Amusement parks, playgrounds and the equivalence principle – Physics for the whole body and a smartphone or small toys

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Abstract. What your body feels in swings, carousels or rollercoasters is related to the forces required to change motion. These forces can be visualized with small toys or be measured by a smartphone accelerometer, giving data that can be analysed in the physics classroom. The embodied experiences, as well as accelerometer data, depend on the equivalence between inertial and gravitational mass, which often leads to surprising consequences, that can deepen the understanding of Newton's laws. The poster will present a number of visual examples of experiments, demonstrations and analyses that challenge incomplete understanding.

Introduction

Do you remember what it feels like in the lowest point of a swing or pendulum ride moving back and forth? Do you remember what it feels like moving through a tight turn, over a hill or through a valley in a roller coaster?

The experience of the body is often omitted in physics teaching, possibly for fear of confusing students. On the other hand, what your body feels must be related to the forces required to changes in motion – acceleration [1]. The forces experienced by your body can also be measured by an accelerometer, e.g. in a smartphone, giving data that can be analysed in the physics classroom. [2- 4]. The poster will present a number of visual illustrations of the equivalence principle and examples of how these experiences can deepen student understanding, as described in more detail in several publications..

The Equivalence Principle

The equivalence between inertial and gravitational mass leads to a challenge: Without external reference acceleration can't be distinguished from a gravitational field. An inertial accelerometer measures the vector *(a-g)* in its own coordinate system. In free fall, it should show zero. To convert the measured data to *a*, as done by many apps [3,4], requires using also 3D rotational data and matrix operations, hidden from the user. Slinkies or spiral toys provide visual accelerometers [1,2,5]. The Equivalence Principle can also be used to argue for an operational definition of weight, *m(g*−*a*), rather than the more common gravitational definition, *mg* [6,7].

The Equivalence Principle is rarely mentioned in textbooks, whether for school or undergraduate physics, except possibly in connection with the theory of relativity. However, the "weak equivalence principle", involving objects with (rest) mass, is a fundamental principle, with consequences that often surprise students. Not only do objects fall together in vacuum, but also to a good approximation in air – "unless the air gets involved", as one 11-year old expressed it, when discussing experiments of dropping different pairs of objects [8]. In a chain flyer, an empty swing in front of you forms the same angle to the vertical [9,10]. On a playground, you can "twin swing" with an empty swing and compact balls of different size roll together down a slide [8,11]. Students can even discover that mass doesn't influences how fast something moves down a slide [12]. Physicists may be surprised about the behaviour of liquids in accelerated motion [13], also reflected in accelerometer data from swings [2,5]. The equivalence principle invites you to bring your body to physics class, as a resource for learning about Newton's laws.

Conclusions

Omitting the embodied experiences from physics discussions can leave students believing that the acceleration is zero, e.g., in the lowest point of a swing motion [5,14,15], or in the highest point when something is thrown up in the air [16], or when you bounce on a trampoline [17-19]. On the other hand, when acceleration is introduced through Newton's second law, *a=F/m*, rather than through mathematics, it can be accessible long before students learn about derivatives [1,2]. There is no need to restrict discussions to one-dimensional motion – although in amusement parks, or on a trampoline, even 1-D motion can be exciting [20]!

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