Neutron Star Heating: WIMP DM vs Others



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WIMP dark matter heating in NS

It has been discussed that the signature of WIMP DM may be detected via the neutron star (NS) temperature observations.

PHYSICAL REVIEW D 77, 023006 (2008)

WIMP annihilation and cooling of neutron stars

Chris Kouvaris*

CERN Theory Division, CH-1211 Geneva 23, Switzerland, University of Southern Denmark, Campusvej 55, DK-5230 Odense, Denmark and The Niels Bohr Institute, Blegdamsvej 17, DK-2100 Copenhagen, Denmark (Received 27 August 2007; published 28 January 2008)

PHYSICAL REVIEW D 82, 063531 (2010)

Can neutron stars constrain dark matter?

Chris Kouvaris^{*} and Peter Tinyakov[†] Service de Physique Théorique, Université Libre de Bruxelles, 1050 Brussels, Belgium (Received 29 May 2010: published 28 September 2010)

Mechanism

WIMP DM accretes on a neutron star.



Annihilation of WIMPs in the NS core causes heating effect.

PHYSICAL REVIEW D 81, 123521 (2010)

Neutron stars as dark matter probes

Arnaud de Lavallaz* and Malcolm Fairbairn[†]

Physics, King's College London, Strand, London WC2R 2LS, United Kingdom (Received 6 April 2010; published 18 June 2010)

PRL 119, 131801 (2017)

PHYSICAL REVIEW LETTERS

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Dark Kinetic Heating of Neutron Stars and an Infrared Window on WIMPs, SIMPs, and Pure Higgsinos

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WIMP dark matter heating in NS

Dark matter heating effect may be observed in old NSs.



- In the standard cooling scenario, temperature becomes very low for t > 10⁷ years.
- With DM heating effect, $T_s^{\infty} \rightarrow \sim 2 \times 10^3$ K at later times.

Other heating sources?

If there are other heating sources in NSs, DM heating effect may be concealed.

- There is no heating source in Standard NS cooling theory.
- Is it possible to have extra heating sources?

Or, even motivated?

Old warm neutron stars?

Recently, "old but warm neutron stars" have been observed.

Milli-second pulsars

▶ J0437-4715: $t_{sd} = (6.7 \pm 0.2) \times 10^9$ years, $T_s^{\infty} = (1.25 - 3.5) \times 10^5$ K

O. Kargaltsev, G. G. Pavlov, and R. W. Romani, Astrophys. J. **602**, 327 (2004); M. Durant, *et al.*, Astrophys. J. **746**, 6 (2012).

▶ J2124-3358:
$$t_{sd} = 11^{+6}_{-3} \times 10^9$$
 years, $T_s^{\infty} = (0.5 - 2.1) \times 10^5$ K

B. Rangelov, et al., Astrophys. J. 835, 264 (2017).

<u>Ordinary pulsars</u>

▶ J0108-1431:
$$t_{sd} = 2.0 \times 10^8$$
 years, $T_s^{\infty} = (2.7 - 5.5) \times 10^4$ K

V. Abramkin, Y. Shibanov, R. P. Mignani, and G. G. Pavlov, Astrophys. J. 911, 1 (2021).

B0950+08:
$$t_{sd} = 1.75 \times 10^7$$
 years, $T_s^{\infty} = (6 - 12) \times 10^4$ K

V. Abramkin, G. G. Pavlov, Y. Shibanov, and O. Kargaltsev, Astrophys. J. 924, 128 (2022).

These observations cannot be explained in the standard cooling.

Topics of this talk

We need an extra heating source to explain those observations.

Candidates for the heating mechanism

- Non-equilibrium beta processes
- Friction caused by vortex creep
- Can we still observe the DM heating effect in the presence of this extra heating effect??

Outline of this talk

- Introduction
- Standard Cooling Theory
- Non-equilibrium β processes
- Vortex creep heating
- Conclusion

Standard Cooling Theory

Standard Cooling of NS

D. Page, J. M. Lattimer, M. Prakash, A. W. Steiner, Astrophys. J. Suppl. **155**, 623 (2004); M. E. Gusakov, A. D. Kaminker, D. G. Yakovlev, O. Y. Gnedin, Astron. Astrophys. **423**, 1063 (2004).

Form Cooper pairs

Consider a NS composed of

Neutrons

Protons

Leptons (e, μ)



- Supposed to be in the β equilibrium.
- In Fermi degenerate states.

Equation for temperature evolution

$$C(T)\frac{dT}{dt} = -L_{\nu} - L_{\gamma}$$

C(T): Stellar heat capacity

 L_{ν} : Luminosity of neutrino emission

 L_{γ} : Luminosity of photon emission

Cooling sources

Two cooling sources:

р

Nuclear force

Modified Urca

n

 ℓ^{-}



$$L_{\gamma} = 4\pi R^2 \sigma_{\rm SB} T_s^4$$

Dominant for $t \gtrsim 10^5$ years

Neutrino emission (from core)

Dominant for $t \leq 10^5$ years

This process keeps the system in the β equilibrium.

$$\mu_n = \mu_p + \mu_\ell$$

$$n (+N) \rightarrow p + \ell^- + \bar{\nu}_\ell (+N)$$
$$+ p (+N) \rightarrow n + \bar{\nu}_\ell (+N)$$

Success of Standard Cooling



$$M = (1.01 - 1.92)M_{\odot}$$

O. Y. Gnedin, M. Gusakov, A. Kaminker, D. G. Yakovlev, Mon. Not. Roy. Astron. Soc. **363**, 555 (2005).

- Temperature gets very low for $t \gtrsim 10^6$ years.
- Consistent with the observations for $t < 10^6$ years. ~ 50 NSs listed.

For the latest data, see http://www.ioffe.ru/astro/NSG/thermal/cooldat.html

Heating mechanism?

In old NSs, the following heating mechanisms due to the slowdown of NS rotation may operate:

- Non-equilibrium beta processes
- Friction caused by vortex creep

Let us discuss these two mechanisms, and see their implications for the detection of the DM heating mechanism.



Non-equilibrium ß processes

Loop hole in standard cooling

In the standard cooling, β equilibrium is assumed.

In a real pulsar



Local pressure changes. Chemical equilibrium condition changes.

If the beta processes are rapid enough, the system can follow the change in the equilibrium condition. But...

Neutrino emission

The beta processes are highly suppressed at later times, i.e., for low temperatures.



Only the particles near the Fermi surface can participate in the processes.

Deviation from β equilibrium

A. Reisenegger, Astrophys. J. 442, 749 (1995).

The imbalance in chemical potentials is dissipated as heat.

Rotochemical heating

R. Fernandez and A. Reisenegger, Astrophys. J. **625**, 291 (2005); C. Petrovich, A. Reisenegger, Astron. Astrophys. **521**, A77 (2010).

Millisecond pulsars

We take account of the effect of non-equilibrium β processes.



Rotochemical heating always occurs in MSPs.

We can explain the observations.

K. Hamaguchi, N. Nagata, K. Yanagi, MNRS 492, 5508 (2020).

Ordinary pulsars

Heating due to magnetic field decay may occur.



- The temperature evolution highly depends on the initial period P_0 of pulsars.
- We can explain all of the observations.
 - Cool star: large initial period \rightarrow no rotochemical heating.
 - Warm star: small initial period \rightarrow rotochemical heating effective.

K. Hamaguchi, N. Nagata, K. Yanagi, MNRS 492, 5508 (2020).

Rotochemical heating vs DM heating

Now we include both the DM and rotochemical heating effects.



If P₀ is large enough, DM heating effect can be observed.

It is always concealed in millisecond pulsars.

K. Hamaguchi, N. Nagata, K. Yanagi, Phys. Lett. B795, 484 (2019).

Vortex Creep Heating

Neutron superfluid vortex lines

Neutrons form Cooper pairs in NSs. Neutron superfluidity

In a rotating NS, superfluid vortex lines are formed.

The vortex lines are fixed to the crust by nuclear interactions.



P. W. Anderson and N. Itoh, Nature **256**, 25 (1975).

Vortex creep

Due to the pulsar radiation, the crust component slows down.

But the superfluid component does not.

The rotational speed difference developed.

This induces Magnus force.

When it gets large enough, vortex lines start to move outwards.

Vortex creep

f_{Mag}



Speed difference decreases.



The vortex creep keeps the speed difference constant.

neutron star

 $\Omega_{\rm SF} - \Omega_{\rm crust} = {\rm const.}$

Determined by the pinning force.

Vortex creep heating

M. A. Alpar, et.al., Astrophys. J. **276**, 325 (1984); M. Shibazaki and F. K. Lamb, Astrophys. J. **346**, 808 (1989).

The rotational energy stored in the superfluid component is dissipated as heat:

$$L_{\rm H} = \int dI_{\rm crust} (\Omega_{\rm SF} - \Omega_{\rm crust}) |\dot{\Omega}| \equiv J |\dot{\Omega}|$$

Moment of inertia Determined by the pinning force.

All NSs have similar values of J.

In old NSs, this heating balances with the photon cooling:

$$L_{\rm H} = L_{\gamma} = 4\pi R^2 \sigma_{\rm SB} T_s^4$$

$$J_{\rm obs} = 4\pi R^2 \sigma_{\rm SB} T_s^4 / |\dot{\Omega}|$$

Can be determined by observation.

The vortex heating mechanism predicts this to be almost universal.

Vortex creep heating vs observations



- Observations find similar values of J.
- Theoretical calculations are in the same ballpark.

M. Fujiwara, K. Hamaguchi, N. Nagata, M. E. Ramirez-Quezada, in preparation.

Vortex creep heating vs DM heating

To see the DM heating effect, we want $L_{\text{vortex}} < L_{\text{DM}}$.



Vortex-creep heating seems to dominate DM heating...

M. Fujiwara, K. Hamaguchi, N. Nagata, M. E. Ramirez-Quezada, in preparation.

Conclusion

Conclusion

- We studied potential heating mechanisms in NSs.
- Non-equilibrium β processes.
 - For ordinary pulsars, DM heating effect can be observed if their initial period is relatively large.
 - For millisecond pulsars, DM heating effect is always hidden by the rotochemical heating.
- Vortex creep heating

This heating effect seems to dominate the DM heating.





DM accretion rate is

$$\dot{N} \simeq \pi b_{\max}^2 v_\infty \cdot \frac{\rho_{\rm DM}}{m_{\rm DM}}$$

DM number density

It is found that

One scattering is enough for WIMPs to be captured.

Energy transfer ~ 100 MeV - 1 GeV.

• At least one scattering occurs if $\sigma_N \gtrsim 10^{-45} \text{ cm}^2$.

For old NSs, we have

Accretion rate = Annihilation rate

$$L_H \simeq m_{\rm DM} \dot{N} \simeq 2\pi G M R \rho_{\rm DM} / v_{\infty}$$

Independent of DM mass.

Consider a WIMP with mass m_{DM} , incoming from infinity with speed v_{∞} and impact parameter b.



For a WIMP to be captured by a NS, $r_n \leq R$ is required.

$$b \le R \left[1 + \frac{v_{\rm esc}^2}{v_{\infty}^2} \right]^{\frac{1}{2}}$$

Maximum impact parameter

 $v_{\infty} \simeq 230 \text{ km/s}$

Escape velocity

$$v_{\rm esc} = \sqrt{\frac{2GM}{R}} \simeq 2 \times 10^8 \times \left(\frac{M}{1.4M_{\odot}}\right)^{1/2} \left(\frac{R}{10 \text{ km}}\right)^{-1/2} \text{ m/s}$$

Close to the speed of light!

$$b_{\rm max} \simeq R \frac{v_{\rm esc}}{v_{\infty}} \simeq 0.8 \times 10^7 \times \left(\frac{M}{1.4M_{\odot}}\right)^{1/2} \left(\frac{R}{10 \text{ km}}\right)^{1/2} \text{ m}$$

Much larger than the NS radius.

Recoil energy

For each DM-nucleon scattering, WIMPs lose energy by

$$\Delta E = \frac{m_N m_{\rm DM}^2 \gamma_{\rm esc}^2 v_{\rm esc}^2}{m_N^2 + m_{\rm DM}^2 + 2\gamma_{\rm esc} m_{\rm DM} m_N} (1 - \cos \theta_c)$$

 θ_c : scattering angle in the CM frame.

 $\gamma_{\rm esc} \equiv (1 - v_{\rm esc}^2)^{-1/2}$

Let us compare this with the initial kinetic energy: $E_{\rm kin}^{\infty} = m_{\rm DM} v_{\infty}^2/2$



- One scattering is sufficient for WIMPs to lose the initial kinetic energy.
- Energy transfer can be as large as O(100) MeV.

One scattering in NS

WIMP-nucleon scattering occurs at least once if

Mean Free Path ~
$$(\sigma_N n)^{-1} \sim \frac{m_N R^3}{M \sigma_N} \lesssim R$$

 $\sigma_N \gtrsim 10^{-45} \text{ cm}^2$
 $\sigma_N : \text{DM-nucleon scattering cross section}$
If this is satisfied, then all of the accreted WIMPs are captured.
If not, capture rate is suppressed by $\sigma_N / \sigma_{\text{th}}$.
Captured WIMPs eventually annihilate inside the NS core.

For old NSs, we have



NS temperature with DM heating

At later times, the DM heating balances with the cooling by photon emission.

$$L_H = L_\gamma$$
 $L_H \simeq m_{\rm DM} \dot{N} \simeq 2\pi G M R \rho_{\rm DM} / v_\infty$
Independent of DM mass.

$$2\pi GMR\rho_{\rm DM}/v_{\infty} \simeq 4\pi R^2 \sigma_{\rm SB} T_s^4$$

(for $\sigma > \sigma_{\rm th}$)



 $T_s \simeq 2500 \ {\rm K}$

Robust, smoking-gun prediction of DM heating. Can we observe this??

Electroweak multiplet DM

DM is electrically neutral. But, this does not fully determine its electroweak charges.

 $SU(2)_L \otimes U(1)_Y$: (1,0), (2, ± 1/2), (3,0), (3, ± 1), ...

Electroweak multiplet DM

This class of DM has small DM-nucleon scattering cross section.



Electroweak multiplet DM

Electroweak multiplet DM is accompanied by charged particles, which are degenerate in mass.

Mass splitting





- Cross section is large enough for such a DM to be captured in NS.
- NS can be a promising probe for this class of DM candidates.



O(100) MeV

M. Fujiwara, K. Hamaguchi, N. Nagata, J. Zheng, arXiv:2204.02238.

Muon g-2 and DM

NS heating can occur for DM models that couple only to leptons.

Muon g-2

DM-muon scattering cross section



In the parameter regions where the muon g-2 anomaly is explained, DM-muon scattering is sufficiently large.

K. Hamaguchi, N. Nagata, M. E. Ramirez-Quezada, arXiv:2204.02413.

Effective operator analysis



N. Raj, P. Tanedo, H. Yu, Phys. Rev. **D97**, 043006 (2018).

Dark kinetic heating



Effect of Pauli blocking

Multiple scattering required

M. Baryakhtar, J. Bramante, S. W. Li, T. Linden, N. Raj, Phys. Rev. Lett. 119, 131801 (2017).

Neutron star structure



Cooling sources

Two cooling sources:



Dominant for $t \leq 10^5$ years

Photon emission (from surface)

$$L_{\gamma} = 4\pi R^2 \sigma_{\rm SB} T_s^4$$

Dominant for $t \gtrsim 10^5$ years

Neutrino emission (from core)

- Direct Urca process (DUrca)
- Modified Urca process (MUrca)
- Bremsstrahlung
- PBF process

Occurs when nucleon pairings are formed.

Urca processes

Urca processes keep NSs into β equilibrium:



$$n (+N) \to p + \ell^- + \bar{\nu}_\ell (+N), \ \ell^- + p (+N) \to n + \bar{\nu}_\ell (+N)$$

Rapid Direct Urca process can occur only in heavy stars.

For the APR equation of state, $M \gtrsim 1.97 M_{\odot}$

Temperature distribution



Relaxation in the Core done in ~ 100 years.

D. Page, J. M. Lattimer, M. Prakash, A. W. Steiner [arXiv: 1302.6626].



APRIL 1, 1941

PHYSICAL REVIEW

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Neutrino Theory of Stellar Collapse

G. GAMOW, George Washington University, Washington, D. C. M. Schoenberg,* University of São Paulo, São Paulo, Brazil (Received February 6, 1941)

of β -particles. In fact, when the temperature and density in the interior of a contracting star reach certain values depending on the kind of nuclei involved, we should expect processes of the type

 $\begin{cases} zN^{A} + e^{-} \rightarrow z_{-1}N^{A} + \text{antineutrino} \\ z_{-1}N^{A} \rightarrow zN^{A} + e^{-} + \text{neutrino,} \end{cases}$ (3)

Named after a casino in Rio de Janeiro:

Cassino da Urca

which we shall call, for brevity, "urca-processes."

To commemorate the casino where they first met.

Rapid disappearance of energy (money) of a star (gambler).

- UnRecordable Cooling Agent.
- "Urca" means "thief" in Russian.

Fermi momenta

Fermi momenta in neutron star



Fermi momentum of neutron is large: 300-500 MeV

• Muons also appear in the region where $\mu_e > m_{\mu}$.

Neutrino emission

First we consider the processes that occur without superfluidity.



These processes occur only near the Fermi surface.



β equilibrium

Inside neutron stars, β equilibrium is achieved via the direct/modified Urca reactions

Chemical equilibrium

$$\mu_e + \mu_p = \mu_n$$

Chemical potential of neutrino is zero since it can escape from neutron star.

Charge neutrality

$$n_p = n_e$$

Muons also appear in the region where $\mu_e > m_{\mu}$.

Chemical equilibrium

Charge neutrality

$$\mu_e = \mu_\mu \qquad (\mu_\mu + \mu_p = \mu_n)$$

$$n_p = n_e + n_\mu$$

Direct Urca

Emissivity = energy loss per volume per time.

of the direct Urca process is given by

$$Q_D = \frac{457\pi}{10080} G_F^2 V_{ud}^2 (1 + 3g_A^2) m_{*,n} m_{*,p} m_{*,e} T^6 \Theta(p_{F,p} + p_{F,e} - p_{F,n})$$

$$\simeq 4 \times 10^{27} \times \left(\frac{T}{10^9 \text{ K}}\right)^6 \Theta(p_{F,p} + p_{F,e} - p_{F,n}) \text{ erg} \cdot \text{cm}^{-3} \cdot \text{s}^{-1}$$

The step function comes from the momentum conservation.

$$p_{F,p} + p_{F,e} > p_{F,n}$$

Direct Urca is the dominant process, if it occurs.

Direct Urca condition



Direct Urca can occur only in the high density region.

It can occur only in relatively heavy stars.

For the APR equation of state, $M \gtrsim 1.97 M_{\odot}$

Modified Urca/bremsstrahlung



If Direct Urca does not operate, Modified Urca/bremsstrahlung processes become dominant.

Momentum exchange with a spectator allows these processes to satisfy the momentum conservation.

Effects of nucleon pairings

Nucleons in a NS form Cooper pairings.

Energy spectrum

$$\epsilon_N(p) \simeq \sqrt{\Delta_N^2 + v_{F,N}^2 (p - p_{F,N})^2} \qquad \Delta_N$$
: pairing gap

This pairing energy gap strongly suppresses the neutrino emission at low temperatures.

$$\propto e^{-\frac{\Delta_N}{T}}$$



Luminosity



Photon emission becomes dominant after ~10⁵ years.

Urca process is extremely suppressed at later times.

Nucleon pairing

Nucleons in a NS form pairings below their critical temperatures:

- Neutron singlet ¹S₀
- Proton singlet ¹S₀
- Neutron triplet ³P₂

Proton singlet pairing gap



Only in the crust. Less important.

— Form in the core. Important.

Neutron triplet pairing gap



D. Page, J. M. Lattimer, M. Prakash, A. W. Steiner [arXiv: 1302.6626].

Effects of nucleon parings

Nucleons in a NS form Cooper parings.

Energy spectrum

$$\epsilon_N(\boldsymbol{p}) \simeq \sqrt{\Delta_N^2 + v_{F,N}^2 (p - p_{F,N})^2}$$

 Δ_N : paring gap

The paring gap introduces a suppression factor to

- Neutrino emission processes
- Heat capacity

 $\propto e^{-\frac{\Delta_N}{T}}$

 (Δ)

In addition, a new neutrino emission process is turned on:

Pair-breaking and formation (PBF) process

PBF process

Thermal disturbance induces the breaking of nucleon pairs.

During the reformation of cooper pairs, the gap energy is released via neutrino emission.

This process significantly enhances the neutrino emission only when

$$T \lesssim T_C$$

- If $T > T_C$, this process does not occur.
- If $T \ll T_C$, pair breaking rarely occurs.



Surface temperature

It is the surface temperature that we observe, so we need to relate it to the internal temperature.



This relation depends on the amount of light elements in the envelope.

$$\eta \equiv g_{14}^2 \Delta M/M$$

g₁₄: surface gravity in units of 10^{14} cm s⁻². Δ M: mass of light elements.

A. Y. Potekhin, G. Chabrier, and D. G. Yakovlev, A&A 323, 415 (1997).

As the amount of light elements gets increased, the surface temperature becomes larger.

Temperature evolution

We can now solve the equation for temperature evolution:



Temperature evolution (gap dependence)



Uncertainty in nucleon gap models lead to the theoretical errors in the cooling calculation.

Proton singlet gap





Challenge for standard cooling

On the other hand, there is an example of old cool neutron star.

▶ J2144-3933: $t_{sd} = 3.33 \times 10^8$ years, $T_s^{\infty} < 4.2 \times 10^4$ K

S. Guillot, et al., Astrophys. J. 874, 175 (2019).

Is there any theory that can explain these observations on the equal footing??

Loop hole in standard cooling

In the standard cooling, β equilibrium is assumed.

In a real pulsar



Local pressure changes. Chemical equilibrium condition changes.

At low temperatures, the rate of Urca process is highly suppressed.

Deviation from β equilibrium

A. Reisenegger, Astrophys. J. 442, 749 (1995).

Out of β equilibrium

Deviation from β equilibrium is quantified by

$$\eta_{\ell} \equiv \mu_n - \mu_p - \mu_{\ell} \quad (\ell = e, \mu)$$

At early times

Urca processes are rapid.

NS can follow the change in the equilibrium condition.



Rotochemical heating

R. Fernandez and A. Reisenegger, Astrophys. J. **625**, 291 (2005); C. Petrovich, A. Reisenegger, Astron. Astrophys. **521**, A77 (2010).

Once η_{ℓ} exceeds a threshold Δ_{th} determined by nucleon gaps,

$$\Delta_{\rm th} = \min\left\{3\Delta_n + \Delta_p, \Delta_n + 3\Delta_p\right\}$$

Urca processes are enhanced.

Generation of heat

Called the rotochemical heating.

It occurs in the same setup as the standard cooling.

No exotic physics needed.

This effect should have been included from the beginning...



Evolution of chemical imbalance

Since the deviation from equilibrium is driven by rotation, it strongly depends on the value of initial period.



Rotochemical heating occurs if the initial period P₀ is small enough.

K. Hamaguchi, N. Nagata, K. Yanagi, Phys. Lett. B795, 484 (2019).

Out of β equilibrium

The excess of energy is dissipated by

- Increase of neutrino emission
- Generation of heat

P. Haensel, Astron. Astrophys. **262**, 131 (1992); A. Reisenegger, Astrophys. J. **442**, 749 (1995).

Deviation from β equilibrium is quantified by

$$\eta_{\ell} \equiv \mu_n - \mu_p - \mu_{\ell} \quad (\ell = e, \mu)$$

Heating luminosity

$$L_H = \sum_{\ell=e,\mu} \sum_{N=n,p} \int dV \,\eta_\ell \cdot \Delta \Gamma_{M,N\ell}$$

where

 $\Delta\Gamma_{M,N\ell} \equiv \Gamma(n+N \to p+N+\ell+\bar{\nu}_{\ell}) - \Gamma(p+N+\ell \to n+N+\nu_{\ell})$

Evolution of chemical imbalance

The time evolution off η_{ℓ} is determined by

 $\frac{d\eta_e}{dt} = -\sum_{N=n,p} \int dV \left(Z_{npe} \Delta \Gamma_{M,Ne} + Z_{np} \Delta \Gamma_{M,N\mu} \right) + 2W_{npe} \Omega \dot{\Omega}$ Bring the system back to equilibrium.

W < 0, Z > 0: coefficients which depend on NS structure.

R. Fernandez and A. Reisenegger, Astrophys. J. 625, 291 (2005).

Once the second term wins, the imbalance increases.

Magnetic dipole radiation

(P₀: initial period)

Gap dependence



K. Hamaguchi, N. Nagata, K. Yanagi, Phys. Lett. **B795**, 484 (2019).

Gap dependence



Courtesy of K. Yanagi.

Spin-down age

For magnetic dipole radiation,

$$\dot{\Omega} = -k\Omega^3 \qquad \qquad k = \frac{2B_s^2 \sin^2 \alpha R^6}{3c^3 I} = -\frac{\dot{\Omega}_{\text{now}}}{\Omega_{\text{now}}^3} = \frac{P_{\text{now}}\dot{P}_{\text{now}}}{4\pi^2}$$

By solving this, we have

$$P(t) = \sqrt{P_0^2 + 2P_{\rm now}\dot{P}_{\rm now}t}$$

(P₀: initial period)

In particular, for $P_0 \ll P_{\text{now}}$, we can estimate the neutron star age

$$t_{\rm sd} = \frac{P_{\rm now}}{2\dot{P}_{\rm now}}$$

t_{sd} is called spin-down age or characteristic age.

Pulsar age

Let us compare the spin-down age with the actual age in the case of the Crab pulsar.

Actual age

It was born in 1054, so its age is 967 years old. Spin-down age

$$P = 0.033392 \text{ s}, \dot{P} = 4.21 \times 10^{-13}$$

$$t_{\rm sd} = \frac{P}{2\dot{P}} = 1.26 \times 10^3 \text{ yrs}$$

Agrees within $\sim 30\%$.

