High Temperature Effects in the Cosmic Gravitational Microwave Background

Jan Schütte-Engel

Ultra-high frequency gravitational waves: where to next?, CERN

based on

[Ringwald, **JSE**, Tamarit 20], [Ghiglieri, **JSE**, Speranza 22]

12/07/2023

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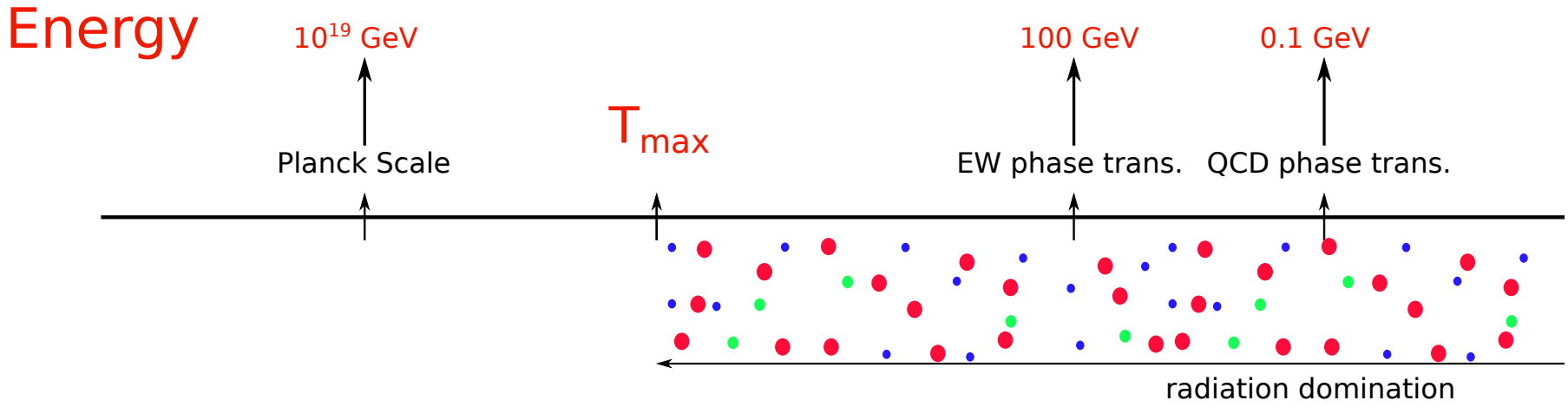
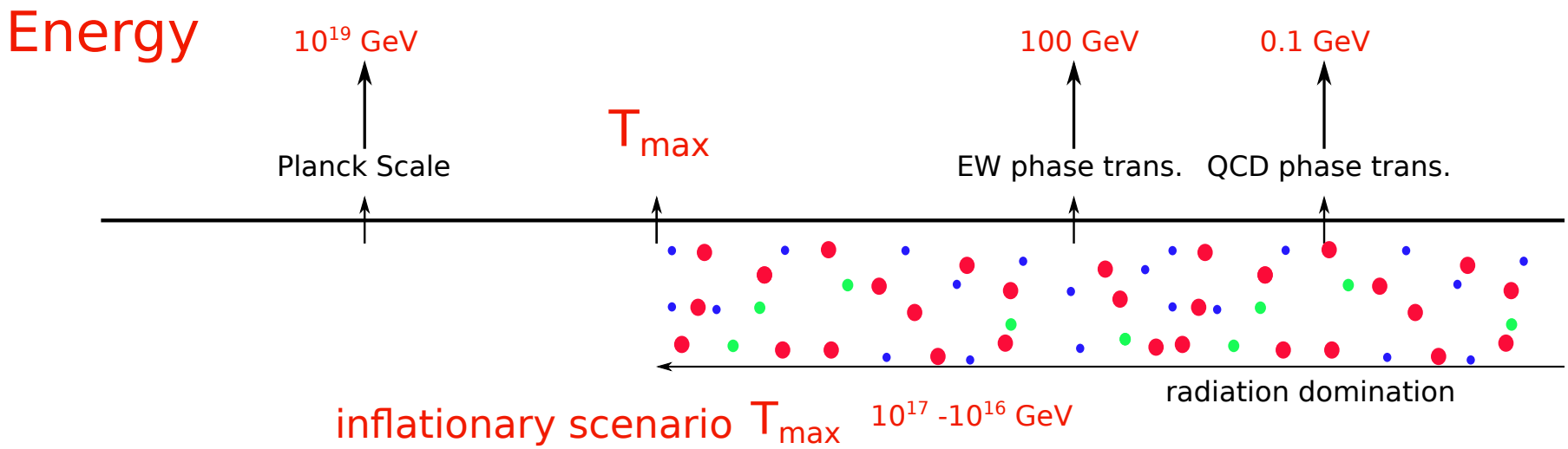


[Weinberg 72] [Ghiglieri, Laine, 15] [Ghiglieri, Jackson, Laine, Zhu, 20] [Ringwald, **JSE**, Tamarit 20]



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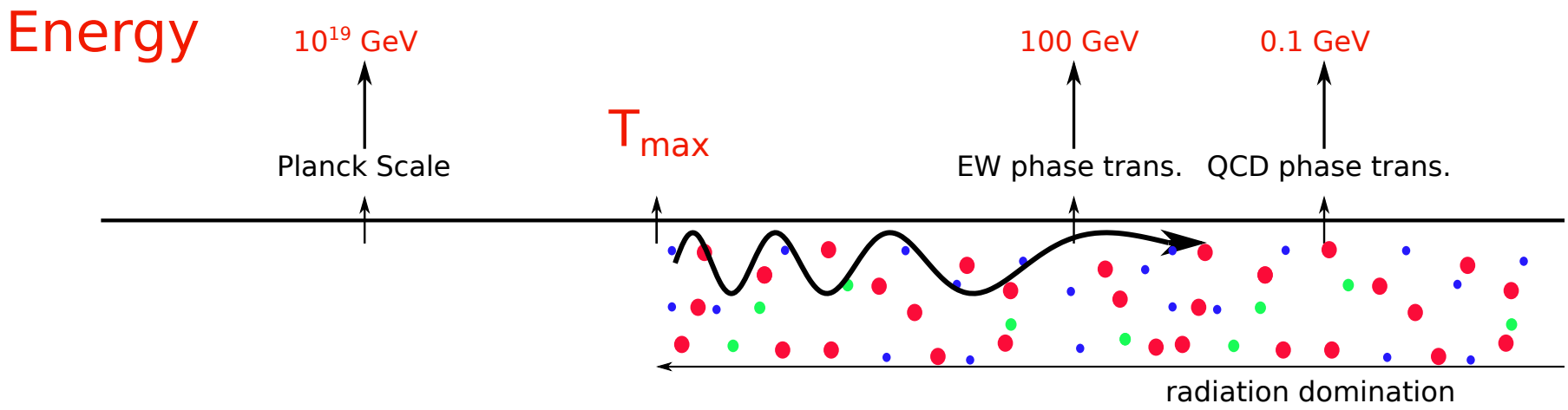

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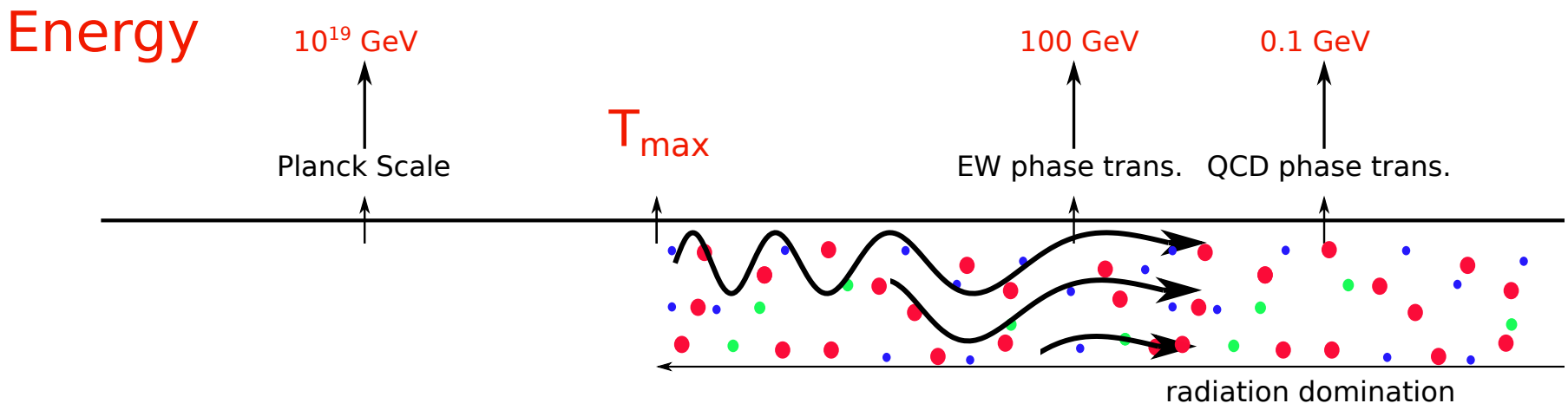

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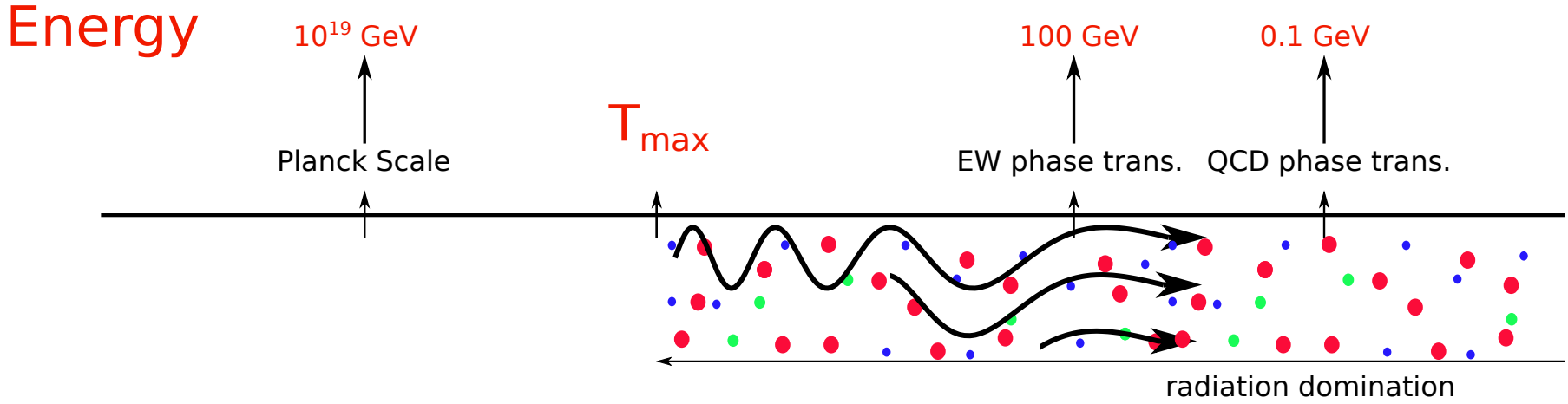


$$\omega_g^{\text{today}} = \left(\frac{g_{*s}(T_0)}{g_{*s}(T)}\right)^{\frac{1}{3}} \frac{k}{T} T_0$$

Cosmic Gravitational Microwave Background (CGMB)

Scalar toy model

$$\mathcal{L} = \sqrt{-g}\left(-g^{\mu\nu}\left(\nabla_\mu\phi\right)^\dagger \nabla_\nu\phi + \frac{\lambda}{4}|\phi|^4\right) + \frac{1}{16\pi G}\sqrt{-g}R$$

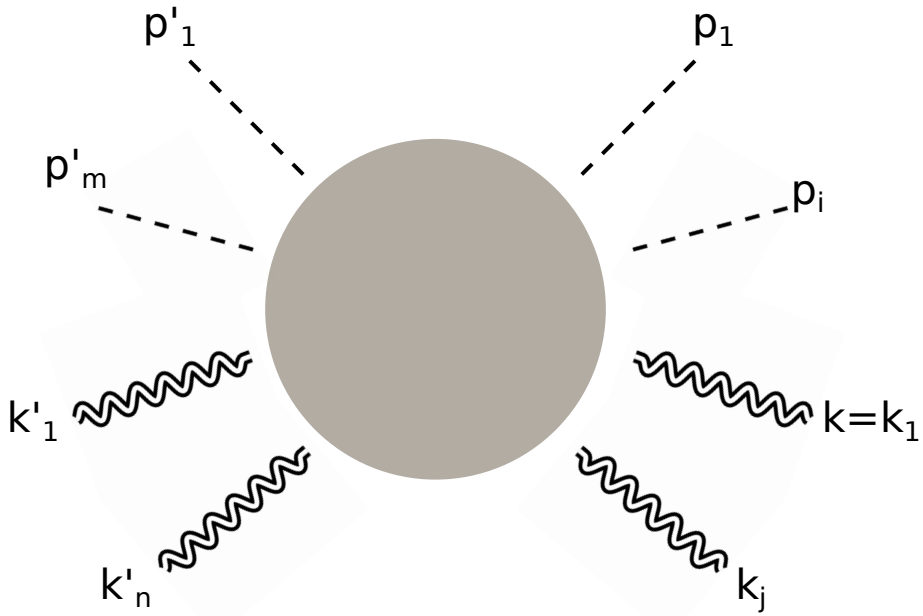
Distribution functions

$$f_\phi(t,k) \equiv \frac{\text{Number of } \phi\text{-states with momentum } k \text{ in } d^3k \text{ interval}}{V\, d^3k/(2\pi)^3},$$

$$f_h(t,k) \equiv \frac{\text{Number of gravitons with momentum } k \text{ in } d^3k \text{ interval}}{V\, d^3k/(2\pi)^3},$$

Evolution equations

$$\begin{aligned} \dot{f}_\phi(t,k) &= G_\phi(t,k) - L_\phi(t,k), \\ \dot{f}_h(t,k) &= G_h(t,k) - L_h(t,k), \end{aligned}$$



$$G_h(t,k) = \frac{1}{4k} \sum_{\substack{\text{all processes } r \\ \text{with at least one} \\ \text{final state graviton}}} S_r \int d\Omega_r \; |\mathcal{M}_r|^2 \times f_\phi(p'_1)\cdots f_\phi(p'_m)\, f_h(k'_1)\cdots f_h(k'_n) \times$$

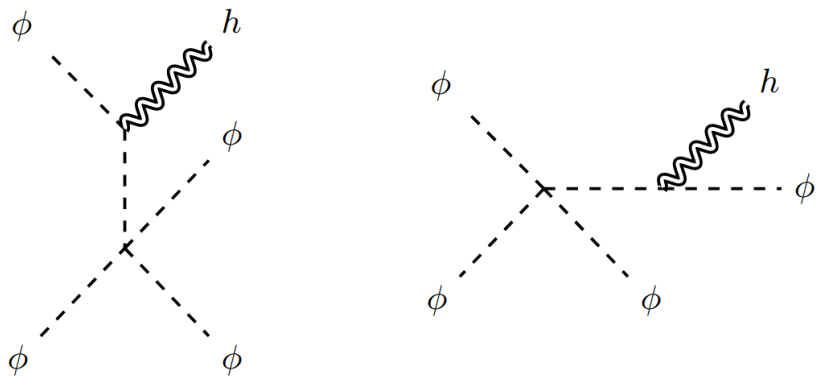
$$\times \left(1+f_\phi(p_1)\right)\cdots\left(1+f_\phi(p_i)\right)\, \left(1+f_h(k)\right)\cdots\left(1+f_h(k_j)\right).$$

$$
\begin{aligned}
f_\phi(k) &= n_{\mathrm{B}}(k) + \cdots, \\
f_h(k) &= 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k) + f_h^{(2,4)}(k) + \cdots,
\end{aligned}
$$

$$f_\phi(k) = n_{\rm B}(k) + \cdots ,$$

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k) + f_h^{(2,4)}(k) + \cdots ,$$

Single graviton production



$$|\mathcal{M}|^2 \sim \lambda^2 \left(\frac{1}{m_p}\right)^2$$

$$f_\phi(k) = n_{\rm B}(k) + \cdots ,$$

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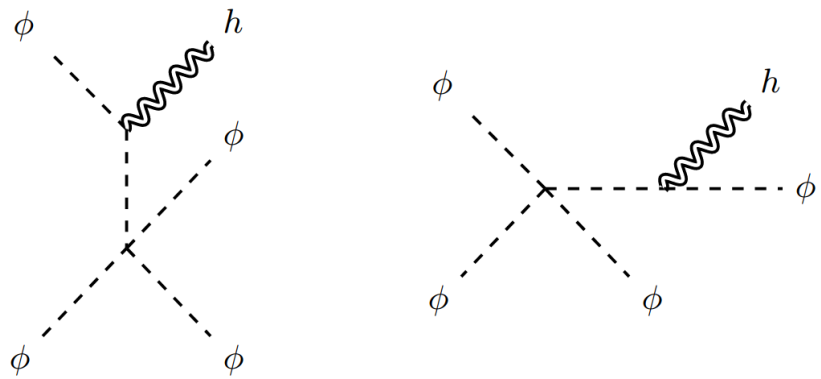
Single graviton production

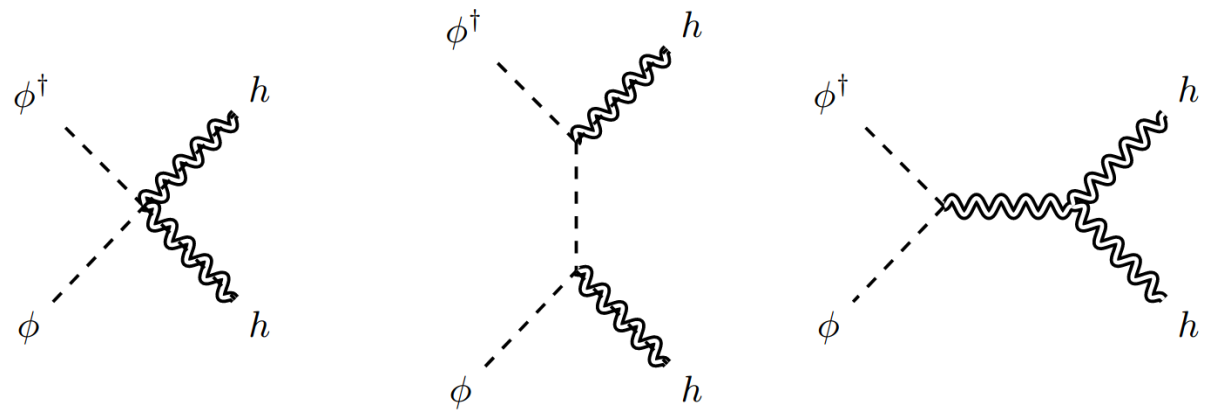


$$|\mathcal{M}|^2 \sim \lambda^2 \left(\frac{T_{\rm max}}{m_p}\right)^2$$

$$f_\phi(k) = n_{\rm B}(k) + \cdots ,$$

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k) + f_h^{(2,4)}(k) + \cdots ,$$

graviton pair production

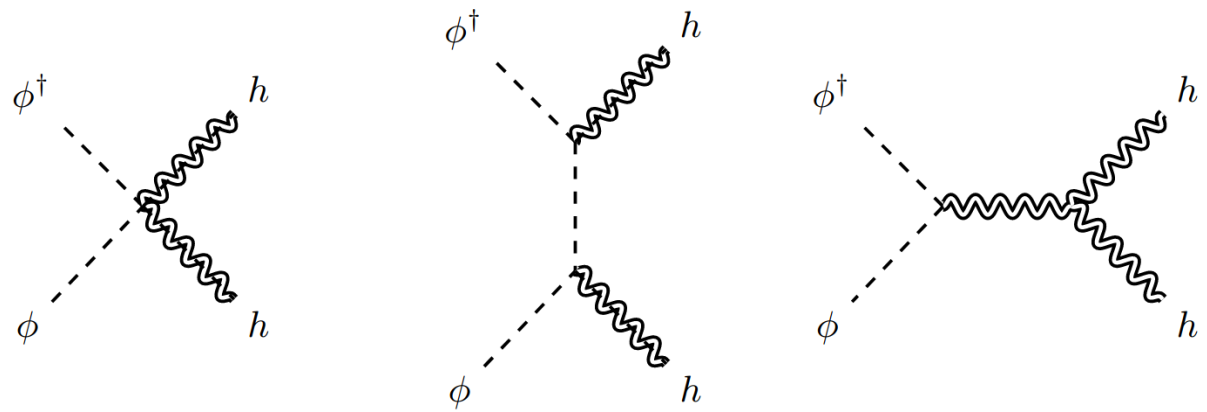


$$|\mathcal{M}|^2 \sim \left(\frac{1}{m_p}\right)^4$$

$$f_\phi(k) = n_{\rm B}(k) + \cdots ,$$

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k) + f_h^{(2,4)}(k) + \cdots ,$$

graviton pair production

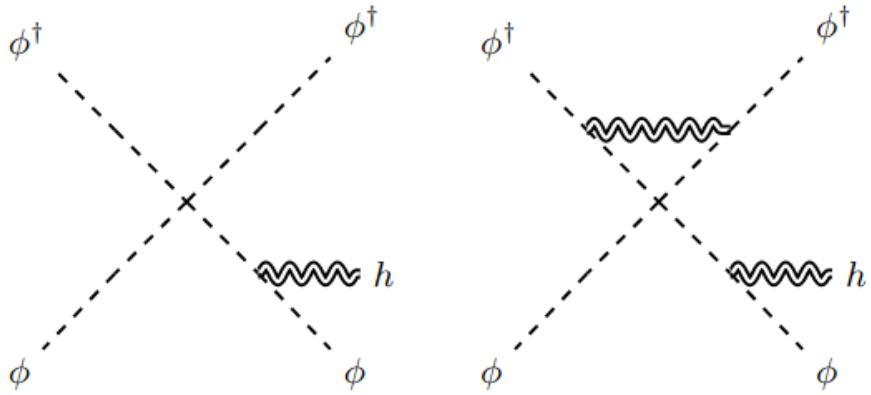


$$|\mathcal{M}|^2 \sim \left(\frac{T_{\rm max}}{m_p}\right)^4$$

$$f_\phi(k) = n_{\rm B}(k) + \cdots ,$$

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k) + f_h^{(2,4)}(k) + \cdots ,$$

Quantum gravity effects

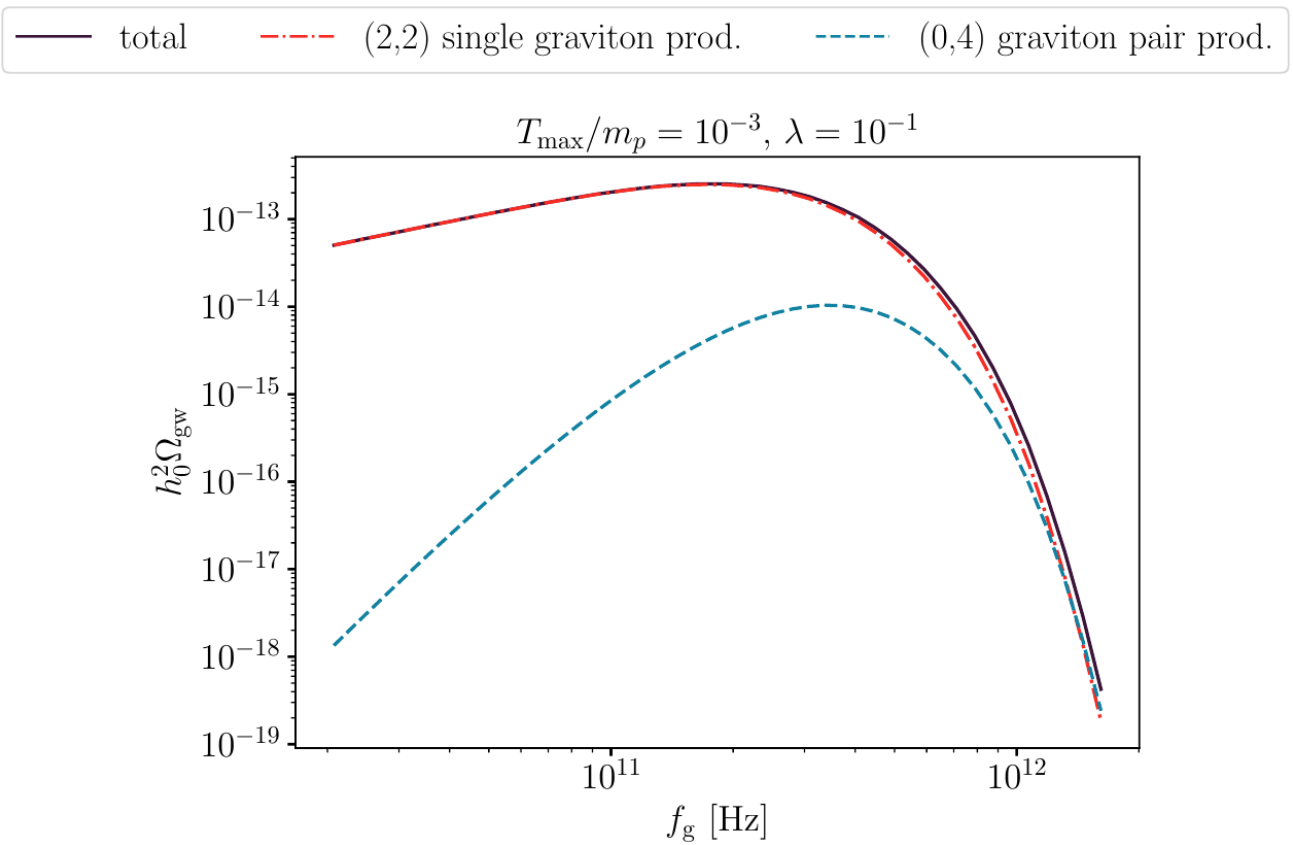


Interference effects

$$|\mathcal{M}|^2 \sim \lambda^2 \left(\frac{T_{\rm max}}{m_p} \right)^4$$

$$h_0^2\Omega_{\rm gw}(f_{\rm g}) \sim \frac{T_{\rm max}}{m_{\rm p}}\, n_{\rm B}(y_{\rm max}) \left(\lambda^2 \psi^{(2,2)}(y_{\rm max}) + \frac{1}{3}\left(\frac{T_{\rm max}}{m_{\rm p}}\right)^2 \psi^{(0,4)}(y_{\rm max}) + \frac{1}{3}\lambda^2 \left(\frac{T_{\rm max}}{m_{\rm p}}\right)^2 \psi^{(2,4)}(y_{\rm max}) \right)$$

with $y_{\rm max} \equiv \frac{2\pi f_{\rm g}}{T_{\rm today}} \left(\frac{g_{*s}(T_{\rm max})}{g_{*s}(T_{\rm today})}\right)^{1/3} = 0.14 \left(\frac{f_{\rm g}}{10^{10}\ {\rm Hz}}\right) \left(\frac{g_{*s}(T_{\rm max})}{2}\right)^{1/3}$



[Ghiglieri, **JSE**, Speranza 22]

$$h_0^2 \Omega_{\rm gw}(f_{\rm g}) \sim \frac{T_{\rm max}}{m_{\rm p}} n_{\rm B}(y_{\rm max}) \left(\lambda^2 \psi^{(2,2)}(y_{\rm max}) + \frac{1}{3}\left(\frac{T_{\rm max}}{m_{\rm p}}\right)^2 \psi^{(0,4)}(y_{\rm max}) + \frac{1}{3}\lambda^2 \left(\frac{T_{\rm max}}{m_{\rm p}}\right)^2 \psi^{(2,4)}(y_{\rm max}) \right)$$

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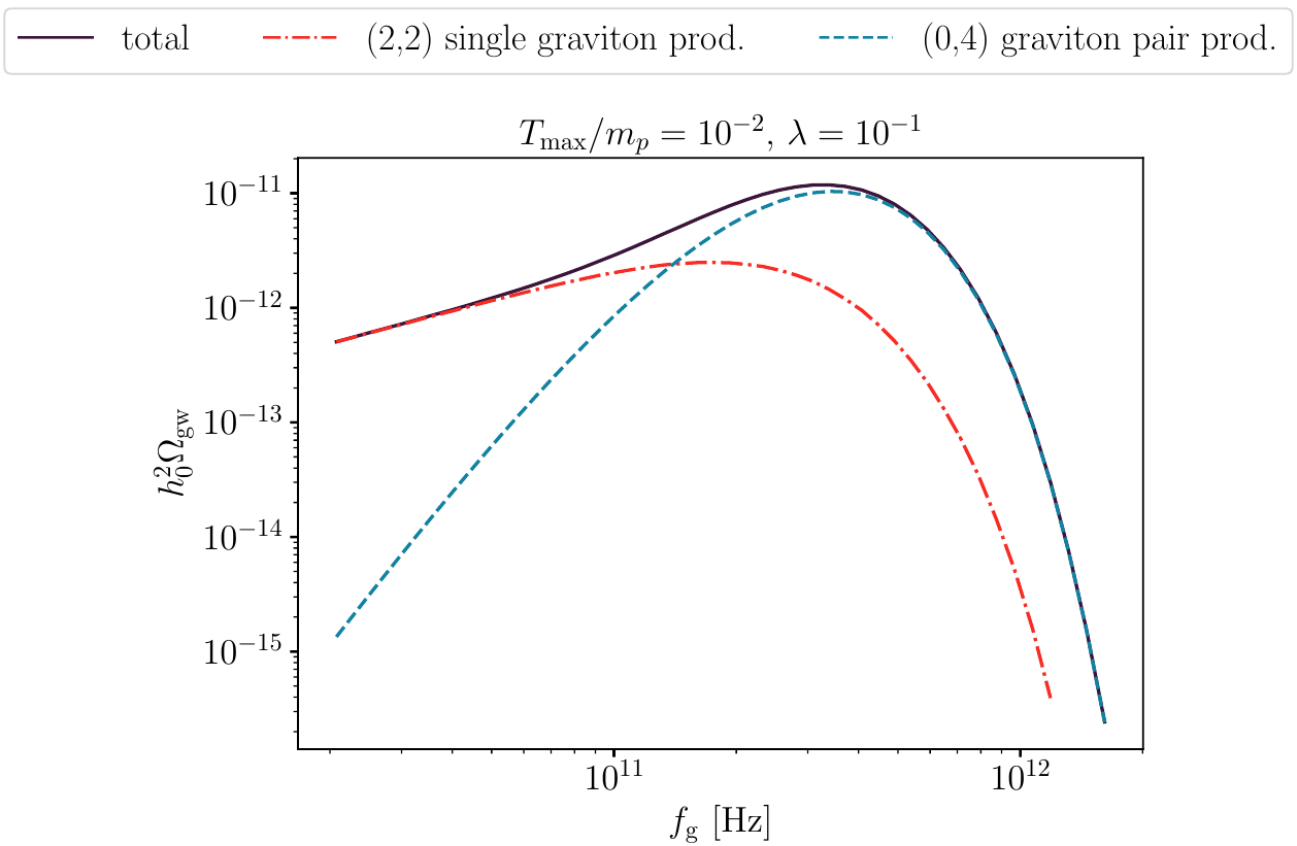


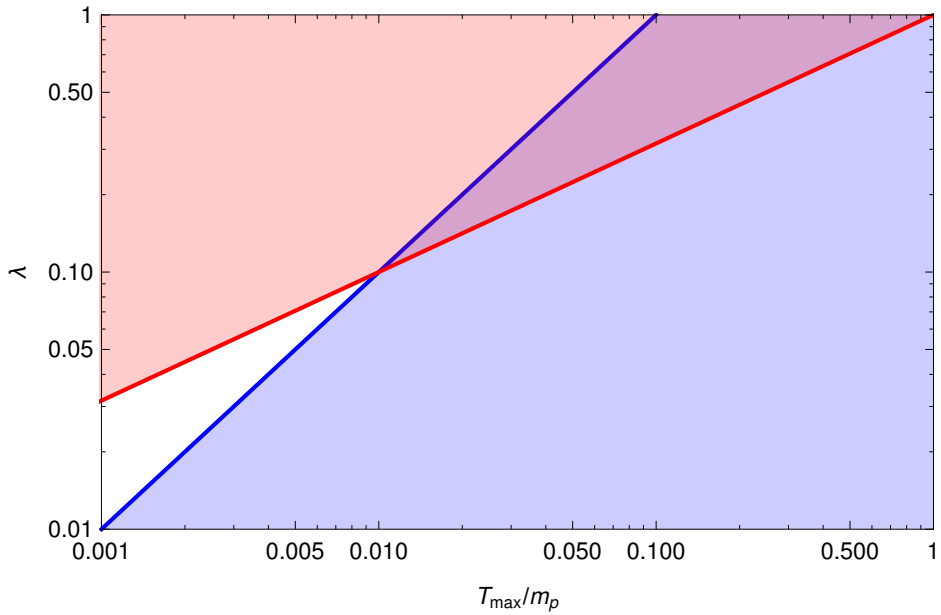
[Ghiglieri, **JSE**, Speranza 22]

Graviton pair production dominates if:

$$\lambda^2 \psi^{(2,2)}(y_{\max}) < \frac{1}{3}\left(\frac{T_{\max}}{m_{\rm p}}\right)^2 \psi^{(0,4)}(y_{\max})$$

$$10\,\frac{T_{\max}}{m_{\rm p}} \gtrsim \lambda$$

(result also applies for more general models)



Equilibrium condition:

$$H < \dot{f}_\phi$$

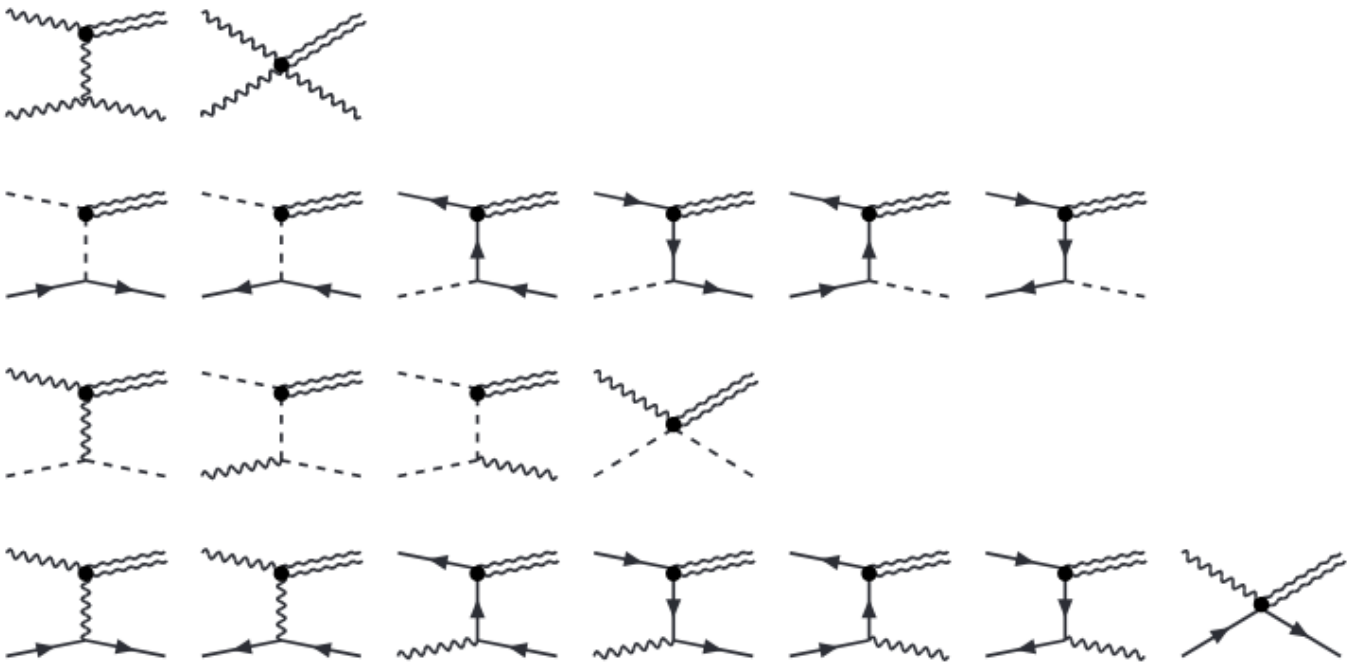
with $H \sim \frac{T^2}{m_{\rm p}}$ and $\dot{f}_\phi \sim \lambda^2 T$

$$\lambda^2 \gtrsim \frac{T_{\max}}{m_{\rm p}}$$

SM calculation

$$\mathcal{L} = \sqrt{-g}\mathcal{L}_{\mathrm{SM}} + \frac{1}{16\pi G}\sqrt{-g}R$$

The CGMB spectrum in the Standard Model

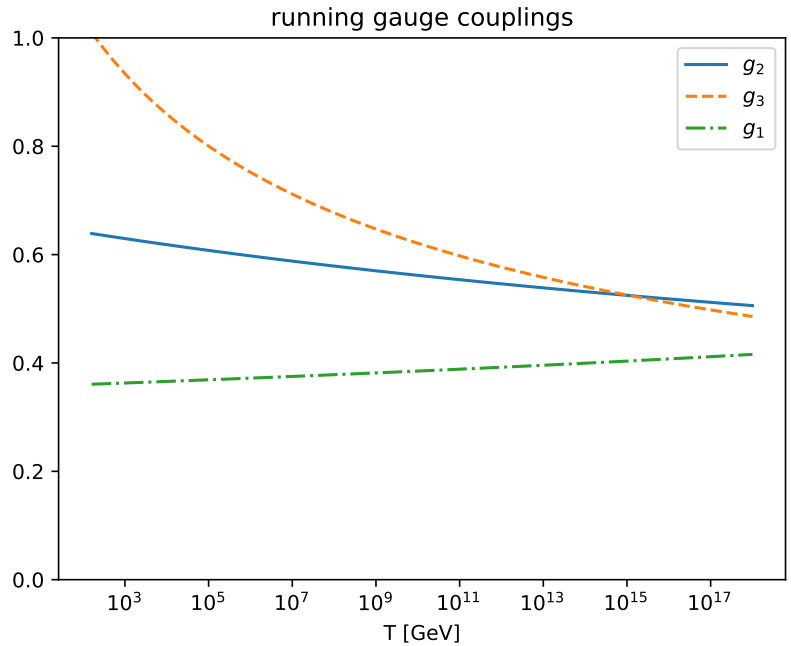


[Ghiglieri, Jackson, Laine, Zhu 20]

- Only single graviton production processes included
- Graviton pair production not yet known

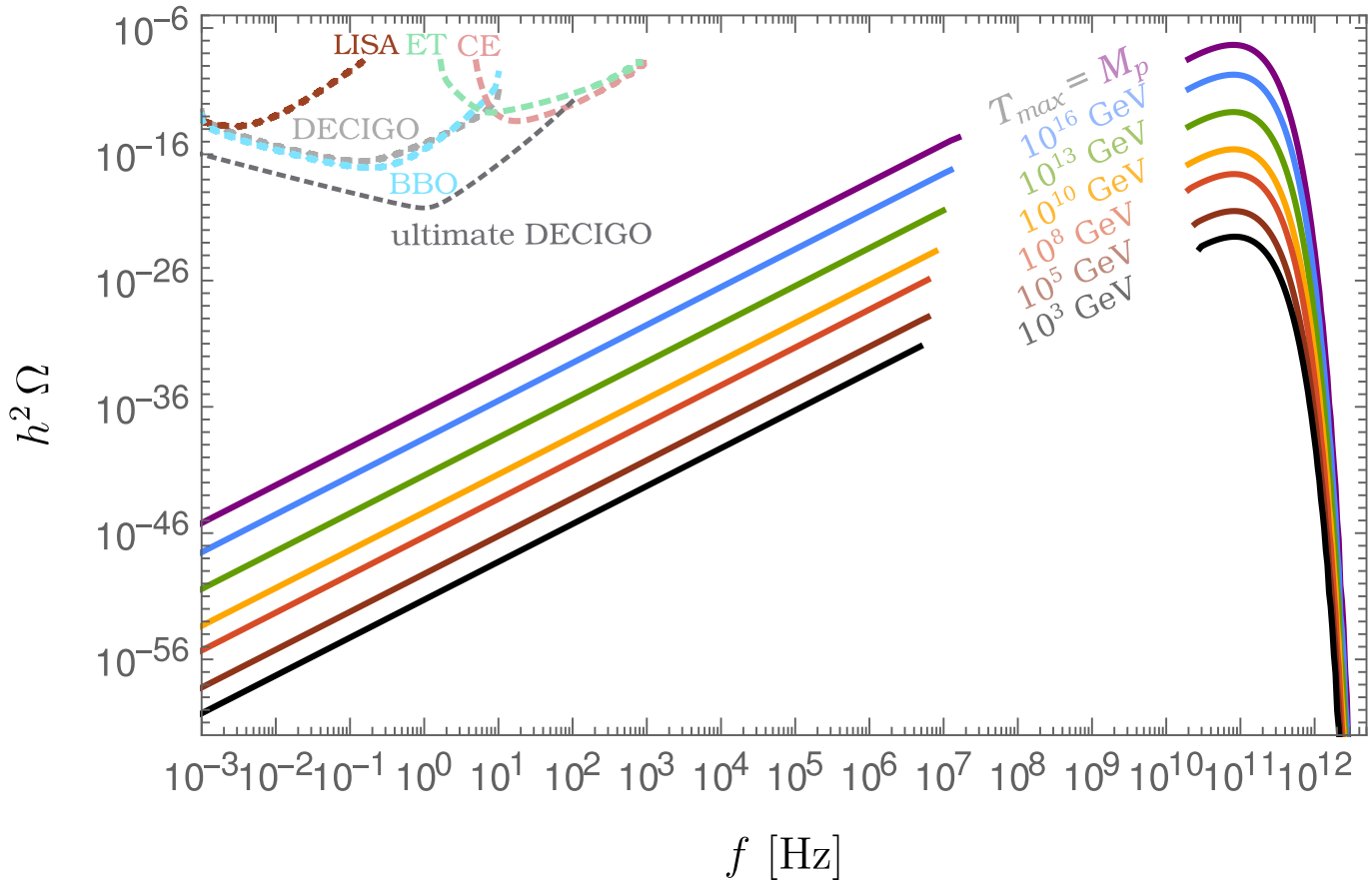
Graviton pair production dominates if:

$$X \frac{T_{\max}}{m_{\mathrm{p}}} \gtrsim \text{couplings}$$



[Laine, Schicho, Schröder 19]

The CGMB spectrum in the SM and beyond



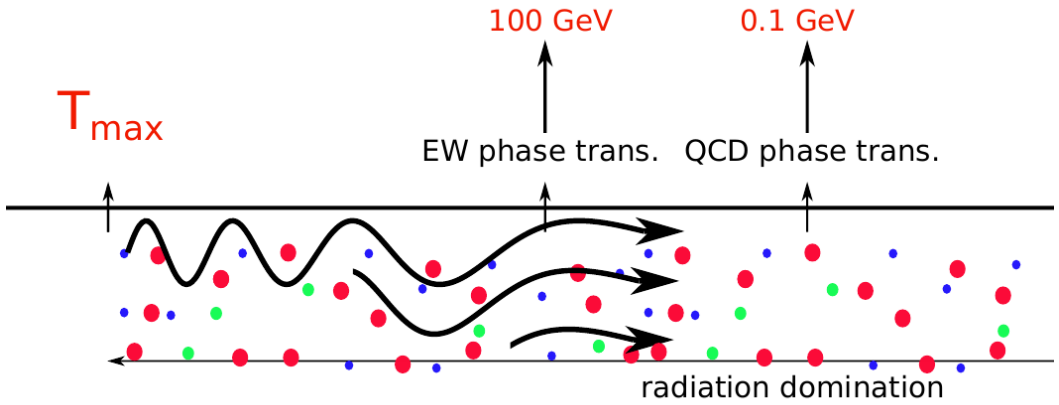
[Ghiglieri, Jackson, Laine, Zhu 20], [Ringwald, **JSE**, Tamarit 20]

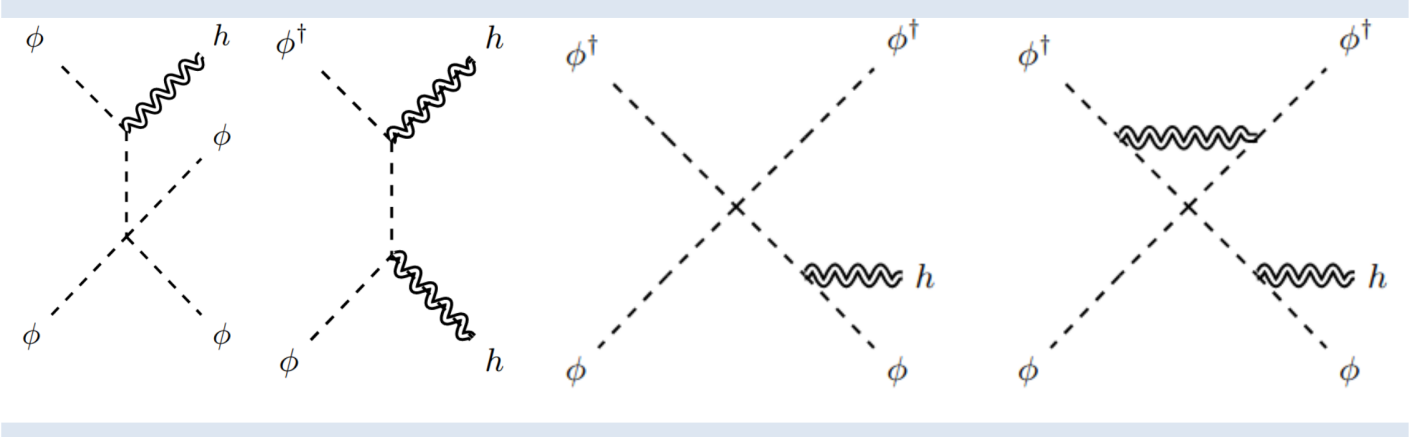
In BSM theories:

$$f_{\rm peak}(T_{\rm max}) \sim \left[\frac{106.75}{g_{*s}(T_{\rm max})}\right]^{\frac{1}{3}}$$

	SM	MSSM
$g_{*s}(T_{\rm max})$	106.75	228

Conclusions





$$f_{\text{peak}}(T_{\text{max}}) \sim \left[\frac{106.75}{g_{*s}(T_{\text{max}})}\right]^{\frac{1}{3}}$$

Backup

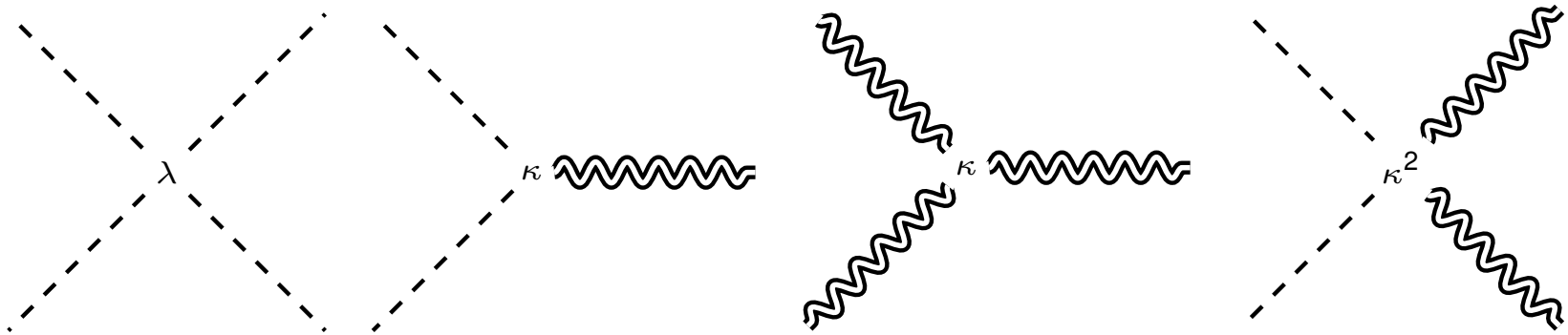
CGMB for complex scalar model

$$\mathcal{L}_\phi = \sqrt{-g}\left(-g^{\mu\nu}\left(\nabla_\mu\phi\right)^\dagger\nabla_\nu\phi + \frac{\lambda}{4}|\phi|^4\right),$$

$$\mathcal{L}_{\rm EH} = 2\kappa^{-2}\sqrt{-g}\,R, \quad \kappa \equiv \sqrt{32\pi G}, \quad G \equiv 1/m_p^2$$

Expansion around flat space-time:

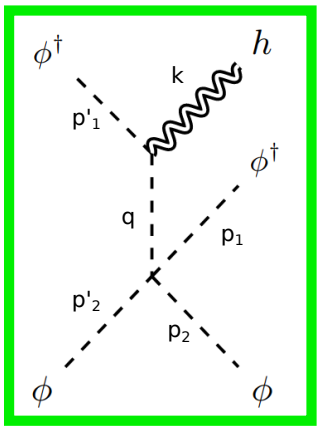
$$\begin{aligned}\mathcal{L} = \mathcal{L}_{\rm EH} + \mathcal{L}_\phi \;=\; & -\eta^{\mu\nu}\left(\partial_\mu\phi\right)^\dagger\partial_\nu\phi - U + \frac{1}{2}\partial_\mu h^{\sigma\nu}\partial^\mu h_{\sigma\nu} \\ & +\kappa\, h^{\mu\nu}\left(\partial_\mu\phi\right)^\dagger\partial_\nu\phi + \kappa\left(-\frac{1}{2}h^\alpha_{\ \beta}\partial_\alpha h^\mu_{\ \nu}\partial^\beta h^\nu_{\ \mu} - h^\alpha_{\ \beta}\partial_\mu h^\nu_{\ \alpha}\partial^\mu h^\beta_{\ \nu} + h^\beta_{\ \mu}\partial_\nu h^\alpha_{\ \beta}\partial^\mu h^\nu_{\ \alpha}\right) \\ & +\kappa^2\left[\left(-h^{\mu\lambda}h_\lambda^{\ \nu} + \frac{1}{4}\eta^{\mu\nu}h^\alpha_{\ \rho}h^\rho_{\ \alpha}\right)\left(\partial_\mu\phi\right)^\dagger\partial_\nu\phi + \frac{1}{4}h^\alpha_{\ \rho}h^\rho_{\ \alpha}\,U\right] + \mathcal{O}(h^3).\end{aligned}$$



Details on the Matrix elements

$$|\mathcal{M}|^2 = \frac{\lambda^2\kappa^2}{4} V_{\mu\nu} V_{\alpha\beta} \epsilon^{*\chi\alpha\beta}\epsilon^{\chi\mu\nu} \quad \text{(for process } \phi^\dagger\phi \to \phi^\dagger\phi h\text{)}$$

$$V_{\mu\nu} = -\frac{1}{q_1^2}\left(p'_{1\mu}q_{1\nu} + p'_{1\nu}q_{1\mu}\right) + \frac{1}{q_2^2}\left(p'_{2\mu}q_{2\nu} + p'_{2\nu}q_{2\mu}\right) - \frac{1}{q_3^2}\left(p_{1\mu}q_{3\nu} + p_{1\nu}q_{3\mu}\right) - \frac{1}{q_4^2}\left(p_{2\mu}q_{4\nu} + p_{2\nu}q_{4\mu}\right)$$



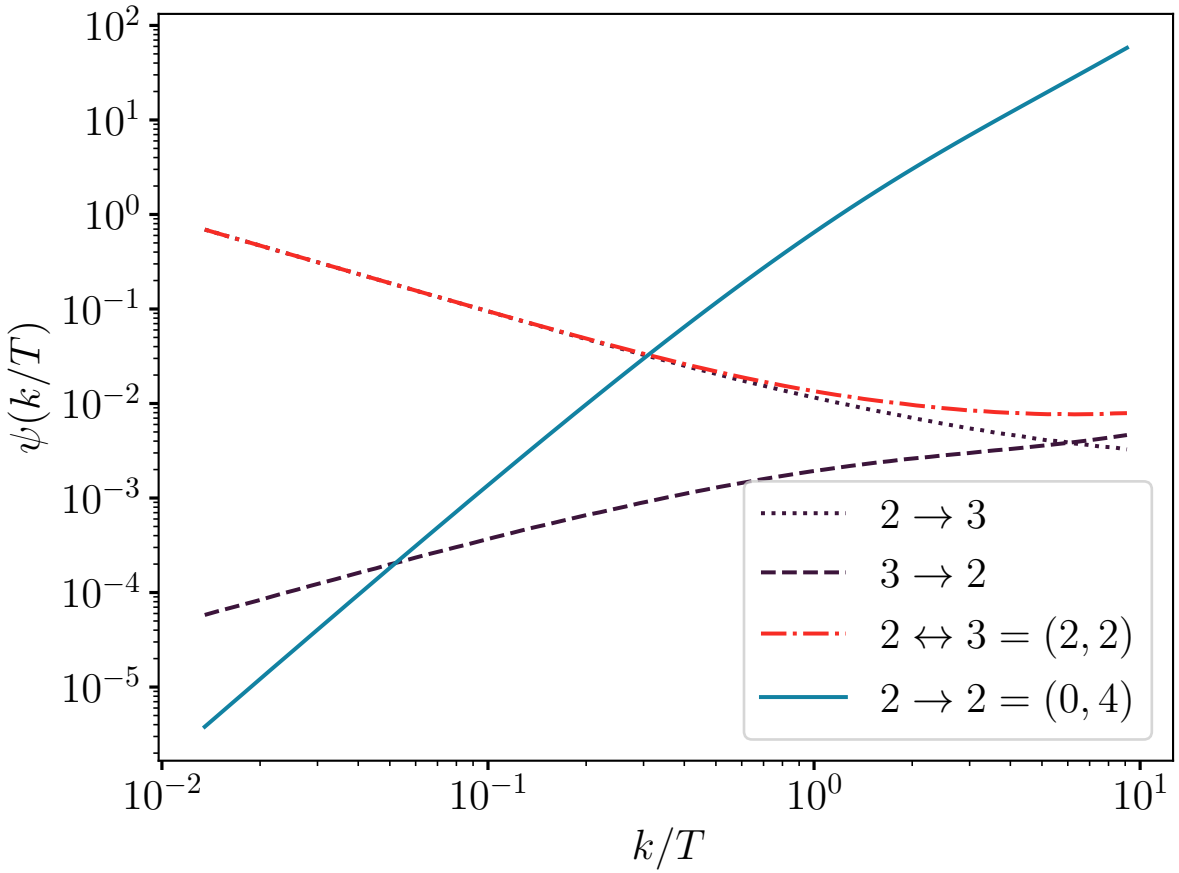
$$\sum_\chi |\mathcal{M}|^2 = \frac{\lambda^2\kappa^2}{4} V_{\mu\nu} V_{\alpha\beta} L^{\mu\nu\alpha\beta}$$

$$L_{\mu\nu\alpha\beta} = \frac{1}{2}\left(P_{\mu\alpha}P_{\nu\beta} + P_{\mu\beta}P_{\nu\alpha} - P_{\mu\nu}P_{\alpha\beta}\right), \quad P_{\mu\nu} = \eta_{\mu\nu} - \frac{k_\mu n_\nu + k_\nu n_\mu}{k\cdot n} - \frac{k_\mu k_\nu}{(k\cdot n)^2}$$

$$\sum_\chi |\mathcal{M}|^2 = \frac{\lambda^2 16\pi}{m_p^2}\left(\frac{(p'_1\cdot p'_2)^2}{p'_1\cdot k\, p'_2\cdot k} + \frac{(p_1\cdot p_2)^2}{p_1\cdot k\, p_2\cdot k} - \frac{(p'_1\cdot p_1)^2}{p'_1\cdot k\, p_1\cdot k} - \frac{(p'_2\cdot p_1)^2}{p'_2\cdot k\, p_1\cdot k} - \frac{(p'_1\cdot p_2)^2}{p'_1\cdot k\, p_2\cdot k} - \frac{(p'_2\cdot p_2)^2}{p'_2\cdot k\, p_2\cdot k} - 2\right)$$

$$\dot{f}_h^{(i,j)}(k) = \frac{1}{2k}\, T^2 \left(\frac{T}{m_{\rm P}}\right)^j \lambda^i\, n_{\rm B}\left(\frac{k}{T}\right)\, \psi^{(i,j)}\left(\frac{k}{T}\right)$$

for $(i,j) = (2,2)$ and $(i,j) = (0,4)$



[Ghiglieri, **JSE**, Speranza]

GW spectrum

Reminder:

$$f_h(t,k) \equiv \frac{\text{Number of gravitons with momentum } k \text{ in } d^3k \text{ interval}}{V\, d^3k/(2\pi)^3},$$

$$\frac{d}{dt}\rho_{\rm gw}(t,k) = 2k\dot{f}_h(t,k)\frac{d^3k}{(2\pi)^3}$$

In expanding universe:

$$(\partial_t + 4H)\rho_{\rm gw}(t) = \int \frac{d^3k}{(2\pi)^3} R(t,k), \qquad R(t,k) \equiv 2\,k\,\dot{f}_h(t,k)$$

We can integrate this by using $\dot{s} + 3Hs = 0$:

$$\frac{\rho_{\rm gw}(t_1)}{s^{4/3}(t_1)} - \frac{\rho_{\rm gw}(t_0)}{s^{4/3}(t_0)} = \int_{t_0}^{t_1} dt\, \frac{1}{s^{4/3}(t)} \int \frac{d^3k}{(2\pi)^3} R(T(t),k)$$

Use to convert to temperature integral:

$$\frac{dT}{dt} = -\sqrt{\frac{4\pi^3}{45}} g_{*\rho}(T)^{\frac{1}{2}} \frac{g_{*s}(T)}{g_{*c}(T)} \frac{T^3}{m_{\rm p}}$$

Inflationary bound on $T_{\max}$

$$\rho_{\inf} = 3H_{\inf}^2 M_P^2 \approx \frac{3}{2}\pi^2 r A_S M_p^4$$

From CMB observations:

$$\rho_{\inf} < \left(1.6 \times 10^{16}\,\mathrm{GeV}\right)^4$$

And with

$$\rho_{\inf} = \frac{\pi^2}{30} g_{*\rho}(T_{\max})\, T_{\max}^4$$

$$T_{\max} < 6.6 \times 10^{15}\,\mathrm{GeV} \left[\frac{106.75}{g_{*\rho}(T_{\max})}\right]^{\frac{1}{4}}$$

Stochastic GWs: dark radiation constraints

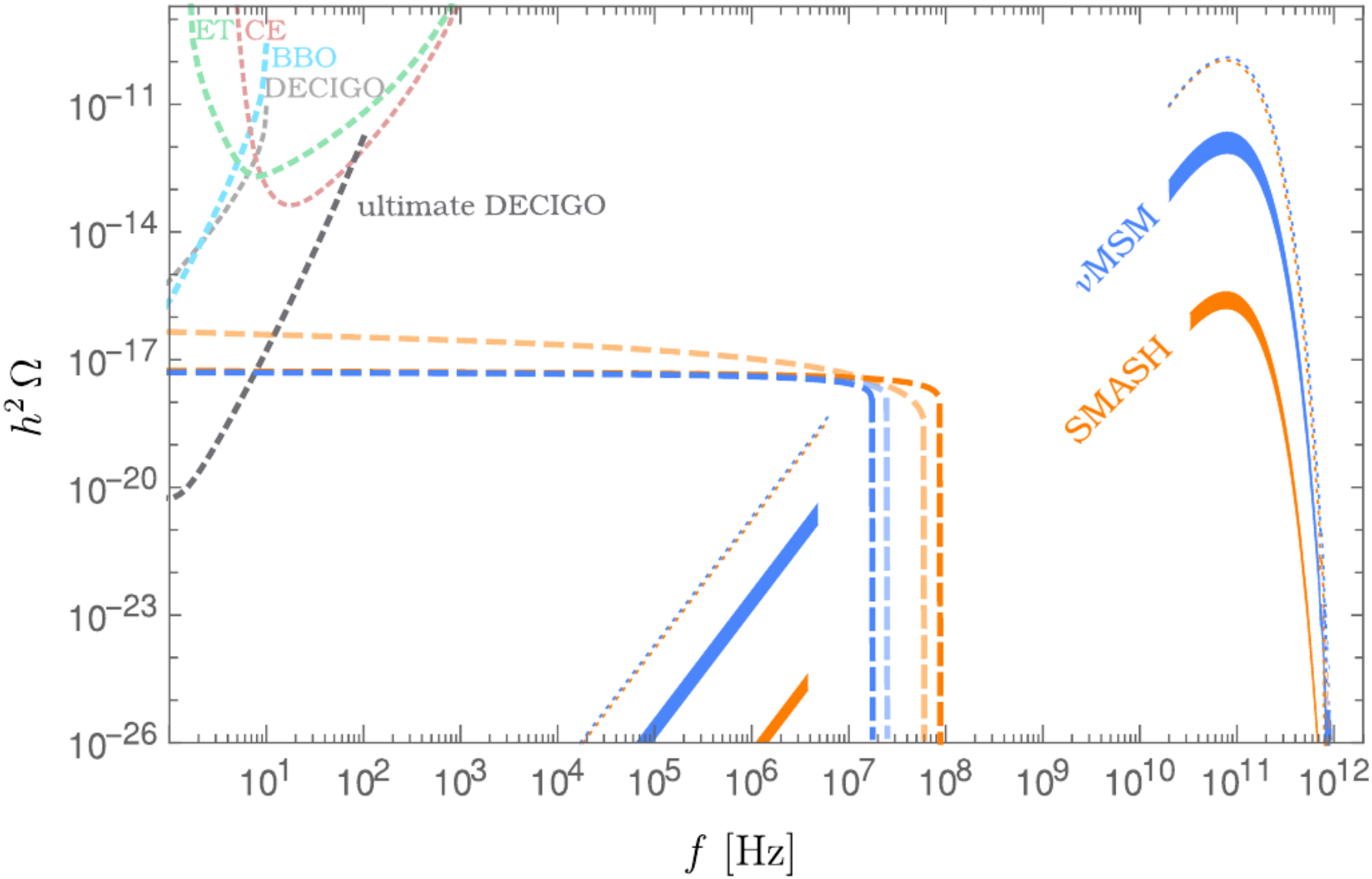
$$\Omega_{\rm gw} = \frac{1}{\rho}\frac{d\rho_{\rm gw}}{d\ln f}, \qquad \text{with} \quad \rho = \frac{3H_0^2}{8\pi G}$$

$$\frac{\rho_{\rm gw}}{\rho} = \int_0^\infty \frac{df}{f}\Omega_{\rm gw} \approx \Omega_{\rm gw}(f_{\rm peak})$$

$$h_0^2\frac{\rho_{\rm gw}}{\rho} \leq h_0^2\frac{\Delta\rho_{\rm rad}}{\rho} = h_0^2\Omega_\gamma\frac{7}{8}\left(\frac{4}{11}\right)^{\frac{4}{3}}\Delta N_{\rm eff} = 5.6\times10^{-6}\,\Delta N_{\rm eff}$$

$$h_0^2\Omega_{\rm gw}(f_{\rm peak}) \leq 1.68\times10^{-6}\left(\frac{\Delta N_{\rm eff}}{0.3}\right)$$

$g_{*s}(T_0) = 3.90$, $g_{*s}(T) = 10.75$, $T_0 = 2.72\,\text{K}$, $h^2\Omega_\gamma = 2.47\times10^{-5}$



[Ringwald, JSE, Tamarit 20]

SMASH: 8×10^9 GeV$< T_{\rm max} < 2 \times 10^9$ GeV

νMSM: 3×10^{13} GeV$< T_{\rm max} < 1 \times 10^{14}$ GeV

Detection prospects

GW photon mixing

$$\mathcal{L} \supset -\frac{1}{4}\eta^{\mu\alpha}\eta^{\nu\beta}F_{\mu\nu}F_{\alpha\beta}$$

In curved spacetime:

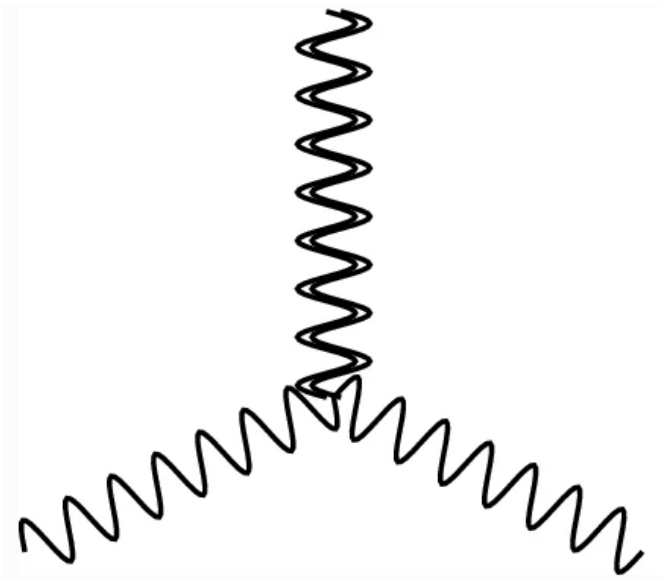
$$\mathcal{L} \supset -\sqrt{-g}\,\frac{1}{4}g^{\mu\alpha}g^{\nu\beta}F_{\mu\nu}F_{\alpha\beta}$$

Linearized Gravity

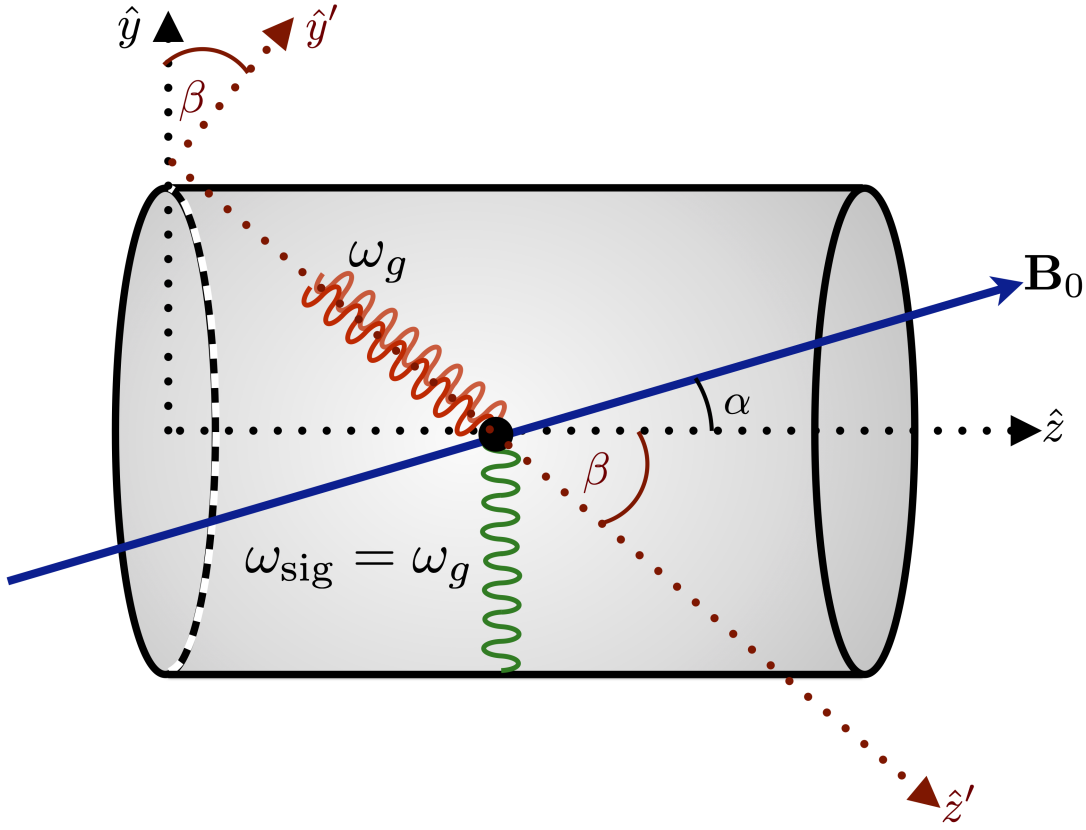
$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$$

Then Lagrangian contains terms of the form:

$$\mathcal{L} \supset -\frac{1}{4}\eta^{\mu\alpha}\, h^{\nu\beta}\, F_{\mu\nu}F_{\alpha\beta}$$

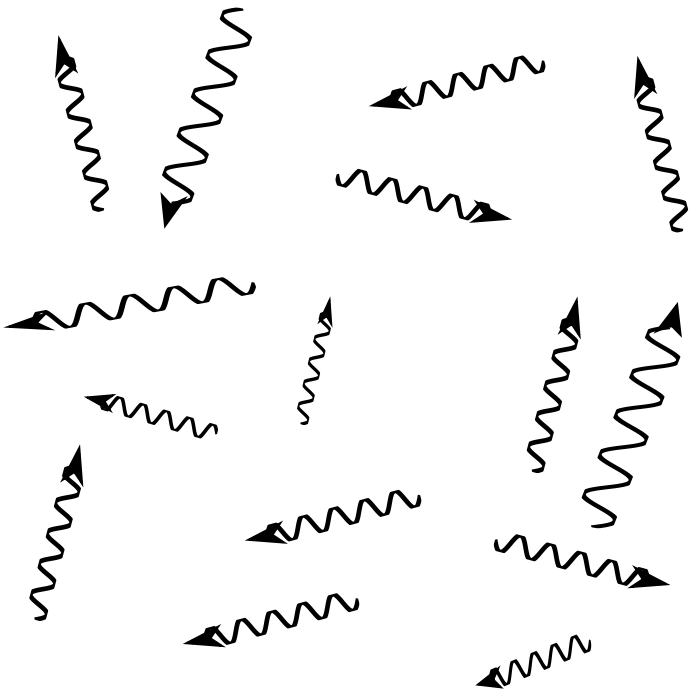


cf. axions $\mathcal{L} \supset -\frac{1}{4}g_{a\gamma}\, a\, F_{\mu\nu}\tilde{F}^{\mu\nu}$



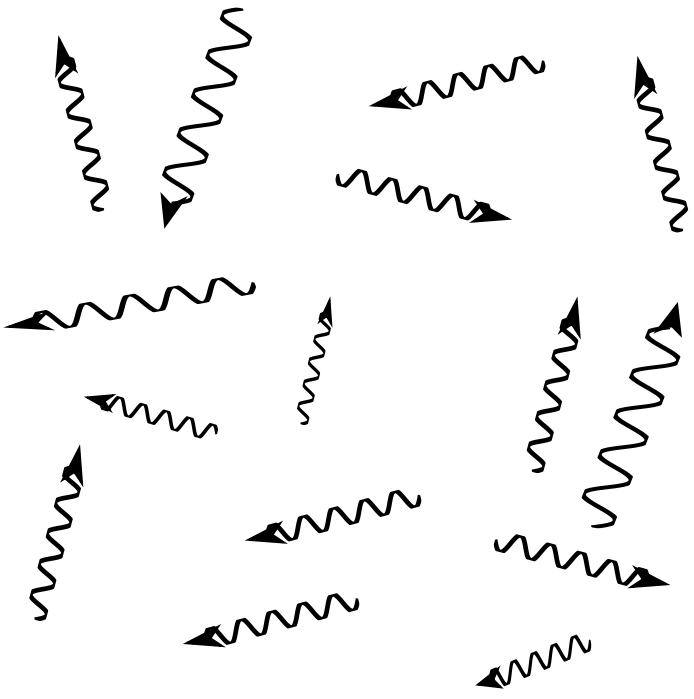
Resonance frequencies in GHz regime

Sensitivity to stochastic GW background



- $S_{\mathrm{sig}}(\omega) = \frac{\omega_n}{Q}\frac{(\omega\omega_n)^2}{(\omega^2-\omega_n^2)^2+(\omega\omega_n/Q)^2}\,|\eta|^2\,B_0^2\,V_{\mathrm{cav}}\,S_h(\omega)$
- Thermal noise $S_{\mathrm{noise}}(\omega) = \frac{4\pi T(\omega\omega_n/Q)^2}{(\omega^2-\omega_n)^2+(\omega\omega_n/Q)^2}$
- Non-coherent signal appears as an additional noise source in the detector

Sensitivity to stochastic GW background



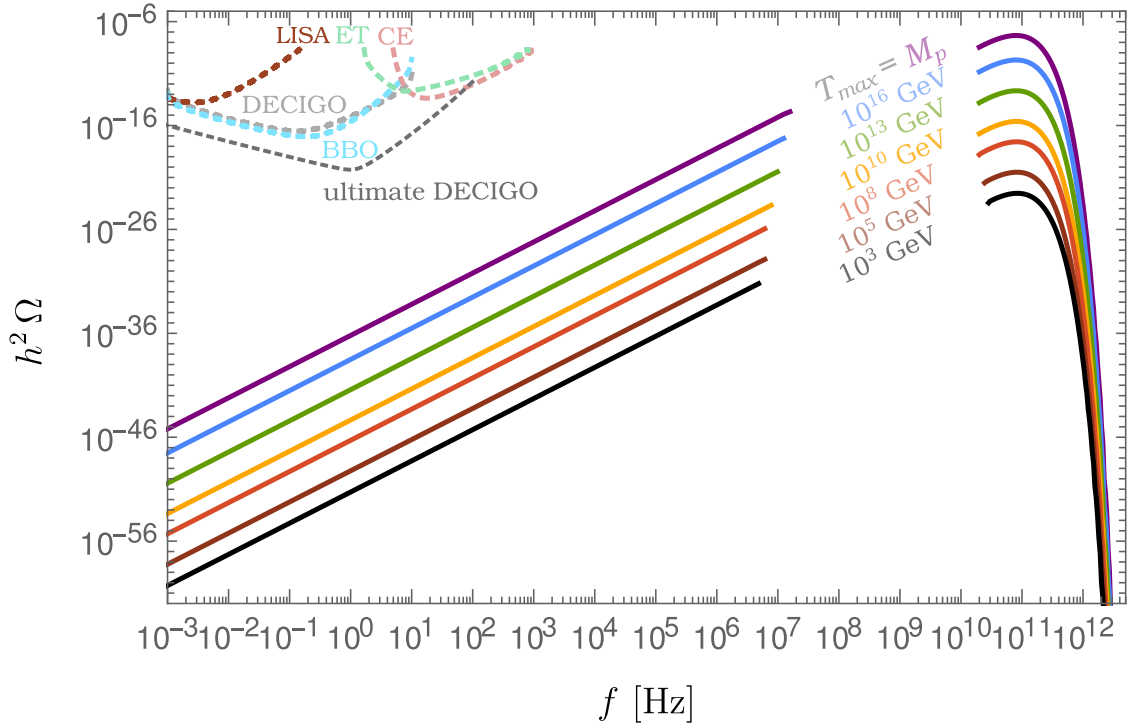
- $\mathrm{SNR} = \frac{S_{\mathrm{sig}}}{S_{\mathrm{noise}}} = \frac{\omega_n Q}{4\pi T} |\eta|^2 B_0^2 V_{\mathrm{cav}} S_h(\omega_g)$
- $\Omega_{\mathrm{GW}}(\omega) = \frac{2}{3} \frac{\omega^3}{H_0^2} S_h(\omega)$

- $\Omega_{\mathrm{GW}} = 8 \times 10^{10} \times \left(\frac{(0.2)^2}{|\eta|^2}\right) \left(\frac{10\,\mathrm{T}}{B_0}\right)^2 \left(\frac{\omega_n}{1\,\mathrm{GHz}}\right)^2 \left(\frac{1\,\mathrm{m}^3}{V_{\mathrm{cav}}}\right) \left(\frac{10^{12}}{Q}\right) \left(\frac{T_{\mathrm{sys}}}{10\,\mathrm{mK}}\right)$
- Cosmologically produced GW backgrounds $\Omega_{\mathrm{GW}} < 10^{-6}$.

GW production in primordial plasma

$$\frac{1}{\rho_c^{(0)}}\frac{d\rho^0_{\rm CGMB}}{d\ln f} = \Omega_{\rm CGMB}(f)$$

$$\Omega_{\rm CGMB}(f) \simeq \frac{1440\sqrt{10}}{2\pi^2 M_P}\,\Omega_\gamma\,[g_{*s}(\mathrm{fin})]^{1/3}\,\frac{f^3}{T_0^3}\int_{T_{\rm ewco}}^{T_{\rm max}} dT\,\frac{g_{*c}(T)}{[g_{*s}(T)]^{4/3}\,[g_{*\rho}(T)]^{1/2}}\,\hat{\eta}\left(T, 2\pi\left[\frac{g_{*s}(T)}{g_{*s}(\mathrm{fin})}\right]^{1/3}\frac{f}{T_0}\right)$$



(for SM)

GW production in primordial plasma

$$\Omega_{CGMB}(f_{\rm peak}) \approx 2.7 \times 10^{-8} \left(\frac{g_{*s}(T_{\rm max})}{106.75}\right)^{-11/6} \frac{T_{\rm max}}{M_p} \times (\text{model dep. factor})$$

$$f_{\rm peak}(T_{\rm max}) \approx 79.8\,{\rm GHz} \left[\frac{106.75}{g_{*s}(T_{\rm max})}\right]^{\frac{1}{3}} \times (\text{model dep. factor})$$

	SM	νMSM	SMASH	MSSM
$g_{*s}(T_{\rm max}) \approx$	106.75	109.75	124	228

characteristic amplitude:

$$h_c(f) = 1.26 \times 10^{-18} \left[\frac{\rm Hz}{f}\right] \times \sqrt{h^2\,\Omega^{(0)}_{\rm GW}(f)}\,.$$