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# Cosmological Constant and Equation of State of the Quantum Vacuum

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**Workshop on Standard Model and Beyond (Corfu August 28-September 8, 2022)**

# Interpretation of Einstein's eqs.

$$\mathbf{R}_{\mu\nu} - \frac{1}{2} \mathbf{g}_{\mu\nu} \mathbf{R} - \Lambda \mathbf{g}_{\mu\nu} = 8\pi G_N \mathbf{T}_{\mu\nu}$$

1915



1917

Geometry



Energy

$$\nabla^\mu G_{\mu\nu} = 0, \text{ where } G_{\mu\nu} = R_{\mu\nu} - (1/2)g_{\mu\nu}R$$

$$\nabla_\mu \Lambda = \partial_\mu \Lambda = 0 \quad \Rightarrow \quad \Lambda = \text{const.} \quad !!$$

$$\text{if } \nabla^\mu (G_N T_{\mu\nu}) = 0 \dots \quad !!!$$

$$\rho_\Lambda = \frac{\Lambda}{8\pi G_N}$$

Cosmological Constant

Dark Energy

## ➤ The old CC problem as a fine tuning problem

The **CC problem** stems from realizing that the effective or physical vacuum energy is the sum of two terms:

$$\rho_{\Lambda\text{phys}} = \rho_{\Lambda\text{vac}} + \rho_{\Lambda\text{ind}}$$

$$S_{EH} = \frac{1}{16\pi G_N} \int d^4x \sqrt{|g|} (R - 2\Lambda_{\text{vac}}) = \int d^4x \sqrt{|g|} \left( \frac{1}{16\pi G_N} R - \rho_{\Lambda\text{vac}} \right)$$

$$\rho_{\Lambda\text{vac}} = \frac{\Lambda}{8\pi G_N}$$

Vacuum bare term in Einstein eqs.

$$R_{ab} - \frac{1}{2}g_{ab}R = -8\pi G_N (\langle \tilde{T}_{ab}^\varphi \rangle + T_{ab}) = -8\pi G_N g_{ab} (\rho_{\Lambda\text{vac}} + \rho_{\Lambda\text{ind}} + T_{ab})$$

Quantum effects  $\Rightarrow \rho_{\Lambda\text{ind}} = \langle V(\varphi) \rangle + \text{ZPE}$

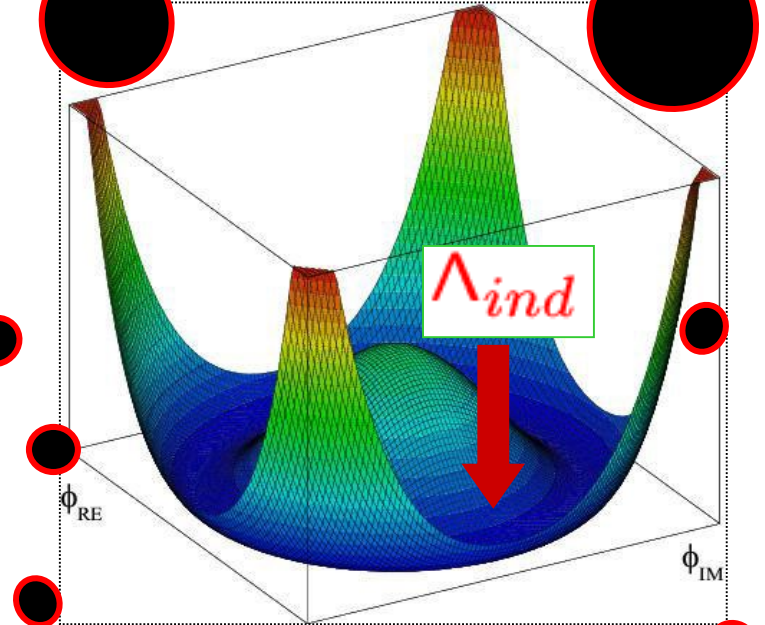
# Vacuum energy = bubbles + SSB

$e^+$   
 $e^-$

$e^+$   
 $e^-$

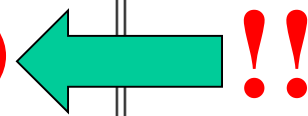
$e^+$   
 $e^-$

$$\frac{1}{2} \hbar \omega_k$$



# $\Lambda$ in the SM and beyond

Source	Effect ( $GeV^4$ )	$\Lambda/\Lambda_{exp}$
electron 0-point	$10^{-16}$	$10^{31}$
QCD chiral	$10^{-4}$	$10^{43}$
QCD gluon	$10^{-2}$	$10^{45}$
Electroweak SM	$10^{+9}$	$10^{56}$
typical GUT	$10^{+64}$	$10^{111}$
Quantum Gravity	$10^{+76}$	$10^{123}$ !!



$$\rho_{\Lambda}^0 = \Omega_{\Lambda}^0 \rho_c^0 \simeq 6 h^2 \times 10^{-47} GeV^4 \simeq 3 \times 10^{-47} GeV^4$$

$$m_{\Lambda} \equiv \sqrt[4]{\rho_{\Lambda}^0} \simeq 2 - 3 \text{ meV}$$

# RVM: inflation and cosmological expansion

Consider the class of time evolving vacuum models following a power series of the Hubble rate:

$$\Lambda(H) = c_0 + c_1 H + c_2 H^2 + c_3 H^3 + c_4 H^4 + \dots$$

I. Shapiro and J. Solà (2000,2003,2009)

J. Solà and H. Stefancic (2005,2006)

J. Solà (2007) ...

JS, A. Gómez-Valent, J. de Cruz Pérez (2015-2019)  
+ C. Moreno-Pulido (2019-2021)



C. Moreno-Pulido and JSP (2020-2022)

Reviews:

J. Solà (2011,2013,2014,,2016)

Joan Solà (2022)

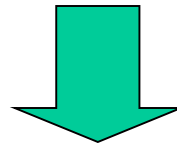
N. Mavromatos, J. Solà (2021)  
("stringy-RVM" ...)

Basilakos-Mavromatos.Solà (2020)

Better fit than the  $\Lambda$ CDM and **alleviates  $H_0$  and  $\sigma_8$ -tensions**

Vacuum energy density:  $\rho_\Lambda(H) = \Lambda(H)/(8\pi G)$

At low energy:



see talk by Nick!!

$$\Lambda(H) = c_0 + c_2 H^2 = \Lambda_0 + 3\nu (H^2 - H_0^2)$$

proposed (RG) equation for the vacuum energy density of the expanding Universe |

$$\frac{d\rho_\Lambda(\mu)}{d\ln\mu^2} = \frac{1}{(4\pi)^2} \left[ \sum_i B_i M_i^2 \mu^2 + \sum_i C_i \mu^4 + \sum_i \frac{D_i}{M_i^2} \mu^6 + \dots \right]$$



$$\mu^2 = aH^2 + b\dot{H}$$

(J. Solà, 2013,2014)

(J. Solà, A. Gómez-Valent, 2015)

$$\rho_\Lambda(H, \dot{H}) = \boxed{a_0} + a_1 \dot{H} + \boxed{a_2 H^2} + a_3 \dot{H}^2 + \boxed{a_4 H^4} + a_5 \dot{H} H^2$$



$$\mu^2 = H^2$$

$$\rho_\Lambda(H) = \frac{3}{8\pi G_N} \left( c_0 + \nu H^2 + \frac{H^4}{H_I^2} \right)$$

**Distinctive from  
Starobinsky's  
inflation !!**

Can this be substantiated in QFT or string theory?

## Adiabatic renormalization of the VED in QFT in a FLRW background: absence of quartic mass terms

C. Moreno-Pulido and JSP arXiv:2005.03164 (EPJ-C)

- The gravitational field equations read

$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G_N T_{\mu\nu}^{matter},$$

where  $\Lambda$  is the Cosmological constant, with energy density  $\rho_\Lambda \equiv \Lambda/(8\pi G_N)$ . (this is not yet the physical VED)

Consider a toy-model (but non-trivial) calculation of the VED.



- We will suppose that there is only one matter field contribution to the EMT in  $T_{\mu\nu}^{matter}$  in the form of a real scalar field,  $\phi$ .

$$S[\phi] = - \int d^4x \sqrt{-g} \left( \frac{1}{2} g_{\mu\nu} \partial_\nu \phi \partial_\mu \phi + \frac{1}{2} (m^2 + \xi R) \phi^2 \right)$$

(nonminimal coupling  $\xi$ )

(no SSB contribution!)



- The Energy-Momentum tensor (EMT) associated to the scalar field is

$$T_{\mu\nu}(\phi) = (1 - 2\xi) \partial_\mu \phi \partial_\nu \phi + \left(2\xi - \frac{1}{2}\right) g_{\mu\nu} \partial^\sigma \phi \partial_\sigma \phi - 2\xi \nabla_\mu \nabla_\nu \phi + 2\xi g_{\mu\nu} \phi \square \phi + \xi G_{\mu\nu} \phi^2 - \frac{1}{2} m^2 g_{\mu\nu} \phi^2.$$

- We can take into account the quantum fluctuations of the field  $\phi$  by considering the expansion of the field around its background (or classical mean field) value  $\phi_b$ ,

$$\phi(\tau, \mathbf{x}) = \phi_b(\tau) + \delta\phi(\tau, \mathbf{x}),$$

$$\langle T_{\mu\nu}^{vac} \rangle \equiv -\rho_\Lambda g_{\mu\nu} + \langle T_{\mu\nu}^{\delta\phi} \rangle.$$

**Total vacuum contribution**  
(needs renormalization!!)

$$ds^2 = g_{\mu\nu} dx^\mu dx^\nu = a^2(\tau) \eta_{\mu\nu} dx^\mu dx^\nu$$

$$\text{sign}(g_{\mu\nu}) = (-, +, +, +)$$

Fluctuations split in Fourier modes:

$$\delta\phi(\tau, \mathbf{x}) = \frac{1}{(2\pi)^{3/2}a} \int d^3k \left[ A_{\mathbf{k}} e^{i\mathbf{k}\mathbf{x}} h_{\mathbf{k}}(\tau) + A_{\mathbf{k}}^\dagger e^{-i\mathbf{k}\mathbf{x}} h_{\mathbf{k}}^*(\tau) \right]$$

$$(\square - m^2 - \xi R)\delta\phi(\tau, \mathbf{x}) = 0 \quad \rightarrow \quad h_{\mathbf{k}}'' + \Omega_{\mathbf{k}}^2 h_{\mathbf{k}} = 0, \quad (\text{mode equation})$$

$$h_{\mathbf{k}}' h_{\mathbf{k}}^* - h_{\mathbf{k}} h_{\mathbf{k}}^{*'} = i$$

$$\Omega_{\mathbf{k}}^2 \equiv k^2 + a^2 m^2 + a^2(\xi - 1/6)R \quad (\text{non-trivial!})$$

The solution is 
$$h_{\mathbf{k}}(\tau) \sim \frac{e^{i \int^\tau W_{\mathbf{k}}(\tau_1) d\tau_1}}{\sqrt{W_{\mathbf{k}}(\tau)}},$$

$$W_{\mathbf{k}}^2 = \Omega_{\mathbf{k}}^2 - \frac{1}{2} \frac{W_{\mathbf{k}}''}{W_{\mathbf{k}}} + \frac{3}{4} \left( \frac{W_{\mathbf{k}}'}{W_{\mathbf{k}}} \right)^2$$

In order to solve this equation we should use the **WKB approximation** or **adiabatic regularization**. (slowly varying)  $\Omega_{\mathbf{k}}$  !!

$$W_k = \omega_k^{(0)} + \omega_k^{(2)} + \omega_k^{(4)} \dots, \quad (\text{Adiabatic expansion})^{(*)}$$

$$\left\{ \begin{array}{l} \omega_k^{(2)} = \frac{a^2 \Delta^2}{2\omega_k} + \frac{a^2 R}{2\omega_k} (\xi - 1/6) - \frac{\omega_k''}{4\omega_k^2} + \frac{3\omega_k'^2}{8\omega_k^3}, \\ \omega_k^{(4)} = -\frac{1}{2\omega_k} \left( \omega_k^{(2)} \right)^2 + \frac{\omega_k^{(2)} \omega_k''}{4\omega_k^3} - \frac{\omega_k^{(2)''}}{4\omega_k^2} - \frac{3\omega_k^{(2)} \omega_k'^2}{4\omega_k^4} + \frac{3\omega_k' \omega_k^{(2)'}}{4\omega_k^3}. \end{array} \right.$$

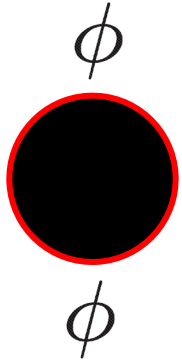
$$\left\{ \begin{array}{l} \omega_k^{(0)} \equiv \omega_k = \sqrt{k^2 + a^2 M^2}, \\ \omega_k' = a^2 \mathcal{H} \frac{M^2}{\omega_k}, \quad \omega_k'' = 2a^2 \mathcal{H}^2 \frac{M^2}{\omega_k} + a^2 \mathcal{H}' \frac{M^2}{\omega_k} - a^4 \mathcal{H}^2 \frac{M^4}{\omega_k^3}. \end{array} \right.$$

The non-appearance of the odd adiabatic orders is justified by means of general covariance.

**Explains why only even powers of H:**

$$\Lambda(H) = c_0 + c_1 H + c_2 H^2 + c_3 H^3 + c_4 H^4 + \dots$$

(\*) Adiabatic methods: cf. Bunch, Parker, Fulling (70's), Birrell&Davies (80's) etc  
Recent improv.: Ferreira & Navarro-Salas etc (2019)



one-loop

$T_{00}^{\delta\phi}$  up to 4th adiabatic order:

$$\langle T_{00}^{\delta\phi} \rangle = \int dk k^2 \left[ |h'_k|^2 + (\omega_k^2 + a^2 \Delta^2) |h_k|^2 \right. \\ \left. \left( \xi - \frac{1}{6} \right) (-6\mathcal{H}^2 |h_k|^2 + 6\mathcal{H}(h'_k h_k^* + h_k^{*'} h_k)) \right]$$

unrenormalized

ZPE

UV-divergent !!



$$\langle T_{00}^{\delta\phi} \rangle = \frac{1}{8\pi^2 a^2} \int dk k^2 \left[ 2\omega_k + \frac{a^4 M^4 \mathcal{H}^2}{4\omega_k^5} - \frac{a^4 M^4}{16\omega_k^7} (2\mathcal{H}''\mathcal{H} - \mathcal{H}'^2 + 8\mathcal{H}'\mathcal{H}^2 + 4\mathcal{H}^4) \right. \\ + \frac{7a^6 M^6}{8\omega_k^9} (\mathcal{H}'\mathcal{H}^2 + 2\mathcal{H}^4) - \frac{105a^8 M^8 \mathcal{H}^4}{64\omega_k^{11}} \\ + \left( \xi - \frac{1}{6} \right) \left( -\frac{6\mathcal{H}^2}{\omega_k} - \frac{6a^2 M^2 \mathcal{H}^2}{\omega_k^3} + \frac{a^2 M^2}{2\omega_k^5} (6\mathcal{H}''\mathcal{H} - 3\mathcal{H}'^2 + 12\mathcal{H}'\mathcal{H}^2) \right. \\ \left. - \frac{a^4 M^4}{8\omega_k^7} (120\mathcal{H}'\mathcal{H}^2 + 210\mathcal{H}^4) + \frac{105a^6 M^6 \mathcal{H}^4}{4\omega_k^9} \right) \\ \left. + \left( \xi - \frac{1}{6} \right)^2 \left( -\frac{1}{4\omega_k^3} (72\mathcal{H}''\mathcal{H} - 36\mathcal{H}'^2 - 108\mathcal{H}^4) + \frac{54a^2 M^2}{\omega_k^5} (\mathcal{H}'\mathcal{H}^2 + \mathcal{H}^4) \right) \right] \\ + \frac{1}{8\pi^2 a^2} \int dk k^2 \left[ \frac{a^2 \Delta^2}{\omega_k} - \frac{a^4 \Delta^4}{4\omega_k^3} + \frac{a^4 \mathcal{H}^2 M^2 \Delta^2}{2\omega_k^5} - \frac{5}{8} \frac{a^6 \mathcal{H}^2 M^4 \Delta^2}{\omega_k^7} \right. \\ \left. + \left( \xi - \frac{1}{6} \right) \left( -\frac{3a^2 \Delta^2 \mathcal{H}^2}{\omega_k^3} + \frac{9a^4 M^2 \Delta^2 \mathcal{H}^2}{\omega_k^5} \right) \right] + \dots,$$

- We compute terms up to 4th order because the divergences are only present up to this adiabatic order.
- We define the renormalized ZPE in curved space-time at the scale  $M$  as follows:

$$\langle T_{00}^{\delta\phi} \rangle_{Ren}(M) \equiv \langle T_{00}^{\delta\phi} \rangle(m) - \langle T_{00}^{\delta\phi} \rangle^{(0-4)}(M)$$

$$\begin{aligned} \langle T_{00}^{\delta\phi} \rangle_{Ren}(M) &= \frac{a^2}{128\pi^2} \left( -M^4 + 4m^2M^2 - 3m^4 + 2m^4 \ln \frac{m^2}{M^2} \right) \\ &- \left( \xi - \frac{1}{6} \right) \frac{3\mathcal{H}^2}{16\pi^2} \left( m^2 - M^2 - m^2 \ln \frac{m^2}{M^2} \right) + \left( \xi - \frac{1}{6} \right)^2 \frac{9(2\mathcal{H}''\mathcal{H} - \mathcal{H}'^2 - 3\mathcal{H}^4)}{16\pi^2 a^2} \ln \frac{m^2}{M^2} + \dots \end{aligned}$$



$$\mathcal{M}_{Pl}^2(M)G_{\mu\nu} + \rho_\Lambda(M)g_{\mu\nu} + \alpha(M) {}^{(1)}H_{\mu\nu} = \langle T_{\mu\nu}^{\delta\phi} \rangle_{ren}(M).$$

$$\mathcal{M}_{Pl}^2(M) = \frac{G^{-1}(M)}{8\pi}$$

Off-shell subtraction:



Exploring different scales

$$\triangleright \mathbf{VED} = \rho_\Lambda + \text{ZPE}$$

$$\langle T_{\mu\nu}^{\text{vac}} \rangle \equiv -\rho_\Lambda g_{\mu\nu} + \langle T_{\mu\nu}^{\delta\phi} \rangle \quad \longrightarrow \quad \rho_{\text{vac}}(M) = \rho_\Lambda(M) + \frac{\langle T_{00}^{\delta\phi} \rangle_{\text{Ren}}(M)}{a^2}$$



$$\rho_{\text{vac}}(M) = \rho_\Lambda(M) + \frac{1}{128\pi^2} \left( -M^4 + 4m^2 M^2 - 3m^4 + 2m^4 \ln \frac{m^2}{M^2} \right) \\ + \left( \xi - \frac{1}{6} \right) \frac{3\mathcal{H}^2}{16\pi^2 a^2} \left( M^2 - m^2 + m^2 \ln \frac{m^2}{M^2} \right) + \left( \xi - \frac{1}{6} \right)^2 \frac{9(2\mathcal{H}''\mathcal{H} - \mathcal{H}'^2 - 3\mathcal{H}^4)}{16\pi^2 a^4} \ln \frac{m^2}{M^2} + \dots$$

in Minkowski space ( $H = 0$ )  
 $\rho_{\text{vac}}(M)$  must be RG invariant

$$\beta_{\rho_\Lambda}(M) = M \frac{\partial \rho_\Lambda(M)}{\partial M} = \frac{1}{2(4\pi)^2} (M^2 - m^2)^2$$

## ➤ Beta Function of the VED

C. Moreno-Pulido and JSP (2020-2022)

2201.05827 [gr-qc]

$$\beta_{\rho_{\text{vac}}} = M \frac{\partial \rho_{\text{vac}}(M)}{\partial M}$$

$$= \left( \xi - \frac{1}{6} \right) \frac{3H^2}{8\pi^2} (M^2 - m^2)$$

$$+ \left( \xi - \frac{1}{6} \right)^2 \frac{9 \left( \dot{H}^2 - 2H\ddot{H} - 6H^2\dot{H} \right)}{8\pi^2}$$

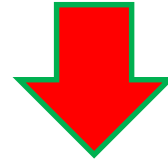
$$\beta_{\rho_{\text{vac}}} \propto \cancel{m^4}$$



## ➤ VED evolution

$$\rho_{\text{vac}}(M, H) - \rho_{\text{vac}}(M_0, H_0) = \frac{3 \left( \xi - \frac{1}{6} \right)}{16\pi^2} \left[ H^2 \left( M^2 - m^2 + m^2 \ln \frac{m^2}{M^2} \right) - H_0^2 \left( M_0^2 - m^2 + m^2 \ln \frac{m^2}{M_0^2} \right) \right] + \dots,$$

$$M = H \text{ and } M_0 = H_0$$



for the current universe

$$\rho_{\text{vac}}(H) = \rho_{\text{vac}}^0 + \frac{3\nu_{\text{eff}}(H)}{8\pi} m_{\text{Pl}}^2 (H^2 - H_0^2) + \mathcal{O}(H^4)$$

$$\nu_{\text{eff}}(H) \equiv \frac{1}{2\pi} \left( \xi - \frac{1}{6} \right) \frac{m^2}{m_{\text{Pl}}^2} \left( -1 + \ln \frac{m^2}{H^2} - \frac{H_0^2}{H^2 - H_0^2} \ln \frac{H^2}{H_0^2} \right)$$

naturally small parameter

$$\nu_{\text{eff}} \simeq \epsilon \ln \frac{m^2}{H_0^2} \quad \epsilon \equiv \frac{1}{2\pi} \left( \xi - \frac{1}{6} \right) \frac{m^2}{m_{\text{Pl}}^2}$$

**RVM structure !!**

J. Solà (2011, 2013, 2014, 2016)  
 from action: 0710.4151  
 (J.Phys.A 41 (2008) 164066)



## ➤ QFT-driven INFLATION

2201.05827 [gr-qc]

C. Moreno-Pulido and JSP (2020-2022)

$$\rho_{\text{vac}}^{\text{inf}} = \frac{\langle T_{00}^{\delta\phi} \rangle_{\text{Ren}}^{\text{6th}}(m)}{a^2} = \frac{\tilde{\xi}}{80\pi^2 m^2} H^6 + f(\dot{H}, \ddot{H}, \ddot{\ddot{H}} \dots)$$

$$\tilde{\xi} = \left(\xi - \frac{1}{6}\right) - \frac{2}{63} - 360 \left(\xi - \frac{1}{6}\right)^3$$

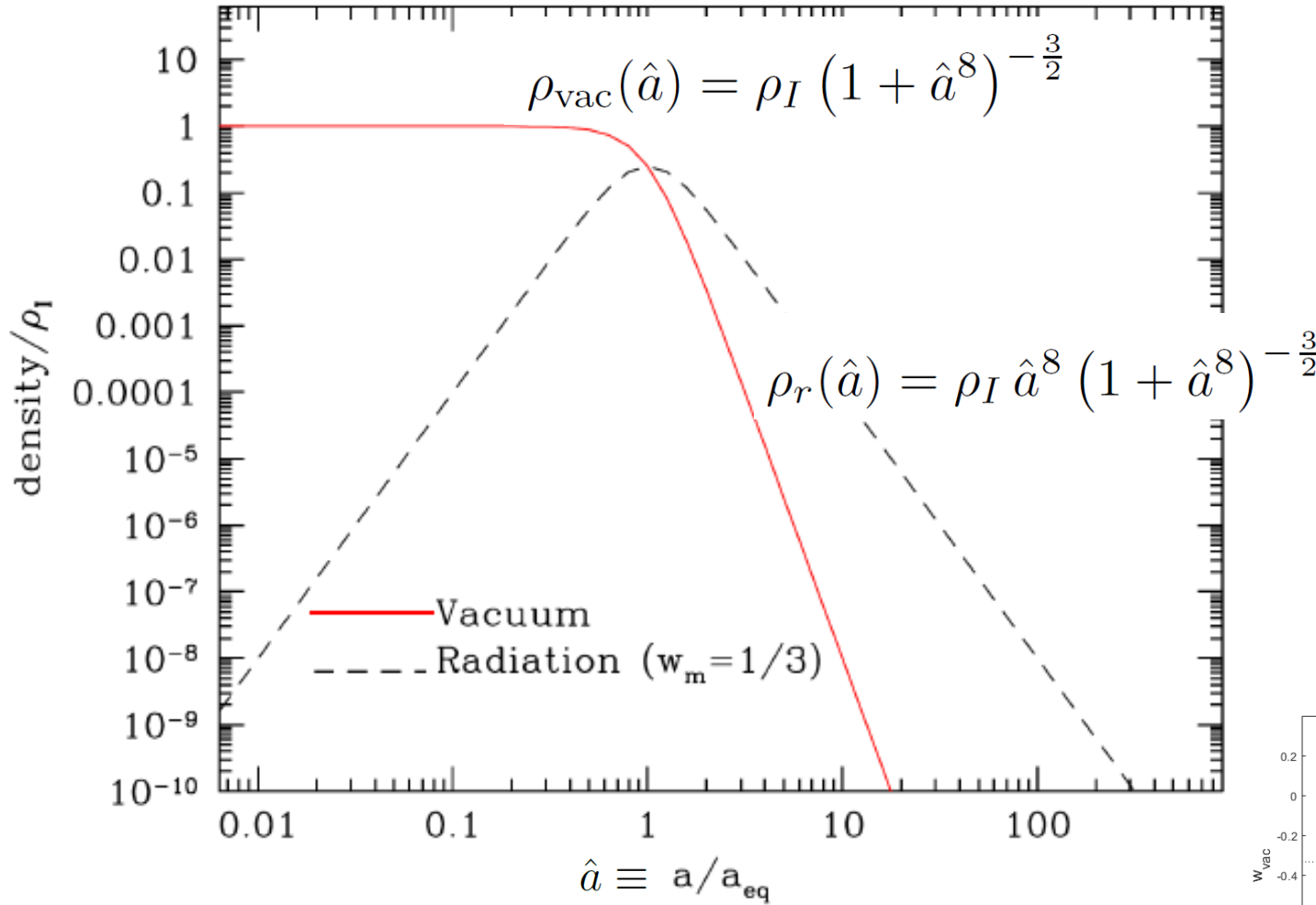
$$P_{\text{vac}}(M) = -\rho_{\text{vac}}(M)$$

$$+ f_2(M, \dot{H}) + f_4(M, H, \dot{H}, \dots, \ddot{H}) + f_6(\dot{H}, \dots, \ddot{\ddot{H}})$$

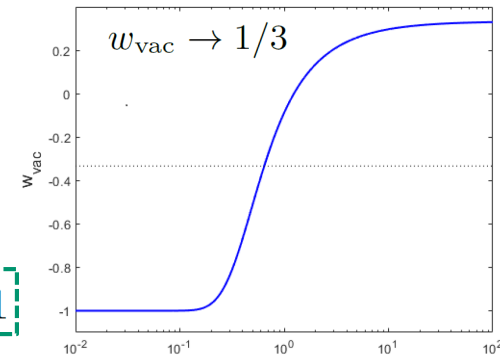
$$\text{e.g. } f_2(M, \dot{H}) = \frac{\left(\xi - \frac{1}{6}\right)}{8\pi^2} \dot{H} \left( m^2 - M^2 - m^2 \ln \frac{m^2}{M^2} \right)$$

# RVM-inflation

2201.05827 [gr-qc]



**(EoS)**



Joan Solà (Corfu 2022)

$$w_{\text{vac}} \simeq -1$$

# Early Universe

In the early universe, before and during inflation, it is assumed that only fields from the gravitational multiplet of the string exist, which implies that the relevant bosonic part of the effective action pertinent to the dynamics of the inflationary period is given by

$$S_B^{\text{eff}} = \int d^4x \sqrt{-g} \left[ -\frac{1}{2\kappa^2} R + \frac{1}{2} \partial_\mu b \partial^\mu b + \sqrt{\frac{2}{3}} \frac{\alpha'}{96\kappa} b(x) R_{\mu\nu\rho\sigma} \tilde{R}^{\mu\nu\rho\sigma} + \dots \right].$$

$$\alpha' = M_s^{-2} \quad \kappa = \sqrt{8\pi G} = M_{\text{Pl}}^{-1} \quad M_{\text{Pl}} \neq M_s \quad \text{in general}$$

It involves the usual Hilbert-Einstein term and the Kalb-Ramond axion field,  $b(x)$ , which is coupled to the **gravitational Chern-Simons topological density** through the string tension  $\alpha'$ . Such topological term when averaged over the de Sitter spacetime produces an effective contribution to the vacuum energy density of the form  $\sim H^4$ .

During inflation  $R_{\mu\nu\rho\sigma} \tilde{R}^{\mu\nu\rho\sigma}$   triggers  $H^4$  contributions to  $\rho_\Lambda$  

$\sim H^4$  terms are back !!!

See talk by Nick Mavromatos !

Detailed review:  
(N.E. Mavromatos and JSP)

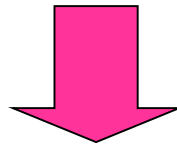
“Stringy RVM”

arXiv:2012.07971 (EPJ-ST 2021)

## Minimal unified model at high energy (early universe):

{ S. Basilakos, J.A.S Lima, and JS arXiv:1509.00163, arXiv:1307.6251  
JS and A. Gómez-Valent arXiv:1501.03832  
JS arXiv:1505.05863  
JS and H. Yu arXiv:1910.01638

$$\Lambda(t) = c_0 + 3\nu H^2 + 3\alpha \frac{H^4}{H_I^2}$$



$$\dot{H} + \frac{3}{2}(1 + \omega_m)H^2 \left[ 1 - \nu - \frac{c_0}{3H^2} - \alpha \frac{H^2}{H_I^2} \right] = 0$$

**Inflationary solution:**  $H^2 = (1 - \nu)H_I^2/\alpha$  !!

Joan Solà (Corfu 2022)  $a(t) \propto e^{H_I t}$ .

Running vacuum energy at the expense of matter non-conservation

$$\rho_\Lambda = C_1 + C_2 H^2.$$

$$\rho_\Lambda(H) = \frac{3}{8\pi G} (c_0 + \nu H^2)$$



Bianchi identity

$$\dot{\rho}_\Lambda + \dot{\rho}_m + 3H(\rho_m + p_m) = 0$$

(matter non-conservation!!)



$$C_2 \propto \nu = \frac{M^2}{12\pi M_P^2}$$

$$\rho_m(z) = \rho_m^0 (1+z)^{3(1-\nu)}$$

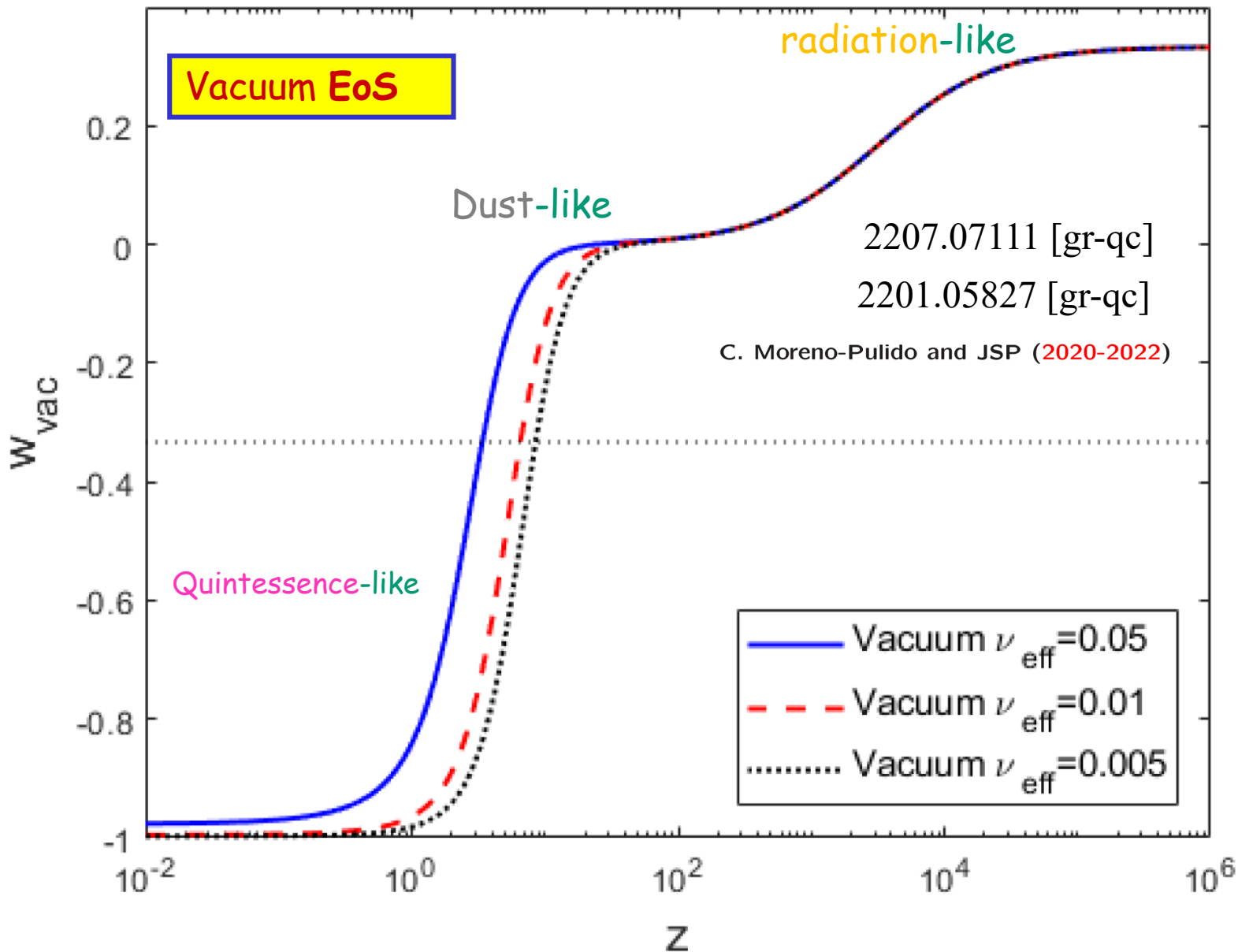
and “running” vacuum energy: **(RVM)**

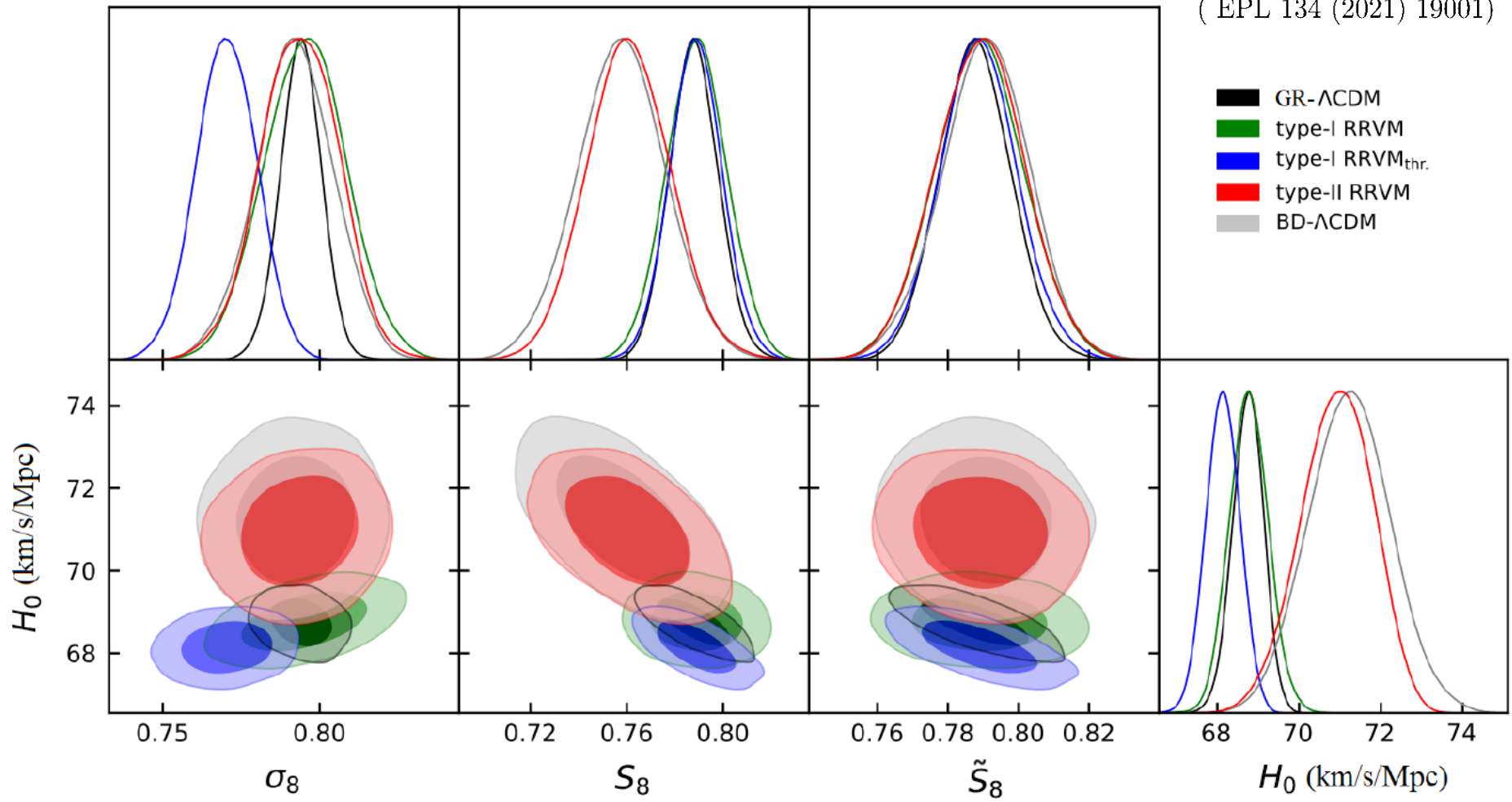
$$\rho_\Lambda(z) = \rho_\Lambda^0 + \frac{\nu \rho_m^0}{1-\nu} \left[ (1+z)^{3(1-\nu)} - 1 \right]$$

# Equation of State of the QUANTUM VACUUM (EoS)

$$\begin{aligned}
 w_{\text{vac}}(H) &\equiv \frac{P_{\text{vac}}(H)}{\rho_{\text{vac}}(H)} \simeq -1 + \frac{f_2(\dot{H})}{\rho_{\text{vac}}(H)} && \text{C. Moreno-Pulido and JSP (2020-2022)} \\
 & && 2201.05827 [\text{gr-qc}] \\
 & && 2207.07111 [\text{gr-qc}] \\
 &\simeq -1 + \left( \xi - \frac{1}{6} \right) \frac{\dot{H} m^2}{8\pi^2 \rho_{\text{vac}}(H)} \left( 1 - \ln \frac{m^2}{H^2} \right) \\
 &= -1 + \frac{\nu_{\text{eff}} \left( \Omega_m^0 (1+z)^3 + \frac{4}{3} \Omega_r^0 (1+z)^4 \right)}{\Omega_{\text{vac}}^0 + \nu_{\text{eff}} \left[ -1 + \Omega_m^0 (1+z)^3 + \Omega_r^0 (1+z)^4 + \Omega_v^0 \right]}
 \end{aligned}$$

$$= \begin{cases} \frac{1}{3} & \text{for } z \gg z_{\text{eq}} \text{ with } \Omega_r^0 (1+z) \gg \Omega_m^0, & \text{radiation behavior } (\nu_{\text{eff}} \neq 0), \\ 0 & \text{for } \mathcal{O}(1) < z \ll z_{\text{eq}} \text{ with } \Omega_m^0 \gg \Omega_r^0 (1+z), & \text{dust behavior } (\nu_{\text{eff}} \neq 0), \\ -1 + \nu_{\text{eff}} \frac{\Omega_m^0}{\Omega_{\text{vac}}^0} (1+z)^3 & \text{for } -1 < z < \mathcal{O}(1), & \text{quintessence behavior } (\nu_{\text{eff}} > 0) \end{cases}$$





Type II RRVM can alleviate **both tensions** at a time !!



## Summarized conclusions

- **Dynamical DE**: natural proposal for an **expanding Universe**
- The **RVM** based on a **running  $\Lambda$**  term in interaction with matter or **G** is theoretically **well motivated**
- **Running vacuum models** seem to describe **better** the observations **SNIa+BAO+ $H(z)$ +LSS+CMB** **than the  $\Lambda$ CDM**
- Provide a **consistent solution** to the main **tensions**
- These ideas may signal a **connection** between the the **LSS** of the Universe and the **quantum phenomena** in the **microcosmos**

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