The supercooling window at weak and strong coupling

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Seminar @ EuCAPT May 23, 2022

Based on: arXiv: 22XX.XXXX, NL, Toby Opferkuch, Diego Redigolo



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The SGWBs are powerful probes to shed light on astrophysics, cosmology and fundamental physics







Focus on the strongest FOPT signals - supercooled transitions

Stochastic signal (FOPT)







 Classically flat direction lifted at one loop by Radiative Symmetry Breaking



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- Barrier exists at T > 0, no barrier at T = 0



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Analysis Method:

Assume a generic high T potential

$$V(\phi, T) = \frac{1}{2}m^{2}(T)\phi^{2} - \frac{\delta(T)}{3}\phi^{3} \pm \frac{\lambda(T)}{4}\phi^{4}$$







$$\Gamma(T_n) \simeq H(T_n)^4 \to \frac{S_3}{T_n} \simeq 4 \log \frac{T_n}{H(T_n)}$$

	Bounce action	Nucleation criterion
Hubble expansion $\Gamma(T_n) \simeq H(T_n)^4$ Nucleation rate	$\stackrel{\text{ion}}{\to} \frac{S_3}{T_n} \simeq 4$	$\log \frac{T_n}{H(T_n)}$

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