

# Magnetic Resonance Imaging

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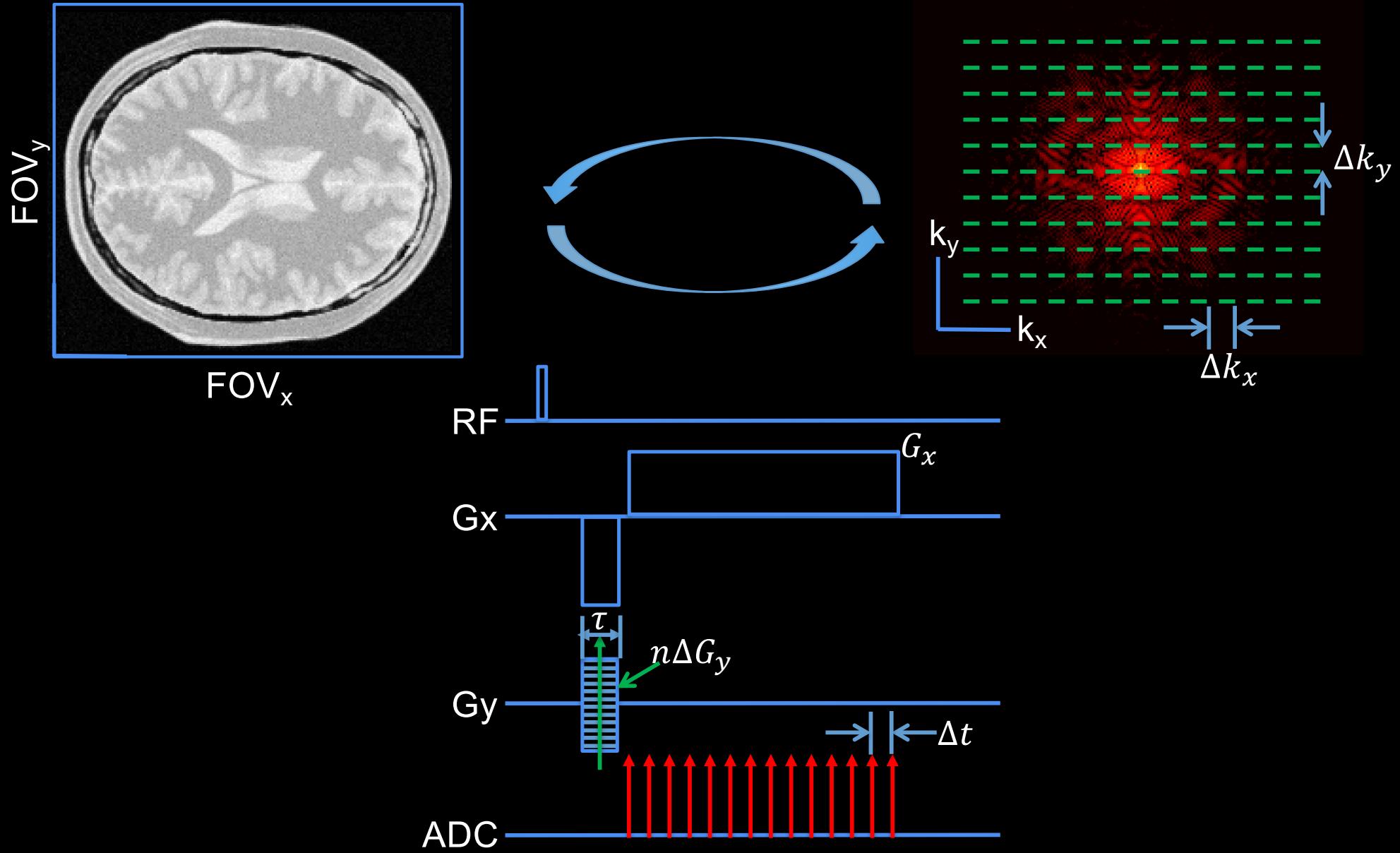
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Gordon Center for Medical Imaging  
Massachusetts General Hospital  
Harvard Medical School



# Outline



# Outline

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- Introduction
- MR physics
  - Spin
  - Bloch equation
  - Signal excitation and reception
  - Relaxation
- MR imaging
  - Projection-based MR imaging
  - Fourier transform-based MR imaging
  - k-space sampling
- Summary

# Magnetic Resonance Imaging

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## Introduction



# History

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**1944: Rabi**

Physics (Measured magnetic moment of nucleus)



**1952: Felix Bloch and Edward Mills Purcell**

Physics (Basic science of NMR phenomena)



**1991: Richard Ernst**

Chemistry (High-resolution Pulsed FT-NMR)



**2002: Kurt Wüthrich**

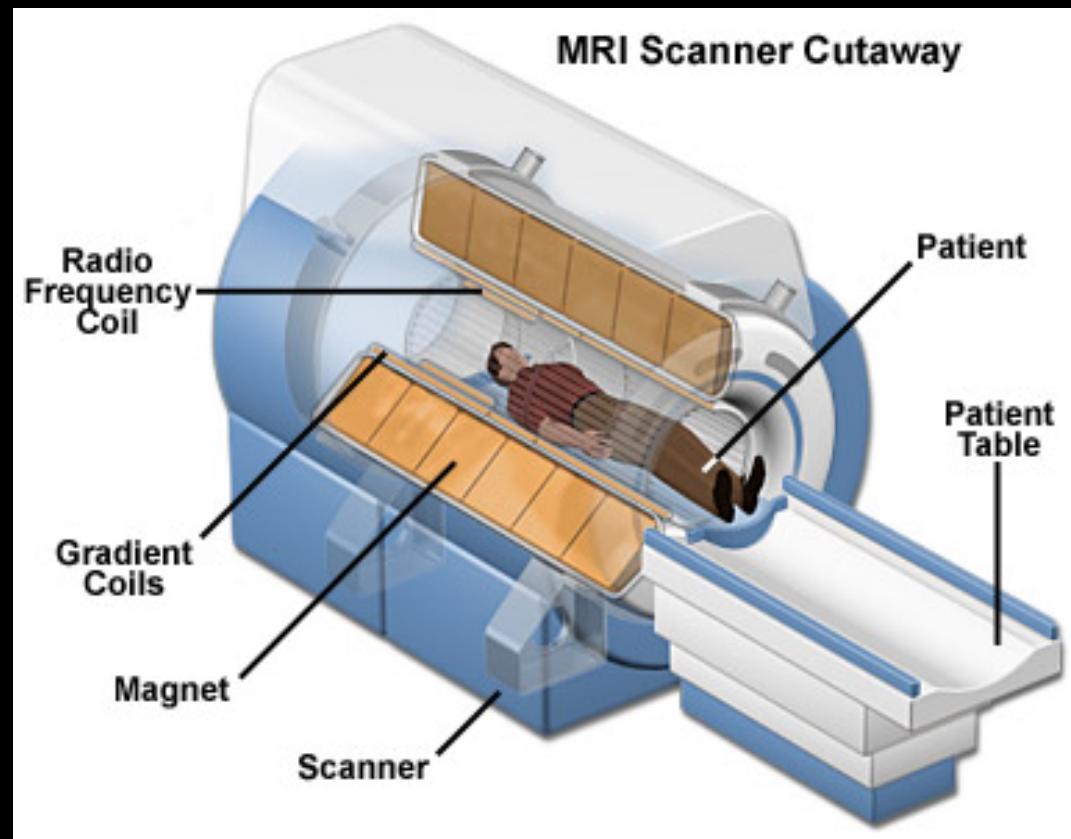
Chemistry (3D molecular structure in solution by NMR)



**2003: Paul Lauterbur & Peter Mansfield**

Physiology or Medicine (MRI technology)

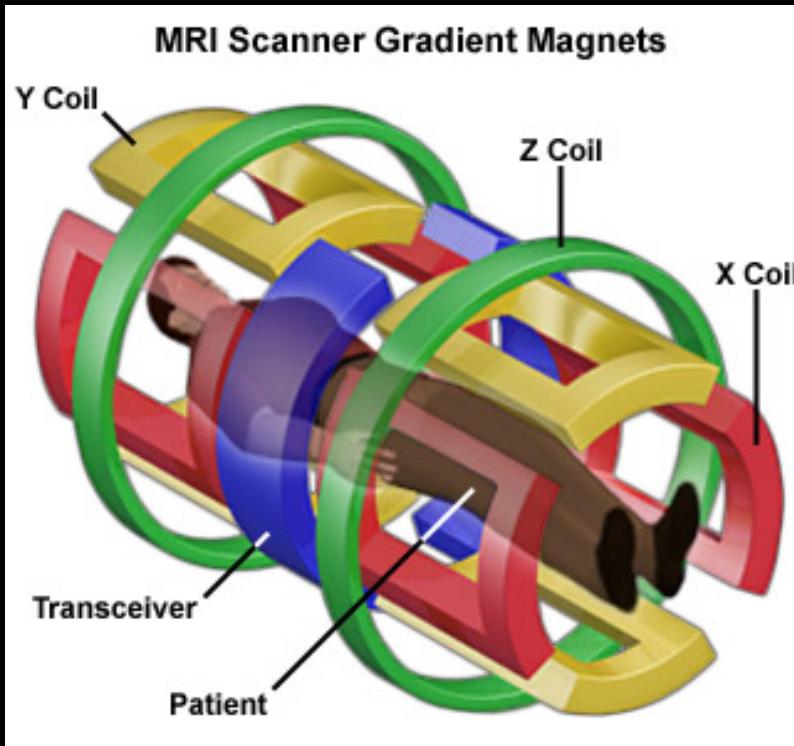
# MRI scanner



## Superconducting magnet

- Strong, static, and homogeneous magnetic field (1.5 ~ 10 T)
- A 3 T magnetic field is 60,000 times stronger than the Earth's magnetic field.
- < 1 ppm in a 25-cm diameter sphere
- Polarizer

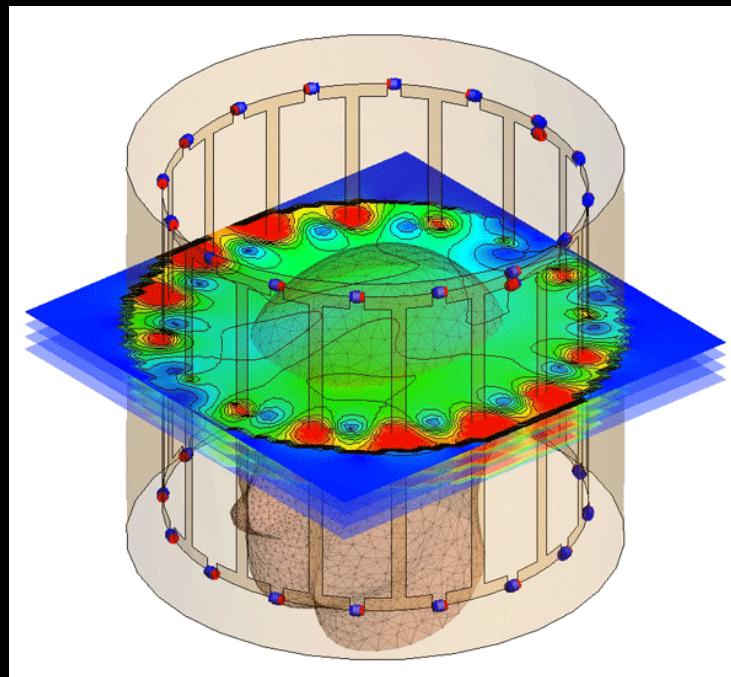
# MRI scanner



## Gradient coils

- An inhomogeneous magnetic field whose z-component varies linearly along a specific direction called the gradient direction.
- Typical specification: 40 mT/m, 200 T/m/s slew rate
- $B_0 \approx 3 \text{ T}$ ,  $G_x \approx 10 \text{ mT/m}$  or  $\max(xG_x) \approx \frac{1}{1000}B_0$
- Spatial encoding

# MRI scanner



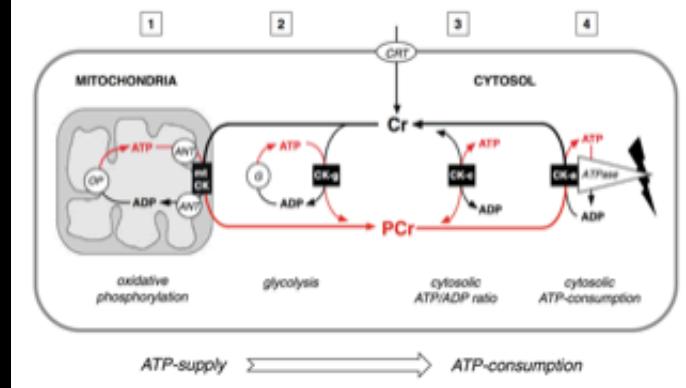
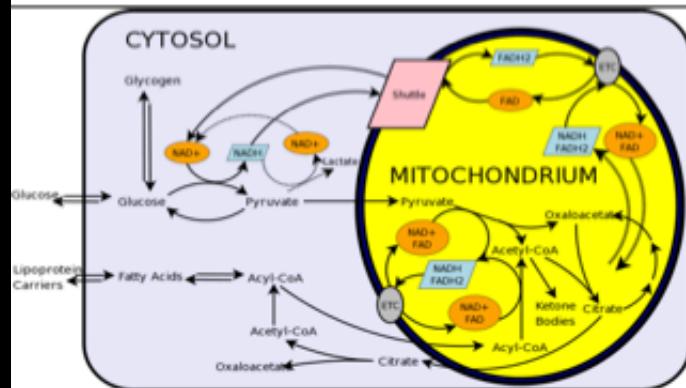
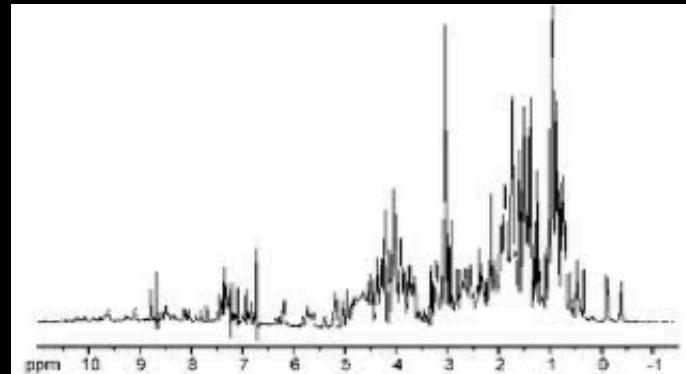
## Radiofrequency (RF) coils

- Time-varying magnetic field at NMR resonance frequency (e.g., 60 ~300 MHz)
- Typical strength 0.1 Gauss
- **Signal excitation and reception**

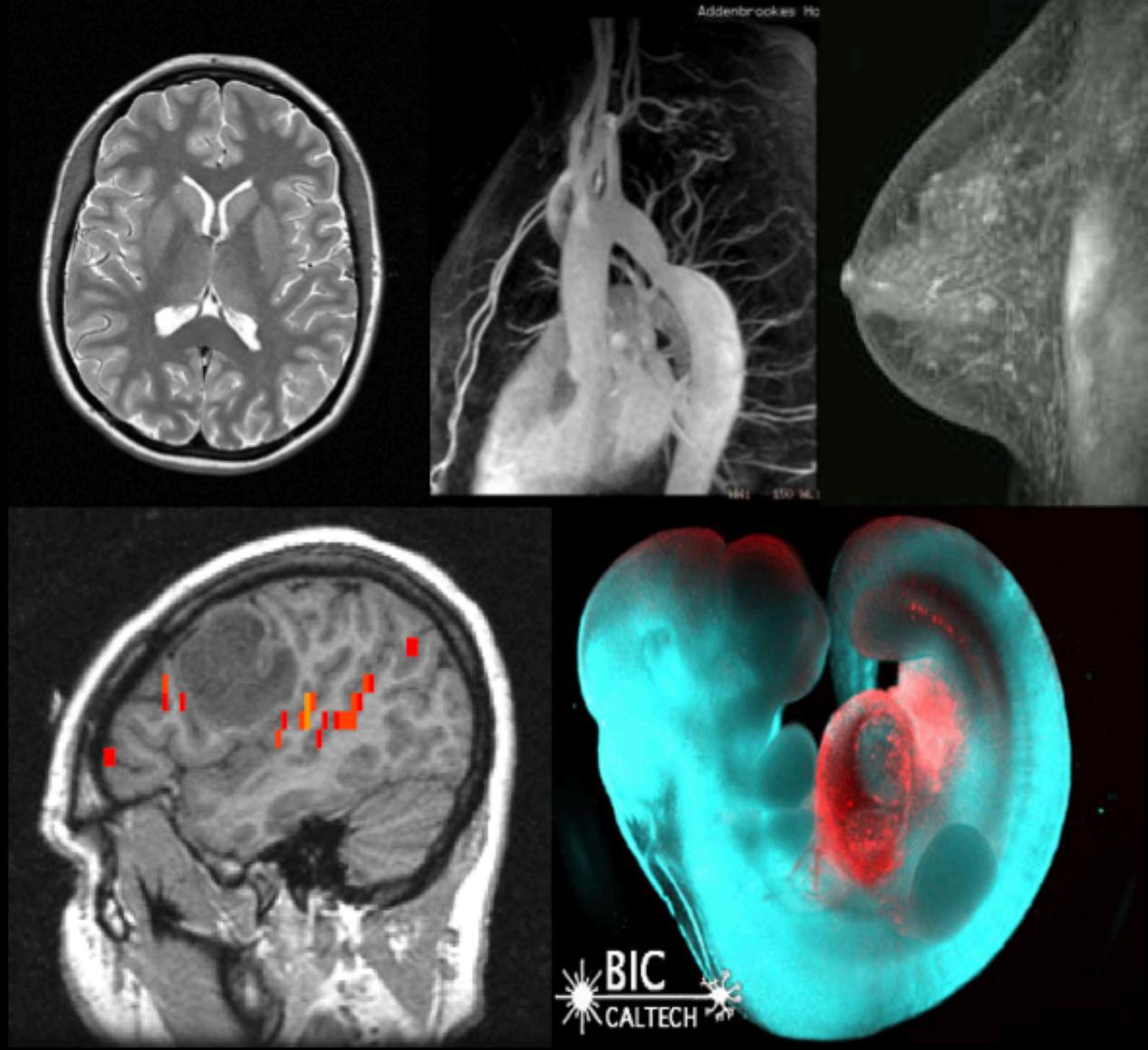
Courtesy of P. Futter, computed with FEKO

# Magic of Spins

## Spectroscopy



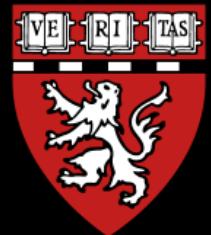
## Imaging



# Magnetic Resonance Imaging

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## MR Physics



# Spin

- Spin is an *intrinsic property* of particles just like mass, charge, etc.
- Nuclear magnetic moment
  - $\vec{\mu} = \gamma \vec{J}$ , where  $\vec{J}$  is the spin angular momentum
  - $\vec{\mu} = \gamma \hbar \sqrt{I(I + 1)}$ , where  $I$  is the nuclear spin quantum number.
    - $I = 0, \frac{1}{2}, 1, \frac{3}{2}, 2, \frac{5}{2}, \dots$
    - Nuclei with an odd mass number have half-integral spin.
    - Nuclei with an even mass number and an even charge number have zero spin.
    - Nuclei with an even mass number but an odd charge number have integral spin.



# Nuclei used in MRI

Nucleus	$\gamma / 2\pi$ (MHz/T)
$^1\text{H}$	42.576
$^2\text{H}$	6.53566
$^3\text{He}$	-32.434
$^7\text{Li}$	16.546
$^{13}\text{C}$	10.705
$^{14}\text{N}$	3.0766
$^{15}\text{N}$	-4.3156
$^{17}\text{O}$	-5.7716
$^{23}\text{Na}$	11.262
$^{31}\text{P}$	17.235
$^{129}\text{Xe}$	-11.777

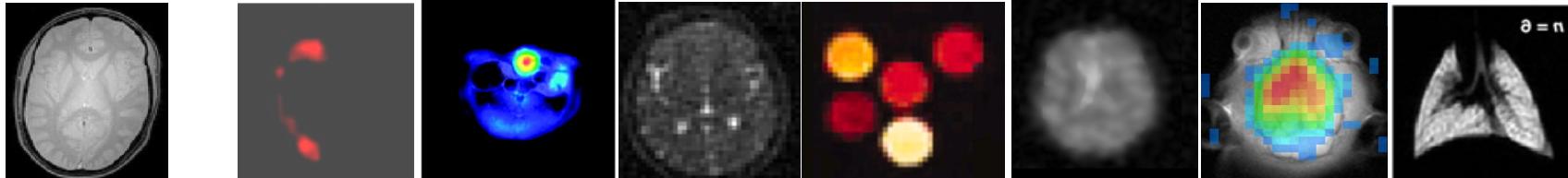
1 H	
3 Li	4 Be
11 Na	12 Mg
19 K	20 Ca
37 Rb	38 Sr
55 Cs	56 Ba
87 Fr	88 Ra

*	57 La	58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb
**	89 Ac	90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No

					2 He
5 B	6 C	7 N	8 O	9 F	10 Ne
13 Al	14 Si	15 P	16 S	17 Cl	18 Ar
31 Ga	32 Ge	33 As	34 Se	35 Br	36 Kr
49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe
81 Tl	82 Pb	83 Bi	84 Po	85 At	86 Rn
113 Uut	114 Uuq	115 Uup	116 Uuh	117 Uus	118 Uuo

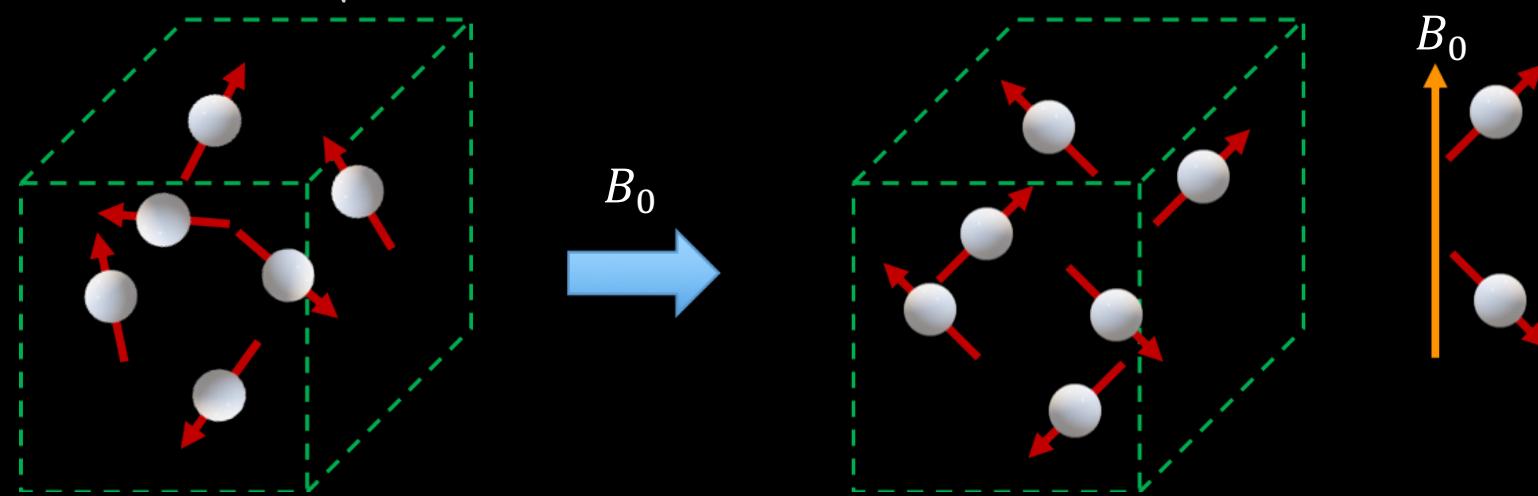


**$^1\text{H}$**        **$^{31}\text{P}$**        **$^{13}\text{C}$**        **$^{23}\text{Na}$**        **$^{15}\text{N}$**        **$^{17}\text{O}$**        **$^{129}\text{Xe}$**        **$^3\text{He}$**



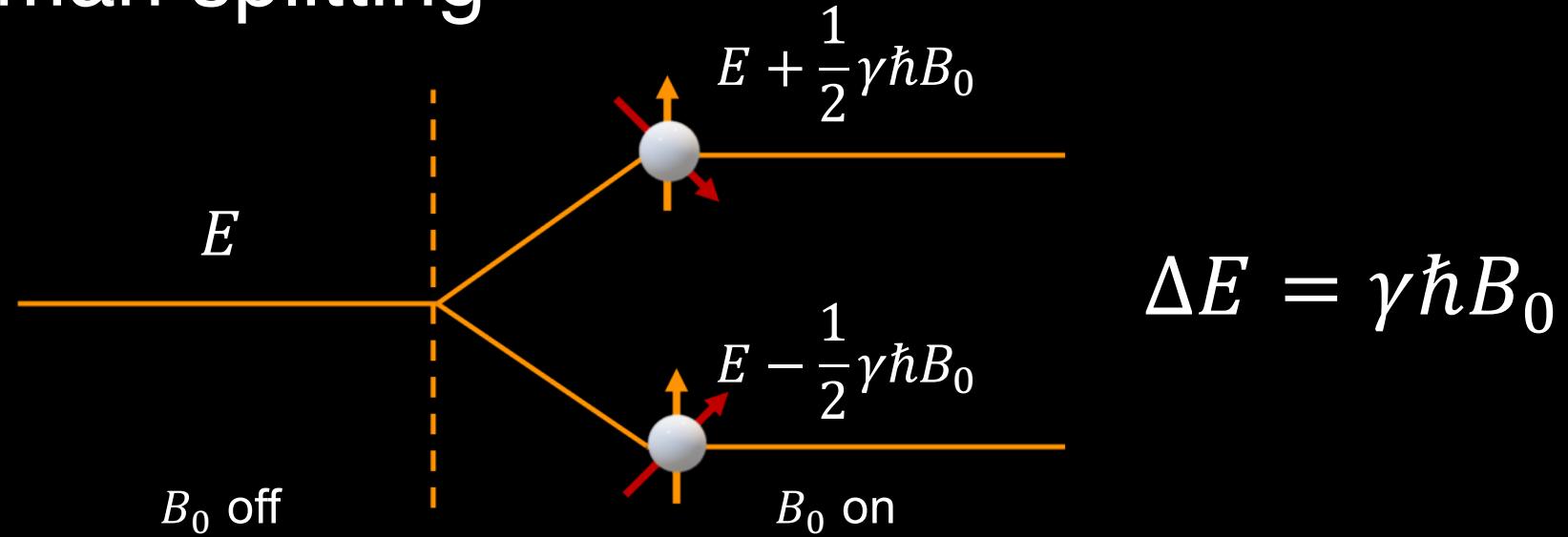
# Magnetized nuclear spin system

- In the presence of an external magnetic field
  - $\mu_z = \gamma m_I \hbar$
  - $m_I = -I, -I + 1, \dots, I$ , is the magnetic quantum number
  - For spin-1/2 systems
    - $\mu_z = \pm \frac{\gamma \hbar}{2}$
    - $\mu_{xy} = \frac{\gamma \hbar}{\sqrt{2}} e^{i\phi}$ , where  $\phi$  is randomly distributed.

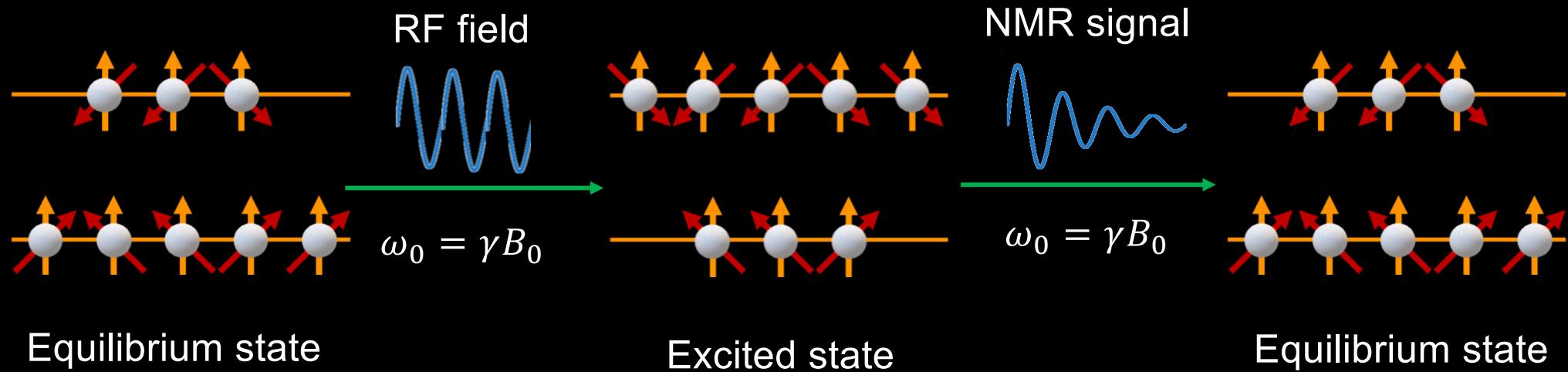


# Magnetized nuclear spin system

- Zeeman splitting



- Nuclear magnetic resonance



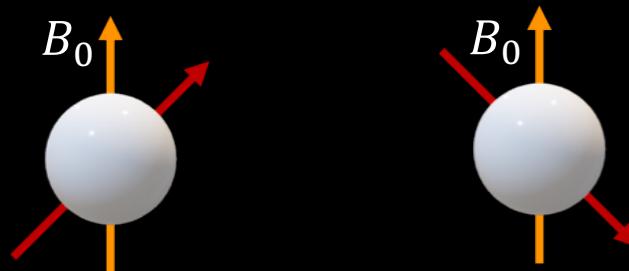
# Bulk magnetization

- To describe the ensemble behavior of a spin system

$$\vec{M} = \sum_{n=1}^{N_s} \vec{\mu}_n$$

- Spin-1/2 system

$$\vec{M} = \left( \sum_{n=1}^{N_\uparrow} \frac{1}{2} \gamma \hbar \hat{z} - \sum_{n=1}^{N_\downarrow} \frac{1}{2} \gamma \hbar \hat{z} \right) = (N_\uparrow - N_\downarrow) \frac{1}{2} \gamma \hbar \hat{z}$$



# Bulk magnetization

- Bulk magnetization (spin-1/2)

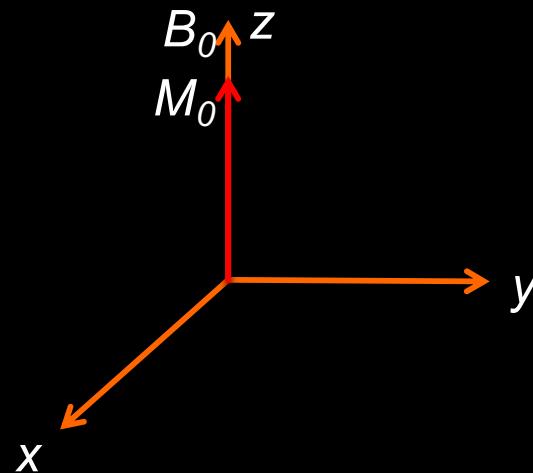
$$-\frac{N_{\uparrow} - N_{\downarrow}}{N_s} \approx \frac{\gamma \hbar B_0}{2K T_S}, \quad N_s: \text{total number of spins}$$

– At 1 Tesla,  $\frac{N_{\uparrow} - N_{\downarrow}}{N_s} \approx 3 \times 10^{-6}$  (three in a million!)

–  $\vec{M}$  is parallel to the external magnetic field at equilibrium

–  $M_0$  is proportional to  $B_0$

$$\begin{aligned}\vec{M} &= \frac{\gamma^2 \hbar^2 B_0 N_s}{4K T_S} \hat{z} \\ &= M_0 \hat{z}\end{aligned}$$

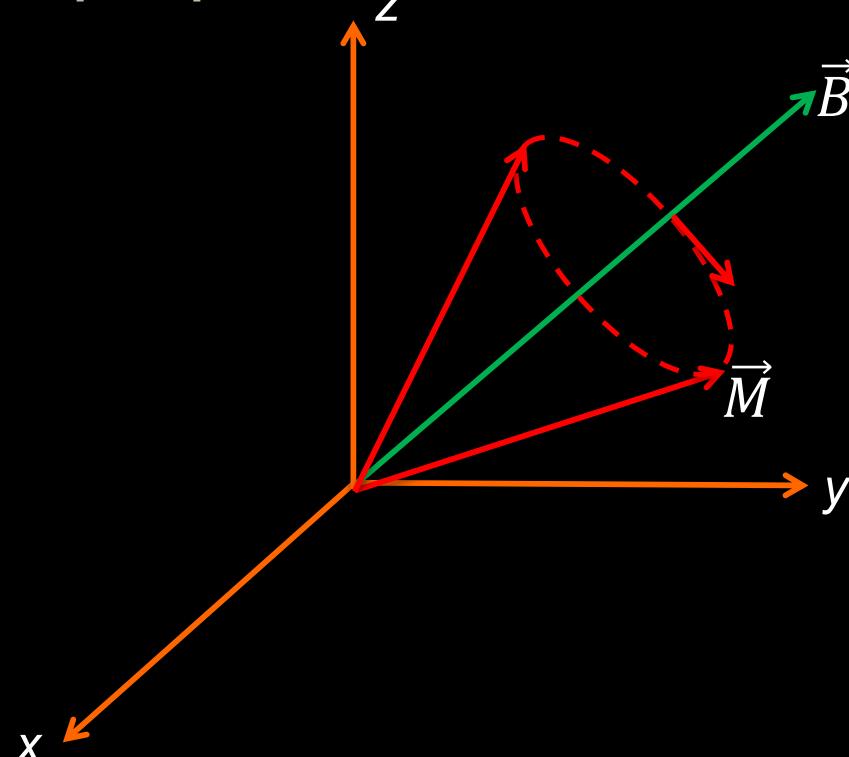


# Bloch equation

- The governing equation of the dynamics of bulk magnetization
  - Ignoring relaxation,  $\vec{M}$  rotates clockwise about the external magnetic field  $\vec{B}$
  - Larmor frequency  $\omega$  is proportional to field strength

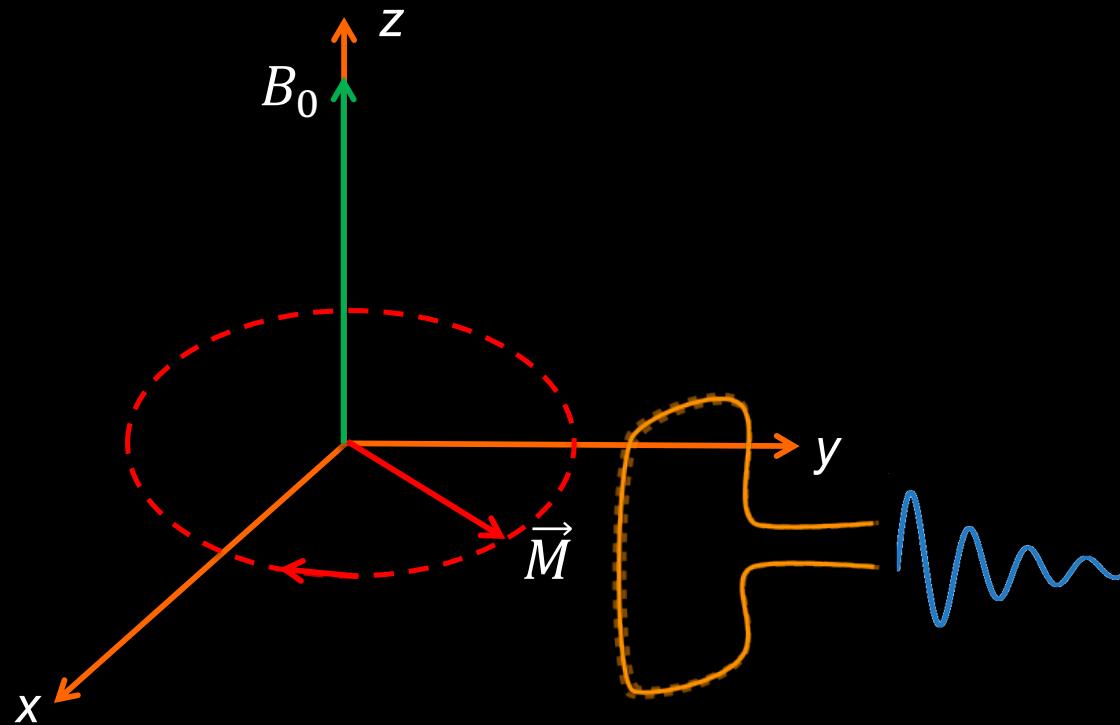
$$\frac{d\vec{M}}{dt} = \vec{M} \times \gamma \vec{B}$$

$$\omega = \gamma |\vec{B}|$$



# Example 1: Effects of main field $\vec{B}_0$

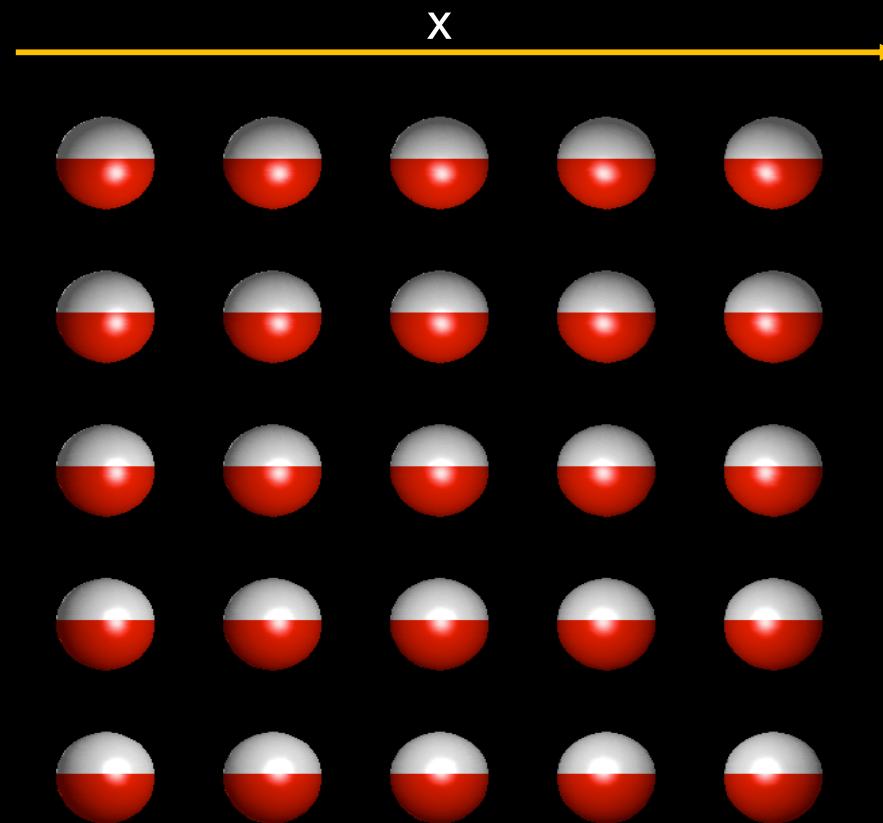
- Precession frequency is  $\omega_0 = \gamma B_0$ 
  - $\gamma$  is called the gyromagnetic ratio
  - $\gamma/2\pi = 42.58 \text{ MHz/T}$  for  $^1\text{H}$
  - At  $B_0 = 1.5 \text{ T}$ ,  $f_0 = \omega_0/2\pi \approx 64 \text{ MHz}$  (TV channel 3 in US or channel 2 in Australia)



# Example 2: Effects of Gradient field $\vec{G}$

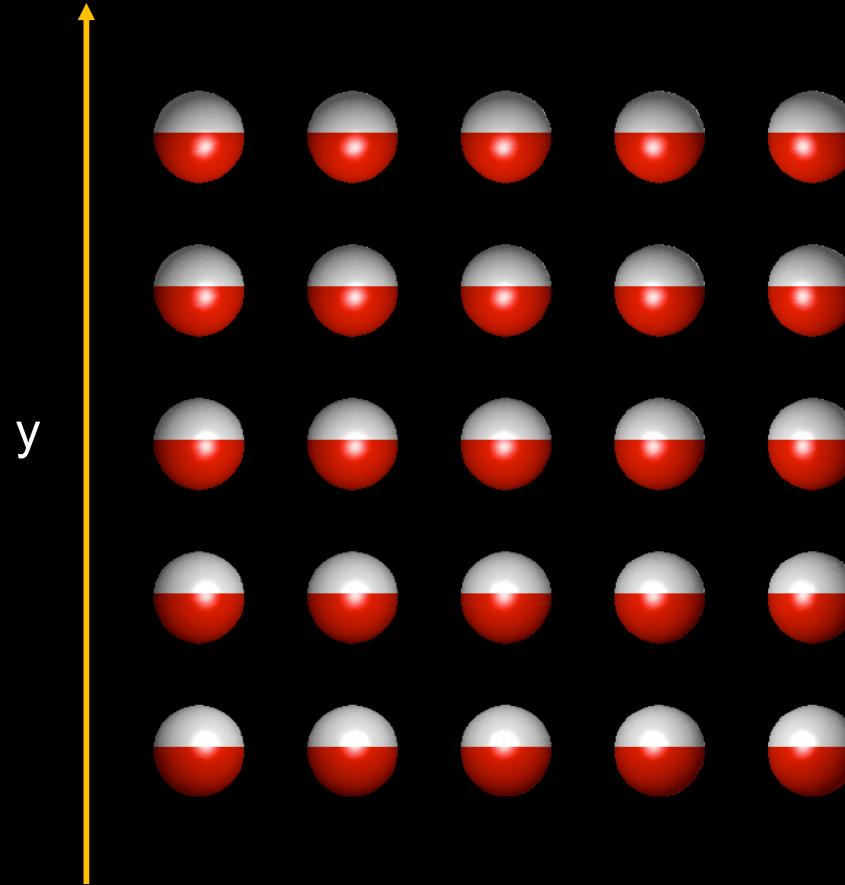
- Gradient field: An *inhomogeneous* magnetic field whose *z-component* varies linearly along a specific direction called the gradient direction.

- x-gradient:  $\vec{B} = (B_0 + xG_x)\hat{z}$  or  $\omega = (\omega_0 + \gamma xG_x)\hat{z}$



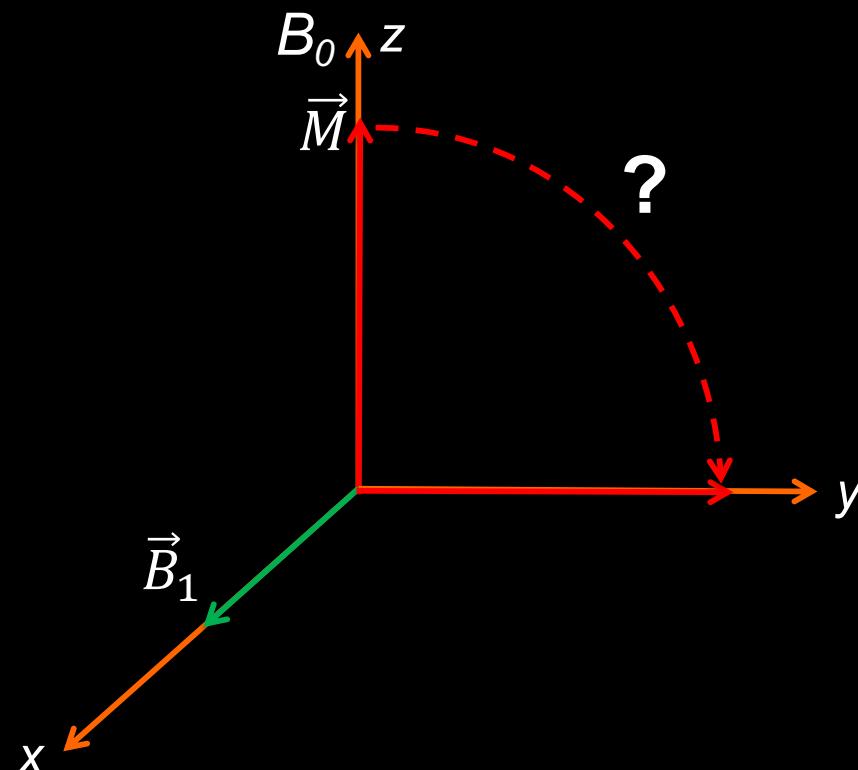
# Example 2: Effects of Gradient field $\vec{G}$

- Gradient field: An *inhomogeneous* magnetic field whose *z-component* varies linearly along a specific direction called the gradient direction.
  - y-gradient:  $\vec{B} = (B_0 + yG_y)\hat{z}$  or  $\omega = (\omega_0 + \gamma y G_y)\hat{z}$



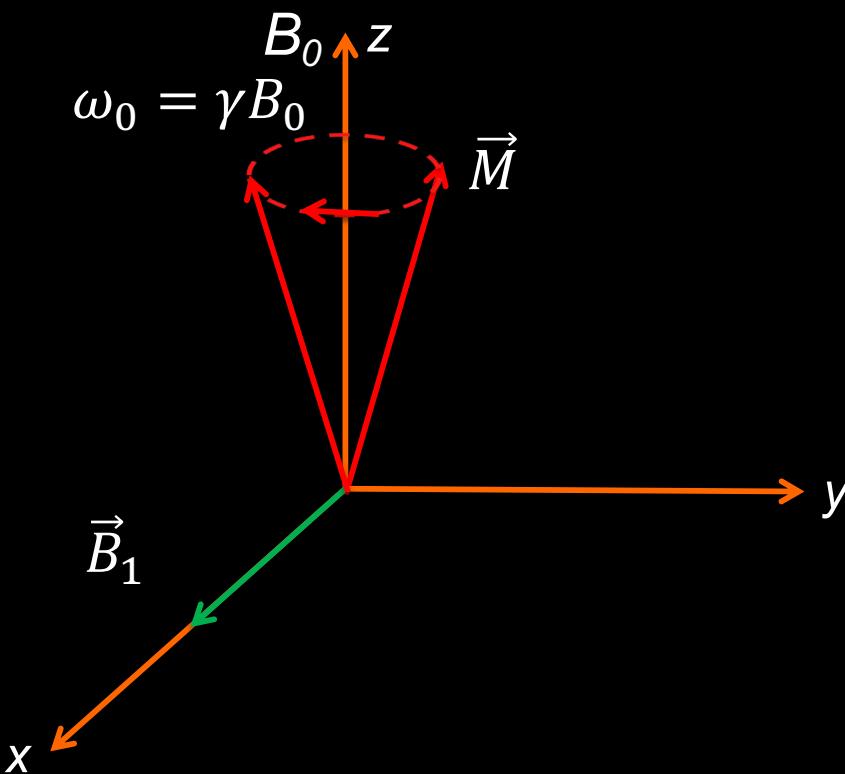
# Non-selective signal excitation

- Excitation: Rotate  $\vec{M}$  from the equilibrium state to the transversal plane.



# Non-selective signal excitation

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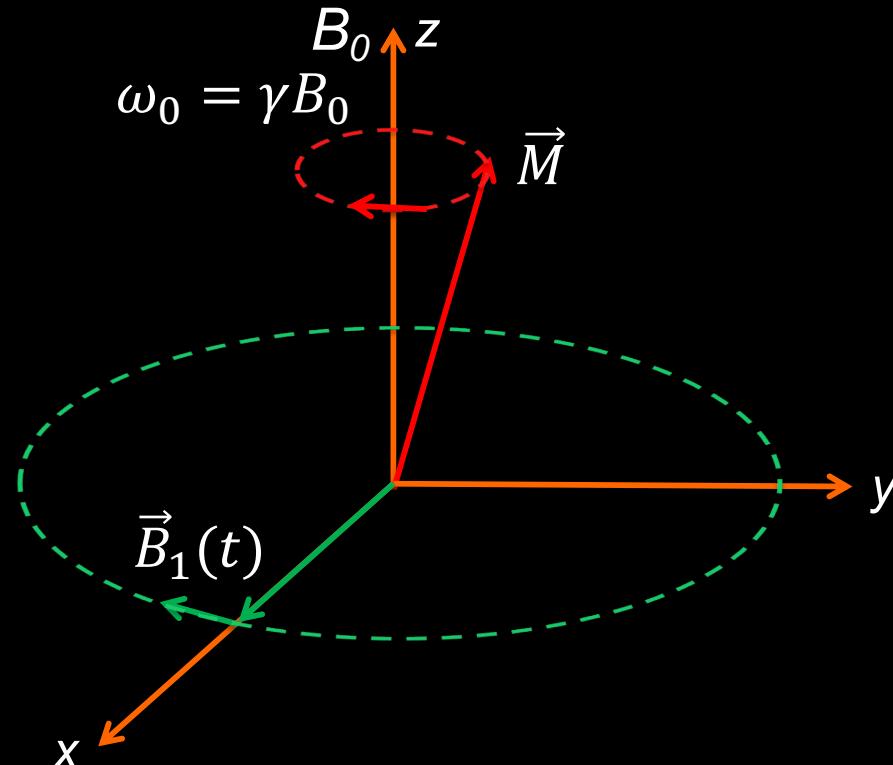
# Non-selective signal excitation

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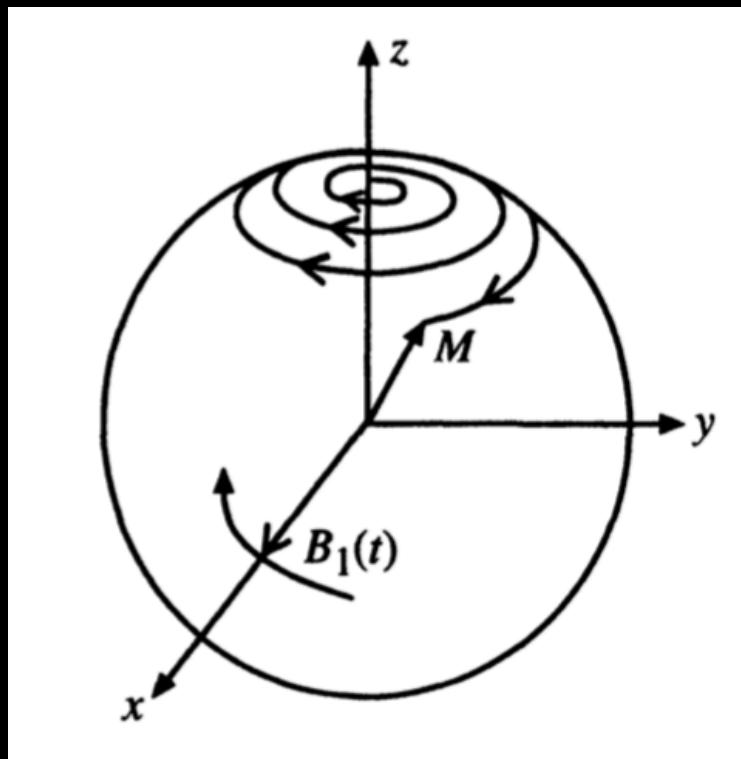
# Non-selective signal excitation

- Excitation: Rotate  $\vec{M}$  from the equilibrium state to the transversal plane.
  - Circular polarized radiofrequency (RF) field
$$\vec{B}_1(t) = B_1(t)(\hat{x}\cos \omega_0 t - \hat{y} \sin \omega_0 t)$$
  - $B_1 \approx 0.1$  Gauss,  $B_1(t)$  lasts several milliseconds



# Non-selective signal excitation

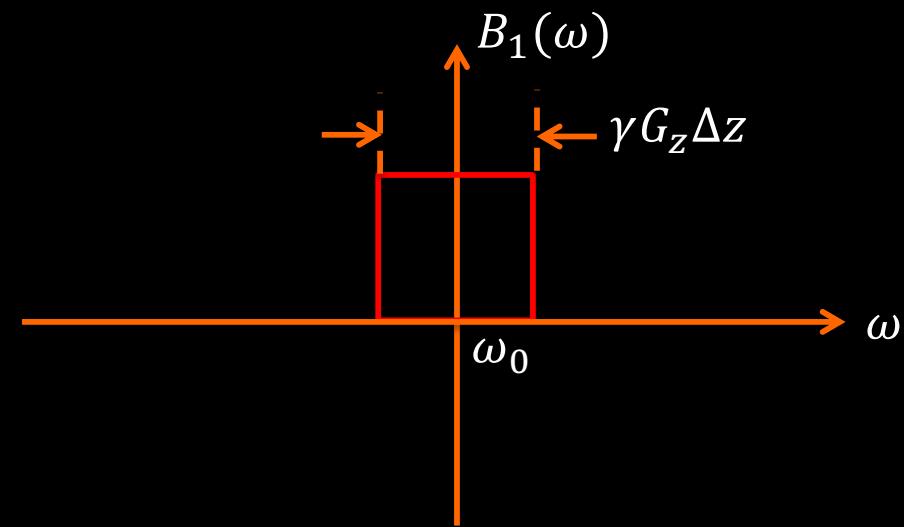
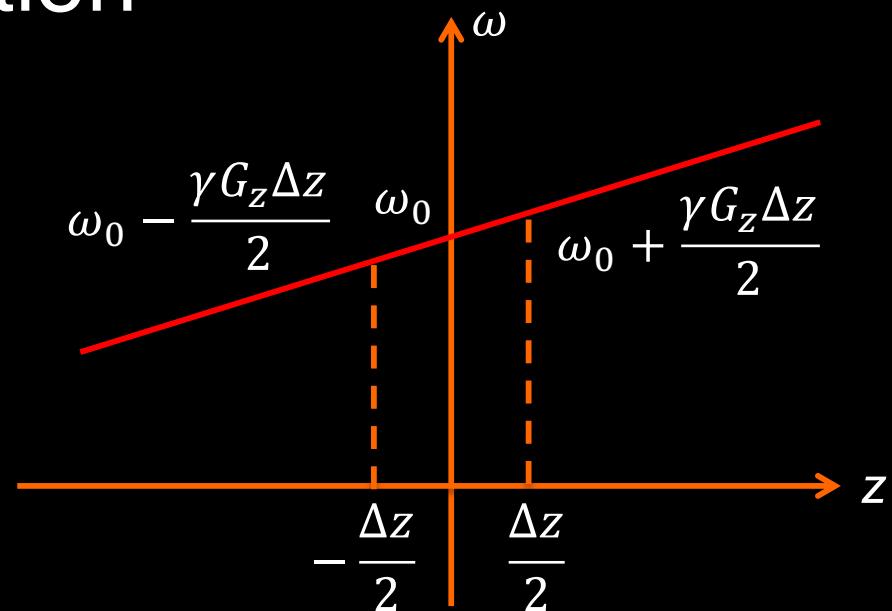
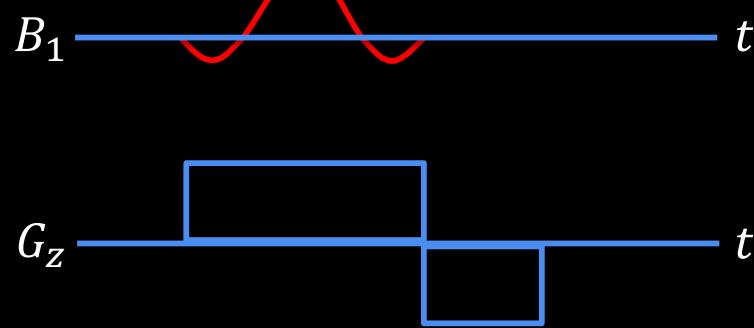
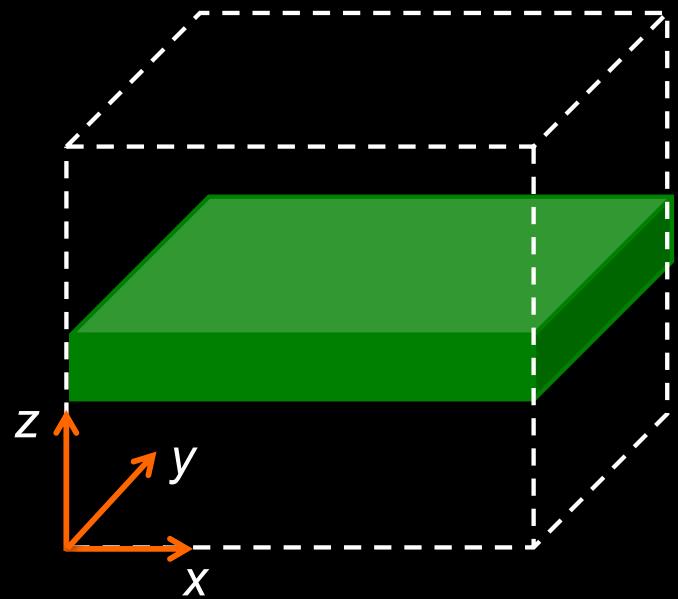
- Excitation: Rotate  $\vec{M}$  from the equilibrium state to the transversal plane.
  - Circular polarized radiofrequency (RF) field
$$\vec{B}_1(t) = B_1(t)(\hat{x}\cos \omega_0 t - \hat{y} \sin \omega_0 t)$$
  - $B_1(t)$  typically lasts several milliseconds



Courtesy of Z.-P. Liang

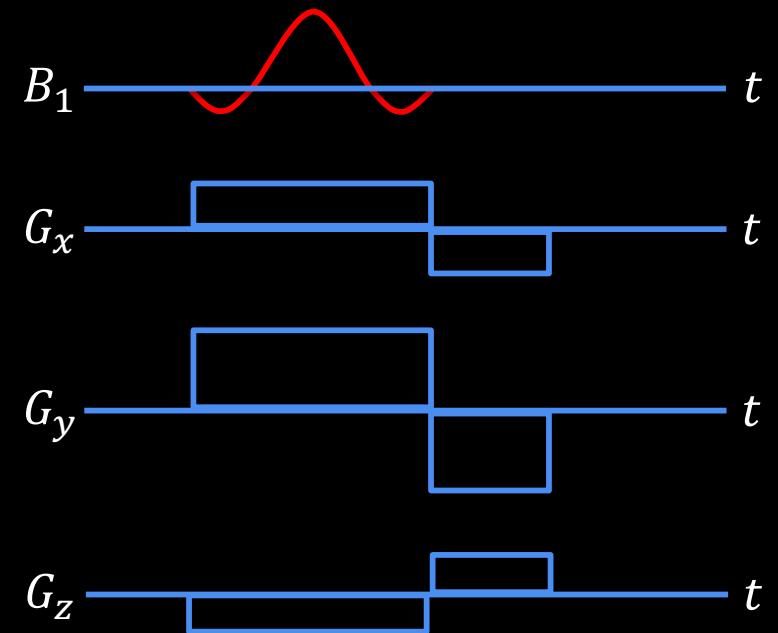
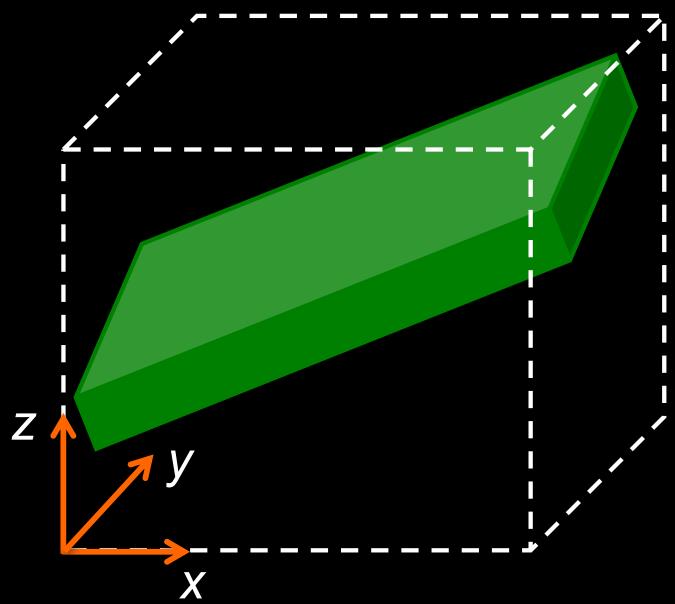
# Selective signal excitation

- Slice-selective excitation



# Selective signal excitation

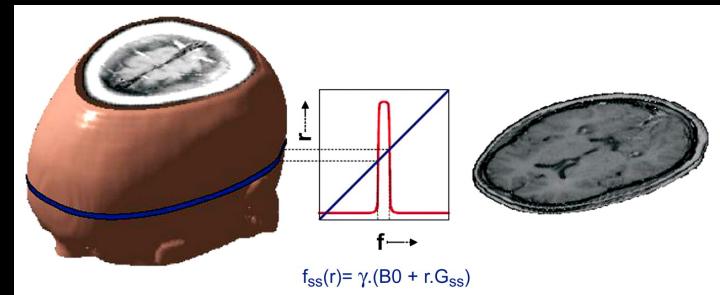
- Slice-selective excitation
  - 2D/3D imaging in an oblique plane/volume



# Selective signal excitation

## One-dimensional RF pulse

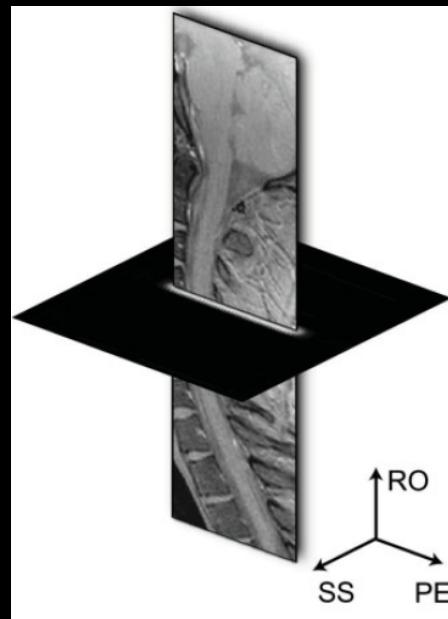
- Slice selection (Garroway 1974; Lauterbur, 1975; Mansfield, 1976; Hoult, 1977)



## Multidimensional RF pulse: more flexible excitation pattern

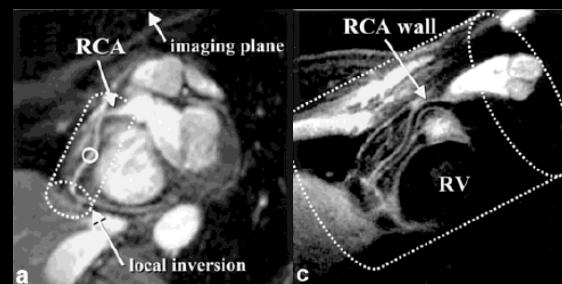
### Reduced FOV imaging

Saritas et al., 2008.



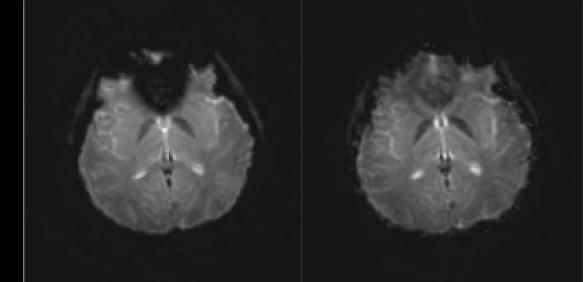
### Local excitation

Botnar et al., 2001.



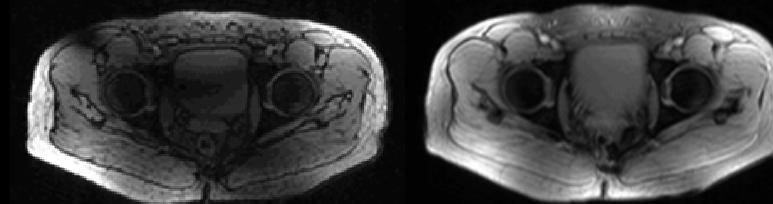
### Signal recovery

Yip et al., 2006.

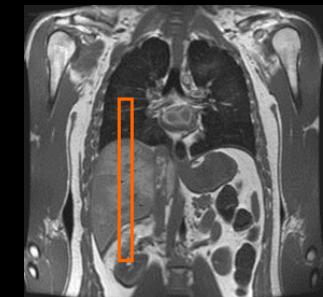


### $B_1$ inhomogeneity correction

Kerr et al., 2008.



### Motion tracking



# Signal reception

- According to the principle of reciprocity:

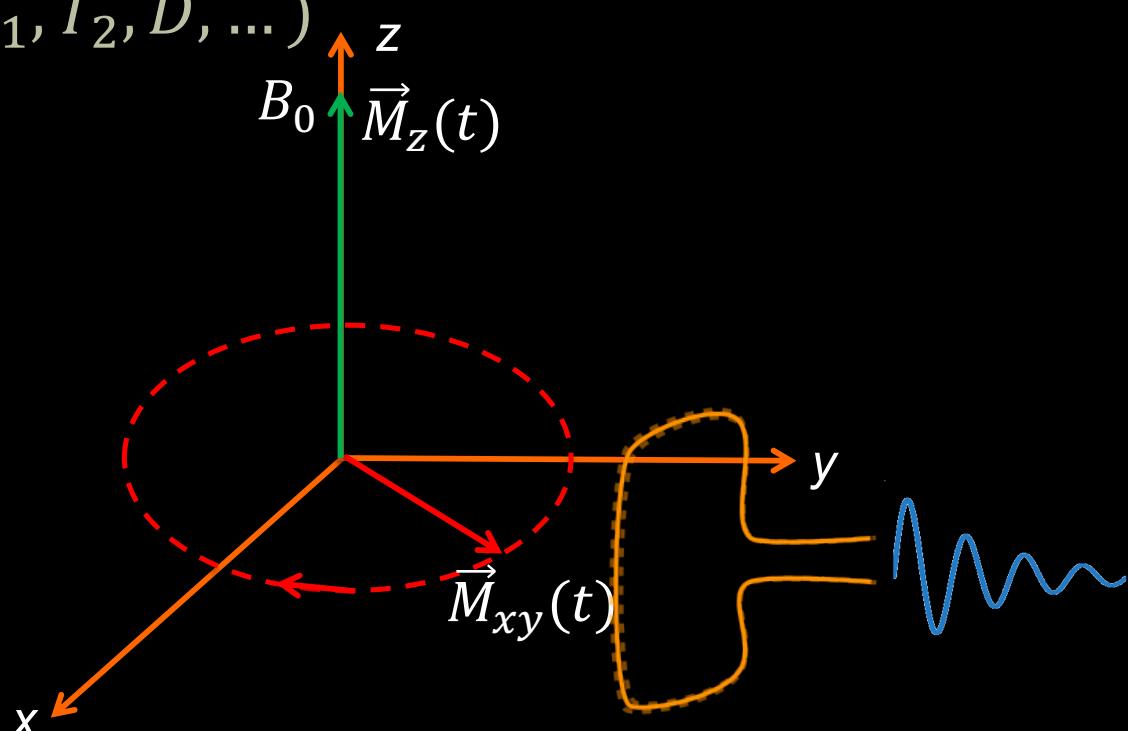
$$V(t) = \omega_0 \int_{\text{Object}} |\vec{M}_{xy}(\vec{r})| \cdot \vec{B}_1^-(\vec{r}) \cos(-\omega_0 t + \phi(\vec{r}, t)) d\vec{r}$$

–  $\vec{B}_1^-(\vec{r})$ :  $B_1$  field generated by a hypothetical unit current flowing in a receive coil.

–  $|\vec{M}_{xy}(\vec{r})| = M_0 \sin \theta f(T_1, T_2, D, \dots)$

–  $\phi(\vec{r}, t)$

- Gradient
- $B_0$  inhomogeneity
- Susceptibility
- Chemical shift
- Velocity
- ...

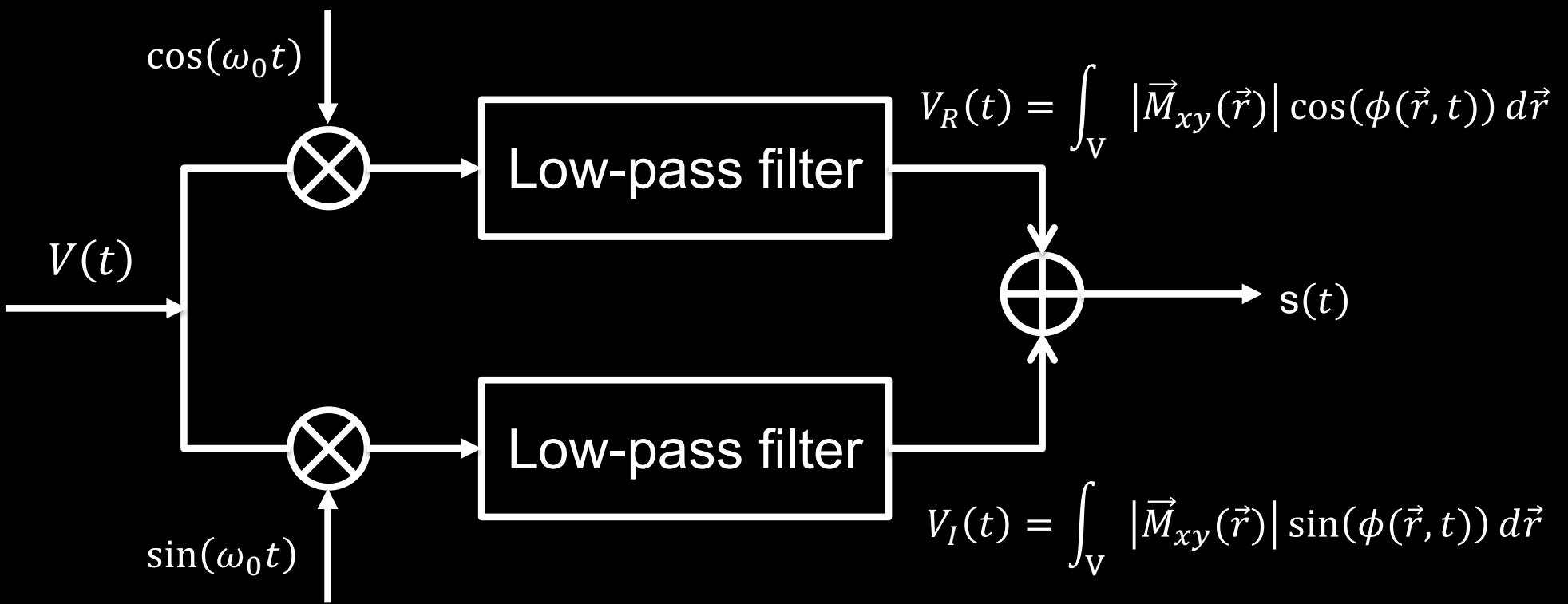


# Signal reception

- Phase-sensitive detection

$$V(t) = \int_V |\vec{M}_{xy}(\vec{r})| \cos(-\omega_0 t + \phi(\vec{r}, t)) d\vec{r}$$

$$s(t) = V_R(t) + iV_I(t) = \int_V |\vec{M}_{xy}(\vec{r})| e^{i\phi(\vec{r}, t)t} d\vec{r}$$



# Relaxation

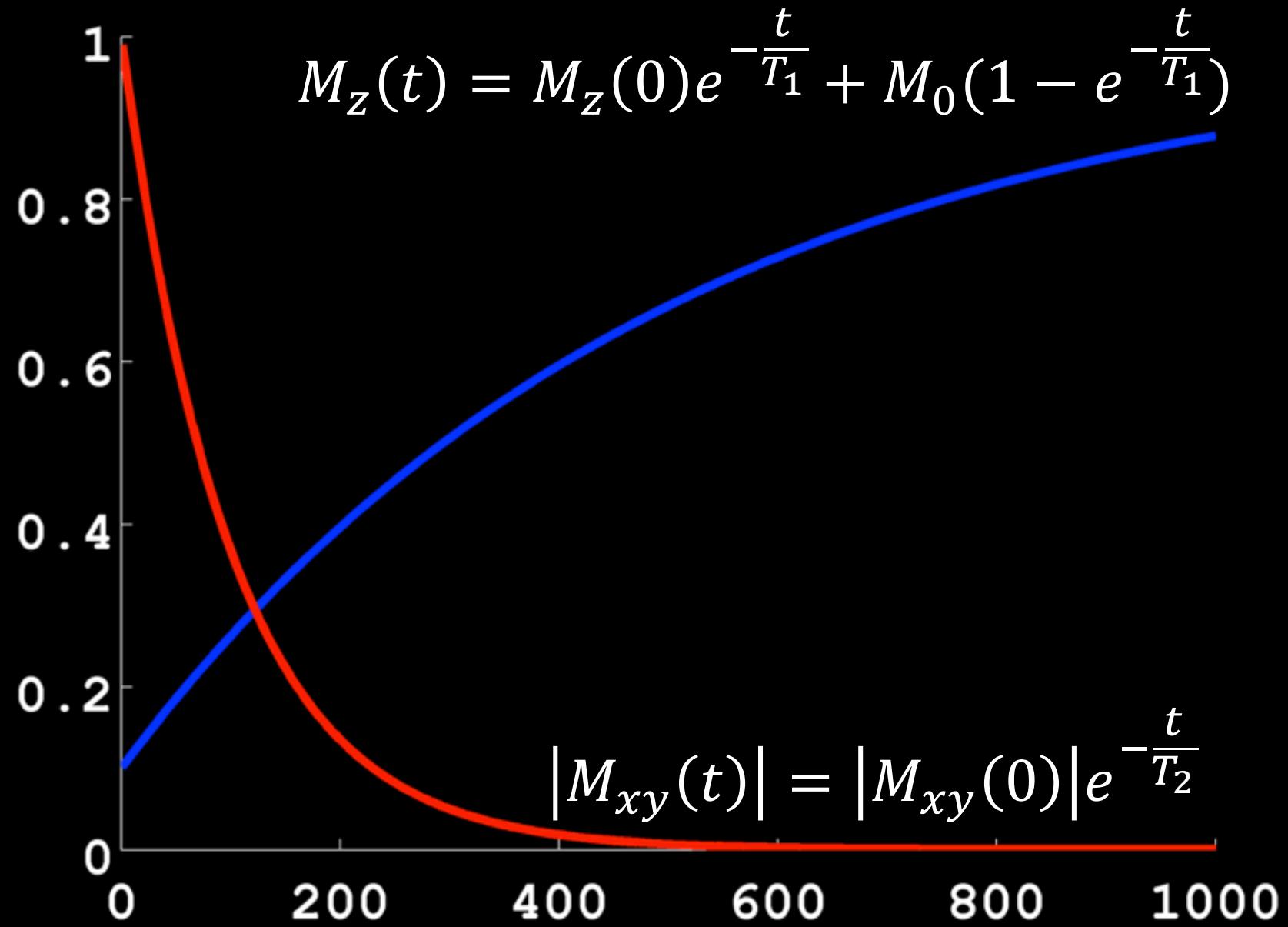
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- Bloch equation

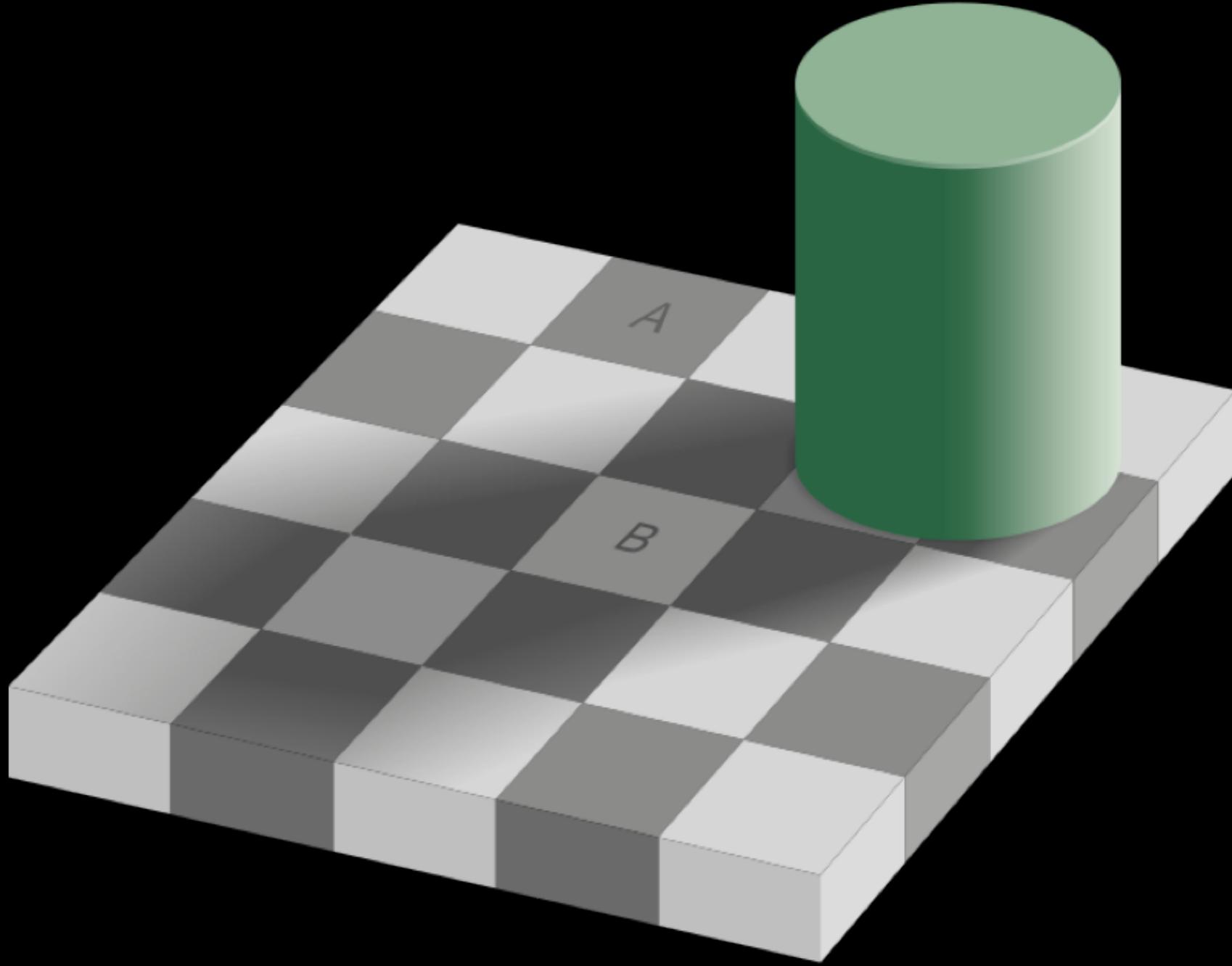
$$\frac{d\vec{M}}{dt} = \vec{M} \times \gamma \vec{B} - \frac{M_x \hat{x} + M_y \hat{y}}{T_2} - \frac{(M_z - M_0) \hat{z}}{T_1}$$

- $T_1$  : Longitudinal relaxation time
- $T_2$  : Transverse relaxation time
- $M_0 \hat{z}$  : Equilibrium state of the bulk magnetization

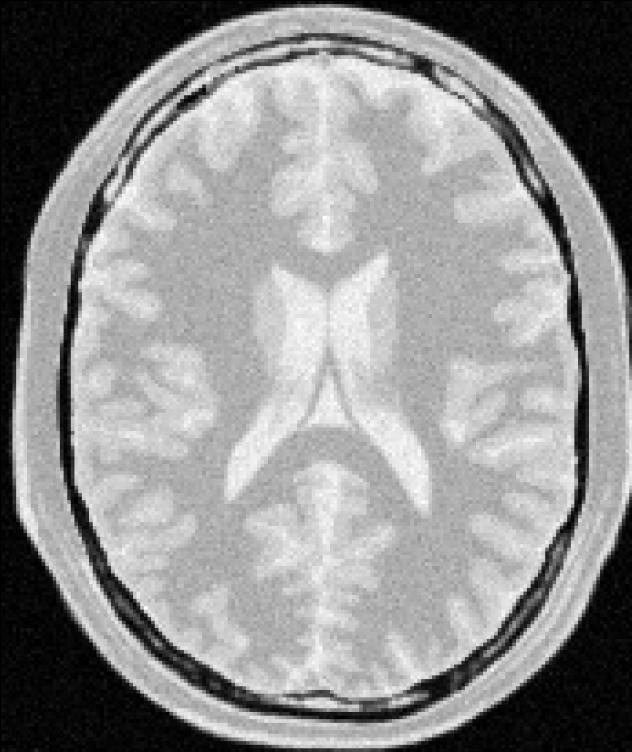
# Relaxation



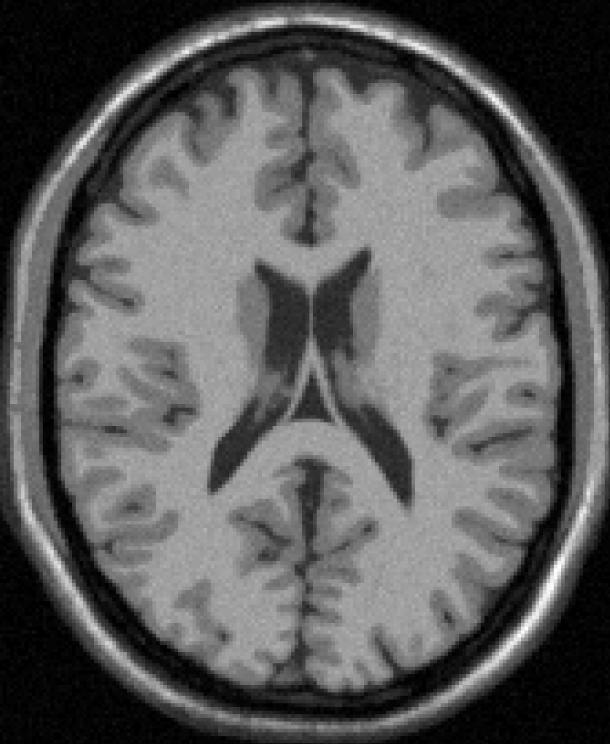
# Contrast



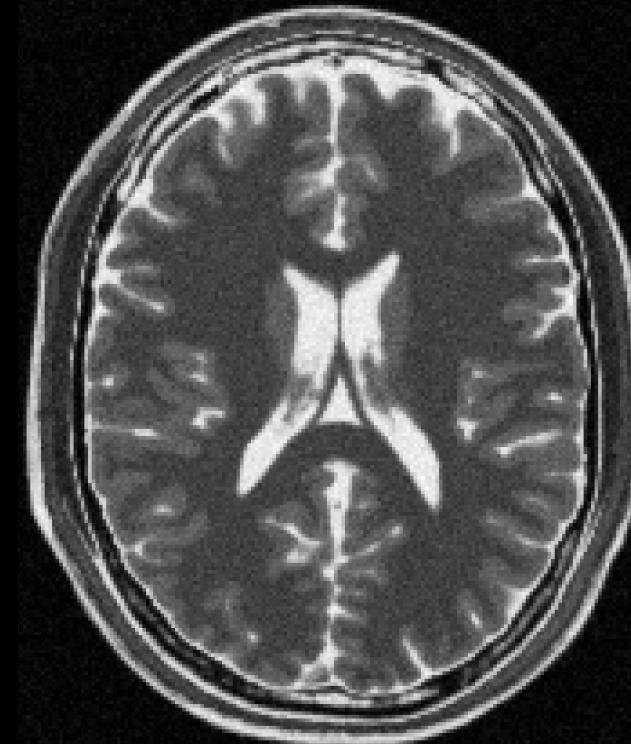
# Contrast



Proton density



T1-weighted



T2-weighted

# Review: MRI physics

- Bulk magnetization

- $- M_0 = \sum_n^{N_s} \mu_{z,n}$

- $- M_0 = \frac{\gamma^2 h^2 B_0 N_s}{16\pi^2 K T_S} \text{ (1/2-spin system)}$

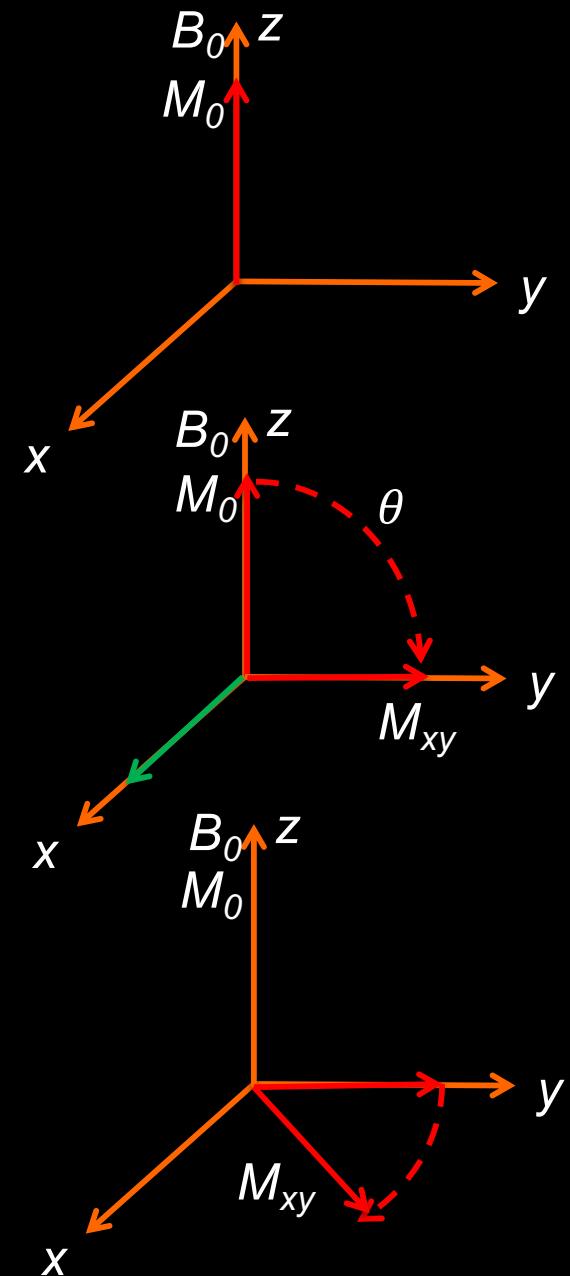
- Signal excitation

- $- |M_{xy}| = M_0 \sin \theta$

- Signal detection

- $- s(t) = M_0 \sin \theta e^{-i\omega_0 t}$

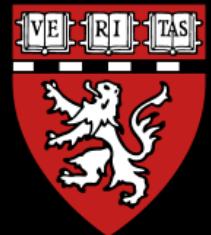
- $- \omega_0 = \gamma B_0$



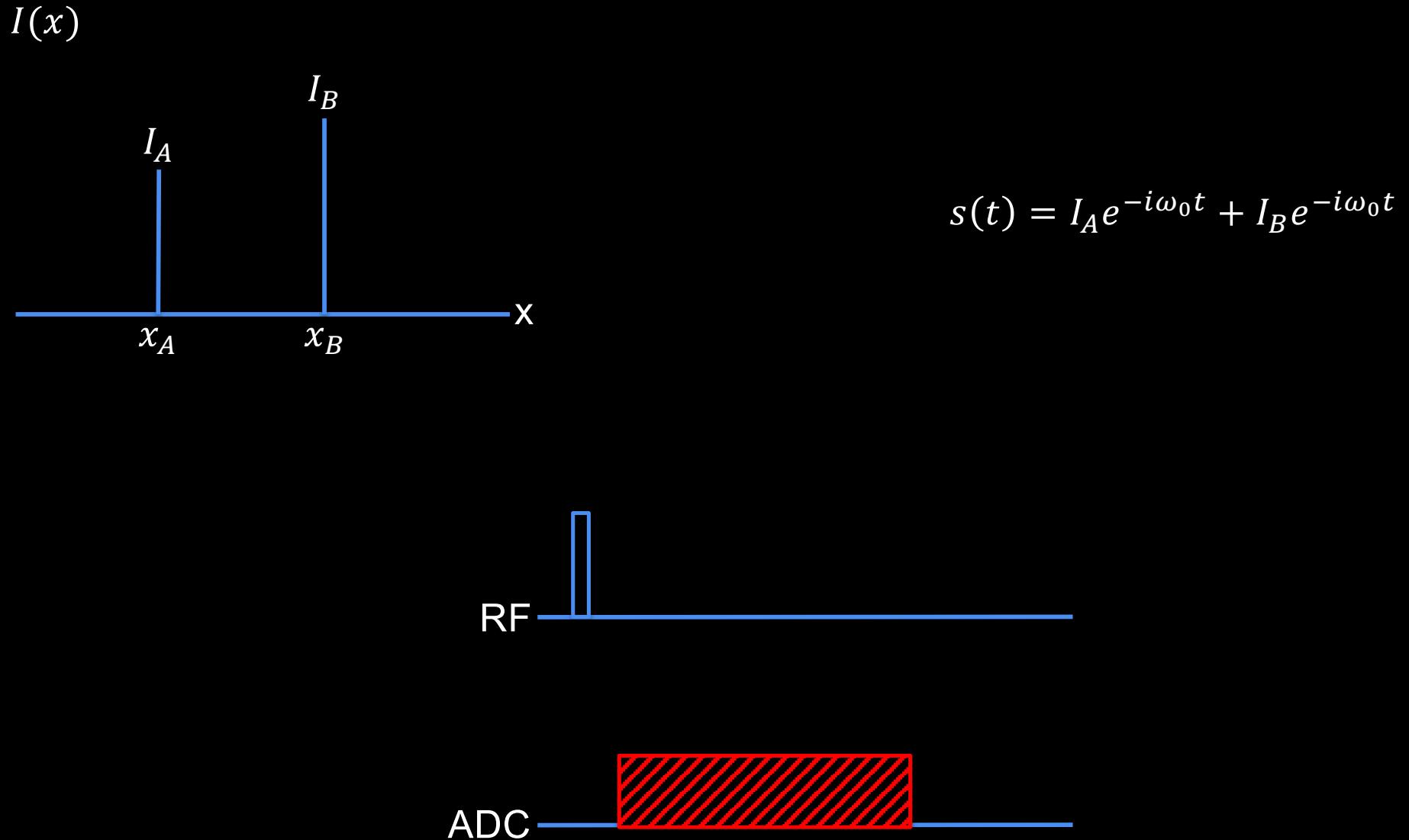
# Magnetic Resonance Imaging

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## MR Imaging

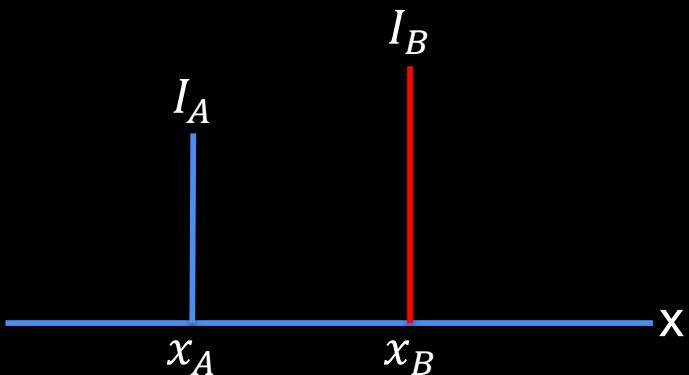


# 1D Imaging

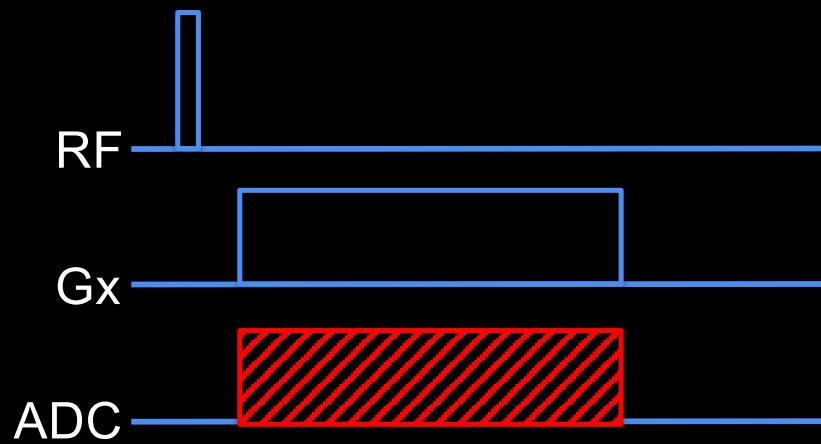


# 1D Imaging

$I(x)$



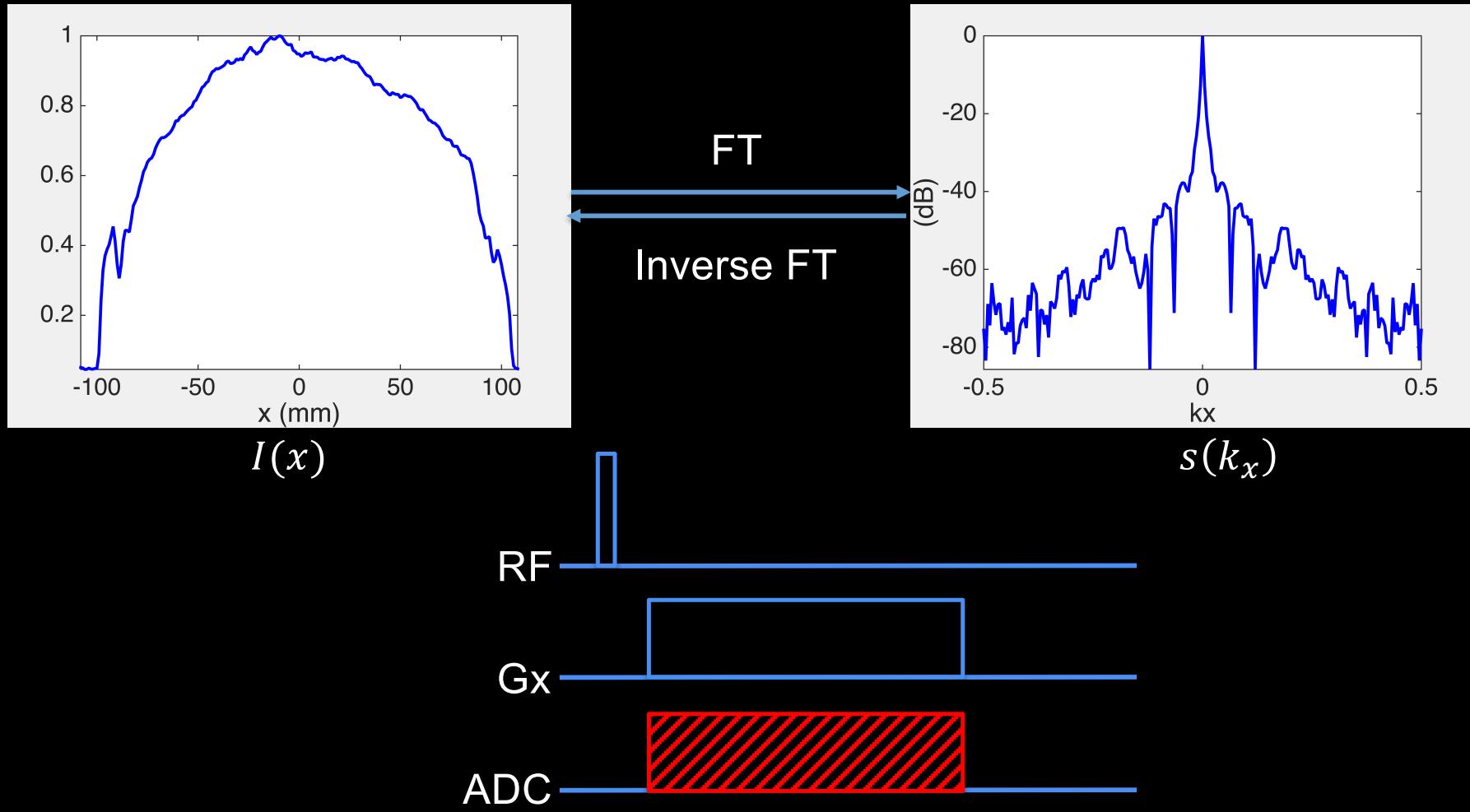
$$s(t) = (I_A e^{-i\gamma G_x x_A t} + I_B e^{-i\gamma G_x x_B t}) e^{-i\omega_0 t}$$
$$s(t) = I_A e^{-i\gamma G_x x_A t} + I_B e^{-i\gamma G_x x_B t}$$



# 1D Imaging

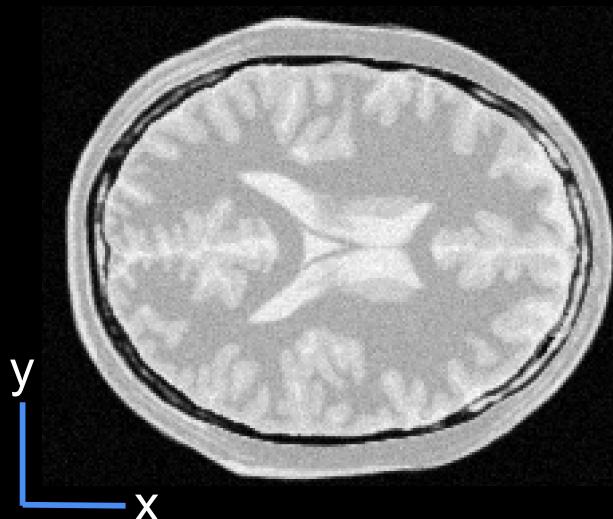
$$s(t) = \int_x I(x) e^{-i\gamma G_x x t} dx$$

$$s(k_x) = \int_x I(x) e^{-i2\pi x \cdot k_x} dx, k_x = \frac{\gamma G_x t}{2\pi}$$

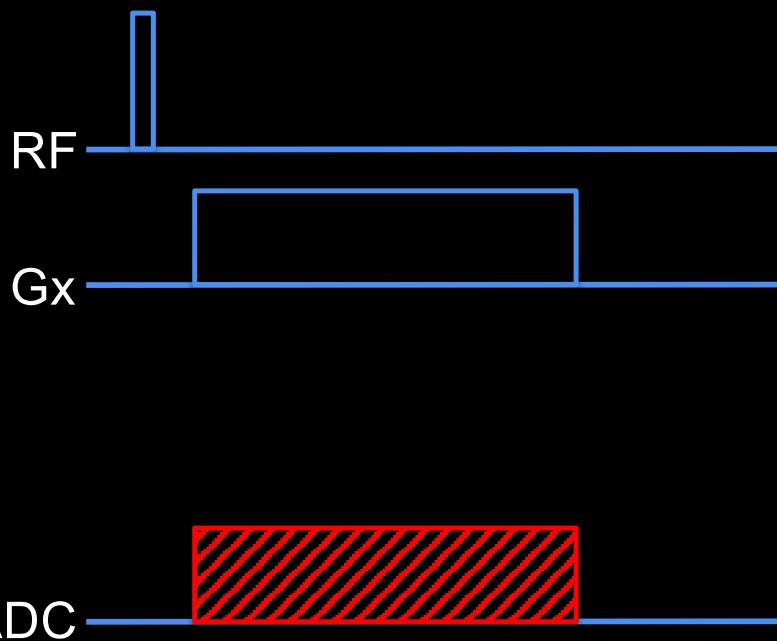


# 2D imaging

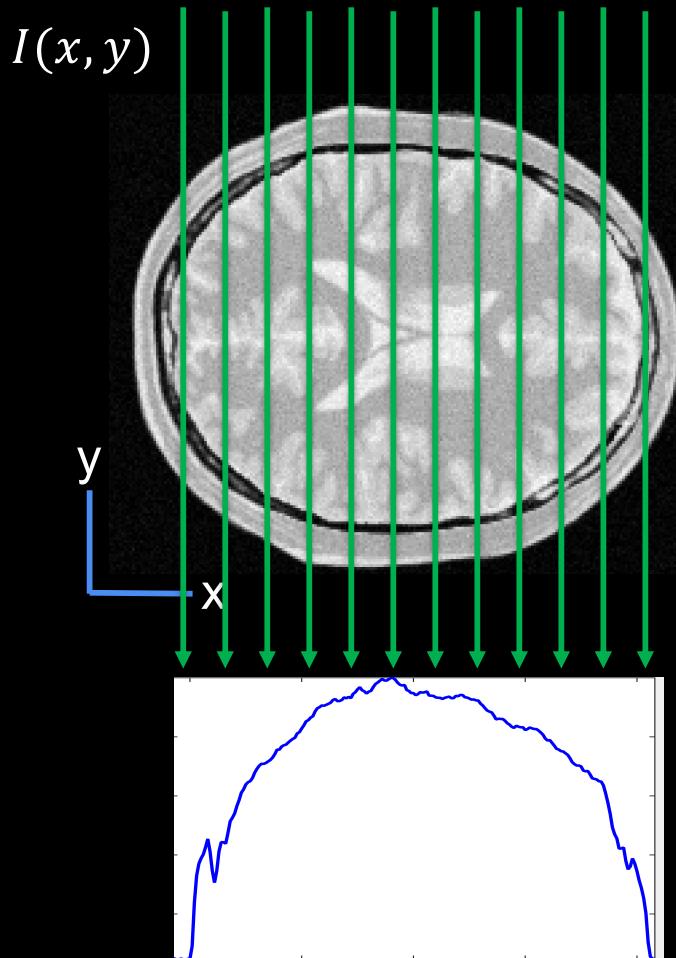
$I(x, y)$



$$s(t) = \iint_{x,y} I(x, y) e^{-i2\pi x \cdot k_x} dx dy, k_x = \frac{\gamma G_x t}{2\pi}$$



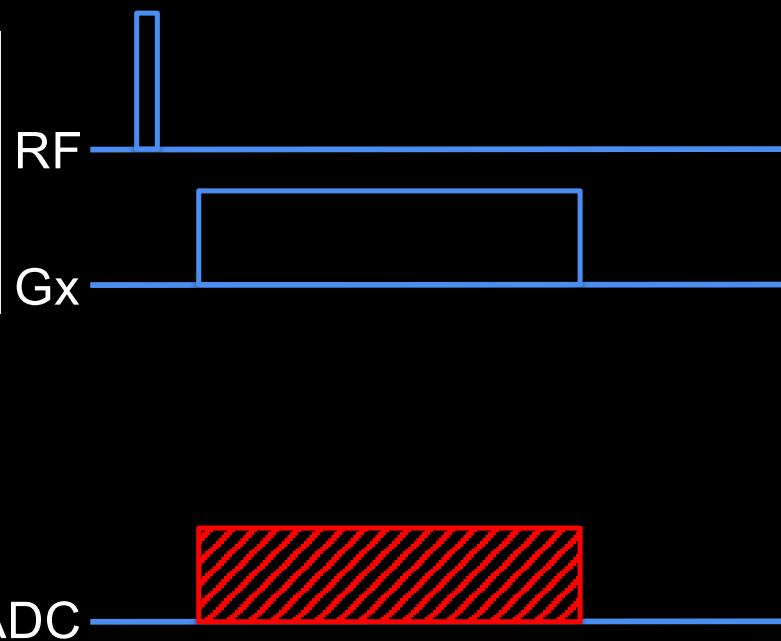
# 2D imaging



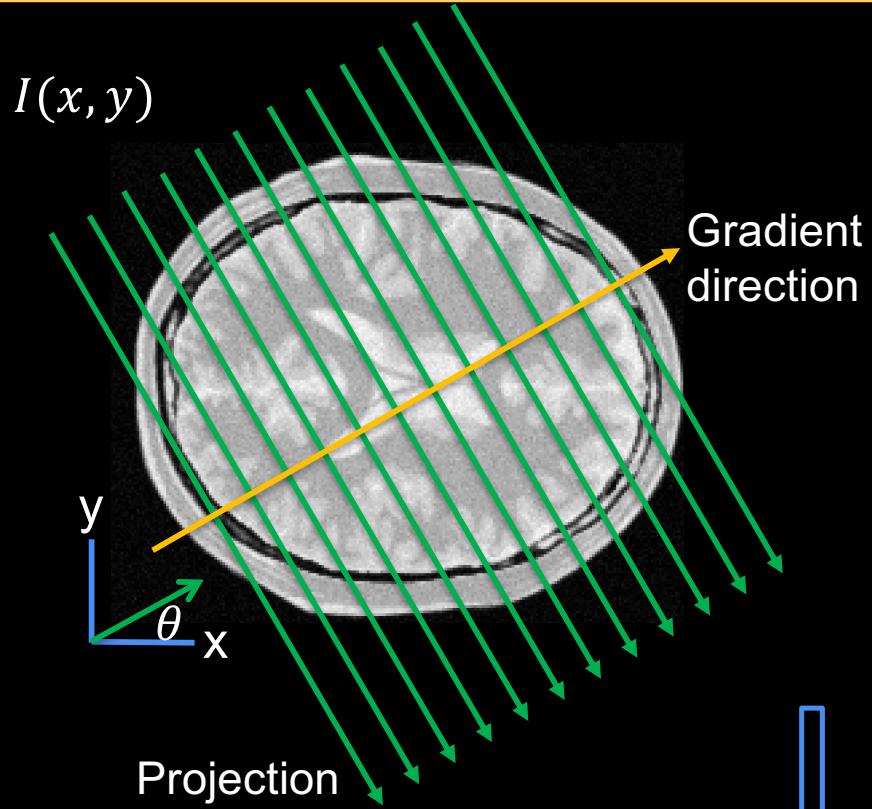
$$s(t) = \iint_{x,y} I(x, y) e^{-i2\pi x \cdot k_x} dx dy, k_x = \frac{\gamma G_x t}{2\pi}$$

$$s(k_x) = \int_x \left( \int_y I(x, y) dy \right) e^{-i2\pi x \cdot k_x} dx$$

Projection along y!



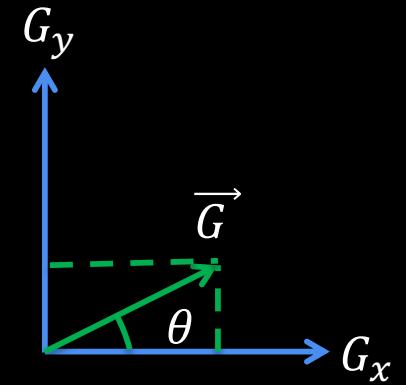
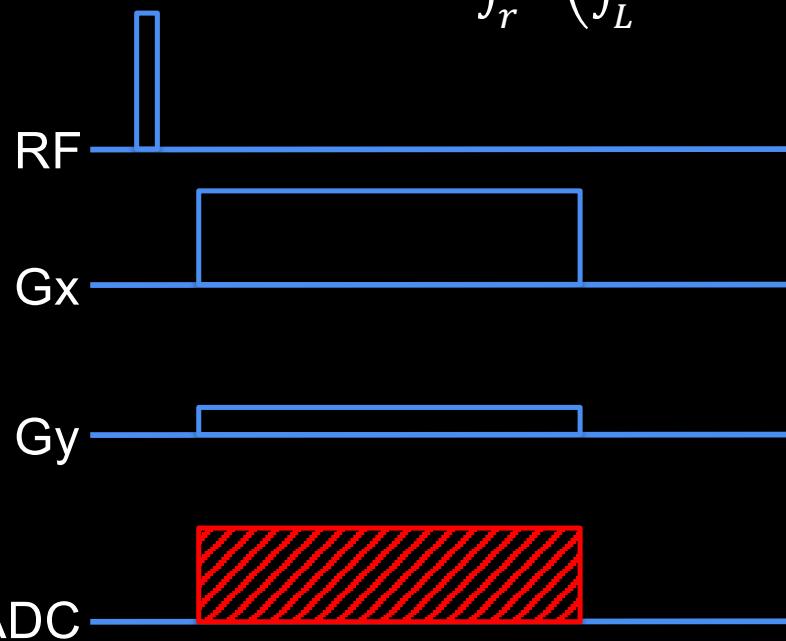
# 2D imaging



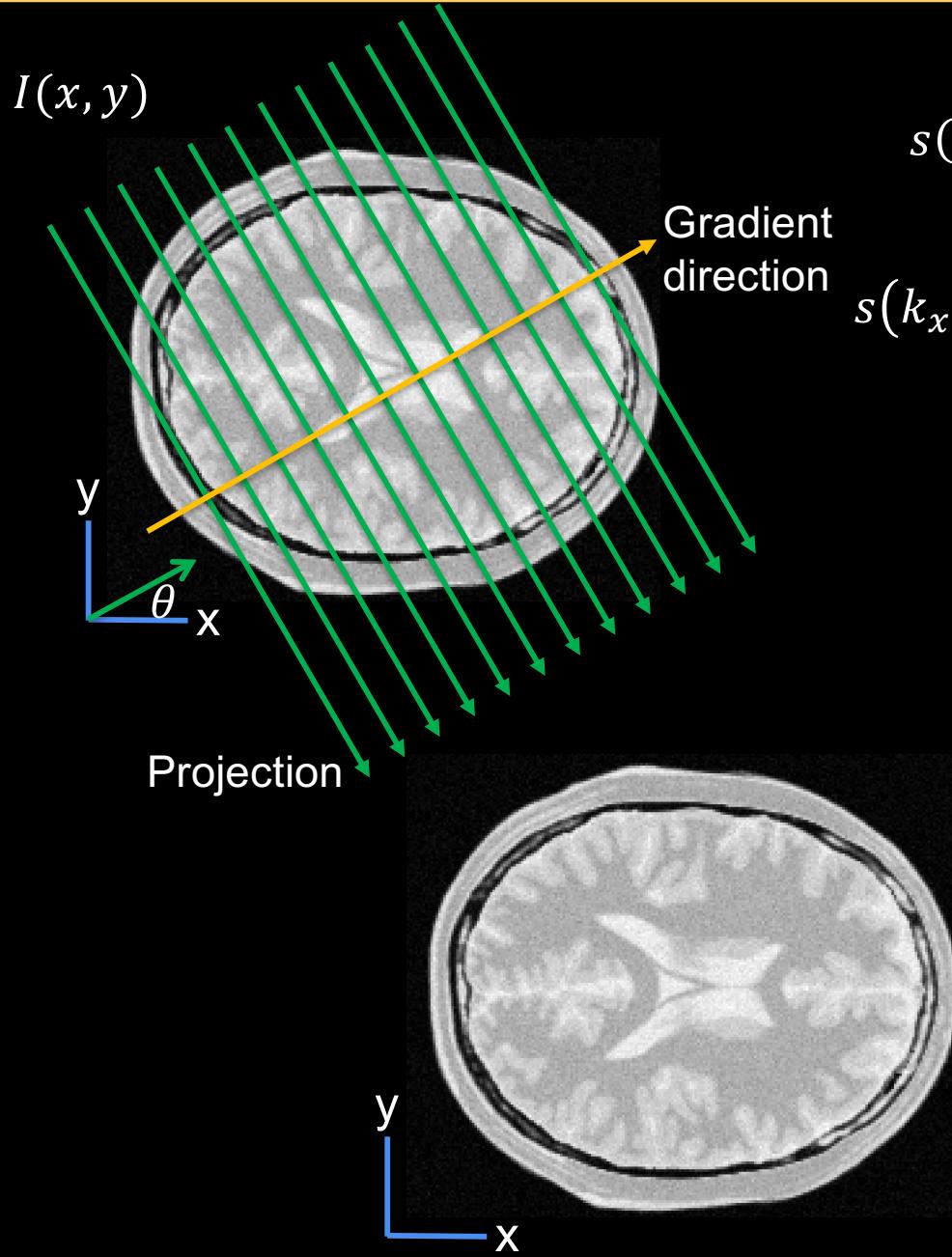
$$\begin{aligned}
 s(t, \theta) &= \iint_{x,y} I(x, y) e^{-i\gamma|\vec{G}|(x \cos \theta + y \sin \theta)t} dx dy \\
 &= \int_r \left( \underbrace{\int_L I(x, y) dl}_{\text{Projection along:}} \right) e^{-i\gamma|\vec{G}|rt} dr
 \end{aligned}$$

**Projection along:**  
 $x \cos \theta + y \sin \theta = r$

$$s(k, \theta) = \int_r \left( \int_L I(x, y) dl \right) e^{-i2\pi kr} dr, k = \frac{\gamma|\vec{G}|t}{2\pi}$$



# 2D imaging

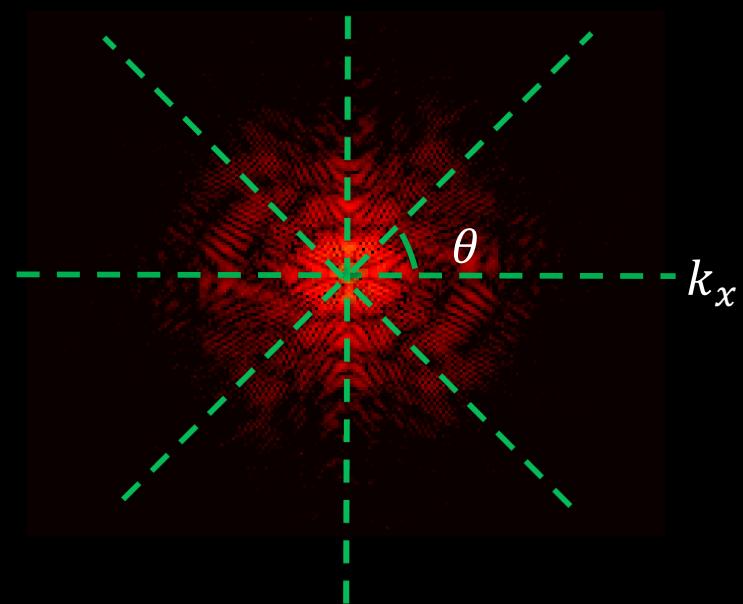


$$s(t, \theta) = \iint_{x,y} I(x, y) e^{-i\gamma|\vec{G}|(x \cos \theta + y \sin \theta)t} dx dy$$

$$s(k_x, k_y) = \iint_{x,y} I(x, y) e^{-i2\pi(xk_x + yk_y)} dx dy$$

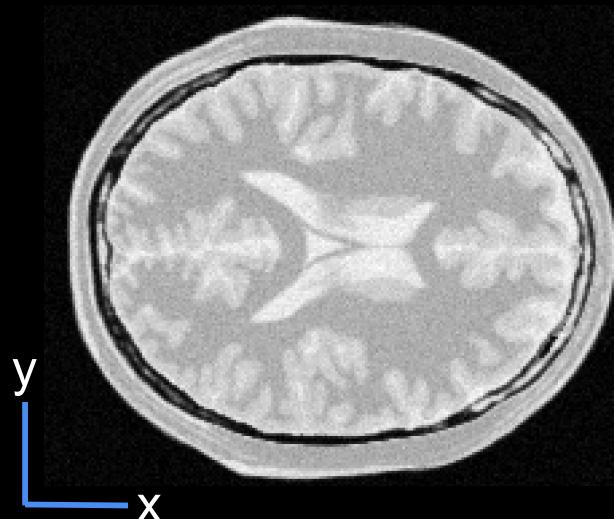
$$k_y = \frac{\gamma}{2\pi} |\vec{G}| t \sin \theta$$

$$k_x = \frac{\gamma}{2\pi} |\vec{G}| t \cos \theta$$



# 2D imaging: Radial sampling

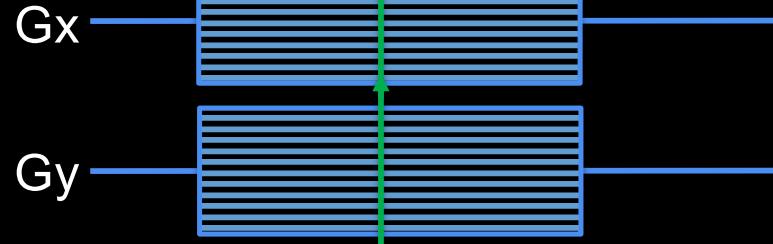
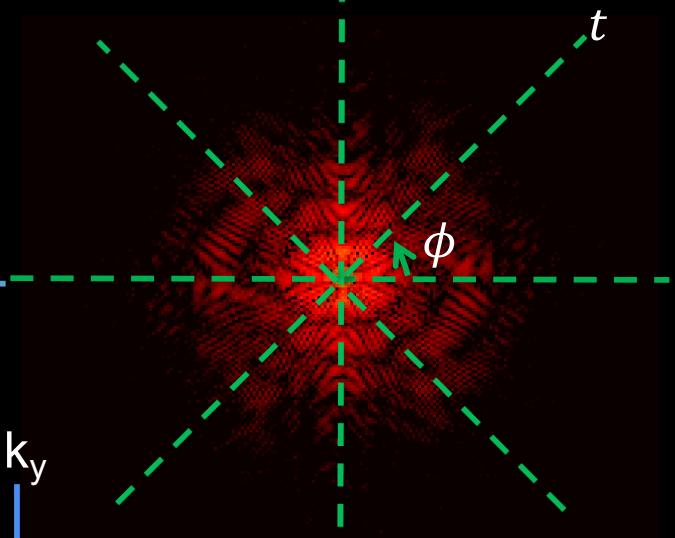
$$I(x, y)$$



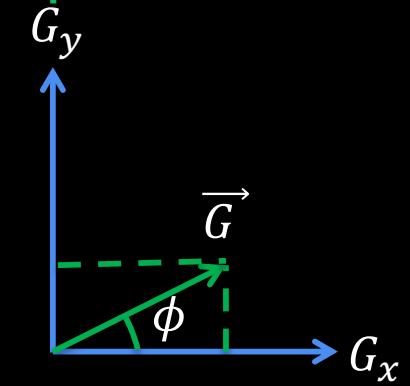
Projection then 1D FT

1D inverse FT, then  
filtered back projection  
(FBP)

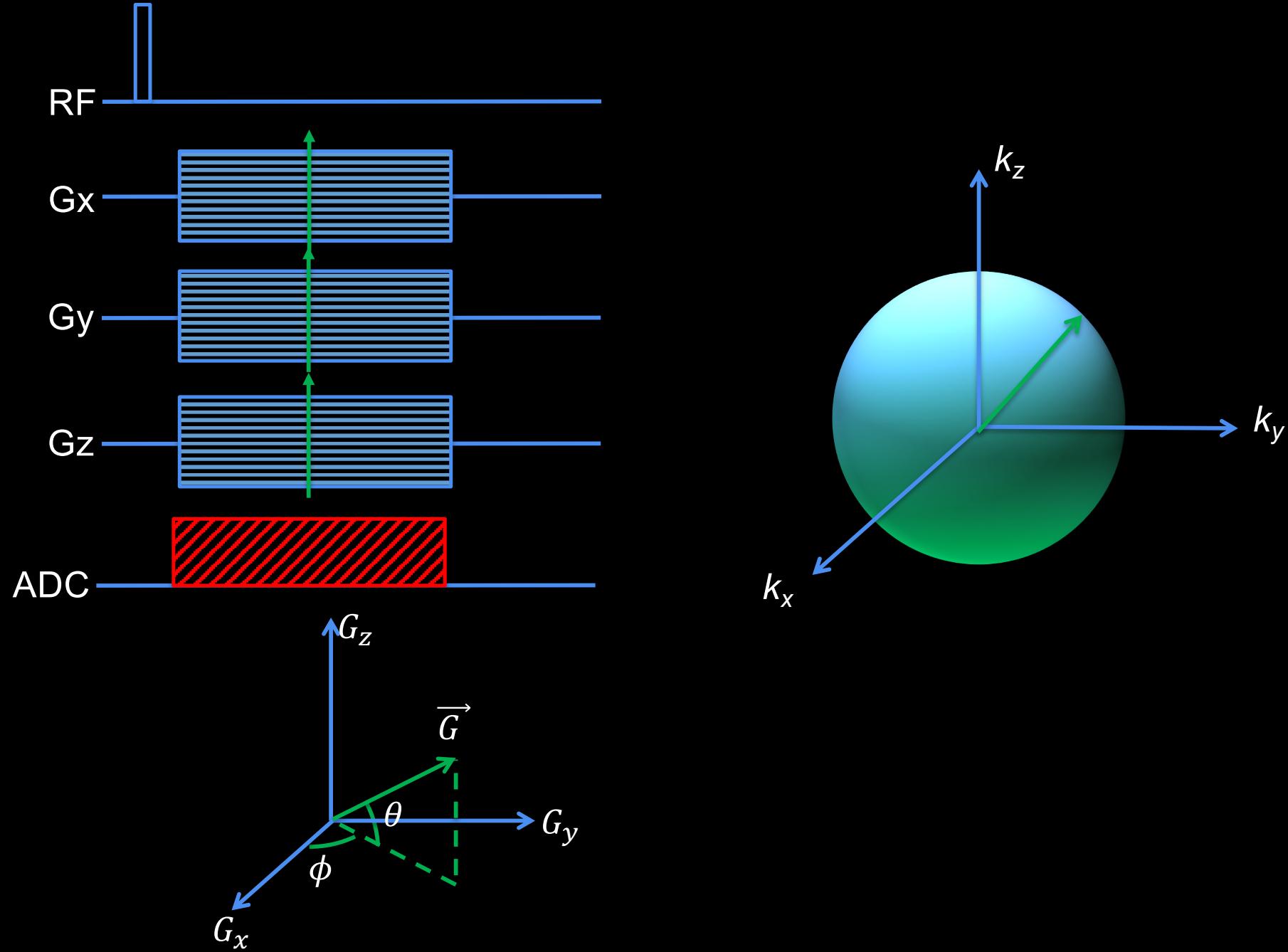
$$s(t, \phi) = \iint_{x,y} I(x, y) e^{-i2\pi(x \cdot k_x + y \cdot k_y)} dx dy$$



ADC

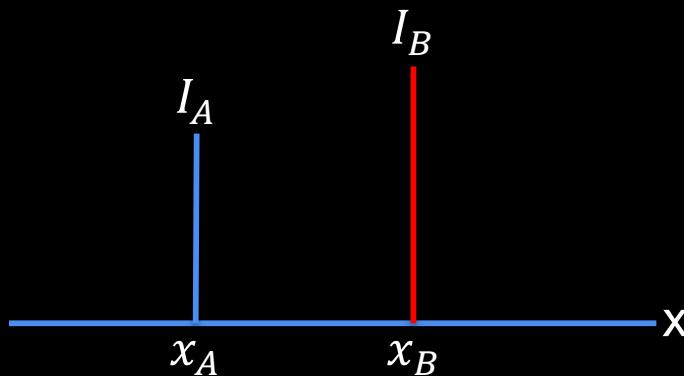


# 3D Imaging: Radial sampling



# 1D Imaging: Revisit

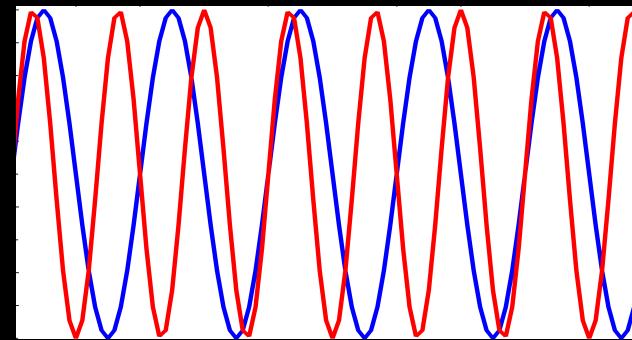
$I(x)$



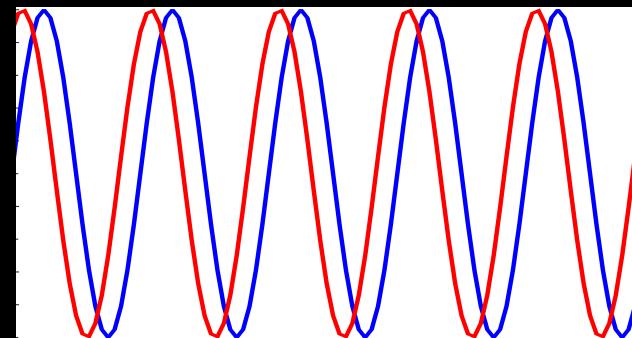
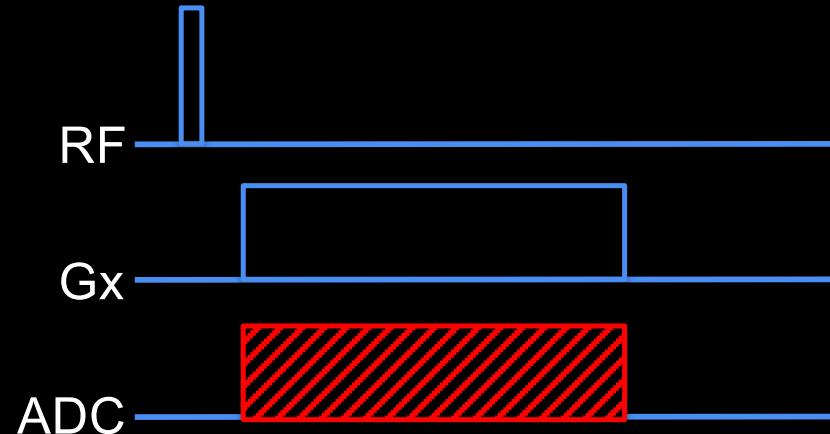
$$s(t) = I_A e^{-i\gamma G_x x_A t} + I_B e^{-i\gamma G_x x_B t}$$

**Is it the only way to do it?**

**Frequency**

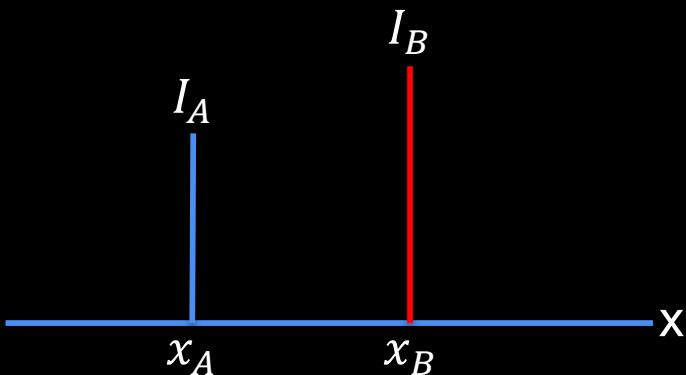


**Phase?**



# 1D Imaging: Revisit

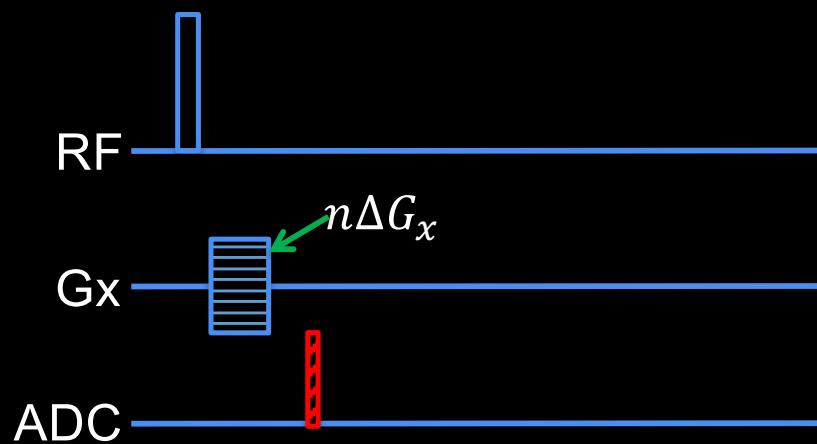
$I(x)$



$$s(n) = I_A e^{-i\varphi_A(n)} + I_B e^{-i\varphi_B(n)}$$

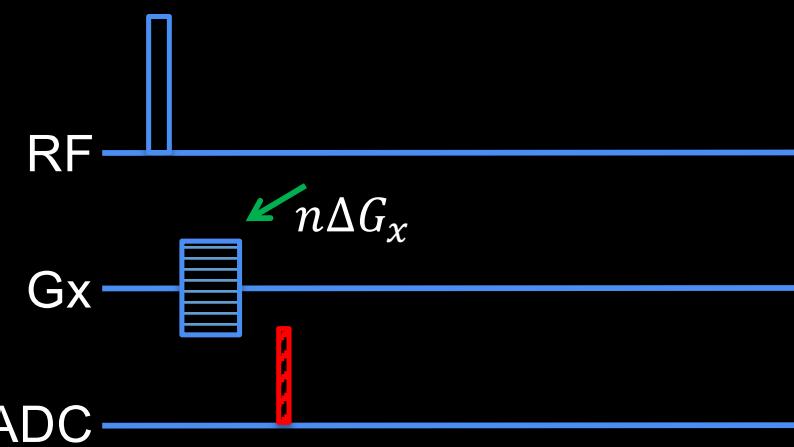
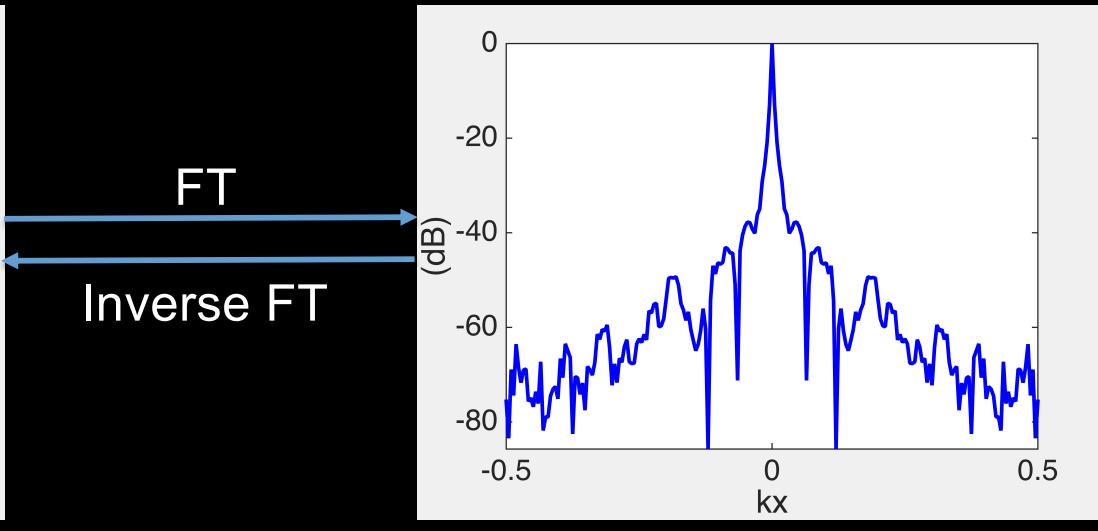
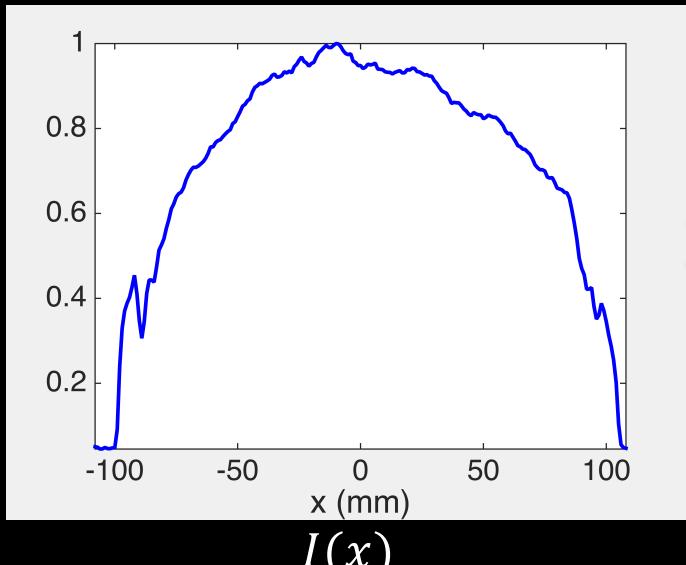
$$\varphi_A(n) = \gamma n \Delta G_x \tau x_A$$

$$\varphi_B(n) = \gamma n \Delta G_x \tau x_B$$

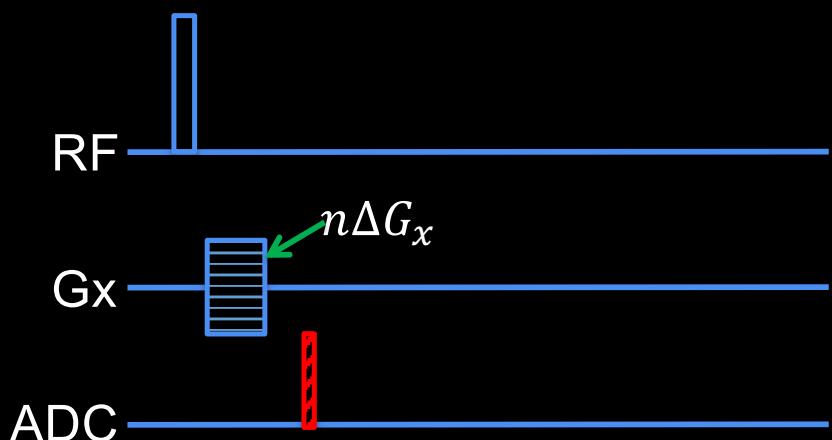
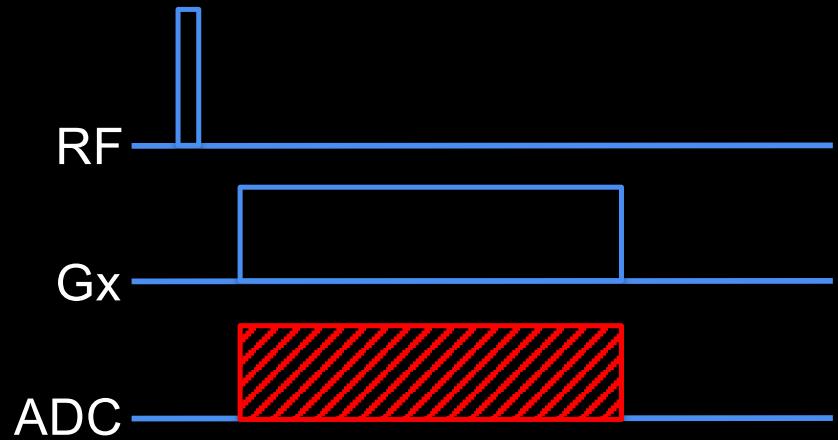
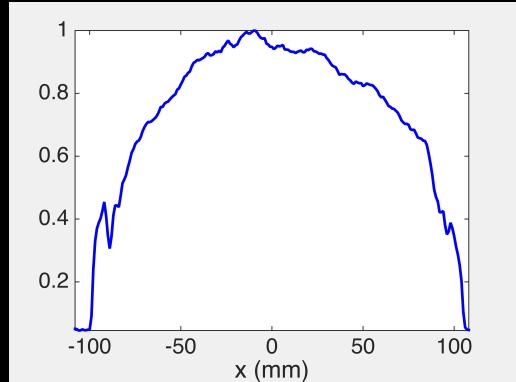


# 1D Imaging: Revisit

$$s(k_x) = \int_x I(x) e^{-i2\pi x \cdot k_x} dx,$$
$$k_x = \frac{\gamma n \Delta G_x \tau}{2\pi}$$



# 1D imaging: Frequency vs. Phase encoding



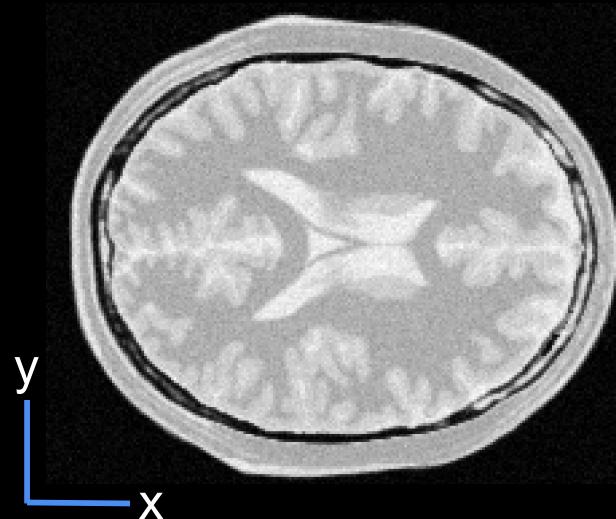
$$s(n) = \int_x I(x) e^{-i2\pi x \cdot k_x} dx, k_x = \frac{\gamma n G_x \Delta t}{2\pi}$$

$$s(n) = \int_x I(x) e^{-i2\pi x \cdot k_x} dx, k_x = \frac{\gamma n \Delta G_x \tau}{2\pi}$$

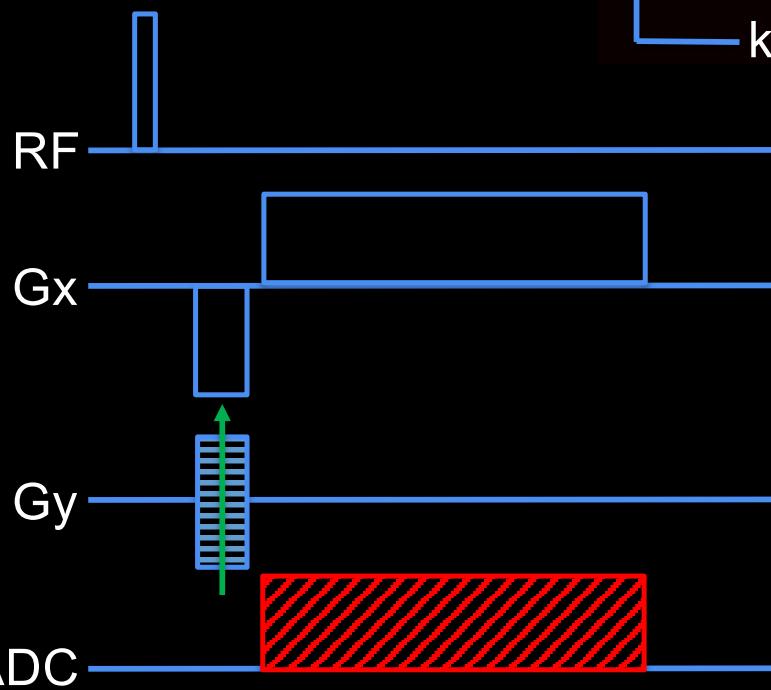
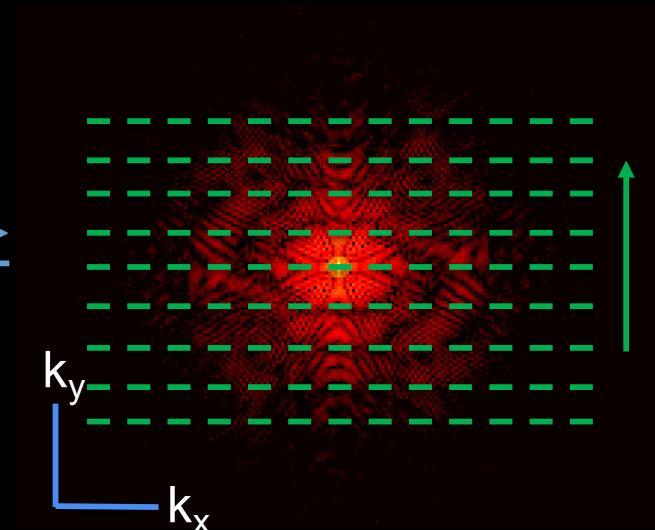
# 2D imaging: Cartesian sampling

$$I(x, y)$$

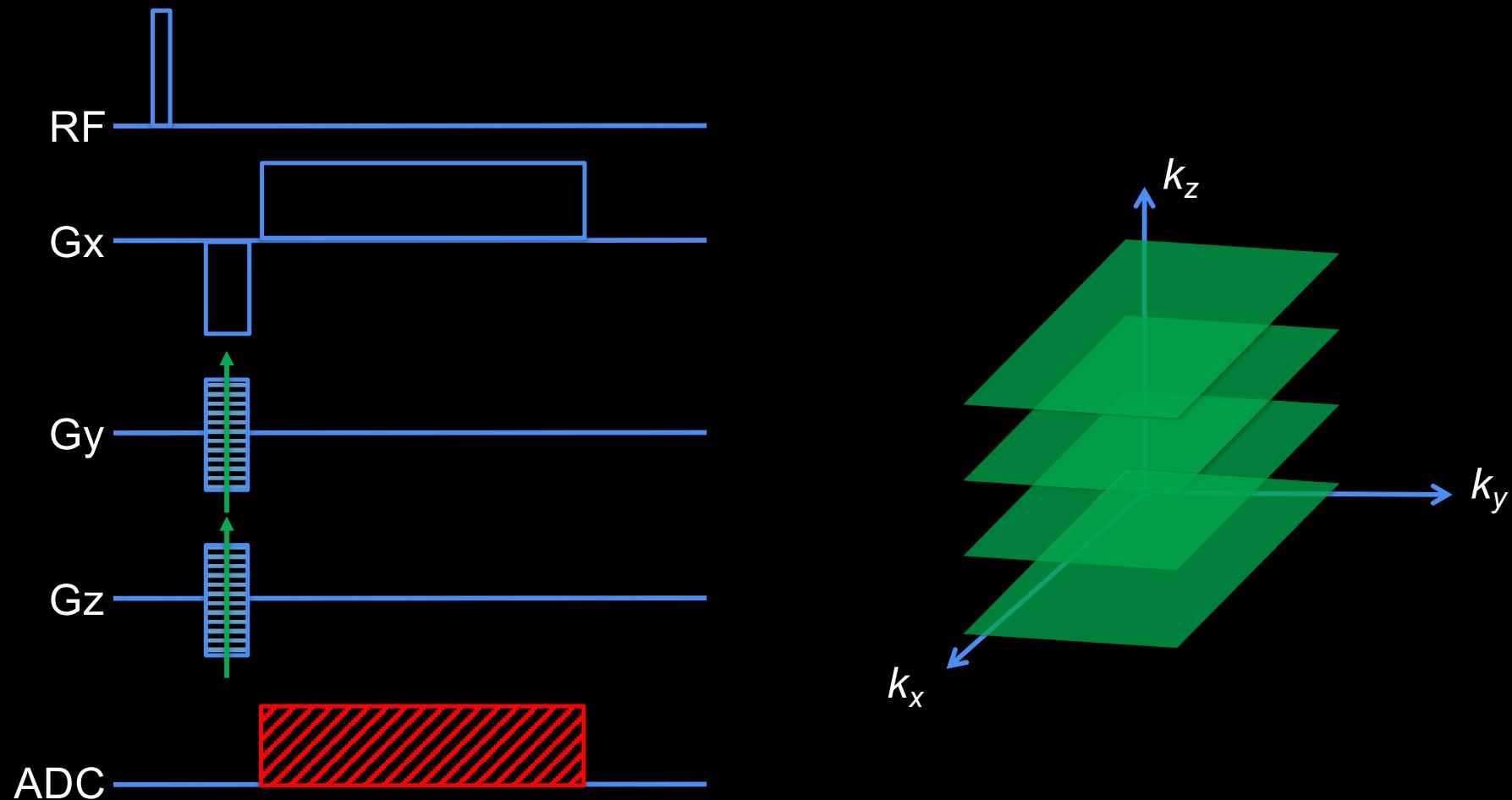
$$s(k_x, k_y) = \iint_{x,y} I(x, y) e^{-i2\pi(x \cdot k_x + y \cdot k_y)} dx dy$$



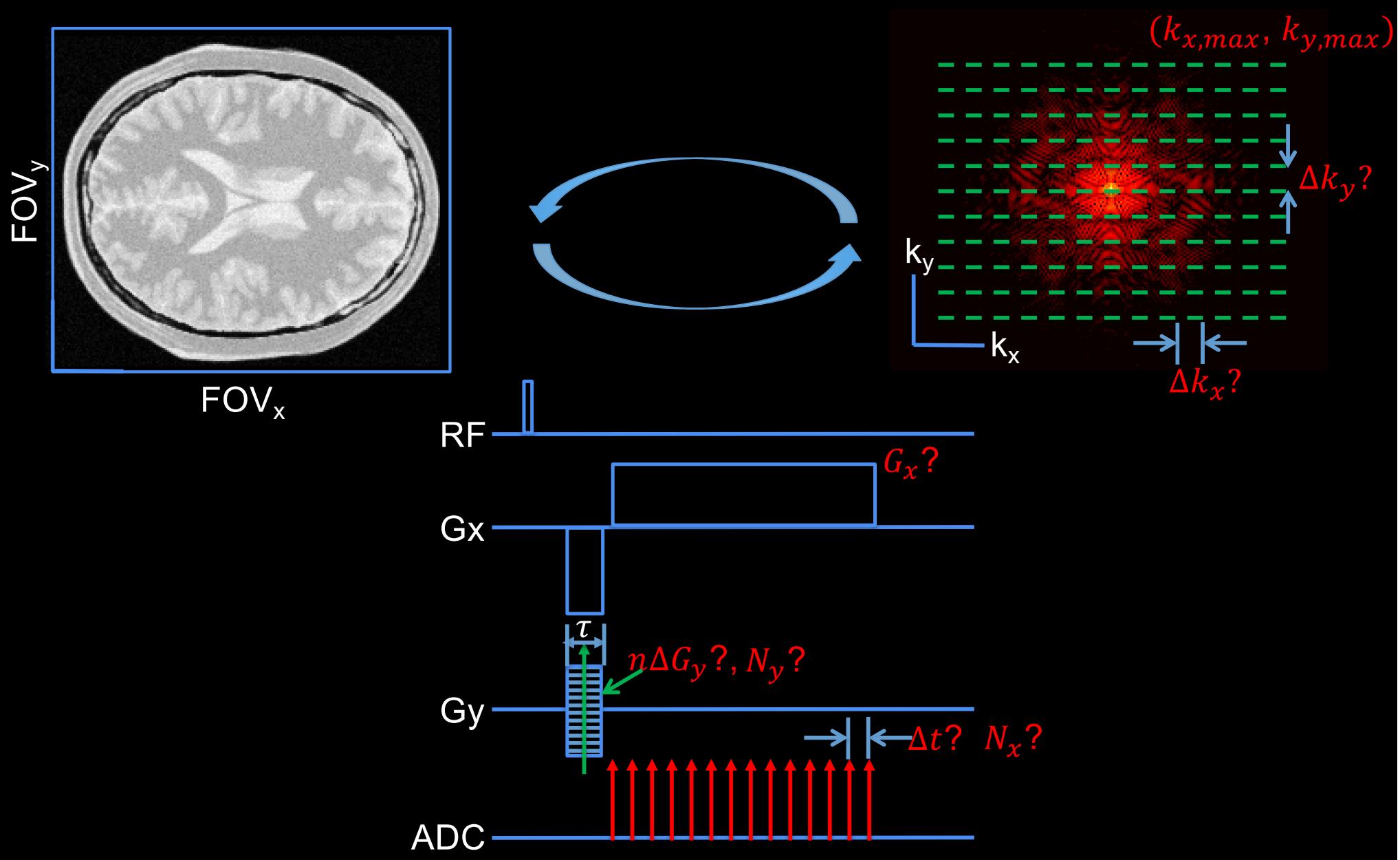
2D FT  
Inverse 2D FT



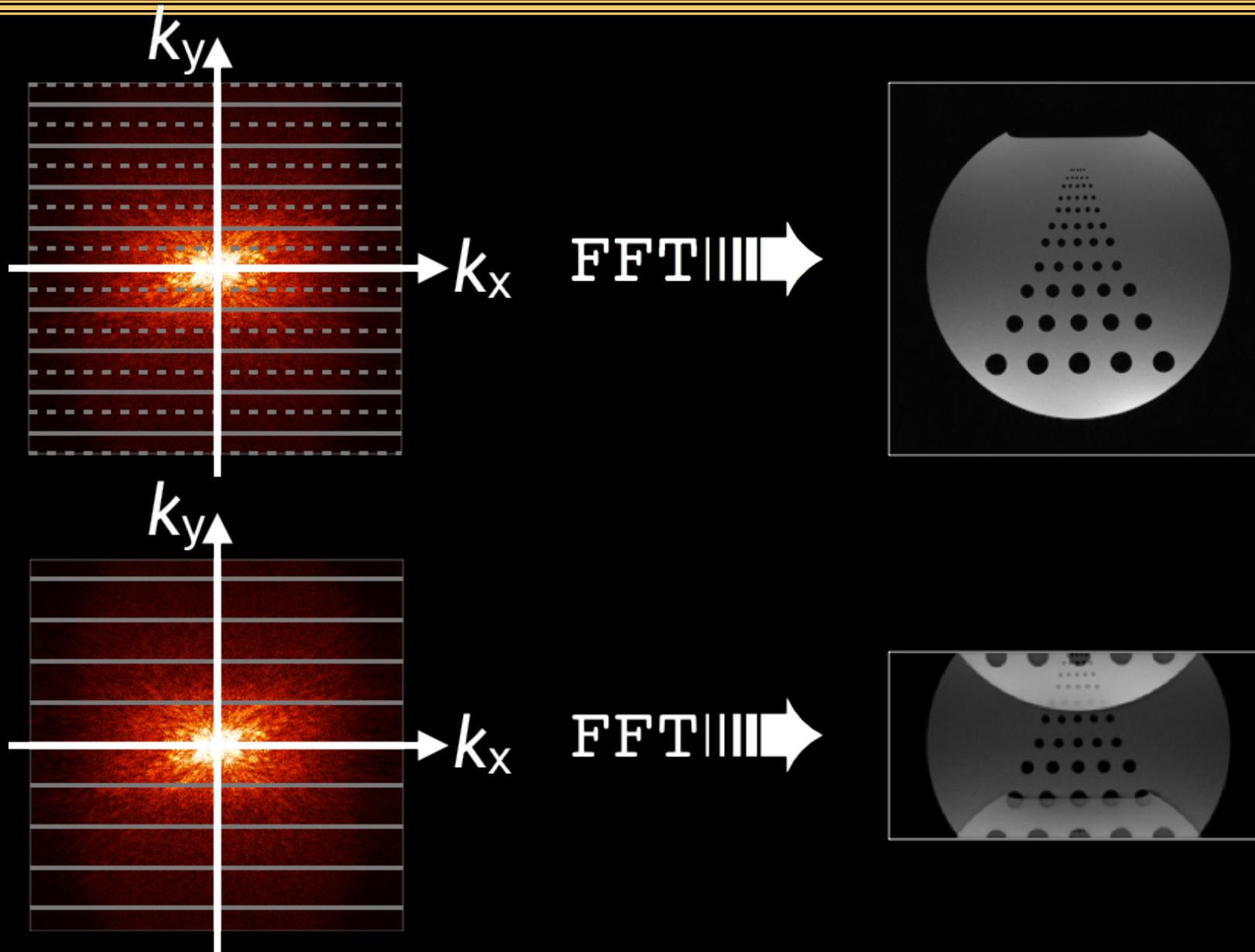
# 3D Imaging: Cartesian sampling



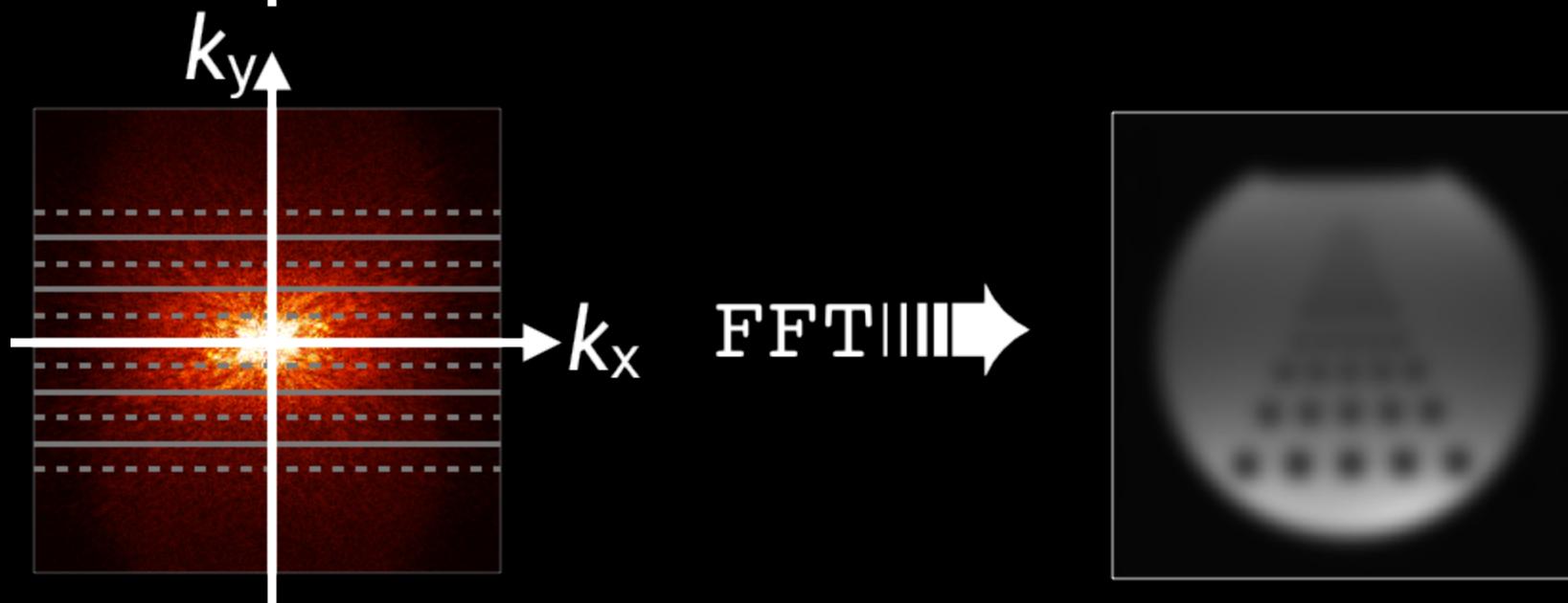
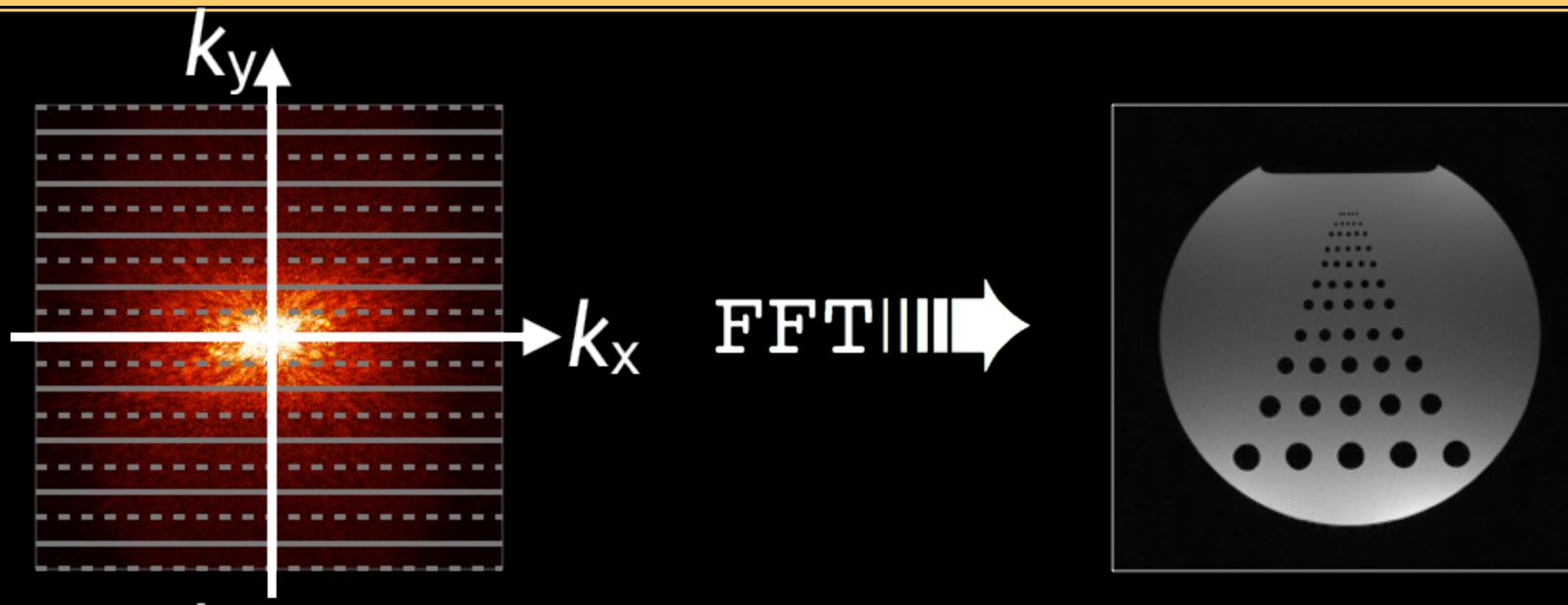
# k-space sampling



# k-space: Aliasing



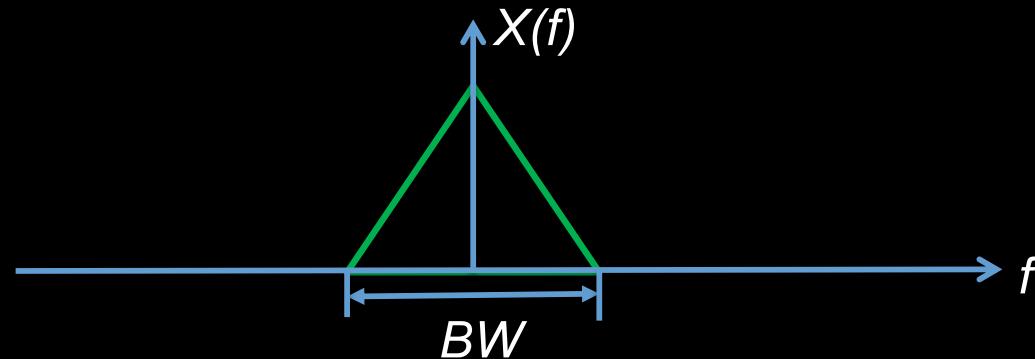
# k-space: Resolution



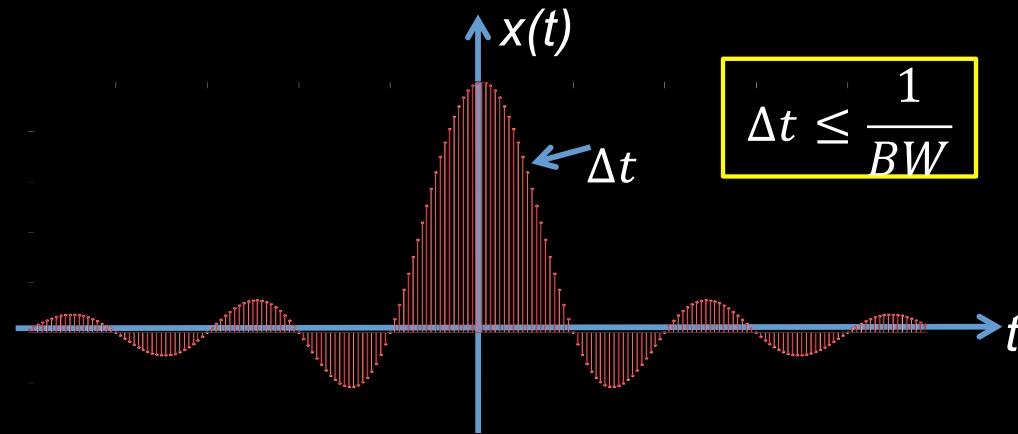
# k-space sampling: Field of View

- Nyquist sampling theorem

Frequency domain:

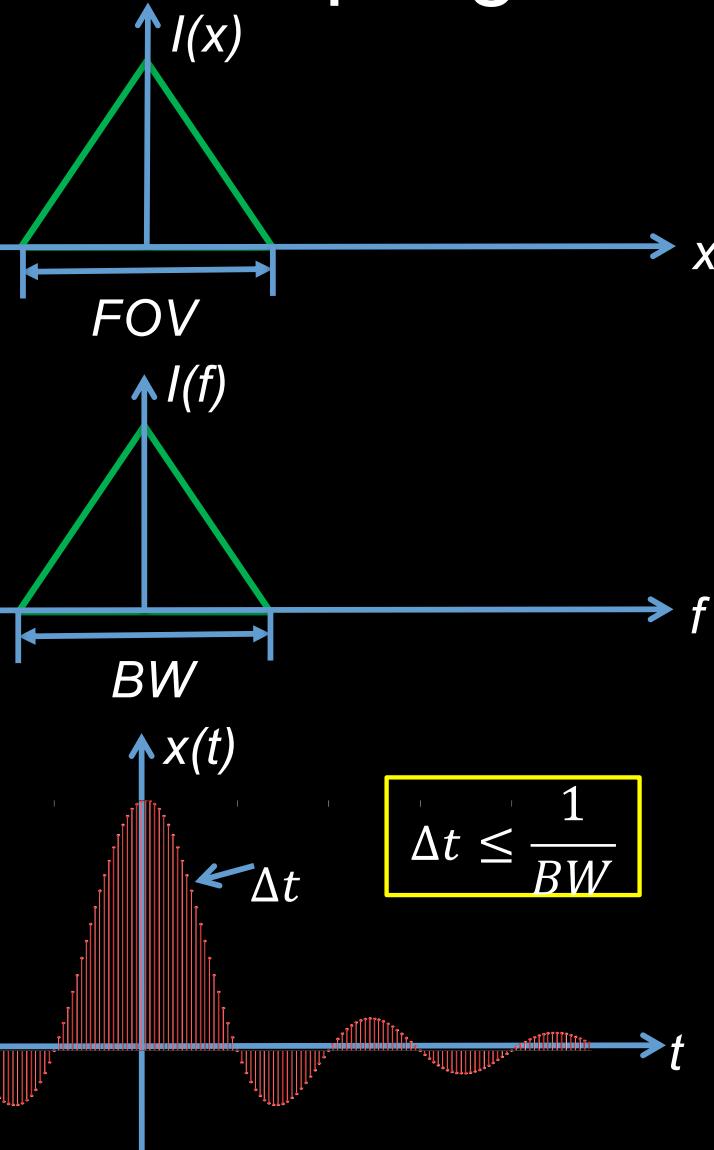


Time domain:



# k-space sampling: Field of View

- Nyquist sampling theorem



$$I(x) = 0, \text{if } |x| \leq \frac{FOV}{2}$$

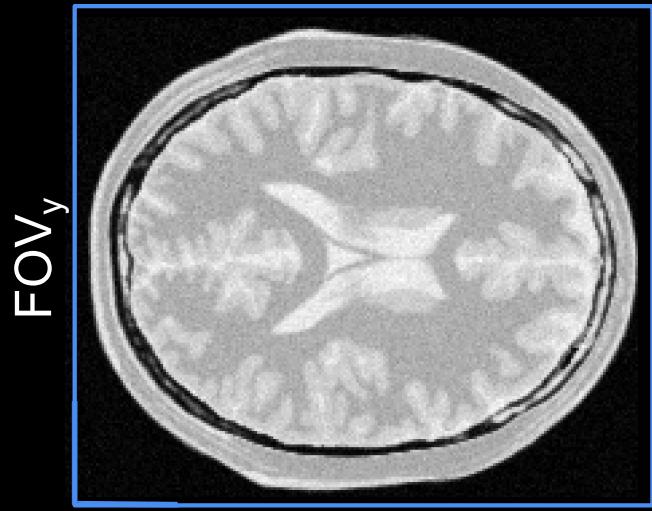
$$I(f) = 0, \text{if } |f| \leq \frac{BW}{2} = \frac{1}{2} \frac{\gamma G_x FOV}{2\pi}$$

$$\Delta t \leq \frac{1}{BW} = \frac{1}{\gamma G_x FOV / 2\pi}$$

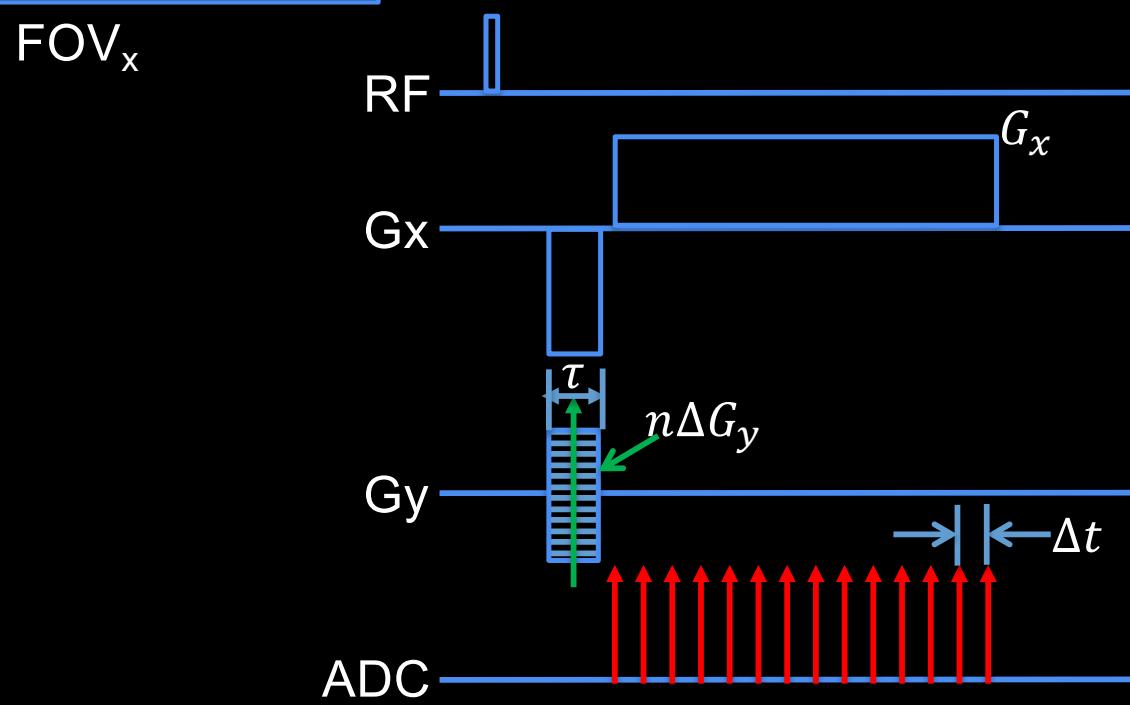
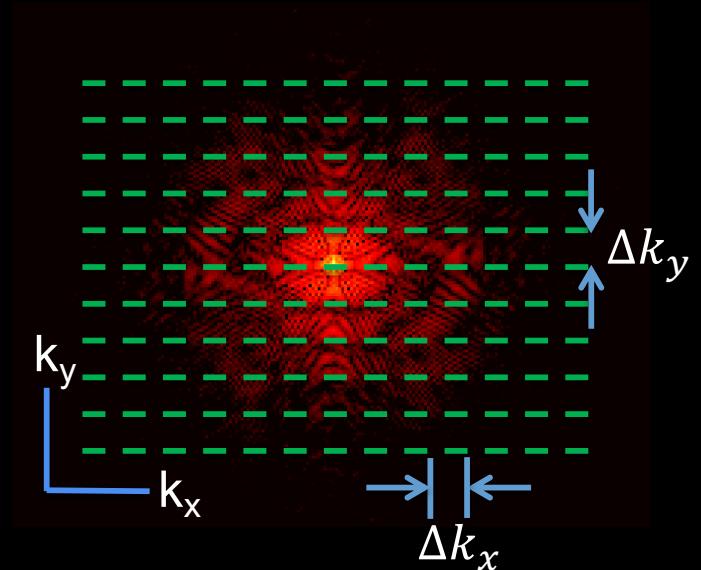
$$\Delta k_x = \frac{\gamma G_x \Delta t}{2\pi} \leq \frac{1}{FOV}$$

$$s(n\Delta k_x) = \int_x I(x) e^{-i2\pi x \cdot k_x} dx, k_x = \frac{\gamma n G_x \Delta t}{2\pi}$$

# k-space sampling: Field of View

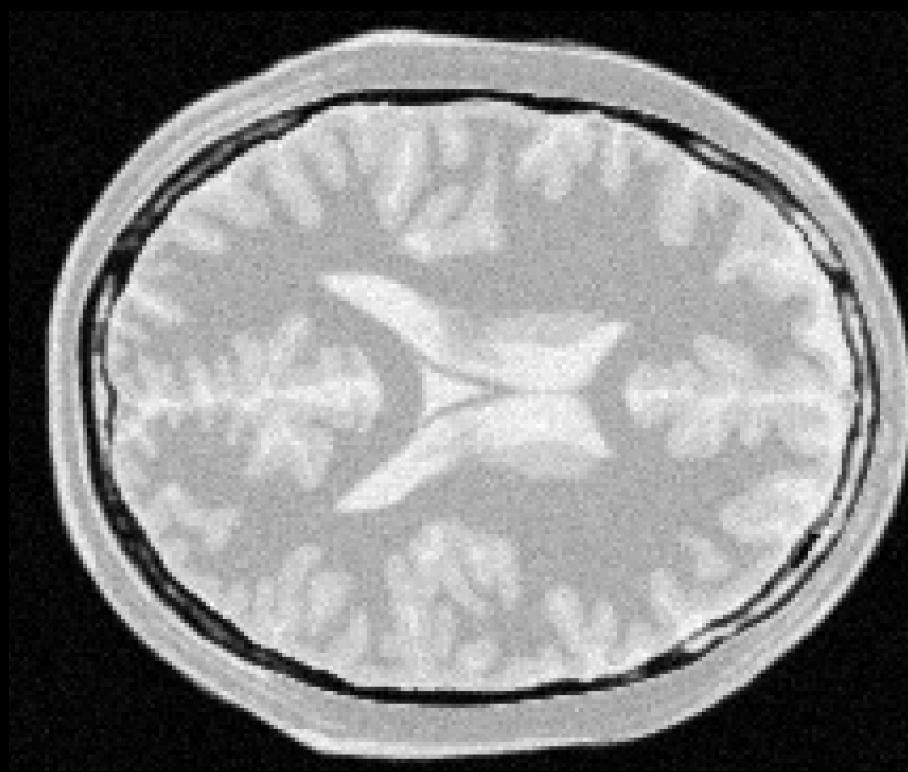
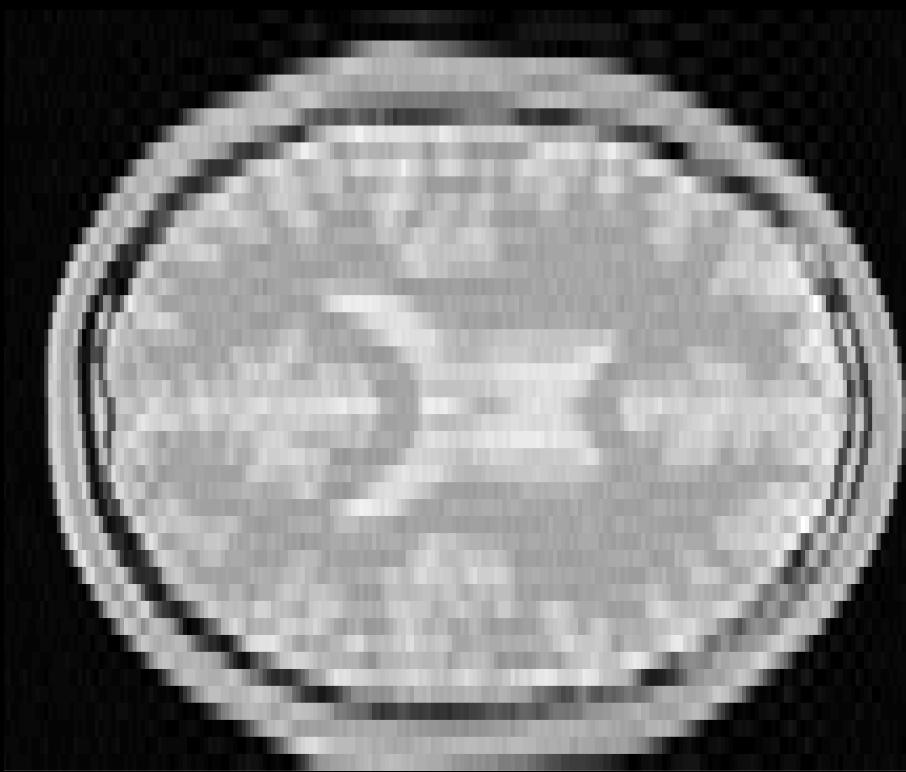


$$\Delta k_x = \frac{\gamma G_x \Delta t}{2\pi} \leq \frac{1}{FOV_x}$$
$$\Delta k_y = \frac{\gamma \Delta G_y \tau}{2\pi} \leq \frac{1}{FOV_y}$$

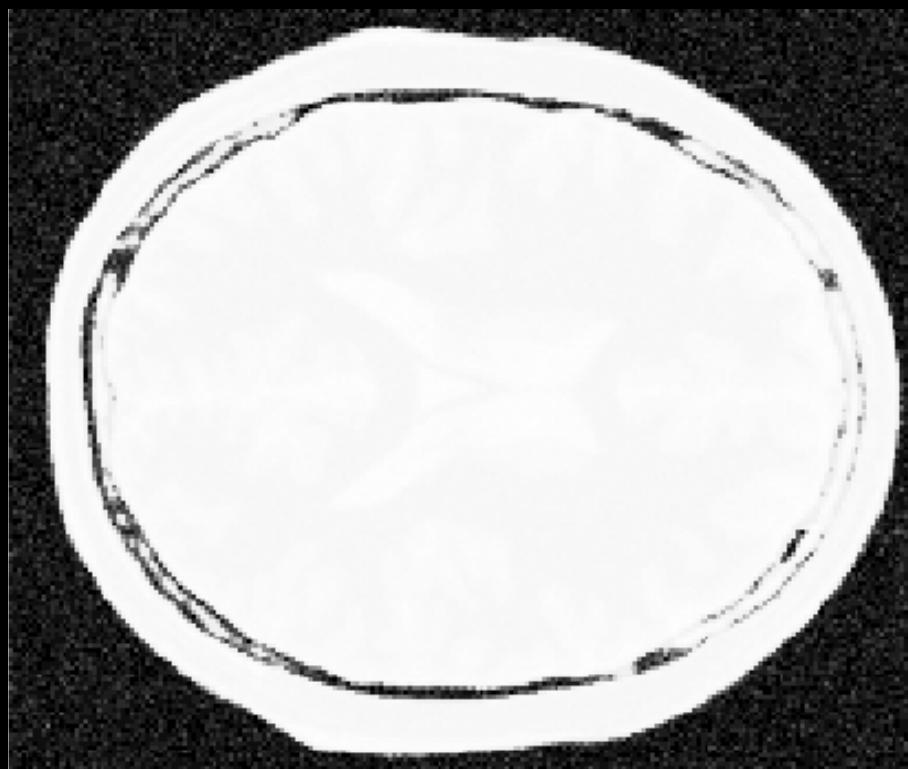
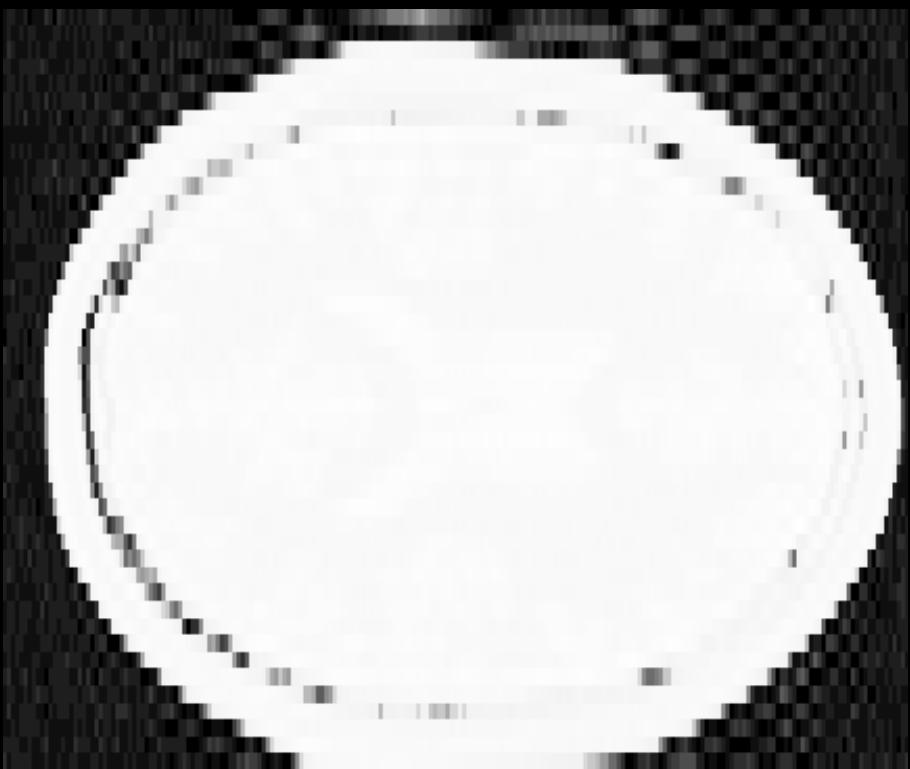


# k-space sampling: Resolution

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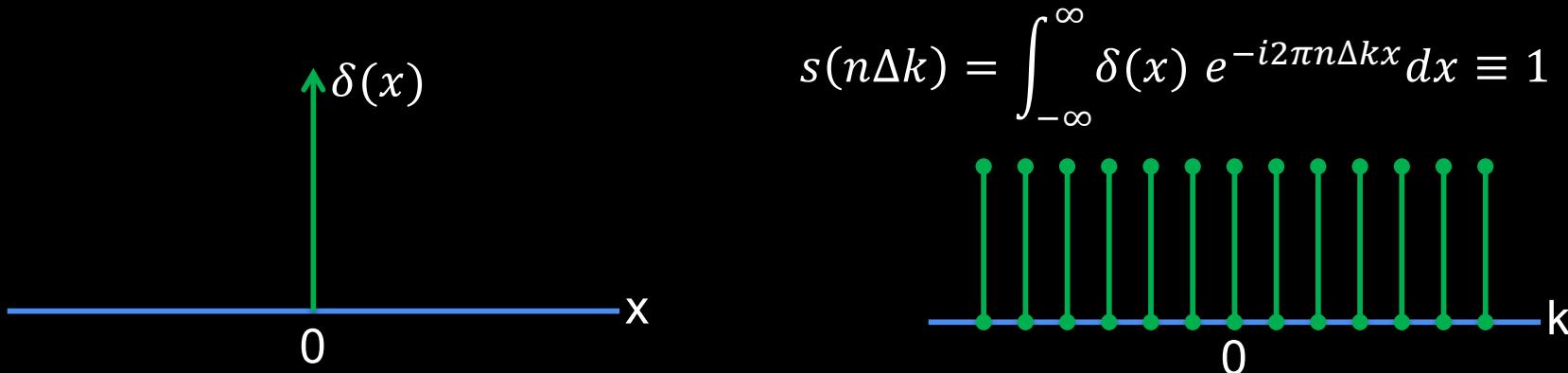
# k-space sampling: Resolution



# k-space sampling: Resolution

- Point-spread-function

A point source in the image domain k-space



Properties of Dirac delta function

$$\delta(x) = 0, \text{ for } x \neq 0$$

$$\int_{-\infty}^{\infty} \delta(x) dx = 1$$

$$\int_{-\infty}^{\infty} \delta(x) \varphi(x) dx = \varphi(0)$$

Reconstruction

$$h(x) = \Delta k \sum_{n=-N/2}^{\frac{N}{2}-1} \mathbf{1} e^{i2\pi n\Delta k x} = e^{-i\pi\Delta k x} \Delta k \frac{\sin(\pi N\Delta k x)}{\sin(\pi\Delta k x)}$$

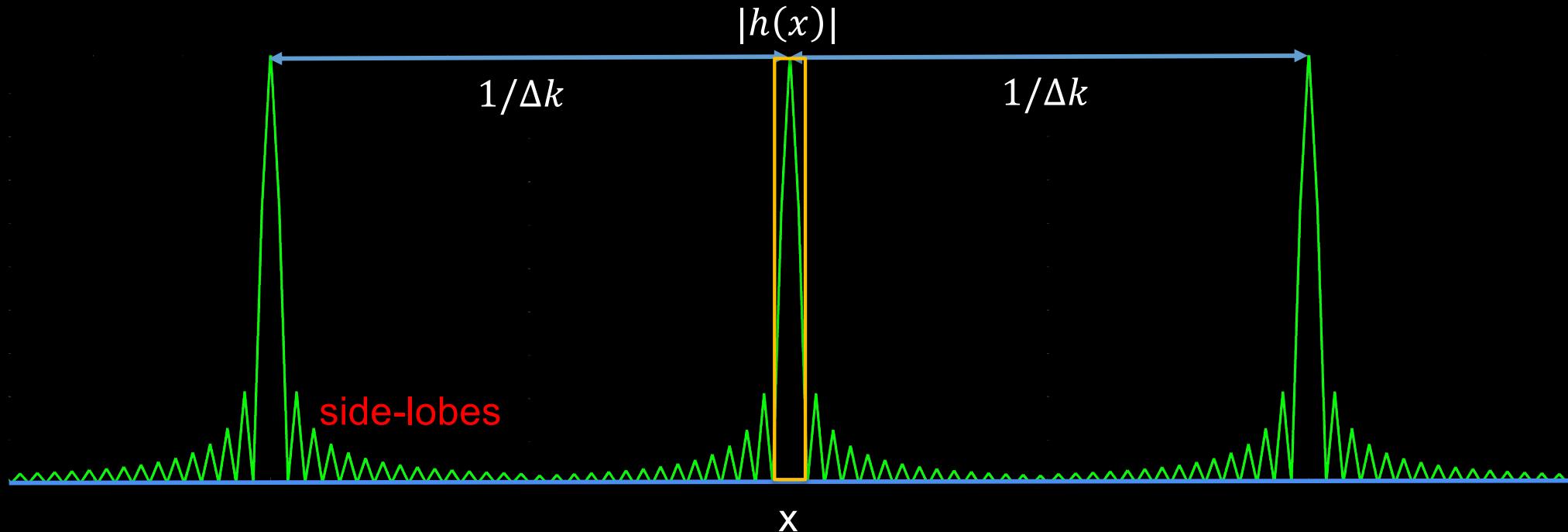
# k-space sampling: Resolution

- Point-spread-function

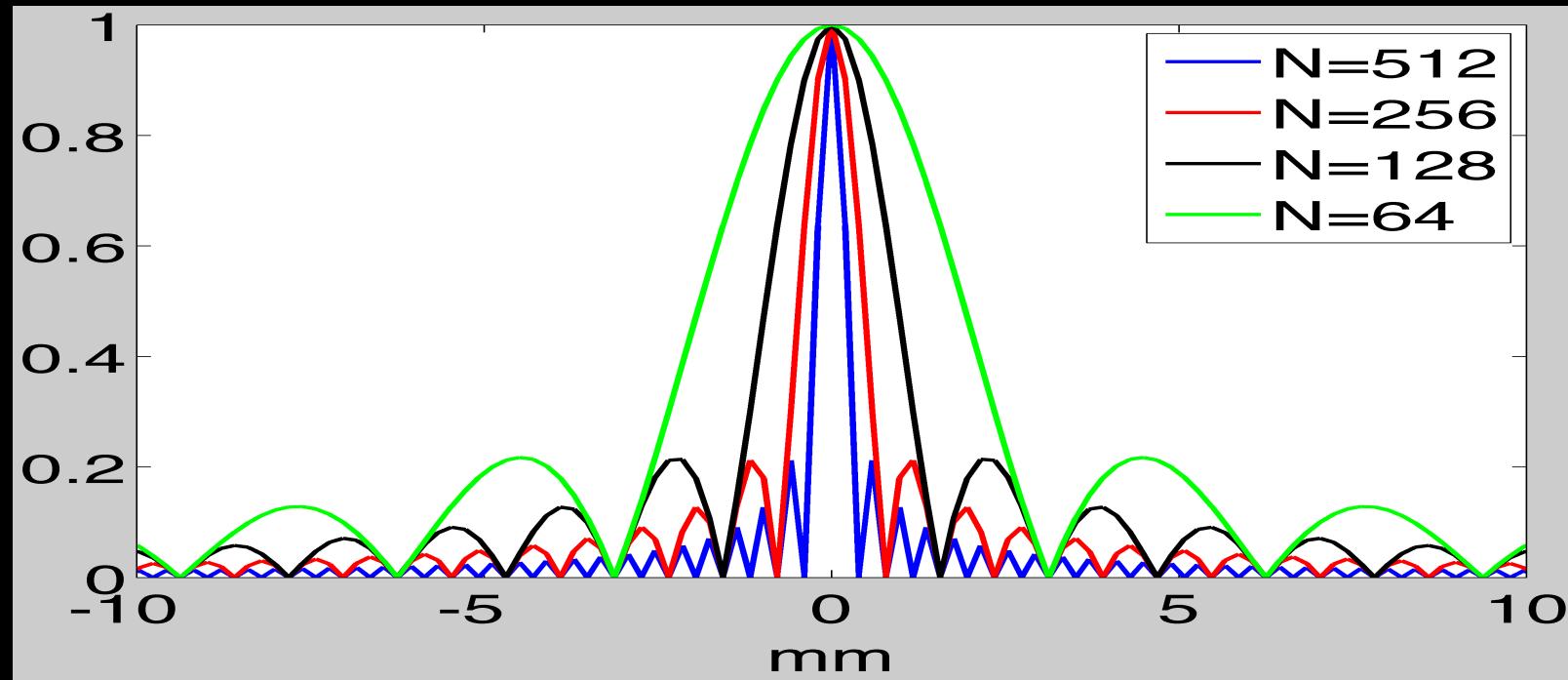
$$h(x) = e^{-i\pi\Delta k x} \Delta k \frac{\sin(\pi N \Delta k x)}{\sin(\pi \Delta k x)}$$

$$\hat{I}(x) = I(x) * h(x)$$

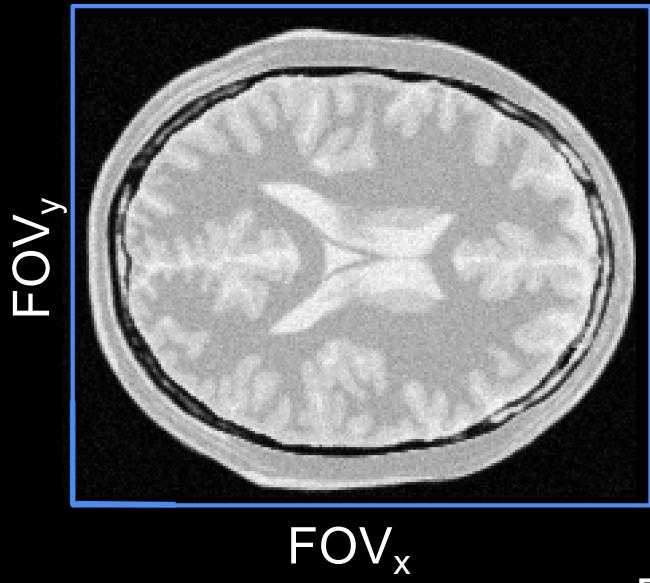
$$W_h = \frac{1}{h(0)} \int_{-FOV/2}^{FOV/2} h(x) dx = \frac{FOV}{N}$$



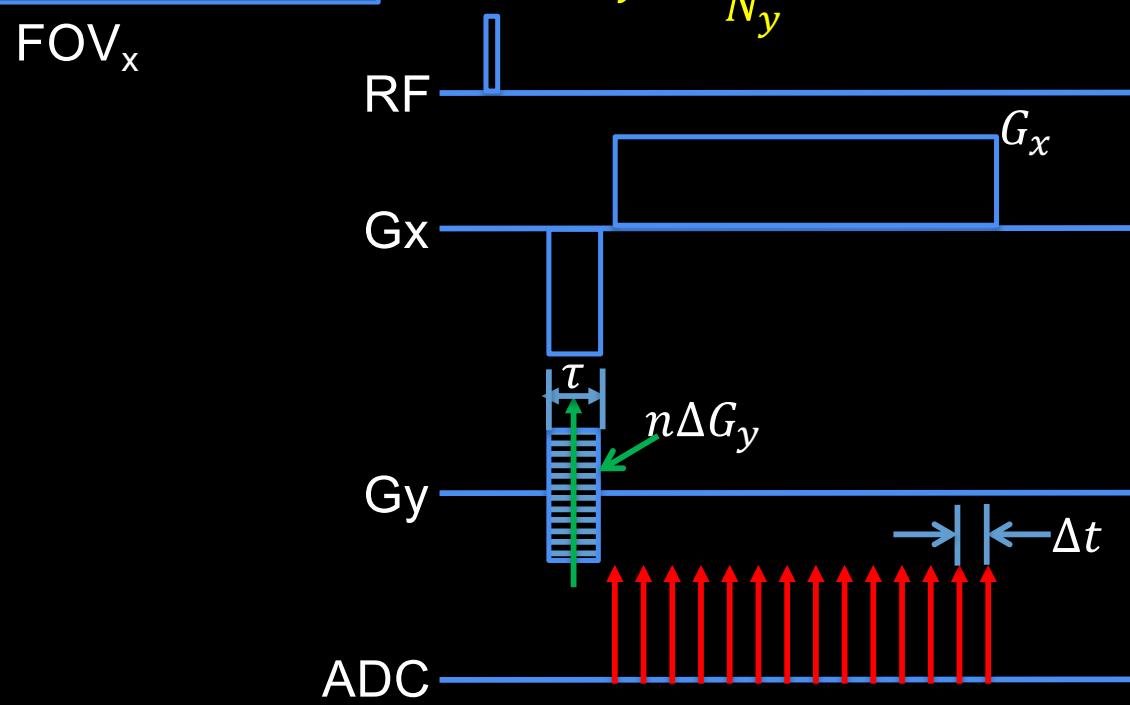
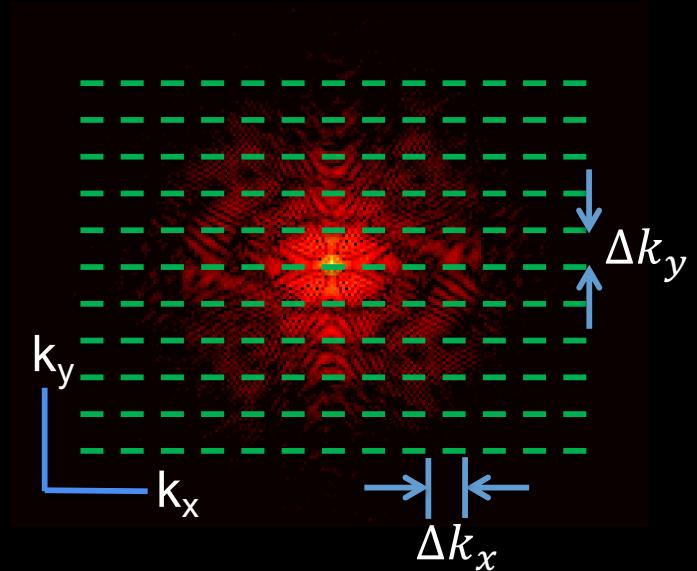
# k-space sampling: Resolution



# k-space sampling



$$\Delta k_x = \frac{\gamma G_x \Delta t}{2\pi} \leq \frac{1}{FOV_x}$$
$$\Delta k_y = \frac{\gamma \Delta G_y \tau}{2\pi} \leq \frac{1}{FOV_y}$$
$$\Delta_x = \frac{FOV_x}{N_x}$$
$$\Delta_y = \frac{FOV_y}{N_y}$$



# Summary

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- NMR physics
  - Spins and Bloch equation
- MR signal excitation and reception
- MR signal encoding & decoding
  - Frequency encoding
  - Phase encoding
  - Projection-based MR imaging
  - Fourier transform-based MR imaging
- K-space sampling
  - Field of View
  - Resolution

# Omitted topics

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- MR physics
  - Noise and signal-to-noise ratio
  - RF pulse design
  - Fast imaging sequence
    - RARE, FLASH, bSSFP, BURST, ...
  - Contrast
    - BOLD signal, diffusion, perfusion, susceptibility, spectroscopic imaging, flow imaging, ...
- MR imaging
  - k-space sampling trajectories and non-Cartesian reconstruction
  - Constrained image reconstruction
    - Parallel imaging, compressed sensing, low-rank matrix/tensor based reconstruction, model based reconstruction, ...
  - Parameter mapping
    - T1, T2, T2\*, B0, B1, water/fat separation, MR fingerprinting, ...
- MR hardware
  - Gradient coil design
  - RF coil design
  - Hardware imperfection and compensation
  - MRI using Earth's field
- Applications of MR

# Future readings

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- Quantum mechanics
  - M. H. Levitt, *Spin Dynamics: Basics of Nuclear Magnetic Resonance* (2<sup>nd</sup> Edition), John Wiley & Sons, Ltd., 2018.
- EM field in MR
  - J. M. Jin, *Analysis and Design in Magnetic Resonance Imaging*, CRC Press, 1998.
- MRI
  - Z.-P. Liang & P. C. Lauterbur, *Principles of Magnetic Resonance Imaging: A Signal Processing Perspective*, IEEE Press/John Wiley, 1999.
  - R. W. Brown, et al., *Magnetic Resonance Imaging: Physical Principles and Sequence Design* (2<sup>nd</sup> Edition), Wiley-Blackwell, 2014
- MRI sequence programming
  - M. A. Bernstein, et al., *Handbook of MRI Pulse Sequences*, Academic Press, 2004.

# There are much more!

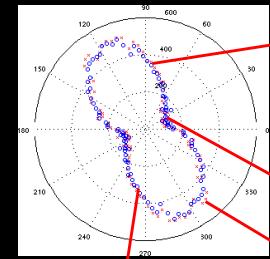
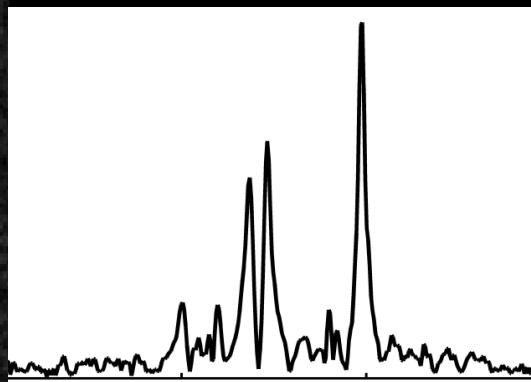
67

*There is nothing that nuclear spins will not do for you, as long as you treat them as human beings.*

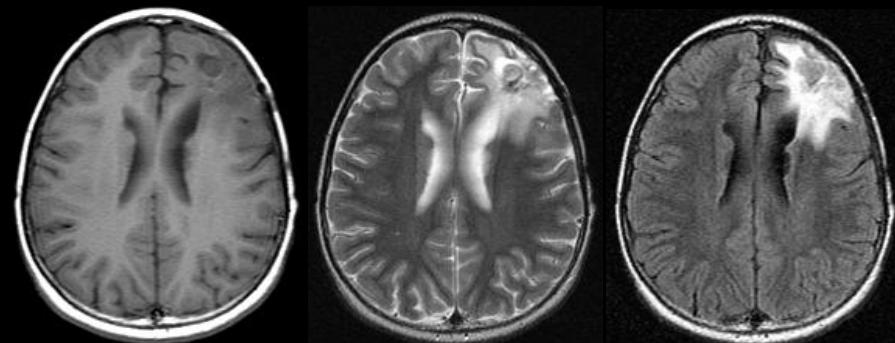
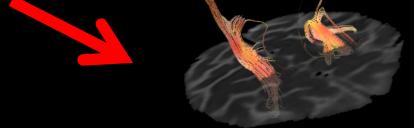
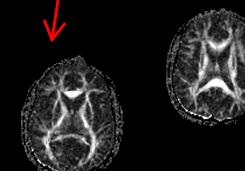
-- Erwin Hahn



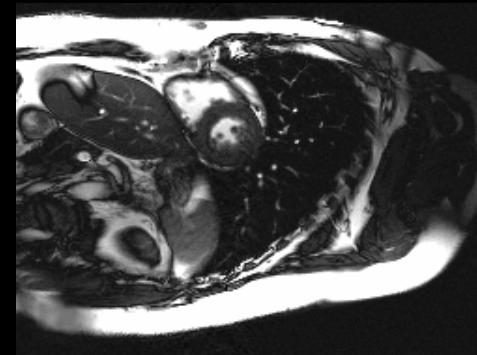
MRSI



Diffusion



T1, T2 changes



Cardiac imaging



Speech imaging



*Thank you for your attention.*