# Coupling Metric-Affine Gravity to a Higgs-Like Scalar Field 

Claire Rigouzzo ${ }^{1}$
${ }^{1}$ Theoretical Particle Physics and Cosmology, King's College London, WC2R 2LS, UK

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${ }^{a}$ Institue of Physics, Laboratory for Particle Physics and Cosmology,
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1. Different Formulations of Gravity

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1. Different Formulations of Gravity
2. Breaking the Equivalence Between the Different Formulations

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1. Different Formulations of Gravity
2. Breaking the Equivalence Between the Different Formulations
3. Phenomenology of Higgs Inflation

- In the line of research of alternative formulation of gravity

$\neq$<br>modified theories of gravity

- In the line of research of alternative formulation of gravity

$$
\neq
$$

modified theories of gravity

- Historical motivation:

I. DIFFERENT FORMULATIONS OF GRAVITY
A. Metric Gravity


Degrees of freedom: $g_{\mu \nu}$

The connection is uniquely determined by the metric:

$$
\stackrel{\circ}{\Gamma}_{\beta \gamma}^{\alpha}=\frac{1}{2} g^{\alpha \mu}\left(\partial_{\beta} g_{\mu \gamma}+\partial_{\gamma} g_{\mu \beta}-\partial_{\mu} g_{\beta \gamma}\right)
$$

I. DIFFERENT FORMULATIONS OF GRAVITY
B. Palatini Gravity


Degrees of freedom: $\left\{g_{\mu \nu}, \Gamma_{(\beta \gamma)}^{\alpha}\right\}$

The connection is no longer determined by the metric, they are a priori independent.
I. DIFFERENT FORMULATIONS OF GRAVITY
C. Einstein-Cartan Gravity


Degrees of freedom: $\left\{g_{\mu \nu}, \Gamma_{\beta \gamma}^{\alpha}\right\}$
$\Gamma^{\alpha}{ }_{\beta \gamma}$ need not be symmetric in the last indices

$$
\Rightarrow \text { Torsion: }
$$

$$
T_{\beta \gamma}^{\alpha}=\Gamma_{[\beta \gamma]}^{\alpha}
$$

I. DIFFERENT FORMULATIONS OF GRAVITY
D. Metric-Affine Gravity

Degrees of freedom: $\left\{g_{\mu \nu}, \Gamma^{\alpha}{ }_{\beta \gamma}\right\}$


Most general formulation of gravity
$\Rightarrow$ Non-metricity:

$$
Q_{\alpha \beta \gamma}=\nabla_{\alpha} g_{\beta \gamma}
$$

I. DIFFERENT FORMULATIONS OF GRAVITY
E. Summary


Figure 1: Schematic representation of the change of a vector under parallel transport due to the presence of: a) curvature b) torsion c) non-metricity.

## I. DIFFERENT FORMULATIONS OF GRAVITY

E. Summary


Figure 2: Relation between ALL different formulations of gravity.

> Are they equivalent?

If not, what are the phenomenological consequences? Can we measure it?
II. BREAKING THE EQUIVALENCE BETWEEN THE DIFFERENT FORMULATIONS
A. Higher derivatives

$$
S=\int d^{4} x \sqrt{-g}\left[R+a_{1} R^{2}+a_{2} R^{\mu \nu} R_{\mu \nu}+\ldots\right.
$$

Schematically, the equivalence is broken due to symmetry properties of the Riemann tensor :
II. BREAKING THE EQUIVALENCE BETWEEN THE DIFFERENT FORMULATIONS
A. Higher derivatives

|  | Metric | Einstein-Cartan | Metric-affine |
| :---: | :---: | :---: | :---: |
| $R_{a b[c d]}$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| $R_{[a b] c d}$ | $\checkmark$ | $\checkmark$ | X |
| $R_{(a b)(c d)}$ | $\checkmark$ | X | X |
| $R_{a[b c d]}=0$ | $\checkmark$ | X | X |

Table I: Properties of Riemann tensor
e.g: In the metric-affine formalism, we can write a term like :

$$
S=\int d^{4} x \sqrt{-g} R_{\alpha \beta \gamma}^{\alpha} R_{\mu}^{\mu \beta \gamma}
$$

II. BREAKING THE EQUIVALENCE BETWEEN THE DIFFERENT FORMULATIONS

## A. Higher derivatives

$$
S=\int d^{4} x \sqrt{-g}\left[R+a_{1} R^{2}+a_{2} R^{\mu \nu} R_{\mu \nu}+\ldots\right.
$$

Few remarks:
(a) New propagating d.o.fs $\Rightarrow$ quite a big deviation from GR.
(b) Some may be healthy, some unhealthy (ghosts or tachyons) [1]
II. BREAKING THE EQUIVALENCE BETWEEN THE DIFFERENT FORMULATIONS
B. Matter coupled to gravity

$$
S=\int d^{4} x \sqrt{-g}\left(1+\xi \phi^{2}\right) R+S_{\phi}
$$

Few remarks:
(a) Non-minimal coupling terms come naturally when considering renormalization properties of a scalar field in a curved spacetime background [2].
(b) Gravity sector stays the same $\Rightarrow$ no new propagating d.o.fs $\Rightarrow$ minimal deformation to GR.
II. BREAKING THE EQUIVALENCE BETWEEN THE DIFFERENT FORMULATIONS
B. Matter coupled to gravity

Conclusion: different formulations are no longer equivalent when the action is more complicated.
III. PHENOMENOLOGY OF HIGGS INFLATION
A. Motivation

- Matter field $\Rightarrow$ different formulations are no longer equivalent.
- Choose the most general formulation, i.e metric-affine.

Presence of curvature, torsion and non-metricity

- Torsion and non-metricity are non-dynamical (no kinetic terms).
- They correspond to high energy effects.

Inflation
III. PHENOMENOLOGY OF HIGGS INFLATION
B. Recap of Higgs inflation

- Data from LHC:

$$
V(h)=\frac{1}{2} \mu^{2} h^{2}+\frac{\lambda h^{4}}{4}
$$

with $\mu \simeq 125 \mathrm{GeV}$ and $\lambda \simeq 0.13$.

- At high energies, we assume:

$$
V(h) \simeq \frac{\lambda h^{4}}{4} .
$$

III. PHENOMENOLOGY OF HIGGS INFLATION
B. Recap of Higgs inflation

[3] F. Bezrukov, M. Shaposhnikov, The Standard Model Higgs boson as the inflaton, 0710.3755
III. PHENOMENOLOGY OF HIGGS INFLATION
C. The theory, and its consequences

Steps followed in the paper:

1. Write down the most general action including torsion and non-metricity.

## III. PHENOMENOLOGY OF HIGGS INFLATION

C. The theory, and its consequences

> Steps followed in the paper:

1. Write down the most general action including torsion and non-metricity.

$$
\begin{aligned}
S= & \int \mathrm{d}^{4} x \sqrt{-g}\left[\frac{1}{2}\left(1+\xi h^{2}\right) \stackrel{\circ}{R}-\frac{1}{2} \tilde{K}(h) g^{\alpha \beta} \partial_{\alpha} h \partial_{\beta} h-V(h)\right. \\
& +A_{1}(h) \nabla_{\alpha} \hat{T}^{\alpha}+A_{2}(h) \dot{\nabla}_{\alpha} T^{\alpha}+A_{3}(h) \dot{\nabla}_{\alpha} \hat{Q}^{\alpha}+A_{4}(h) \dot{\nabla}_{\alpha} Q^{\alpha} \\
& +B_{1}(h) Q_{\alpha} Q^{\alpha}+B_{2}(h) \hat{Q}_{\alpha} \hat{Q}^{\alpha}+B_{3}(h) Q_{\alpha} \hat{Q}^{\alpha}+B_{4}(h) q_{\alpha \beta \gamma} q^{\alpha \beta \gamma}+B_{5}(h) q_{\alpha \beta \gamma} q^{\beta \alpha \gamma} \\
& +C_{1}(h) T_{\alpha} T^{\alpha}+C_{2}(h) \hat{T}_{\alpha} \hat{T}^{\alpha}+C_{3}(h) T_{\alpha} \hat{T}^{\alpha}+C_{4}(h) t_{\alpha \beta \gamma} t^{\alpha \beta \gamma} \\
& +D_{1}(h) \epsilon_{\alpha \beta \gamma \delta} t^{\alpha \beta \lambda} t^{\gamma \delta}{ }_{\lambda}+D_{2}(h) \epsilon_{\alpha \beta \gamma \delta} q^{\alpha \beta \lambda} q^{\gamma \delta}{ }_{\lambda}+D_{3}(h) \epsilon_{\alpha \beta \gamma \delta} q^{\alpha \beta \lambda} t^{\gamma \delta}{ }_{\lambda} \\
& \left.+E_{1}(h) T_{\alpha} Q^{\alpha}+E_{2}(h) \hat{T}_{\alpha} Q^{\alpha}+E_{3}(h) T_{\alpha} \hat{Q}^{\alpha}+E_{4}(h) \hat{T}_{\alpha} \hat{Q}^{\alpha}+E_{5}(h) t^{\alpha \beta \gamma} q_{\beta \alpha \gamma}\right] .
\end{aligned}
$$

III. PHENOMENOLOGY OF HIGGS INFLATION
C. The theory, and its consequences

Steps followed in the paper:

1. Write down the most general action including torsion and non-metricity.
2. Find solution for torsion $T_{\alpha \beta \gamma}$ and non-metricity $Q_{\alpha \beta \gamma}$.
III. PHENOMENOLOGY OF HIGGS INFLATION
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Steps followed in the paper:

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4. Perform a conformal transformation of the metric to get rid of the non-minimal coupling
III. PHENOMENOLOGY OF HIGGS INFLATION
C. The theory, and its consequences

## Results

$$
S=\int \mathrm{d}^{4} x \sqrt{-g}\left[\frac{1}{2} R-\frac{1}{2} K(h) \partial_{\alpha} h \partial^{\alpha} h-\frac{\lambda h^{4}}{\left(1+\xi h^{2}\right)^{2}}\right]
$$

III. PHENOMENOLOGY OF HIGGS INFLATION
C. The theory, and its consequences

## Results

$$
S=\int \mathrm{d}^{4} x \sqrt{-g}\left[\frac{1}{2} R-\frac{1}{2} K(h) \partial_{\alpha} h \partial^{\alpha} h-\frac{\lambda h^{4}}{\left(1+\xi h^{2}\right)^{2}}\right]
$$

- Modified kinetic term for the Higgs field:

$$
K(h)=\frac{1}{\left(1+\xi h^{2}\right)}\left[1+\frac{h^{2}}{\left(\sum_{m=0}^{4} O_{m} h^{2 m}\right)^{2}} \sum_{n=0}^{7} P_{n} h^{2 n}+\frac{6 \xi^{2} h^{2}}{\left(1+\xi h^{2}\right)}\right]
$$

III. PHENOMENOLOGY OF HIGGS INFLATION
C. The theory, and its consequences

## Results

$$
S=\int \mathrm{d}^{4} x \sqrt{-g}\left[\frac{1}{2} R-\frac{1}{2} K(h) \partial_{\alpha} h \partial^{\alpha} h-\frac{\lambda h^{4}}{\left(1+\xi h^{2}\right)^{2}}\right]
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$$

## III. PHENOMENOLOGY OF HIGGS INFLATION

C. The theory, and its consequences

> Steps followed in the paper:

1. Write down the most general action including torsion and non-metricity.
2. Find solution for torsion $T_{\alpha \beta \gamma}$ and non-metricity $Q_{\alpha \beta \gamma}$.
3. Plug them back in the action
4. Perform a conformal transformation of the metric to get rid of the non-minimal coupling

Conclusion: Flattened potential and new higher mass dimension self-interaction terms for the Higgs

## IV. CONCLUSION

There exists different formulations of gravity.

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Different formulations are no longer equivalent when the action is more complicated.

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There exists different formulation of gravity.

Different formulations are no longer equivalent when the action is more complicated.


Lead to different predictions at high energy.

## IV. CONCLUSION



## IV. CONCLUSION



New phenomenology at high energy:

- Flatter potential and new self-interactions for the Higgs field. [this paper]
- Production of Dark Matter through fermions coupled to gravity [4][to appear...].
- Different behaviour for singularities inside black holes [5]
[4] M. Shaposhnikov, A.Shrekin, I.Timiryasov and S.Zell, Einstein-Cartan Portal to Dark Matter, 2008.11686
[5] J.A.R.Cembranos, J. Gigante Valcarcel, and F.J. Maldonado Torralba, Singularities and n-dimensional black holes in torsion theories, 1609.07814


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[2] N. D. Birrell and P. C. W. Davies, "Quantum Fields in Curved Space".Cambridge Univ. Press, (1984)
[3] F. Bezrukov, M. Shaposhnikov, The Standard Model Higgs boson as the inflaton, 0710.3755
[4] M. Shaposhnikov, A.Shrekin, I.Timiryasov and S.Zell, Einstein-Cartan Portal to Dark Matter, 2008.11686
[5] J.A.R.Cembranos, J. Gigante Valcarcel, and F.J. Maldonado Torralba, Singularities and n-dimensional black holes in torsion theories, 1609.07814

## Further Reading:

[6] Beltran Jimenez, J., Heisenberg, L., Koivisto, T. S. (2019). The geometrical trinity of gravity. Universe.
[7] Karananas, G. K., Shaposhnikov, M., Shkerin, A., Zell, S. (2021). Matter matters in Einstein-Cartan gravity. Physical Review D, 104(6), 064036.
A. The action

$$
\begin{aligned}
S= & \int \mathrm{d}^{4} x \sqrt{-g}\left[\frac{1}{2}\left(1+\xi h^{2}\right) \stackrel{\circ}{R}-\frac{1}{2} \tilde{K}(h) g^{\alpha \beta} \partial_{\alpha} h \partial_{\beta} h-V(h)\right. \\
& +A_{1}(h) \nabla_{\alpha} \hat{T}^{\alpha}+A_{2}(h) \dot{\nabla}_{\alpha} T^{\alpha}+A_{3}(h) \dot{\nabla}_{\alpha} \hat{Q}^{\alpha}+A_{4}(h) \nabla_{\alpha} Q^{\alpha} \\
& +B_{1}(h) Q_{\alpha} Q^{\alpha}+B_{2}(h) \hat{Q}_{\alpha} \hat{Q}^{\alpha}+B_{3}(h) Q_{\alpha} \hat{Q}^{\alpha}+B_{4}(h) q_{\alpha \beta \gamma} q^{\alpha \beta \gamma}+B_{5}(h) q_{\alpha \beta \gamma} q^{\beta \alpha \gamma} \\
& +C_{1}(h) T_{\alpha} T^{\alpha}+C_{2}(h) \hat{T}_{\alpha} \hat{T}^{\alpha}+C_{3}(h) T_{\alpha} \hat{T}^{\alpha}+C_{4}(h) t_{\alpha \beta \gamma} t^{\alpha \beta \gamma} \\
& +D_{1}(h) \epsilon_{\alpha \beta \gamma \delta} t^{\alpha \beta \lambda} t^{\gamma \delta}{ }_{\lambda}+D_{2}(h) \epsilon_{\alpha \beta \gamma \delta} q^{\alpha \beta \lambda} q^{\gamma \delta}{ }_{\lambda}+D_{3}(h) \epsilon_{\alpha \beta \gamma \delta} q^{\alpha \beta \lambda} t^{\gamma \delta}{ }_{\lambda} \\
& \left.+E_{1}(h) T_{\alpha} Q^{\alpha}+E_{2}(h) \hat{T}_{\alpha} Q^{\alpha}+E_{3}(h) T_{\alpha} \hat{Q}^{\alpha}+E_{4}(h) \hat{T}_{\alpha} \hat{Q}^{\alpha}+E_{5}(h) t^{\alpha \beta \gamma} q_{\beta \alpha \gamma}\right] .
\end{aligned}
$$

## VI. APPENDIX

## A. The action

Since torsion and non-metricity each carry three tensor indices, it is convenient to split them further into vector- and pure tensor-parts. This is done by contracting all possible indices following the symmetry properties. For torsion, this gives:
the trace vector: $T^{\alpha}=g_{\mu \nu} T^{\mu \alpha \nu}$,
the pseudo trace axial vector: $\hat{T}^{\alpha}=\epsilon^{\alpha \beta \mu \nu} T_{\beta \mu \nu}$,
the pure tensor part: $t^{\alpha \beta \gamma}$ that satisfies $g_{\mu \nu} t^{\mu \alpha \nu}=0=\epsilon^{\alpha \beta \mu \nu} t_{\beta \mu \nu}$.

Torsion can be be reconstructed in terms of these irreducible pieces as:

$$
\begin{equation*}
T_{\alpha \beta \gamma}=-\frac{2}{3} g_{\alpha[\beta} T_{\gamma]}+\frac{1}{6} \epsilon_{\alpha \beta \gamma \nu} \hat{T}^{\nu}+t_{\alpha \beta \gamma} . \tag{31}
\end{equation*}
$$

Similarly, we can split further non-metricity into three contributions:
a first vector: $Q^{\gamma}=g_{\alpha \beta} Q^{\gamma \alpha \beta}$,
a second vector: $\hat{Q}^{\gamma}=g_{\alpha \beta} Q^{\alpha \gamma \beta}$,
the pure tensor part: $q^{\alpha \beta \gamma}$ that satisfies $g_{\alpha \beta} q^{\gamma \alpha \beta}=0=g_{\alpha \beta} q^{\alpha \gamma \beta}$

In terms of the components of (32) to (34), non-metricity can expressed as:

$$
\begin{equation*}
Q_{\alpha \beta \gamma}=\frac{1}{18}\left[g_{\beta \gamma}\left(5 Q_{\alpha}-2 \hat{Q}_{\alpha}\right)+2 g_{\alpha(\beta}\left(4 \hat{Q}_{\gamma)}-Q_{\gamma)}\right)\right]+q_{\alpha \beta \gamma} . \tag{35}
\end{equation*}
$$

## VI. APPENDIX

## B. Finding Solutions

$$
\begin{equation*}
Q^{\alpha}=\frac{V}{Z} \partial^{\alpha} h, \quad \hat{Q}^{\alpha}=\frac{W}{Z} \partial^{\alpha} h, \quad T^{\alpha}=\frac{X}{Z} \partial^{\alpha} h, \quad \hat{T}^{\alpha}=\frac{Y}{Z} \partial^{\alpha} h, \quad t_{\alpha \beta \gamma}=q_{\alpha \beta \gamma}=0 \tag{36}
\end{equation*}
$$

And the common denominator reads

$$
\begin{align*}
Z & =B_{3}^{2}\left(4 C_{1} C_{2}-C_{3}^{2}\right)+4 B_{2} C_{2} E_{1}^{2}-4 B_{2} C_{3} E_{1} E_{2}+4 B_{2} C_{1} E_{2}^{2}-E_{2}^{2} E_{3}^{2}+2 E_{1} E_{2} E_{3} E_{4} \\
& -E_{1}^{2} E_{4}^{2}+B_{3}\left(-4 C_{2} E_{1} E_{3}+2 C_{3} E_{2} E_{3}+2 C_{3} E_{1} E_{4}-4 C_{1} E_{2} E_{4}\right)+4 B_{1}\left(B_{2}\left(-4 C_{1} C_{2}+C_{3}^{2}\right)\right.  \tag{37}\\
& \left.+C_{2} E_{3}^{2}-C_{3} E_{3} E_{4}+C_{1} E_{4}^{2}\right)
\end{align*}
$$

## VI. APPENDIX

## C. Equivalent Metric Theory

$$
\begin{aligned}
S= & \int \mathrm{d}^{4} x \sqrt{-g}\left[\frac{1}{2}\left(1+\xi h^{2}\right) \stackrel{\circ}{R}-\frac{1}{2} \hat{K}(h) g^{\alpha \beta} \partial_{\alpha} h \partial_{\beta} h-V(h)\right. \\
& +A_{1}(h) \dot{\nabla}_{\alpha} \hat{T}^{\alpha}+A_{2}(h) \dot{\nabla}_{\alpha} T^{\alpha}+A_{3}(h) \dot{\nabla}_{\alpha} \hat{Q}^{\alpha}+A_{4}(h) \dot{\nabla}_{\alpha} Q^{\alpha} \\
& +B_{1}(h) Q_{\alpha} Q^{\alpha}+B_{2}(h) \hat{Q}_{\alpha} \hat{Q}^{\alpha}+B_{3}(h) Q_{\alpha} \hat{Q}^{\alpha \alpha}+B_{4}(h) q_{\alpha \beta \gamma} q^{\alpha \beta \gamma}+B_{5}(h) q_{\alpha \beta \gamma} q^{\beta \alpha \gamma} \\
& +\widehat{C_{1}(h) T_{\alpha} T^{\alpha}+C_{2}(h) \hat{T}_{\alpha} \hat{T}^{\alpha}+C_{3}(h) T_{\alpha} \hat{T}^{\alpha}+C_{4}(h) t_{\alpha \beta \gamma} t^{\alpha \beta \gamma}} \\
& +D_{1}(h) \epsilon_{\alpha \beta \gamma \delta} t^{\alpha \beta \lambda} t^{\gamma \delta}+D_{2}(h) \epsilon_{\alpha \beta \gamma \delta q^{\alpha \beta \beta} q^{\gamma \delta}}^{\lambda}+D_{3}(h) \epsilon_{\alpha \beta \gamma \delta} q^{\alpha \beta \lambda} t^{\gamma \delta}{ }_{\lambda} \\
& \left.+E_{1}(h) T_{\alpha} Q^{\alpha}+E_{2}(h) \hat{T}_{\alpha} Q^{\alpha}+E_{3}(h) T_{\alpha} \hat{Q}^{\alpha}+E_{4}(h) \hat{T}_{\alpha} \hat{Q}^{\alpha}+E_{5}(h) t^{\alpha \beta \gamma} q_{\beta \alpha \gamma}\right] .
\end{aligned}
$$

D. Decomposition of the scalar curvature

$$
\begin{aligned}
R & =\stackrel{\circ}{R}+\stackrel{\circ}{\nabla}_{\alpha}\left(Q^{\alpha}-\hat{Q}^{\alpha}+2 T^{\alpha}\right)-\frac{2}{3} T_{\alpha}\left(T^{\alpha}+Q^{\alpha}-\hat{Q}^{\alpha}\right)+\frac{1}{24} \hat{T}^{\alpha} \hat{T}_{\alpha}+\frac{1}{2} t^{\alpha \beta \gamma} t_{\alpha \beta \gamma} \\
& -\frac{11}{72} Q_{\alpha} Q^{\alpha}+\frac{1}{18} \hat{Q}_{\alpha} \hat{Q}^{\alpha}+\frac{2}{9} Q_{\alpha} \hat{Q}^{\alpha}+\frac{1}{4} q_{\alpha \beta \gamma}\left(q^{\alpha \beta \gamma}-2 q^{\gamma \alpha \beta}\right)+t_{\alpha \beta \gamma} q^{\beta \alpha \gamma}
\end{aligned}
$$

$$
\epsilon^{\mu \nu \rho \sigma} R_{\mu \nu \rho \sigma}=\frac{1}{3} \hat{Q}^{\alpha} \hat{T}_{\alpha}-\frac{1}{3} Q^{\alpha} \hat{T}_{\alpha}-\frac{2}{3} \hat{T}^{\alpha} \hat{T}_{\alpha}+\stackrel{\circ}{\nabla}_{\alpha} T^{\alpha}-\frac{1}{2} \epsilon_{\beta \gamma \delta \mu} t_{\alpha}^{\delta \mu} t^{\alpha \beta \gamma}-\epsilon_{\alpha \gamma \delta \mu} q^{\alpha \beta \gamma} t_{\beta}^{\delta \mu}
$$

## VI. APPENDIX

F. Breaking down torsion and non-metricity into smaller parts

- Motivation:

$$
\Gamma_{\alpha \beta}^{\gamma}=\stackrel{\circ}{\Gamma}_{\alpha \beta}^{\gamma}(g)+J_{\alpha \beta}^{\gamma}(Q)+K_{\alpha \beta}^{\gamma}(T)
$$

## VI. APPENDIX

## F. Breaking down torsion and non-metricity into smaller parts

- Motivation:

$$
\Gamma_{\alpha \beta}^{\gamma}=\stackrel{\circ}{\Gamma}_{\alpha \beta}^{\gamma}(g)+J_{\alpha \beta}^{\gamma}(Q)+K_{\alpha \beta}^{\gamma}(T)
$$

a. Levi-Civita connection:

$$
\stackrel{\circ}{\Gamma}_{\beta \gamma}^{\alpha}=\frac{1}{2} g^{\alpha \mu}\left(\partial_{\beta} g_{\mu \gamma}+\partial_{\gamma} g_{\mu \beta}-\partial_{\mu} g_{\beta \gamma}\right)
$$

## VI. APPENDIX

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$$

b. Contorsion $K$ :

$$
K_{\alpha \beta \gamma}=\frac{1}{2}\left(T_{\alpha \beta \gamma}+T_{\beta \alpha \gamma}+T_{\gamma \alpha \beta}\right)
$$

## VI. APPENDIX

## F. Breaking down torsion and non-metricity into smaller parts

- Motivation:

$$
\Gamma_{\alpha \beta}^{\gamma}=\stackrel{\circ}{\Gamma}_{\alpha \beta}^{\gamma}(g)+J_{\alpha \beta}^{\gamma}(Q)+K_{\alpha \beta}^{\gamma}(T)
$$

a. Levi-Civita connection:

$$
\stackrel{\circ}{\Gamma}_{\beta \gamma}^{\alpha}=\frac{1}{2} g^{\alpha \mu}\left(\partial_{\beta} g_{\mu \gamma}+\partial_{\gamma} g_{\mu \beta}-\partial_{\mu} g_{\beta \gamma}\right)
$$

b. Contorsion $K$ :

$$
K_{\alpha \beta \gamma}=\frac{1}{2}\left(T_{\alpha \beta \gamma}+T_{\beta \alpha \gamma}+T_{\gamma \alpha \beta}\right)
$$

c. Disformation J:

$$
J_{\alpha \mu \nu}=\frac{1}{2}\left(Q_{\alpha \mu \nu}-Q_{\nu \alpha \mu}-Q_{\mu \alpha \nu}\right)
$$

F. Breaking down torsion and non-metricity into smaller parts

Cumbersome computations

Prone to mistakes

Hide some physics insight

## F. Breaking down torsion and non-metricity into smaller parts

## Cumbersome computations

## Prone to mistakes

Hide some physics insight

Want to break the rank 3 tensors in smaller pieces

## VI. APPENDIX

F. Breaking down torsion and non-metricity into smaller parts

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VI. APPENDIX
G. Selection Rules

What selection rules do we want to impose?
VI. APPENDIX
G. Selection Rules

1. No more than second derivatives in the action.

## VI. APPENDIX

G. Selection Rules

1. No more than second derivatives in the action.

No new progating d.o.fs apart from the massless spin 2 and the scalar field

## VI. APPENDIX

## G. Selection Rules

1. No more than second derivatives in the action.

$$
\text { No new progating d.o.fs apart from the massless spin } 2 \text { and the scalar field }
$$

2. Operators of mass dimension not greater than 4 .

## VI. APPENDIX

## G. Selection Rules

1. No more than second derivatives in the action.

$$
\text { No new progating d.o.fs apart from the massless spin } 2 \text { and the scalar field }
$$

2. Operators of mass dimension not greater than 4 .

Matter sector is renormalizable.

