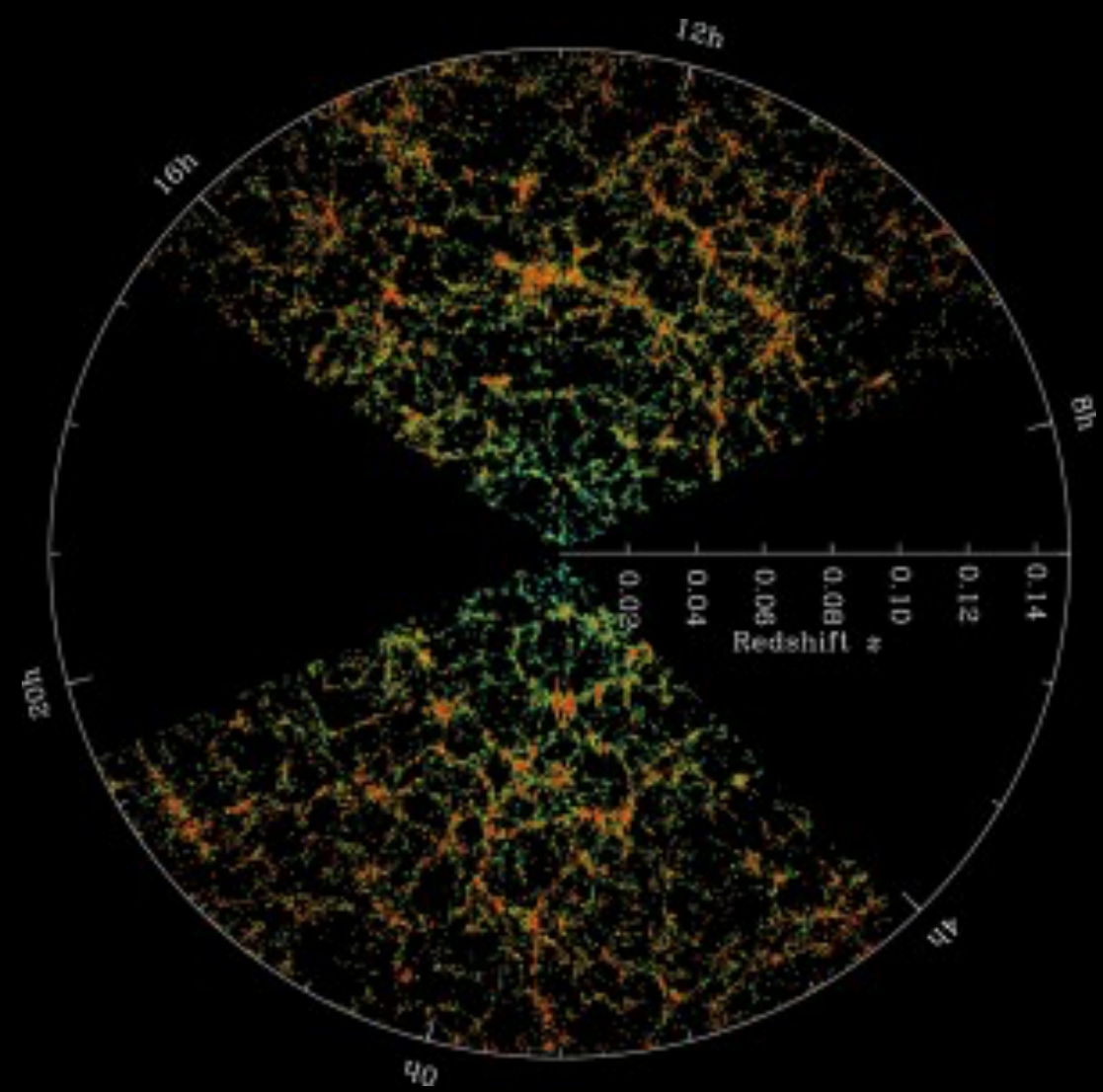
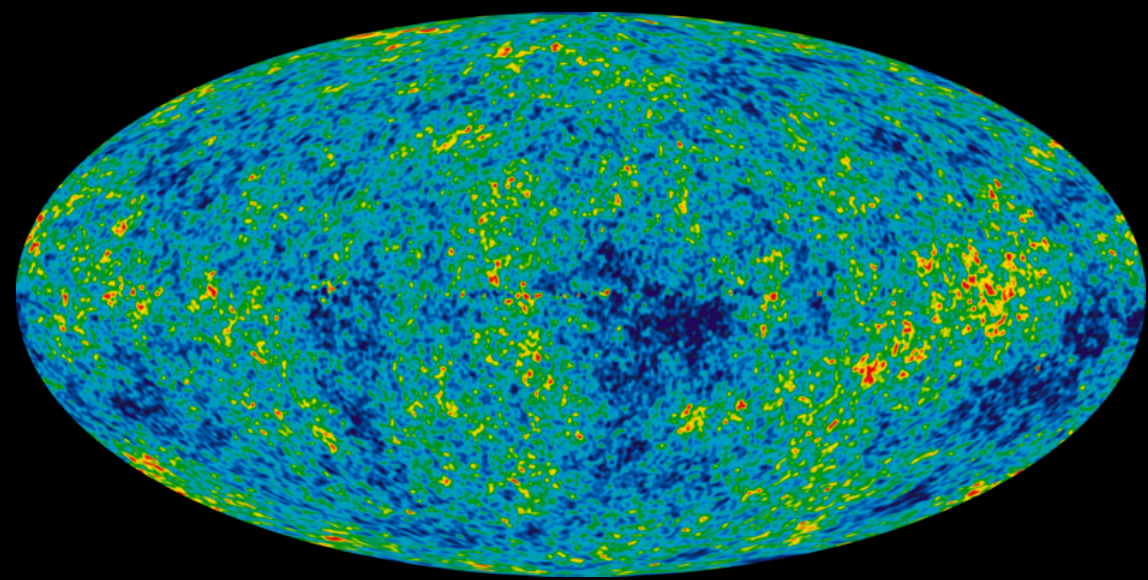
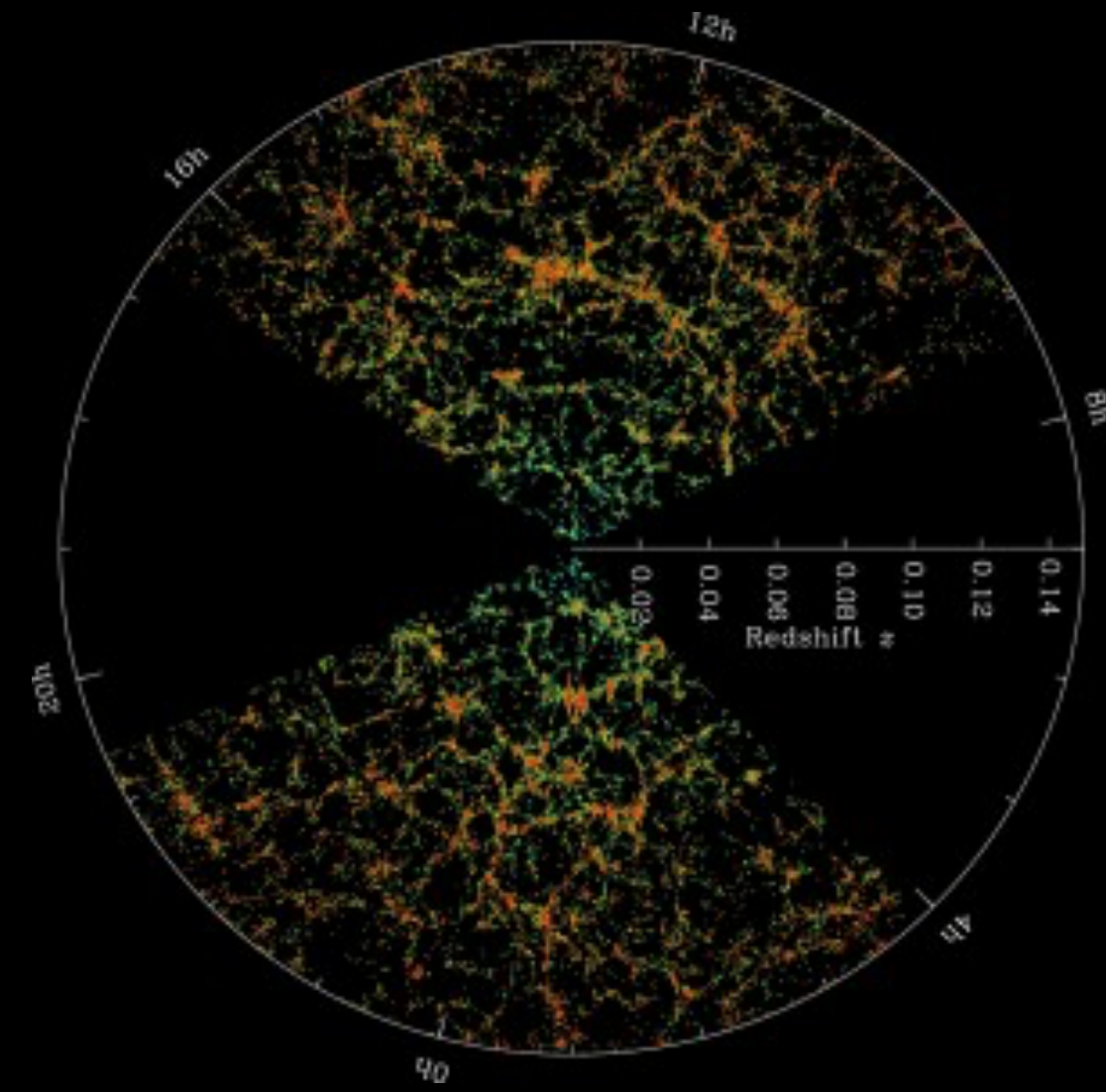
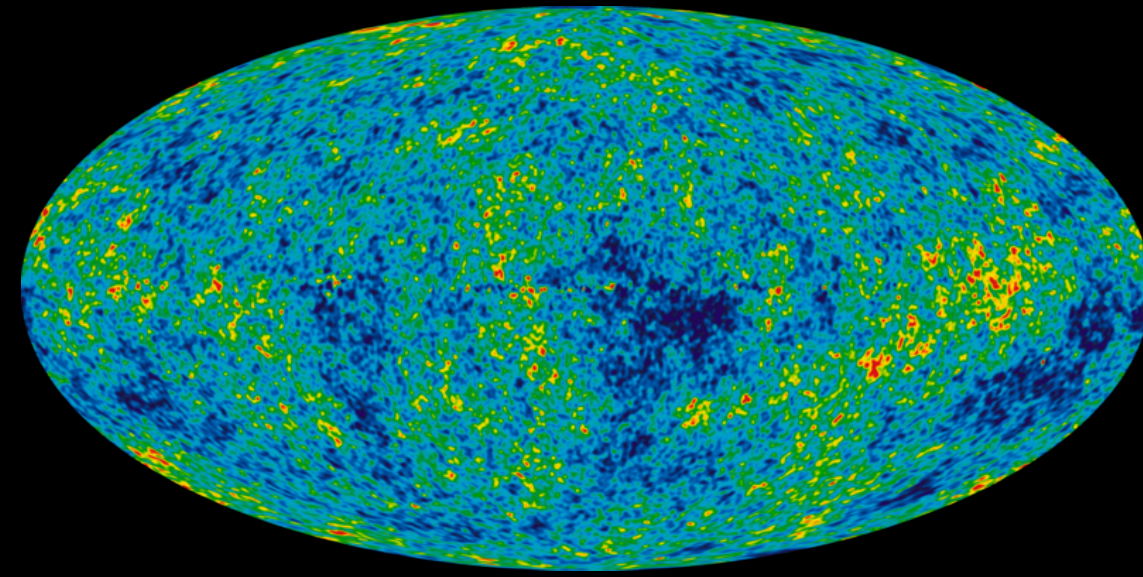


Seeing highly anisotropic gravitational wave backgrounds from phase transitions

Arushi Bodas

with Raman Sundrum @ University of Maryland
Based on 2211.09301





Quantum fluctuations of a single scalar field + inflation

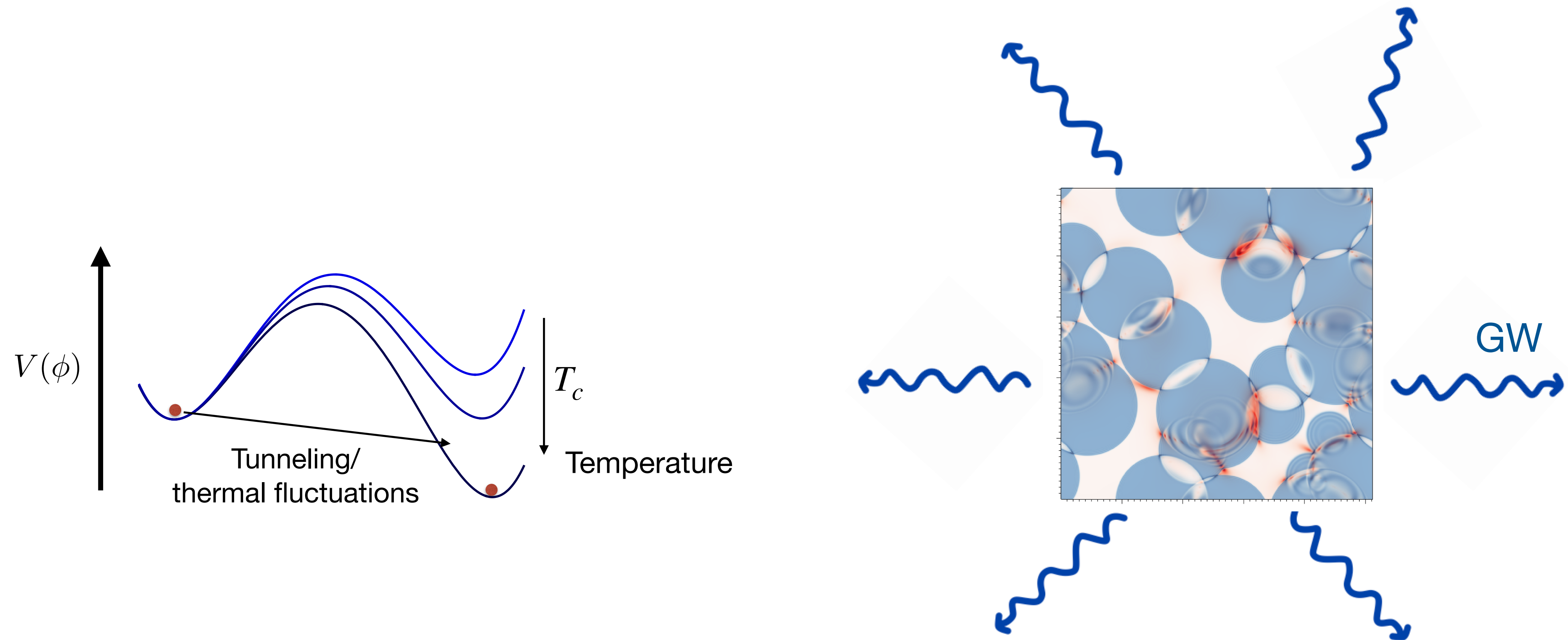
Anisotropy maps are windows into inflation

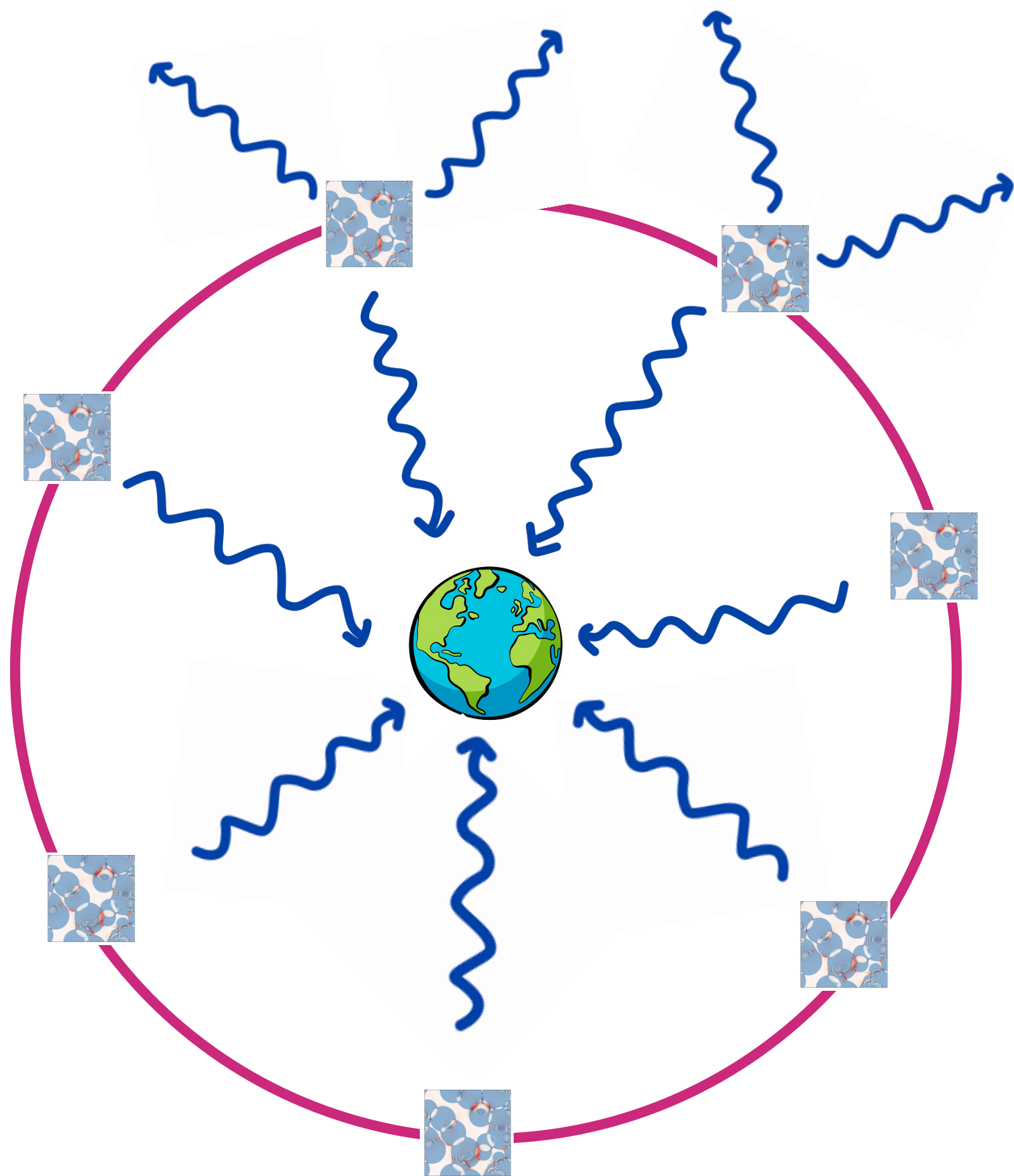
Can there be new anisotropy maps that may provide information we haven't already learnt?

Can there be new anisotropy maps that may provide information we haven't already learnt?

- An example of a new anisotropy map: gravitational wave background (GWB)
- A simple model to create such a map
- The simple model typically leads to small GW signals (**Caveat**)
- **Our model with early matter dominance** can enhance the GW signal from naive expectation, significantly improving its detection prospects at GW detectors

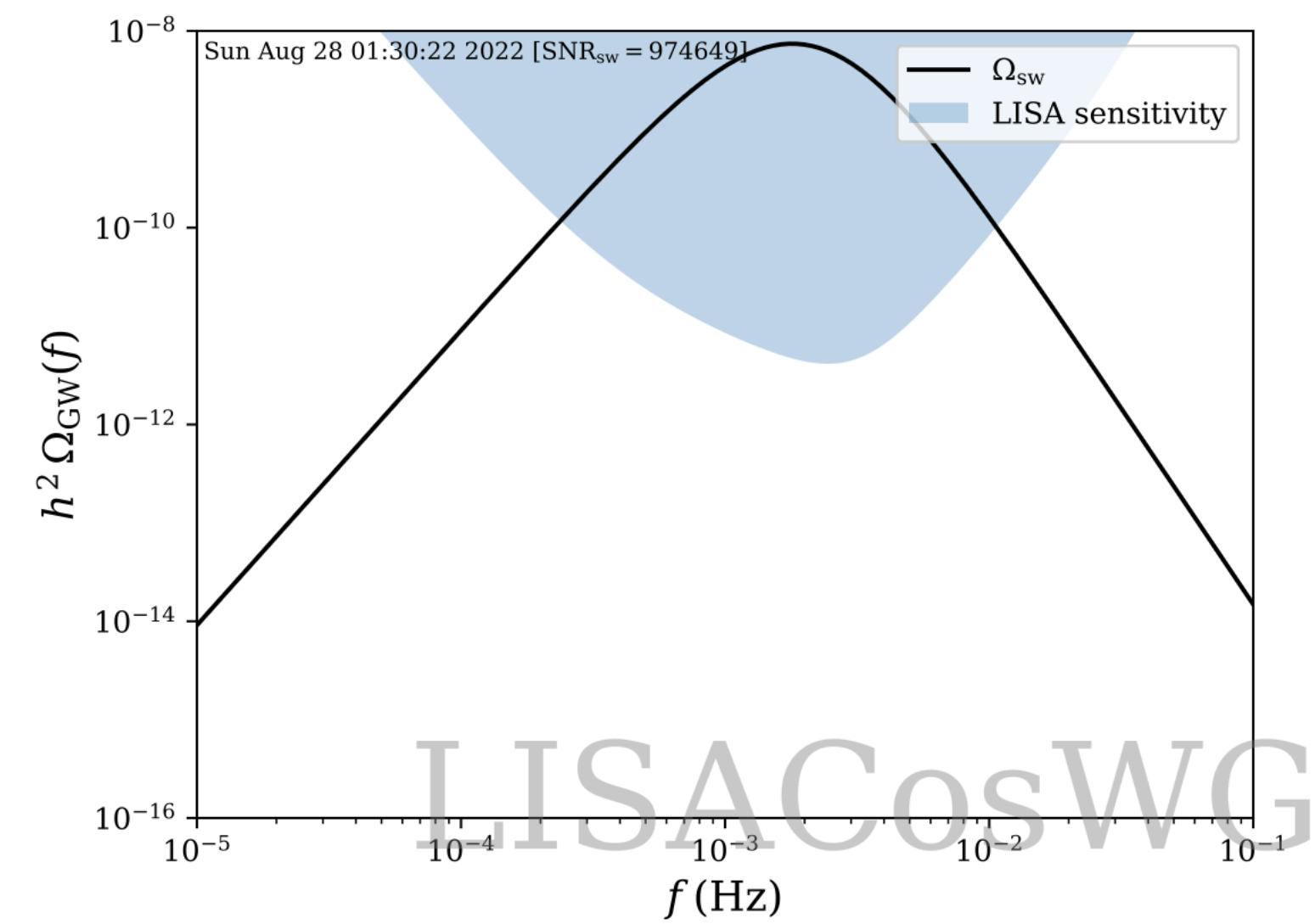
New map: Gravitational wave backgrounds from First-order phase transitions



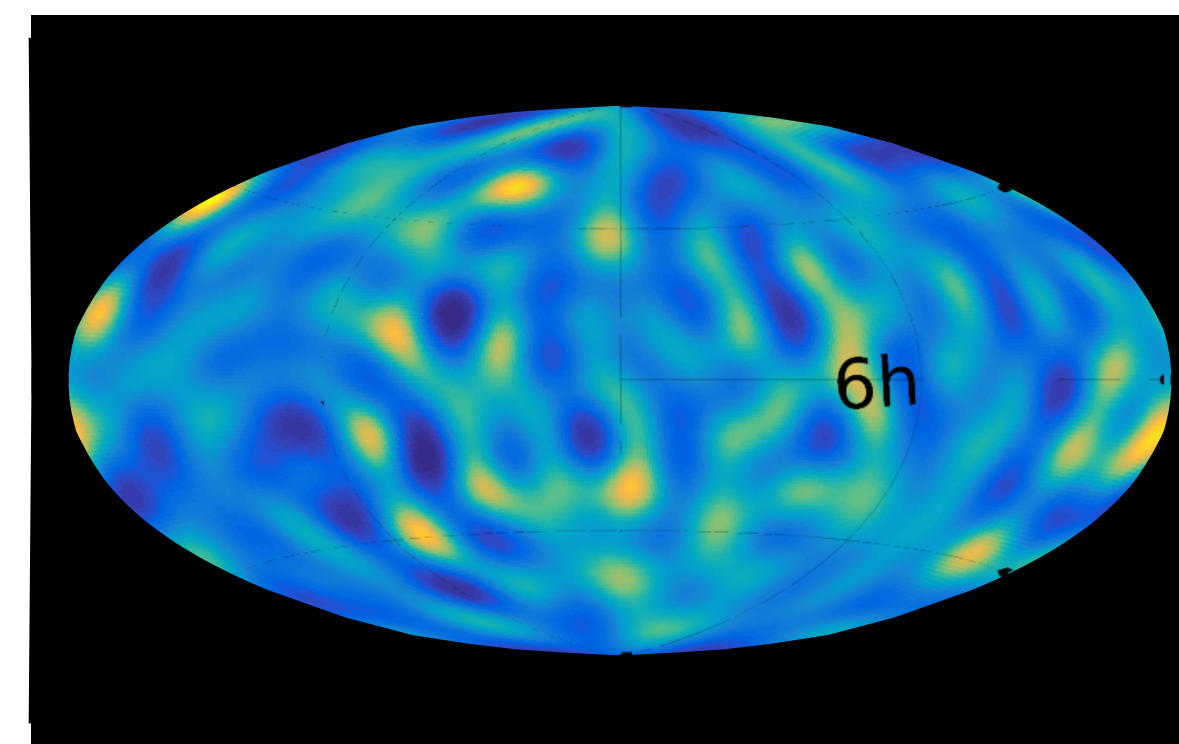


Frequency spectrum

Angular power spectrum

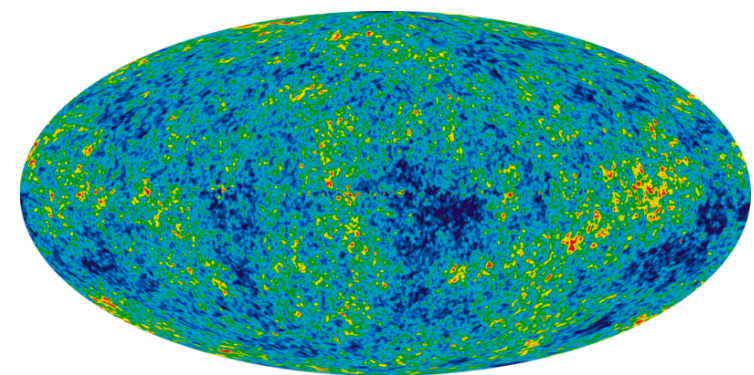
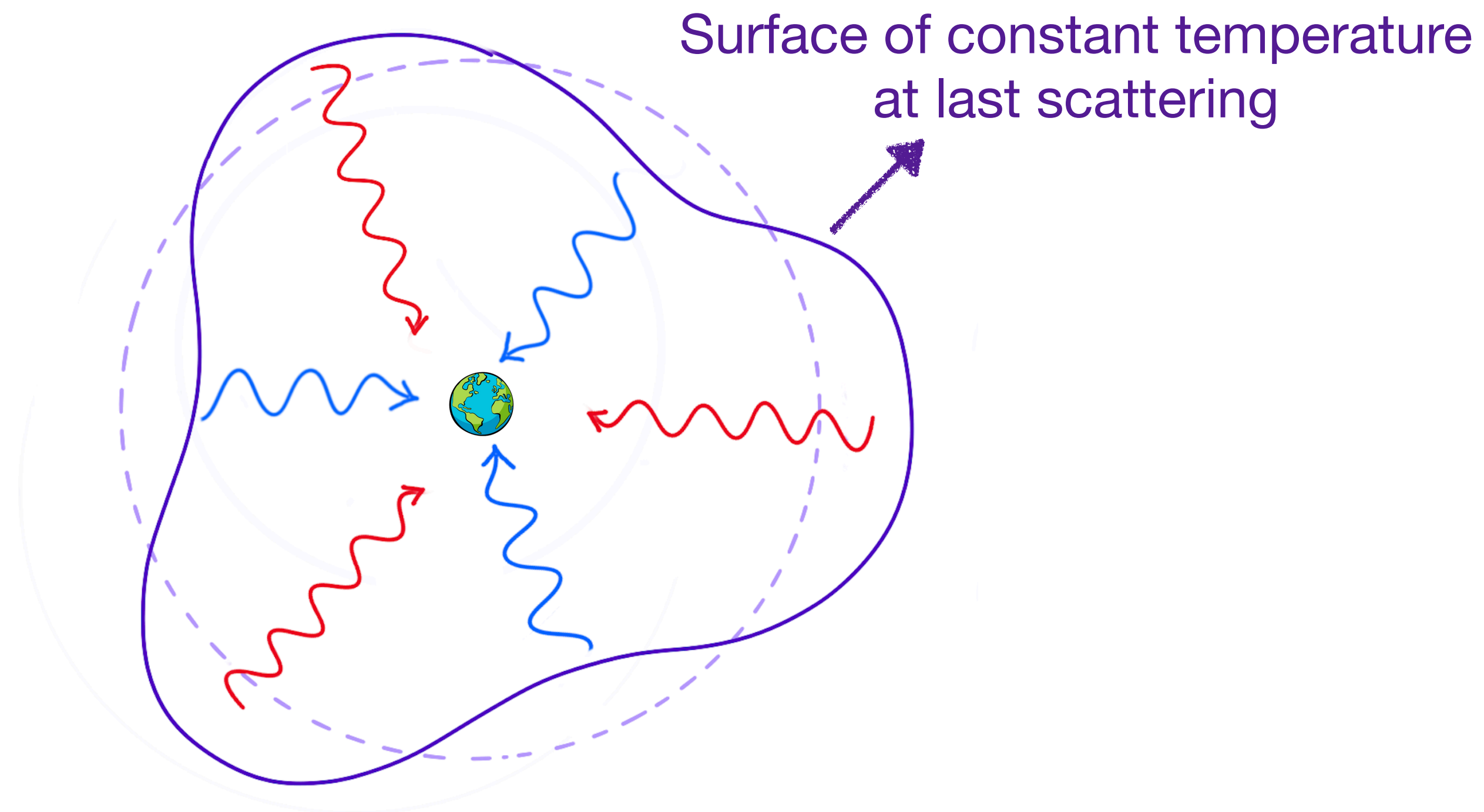


PTPlot.org



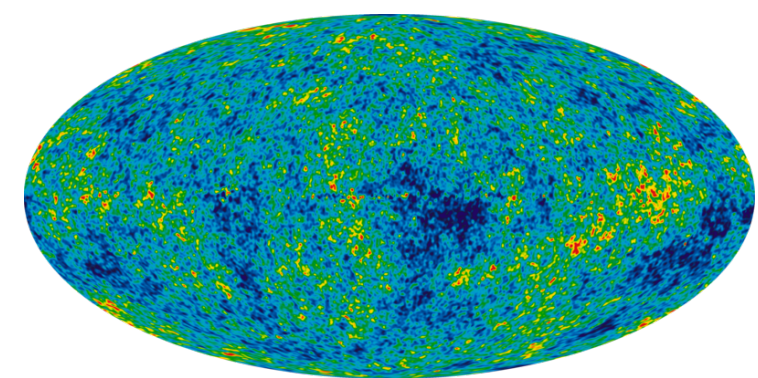
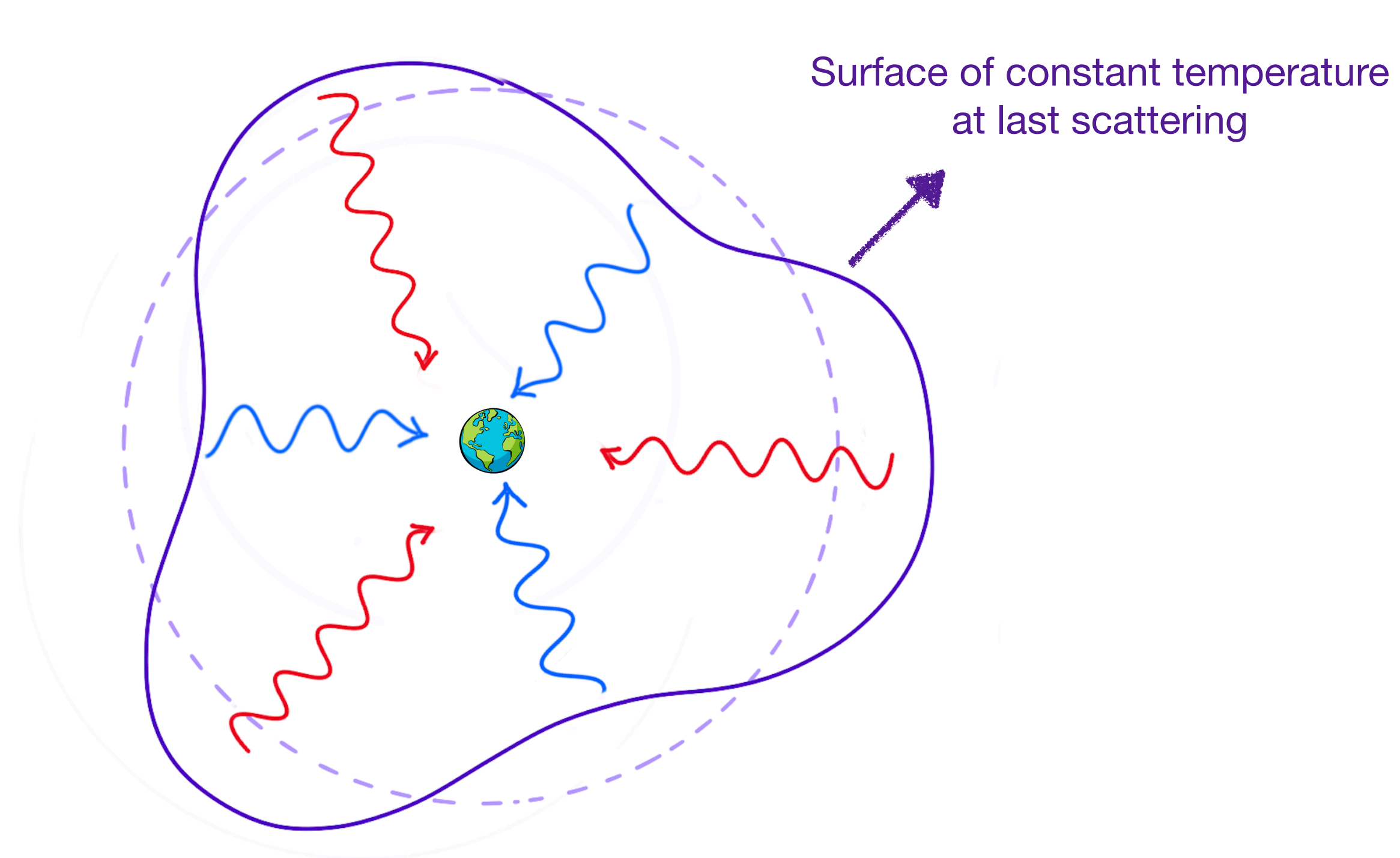
LIGO template

Recap: CMB anisotropies

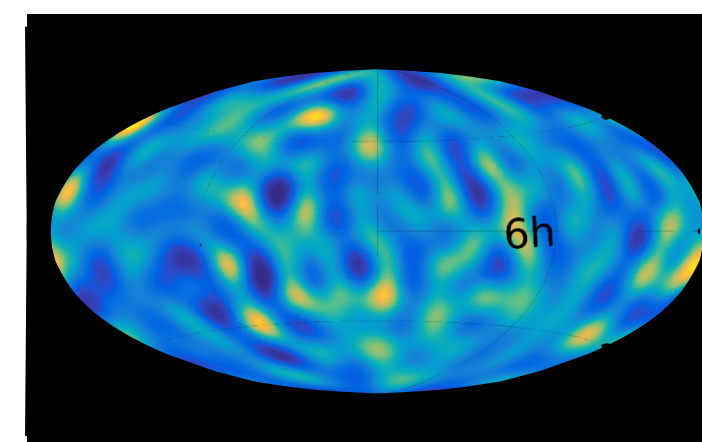
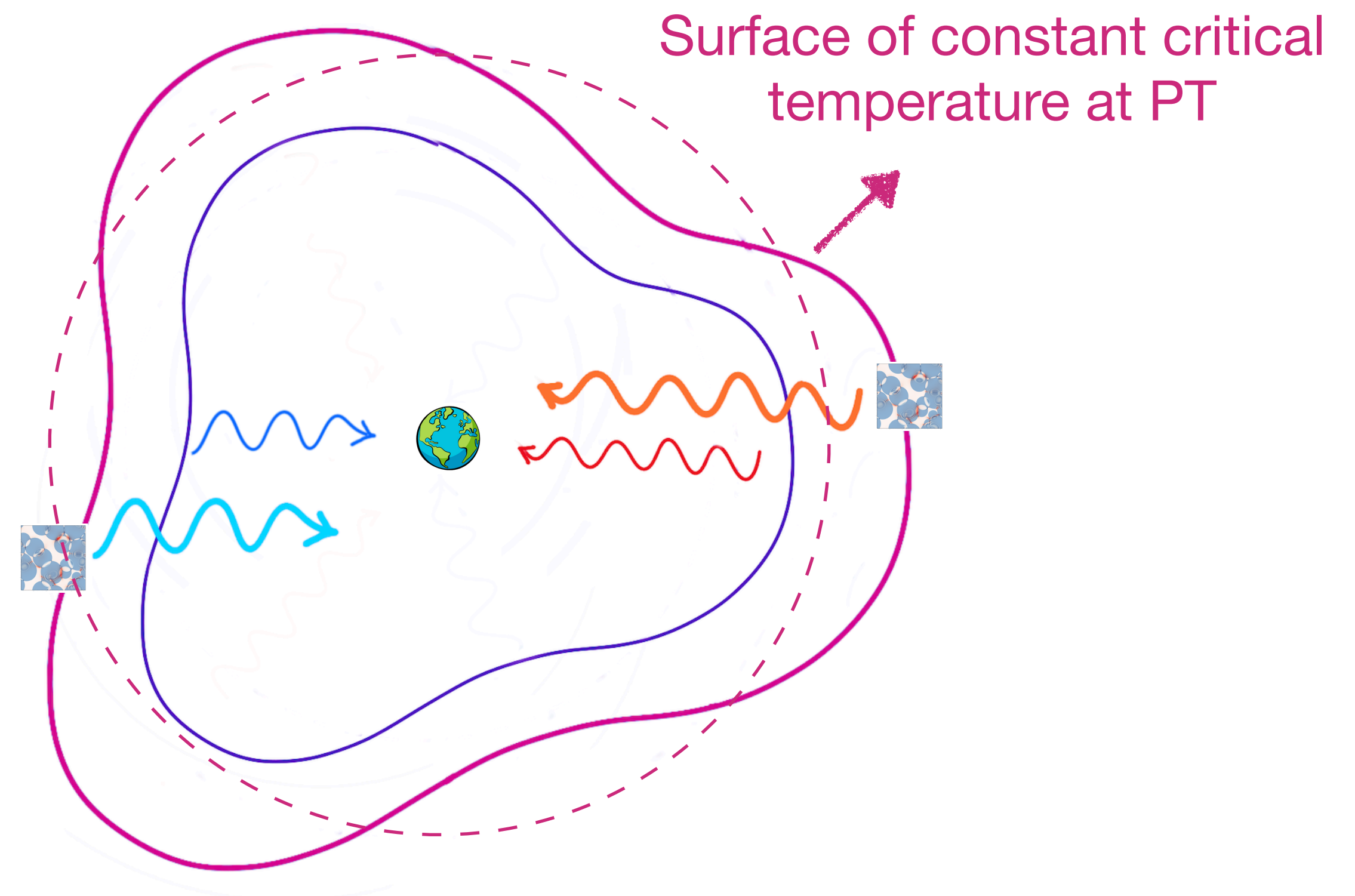


$$\delta_{\text{CMB}} \equiv \frac{\Delta T}{\bar{T}} \sim 10^{-5}$$

GWB anisotropies

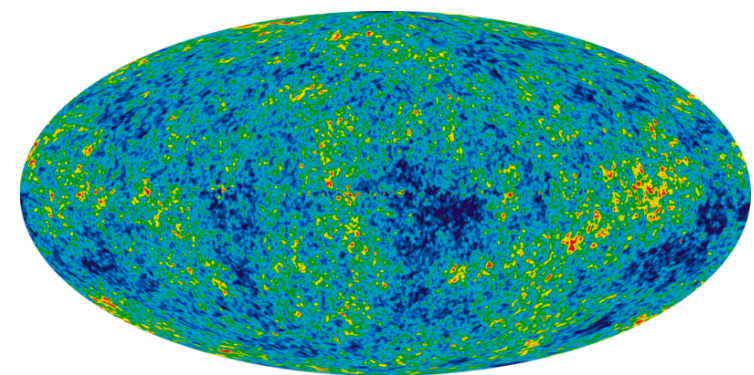
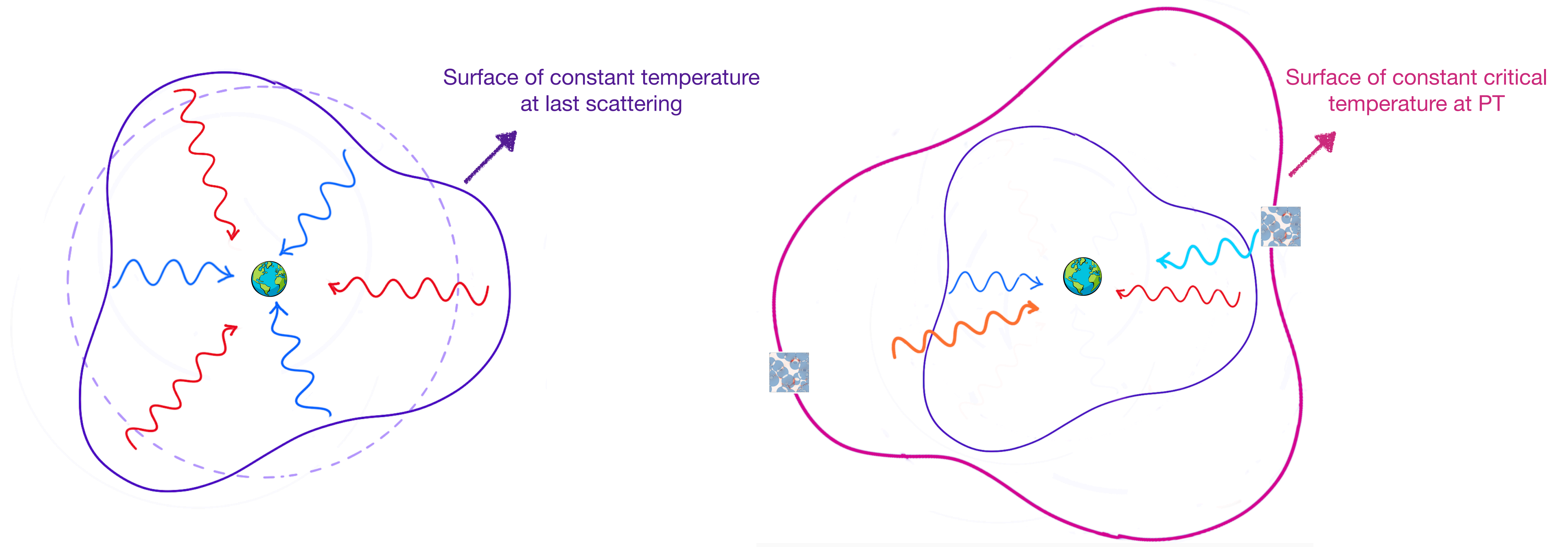


$$\delta_{\text{CMB}} \equiv \frac{\Delta T}{\bar{T}} \sim 10^{-5}$$

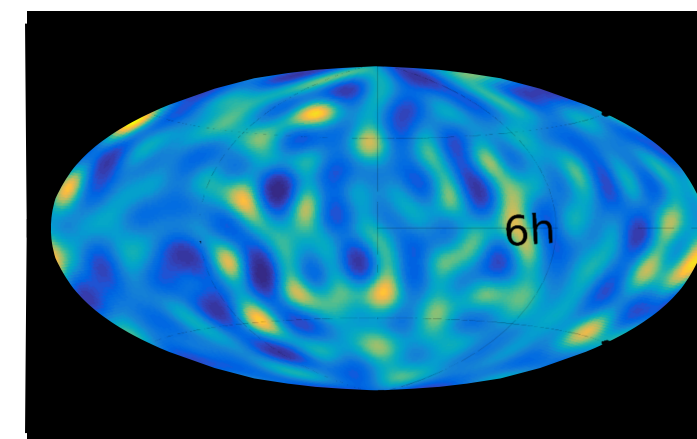


$$\delta_{\text{GW}} \equiv \frac{\Delta \rho_{\text{GW}}}{\bar{\rho}_{\text{GW}}} \sim 10^{-5}$$

Uncorrelated GWB anisotropy

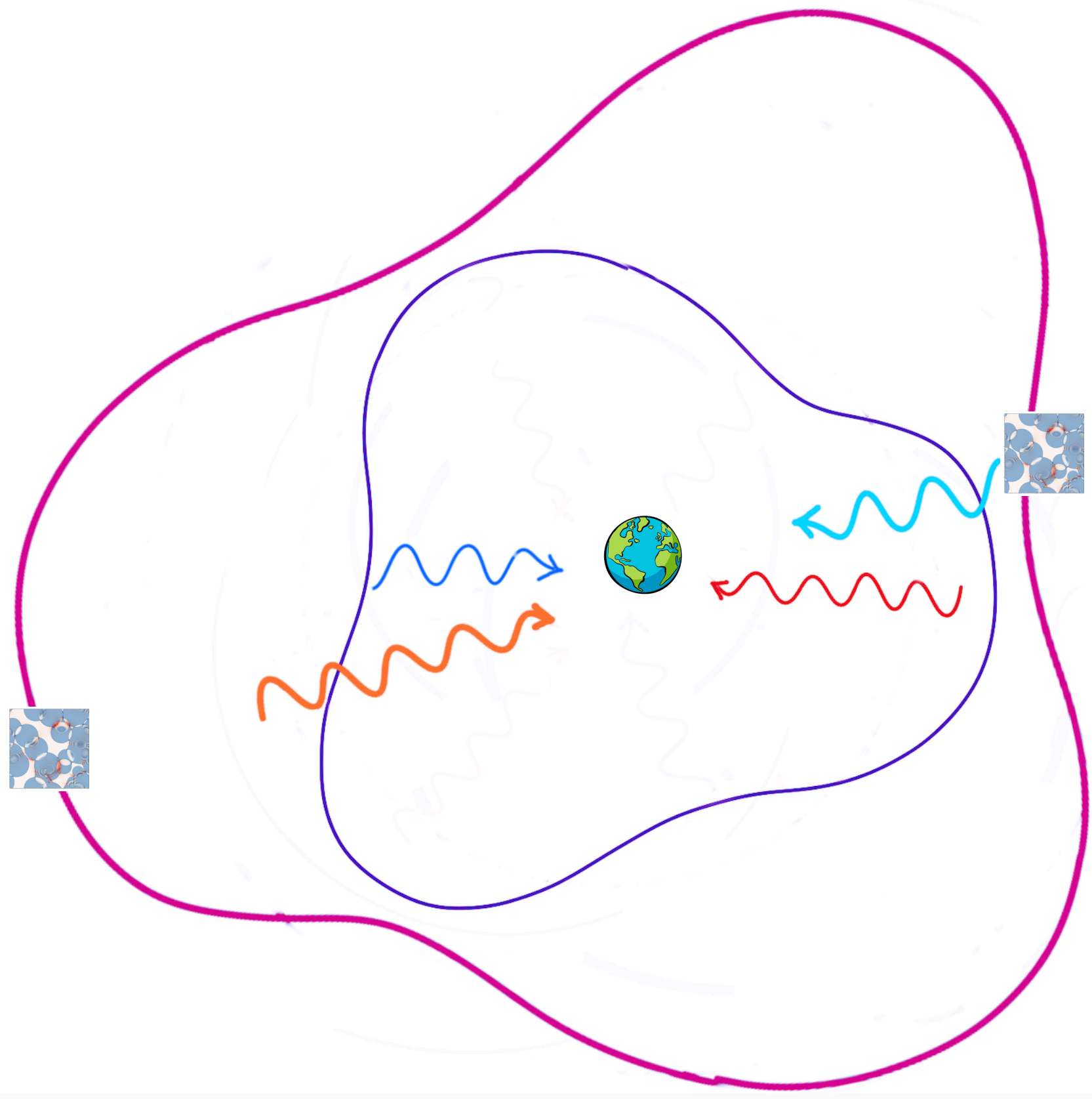


$$\delta_{\text{CMB}} \equiv \frac{\Delta T}{\bar{T}} \sim 10^{-5}$$



$$\delta_{\text{GW}} \equiv \frac{\Delta \rho_{\text{GW}}}{\bar{\rho}_{\text{GW}}} \neq 10^{-5}$$

Uncorrelated GWB anisotropy



Uncorrelated large-scale fluctuations → a different quantum field from inflation

$$\delta_{\text{GW}} \equiv \frac{\Delta\rho_{\text{GW}}}{\bar{\rho}_{\text{GW}}} \gg 10^{-5}$$

Interesting features such as tilt, scale-invariance breaking feature, non-gaussianity → new signatures of physics from inflation

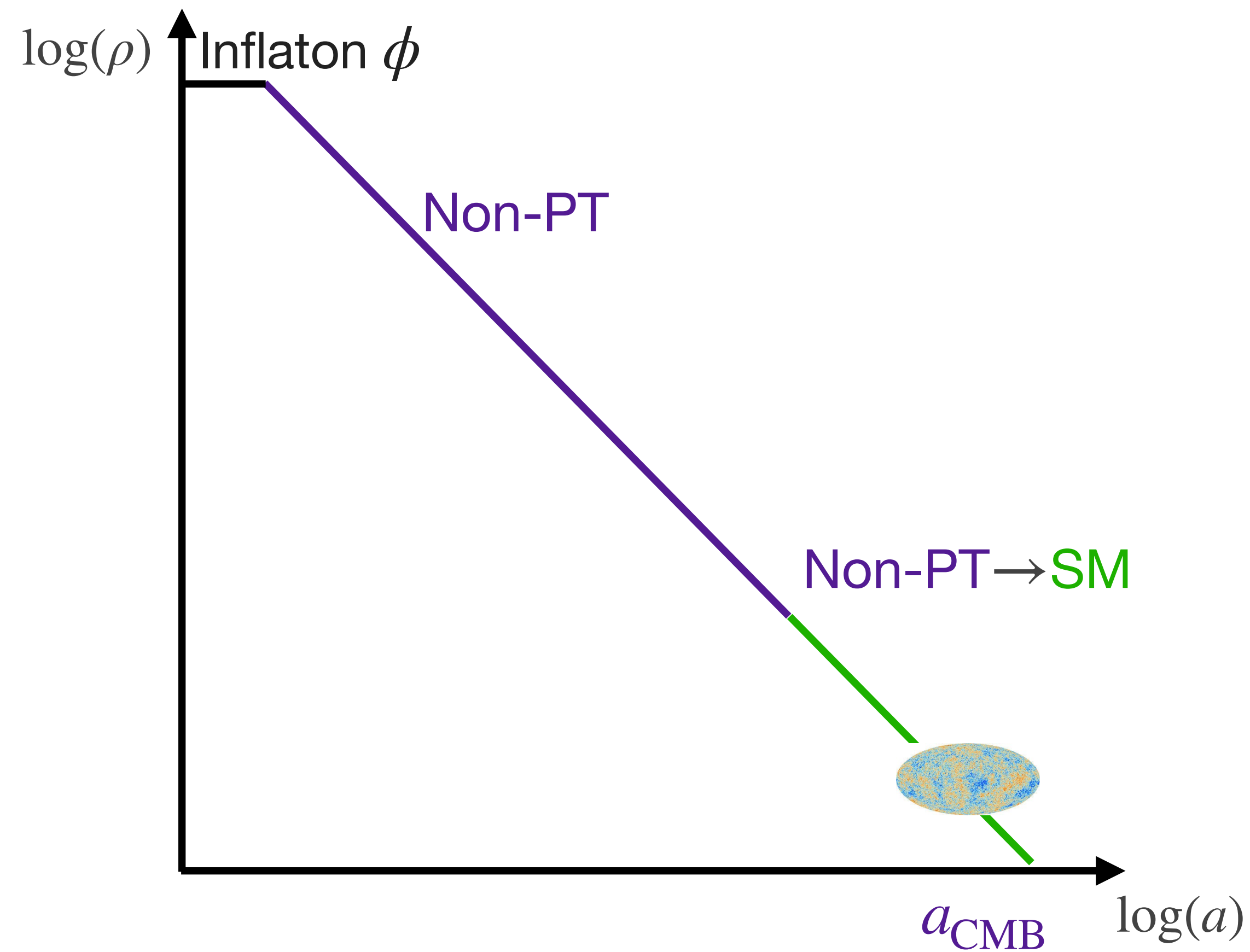
L. Valbusa Dall'Armi et al 2021

S. Kumar, R. Sundrum and Y. Tsai 2021

AB, R. Sundrum 2022

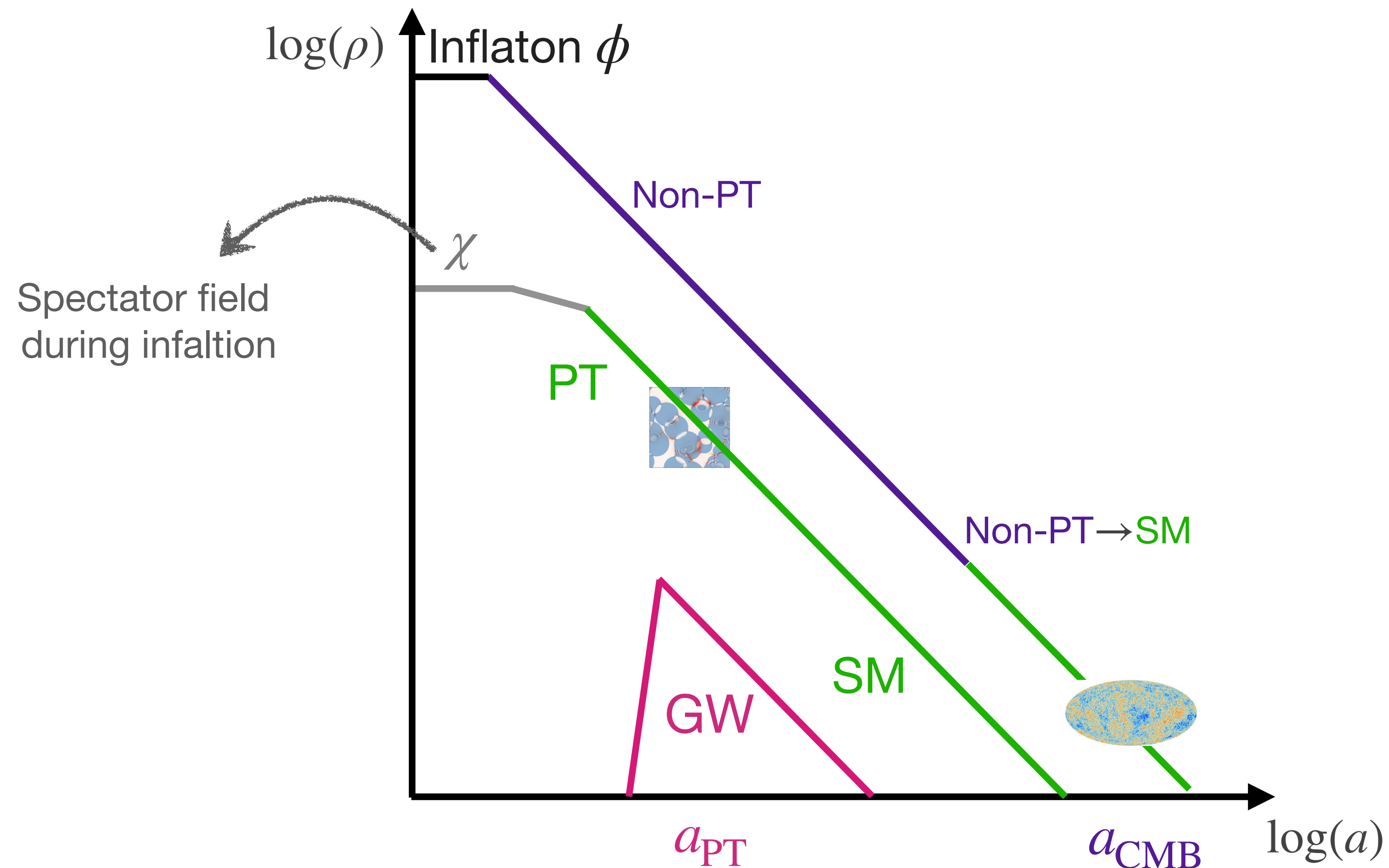
Simple model of uncorrelated GW anisotropy

Geller, Hook, Sundrum, Tsai 1803.10780



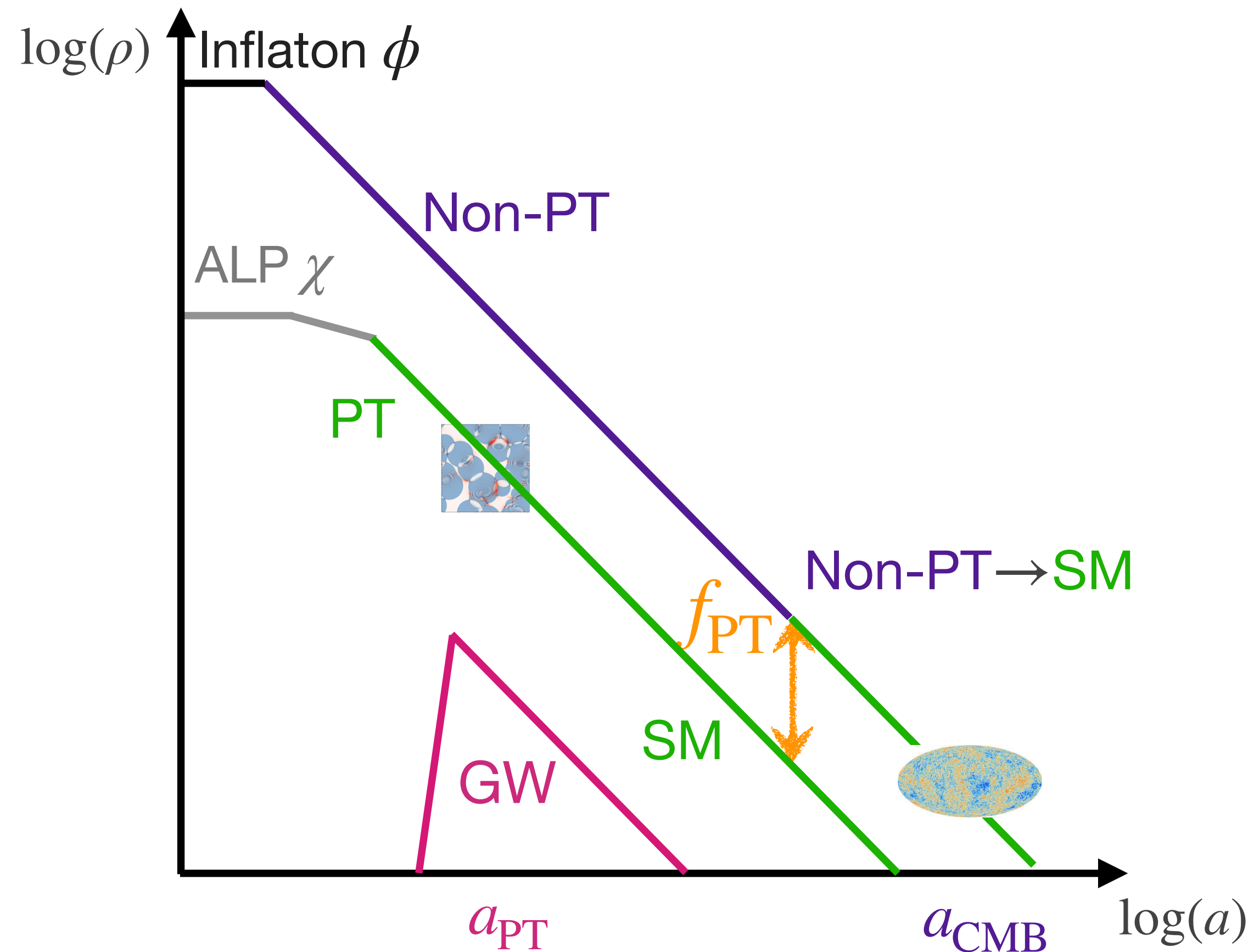
Non-PT sector: a weakly interacting sector that does not participate in the phase transition, and decays to SM (+DM) at some late time

Simple model of uncorrelated GW anisotropy



PT Sector: an extension of SM that undergoes a phase transition in the multi-TeV range. Weakly interacting with the non-PT sector.

Simple scenario with isocurvature GW anisotropy



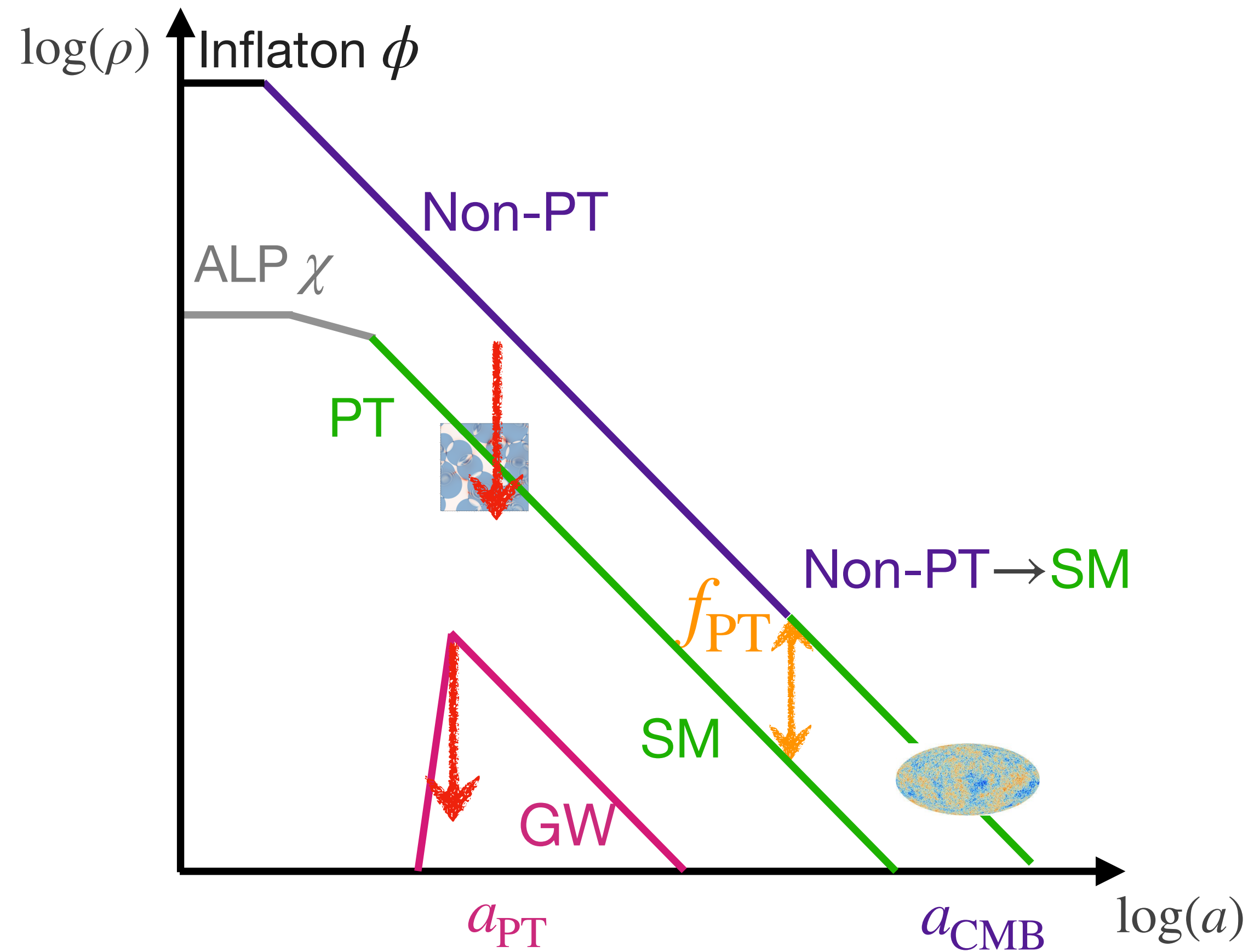
$$\delta_{GW} \sim \delta_{\chi} + \delta_{\phi}$$

Sachs-Wolfe contribution $\sim 10^{-5}$

$$\delta_{CMB} \sim \delta_{\phi} + f_{PT} \delta_{\chi} \sim 10^{-5}$$

$f_{PT} = \frac{\rho_{PT}}{\rho_{total}} \ll 1$

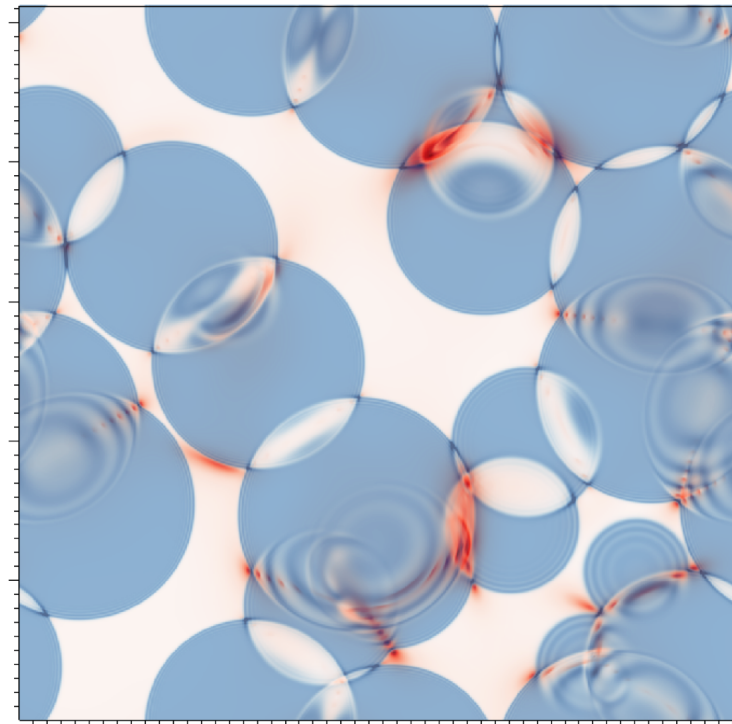
Caveat



$$\delta_{GW} \sim \delta_{\chi} + \delta_{\phi}$$

$$\delta_{CMB} \sim \delta_{\phi} + f_{PT} \delta_{\chi} \sim 10^{-5}$$

Energy density in GWB at production



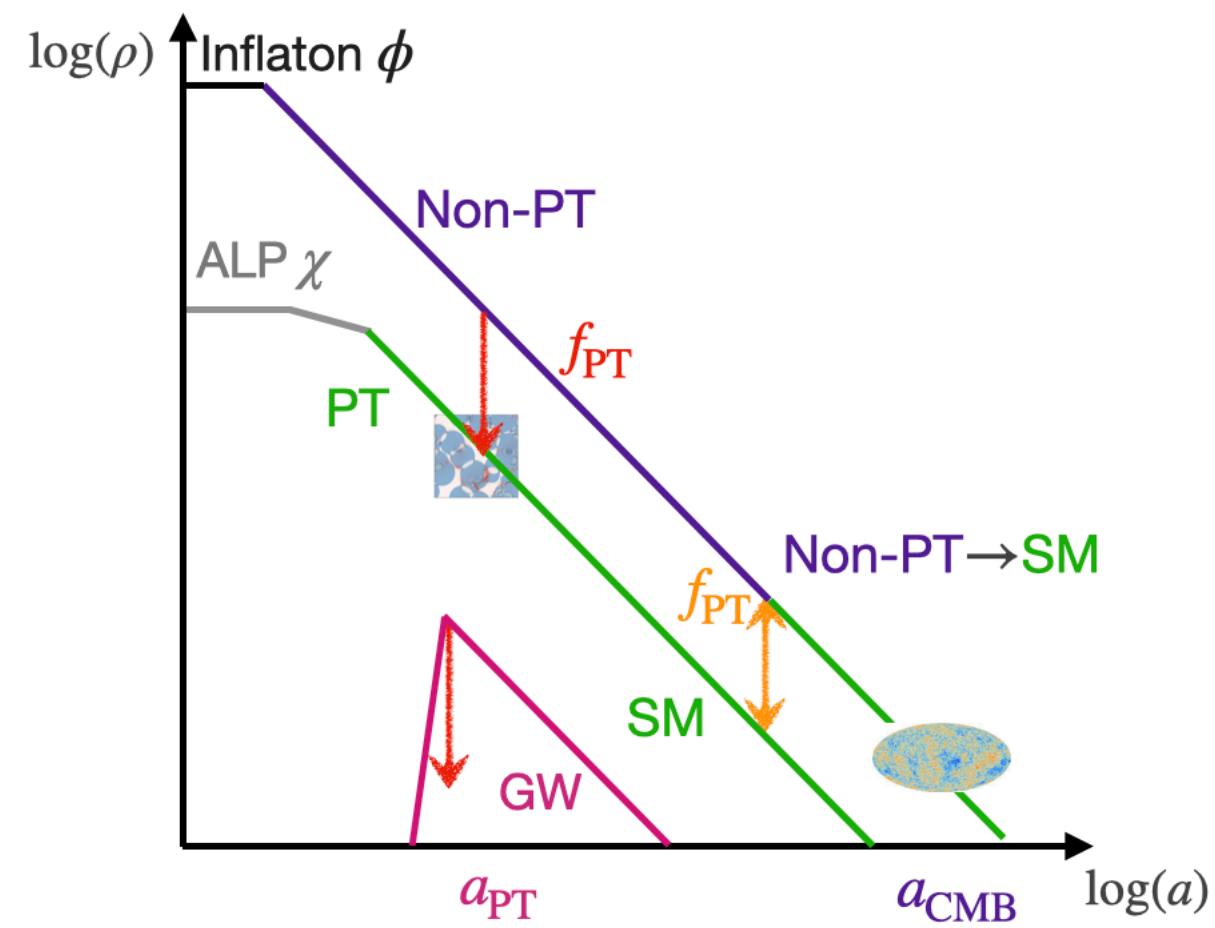
Einstein eq: $h^{\text{TT}} \propto \rho_{\text{PT}}$

$\rho_{\text{GW}} \propto (h^{\text{TT}})^2 \propto \rho_{\text{PT}}^2$

$$\Omega_{\text{GW}} := \frac{\rho_{\text{GW}}}{\rho_{\text{total}}} \propto \left(\frac{\rho_{\text{PT}}}{\rho_{\text{total}}} \right)^2$$

Kosowsky, Turner, Watkins '92
Kamionkowski, Kosowsky, Turner '94

Caveat: f_{PT}^2 suppression in isotropic GWB

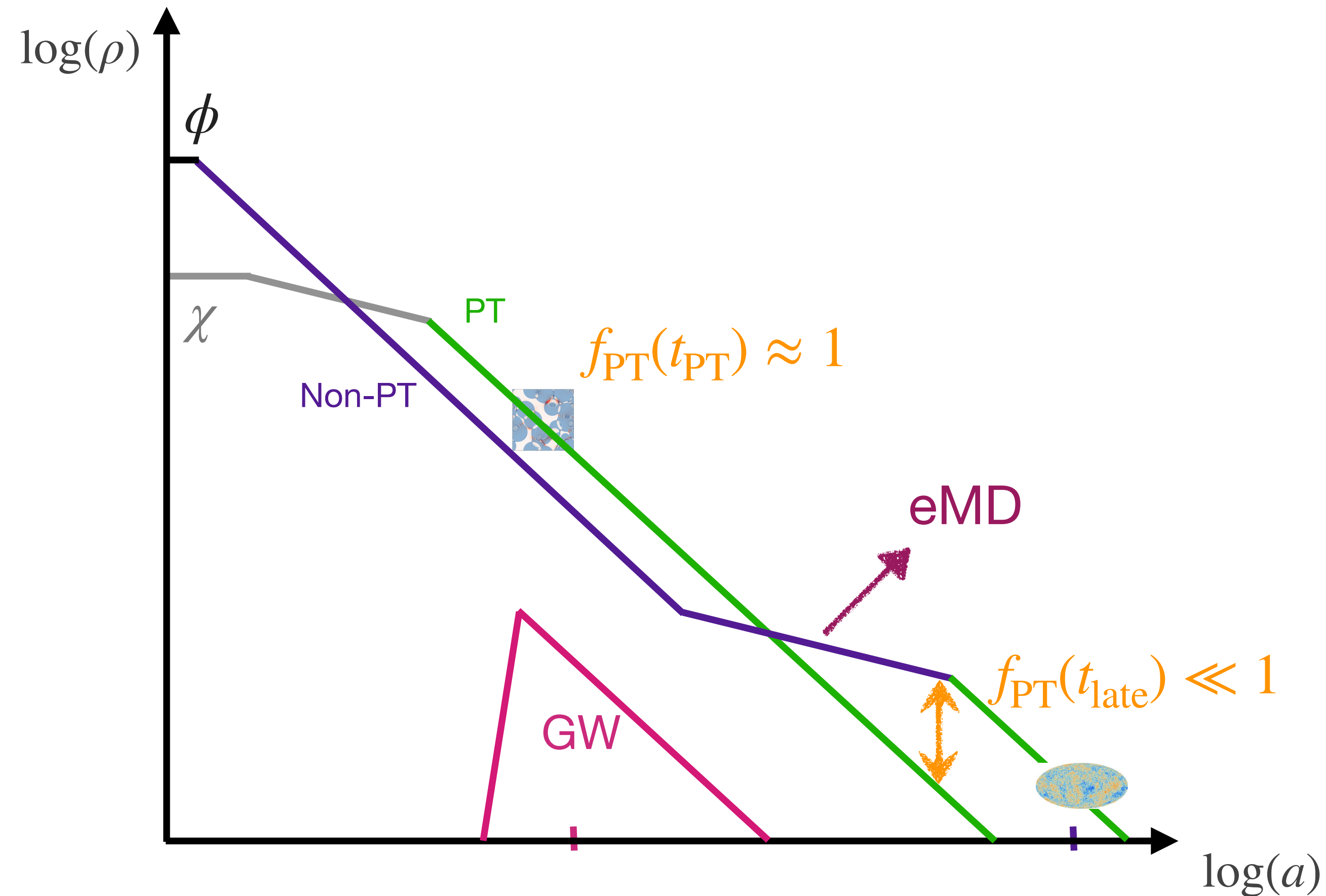


$$\Omega_{\text{GW}} := \frac{\rho_{\text{GW}}}{\rho_{\text{total}}} \propto \left(\frac{\rho_{\text{PT}}}{\rho_{\text{total}}} \right)^2 \rightarrow f_{\text{PT}}^2$$

$$\delta_{\text{CMB}} \sim \delta_{\phi} + f_{\text{PT}} \delta_{\text{GW}} \sim 10^{-5}$$

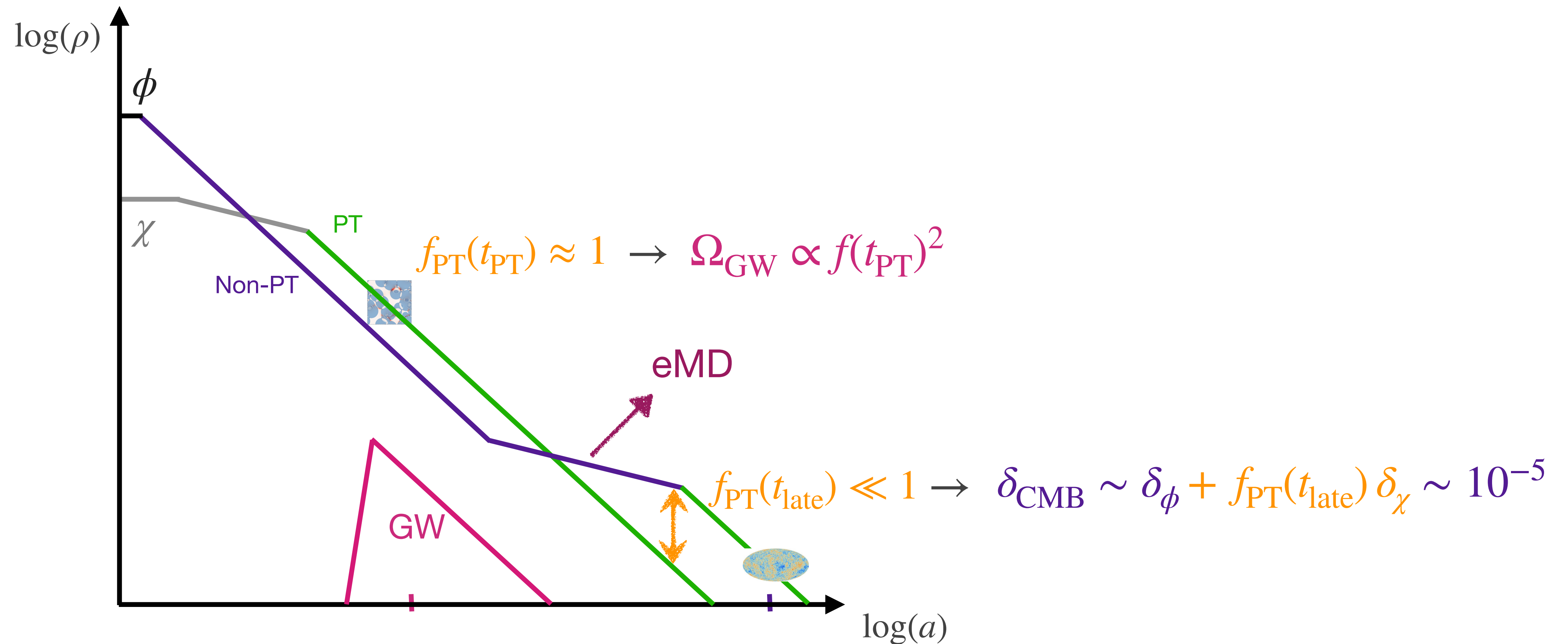
Our model with early Matter Dominance

Matter dilutes slower than radiation

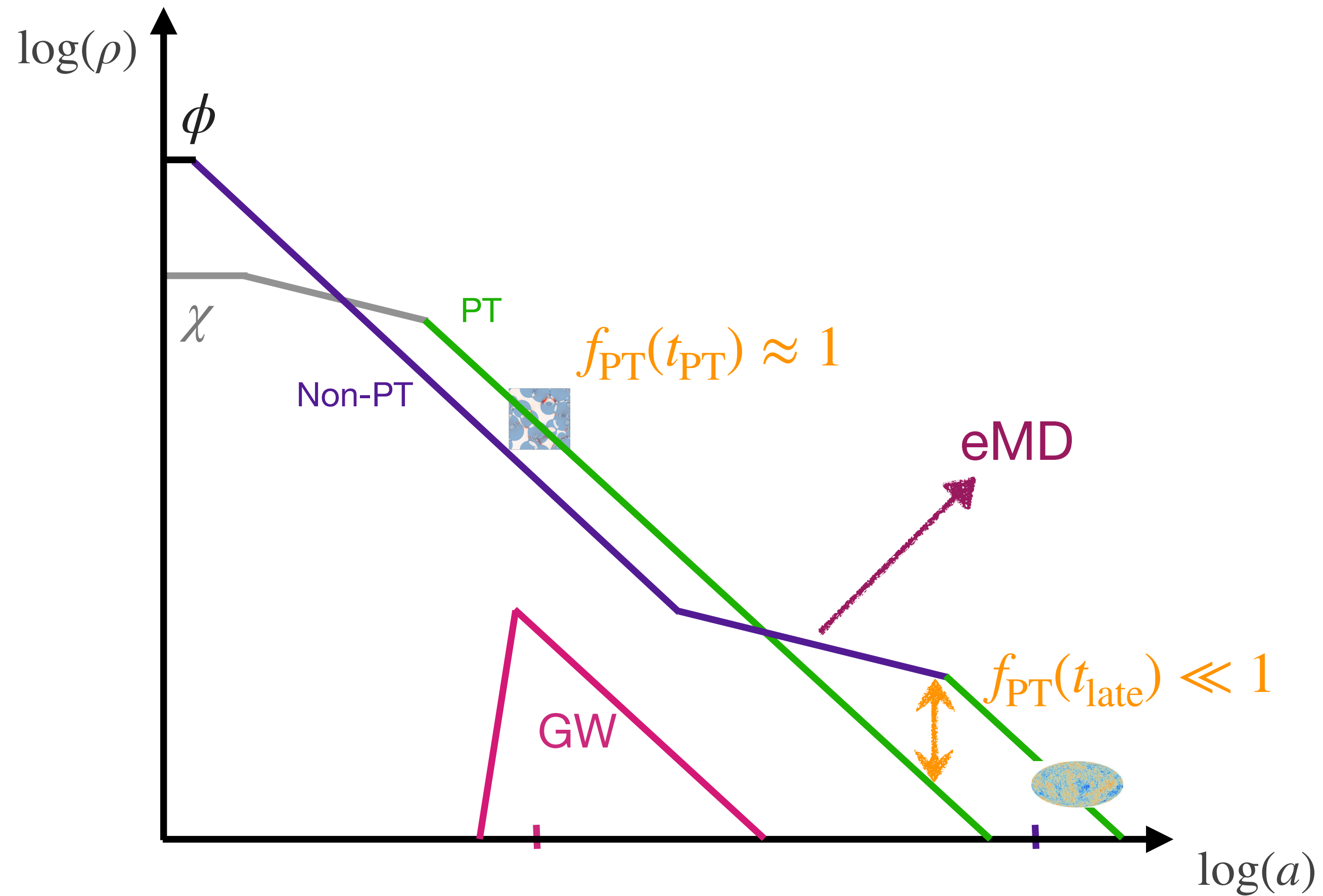


Our model with early Matter Dominance

Matter dilutes slower than radiation



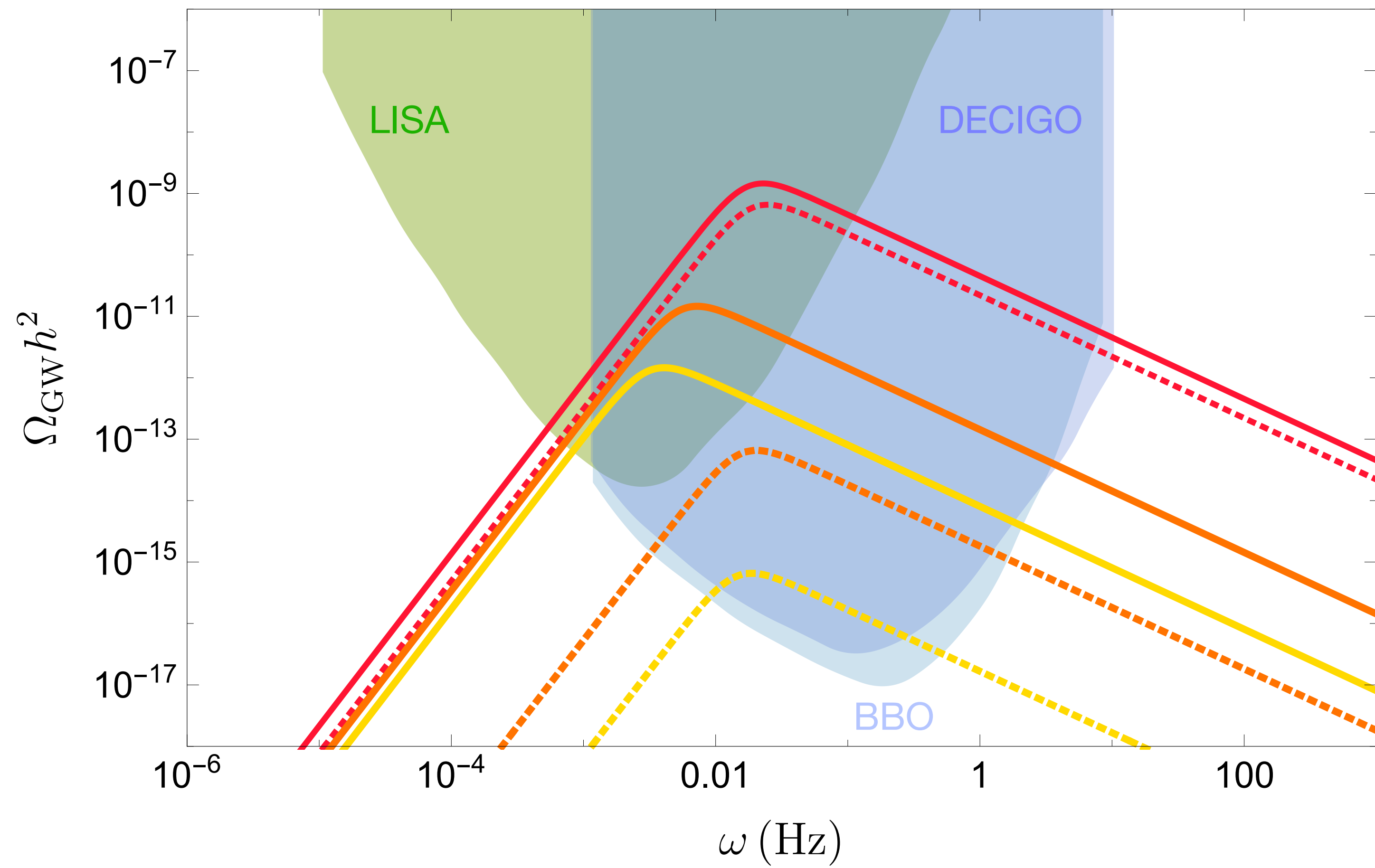
Our model with eMD



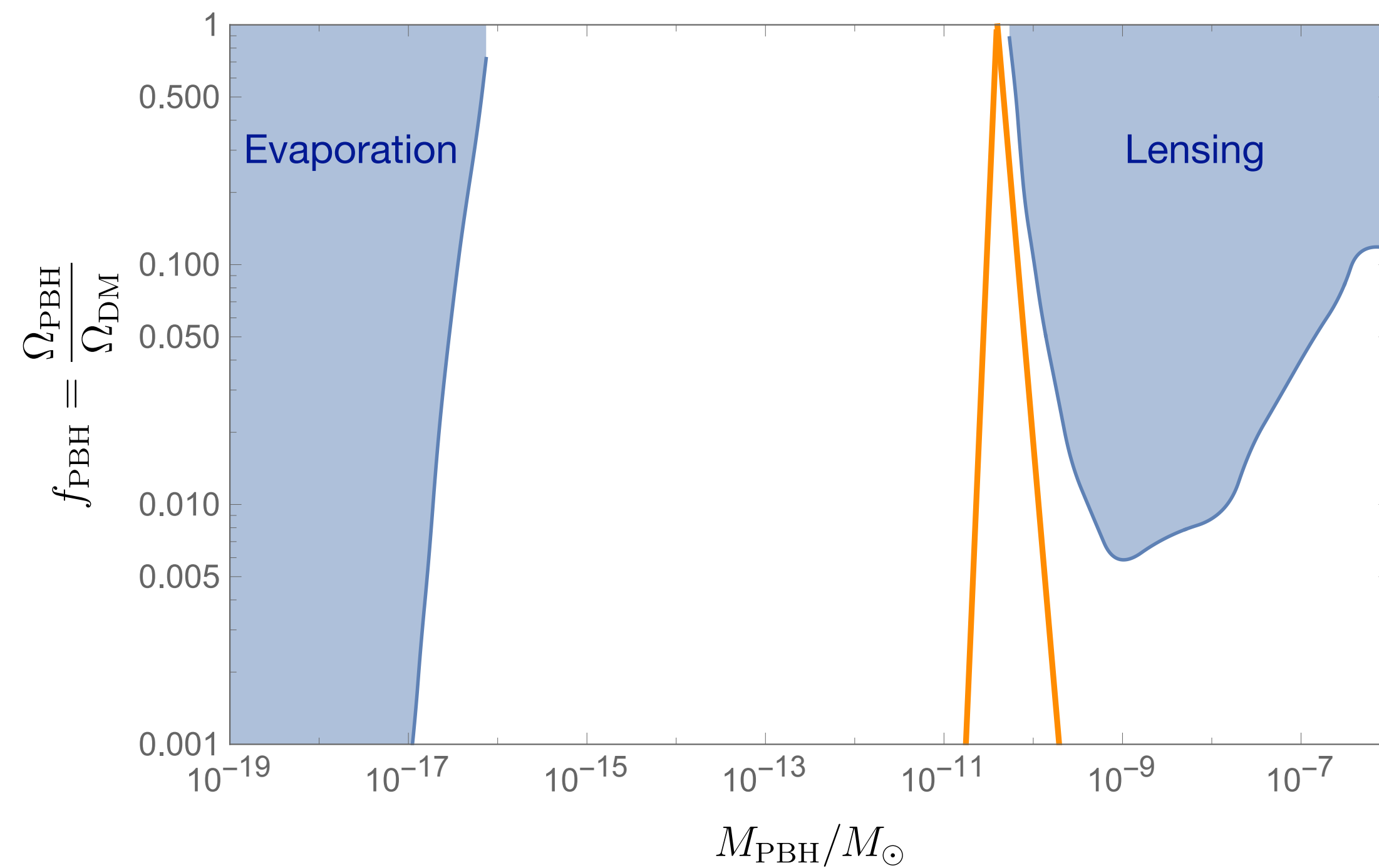
No suppression at production!

But relative dilution from eMD

$$\Omega_{\text{GW}}^{\text{today}} \propto f_{\text{PT}} \text{ instead of } f_{\text{PT}}^2$$

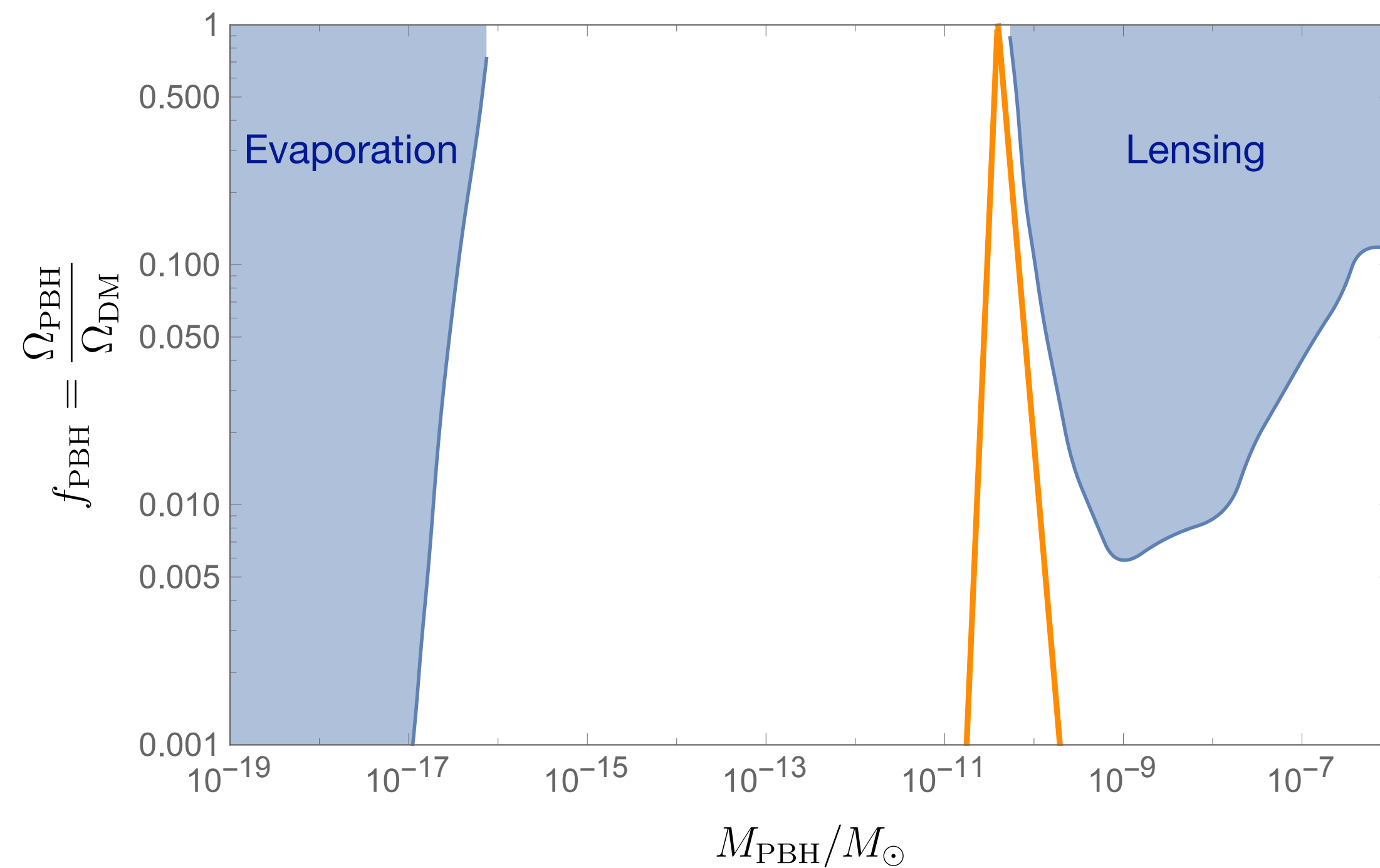


Other interesting feature: primordial black holes



— $\delta_{\chi} \sim 10^{-2}, f_{\text{PT}} \sim 10^{-3}$

Other interesting feature: primordial black holes



— $\delta_{\chi} \sim 10^{-2}, f_{\text{PT}} \sim 10^{-3}$

For $\delta_{\chi} > 0.01$ on large scales, need a significantly red-tilted spectrum.

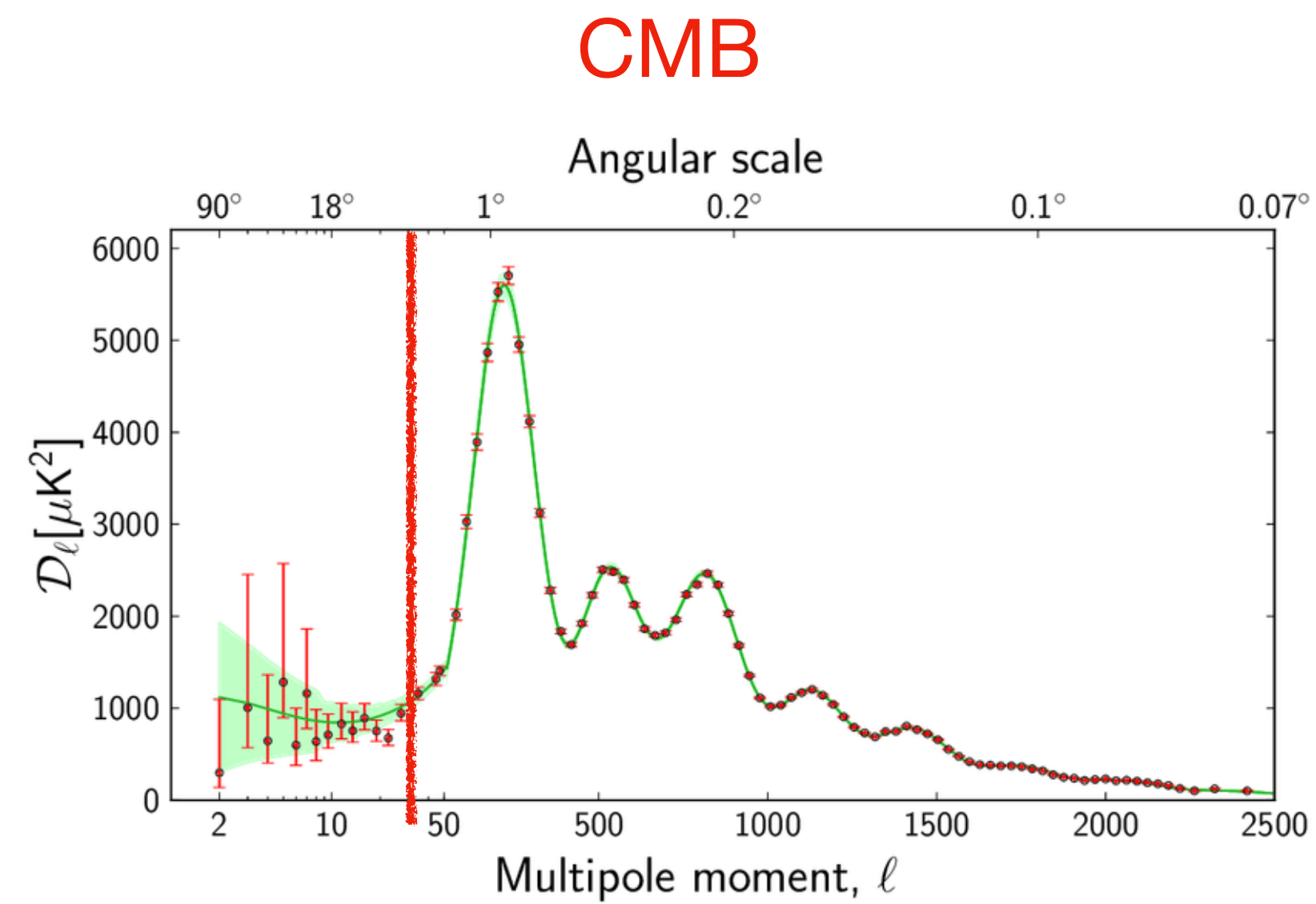
Summary

- There can be new cosmological maps significantly different from CMB.
- Example: highly anisotropic stochastic gravitational wave background from a first-order phase transition.
- In a simple model, the expected signal strength is small due to CMB isocurvature constraints.
- Our model with an earlier period of matter dominance can give larger signal strength, bringing a wider range of GWB anisotropies within the sensitivities of future detectors like LISA.

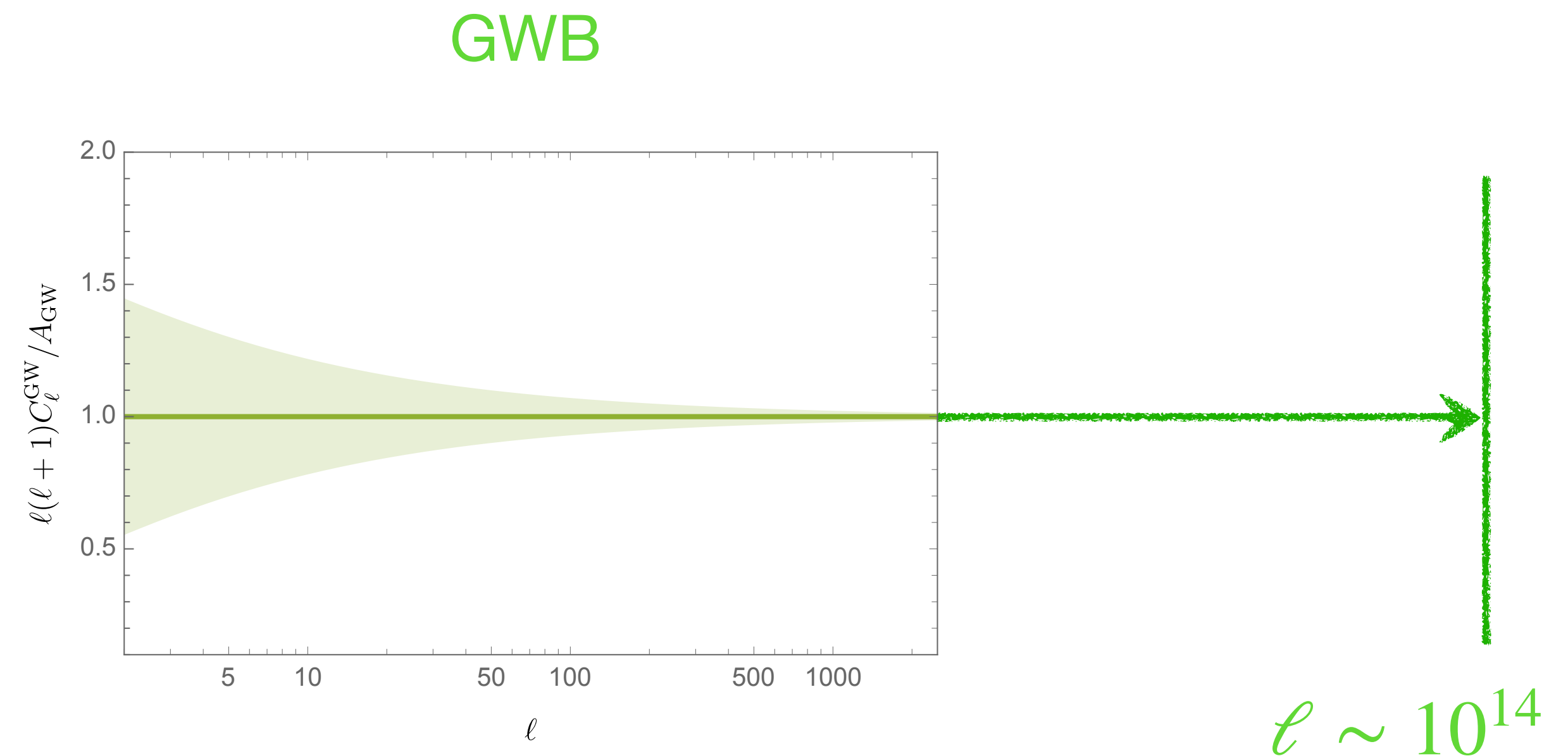
Back-up slides

GWB is a “pristine” map

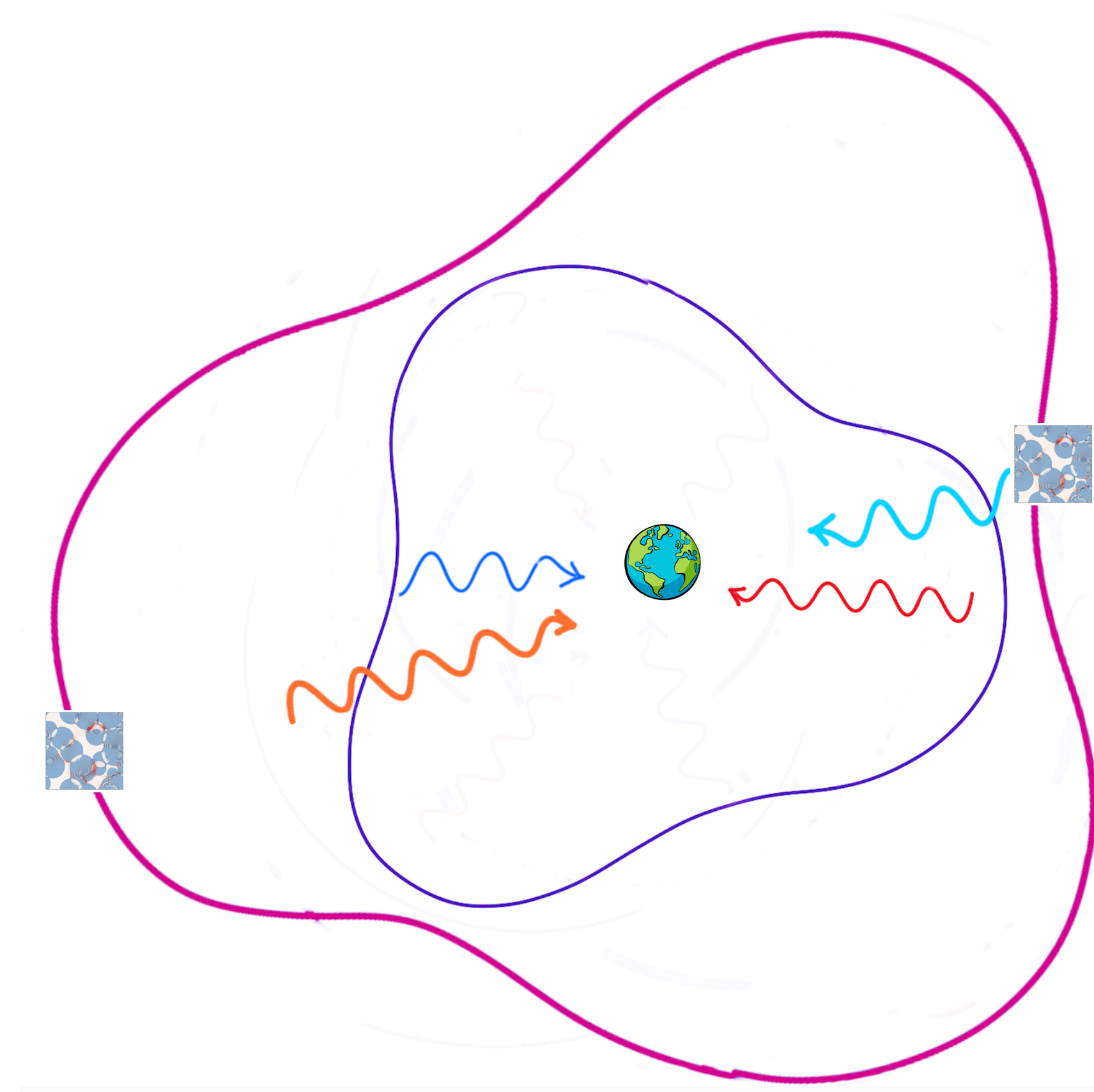
Earlier production + free-streaming of GW → large range of scales is unaltered by subhorizon physics



Planck



Bubbles are unresolvable



Caution: Zoomed in!

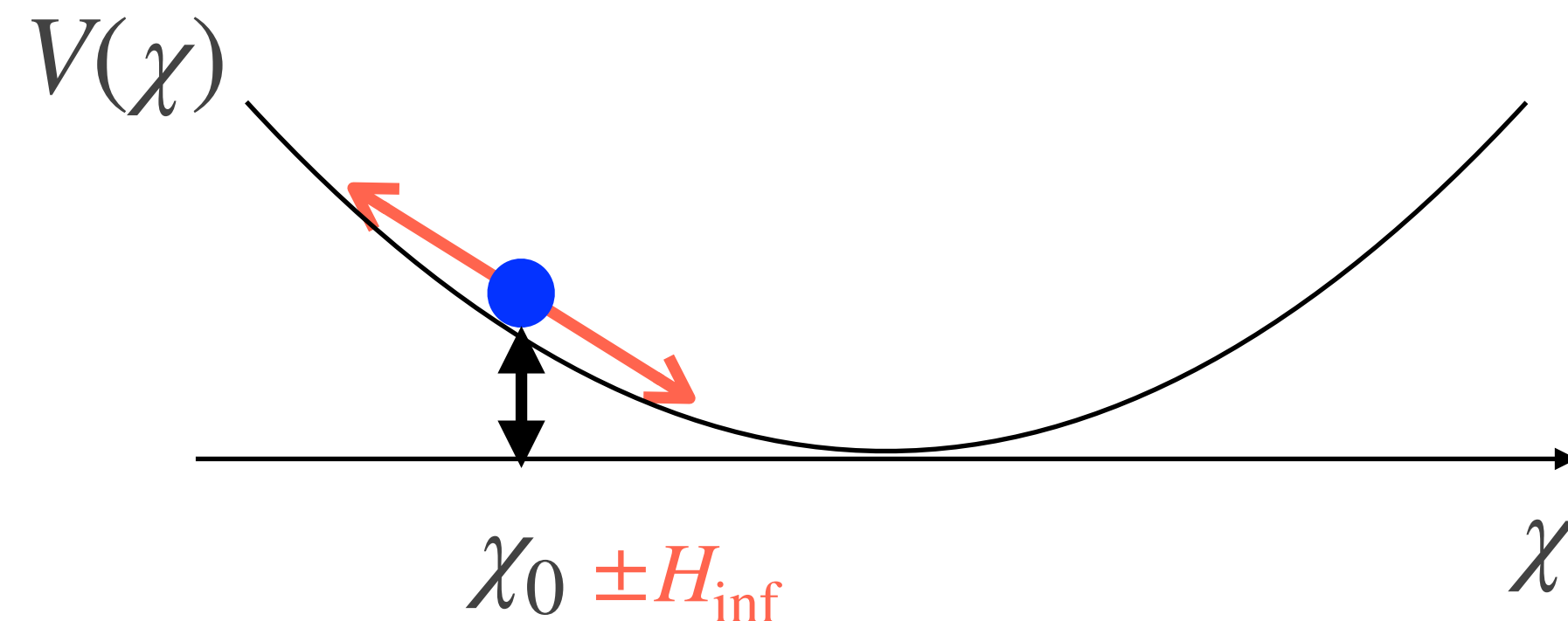
$> 10^{18}$ bubble collisions/arcsec²
 \Rightarrow Bubbles are unresolvable
sources : getting a course
grained picture of GWB

Alternate source of GW anisotropies

Axion-Like Particle (ALP χ) will develop (nearly scale-invariant) quantum fluctuations during inflation

$$\Delta V \sim V_0 (\Delta\chi / \chi_0)$$

$$\Delta\chi \sim H_{\text{inf}}$$



$$\delta_\chi := \frac{\Delta\rho_\chi}{\rho_\chi} \sim \frac{H_{\text{inf}}}{\chi_0}$$

- δ_χ could be very different from $\delta_\phi \sim \frac{H_{\text{inf}} \Delta\phi}{\dot{\phi}_0}$
(source of adiabatic perturbations in CMB)
- When $m_\chi \sim H(t)$, it starts oscillating and decays to radiation. δ_χ is then transferred to decay products.

Large $\delta_\chi > 10^{-5}$ is great!

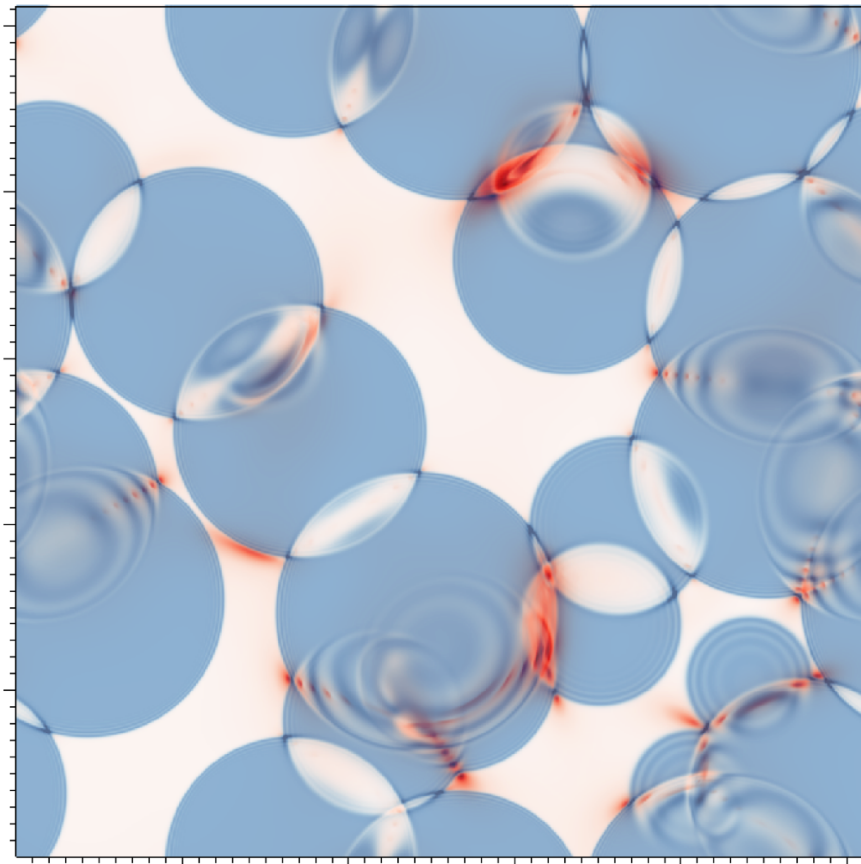
$$\delta_{\text{GW}} \sim \delta_\chi + \delta_\phi \longrightarrow \sim 10^{-5}$$

$\delta_{\text{GW}} > 10^{-5} \implies$ **Isocurvature** \rightarrow infer existence of an independent light field during inflation

$\delta_\chi \sim \frac{H_{\text{inf}}}{\chi_0} \rightarrow$ **Measure the initial misalignment χ_0** (if H_{inf} is independently known)

\rightarrow In high-scale inflation $H_{\text{inf}} \sim 10^{-5} M_{\text{Pl}}$, **sub-Planckian χ_0** $\rightarrow \delta_\chi > 10^{-5}$

Energy density in GWB from PT (2)



Power released in
bubble collision

$$\frac{dE_{\text{GW}}}{dt} \sim G_N \left(\frac{d^3 Q}{dt^3} \right)^2$$

Quadrupole moment

$$Q \sim \rho_{\text{lat}} r^5 \rightarrow \frac{d^3 Q}{dt^3} \sim \rho_{\text{lat}} \frac{r^5}{(\Delta t_{\text{PT}})^3}$$

Typical time scale /length scale
(Duration of the PT)

$$r \sim \Delta t_{\text{PT}} \equiv \beta^{-1}$$

GW energy density
released in bubble
collision

$$\rho_{\text{GW}} \sim \frac{dE_{\text{GW}}}{dt} \frac{\Delta t_{\text{PT}}}{r^3} \sim \frac{G_N \rho_{\text{lat}}^2}{\beta^2} \xrightarrow{G_N \rho_{\text{total}} \sim H^2}$$

$$\rho_{\text{GW}} \sim \left(\frac{H}{\beta} \right)^2 \left(\frac{\rho_{\text{lat}}}{\rho_{\text{total}}} \right)^2 \rho_{\text{total}}$$

Detectability of anisotropy with future GW detectors

Strong PT : $\beta = 10 H_{\text{PT}}$, $\alpha \approx 1$, $v_{\text{wall}} \rightarrow 1$

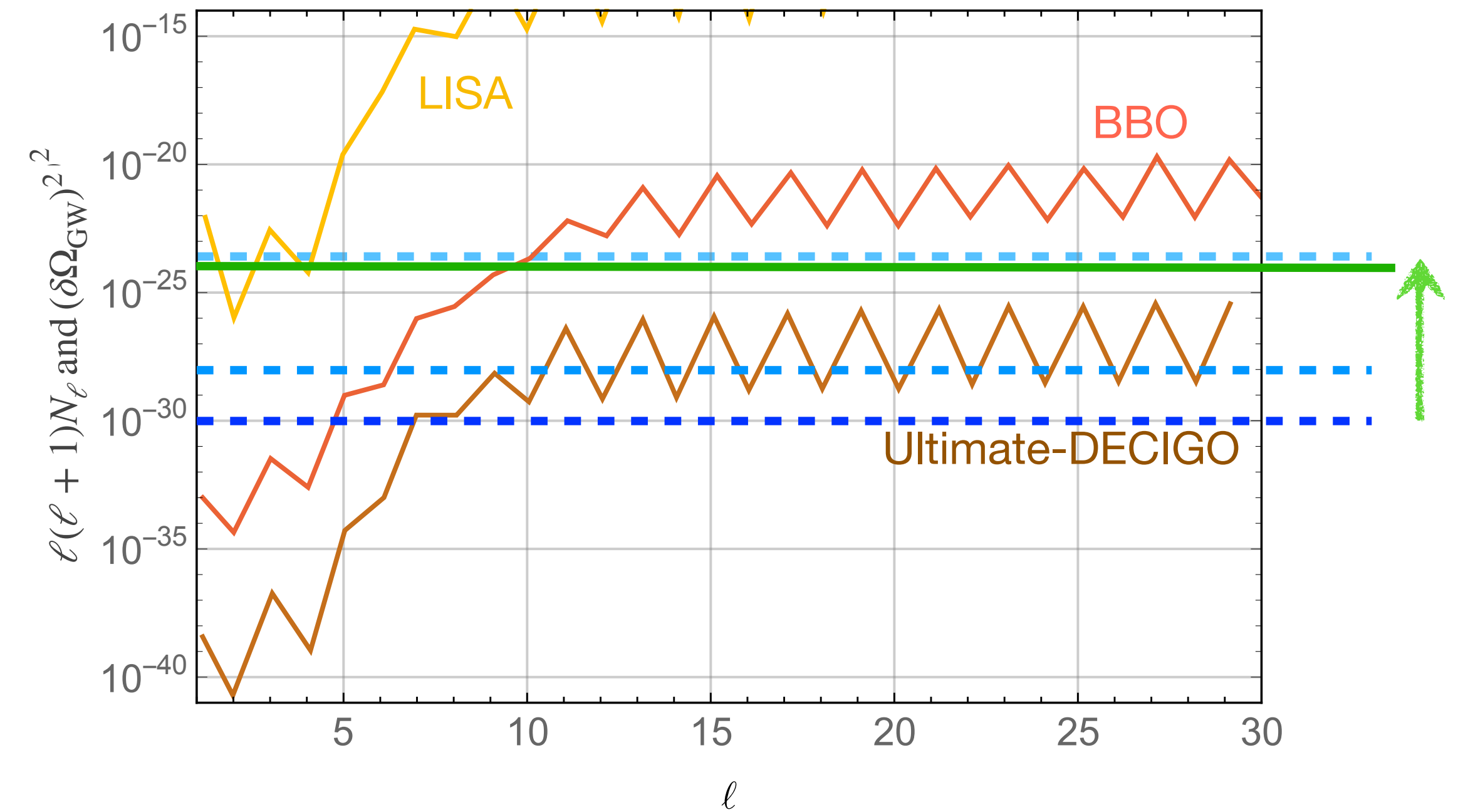
Best case: $f_{\text{PT}} \delta_\chi \sim 4 \times 10^{-5}$

no additional cost in $\delta\Omega_{\text{GW}}$

$$1) \delta_\chi \sim 10^{-4}, \quad f_{\text{PT}} \sim 4 \times 10^{-1} \rightarrow (\delta\Omega_{\text{GW}})^2 \sim 10^{-24}$$

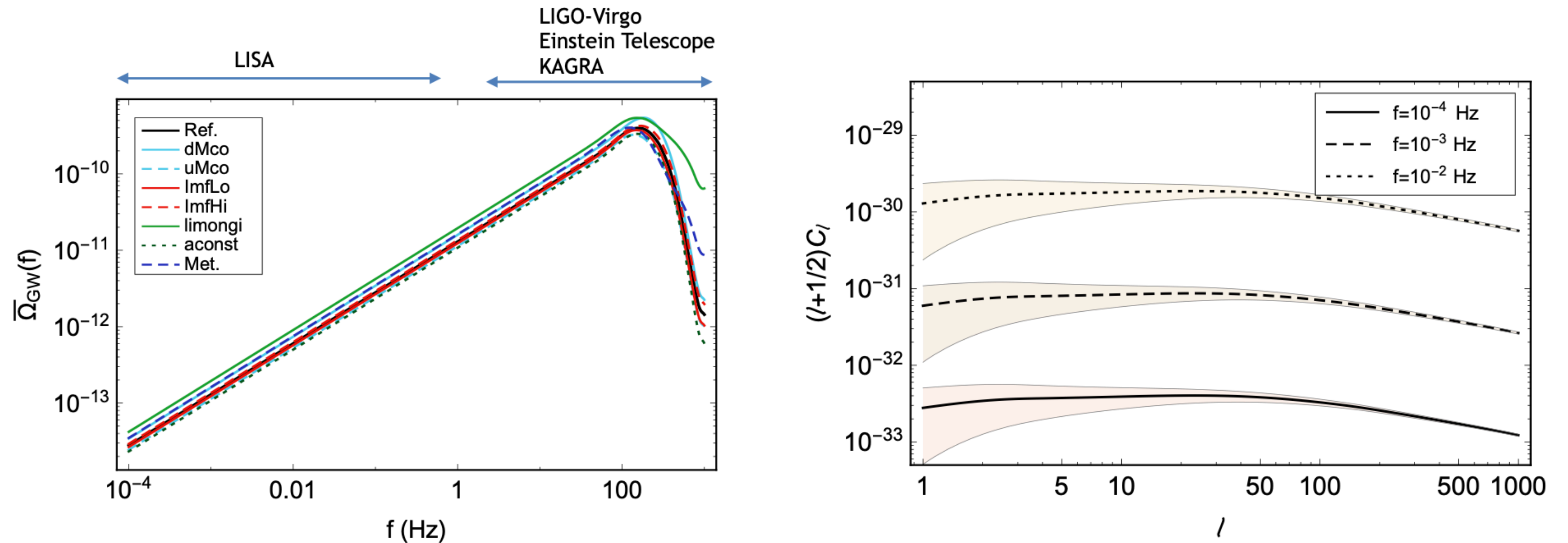
$$2) \delta_\chi \sim 10^{-2}, \quad f_{\text{PT}} \sim 4 \times 10^{-3} \rightarrow (\delta\Omega_{\text{GW}})^2 \sim 10^{-24}$$

$$3) \delta_\chi \sim 0.1, \quad f_{\text{PT}} \sim 4 \times 10^{-4} \rightarrow (\delta\Omega_{\text{GW}})^2 \sim 10^{-24}$$



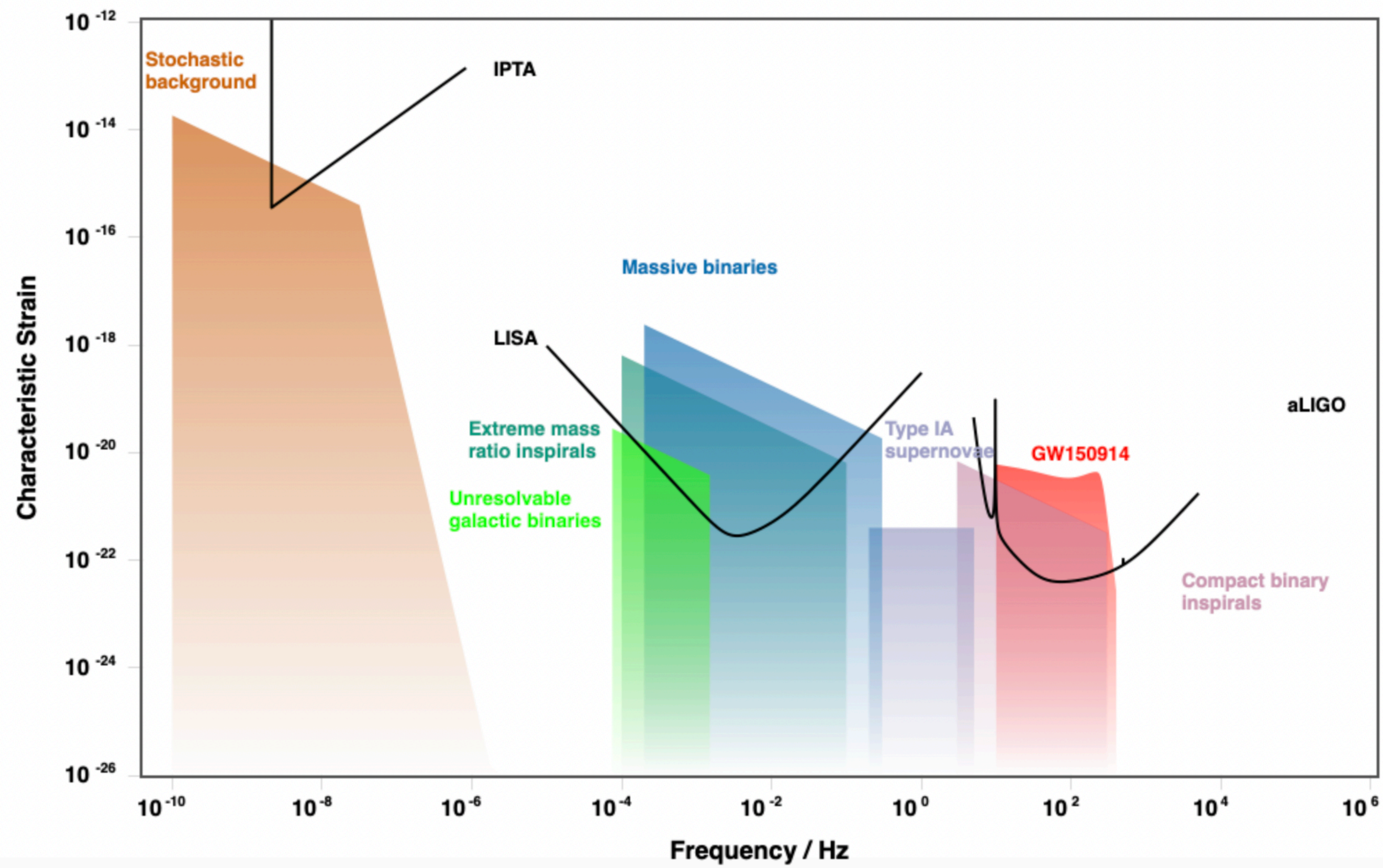
Astrophysical foregrounds in mHz range

Inspiring stellar-mass BH



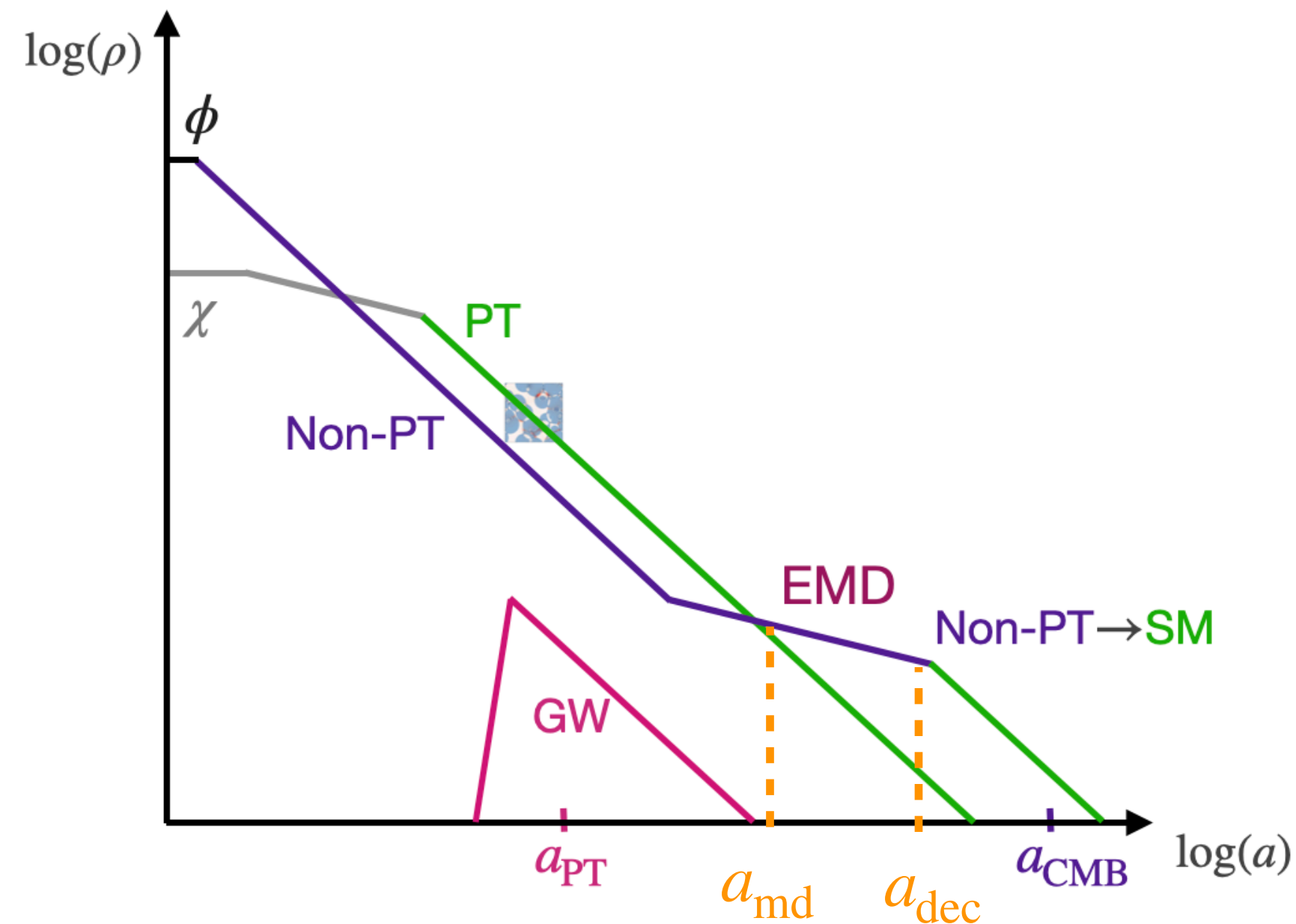
Giulia Cusin, Irina Dvorkin, Cyril Pitrou, Jean-Philippe Uzan: 1904.07757v2

Also see: 2201.08782v from LISA working group



rhcole.com/apps/GWplotter/

Constraints on eMD model: small scale structure



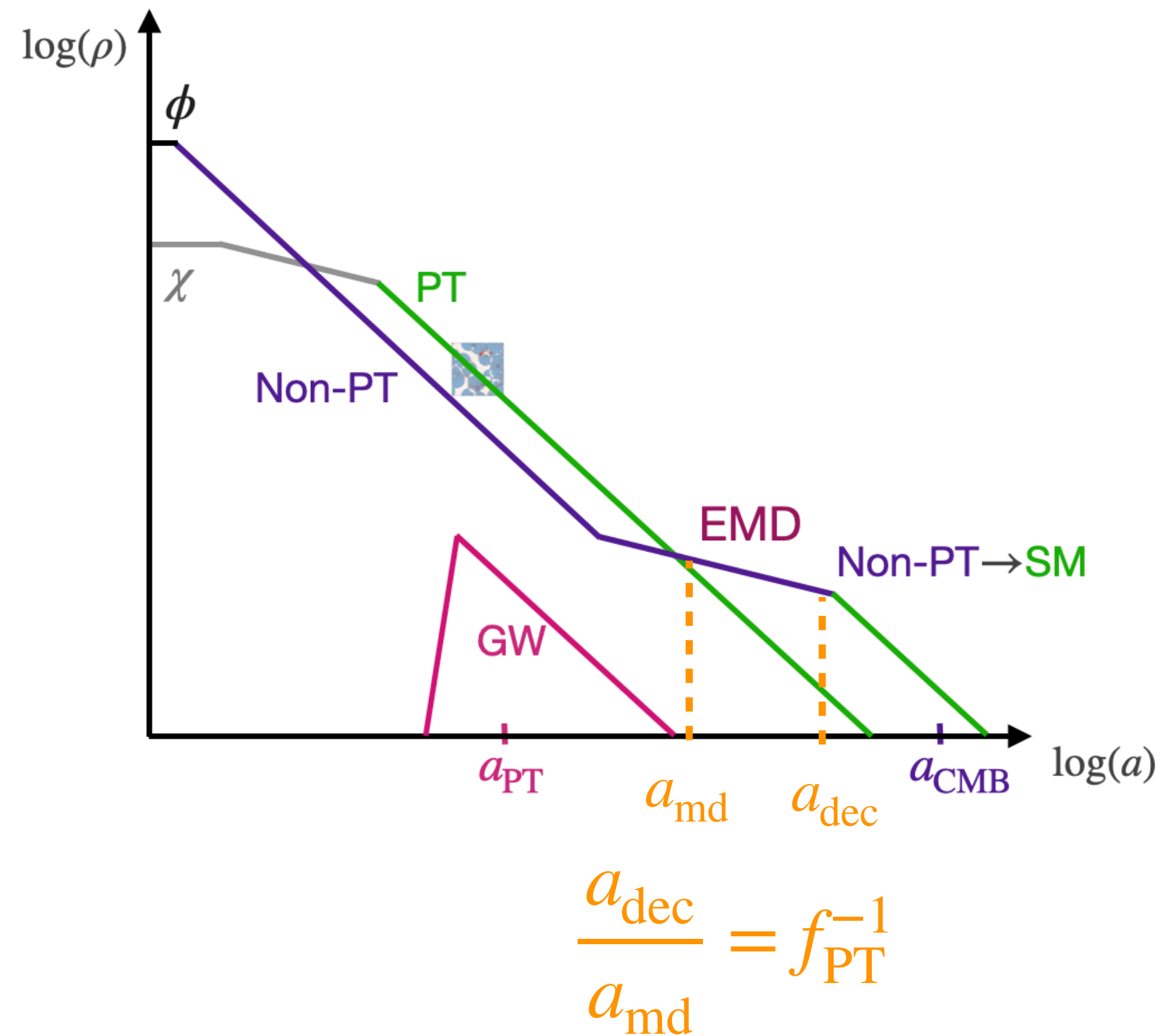
During eMD, $\delta_{\text{mat}} \propto a$, could form structures on small scales with potential observational constraints

However, several mechanism erase these large fluctuations after the decay of non-PT sector into SM:

- Damping of radiation perturbation during the decay
[Fan, Özsoy, and Watson '14](#)
- Frictional damping during kinetic decoupling of DM
[Loeb, Zaldarriaga '05, Bertschinger '06](#)
- Free-streaming of DM after kinetic decoupling
[Loeb, Zaldarriaga '05, Bertschinger '06](#)
- Silk damping in photons and baryons
[Silk '68, Hu, Sugiyama '96](#)

Decay before DM decoupling $\rightarrow T_{\text{dec}} \gtrsim 100 \text{ GeV}$

Secondary (induced) GW



GW sourced by scalar perturbations at second order, larger contribution from early matter domination

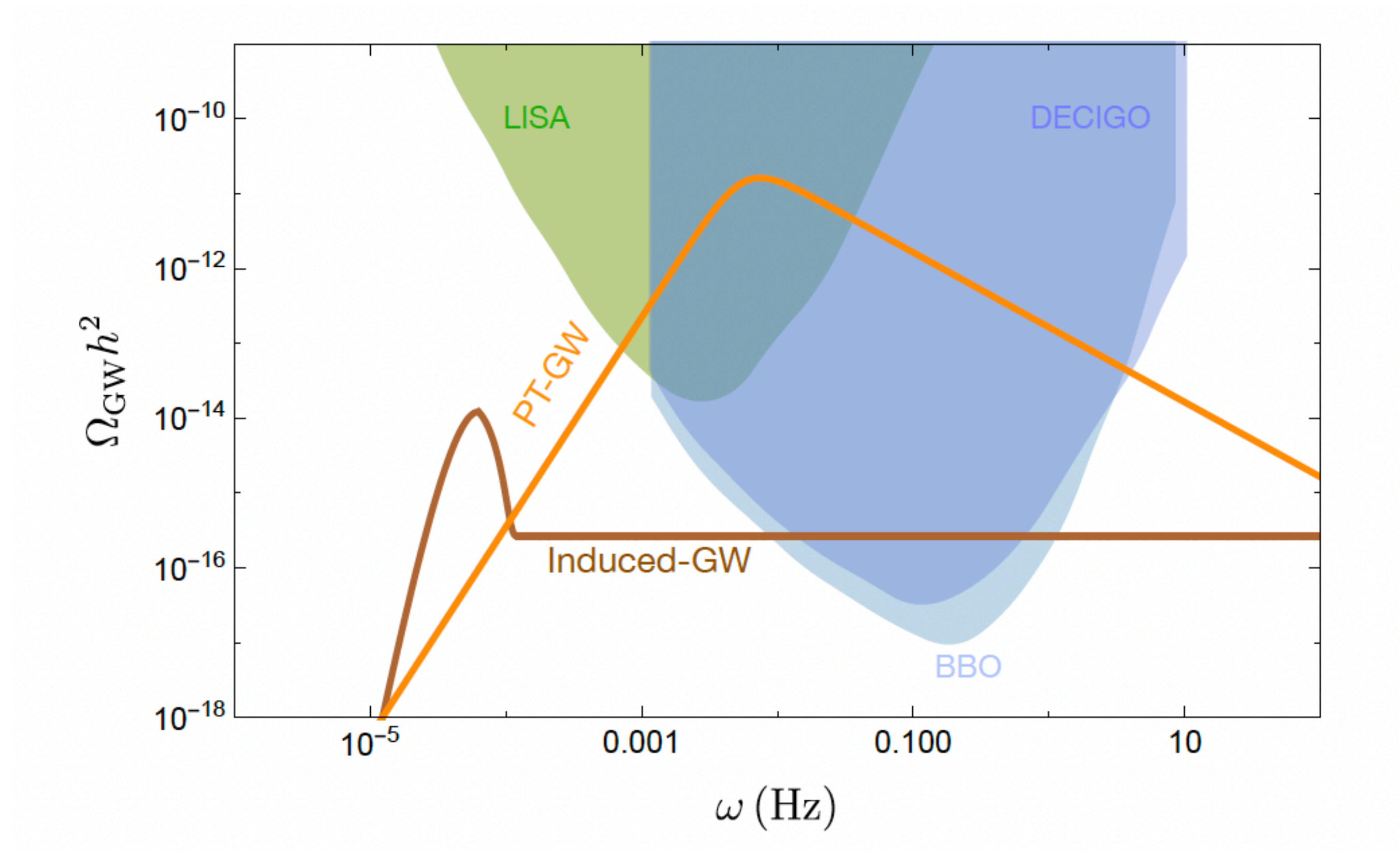
$$(\Omega_{\text{GW}}^{\text{sec}})_{\text{peak}} \sim 10^{-5} \frac{a_{\text{dec}}}{a_{\text{md}}} \delta_{\chi}^4$$

Baumann et al 0703290,
Assadullahi, Wands 0901.0989
Kohri, Terada 1804.08577

eMD imprints unique features in the frequency spectrum of secondary GW.

Gouttenoire, Servant, Simakachorn 2111.01150

Secondary (induced) GW



== $\delta_\chi \sim 10^{-2}, f_{\text{PT}} \sim 10^{-3}$