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## Probing Physics Beyond the Standard Model: Limits from BBN and the CMB Independently and Combined

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We present new Big Bang Nucleosynthesis (BBN) limits on the cosmic expansion rate or relativistic energy density, quantified via the number  $N_\nu$  of equivalent neutrino species. We use the latest light element observations, neutron mean lifetime, and update our evaluation for the nuclear rates  $d + d \rightarrow {}^3\text{He} + n$  and  $d + d \rightarrow {}^3\text{H} + p$ . Combining this result with the independent constraints from the cosmic microwave background (CMB) yields tight limits on new physics that perturbs  $N_\nu$  and the baryon-to-photon ratio  $\eta$  prior to cosmic nucleosynthesis: a joint BBN+CMB analysis gives  $N_\nu = 2.898 \pm 0.141$ , resulting in  $N_\nu < 3.180$  at  $2\sigma$ . The strength of the independent BBN and CMB constraints now opens a new window: we can search for limits on potential changes in  $N_\nu$  and/or  $\eta$  between the two epochs. The present data place strong constraints on the allowed changes in  $N_\nu$  between BBN and CMB decoupling; for example, we find  $-0.708 < N_\nu^{\text{CMB}} - N_\nu^{\text{BBN}} < 0.328$  in the case where  $\eta$  and the primordial helium mass fraction  $Y_p$  are unchanged between the two epochs; we also give limits on the allowed variations in  $\eta$  or in  $(\eta, N_\nu)$  jointly. We discuss scenarios in which such changes could occur. Looking to the future, we forecast the tightened precision for  $N_\nu$  arising from both CMB Stage 4 measurements as well as improvements in astronomical  ${}^4\text{He}$  measurements. We find that CMB-S4 combined with present BBN and light element observation precision can give  $\sigma(N_\nu) \simeq 0.03$ . Such future precision would reveal the expected effect of neutrino heating ( $N_{\text{eff}} - 3 = 0.044$ ) of the CMB during BBN, and would be near the level to reveal any particle species ever in thermal equilibrium with the standard model. Improved  $Y_p$  measurements can push this precision even further.

### Keyword-1

Big Bang Nucleosynthesis

### Keyword-2

Cosmology

### Keyword-3

Astroparticle Physics

**Primary author:** Dr YEH, Tsung-Han (TRIUMF)

**Co-authors:** Prof. SHELTON, Jessie (University of Illinois); Prof. OLIVE, Keith (University of Minnesota); Prof. FIELDS, Brian (University of Illinois)

**Presenter:** Dr YEH, Tsung-Han (TRIUMF)

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