

# Exploring the Role of Self-Interacting Scalar Dark Matter: Dynamical Friction and GW Emission

Alexis Boudon

With: Patrick Valageas & Philippe Brax

[[Phys. Rev. D 106, 043507](#)] and up-coming papers

Institut de Physique Théorique (IPhT)

université  
PARIS-SACLAY



# ● Why Self-Interacting Scalar Dark Matter ?

Tensions in standard model of cosmology

(e.g., Core-cusp problem, missing satellites, Fornax Globular Cluster timing problem)

No direct detection of Weakly Interacting Massive Particles

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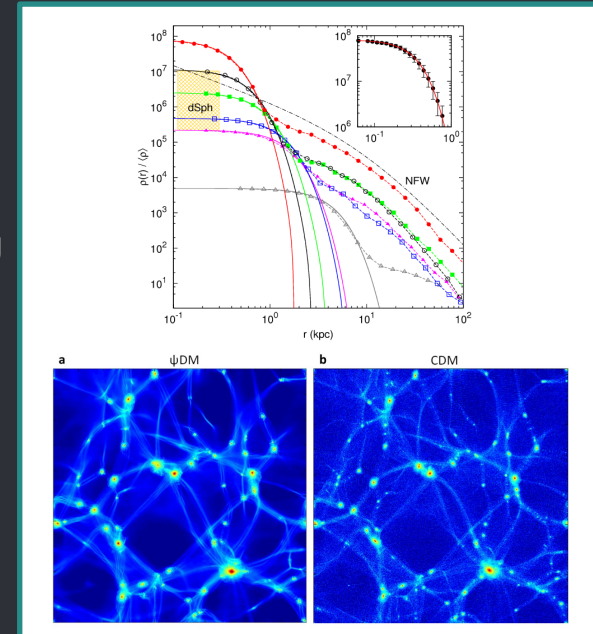
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Thus: **Self-interacting scalar dark matter**

- Dark matter is composed of bosons within  $10^{-22} \text{eV} < m < \text{eV}$
- Form **stable equilibrium configurations**:  
self-gravity and effective pressure  
→ different behavior at galactic scales



[Shive et al. Nature Phys 10, 496 - 499 (2014)]

# ● Dynamical Friction

## Definition

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Here, we refer to:

Mass accretion and gravitational drag

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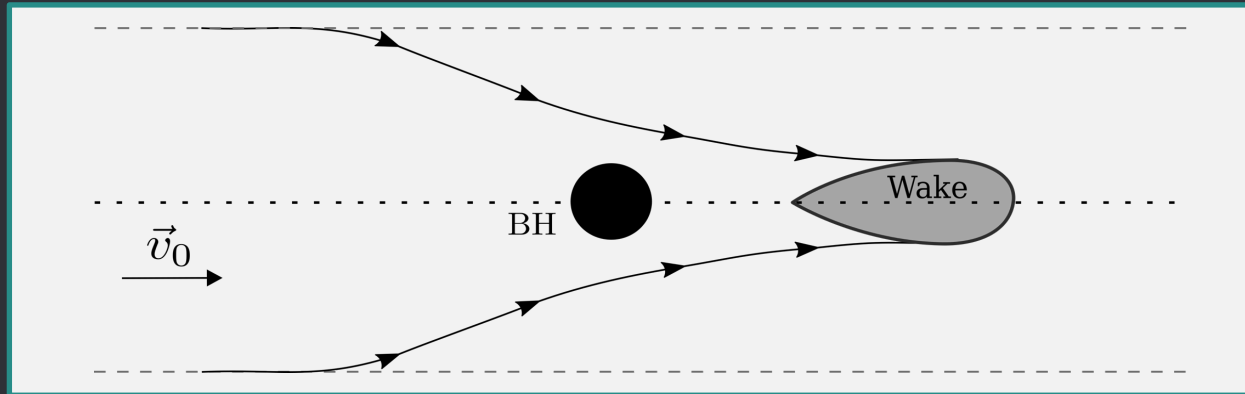
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A Schwarzschild (non-spinning) **black hole in motion in a self-interacting scalar field equilibrium state** (i.e., solitonic solution), in steady state



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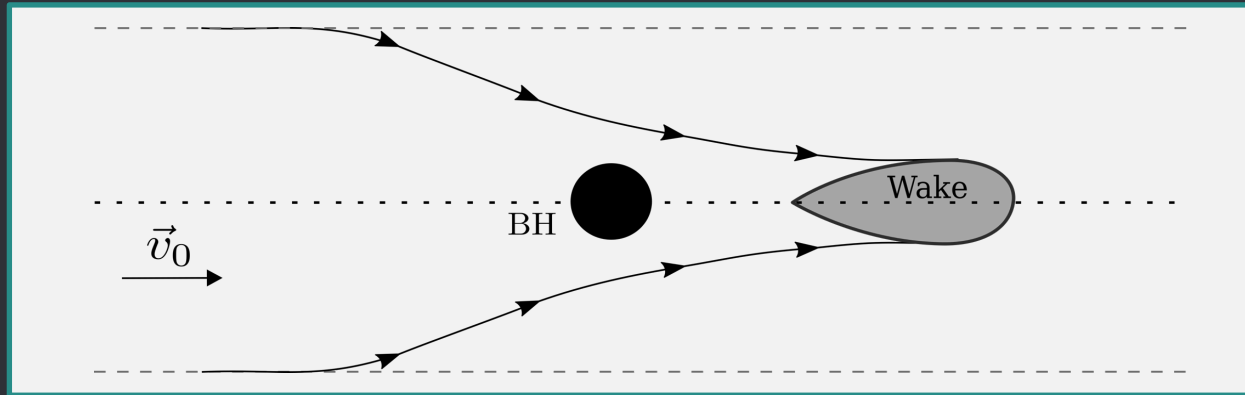
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Impact on: Gravitational waves emission (phase shift) for binary black holes

$$\Psi(f) = 2\pi f t_c - \Phi_c - \frac{\pi}{4} + \Psi_{\text{GR}}(f) + \Psi_{\text{env}}(f)$$

[Kocsis et al. PhysRevD.84.024032 (2011), Barausse et al. PhysRevD.89.104059 (2014), Cardoso & Maselli A&A 664 (2020), ...]

- Action and Field Solution (Large-Mass Limit)

Action: 
$$S_\phi = \int d^4x \sqrt{-g} \left[ -\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

$$V(\phi) = \frac{m^2}{2} \phi^2 + V_I(\phi), \quad V_I(\phi) = \frac{\lambda_4}{4} \phi^4 \quad (\text{first term obeys } \rho \propto a^{-3})$$



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At small scales:

$$f = \left( \frac{1 - \frac{r_s}{4r}}{1 + \frac{r_s}{4r}} \right)^2$$

$$h = \left( 1 + \frac{r_s}{4r} \right)^4$$

At large radii:

$$h = 1 - 2\Phi_N$$

$$f = 1 + 2\Phi_N$$

The Klein-Gordon equation:

[[Brax et al. PhysRevD. 101 023521 \(2020\)](#)]

$$\frac{\partial^2 \phi}{\partial t^2} - \sqrt{\frac{f}{h^3}} \vec{\nabla} \cdot \left( \sqrt{f h} \vec{\nabla} \phi \right) + f \frac{\partial V(\phi)}{\partial \phi} = 0$$

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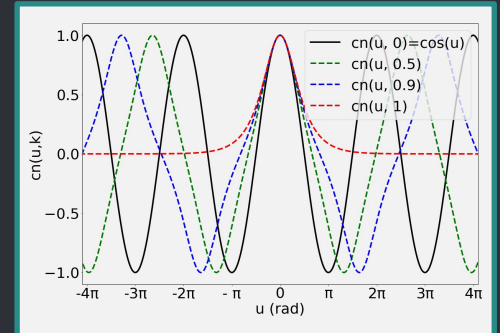
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Using **local approximation** (neglecting at zeroth order the partial derivatives), we obtain **the Duffing equation**:

Amplitude Phase (related to the velocity)

$$\phi = \phi_0(r, \theta) \text{cn}[\omega(r, \theta)t - \mathbf{K}(k)\beta(r, \theta), k(r, \theta)]$$

Angular frequency Modulus (nonlinear oscillator)



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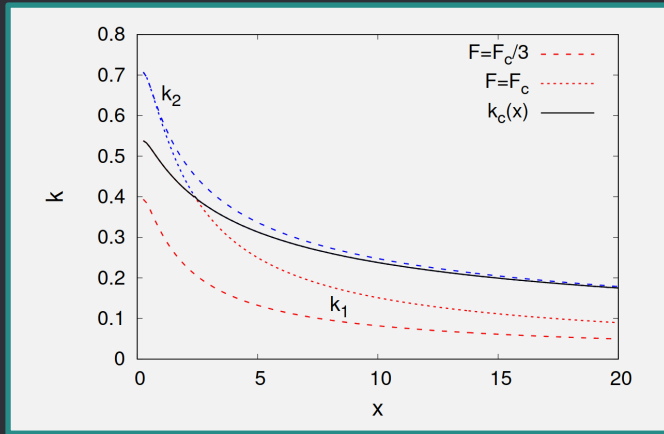
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# Hydrodynamical Infall?

## Radial accretion

The effective continuity equation can be **integrated at once** (only radial derivatives)

- 2 Solutions for  $k$  as for hydrodynamical infall [Bondi (1952), Michel (1972)]



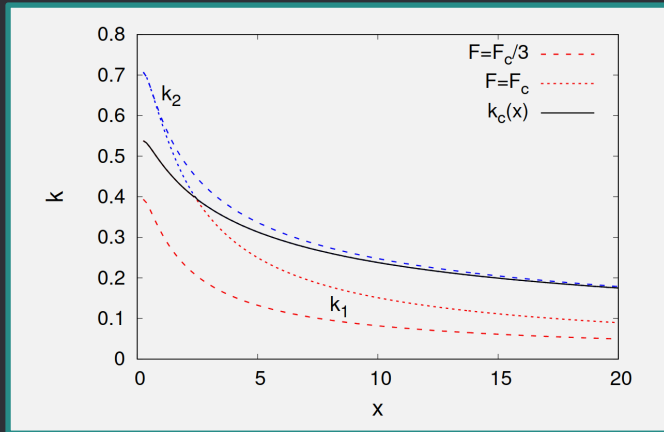
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## In our case

In subsonic case:  
same  $k$  near the black hole  
+ need to solve at large-radii along  $k_2$

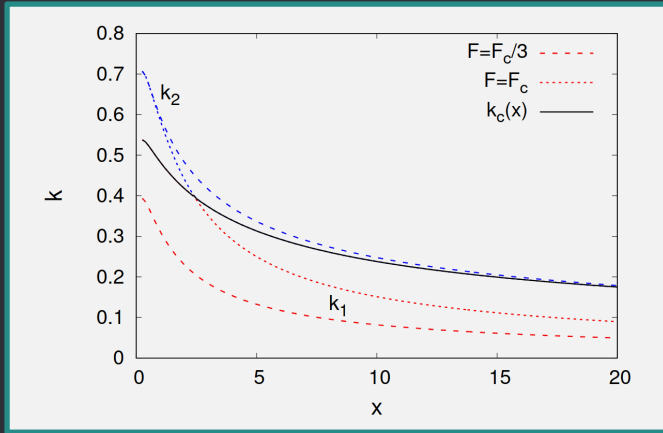
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$$(\hat{\nabla} \hat{\beta})^2 = \frac{3}{2} [k_+(\hat{r})^2 - k^2]$$

where we defined  $k_+(\hat{r})^2 = k_0^2 + \frac{2}{3}v_0^2 + \frac{2}{3\hat{r}}$

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Enthalpy/Soliton density      Black hole contribution

Relative velocity term

Rescaled quantities:

$$\hat{r} = \frac{r}{r_s}$$

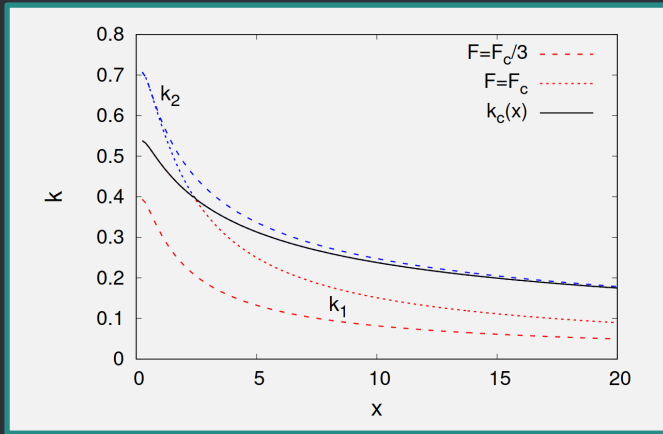
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Conservation equation:

$$\hat{\nabla} \cdot \left[ \left( k_+(x)^2 - \frac{2}{3} (\hat{\nabla} \hat{\beta})^2 \right) \hat{\nabla} \hat{\beta} \right] = 0$$

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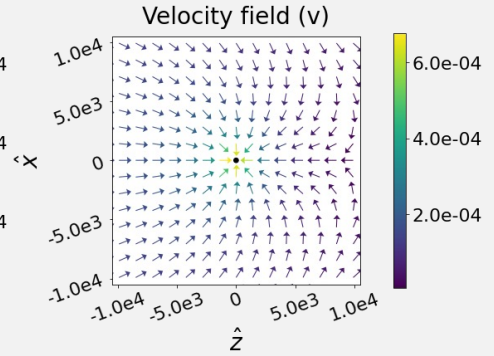
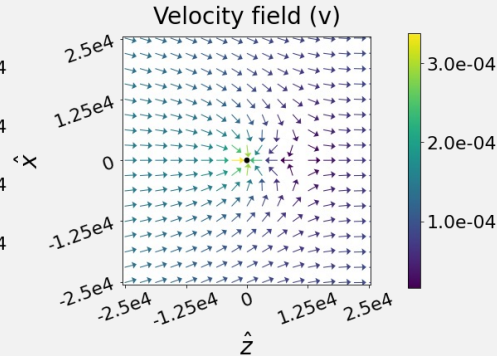
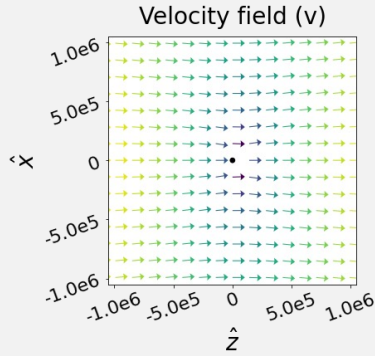
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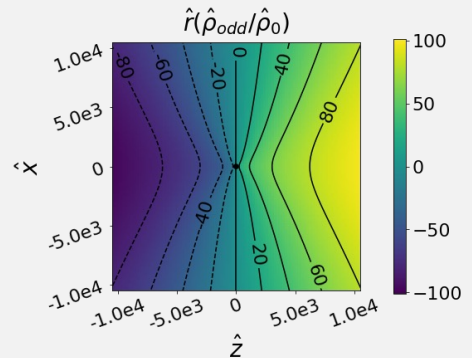
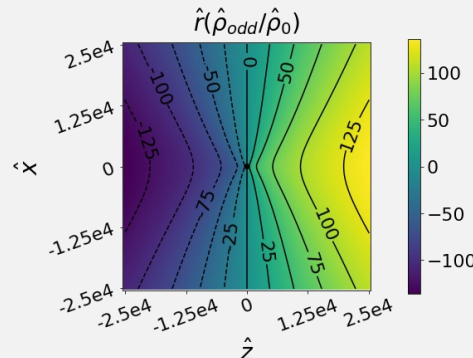
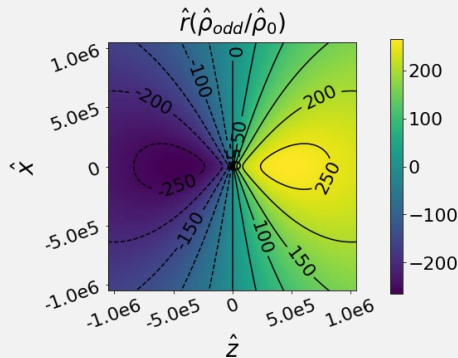
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- Associated Dynamical Friction

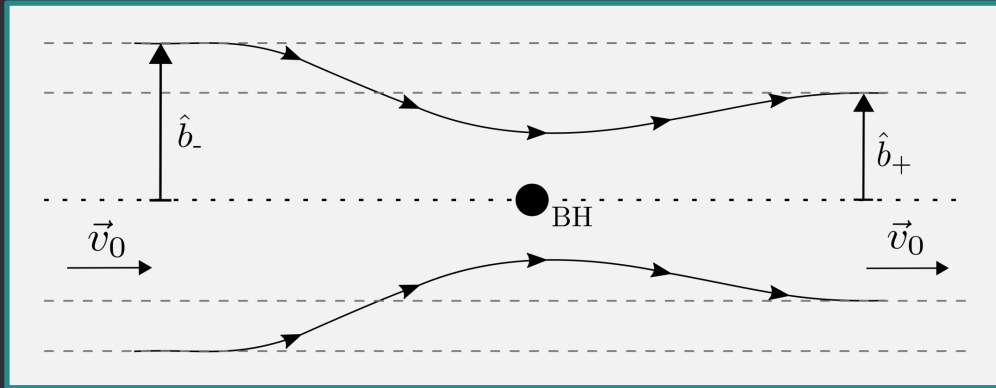
- **Mass conservation** gives the rate of mass accretion of the black hole:

$$\dot{M}_{\text{BH}} = - \int_{\hat{S}} d\vec{\hat{S}} \cdot \hat{\rho}\vec{v} = 2\pi \int_0^{\hat{b}_-} d\hat{b} \hat{b} \hat{\rho}v_z|_{\hat{z}_-} - 2\pi \int_0^{\hat{b}_+} d\hat{b} \hat{b} \hat{\rho}v_z|_{\hat{z}_+}$$

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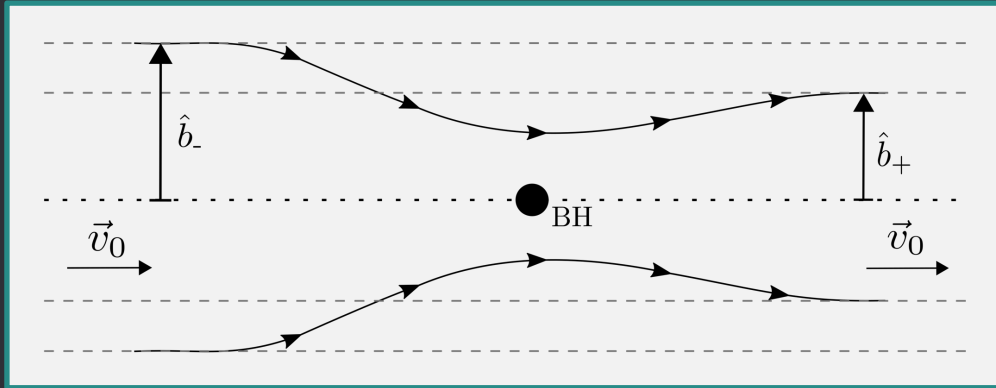
Finding  $\hat{b}_+$  from the streamlines:

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- **Momentum conservation** gives the force (at large radii + perturbatively):

$$F_z = \frac{dp_z}{dt} = - \int_{S_{\text{out}}} d\vec{S} \cdot \rho\vec{v}v_z - \int_{S_{\text{out}}} d\vec{S} \cdot P\vec{e}_z = \boxed{\dot{M}_{\text{BH}}v_0}$$

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Our result:

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[Hui et al. PhysRevD.95.043541 (2017), ...]

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Before going further, supersonic result:  $F_{\text{DF}} = \dot{M}_{\text{BH}} v_0 + \frac{4\mathcal{G}^2 M_{\text{BH}}^2 \rho_0}{3v_0^2} \log \left( \frac{e(v_0^2 - c_s^2)^{\frac{3}{2}} r^2}{18c_s^3 r_{\text{sg}}^2} \right)$

$r_{\text{sg}} = \frac{r_s}{c_s^2}$   
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# ● Gravitational Wave Phase Shift and Fisher Analysis

Considering corrections from dynamical friction as perturbations, we obtain at **leading order**:

$$\Psi_+ \simeq 2\pi f_{\text{gw}} t_c - \Phi_0 - \frac{\pi}{4} + \Psi_{\text{gw}} + \Psi_{\text{accr}} + \Psi_{\text{chandra}}$$

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$$\Psi_{\text{gw}} \simeq \frac{3}{4} (\mathcal{G} M_c 8\pi f_{\text{gw}})^{-\frac{5}{3}} \quad \Psi_{\text{accr}} \simeq -\frac{400}{13} \pi \frac{\mathcal{G}^3 M_c^2 (1 + \nu) \rho_0}{\nu^{\frac{3}{5}} c_s^2} (\mathcal{G} M_c 8\pi f_{\text{gw}})^{-\frac{13}{3}}$$

$$\Psi_{\text{chandra}} \simeq -\frac{50 [\mathcal{C}_1(f) + \mathcal{C}_2(f)]}{361\nu^2} \mathcal{G}^3 M_c^2 \rho_0 (\mathcal{G} M_c 8\pi f_{\text{gw}})^{-\frac{16}{3}}$$

$$\mathcal{C}_i(f) = \left(\frac{m_i}{M}\right)^3 \left[ 105 + 304 \log \left( \frac{f_{\text{gw}}}{f} \frac{r_a^2}{R_{i,c}^2} \right) \right] \Theta(v_i > v_{i,c}), \quad \mathfrak{f} = \frac{c_s^3}{\mathcal{G} M \pi}, \quad R_{i,c} = 6 \sqrt{\frac{2}{e}} \frac{\mathcal{G} m_i^{\frac{5}{2}}}{\mu^{\frac{3}{2}} c_s^2}, \quad v_{i,c} = c_s \max \left[ 1, \left( 6 \sqrt{\frac{2}{e}} \frac{\mathcal{G} m_i}{r_a c_s^2} \right)^{\frac{2}{3}} \right]$$

$$M_c = \frac{(m_1 m_2)^{\frac{3}{5}}}{(m_1 + m_2)^{\frac{1}{5}}}$$

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Fisher matrix:  $\Gamma_{ij} = \int_{f_{\min}}^{f_{\max}} \frac{\mathcal{A}^2}{S_n(f_{\text{gw}})} \frac{\partial \Psi_+}{\partial \theta_i} \frac{\partial \Psi_+}{\partial \theta_j} df_{\text{gw}}, \quad \theta_i = \{\log(M_c), \log(\nu), t_c, \phi_c, \rho_0, \rho_a\}$

Covariance:  $\Sigma_{ij} = (\Gamma^{-1})_{ij}, \quad \text{Standard deviation: } \sigma_i = \sqrt{\Sigma_{ii}}$

$$M_c = \frac{(m_1 m_2)^{\frac{3}{5}}}{(m_1 + m_2)^{\frac{1}{5}}}$$

$$\nu = \frac{m_1 m_2}{(m_1 + m_2)^2}$$

$$\rho_a = \frac{\rho_0}{c_s^2}$$

# Some Preliminary Results (1/2)

Dark matter in Solar neighborhood:  $\rho_{\text{DM}} \sim 6,7 \cdot 10^{-23} \text{g/cm}^3$

**White lines:**

Limit on logarithm

**Green lines:**

Subsonic limit for largest BH

**Yellow lines:**

Subsonic limit for smallest BH

Baryonic densities in:

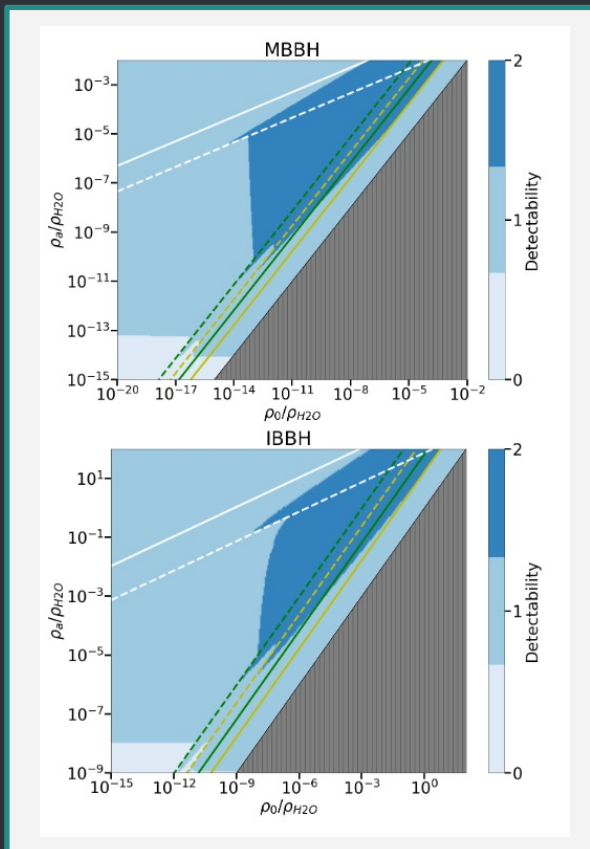
• Thin disks:

$$\rho \leq 10 \text{g/cm}^3$$

• Thick disks:

$$\rho \leq 10^{-7} \text{g/cm}^3$$

[Barousse, et al. Phys.Rev.D. 89, 104059 (2014)]



MBBH:

$$m_1 = 10^6 M_{\odot}$$

$$m_2 = 5 \cdot 10^5 M_{\odot}$$

$$\text{SNR} = 3 \cdot 10^4$$

IBBH:

$$m_1 = 10^4 M_{\odot}$$

$$m_2 = 5 \cdot 10^3 M_{\odot}$$

$$\text{SNR} = 708$$

# Some Preliminary Results (1/2)

Dark matter in Solar neighborhood:  $\rho_{DM} \sim 6, 7 \cdot 10^{-23} \text{g/cm}^3$

**White lines:**

Limit on logarithm

**Green lines:**

Subsonic limit for largest BH

**Yellow lines:**

Subsonic limit for smallest BH

Baryonic densities in:

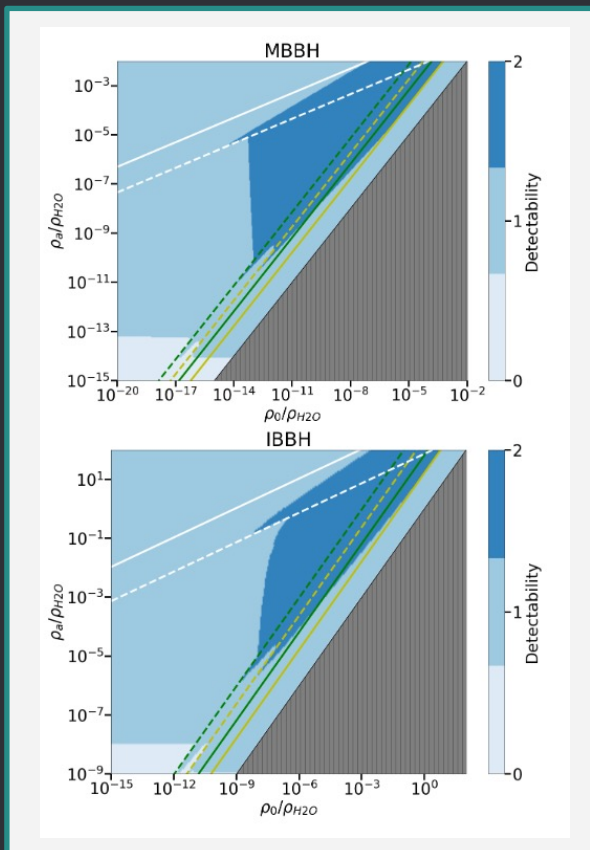
• Thin disks:

$$\rho \leq 10 \text{g/cm}^3$$

• Thick disks:

$$\rho \leq 10^{-7} \text{g/cm}^3$$

[Barousse, et al. Phys.Rev.D. 89, 104059 (2014)]

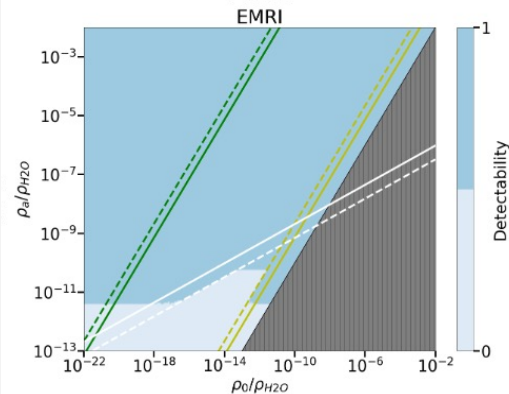
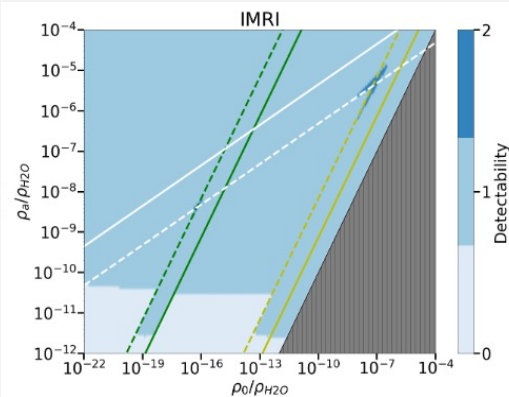


MBBH:  
 $m_1 = 10^6 M_\odot$   
 $m_2 = 5 \cdot 10^5 M_\odot$   
 SNR =  $3 \cdot 10^4$

IBBH:  
 $m_1 = 10^4 M_\odot$   
 $m_2 = 5 \cdot 10^3 M_\odot$   
 SNR = 708

IMRI:  
 $m_1 = 10^4 M_\odot$   
 $m_2 = 10 M_\odot$   
 SNR = 22

EMRI:  
 $m_1 = 10^5 M_\odot$   
 $m_2 = 10 M_\odot$   
 SNR = 64



# Some Preliminary Results (2/2)

Dark matter in Solar neighborhood:  $\rho_{DM} \sim 6, 7 \cdot 10^{-23} \text{g/cm}^3$

GW150914:

$$m_1 = 35, 6 M_{\odot}$$

$$m_2 = 30, 6 M_{\odot}$$

GW170608:

$$m_1 = 11 M_{\odot}$$

$$m_2 = 7, 6 M_{\odot}$$

Baryonic densities in:

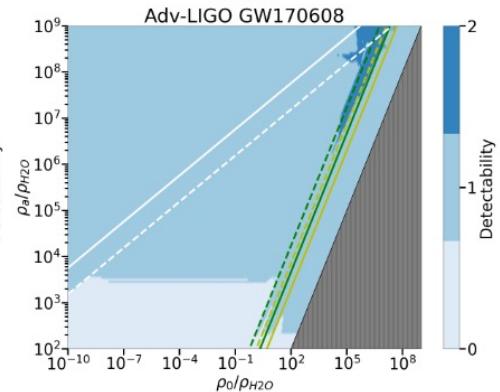
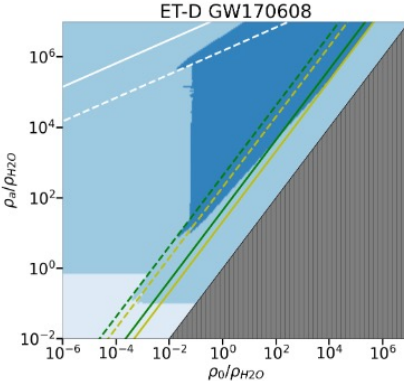
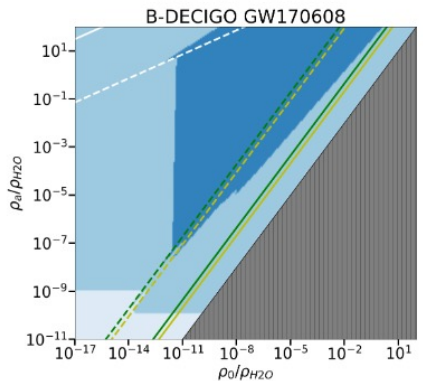
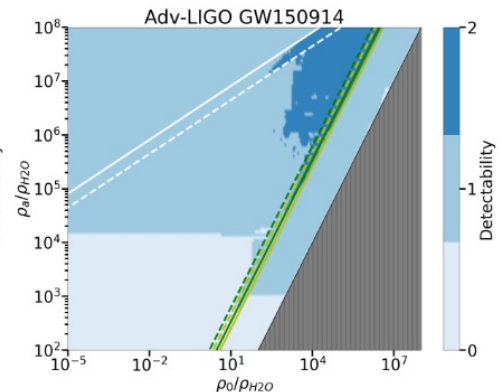
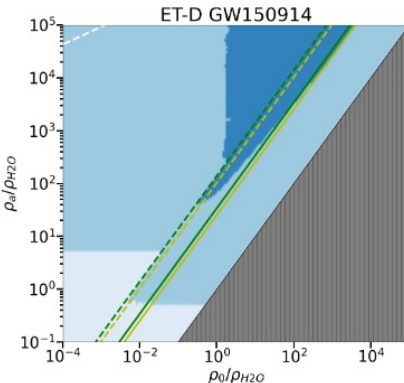
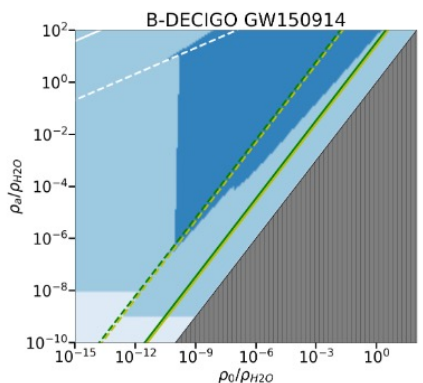
Thin disks:

$$\rho \leq 10 \text{g/cm}^3$$

Thick disks:

$$\rho \leq 10^{-7} \text{g/cm}^3$$

[Barousse, et al. Phys.Rev.D. 89, 104059 (2014)]



## ● Conclusion and Prospects

**Smaller friction and mass accretion** than other models

Gravitational waves phase shift:

- -4PN for mass accretion term
- -5.5PN for Chandrasekhar-like term

Detection with the next generation interferometers **seems unlikely**  
→ except for very dense dark matter medium

What needs to be done:

- Making more realistic assumptions (Kerr black hole, eccentricity?)
- **Including stars** in the calculation (neutron stars in binaries and application to cosmological tensions)
- What happens if we consider another kind of self-interaction?





**Thanks!**

**ANY QUESTIONS?**

# • Bernoulli, Non-Harmonic and Conservation Equations

3 equations (to solve 3 unknowns), at **leading order**:

Relativistic Bernoulli equation: 
$$(\nabla\beta)^2 = \frac{h}{f} \left(\frac{2\omega_0}{\pi}\right)^2 - \frac{hm^2}{(1-2k^2)\mathbf{K}^2}$$

Deviation from harmonic oscillator: 
$$\frac{\lambda_4\phi_0^2}{m^2} = \frac{2k^2}{1-2k^2}$$

• At large radii:  $k \rightarrow k_0$  with  $k_0^2 \simeq \frac{\lambda_4\phi_0^2}{2m^2} = \frac{\lambda_4\rho_0}{m^4}$

$$\phi = \frac{1}{\sqrt{2m}} (e^{-imt}\psi + e^{+imt}\psi)$$

$$\psi = \sqrt{\frac{\rho}{m}} e^{is}$$

Conservation equation: 
$$\langle \nabla_\mu T_0^\mu \rangle = 0$$

Taking the **average over the oscillations** (to ensure steady state)

• Gives an **effective continuity equation**:

$$\nabla \cdot (\rho_{\text{eff}} \nabla\beta) = 0, \quad \rho_{\text{eff}} = \sqrt{f h \phi_0^2} \omega \mathbf{K} \langle \text{cn}'^2 \rangle$$

# • Description of binary black holes

Mass accretion term:

$$F_{\text{accr}} = \frac{\dot{\mu}}{\mu} v$$

Chandrasekhar-like term:  
(from supersonic regime)

$$F_{\text{chandra}} = \frac{1}{v^2} \left[ A + B \log \left( \frac{v}{c_s} \right) \right]$$

$$A = \frac{8\pi\mathcal{G}^2\rho_0}{3\mu^2} \left[ m_1^3 \log \left( \frac{r_a}{R_{1,c}} \right) \Theta(v_1 > v_{1,c}) + m_2^3 \log \left( \frac{r_a}{R_{2,c}} \right) \Theta(v_2 > v_{2,c}) \right], \quad B = \frac{4\pi\mathcal{G}^2\rho_0}{\mu^2} [m_1^3 \Theta(v_1 > v_{1,c}) + m_2^3 \Theta(v_2 > v_{2,c})]$$

Critical velocity:  $v_{i,c} = c_s \max \left[ 1, \left( 6\sqrt{\frac{2}{e}} \frac{\mathcal{G}m_i}{r_a c_s^2} \right)^{\frac{2}{3}} \right]$  and characteristic radii:  $R_{i,c} = 6\sqrt{\frac{2}{e}} \frac{\mathcal{G}m_i^{\frac{5}{2}}}{\mu^{\frac{3}{2}} c_s^2}$

## Impact on orbital decay and eccentricity

• Mass accretion:

$$\langle \dot{a} \rangle_{\text{accr}} = - \left( \frac{\dot{M}}{M} + 2\frac{\dot{\mu}}{\mu} \right) a$$

$$\langle \dot{e} \rangle_{\text{accr}} = 0$$

• Gravitational drag:

$$\langle \dot{a} \rangle_{\text{chandra}} = -2a \left( \frac{a}{\mathcal{G}M} \right)^{\frac{1}{3}} \left[ A + B \log \left( \sqrt{\frac{\mathcal{G}M}{a}} \frac{1}{c_s} \right) \right]$$

$$\langle \dot{e} \rangle_{\text{chandra}} = 3e \left( \frac{a}{\mathcal{G}M} \right)^{\frac{1}{3}} \left[ A + B \log \left( \sqrt{\frac{\mathcal{G}M}{a}} \frac{1}{e^{\frac{1}{3}} c_s} \right) \right]$$

Total and reduced masses:

$$M = m_1 + m_2$$

$$\mu = \frac{m_1 m_2}{M}$$

# Different Events for Different Interferometers

Details on masses and spins of considered events

Event \ Properties	$m_1$ ( $M_\odot$ )	$m_2$ ( $M_\odot$ )	$\chi_1$	$\chi_2$	$\chi_{\text{eff}}$
MBBH	$10^6$	$5 \cdot 10^5$	0,9	0,8	0,87
IBBH	$10^4$	$5 \cdot 10^3$	0,3	0,4	0,33
IMRI	$10^4$	10	0,8	0,5	0,80
EMRI	$10^5$	10	0,8	0,5	0,80
GW150914	35,6	30,6	0,13	0,05	0,09
GW170608	11	7,6	0,13	0,50	0,28

Sound-Noise Ratio (SNR) depending on the detector

Event \ Detector	LISA	B-DECIGO	ET-D	Adv-LIGO
MBBH	$3 \cdot 10^4$	×	×	×
IBBH	708	×	×	×
IMRI	22	×	×	×
EMRI	64	×	×	×
GW150914	×	2815	615	40
GW170608	×	2124	502	35

Minimum and maximum detection frequencies for each detector

Relativistic correction:

$$\gamma^2(1 + v^2)^2$$

Detector \ Frequency	$f_{\text{min}}$ (Hz)	$f_{\text{max}}$ (Hz)
Adv-LIGO	10	$f_{1M}$
ET-D	3	$f_{1M}$
LISA	$\max(2 \cdot 10^{-5}, f_{\text{obs}})$	$\min(10^2, f_{1M})$
B-DECIGO	$10^{-2}$	$\min(1, f_{1M})$

We also use  $f(v_{\text{rel}})$  to stay agnostic on relativistic effects

$$v_{\text{rel}} \sim 0,37$$

The considered events and detectors: [Cardoso and Maselli, AstronAstrophys. 644, A147 (2020)]

(not the same spectral functions, they evolved!)

[Ajith et al., PhysRevLett. 106, 241101 (2011)]

PhenomB inspiral-merger transition value:

$$f_{1M} = \frac{1}{\mathcal{G} M \pi} \left[ 1 - 4,4547(1 - \chi_{\text{eff}})^{0,217} + 3,521(1 - \chi_{\text{eff}})^{0,26} + \mathcal{O}(\nu) \right]$$

Frequency value of the binary 4 years before the merger:

$$f_{\text{obs}} = 4,149 \cdot 10^{-5} \left[ \frac{M_c}{10^6 M_\odot} \right]^{-\frac{5}{8}} \left[ \frac{T_{\text{obs}}}{1 \text{yr}} \right]^{-\frac{3}{8}} \text{ [Berti et al., PhysRevD. 71, 084025 (2005)]}$$