

Imaging in particle therapy

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Outline

- Image guided particle therapy
- Imaging methods taking advantage of nuclear interactions
- Proton Computed Tomography
- Conclusions

Particle therapy workflow

Imaging in particle therapy

re-treatment:
whereinde for this selection to a second station Anatomical&functional patient representation

 \mathbf{r} and \mathbf{r} and \mathbf{r} and \mathbf{r} and \mathbf{r} and \mathbf{r} and \mathbf{r} Delineation

Input for dose calculation (Treatment Planning) treated worldwide with Particle

- $\overline{}$ • Computed Tomography
	- $\overline{}$ a Single Energy CT • Single Energy CT
	- $\overline{}$ and $\overline{}$ and $\overline{}$ and $\overline{}$ • Dual Energy CT
- erections and with Herman and with Herman and with the Magnesium of t $\frac{1}{2}$ • Magnetic Resonance Imaging (MRI)
- Single Photon Emission CT (SPECT)
- PET Positron Emission Tomography (PET)

Imaging in particle therapy

"Image-guided radiotherapy (IGRT) is the process of frequent imaging (i.e. 2D or 3D) the patient in the treatment room during a course of radiotherapy to guide the treatment process" [Verellen et al., Nat Rev Cancer, 7(12):949{960, dec 2007

Pre-treatment:

re-treatment:
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Treatment:

patient daily set up, trigger for .
adaptation, Input for dose calculation and range monitoring **Follow-up Pre-treatment: Pre-treatment: Follow-up**

- In-room image guidance
	- X-ray
	- Cone –beam CT
	- Future: MRIgPT
- During treatment
	- PET
	- prompt gamma
	- Charged fragments
- proton CT (pCT) or proton $\begin{bmatrix} \downarrow \downarrow \end{bmatrix}$ ct structures with structures $\mathsf S$ radiography

See also J. Seco, M.F. Spadea, Imaging in particle therapy: State of the art and future perspective, Acta Oncologica 54, 9, 1254-1258, 2015

Imaging in particle therapy

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Follow-up Follow-up Follow-up Post-treatment: Follow-up Post-treatment: for diagnosismus and diagnosismus a Post-treatment:

Tumor response

Radiation toxicity

Dose-effect modeling

patient follow-up and post-treatment assessment

• MRI

• CT

Range uncertainties

safety margins \rightarrow 2.5-3% + 1-3 mm

Imaging in particle therapy: uncertainties

o RBE values o Tumor heterogeneity o Contouring uncertainties o Reconstruction artifacts in CT o Machine related **Other sources**

Courtesy of A. Del Guerra. Krakow 2015

Dose impact of uncertainties

• Very precise…

• But different uncertainties can lead to dose distortions…

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standard in PT: two orthogonal KV images Daily alignment and correction with no action level It allows very accurate bone-based positioning Fully adequate for many classical indications of PT Requires larger "margins" if inter/intrafraction motion is an issue FOV: 34 cm axial and 34 cm longitudinal field of view Rotation speed of 0.5 or 1 RPM (full scan or half scan) First installation in Sept 2014 @UPenn

(CBCT)

Gantry Mounted Cone-Beam CT

- It helps bone-based positioning (some rotations more visible)
- It helps triggering rescanning/replanning
- More difficult to use it for soft tissue-based repositioning.

CBCT by itself may not be sufficient

Method works in most cases

Limitations:

- (1) Complex anatomical change not handled correctly by deformable image registration (DIR) software
- (2) Subtle changes in lung/tumor density not accounted for

C Veiga et al, IJROBP 95 549 (2016)

From CBCT to "dose of the day"

pCT and planned dose

vCT and warped dose

vCT and recalculated dose

IJROBP Veiga et al 2016

CT on rail

better low-contrast image quality faster image acquisition larger axial and longitudinal FOV more accurateCT number for replanning depend for patient positioning at isocentre

Feasibility of 4D CT scans for moving tumors

VALUE 12.000

The competition: MR guided Particle Therapy (MRgPT)

Oborn BM, Dowdell S, Metcalfe PE, Crozier S, Mohan R, Keall PJ. Future of medical physics: Real-time MRIguided proton therapy. Med Phys. 2017 Aug;44(8):e77-e90. doi: 10.1002/mp.12371. Epub 2017 Jul 4. PMID: 28547820.

Detailed anatomical information Better for soft tissues No ionising radiation used

Electromagnetic interactions between the MRI and PT systems integration of MRgPT workflows in clinical facilities proton dose calculation algorithms in magnetic fields

Dose impact of uncertainties

• Very precise…

• But different uncertainties can lead to dose distortions…

In vivo range verification offers the possibility to check the accuracy of the beam delivery

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BEVALAC, LBL, USA, 19Ne beams obained by nuclear fragmentation of 20Ne beams on Be target

"*Physical Measurements with High-Energy Radioactive Beams*"

A. Chatterjee, W. Saunders, E. L. Alpen, J. Alonso, J. Scherer and J. Llacer Radiation Research, Vol. 92, No. 2 (Nov 1982), pp. 230-244

Abstract

"Physical measurements were made with *high-energy radioactive beams (positron emitters) produced as secondary particles from a heavyparticle accelerator*. Data are presented for water-equivalent thickness of a silicon diode,a comparison of Bragg peak ionization depth vs stopping depth,and differential stopping depths when a beam is intercepted by heterogeneous materials in the orthogonal direction. A special positronemitting beam analyzing (PEBA) system was used to form images of the stopped radioactive beam. *These measurements will have direct impact on charged-particle radiotherapy, since the precise range of beams of charged particles to targets within patients can be measured and used for treatment planning. Also, during the treatments the stopping point of the beam can be monitored to verify that the treatment is being delivered as planned.*

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Consequences

Loss of beam fluence. For 290 MeV/u carbons: 50% of ions have nuclear reaction Phys.Med. The dose distributions are modified: Build-up region of Bragg curve Height of the Bragg peak. Carbon therapy: dose beyond the Bragg peak. Low energetic secondary particles --> "low dose envelope"

+ Various types of secondary particles are produced. Kinematics depend on stage during nuclear reaction

- + β+ emitting isotopes \rightarrow PET
- + Prompt gammas
- + Charged fragments

 \circ One of the ways to verify the delivered dose is by means of PET (Positron-Emission-Tomography)

 \circ Therapeutic hadron beams produce β^* emitters in the body

E.g. proton beam:

 $p + {}^{16}O \rightarrow (p,n) + {}^{15}O \rightarrow {}^{15}N + \beta^+ + \nu \tau_{15-0} = 122$ s (2 min)

 $p + {}^{12}C \rightarrow (p,n) + {}^{11}C \rightarrow {}^{11}B + \beta^+ + \nu \tau_{11-C} = 1223$ s (20 min)

Beta+ activity related with Bragg peak position!

Fiedler F, et al, *Ion Beam Therapy Fundamentals, Technology, Clinical Applications*. Berlin: Springer-Verlag (2012). p. 527–43.

PET monitoring in particle therapy

K. Parodi and J. Polf. "In vivo range verification in particle therapy", Medical Physics 45, 2018

A.C. Knopf and A Lomax. "In vivo proton range verification: a review". In:Phys Med. Biol.58.15 (2013), R131–160.

Dose delivery

+

PET

First pioneer work by W. Enghardt et al. in the '90 with Carbon Ions *(GSI/Bastei tomograph)*

 \rightarrow In-beam-PET: data when beam on *(PISA-Torino-CNAO/CHIBA-openPET)*

• Disadvantages: •Image artifacts •Small statistics (not much 11C)

PET monitoring in particle therapy

OPENPET

Courtesy of Taiga Yamaya

HIMAC test w 12C beam

MIC2015

Courtesy of Taiga Yamaya

IN-BEAM PET

PET modules 256 Luthetium Fine Scintillating (LFS) pixel crystals (3 x 3 x 20mm³) coupled to SiPMs **PET panel** 2x5 modules active area = 10×25 cm² @ 30 cm from the isocenter

Main features

coincidence window = 2 ns $CTR (Ge68) = 1.2$ ns $FWHM$ Avg energy resolution = 13% image reconstruction method: MLEM

M.G. Bisogni, et al., Journal of Medical Imaging 4(1), 2017

INSIDE: in-beam PET

INSIDE: in-beam PET

Carcinoma of the lacrimal gland $3.7 10^{10}$ protons [66.3, 144.4] MeV/u (28-29)/30 fractions, 2.2 GyE Vertex field 240 s treatment + 30 s after-treatment of data acquisition

V. Ferrero et al., "Online proton therapy monitoring: clinical test of a Siliconphotodetector-based inbeam PET" Scientific Reports, *(2018) 8:4100*

E. Fiorina et al, Front. Phys. 2021

F. Pennazio et al. :Phys.Med. Biol.63 2018

DOSE PROFILER

 $x(\cdot)$

DP planes

orthogonal BCF-12 square scintillating fibres $(0.5 \times 0.5 \times 192 \text{ mm}^3)$ read out by SiPMs $(1 \times 1 \text{ mm}^2)$ **DP box** 8 planes entrance window = $19.2 \times 19.2 \text{ cm}^2$ @ 60° wrt the beam direction @ 50 cm from the isocenter

Main features

Synchronization with Dose Delivery System signal

Image reconstruction method: backtracking with Hough Transform and Point Of Closest Approach

Observational clinical trial

day N

ClinicalTrial.gov id: NCT03662373

INSIDE: in-beam PET

o ACC (adrenocortical carcinoma) patient **Different range identification methods compared for patient** subject to small anatomical changes (BEV, MLS)

E. Fiorina et al,

M. Moglioni et al, Frontiers in Oncology 2022 Accepted for publication

Front. Phys. 2021 **Frontiers in Oncology 2022** MLS algorithm from Frey K, et al, Phys. Med.Biol. 59 (2014) 5903–5919

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 101008548

Dose profiler

Production points of the fragments obtained as Points of Closest Approach (PCA) of the reconstructed track with the nominal incoming beam direction \overline{B} Beam

Carbon beam

M. Fischietti et. a., Inter-fractional monitoring of 12C ions treatments: results from a clinical trial at the CNAO facility, Scientific Reports 10, 20735 (2020)

v2

v1

 r_{min}

PCA

Gamma analysis

Commonly used methods for dose comparisons (measurements versus calculations)

Combines a distance criterion with a dose difference criterion

Original motivation: less sensitive to high-dose-gradient regions than dose difference (and

exclude features that are clinically irrelevant)

D.A. Low et al, Med Phys 1998;25(5):656-61.

In-beam PET simulations results

- Treatment and scanner simulated with FLUKA Monte Carlo code
- Image reconstruction with MLEM algorithm

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 101008548

Results Dose profiler

ACC Patient

treated w C ions

Monitored w

Dose porfiler

Gamma analysis Passing rate

G. Traini et al, Submitted to Frontiers in Physics 2022

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BARB project

- o FAIR project Darmstadt
- o Carbon beams: not much beta+ activity generated…
- o But higher intensity for the PET signal can be obtained using beta+ -radioactive beams directly for treatment
- o Difficult (low intensity)
- o Intensity upgrade of the SIS-18 synchrotron and improved isotopic separation at FAIR (Facility for Antiproton and Ion Research at GSI) \rightarrow now possible to reach radioactive ion beams with sufficient intensity to treat a tumor in small animals
- \circ ¹¹C and ¹⁵O beams

Daria Boscolo et al., Front Oncol 2021. eCollection Radioactive Beams for Image-Guided Particle Therapy: The BARB Experiment at GSI (Biomedical Applications of Radioactive ion Beams)

BARB project

(Biomedical Applications of Radioactive ion Beams)

Daria Boscolo et al., Front Oncol 2021. eCollection Radioactive Beams for Image-Guided Particle Therapy: The BARB Experiment at GSI

FIGURE 6 | LMU hybrid y-PET detector (A) A 3-layer PET detector developed at LMU Munich in collaboration with NIRS-QST. The PET detector consists of a 3-layer scintillator block, a light guide and an 8×8 SiPM array. (B) A flood map of the 3-layer PET detector exposed to a ²²Na radioactive point source.

First proposed in 2003 by Stichelbaut and Jongen, first prototype by Min in 2006

Difficulties with detecting prompt gamma's:

- o Broad energy spectrum (up to 10 MeV!!)
- o Large background (neutrons)
- o High instantaneous count rates
- \circ Compatibility constraints with patient irradiation.

J.Krimmer, D.Dauvergne, J.M.Létang, É.Testa, Prompt-gamma monitoring in hadrontherapy: A review, NIM A 878, 2018, pp 58-73

See for information and references: J.Krimmer, D.Dauvergne, J.M.Létang, É.Testa, Promptgamma monitoring in hadrontherapy: A review, NIM A 878, 2018, pp 58-73

Example of clinical applications of **collimated gamma** imaging systems:

IBA-USA collaboration: report 2 mm precision to detect shift

Yunhe Xie et al , Prompt Gamma Imaging for In Vivo Range Verification of Pencil Beam Scanning Proton Therapy Int. J. Rad. Onc. Bio. Phys. 99, 1, 2017, pp 210- 218

> Reversed projection of the prompt gamma depth emission profile is produced on the crystals

m the European Union's Horizon 2020 under grant agreement No 101008548

Other example of clinical applications of **collimated gamma** imaging systems:

J. Berthold et al, Int. J. Rad. Onc. Bio. Phys. 111, 4, **15 November 2021**, Pages 1033-1043

about 1 mm (2*σ*)

Proton CT (pCT)

Based on Nuclear Reactions of Hadrons in Tissue

- o Off-line & On-line PET
- o Prompt gamma's and neutrons
- o Prompt charged particles (only for Ions)

Based on X-ray CT- analogous: pCT (only for Protons)

depth[cm]

Proton CT: motivation

- o Proton range depends on stopping power along the proton path.
- o Currently stopping power determined by CT scan (x-Ray based)
- o CT Hounsfield units have to be converted to particle stopping power… based on calibration curves \rightarrow uncertainties!
	- o Can be improved…
		- o Dual energy CT
		- o Proton CT (see next)
		- o …

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Proton CT

- Using same particles (i.e. protons) but with higher energy, so that they pass through the target:
- o Measure the position with a tracker before and after the target
- o Measure the residual energy with an energy detector (calorimeter) downstream
- o Make one planar view to obtain a proton-radiography (pR)
- o Source of image contrast in a proton radiograph is the energy loss of the transmitted protons (the integrated stopping powers of protons in the patient).
- o Make many projections to obtain a proton-CT (pCT)
- o Idea was originally proposed by Allan Cormack in 1963 (J.Appl. Phys.1963,34, p.2722)

Robert P Johnson,

Review of medical radiography and tomography with proton beams Rep. Prog. Phys. 81 (2018) 016701 (21pp)

https://www.niu.edu/crcd/prospective-user/projects/proton-medical-imaging.shtml

R.P. Johnson et al. A fast experimental scanner for proton CT: technical performance and first experience with phantom scans. IEEE Trans. Nucl. Sci., 63:52, 2016.

Conclusions

- o Many applications of detectors and instrumentation in particle therapy
- o Imaging is used during all stages of particle therapy
- o Today discussed a few of the techniques, focusing on techniques used for treatment monitoring

Thank you for your attention

Aknowledgments

Aafke Kraan, INFN Pisa, IT Marco Schwarz, Radiation Oncology Dep. University of Washington, Seattle, USA Mario Ciocca, CNAO, IT

Collaboration INnovative **S**olutions for **I**n-beam **D**osim**E**try in Hadrontherapy

Mario Ciocca, Sandro Rossi, Viviana Vitolo, Esther Orlandi, Sara Tampellini, Marco Pullia

Back up

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Structure of a Proton CT system

