## On the fate of the Light Ring instability

## C. Herdeiro

Departamento de Matemática e CIDMA, Universidade de Aveiro, Portugal XV Black Holes Workshop, ISCTE, Lisbon, Dec 19th 2022


Based on
2207.13713
with
P. Cunha, E. Radu, N. Sanchis-Gual (to appear in Phys. Rev. Lett.)

The Gravity group @ Aveiro University. Portugal

## 3 statements and 3 questions

## 3 statements and 3 questions

S1: "Black bole hypothesis": There is a wide range of observational evidence for astrophysical dark compact objects, which are interpreted as black holes ( BHs ).

## 3 statements and 3 questions

S1: "Black hole hypothesis": There is a wide range of observational evidence for astrophysical dark compact objects, which are interpreted as black holes (BHs).

S2: "Kerr hypothesis": Astrophysical black holes are well described by the Kerr black hole solution of vacuum General Relativity (GR).

## 3 statements and 3 questions

S1: "Black hole hypothesis": There is a wide range of observational evidence for astrophysical dark compact objects, which are interpreted as black holes (BHs).

S2: "Kerr hypothesis": Astrophysical black holes are well described by the Kerr black hole solution of vacuum General Relativity (GR).

S3: The Kerr BH has light rings (LRs) and LRs have a close connection with strong gravity observables, such as the ringdown and the black hole imaging.

## 3 statements and 3 questions

S1: "Black hole hypothesis": There is a wide range of observational evidence for astrophysical dark compact objects, which are interpreted as black holes (BHs).

S2: "Kerr hypothesis": Astrophysical black holes are well described by the Kerr black hole solution of vacuum General Relativity (GR).

S3: The Kerr BH has light rings (LRs) and LRs have a close connection with strong gravity observables, such as the ringdown and the black hole imaging.

Q1: Do all theoretical black hole solutions have Kerr-like LRs?

## 3 statements and 3 questions

S1: "Black hole hypothesis": There is a wide range of observational evidence for astrophysical dark compact objects, which are interpreted as black holes (BHs).

S2: "Kerr hypothesis": Astrophysical black holes are well described by the Kerr black hole solution of vacuum General Relativity (GR).

S3: The Kerr BH has light rings (LRs) and LRs have a close connection with strong gravity observables, such as the ringdown and the black hole imaging.

Q1: Do all theoretical black hole solutions have Kerr-like LRs?

Q2: Can theoretical horizonless exotic compact objects (ECOs) have Kerr-like LRs?

## 3 statements and 3 questions

S1: "Black hole hypothesis": There is a wide range of observational evidence for astrophysical dark compact objects, which are interpreted as black holes (BHs).

S2: "Kerr hypothesis": Astrophysical black holes are well described by the Kerr black hole solution of vacuum General Relativity (GR).

S3: The Kerr BH has light rings (LRs) and LRs have a close connection with strong gravity observables, such as the ringdown and the black hole imaging.

Q1: Do all theoretical black hole solutions have Kerr-like LRs?

Q2: Can theoretical horizonless exotic compact objects (ECOs) have Kerr-like LRs?

Q3: If so, could such ECOs be astrophysically viable?

## 3 statements and 3 questions

S1: "Black hole hypothesis": There is a wide range of observational evidence for astrophysical dark compact objects, which are interpreted as black holes (BHs).

S2: "Kerr hypothesis": Astrophysical black holes are well described by the Kerr black hole solution of vacuum General Relativity (GR).

S3: The Kerr BH has light rings (LRs) and LRs have a close connection with strong gravity observables, such as the ringdown and the black hole imaging.

Q1: Do all theoretical black hole solutions have Kerr-like LRs?

Q2: Can theoretical horizonless exotic compact objects (ECOs) have Kerr-like LRs?

Q3: If so, could such ECOs be astrophysically viable?

In my talk I will give partial, but hopefully informative, answers to these three questions.

## Q1: Do all theoretical black hole solutions have Kerr-like LRs?

## Q1: Do all theoretical black hole solutions have Kerr-like LRs?

## PHYSICAL REVIEW LETTERS 124, 181101 (2020)

# Stationary Black Holes and Light Rings 

Pedro V. P. Cunha ${ }^{1}{ }^{1}$ and Carlos A. R. Herdeiro $\odot^{2}$

${ }^{1}$ Max Planck Institute for Gravitational Physics-Albert Einstein Institute, Am Mühlenberg 1, Potsdam 14476, Germany
${ }^{2}$ Departamento de Matemática da Universidade de Aveiro and CIDMA, Campus de Santiago, 3810-183 Aveiro, Portugal
© (Received 19 March 2020; accepted 15 April 2020; published 8 May 2020)
The ringdown and shadow of the astrophysically significant Kerr black hole (BH) are both intimately connected to a special set of bound null orbits known as light rings (LRs). Does it hold that a generic equilibrium BH must possess such orbits? In this Letter we prove the following theorem. A stationary, axisymmetric, asymptotically flat black hole spacetime in $1+3$ dimensions, with a nonextremal, topologically spherical, Killing horizon admits, at least, one standard LR outside the horizon for each rotation sense. The proof relies on a topological argument and assumes $C^{2}$ smoothness and circularity, but makes no use of the field equations. The argument is also adapted to recover a previous theorem establishing that a horizonless ultracompact object must admit an even number of nondegenerate LRs, one of which is stable.

DOI: 10.1103/PhysRevLett.124.181101

## Q1: Do all theoretical black hole solutions have Kerr-like LRs?

## PHYSICAL REVIEW LETTERS 124, 181101 (2020)

## Editors' Suggestion

## Stationary Black Holes and Light Rings

Pedro V. P. Cunha ${ }^{1}{ }^{1}$ and Carlos A. R. Herdciro $\odot^{2}$
${ }^{1}$ Max Planck Institute for Gravitational Physics-Albert Einstein Institute, Am Mühlenberg 1, Potsdam 14476, Germany
${ }^{2}$ Departamento de Matemática da Universidade de Aveiro and CIDMA, Campus de Santiago, 3810-183 Aveiro, Portugal
(1) (Received 19 March 2020; accepted 15 April 2020; published 8 May 2020)

The ringdown and shadow of the astrophysically significant Kerr black hole (BH) are both intimately connected to a special set of bound null orbits known as light rings (LRs). Does it hold that a generic A stationary,
axisymmetric, asymptotically flat black hole spacetime in $1+3$ dimensions, with a nonextremal, topologically spherical, Killing horizon admits, at least, one standard LR outside the horizon for each rotation sense.
makes no use of the field equations. The argument is also adapted to recover a previous theorem establishing that a horizonless ultracompact object must admit an even number of nondegenerate LRs, one of which is stable.

DOI: 10.1103/PhysRevLett.124.181101

## Q1: Do all theoretical black hole solutions have Kerr-like LRs?

## PHYSICAL REVIEW LETTERS 124, 181101 (2020)

## Editors' Suggestion

## Stationary Black Holes and Light Rings

Pedro V. P. Cunha ${ }^{1}{ }^{1}$ and Carlos A. R. Herdciro $\odot^{2}$
${ }^{1}$ Max Planck Institute for Gravitational Physics-Albert Einstein Institute, Am Mühlenberg 1, Potsdam 14476, Germany
${ }^{2}$ Departamento de Matemática da Universidade de Aveiro and CIDMA, Campus de Santiago, 3810-183 Aveiro, Portugal
(6) (Received 19 March 2020; accepted 15 April 2020; published 8 May 2020)

The ringdown and shadow of the astrophysically significant Kerr black hole (BH) are both intimately connected to a special set of bound null orbits known as light rings (LRs). Does it hold that a generic A stationary,
axisymmetric, asymptotically flat black hole spacetime in $1+3$ dimensions, with a nonextremal, topologically spherical, Killing horizon admits, at least, one standard LR outside the horizon for each rotation sense.
makes no use of the field equations. The argument is also adapted to recover a previous theorem establishing that a horizonless ultracompact object must admit an even number of nondegenerate LRs, one of which is stable.

DOI: 10.1103/PhysRevLett.124.181101

## Central idea:

$\left.\begin{aligned} & \text { LRs are critical points } \\ & \text { of two potentials }\end{aligned} \quad \nabla H_{ \pm}\right|_{\mathrm{LR}}=0$

## Q1: Do all theoretical black hole solutions have Kerr-like LRs?

## PHYSICAL REVIEW LETTERS 124, 181101 (2020)

## Editors' Suggestion

# Stationary Black Holes and Light Rings 

Pedro V. P. Cunha ${ }^{1}{ }^{1}$ and Carlos A. R. Herdciro $\odot^{2}$
${ }^{1}$ Max Planck Institute for Gravitational Physics-Albert Einstein Institute, Am Mühlenberg 1, Potsdam 14476, Germany
${ }^{2}$ Departamento de Matemática da Universidade de Aveiro and CIDMA, Campus de Santiago, 3810-183 Aveiro, Portugal
(1) (Received 19 March 2020; accepted 15 April 2020; published 8 May 2020)

The ringdown and shadow of the astrophysically significant Kerr black hole (BH) are both intimately connected to a special set of bound null orbits known as light rings (LRs). Does it hold that a generic

A stationary,
axisymmetric, asymptotically flat black hole spacetime in $1+3$ dimensions, with a nonextremal, topologically spherical, Killing horizon admits, at least, one standard LR outside the horizon for each rotation sense.
makes no use of the field equations. The argument is also adapted to recover a previous theorem establishing that a horizonless ultracompact object must admit an even number of nondegenerate LRs, one of which is stable.

DOI: 10.1103/PhysRevLett.124.181101

## Central idea:

$\left.\begin{aligned} & \text { LRs are critical points } \\ & \text { of two potentials }\end{aligned} \quad \nabla H_{ \pm}\right|_{\mathrm{LR}}=0$

## These potentials

define vector fields $\quad \mathbf{V}_{ \pm}=\nabla H_{ \pm}$ as their gradients:

Circulating a closed contour, the winding of these vector fields defines an integer topological charge w:

$$
\oint_{C} d \Omega=2 \pi w
$$

Circulating a closed contour, the winding of these vector fields defines an integer topological charge w:

$$
\oint_{C} d \Omega=2 \pi w
$$

angle of the vector field



Circulating a closed contour, the winding of these vector fields defines an integer topological charge w:

$$
\oint_{C} d \Omega=2 \pi w
$$

angle of the vector field
























## But not all possible LRs have $w=-1$ :

saddle point

local min

local max


But not all possible LRs have $w=-1$ :
saddle point


local max

$w=-1$

## Standard LRs

(Kerr-like)

But not all possible LRs have $w=-1$ :
saddle point

$w=-1$
Standard LRs
(Kerr-like)

$w=+1$
$w=+1$

## Exotic LRs

(Kerr-unlike)

But not all possible LRs have $w=-1$ :


Standard LRs
(Kerr-like)

Exotic LRs
(Kerr-unlike)

The topological charge is additive:

$$
\oint_{C} d \Omega=2 \pi \sum_{i} w_{i}, \quad w_{i}=-1,1 .
$$





$$
w=\lim _{R \rightarrow+\infty} \lim _{r_{0} \rightarrow r_{H}}\left(\lim _{\delta \rightarrow 0} \oint_{C} d \Omega\right)=-1
$$

Q1: Do all theoretical black hole solutions have Kerr-like LRs?
(Partial) R1:
Yes, under the stated conditions of the theorem (and possibly even more LRs).

But, can be circumvented (e.g.) by changing the boundary conditions.<br>Example of a BH without LRs (asymptotically Melvin):<br>Júnior, Cunha, CH, Crispino, Phys. Rev. D 104 (2021) 044018

## Q2: Can theoretical horizonless exotic ECOs have Kerr-like LRs?

## Q2: Can theoretical horizonless exotic ECOs have Kerr-like LRs?

As BH mimickers, ECOs have the appeal that they could solve the singularity problem of BHs and perhaps connect to the dark matter issue.

Many models of horizonless ECOs have been proposed throughout the years, with different motivations, not always to replace black holes. Some co-exist with black holes.

## Q2: Can theoretical horizonless exotic ECOs have Kerr-like LRs?

As BH mimickers, ECOs have the appeal that they could solve the singularity problem of BHs and perhaps connect to the dark matter issue.

Many models of horizonless ECOs have been proposed throughout the years, with different motivations, not always to replace black holes. Some co-exist with black holes.
a) "geons", realized by Boson stars (Schunck, Mielke, CQG 20 (2003) R301; Jetzer, Phys. Rept. 220 (1992) 163) and Proca stars (Brito, Cardoso, CH, Radu, PLB 752 (2016) 291); can form dynamically (Seidel, Suen, PRL 72 (1994) 2516); Perturbatively stable Gleiser and Watkins, NPB 319 (1989) 733; Lee and Pang, NPB 315 (1989) 477; Can be studied dynamically in binaries (Liebling and Palenzuela LRR 20 (2017) 5)
b) wormholes (Morris and Thorne, Am. J. Phys. 56 (1988) 395-412)
c) gravastars (Mazur and Mottola, gr-q//0109035)
d) fuzzballs (Mathur, Fortsch. Phys. 53 (2005) 793)
e) ... See e.g. Pani and Cardoso, Nature Astron. 1 (2017) 9,586

## Q2: Can theoretical horizonless exotic ECOs have Kerr-like LRs?

As BH mimickers, ECOs have the appeal that they could solve the singularity problem of BHs and perhaps connect to the dark matter issue.

Many models of horizonless ECOs have been proposed throughout the years, with different motivations, not always to replace black holes. Some co-exist with black holes.
a) "geons", realized by Boson stars (Schunck, Mielke, CQG 20 (2003) R301; Jetzer, Phys. Rept. 220 (1992) 163) and Proca stars (Brito, Cardoso, CH, Radu, PLB 752 (2016) 291); can form dynamically (Seidel, Suen, PRL 72 (1994) 2516); Perturbatively stable Gleiser and Watkins, NPB 319 (1989) 733; Lee and Pang, NPB 315 (1989) 477; Can be studied dynamically in binaries (Liebling and Palenzuela LRR 20 (2017) 5)
b) wormholes (Morris and Thorne, Am. J. Phys. 56 (1988) 395-412)
c) gravastars (Mazur and Mottola, gr-q//0109035)
d) fuzzballs (Mathur, Fortsch. Phys. 53 (2005) 793)
e) ... See e.g. Pani and Cardoso, Nature Astron. 1 (2017) 9, 586

## Generic statements?

# A theorem for ultracompact ECOs that form from incomplete gravitational collapse 

# Light-Ring Stability for Ultracompact Objects 

Pedro V. P. Cunha, ${ }^{1,2}$ Emanuele Berti, ${ }^{3,2}$ and Carlos A. R. Herdeiro ${ }^{1}$<br>${ }^{1}$ Departamento de Física da Universidade de Aveiro and CIDMA, Campus de Santiago, 3810-183 Aveiro, Portugal<br>${ }^{2}$ CENTRA, Departamento de Física, Instituto Superior Técnico, Universidade de Lisboa, Avenida Rovisco Pais 1, 1049 Lisboa, Portugal<br>${ }^{3}$ Department of Physics and Astronomy, The University of Mississippi, University, Mississippi 38677, USA (Received 3 August 2017; revised manuscript received 18 October 2017; published 18 December 2017)

We prove the following theorem: axisymmetric, stationary solutions of the Einstein field equations formed from classical gravitational collapse of matter obeying the null energy condition, that are everywhere smooth and ultracompact (i.e., they have a light ring) must have at least two light rings, and one of them is stable. It has been argued that stable light rings generally lead to nonlinear spacetime instabilities. Our result implies that smooth, physically and dynamically reasonable ultracompact objects are not viable as observational alternatives to black holes whenever these instabilities occur on astrophysically short time scales. The proof of the theorem has two parts: (i) We show that light rings always come in pairs, one being a saddle point and the other a local extremum of an effective potential. This result follows from a topological argument based on the Brouwer degree of a continuous map, with no assumptions on the spacetime dynamics, and, hence, it is applicable to any metric gravity theory where photons follow null geodesics. (ii) Assuming Einstein's equations, we show that the extremum is a local minimum of the potential (i.e., a stable light ring) if the energy-momentum tensor satisfies the null energy condition.

# A theorem for ultracompact ECOs that form from incomplete gravitational collapse 

PHYSICAL REVIEW LETTERS

# Light-Ring Stability for Ultracompact Objects 

Pedro V. P. Cunha, ${ }^{1,2}$ Emanuele Berti, ${ }^{3,2}$ and Carlos A. R. Herdeiro ${ }^{1}$<br>${ }^{1}$ Departamento de Física da Universidade de Aveiro and CIDMA, Campus de Santiago, 3810-183 Aveiro, Portugal<br>${ }^{2}$ CENTRA, Departamento de Física, Instituto Superior Técnico, Universidade de Lisboa, Avenida Rovisco Pais 1, 1049 Lisboa, Portugal<br>${ }^{3}$ Department of Physics and Astronomy, The University of Mississippi, University, Mississippi 38677, USA (Received 3 August 2017; revised manuscript received 18 October 2017; published 18 December 2017) formed from classical gravitational collapse of matter obeying the null energy condition, that are everywhere smooth and ultracompact (i.e., they have a light ring) must have at least two light rings, and one of them is stable.

implies that smooth, physically and dynamically reasonable ultracompact objects are not viable as observational alternatives to black holes whenever these instabilities occur on astrophysically short time scales. The proof of the theorem has two parts: (i) We show that light rings always come in pairs, one being a saddle point and the other a local extremum of an effective potential. This result follows from a topological argument based on the Brouwer degree of a continuous map, with no assumptions on the spacetime dynamics, and, hence, it is applicable to any metric gravity theory where photons follow null geodesics. (ii) Assuming Einstein's equations, we show that the extremum is a local minimum of the potential (i.e., a stable light ring) if the energy-momentum tensor satisfies the null energy condition.

DOI: 10.1103/PhysRevLett.119.251102



$$
w=\lim _{R \rightarrow+\infty} \lim _{r_{0} \rightarrow 0}\left(\lim _{\delta \rightarrow 0} \oint_{C} d \Omega\right)=0
$$

## A generic dynamical picture



## A generic dynamical picture



## A generic dynamical picture



## A generic dynamical picture



## A generic dynamical picture



## A generic dynamical picture



## A generic dynamical picture



A generic dynamical picture


## Punch line:

any (stationary, axi-symmetric, circular, topologically trivial) ECO that forms from an incomplete gravitational collapse which has a standard LR, must have an exotic one as well.

The exotic LR must be stable, if the Null Energy Condition (NEC) is obeyed.

Q2: Can theoretical horizonless exotic compact objects (ECOs) have Kerr-like LRs?
(Partial) R2:

> Yes,
> but under the stated conditions of the theorem necessarily with extra baggage: there is an extra LR, which is stable assuming the NEC.

But, can be circumvented (e.g.): by non-trivial topology (e.g. wormholes), by non-smoothness (e.g. gravastars), by $a d$ hoc boundary conditions (e.g. truncations of Kerr).

Q3: If so, could such ECOs be astrophysically viable?

# Q3: If so, could such ECOs be astrophysically viable? 

## Some viability conditions:

1) Appear in a well motivated and consistent physical model;
2) Have a dynamical formation mechanism;
3) Be (sufficiently) stable.

## Q3: If so, could such ECOs be astrophysically viable?

## Some viability conditions:

1) Appear in a well motivated and consistent physical model;
2) Have a dynamical formation mechanism;
3) Be (sufficiently) stable.

## Then,

there is a possible generic viability issue for ultracompact ECOs with a stable LR:
stable LRs may lead to a trapping instability.
J. Keir, Class.Quant.Grav. 33 (2016) no.13, 135009; Benomio, arXiv:1809.07795

- Non-linear;
- Time scale?


# Exotic Compact Objects and the Fate of the Light-Ring Instability 

Pedro V. P. Cunha®, ${ }^{1}$ Carlos Herdeiro®, ${ }^{1}$ Eugen Radu, ${ }^{1}$ and Nicolas Sanchis-Gual $\odot^{2,1}$<br>${ }^{1}$ Departamento de Matemática da Universidade de Aveiro and Centre for Research and Development in Mathematics and Applications (CIDMA), Campus de Santiago, 3810-183 Aveiro, Portugal<br>${ }^{2}$ Departamento de Astronomía y Astrofísica, Universitat de València, Dr. Moliner 50, 46100 Burjassot (València), Spain

(Received 12 August 2022; accepted 6 December 2022)
Ultracompact objects with light rings (LRs) but without an event horizon could mimic black holes (BHs) in their strong gravity phenomenology. But are such objects dynamically viable? Stationary and axisymmetric ultracompact objects that can form from smooth, quasi-Minkowski initial data must have at least one stable LR, which has been argued to trigger a spacetime instability; but its development and fate have been unknown. Using fully nonlinear numerical evolutions of ultracompact bosonic stars free of any other known instabilities and introducing a novel adiabatic effective potential technique, we confirm the LRs triggered instability, identifying two possible fates: migration to nonultracompact configurations or collapse to BHs. In concrete examples we show that typical migration (collapse) timescales are not larger than $\sim 10^{3}$ light-crossing times, unless the stable LR potential well is very shallow. Our results show that the LR instability is effective in destroying horizonless ultracompact objects that could be plausible BH imitators.
$\mathcal{L}=\frac{R}{16 \pi G}+\mathcal{L}_{m}$

$\mathcal{L}=\frac{R}{10 \pi G}+\mathcal{L}_{m} \quad \mathcal{L}_{m}=-\frac{1}{4} \mathcal{F}_{\alpha \beta} \overline{\mathcal{F}}^{\alpha \beta}-\frac{1}{2} \mu^{2} \mathcal{A}_{\alpha} \overline{\mathcal{A}}^{\alpha} \quad \quad$ Spinning (mini)-Proca stars

$$
\mathcal{L}_{m}=-\partial_{\alpha} \Phi \partial^{\alpha} \bar{\Phi}-\mu^{2}|\Phi|^{2}\left[1-\frac{2|\Phi|^{2}}{\sigma_{0}^{2}}\right]^{2}
$$


$\mathcal{L}=\frac{R}{16 G}+\mathcal{L}_{m} \quad \mathcal{L}_{m}=-\frac{1}{4} \mathcal{F}_{\alpha \beta} \overline{\mathcal{F}}^{\alpha \beta}-\frac{1}{2} \mu^{2} \mathcal{A}_{\alpha} \overline{\mathcal{A}}^{\alpha} \quad \quad$ Spinning (mini)-Proca stars

$$
\mathcal{L}_{m}=-\partial_{\alpha} \Phi \partial^{\alpha} \bar{\Phi}-\mu^{2}|\Phi|^{2}\left[1-\frac{2|\Phi|^{2}}{\sigma_{0}^{2}}\right]^{2}
$$

Proca Stars

There is an instability and there is a transition:


There is an instability and there is a transition:

$$
w / \mu=0.16
$$



## Collapse into BH

There is an instability and there is a transition:


## Collapse into BH



Migration into non-ultracompact

There is an instability and there is a transition:


## Q3: If so, could such ECOs be astrophysically viable?

(Partial) R3:

The trapping instability associated to stable LRs is real in the concrete studied models and
it needs not be too long lived, except near the critical solution, leading to collapse or migration.

This questions the viability of ultracompact ECOs, that have a plausible formation mechanism.

But, only two families of examples; generality?
there are important open questions (non-monotonic instability time scale, loss of axi-symmetry, non-linear character of the instability, spatial correlation with stable LR,...).

## On the fate of the Light Ring instability

C. Herdeiro

Departamento de Matemática e CIDMA, Universidade de Aveiro, Portugal XV Black Holes Workshop, ISCTE, Lisbon, Dec 19th 2022


