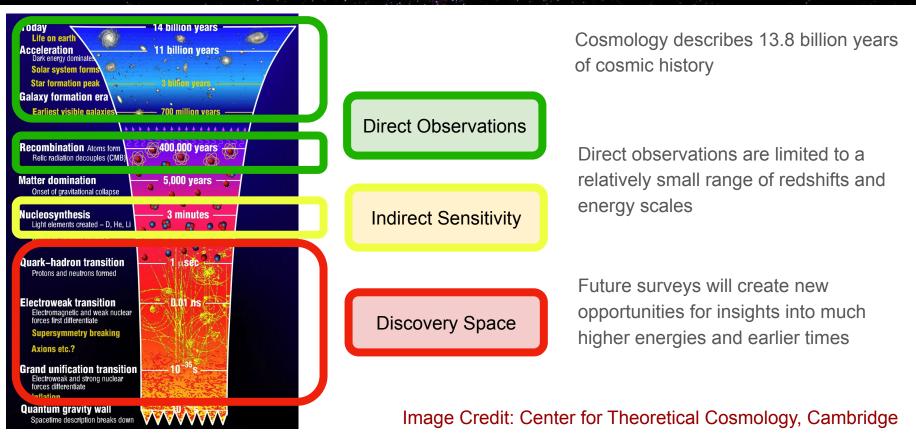
Dark Sector Insights with Upcoming CMB Observations Joel Meyers SMU 5-26-2022

Image Credit: ACT / Princeton

History of the Universe

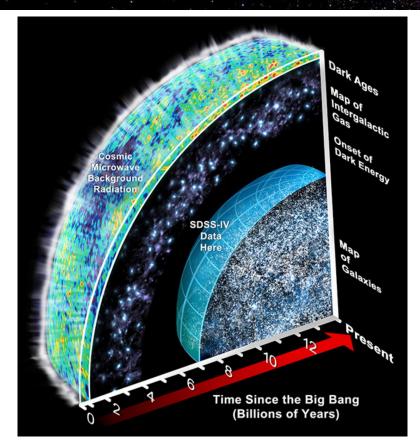


2

Review of CMB Basics



The Cosmic Microwave Background



Cosmic Microwave Background (CMB) Spectrum

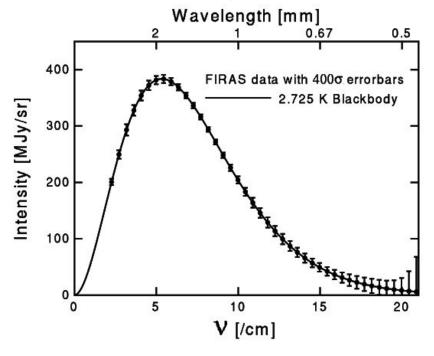
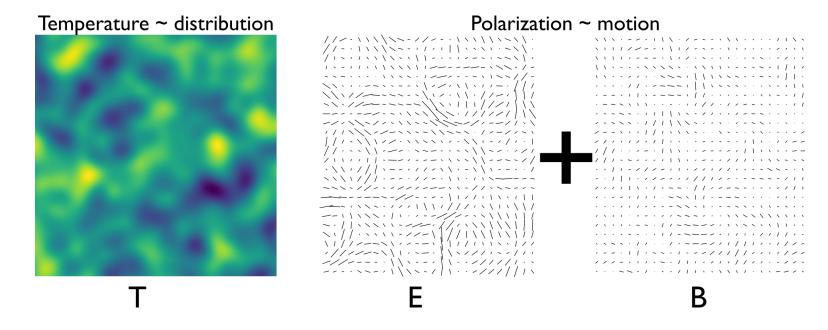


Image Credits: SDSS, COBE FIRAS

Information In The Cosmic Microwave Background

The CMB provides a snapshot of the universe as it existed during recombination



...plus the imprints of the structure between us and the last scattering surface.

Statistical Information and Angular Power Spectra

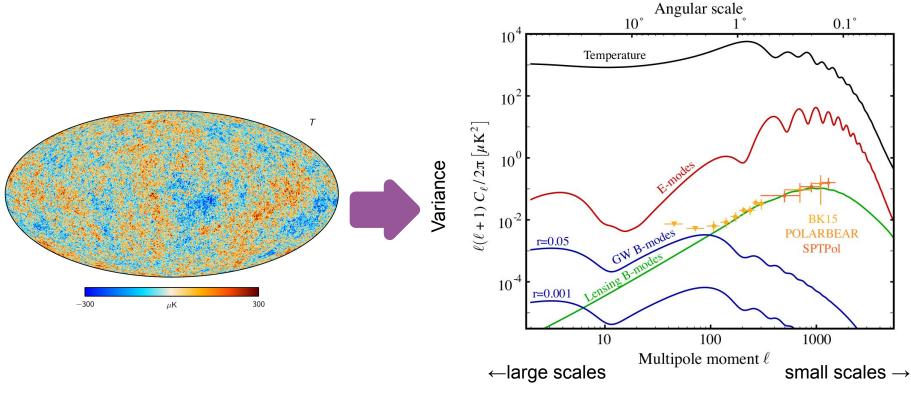
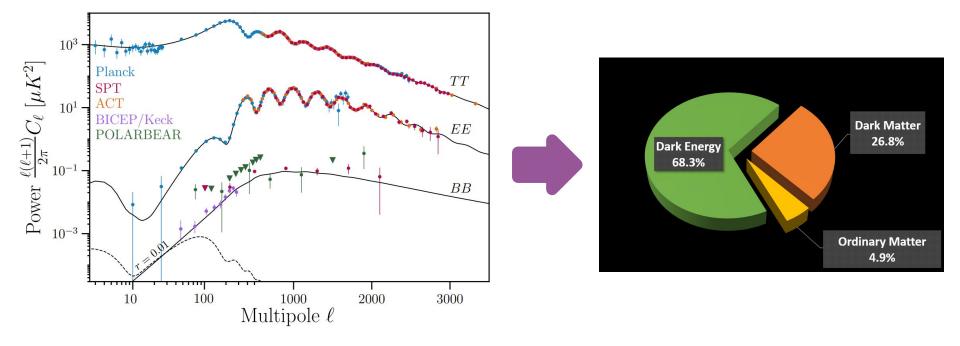


Image Credits: Planck (2018); CMB-S4 (2019)

6

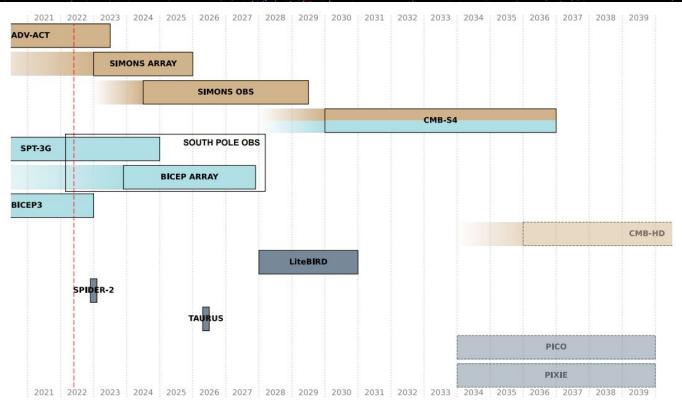
CMB Observations and Concordance Flat ACDM



Planck (2018); Chang, Huffenberger, et al (2022)

7

Timeline of Upcoming CMB Surveys

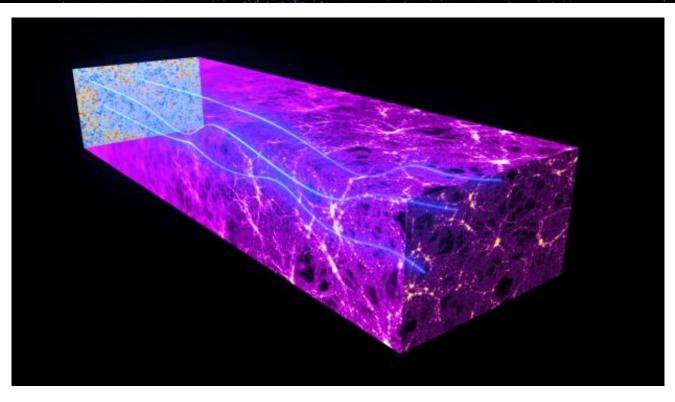


Chang, Huffenberger, et al (2022)

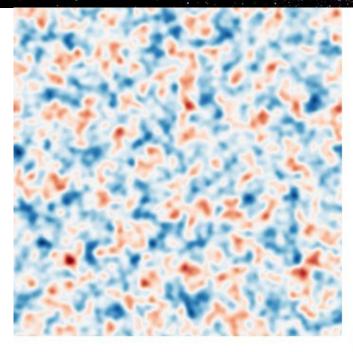
Gravitational Lensing of the CMB



Gravitational Lensing of the CMB

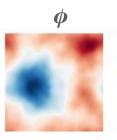


Unlensed CMB Polarization



Unlensed E

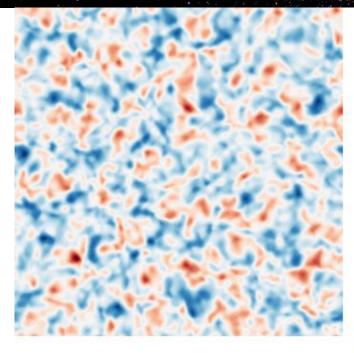
 $5^{\circ} \times 5^{\circ}$ simulated maps



Unlensed B

Image Credit: Guzman ¹¹

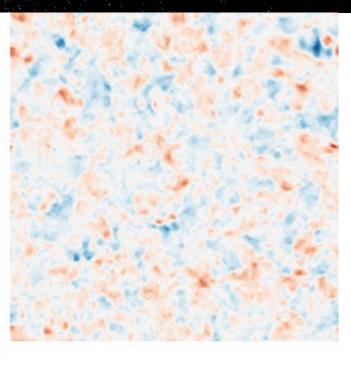
Lensed CMB Polarization



Lensed E

Ø

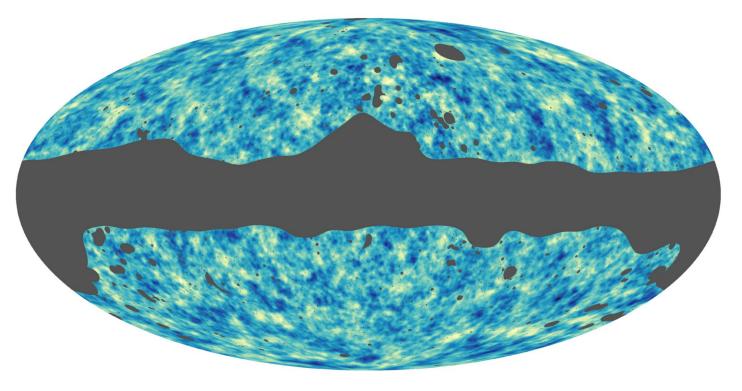
 $5^{\circ} \times 5^{\circ}$ simulated maps



Lensed B

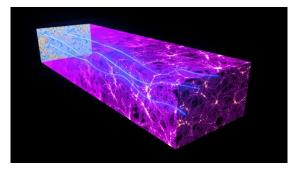
Image Credit: Guzman ¹²

CMB Lensing Reconstruction



 40σ observation

CMB Lensing is a Blessing and a Curse







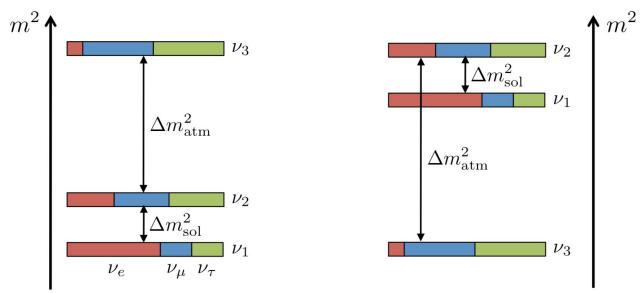
CMB lensing field is sensitive to growth of cosmological structure

Lensing distortion hinders pristine view of CMB last scattering surface

Cosmic Neutrinos

Massive Cosmic Neutrinos

normal hierarchy (NH)



inverted hierarchy (IH)

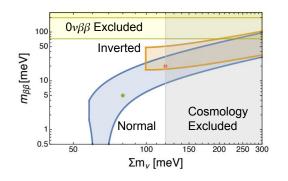
Cosmology is sensitive to the gravitational effects of the cosmic neutrino background, allowing a measurement of a sum of neutrino masses

Current Planck 2018 constraint: $\sum m_{\nu} < 120 \text{ meV} (95\% \text{ CL})$

 $\sum m_{\nu} \gtrsim 58 \text{ meV} \qquad \sum m_{\nu} \gtrsim 105 \text{ meV}$

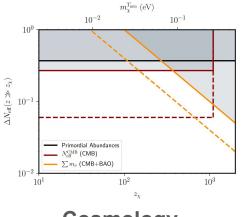
Super-Kamiokande (1999); Sudbury Neutrino Observatory (2001); CMB-S4 (2016) ¹⁶

Value of Cosmological Neutrino Mass Measurement

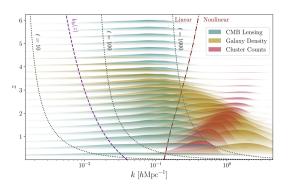


Particle Physics

 Absolute neutrino mass scale sets a target for complementary lab-based searches for neutrino mass



- Cosmology
- Provides end-to-end test of cosmic history and is sensitive to new massive species (including gravitinos)

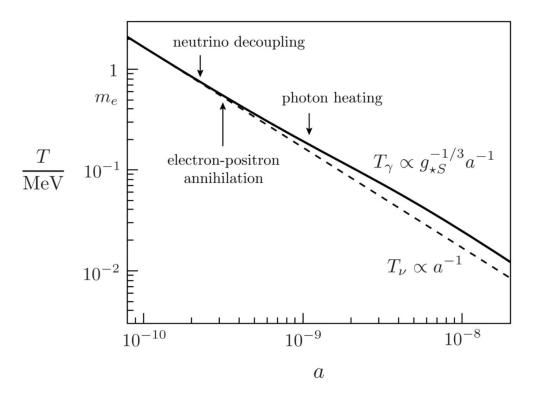


Astrophysics

 Multiple probes of matter power allow neutrino mass to be disentangled from nonlinear and baryonic effects

Green, JM (2021); Gerbino, Grohs, Lattanzi, et al (2022) ¹⁷

Cosmic Neutrino Background



Cosmic neutrinos decoupled from the thermal plasma around 1 MeV, and were then diluted relative to photons by electron-positron annihilation

$$T_{\nu} = \left(\frac{4}{11}\right)^{1/3} T_{\gamma}$$

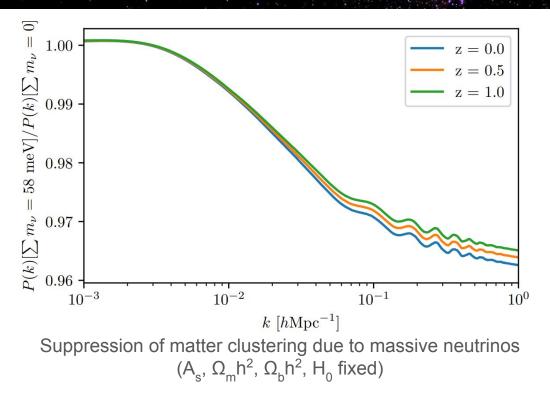
Cosmic neutrino background properties today:

$$T_{\nu,0} = 1.95 \,\mathrm{K}$$

= 1.68 × 10⁻⁴ eV
 $n_{\nu_i,0} = 112 \,\mathrm{cm}^{-3}$

Cosmic neutrino background provides an abundance of non-relativistic neutrinos

Massive Neutrinos Suppress Matter Clustering



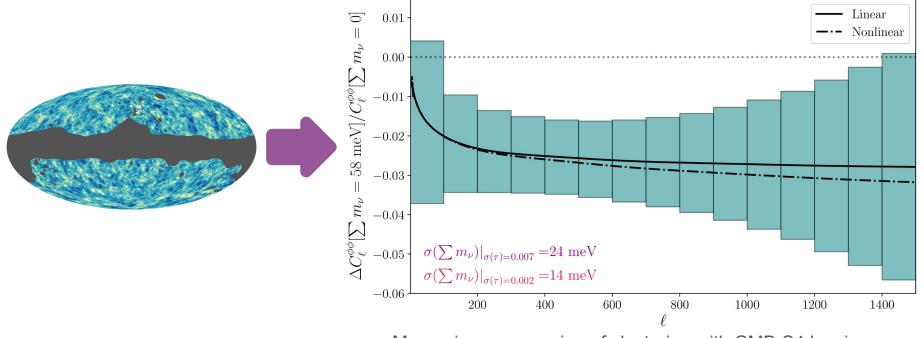
The large velocities of cosmic neutrinos causes them to free stream out of potential wells and suppress the growth of structure on scales smaller than their free-streaming length

$$f_{\nu} \equiv \frac{\Omega_{\nu}}{\Omega_{\rm m}} \simeq 4.3 \times 10^{-3} \left(\frac{\sum m_{\nu}}{58 \text{ meV}}\right)$$

19

Hu, Eisenstein, Tegmark (1998); Cooray (1999); Abazajian, et al (2011); Green, JM (2021); Gerbino, Grohs, Lattanzi, et al (2022)

Neutrino Mass with CMB Lensing



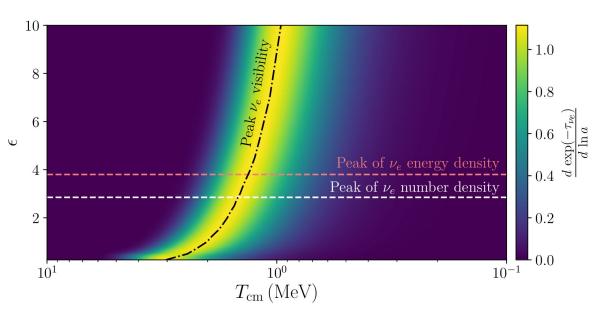
Measuring suppression of clustering with CMB-S4 lensing

Planck (2018); CMB-S4 (2016); Green, JM (2021) ²⁰

Light Relics

Cosmic Neutrinos as Standard Model Light Relics

Neutrino Differential Visibility



The energy density of the cosmic neutrino background can be calculated precisely, including the effects of non-instantaneous weak decoupling

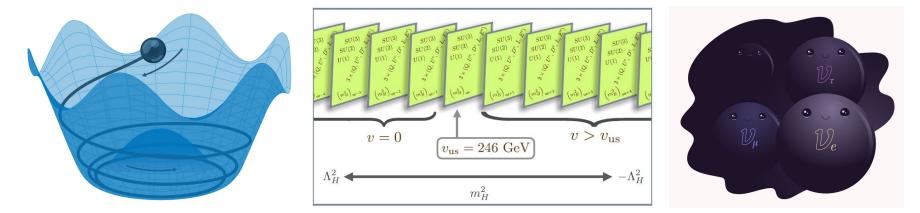
$$N_{\rm eff} = \frac{8}{7} \left(\frac{11}{4}\right)^{4/3} \frac{\rho_{\nu}}{\rho_{\gamma}}$$

 $N_{\rm eff}^{\rm SM} = 3.044(1)$

22

Escudero Abenza (2020); Akita, Yamaguchi (2020); Froustey, Pitrou, Volpe (2020); Bennett, et al (2021); Bond, Fuller, Grohs, JM, Wilson (In Prep.)

New Light Species are Ubiquitous in Standard Model Extensions



Axions and Axion-Like Particles

Complex Dark Sectors

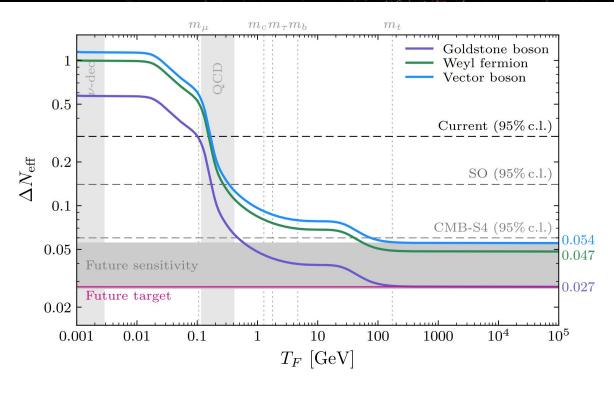
Sterile Neutrinos

23

... and many more

Green, Amin, JM, Wallisch, et al (2019); Dvorkin, JM, et al (2022) Image Credits: Quanta Magazine; Arkani-Hamed, et al (2016); Symmetry Magazine

Light Thermal Relics Set Useful Targets



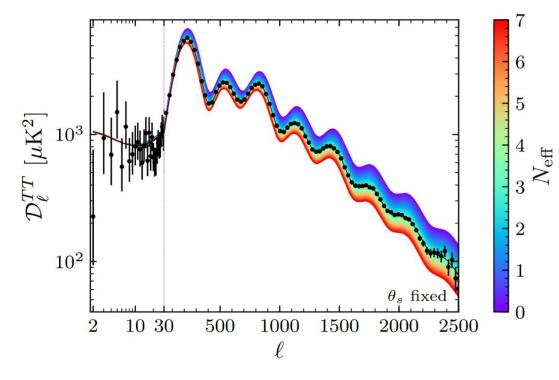
The relic density of any new light species that was ever in thermal equilibrium with the Standard Model plasma can be computed from its spin and decoupling temperature, setting clear targets for future surveys

Freeze-out occurs when production rate falls below Hubble rate

$$\Gamma \sim \frac{T^{2n+1}}{\Lambda^n} \qquad \qquad H \sim \frac{T^2}{M_{\rm pl}}$$

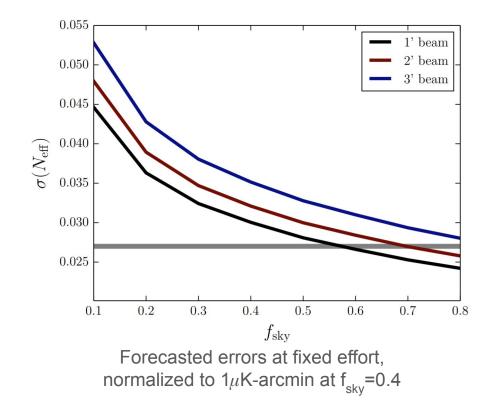
CMB-S4 2016); Green, Amin, JM, Wallisch, et al (2019); Dvorkin, JM, et al (2022) ²⁴

Light Relics Affect CMB Damping Scale

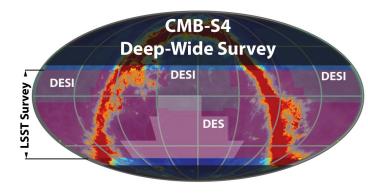


The mean density of light relics affects the expansion rate in the early universe and therefore impacts the damping scale of CMB anisotropies

Light Relics Measurements Favor Wide Surveys



Light relics are best measured with the CMB damping tail, meaning that at fixed effort, more unique modes are available in a wide survey compared to a deep survey we designed the CMB-S4 wide survey scan strategy to maximize sky coverage in order meet our target for light relics

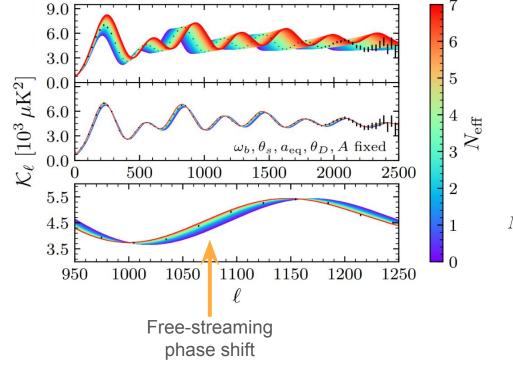


CMB-S4 (2016); CMB-S4 (2019) ²⁶

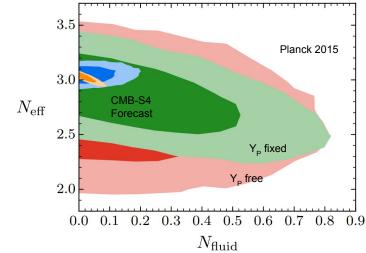
The Benefits of CMB Delensing



Free-Streaming Light Relics and the Phase Shift



Fluctuations in the density of free-streaming light relics leads to a phase shift of the CMB acoustic peaks, allowing them to be distinguished from fluid-like radiation



Bashinsky, Seljak (2004); Baumann, Green, JM, Wallisch (2016); Image Credit: Wallisch (2018) ²⁸

Gravitational Lensing Smooths Acoustic Peaks

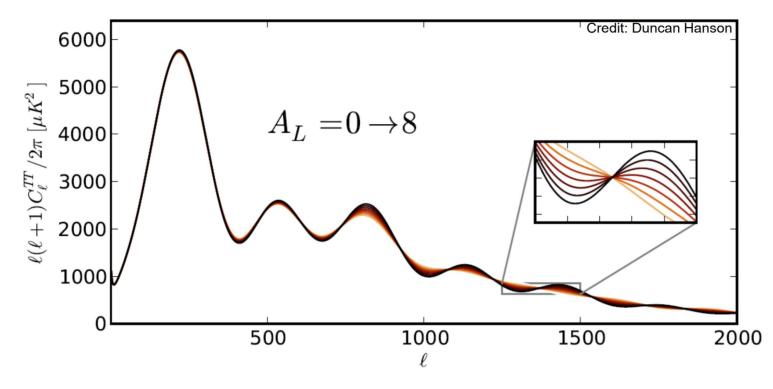
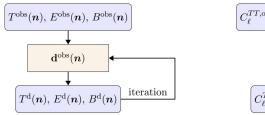
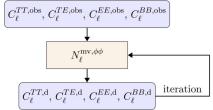


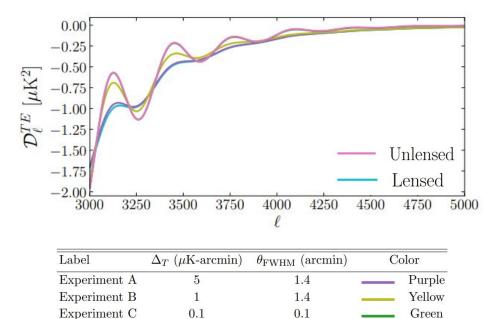
Image Credit: Hanson ²⁹

CMB Delensing

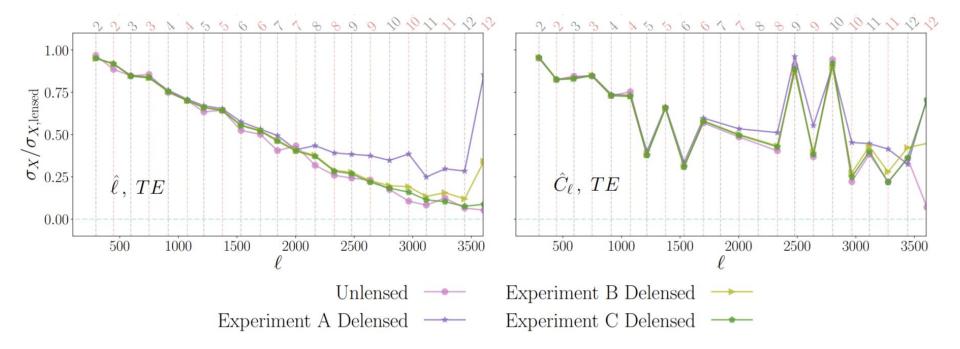
- The reconstructed lensing map can be used to reverse lensing effects on the CMB
- We showed that delensing is valuable for temperature and E modes as well as for B modes, and we developed a technique to self-consistently forecast iterative delensing of all CMB spectra



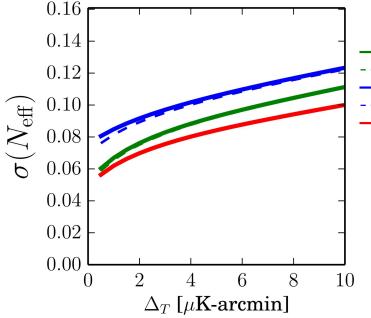




Sharper Delensed Peaks Can Be Better Localized



Delensing Enables Tighter Parameter Constraints



- Non-Gaussian Delensed
- - Gaussian Delensed
- Non-Gaussian Lensed
- Gaussian Lensed
- Unlensed

- Delensing improves the constraining power for parameters that impact primary spectra, and in particular enhances our ability to measure the light relic density
- Delensing also improves constraints on primordial isocurvature and primordial non-Gaussianity

The Broad Value of Delensing

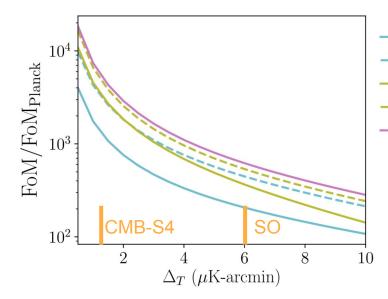


Figure of Merit (FoM) for ACDM compared to Planck

- Non-Gaussian Lensed
- -- Gaussian Lensed
- Non-Gaussian Delensed
- -- Gaussian Delensed
 - Unlensed

- Delensing holds broad benefit for improving CMB constraining power and can be achieved with data that will already be collected
- Delensing also reduces variance when reconstructing secondary anisotropies (including lensing itself)

Conclusion

Conclusion

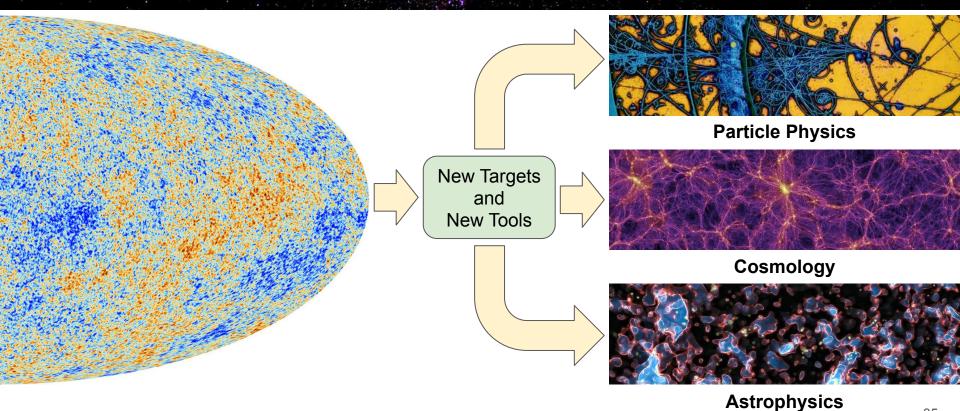
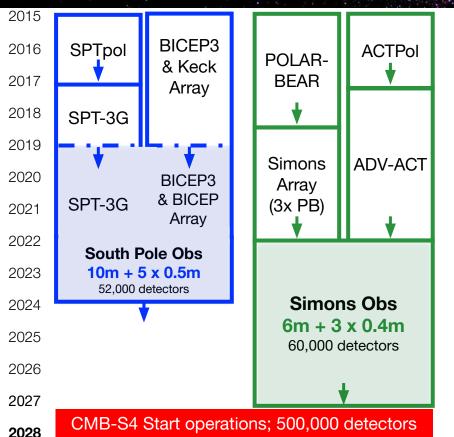


Image Credits: Planck; BEBC/CERN; Springel, et al; Alvarez, Kaehler, Abel



Backup Slides

Evolution of Ground-Based CMB Surveys

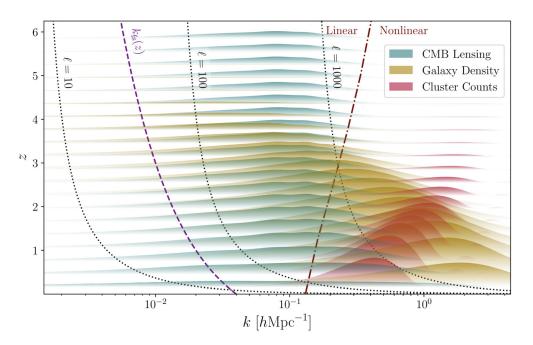


Science-driven expansion of capabilities + cost-driven consolidation of teams

- Late 2010s:
 - single-site, single resolution
 - O(10K) detectors
 - ACT, BICEP/Keck, POLARBEAR, SPT, etc
- Early 2020s:
 - single-site, dual-resolution
 - O(50K) detectors
 - Simons Observatory (SO), South Pole Observatory (SPO)
- Late 2020s:
 - dual-site, dual-resolution
 - O(500K) detectors
 - CMB-S4

Slide Credit: CMB-S4 38

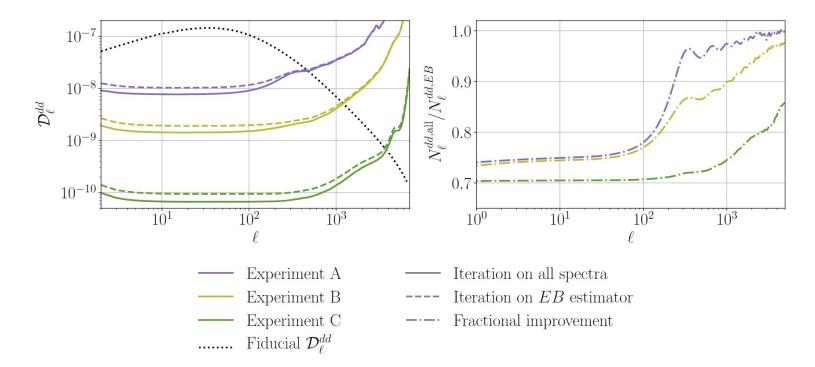
Measuring Clustering with Cosmological Surveys



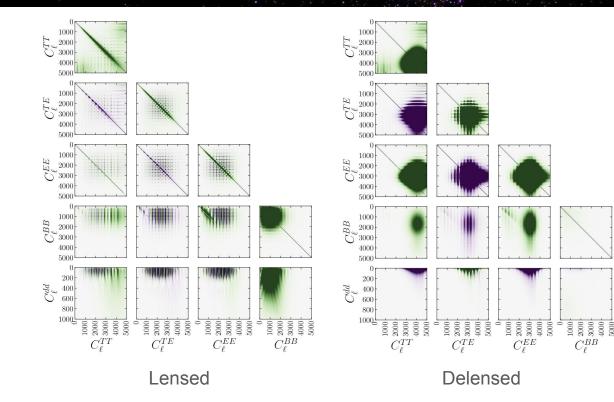
Sensitivity regimes of various probes of clustering

- Galaxy number density, galaxy weak lensing, counts of galaxy clusters, and weak lensing of the cosmic microwave background (among other probes) are sensitive to the clustering of matter across a wide range of scales and redshifts
- Unfortunately, the free-streaming scale cannot be resolved, and we must rely on a comparison of power at late and early times in order to measure neutrino mass

Delensing Improves Lensing Reconstruction

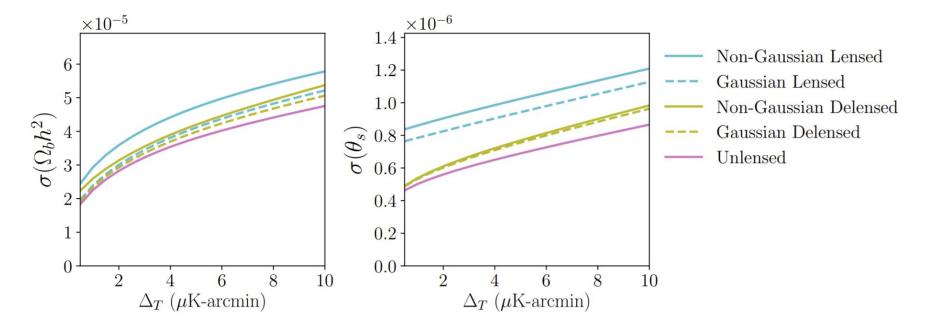


Delensing Reduces Non-Gaussian Covariance

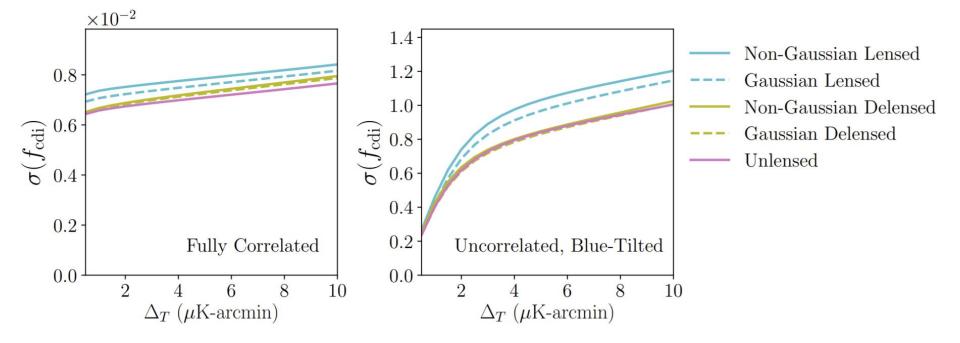


Delensing reduces off-diagonal power spectrum covariance for well-measured modes

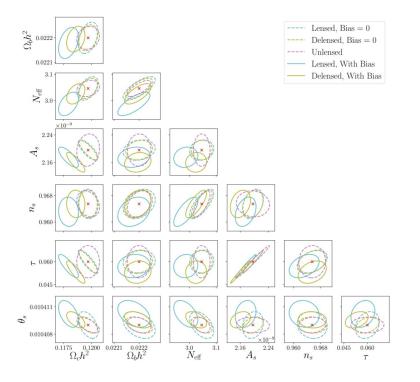
Delensing Improves Constraints on ACDM Parameters



Delensing Improves Constraints on Isocurvature



Delensing Mitigates Bias from Mis-modeled Lensing



- Non-linear structure growth, baryonic feedback, and physics beyond the Standard Model can lead to lensing spectra that differ from our expectations
- These mis-modeled lensing spectra can lead to biased parameter inferences if we try to forward-model lensing effects
- Delensing removes the realization of the lensing, thereby reducing our need to accurately model the spectrum