

# Cosmological and astrophysical constraints on decaying axion-like particles

Felix Kahlhoefer

PASCOS, Max Planck Institute for Nuclear Physics, Heidelberg, 28 July 2022

Based on [arXiv:2205.13549](https://arxiv.org/abs/2205.13549)  
with Csaba Balázs, Tomás E. Gonzalo,  
Will Handley, Sebastian Hoof, David J.E.  
Marsh, Pat Scott and Patrick Stöcker

# Goldstone bosons

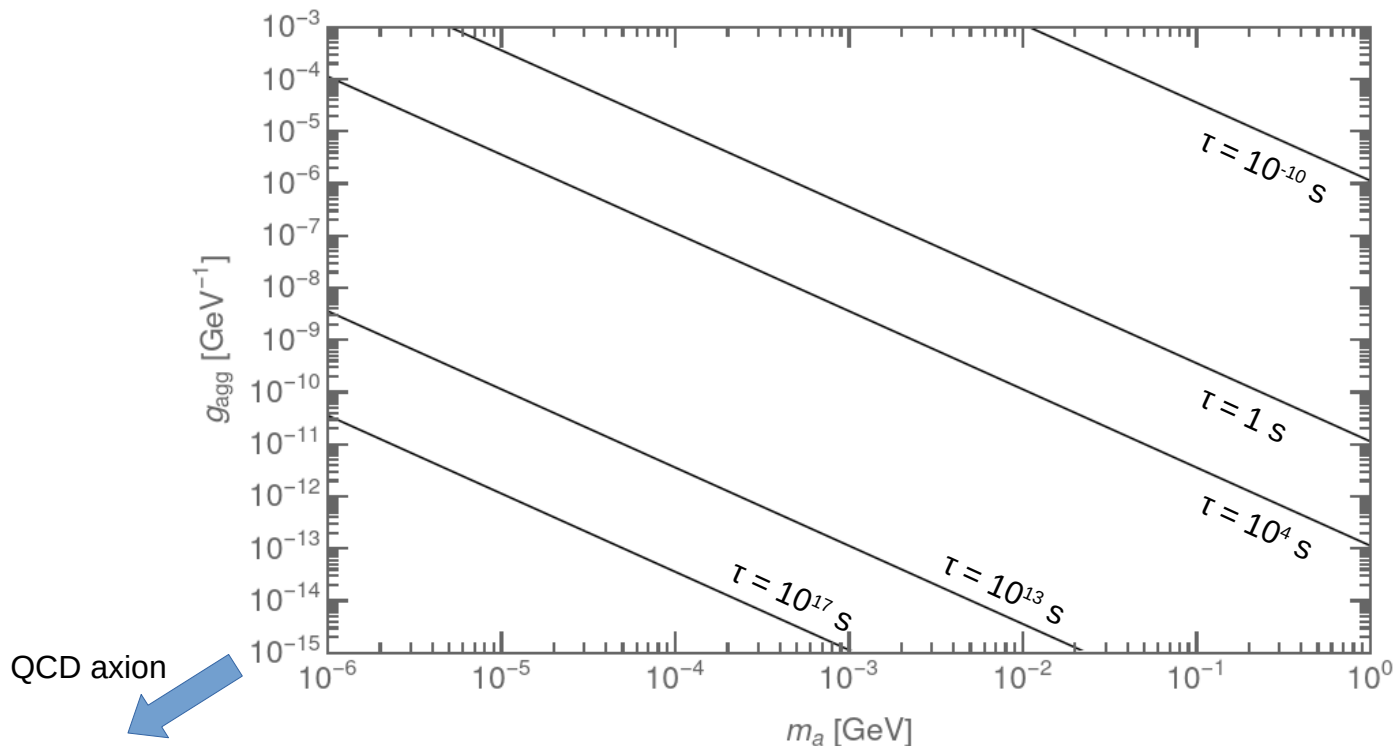
## ■ Strong motivation for new light states: **Goldstone's theorem**

- Spontaneous breaking of an (approximate) global symmetry → Goldstone bosons
- Underlying symmetry protects mass, so they are naturally light (or even massless)
- Interactions with SM particles are suppressed by the scale of symmetry breaking
- Common explanation for small mass and small couplings!

## ■ These so-called **axion-like particles (ALPs)** occur in many SM extensions

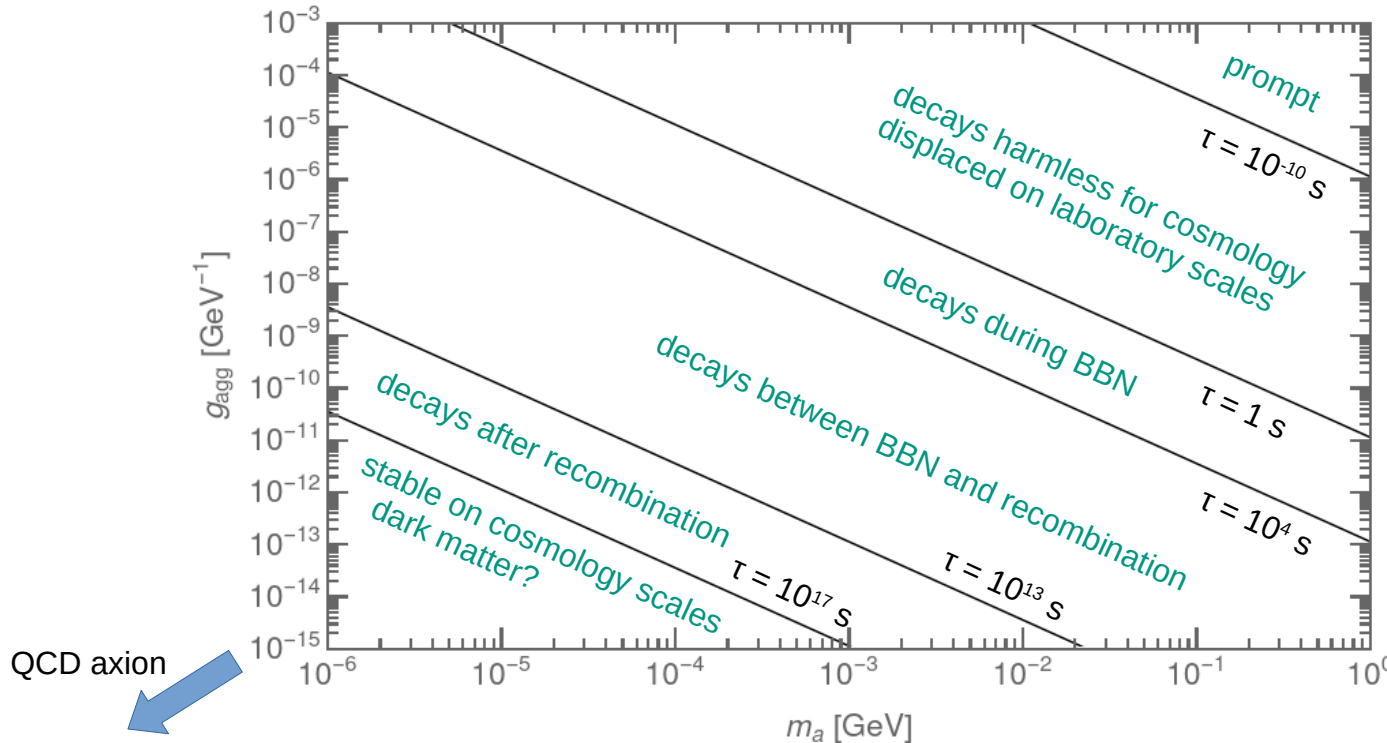
- Solutions to the strong CP problem Weinberg (1978), Wilzcek (1978)
- String compactifications Arvanitaki et al., arXiv:0905.4720, Cicoli et al., arXiv:1206.0819
- Supersymmetry breaking Bellazzini et al., arXiv:1702.02152
- Relaxion mechanism Graham et al., arXiv:1504.07551, Flacke et al., arXiv:1610.02025

# Parameter space for ALP-photon couplings



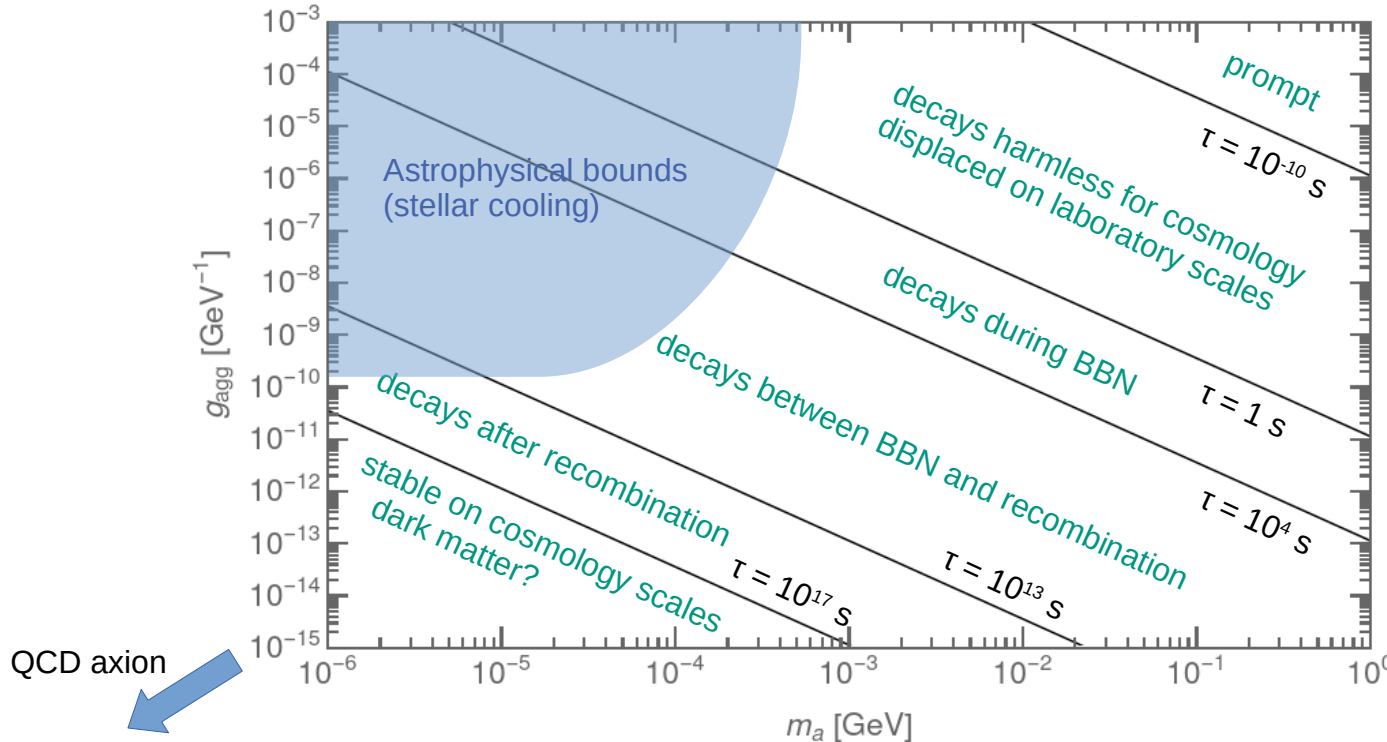
$$\Gamma_a = \frac{g_{a\gamma\gamma}^2 m_a^3}{64\pi}$$

# Parameter space for ALP-photon couplings



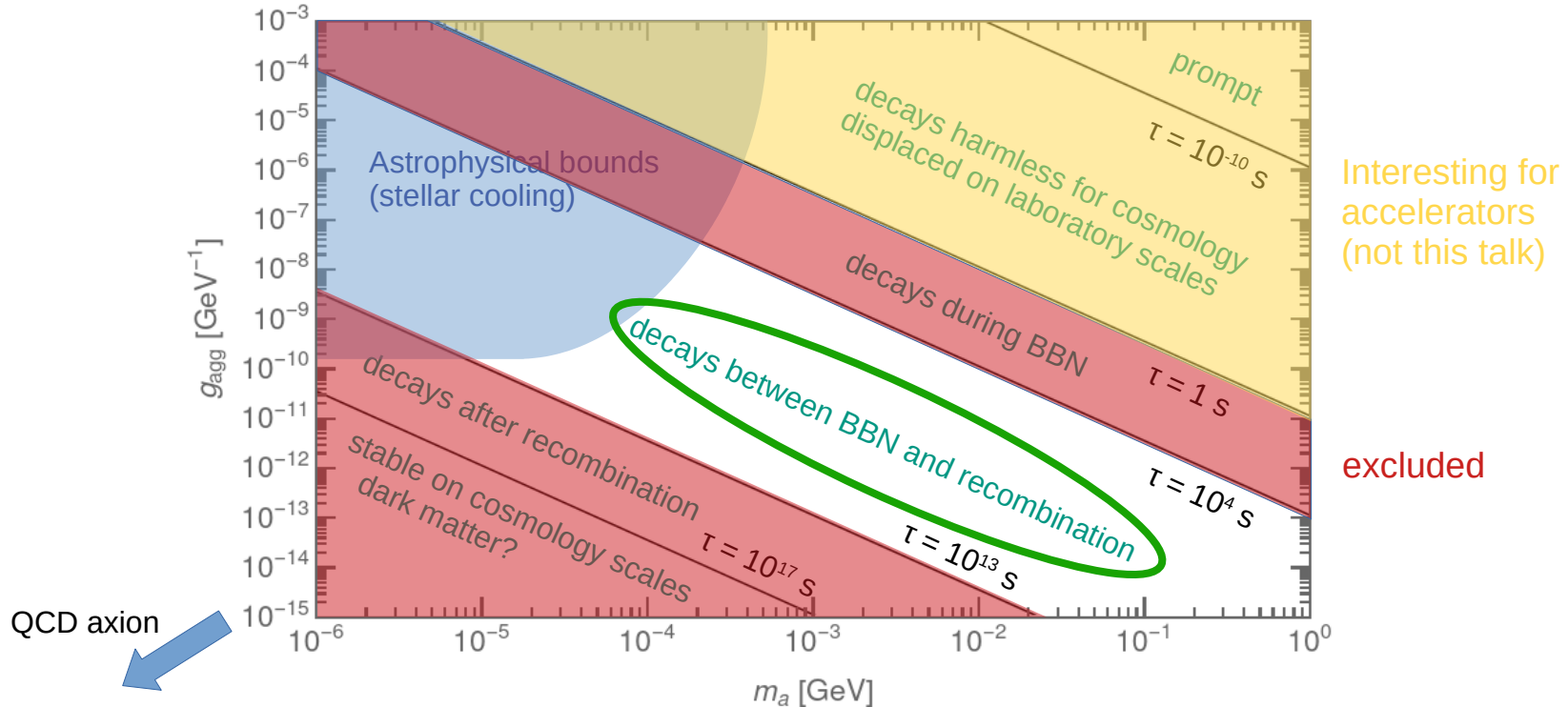
$$\Gamma_a = \frac{g_{a\gamma\gamma}^2 m_a^3}{64\pi}$$

# Parameter space for ALP-photon couplings



$$\Gamma_a = \frac{g_{a\gamma\gamma}^2 m_a^3}{64\pi}$$

# Parameter space for ALP-photon couplings

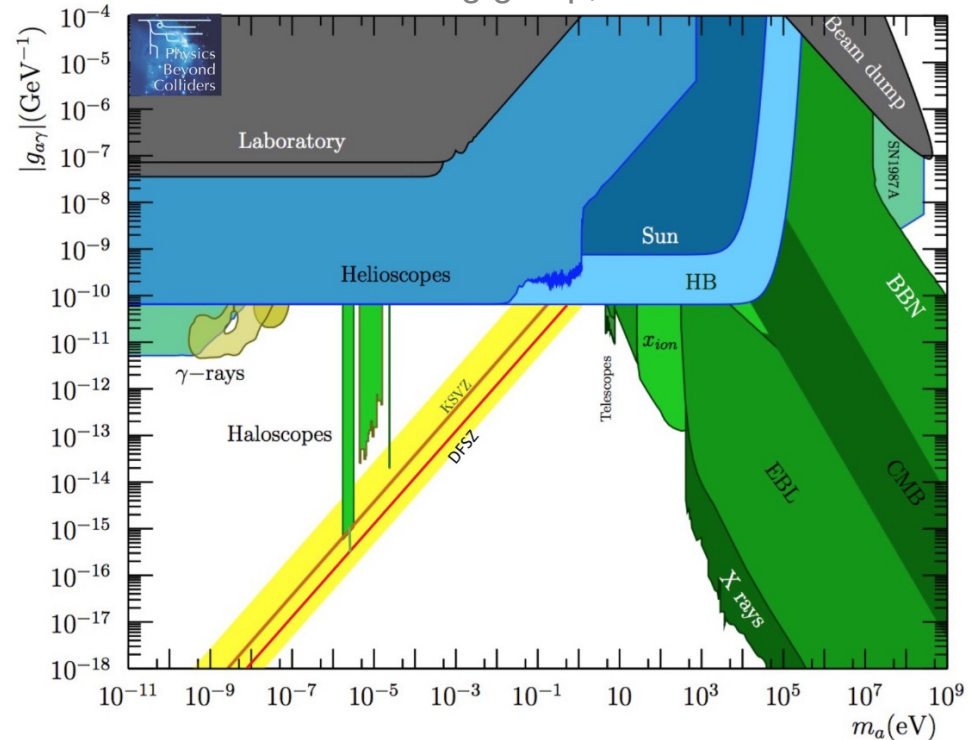


# Cosmological constraints on ALPs

## Standard lore:

- Parameter space corresponding to  $1 \text{ s} < \tau < 10^{17} \text{ s}$  fully excluded by cosmological constraints
- Important **implicit assumption**: ALPs are in thermal equilibrium in the early universe
- How robust is this assumption?

PBC BSM working group, arXiv:1901.09966



# Thermal equilibrium

■ ALPs thermalise through the Primakoff process

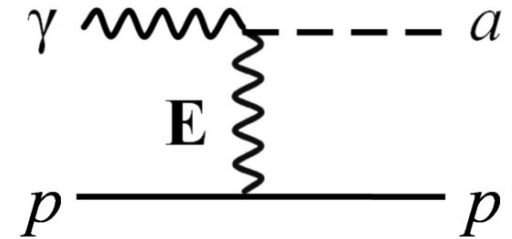
■ **Interaction rate:**  $\Gamma_p \sim \alpha T^3 g_{\text{agg}}^2$

■ Thermalisation if  $\Gamma_p > H \sim T^2 / M_{\text{pl}}$

$$\rightarrow T > \alpha / (M_{\text{pl}} g_{\text{agg}}^2)$$

■ For low reheating temperature, this condition may never be satisfied

**Example:** For  $g_{\text{agg}} = 10^{-15}$  GeV no thermalisation occurs for  $T_R < 50$  GeV



Depta et al., arXiv:2002.08370



# ALP production beyond equilibrium

- **Low  $T_R$ :** ALP abundance set by non-equilibrium processes
  - *Realignment mechanism* (depends on unknown initial misalignment angle  $\theta_a$ )
    - Resulting ALP abundance essentially free parameter
  - *Freeze-in production* (calculable as function of  $T_R$ ,  $g_{\text{agg}}$  and  $m_a$ )
    - Lower bound on reheating temperature ( $T_R > 5$  MeV) sets lower bound on ALP abundance
- ALP abundance may be suppressed by many orders of magnitude (compared to equilibrium) but cannot be arbitrarily small

# Cosmological constraints

## ■ ALP decays inject energy into electron-photon plasma

→ Even ALPs that constitute a tiny fraction of the energy density of the universe may be tested by cosmological observations

■ Modifications of  $N_{\text{eff}}$  and  $\eta_b$

■ Delay of recombination

■ CMB spectral distortions

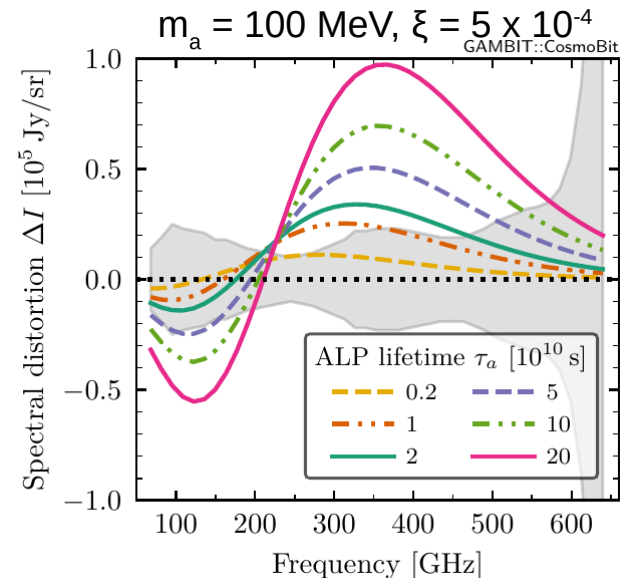
■ Primordial element abundances

## ■ Additional constraints (independent of ALP abundance) from SN1987A

Public code <https://github.com/marie-lecroq/ALP-fluence-calculation>  
based on Jaeckel et al., arXiv:1702.02964

# CMB spectral distortions (SDs)

- If the ALPs decay shortly before recombination, the injected energy may not be fully thermalised
  - Imprint on the spectral shape of the CMB
- Best constraints on spectral distortions (from COBE/FIRAS) over 25 years old
- Much stronger constraints could be obtained with future satellites (“PIXIE”)



For likelihood calculation, see Lucca et al., arXiv:1910.04619

# Need for global fits

- Need to combine variety of numerical codes

**MicrOMEGAs**

**CLASS**

**AlterBBN**

**Monte Python**

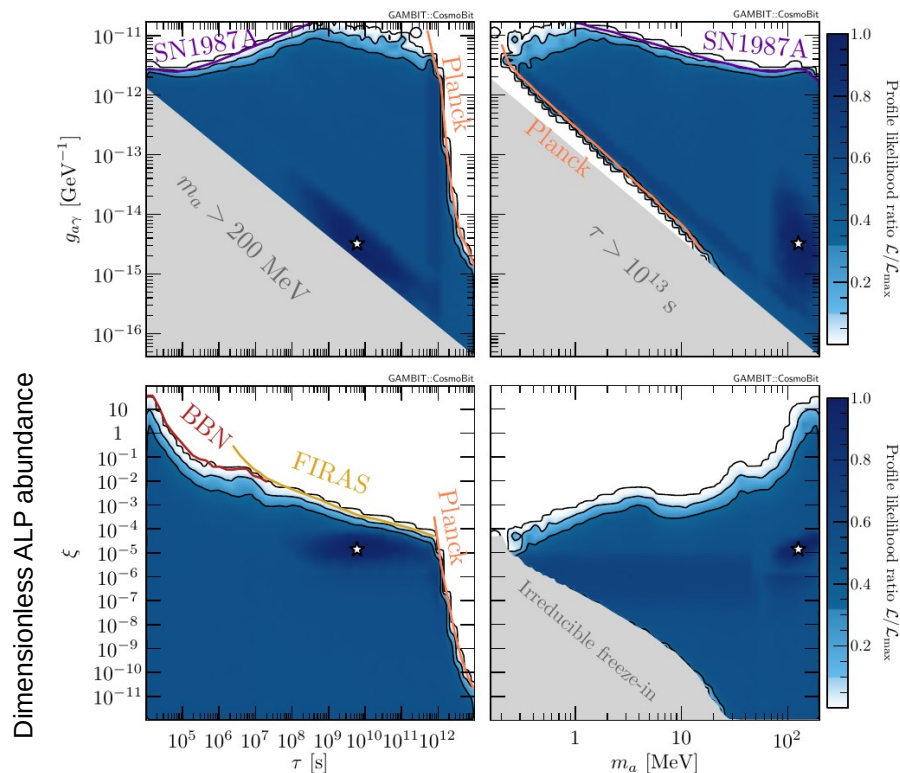


- Want to also vary  $\Lambda$ CDM parameters → need to include BAO & SNIa data
- Want to also include other constraints → SN1987A, HB stars, neutron lifetime
- Challenging parameter scans!
- Perfect for the **CosmoBit** module of the Global And Modular BSM Inference Tool **GAMBIT**



Renk, FK et al., arXiv:2009.03286

# Frequentist scan: Results



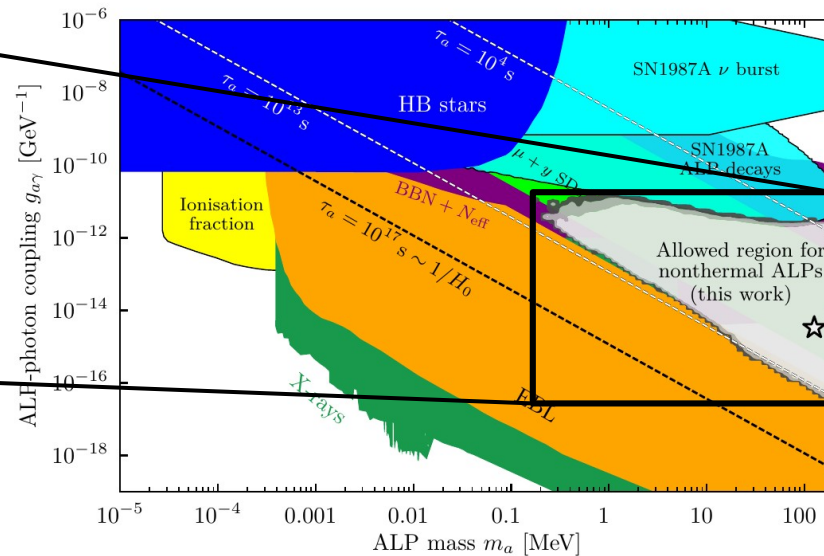
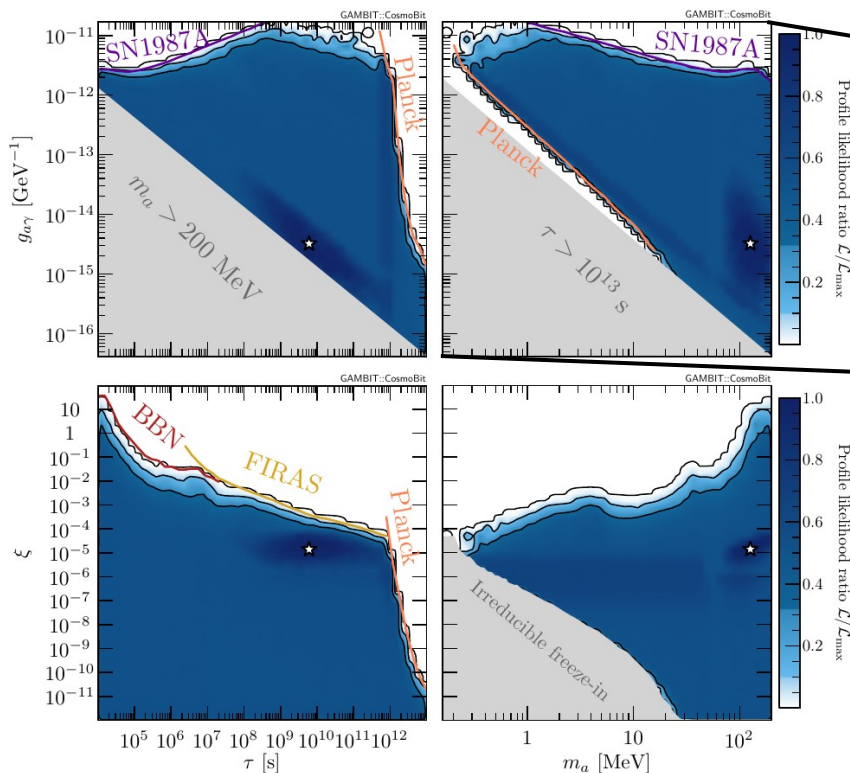
- blue: high likelihood  $\leftrightarrow$  allowed
- white: low likelihood  $\leftrightarrow$  excluded
- grey: not explored by scan
- white star: best-fit point

## Key points:

- Different cosmological probes constrain different ranges of  $\tau$
- SN1987A excludes large  $g_{\text{agg}}$

# Frequentist scan: Results

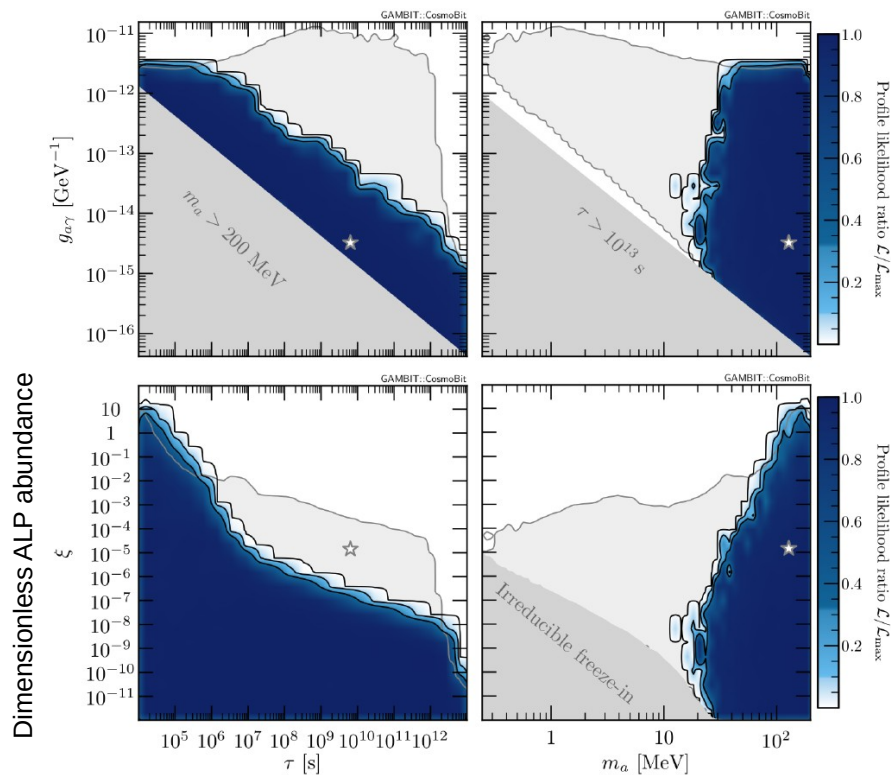
Dimensionless ALP abundance



**■ Viable parameter space found in region previously assumed to be excluded**

# PIXIE forecasts

- Future satellite missions like PIXIE may substantially improve sensitivity to spectral distortions
- Upper bounds on  $g_{\text{agg}}$  may be improved by orders of magnitude for  $10^6 \text{ s} < \tau < 10^{12} \text{ s}$
- Lower bound on  $m_a$  strengthened by two orders of magnitude
- Best-fit point from previous scan would lead to clear discovery



# Conclusions

- Decaying (MeV-scale) axion-like particles have wide range of implications for particle physics and cosmology
- For  $10^4 \text{ s} < \tau < 10^{13} \text{ s}$  ALPs produced in the early universe decay between BBN and CMB
- Strongly excluded for thermally produced ALPs
- Global fit reveals viable parameter space for non-thermal ALPs (freeze-in & misalignment production)
- Promising strategy: future spectral distortion missions (PIXIE)