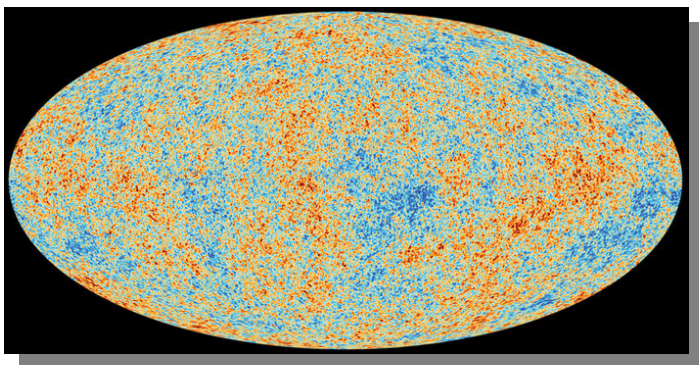


Particle Physics from Cosmology

CERN Fermilab School 2023 – Special lecture

Valerie Domcke (CERN)



$$\begin{aligned}\mathcal{L} = & -\frac{1}{4} F_{\mu\nu} F^{\mu\nu} \\ & + i \bar{\psi} \not{D} \psi + h.c. \\ & + \bar{\psi}_i \gamma_{ij} \psi_j \phi + h.c. \\ & + D_\mu \phi^\dagger D^\mu \phi - V(\phi)\end{aligned}$$



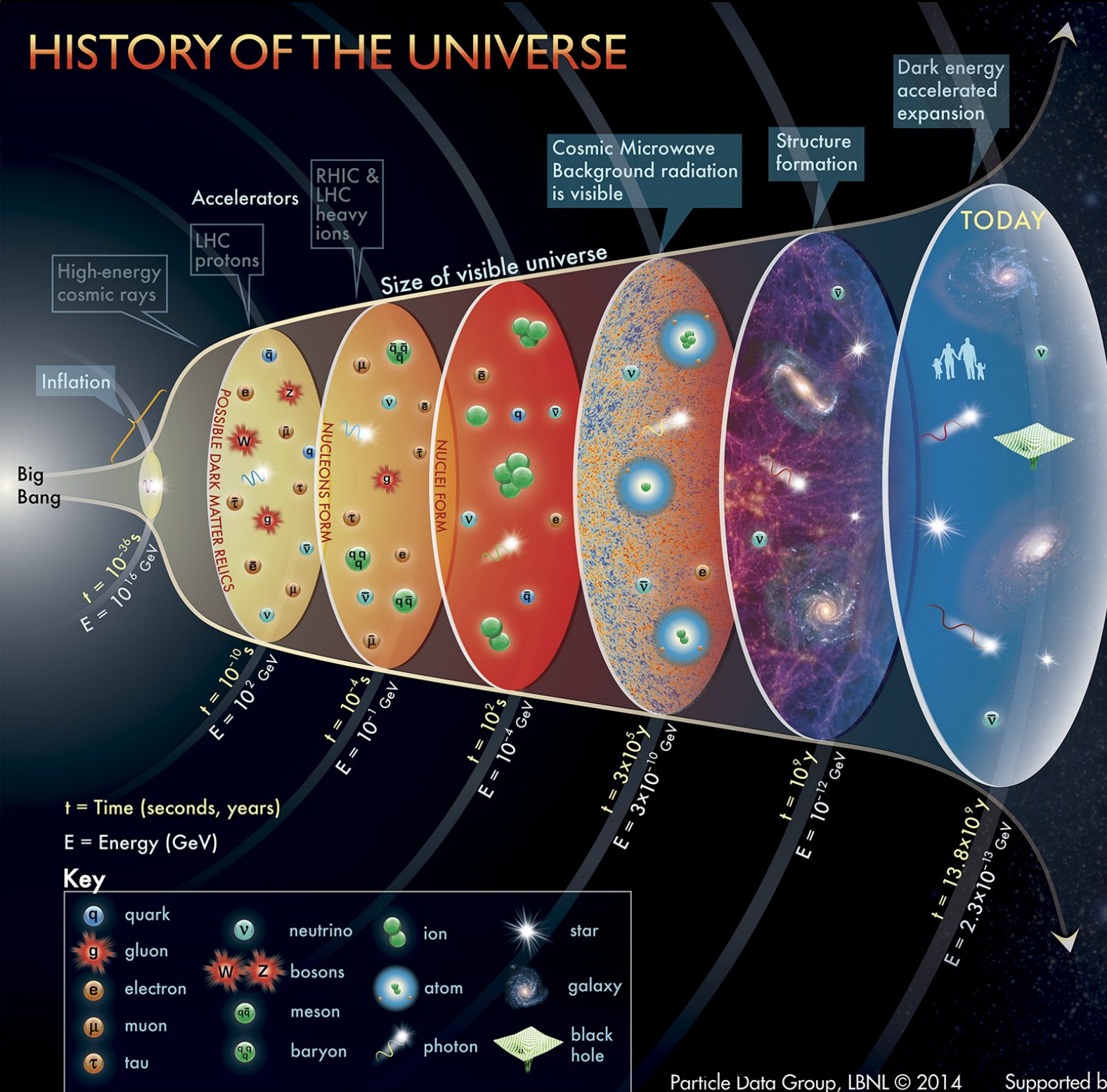
HISTORY OF THE UNIVERSE

Some highlights:

CMB + LSS

BBN

GWs



Cosmic microwave background (and large scale structure)

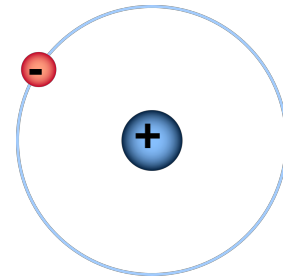
The cosmic microwave background

binding energy of hydrogen atom: $T \sim \text{eV}$

$$T > \text{eV}$$

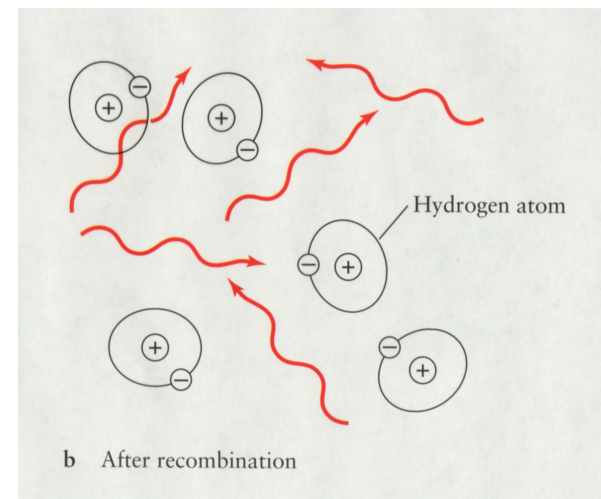
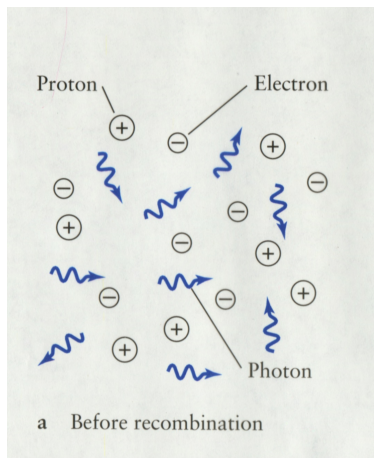
time

$$T < \text{eV}$$



- many free charged particles (electrons & protons)
- photons scatter multiple times, universe not transparent

- electrons and protons from electrically neutral hydrogen atoms
- universe becomes transparent



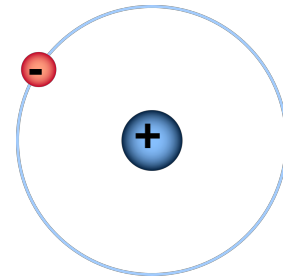
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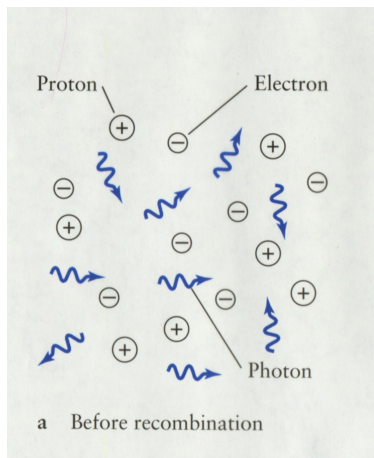
$$T > \text{eV}$$

time

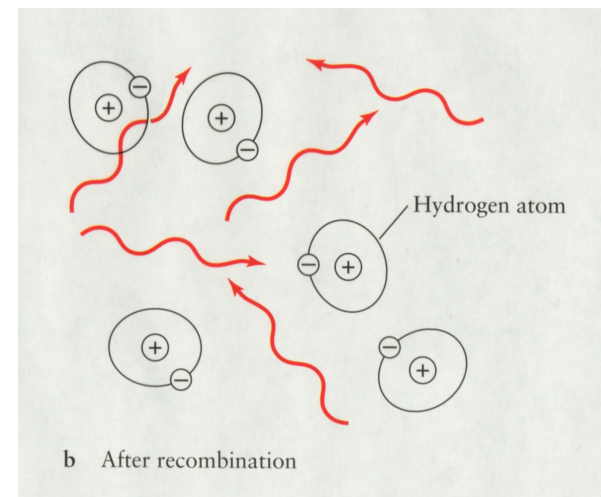
$$T < \text{eV}$$



- many free charged particles (electrons & protons)
- photons scatter multiple times, universe not transparent
- electrons and protons from electrically neutral hydrogen atoms
- universe becomes transparent



- thermal radiation with $T \sim 3000 \text{ K}$ as cosmic background radiation
- cools in expanding universe to $T \ll 3000 \text{ K}$

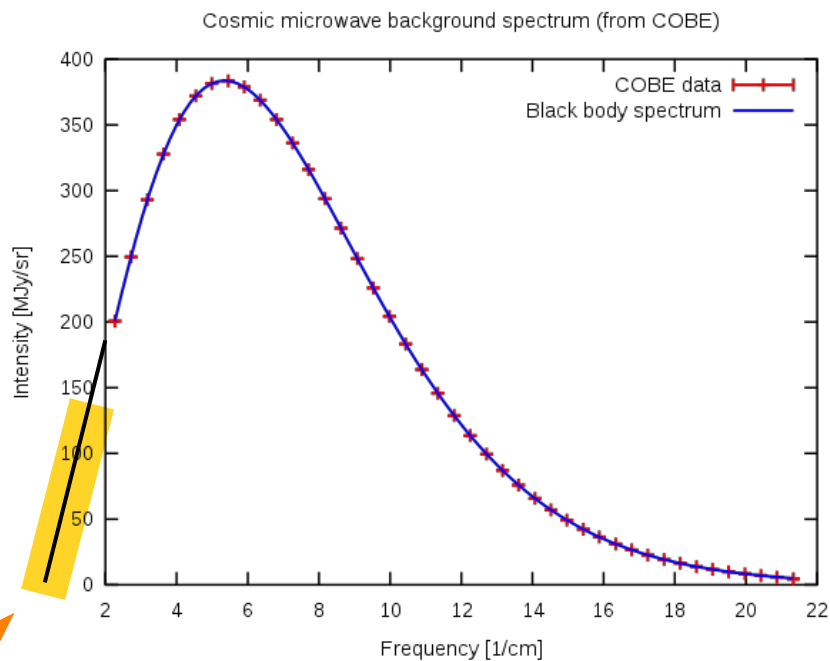


CMB black body radiation



COBE satellite,
1989-93

- cosmic microwave background well measured today
- black body radiation with $T = 2.7 \text{ K}$ (microwaves)
 - universe has expanded by factor 1000 since CMB decoupling



confirms key prediction
of 'big bang' theory



2019 nobel prize Peebles for his
contributions to theoretical cosmology

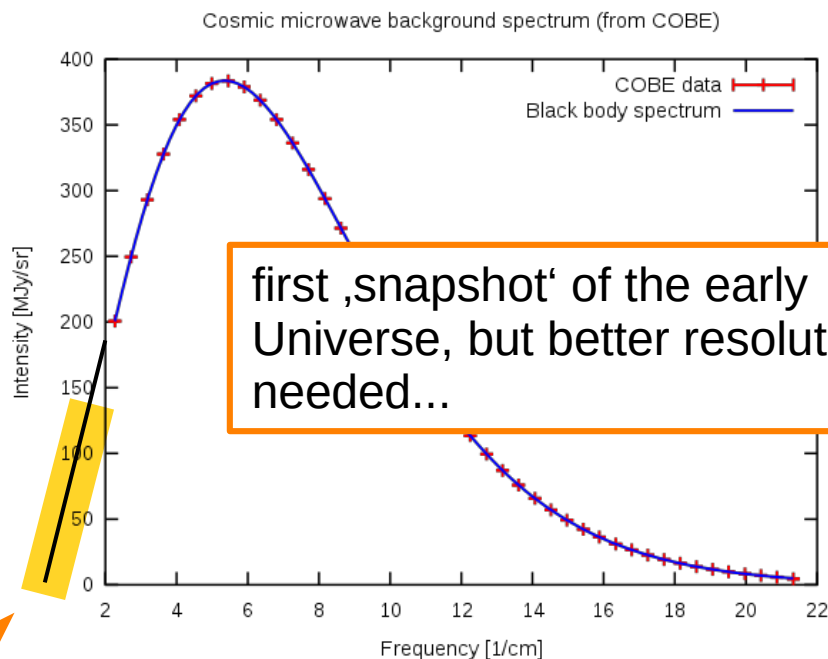
Penzias, Wilson (nobel prize 1978)

CMB black body radiation



COBE satellite,
1989-93

- cosmic microwave background well measured today
- black body radiation with $T = 2.7 \text{ K}$ (microwaves)
 - universe has expanded by factor 1000 since CMB decoupling



first 'snapshot' of the early Universe, but better resolution needed...

confirms key prediction of 'big bang' theory



2019 nobel prize Peebles for his contributions to theoretical cosmology

Penzias, Wilson (nobel prize 1978)

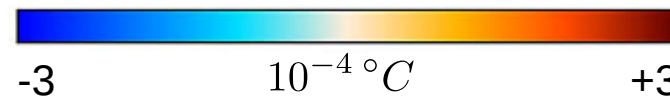
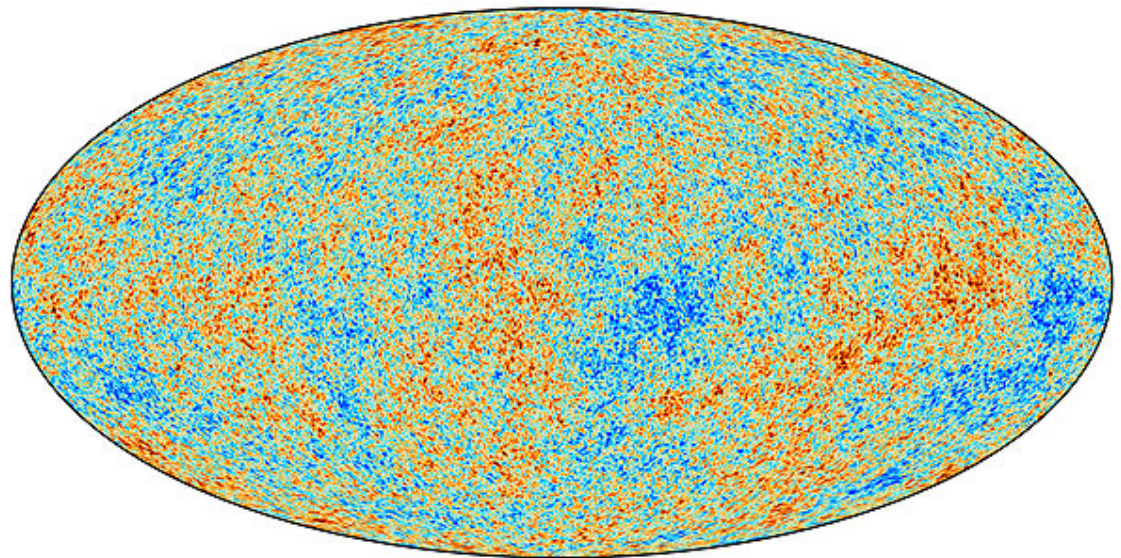
anisotropies in the CMB

completely homogeneous plasma → homogeneous universe after cooling

- small perturbations needed as seeds for galaxies to form through gravitational collapse
- anisotropies in the CMB, deviation from black body radiation $1:10^4$

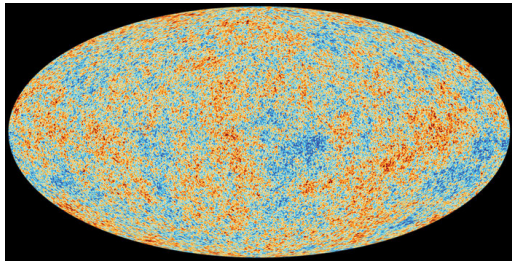


PLANCK satellite,
2009 - 2013

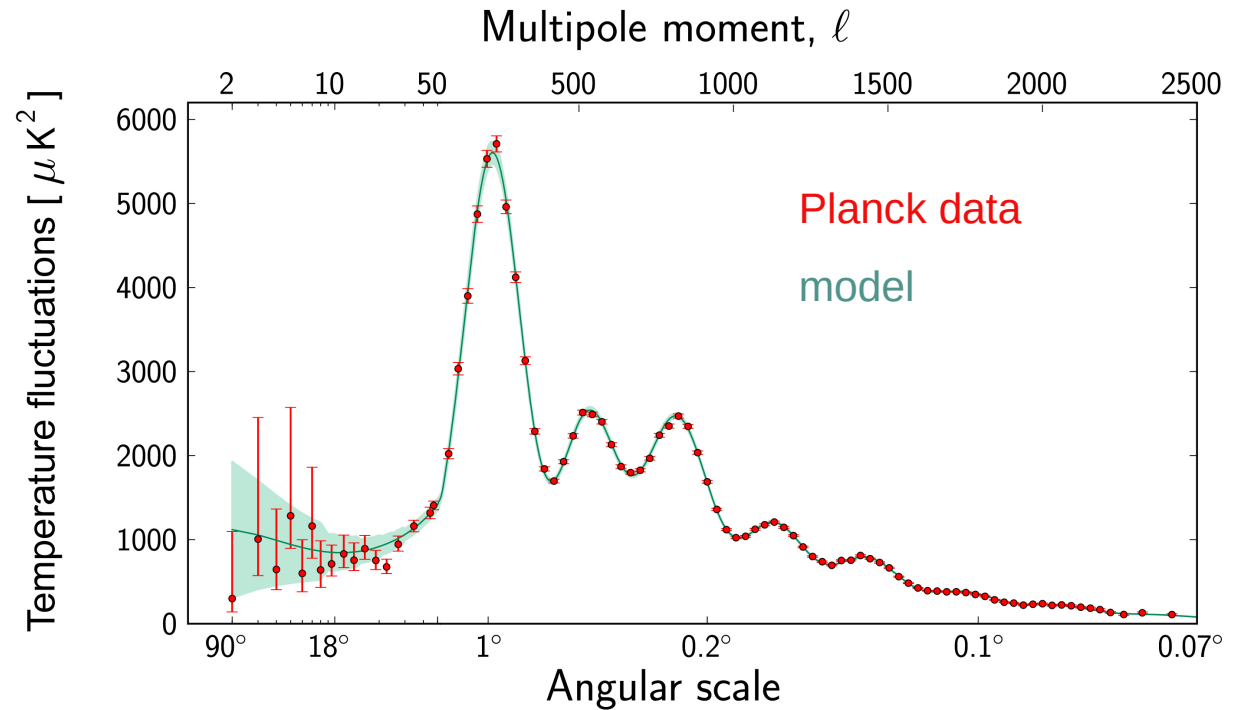


PLANCK 2018 data release

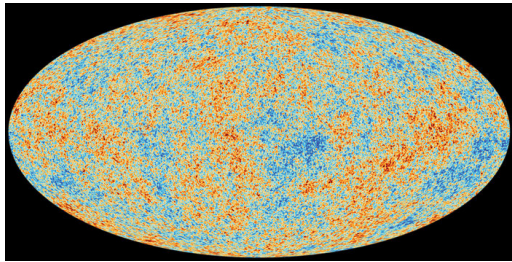
anisotropies in the CMB



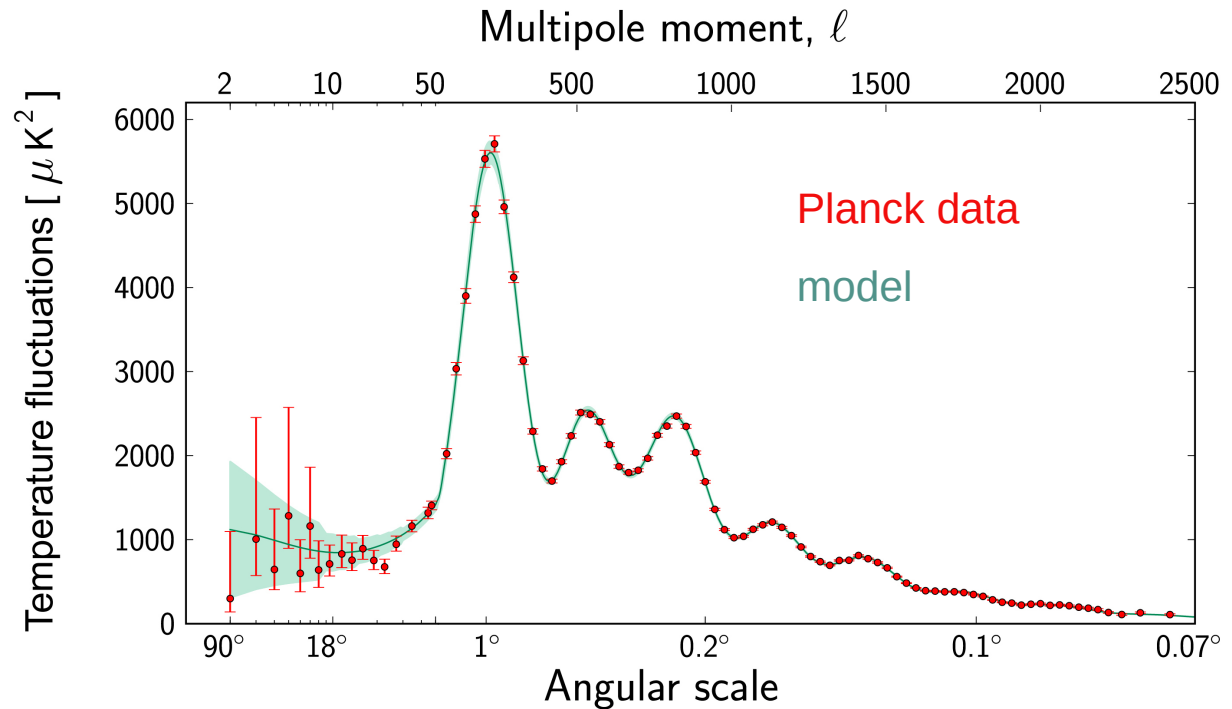
statistical analysis



anisotropies in the CMB



statistical analysis



model prediction depends on

properties of the plasma
initial conditions for fluctuations
expansion since CMB decoupling
photon scattering since CMB decoupling

→ proton and photon density
→ cosmic inflation
→ total energy density of the universe
→ re-ionisation of H by star formation

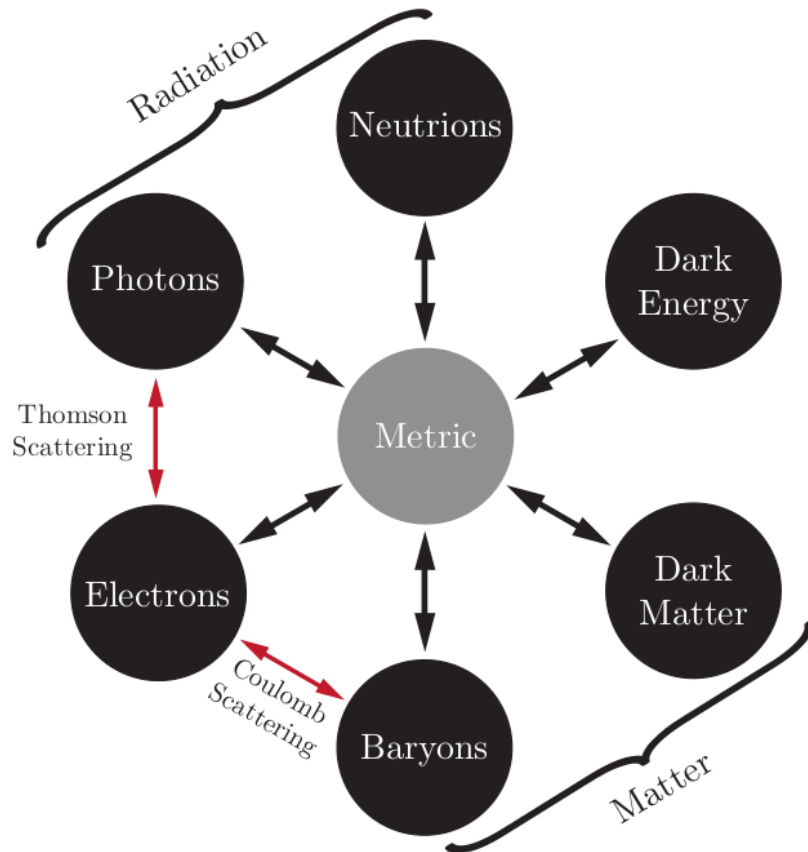
→ in total only 6 parameters

Boltzmann equations

photon distribution:

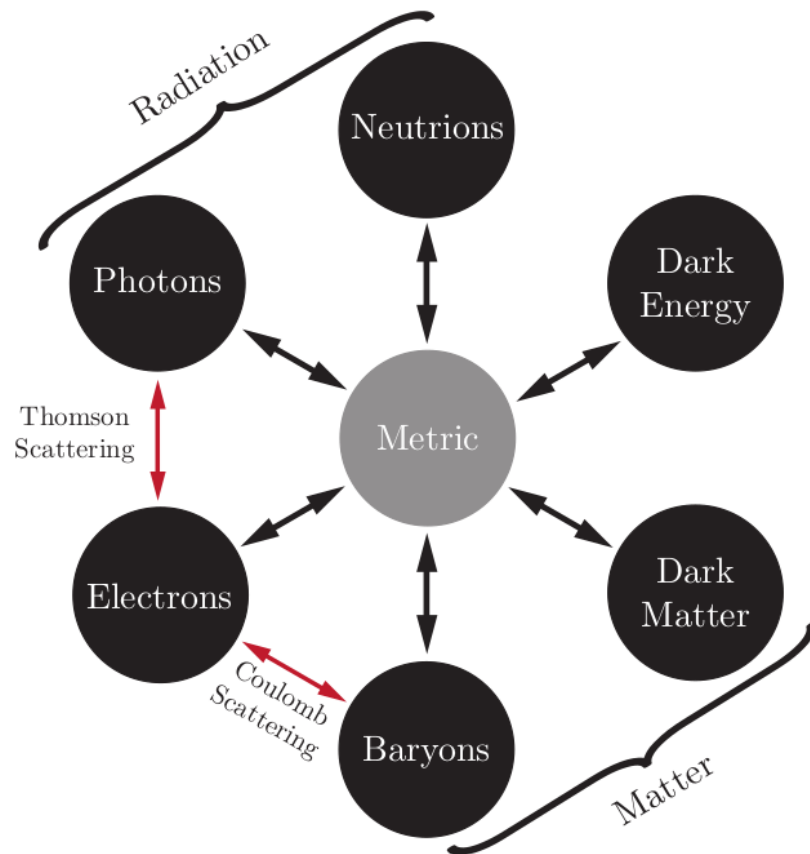
$$f(\eta, \vec{x}, \vec{p}) = \left[\exp \left(\frac{p}{\bar{T}(\eta)(1 + \Theta(\eta, \vec{x}, \hat{p}))} \right) - 1 \right]^{-1}$$

$\delta T / \bar{T}$



see e.g. lecture notes Daniel Baumann, Advanced Cosmology

Boltzmann equations



see e.g. lecture notes Daniel Baumann, Advanced Cosmology

photon distribution:

$$f(\eta, \vec{x}, \vec{p}) = \left[\exp \left(\frac{p}{\bar{T}(\eta)(1 + \Theta(\eta, \vec{x}, \hat{p}))} \right) - 1 \right]^{-1}$$

$\delta T / \bar{T}$

$$\Theta' + \hat{p} \vec{\nabla} \Theta - \Phi' + \hat{p} \vec{\nabla} \psi = -\Gamma$$

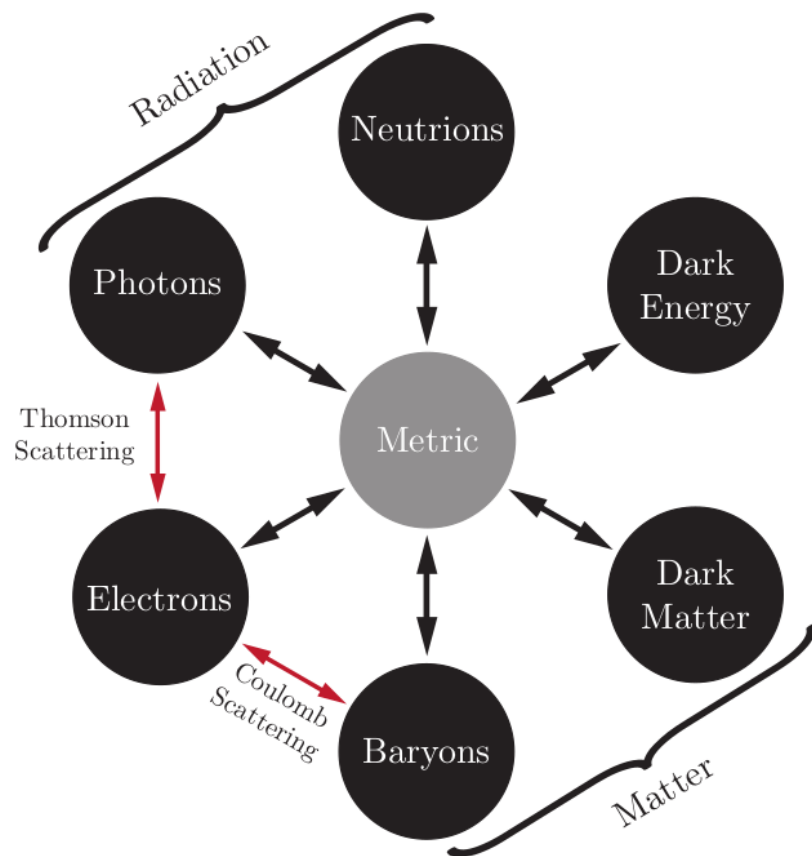
$$d\Theta/d\eta$$

dilation
gravity

potential wells

Thomson scattering

Boltzmann equations



see e.g. lecture notes Daniel Baumann, Advanced Cosmology

photon distribution:

$$f(\eta, \vec{x}, \vec{p}) = \left[\exp \left(\frac{p}{\bar{T}(\eta)(1 + \Theta(\eta, \vec{x}, \hat{p}))} \right) - 1 \right]^{-1}$$

$\delta T / \bar{T}$

$$\Theta' + \hat{p} \vec{\nabla} \Theta - \Phi' + \hat{p} \vec{\nabla} \psi = -\Gamma$$

$d\Theta/d\eta$ dilation potential wells Thomson scattering
gravity

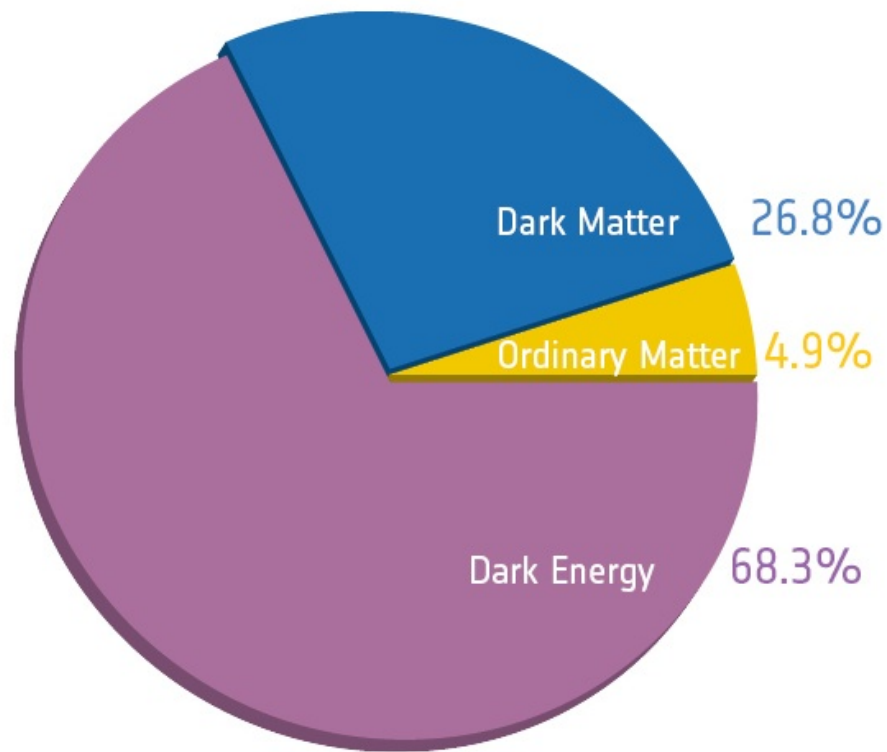
$$\frac{\delta T}{\bar{T}}(\hat{n}, \eta_0) = \Theta(\eta_0, \vec{x}_0, -\hat{p})$$

$$= (\Theta + \Psi)_{\text{dec}} + \hat{n} \vec{v}_{b, \text{dec}} + \int_{\eta_{\text{dec}}}^{\eta_0} d\eta (\Phi' + \Psi')$$

Sachs-Wolfe (SW) Doppler integrated SW

+ Einstein's equations for metric perturbations

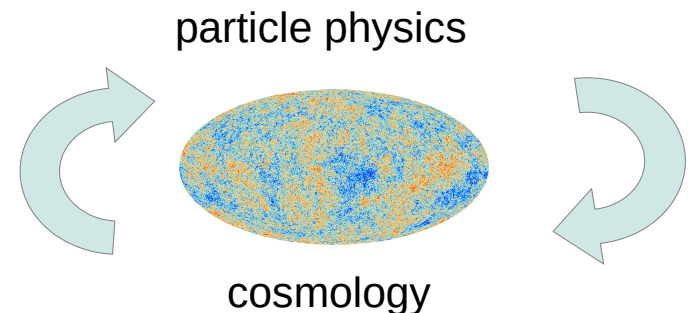
standard model of cosmology (Λ CDM)



no direct detection yet,
many properties unknown

we kind of understand

we really don't understand

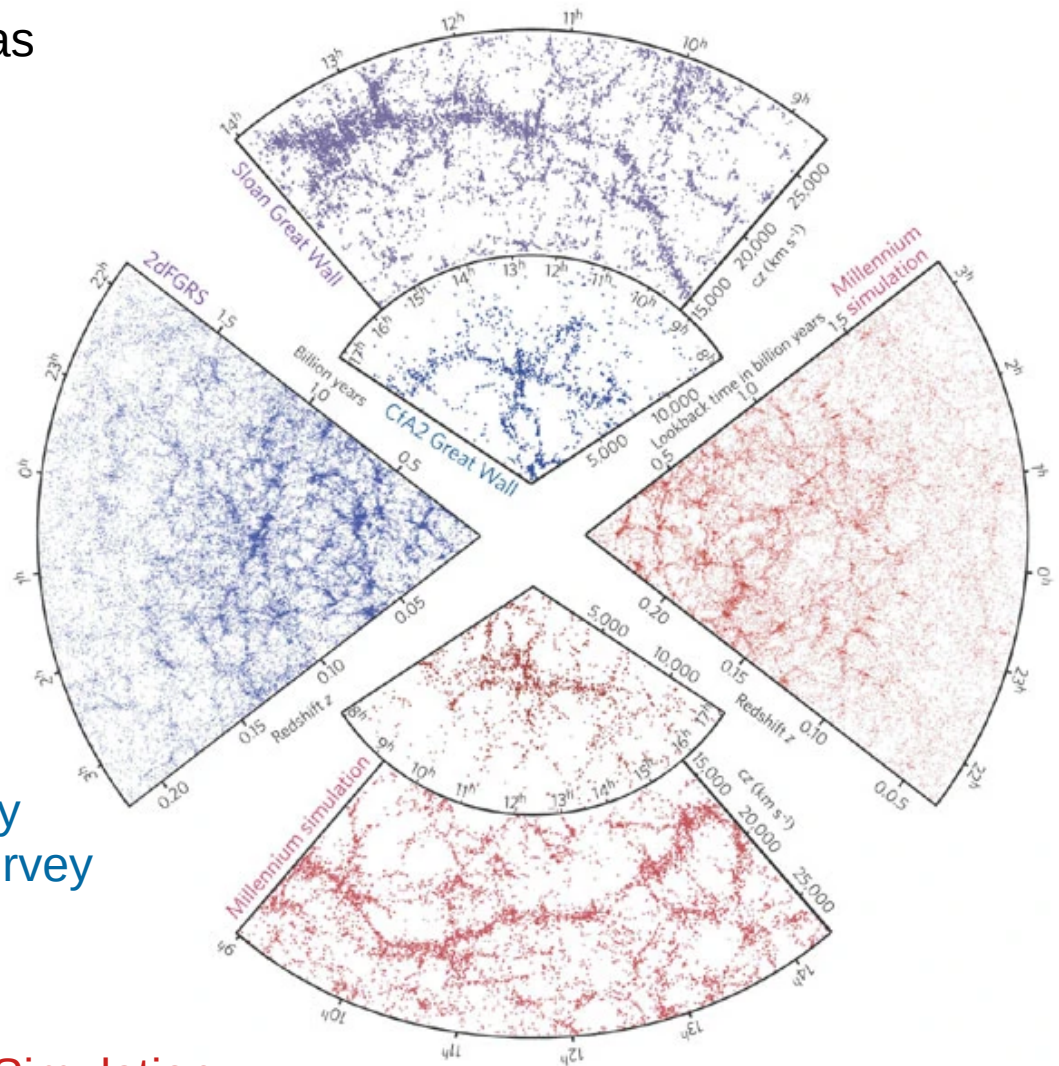


Large Scale Structure

- anisotropies in primordial plasma act as seeds for gravitational collapse
- formations of stars, galaxies and filaments
- statistical properties of CMB anisotropies → galaxy distribution

Sloan Digital Sky Survey
2dF Galaxy Redshift Survey

Millenium Simulation



Big Bang Nucleosynthesis (BBN)

(formation of light elements)

BBN – deuterium formation

a) neutron freeze-out

b) deuterium formation

BBN – deuterium formation

a) neutron freeze-out

$$T \gg \text{MeV} : n \bar{\nu}_e \leftrightarrow p e^- , \dots \text{ w. rate } \lambda_{p \rightarrow n} = \lambda_{n \rightarrow p} e^{-\Delta m / T}$$

$\uparrow m_n - m_p = 1.293 \text{ MeV}$

$$X_n \equiv \frac{n_n}{n_n + n_p} , \quad \dot{X}_n = \lambda_{p \rightarrow n} (1 - X_n) - \lambda_{n \rightarrow p} X_n$$
$$\dot{X}_n = 0 \rightarrow X_n^{\text{eq}} = (1 + e^{\Delta m / T})^{-1}$$

b) deuterium formation

BBN – deuterium formation

a) neutron freeze-out

$T \gg \text{MeV} : n \bar{\nu}_e \leftrightarrow p e^- , \dots$ w. rate $\lambda_{p \rightarrow n} = \lambda_{n \rightarrow p} e^{-\Delta m / T}$ $\uparrow m_n - m_p = 1.293 \text{ MeV}$

$X_n \equiv \frac{n_n}{n_n + n_p} , \quad \dot{X}_n = \lambda_{p \rightarrow n} (1 - X_n) - \lambda_{n \rightarrow p} X_n$

$\dot{X}_n = 0 \rightarrow X_n^{\text{eq}} = (1 + e^{\Delta m / T})^{-1}$ luckily $O(1)$!

$\lambda_{n \rightarrow p}, \lambda_{p \rightarrow n} \sim H \} \rightarrow n \text{ decoupling} \rightarrow X_n(t_{\text{dec}}) = X_n^{\text{eq}}(t_{\text{dec}}) = \frac{1}{1 + e^{\frac{\Delta m}{T_{\text{dec}}}}} \quad (\simeq 0.15)$

at $T_{\text{dec}} \sim \text{MeV}$
 (weak force vs. gravity)

b) deuterium formation

BBN – deuterium formation

a) neutron freeze-out

$$T \gg \text{MeV} : n \bar{\nu}_e \leftrightarrow p e^- , \dots \text{ w. rate } \lambda_{p \rightarrow n} = \lambda_{n \rightarrow p} e^{-\Delta m / T} \quad \uparrow m_n - m_p = 1.293 \text{ MeV}$$

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$$\lambda_{n \rightarrow p}, \lambda_{p \rightarrow n} \sim H \left. \begin{array}{l} \rightarrow n \text{ decoupling} \\ \text{at } T_{\text{dec}} \sim \text{MeV} \\ (\text{weak force vs. gravity}) \end{array} \right\} \rightarrow X_n(t_{\text{dec}}) = X_n^{\text{eq}}(t_{\text{dec}}) = \frac{1}{1 + e^{\Delta m / T_{\text{dec}}}} \quad (\simeq 0.15)$$

b) deuterium formation

$$n p \leftrightarrow \text{D } \gamma \quad (\text{in eq. until } 10^{-3} \text{ eV})$$

$$\text{in eq: } X_D = X_n X_p \frac{24}{\sqrt{\pi}} \left(\frac{T}{m_p} \right)^{3/2} \eta e^{\Delta_D / T} \quad \Delta_D = m_p + m_n - m_D = 2.23 \text{ MeV}$$

$$\uparrow \eta = \frac{n_B}{n_\gamma} \sim 10^{-10}$$

deuterium bottle-neck

BBN – deuterium formation

a) neutron freeze-out

$$T \gg \text{MeV} : n \bar{\nu}_e \leftrightarrow p e^- , \dots \text{ w. rate } \lambda_{p \rightarrow n} = \lambda_{n \rightarrow p} e^{-\Delta m / T} \quad \uparrow_{m_n - m_p = 1.293 \text{ MeV}}$$

$$X_n \equiv \frac{n_n}{n_n + n_p} , \quad \dot{X}_n = \lambda_{p \rightarrow n} (1 - X_n) - \lambda_{n \rightarrow p} X_n$$

$$\dot{X}_n = 0 \rightarrow X_n^{\text{eq}} = (1 + e^{\Delta m / T})^{-1}$$

luckily $O(1)$!

$$\lambda_{n \rightarrow p}, \lambda_{p \rightarrow n} \sim H \left. \begin{array}{l} \text{at } T_{\text{dec}} \sim \text{MeV} \\ \text{(weak force vs. gravity)} \end{array} \right\} \rightarrow n \text{ decoupling} \rightarrow X_n(t_{\text{dec}}) = X_n^{\text{eq}}(t_{\text{dec}}) = \frac{1}{1 + e^{\Delta m / T_{\text{dec}}}} \quad (\simeq 0.15)$$

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$$\hookrightarrow \frac{X_D}{X_n X_p} \sim 1 \quad \text{at} \quad T_{\text{BBN}} \sim \frac{\Delta_D}{33} = 0.068 \text{ MeV} \quad \uparrow \eta = \frac{n_B}{n_\gamma} \sim 10^{-10}$$

$$(\simeq t = 3 \text{ min})$$

deuterium bottle-neck

BBN – light element abundances

c) light element abundances

• $p + D \rightarrow {}^3\text{He} + \gamma, \dots$; $D + T \rightarrow {}^4\text{He} + n, \dots$

• no stable $A=5$ nuclei

→ all D converted to ${}^4\text{He}$

$$\Rightarrow Y_p({}^4\text{He}) = 2 X_n(t_{\text{BBN}}) = X_n(t_{\text{dec}}) \cdot e^{-t_{\text{BBN}}/\tau_n} \simeq 0.24$$

neutron
decay
 $\tau_n \simeq 15 \text{ min}$

BBN – light element abundances

c) light element abundances

• $p D \rightarrow {}^3\text{He} \gamma, \dots$; $D T \rightarrow {}^4\text{He} n, \dots$

• no stable $A=5$ nuclei

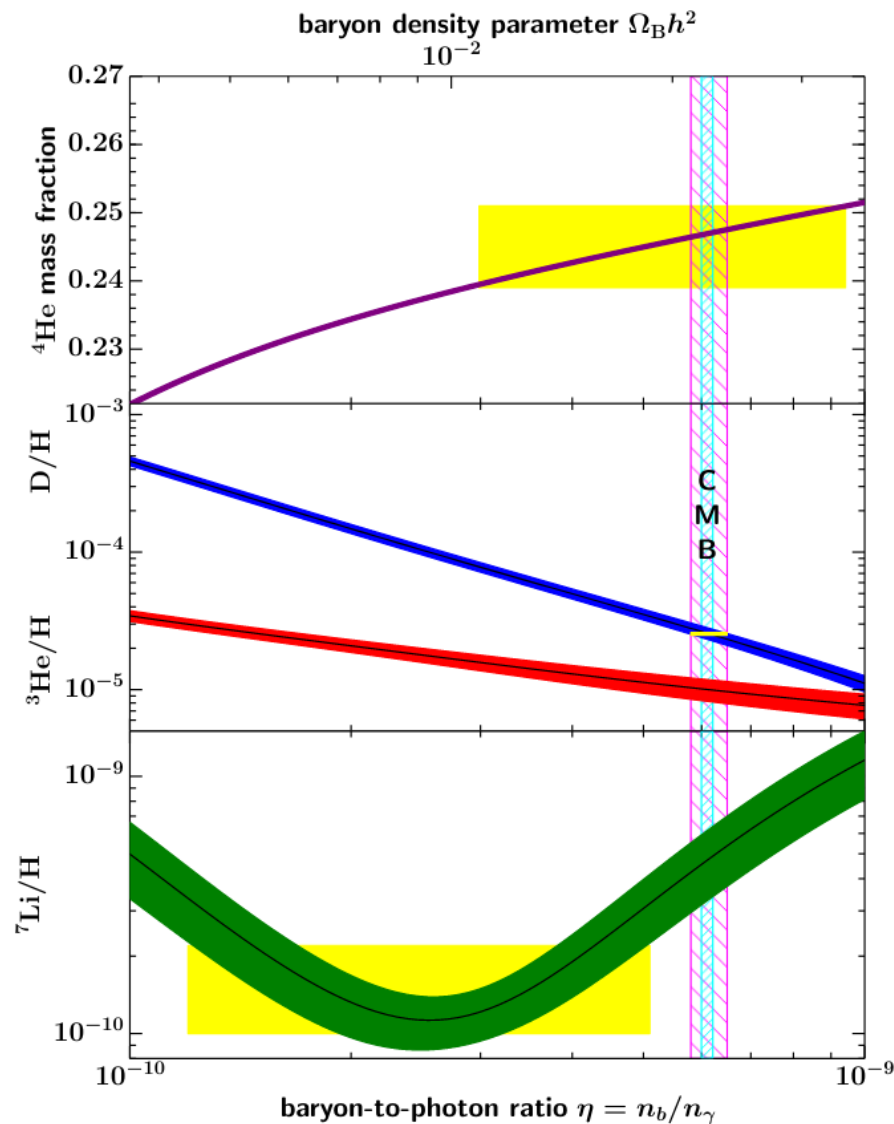
→ all D converted to ${}^4\text{He}$

$$\rightarrow Y_p({}^4\text{He}) = 2 X_n(t_{\text{BBN}}) = X_n(t_{\text{dec}}) \cdot e^{-t_{\text{BBN}}/\tau_n} \approx 0.24$$

neutron
decay
 $\tau_n \approx 15 \text{ min}$

- small η delays ${}^4\text{He}$ formation (due to D photo dissociation)
- fraction of n is lost to n -decay
- ${}^4\text{He}$ abundance as measure of baryon-to-photon ratio η
(similar for ${}^3\text{He}$, D , ${}^7\text{Li}$)

BBN – theory vs observation



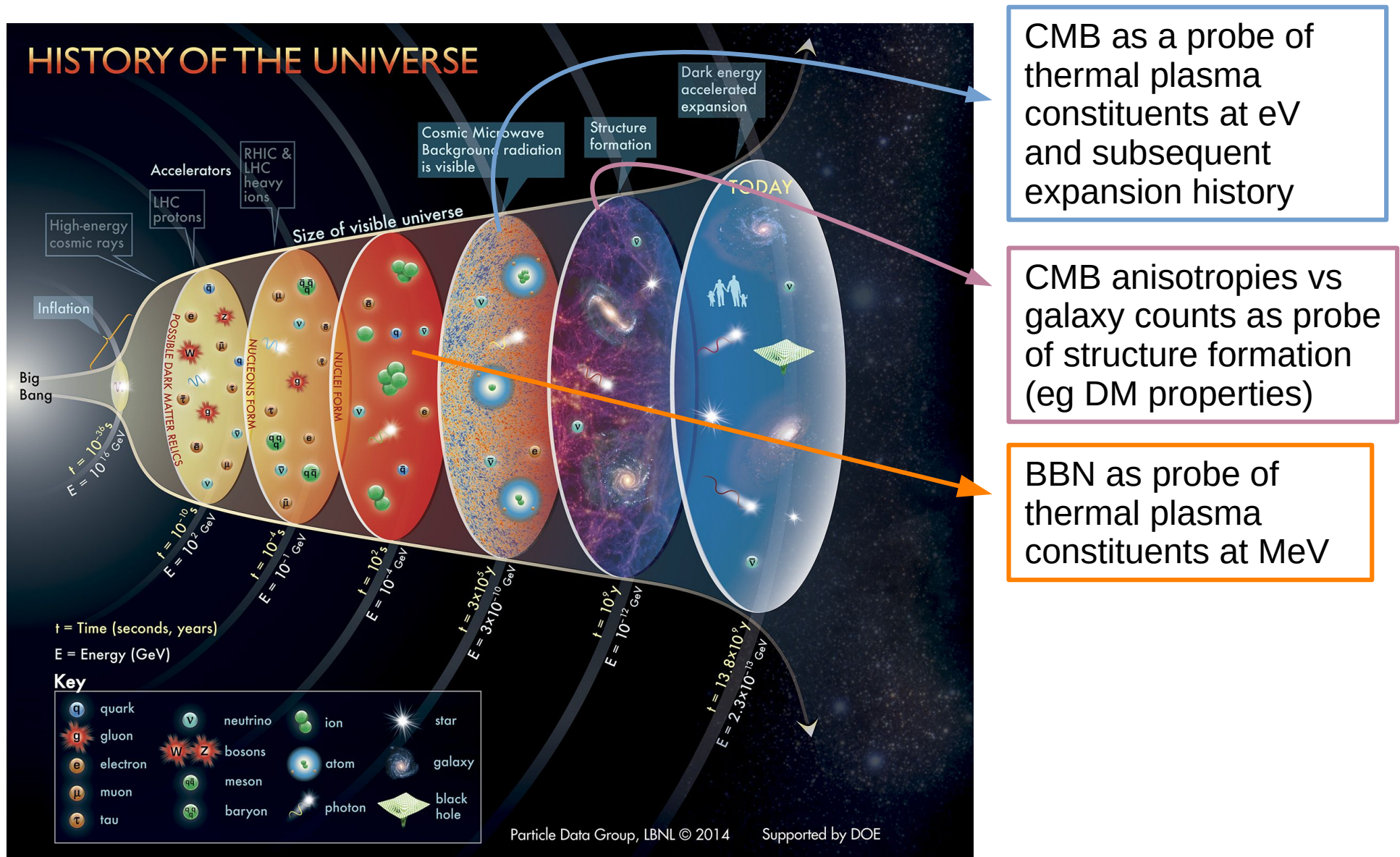
observed abundances

colored bands: BBN predictions

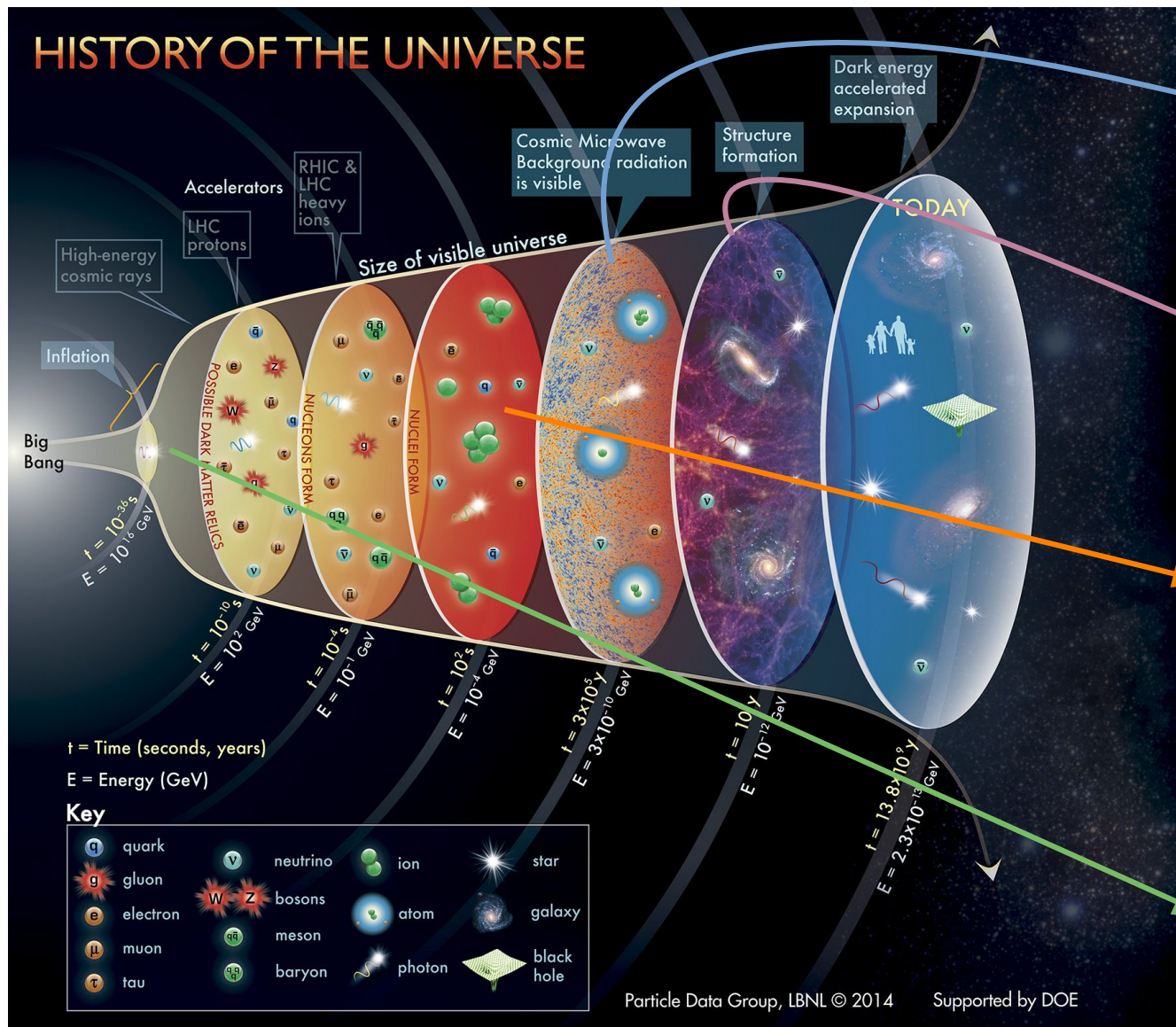
- measurement of baryon asymmetry
- consistency check of ΛCDM

Fig. from PDG

snapshots of our universe



snapshots of our universe



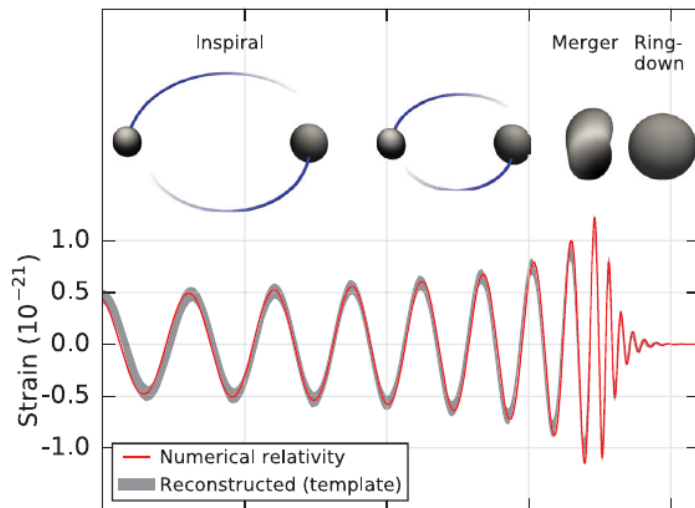
CMB as a probe of thermal plasma constituents at eV and subsequent expansion history

CMB anisotropies vs galaxy counts as probe of structure formation (eg DM properties)

BBN as probe of thermal plasma constituents at MeV

gravitational waves as new window to the very early universe

gravitational waves

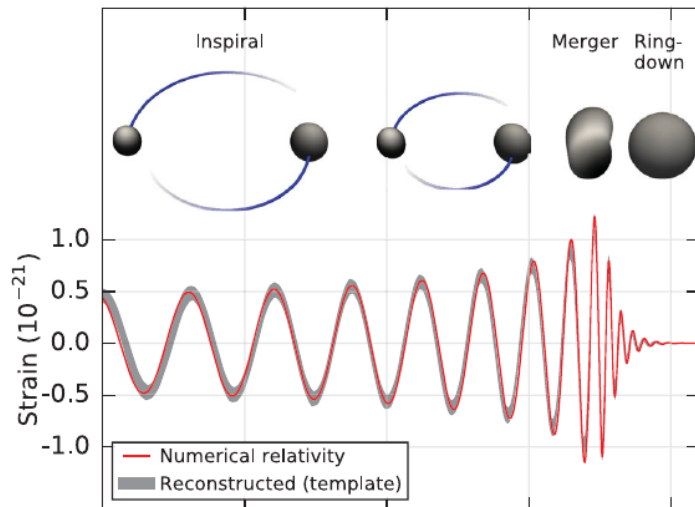


LIGO Livingston, USA



2015: first direct observation of GWs,
collision of two black holes a billion
years ago

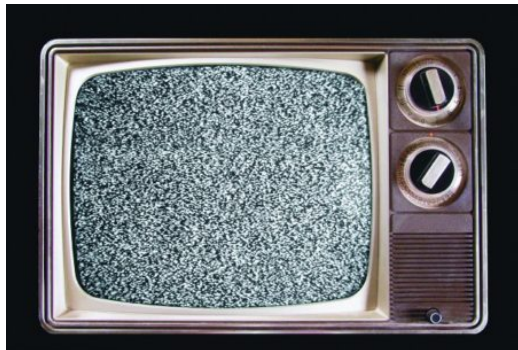
gravitational waves



LIGO Livingston, USA

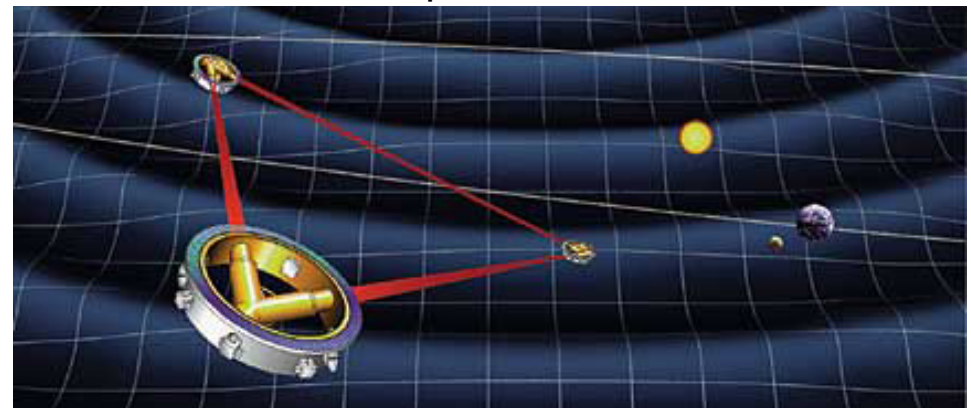


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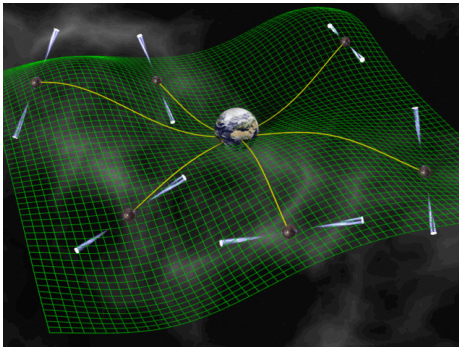
next challenge:
stochastic gravitational
wave background

planned ESA Mission LISA

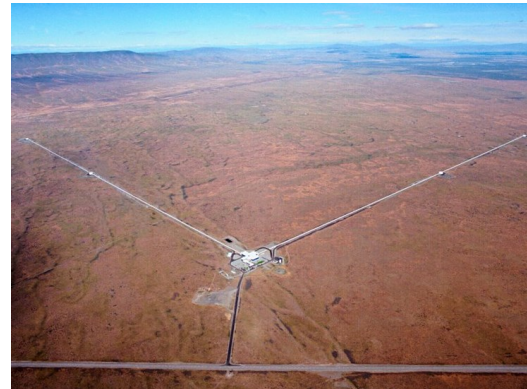


Hunting for gravitational waves

pulsar timing arrays



interferometers



LIGO

nHz

mHz

kHz

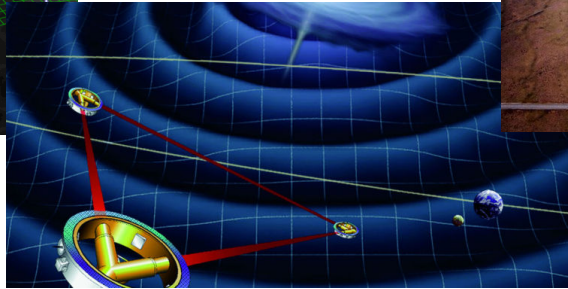
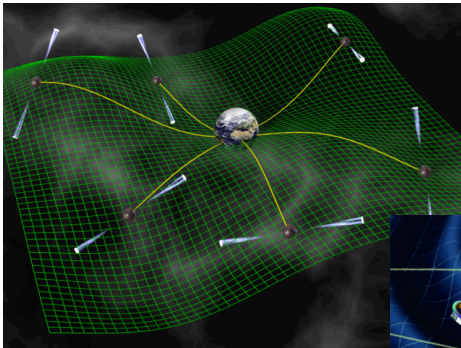
frequency

mass (merging compact objects)
time (cosmological events)

Hunting for gravitational waves

pulsar timing arrays

interferometers



LIGO

LISA

nHz

mHz

kHz

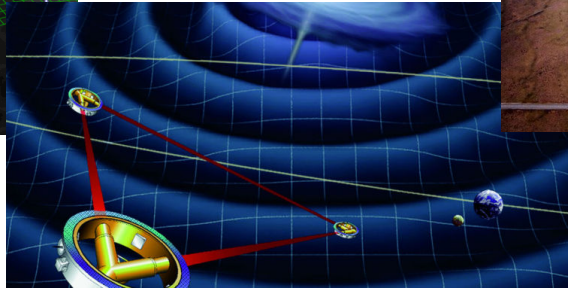
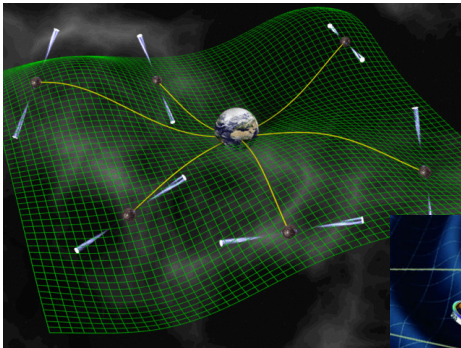
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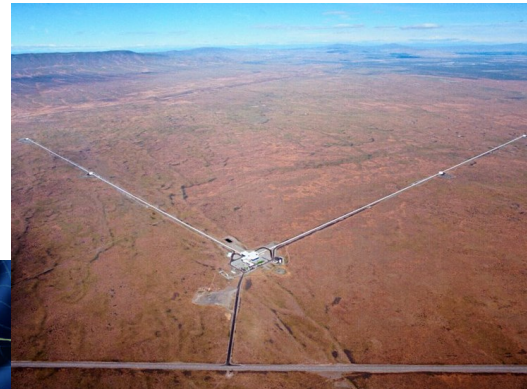
Hunting for gravitational waves

pulsar timing arrays

interferometers



LISA



LIGO

?

nHz

mHz

kHz

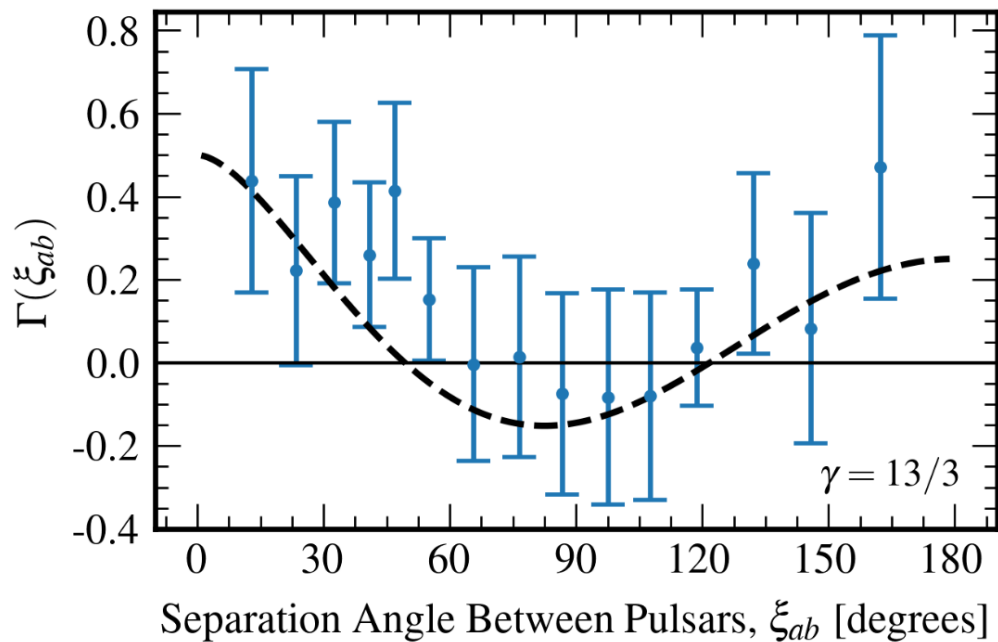
frequency

mass (merging compact objects)
time (cosmological events)

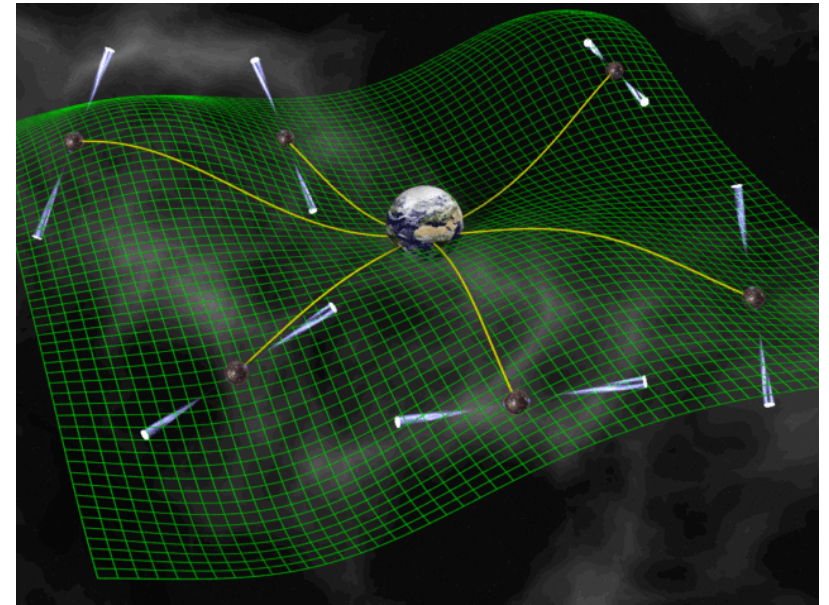
PTAs: A first glimpse of a SGWB?

Pulsar timing arrays, June 2023

Significant evidence for nHz GW signal,
consistent with SGWB



NANOGrav collaboration `23



SMBHBs or new physics?

more data & analyses coming!

conclusions and outlook

Early Universe = HEP lab

provides evidence for physics beyond the Standard Model:

dark matter ?

origin of the matter antimatter asymmetry ?

vacuum energy ?

cosmic inflation ?

➔ laboratory experiments and astrophysical observations needed !