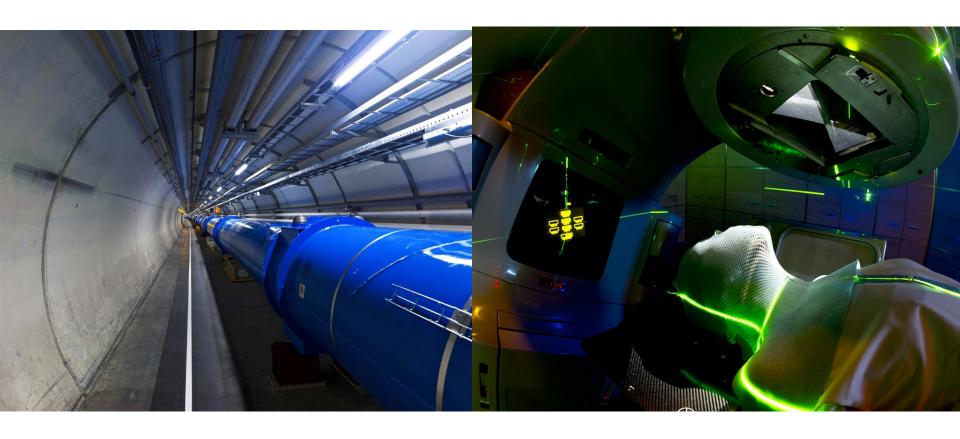
From Physics to Medical Applications



Manjit Dosanjh

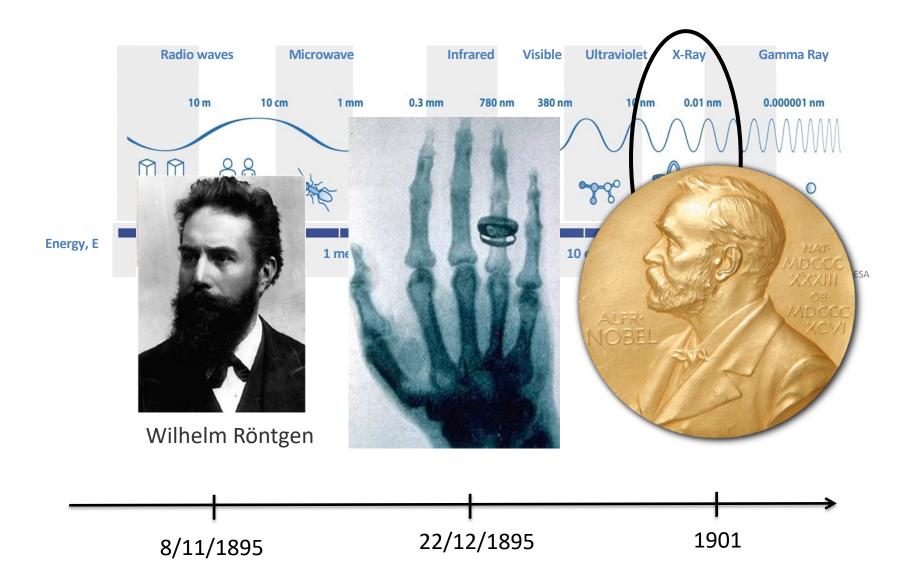
Manjit.Dosanjh@cern.ch

UK Teacher Programme, 07.12. 2023





Modern medical physics.....beginnings

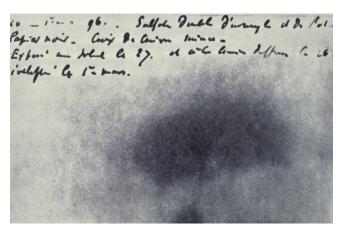




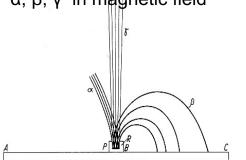
.....beginnings

Henri Becquerel

1896: Discovery of natural radioactivity

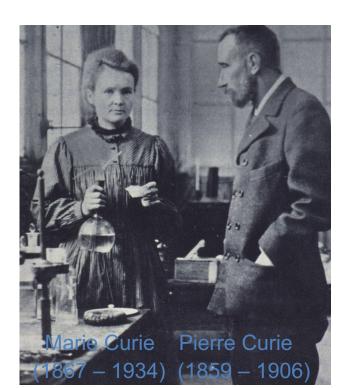


Thesis of Mme. Curie – 1904 α , β , γ in magnetic field



1898: Discovery of radium

used immediately for "Brachytherapy"



First radiobiology experiment



Pierre Curie and Henri Becquerel

Use of Radioactivity for everything....



Par Cinémagazine, 14 février 1935 https://gallica.bnf.fr/ark:/12148/bpt6k2000628h, CC BY-SA 4.0, https://commons.wikimedia.org/w/index.php?curid=97956453



Par Radior cosmetics — sitead New York Tribune Magazine, page 12, Domaine public,

https://commons.wikimedia.org/w/index.php?curid=35047170

RADITHOR

REG. U.S. PAT. OFF.

REG. U.S. PAT. OFF.

Redioactive Water

Contains

Contains

Triple Distilled Water

X-RAY

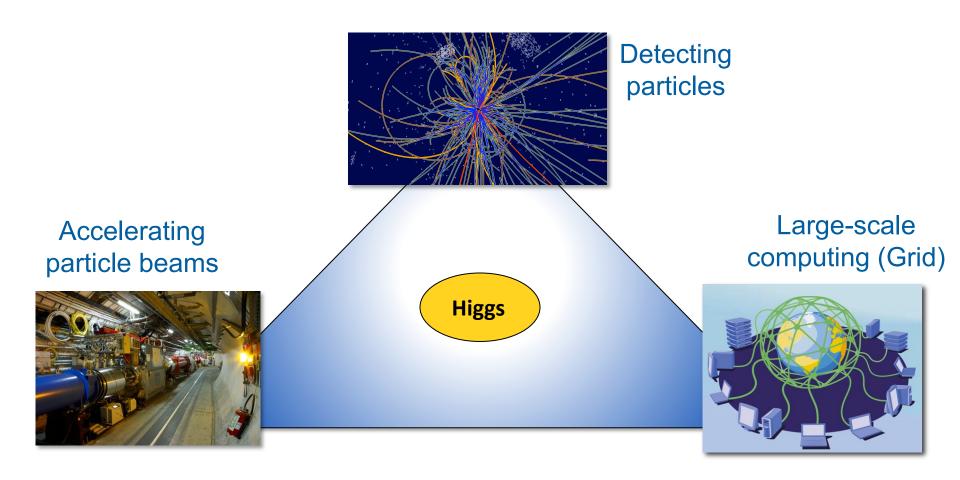
Par Sam LaRussa from United States of America — Radithor, CC BY-SA 2.0, https://commons.wikimedia.org/w/index.php?curid=578 41049





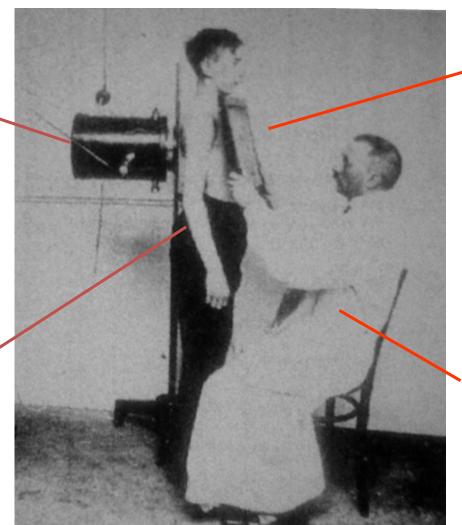
https://www.smh.com.au/national/nsw/from-the-archives-1956-ban-urged-of-x-ray-machines-at-shoe-shops-20210318-p57c1m.html

CERN and Physics Technologies

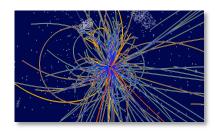




X-ray source



Object



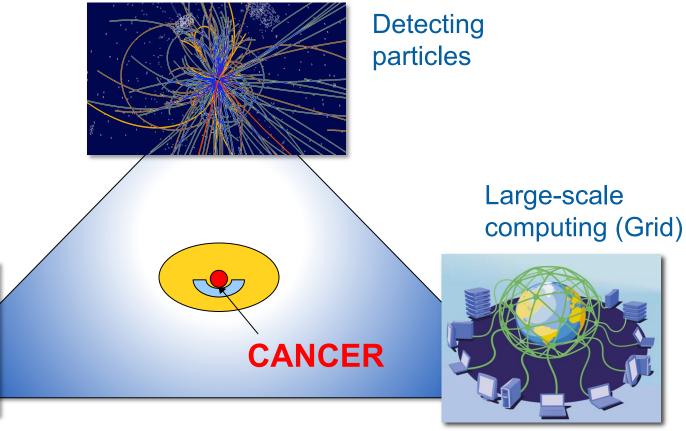
Detector



Pattern Recognition System

Manjit Dosanjh, 07.12.2023

Physics Technologies helping health

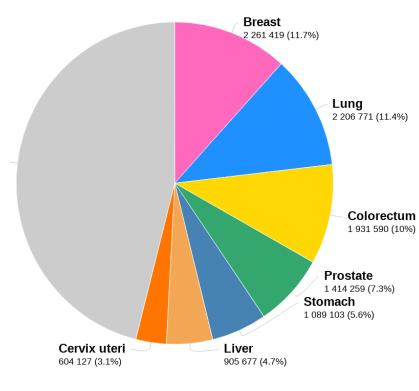


Accelerating particle beams



Cancer is a growing global challenge

- Globally 19.3 million new cases per year diagnosed and 9.96 million deaths in 2020
- This will increase to 27.5 million new cases per year and 16.3 million deaths by 2040
- 70% of these deaths will occur in low-and-middle-income countries (LMICs)



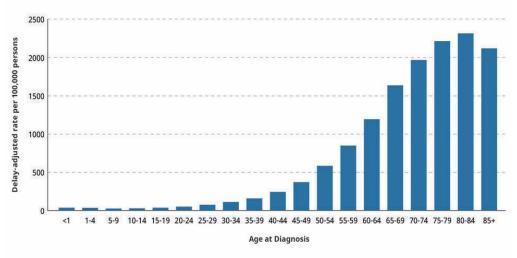
Total: 19 292 789

Data source: GLOBOSCAN 2020

Radiation therapy is a key tool for treatment for about 50% patients

Cancer is a growing global challenge

- 2020 Globally 19.3 million new cases per year diagnosed and 10 million deaths
- By 2040 this will increase to 27.5 million new cases per year and 16.3 million deaths
- 70% of these deaths will occur in low-and-middle-income countries (LMICs)
- Nearly 50-60% of all cancers can benefit from RT for cure or palliation



- Age is the biggest factor
- More than nine out of 10 cancers are diagnosed in people >45 and older.
- Older than 70 make up almost quarter of all new cases
- 1 in 4 cancer deaths are caused by smoking
- 1 in 2 person will get cancer in the UK

What is Cancer?

- Tumour: what is it?
 - Abnormal growth of cells
 - Malignant: uncontrolled, can
 spread → cancer

Surgery
Removal of
cancer cells using
surgery

Radiotherapy
Destruction of
cancer cells using
radiation

Chemotherapy
Destruction of cancer
cells using drugs (anticancer agents)

Cancer Treatment and Improving Outcomes

Ideally one needs to treat:

The tumour

The whole tumour

And nothing **BUT** the tumour

Treatment has two important goals to kill the tumour and protect the surrounding normal tissue. Therefore "seeing" in order to know where and precise "delivery" to make sure it goes where it should are key.

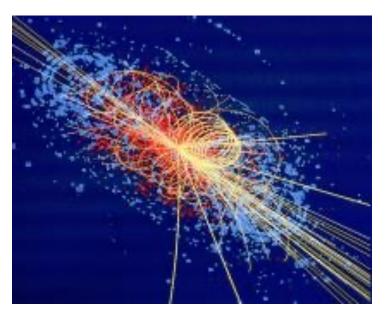
Early Diagnosis

Local Control

Fewer Side-effects

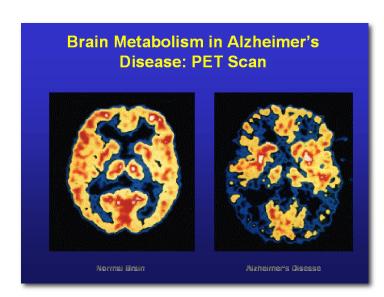
Detectors and art of seeing......

Particle Detection

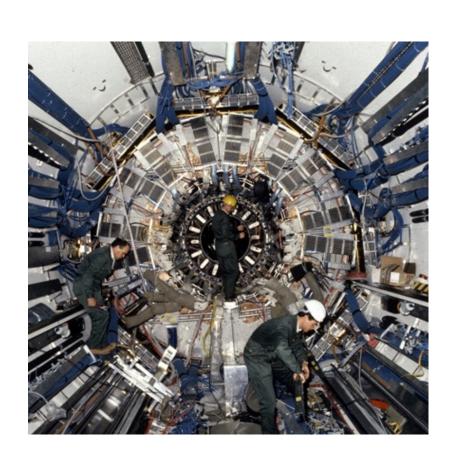


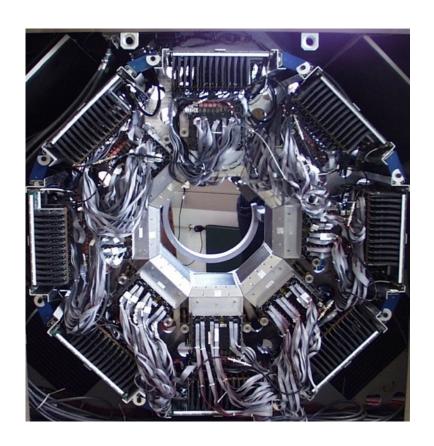
Imaging

X-ray, CT, PET, MRI



The detector challenge





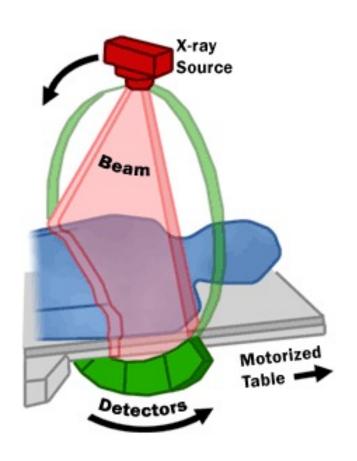
X-ray imaging



First time we could see beneath the skin without cutting open the patient

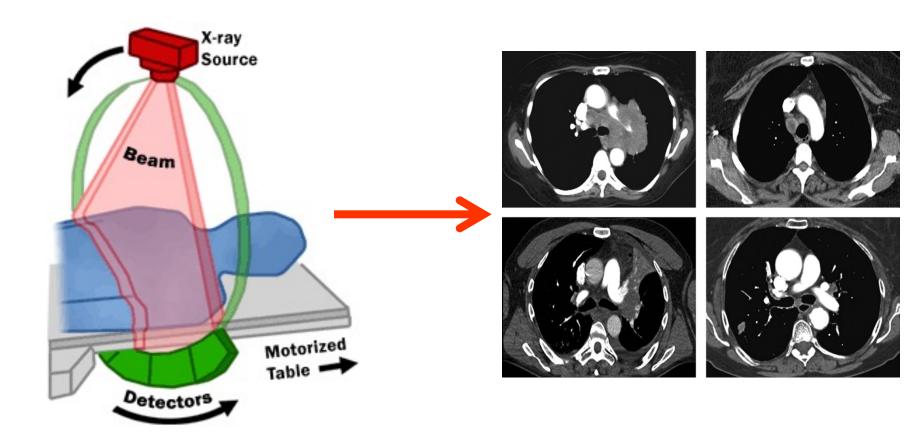
CT – Computed Tomography

3d X-rays imaging





CT – Computed Tomography

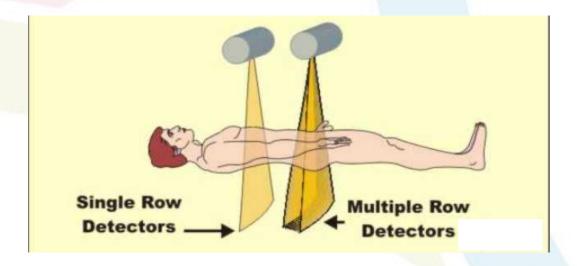


"3D-imaging"

X-ray CT is a key driver of change in medical imaging

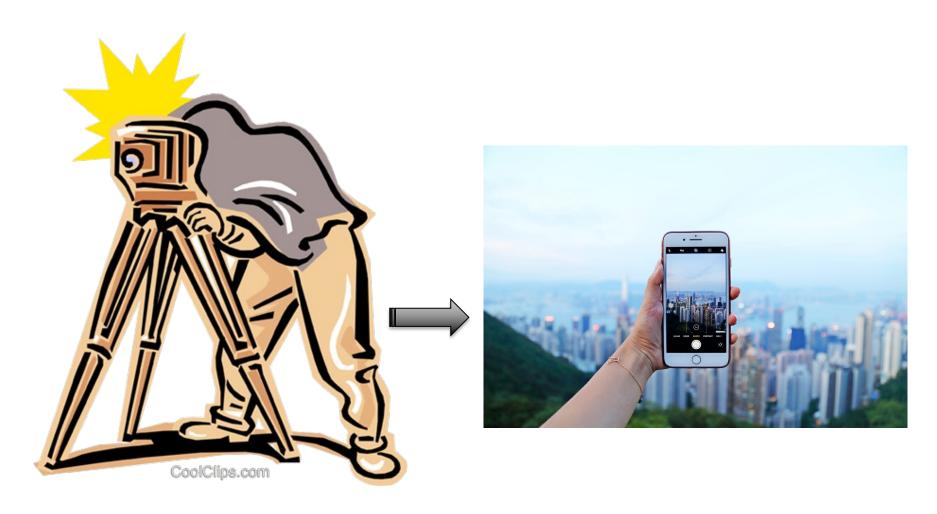
2000-2008 "CT Slice War"

- CT became very fast with small voxel / pixels
 - 2000: acquire a single transverse slice per rotation
 - 2012: acquire up to 64-500 slices per rotation

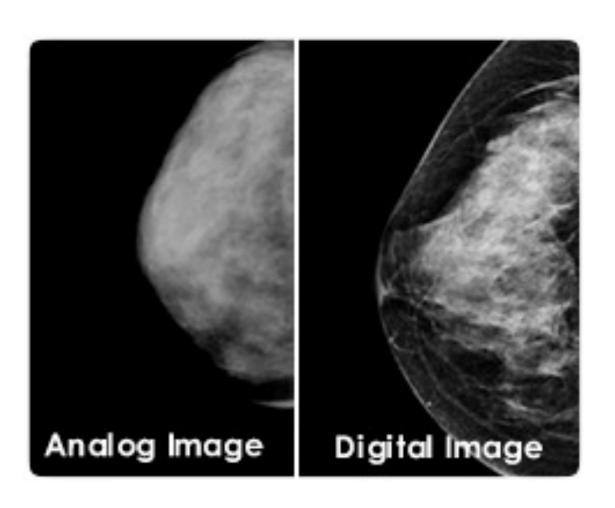




Revolution in Photography



Towards digital colour x-ray imaging





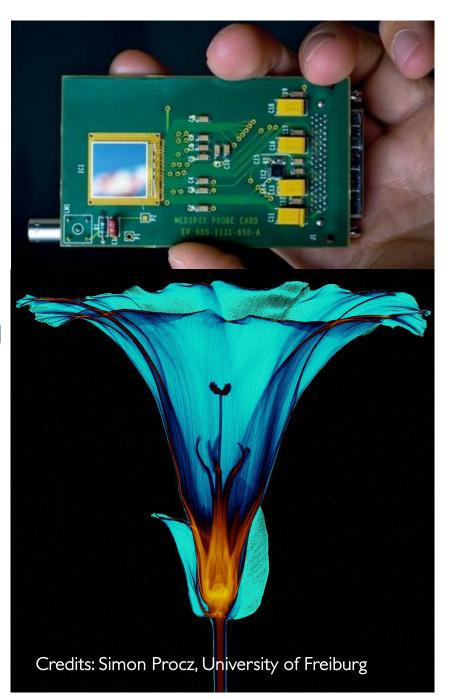
Medipix

High Energy Physics original development:

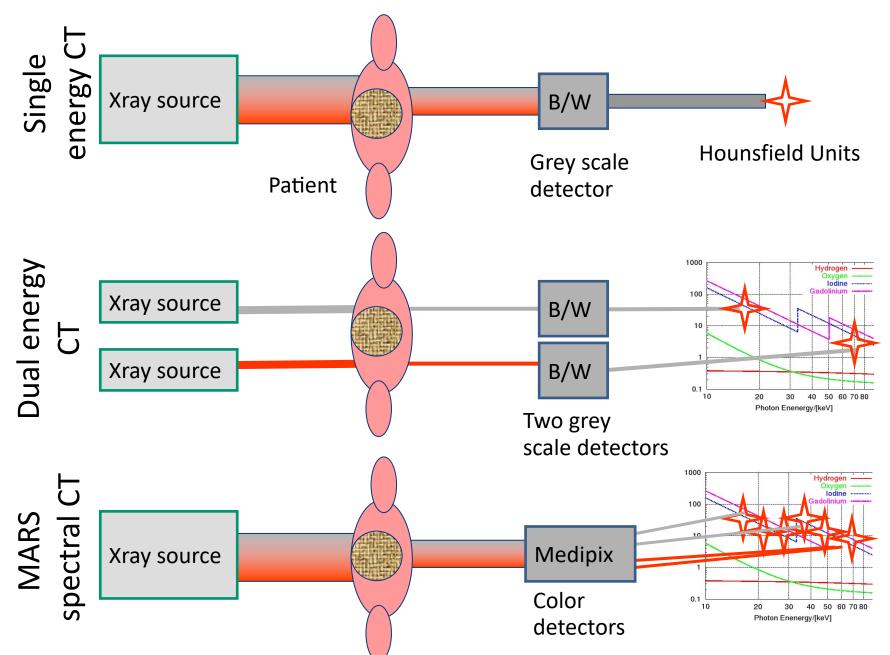
- Particle track detectors
- Allows counting of single photons in contrast to traditional charge integrating devices like film or CCD

Main properties:

- Fully digital device
- Very high space resolution
- Very fast photon counting
- Good conversion efficiency of low energy X-rays



Single-, dual-, and spectral CT



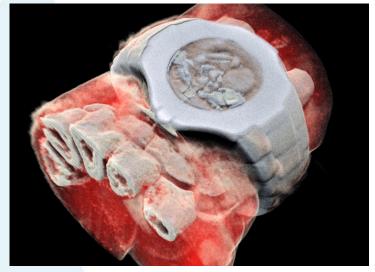
Spectral CT is now possible

Medipix All Resolution System

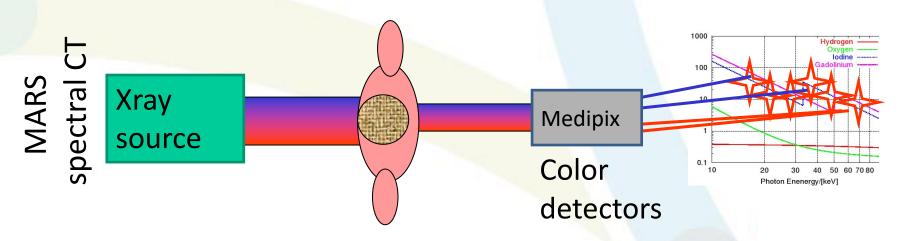
Energy resolution

Spatial resolution

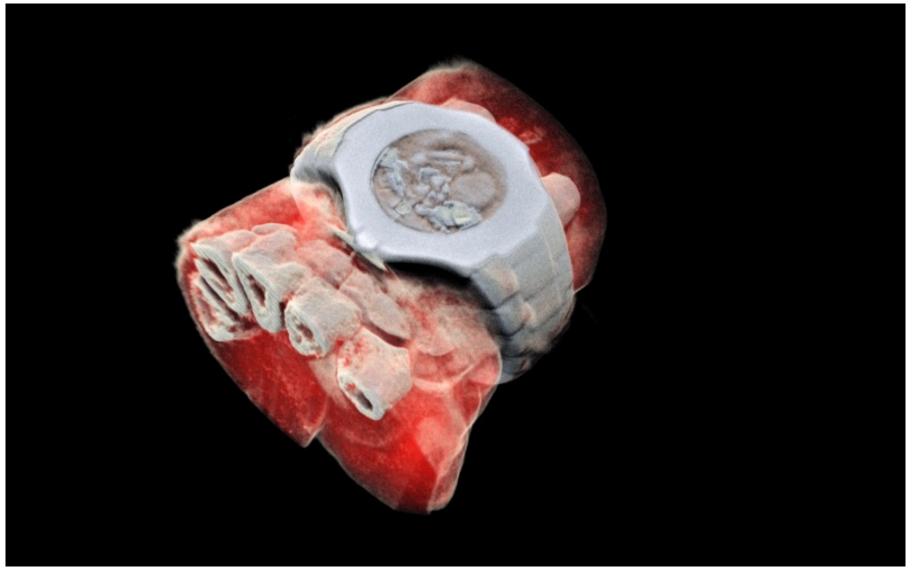
Temporal resolution



First 3D colour x-ray human image



First 3D human colour x-ray image (2018)



A 3D image of a wrist with a watch showing part of the finger bones in white and soft tissue in red. couples the spectroscopic information generated by the Medipix3 with powerful algorithms to generate 3D images (Image: MARS Bioimaging Ltd)

More and more progress...

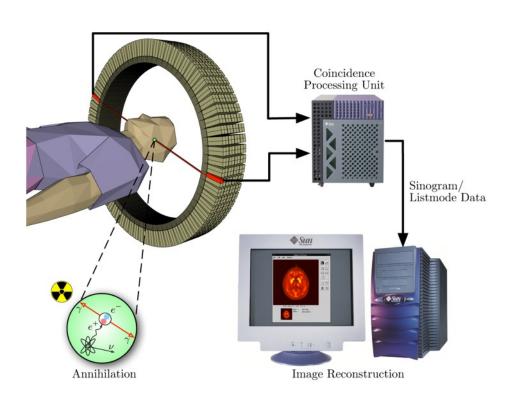
Colour 3D X-ray image of a fatty deposit on an artery (carotid plaque) taken using a Medipix3 detector

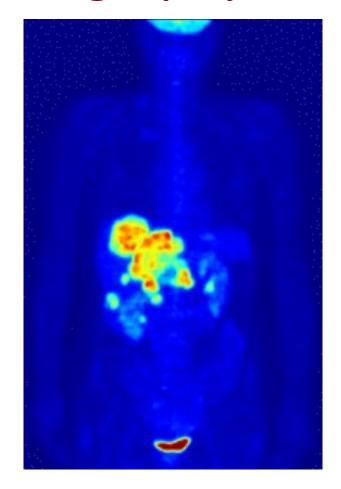
Image by Mars Bio-Imaging Feature article link: https://rdcu.be/bOFuR





Positron Emission Tomography

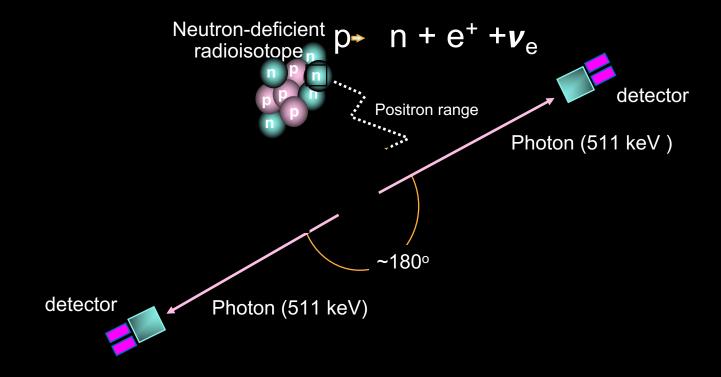




- ¹⁸FDG carries the ¹⁸F to areas of high metabolic activity
- 90% of PET scans are in clinical oncology

1974 the first human positron emission tomography

Positron Emission Tomography

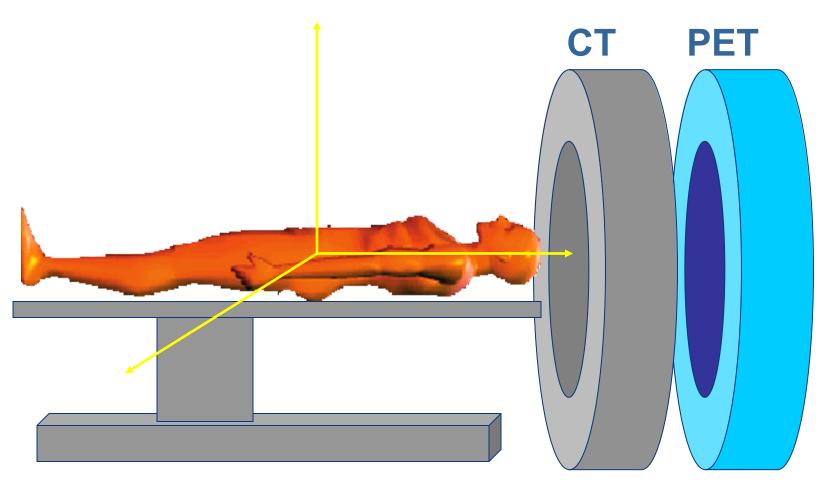


PET – How it works

http://www.nymus3d.nl/portfolio/animation/55

Concept of PET-CT

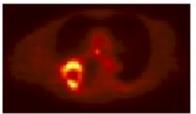
David Townsend



Multi-modality imaging

Primary lung cancer imaged with the Dual/Commercial scanner. A large lung tumor, which appears on CT as a uniformly attenuating hypodense mass, has a rim of FDG activity and a necrotic center revealed by PET.

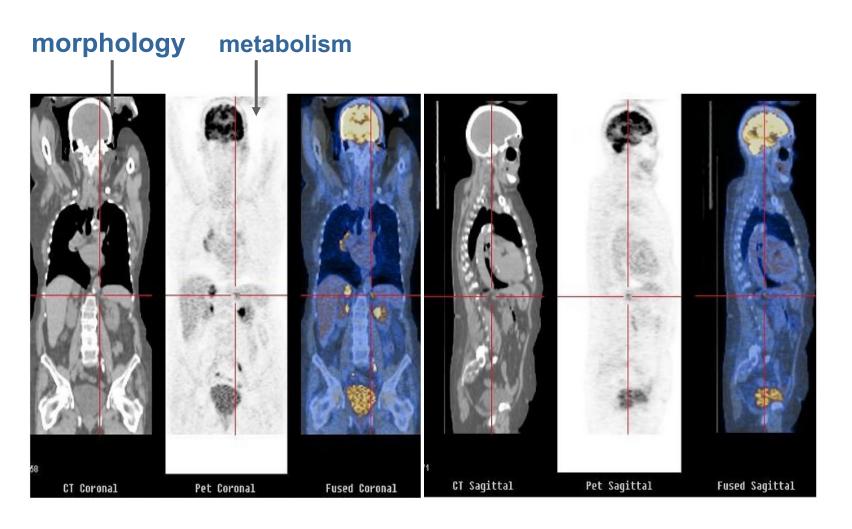




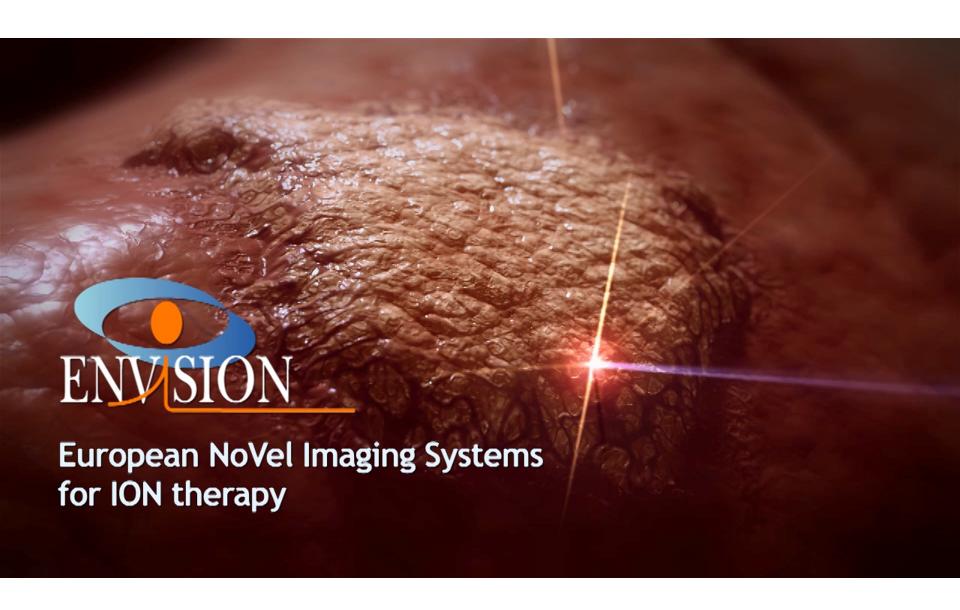


Multimodality imaging: CT with PET

Combining anatomic and functional imaging

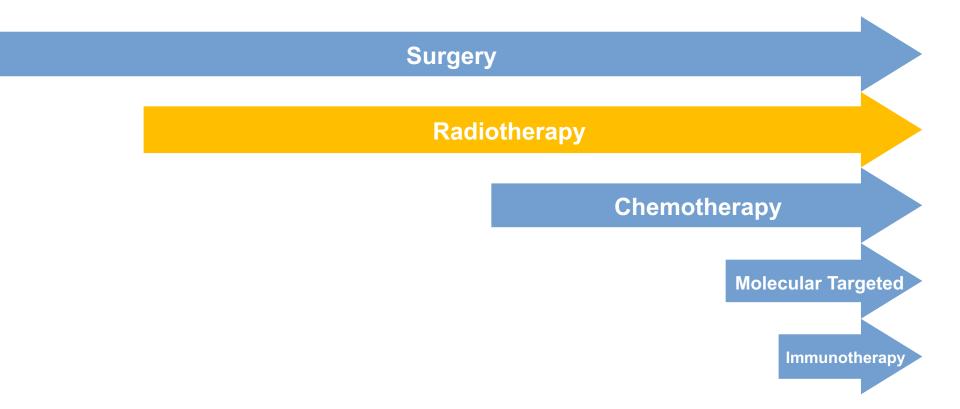


David Townsend, UK Physicist

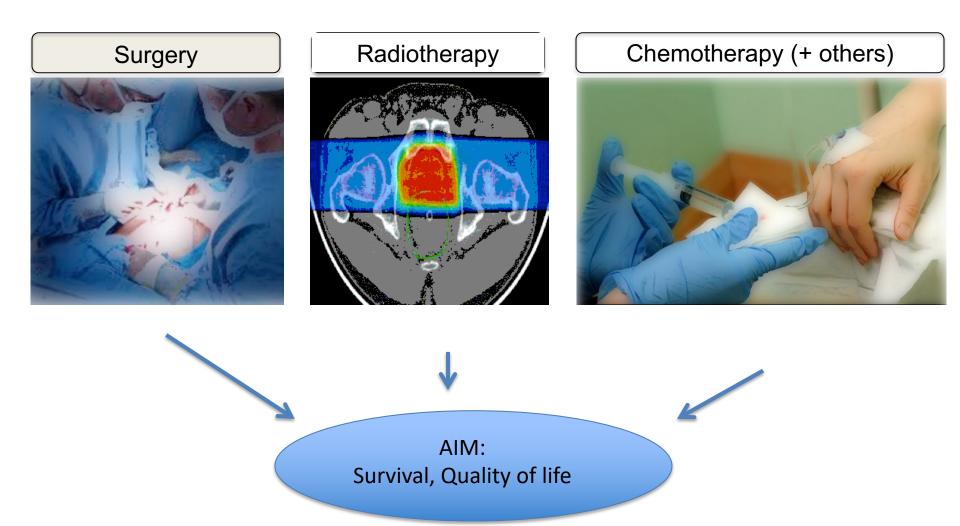


How do we treat cancer?

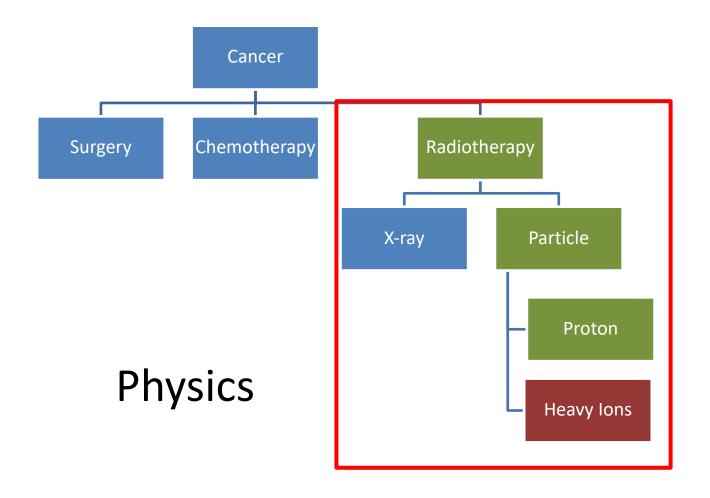
1900 1950 2000 2021



Treatment options



Cancer treatment options



Radiotherapy in 21st Century

3 "Cs" of Radiation

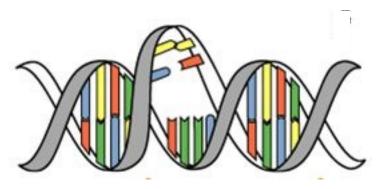
Cure (about 50% cancer cases are cured)

Conservative (non-invasive, fewer side effects)

Cheap (about 10% of total cost of cancer on radiation)

(J.P.Gérard)

- About 50% patients are treated with RT
- No substitute for RT in the near future
- No of patients is increasing

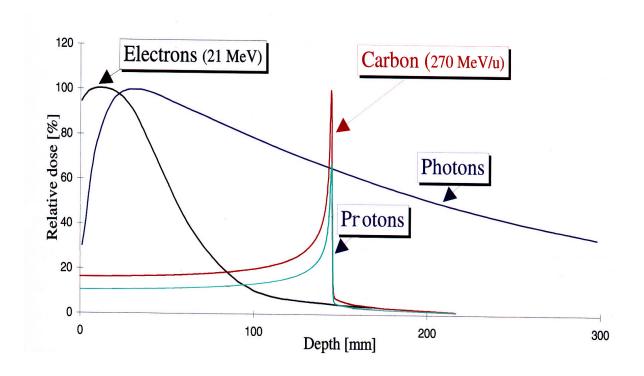


Aims of Radiotherapy:

- Irradiate tumour with sufficient dose to stop cancer growth
- Avoid complications and minimise damage to surrounding tissue

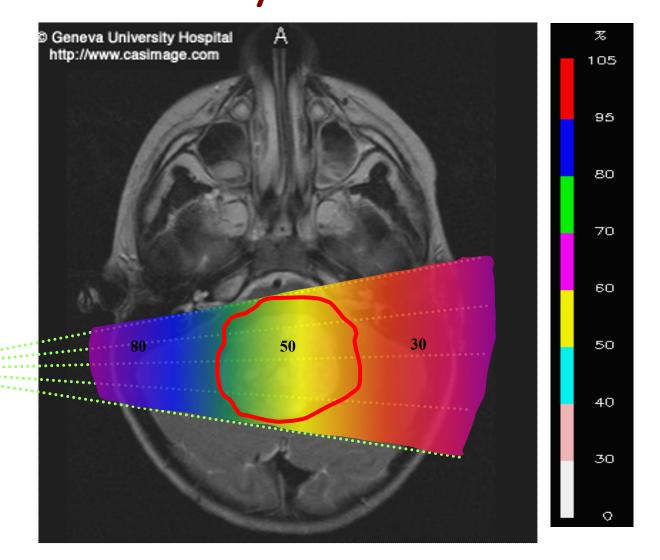
Current radiotherapy methods:

- 5-25 MV photons
- 5 25 MeV electrons
- 50 400 MeV/u hadrons



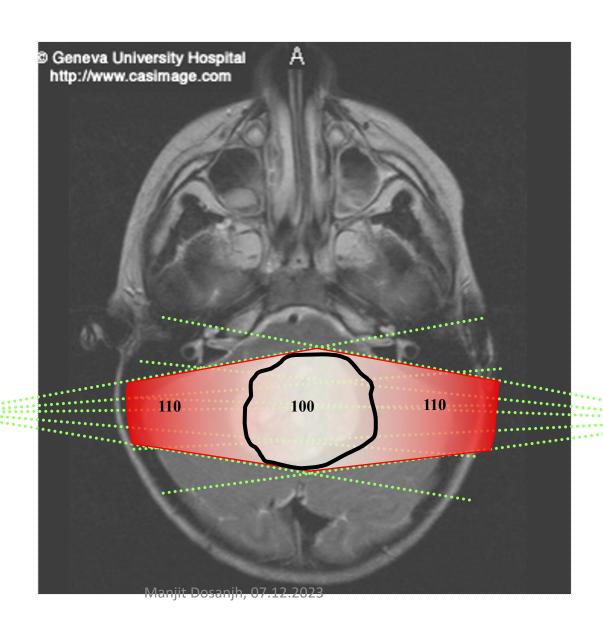
Classical Radiotherapy with Xrays

single beam

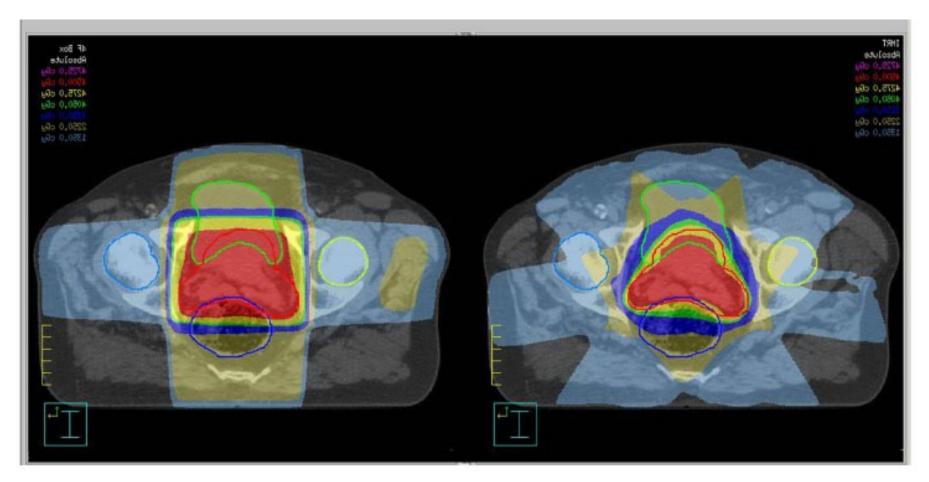


Radiotherapy with X-rays

two beams



Improved Delivery

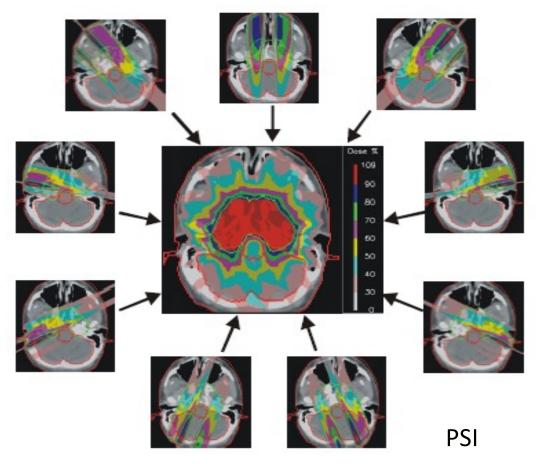


1990s: 4 constant intensity fields

Current state of RT: Intensity Modulated Radiotherapy (IMRT) – Multiple converging field with planar (2D) intensity variations

Intensity Modulated Radiation Therapy

9 NON-UNIFORM FIELDS



60-75 grays (joule/kg) given in 30-35 fractions (6-7weeks)

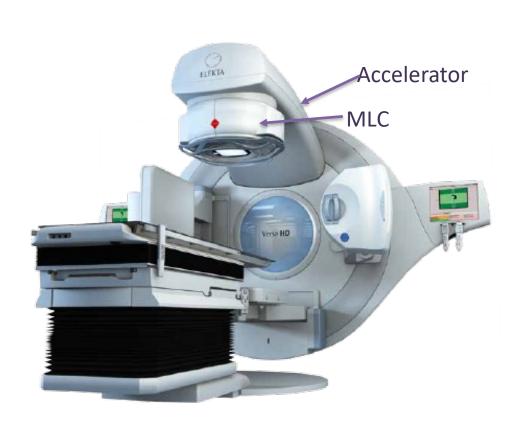
to allow healthy tissues to repair:

90% of the tumours are radiosensitive

The most widely available accelerator

Electron Linac (linear accelerator) for radiation therapy treatment of cancer)

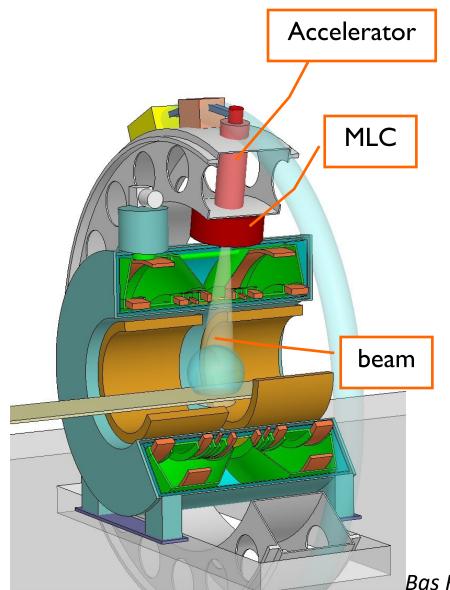
More than 15,000 in use





Widely available in all major hospitals in specially in high income countries (HIC)

Concept of MRI guided accelerator



Seeing what you treat at the moment of treatment

Bringing certainty in the actual treatment

Bas Raaymakers, Utrecht, UMC, ENLIGHT

Utrecht solution: Integrating a Philips MRI scanner with a Elekta radiotherapy accelerator





1.5T 70 cm bore Philips Ingenia

Advances in Radiation Therapy

In the past two decades due to:

- improvements in imaging modalities, multimodality
- technology, powerful computers and software and delivery systems have enabled:
 - Intensity Modulated Radiotherapy (IMRT),
 - Image Guided Radiotherapy (IGRT),
 - Volumetric Arc Therapy (VMAT) and
 - Stereotactic Body Radiotherapy (SBRT)
 - MRI-guided Linac therapy
- Is Hadron/Particle Therapy the future?
- FLASH??

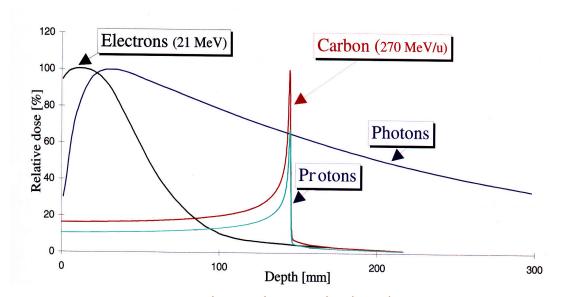
Hadron Therapy

In 1946 Robert Wilson:

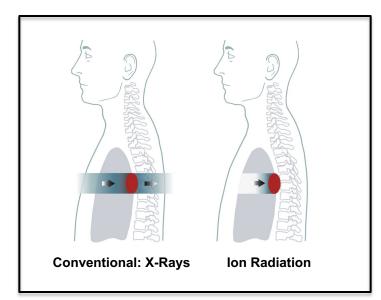
- Protons can be used clinically
- Accelerators are available
- Maximum radiation dose can be placed into the tumour
- Particle therapy provides sparing of normal tissues



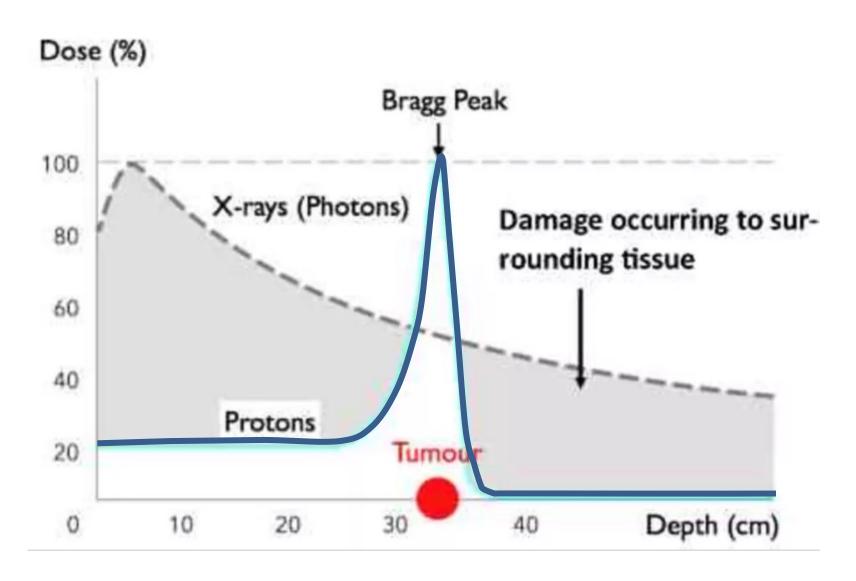
Robert Wilson Fermi Lab



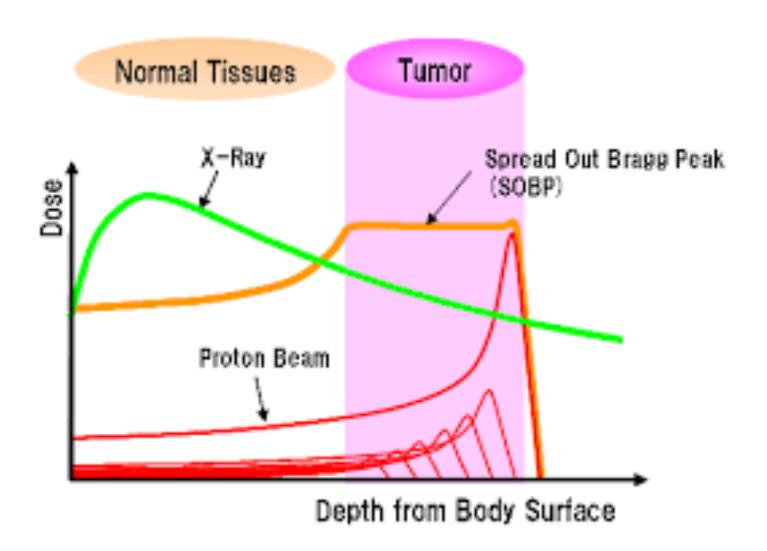




Photons vs. protons



Spread Out Bragg-peak targeting the tumour

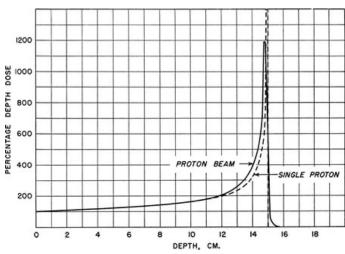


1932 - E. Lawrence First cyclotron

1946 – proton therapy proposed by R. Wilson

Sept1954 – Berkeley treats the first patient







From physics

E. Lawrence First cyclotron

Lawrence brothers Physicist and Doctor

Sept 1954 – Berkeley Treats first patient



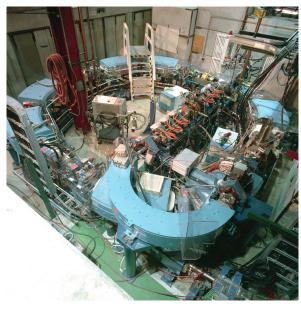




Importance of collaboration.....

1993- Loma Linda USA (proton)

1994 – HIMAC/NIRS Japan (carbon) 1997 – GSI Germany (carbon)



First dedicated clinical facility





Three crucial years for PT.....to clinics

Key Milestones of Hadrontherapy

<u>1991</u> — First hospital based *Proton* facility Loma Linda University Medical Center, CA, USA



360⁰ Gantry



Manjit Dosanjh, 07.12.2023

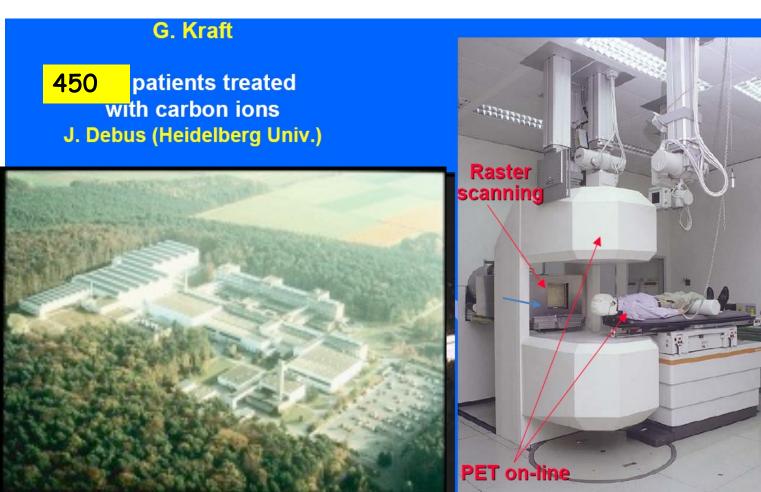
The Darmstadt GSI 'pilot project' (1997-2008)



G. Kraft



J. Debus

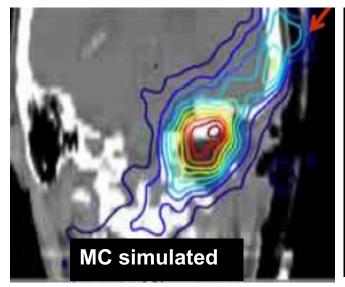


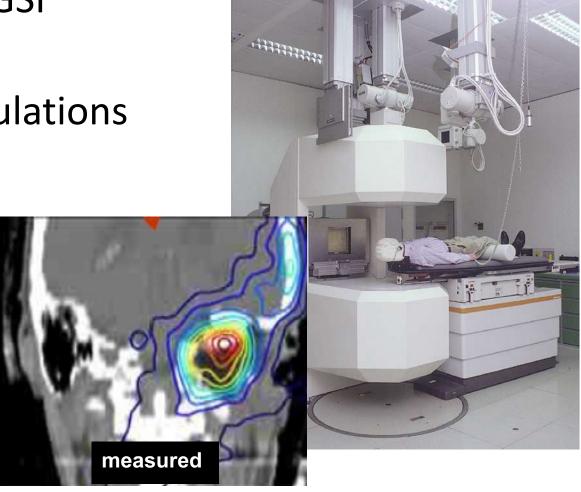
Real-time monitoring

 In-beam PET @ GSI (Germany)

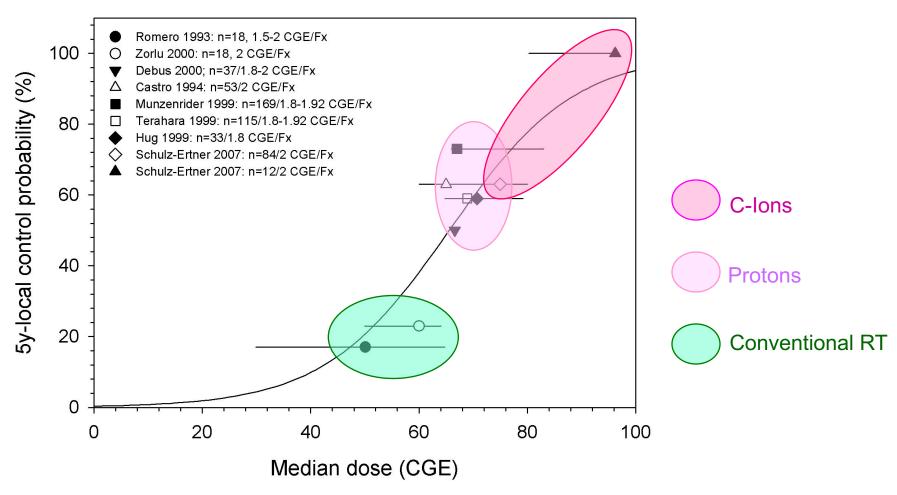
MonteCarlo simulations

Organ motion

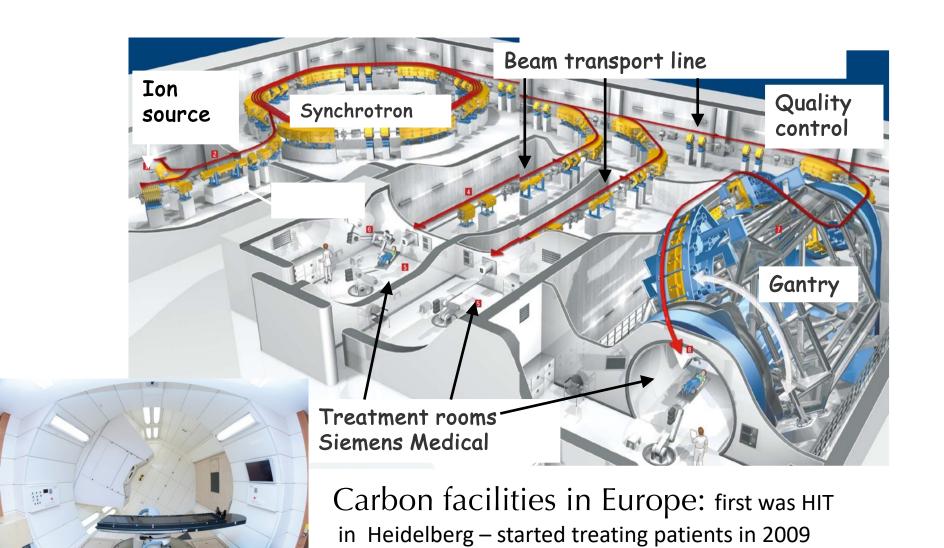




Tumour Control Rate: Chordomas



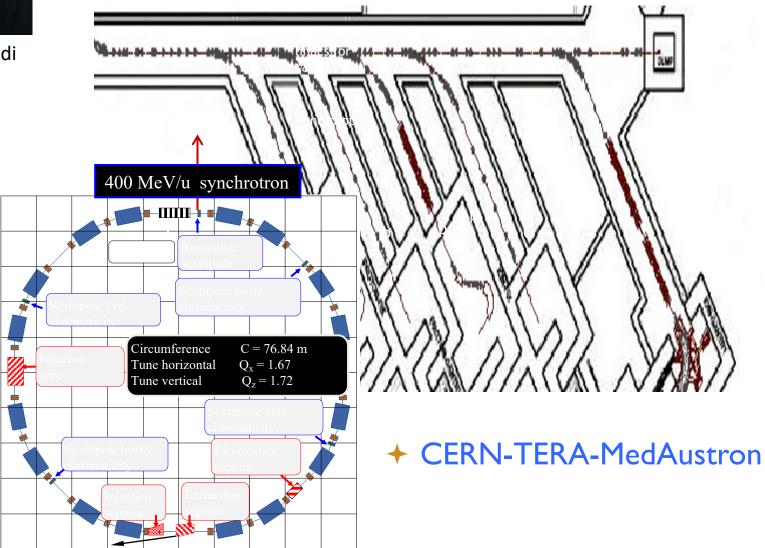
HIT - Heidelberg





Ugo Amaldi TERA

PIMMS at CERN (1996-2000)



The beginnings of ENLIGHT

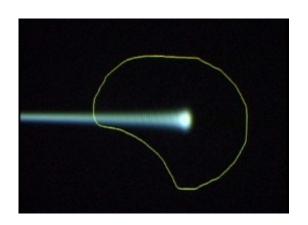
- > The idea germinated in 2001 after ESTRO- Med-AUSTRON meeting
- ➤ In October 2001 the proposal for a Thematic Network was submitted to EC
- ENLIGHT was launched in February 2002 at CERN
- Funded: 1 million Euros in 2002



ENLIGHT was established to

- Create common multidisciplinary platform
- Cancer treatment
- Identify challenges
- Share knowledge
- Share best practices
- Harmonise data
- Provide training, education
- Innovate to improve
- Lobbying for funding

Leveraging Physics collaboration philosophy into a multidisciplinary medical environment

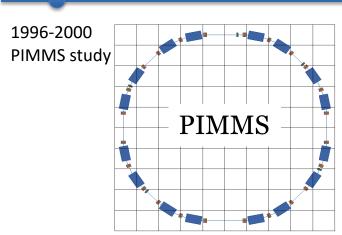




PIMMS study at CERN (1996-2000)



Treatment , CNAO, Italy 2011



MedAustron, Austria 2019



From PIMMS study to clinical reality





First patient with carbon ions Nov 2012

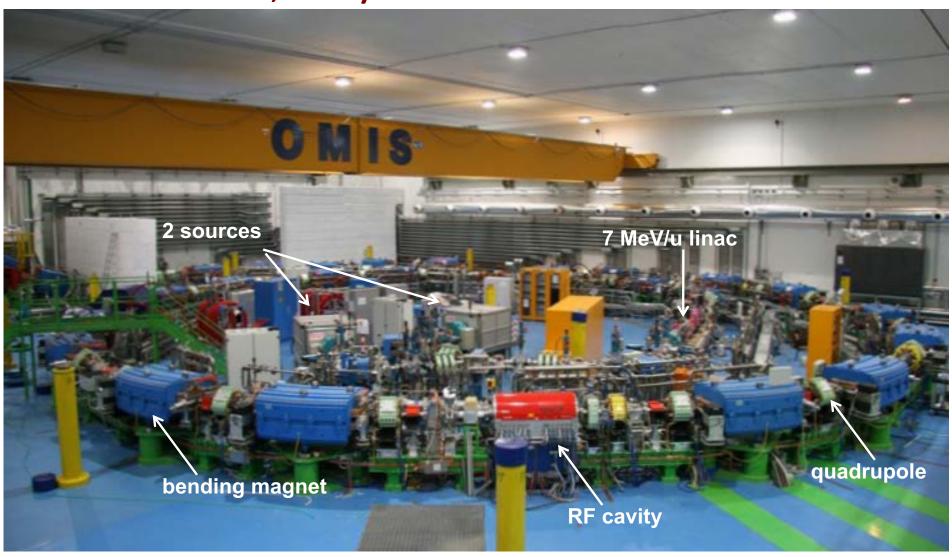




Treatment started in 2016

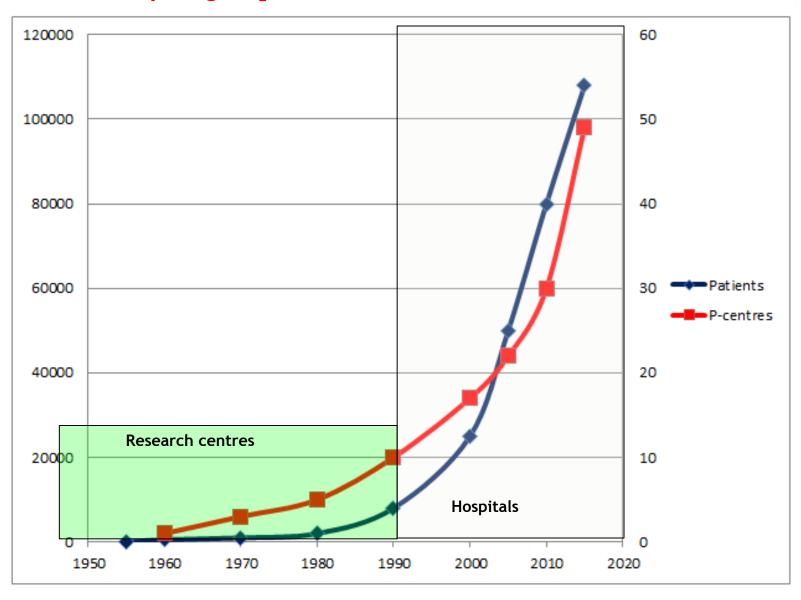
TERA celebrated 30 years on 16 September 2022

CNAO: Pavia, Italy

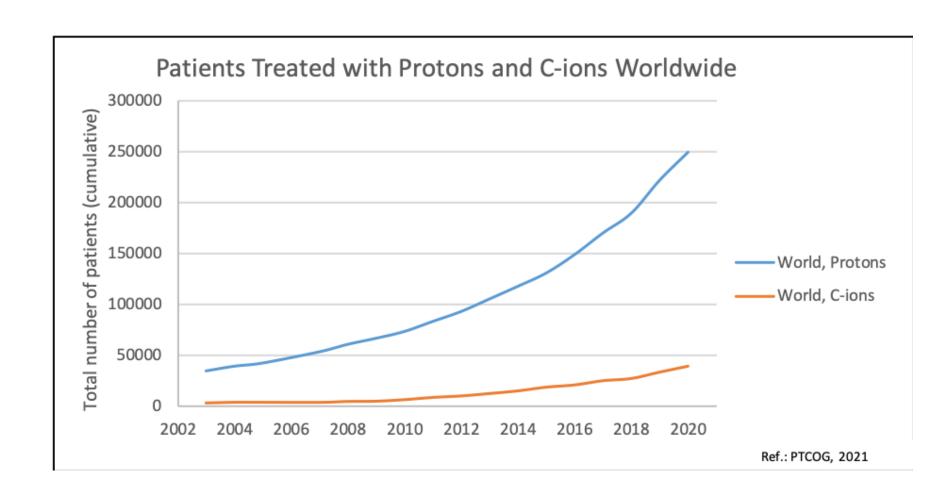


Started treating patients in 2011

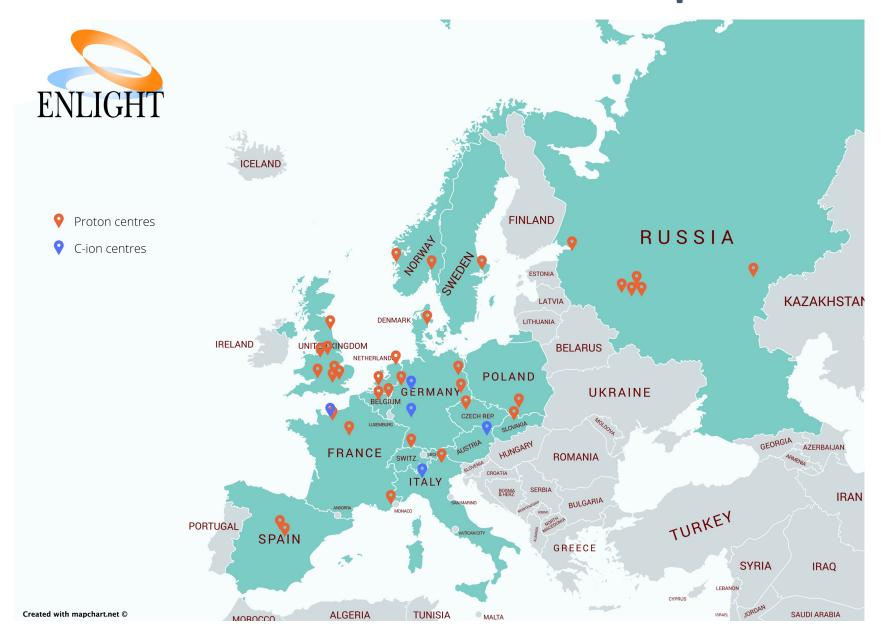
[Data from www.ptcog.ch]

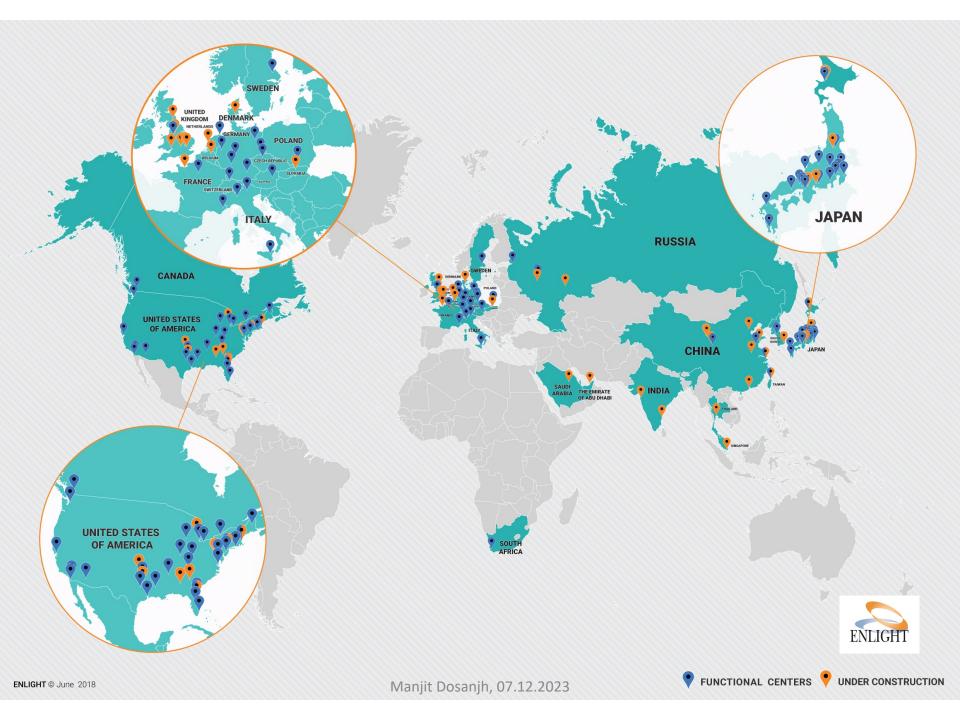


Patient Numbers



Particle Facilities Facilities in Europe in 2020





Much more still needs to be done

- Treat the tumour and only the tumour
 - ⇒ Imaging and dose delivery: control and monitor the ideal dose to the tumour
 - ⇒ Minimal collateral radiation "outside" the tumour
 - ⇒ Minimal radiation to nearby critical organs
 - > Even if the tumour is moving
- Compact: Fit into a large hospital
 - ⇒ Accelerator: smaller, simpler, cheaper
 - ⇒ Gantry: compact, cheaper, energy efficient
- Be affordable
 - ✓ Capital cost ?
 - ✓ Operating costs?
 - ✓ Increased number of treated patients per year ?
- Wish list from community
 - ✓ Improve patient through-put
 - ✓ Increase effectiveness
 - ✓ Decrease cost
- New ideas being explored Manjit Dosanjh, 07.12.2023

FLASH: a new way of delivering Radiotherapy for treating cancer?





FLASH therapy – a growing clinical interest

NATURE

May 23, 1959 VOL. 183

Modification of the Oxygen Effect when Bacteria are given 'arge Pulses of Radiation

D. L. DEWEY J. W. BOAG

Research Unit in Radiobiology, British Empire Cancer Campaign, Mount Vernon Hospital, Northwood. > Sci Transl Med. 2014 Jul 16;6(245):245ra93. doi: 10.1126/scitranslmed.3008973.

Ultrahigh dose-rate FLASH irradiation increases the differential response between normal and tumor tissue in mice

Vincent Favaudon ¹, Laura Caplier ², Virginie Monceau ³, Frédéric Pouzoulet ⁴, Mano Sayarath ⁴, Charles Fouillade ⁴, Marie-France Poupon ⁴, Isabel Brito ⁵, Philippe Hupé ⁶, Jean Bourhis ⁷, Janet Hall ⁴, Jean-Jacques Fontaine ², Marie-Catherine Vozenin ⁸

Affiliations + expand

PMID: 25031268 DOI: 10.1126/scitransImed.3008973

In vitro studies suggested that sub-millisecond pulses of radiation elicit less genomic instability than continuous, protracted irradiation at the same total dose. To determine the potential of ultrahigh dose-rate irradiation in radiotherapy, we investigated lung fibrogenesis in C57BL/6J mice exposed either to short pulses (\leq 500 ms) of radiation delivered at ultrahigh dose rate (\geq 40 Gy/s, FLASH) or to conventional dose-rate irradiation (\leq 0.03 Gy/s, CONV) in single doses. The growth of human HBCx-12A and HEp-2 tumor xenografts in nude mice and syngeneic TC-1 Luc(+) orthotopic lung tumors in C57BL/6J mice was monitored under similar radiation conditions. CONV (15 Gy) triggered lung fibrosis associated with activation of the TGF- β (transforming growth factor- β) cascade, whereas no complications developed after doses of FLASH below 20 Gy for more than 36 weeks after irradiation. FLASH irradiation also spared normal smooth muscle and epithelial cells from acute radiation-induced apoptosis, which could be reinduced by administration of systemic TNF- α (tumor necrosis factor- α) before irradiation. In contrast, FLASH was as efficient as CONV in the repression of tumor growth. Together, these results suggest that FLASH radiotherapy might allow complete eradication of lung tumors and reduce the occurrence and severity of early and late complications affecting normal tissue.

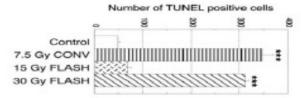
Glimpse of FLASH THERAPY - 2014 First Proof-of-Concept with low-energy e

Sci Transl Med 6: 245ra93, 2014

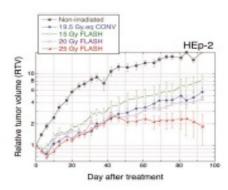
FLASH spared normal lung tissue at doses known to induce fibrosis in mice exposed to conventional dose-rate irradiation (CONV). Control 15 Gy CONV 15 Gy FLASH

Visualisation of collagen invasion (Masson trichrome staining)
Healthy Fibrosis Healthy

FLASH spared smooth muscle cells in arterioles from radio-induced apoptosis.



- No difference between FLASH and CONV with regard to tumor growth inhibition.
- However, normal tissue sparing by FLASH allowed dose escalation without complications, resulting in complete tumor cure in some xenograft models.



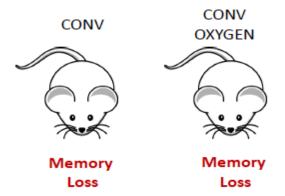


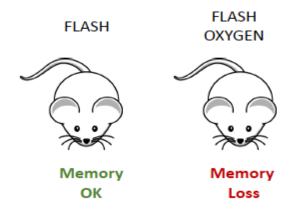
FLASH THERAPY

What are the underlaying mechanisms in FLASH effect? The role of the oxygen of emerges

Playing with the oxygen tension = modify ROS production

- 1 Make mice breathe 95% of oxygen (before and during IR)
- 2 Increase oxygen tension in the brain
- 3 Deliver FLASH or conventional dose-rate irradiation
- 4 Evaluate memory



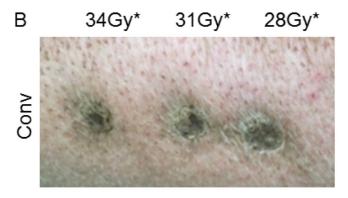


Increase in O2 tension reverses the FLASH effect

Less ROS produced by FLASH-RT?

Montay-Gruel et al (in revision)

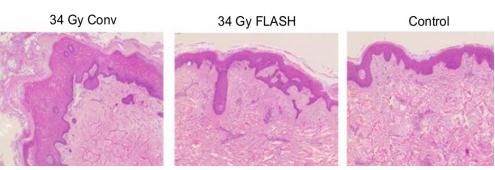
The FLASH Effect – gaining hhuge momentum





- Apparent sparing of healthy tissue when dose is delivered at ultrahigh dose rates (UHDR) of > 40 Gy/s.
- Healthy tissue sparing observed in virtually all radiation modalities.
 - ✓ Majority of experiments/trials with low energy electrons and shoot-through protons.
- So far, 2 human trials:
 - Skin lymphoma with 6 MeV electrons (CHUV, 2019).
 - Bone metastases with 250 MeV (shoot-through) protons (Cincinnati, 2020). Pain relief and not curative
 - Further trials are ongoing

FLASH mechanism is still not fully understood.



Clinical Translation (2019): Treatment of a first patient with FLASH-radiotherapy,

5.6 MeV linac adapted for accelerating electrons in FLASH mode

15 Gy with 10 pulses **in 90 ms**

3.5 cm diameter tumour, multiresistant cutaneous

Appears that instantaneous dose Induces a massive oxygen consumption and a transient protective hypoxia in normal issues



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Original Article

Treatment of a first patient with FLASH-radiotherapy

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Fig. 1. Temporal evolution of the treated lesion: (a) before treatment; the limits of th PTV are delineated in black; (b) at 3 weeks, at the peak of skin reactions (grade 1 epithelitis NCI-CTCAE v 5.0); (c) at 5 months.

First Patient Treated in FAST-01 FLASH Proton Therapy (November 2020) Transmission-shoot through

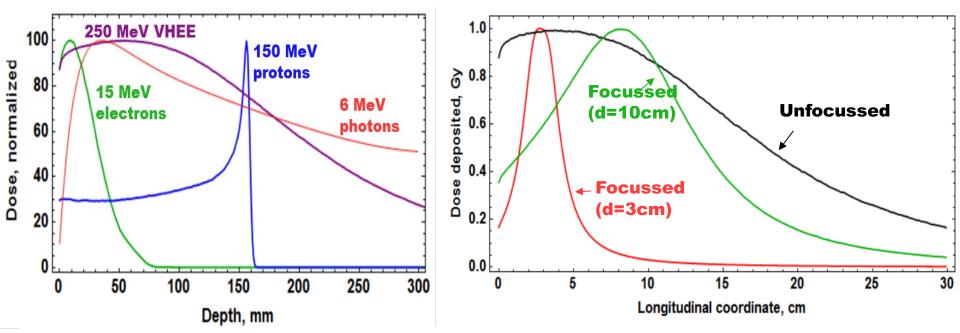
FeAsibility Study of FLASH Radiotherapy for the Treatment of Symptomatic Bone Metastases). The clinical trial involves the investigational use of Varian's ProBeam particle accelerator modified to enable radiation therapy delivery at ultra-high dose rates (dose delivered in less than 1 second) and is being conducted at the Cincinnati Children's/UC Health Proton Therapy Center with John C. Breneman M.D.

The study will assess Varian's ProBeam particle accelerator modified to deliver an advanced non-invasive treatment for cancer patients. (Credit: Bokskapet from Pixabay)

VHEE (Very High Energy Electrons)

VHEE

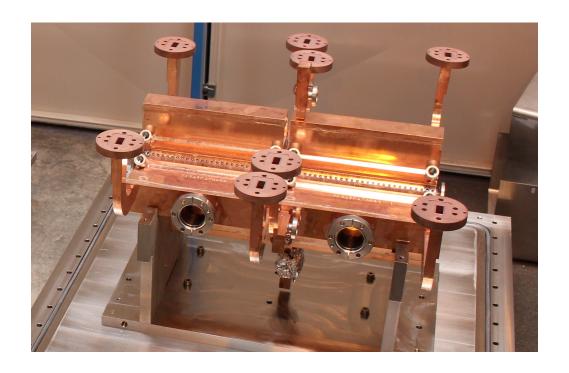
- Their ballistic and dosimetric properties can surpass those of photons, which are currently the most commonly used in RT.
- Their position compared to protons need to be evaluated, but they can be produced at a reduced cost.



Depth Dose curve for various particle beams in water (beam widths r=0.5 cm)

New State of the art?

With recent High-Gradient linac technology developments, Very High Energy Electrons (VHEE) in the range 100–250 MeV offer the promise to be a cost-effective option for Radiation Therapy



CLIC RF X-band cavity prototype (12 Ghz, 100 MV/m)

Compact Linear Collider

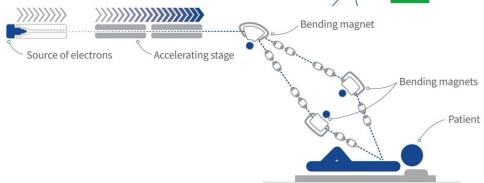
Manjit Dosanjh, 07.12.2023

CERN – CHUV collaboration on FLASH VHEE therapy



CLIC technology for a FLASH VHEE facility being designed in collaboration with Lausanne University Hospital CHUV





An intense beam of electrons is produced in a photoinjector, accelerated to around 100 MeV and then is expanded, shaped and guided to the patient.

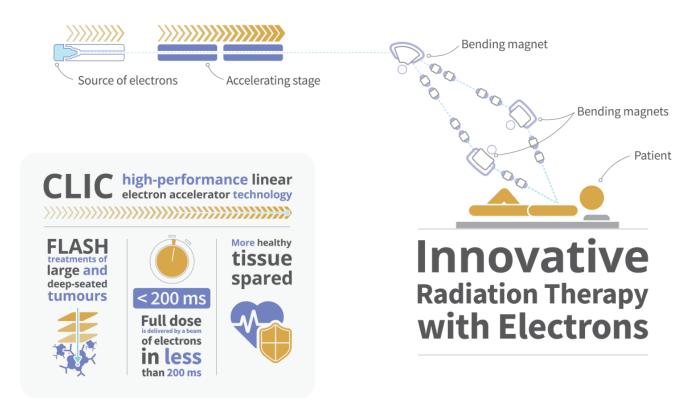
The design of this facility is the result of an intense dialogue between groups at CHUV and CERN.

Jean Bourhis from CHUV:

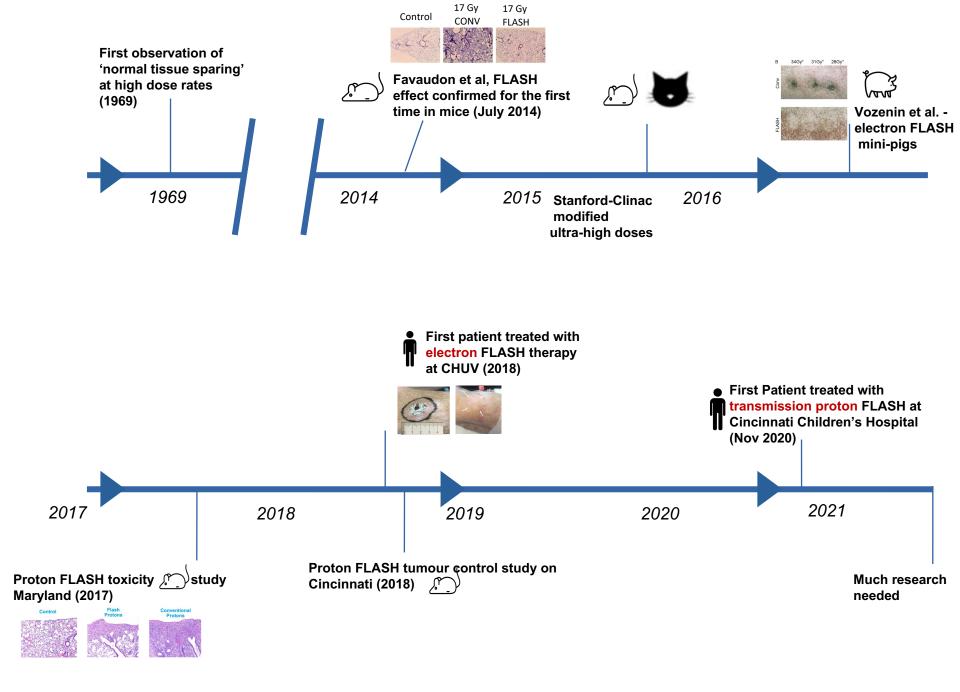
"The clinical need that we have really converges with the technological answer that CERN has."

Walter Wuensch (CERN)

CERN, CHUV and THERYQ join forces for a first VHEE Facility (Nov 2022)



It will produce very high-energy electron (VHEE) beams of 100 to 200 MeV in less than 100-200ms, based on CLIC (Compact Linear Collider) technology, allowing all types of cancers up to a depth of 20 cm to be treated using the FLASH technique.

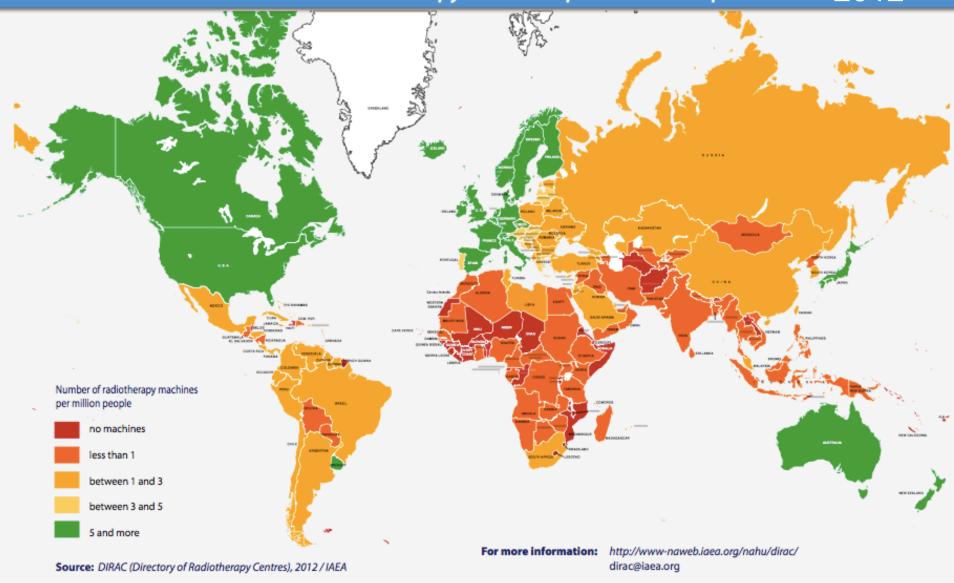


Current Challenge: how to go from almost no radiotherapy to high quality radiotherapy globally

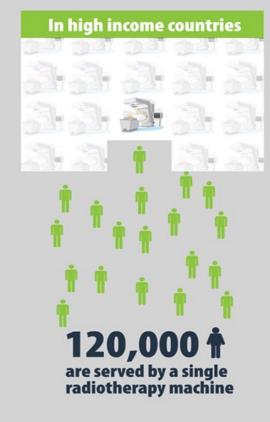
Availability of **RADIATION THERAPY**

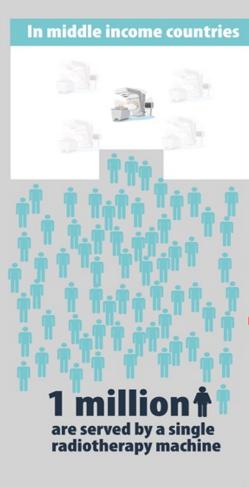
Number of Radiotherapy Machines per Million People

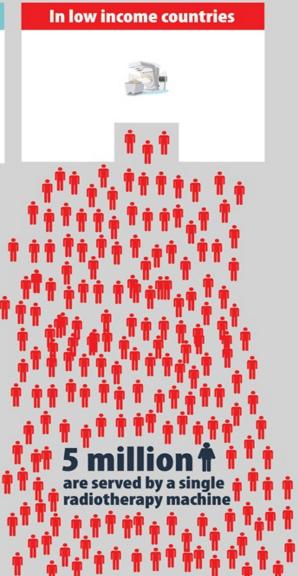
2012



Radiotherapy in Cancer Care







Great strides have been made in the fight against cancer

But there are dramatic disparities in Access

Country	LINACs	Population	People per LINAC
Ethiopia	1	115 M	115,000,000
Nigeria	7	206 M	29,000,000
Tanzania	5	59.7 M	11,900,000
Kenya	11	53.9 M	4,890,000
Morocco	42	36.9 M	880,000
South Africa	97	59 M	608,000
UK	357	67 M	187,000
Switzerland	83	8.6 M	103,000
US	3727	331 M	88,000

Italy has 433 LINACS for 59 M = 136,000

Africa: 420 MV RT units for around 1.4 billion people

1 machine per 3.5 million people

UK: 359 MV RT units for around 68 million people

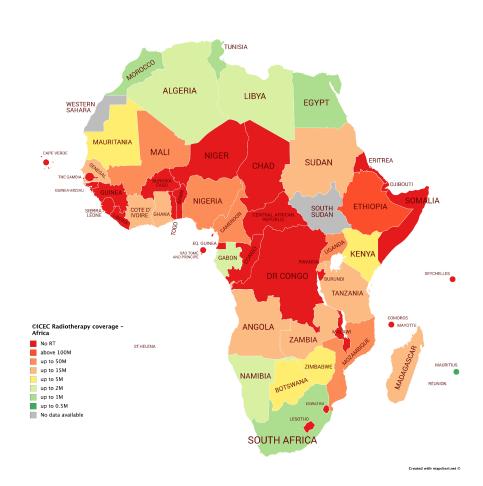
1 machine per 190,000

Switzerland: 84 MV for 8.7 million people

1 machine for 100,000

US: 3854 MV for around 330 million people

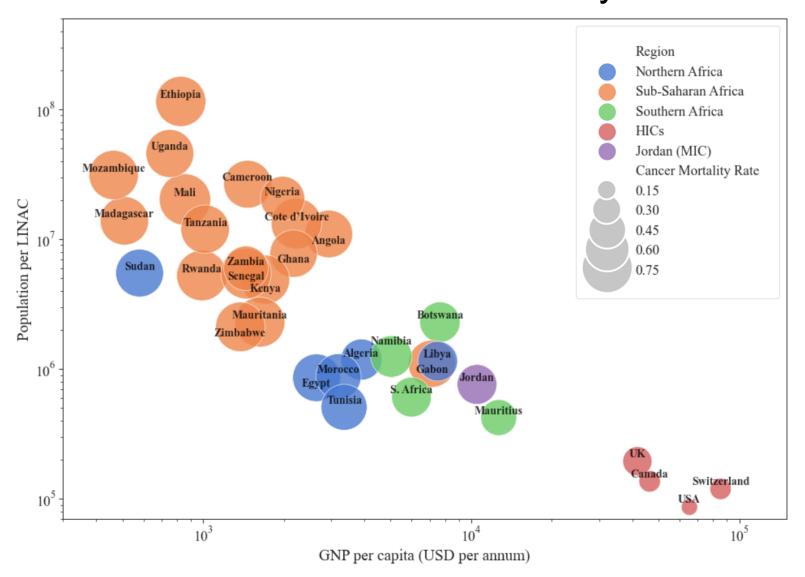
I machine for 86,000



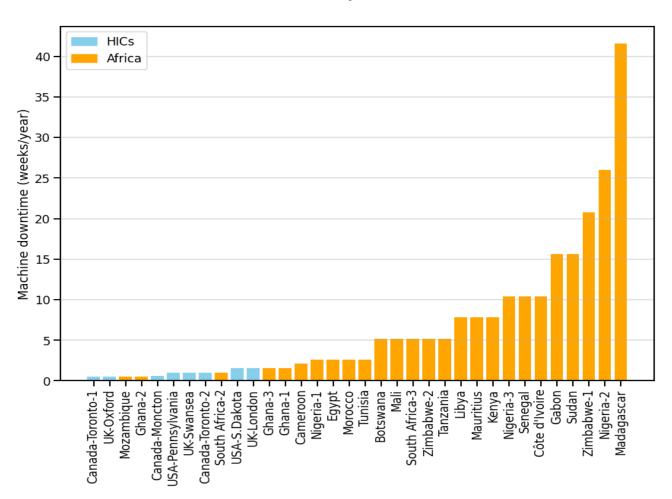
LINAC Needs Assessment and Challenges

- There are ~15,000 LINACs globally; approximately 400 in all of Africa
- There is a current need for around 4000 LINACs in Africa alone
- Estimated need for more than 10,000 LINACs in LMICS by 2035
- LINAC machines offer state of the art treatment but:
 - Cost more
 - More complex and
 - Labour intensive to operate and maintain
 - Need trained personnel experts which are lacking
- Current technology not designed for LMIC environmentsinfrastructure power, water, humidity challenges, etc.
- Need affordable LINACs and lower operating costs for RT is a global priority
- Risks associated with Cobalt-60 need a cost-effective alternative

GNP per Capita and the Ratio of Inhabitants to RT Machines and Cancer Mortality Rates



Downtime in weeks comparison African and HICs



Looking for solutions for building affordable RT

- Define the problem
- Gather information from African hospitals/facilities regarding challenges experienced in providing radiotherapy in Africa compare these to data from HIC.
- Identify the challenges from those who live with them day-to-day
- Create design specifications for a radiotherapy machine to meet these challenges for an improved design
- Assess applications of ML, Al and use of cloud-computing in African and LMIC settings
- Create conceptual design report for the radiotherapy system to enable technical design and prototyping in next phase







cern.ch/virtual-hadron-therapy-centre

Manjit Dosanjh, 07.12.2023

Interactive Material

- https://youtu.be/ICWTaa5zhMQ (improving access to Treatment)
- Imaging and hadron therapy animation
 http://cds.cern.ch/record/1611721?ln=en
 http://cds.cern.ch/record/2002120
- Interactive virtual visit to a hadrotherapy centre: http://www.cern.nymus3d.nl/maps#
- PARTNER Marie Curie
 http://cds.cern.ch/record/1384426?ln=en

http://cds.cern.ch/record/1327668

- ENERVISION Marie Curie http://cds.cern.ch/record/1541891
 - FLASH An innovative electron radiotherapy technology

https://videos.cern.ch/record/2762058

https://videos.cern.ch/record/2295068

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