

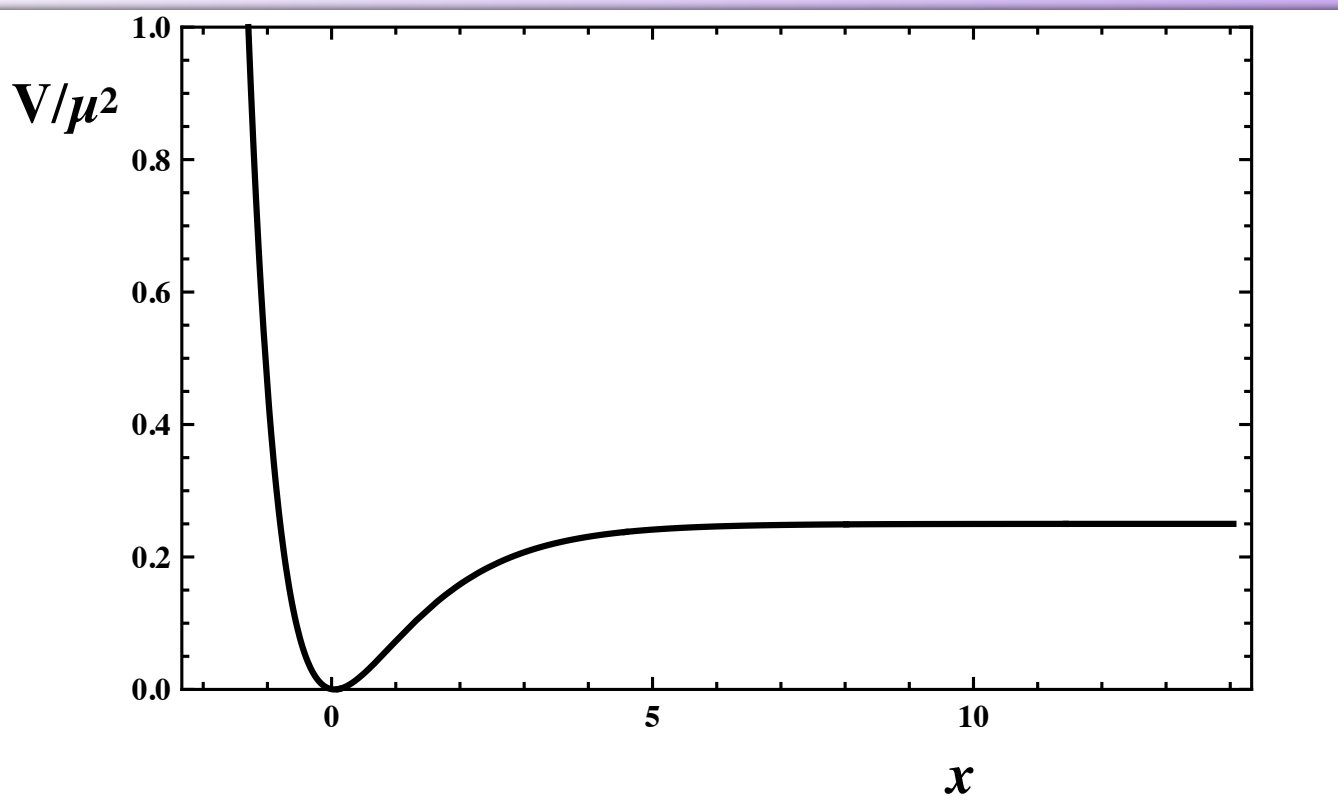
Gravitational Portals

- Examples of Inflation: Starobinsky and T-models
- Instantaneous vs non-instantaneous reheating
- Particle Production
- Gravitational Portals

Key Steps as Inflation ends

Equations of motion

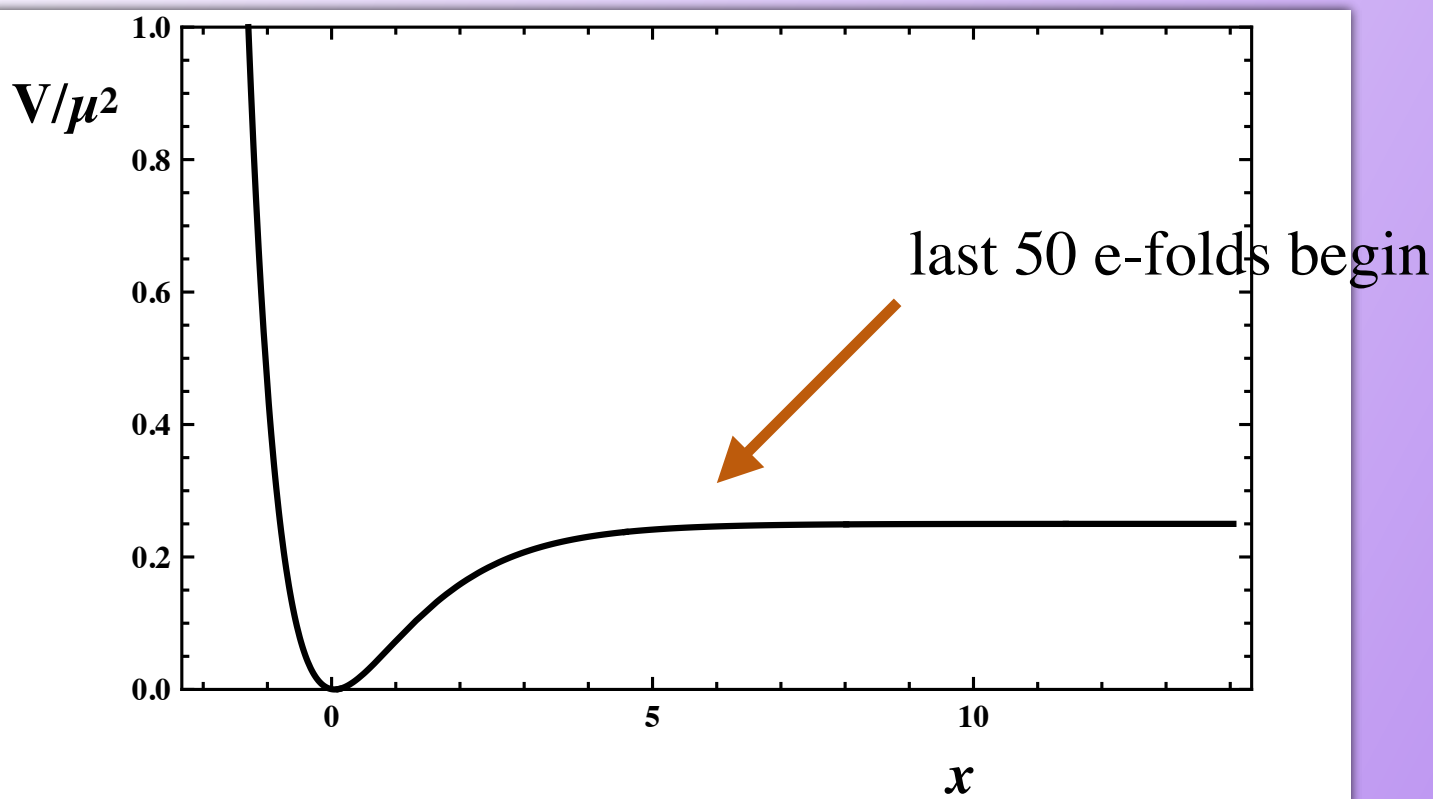
$$\ddot{\phi} + 3H\dot{\phi} + \frac{\partial V}{\partial \phi} \simeq \ddot{\phi} + 3H\dot{\phi} + m^2(\phi)\phi = 0$$



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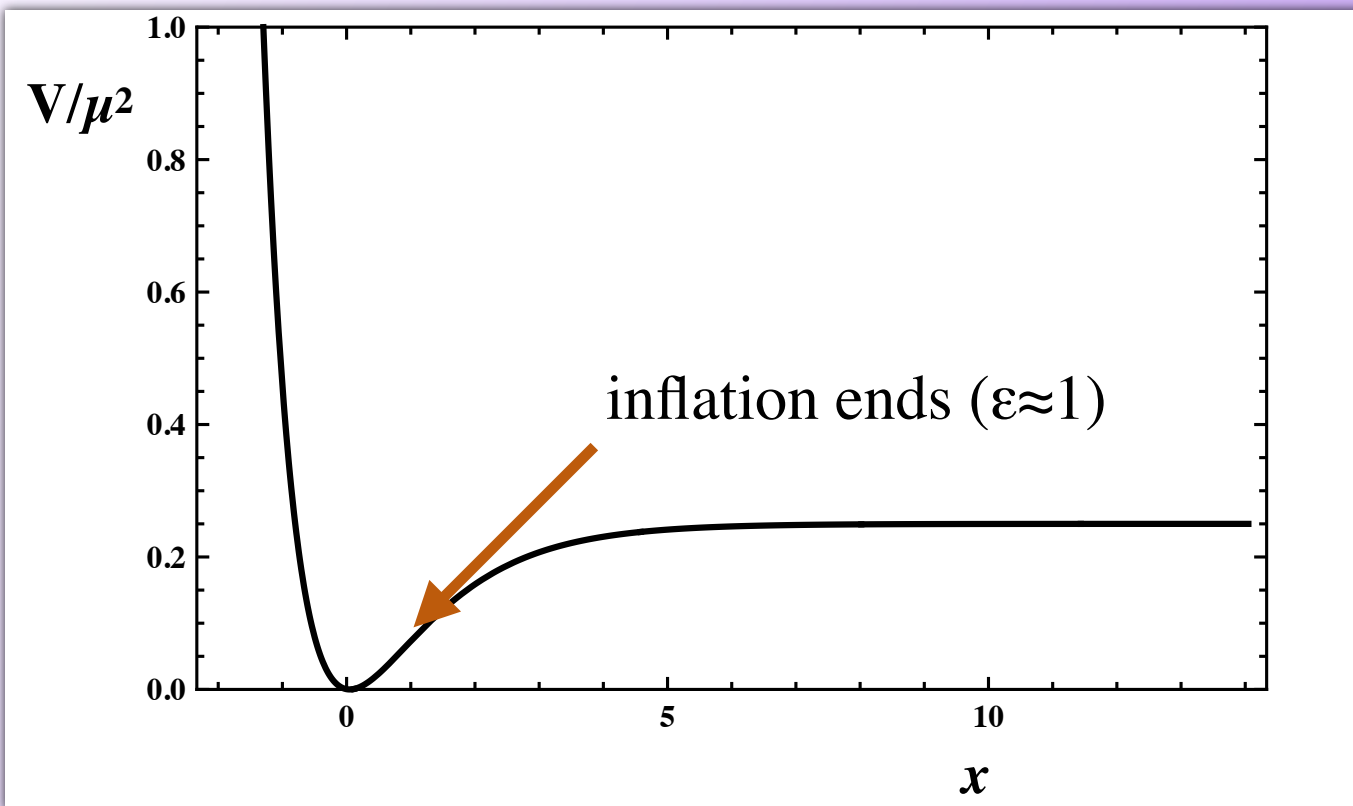
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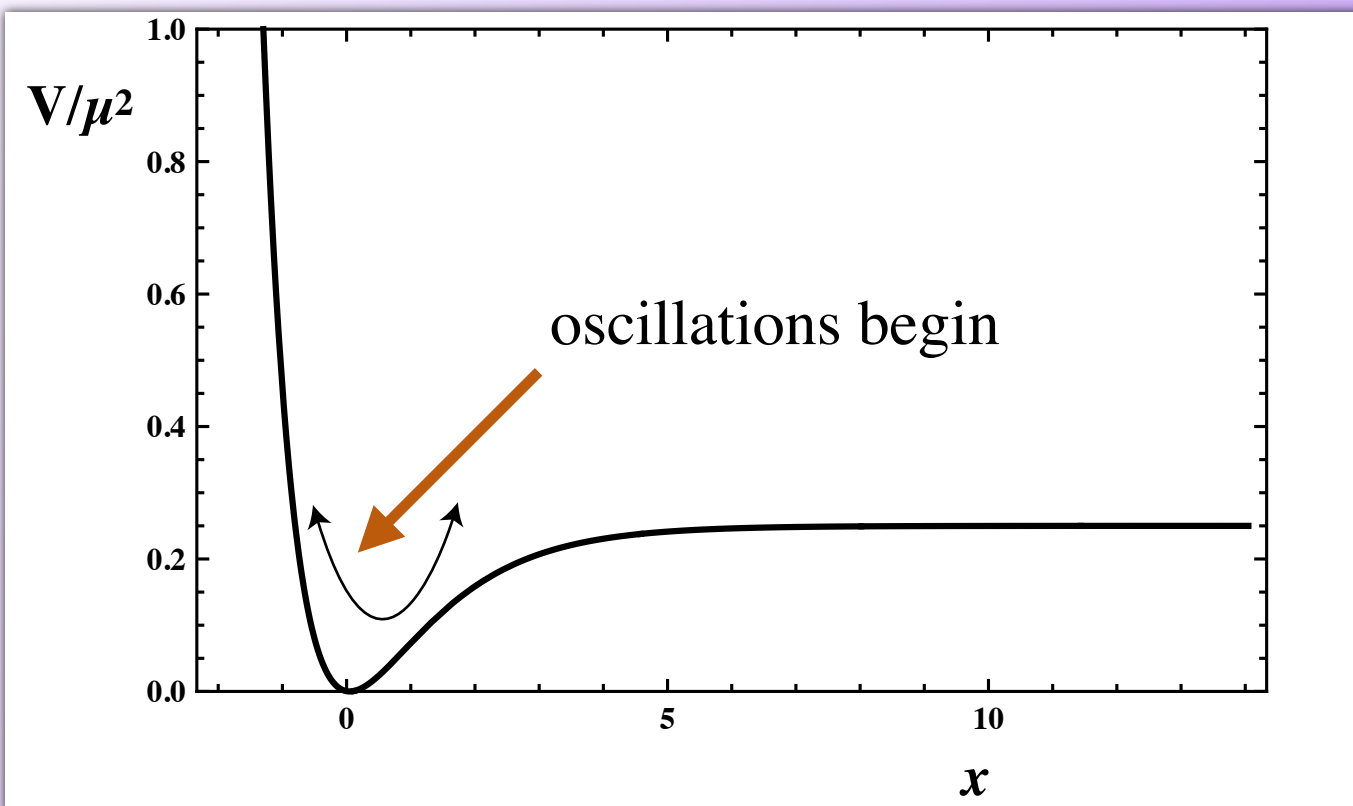
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Key Steps as Inflation ends

Equations of motion

$$\ddot{\phi} + 3H\dot{\phi} + \frac{\partial V}{\partial \phi} \simeq \ddot{\phi} + 3H\dot{\phi} + m^2(\phi)\phi = 0$$



Then what happens?

- Inflaton decays leading to reheating

$$\frac{\pi^2 g_{\text{reh}} T_{\text{reh}}^4}{30} = \frac{12}{25} (\Gamma_\phi M_P)^2 \quad \rho_R(a_{\text{RH}}) = \rho_\phi(a_{\text{RH}})$$

For $\Gamma_\phi = \frac{y^2}{8\pi} m_\phi(\phi) \quad T_{\text{reh}} \simeq 1.9 \times 10^{15} \text{ GeV} \cdot y \cdot g_{\text{reh}}^{-1/4} \left(\frac{m_\phi}{3 \times 10^{13} \text{ GeV}} \right)^{1/2} .$

- Inflaton oscillations \Rightarrow particle production

R+R² Gravity

$$\mathcal{A} = \frac{1}{2\kappa^2} \int d^4x \sqrt{-g} (R + \tilde{\alpha} R^2) \quad \text{Starobinsky}$$

transform to Einstein frame $\tilde{g}_{\mu\nu} = e^{2\Omega} g_{\mu\nu} = (1 + 2\tilde{\alpha}\Phi) g_{\mu\nu}$

Leading to

$$\mathcal{A} = \frac{1}{2\kappa^2} \int d^4x \sqrt{-\tilde{g}} \left[\tilde{R} - \kappa^2 \partial^\mu \phi \partial_\mu \phi - \frac{1}{4\tilde{\alpha}} \left(1 - e^{-\sqrt{\frac{2}{3}} \kappa \phi} \right)^2 \right]$$

$$\tilde{\alpha} = 1/6M^2$$

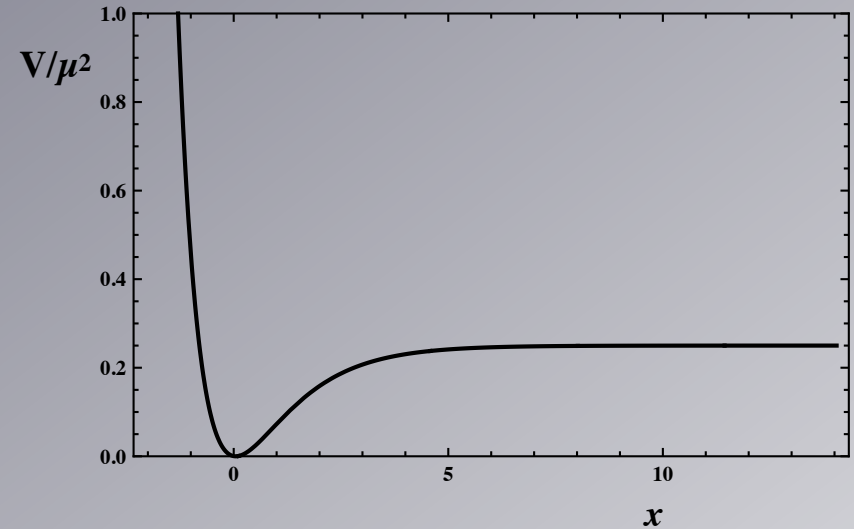
$$V = \frac{3}{4} M^2 \left(1 - e^{-\sqrt{2/3} \phi'} \right)^2$$

Planck-friendly Models: R+R² Inflation

Starobinsky

$$\begin{aligned}
 V &= \frac{3}{4} M^2 (1 - e^{-\sqrt{2/3}\phi'})^2 \\
 &= \mu^2 e^{-\sqrt{2/3}x} \sinh^2(x/\sqrt{6})
 \end{aligned}$$

$$x = \phi/M_P, \quad \mu^2 = 3M^2$$



Slow Roll parameters:

$$\begin{aligned}
 \epsilon &= \frac{1}{3} \operatorname{csch}^2(x/\sqrt{6}) e^{-\sqrt{2/3}x}, \\
 \eta &= \frac{1}{3} \operatorname{csch}^2(x/\sqrt{6}) (2e^{-\sqrt{2/3}x} - 1)
 \end{aligned}$$

μ is set by the normalization of the quadrupole

$$A_s = \frac{V}{24\pi^2\epsilon} = \frac{\mu^2}{8\pi^2} \sinh^4(x/\sqrt{6}) \quad \Rightarrow \quad \mu = 2.2 \times 10^{-5} \text{ for } N = 55$$

For $N=55$, $n_s = 0.965$; $r = .0035$

$x_i = 5.35$

No-Scale realization of Starobinsky

Can we find a model consistent with Planck?

Ellis, Nanopoulos, Olive

Cremmer, Ferrara,
Kounnas, Nanopoulos;
Ellis, Kounnas,
Nanopoulos; Lahanas,
Nanopoulos

Start with NS: $K = -3 \ln(T + T^* - \phi^i \phi_i^* / 3)$

and a WZ model: $W = \frac{\hat{\mu}}{2} \Phi^2 - \frac{\lambda}{3} \Phi^3$

Assume now that T picks up a vev: $2\langle \text{Re } T \rangle = c$

$$\mathcal{L}_{eff} = \frac{c}{(c - |\phi|^2/3)^2} |\partial_\mu \phi|^2 - \frac{\hat{V}}{(c - |\phi|^2/3)^2}$$

Redefine inflaton to a canonical field χ

$$\hat{V} = |W_\Phi|^2$$

$$\phi = \sqrt{3c} \tanh\left(\frac{\chi}{\sqrt{3}}\right)$$

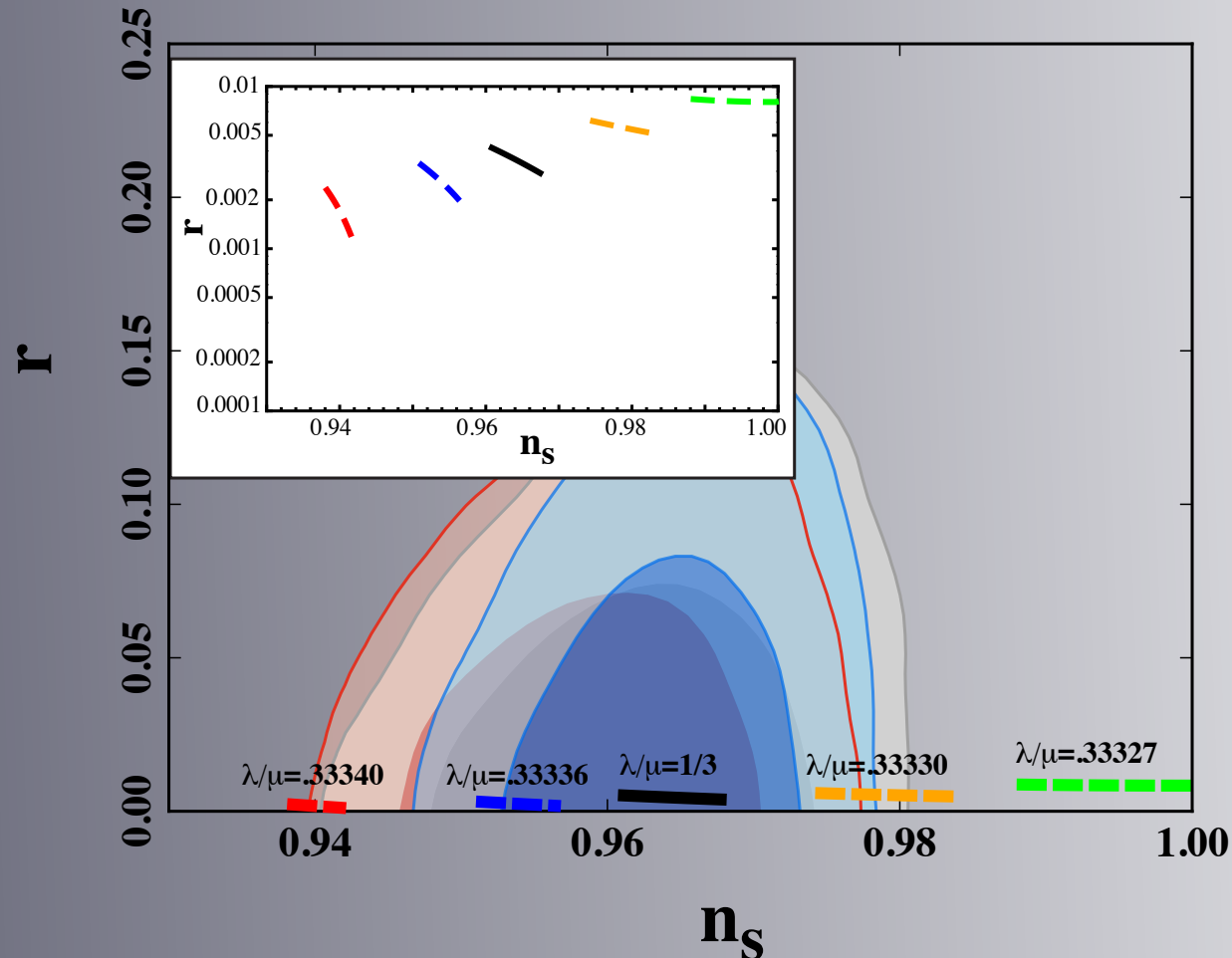
No-Scale models revisited

Then $c = 1$, $\lambda = \hat{\mu}/\sqrt{3}$ $\frac{\hat{V}}{(1 - |\phi|^2/3)^2} \Rightarrow$ Starobinsky Potential

No-Scale models revisited

Then $c = 1$, $\lambda = \hat{\mu}/\sqrt{3}$ $\frac{\hat{V}}{(1 - |\phi|^2/3)^2} \Rightarrow$ Starobinsky Potential

How well does this do vis a vis Planck?



Reheating

In the absence of a direct coupling of the inflaton to matter, reheating does NOT occur.

$$\Gamma_{\phi_1} = 0$$

Endo, Kadota, Olive, Takahashi,
Yanagida

coupling to gauge bosons and gauginos

Kallosch, Linde, Olive, Rube

gauge kinetic function $f_{\alpha\beta} = f(\phi_1)\delta_{\alpha\beta}$

$$\Gamma(\phi_1 \rightarrow gg) = \Gamma(\phi_1 \rightarrow \tilde{g}\tilde{g}) = \frac{3d_{g,1}^2}{32\pi} \left(\frac{N_G}{12} \right) \frac{m^3}{M_P^2}$$

$$d_{g,1} \equiv \langle \text{Re } f \rangle^{-1} \left| \left\langle \frac{\partial f}{\partial \phi_1} \right\rangle \right|$$

$$T_R = (2 \times 10^{10} \text{ GeV}) d_{g,1} g^{-1/4} \left(\frac{N_G}{12} \right)^{1/2} \left(\frac{m}{10^{-5} M_P} \right)^{3/2}$$

Ellis, Garcia, Nanopoulos,
Olive

Reheating

Ellis, Garcia, Nanopoulos,
Olive

Significant reheating if the inflation (Φ) is directly coupled to matter

$$\Delta W = y_\nu H_u L \phi_1$$

and ϕ_1 can be associated with a heavy singlet sneutrino

$$\Gamma(\phi_1 \rightarrow H_u^0 \tilde{\nu}, H_u^+ \tilde{f}_L) = m \frac{|y_\nu|^2}{16\pi},$$

or

$$\Gamma(\phi_1 \rightarrow \tilde{H}_u^0 \nu, \tilde{H}_u^+ f_L) = m \frac{|y_\nu|^2}{16\pi},$$

$$\Rightarrow y_\nu \lesssim 10^{-5} \quad T_R = (5.6 \times 10^{14} \text{ GeV}) |y_\nu| \left(\frac{g}{915/4} \right)^{-1/4} \left(\frac{m}{10^{-5} M_P} \right)^{1/2}$$

Inflationary Context

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$$K = -3 \ln \left(T + \bar{T} - \frac{|\phi|^2}{3} \right)$$

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$$W = M \left(\frac{\phi^2}{2} - \frac{\phi^3}{3\sqrt{3}} \right)$$

Starobinsky

$$V = \frac{3}{4} M^2 (1 - e^{-\sqrt{2/3}\phi'})^2$$

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Starobinsky

$$V = \frac{3}{4} M^2 (1 - e^{-\sqrt{2/3}\varphi'})^2$$

$$W = 2^{\frac{k}{4}+1} \sqrt{\lambda} \left(\frac{\phi^{\frac{k}{2}+1}}{k+2} - \frac{\phi^{\frac{k}{2}+3}}{3(k+6)} \right)$$

T-models

$$V = \lambda \left[\sqrt{6} \tanh(\varphi' / \sqrt{6}) \right]^k$$

Kalosh, Linde

Inflationary Context

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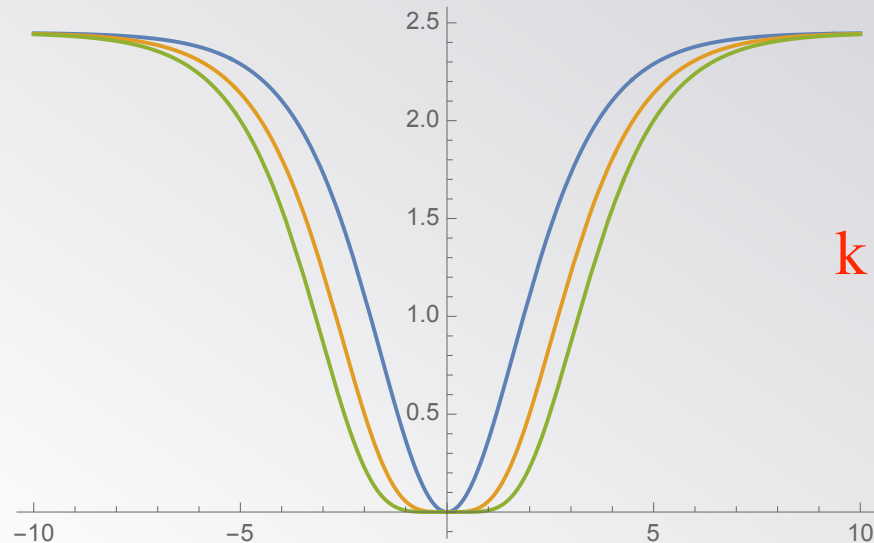
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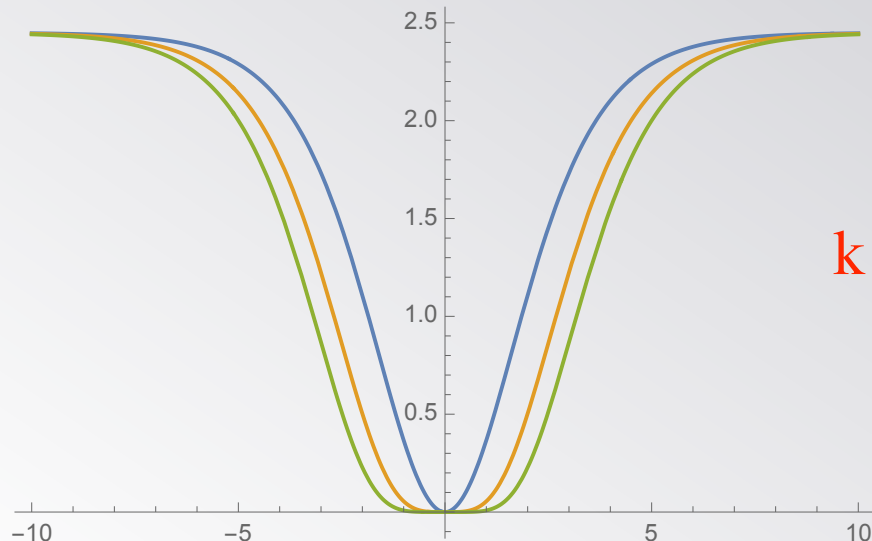
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Kalosh, Linde



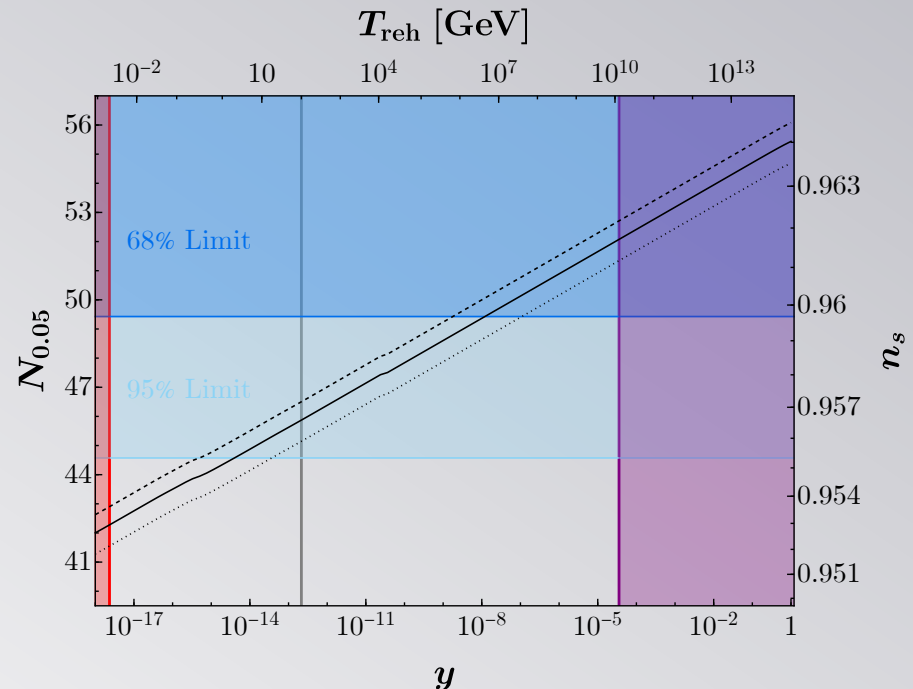
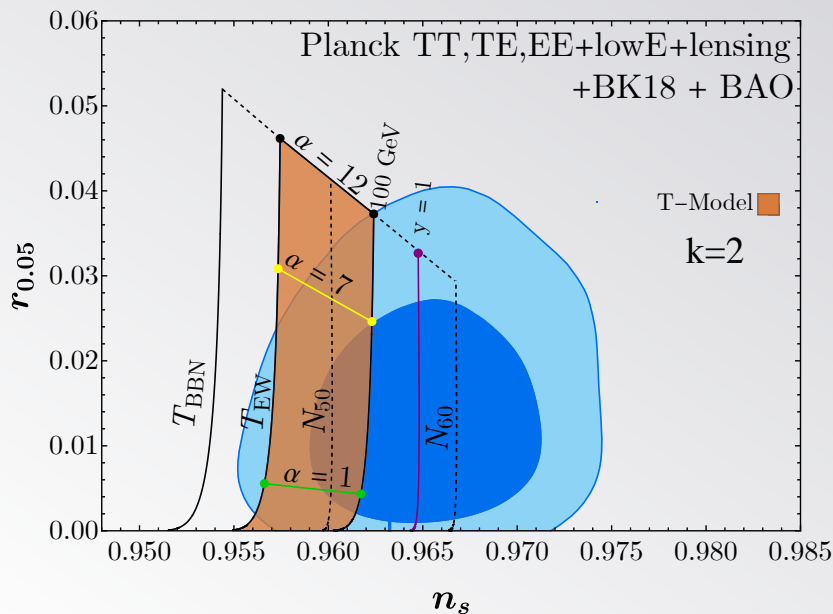
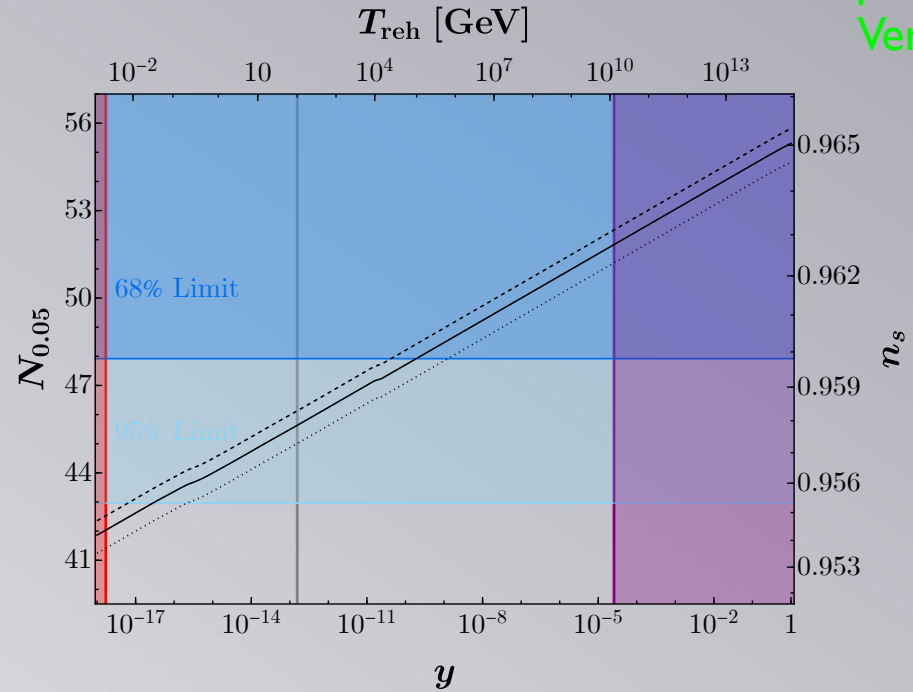
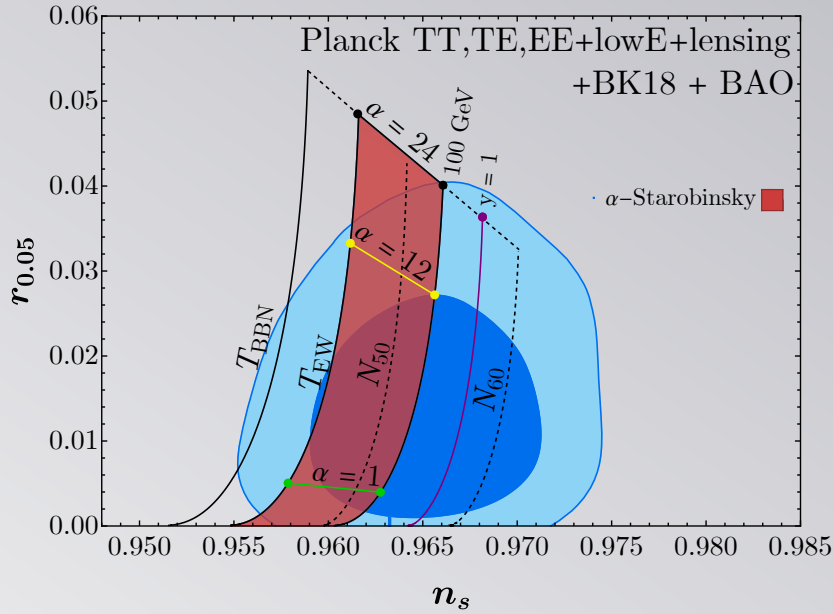
$$V = \lambda \phi'^k$$

$$\phi' \ll 1$$

Results for α -Starobinsky and α -T-models

$$-3\ln \rightarrow -3\alpha \ln$$

Ellis, Garcia,
Nanopoulos, Olive,
Verner



Post-Inflation

$$\rho_{\Phi} = \frac{1}{2}\dot{\Phi}^2 + V(\Phi); \quad P_{\Phi} = \frac{1}{2}\dot{\Phi}^2 - V(\Phi),$$

$$\dot{\rho}_{\Phi} + 3H(\rho_{\Phi} + P_{\Phi}) = 0,$$

$$\ddot{\Phi} + 3H\dot{\Phi} + V'(\Phi) = 0,$$

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$$\frac{d\rho_{\phi}}{dt} + 3H(1 + w_{\phi})\rho_{\phi} \simeq -(1 + w_{\phi})\Gamma_{\phi}\rho_{\phi}$$

$$\frac{d\rho_R}{dt} + 4H\rho_R \simeq (1 + w_{\phi})\Gamma_{\phi}\rho_{\phi}$$

$$H^2 = \frac{\rho_{\phi} + \rho_R}{3M_P^2} \simeq \frac{\rho_{\phi}}{3M_P^2}$$

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$$H^2 = \frac{\rho_{\phi} + \rho_R}{3M_P^2} \simeq \frac{\rho_{\phi}}{3M_P^2}$$

$$w_{\phi} = \frac{p_{\phi}}{\rho_{\phi}} = \frac{k-2}{k+2}$$

Inflaton Oscillations

Ichikawa, Suyama,
Takahashi, Yamaguchi;
Kainulainen, Nurmi,
Tenkanen, Tuominen;
Garcia, Kaneta,
Mambrini, Olive

$$\phi(t) = \phi_0(t) \cdot \mathcal{P}(t)$$

Periodicity

$$\phi_0 = \left(\frac{\rho_{\text{end}}}{\lambda} \right)^{\frac{1}{k}} \left(\frac{a_{\text{end}}}{a} \right)^{\frac{6}{k+2}}$$

$$V(\phi) = V(\phi_0) \sum_{n=-\infty}^{\infty} \mathcal{P}_n^k e^{-in\omega t} = \rho_\phi \sum_{n=-\infty}^{\infty} \mathcal{P}_n^k e^{-in\omega t},$$

$$\omega = m_\phi \sqrt{\frac{\pi k}{2(k-1)} \frac{\Gamma(\frac{1}{2} + \frac{1}{k})}{\Gamma(\frac{1}{k})}}.$$

Reheating: Generation of the Radiation bath

Garcia, Kaneta,
Mambrini, Olive

For $\Gamma_\Phi \ll H$ $\rho_\Phi(a) = \rho_{\text{end}} \left(\frac{a_{\text{end}}}{a} \right)^{\frac{6k}{k+2}}$

as matter for $k=2$

End of Inflation: Inflation ends when

$$\epsilon_H(\phi) \equiv 2M_P^2 \left(\frac{H'(\phi)}{H(\phi)} \right)^2 = 1$$

In terms of conventional slow-roll parameters

$$(\ddot{a} = 0)$$

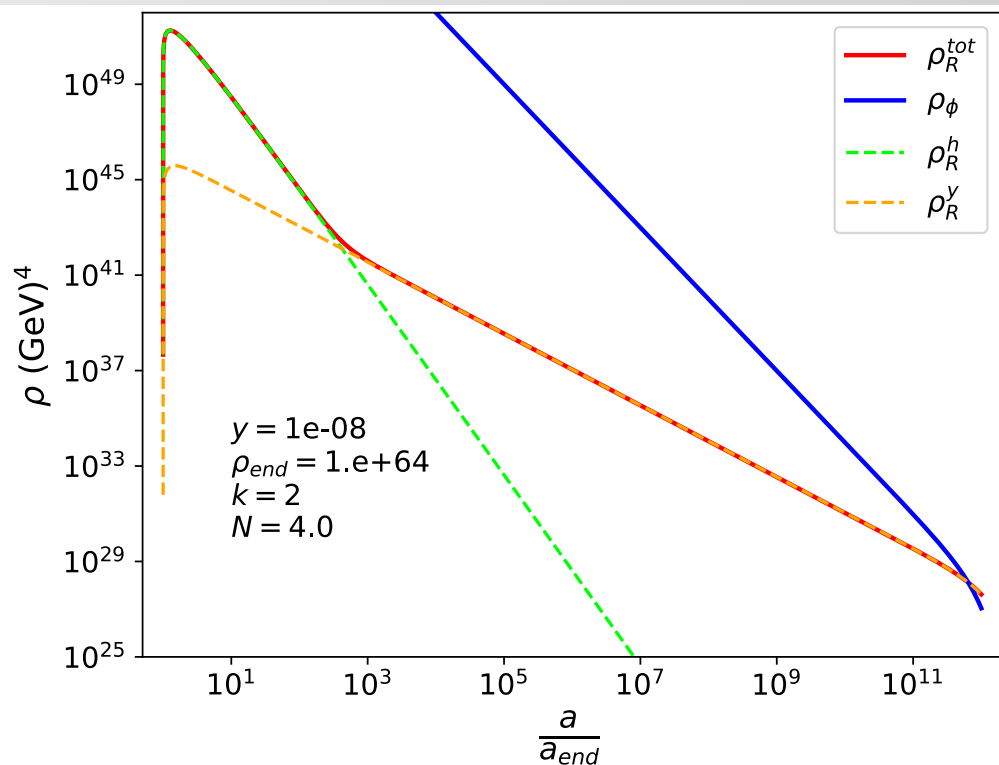
$$\epsilon_V \simeq (1 + \sqrt{1 - \eta_V/2})^2$$

Reheating: Generation of the Radiation bath

Giudice, Kolb, Riotto;
 Chung, Kolb, Riotto;
 Garcia, Kaneta,
 Mambrini, Olive;
 Bernal;
 Clery, Mambrini, Olive
 Verner

For $\Gamma_\Phi \ll H$ $\rho_\Phi(a) = \rho_{\text{end}} \left(\frac{a_{\text{end}}}{a} \right)^{\frac{6k}{k+2}}$

$$\rho_R(a) = \rho_{\text{RH}} \left(\frac{a_{\text{RH}}}{a} \right)^{\frac{6k-6}{k+2}} \frac{1 - \left(\frac{a_e}{a} \right)^{\frac{14-2k}{k+2}}}{1 - \left(\frac{a_e}{a_{\text{RH}}} \right)^{\frac{14-2k}{k+2}}}$$



Reheating: Generation of the Radiation bath

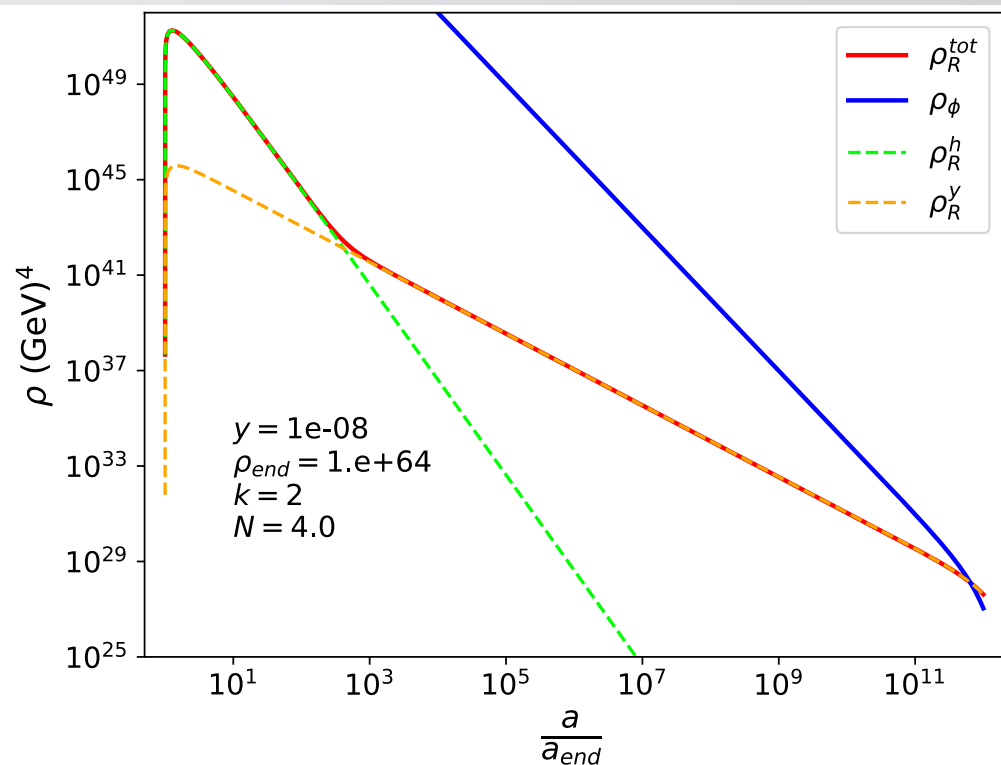
Garcia, Kaneta,
Mambrini, Olive;
Clery, Mambrini, Olive,
Verner

$$\rho_R = \frac{g_T \pi^2}{30} T^4 \quad \frac{a_{\max}}{a_{\text{end}}} = \left(\frac{2k + 4}{3k - 3} \right)^{\frac{k+2}{14-2k}}$$

$$\rho_R \sim a^{-3/2}$$

for $k=2$:

$$T \sim a^{-3/8}$$



$$\frac{\pi^2 g_{\text{reh}} T_{\text{reh}}^4}{30} = \frac{12}{25} (\Gamma_\varphi M_P)^2$$

$$T_{\text{reh}} \simeq 1.9 \times 10^{15} \text{ GeV} \cdot y \cdot g_{\text{reh}}^{-1/4} \left(\frac{m_\varphi}{3 \times 10^{13} \text{ GeV}} \right)^{1/2}$$

Reheating: Generation of the Radiation bath

Garcia, Kaneta,
Mambrini, Olive

More generally, $\mathcal{L} \supset \begin{cases} y\phi\bar{f}f & \phi \rightarrow \bar{f}f \\ \mu\phi bb & \phi \rightarrow bb \\ \sigma\phi^2 b^2 & \phi\phi \rightarrow bb, \end{cases}$

channel	generic	$k = 2$	$k = 4$	$k = 6$	$m_{\text{eff}}^2 \gg m_\phi^2$
$\phi \rightarrow \bar{f}f$	$T \propto a^{-\frac{3k-3}{2k+4}}$	$T \propto a^{-3/8}$	$T \propto a^{-3/4}$	$T \propto a^{-15/16}$	$T \propto a^{-\frac{9(k-2)}{4(k+2)}}$
$\phi \rightarrow bb$	$T \propto a^{-\frac{3}{2k+4}}$	$T \propto a^{-3/8}$	$T \propto a^{-1/4}$	$T \propto a^{-3/16}$	$T \propto a^{-\frac{3(5-k)}{4(k+2)}}$
$\phi\phi \rightarrow bb$	$T \propto a^{-\frac{9}{2k+4}}$	$T \propto a^{-1}$	$T \propto a^{-3/4}$	$T \propto a^{-9/16}$	$T \propto a^{-3/4}$

↖ will not reheat

Particle Production

(Freeze-in)

Kaneta, Mambrini,
Olive

Suppose some coupling to the Standard Model with cross section

$$\langle \sigma v \rangle = \frac{T^n}{\tilde{\Lambda}^{n+2}},$$

Boltzmann Eq.

$$\dot{n}_\chi + 3Hn_\chi = g_\chi^2 \langle \sigma v \rangle n_R^2 \equiv R(T) = \frac{T^{n+6}}{\Lambda^{n+2}}.$$

Define $Y_\chi = n_\chi a^3$

$$n_R = \frac{\zeta(3)}{\pi^2} T^3.$$

$$\frac{dY_\chi}{da} = \frac{a^2 R_\chi^i(a)}{H}$$

Particle Production

Garcia, Kaneta,
Mambrini, Olive

(i) For $n < \frac{10-2k}{k-1}$,

$$n^s(T_{\text{reh}}) = \sqrt{\frac{10 M_P}{g_*} \frac{2k+4}{\pi} \frac{T_{\text{reh}}^{n+4}}{\Lambda^{n+2}} \frac{1}{n - nk + 10 - 2k}}.$$

(ii) For $n = \frac{10-2k}{k-1}$,

$$n^s(T_{\text{reh}}) = \sqrt{\frac{10 M_P}{g_*} \frac{(2k+4)}{\pi} \frac{T_{\text{reh}}^{n+4}}{\Lambda^{n+2}} \ln\left(\frac{T_{\text{max}}}{T_{\text{reh}}}\right)}.$$

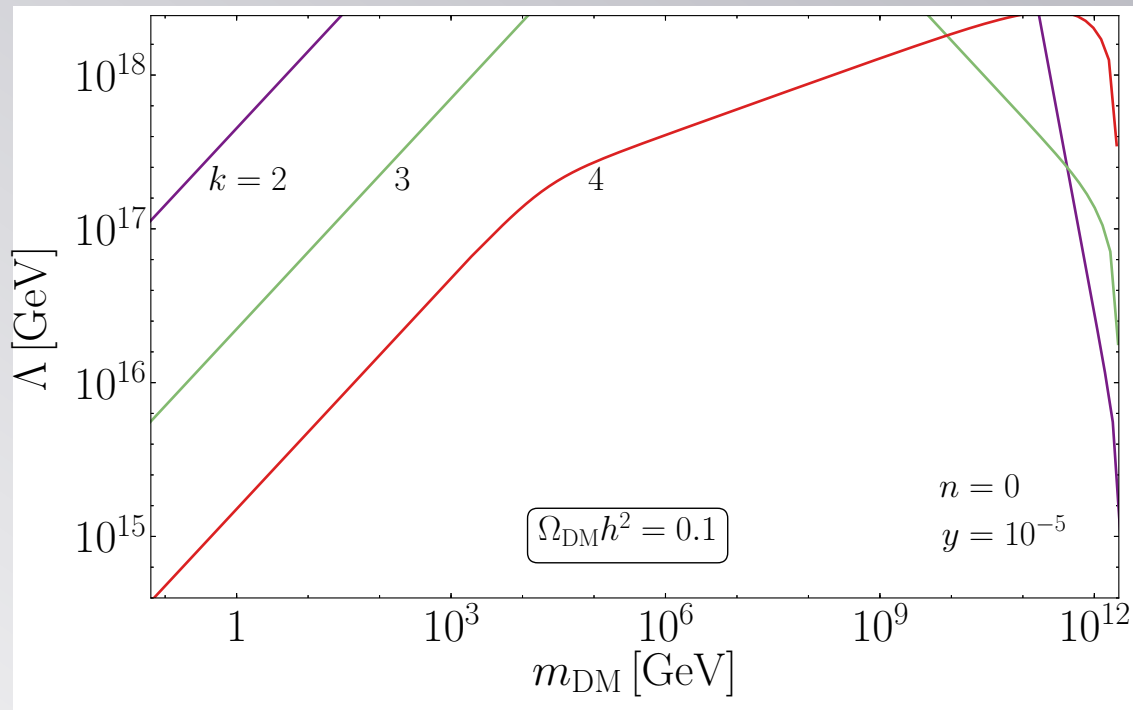
(iii) For $n > \frac{10-2k}{k-1}$,

$$n^s(T_{\text{reh}}) = \sqrt{\frac{10 M_P}{g_*} \frac{2k+4}{\pi} \frac{1}{kn - n - 10 + 2k}} \\ \times \left(\frac{T_{\text{reh}}}{T_{\text{max}}}\right)^{\frac{2k+6}{k-1}} \frac{T_{\text{max}}^{n+4}}{\Lambda^{n+2}}.$$

$n_{\text{crit}} = 6$ for $k=2$

Particle Production

Garcia, Kaneta,
Mambrini, Olive

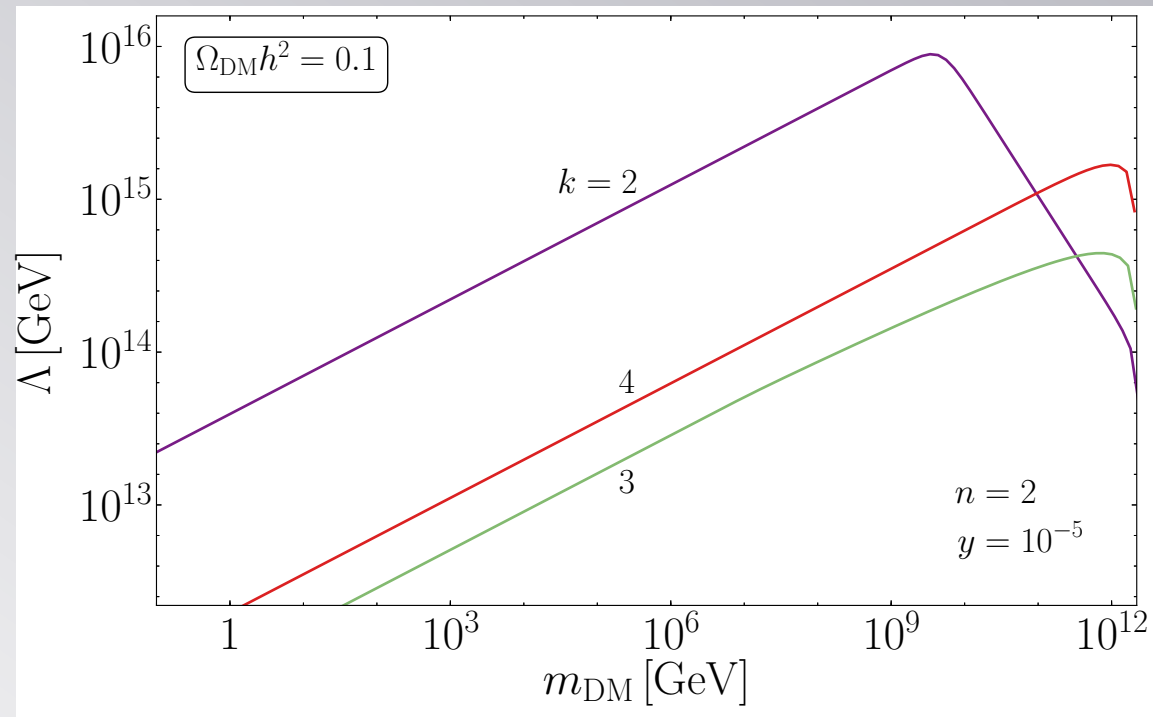


$k=2$ $T_{\text{max}} \sim 10^{12}$ GeV and $T_{\text{reh}} \sim 10^{10}$ GeV

ex: gravitino - $n=0$, $\Lambda=M_{\text{P}}$, and for $k=2$, $\Omega h^2 \sim .1$ when $m_{3/2} \sim 100$ GeV

slope changes when $m_{\chi} \sim T_{\text{reh}}$

Particle Production



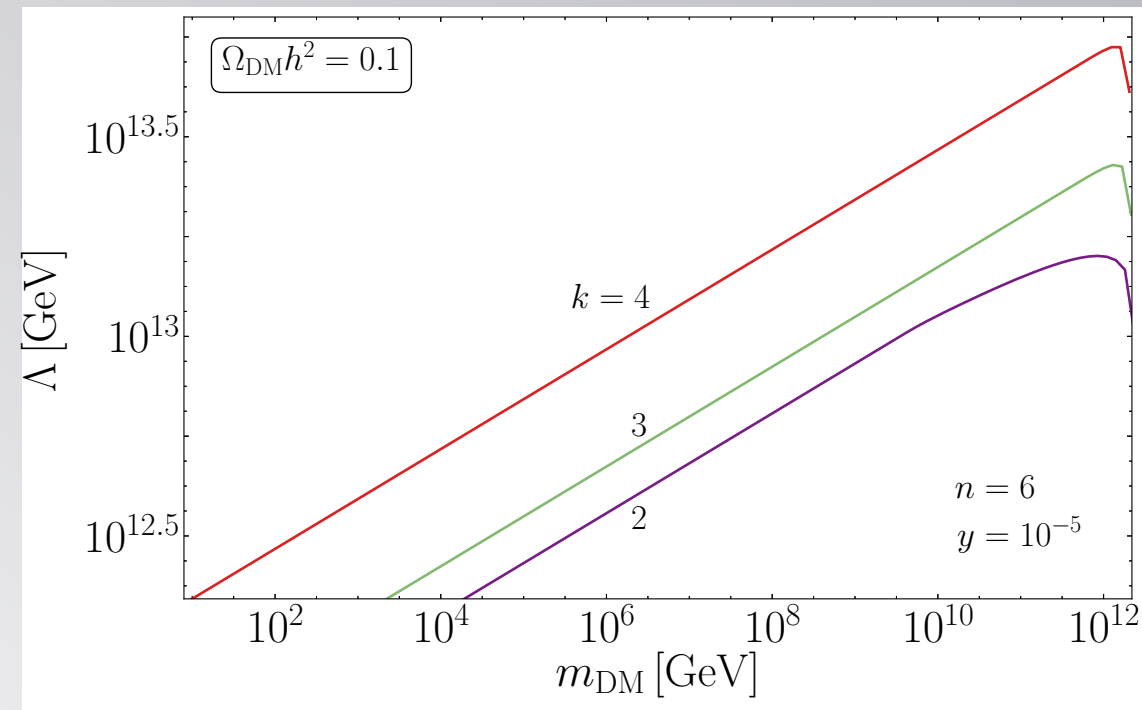
Garcia, Kaneta,
Mambrini, Olive

$k=2$ $T_{\text{max}} \sim 10^{12}$ GeV and $T_{\text{reh}} \sim 10^{10}$ GeV

ex: mediator with mass Λ

slope changes when $m_\chi \sim T_{\text{reh}}$

Particle Production



(c)

$k=2$ $T_{\text{max}} \sim 10^{12}$ GeV and $T_{\text{reh}} \sim 10^{10}$ GeV

ex: gravitino production in high scale supersymmetry

Expect $\Lambda^2 \sim m_{3/2} M_{\text{P}}$ correct relic density for $m_{3/2} \sim 1$ EeV

Garcia, Kaneta,
Mambrini, Olive

Dudas, Mambrini,
Olive

Gravitational Portals

Mambrini, Olive;
Clery, Mambrini, Olive,
Verner

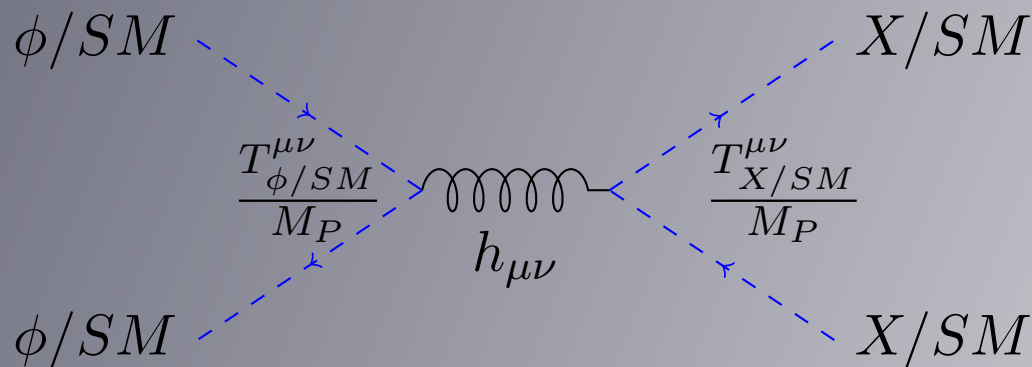
Start with Einstein-Hilbert Lagrangian

$$\mathcal{L} = \frac{M_P^2}{2} R \ni \frac{M_P^2}{8} (\partial^\alpha \tilde{h}^{\mu\nu})(\partial_\alpha \tilde{h}_{\mu\nu}) = \frac{1}{2} (\partial^\alpha h^{\mu\nu})(\partial_\alpha h_{\mu\nu})$$

$$g_{\mu\nu} \simeq \eta_{\mu\nu} + \tilde{h}_{\mu\nu}$$

Gravitational interactions

$$\sqrt{-g} \mathcal{L}_{\text{int}} = -\frac{1}{M_P} h_{\mu\nu} \left(T_{SM}^{\mu\nu} + T_\phi^{\mu\nu} + T_X^{\mu\nu} \right)$$



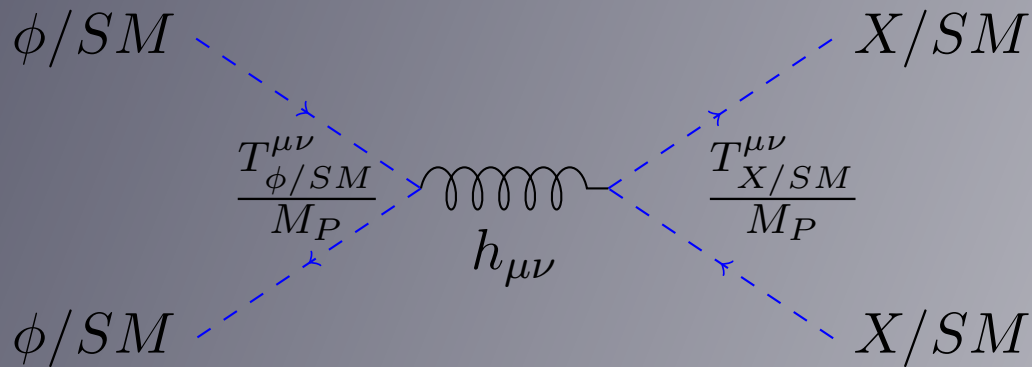
$$T_0^{\mu\nu} = \partial^\mu S \partial^\nu S - g^{\mu\nu} \left[\frac{1}{2} \partial^\alpha S \partial_\alpha S - V(S) \right],$$

$$T_{1/2}^{\mu\nu} = \frac{i}{4} \left[\bar{\chi} \gamma^\mu \overleftrightarrow{\partial}^\nu \chi + \bar{\chi} \gamma^\nu \overleftrightarrow{\partial}^\mu \chi \right] - g^{\mu\nu} \left[\frac{i}{2} \bar{\chi} \gamma^\alpha \overleftrightarrow{\partial}_\alpha \chi - m_\chi \bar{\chi} \chi \right],$$

$$T_1^{\mu\nu} = \frac{1}{2} \left[F_\alpha^\mu F^{\nu\alpha} + F_\alpha^\nu F^{\mu\alpha} - \frac{1}{2} g^{\mu\nu} F^{\alpha\beta} F_{\alpha\beta} \right],$$

Gravitational Portals

Mambrini, Olive;
Barman, Bernal;
Haque, Maity;
Clery, Mambrini, Olive,
Verner



$$\Pi^{\mu\nu\rho\sigma}(k) = \frac{\eta^{\mu\rho}\eta^{\nu\sigma} + \eta^{\mu\sigma}\eta^{\nu\rho} - \eta^{\mu\nu}\eta^{\rho\sigma}}{2k^2},$$

- A. Gravitational Production of DM from the thermal bath
- B. Gravitational Production of DM from Inflaton Scattering
- C. Gravitational Production of the thermal bath from Inflaton Scattering

Minimal Gravity only - No model dependence!

Gravitational Portals

$$\text{SM}^i(p_1) + \text{SM}^i(p_2) \rightarrow X^j(p_3) + X^j(p_4)$$

$$\frac{dY_\chi}{da} = \frac{a^2 R_\chi^i(a)}{H}$$

$$R_j^T = R_j(T) = \beta_j \frac{T^8}{M_P^4}$$

$$n_X^T(a_{\text{RH}}) = \frac{\beta_X \sqrt{3}}{\alpha^2 M_P^3} \frac{\rho_{\text{RH}}^{3/2}}{\left(1 - (a_{\text{end}}/a_{\text{RH}})^{\frac{14-2k}{k+2}}\right)^2} \frac{k+2}{6} \left(\frac{1}{3-k} + \dots \right)$$

$$\Omega_X^T h^2 \simeq 10^8 \frac{g_0}{g_{\text{RH}}} \frac{\beta_X \sqrt{3}}{\sqrt{\alpha}} \frac{m_X}{1 \text{ GeV}} \frac{T_{\text{RH}}^3}{M_P^3} \quad \text{k=2}$$

$$\alpha = g_{\text{RH}} \pi^2 / 30$$

$$\beta_0 = \frac{3997\pi^3}{20736000}$$

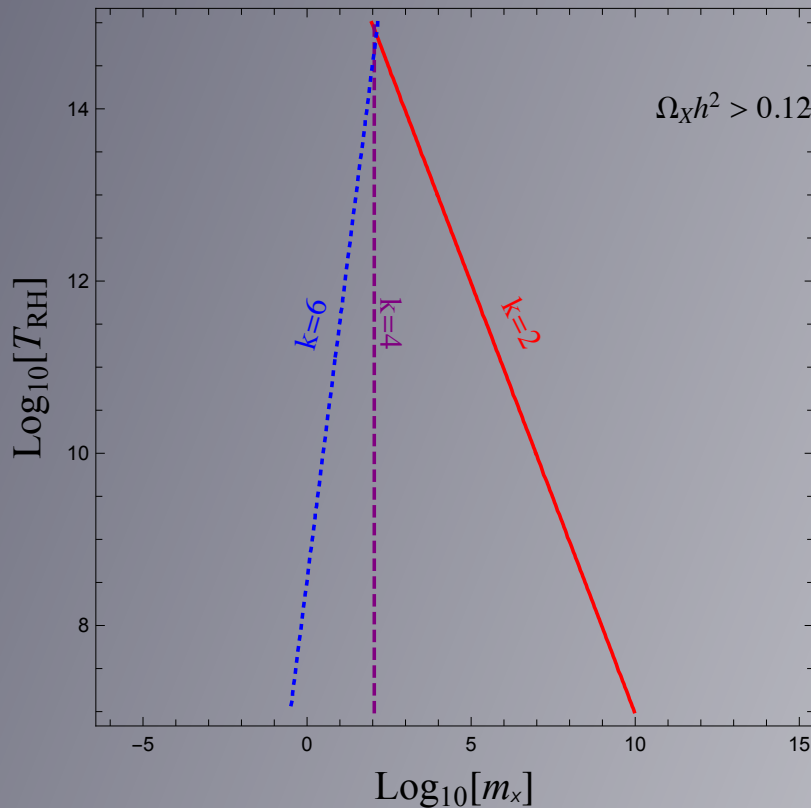
$$\beta_{1/2} = \frac{11351\pi^3}{10368000}$$

Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow X^j(p_3) + X^j(p_4)$$

$$R_0^{\phi^k} = \frac{2 \times \rho_\phi^2}{16\pi M_P^4} \Sigma_0^k$$

$$\frac{dY_X}{da} = \frac{\sqrt{3}M_P}{\sqrt{\rho_{\text{RH}}}} a^2 \left(\frac{a}{a_{\text{RH}}}\right)^{\frac{3k}{k+2}} R_X^{\phi^k}(a)$$



$$n_0^\phi(a_{\text{RH}}) \simeq \frac{\sqrt{3}\rho_{\text{RH}}^{3/2}}{8\pi M_P^3} \frac{k+2}{6k-6} \left(\frac{\rho_{\text{end}}}{\rho_{\text{RH}}}\right)^{1-\frac{1}{k}} \Sigma_0^k,$$

$$\Sigma_0^k = \sum_{n=1}^{\infty} |\mathcal{P}_n^k|^2 \left[1 + \frac{2m_X^2}{E_n^2}\right]^2 \sqrt{1 - \frac{4m_X^2}{E_n^2}}$$

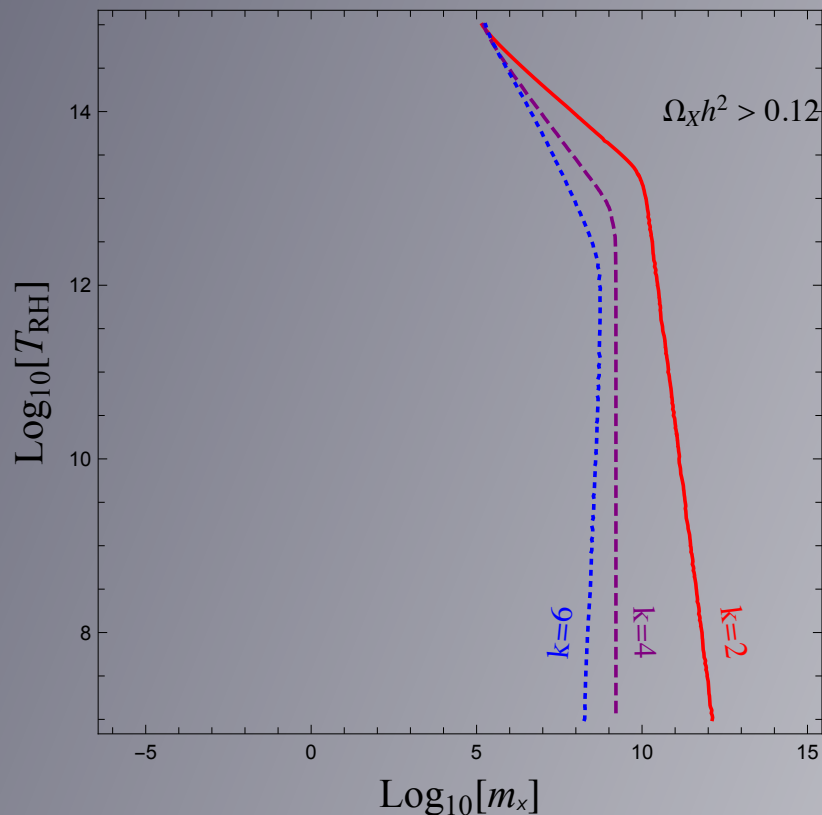
$$\frac{R_0^{\phi^k}(a_{\text{max}})}{R_0^T(a_{\text{max}})} = g_{\text{max}}^2 \frac{5760 \Sigma_0^k}{3997} \left(\frac{3k-3}{2k+4}\right)^{\frac{6}{7-k}} \left(\frac{\rho_{\text{end}}}{\rho_{\text{RH}}}\right)^{\frac{2}{k}} \gg 1$$

Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow X^j(p_3) + X^j(p_4)$$

$$R_{1/2}^{\phi^k} = \frac{2 \times \rho_\phi^2 m_X^2}{4\pi M_P^4 m_\phi^2} \Sigma_{1/2}^k$$

$$\frac{dY_X}{da} = \frac{\sqrt{3}M_P}{\sqrt{\rho_{RH}}} a^2 \left(\frac{a}{a_{RH}}\right)^{\frac{3k}{k+2}} R_X^{\phi^k}(a)$$



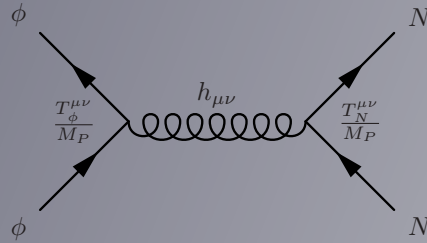
$$n_{1/2}^\phi(a_{RH}) \simeq \frac{m_X^2 \sqrt{3}(k+2) \rho_{RH}^{\frac{1}{2} + \frac{2}{k}}}{12\pi k(k-1) \lambda^{\frac{2}{k}} M_P^{1 + \frac{8}{k}}} \left(\frac{\rho_{end}}{\rho_{RH}}\right)^{\frac{1}{k}} \Sigma_{1/2}^k$$

$$\frac{R_{1/2}^{\phi^k}(a_{max})}{R_{1/2}^T(a_{max})} = g_{RH}^2 \frac{11520 \Sigma_{1/2}^k m_X^2}{11351 m_\phi^2} \left(\frac{3k-3}{2k+4}\right)^{\frac{6}{7-k}} \left(\frac{\rho_{end}}{\rho_{RH}}\right)^{\frac{2}{k}} \gg 1$$

Inflationary Gravitational Leptogenesis

Co, Mambrini, Olive;
Bernal, Fong

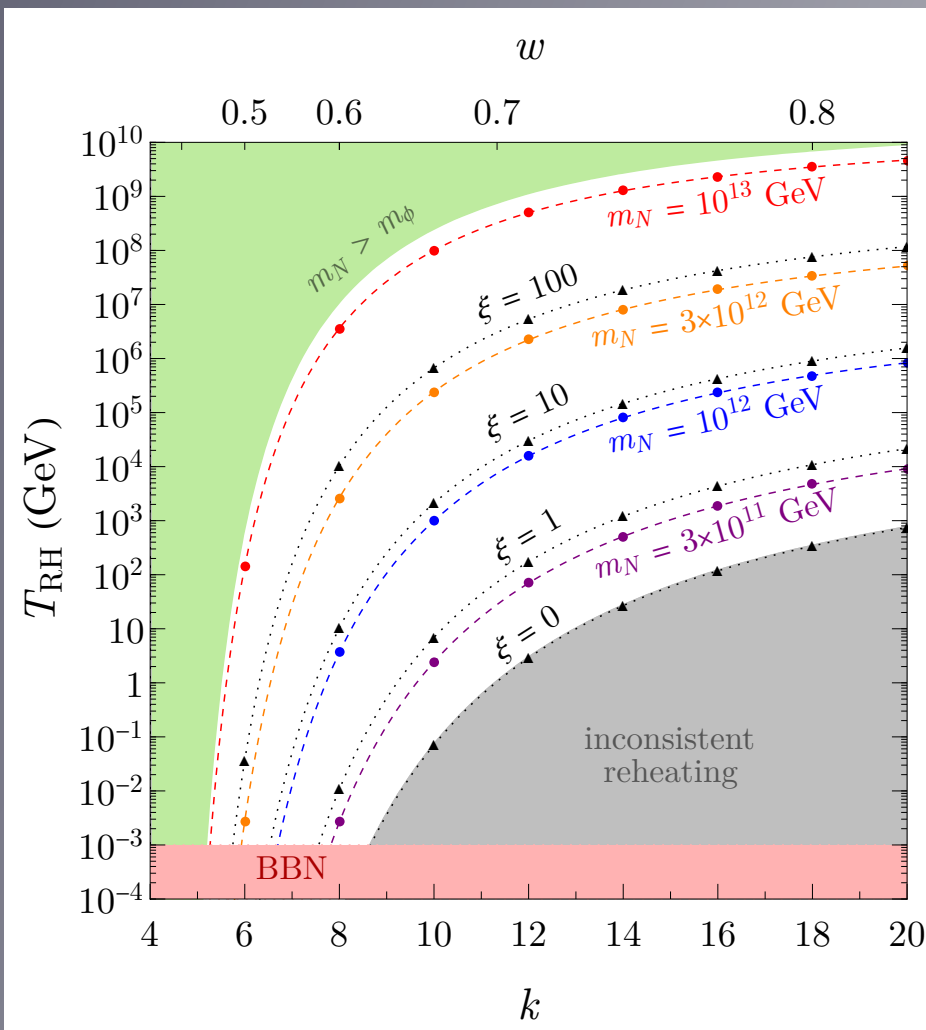
$$X = N_R$$



$$n_N(a_{RH}) \simeq \frac{m_N^2 \sqrt{3} (k+2) \rho_{RH}^{\frac{1}{2} + \frac{2}{k}}}{12\pi k (k-1) \lambda^{\frac{2}{k}} M_P^{1 + \frac{8}{k}}} \left(\frac{\rho_{end}}{\rho_{RH}} \right)^{\frac{1}{k}} \Sigma_{1/2}^k$$

$$Y_B \simeq 3.5 \times 10^{-4} \delta_{eff} \frac{n_N}{s} \left(\frac{m_{\nu_i}}{0.05 \text{ eV}} \right) \left(\frac{m_N}{10^{13} \text{ GeV}} \right)$$

$$\propto m_N^3 T_{RH}^{\frac{4}{k} - 1}$$



Gravitational Portals

Clery, Mambrini, Olive,
Verner;
Haque, Maity

$$\phi(p_1) + \phi(p_2) \rightarrow \text{SM}^i(p_3) + \text{SM}^i$$

$(\phi\phi \rightarrow h_{\mu\nu} \rightarrow HH)$

effective quartic coupling $\mathcal{L}_h = \sigma_h \phi^2 H^2$.

$$\sigma_h = \frac{\rho_\phi}{2M_P^2 \phi_0^2},$$

$$\sigma_h = \frac{m_\phi^2}{4M_P^2} \simeq 3.9 \times 10^{-11} \left(\frac{m_\phi}{3 \times 10^{13} \text{ GeV}} \right)^2. \quad \text{k=2}$$

$$\frac{d\rho_R^h}{dt} + 4H\rho_R^h = N \frac{\rho_\phi^2 \omega}{16\pi M_P^4} \sum_{n=1}^{\infty} n |\mathcal{P}_n^k|^2.$$

Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow \text{SM}^i(p_3) + \text{SM}^i$$

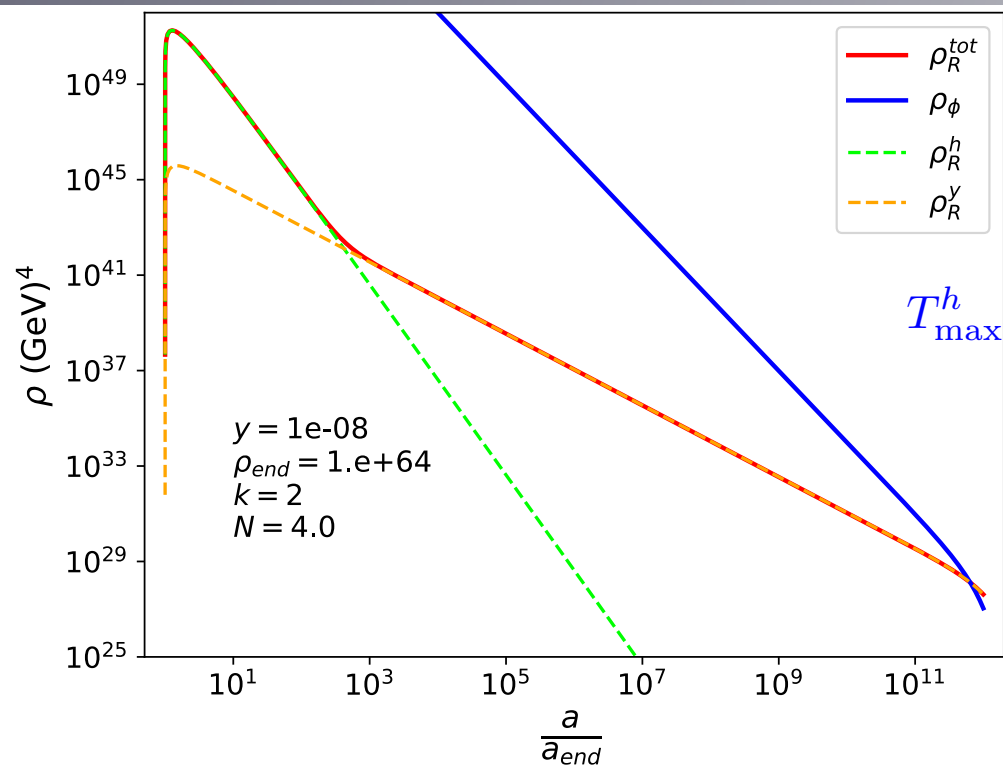
$$(\phi\phi \rightarrow h_{\mu\nu} \rightarrow HH)$$

Solution:

$$\rho_R^h = N \frac{\sqrt{3} M_P^4 \gamma_k \Sigma_k^h}{16\pi} \left(\frac{\rho_e}{M_P^4} \right)^{\frac{2k-1}{k}} \frac{k+2}{8k-14} \left[\left(\frac{a_e}{a} \right)^4 - \left(\frac{a_e}{a} \right)^{\frac{12k-6}{k+2}} \right]$$

$$\gamma_k = \sqrt{\frac{\pi}{2}} k \frac{\Gamma(\frac{1}{2} + \frac{1}{k})}{\Gamma(\frac{1}{k})} \lambda^{\frac{1}{k}}$$

$$\Sigma_k^h = \sum_{n=1}^{\infty} n |\mathcal{P}_n^k|^2$$



$$T_{max}^h \simeq 3.1 \times 10^{12} \left(\frac{\rho_{end}}{10^{64} \text{ GeV}^4} \right)^{\frac{3}{8}} \left(\frac{m_\phi}{3 \times 10^{13} \text{ GeV}} \right)^{\frac{1}{4}} \text{ GeV},$$

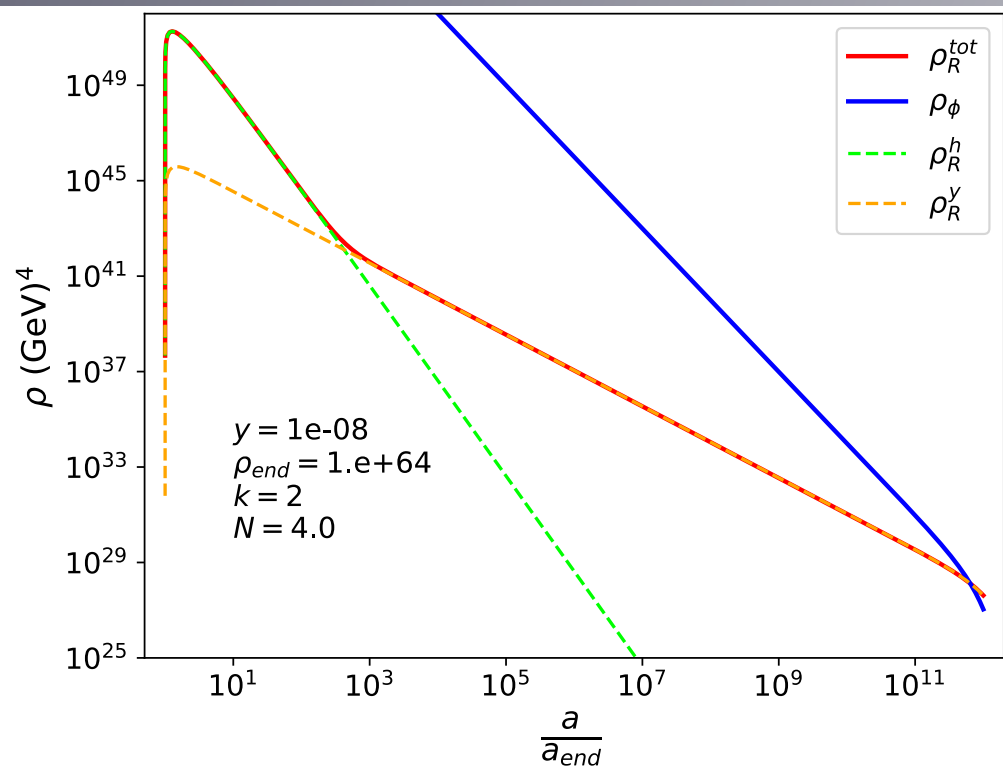
Absolute lower bound on T_{max}

Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow \text{SM}^i(p_3) + \text{SM}^i$$

$$(\phi\phi \rightarrow h_{\mu\nu} \rightarrow HH)$$

Gravitationally produced radiation density exceeds that produced by decays when:



$$y \lesssim 0.4 \sqrt{\frac{\rho_{end}}{M_P^4}} \simeq 6.9 \times 10^{-6} \left(\frac{\rho_{end}}{10^{64} \text{GeV}^4} \right)^{\frac{1}{2}}$$

or

$$T_{\text{RH}} \lesssim 3.0 \times 10^9 \left(\frac{\rho_{end}}{10^{64} \text{GeV}^4} \right)^{1/2} \left(\frac{\lambda}{2.5 \times 10^{-11}} \right)^{1/4} \text{GeV}$$

Non-minimal Gravitational Portals

Clery, Mambrini, Olive,
Shkerin, Verner

Consider a non-minimal coupling to curvature:

$$\mathcal{S} = \int d^4x \sqrt{-\tilde{g}} \left[-\frac{M_P^2}{2} \Omega^2 \tilde{R} + \mathcal{L}_\phi + \mathcal{L}_h + \mathcal{L}_X \right]$$

$$\Omega^2 \equiv 1 + \frac{\xi_\phi \phi^2}{M_P^2} + \frac{\xi_h h^2}{M_P^2} + \frac{\xi_X X^2}{M_P^2} \quad \frac{|\xi_\phi| \phi^2}{M_P^2}, \quad \frac{|\xi_h| h^2}{M_P^2}, \quad \frac{|\xi_X| X^2}{M_P^2} \ll 1.$$

Rewrite in the Einstein frame

$$\mathcal{S} = \int d^4x \sqrt{-g} \left[-\frac{M_P^2}{2} R + \frac{1}{2} K^{ij} g^{\mu\nu} \partial_\mu S_i \partial_\nu S_j - \frac{V_\phi + V_h + V_X}{\Omega^4} \right]. \quad K^{ij} = 6 \frac{\partial \log \Omega}{\partial S_i} \frac{\partial \log \Omega}{\partial S_j} + \frac{\delta^{ij}}{\Omega^2}.$$

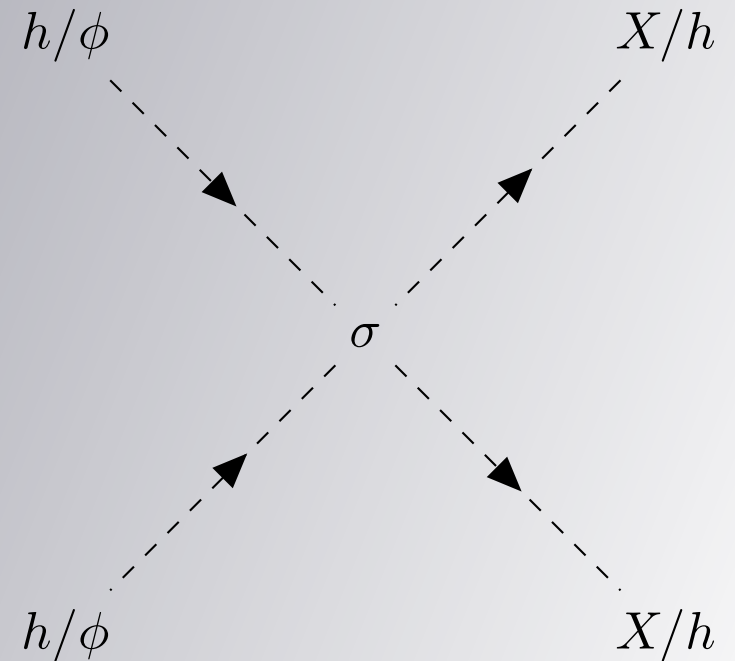
Non-minimal Gravitational Portals

In the limit, $\frac{|\xi_\phi|\phi^2}{M_P^2}, \frac{|\xi_h|h^2}{M_P^2}, \frac{|\xi_X|X^2}{M_P^2} \ll 1.$

Generate $\mathcal{L}_{\text{non-min.}} = -\sigma_{hX}^\xi h^2 X^2 - \sigma_{\phi X}^\xi \phi^2 X^2 - \sigma_{\phi h}^\xi \phi^2 h^2,$

For example,

$$\sigma_{hX}^\xi = \frac{1}{4M_P^2} [\xi_h(2m_X^2 + s) + \xi_X(2m_h^2 + s) + (12\xi_X\xi_h(m_h^2 + m_X^2 - t))],$$



Non-minimal Gravitational Portals

$$SM^i(p_1) + SM^i(p_2) \rightarrow X^j(p_3) + X^j(p_4)$$

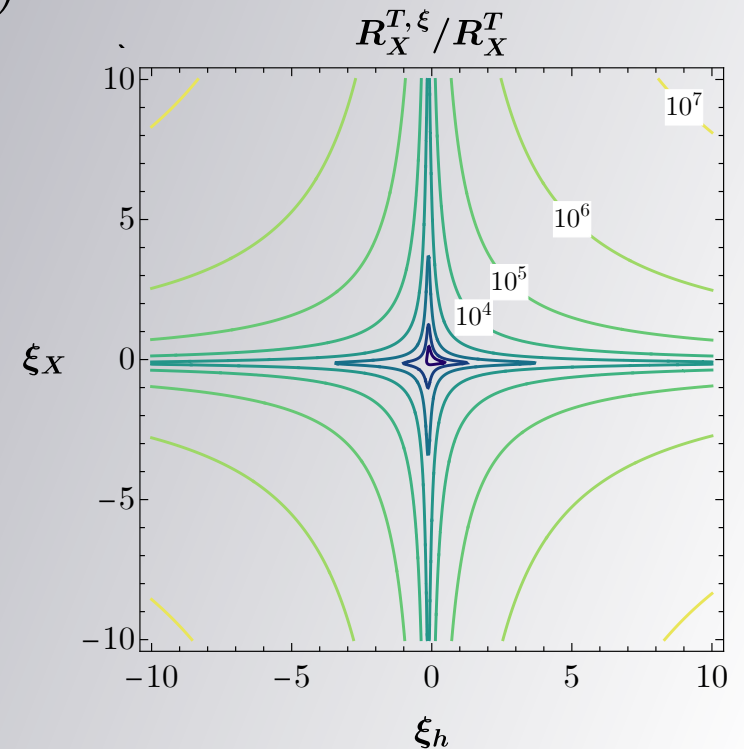
$$\frac{dY_X^\xi}{da} = \frac{\sqrt{3}M_P}{\sqrt{\rho_{RH}}} a^2 \left(\frac{a}{a_{RH}} \right)^{\frac{3}{2}} R_X^{T,(\xi)}(a)$$

$$R_X^{T,(\xi)}(T) = \beta_1^{(\xi)} \frac{T^8}{M_P^4} + \dots$$

$$n_X^{T,\xi}(a_{RH}) = \frac{2\beta_1^\xi}{\sqrt{3}\alpha^2 M_P^3} \frac{\rho_{RH}^{3/2}}{(1 - (a_{\text{end}}/a_{RH})^{5/2})^2} \times (1 + \dots)$$

$$\beta_1^\xi = \frac{\pi^3}{81000} [30\xi_h^2 (12\xi_X(4\xi_X + 1) + 1) + 10\xi_h(6\xi_X + 1)^2 + 10\xi_X(3\xi_X + 1) + 1],$$

$$\alpha = g_{RH}\pi^2/30$$



Non-minimal Gravitational Portals

$$SM^i(p_1) + SM^i(p_2) \rightarrow X^j(p_3) + X^j(p_4)$$

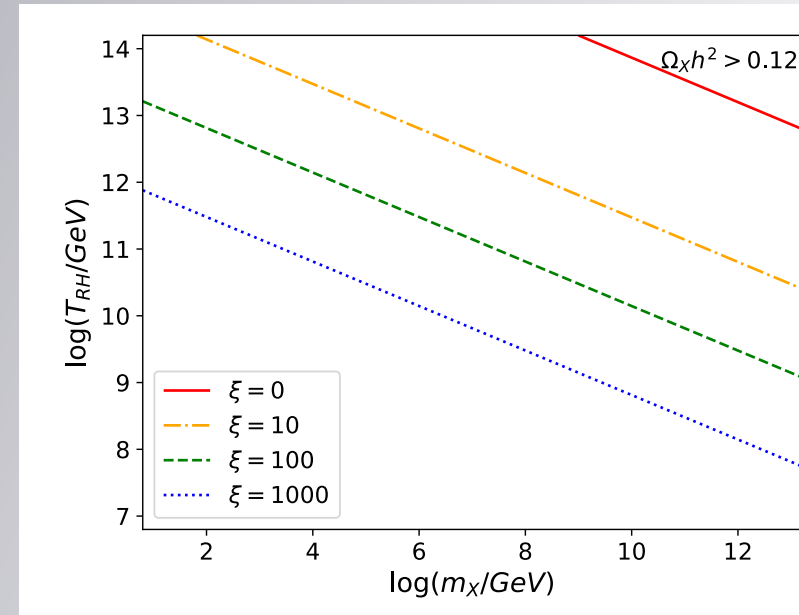
$$\frac{dY_X^\xi}{da} = \frac{\sqrt{3}M_P}{\sqrt{\rho_{RH}}} a^2 \left(\frac{a}{a_{RH}} \right)^{\frac{3}{2}} R_X^{T,(\xi)}(a)$$

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$$\beta_1^\xi = \frac{\pi^3}{81000} [30\xi_h^2 (12\xi_X(4\xi_X + 1) + 1) + 10\xi_h(6\xi_X + 1)^2 + 10\xi_X(3\xi_X + 1) + 1],$$

$$\alpha = g_{RH}\pi^2/30$$

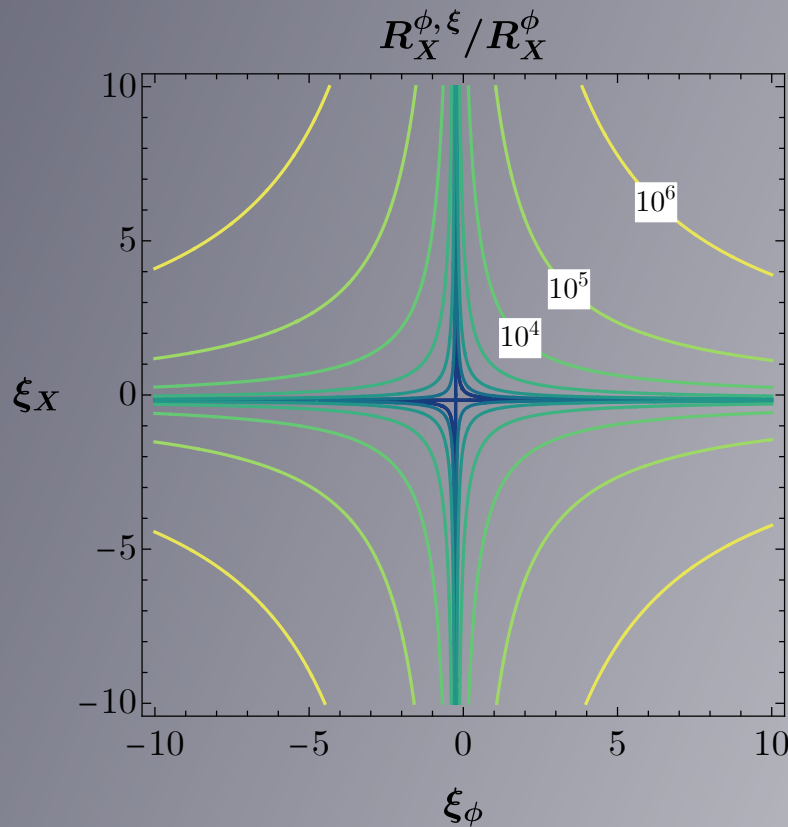


Non-minimal Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow X^j(p_3) + X^j(p_4)$$

$$\frac{dY_X^\xi}{da} = \frac{\sqrt{3}M_P}{\sqrt{\rho_{\text{RH}}}} a^2 \left(\frac{a}{a_{\text{RH}}} \right)^{2/3} R_X^{\phi, \xi}(a)$$

$$R_X^{\phi, \xi} = \frac{2 \times \sigma_{\phi X}^{\xi 2} \rho_\phi^2}{16\pi m_\phi^4} \sqrt{1 - \frac{m_X^2}{m_\phi^2}}$$



$$n_X^{\phi, \xi}(a_{\text{RH}}) \simeq \frac{\sigma_{\phi X}^{\xi 2} \rho_{\text{RH}} \sqrt{\rho_{\text{end}}} M_P}{4\sqrt{3}\pi m_\phi^4} \sqrt{1 - \frac{m_X^2}{m_\phi^2}},$$

$$\frac{\Omega_X^{\phi, \xi} h^2}{0.12} \simeq \frac{1.3 \times 10^7 \sigma_{\phi X}^{\xi 2} \rho_{\text{RH}}^{1/4} M_P^2}{m_\phi^3} \frac{m_X}{1 \text{ GeV}} \sqrt{1 - \frac{m_X^2}{m_\phi^2}},$$

$$\frac{\Omega_X^{\phi, \xi}}{\Omega_X^\phi} = \frac{\sigma_{\phi X}^{\xi 2}}{\sigma_{\phi X}^2} \simeq 4\xi^2(5 + 12\xi)^2,$$

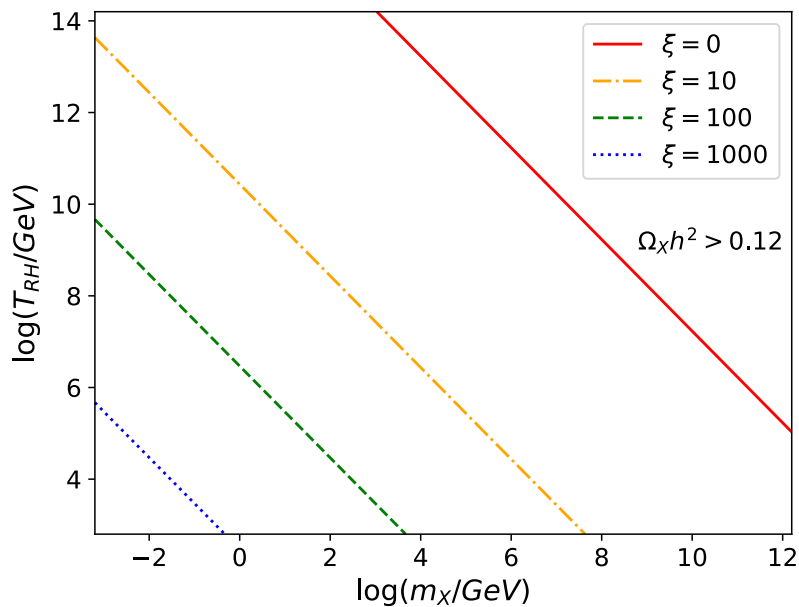
Non-minimal Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow X^j(p_3) + X^j(p_4)$$

$$\frac{dY_X^\xi}{da} = \frac{\sqrt{3}M_P}{\sqrt{\rho_{\text{RH}}}} a^2 \left(\frac{a}{a_{\text{RH}}} \right)^{2/3} R_X^{\phi, \xi}(a)$$

$$R_X^{\phi, \xi} = \frac{2 \times \sigma_{\phi X}^{\xi 2} \rho_\phi^2}{16\pi m_\phi^4} \sqrt{1 - \frac{m_X^2}{m_\phi^2}}$$

$$n_X^{\phi, \xi}(a_{\text{RH}}) \simeq \frac{\sigma_{\phi X}^{\xi 2} \rho_{\text{RH}} \sqrt{\rho_{\text{end}}} M_P}{4\sqrt{3}\pi m_\phi^4} \sqrt{1 - \frac{m_X^2}{m_\phi^2}},$$



$$\frac{\Omega_X^{\phi, \xi} h^2}{0.12} \simeq \frac{1.3 \times 10^7 \sigma_{\phi X}^{\xi 2} \rho_{\text{RH}}^{1/4} M_P^2}{m_\phi^3} \frac{m_X}{1 \text{ GeV}} \sqrt{1 - \frac{m_X^2}{m_\phi^2}},$$

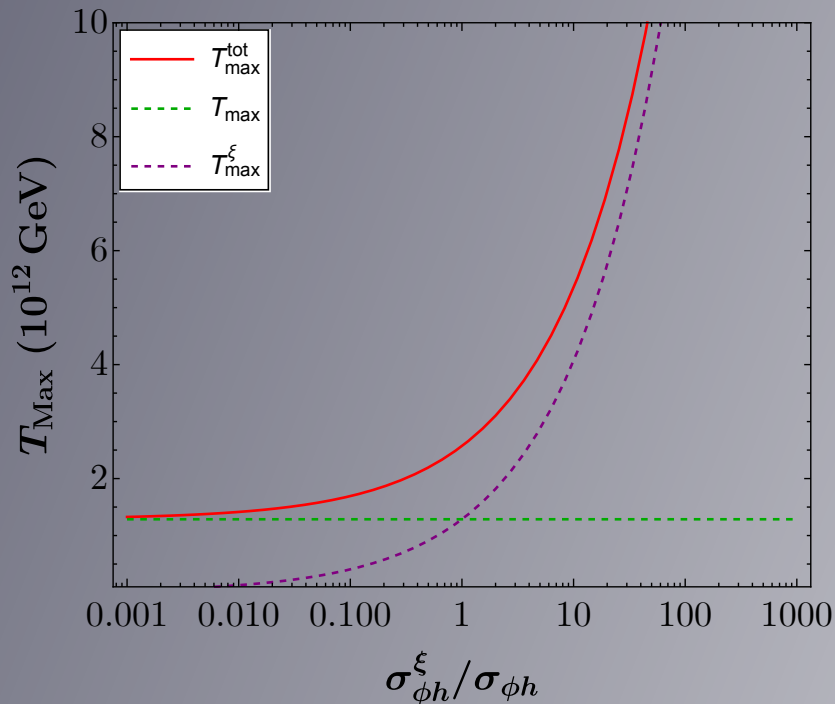
$$\frac{\Omega_X^{\phi, \xi}}{\Omega_X^\phi} = \frac{\sigma_{\phi X}^{\xi 2}}{\sigma_{\phi X}^2} \simeq 4\xi^2 (5 + 12\xi)^2,$$

Non-minimal Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow \text{SM}^i(p_3) + \text{SM}^i$$

$$(\phi\phi \rightarrow h_{\mu\nu} \rightarrow HH)$$

$$\frac{d\rho_R}{dt} + 4H\rho_R \simeq N_h \frac{\sigma_{\phi h}^\xi}{8\pi} \frac{\rho_\phi^2}{m_\phi^3}$$



$$T_{\text{max}}^\xi \simeq 1.8 \times 10^{12} \sqrt{|\xi|} (|5 + 12\xi|)^{\frac{1}{2}} \left(\frac{m_\phi}{3 \times 10^{13} \text{ GeV}} \right) \text{ GeV}$$

dominates when

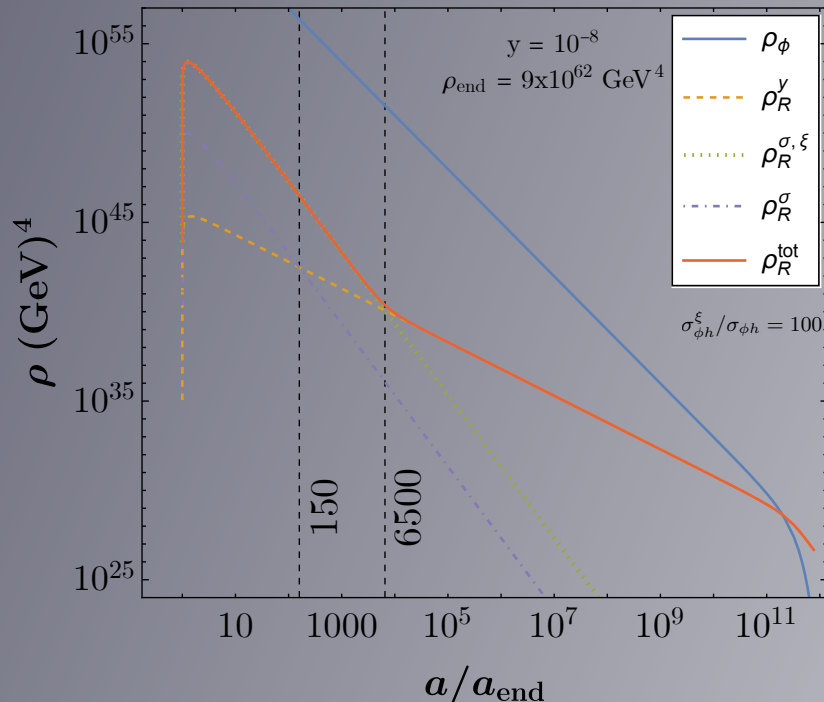
$$T_{\text{RH}} \lesssim 2.4 \times 10^9 \left(\frac{m_\phi}{3 \times 10^{13}} \right)^{\frac{3}{2}} \xi(5 + 12\xi) \text{ GeV}$$

Non-minimal Gravitational Portals

$$\phi(p_1) + \phi(p_2) \rightarrow \text{SM}^i(p_3) + \text{SM}^i$$

$$(\phi\phi \rightarrow h_{\mu\nu} \rightarrow HH)$$

$$\frac{d\rho_R}{dt} + 4H\rho_R \simeq N_h \frac{\sigma_{\phi h}^\xi}{8\pi} \frac{\rho_\phi^2}{m_\phi^3}$$



$$T_{\text{max}}^\xi \simeq 1.8 \times 10^{12} \sqrt{|\xi|} (|5 + 12\xi|)^{\frac{1}{2}} \left(\frac{m_\phi}{3 \times 10^{13} \text{ GeV}} \right) \text{ GeV}$$

dominates when

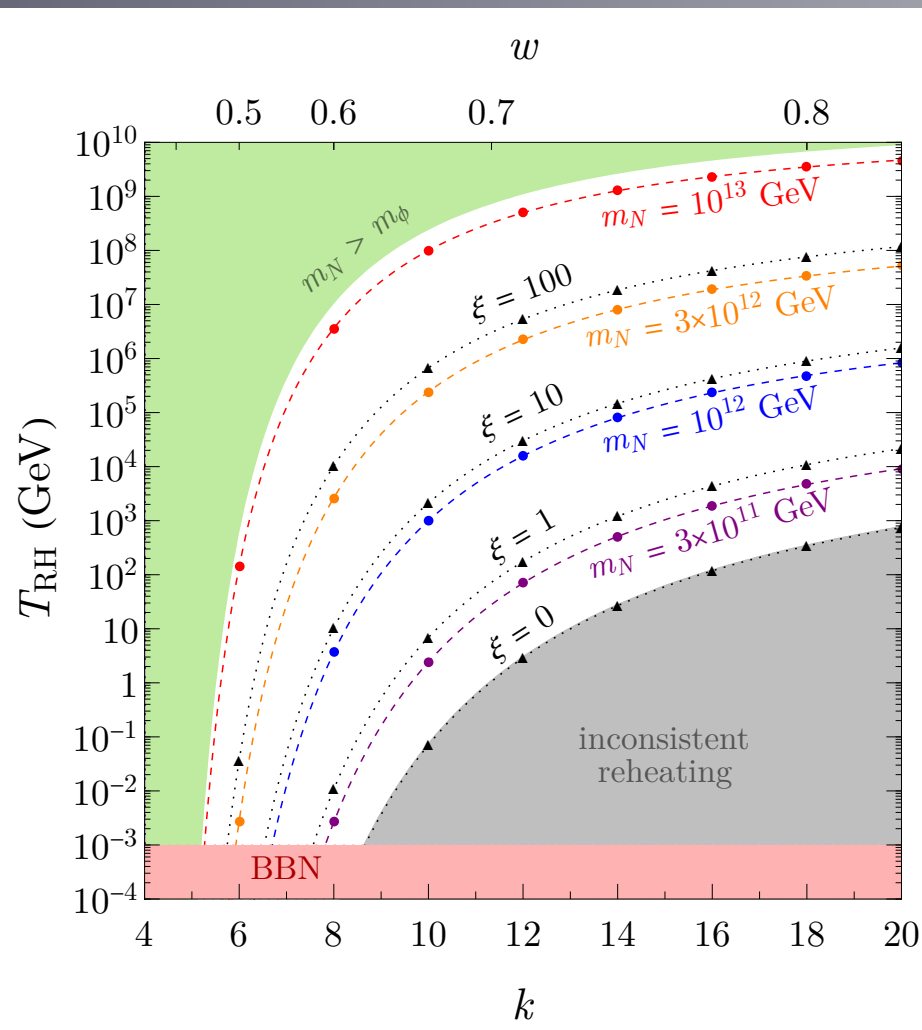
$$T_{\text{RH}} \lesssim 2.4 \times 10^9 \left(\frac{m_\phi}{3 \times 10^{13}} \right)^{\frac{3}{2}} \xi(5 + 12\xi) \text{ GeV}$$

Non-minimal Gravitational Portals

Co, Mambrini, Olive

$$\phi(p_1) + \phi(p_2) \rightarrow \text{SM}^i(p_3) + \text{SM}^i$$

$$(\phi\phi \rightarrow h_{\mu\nu} \rightarrow HH)$$



For $k > 6$, entire radiation bath can be produced when $\xi > 0$

Summary

- Reheating- an essential component of all inflation models
- In many cases, the instantaneous reheating approximation is too crude.
- Particle Production enhanced in the early phases of reheating when rates are proportional to T^{n+6} with $n > 6$ (expected for gravitino production in high scale susy models).
- Gravitational portals determine a minimal particle production rate and a minimal maximum temperature during reheating.
- Can be an important (and minimal) component for leptogenesis.