

Shadow matter in the cosmos



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Based on work with David Kaplan and Surjeet Rajendran, 2305.01798, and to appear

Classical physics asserts

Maxwell

$$\partial_{\mu} F^{\mu\nu} = J^{\nu}$$

Einstein

$$G^{\mu\nu} = T^{\mu\nu}$$

Quantum physics described by Schrodinger equation

$$i \frac{\partial}{\partial t} |\psi\rangle = H |\psi\rangle$$

From this equation classical physics follows...

Quantum physics described by Schrodinger equation

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From this equation classical physics follows...

$$\partial_t \langle \hat{\phi} \rangle = i \langle [\hat{H}, \hat{\phi}] \rangle = \left\langle \frac{\partial \hat{H}}{\partial \hat{\pi}} \right\rangle$$
$$\partial_t \langle \hat{\pi} \rangle = i \langle [\hat{H}, \hat{\pi}] \rangle = - \left\langle \frac{\partial \hat{H}}{\partial \hat{\phi}} \right\rangle$$

..in expectation value

A subtlety for gauge theories

$$\left\langle \frac{\delta S}{\delta \phi} \right\rangle = \left\langle \frac{\delta \mathcal{L}}{\delta \phi} - \partial_\mu \frac{\delta \mathcal{L}}{\delta (\partial_\mu \phi)} \right\rangle = 0$$

Fewer d.o.f. than fields

- 1. Fewer 2nd order equations for evolution**
- 2. Additional constraint equations on the dof**

Compare

$$\partial_{\mu} F^{\mu\nu} = J^{\nu}$$

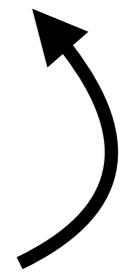
$$i \frac{\partial}{\partial t} |\psi\rangle = H_{EM} |\psi\rangle$$

$$G^{\mu\nu} = T^{\mu\nu}$$

$$i \frac{\partial}{\partial t} |\psi\rangle = H_{GR} |\psi\rangle$$

**Both dynamics and
Constraints:**

Dynamics only



$$\partial_{\mu} F^{\mu 0} = J^0$$

& Initial conditions

$$G^{0\mu} = T^{0\mu}$$

$$|\psi(0)\rangle$$

Compare

$$\partial_{\mu} F^{\mu\nu} = J^{\nu}$$

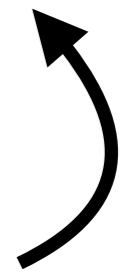
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**Both dynamics and
Constraints:**

Dynamics only



Gauss' law $\nabla \cdot \mathbf{E} = \rho_{ch}$

& Initial conditions

**e.g. First
Friedman** $\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3} \rho$

$$|\psi(0)\rangle$$

What do we believe?

$$G^{\mu\nu} = T^{\mu\nu}$$

$$i\frac{\partial}{\partial t}|\psi\rangle = H_{GR}|\psi\rangle$$

**Full set of
classical
equations**

**Schrodinger
equation**

Initial conditions $|\psi(0)\rangle$

What do we believe?

$$G^{\mu\nu} = T^{\mu\nu}$$

$$i\frac{\partial}{\partial t}|\psi\rangle = H_{GR}|\psi\rangle$$

**Full set of
classical
equations**

**Schrodinger
equation**

Most fundamental

Initial conditions $|\psi(0)\rangle$

Why should they be just so?



Summary of the talk

**Quantum mechanics only guarantees
that, in the classical limit**

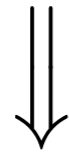
$$\partial_t (\nabla \cdot \mathbf{E} - \rho_{ch}) = 0$$

$$\nabla_\mu (\sqrt{-g} (G^{\mu 0} - T^{\mu 0})) = 0$$

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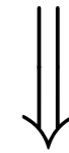
$$\partial_t (\nabla \cdot \mathbf{E} - \rho_{ch}) = 0$$



$$\nabla \cdot \mathbf{E} = \rho_{ch} + \rho_{dark}(\mathbf{x})$$

Dark charge

$$\nabla_\mu (\sqrt{-g} (G^{\mu 0} - T^{\mu 0})) = 0$$



$$G^{\mu\nu} = T^{\mu\nu} + T_{aux}^{\mu\nu}$$

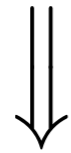
Shadow Matter

$$T_{aux}^{\mu\nu} = \frac{1}{\sqrt{-g}} \begin{pmatrix} \mathbb{H} & \mathbb{P}^1 & \mathbb{P}^2 & \mathbb{P}^3 \\ \mathbb{P}^1 & 0 & 0 & 0 \\ \mathbb{P}^2 & 0 & 0 & 0 \\ \mathbb{P}^3 & 0 & 0 & 0 \end{pmatrix}$$

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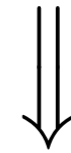
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$$G^{\mu\nu} = T^{\mu\nu} + T_{aux}^{\mu\nu}$$

Shadow Matter

**Not adding any dof to the theory.
Just the choice of quantum state**

$$T_{aux}^{\mu\nu} = \frac{1}{\sqrt{-g}} \begin{pmatrix} \mathbb{H} & \mathbb{P}^1 & \mathbb{P}^2 & \mathbb{P}^3 \\ \mathbb{P}^1 & 0 & 0 & 0 \\ \mathbb{P}^2 & 0 & 0 & 0 \\ \mathbb{P}^3 & 0 & 0 & 0 \end{pmatrix}$$

Familiar from EM

In Weyl gauge $A_0 = 0 \quad \Pi_j = \frac{\partial \mathcal{L}_{EM}}{\partial A_j} = -E_j$

Comm. $[\hat{A}_j(\mathbf{x}), \hat{E}_{j'}(\mathbf{x}')] = -i \delta(\mathbf{x} - \mathbf{x}') \delta_{jj'}$

Ham. $\hat{H}_W = \int d^3\mathbf{x} \left(\frac{1}{2} (\hat{\vec{E}} \cdot \hat{\vec{E}} + \hat{\vec{B}} \cdot \hat{\vec{B}}) + \hat{\vec{J}} \cdot \hat{\vec{A}} + \hat{H}_J \right)$

SE $i \frac{\partial |\Psi\rangle}{\partial t} = \hat{H}_W |\Psi\rangle$

Supplemented with

$$\left(\vec{\nabla} \cdot \hat{\vec{E}} - \hat{J}_0 \right) |\Psi_{EM}\rangle = 0$$

Familiar from EM

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SE

$$i \frac{\partial |\Psi\rangle}{\partial t} = \hat{H}_W |\Psi\rangle$$

Supplemented with

Gauss' law operator commutes with H

$$\left(\vec{\nabla} \cdot \hat{\vec{E}} - \hat{J}_0 \right) |\Psi_{EM}\rangle = 0$$

Familiar from EM

Instead consider

$$\left(\vec{\nabla} \cdot \hat{\vec{E}} - \hat{J}_0 \right) |\Psi_{EM}\rangle = J_0^d(\mathbf{x}) |\Psi_{EM}\rangle$$

This is just like adding a background classical charge density

$$\tilde{\mathcal{L}}_{EM} = -\frac{1}{4} F_{\mu\nu} F^{\mu\nu} + A^\mu J_\mu + A^\mu J_\mu^d + \mathcal{L}_J \quad J_\mu^d = (J_0^d(\mathbf{x}), 0, 0, 0)$$

But, ...

Familiar from EM

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No additional microphysics



Simply a choice of EM quantum state

Minisuperspace

$$g_{\mu\nu} \rightarrow ds^2 = -N(t)^2 dt^2 + a(t)^2 (dx^2 + dy^2 + dz^2)$$

 **00 component of metric, lapse function**

$$S_{ms} = \int dt \sqrt{-g} (M_{pl}^2 R + \mathcal{L}_{matter})$$

$$= \int dt \left(-6M_{pl}^2 \frac{a(t)\dot{a}(t)^2}{N(t)} + \frac{a(t)^3 \dot{\phi}(t)^2}{2N(t)} - N(t)a(t)^3 V(\phi) \right)$$

Minisuperspace

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The equations of motion naively follow

$$\frac{\delta S_{ms}}{\delta N} = a^3 \left(6M_{pl}^2 \frac{\dot{a}^2}{N^2 a^2} - \frac{\dot{\phi}^2}{2N^2} - V(\phi) \right) = 0$$

$$\frac{\delta S_{ms}}{\delta a} = 3Na^2 \left(4M_{pl}^2 \frac{\ddot{a}}{N^2 a} + 2M_{pl}^2 \frac{\dot{a}^2}{N^2 a^2} - 4M_{pl}^2 \frac{\dot{a}\dot{N}}{N^3 a} + \frac{\dot{\phi}^2}{2N^2} - V(\phi) \right) = 0$$

$$\frac{\delta S_{ms}}{\delta \phi} = -\frac{a^3}{N} \left(\ddot{\phi} + 3\frac{\dot{a}}{a}\dot{\phi} - \frac{\dot{N}\dot{\phi}}{N} + N^2 \frac{\partial V(\phi)}{\partial \phi} \right) = 0$$

Minisuperspace

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But this variation is suspect!

$$\frac{\delta S_{ms}}{\delta N} = a^3 \left(6M_{pl}^2 \frac{\dot{a}^2}{N^2 a^2} - \frac{\dot{\phi}^2}{2N^2} - V(\phi) \right) = 0$$

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If $N(t) \rightarrow N(t) + \delta N(t)$

Redefine $dt' = \left(1 + \frac{\delta N}{N}\right) dt$

Then $S_{ms} [N + \delta N, a, \phi] = S_{ms} [N, a, \phi]$

Minisuperspace

$$S_{ms} = \int dt \left(-6M_{pl}^2 \frac{a(t)\dot{a}(t)^2}{N(t)} + \frac{a(t)^3 \dot{\phi}(t)^2}{2N(t)} - N(t)a(t)^3 V(\phi) \right)$$

For the quantum theory

$$\pi_N = \frac{\delta \mathcal{L}}{\delta \dot{N}} = 0 \quad \pi_a = \frac{\delta \mathcal{L}}{\delta \dot{a}} = -12M_{pl}^2 \frac{a\dot{a}}{N} \quad \pi_\phi = \frac{\delta \mathcal{L}}{\delta \dot{\phi}} = \frac{a^3}{N} \dot{\phi}$$

Hamiltonian

$$\begin{aligned} H &= \left[\pi \dot{a} + \pi_\phi \dot{\phi} - \mathcal{L} \right]_{\dot{a}=\dots, \dot{\phi}=\dots} = -\frac{N}{24M_{pl}^2 a} \pi^2 + \frac{N}{2a^3} \pi_\phi^2 + Na^3 V(\phi) \\ &= -N \frac{\delta S_{ms}}{\delta N} \equiv N \tilde{H} \end{aligned}$$

Minisuperspace

Schrodinger equation

$$i\partial_t|\psi\rangle = N(t)\hat{\tilde{H}}|\psi\rangle$$

Just choose N = choice of time coordinate

Only get the ‘a’ hamiltonian eqns in gravitational sector

$$\partial_t\langle\hat{a}\rangle = -i\langle[\hat{\tilde{H}}, \hat{a}]\rangle$$

$$\partial_t\langle\hat{\pi}\rangle = -i\langle[\hat{\tilde{H}}, \hat{\pi}]\rangle$$

Minisuperspace

First Friedman $\langle \hat{\tilde{H}} \rangle = 0$ **not a consequence of the quantum theory**

QM only guarantees

$$\partial_t \langle \hat{\tilde{H}} \rangle = i \langle [\hat{\tilde{H}}, \hat{\tilde{H}}] \rangle = 0$$

i.e. $\langle \hat{\tilde{H}} \rangle = \mathbb{H}_0$

c.f.
Wheeler-DeWitt

$$\hat{H}|\psi\rangle = 0$$

Minisuperspace

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$$\partial_t \langle \hat{\tilde{H}} \rangle = i \langle [\hat{\tilde{H}}, \hat{\tilde{H}}] \rangle = 0$$

i.e. $\langle \hat{\tilde{H}} \rangle = \mathbb{H}_0$

$$6M_{pl}^2 \frac{\dot{a}^2}{a^2} - \frac{\dot{\phi}^2}{2} - V(\phi) = \frac{\mathbb{H}_0}{a^3}$$

Could be zero, but generally contributes like dark matter

General(er) relativity

$$S = \int d^4x \sqrt{-g} (M_{pl}^2 R + \mathcal{L}_{matter})$$

The equations of motion naively follow

$$\frac{\delta S}{\delta g_{\mu\nu}} = \sqrt{-g} (M_{pl}^2 G^{\mu\nu} - T^{\mu\nu}) = 0$$

For the quantum theory

$$\begin{aligned}\pi^{ij} &\equiv \frac{\delta L_{grav}}{\delta g_{ij,0}} \\ \pi^i &\equiv \frac{\delta L_{grav}}{\delta g_{0i,0}} = 0 \\ \pi &\equiv \frac{\delta L_{grav}}{\delta g_{00,0}} = 0\end{aligned}$$

General(er) relativity

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$$\pi \equiv \frac{\delta L_{grav}}{\delta g_{00,0}} = 0$$

The corresponding variations are suspect!

'Gauge fix'

$$g_{00} = -1 \quad g_{0i} = 0$$

General(er) relativity

$$S = \int d^4x \sqrt{-g} (M_{pl}^2 R + \mathcal{L}_{matter})$$

The equations of motion that actually follow from the quantum theory

$$G^{00} = 8\pi G_N T^{00} + 8\pi G_N \frac{\mathbb{H}}{\sqrt{-g}}$$

$$G^{0i} = 8\pi G_N T^{0i} + 8\pi G_N \frac{\mathbb{P}^i}{\sqrt{-g}}$$

$$G^{ij} = 8\pi G_N T^{ij}$$

An auxiliary ‘shadow matter’ tensor

$$T_{\text{aux}}^{\mu\nu} = \frac{1}{\sqrt{-g}} \begin{pmatrix} \mathbb{H} & \mathbb{P}^1 & \mathbb{P}^2 & \mathbb{P}^3 \\ \mathbb{P}^1 & 0 & 0 & 0 \\ \mathbb{P}^2 & 0 & 0 & 0 \\ \mathbb{P}^3 & 0 & 0 & 0 \end{pmatrix} \implies \begin{aligned} 0 &= \nabla_{\mu} T_{\text{aux}}^{\mu\nu} \\ \partial_0 \mathbb{H} &= -\partial_i \mathbb{P}^i \\ \partial_0 (\gamma_{ij} \mathbb{P}^j) &= 0 \end{aligned}$$

Shadow matter in the cosmos

$$ds^2 = -dt^2 + a(t)^2 (\delta_{ij} + h_{ij}) dx^i dx^j$$

$$h_{ij} = h\delta_{ij} + D_{ij}\eta + (\partial_i w_j + \partial_j w_i) + s_{ij}$$

$$\tilde{D}_{ij} = \hat{k}_i \hat{k}_j - \delta_{ij}/3.$$

Linear perturbation theory of scalars

(And working with background $a \sim t^{2/3}$)

$$1. \quad G_j^i = 0 \quad \Longrightarrow \quad \begin{aligned} & \ddot{h} + 3\frac{\dot{a}}{a}\dot{h} - 2\frac{k^2}{a^2}\tilde{\eta} = 0 \\ & \ddot{h} + 3\frac{\dot{a}}{a}\dot{h} + 6\left(\ddot{\tilde{\eta}} + 3\frac{\dot{a}}{a}\dot{\tilde{\eta}}\right) - 2\frac{k^2}{a^2}\tilde{\eta} = 0 \end{aligned}$$

$$\tilde{\eta} \propto \text{const}$$

$$\tilde{h} \propto a$$

Shadow matter in the cosmos

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Linear perturbation theory of scalars

2. $\mathbb{H} \equiv \mathbb{H}_0 + \delta\mathbb{H} \quad \mathbb{P}^i$

In pert theory

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G_N \frac{\mathbb{H}_0}{a^3}$$

Zeroth order

$$\frac{\dot{a}}{a} \dot{\tilde{h}} - 2\frac{k^2}{a^2} \tilde{\eta} = 8\pi G_N \frac{1}{a^3} \left[-\frac{1}{2} \tilde{h} \mathbb{H}_0 + \delta\mathbb{H} \right]$$

$$-2i\frac{k}{a^2} \dot{\tilde{\eta}} = 8\pi G_N \frac{\mathbb{P}_{\parallel}}{a^3}.$$

First order

Shadow matter in the cosmos

$$ds^2 = -dt^2 + a(t)^2(\delta_{ij} + h_{ij})dx^i dx^j$$

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Linear perturbation theory of scalars

2. $\mathbb{H} \equiv \mathbb{H}_0 + \delta\mathbb{H}$ \mathbb{P}^i **In pert theory**

$$\delta\mathbb{H} \propto \text{const} + 1/a^{1/2} \quad \mathbb{P}^i \propto 1/a^2$$

Consistent with

$$\begin{aligned} \partial_0 \delta\mathbb{H} &= -ik\mathbb{P}_{\parallel} \\ \partial_0 (a^2 \mathbb{P}_{\parallel}) &= 0 \end{aligned}$$

To summarise

Classical physics is a limit of quantum mechanics

Certain classical equations are not guaranteed by the quantum theory

One should consider a broader class of states in GR

Some observations to conclude with



Shadow matter sources linear growth in curvature perturbations, like dark matter



Could have either sign, trivial violation of NEC



Detailed study of cosmological evolution under way, and the nonlinear regime.



Inflation dynamically drives to conventional GR

Thanks for listening!

