# Type-I Seesaw Mechanism and EW Vacuum Metastability (with Gravity!)

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In collaboration with Thomas Steingasser (MIT, Harvard BHI) [arXiv(hep-ph): 2303.abcde]

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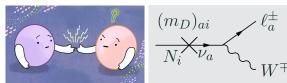
# Neutrino masses: Type-I seesaw

[Minkowski (PLB '77); Mohapatra, Senjanovic (PRL '80); Yanagida '79; Gell-Mann, Ramond, Slansky '79; Glashow '80]

Add SM-singlet heavy Majorana neutrinos.

$$-\mathcal{L}\supset Y_l\bar{L}_lHl_R+Y_D\bar{L}_l\tilde{H}N+\frac{1}{2}\bar{N^c}M_NN+h.c.$$

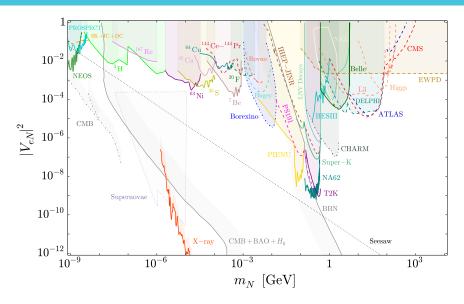
• For small mixing,  $m_{\nu} \simeq m_D \, M_N^{-1} \, m_D^T$  , where  $m_D = v_{ew} \, Y_D$  .



• It can connect neutrino mass mechanism and matter-antimatter asymmetry.

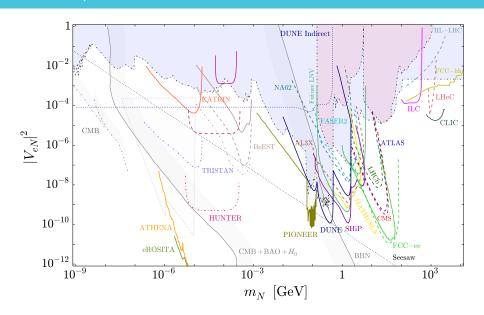


### **Current Bounds**



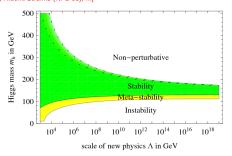
[Bolton, Deppisch, Dev (JHEP '20)][Atre, Han, Pascoli, Zhang (JHEP '09); Deppisch, Dev, Pilaftsis (NJP '15); de Gouvea, Kobach (PRD '16); Drewes,

# **Future Prospects**



### Beyond $M_N > \text{TeV}$

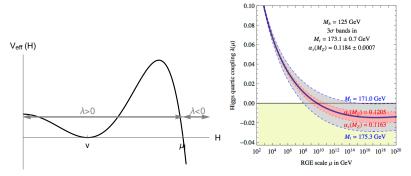
- From theoretical standpoint, naturalness criterion [Vissani (PRD '98); Clarke, Foot, Volkas (PRD '15);
   Bambhaniya, Dev, Goswami, Khan, Rodejohann (PRD '17)] can help constrain.
- Other tool: (meta-)stability of the vacuum [Rodejohann,Zhang(JHEP'12); Khan,Goswami,Roy(PRD'14);
   Rose,Marzo,Urbano(JHEP'15); Lindner,Patel,Radovcic(PRD'16); Bambhaniya,Dev,Goswami,Khan,Rodejohann (PRD '17);
   Ipek,Plascencia,Turner(JHEP'18); Mandal,Srivastava,Valle(PRD'20)].
- Mass range for Higgs boson was constrained before its discovery. [Linder (ZPCF'86); Casas, Espinosa, Quiros (PLB'94); Isidori, Ridolfi, Strumia (NPB'01); ....]



 $\bullet$  We constrain low-scale seesaw for  $M_N$  above TeV and high-scale seesaw above  $10^9$  GeV.

### Electroweak Vacuun

 $\bullet$  Higgs potential develops a deeper minimum at  $10^{11}$  GeV, making the SM vacuum metastable.[Isidori, Ridolfi, Strumia (Nucl.Phys '01) ]



• Effective potential  $V_{eff} \sim -m^2(H)H^2 + \lambda(H)H^4$ ,

$$\beta_{\lambda} = \frac{\mathsf{d}\lambda}{\mathsf{d}\log\mu} \sim (4\pi)^{-2}(\lambda^2 - y_t^4 + \dots)$$

makes  $\lambda$  run to negative values.

# Electroweak Vacuum : Decay Rate

• Total decay rate is the integral over the contributions of all nucleated bubbles.

$$rac{\Gamma}{V}=\intrac{\mathrm{d}r}{r^{5}}~\mathrm{e}^{-S_{E}}~,~\mathrm{where}~S_{E}=rac{8\pi^{2}}{3\left|\lambda\left(r^{-1}
ight)
ight|}.$$

 $\bullet$  The integral over r can be performed analytically,

$$\frac{\Gamma}{V} \propto \mu_*^4 \mathrm{e}^{-\frac{8\pi^2}{3|\lambda(\mu_*)|}},$$

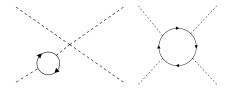
where  $\beta_{\lambda}(\mu_*) = 0$ .

ullet Decay rate maximized o minimum euclidean action  $S_E$  o maximize  $|\lambda|$ 

### Effect of RH Neutrinos

• RHNs contribution to the  $\lambda$ 's beta function<sup>1</sup>,

$$\Delta\beta_{\lambda} = \frac{1}{4\pi^2}(4\lambda \mathrm{Tr}[\mathbf{Y}_{\mathbf{D}}^{\dagger}\mathbf{Y}_{\mathbf{D}}] - 2\mathrm{Tr}[\mathbf{Y}_{\mathbf{D}}^{\dagger}\mathbf{Y}_{\mathbf{D}}\mathbf{Y}_{\mathbf{D}}^{\dagger}\mathbf{Y}_{\mathbf{D}}])$$



 $\bullet$  RHNs effect on the  $y_t$ ,

$$\Delta \beta_{y_t} = \frac{1}{4\pi^2} y_t \mathsf{Tr}[\mathbf{Y}_{\mathbf{D}}^{\dagger} \mathbf{Y}_{\mathbf{D}}]$$

- $\bullet$  Drives  $\lambda$  to more negative values, increases the decay rate.
- ullet Pushes  $\mu_*$  towards large values, often **beyond the Planck scale**.
- Gravity cannot be neglected!

<sup>&</sup>lt;sup>1</sup>[Pirogov,Zenin (EPJC'99); Casas,Espinosa,Ibarra,Navarro(NPB'00); Antusch,Kersten,Lindner,Ratz(PLB'02,NPB'03);]

# Effect of Gravity and non-minimal coupling

• Higgs can interact with gravity in two ways<sup>2</sup>

$$S = \int \mathrm{d}^4 x \sqrt{-g} \ \left( \mathcal{L}_{\rm SM} + \frac{\xi}{2} R H^2 \right), \label{eq:SM}$$

where R is the curvature scalar.

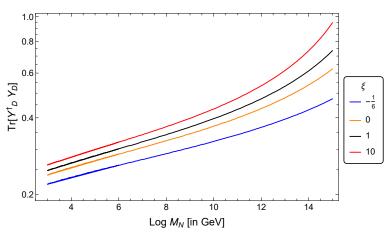
- $\bullet$   $\xi$  can be generated radiatively.
- Gravitational correction to euclidean action is

$$S_E^{\text{grav}} \simeq \frac{8\pi^2}{3\left|\lambda\left(r^{-1}\right)\right|} + \frac{256\pi^3(1+6\xi)^2}{45\lambda^2\left(r^{-1}\right)} \frac{1}{\left(rM_{\text{Pl}}\right)^2},$$

 $<sup>^2 [</sup>Isidori, Rychkov, Strumia, Tetradis (PRD'08); Salvio, Strumia, Tetradis, Urbano (JHEP'16)]$ 

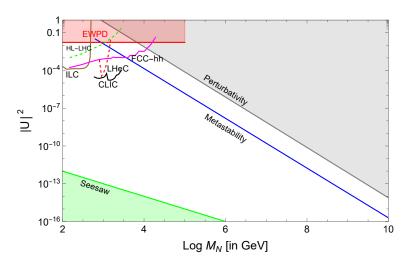
## Type-I Low-Scale seesaw

- ullet Lowering  $M_N$  below GUT scale leads to tiny mixing angles, in canonical seesaw.
- Lighter  $M_N$  and larger mixings  $\rightarrow$  internal cancellation in the seesaw relation.
- Large mixing angles are possible with special textures for  $Y_D$  and  $M_N$ . [Pilaftsis (ZPC '92);; Gluza (APPB '02); de Gouvea '07; Kersten, Smirnov (PRD '07); Gavela, Hambye, Hernandez, Hernandez (JHEP '09); Ibarra, Molinaro, Petcov (JHEP '10); Deppisch, Pilaftsis (PRD '11); Adhikari, Raychaudhuri (PRD '11); Mitra, Senjanovic, Vissani (NPB '12); ; Dev, Lee, Mohapatra (PRD '13); Babu, Ghosh '17]
- Cancellations are stable under radiative corrections, if RHNs masses are degenerate.
   Kerston, Smirnov (Phys. Rev. D '07)
- RGE running using  ${
  m Tr}[Y_D^\dagger Y_D]^2 \sim {
  m Tr}[Y_D^\dagger Y_D Y_D^\dagger Y_D]$  and Casas-Ibarra parametrisation.



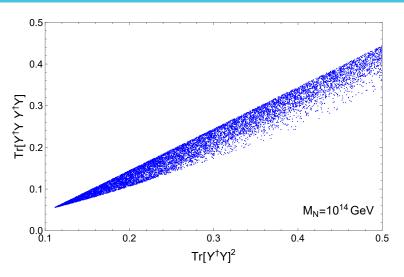
- ullet Bounds on  ${
  m Tr}(Y_D^\dagger Y_D)$  are independent of 2 or 3 RHNs
- ullet These bounds get relaxed for increasing  $\xi$

### Results: Low-scale seesaw



• Bounds from metastability are the strongest above TeV scale.

# Does always $T_2^2 \sim T_4$ ?



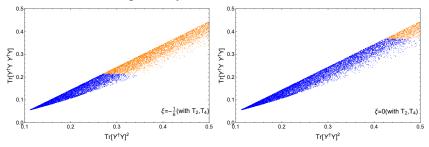
- Scan plot of  $T_2$  vs.  $T_4$  at  $M_N=10^{14}$  GeV.
- Whole matrix run necessary?

# New Technique for RGE running

 $\bullet$  Usually  $\beta_{T_2}$  depends on  $T_4$  ,  $\beta_{T_4}$  needs  $T_6$  and so on ...

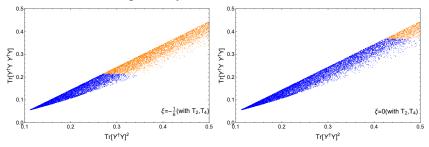
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• Metastability bound depends very strongly on  $T_4$ .

# High-scale seesaw

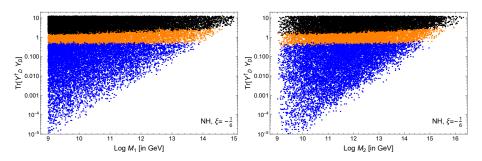
- Features heavy RHN mass scales near GUT scale.
- ullet Can generate baryon asymmetry  $(\eta_B)$  without requiring finely tuned  $M_N$
- ullet Davidson-Ibarra Bound  $< M_1 <$  Instanton Scale [Davidson, Ibarra '02; Buchmuller, Di Bari, Plümacher '02]
- Scan over the RHN mass ranges :

$$\begin{split} M_1 &= \{10^9,\ 10^{15}\}\ \text{GeV} \\ M_2 &= \{M_1,\ 10^{19}\ \text{GeV}\} \\ M_3 &= \{M_2,\ 10^{19}\ \text{GeV}\} \\ R &= R_{23}(z_1)R_{13}(z_2)R_{12}(z_3) \end{split}$$

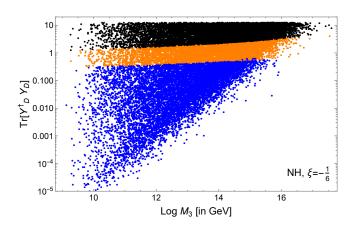
where  $z_i\,(i=1,2,3)$  are complex,  $\mathrm{Re}(z_i)\in[-\pi,\pi]$  and  $\mathrm{Im}(z_i)\in[-\pi,\pi]$ .

# Results: High-scale seesaw

- NH and no gravity
- $\bullet$   $(M_1)_{max} = 10^{13.9}$  GeV and  $(M_2)_{max} = 10^{14.9}$  GeV
- $(T_2)_{max} = 0.63$

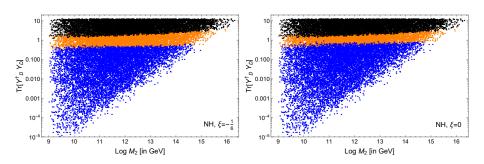


# Results: High-scale seesaw



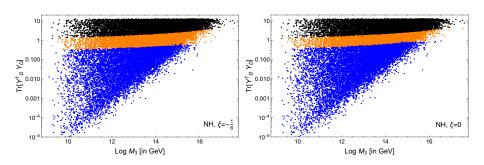
- NH and no gravity
- $(M_3)_{max} = 10^{15.9}$  GeV and  $(T_2)_{max} = 0.63$

# Results: High-scale seesaw (with gravity)



- $(T_2)_{max} = 0.63 \rightarrow 0.94$
- $(M_2)_{max} = 10^{14.9} \text{ GeV} \rightarrow 10^{15.1} \text{ GeV}$

# Results: High-scale seesaw (with gravity)



- $(T_2)_{max} = 0.63 \rightarrow 0.94$
- $(M_3)_{max} = 10^{15.9} \text{ GeV} \rightarrow 10^{16.5} \text{ GeV}$

# Summary

- $\bullet$  Studied the effect of Type-I seesaw (for  $M_N>1$  TeV) on EW vacuum metastability including gravity.
- Strong bounds on mixing  $|U|^2$  in low-scale seesaw.
- ullet Upper bound on allowed  $M_{1,2,3}$  from metastability in high-scale seesaw.
- ullet Effect of  $T_4$  on running of quartic coupling ullet  $T_2-T_4$  method for RGE running.
- ullet Gravity significantly stabilizes the potential and lowers the stringent bounds on  $Y_D$ .

Thank you!

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