Installation for the FPGA programming with LabVIEW hands-on using VirtualBox.
From https://www.virtualbox.org/wiki/Downloads
Download and install VirtualBox 7.0.2, choose your operating system
And also download and install VirtualBox 7.0.2 Oracle VM VirtualBox Extension Pack
•   All supported platforms

On Windows 10: I've tested, works fine
On Mac Catalina: I've tested, works fine
On Mac Monterey: I've not tested, works fine.
In System Preferences -> Security & Privacy you need to "Allow apps downloaded from:" Oracle
to be installed.
On Linux: I've not tested, but it should work.

There should be an Oracle-VM VirtualBox icon on your desktop. Start it.
From the Tools menu, choose Import, Local file system, navigate to the USB drive and select
Windows10-LV19 xxxxxx.ova
then: next (no change of parameters) and import

After starting up the VM, you can enter with the PIN: (I will send it by email)
If you get a message: Microsoft account problem, just close it.

Now you are ready for the hands-on in IdeaSquare.