

Ion-Beam Therapy at HIT: Options for Multi-Ion Treatment and Research

Riga-Workshop, 28.06.2023

Thomas Haberer, CTO HIT

Rationale for charged particle therapy

Target volume coverage by active variation of

- beam energy
- focus

Target

Volume

intensity

- reducing doses (due to steep dose gradient →lower NTCP)
- reducing iradiated volume \rightarrow lower risc of secondary cancer

Rasterscanning Dose Delivery

Dose Conformation via Rasterscanning e.g. Skull Base Chordomas

Excellent sparing of normal tissue and organs at risk

GSI, 1997 – 2008, 440 Patienten, C12

1stRx@GSI: 13.December 1997

Design Phase

Th. Haberer

dkh

Technical Design 2000

Feasibility Study 2000

Heidelberg - Campus Neuenheimer Feld

- Radiation-Oncology and HIT is integrated in the clinic ring
- Translational and academic research are in close neighbourhood

Department Radiation Oncology

OMRIDIANT Unac

Radiotherapy Equipment

- 5 Linear accelerators (Elekta) at Kopfklinik
- 1 TomoTherapy
- 1 Ethos (Varian) at DKFZ
- 1 MR-Linac (MRIDian)
- 1 CyberKnife
- 1 Brachytherapy unit
- 1 Intraoperative radiotherapy (IOERT) unit
- Ion beam therapy at HIT with 3 treatment places

Coverage of the complete spectrum of radiation therapy treatments Expansion of therapy options through participation in clinical studies

Structure of the Clinic

- ~4500 patients per year
- Ward with 62 beds for in-patients
- Out-patients at NCT
- 27 Tumor conferences
- 14 Specialized consultation

Diagnostic Equipment:

- 2 CT
- 2 MRI
- 1 PET /CT
- **Sonography**

Scanning Ion Gantry @ HIT

HIT is the world's first heavy ion treatment facility with a **360**° **rotating beam delivery** system (gantry)

1 st Rx: Oct 19th , 2012, oligo-astrocytoma

and Research Options, HIT Seminar,

Clinical trials at HIT, recently finished

Over 7000 patients were treated with protons or carbon ions since 2009

Clinical trials at HIT

Salivary gland tumours / Adenoid cystic carcinoma

C12 pilot project, patients treated before 2009, mainly T4 (R1/2 or inoperable)

- 58 patients treated with C12 at the GSI (18 GyE C12 + 54 Gy Photons)
- 37 patients treated with photons (66 Gy)
	- ➢ Significantly **higher LC in the C12 group** 3y-LC:

ancer

Original Article

Combined intensity-modulated radiotherapy plus raster-scanned carbon ion boost for advanced adenoid cystic carcinoma of the head and neck results in superior locoregional control and overall survival

Alexandra D. Jensen MD, MSc [2], Anna V. Nikoghosyan MD, Melanie Poulakis DDS, Angelika Höss MSc, Thomas Haberer PhD, Oliver Jäkel PhD, Marc W Münter MD, Daniela Schulz-Ertner MD, Peter E. Huber MD, PhD, Jürgen Debus MD, PhD

First published: 4 June 2015 Full publication history DOI: 10.1002/CNCr.29443 View/save citation Cited by: 0 articles Check for new citations

-C12 photons

COSMIC-Trial

COmbined therapy of malignant **S**alivary gland tu**M**ors with **I**MRT and **C**arbon ions

- Phase II feasibility study, dose escalation (**18GyE to 24 GyE** C12 boost)
	- ➢ 54 patients treated at HIT from 2010 to 2011, 89% ACC
	- \triangleright No dose limiting acute toxicity
	- \triangleright Late Toxicity > CTC°2 : < 5%

LC after 3 years: 82 %

Pre-treatment situation Treatment planning C-12 boost

6 weeks post RT

Skull Base Chondrosarcoma Long-term Follow-up

Skull Base Chondrosarcoma

- Rare bone tumors, 5-12 % are localized at the skull base
- **Resection is often incomplete due to localisation**
- G1-G2 tumors are relatively radioresistent, rarely metastatic disease
- Symptoms: cranial nerve deficits (most commonly double vision)

Cancer. 2014 May 15;120(10):1579-85. doi: 10.1002/cncr.28606. Epub 2014 Feb 5.

High control rate in patients with chondrosarcoma of the skull base after carbon ion therapy: first report of long-term results.

Uhl M¹, Mattke M, Welzel T, Oelmann J, Habl G, Jensen AD, Ellerbrock M, Haberer T, Herfarth KK, Debus

- \triangleright 79 pat. after biopsy/ incomplete resection (R2)
- \triangleright Median follow-up 91 months
- C12 treatment @ GSI 60 GyE in 3 GyE/fx
- $\geqslant 10$ yrs LC: 88 %
- ➢ 10 yrs LC (<45 J): 98%

HIT's Weekly Schedule

Carbon ions and Protons: Age distribution Children > Protonen

Pediatric and Young Patients

- ➢ Reduced integral dose to non target regions
- \triangleright Dose escalation at the target volume

➢ Reduced risk of secondary malignancies / late side effects

Frederika A, van Nimwegen, Michael Schaapveld, David J, Cutter, Cècile P.M. Janus, Augustinus D.G. Krol, Michael Hauptmann, Karen Koojiman Judith Roesink, Richard van der Maazen, Sarah C. Darby, Berthe M.P. Aleman and Flora E. van Leeuwen

November 16, 2015, doi:
10.1200/JCO 2015, 63,4444 JCO January 20, 2016 vol. 34 Abstract Free » Full Text **PDF**

Deterministic Late Effects

◆ additional relative risk for CHD: 7,4% / 1 Gy MHD

◆ younger patients face higher risks

Helium-Ionsource Integration

UK
HD

Accelerator- and Beamline-Tuning

4 isocenters 255 energies each, 4 spot sizes, 10 intensities and 18 gantry angles:

367.200 combinations

Helium beam spots at gantry, all angles

early extraction of Helium into a horizontal treatment room

Helium Depth-dose distributions: data vs MC

- Overall **good agreement** between simulations and measurements
- Range differences **< 0.10 mm**
- Dose differences **from 0.5 to 6%** in the high dose region
- Average dose-weighted dose-difference **from 0.4 to 2.5%**
	- → **Good results** of the **FLUKA models**
	- → Room for **improvements, reaction cross section measurements** see next slide

Haberer, HIT: Multi-Ion Treatment and Research Options, HIT Seminar,

T Tessonnier , A. Mairani, et al Physics in Medicine Biology, 2017, 62(16): 6784

Helium Fragmentation in Water Measurements@HIT

Radiobiological Studies / *in-vitro* Validation of Treatment Planning Outcome for 3 Models

Radiation Oncology 14, Article number: 123 (2019) Cite this article

GPU-based Modelling

- **QA** routines
- Plan robustness analysis
- Automatic cohort analysis
- Dose* Volume Histogram (DVH) analysis
- Multi-tissue radio-sensitivity $(α/β)$ assignment
- Gamma analysis
- Multi biological models
- Scoring: LET_d , D_{RBE} , RBE...

Andrea Mairani et al., HIT S. Mein et al. 2018 Sci Rep.; K. Choi et al. 2018 Cancers 10, 395; S. Mein 2019 Phys. Med. 64, 123.

PaRticle thErapy using single and Combined Ion optimization StratEgies

LOAD

DONE

PATIENT

Materials (SPR)
+ Tissues (g/ß)

RUN

Beams completed

Spots per beam completed

DDI

Recent Literature (*BioPT*): 4He RBE modeling

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Optimizing the modified microdosimetric

kinetic model input paramete

and ⁴He ion beam therapy ap

and T Haberer²

A Mairani^{1,2}, G Magro¹, T Tessonnier

S Molinelli¹, A Ferrari⁶, K Parodi^{2,3,4},

Data-driven RBE parameterization for helium ion beams

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³ Departm

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 6 German ⁷ Departn

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⁸ Ludwig-

D-85748

⁹ Europea

Switzerlan

¹⁰ Medica A-2700 W

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¹ Medical Physics Unit, CNAO Foundation, Via Strada Campeggi Italy ² Heidelb

> **Biologically optimized helium ion plans:** calculation approach and its in vitro validation

> > A Mairani^{1,2}, I Dokic^{2,3,4,5}, G Magro¹, T Tessonnier^{5,6}, F Kamp⁷, D J Carlson⁸, M Ciocca¹, F Cerutti⁹, P R Sala¹⁰, A Ferrari⁹, T T Böhlen¹¹, O Jäkel^{2,4}, K Parodi^{2,5,6}, J Debus^{2,5}, A Abdollahi^{2,3,4,5} and T Haberer²

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Mein et al. Radiation Oncology $(2019) 14:123$ https://doi.org/10.1186/s13014-019-1295-z

RESEARCH

Biophysical modeling and experimental validation of relative biological effectiveness (RBE) for ⁴He ion beam therapy

 $\left(1\right)$ Check for
updates

Open Access

Radiation Oncology

Stewart Mein^{1,2,3,4,5}, Ivana Dokic^{1,2,3,4}, Carmen Klein^{1,2,3,4}, Thomas Tessonnier^{2,6}, Till Tobias Böhlen⁷, Guiseppe Magro⁸, Julia Bauer², Alfredo Ferrari⁹, Katia Parodi^{2,10}, Thomas Haberer², Jürgen Debus^{1,2,3,4,5}, Amir Abdollahi^{1,2,3,4} and Andrea Mairani^{2,8*}

Abstract

Background: Helium (⁴He) ion beam therapy provides favorable biophysical characteristics compared to currently administered particle therapies, i.e., reduced lateral scattering and enhanced biological damage to deep-seated tumors like heavier ions, while simultaneously lessened particle fragmentation in distal healthy tissues as observed with lighter protons. Despite these biophysical advantages, raster-scanning ⁴He ion therapy remains poorly explored e.g., clinical translational is hampered by the lack of reliable and robust estimation of physical and radiobiological uncertainties. Therefore, prior to the upcoming ⁴He ion therapy program at the Heidelberg lon-beam Therapy Center (HIT), we aimed to characterize the biophysical phenomena of ⁴He ion beams and various aspects of the associated models for clinical integration.

Methods: Characterization of biological effect for ⁴He ion beams was performed in both homogenous and patientistin madale far artimstian af ralsting bialanies) affarting

In-silico Studies - RayStation - Helium-Module

Analysed entities so far:

- **Meningioma**
- Low-grade Glioma
- **Ependymoma**
- Head-and-neck
- Prostate

Normal tissue complication probability (NTCP)

Superior sparing of brainstem and Cochlea

Coverage of clinical target volume (CTV) best for Helium

Clinical Rationale Helium

- Low-grade glioma: dosereduction up to 5 Gy(RBE)
- Superior organ-at-risk sparing: f.e. pituitray gland and inner ear

Notiz: D_{mean} , D_1 und D_{50} in Gy, ID in Gy \cdot cm³. * bedeutet statistisch signifikant mit p-Wert < 0,05. Die Tabelle zeigt die sich ergebenen Mittelwerte mit den Standardfehlern des Mittelwerts ($n = 15$).

ROADMAP

Physics in Medicine & Biology

Roadmap: helium ion therapy

Andrea Mairani^{1,2,3,4}, Stewart Mein^{1,3,4,5}, Eleanor Blakely⁶ (D., Jürgen Debus^{1,3,4,5,7}, Marco Durante^{8,21} (D₄ later, Rapid effective dose calculation for raster-scanning (4)He Alfredo Ferrari¹, Hermann Fuchs^{9,10} (D, Dietmar Georg^{9,10} (D, David R Grosshans¹¹, Fada Guan^{11,19} (D, Thomas Haberer¹, Semi Harrabi^{1,4,5,7,20}, Felix Horst⁸, Taku Inaniwa^{12,13}, Christian P Karger^{4,18} ®, Radhe Mohan¹¹ (D, Harald Paganetti^{14,15} (D, Katia Parodi¹⁶ (D, Paola Sala¹⁷ (D, Christoph Schuy⁸, Thomas Tessonnier¹, Uwe Titt¹¹ and Ulrich Weber⁸

- 1. Carante, M.P., et al., *Biological effectiveness of He-3 and He-4 ion beams for cancer hadrontherapy: a study based on the BIANCA biophysical model.* Phys Med Biol, 2021. 66(19).
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ion therapy with the modified microdosimetric kinetic model (mMKM). Phys Med, 2021. 81: p. 273-284.

- 5. Longarino, F.K., et al., *Dual-layer spectral CT for proton, helium, and carbon ion beam therapy planning of brain tumors.* J Appl Clin Med Phys, 2022. 23(1): p. e13465.
- 6. Mairani, A., et al., *Data-driven RBE parameterization for helium ion beams.* Phys Med Biol, 2016. 61(2): p. 888-905.
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- 9. Mein, S., et al., *Fast robust dose calculation on GPU for high-precision (1)H, (4)He, (12)C and (16)O ion therapy: the FRoG platform.* Sci Rep, 2018. 8(1): p. 14829.
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- 11. Mein, S., et al., *Dosimetric validation of Monte Carlo and analytical dose engines with raster-scanning (1)H, (4)He, (12)C, and (16)O ion-beams using an anthropomorphic phantom.* Phys Med, 2019. 64: p. 123-131.
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First Rx using Rasterscanned He-Ions

female patient 30 yrs recurrent anaplastic soft-tissue sarcoma, 2021

pretreated in 2015 60 Gy(RBE) Carbon

First Rx using Rasterscanned He-Ions

Dual ion fields

Example: He+C fields with const. RBE in PTV to have a constant radiation quality as a function of field size

+ Reduces risk for possible relative misestimations as a function of field size (and also field depth)

- Dilutes (the probably advantageous) high-LET component of C ions.

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+ However for treatments with higher-LET ions, such as oxygen, the mixture with lower-Z ions could additionally help to reduce the fragmentation tail.

Böhlen,…,Mairani PMB 57 2012

Different irradiation modalities at HIT (1H, 4He, 12C, 16O)

Spot-scanning Hadron Arc (SHArc) Therapy Study

Spot-scanning Hadron Arc (SHArc) Therapy Study

SHArc

- Outperformes VMAT
- Robust plans
- Normal tissue and organs at risk sparing
- LET-VH can be tailored to the oxygenation status of the target
- Longer irradiation times
- Technical challenges ahead

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HD Mein et al. IJROBP (under review)

Synchrotron Slow Extraction Optimization HIT 2022

Ongoing Upgrades

Enable multi-energy extraction: New Accelerator Control System Irradiation time reduction ~ 40% Energy saving \approx 15%

Intensity upgrade:

New RFQ c Transmissio

multiple extractions per synchrotron-cycle

 $E#1, E#2, E#3$ B Dipole

C. Schoemers et al. "Reacceleration of ion beams for particle therapy." Proc. of IPAC2014, Dresden.

Itions, HIT Seminar,

In-room Imaging / See what you treat!

HIT – H1 sliding CT

6.5 mm margin (peel) represents a volume comparable with the target!

Volumetric information defines patient set-up Reduction of margins Plan of the day Fast replanning

Combining proton/ion beams with MRI

Motivation :

- **• "Seeing what you treat"** → **Online diagnostics would be favorable**
- **• CT is almost standard today, but MRI causes no further radiation dose (especially important in pediatric treatments!)**
- **• Tumor shrinkage during therapy – avoidance of errors in adapted dose allocation** Initial Planning CT 5 weeks later
- **• MR-Linac Systems (photons) are currently being introduced in radiotherapy**

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MR guided Ion beam Therapy: ARTEMIS Project

Adaptive RadioThErapie mit MR gesteuerten IonenStrahlen

Aims

- Capture anatomical changes & changes in the tumor to allow for
- offline, online or weekly customization,
- >> providing optimal protection of the OAR

Within ARTEMIS **a demonstrator system** consisting of several components will be developed , which enables MRguided irradiation with ions and

ARTEMIS Vision:

- **Turn the patient, not the beam**
- **Plan & adapt based on MRI**

funded by:

Bundesministerium für Bildung und Forschung

HEIDELBERG UNIVERSITY HOSPITAL

associated partner:

SIEMENS .. **Healthineers**

The "on-line" MRT at HIT

Baseline

c irradiation

Increasing Demand For Radiotherapy In Europe / Germany

How many new cancer patients in Europe will require radiotherapy by 2025? An ESTRO-HERO analysis

losep M. Borras^{a,*}, Yolande Lievens^b, Michael Barton^c, Julieta Corral^d, Jacques Ferlay^e, Freddie Bray^e, Cai Grau

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Fig. 2. Optimal number of courses of radiotherapy in 2012 and estimated absolute increase in optimal number of courses by 2025.

Molecular Oncology

REVIEW

What will radiation oncology look like in 2050? A look at a changing professional landscape in Europe and beyond

Michael Baumann^{1,2,3} D, Nadja Ebert^{1,2}, Ina Kurth¹, Carol Bacchus¹ and Jens Overgaard⁴

7. Conclusions

First of all, we firmly believe that radiation oncology will be at least as important in 2050 as it is today. A

and Hanahan, 2012). Radiotherapy has an impressive track record that demonstrates its curative potential in a wide variety of cancers. Given its unique features, radiotherapy will very likely remain a key component in the multidisciplinary, anticancer treatment arsenal of the future.

piniary cancer care.

Another advance has come from the increased use of particle and proton irradiation (see Box 1) because of the higher precision of these techniques and because of other radiobiological considerations (Dutz et al., 2019a; Dutz et al., 2019b; Lühr et al., 2018). Numerous new facilities that offer these treatment techniques

> Mol Oncol. 2020 Jul;14(7):1577-1585. doi: 10.1002/1878-0261.12731. Review

Epub 2020 Jun 30.

Progress **Photons 1980 Particles 2020**

- Ion beam therapy is extremely precise
- Challenged by costs
- Image guidance and motion mitigation need to be improved
- Huge potential is evident

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Image: courtesy N. Mendenhall, D. Louis, D Yeung, Z. Li, C. Li; Jacksonville

 \mathcal{H} . However, HIT: Multi-Ion Treatment and Research Options, HIT Seminar, HIT Seminar

Thank You!

