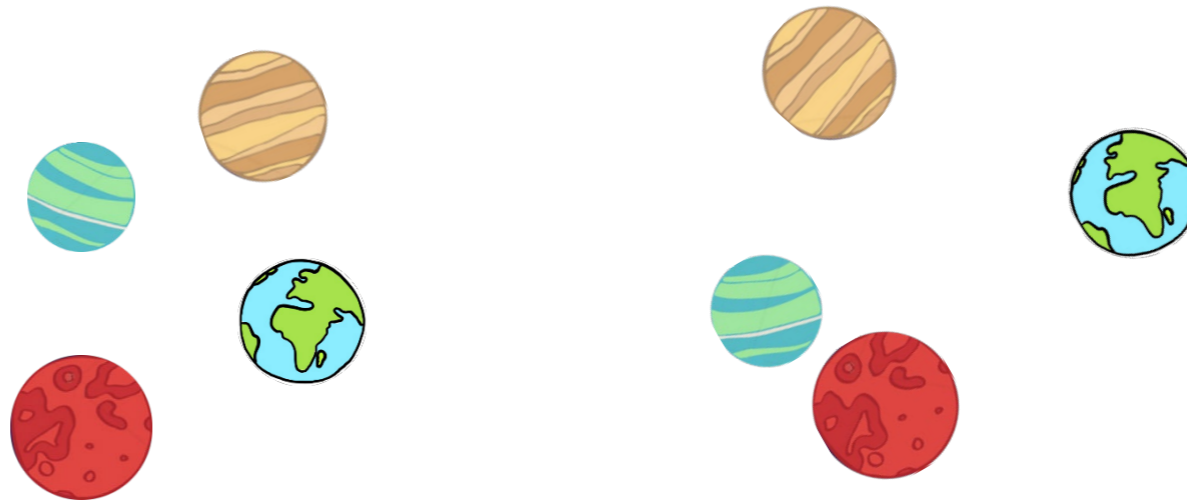
Generalizations

... to N masses in superposition



Generalizations

Can we always find a reference frame in which the metric becomes definite? **No**

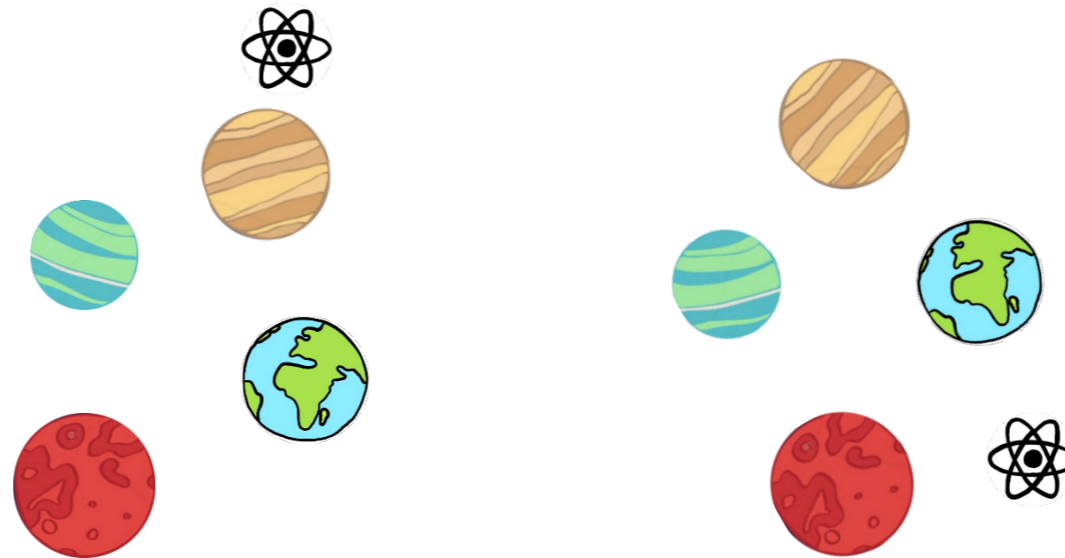


Restrict to superpositions of relative-coordinate-distance preserving transformations:

- global translations
- global rotations

Generalizations

Can we always find a reference frame in which the metric becomes definite? **No**

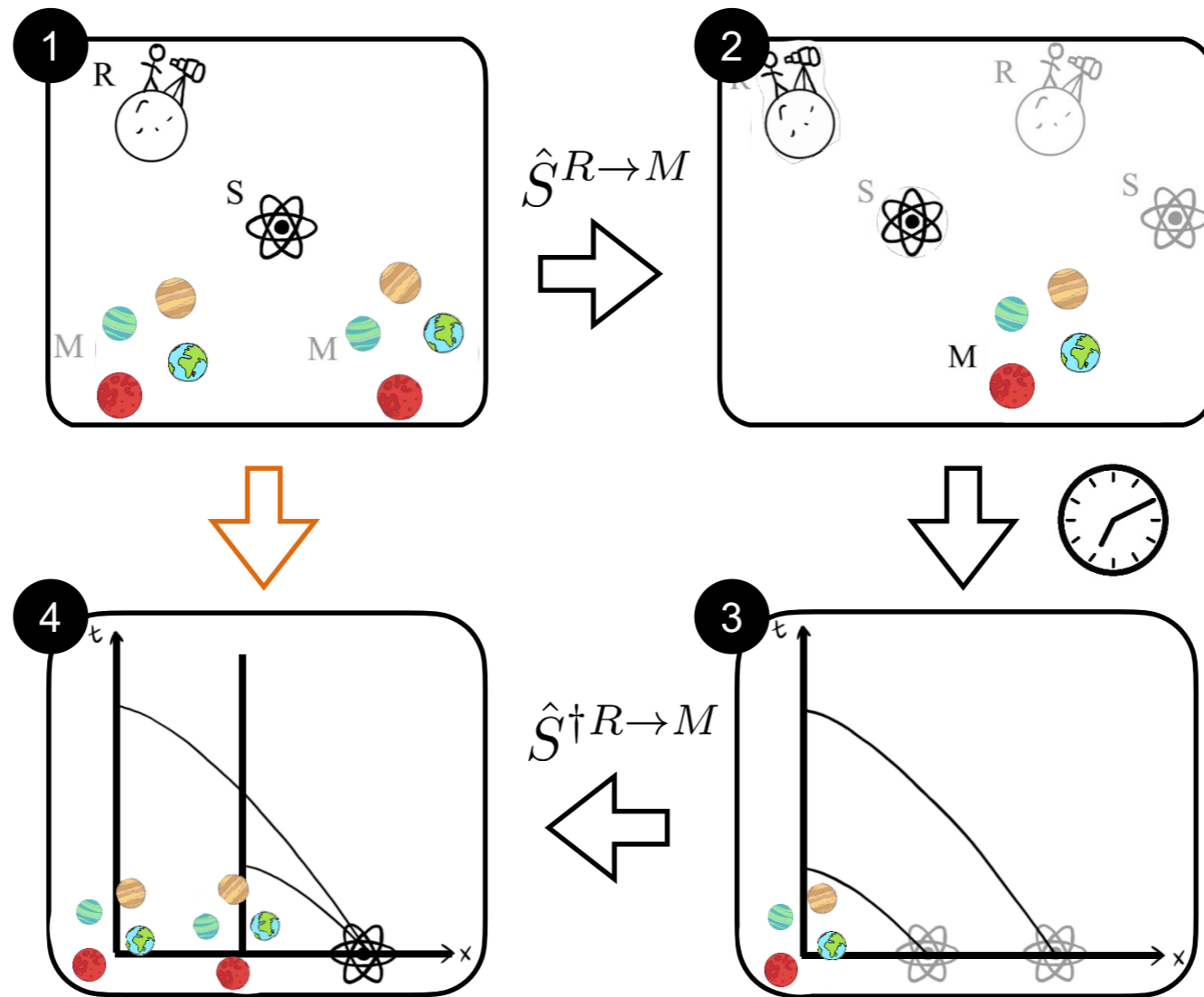


Restrict to superpositions of relative-coordinate-distance preserving transformations:

- global translations
- global rotations

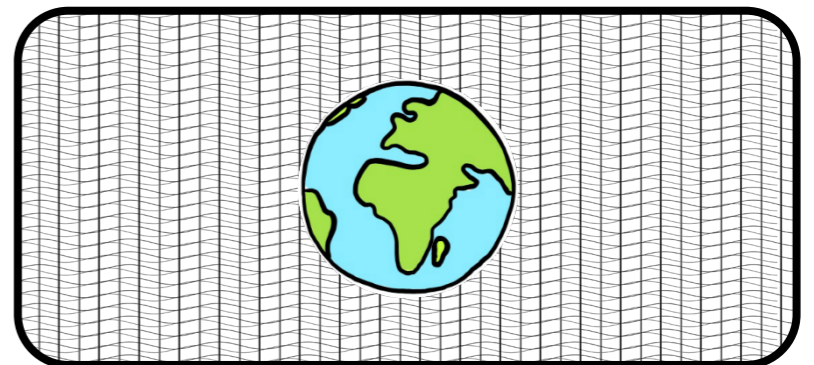
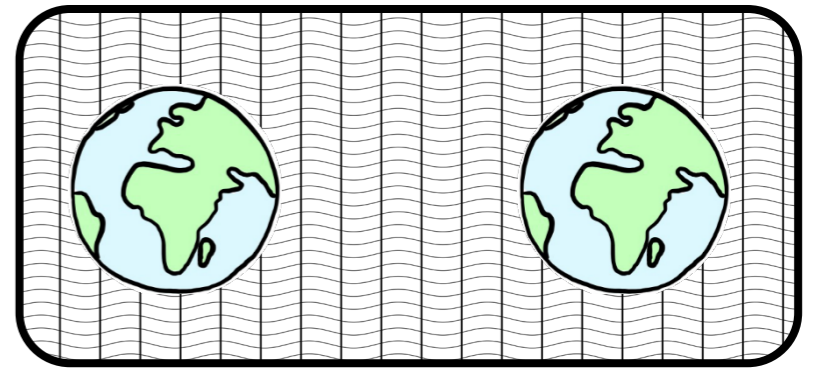
Does not limit us to trivial (i.e. diffeomorphism related) situations as the presence of probe particles **breaks the symmetry**.

Generalizations



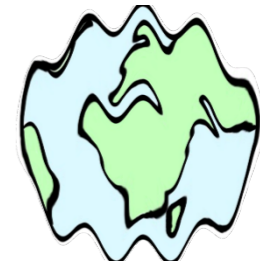
Outlook

- Extend and apply frameworks to **quantum fields**.



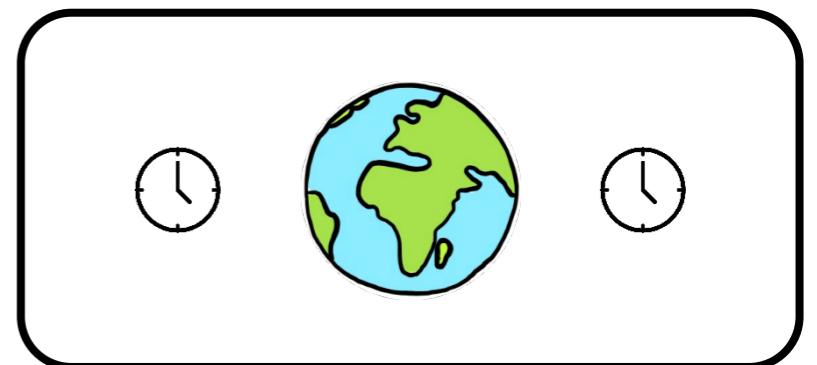
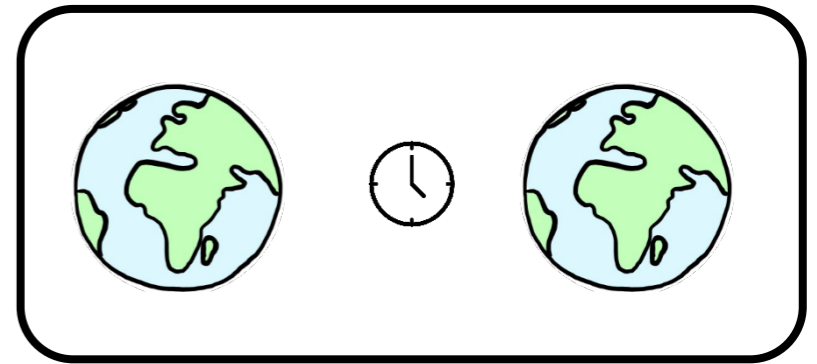
Outlook

- Extend and apply frameworks to **quantum fields**.
- Go **beyond semi-classical approximation** for the massive objects and the gravitational fields



Outlook

- Extend and apply frameworks to **quantum fields**.
- Go **beyond semi-classical approximation** for the massive objects and the gravitational fields
- Design **experimental proposals** for testing the generalised symmetry principle.

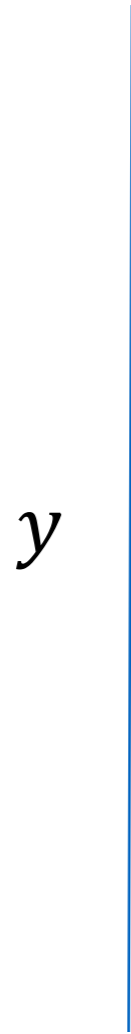
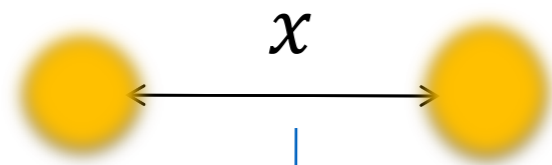


Summary

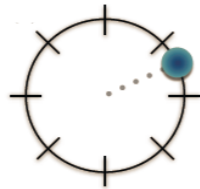
1. Predictions based on **extended symmetry principle** while staying **agnostic** about the nature of gravitational field sourced by a mass in superposition.
 - Particle moves in superposition of geodesics, entangled with masses.
 - Clock ticks in superposition of proper times, entangled with masses.
2. Independent argument for the **quantum nature of the gravitational field** sourced by masses in superposition.

arXiv: 2112.11473





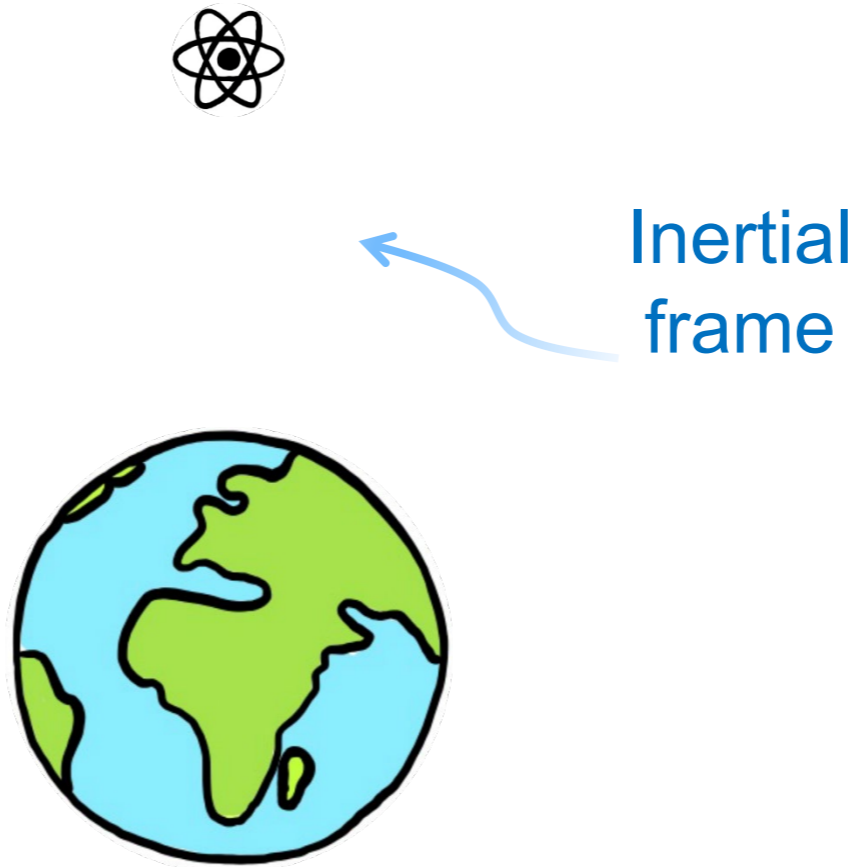
y



$$|\langle \psi_L | \psi_R \rangle|^2 \geq 1 - \delta$$

Einstein's equivalence principle

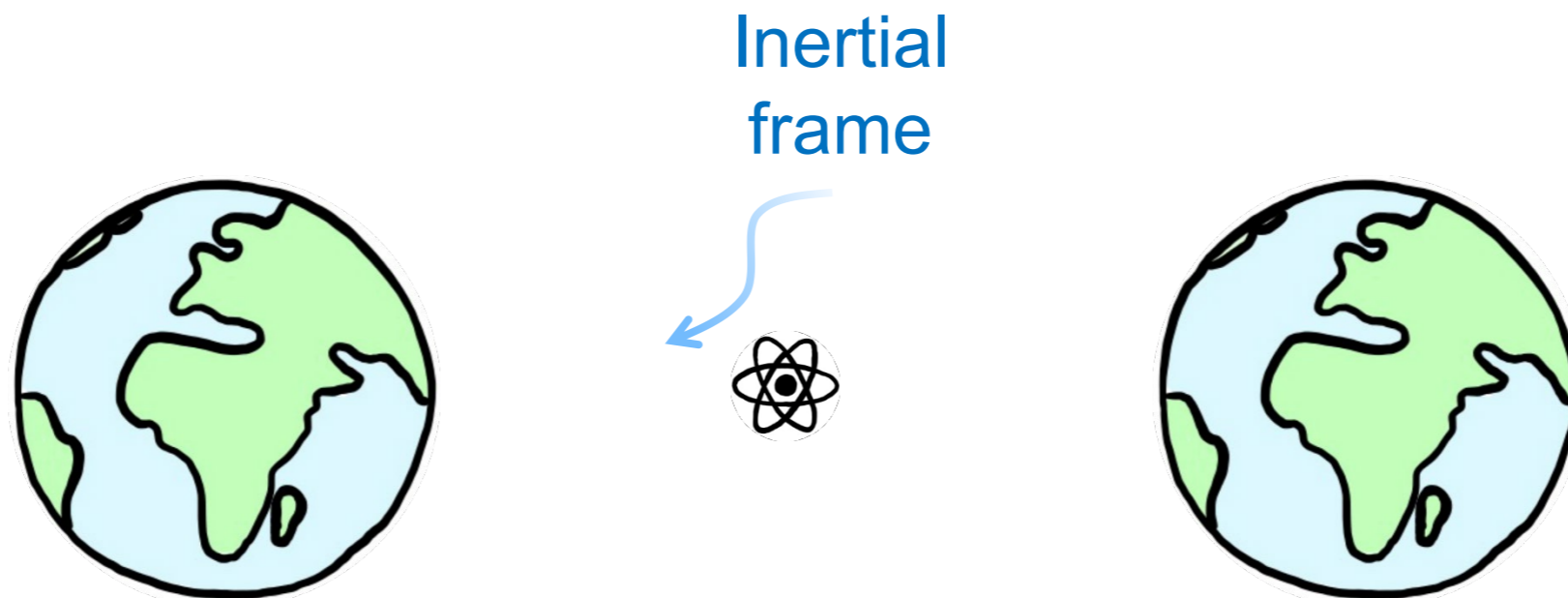
In any and every local Lorentz frame, anywhere and anytime in the universe, all the (nongravitational) laws of physics must take on their familiar special-relativistic form.*



* C. W. Misner, K. Thorne, and J. Wheeler, Gravitation. San Francisco: W. H. Freeman, 1973

Quantum Einstein's equivalence principle

*In any and every **quantum** locally inertial frame, anywhere and anytime in the universe, all the (nongravitational) laws of physics must take on their familiar special-relativistic form*.*

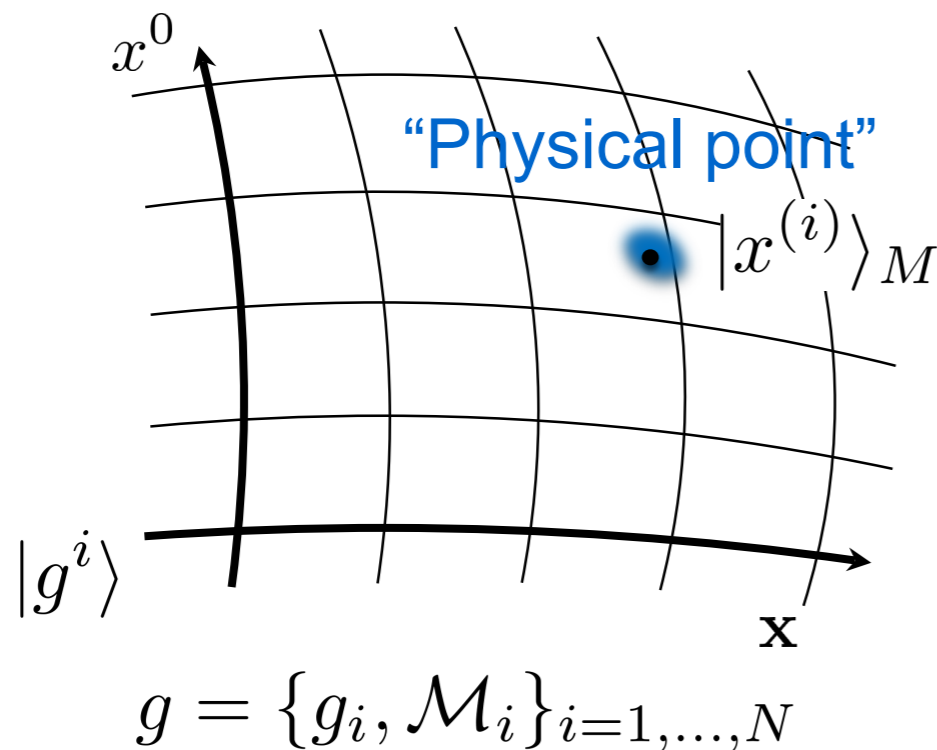


* Compare with L. Hardy's "Quantum Equivalence Principle", arXiv:1903.01289

Regime considered

“Superposition of semiclassical states of the gravitational field”:

1. Macroscopically distinguishable gravitational fields are assigned orthogonal quantum state
2. Each well-defined gravitational field is described by GR
3. The quantum superposition principle holds for such gravitational fields

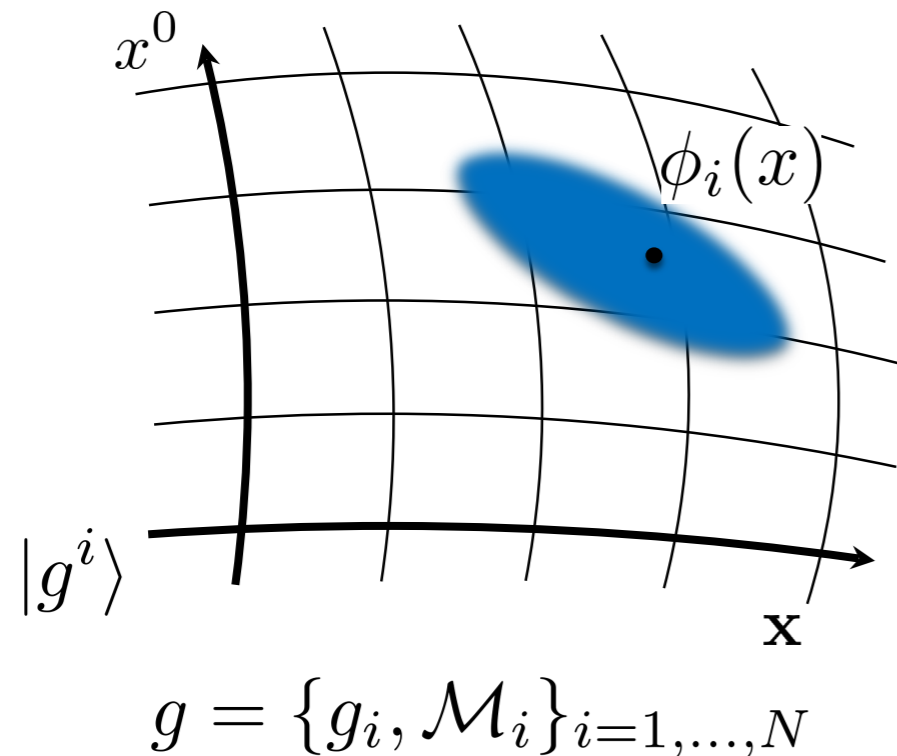


Operated-valued gravitational field:

$$\hat{g}_{\mu\nu}(\hat{x}_M) |g^i\rangle |x^{(i)}\rangle_M = g_{\mu\nu}^i(x^{(i)}) |g^i\rangle |x^{(i)}\rangle_M$$

$$\frac{1}{4} \langle g^i | g^j \rangle \langle x^{(i)} | x'^{(j)} \rangle_M = \frac{\delta^{(4)}(x - x')}{\sqrt{-g_i(x)}} \delta_{ij}$$

The quantum state of the gravitational field



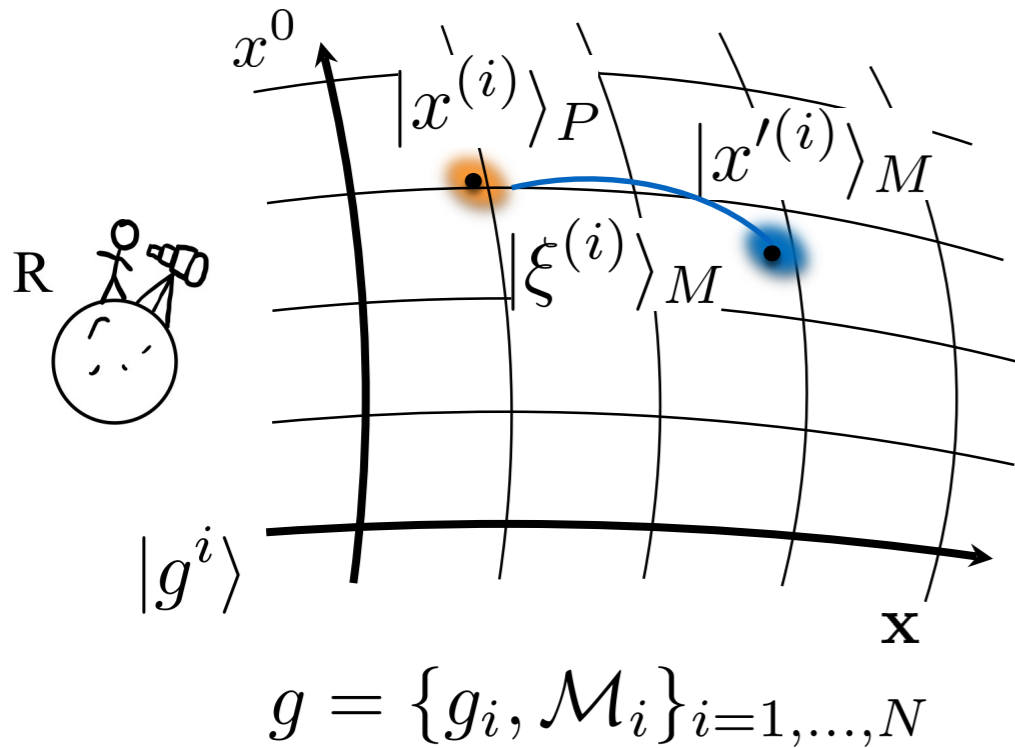
A general state of particle M and of the gravitational field, restricted to the classical manifold \mathcal{M}_i :

$$|g_i \triangleright \phi_i\rangle = \int d^4x \sqrt{-g_i(x)} \phi_i(x) |g^i\rangle |x^{(i)}\rangle_M$$

Evaluation of the metric field in the state:

$$\hat{g}_{\mu\nu}(\hat{x}_M) = |g_i \triangleright \phi_i\rangle = \int d^4x \sqrt{-g_i(x)} \phi_i(x) g_{\mu\nu}^i(x^{(i)}) |g^i\rangle |x^{(i)}\rangle_M$$

QRF of a probe particle



Change coordinate to be centered at probe particle P:

$$x'^{(i)} \rightarrow \xi^{(i)}$$

$$\tilde{g}_{\mu\nu}^i(\xi) = \Lambda_{\mu}^{(i)\alpha} \Lambda_{\nu}^{(i)\beta} g_{\alpha\beta}^i(x'^{(i)}(\xi))$$

$$\Lambda_{\mu}^{(i)\alpha} = \frac{\partial x'^{(i)\alpha}}{\partial \xi^{(i)\mu}}$$

Coord. change

Parity-SWAP

“Jumping” to the frame of the probe particle

$$\hat{S} |0\rangle_R |x^{(i)}\rangle_P |g^i\rangle |x'^{(i)}\rangle_M = | -x^{(i)}\rangle_R |0\rangle_P |\tilde{g}^i\rangle |\xi^{(i)}(x)\rangle_M$$

$$\hat{S} \hat{g}_{\mu\nu}(\hat{x}_M) |0\rangle_R |x^{(i)}\rangle_P |g^i\rangle |x'^{(i)}\rangle_M = \Lambda_{\mu}^{(i)\alpha} \Lambda_{\nu}^{(i)\beta} \tilde{g}_{\alpha\beta}^i(\xi) | -x^{(i)}\rangle_R |0\rangle_P |\tilde{g}^i\rangle |\xi^{(i)}\rangle_M$$