



# Przyspieszacze, detektory i radioaktywność w medycynie



[Sparks! talk on  
Future of detection and imaging](#)

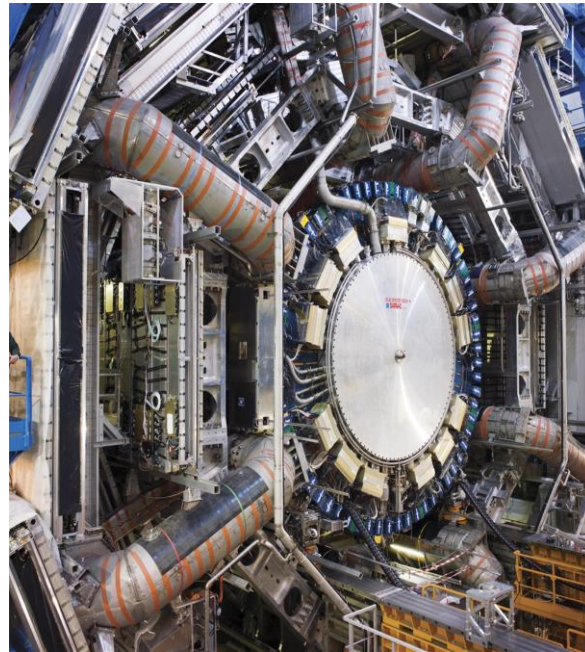
Prof. Magdalena Kowalska  
CERN i Uniwersytet Genewski

# Applications at CERN

- CERN = biggest basic science laboratory in world
- To understand what Universe is made of, requires:



Accelerators



Detectors



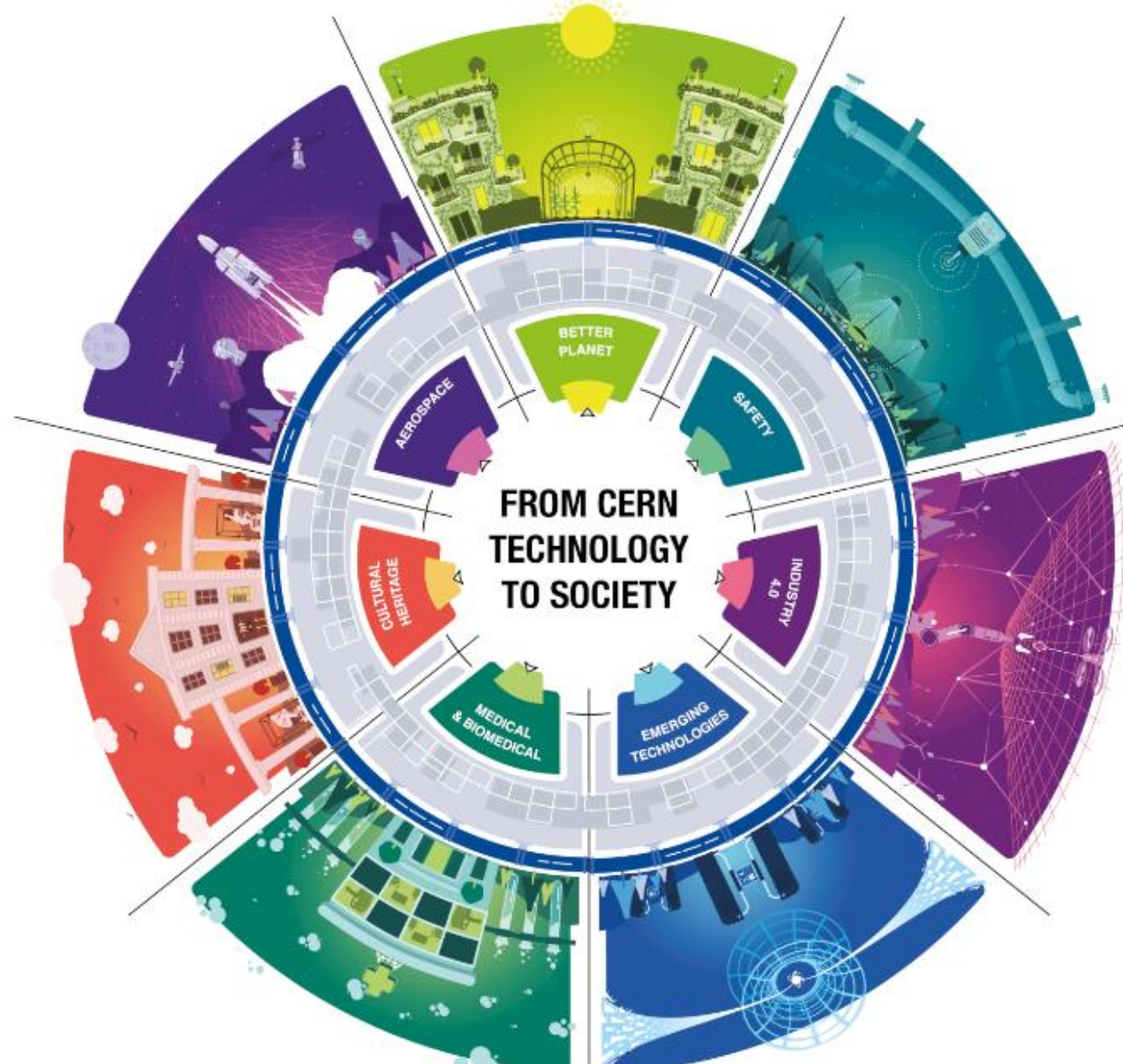
Radiation

**These tools can be translated into many useful technologies:**

# CERN technology transfer

## Fields:

- Aerospace
- **Healthcare**
- Digital
- Environment
- Quantum



CERN Knowledge Transfer:

<https://kt.cern/>

# From basic science to medical applications

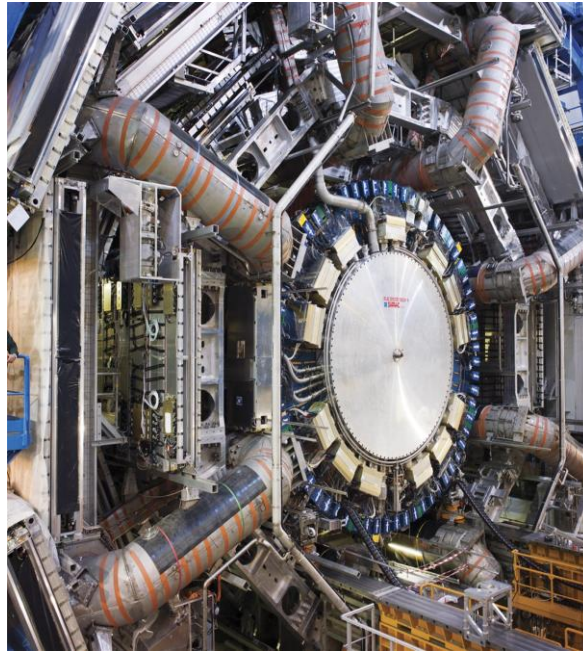
- People doing basic-science research:
  - are also part of society and are interested in medical care
  - often realise that our aims are the same as medical doctors:
- Provide healthcare approaches that are:
  - SMALLER
  - CHEAPER
  - MORE PRECISE
  - MORE SENSITIVE
- We just might have a different view of how to achieve:
  - Bring the patient to the machine vs bring/scale the machine to the patient
- Working in interdisciplinary teams is the key for success

# Medical applications at CERN

- Using CERN tools to improve diagnosis and treatment of diseases:



Accelerators



Detectors

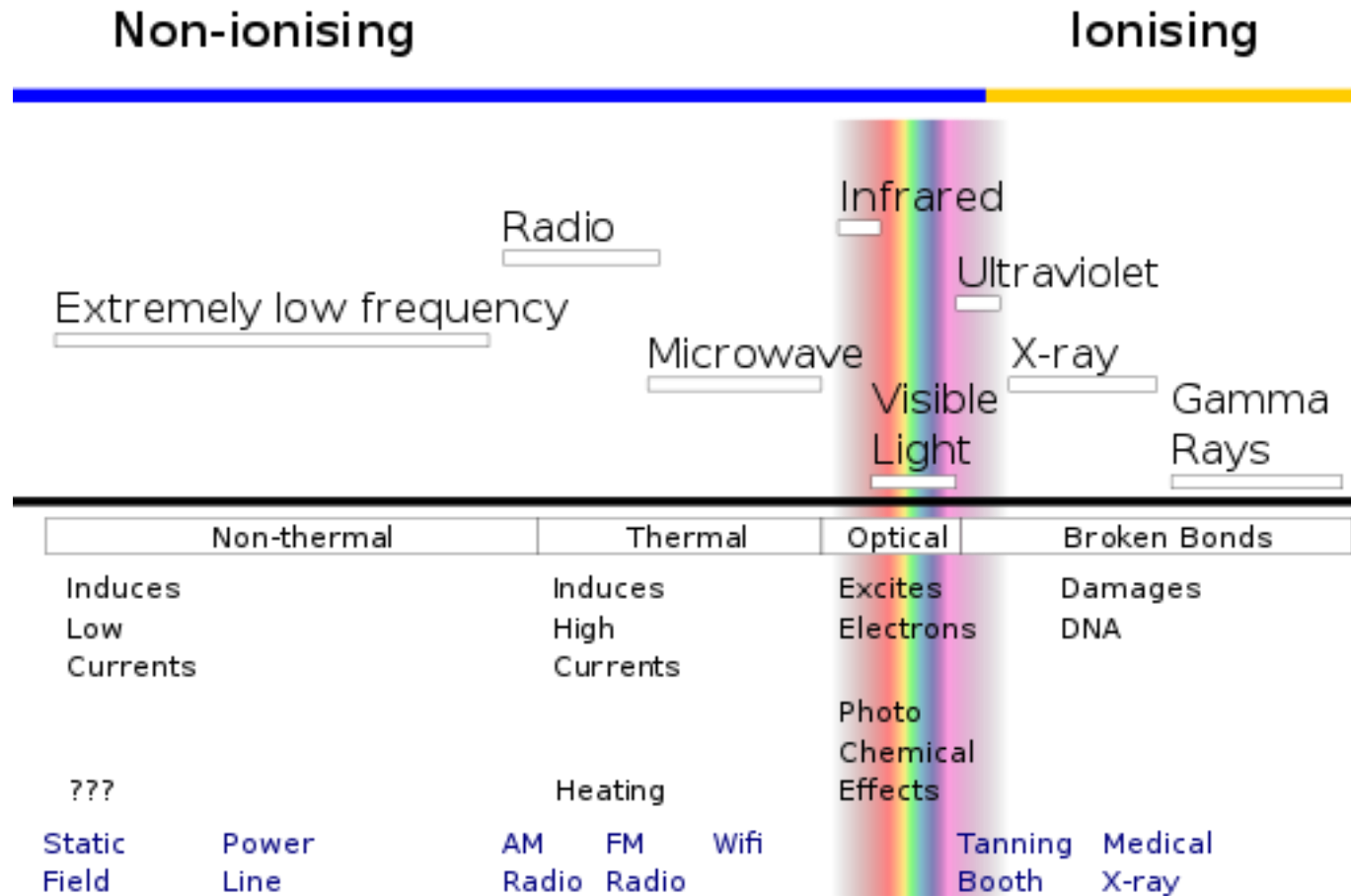


Radiation

- Advantages:

- Sensitive detection of radiation for diagnosis
- Precise treatment with particles and radiation

# Particles and ionising radiation



## Particles:

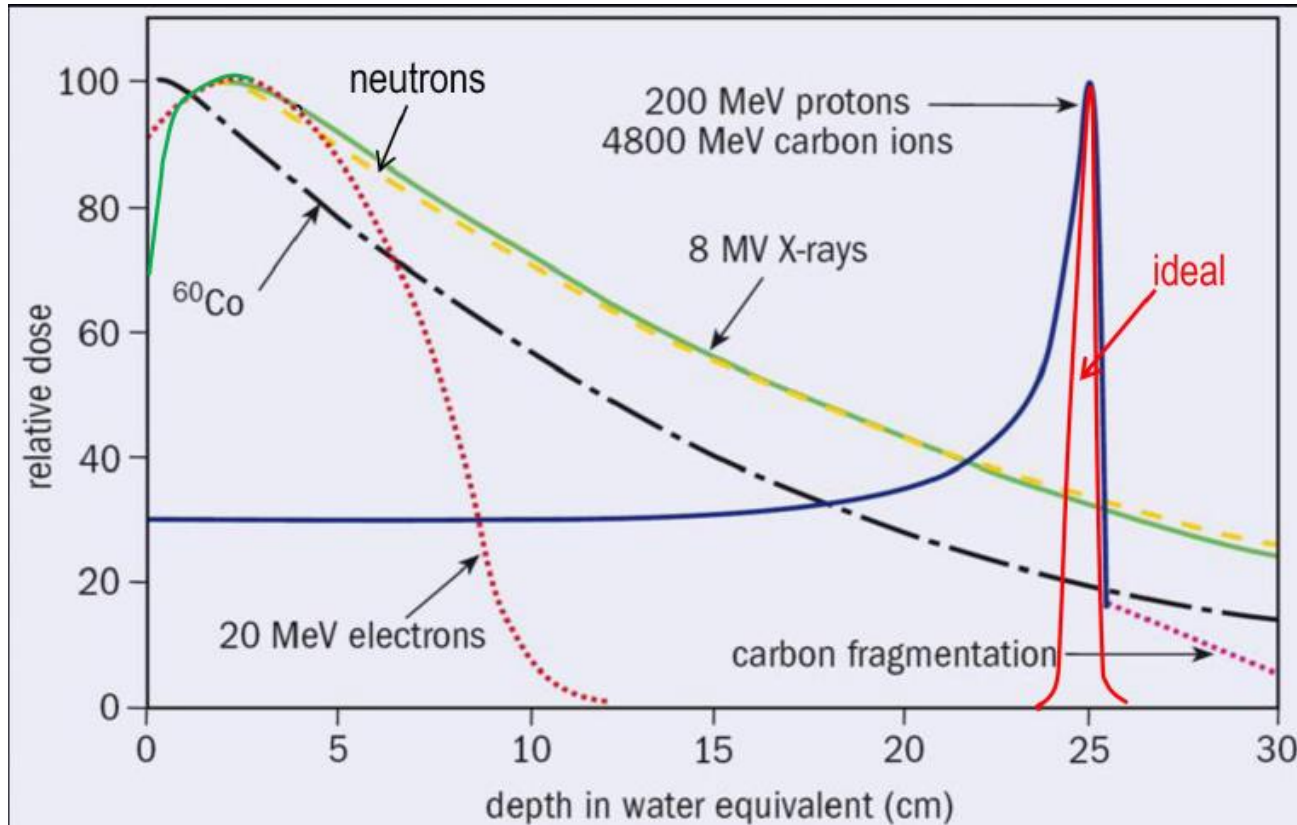
- Beta (e- and e+)
- Protons
- 'heavy ions' (12C, 16O, in the future – also unstable 11C?)



# Accelerators

# (Cancer) treatment with external beams

- Energy deposited by radiation and particles in matter:



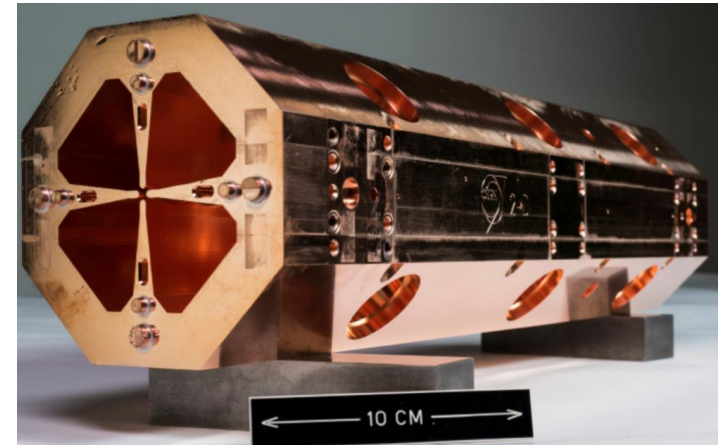
- Approach:
  - Irradiate from several side to maximise dose in volume to be healed (e.g. tumour)
  - Protons and 'heavy ions' most selective: most dose at the end of particle's path



# Diagnosis & treatment with accelerators

(CERN) particle accelerators:

- Production of isotopes for PET and SPECT (hospital cyclotrons) for nuclear-medicine diagnosis
- Already used for hadron therapy:
  - Cancer and cardiac-problem treatment with energetic beam of protons, deuterons, and even carbon ions
  - Energy deposited cm inside body, at the end of particle's path



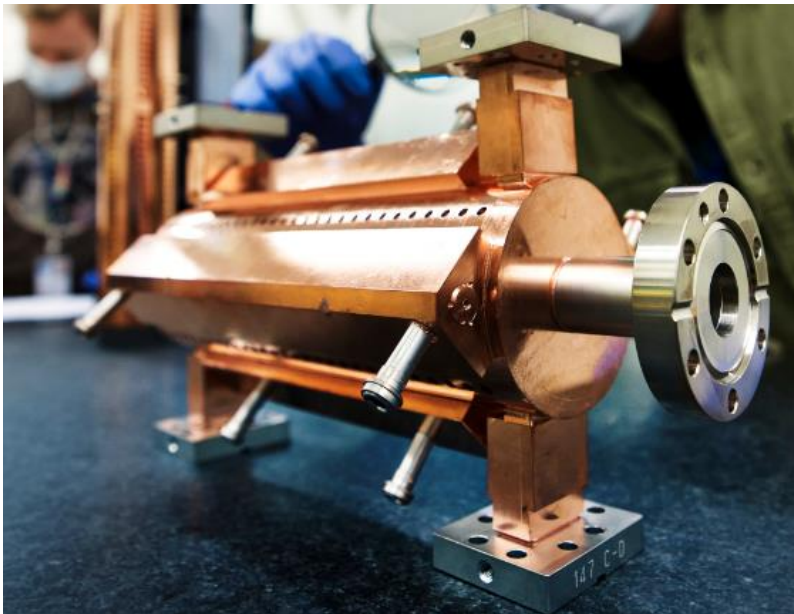
**CNAO** Pavia, IT  
The National Center for Oncological Hadrontherapy

Half of accelerators in the world are used for medical purposes

# Diagnosis & treatment with accelerators

Compact electron accelerator:

- Following CLIC (compact linear collider) R&D at CERN
- FLASH: short-pulse electron radiotherapy
- Facility to be built at Lausanne Hospital



**CLIC** high-performance linear  
electron accelerator technology



**FLASH**  
treatments of  
large and  
deep-seated  
tumours



**< 200 ms**

**Full dose**  
is delivered by a beam  
of electrons  
**in less**  
than 200 ms

More healthy  
**tissue**  
spared



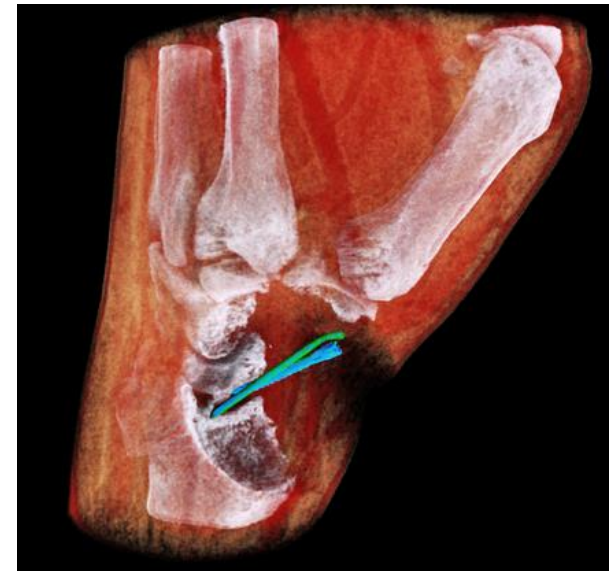
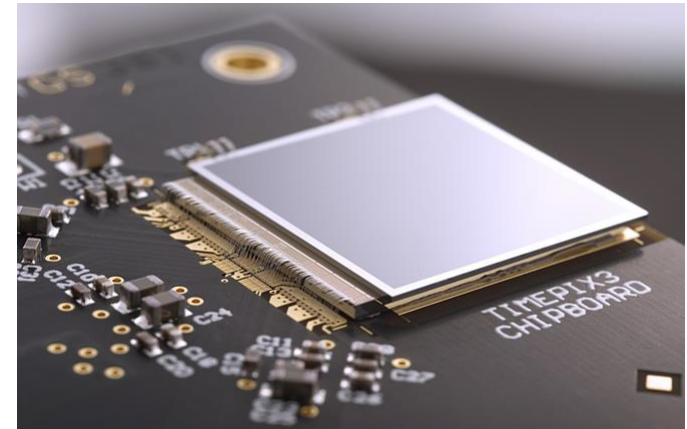
Video: <https://videos.cern.ch/record/2295068>



# Detectors

# Diagnosis with photon counting x-ray detectors

- MEDIPIX, TIMEPIX collaboration at CERN
- High-resolution hybrid pixel detectors for particle tracking at LHC
- Applications in many fields
- x-ray photon-counting in CT medical diagnosis:
  - Lower doses
  - Higher spacial resolution
  - X-ray energy resolution
- 1<sup>st</sup> portable CT scanner in Europe in Lausanne

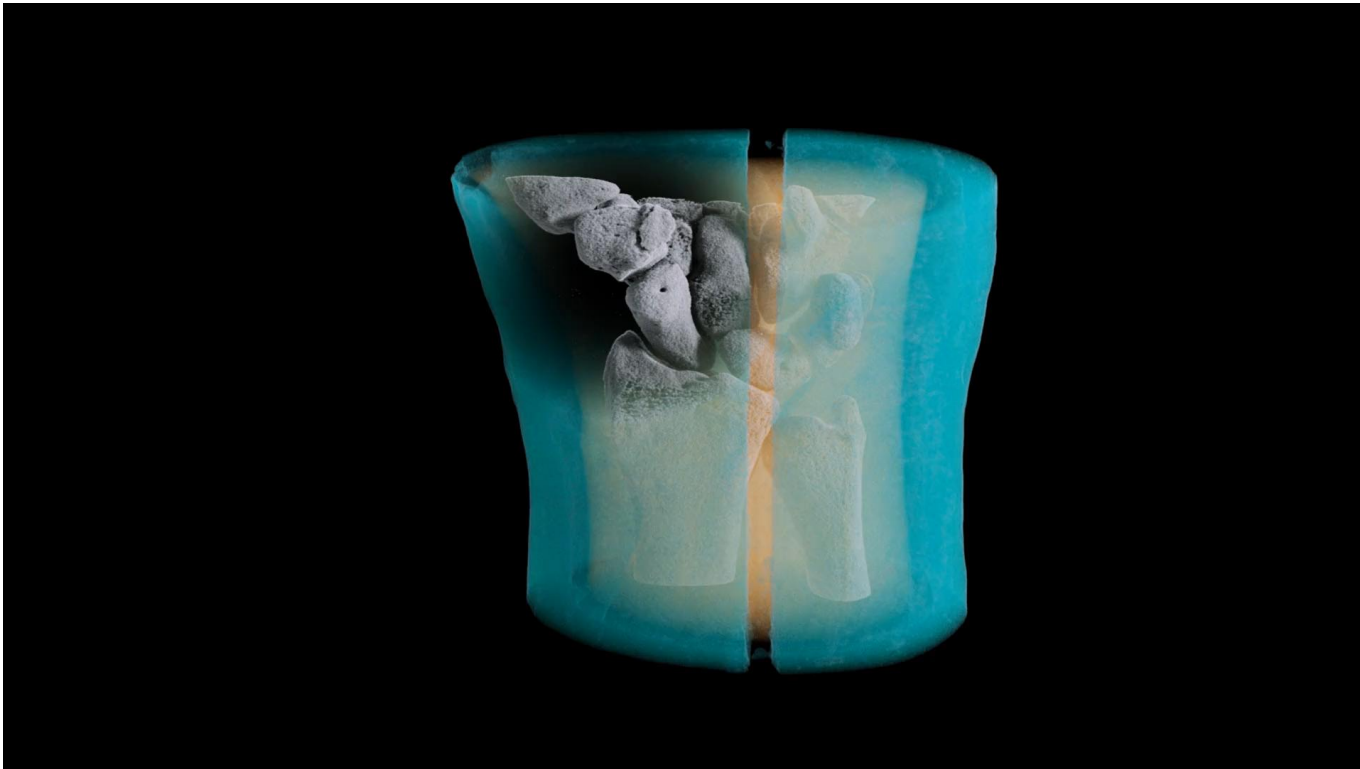


metallic screw (blue), K-wire (green)



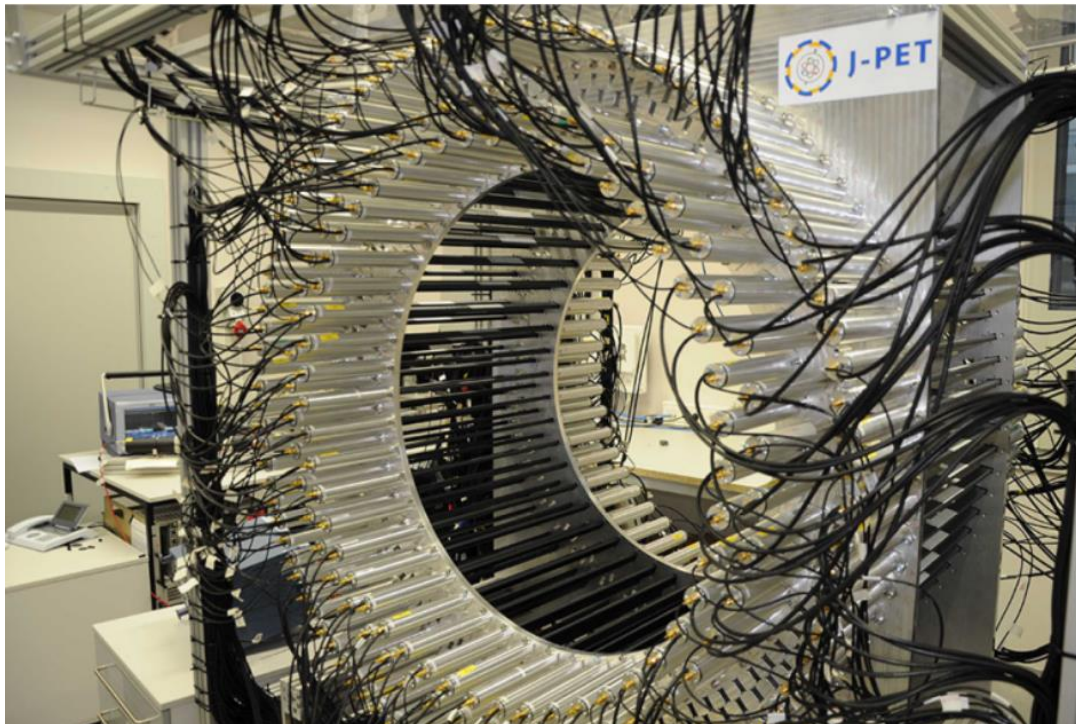
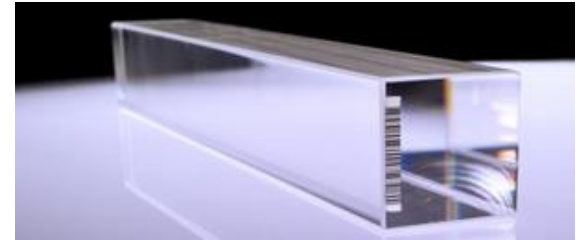
# Computed tomography with photon counting

- Wrist image with colour x-ray:



# 511-keV PET detectors from basic science

- Detectors with ns and ps time resolution - better localisation:
  - As in ATLAS tracer: monolithic Si detector – TT-PET project, Uni Geneva
  - Fast scintillating crystals from CMS: CrystalClear at CERN
  - As in nuclear fast timing: U Complutense Madrid
- Cheaper materials:
  - Organic scintillators: J-PET in Krakow





# Radioactive nuclei

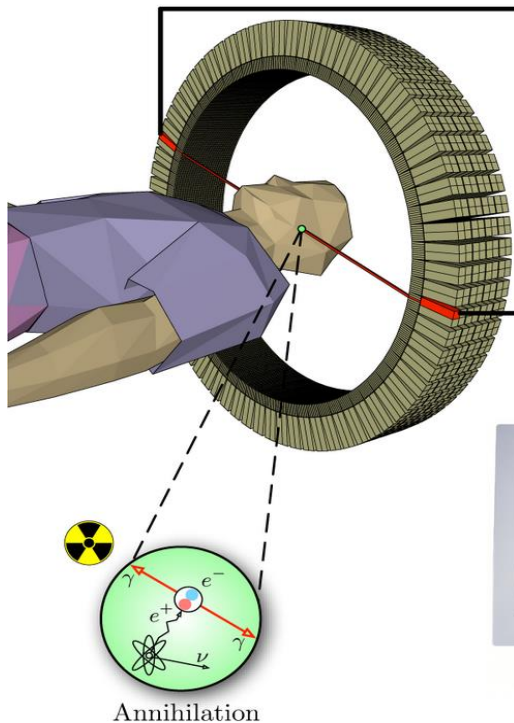
# Medical diagnosis with unstable nuclei

- Diagnosis with radioactive nuclei:
  - Radioactive nucleus usually connected chemically to a biological 'ligand'
  - 'ligand' finds areas to be diagnosed: sugars go to cells that need energy, e.g cancer
  - Emitted radiation shows the localisation of the interesting region
  - Efficient particle detectors detect very low unharmed nM or pM concentrations
- Suitable isotopes:
  - Isotope of element that can bind to biological ligands
  - Lifetime long enough for delivery and short enough for a body: hours to days
  - Right type of radiation and its energy
- Detection: radiation not particles, because it gets stopped less in the body
  - Gamma rays from decay or annihilation of emitted beta+ particle
- Approaches (nuclear medicine):
  - PET
  - SPECT



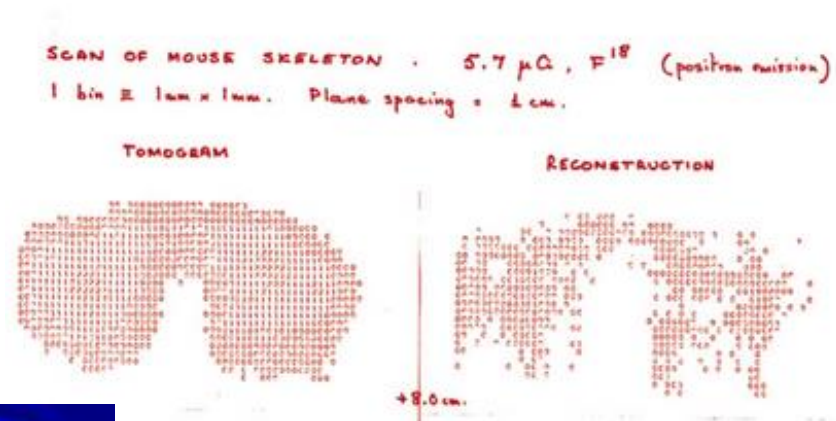
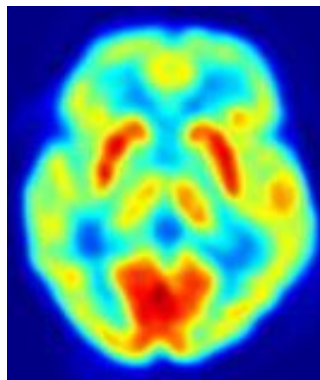
# PET: Positron emission tomography

- Signal from beta+ (positron) emitting nuclei
  - Emitted positron stops after travel of some mm in tissue
  - Positron = antimatter, so it annihilates with an electron from a neighbouring molecule ( $E=mc^2$ )
  - 2 gamma rays of 511keV are emitted at 180 degrees
- Detection:
  - Based on time and position of hits in detectors, place of annihilation is identified



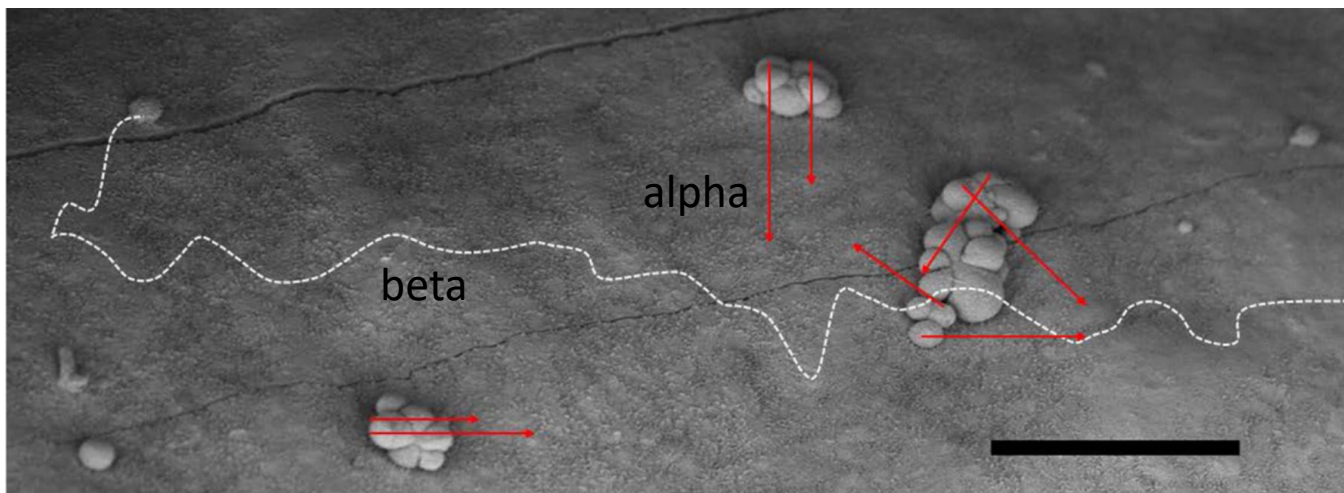
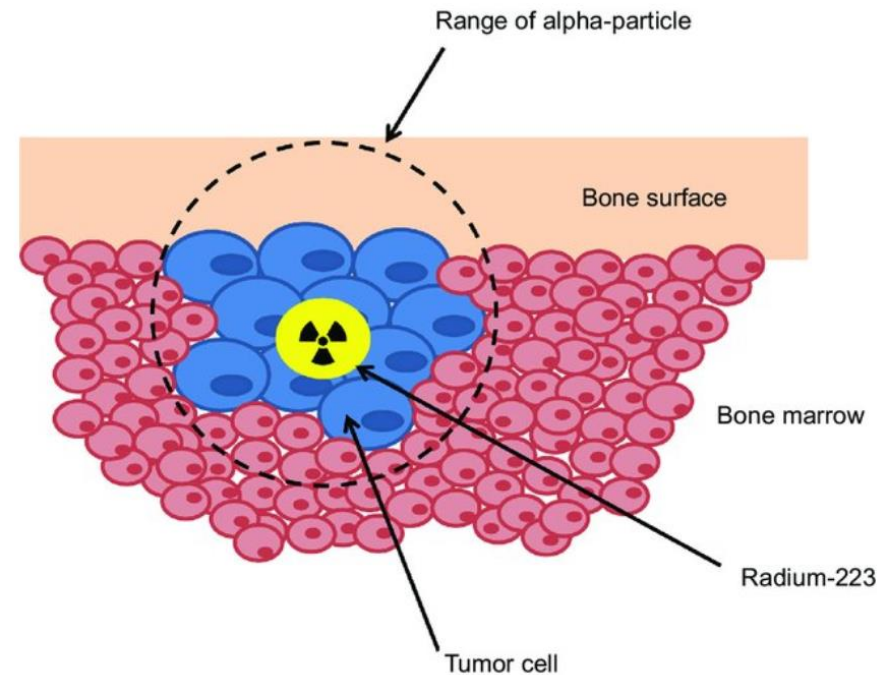
# PET and CERN

- PET developed in Geneva Hospital in 1977
  - 1<sup>st</sup> isotopes were produced at CERN
- Detector developments at CERN and around
  - CMS-related activity: CrystalClear
  - Fast response for localizing better
  - Cheaper, more efficient
- Novel PET Isotopes:
  - ISOLDE and MEDICIS (ISOLDE sister)
- Strengths:
  - Extremely sensitive
- Relative weaknesses:
  - Time resolution of detectors crucial -> can pinpoint annihilation location better
  - Coincidence between 2 gammas: relatively complex machine and event reconstruction
  - $e^+$  can travel several mm before annihilating: limit in resolution



# Cancer treatment with radionuclides

- Treatment via cell (mostly DNA) damage:
  - High dose beta radiation
  - Alpha radiation: heavier, so shorter range but higher lethality
- Isotope delivery to cancer – as in diagnosis: connection to ligand
- Isotope:
  - Suitable half-life
  - Alpha emission



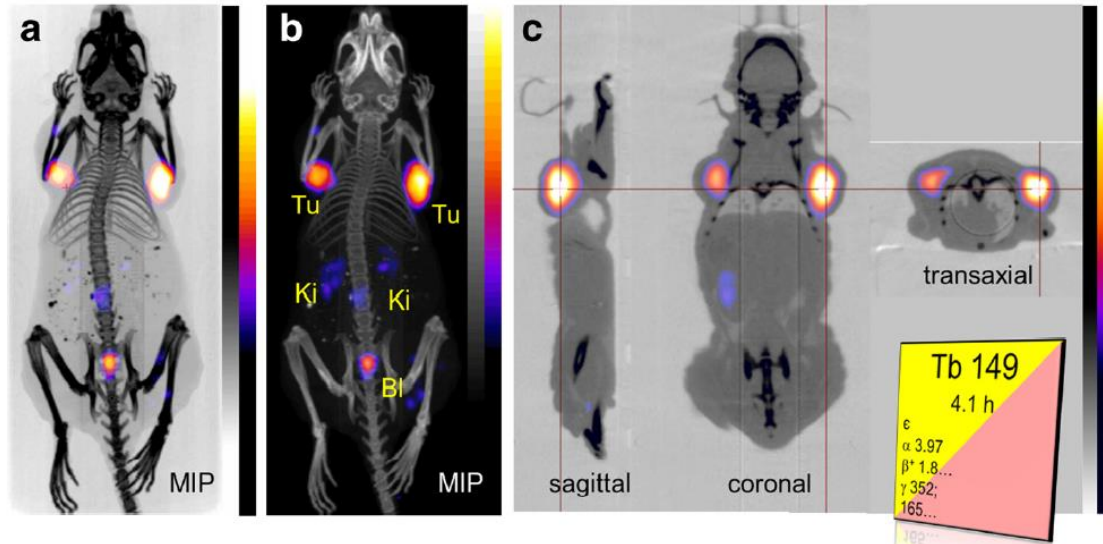
# Theranostics with unstable nuclei

Theranostics = therapy and diagnostics together

After U. Koster, C Müller et al. 2012 J. Nucl. Med. 53, 1951

- One isotope does diagnosis (e.g. PET)
- Another isotope of the same element: treatment

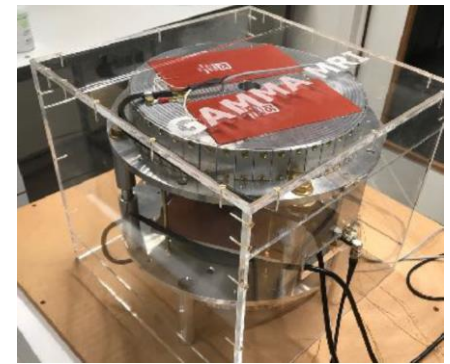
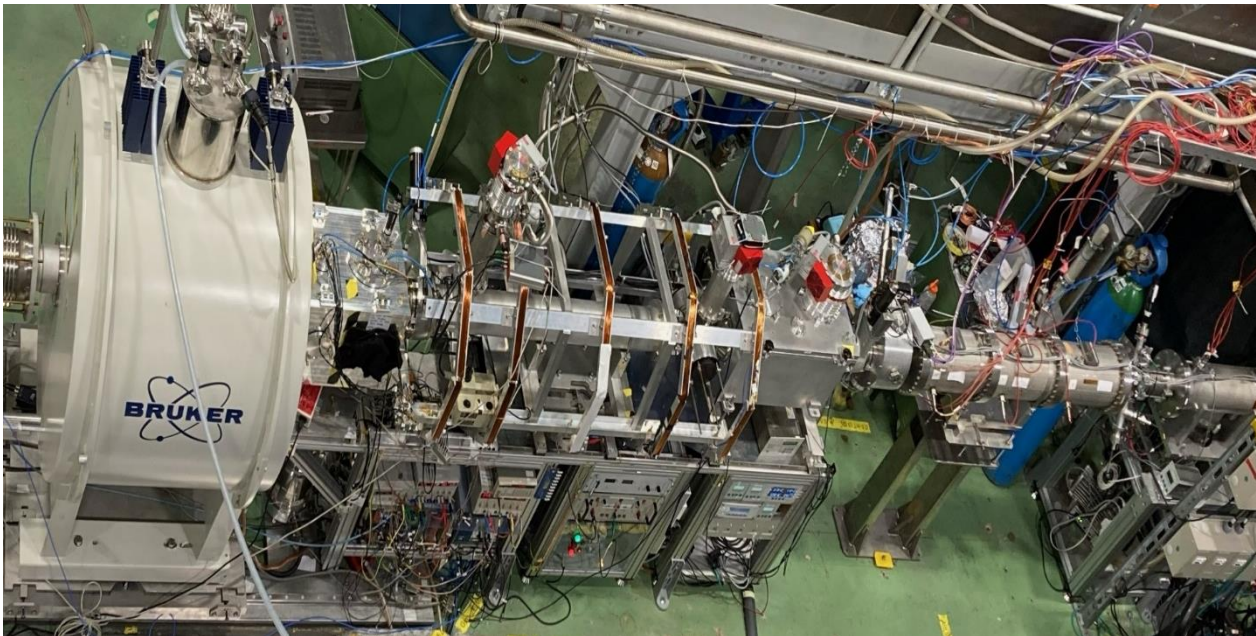
At ISOLDE and Medicis



<b>Dy 150</b> 7.2 m $\epsilon$ ; $\beta^+$ $\alpha$ 4.23 $\gamma$ 387	<b>Dy 151</b> 17 m $\epsilon$ ; $\alpha$ 4.07 $\gamma$ 389; 49; 546; 176... g; m	<b>Dy 152</b> 2.4 h $\epsilon$ $\alpha$ 3.83 $\gamma$ 257	<b>Dy 153</b> 6.29 h $\epsilon$ ; $\beta^+$ $\alpha$ 3.46... $\gamma$ 81; 214; 100; 254	<b>Dy 154</b> $3.0 \cdot 10^6$ a $\alpha$ 2.87	<b>Dy 155</b> 10.0 h $\epsilon$ $\beta^+$ 0.9; 1.1... $\gamma$ 227...	<b>Dy 156</b> 0.056 $\epsilon$ 33 $\beta^+$ ; $\alpha$ <0.009	<b>Dy 157</b> 8.1 h $\epsilon$ 326...	<b>Dy 158</b> 0.095 $\epsilon$ 33 $\beta^+$ ; $\alpha$ <0.006	<b>Dy 159</b> 144.4 d $\epsilon$ $\gamma$ 58; $e^-$ $\alpha$ 8000	<b>Dy 160</b> 2.329 $\epsilon$ 50 $\beta^+$ ; $\alpha$ <0.0003	<b>Dy 161</b> 18.889 $\epsilon$ 600 $\beta^+$ ; $\alpha$ <1E-6	<b>Dy 162</b> 25.475 $\epsilon$ 170
<b>Tb 149</b> 4.2 m $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 150</b> 5.8 m 3.67 h $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 151</b> 25 s 17.6 h $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 152</b> 4.2 m 17.5 h $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 153</b> 2.34 d $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 154</b> 23 h 5.9 h 21 h $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 155</b> 5.32 d $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 156</b> 4 h 5.4 h 5.4 d $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 157</b> 99 a $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 158</b> 10.5 s 180 a $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 159</b> 100 $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 160</b> 72.3 d $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...	<b>Tb 161</b> 6.90 d $\beta^+$ $\alpha$ 3.97 $\gamma$ 352; 165...
<b>Gd 148</b> 74.6 a $\alpha$ 3.183 $\alpha$ 14000	<b>Gd 149</b> 9.28 d $\epsilon$ ; $\alpha$ 3.016 $\gamma$ 150; 299; 347...	<b>Gd 150</b> $1.8 \cdot 10^8$ a $\alpha$ 2.72	<b>Gd 151</b> 120 d $\epsilon$ ; $\alpha$ 2.60 $\gamma$ 154; 243; 175...	<b>Gd 152</b> 0.20 $1.1 \cdot 10^{14}$ a $\alpha$ 2.14; $\alpha$ 700 $\beta^+$ ; $\alpha$ <0.007	<b>Gd 153</b> 239.47 d $\epsilon$ $\gamma$ 97; 103; 70... $\beta^+$ 20000 $\beta^+$ ; $\alpha$ 0.03	<b>Gd 154</b> 2.18 $\epsilon$ 60	<b>Gd 155</b> 14.80 $\epsilon$ 61000 $\beta^+$ ; $\alpha$ 0.00008	<b>Gd 156</b> 20.47 $\epsilon$ -2.0	<b>Gd 157</b> 15.65 $\epsilon$ 254000 $\beta^+$ ; $\alpha$ <0.05	<b>Gd 158</b> 24.84 $\epsilon$ 2.3	<b>Gd 159</b> 18.48 h $\beta^+$ 1.0... $\gamma$ 384; 58...	<b>Gd 160</b> 21.86 $\epsilon$ 1.5

# Ultrasensitive magnetic resonance imaging

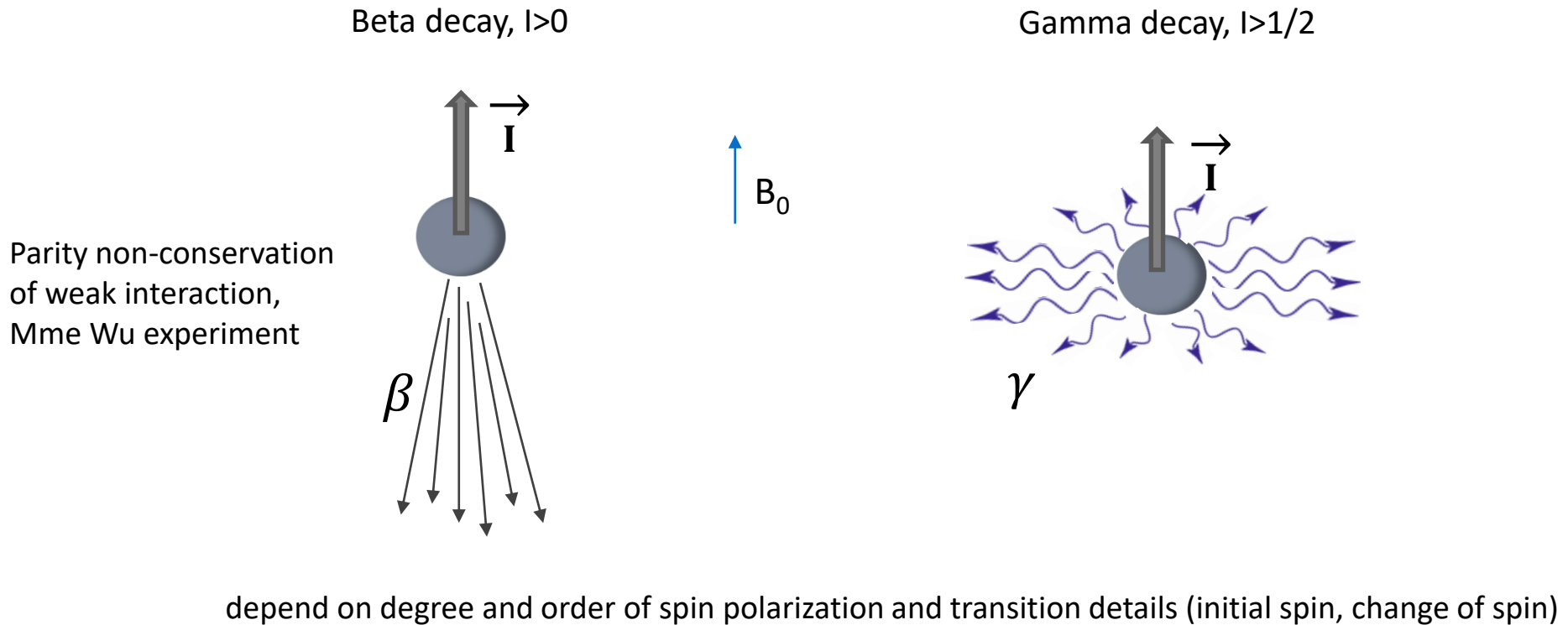
- My own projects
- Radiation-detected Nuclear Magnetic Resonance (NMR) and Imaging (MRI)
  - Use of unstable nuclei
  - Signal detection via direction of radiation, not signal pickup in a coil
  - Up to  $10^{10}$  more sensitive than conventional NMR
- Interdisciplinary team
  - Collaboration (e.g. with AMU Poznan)
  - Applications in different fields



Beamline at ISOLDE

# Why are polarized radio-nuclei special?

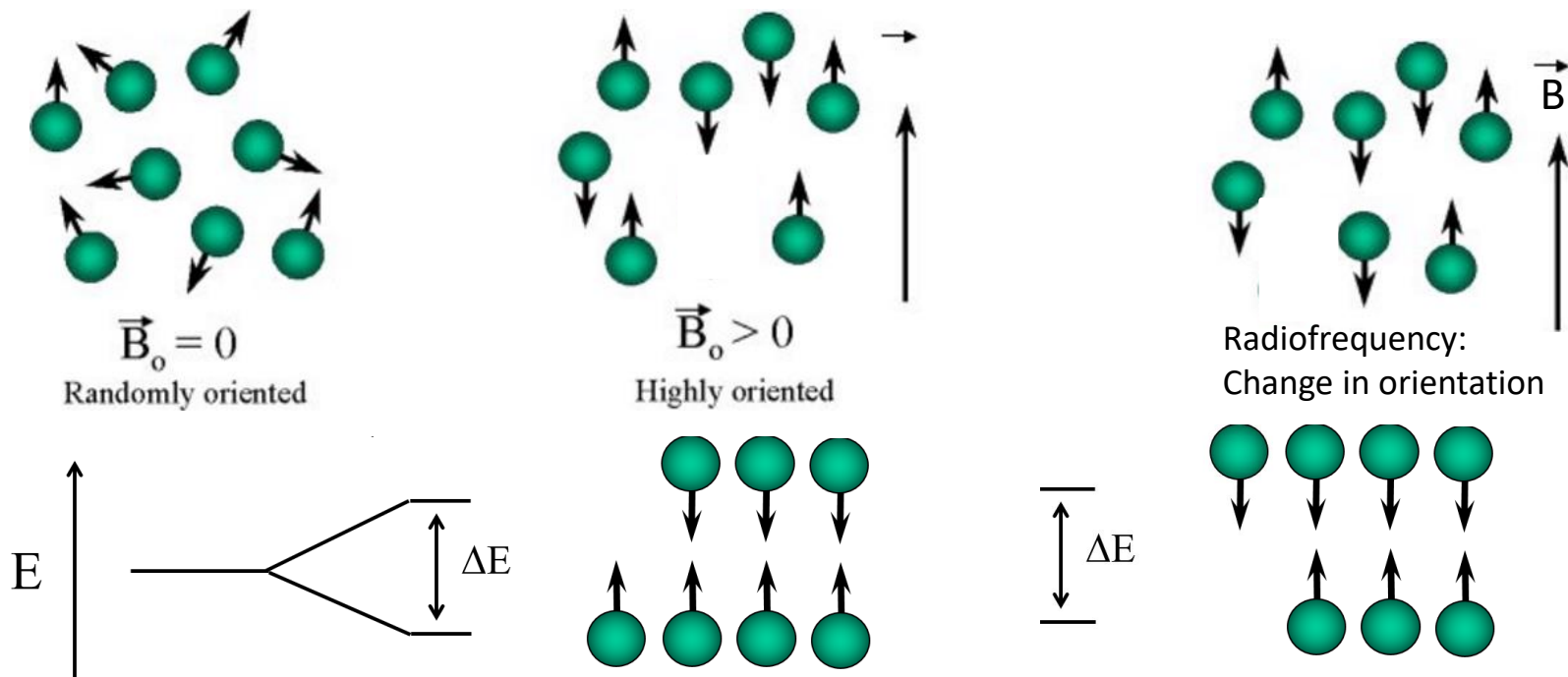
- Their beta and gamma decay is anisotropic in space



- Observed decay asymmetry can be used to perform sensitive Nuclear Magnetic Resonance

# Principles of Nuclear Magnetic Resonance

- Participants:
  - Probe nuclei with spin different from 0
  - Sample/ environment
- Magnetic field
  - Strong static field ( $B_0$ )
  - Weaker perpendicular field ( $B_1$ ) oscillating at radio-frequency (MHz)



Larmor frequency in magnetic field is shifted by environment (electrons in molecules)

# Radiation-detected NMR in liquid samples



betaDropNMR

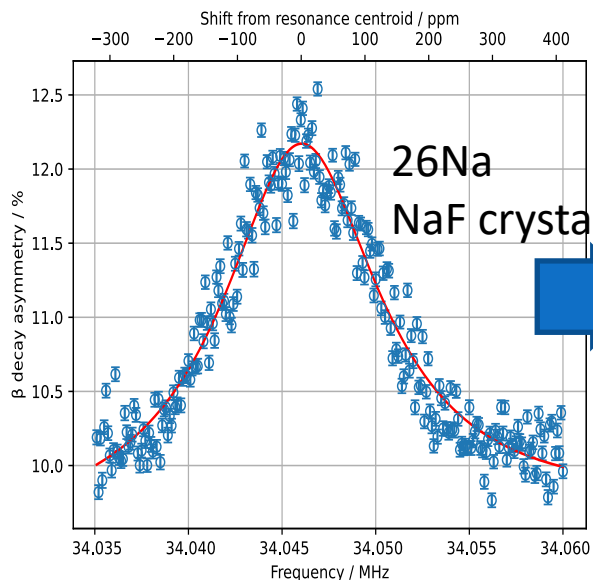
## Beta-radiation detected NMR in liquids

- NMR: part per million shift in Larmor frequency due to direct environment of probe nucleus
- Up to billion times higher sensitivity than conventional NMR (down to  $1e6$  nuclei)
- much narrower resonances than in solids:  $10^2$ - $10^3$  higher precision (part-per-million)

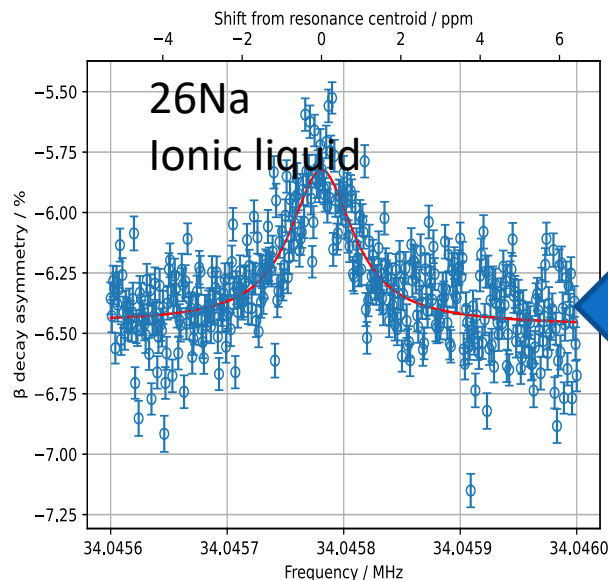
## Can address chemical elements and samples inaccessible in conventional NMR

E.g metal-ion interaction with biomolecules

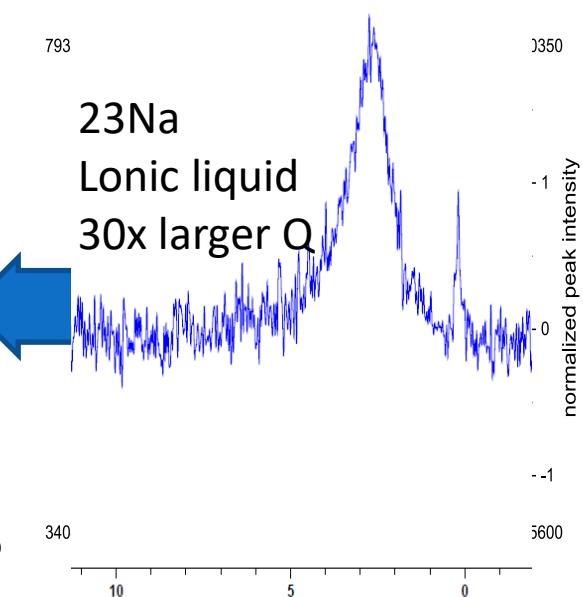
26	Na	15	
11			
9 us	1 <sup>+</sup>	1071.28 ms	3 <sup>+</sup>
E <sub>ex</sub> 82.5 (0.6)		M - 6861 (4)	
IT=100%		β <sup>-</sup> =100%	



<sup>26</sup>Na β-NMR in a NaF crystal  
1e7-1e8 Na nuclei in sample



<sup>26</sup>Na β-NMR in an ionic liquid  
1e7-1e8 Na nuclei in sample



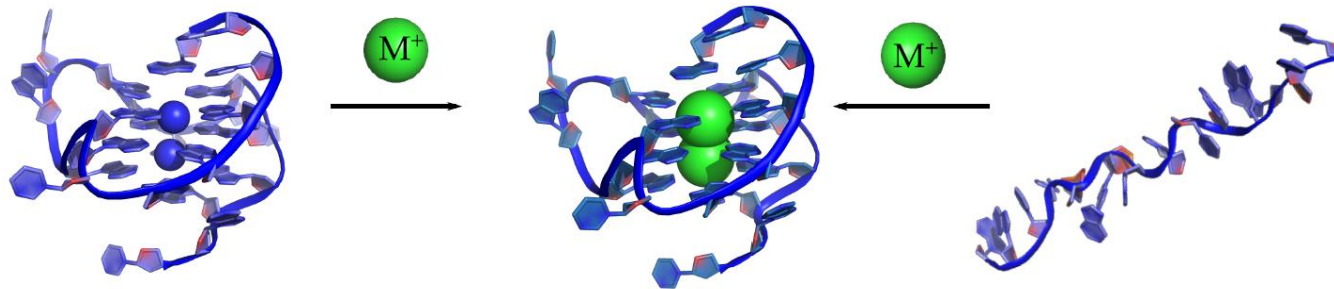
Conventional NMR scan of <sup>23</sup>Na (black)  
1e19 Na nuclei in sample



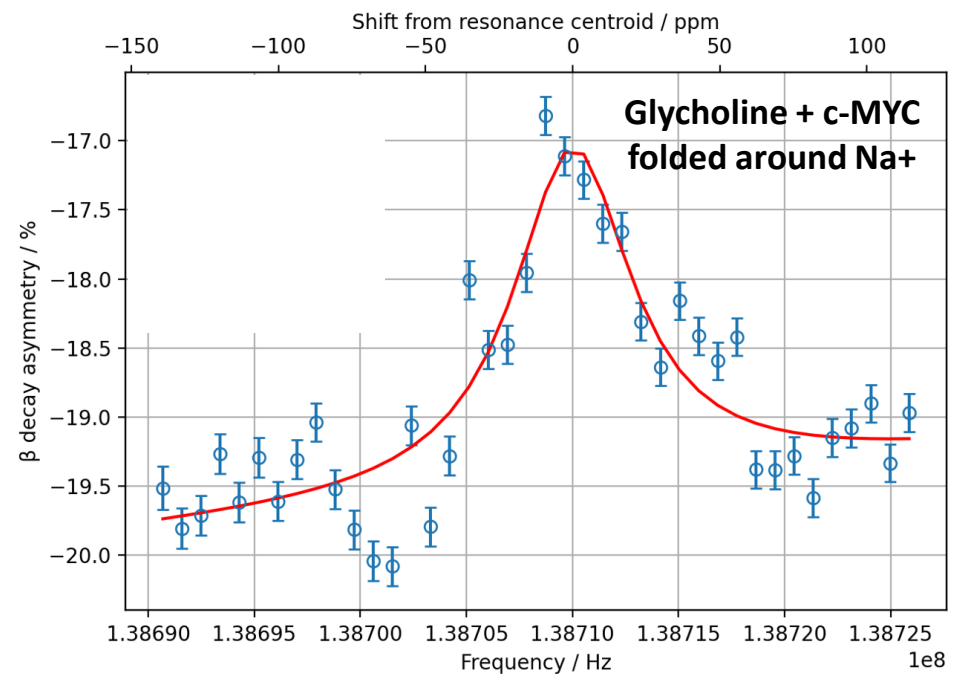
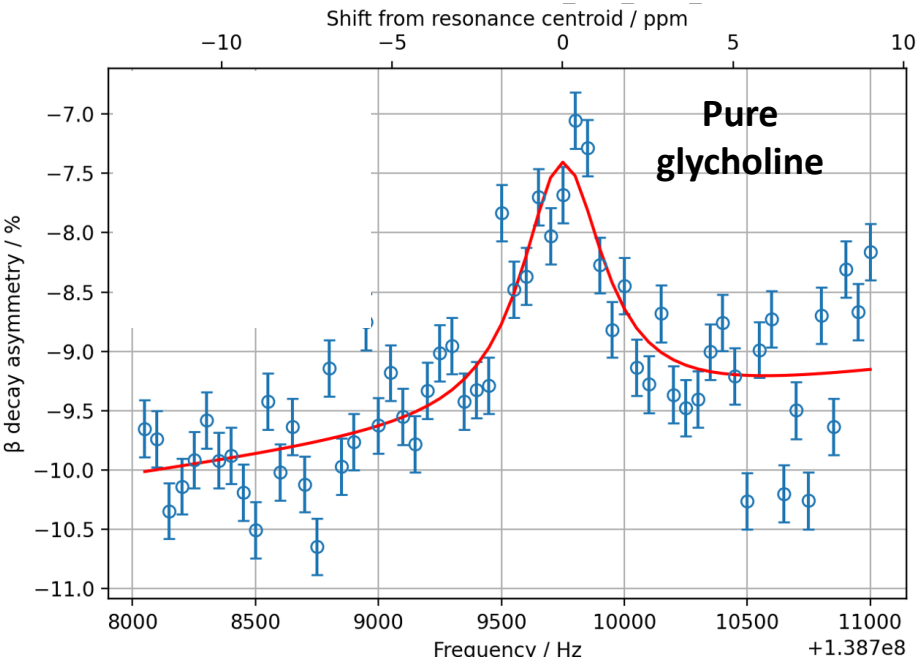
# Potassium binding to DNA G-quadruplexes

B. Karg

- G-quadruplexes:
  - present e.g. in telomers, crucial: binding to alkali metals
- $\beta$ -NMR experiments in 2022:  $^{47}\text{K}$  implanted into glycholine DES + DNA



47	<b>K</b>	28
19		
17.50 s 1/2 <sup>+</sup>		
M <sup>-</sup> 35712.0 (1.4)		
$\beta^-$ =100%		



In presence of DNA: K resonance shifted and broadened: implanted K replaces Na inside G-quadruplex?

# Stable $^{129}\text{Xe}$ Magnetic Resonance Imaging

Provides information on:

- pulmonary ventilation
- tissue microstructure
- gas exchange

Features:

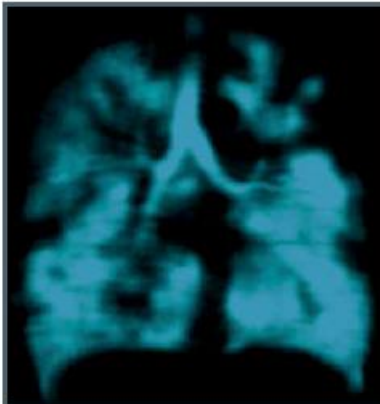
- Sensitive
- Fast (< 10 s)
- Precise (3 mm)
- No proton background
- Chemical information

Applications:

- Respiratory diseases
- Emerging: functional images of highly perfused organs: kidneys, brain

b)

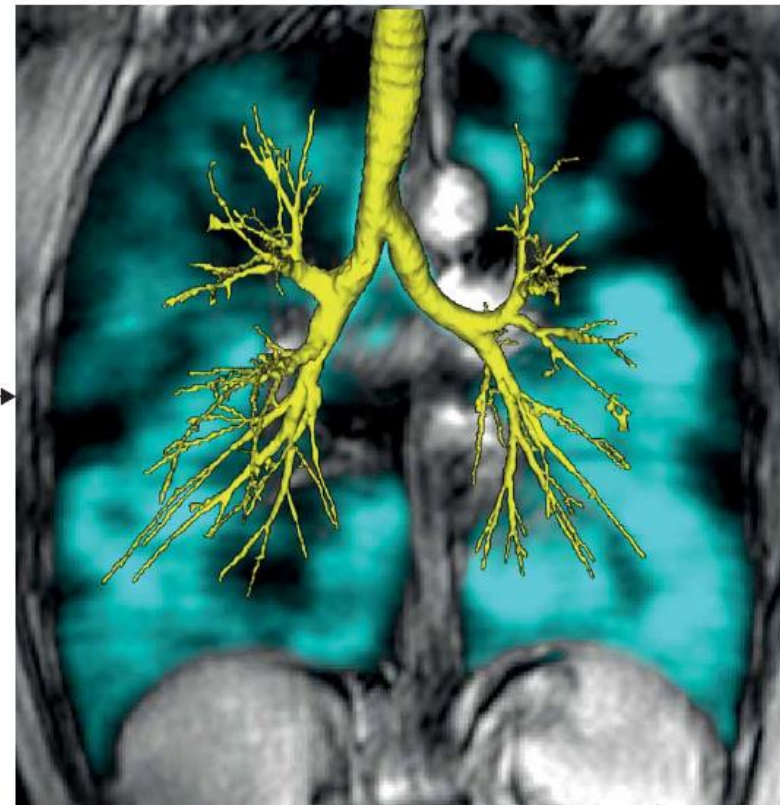
$^{129}\text{Xe}$  gas



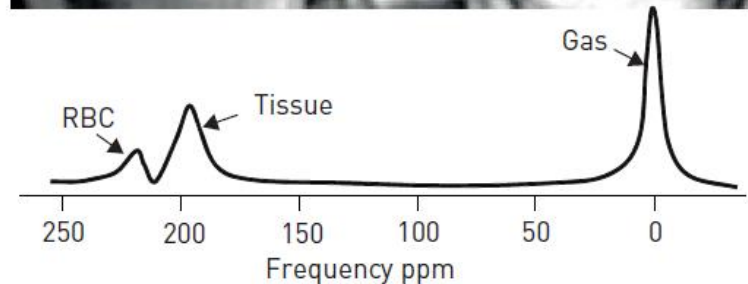
Anatomical  $^1\text{H}$



Co-registered



CT airways



# $\gamma$ -MRI with long-lived Xe isomers

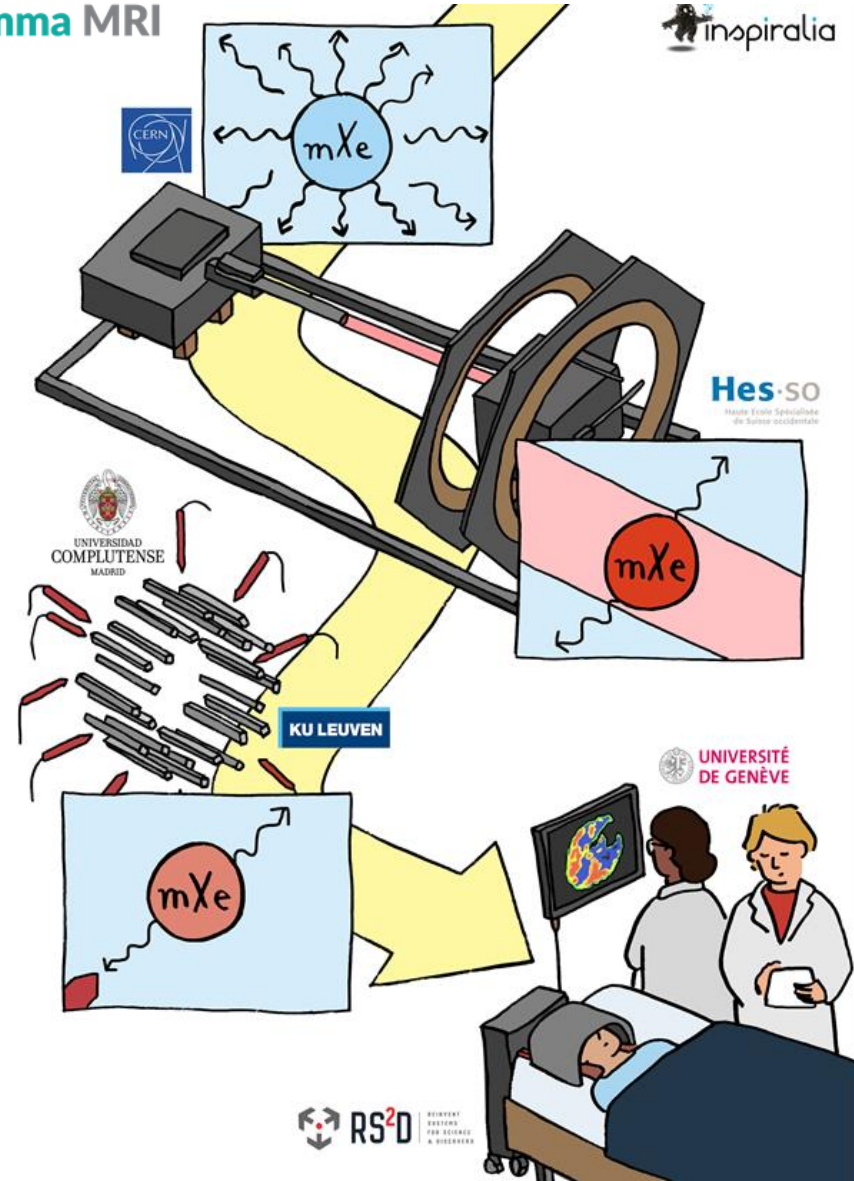
EU FET-OPEN



Simultaneous exploitation of gamma ( $\gamma$ ) detection sensitivity + spatial resolution and flexibility of MRI

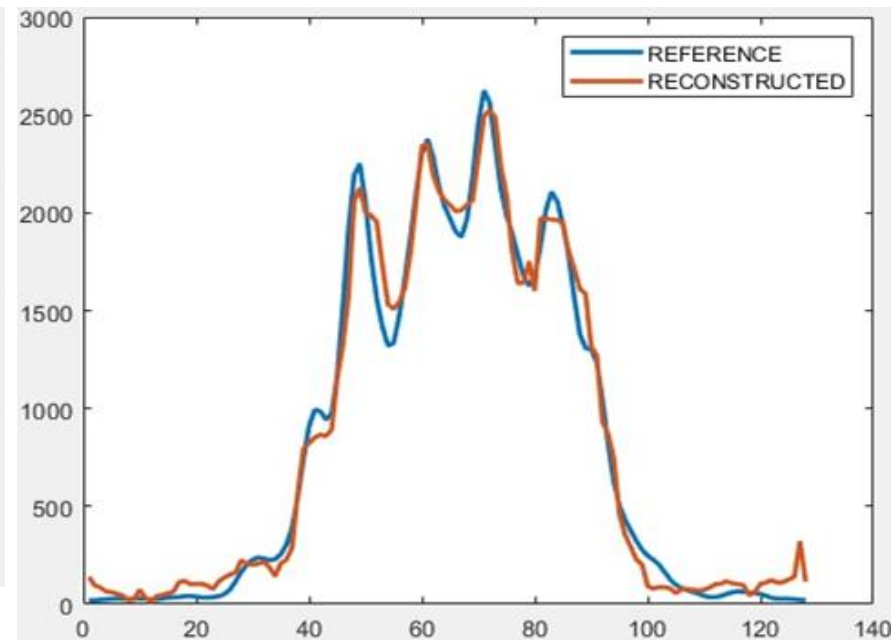
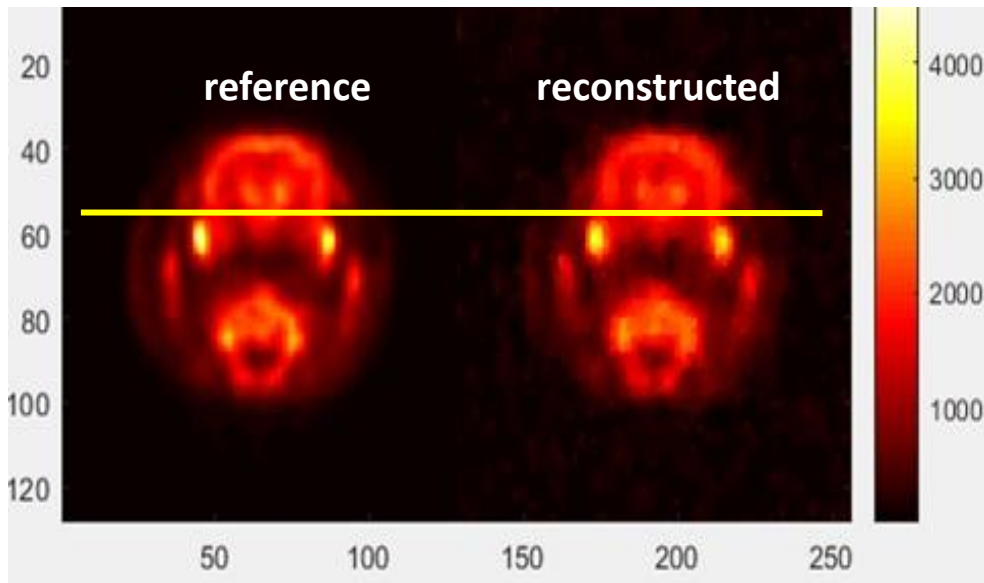
- Use of polarised unstable tracers
- Increase MRI sensitivity and nuclear medicine resolution
- positioning given by MRI sequences
- tracer amount given by degree of asymmetry of  $\gamma$ -emission

Work on prototype MRI device ongoing



# Figures of merit

Technique	Activity	Sensitivity	Resolution
MRI	0	mM to $\mu$ M	< 1 mm
HP $^{129}\text{Xe}$ MRI	0	100s of nM	< 1 mm
PET	$\sim 400$ MBq	pM	1-3 mm
SPECT	500 $\sim$ 1000 MBq	pM	1 mm
$\gamma$ MRI	1-10 MBq (1 mm resolution)	pM	< 1 mm (for tens of MBq)



Expected signal in prototype:

- rat brain infused with 10 MBq of mXe, 12 s recording time
- reconstructed with compressed sensing strategies in 0.5 mm pixels

# Summary

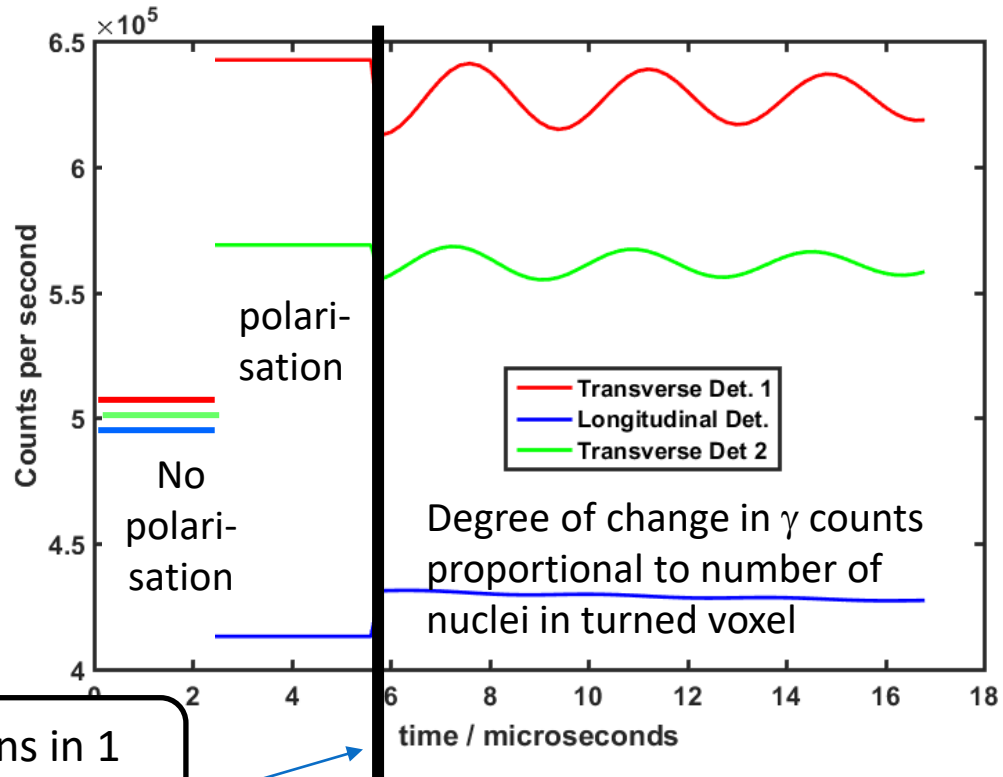
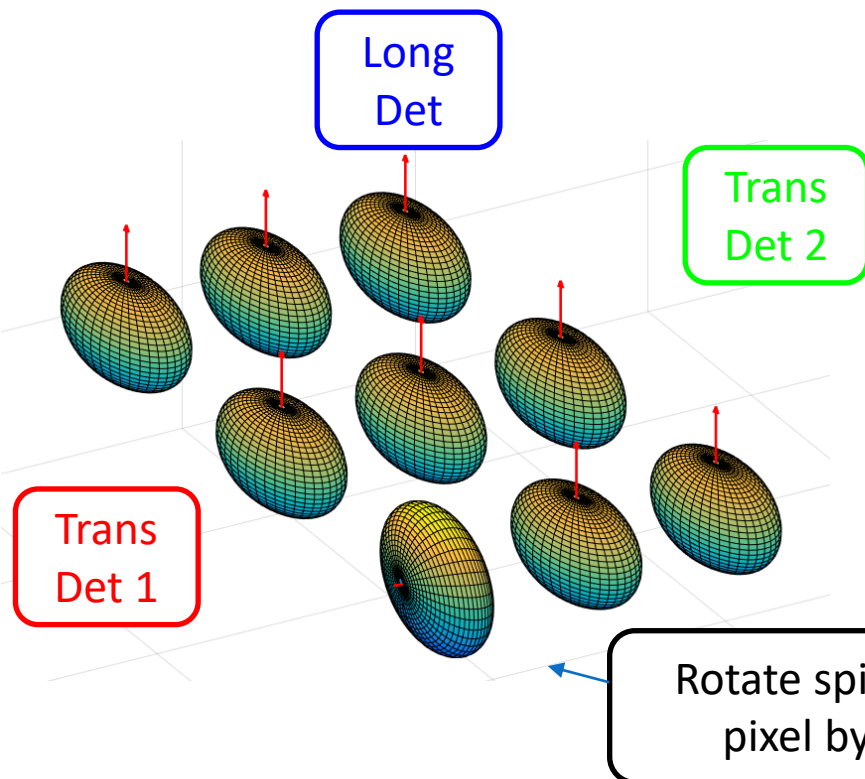
## CERN basic science triggers medical applications from our:

- Accelerators
- Detectors
- Radionuclei
  
- Interest: medical diagnosis and treatment
  
- Aim – medical devices that are:
  - SMALLER
  - CHEAPER
  - MORE PRECISE
  - MORE SENSITIVE
  
- Many examples at different stages of maturity



# Gamma MRI – spatial resolution

- Pixel size
  - defined by slope of B-field gradients and spectral width of rf pulse
  - more nuclei -> smaller pixels possible up to B gradient and rf limit
- 1 pixel in resonance: change in gamma counts visible in each detector



Simulations: R. Engel



# Basic principle

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## Strength of unstable nuclei for life sciences:

- Efficient detection of decay radiation: PET, SPECT diagnostics with  $\gamma$  radiation
- Strong but localised damage: cancer therapy with  $\alpha$ ,  $\beta$  radiation
- Possibility to combine therapy and diagnostics: terranostics
  - PET/SPECT diagnosis +  $\alpha$ ,  $\beta$  treatment, e.g.  $^{155}\text{Tb}$ -SPECT,  $^{152}\text{Tb}$ -PET,  $^{149}\text{Tb}$ - $\alpha$  therapy
  - hadron therapy (and in-situ PET beam-deposition diagnosis) with  $^{11}\text{C}$

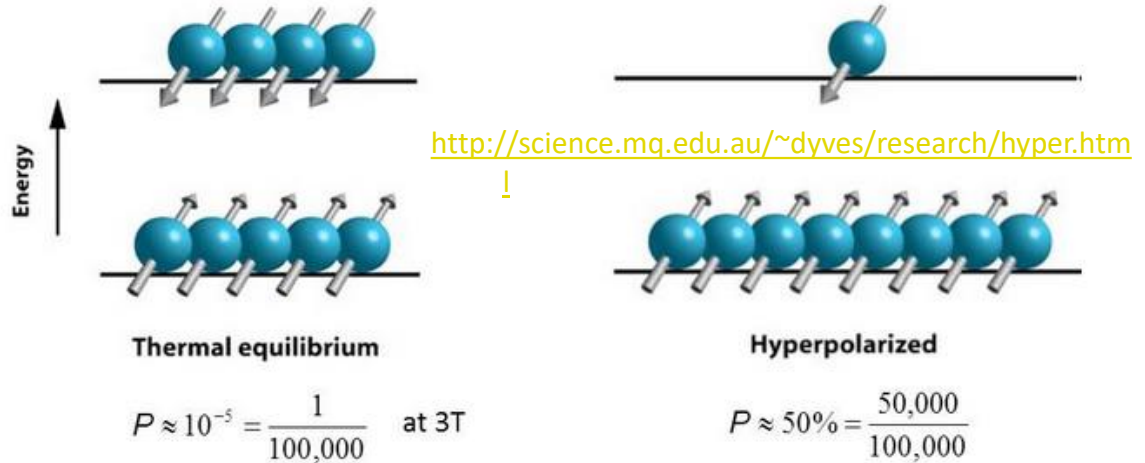
## New here: anisotropic emission of radiation from spin-polarised nuclei

- Much higher sensitivity for spin-manipulating techniques:  
=> Nuclear Magnetic Resonance (NMR) and Magnetic Resonance Imaging (MRI)

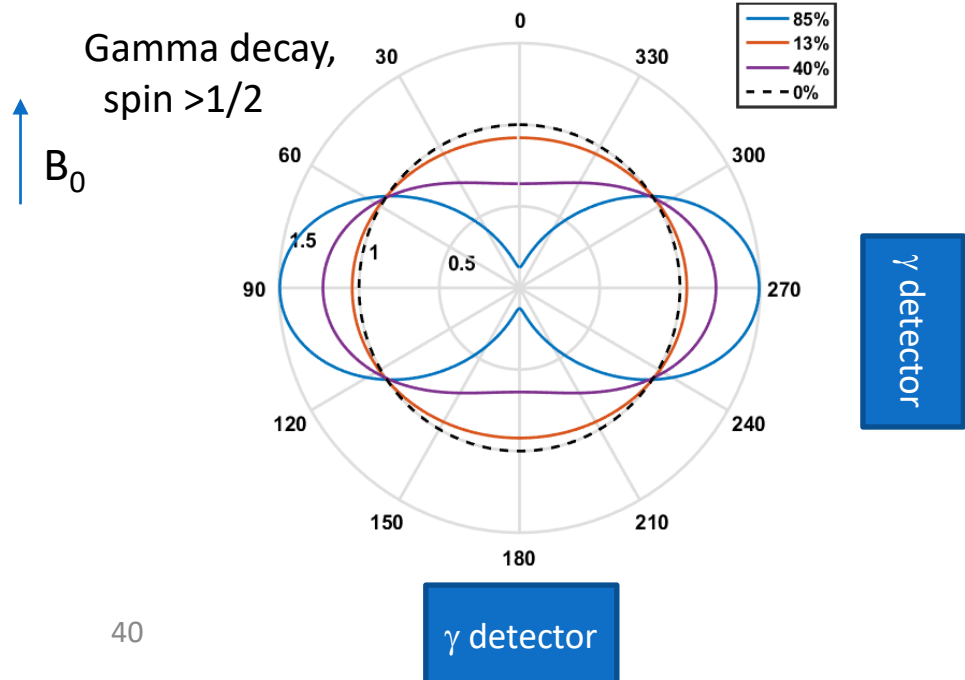
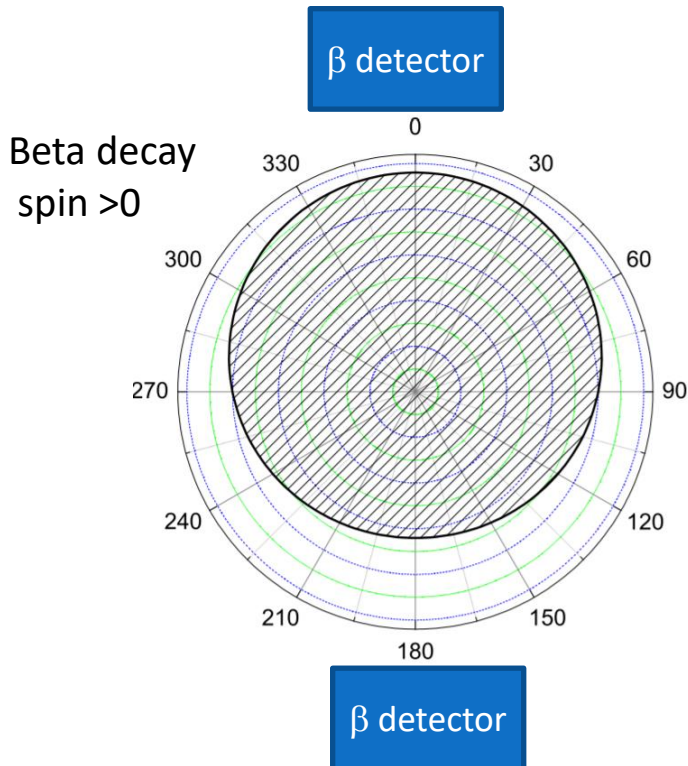


# Radiation-detected NMR

## Spin hyperpolarisation

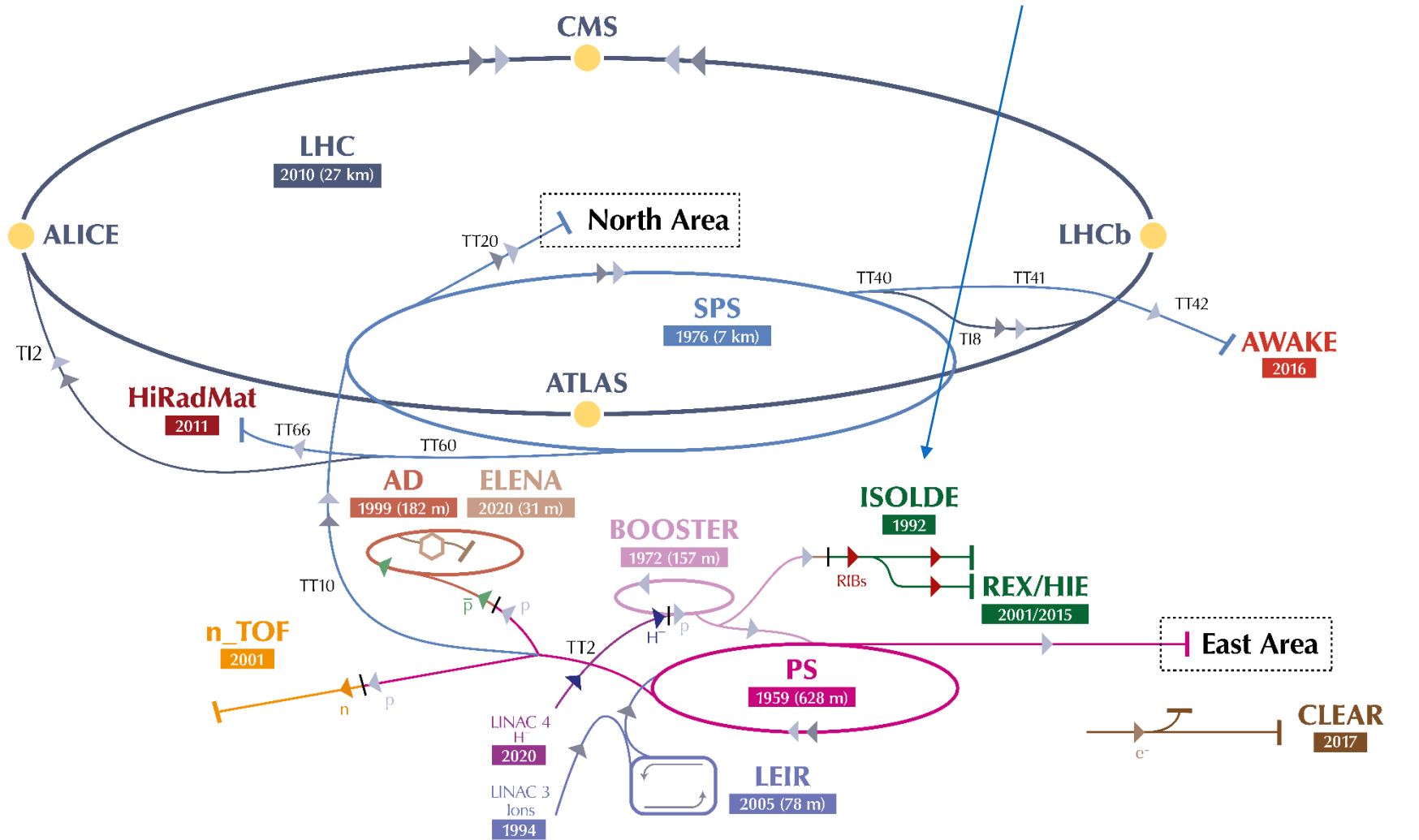


## + Decay anisotropy



# Experiments: ISOLDE lab at CERN

CERN facility for production and research with radioactive nuclei



- ▶  $H^-$  (hydrogen anions)
- ▶ p (protons)
- ▶ ions
- ▶ RIBs (Radioactive Ion Beams)
- ▶ n (neutrons)
- ▶  $\bar{p}$  (antiprotons)
- ▶  $e^-$  (electrons)

# ISOLDE selection of radio-nuclei

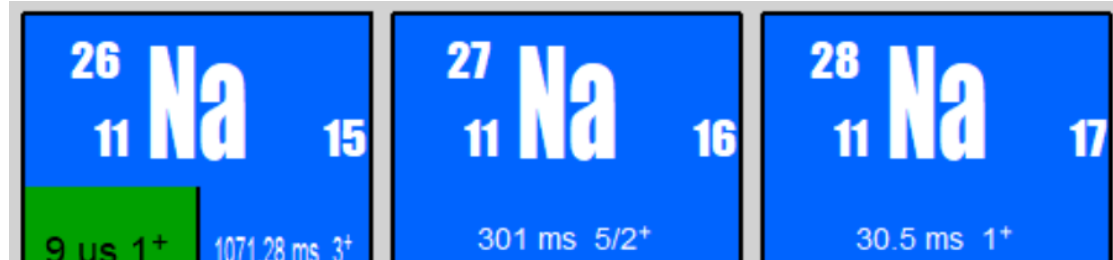
- Over 1000 isotopes from 70 chemical elements used for experiments

- Radioactive half-lives: >10 ms

- Interesting for life sciences with radiation-detected NMR/MRI:

- Already polarized

- Planned

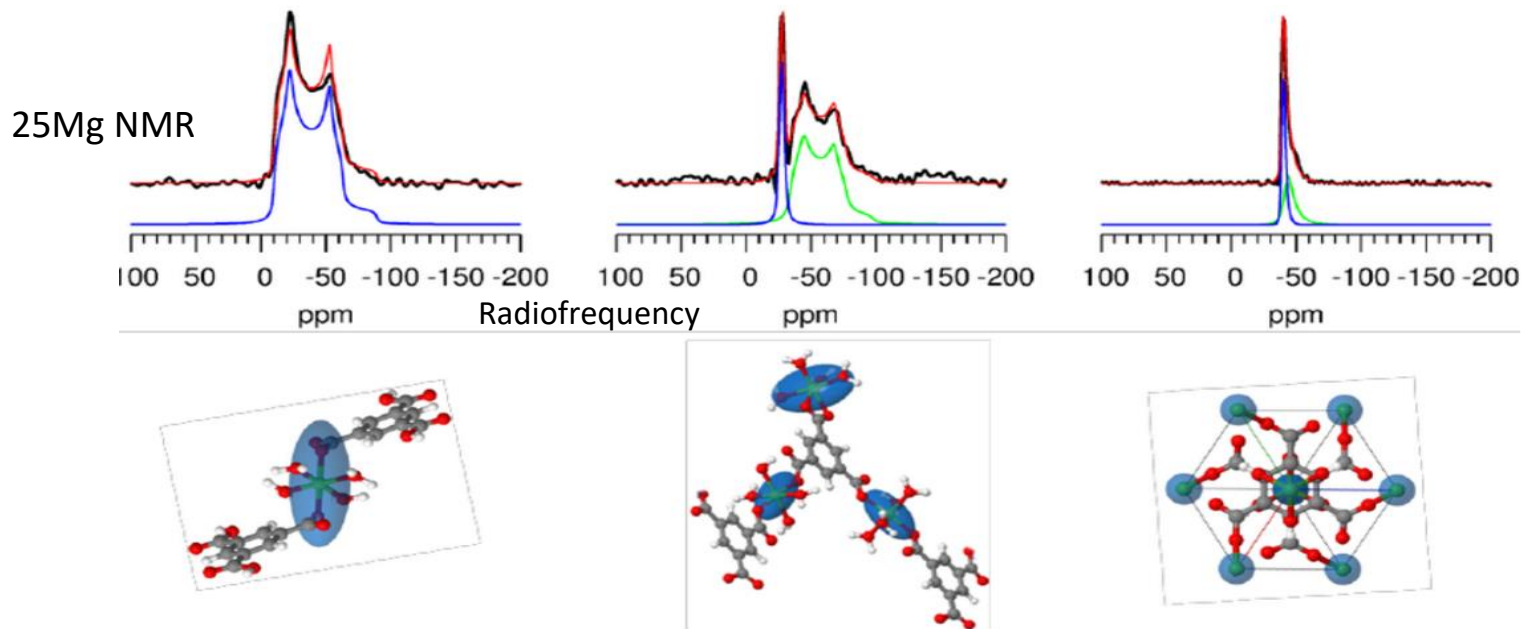


beta-detected NMR

1	1 H																	2 He						
2	3 Li	4 Be																	5 B	6 C	7 N	8 O	9 F	10 Ne
3	11 Na	12 Mg																	13 Al	14 Si	15 P	16 S	17 Cl	18 Ar
4	19 K	20 Ca	21 Sc	22 Ti	23 V	24 Cr	25 Mn	26 Fe	27 Co	28 Ni	29 Cu	30 Zn	31 Ga	32 Ge	33 As	34 Se	35 Br	36 Kr						
5	37 Rb	38 Sr	39 Y	40 Zr	41 Nb	42 Mo	43 Tc	44 Ru	45 Rh	46 Pd	47 Ag	48 Cd	49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe						
6	55 Cs	56 Ba	* 71 Lu	72 Hf	73 Ta	74 W	75 Re	76 Os	77 Ir	78 Pt	79 Au	80 Hg	81 Tl	82 Pb	83 Bi	84 Po	85 At	86 Rn						
7	87 Fr	88 Ra	** 103 Lr	104 Rf	105 Db	106 Sg	107 Bh	108 Hs	109 Mt	110 Ds	111 Rg	gamma-detected MRI												
* Lanthanides	* 57 La	58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb										
** Actinides	** 89 Ac	90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No										

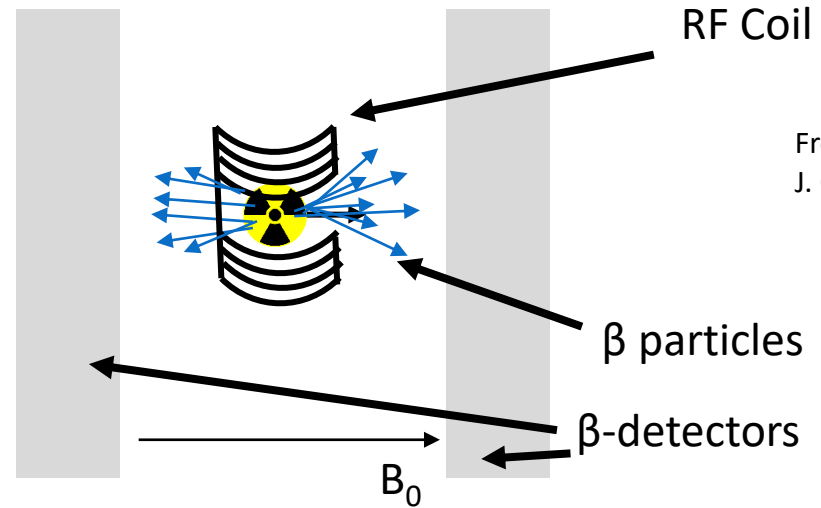
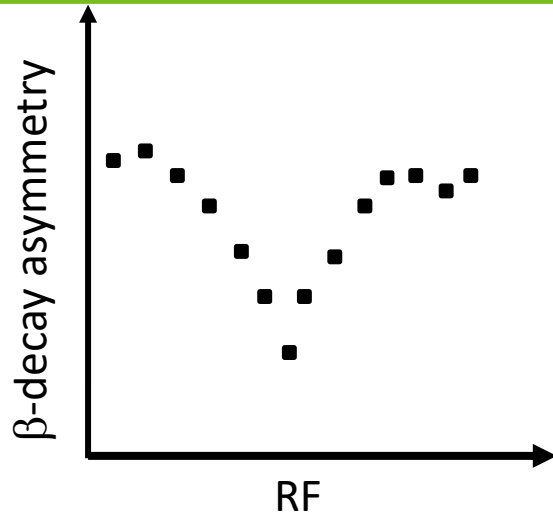
# $\beta$ -detected NMR and metals in biology

- Increase in sensitivity up to  $10^9$  times compared to conventional NMR
- Short-lived beta-particle-emitting probe nuclei
- Hyperpolarisation using e.g. lasers -> ideal for metals
- NMR can provide info on location & evolution of metal-ion binding to biomolecules
  - NMR on  $^{23}\text{Na}$ ,  $^{25}\text{Mg}$ ,  $^{63}\text{Cu}$ ,  $^{67}\text{Zn}$  bound to the biomolecule

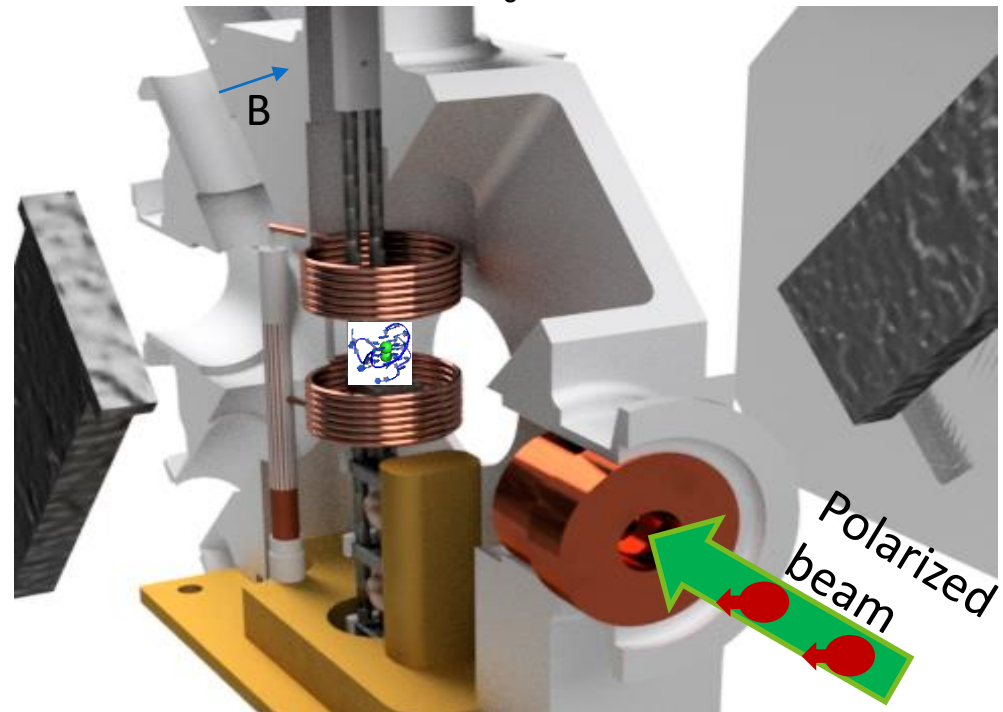
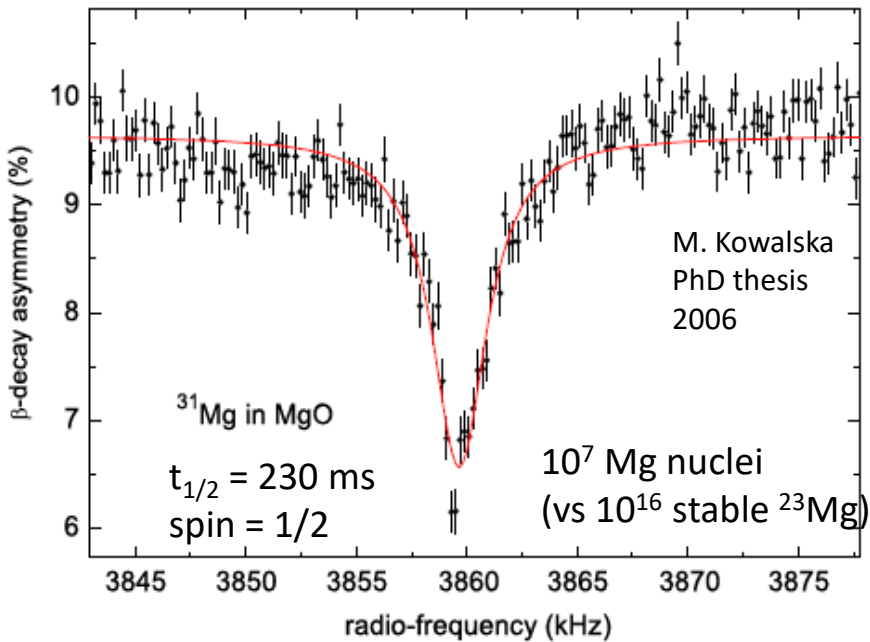


- Challenges: almost invisible signals due to small abundance, spin  $>1/2$ , and small sensitivity
- Result: metal-ion-NMR used very rarely => **sensitive NMR approach is needed**

# $\beta$ -NMR spectra



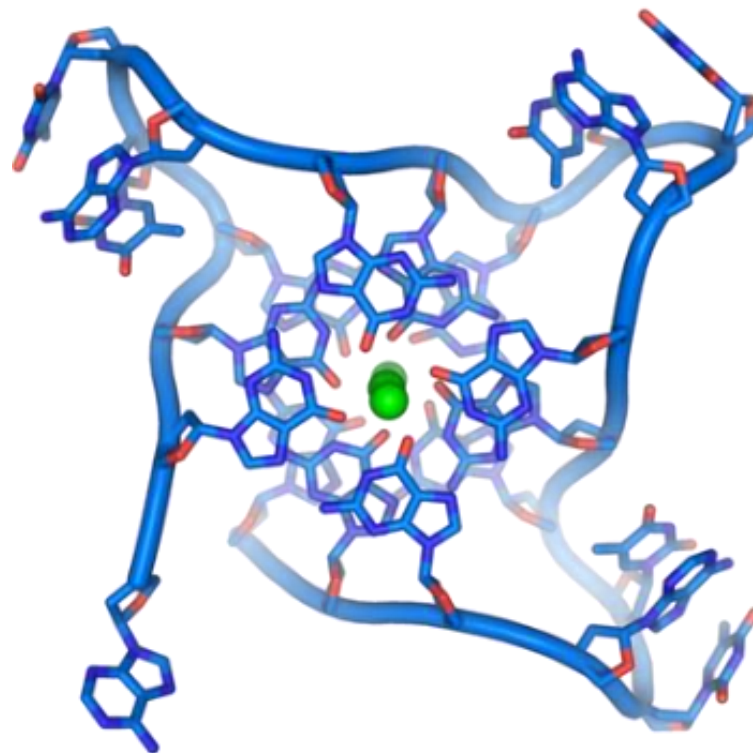
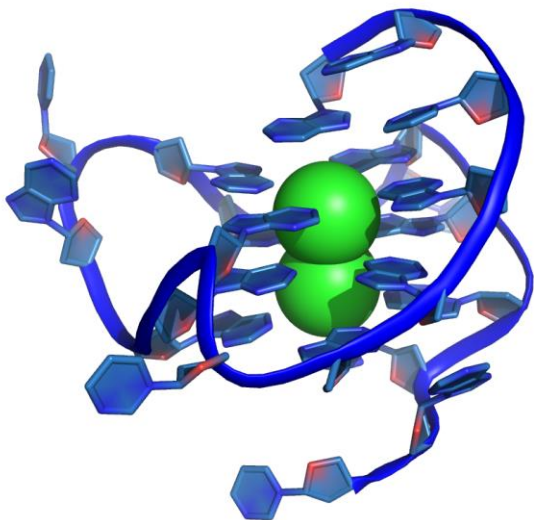
From  
J. Croese



# $\beta$ -NMR 1<sup>st</sup> biological case

## DNA G-quadruplexes and alkali metals

- DNA G-quadruplexes:
  - Guanine-rich DNA fragments
  - Found in nature, e.g. in telomeres



- Alkali metals (Na, K) in G-quadruplexes:
  - Important for their formation, stability and structural polymorphism
  - Until recently considered invisible in conventional Na<sup>+</sup>/K<sup>+</sup> NMR

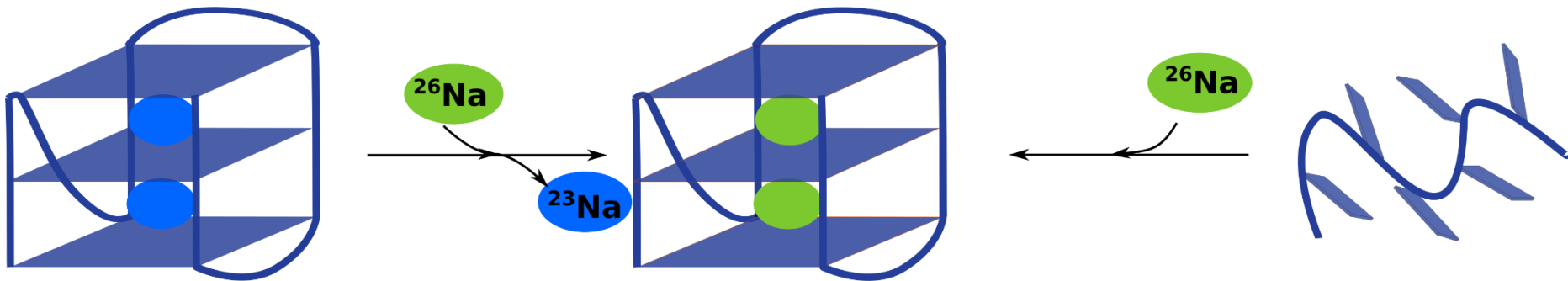


# $\beta$ -NMR and G-Quadruplexes

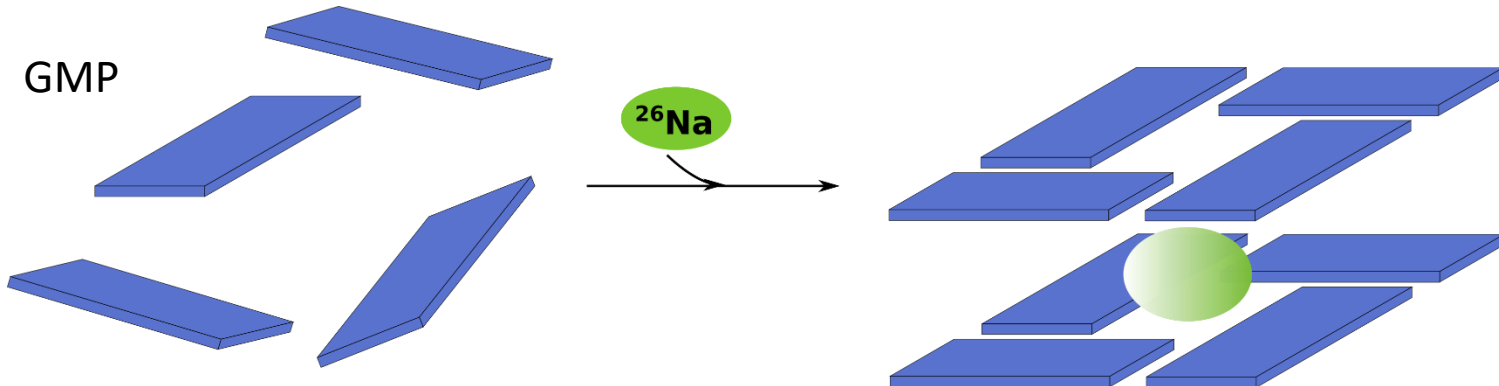
## Advantages:

- Sensitivity: metal ions are easily visible, cleaner spectra
- Smaller quadrupole moments  $\rightarrow$  longer relaxation and narrower spectra
- Real-time: folding intermediates

## G-rich DNA



## GMP



Experiments planned for summer 2021, after 2.5-year break in radioactive beams



# $\gamma$ -detected MRI and Xe imaging

**Aim:** combine advantages of nuclear medicine and MRI in one modality

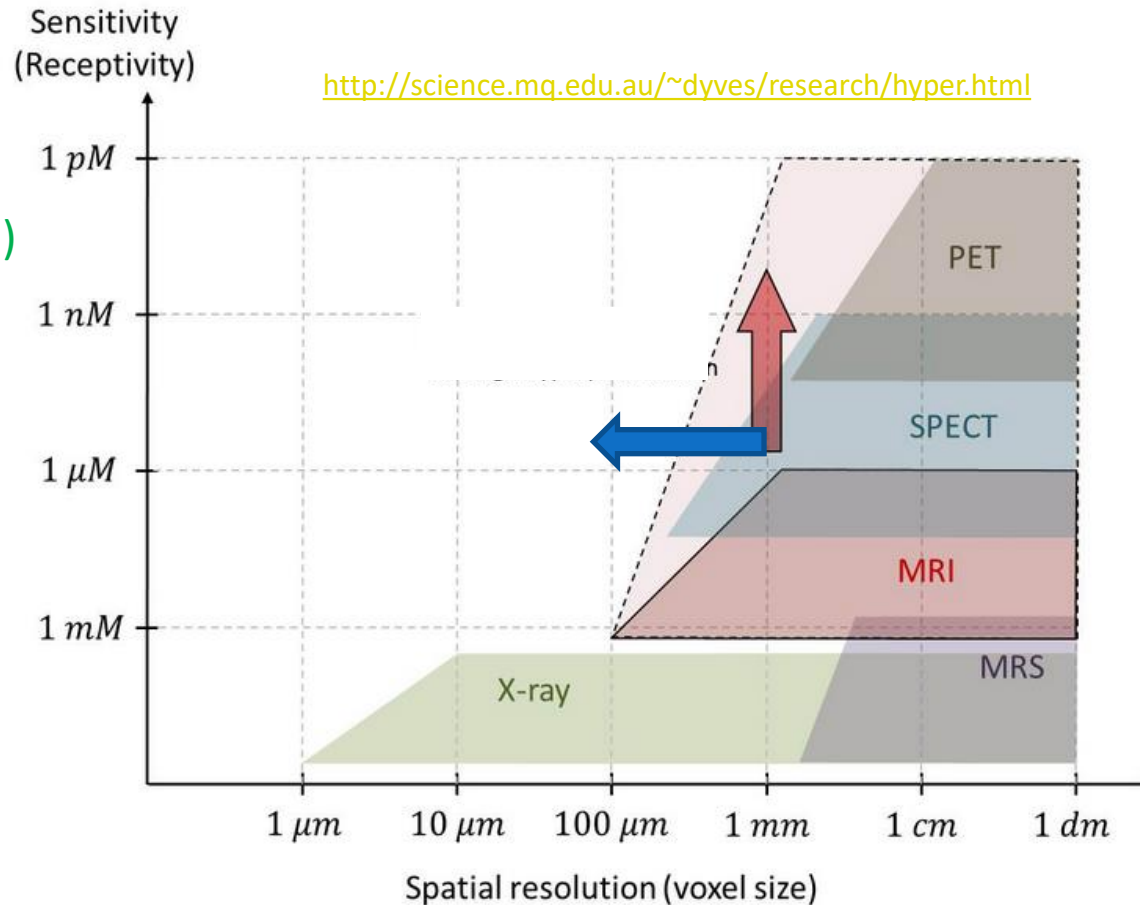
- Record MRI signals from PET/SPECT-type nuclei
- Hyperpolarize spins and observe asymmetry of gamma decay
- Result - **high efficiency ( $\gamma$  detection) and high resolution (MRI)**

## ● Gamma-MRI Equipment:

- $I > 1/2$  gamma-emitting nuclei
- Spin-polarizer
- MRI magnet
- **Gamma detectors inside B field**

## ● Shown to work in 2D by:

Y. Zheng, G.W. Miller, W.A. Tobias, G.D. Cates, Nature 537, 652 (2016)

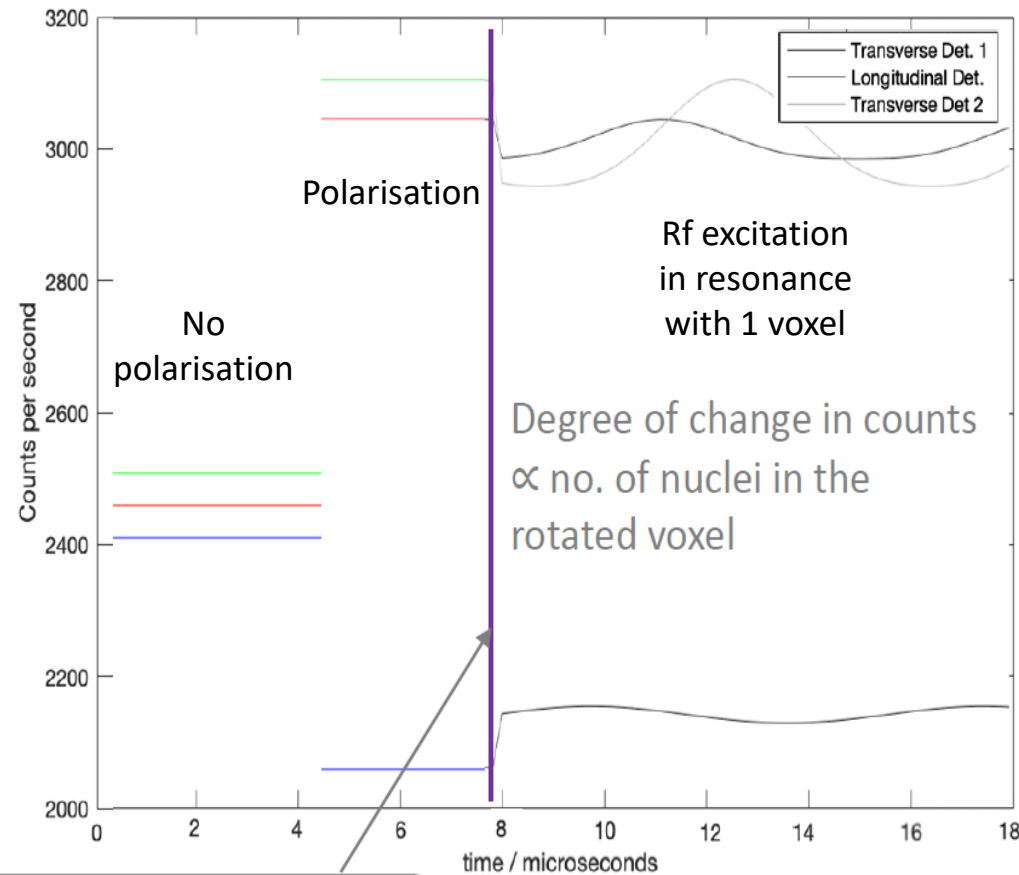
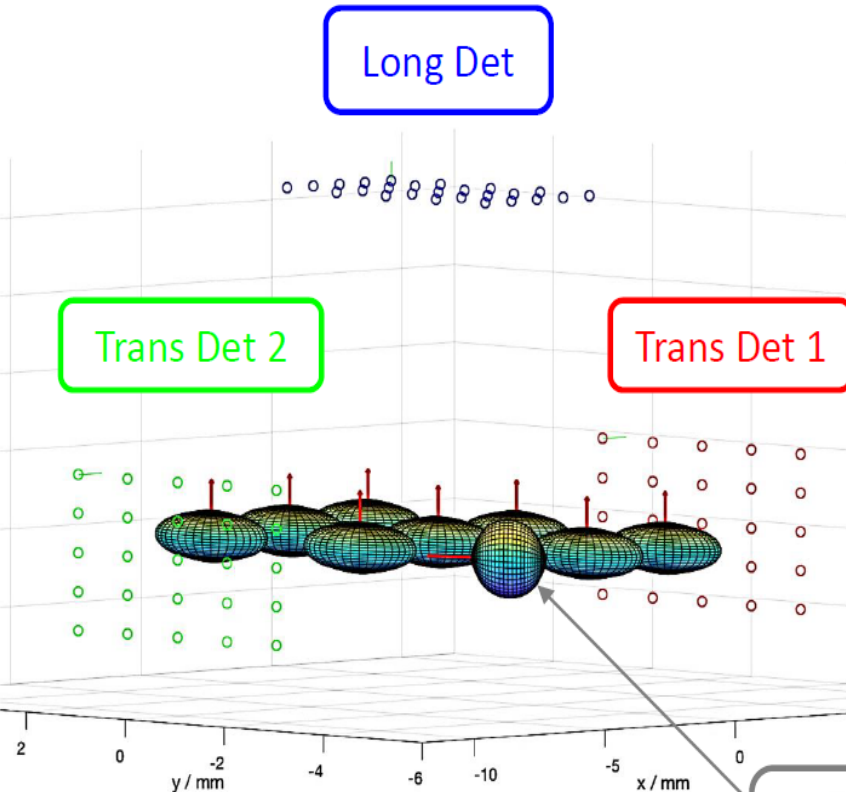




# $\gamma$ -detected MRI – spatial resolution

## Pixel size

- defined by slope of B-field gradients and spectral width of rf pulse
- more nuclei  $\rightarrow$  smaller pixels possible up to B gradient and rf limit

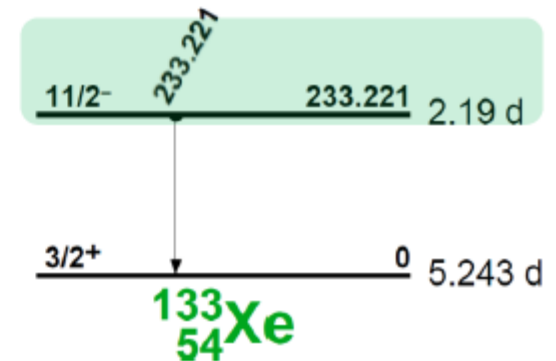
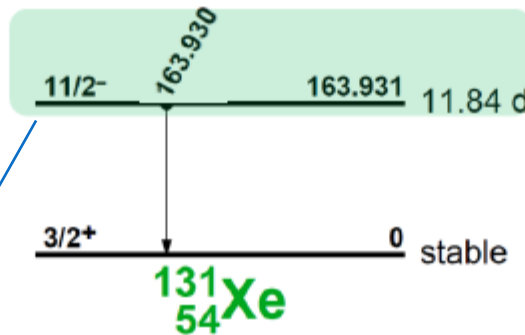
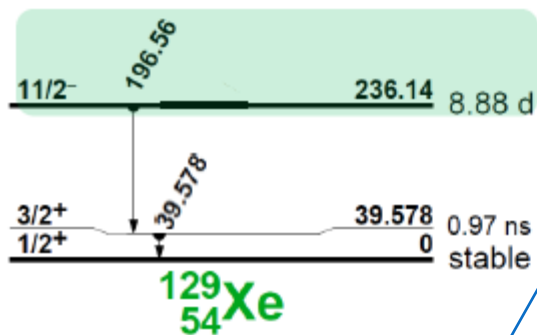


Rotate 1 voxel by  $90^\circ$   
by application of RF pulse

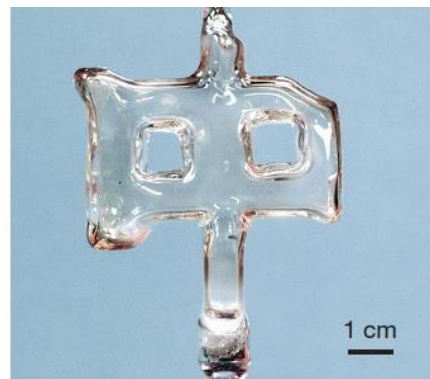
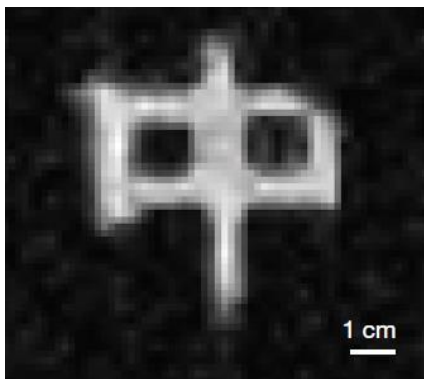
# $\gamma$ -MRI and lung & brain imaging

Imaging using long-lived  $^{129m,131m,133m}\text{Xe}$  long-lived nuclear states (isomers):

- Xe: biologically neutral, yet binding to biomolecules and passing blood-brain barrier
- Stable  $^{129}\text{Xe}$  used for MRI lung (and brain) imaging
- Unstable  $^{133}\text{Xe}$  used for SPECT brain imaging



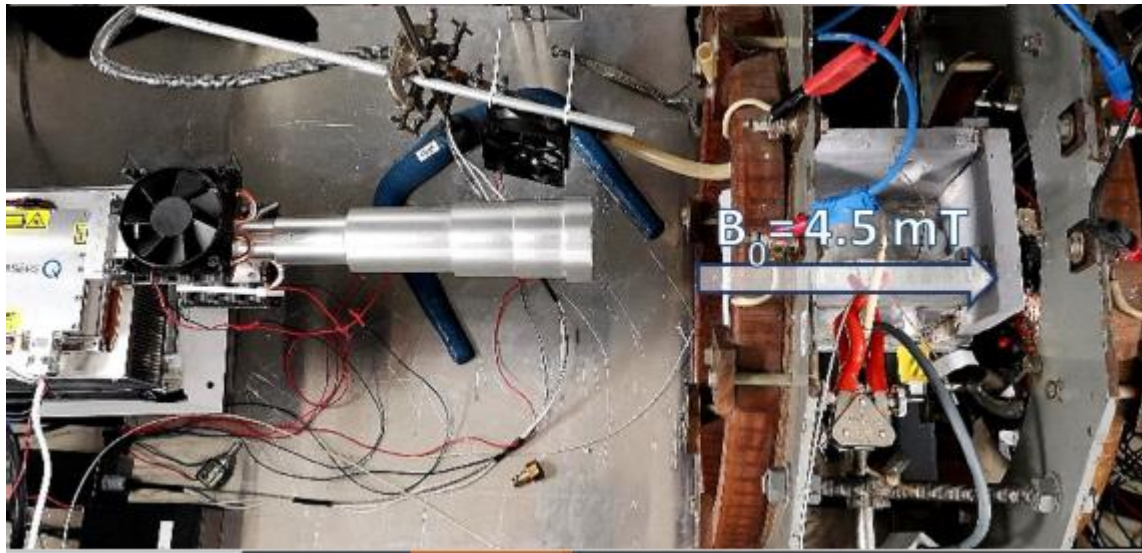
Gain: higher MRI sensitivity or higher nuclear-medicine resolution



Y. Zheng, G.W. Miller, W.A. Tobias, G.D. Cates, Nature 537, 652 (2016)

# $\gamma$ -MRI project status

- Unstable Xe production routes established: ISOLDE, ILL reactor (100-300 MBq)
- 1<sup>st</sup> tests of Xe polarisation in a compact setup



- 2018-21: CERN seed funding, small team funds from CERN, UNIGE, and HESSO (Geneva), and U Complutense (Madrid)
- April 2021: start of EU Future and Emerging Technologies project (FET-Open)
  - 3.4 MEUR to work on the g-MRI preclinical prototype
  - HESSO (Geneva), U Complutense, UNIGE, CERN, KU Leuven, RS2D, Inspiralia



# Summary and outlook

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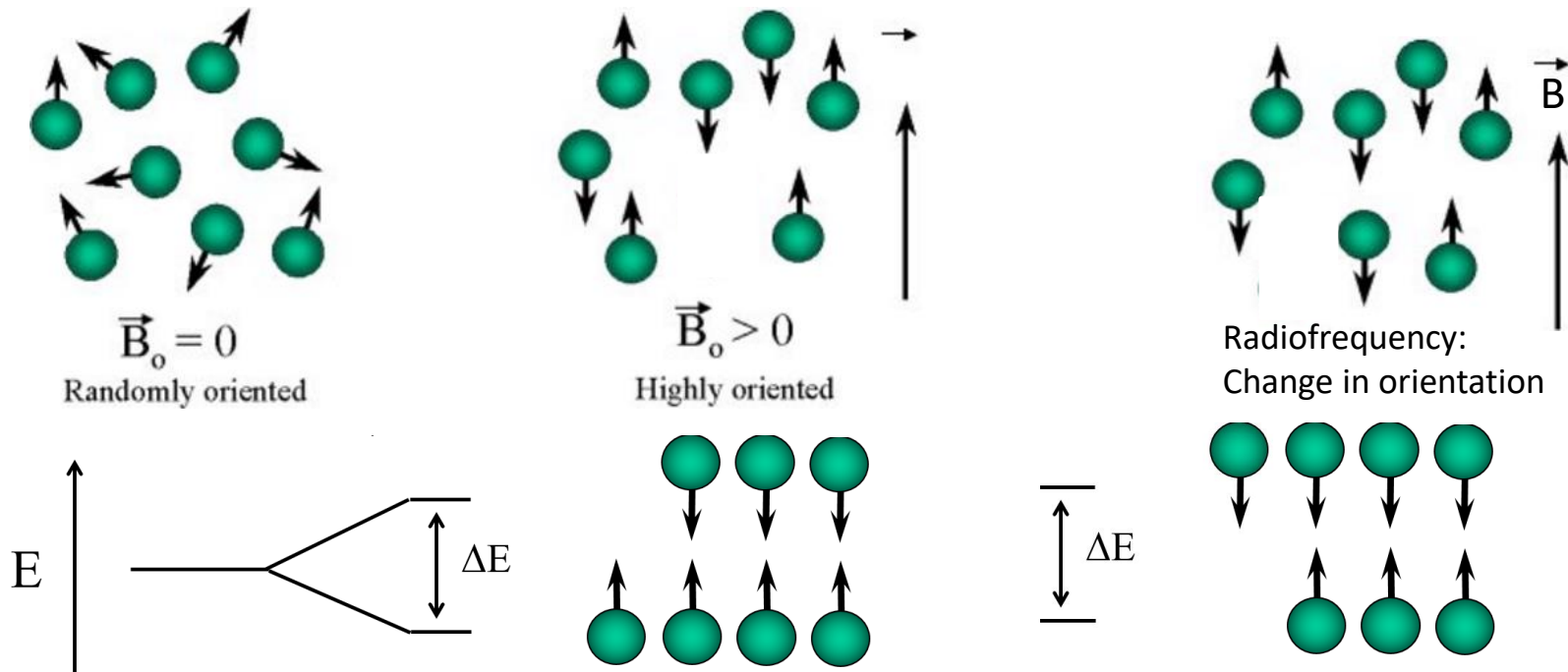
- Unstable nuclei can offer more than diagnosis sensitivity and targeted treatment => decay anisotropy, when their spins are (hyper-)polarised
- Application: strongly increased NMR sensitivity
  - $\beta$ -detected metal NMR to study metal-ion interaction with biomolecules
  - $\gamma$ -detected Xe MRI for lung and brain imaging
- Projects in their first stages:
  - Feasibility shown
  - Funding acquired

**Stay tuned**

**Thanks to my collaborators and thank you for your attention**

# Principles of Nuclear Magnetic Resonance

- Participants:
  - Probe nuclei with spin different from 0
  - Sample/ environment
- Magnetic field
  - Strong static field ( $B_0$ )
  - Weaker perpendicular field ( $B_1$ ) oscillating at radio-frequency (MHz)



# NMR in chemistry and biology

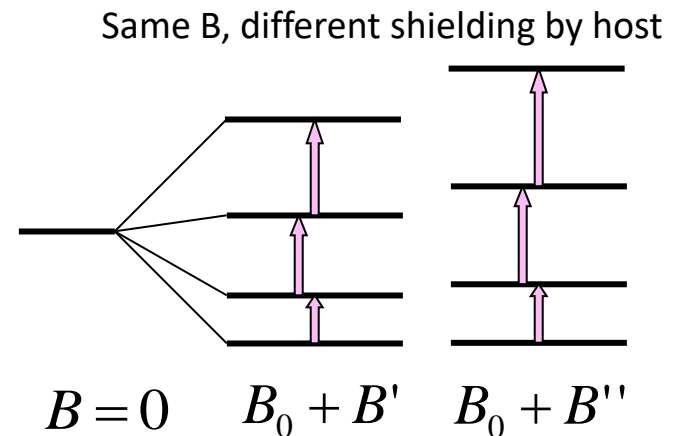
Most versatile method to study structure and dynamics of molecules in solution

- **Observables:** chemical shift (Larmor frequency) and relaxation times in different hosts
- **Determined properties**
  - local electronic environment (i.e. **number and type of coordinating groups**)

Depends on environment

$$\Delta E_{mag} = |g_I| \cdot \mu_N \cdot B + \frac{1}{2} Q \cdot V_{zz}$$

known

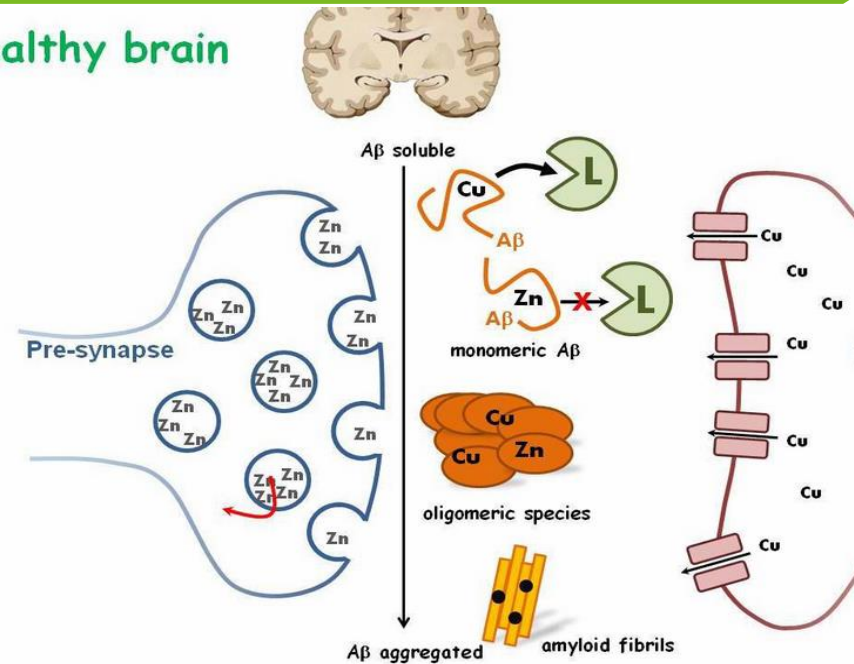


- **Derived information:**
  - Structure and dynamics of different biomolecules
  - kinetics and dynamics and ligand binding of the **metal ions and biomolecules**
  - 3D structure of proteins and **protein-metal complexes**

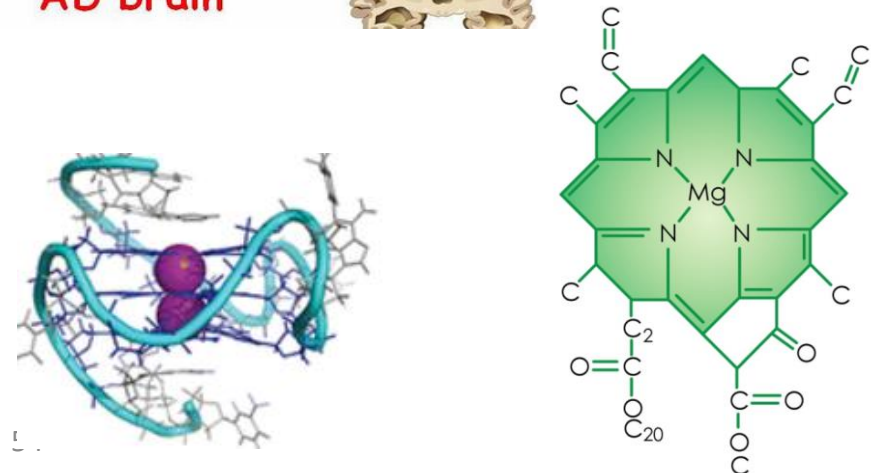
# Metal ions in biology

- Role of metal ions in human body depends on adopted coordination environment
- Right concentration crucial for correct functioning of cellular processes
  - Na, K: transport of sugars and amino acids into cells; regulate flow of water across membranes
  - Mg: RNA- and DNA-processing enzymes and ribozymes
  - Cu: present in many enzymes involved in electron transfer and activation of oxygen
  - Zn: 2<sup>nd</sup> most abundant trace element in human body; catalytic and structural role, regulation of genetic message transcription and translation

healthy brain

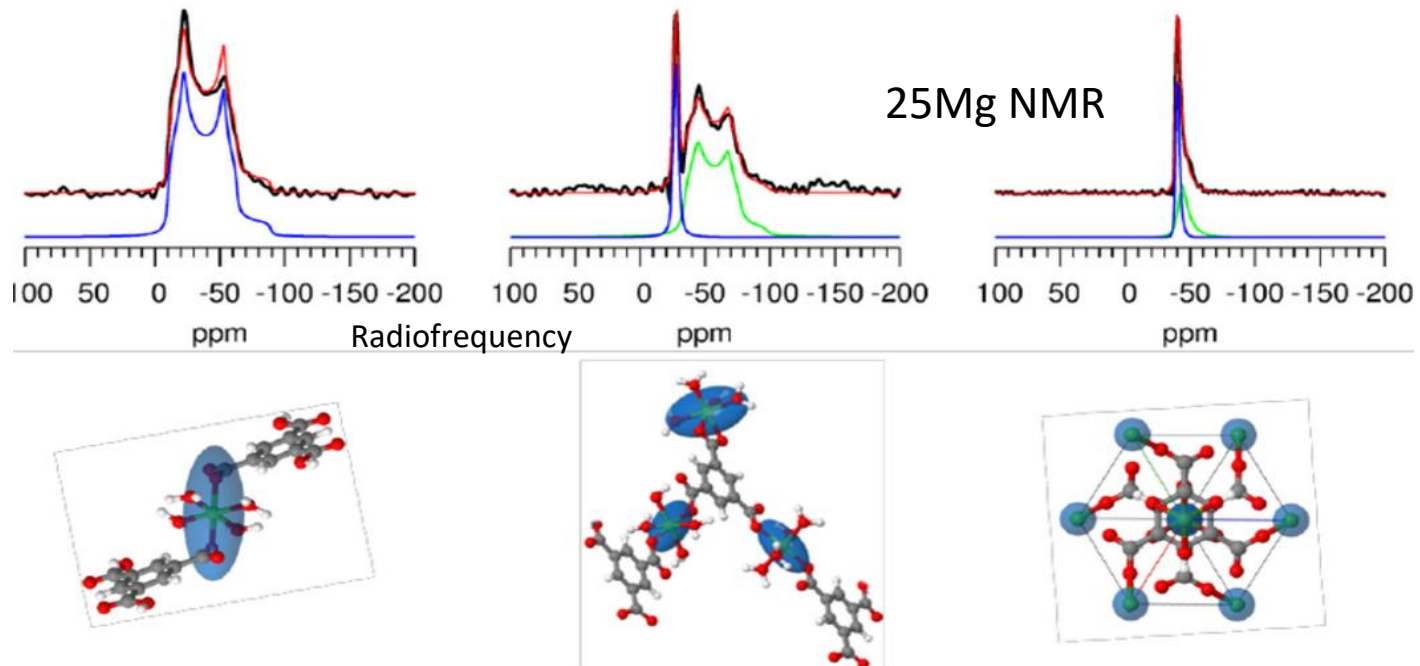


AD brain



# Metal ions & NMR

- NMR can provide info on location & evolution of metal-ion binding to biomolecules
  - NMR on  $^{23}\text{Na}$ ,  $^{25}\text{Mg}$ ,  $^{63}\text{Cu}$ ,  $^{67}\text{Zn}$  bound to the biomolecule

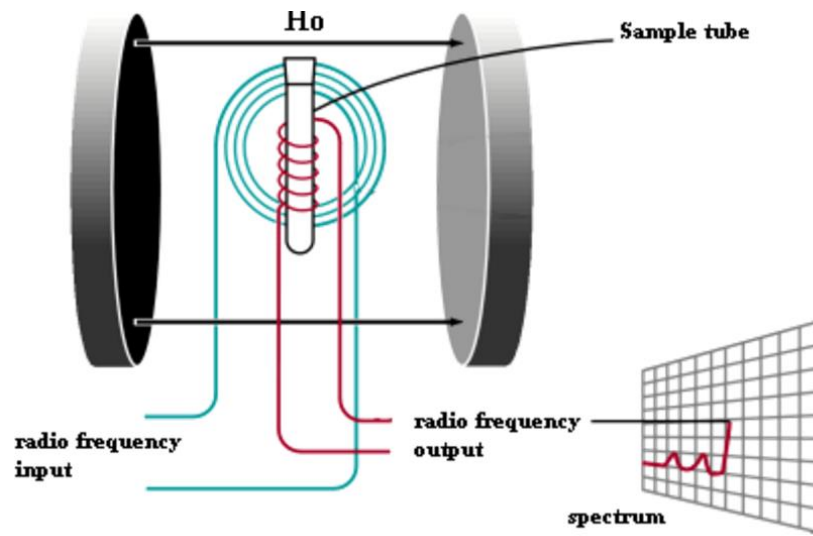


- Challenges: almost invisible signals due to small abundance,  $I > 1/2$ , and small sensitivity (due to small magnetic moment)
- Result: metal-ion-NMR used very rarely
- In common with radioactive nuclei:
  - Small amount of nuclei so a sensitive NMR approach is needed



# NMR limitation: sensitivity

- NMR is powerful but not sensitive
  - Small degree of spin polarization
  - Inefficient detection
- Our combined paths to increase sensitivity: beta-NMR and gamma-NMR/MRI
  - Hyperpolarization
  - Detection of asymmetry in beta decay



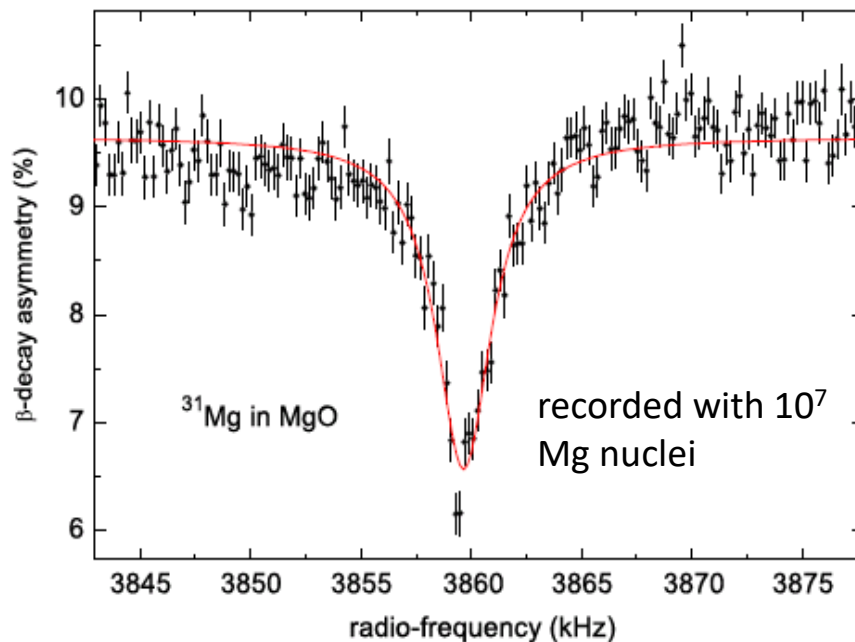
# Ultrasensitive beta-detected NMR

- Addresses low sensitivity limitation of conventional NMR:
  - Low degree of polarization -> hyperpolarization
  - Inefficient resonance detection -> particle detection

=> up to **1e10** more sensitive than conventional NMR:

Example:

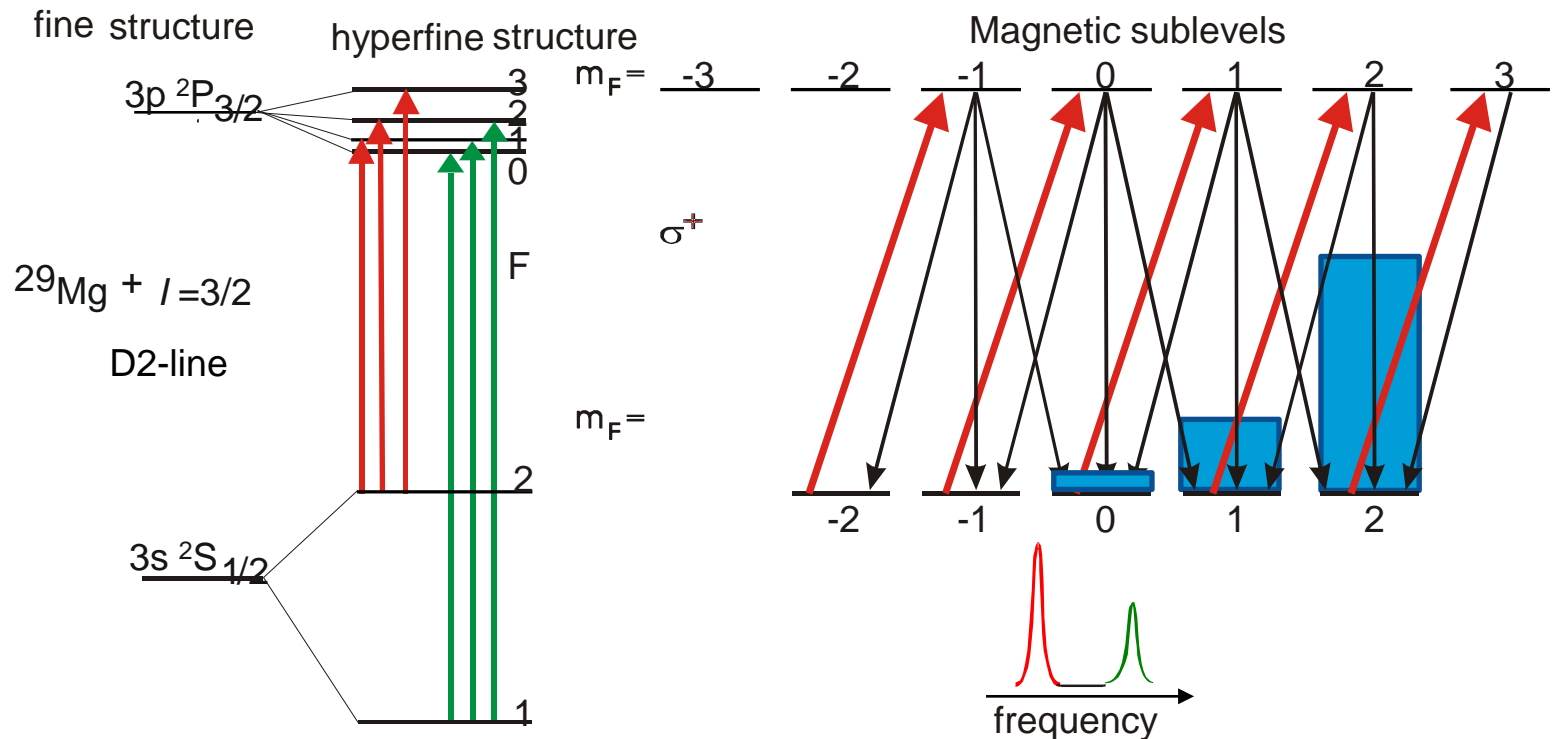
$^{31}\text{Mg}$   
 $T_{1/2} = 230 \text{ ms}$   
 $I = 1/2$



M. Kowalska  
PhD thesis  
2006

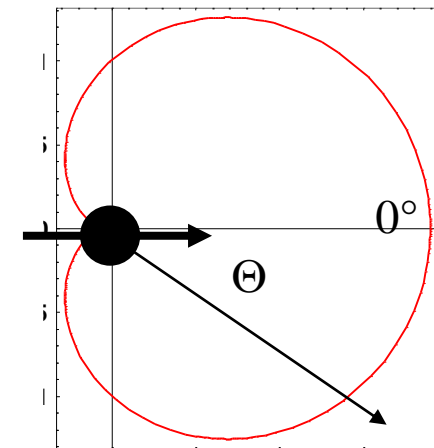
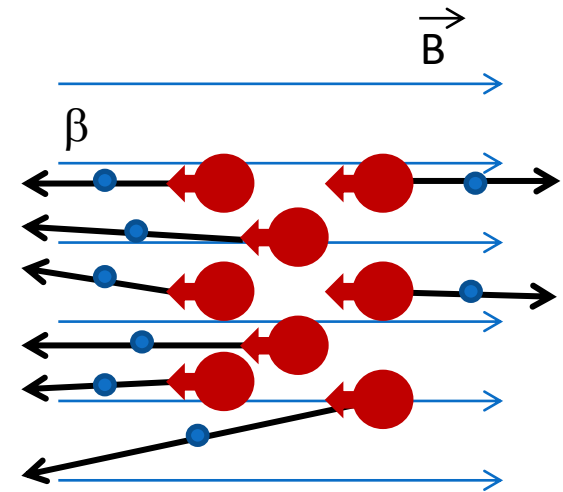
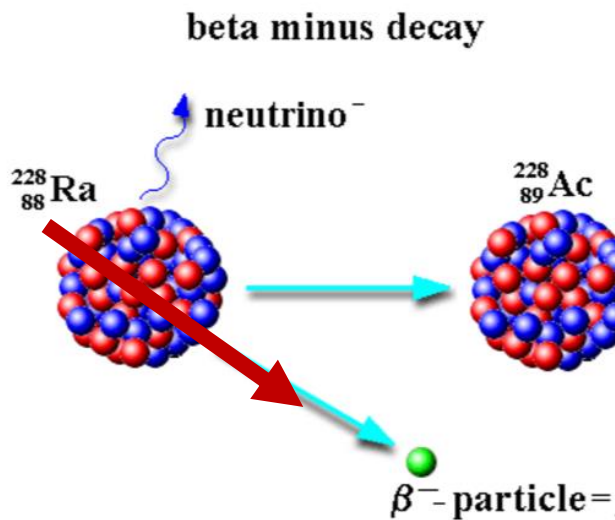
# Hyperpolarization: optical pumping

- Multiple excitation cycles with circularly-polarized light
- Photon angular momentum transferred to electrons and then nuclei
  - Works best for 1 valence electron
  - nuclear spin-polarization of 10-90%
  - Polarization buildup time < us

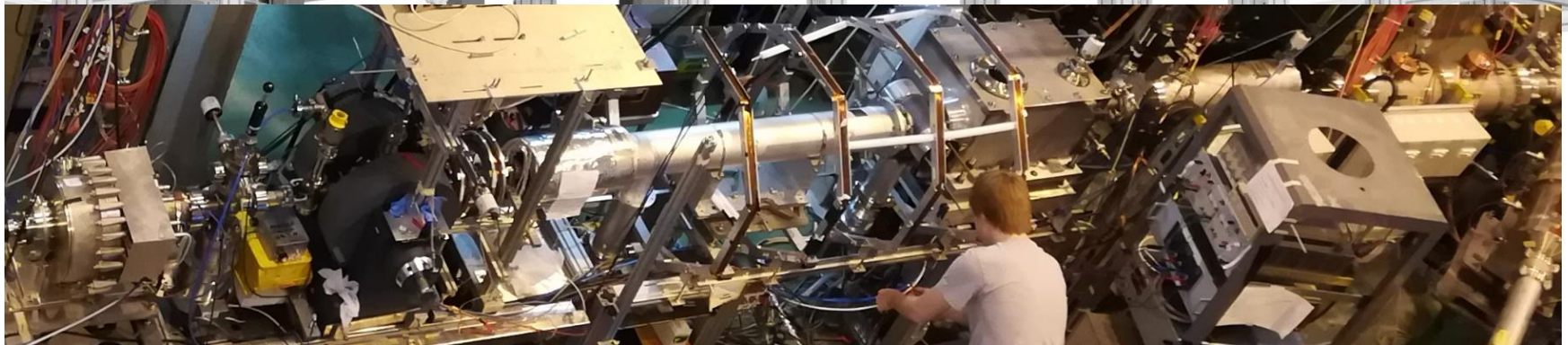
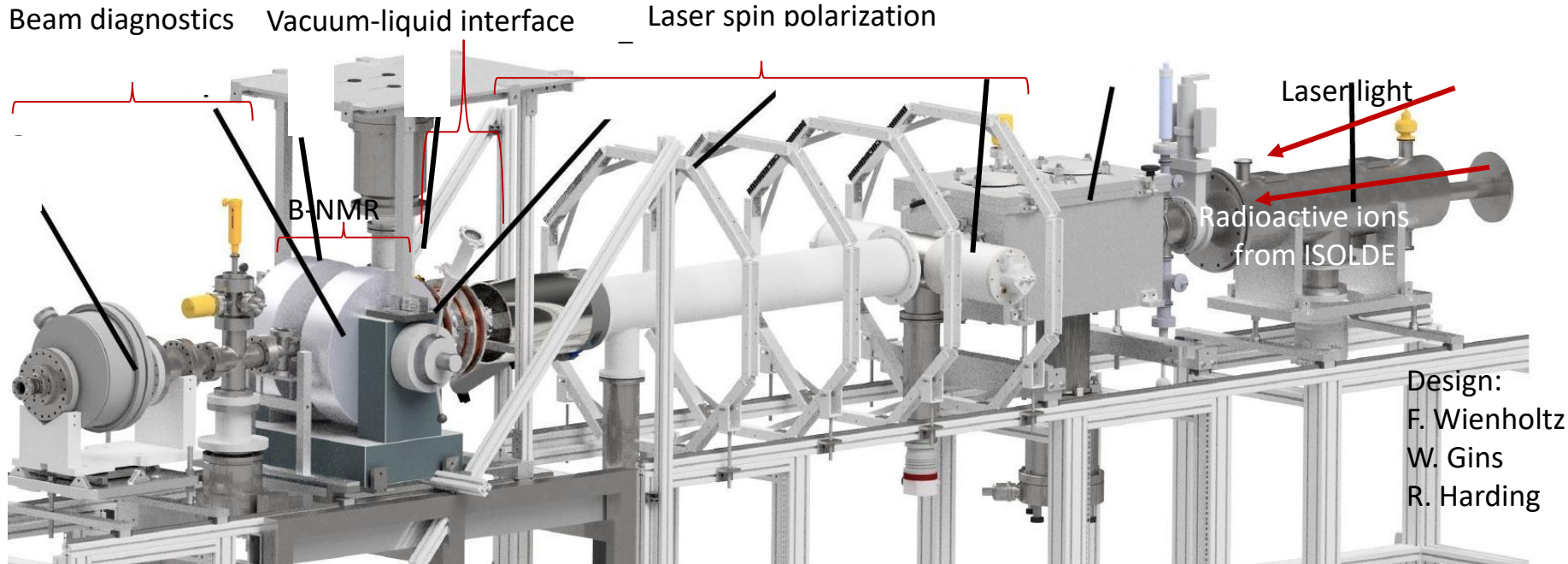


# Detection of particles: beta decay

- Many unstable atomic nuclei decay by emitting a  $\beta$  particle (fast electron or positron)
  - **Beta particles are emitted mostly in the direction of the spin**
- => Gain in NMR detection efficiency: up to  $10^5$



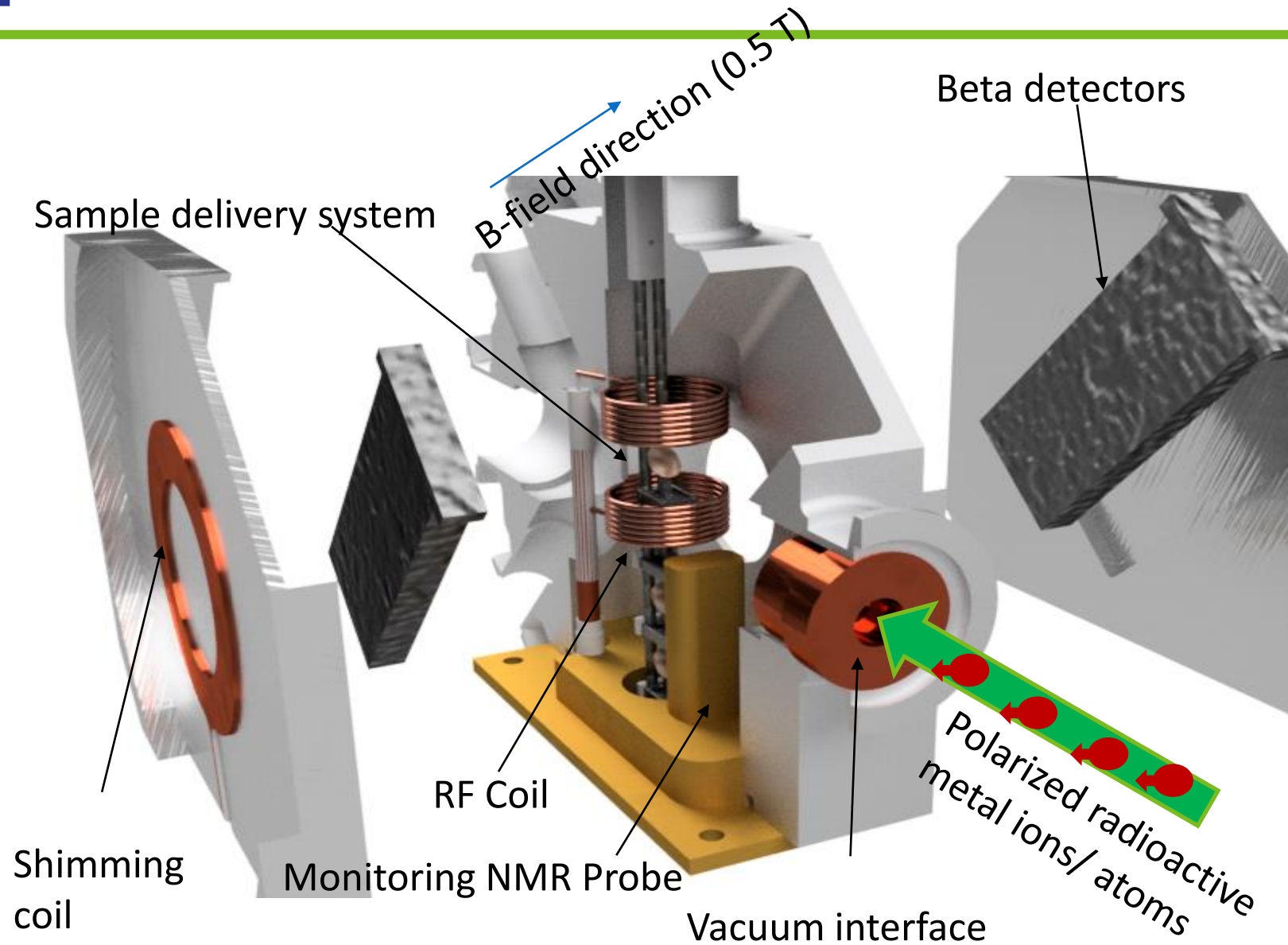
# Experimental setup



M. Kowalska et al., J. Phys. G: Nucl. Part. Phys. 44 (2017) 084005  
W. Gins et al., to be submitted to Nucl. Instr. and Meth. A

Designed and commissioned in 2016  
First physics experiments in 2017  
60 First biology-related experiments in 2018

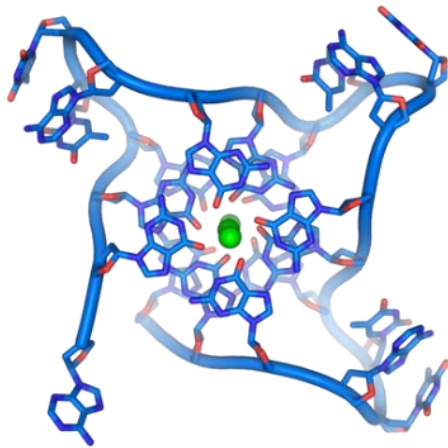
# Bio-Beta-NMR chamber



# First bio-study: Na<sup>+</sup> & G-quadruplexes

## DNA G-quadruplexes:

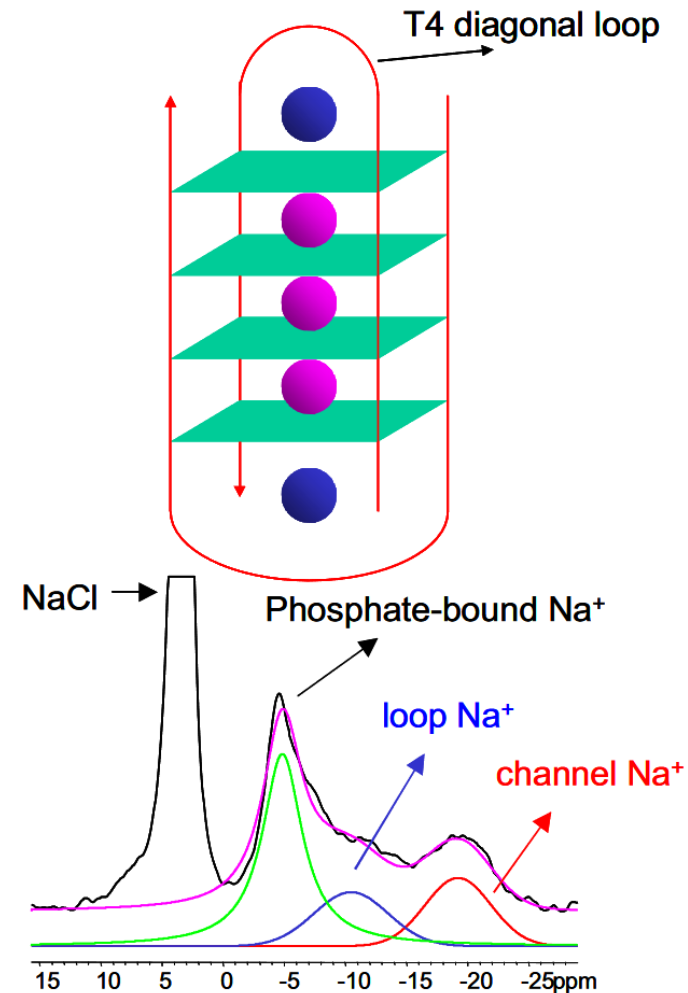
- Guanine-rich DNA fragments
- Found in nature, e.g. in telomeres or oncogenes
- Synthesised for novel applications
- Important in different diseases



## Alkali metals in DNA G-quadruplexes

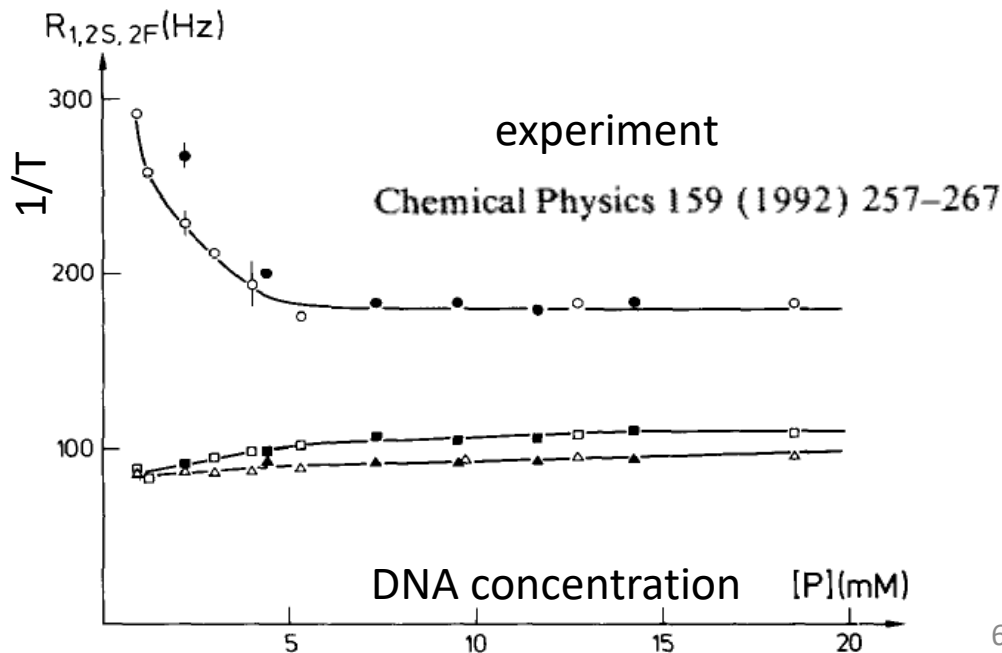
- Important for their formation, stability and structural polymorphism
- Until recently considered invisible in conventional Na<sup>+</sup>/K<sup>+</sup> NMR

One of few <sup>23</sup>Na NMR GQ studies:  
R. Ida, G. Wu, JACS, 2008

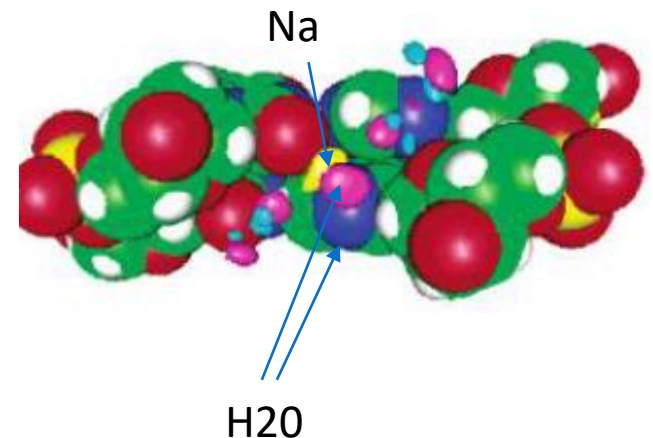


# NMR on Na<sup>+</sup> and DNA interaction

- T1 relaxation measurements:
  - Quadrupole moment of <sup>23</sup>Na interacts with electric-field inhomogeneities (gradients) in the environment
  - Longer T1 relaxation time: more homogenous environment
  - Shorter T1: less homogenous environment
- <sup>23</sup>Na T1 measurements have been used to study:
  - Influence of drugs on DNA folding
  - Na binding site to DNA: grooves or backbone



simulations  
*J. Phys. Chem. B* 2004, 108, 16295

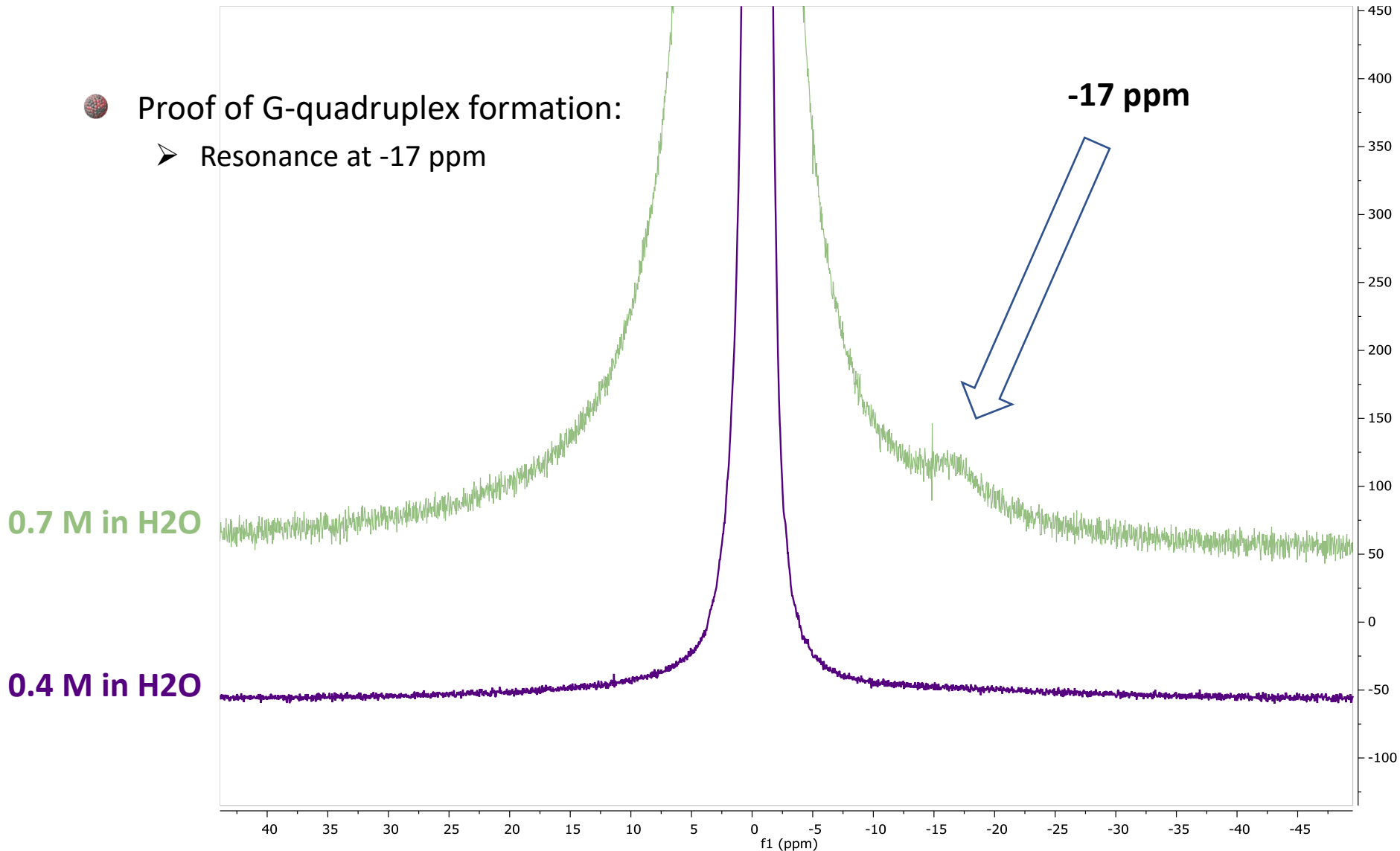




# NMR on Na<sup>+</sup> and G Quadruplexes

Conventional <sup>23</sup>Na NMR

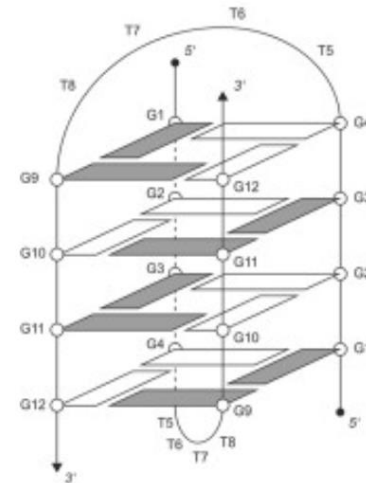
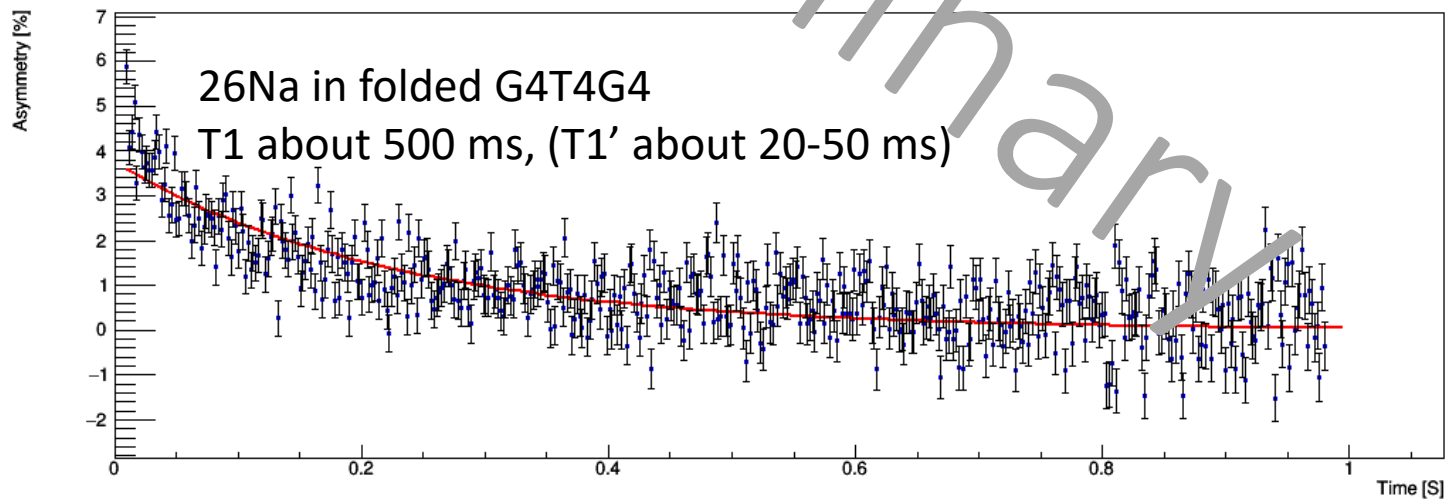
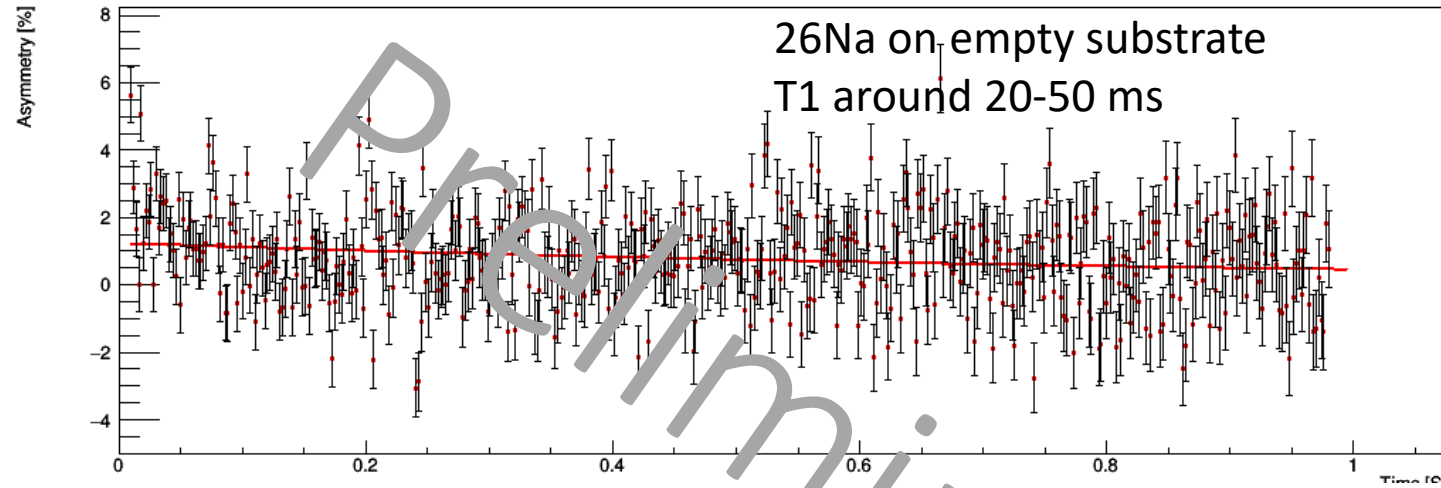
- Proof of G-quadruplex formation:
  - Resonance at -17 ppm



# $\beta$ -NMR: $^{26}\text{Na}$ T1 in G4T4G4 G-quadruplex

May 2018

Folded  
G4T4G4  
DNA sequence  
on substrate



- T1 in presence of GQ quite long (due to relatively symmetric environment of GQ?)
- Calculations should help in more detailed interpretation
- Oct18 NMR spectra under analysis – probably too broad to see -17 ppm shift

# Beyond 2018

Already polarized at ISOLDE:

8,9Li

11Be

26-28Na

29,31Mg

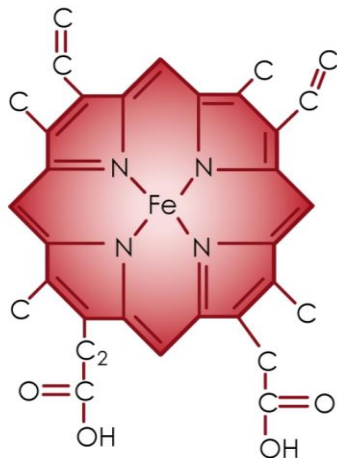
Feasible and planned soon:

37,49K

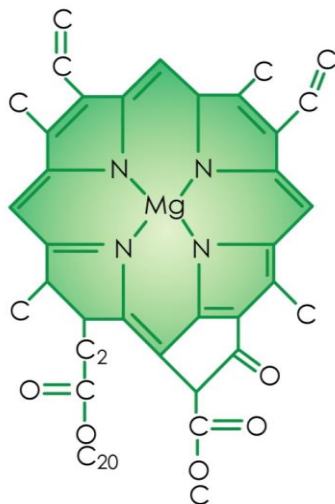
39,51Ca

58,74,75Cu

75,77Zn

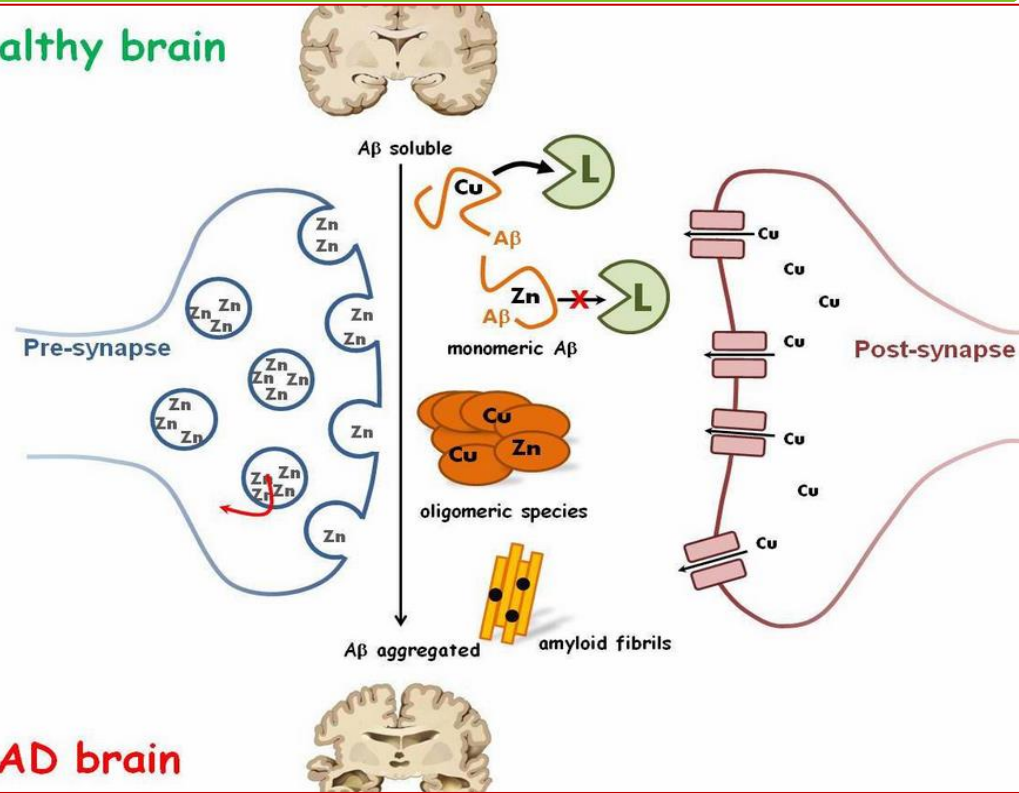


Human Blood Hemoglobin

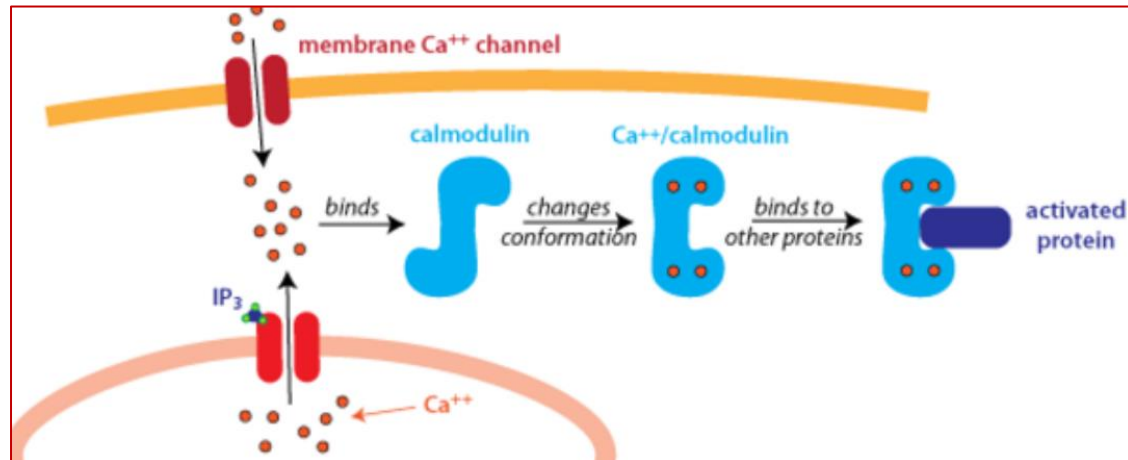


Plant Chlorophyll

healthy brain



AD brain



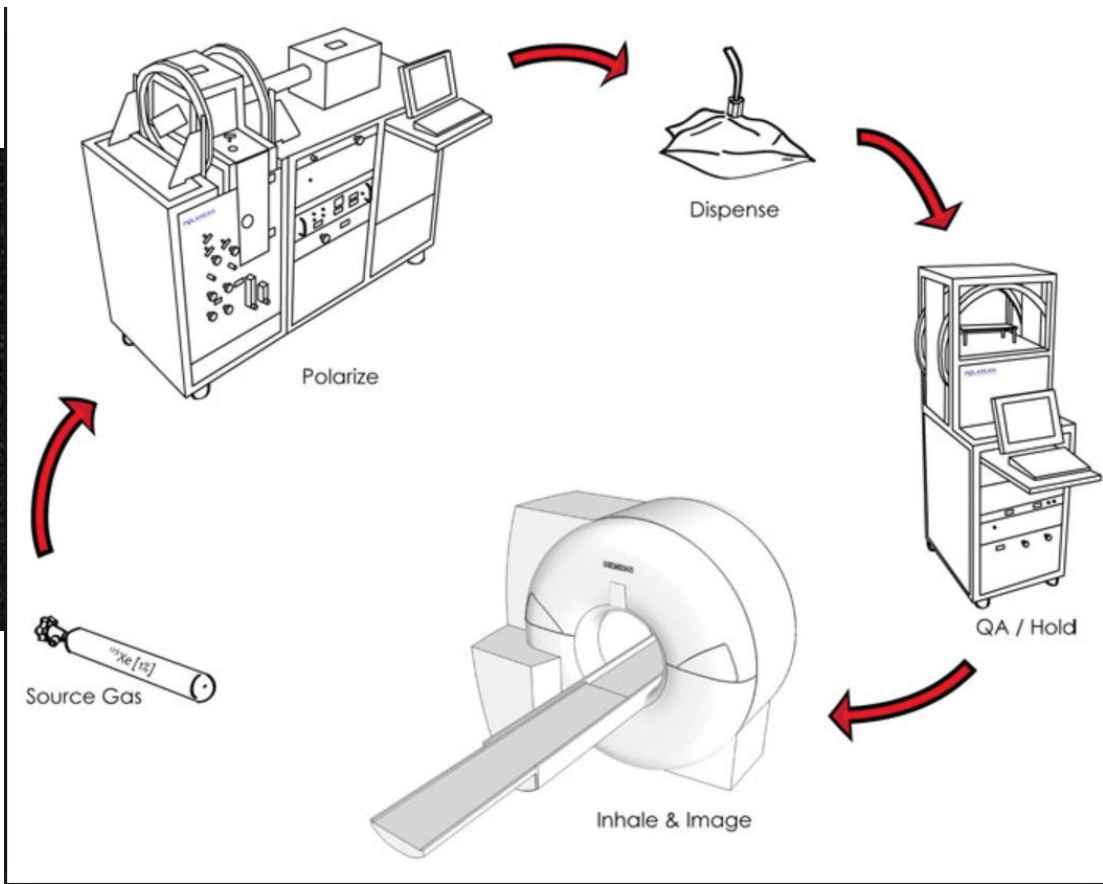
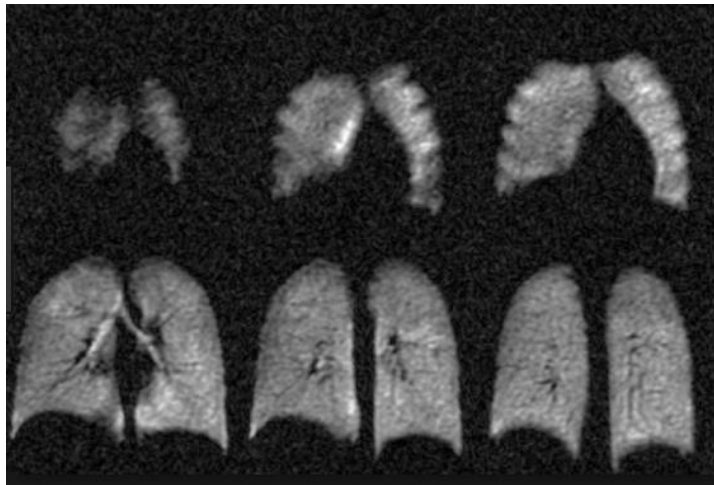


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# Magnetic resonance imaging

# MRI with hyperpolarized nuclei

- MRI: high resolution, but small sensitivity
- Hyperpolarization: increase in sensitivity by up to  $1e5$
- Best example:  $^{129}\text{Xe}$ :
  - Polarized via spin-exchange with laser-polarized Rb
  - Applications: lung and brain MRI, encapsulation and use in body liquids

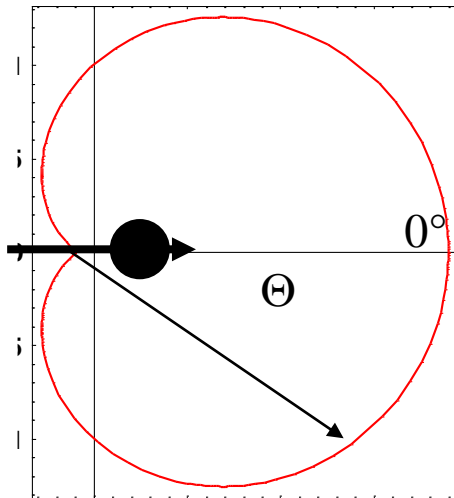


1<sup>st</sup> medical applications of  $^3\text{He}$ :  
W. Heil et al, Mainz, Nature 1996

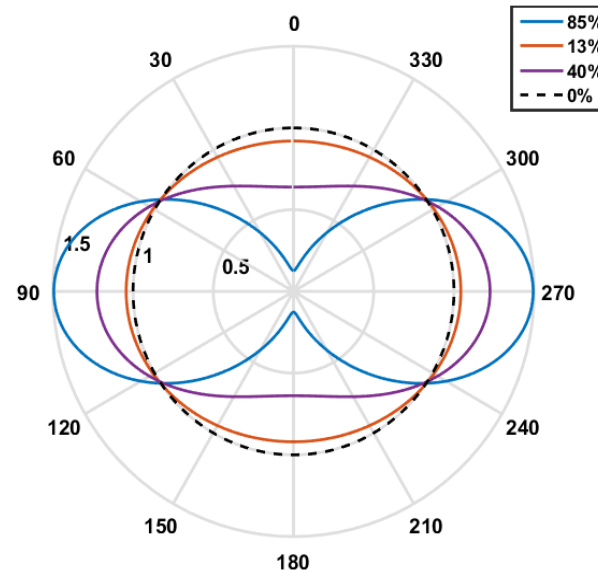
# Gamma-decay asymmetry

- Gamma rays emitted by de-exciting nuclear states are anisotropic in space:
  - $I > 1/2$  nuclei
  - Asymmetry between spin direction and perpendicular to it
- Change of asymmetry -> very sensitive way to record NMR or MRI resonances
  - Increase in sensitivity:  $1e5$  vs hyperpolarized MRI with stable nuclei

Beta decay,  $I > 0$



Gamma decay,  $I > 1/2$



# New modality: gamma-MRI

PET/SPECT and MRI have complementary features:

	Detection efficiency	Spatial resolution
PET and SPECT	high	Low (e.g. >5mm for $^{82}\text{Rb}$ )
MRI	low	High

Solution: **gamma-MRI (or simultaneous SPECT-MRI):**

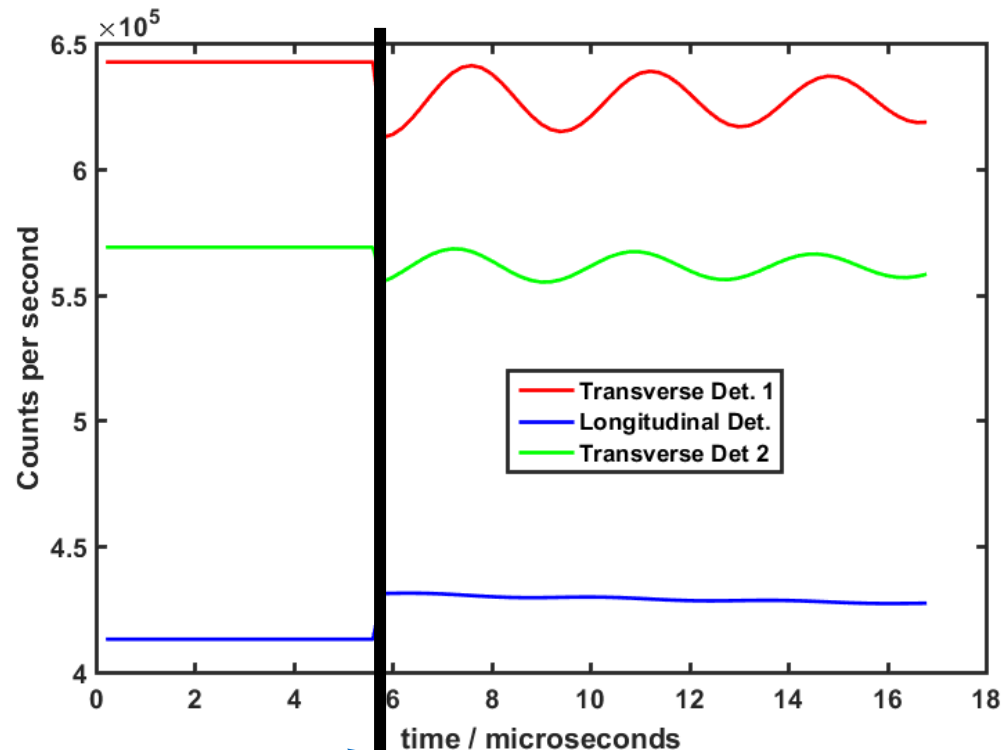
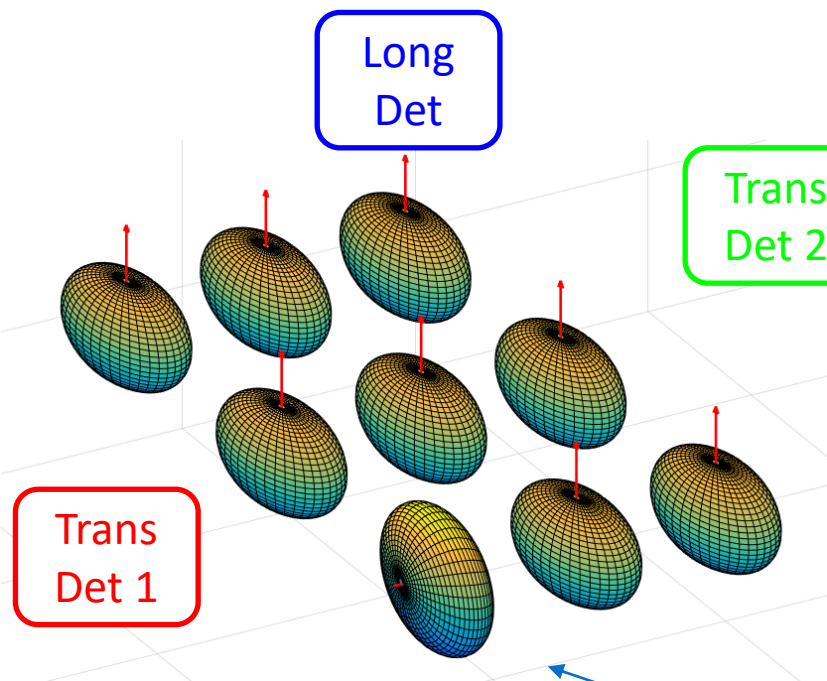
- What - Record MRI signals from PET/SPECT-type nuclei
- How - Hyperpolarize spins and observe asymmetry of gamma decay
- Result - **high efficiency (gamma detection) and high resolution (MRI)**
- Status: method shown to work: Y. Zheng, et al., Nature 537, 652 (2016)

● **Gamma-MRI Equipment:**

- $I > 1/2$  gamma-emitting nuclei
- Spin-polarizer
- MRI magnet
- **Gamma detectors inside B field**

# Gamma MRI – spatial resolution

- Pixel size
  - defined by slope of B-field gradients and spectral width of rf pulse
  - more nuclei -> smaller pixels possible up to B gradient and rf limit
- 1 pixel in resonance:
  - change in total gamma counts visible in each detector
  - Degree of change proportional to number of nuclei in addressed pixel



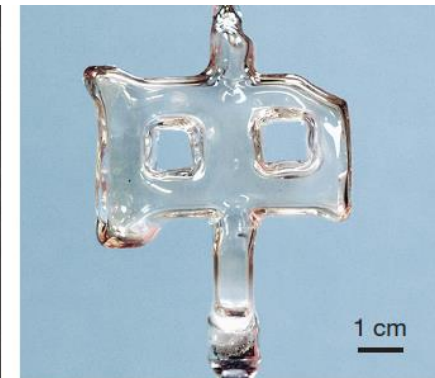
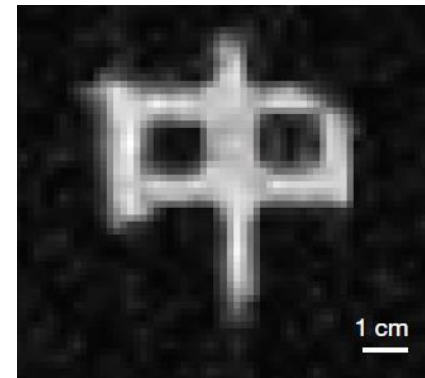
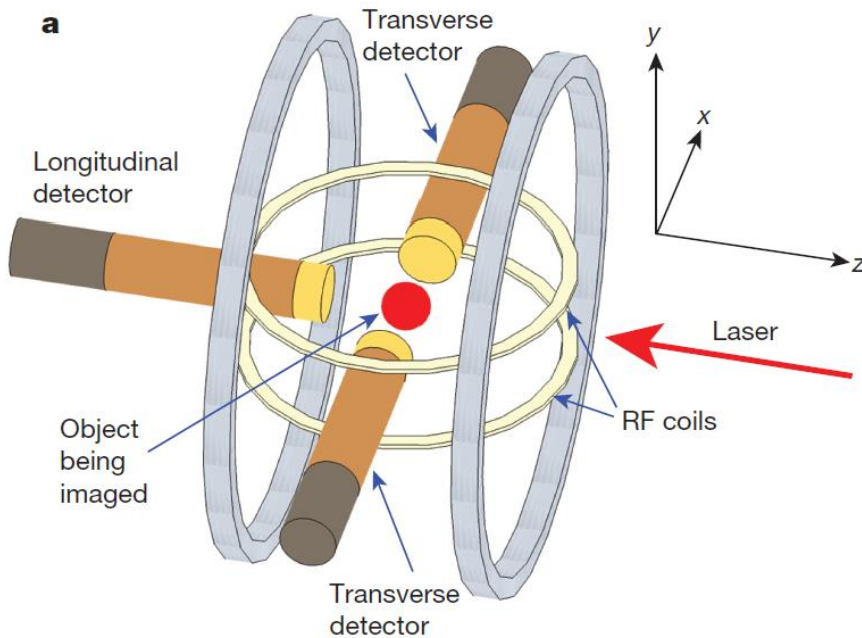
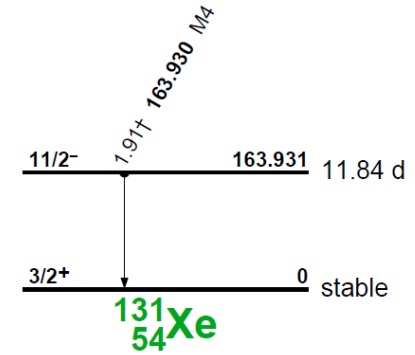
Rotate 1 pixel by 90°



# First gamma-MRI

Y. Zheng, G.W. Miller, W.A. Tobias, G.D. Cates, Nature 537, 652 (2016)

- **$^{131m}\text{Xe}$** :  $t_{1/2} = 12$  days
- **Setup**: low B-field
- **Results**: space-resolved signal (recorded pixel after pixel) with  $1e13$  nuclei vs  $1e24$  normally

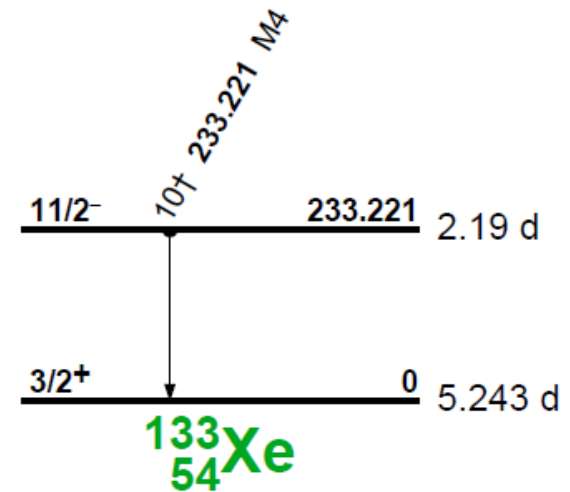
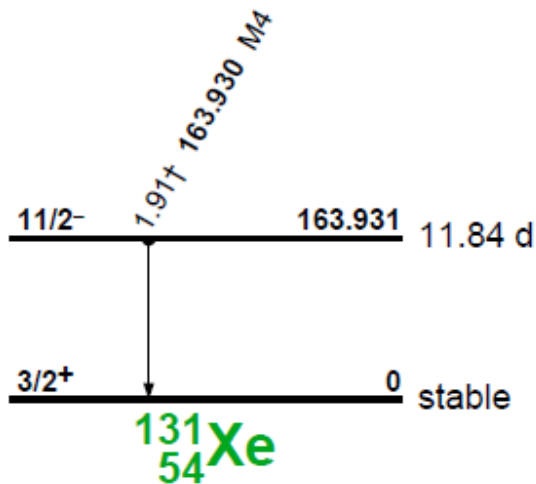


# Our gamma-MRI project

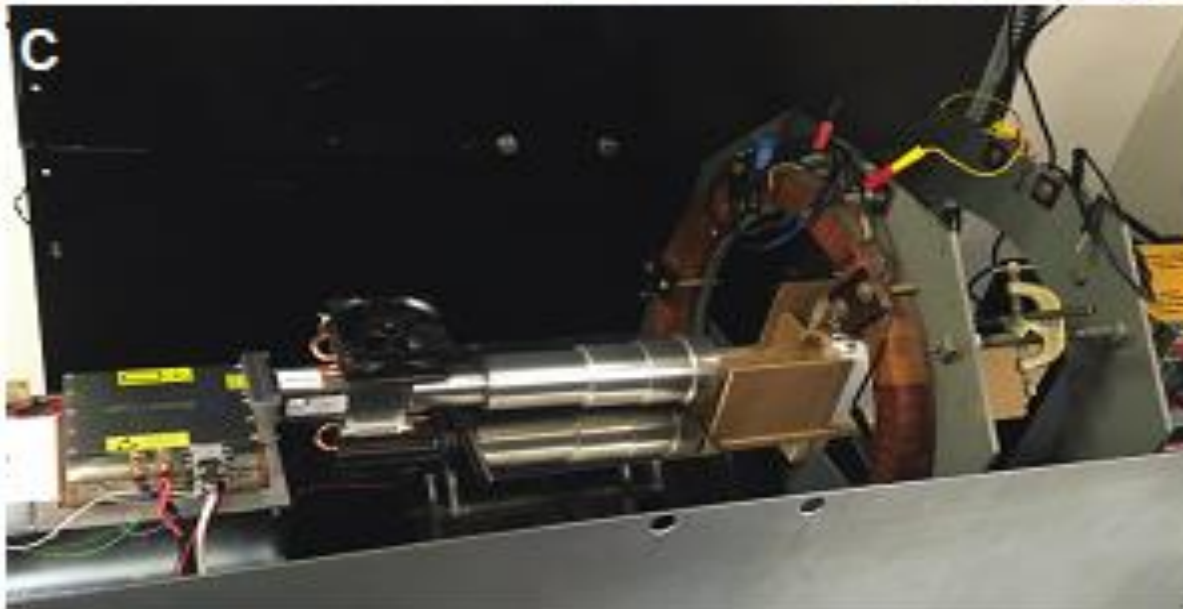
- Work on feasibility of the technique:
  - Use PET/SPECT isotopes or their isomeric states
  - Optimising rf pulses
  - Maintaining of polarization
  - First detectors
- => lower dose required to record signals
- Work on proof-of-principle experiment with commercial MRI scanner

# Our 1<sup>st</sup> isotopes

- Lung and brain studies



# Our test gamma-MRI setup



# Summary and outlook

- NMR in nuclear physics and biology
  - Valuable, very different, and facing same challenges – need for high sensitivity
- NMR and metal ions in biology
  - Sheds light on interactions with different biomolecules
- NMR low sensitivity can be increased by orders of magnitude with beta-NMR
  - Laser spin hyperpolarization
  - Detection of asymmetry in beta decay
- Beta-NMR in biological samples
  - Experimental setup at CERN
  - First biological experiments on Na interaction with DNA G-quadruplex structures
- More studies with Na and other metal ions coming up
- Increase in MRI sensitivity with gamma-detected MRI
  - Ideal for noble gas imaging, e.g. He or Xe
  - Project starting in Geneva

# Acknowledgements

## Experimental setup:

**CERN:** J. Croese, R. Harding, S. Pallada, K. Dziubinska-Kuehn, F. Wienholtz, M. Jankowski, A. Javaji, P. Wagenknecht, R. Engel

**KU Leuven:** G. Neyens, W. Gins, F. Gustafsson, X. Yang, H. Heylen, A. Kanellakopoulos, V. Araujo Escalona

**U Manchester/CERN:** M. Bissell

**AMU Poznan:** M. Baranowski, M. Walczak

**U Tennessee:** M. Madurga Flores, X. Zhang

**NPI Rez:** D. Zakoucky

## Biology (and conventional NMR):

**NIC, Ljubljana:** J. Plavec, V. Kocman

**AMU Poznan:** M. Kozak, J. Wolak, K. Szutkowski

**U Copenhagen:** L. Hemmingsen, F.H. Larsen,

**UNIGE:** L. Cerato, D. Jeannerat, E. Sistrate



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TENNESSEE  
KNOXVILLE

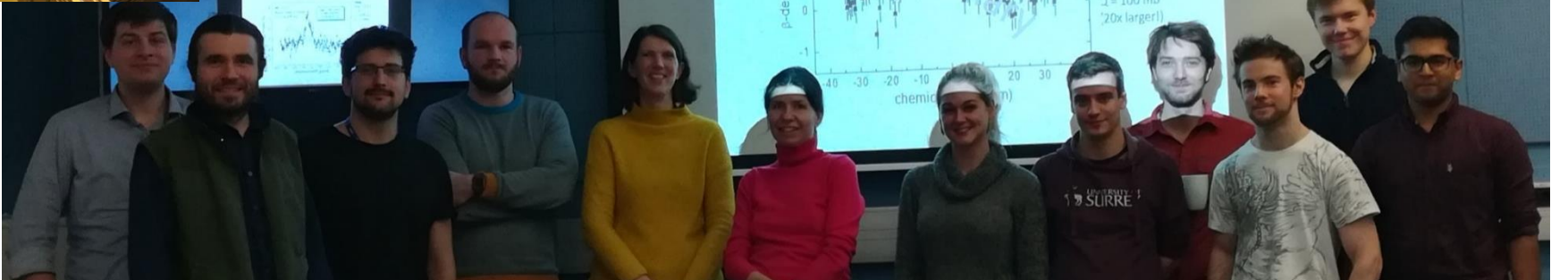
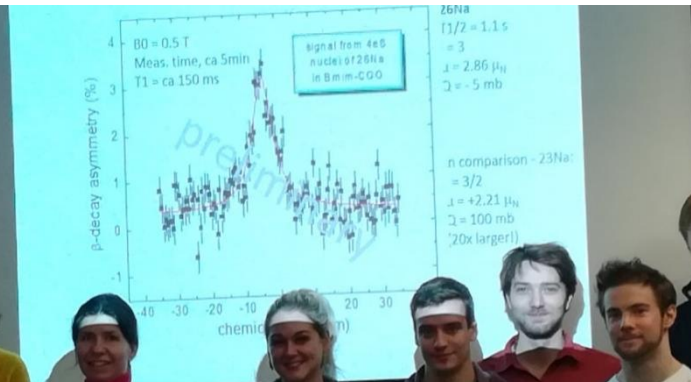
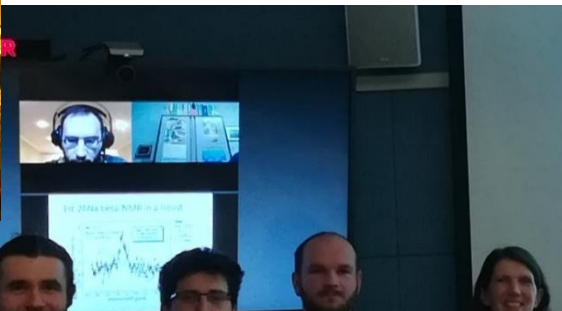
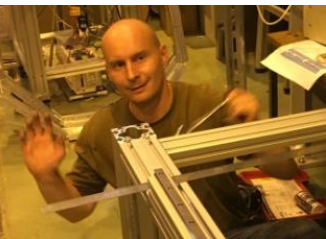
## Gamma-MRI:

UNIGE/CERN: R. K. Kulesz

HESGE: J-N. Hyacinthe, E. Vinckenbosch

CERN: S. Pallada, J. Croese, T. Stora

Madrid: L. Fraile et al





# NMR in nuclear physics

Method to determine precisely magnetic & quadrupole moments of short-lived nuclei

● **Observables:** Larmor frequency

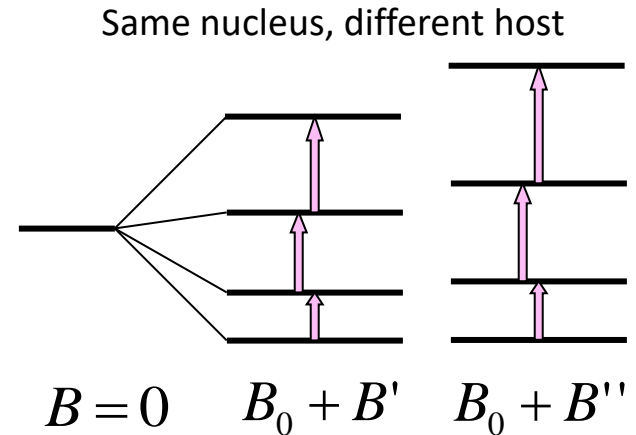
● **Determined properties**

- Magnetic dipole and electric quadrupole moment of the studied nucleus

Depends on nucleus

$$\Delta E_{mag} = |g_I| \cdot \mu_N \cdot B + \frac{1}{2} Q \cdot V_{zz}$$

known

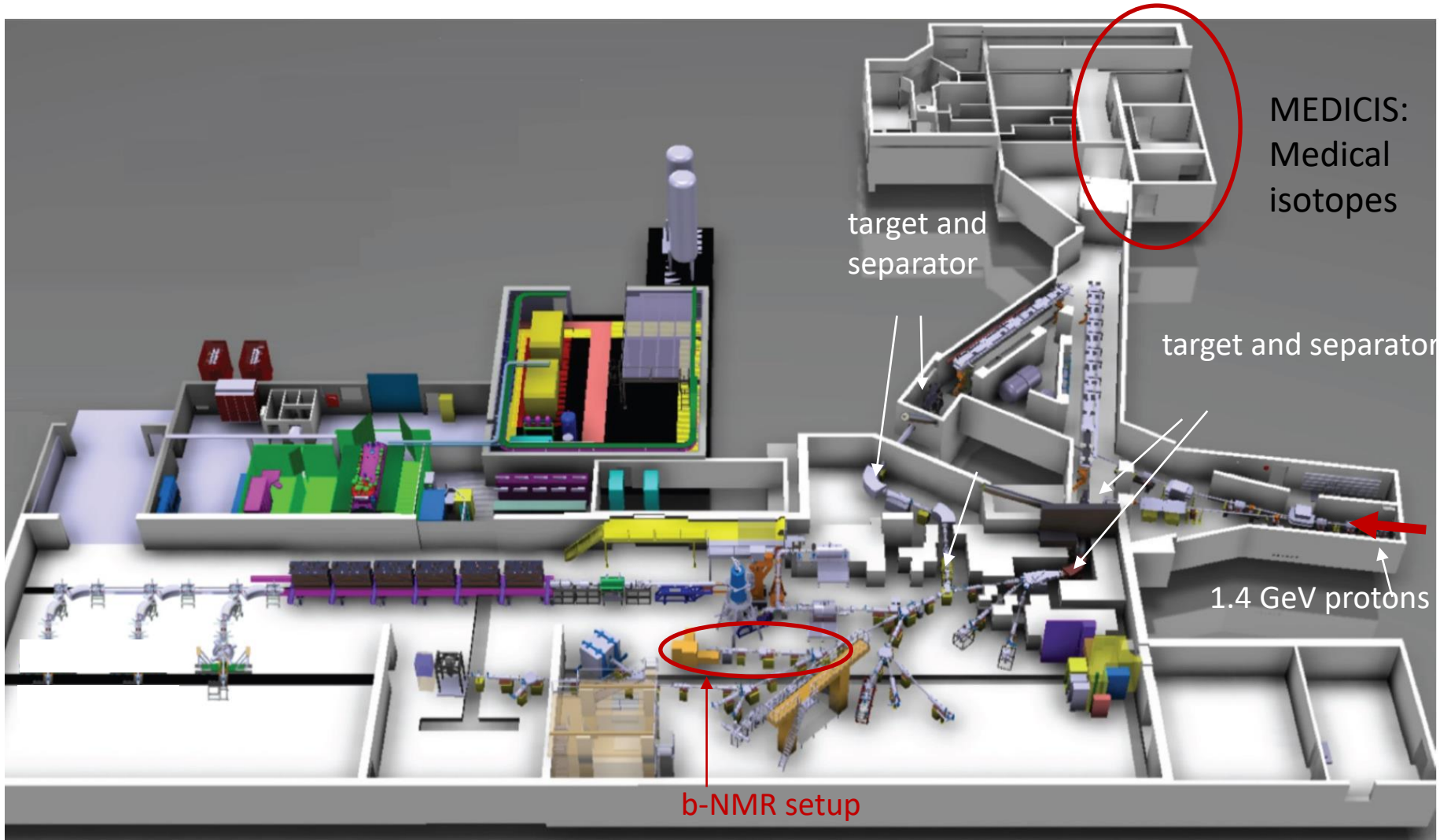


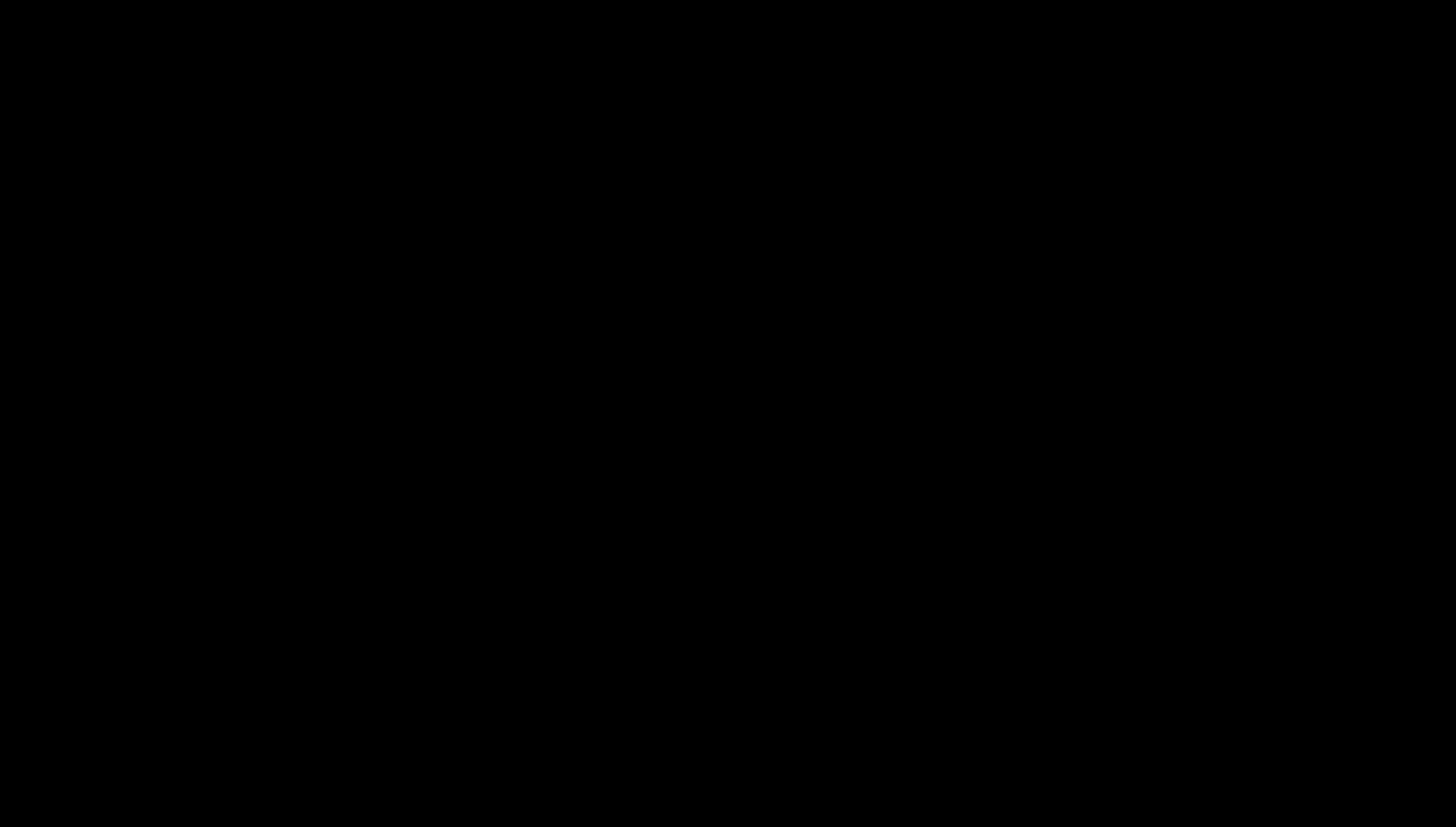
● **Derived information:**

- Magnetic moment – orbitals occupied by valence nucleons
- Quadrupole moment – collective properties

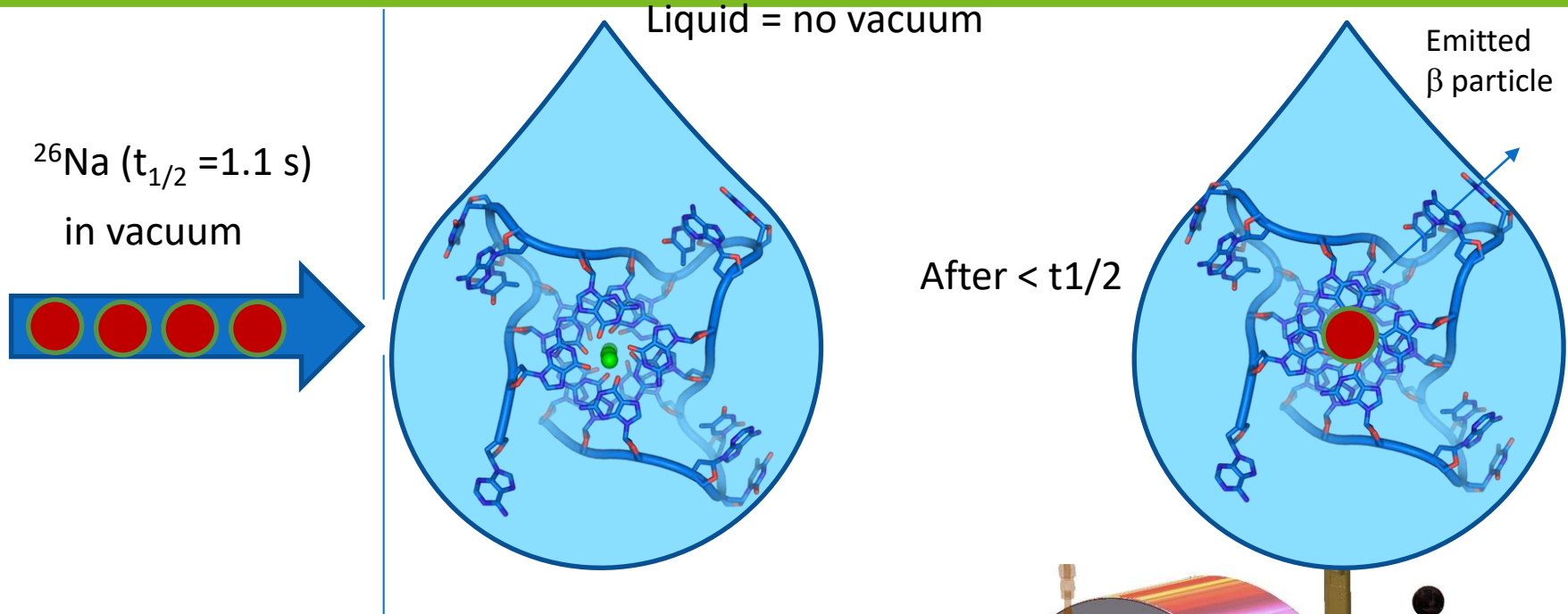


# ISOLDE laboratory



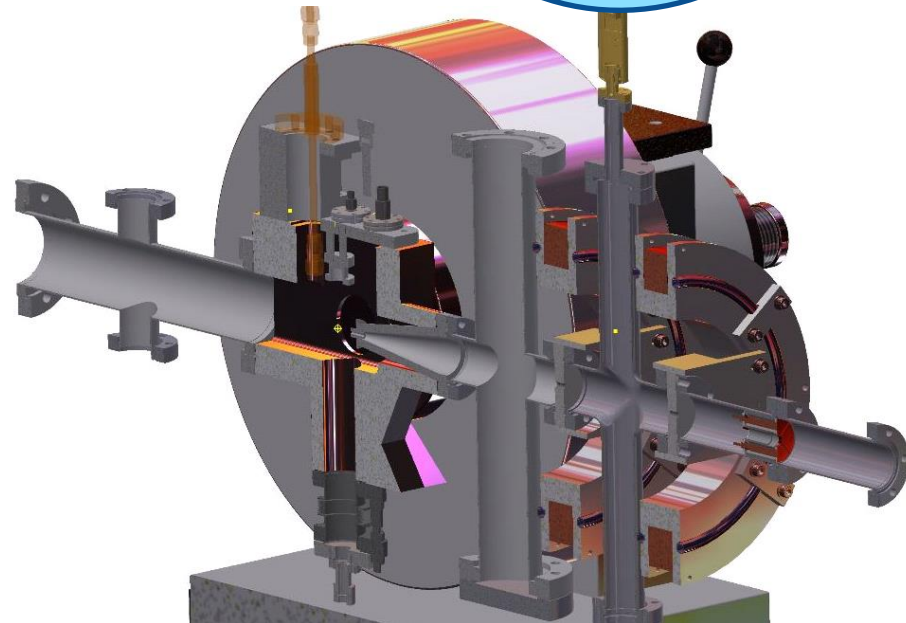


# Getting probe nuclei into liquid samples



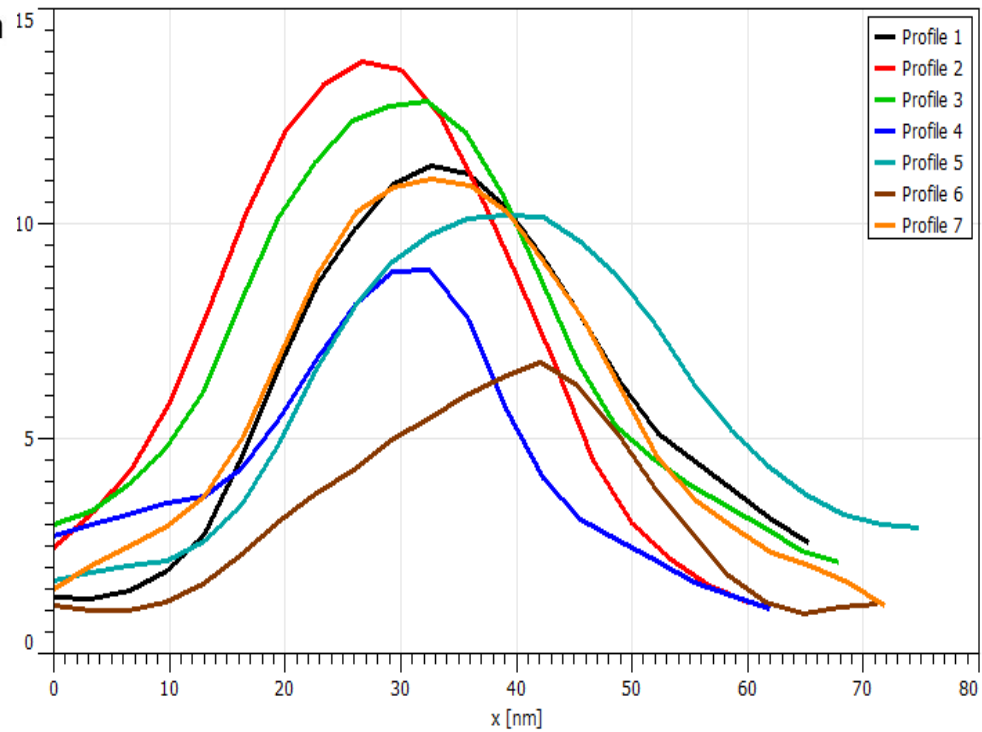
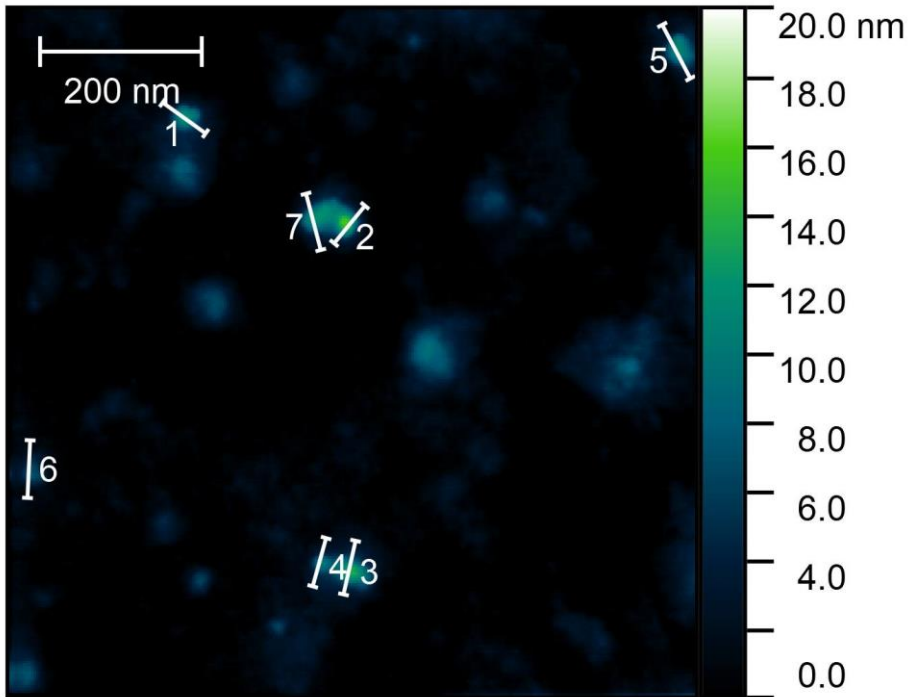
## Challenges and constraints:

- Vacuum/liquid interface with little loss in atom beam and polarization
- Binding to biomolecule before decaying  
-> choose suitable systems to study



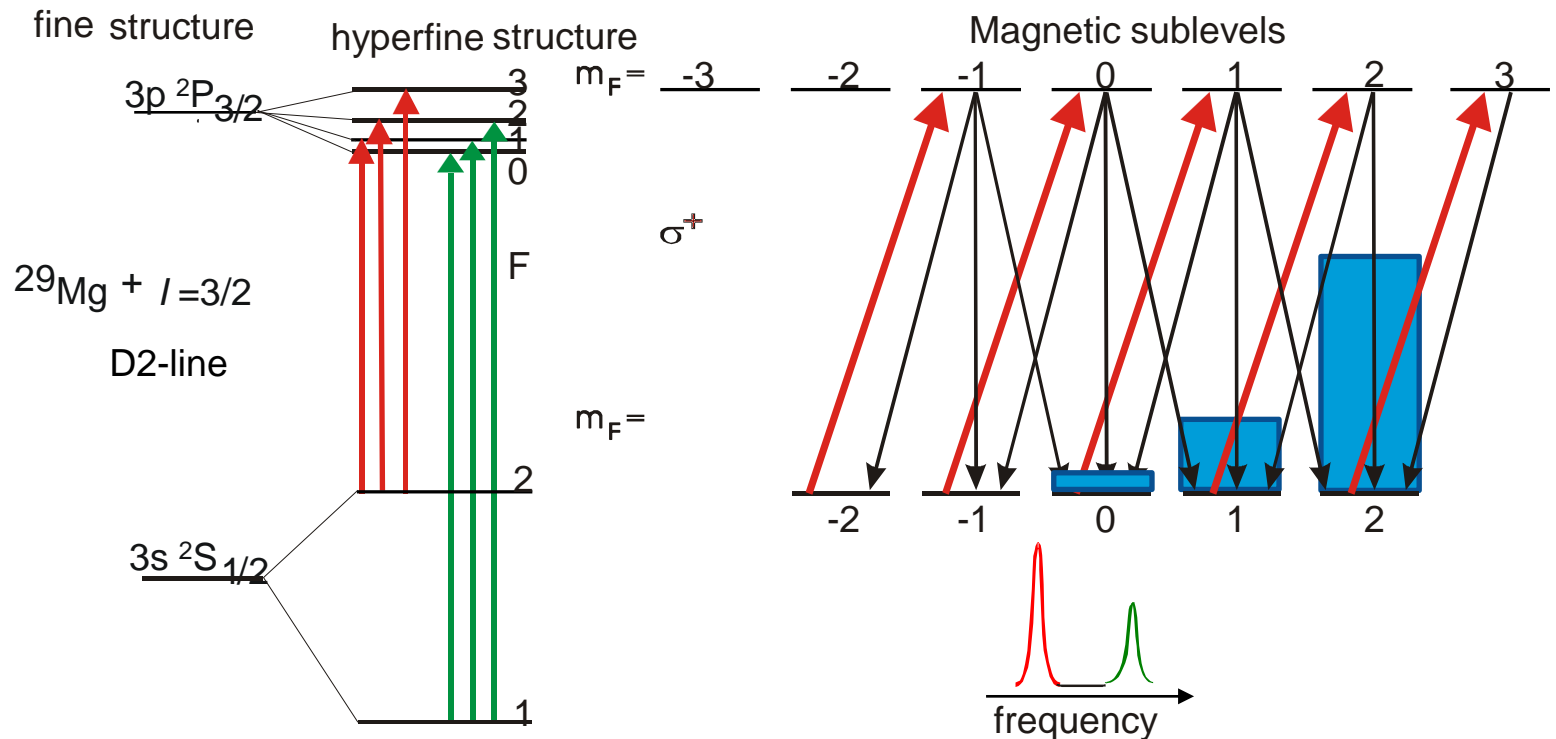
# AFM measurements

Folded G4T4G4 in Emim-DCA



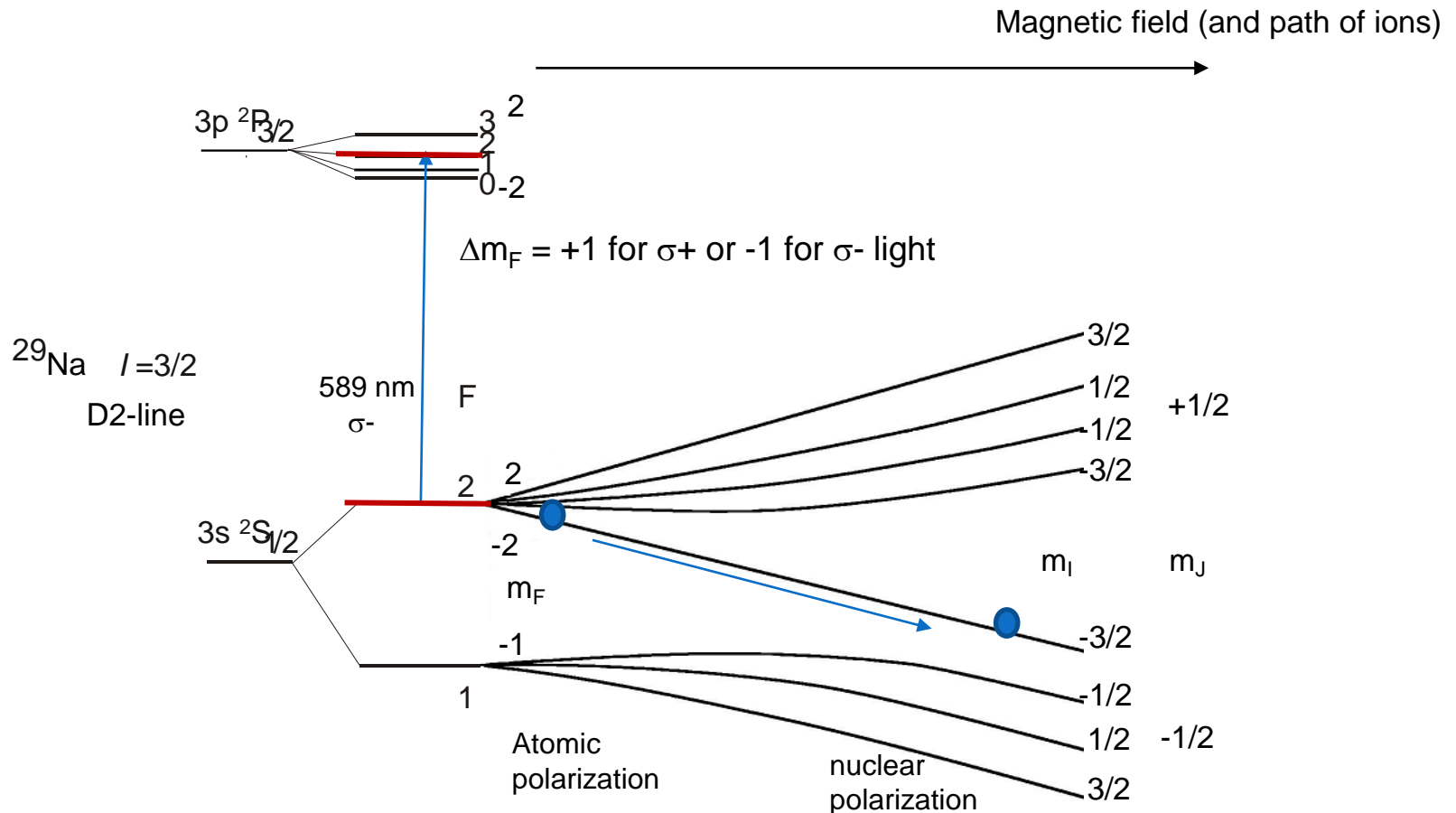
# Hyperpolarization via optical pumping

- Multiple excitation cycles with circularly-polarized light
- Photon angular momentum transferred to electrons and then nuclei
  - Works best for 1 valence electron
  - nuclear spin-polarization of 10-90%
  - Polarization buildup time < us



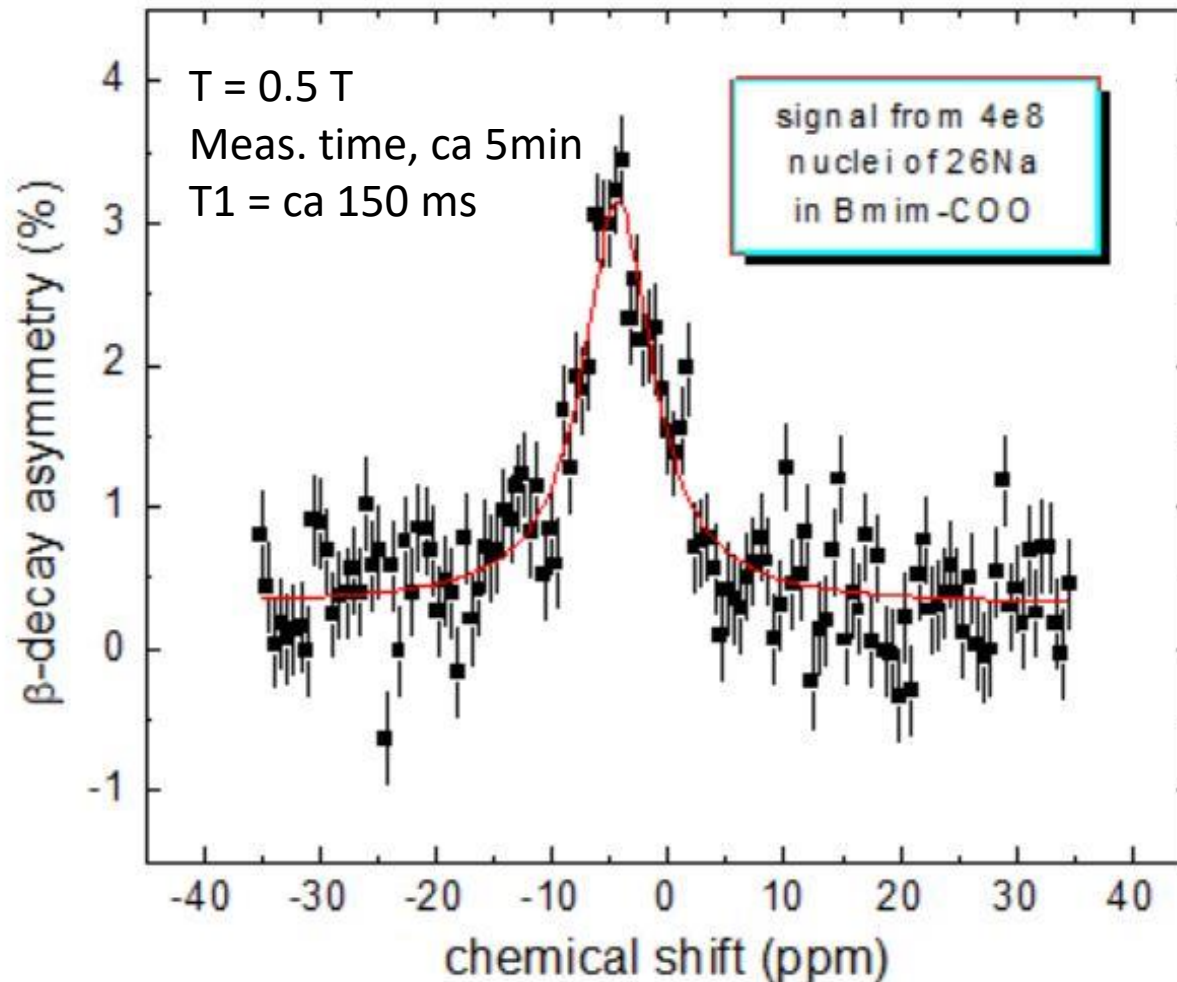
# Optical pumping and nuclear spin

- Polarization of atomic spins with circularly polarized laser ( $\Delta m_F = +1$  for  $\sigma^+$  or  $-1$  for  $\sigma^-$  light)
- Resulting polarization of nuclear spins via hyperfine interaction (PF $\rightarrow$ PI):
- Resulting beta-decay asymmetry



# First NMR results in liquids

- Dec 2017: First Na beta-NMR signals in liquid hosts compatible with vacuum (ionic liquids)



**<sup>26</sup>Na**

T<sub>1/2</sub> = 1.1 s

I = 3

$\mu$  = 2.86  $\mu_N$

Q = - 5 mb

In comparison - <sup>23</sup>Na:

I = 3/2

$\mu$  = +2.21  $\mu_N$

Q = 100 mb

(20x larger!)

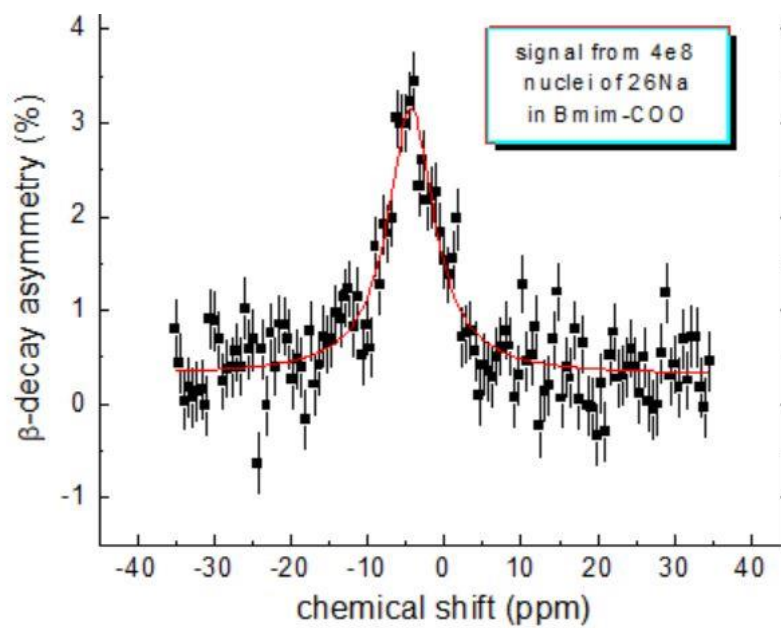
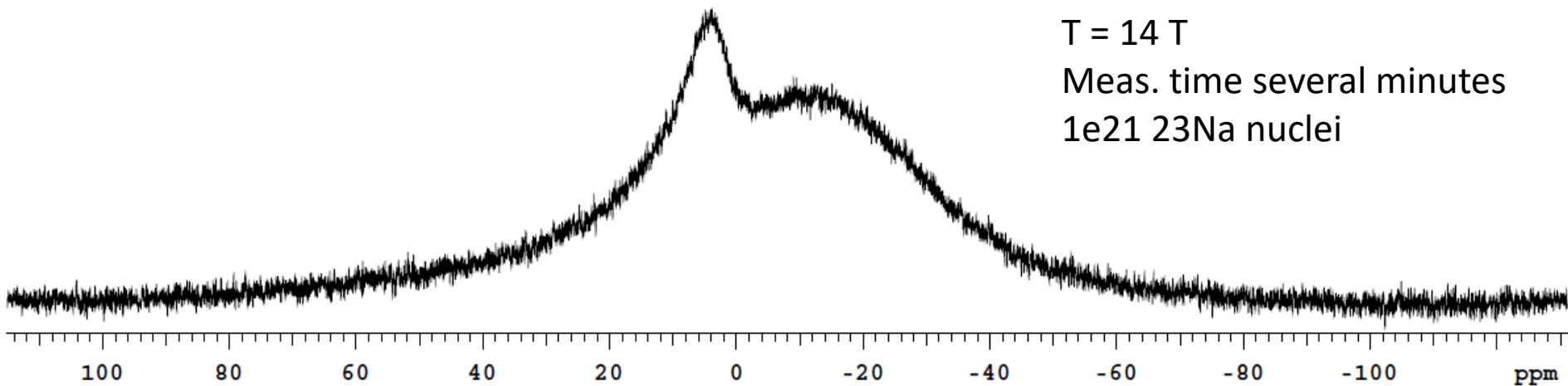
# Comparison to conventional NMR

- $^{23}\text{Na}$  spectrum in Bmim-Ac ionic liquid (Bmim-COOH study ongoing)

T = 14 T

Meas. time several minutes

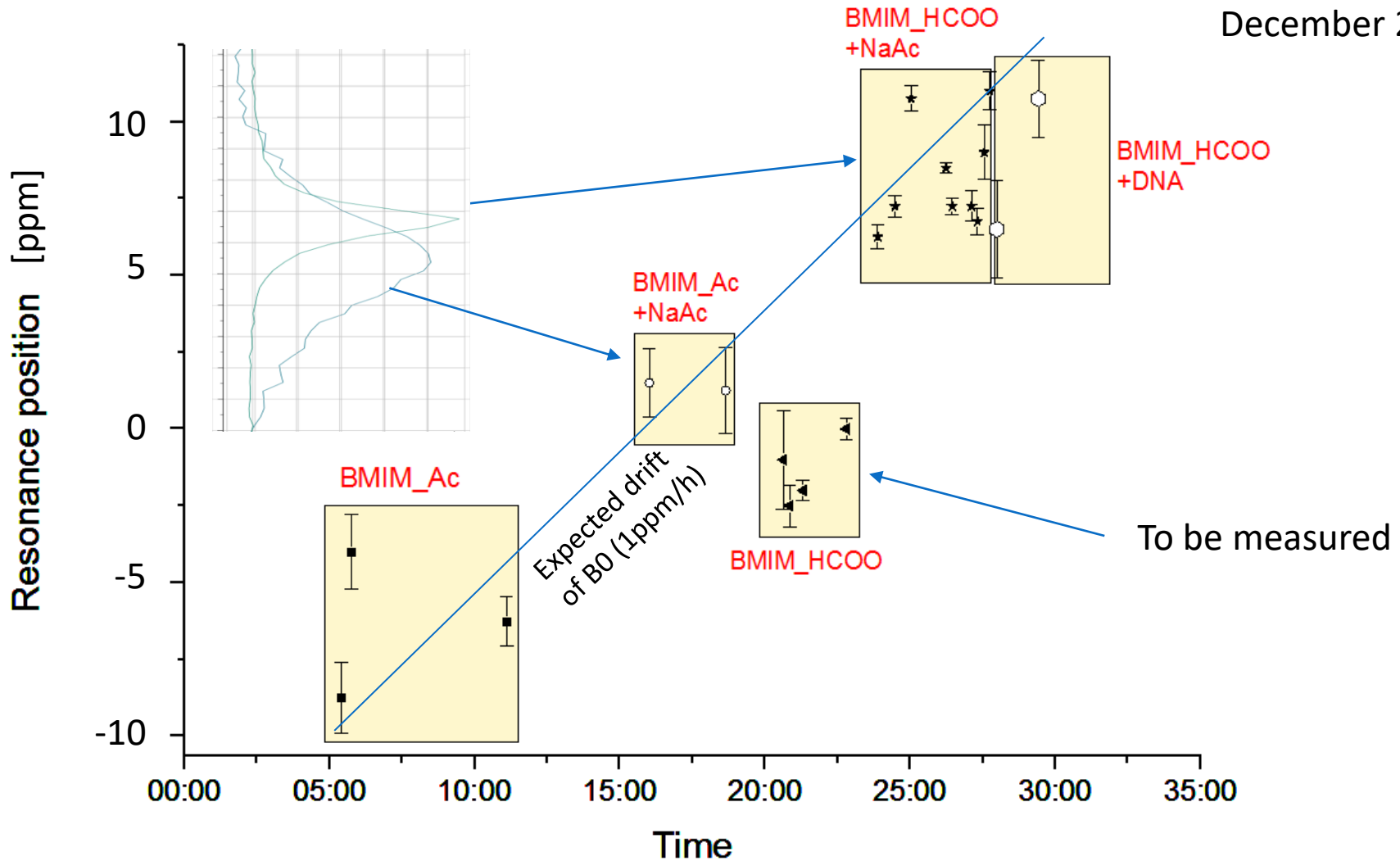
$1e21$   $^{23}\text{Na}$  nuclei





# Latest results

December 2017

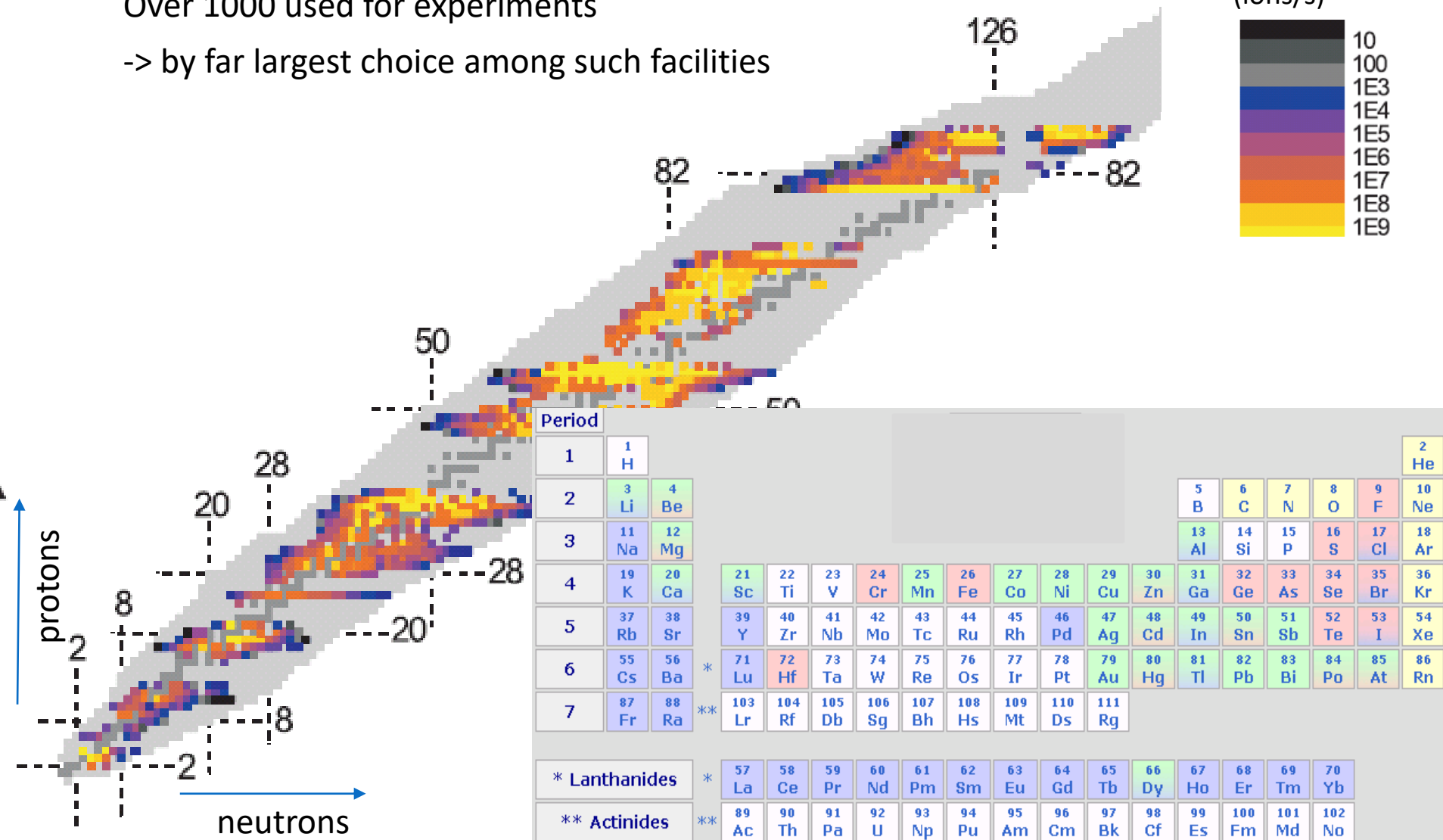
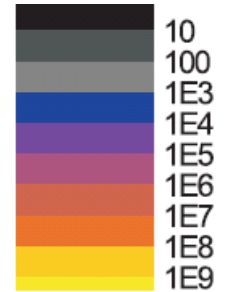


In addition: conventional  $^{23}\text{Na}$  studies performed 1.5 weeks ago

# ISOLDE radionuclei

Nearly 1300 isotopes available from over 75 chemical elements  
 Over 1000 used for experiments  
 -> by far largest choice among such facilities

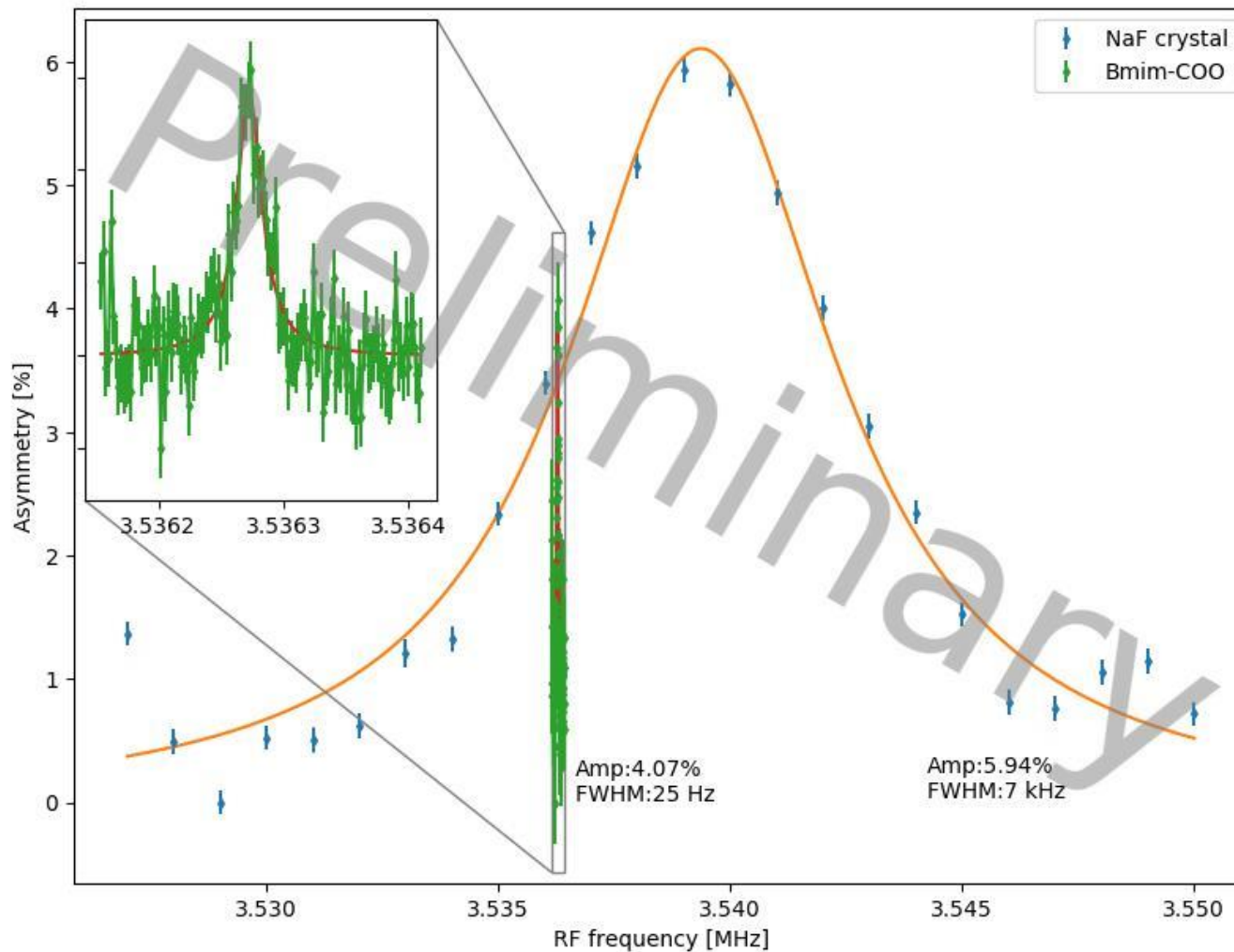
Production  
 (ions/s)



# Results: First Na beta-NMR in liquids

Solvent: ionic liquids (organic salts liquid at 1e-6 mbar vacuum)

Dec 2017



**$^{26}\text{Na}$**

$T_{1/2} = 1.1 \text{ s}$

$I = 3$

$\mu = 2.86 \mu_N$

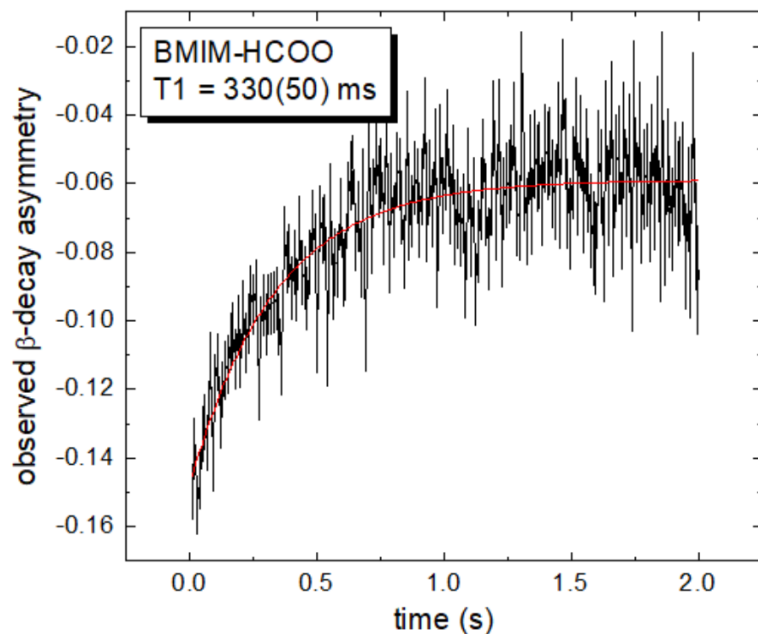
$Q = -5 \text{ mb}$

(20x smaller than  $^{23}\text{Na}$ )

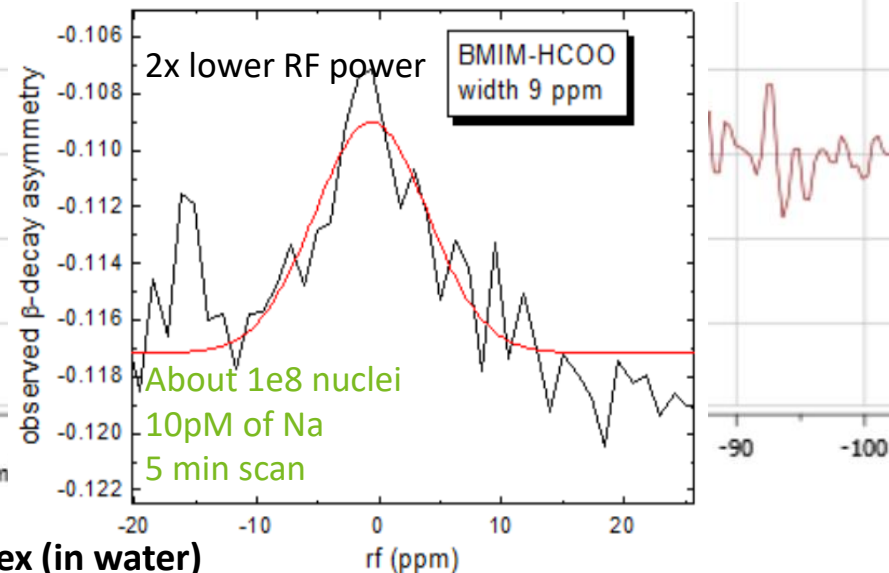
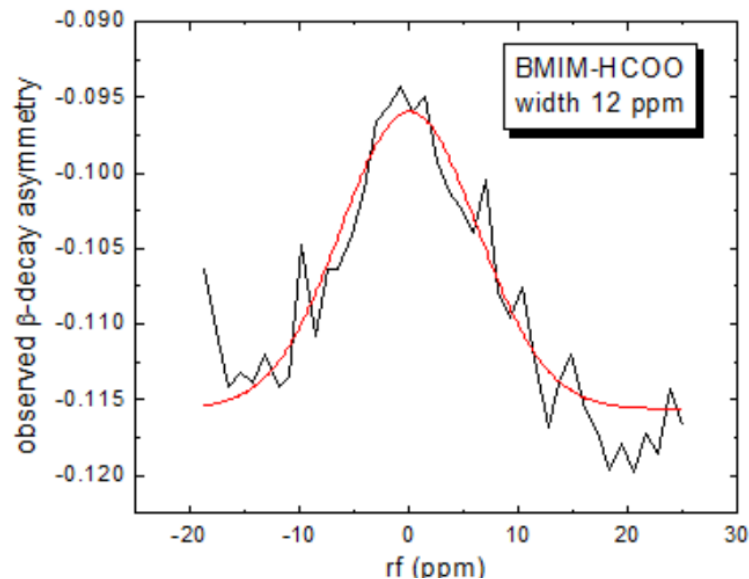
Resonance much narrower than in solid samples used for nuclear physics

# Conventional $^{23}\text{Na}$ NMR vs $^{26}\text{Na}$ beta-NMR

$^{23}\text{Na}$  NMR  
in BMIM-HCOO  
0.3M of  $\text{Na}^+$   
 $4 \times 10^{22}$  nuclei  
15 scans (2 s each)



$^{26}\text{Na}$  beta-NMR, December 2017, May 2018



Comparable resonance width to  $^{23}\text{Na}$  NMR

Can resolve 20 ppm shifts expected for G-quadruplex (in water)

# Asymmetry in beta-particle emission

## Angular distribution of beta-radiation:

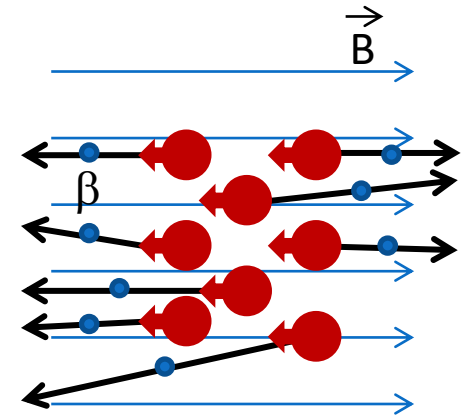
Velocity of beta-particle ( $v/c$  close to 1)

Angle between beta-particle emission and direction of spin polarization

$$D(\theta) = 1 + a \frac{v}{c} \frac{\langle L_z \rangle}{I} \cos(\theta)$$

Asymmetry factor  $(-1,1)$ , depends on details of beta decay

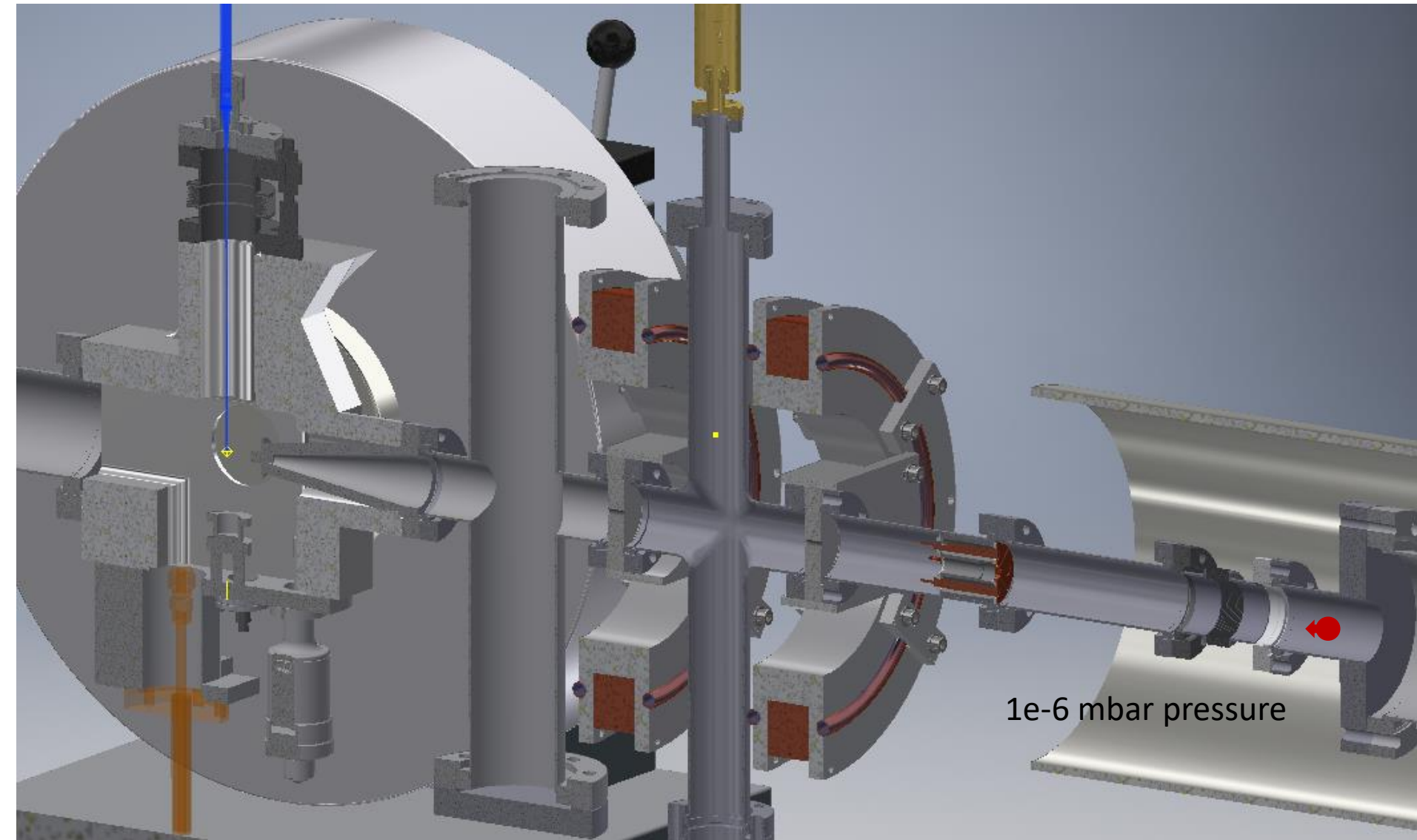
PI (0-100%): degree of spin polarization

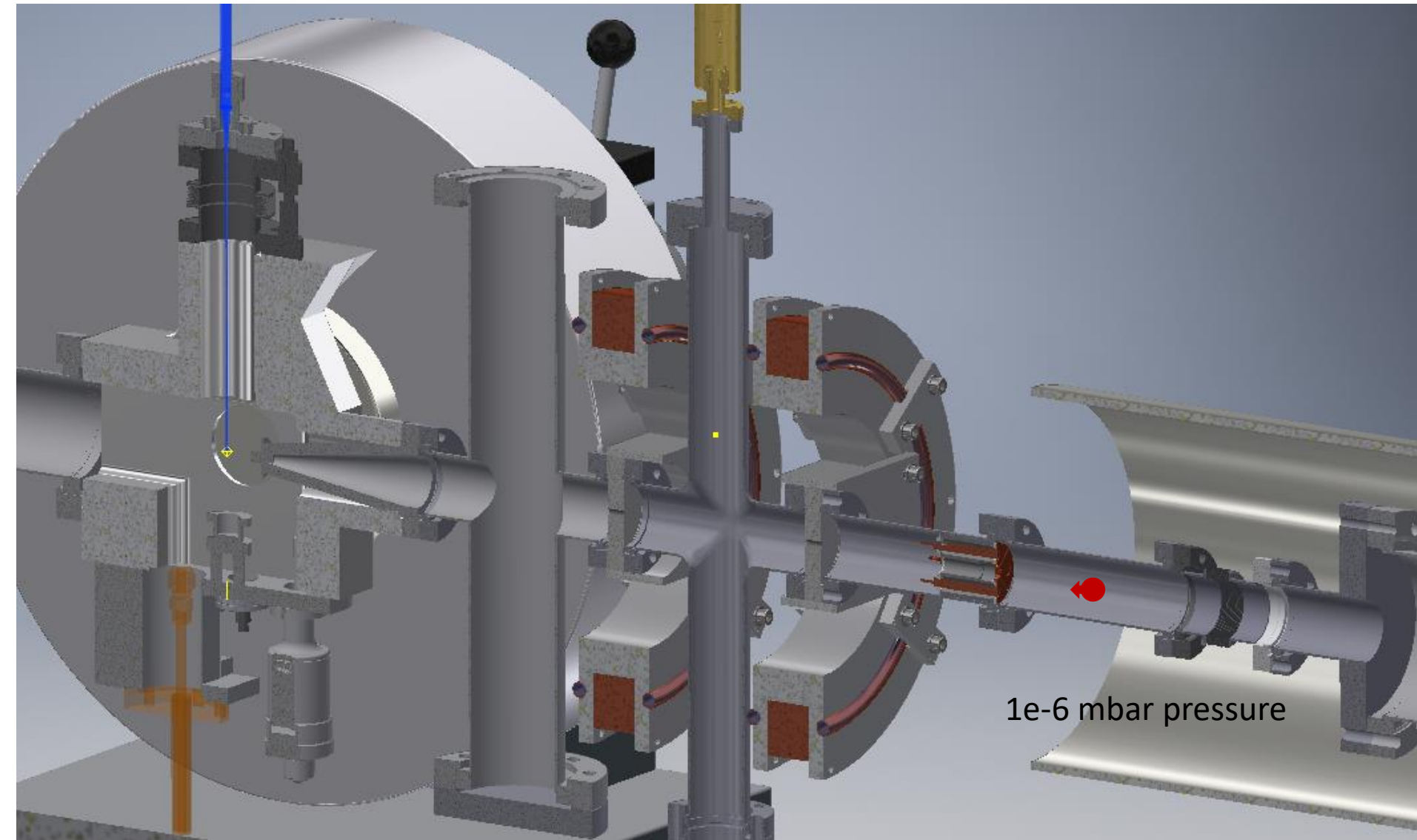


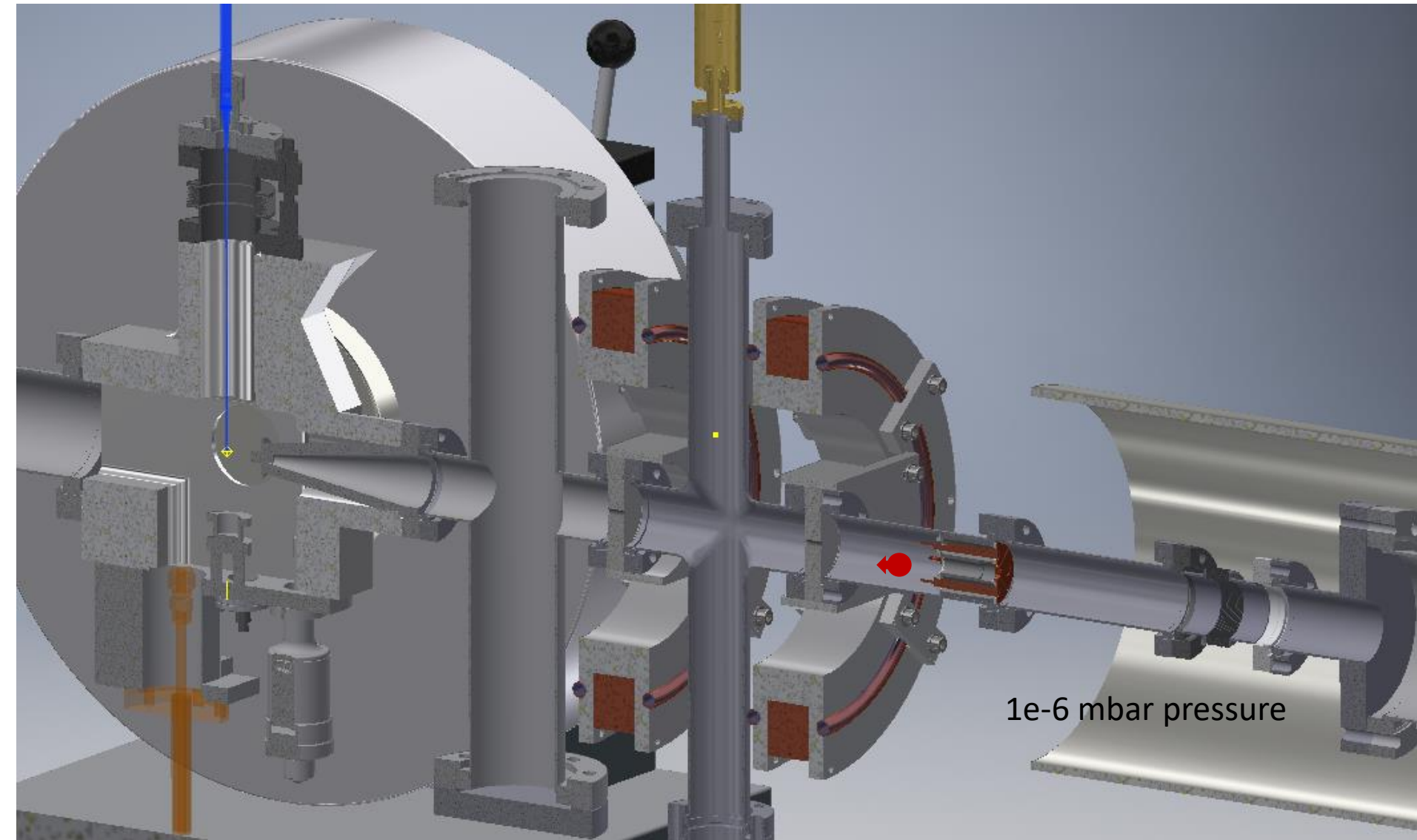
Asymmetry factor for  $\beta$ -decay:

- 1 for  $\Delta l = -1$
- $l_i / (l_i + 1)$  for  $\Delta l = +1$
- $-l_i / (l_i + 1)$  for  $\Delta l = 0$  (Gamow Teller)
- 0 for  $\Delta l = 0$  (Fermi)

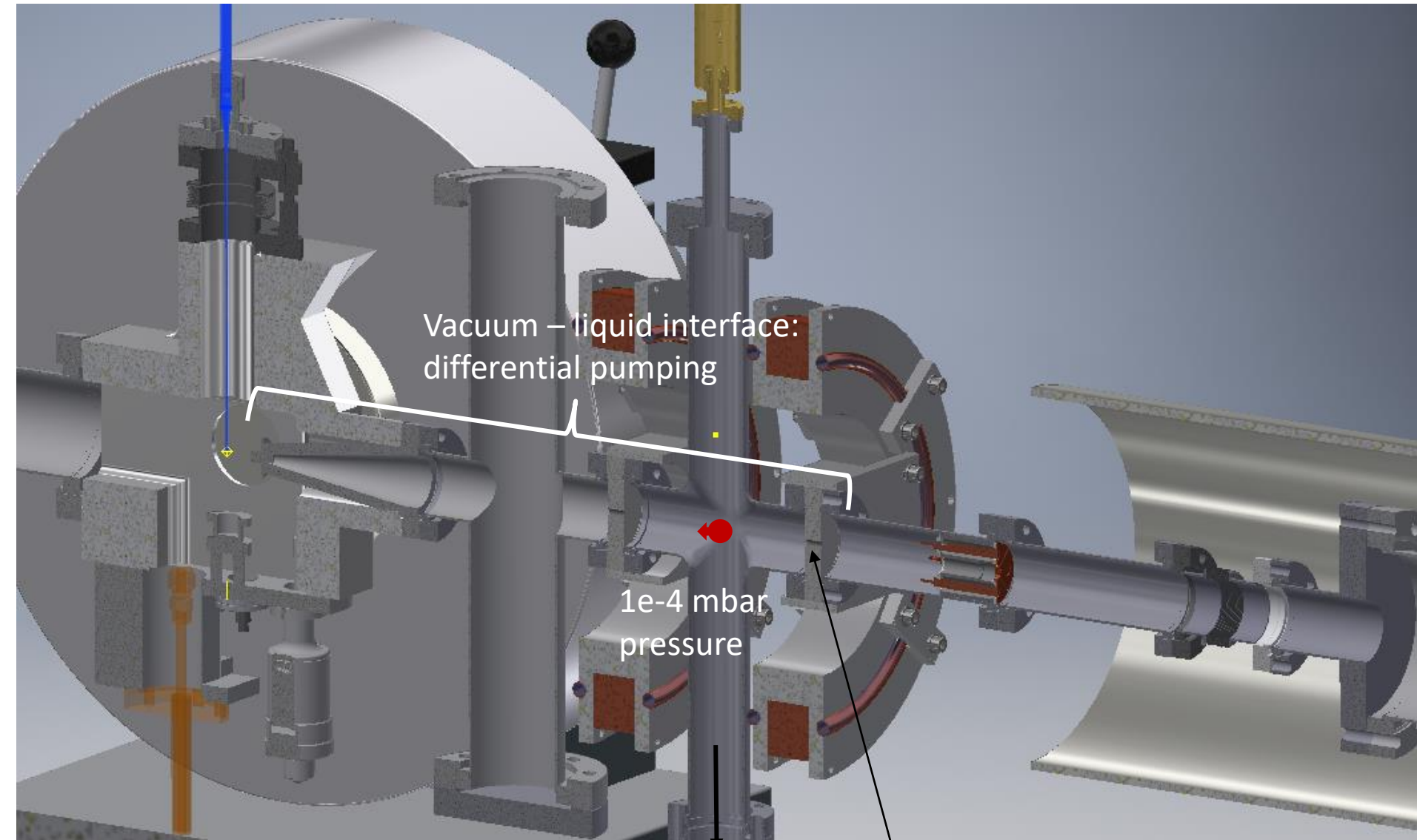
Measured  $\beta$ -decay asymmetry: 
$$A = \frac{N(0^\circ) - N(180^\circ)}{N(0^\circ) + N(180^\circ)} = \frac{N_1 - N_2}{N_1 + N_2}$$









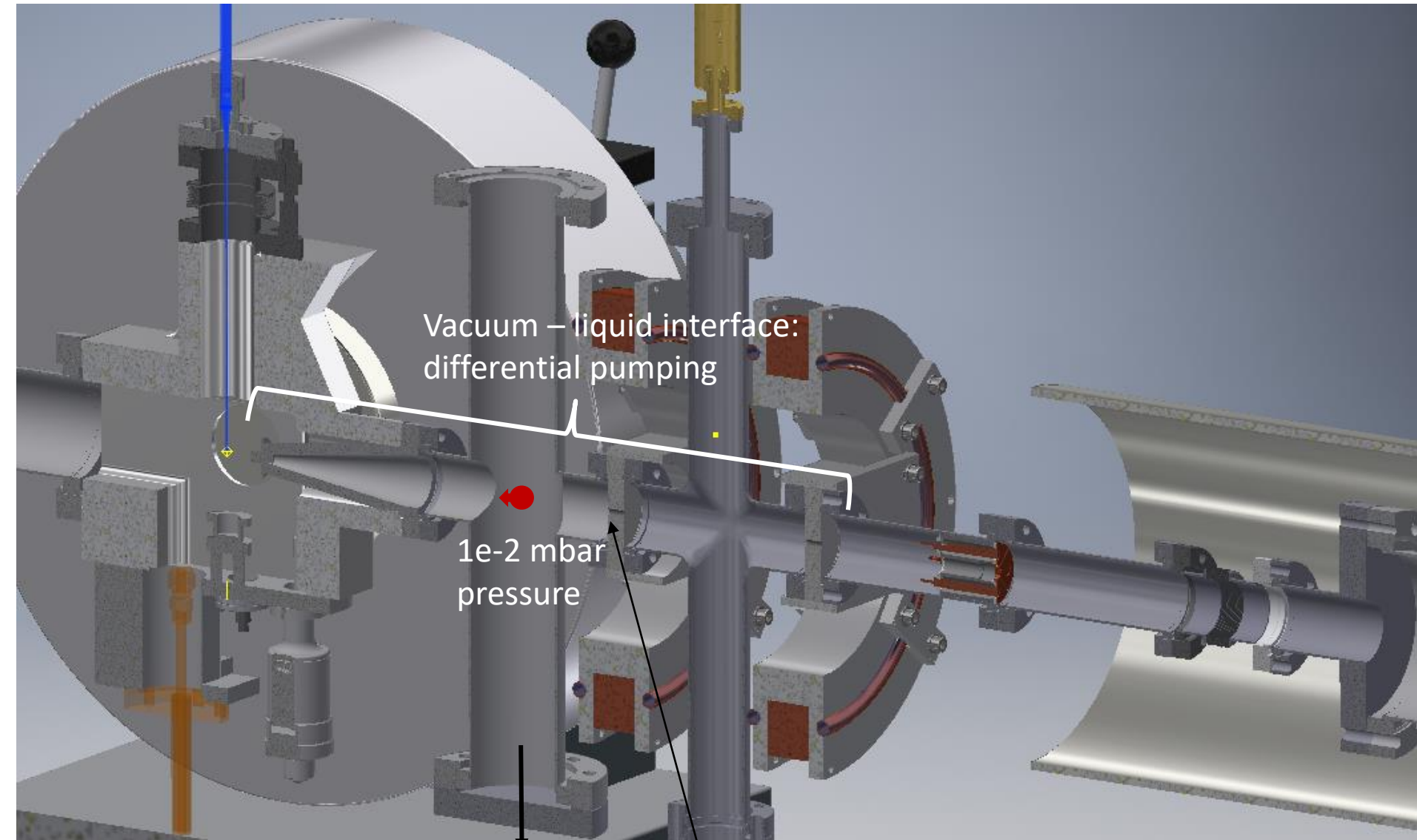


Vacuum – liquid interface:  
differential pumping

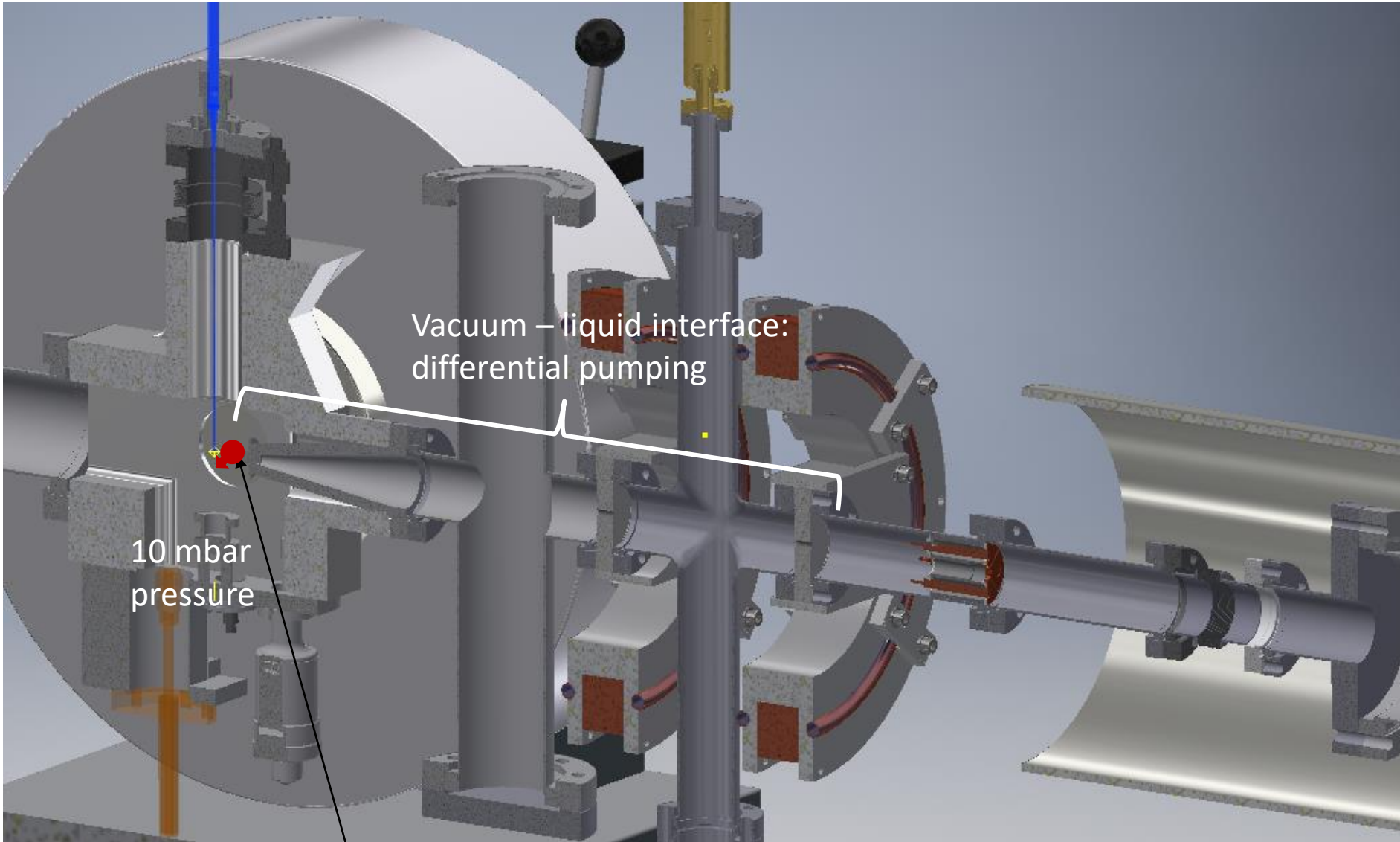
$1e-4$  mbar  
pressure

to vacuum pump

3 mm opening



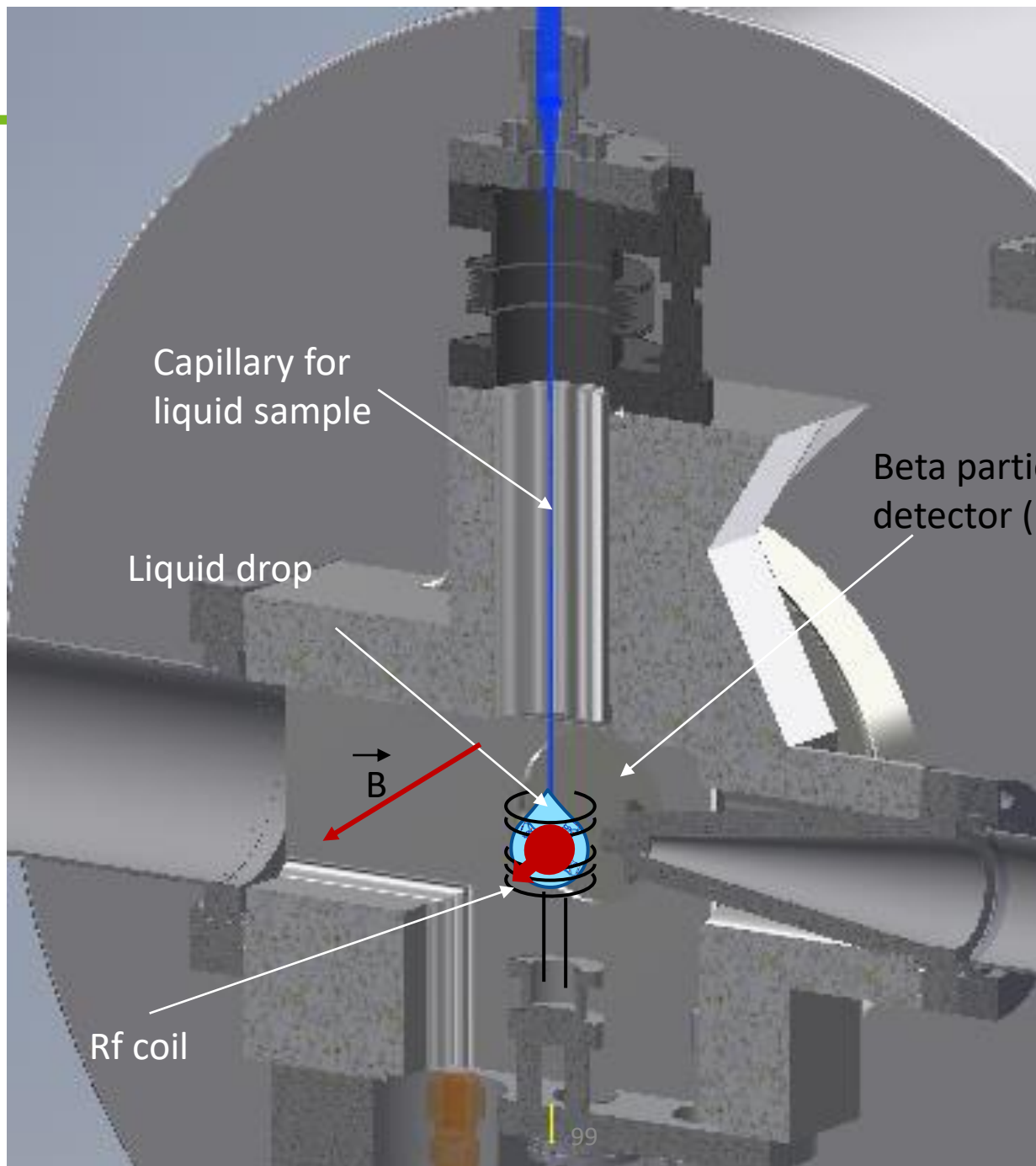
to vacuum pump    3 mm opening



Vacuum - liquid interface:  
differential pumping

10 mbar  
pressure

3 mm opening



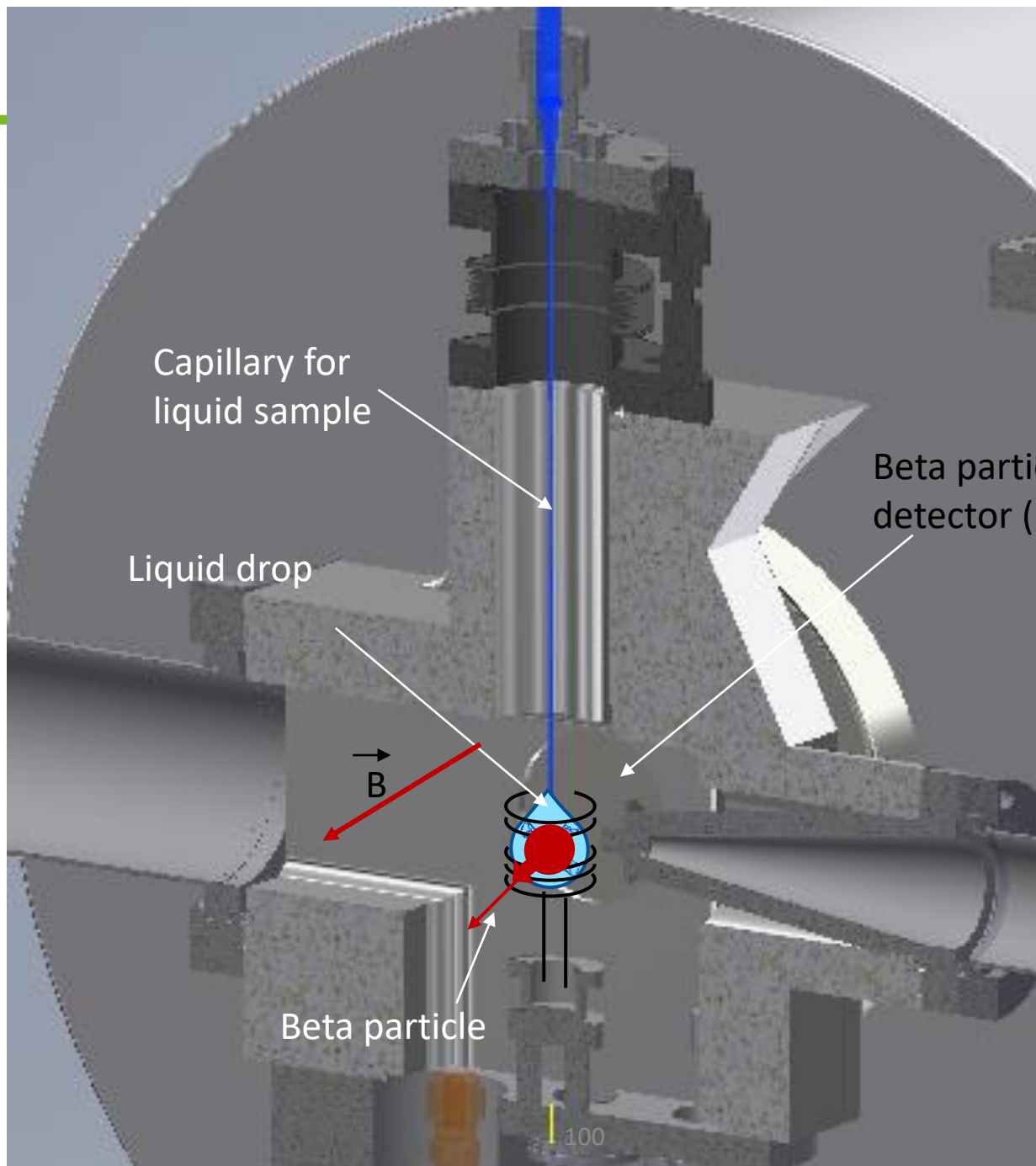
Capillary for liquid sample

Liquid drop

$\vec{B}$

Rf coil

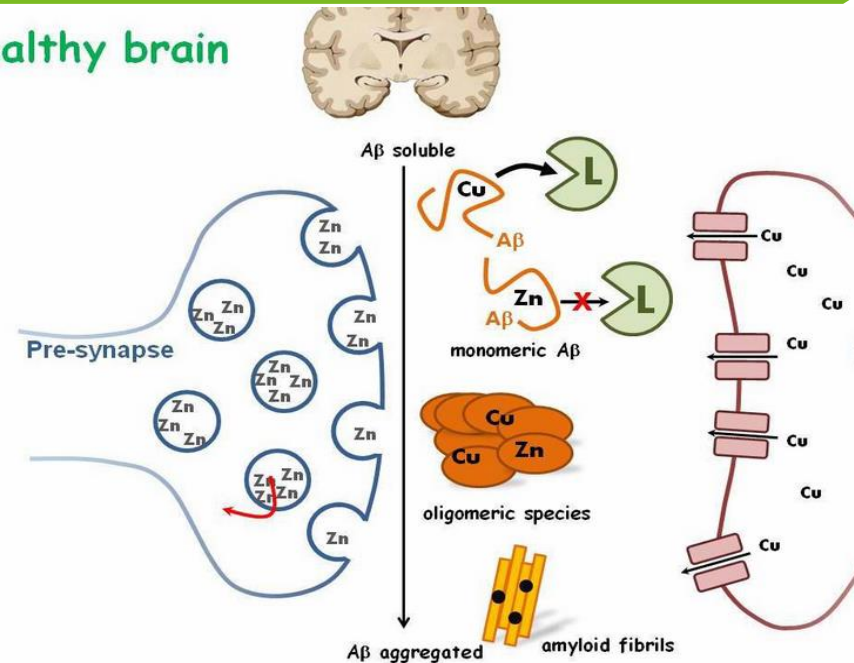
Beta particle detector (180 deg)



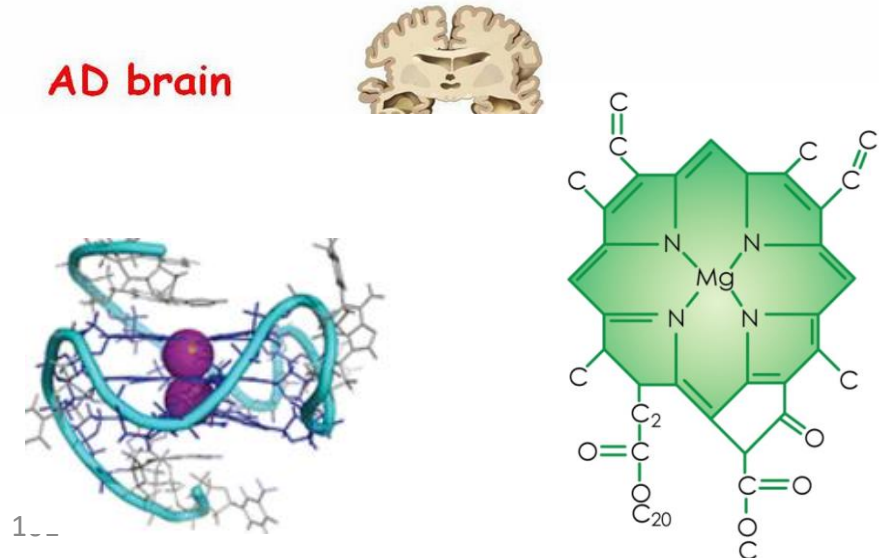
# Studying metal ions in biology

- Role of metal ions in human body depends on adopted coordination environment
- Right concentration crucial for correct functioning of cellular processes
  - Na, K: transport of sugars and amino acids into cells; regulate flow of water across membranes
  - Mg: RNA- and DNA-processing enzymes and ribozymes
  - Cu: present in many enzymes involved in electron transfer and activation of oxygen
  - Zn: 2<sup>nd</sup> most abundant trace element in human body; catalytic and structural role, regulation of genetic message transcription and translation

healthy brain



AD brain



# Probe nuclei

## Already polarized at ISOLDE

Nucleus	half-life	spin	magn mom ( $\mu_N$ )	quadr mom (mb)	beta asym
<b>8Li</b>	0.84 s	<b>2</b>	1.65	31	5%
<b>9Li</b>	0.18 s	<b>3/2</b>	3.44	-31	
<b>11Be</b>	13.8	<b>1/2</b>	-1.68	0	1%
<b>26Na</b>	1.1 s	<b>3</b>	2.86	-5	30%
<b>27Na</b>	0.3 s	<b>5/2</b>	3.89	-7	30%
<b>28Na</b>	30 ms	<b>1</b>	2.43	40	40%
<b>29Mg</b>	1.2 s	<b>3/2</b>	0.98	160	3%
<b>31Mg</b>	0.25 s	<b>1/2</b>	-0.88	0	8%

## Feasible and planned soon

Nucleus	half-life	Nuclear spin	magn mom ( $\mu_N$ )	Quadr mom (mb)
<b>37K</b>	1.2 s	<b>3/2</b>	+0.20	
<b>49K</b>	1.3 s	<b>1/2</b>	+1.34	0
<b>39Ca</b>	0.8 s	<b>3/2</b>	1.02	+38
<b>51Ca</b>	0.36 s	<b>3/2</b>	-1.05	+36
<b>58Cu</b>	3.2 s	<b>1</b>	0.57	-150
<b>74Cu</b>	1.6 s	<b>2</b>	-1.07	260
<b>75Cu</b>	1.2 s	<b>5/2</b>	1.01	-270
<b>75Zn</b>	10 s	<b>7/2</b>		
<b>75mZn</b>	5 s	<b>1/2</b>		0
<b>77Zn</b>	2 s	<b>7/2</b>		
<b>77mZn</b>	1.1 s	<b>1/2</b>		0