

Γονό tutorial

1. Using $\eta_{\alpha\beta} u^\alpha u^\beta = -c^2$ and $p^\alpha = m\gamma(c, \vec{v})$,
Derive the well-known formula $E^2 = m^2 c^4 + p^2 c^2$

2. Show that

$$p^\alpha_{\beta} u^\beta = 0 = u_\alpha p^\alpha_{\beta}$$

$$p^\alpha_{\mu} p^\mu_{\beta} = p^\alpha_{\beta}$$

$$p^\alpha_{\alpha} = 3$$

$$p^{\alpha\beta} = e_{(1)}^\alpha e_{(1)}^\beta + e_{(2)}^\alpha e_{(2)}^\beta + e_{(3)}^\alpha e_{(3)}^\beta$$

3. (Particle Dynamics)

Defining 4-acceleration

$$a^\alpha = \frac{du^\alpha}{d\tau}$$

a) Show that $a^\alpha u_\alpha = 0$

b) Using $u^\alpha = \gamma(c, \vec{v})$, show that $a^0 = \frac{\vec{a} \cdot \vec{v}}{c}$

Hint $\vec{v} = \frac{d\vec{r}}{dt}$, $\vec{u} = \frac{d\vec{r}}{d\tau}$, $\vec{a} = \frac{d^2\vec{r}}{d\tau^2}$
spatial components of 4-velocity spatial components of 4-acceleration

c) Relativistic version of Newton's Law

$$F^\alpha = m a^\alpha$$

show that

$$F^0 = \frac{\vec{F} \cdot \vec{v}}{c}$$

and combining this result with that from

b) to discuss that $F^0 = m a^0$ is a relativistic statement of the work-energy theorem

(from Poisson & Will, 2014, Gravity)

4. The Lorentz transformation for an arbitrary velocity whose components in S are v^j is given by

$$x'^{\alpha} = \Lambda^{\alpha}_{\beta} x^{\beta},$$

where the components of Λ^{α}_{β} are given by

$$\Lambda^0_0 = \gamma,$$

$$\Lambda^0_j = -\gamma v_j / c,$$

$$\Lambda^j_0 = -\gamma v^j / c,$$

$$\Lambda^j_k = \delta^j_k + (\gamma - 1)n^j n_k,$$

where $n^j = v^j / |\mathbf{v}|$.

- (a) Show that this reduces to Eq. (4.1) when \mathbf{v} is aligned with the x -direction.
(b) By considering the invariance of the interval ds^2 , show that the Minkowski metric in S' is related to the Minkowski metric in S by

$$\eta_{\alpha\beta} = \eta'_{\gamma\delta} \Lambda^{\gamma}_{\alpha} \Lambda^{\delta}_{\beta}.$$

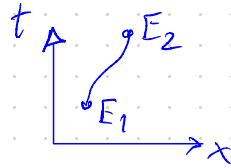
- (c) Verify using the general Lorentz transformation that $\eta_{\alpha\beta}$ has the same diagonal form with entries $(-1, 1, 1, 1)$ as it had in S' . You can do this using matrix multiplication by recognizing that the transformation of the metric can be expressed as the matrix equation $\eta = \Lambda^T \eta' \Lambda$.

5. Show that

$$\eta^{\alpha\beta} = -e^{\alpha}_{(0)} e^{\beta}_{(0)} + e^{\alpha}_{(1)} e^{\beta}_{(1)} + e^{\alpha}_{(2)} e^{\beta}_{(2)} + e^{\alpha}_{(3)} e^{\beta}_{(3)}$$

by checking its components (a) in a frame where the basis vectors are attached to a particle at rest, and (b) in a frame where the vectors are attached to a particle moving in the x -direction with velocity v .

6.



Consider a freely moving particle ($a^\alpha = 0$).

$$\begin{aligned} \text{The action } S &= -mc^2 \int_1^2 dt \\ &= \int_1^2 dt L \end{aligned}$$

$$\text{where } L = -mc \sqrt{-\eta_{\beta\alpha} \frac{dr^\alpha}{dt} \frac{dr^\beta}{dt}}$$

Using the Euler-Lagrange equation (corresponding to $\delta S = 0$)

$$\frac{d}{dt} \frac{\partial L}{\partial v^\mu} - \frac{\partial L}{\partial r^\mu} = 0$$

Show that a uniform motion of a free particle, according to $\delta S = 0$, maximizes the elapsed proper time between E_1 and E_2