

# Thermal Effects on Nonthermal Species



Michael Ratz



August 21 2023



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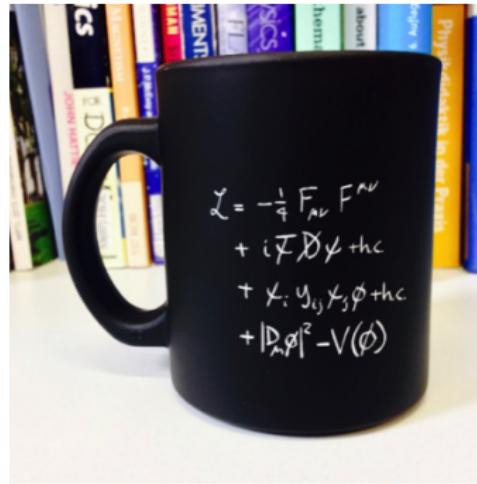
Based on:

- W. Buchmüller, K. Hamaguchi, O. Lebedev & M.R. Nucl. Phys. B699, 292-308 (2004)
- B. Lillard, M.R., T. Tait & S. Trojanowski JCAP 1807 no. 07, 056 (2018)
- V. Knapp-Pérez, G. Mohlabeng, M.R. & T. Tait, in preparation

# Disclaimers and apologies

- very little citations
- many cartoons

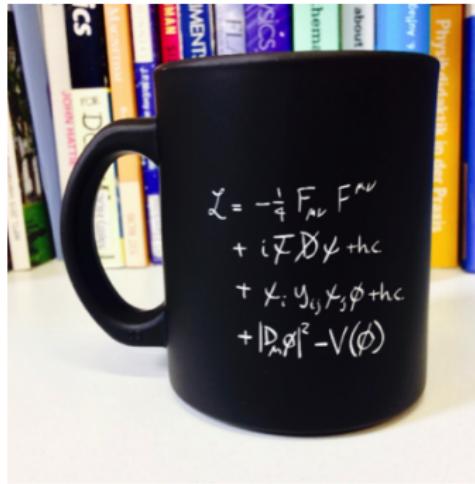
# Main message



[https://home.cern/news/news/cern/  
sit-down-coffee-standard-model](https://home.cern/news/news/cern/sit-down-coffee-standard-model)

- ☞ standard model (SM) particles interact via gauge and Yukawa couplings

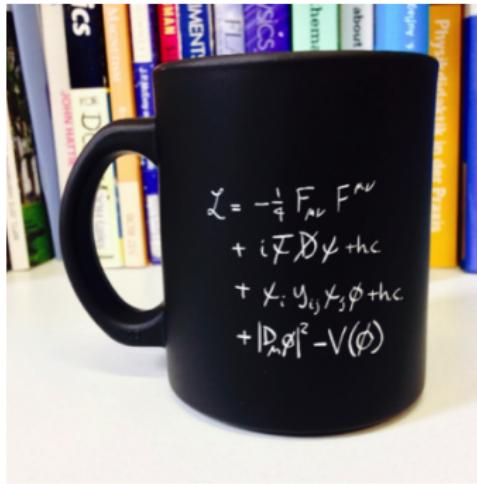
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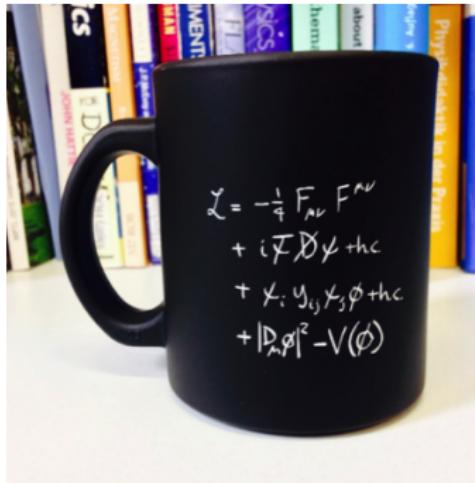
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- ☞ naive picture: equilibrium thermodynamics only concerns equilibrated species

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- ☞ thermal history of SM particles discussed in many textbooks
- ☞ naive picture: equilibrium thermodynamics only concerns equilibrated species

## Main message of this talk

“equilibrium-style” thermodynamics can be particularly important for nonequilibrated species

# Overview

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- consider field-dependent couplings/masses

$$g = g(S/\Lambda), \quad y = y(S/\Lambda) \quad \text{and/or} \quad m = m(S) \sim \lambda S$$

weakly coupled scalar (modulus, flavon, dark scalar ...)

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- ☞  $S$  is weakly coupled:  $\begin{cases} \Lambda \text{ is large (e.g. } \Lambda \sim M_P) \\ \text{and} \\ \lambda \text{ is small } (\lambda \ll 1) \end{cases}$

$$\frac{T^3}{\Lambda^2} \ll \frac{T^2}{M_P} \quad \text{for all relevant } T$$

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gravitino mass

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**purpose of this talk:**

discuss weakly coupled scalars in the hot early universe

# Thermal potential of weakly coupled scalars

# Main focus of this talk

☞ what can we say about field-dependent couplings at high  $T$ ?

temperature

# Main focus of this talk

- ☞ what can we say about field-dependent couplings at high  $T$ ?

see lectures by Joe Davighi for many more applications of anomalies

- ☞ one can figure this out using anomalies...

☞ Buchmüller, Hamaguchi & MR (2003)

# Main focus of this talk

☞ what can we say about field-dependent couplings at high  $T$ ?

☞ ... but it is more convenient to consider free energy

 Fardon, Nelson & Weiner (2004);  Buchmüller, Hamaguchi, Lebedev & MR (2004);  Lillard, MR, Tait & Trojanowski (2018)

$$\mathcal{F} = \mathcal{F}(T, S)$$

$$\simeq -\frac{\pi^2}{90} g_* T^4 + T^2 \left( \sum_i c_i^{(g)} g_i^2(S) + \sum_f c_f^{(y)} y_f^2(S) + \sum_j c_j^{(m)} m_j^2(S) \right)$$

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gauge factors

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degrees of freedom

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$$c^{(g)} = \frac{T^2}{64\pi^2} (N_c^2 - 1)(N_c + 3N_f) \quad \text{for SU}(N_c)$$

# of colors

# of flavors

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$$c_j^{(m)} = \frac{1}{24} \quad \text{e.g. if} \quad m_j = h_j S$$

$$\curvearrowright \Delta \mathcal{F} = \frac{|h_j|^2}{24} T^2 S^2 \quad \text{for a boson}$$

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→ free energy “wants” couplings and masses small

# $S$ -dependence of free energy

dependence of free energy on mass of a boson/fermion

Dolan & Jackiw (1974); Fardon, Nelson & Weiner (2004); ... Batell & Ghalsasi (2023)

$$\delta \mathcal{F} = -\frac{\nu}{2\pi^2} T^4 J_{B/F} \left( \frac{m^2(S)}{T^2} \right)$$

#(d.o.f.)

$$J_{B/F}(y^2) = \int_0^\infty dx x^2 \ln \left[ 1 \mp e^{-\sqrt{x^2+y^2}} \right]$$

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- leading contributions to  $\mathcal{F}$  from gauge and Yukawa interactions

$$\mathcal{F} = \mathcal{F}_{\text{non-interacting}} + \Delta\mathcal{F}_{\text{gauge}}^{(1)} + \Delta\mathcal{F}_{\text{Yukawa}}^{(1)} + \dots$$

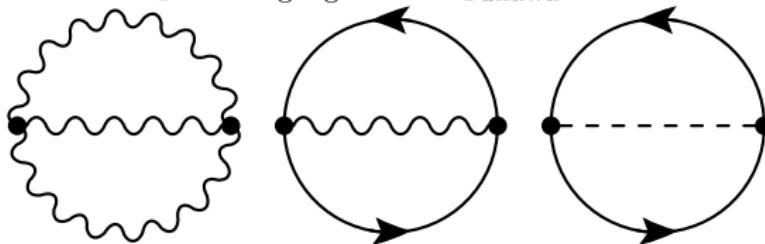
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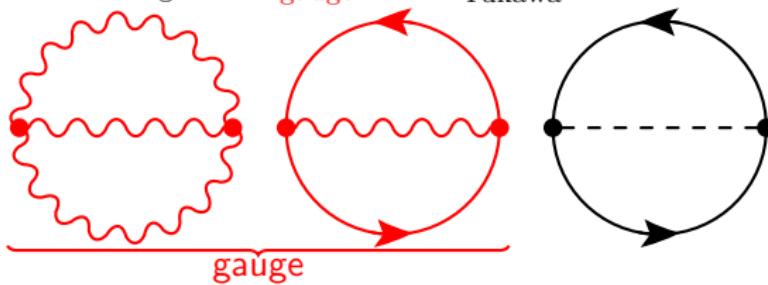
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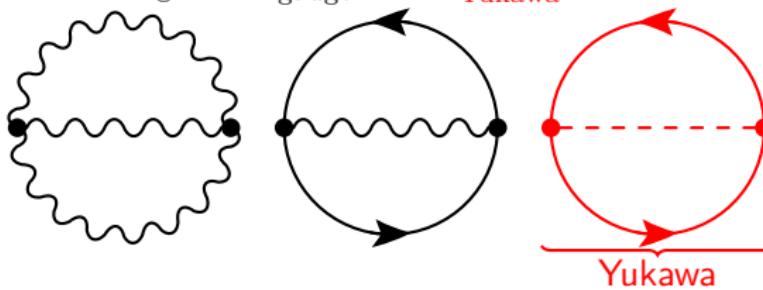
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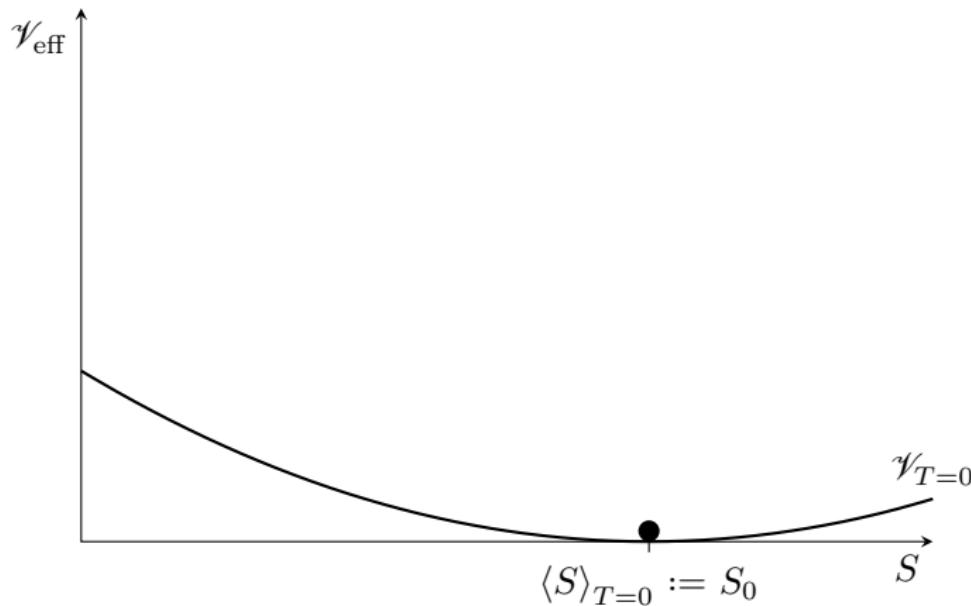
$$\delta\mathcal{F} = -\frac{\nu}{2\pi^2} T^4 J_{B/F} \left( \frac{m^2(S)}{T^2} \right)$$

- $\alpha_2 = \frac{3}{196}(N_C^2 - 1)(N_C \mathcal{F}_{\text{fundamentals}} + 3N_F)$  for  $SU(N_C)$  w/  $N_F$  fundamentals
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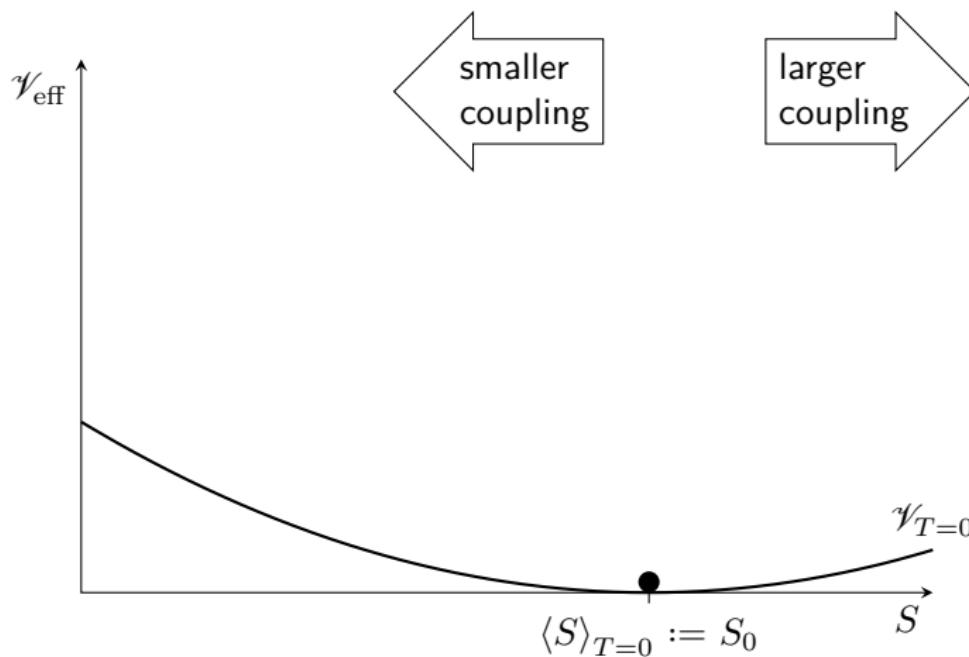
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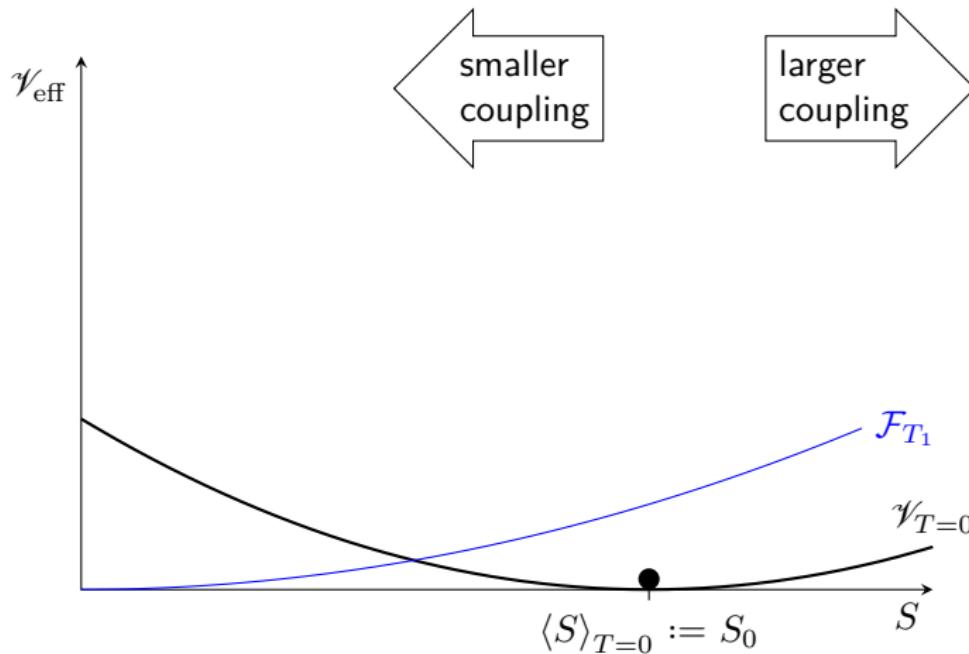
# Qualitative discussion



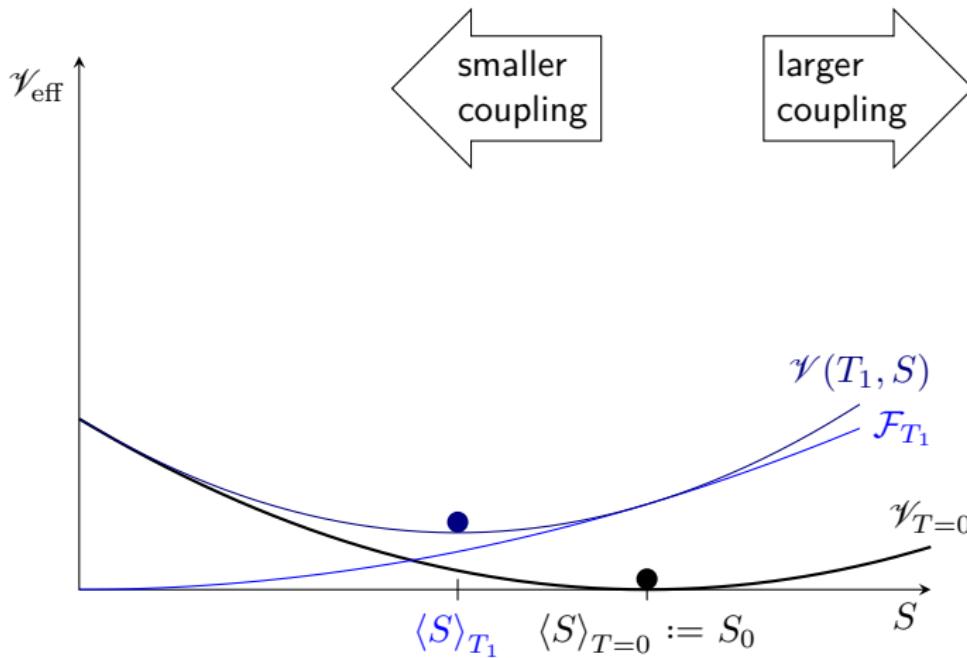
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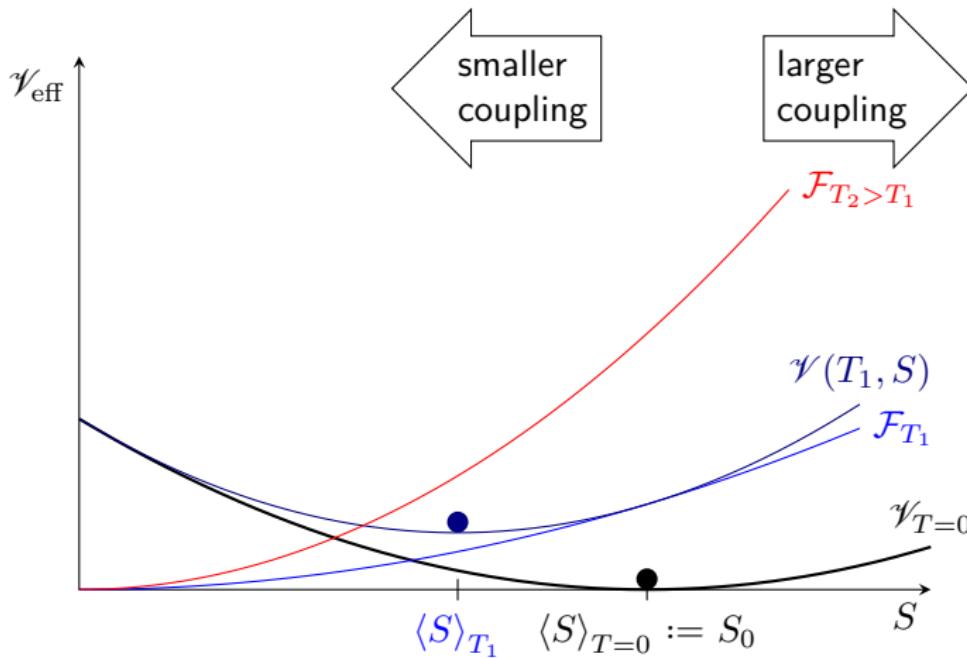
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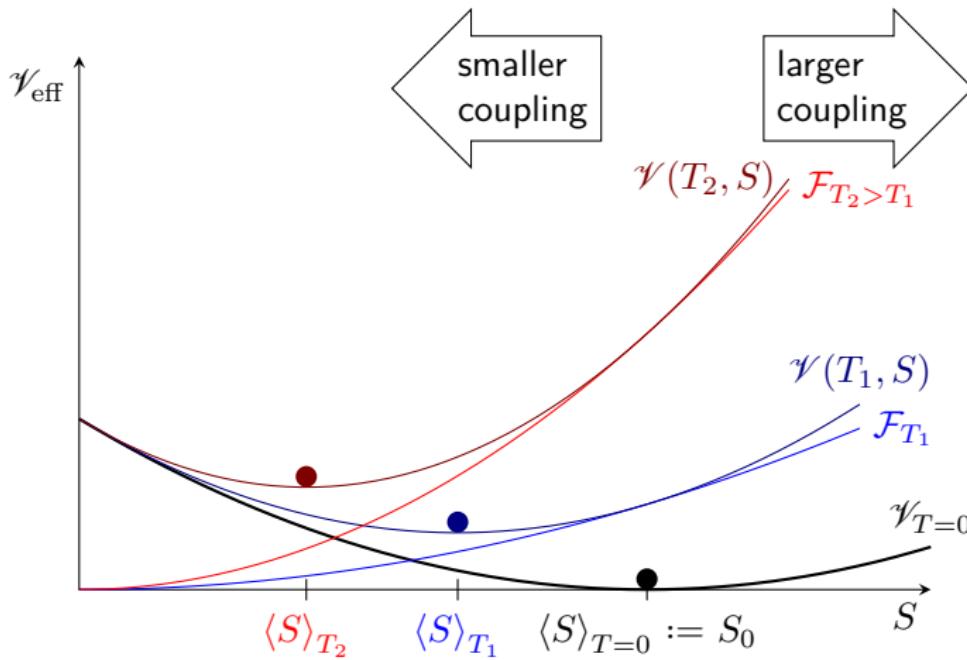
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# Implications

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$$\frac{S}{\Lambda} = \frac{1}{g^2}$$

in strings:  $\Lambda = M_P$

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$$T \sim T_* := \sqrt{m_0 \Lambda}$$

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- 👉 gauge couplings turn essentially off at  $T_*$

Dilaton destabilization  
at

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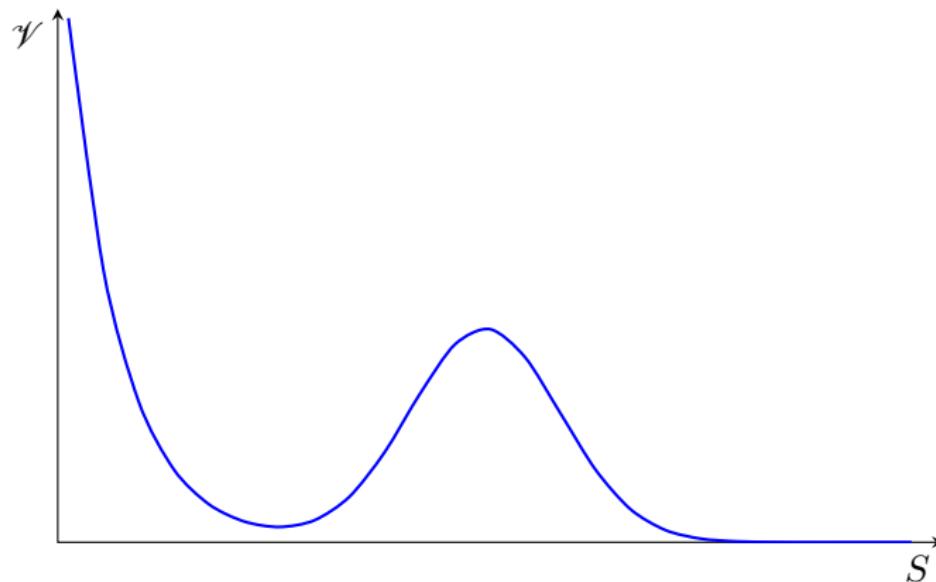
☞ typical dilaton potential:  $g^2 = 1/S$

$S$  is real part of stringy dilaton

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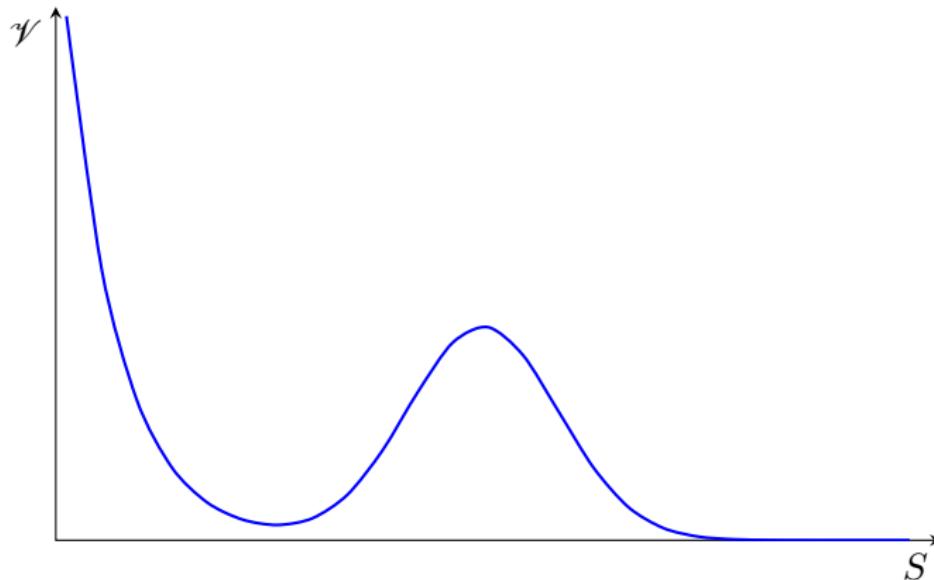
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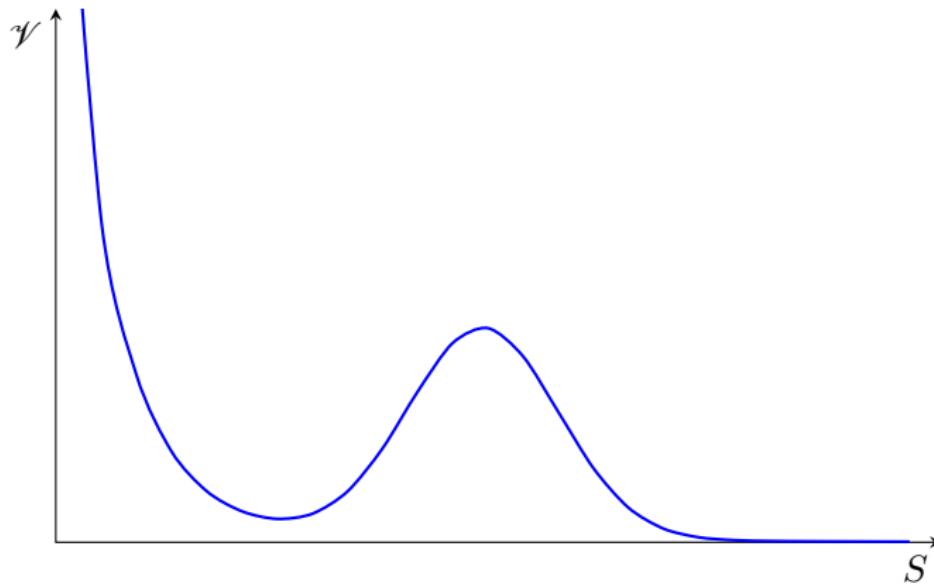


- ☞ switch on thermal corrections  $\propto 1/S$

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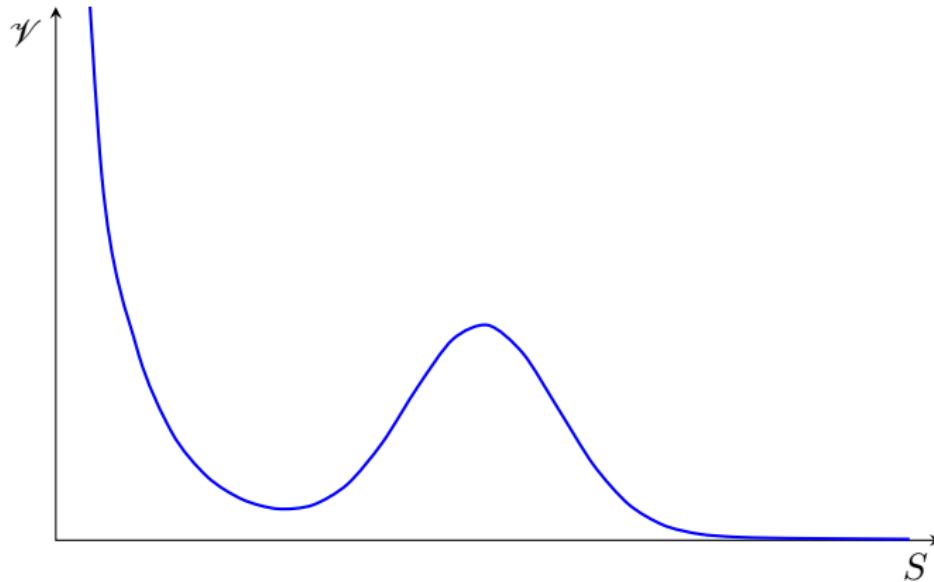


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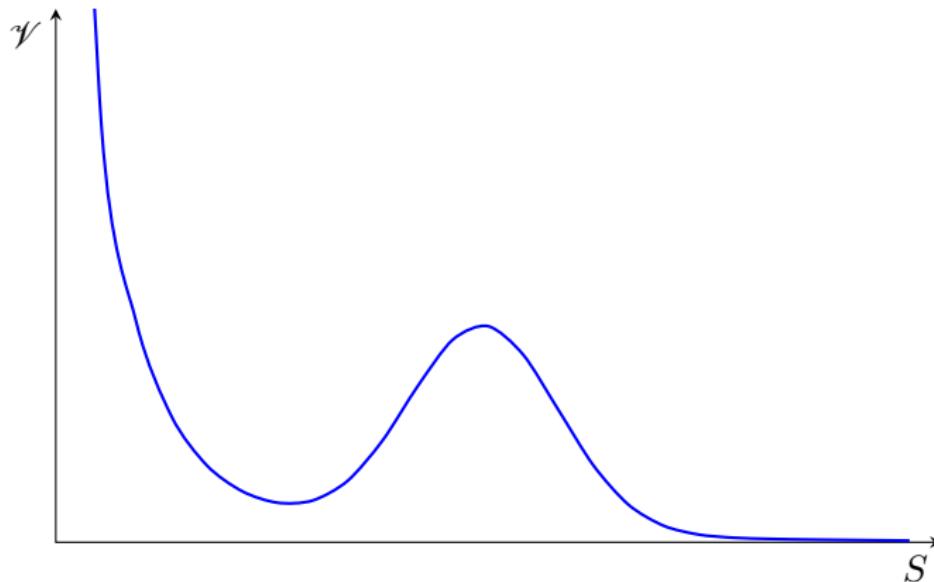


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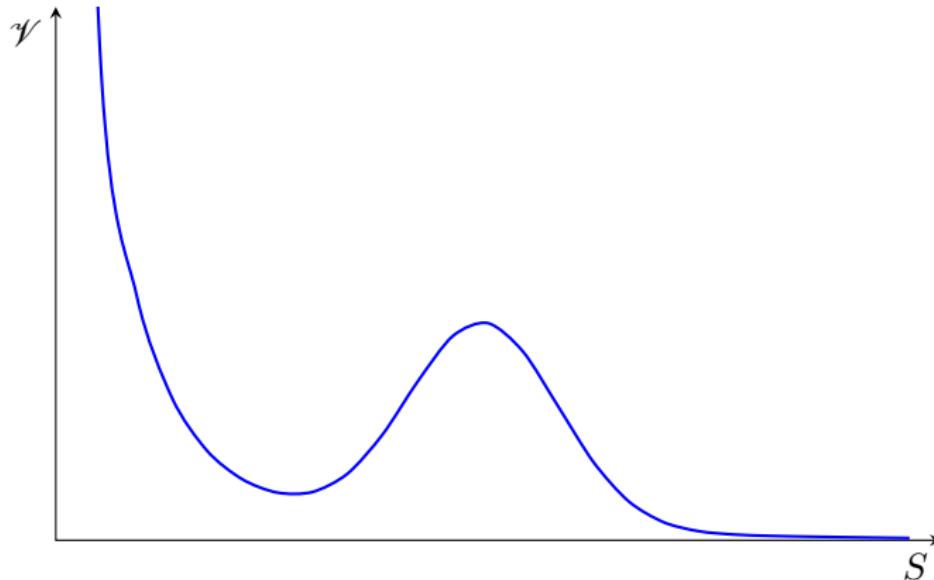


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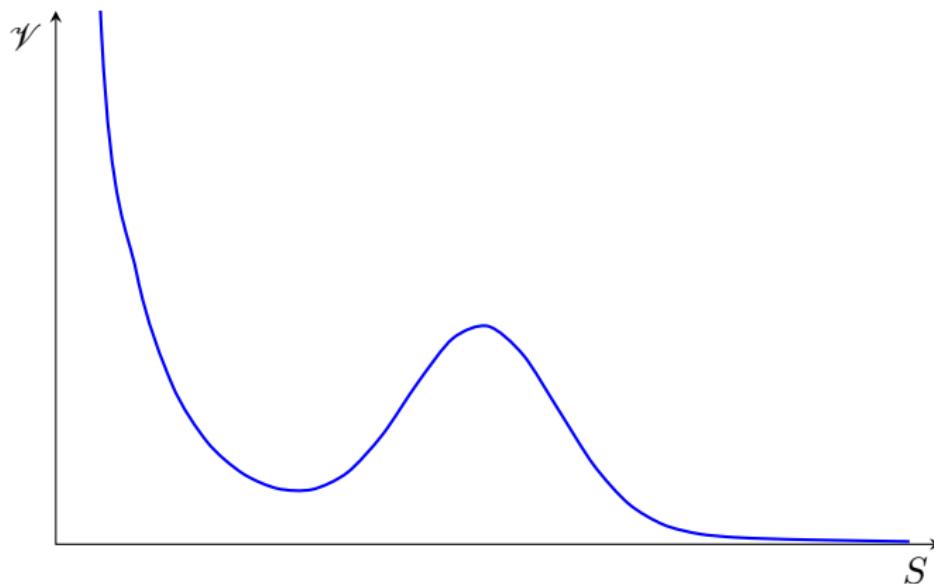


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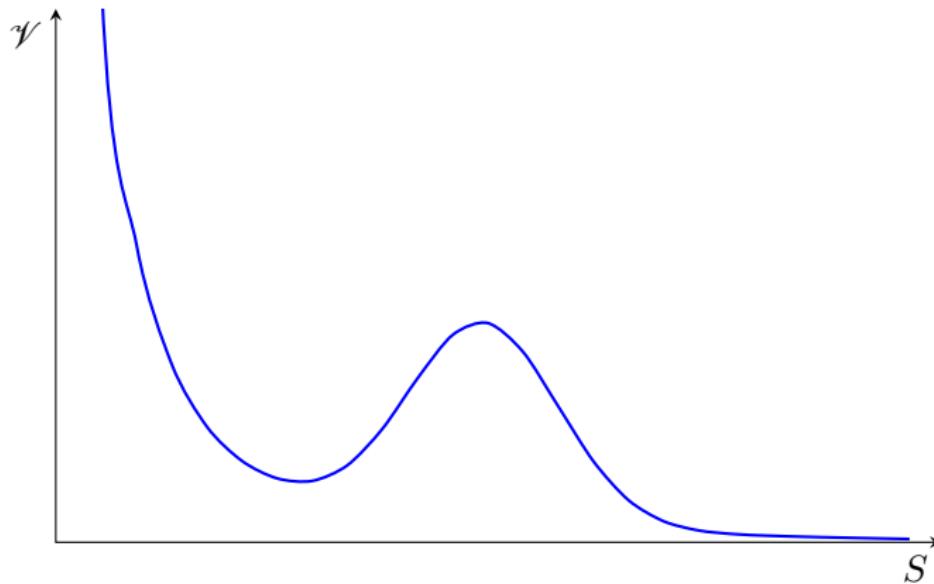


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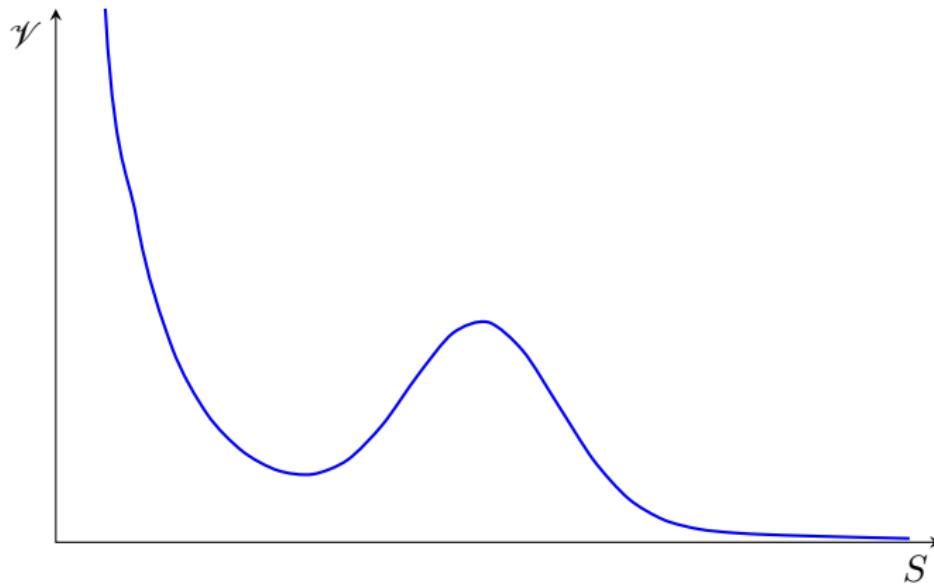


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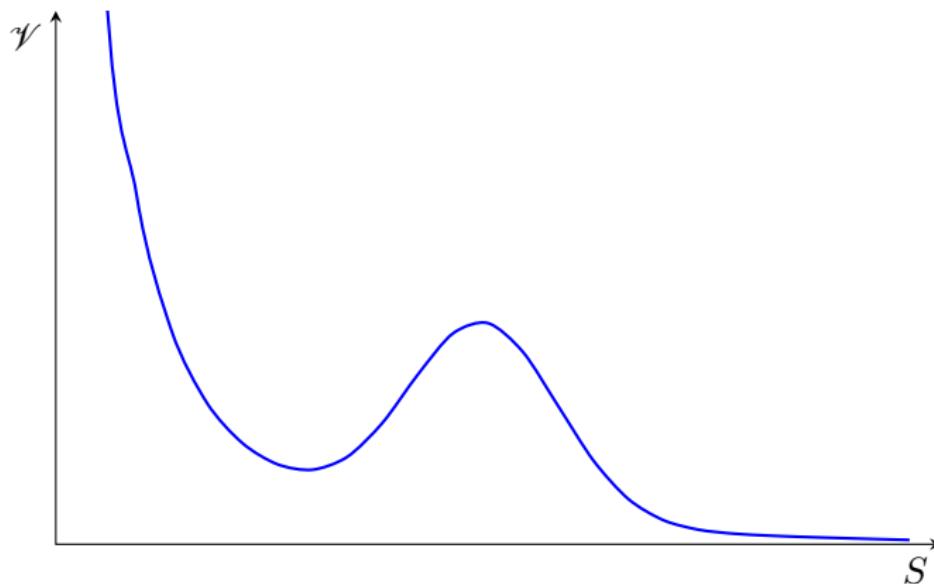


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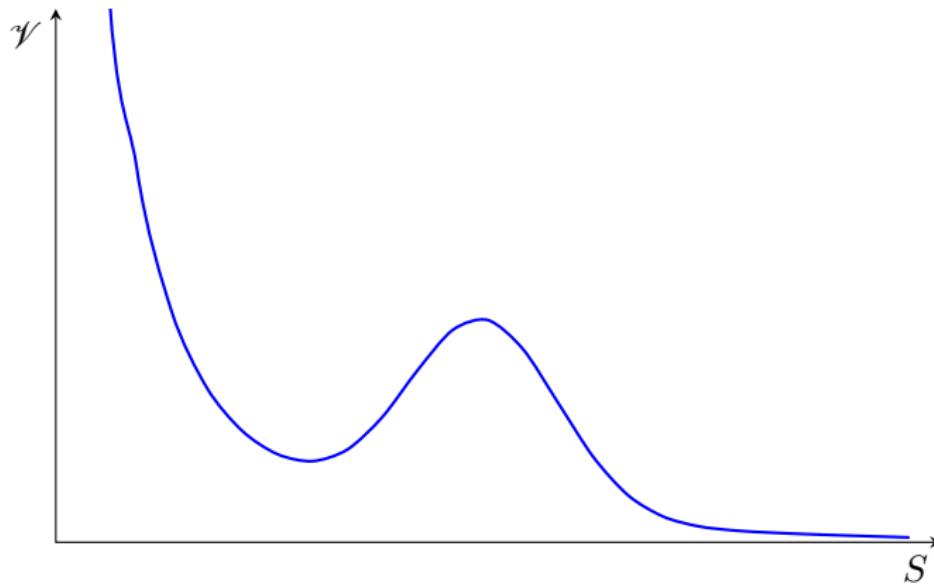


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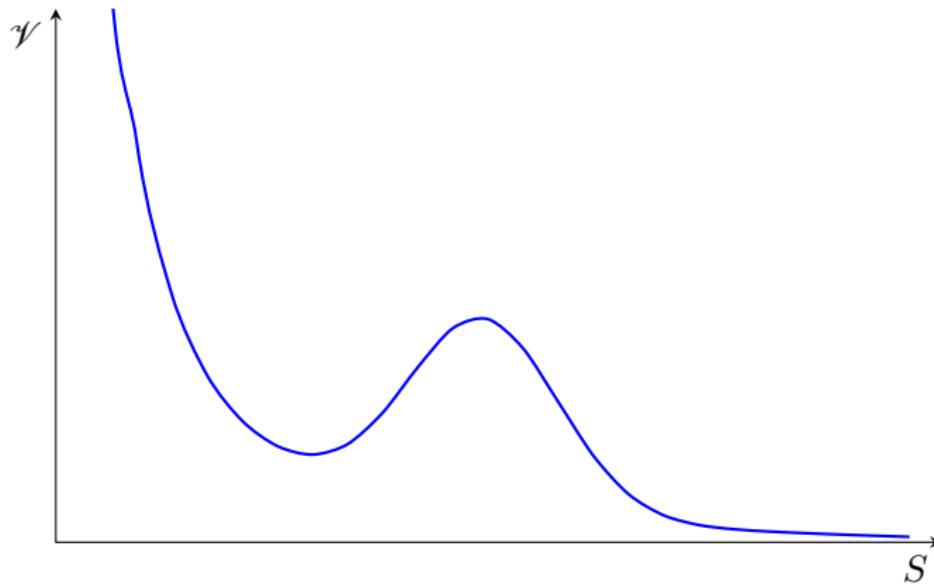


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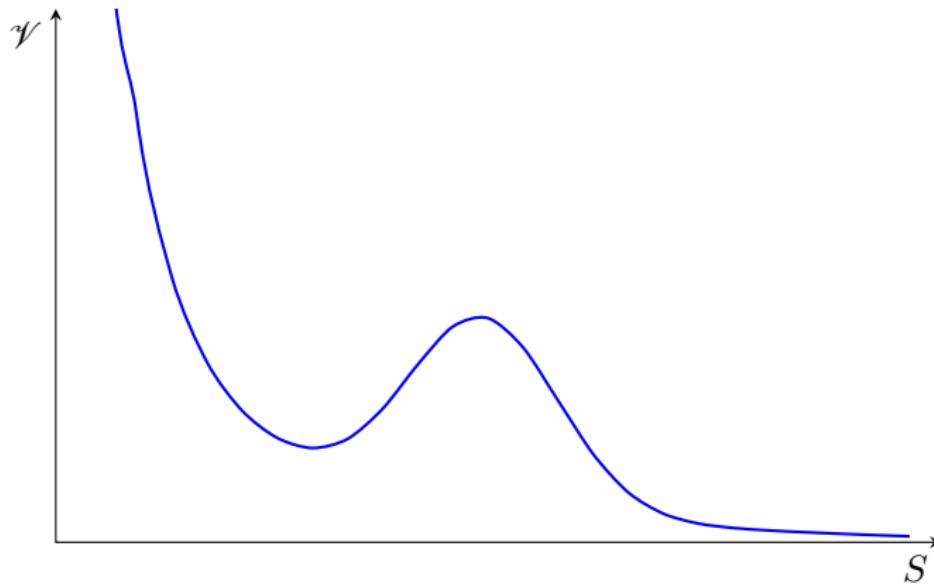


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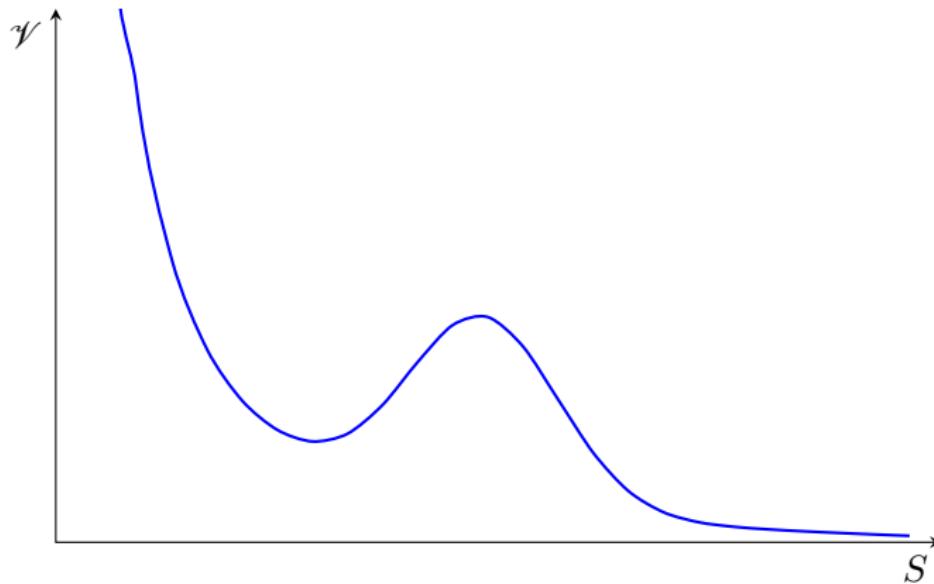


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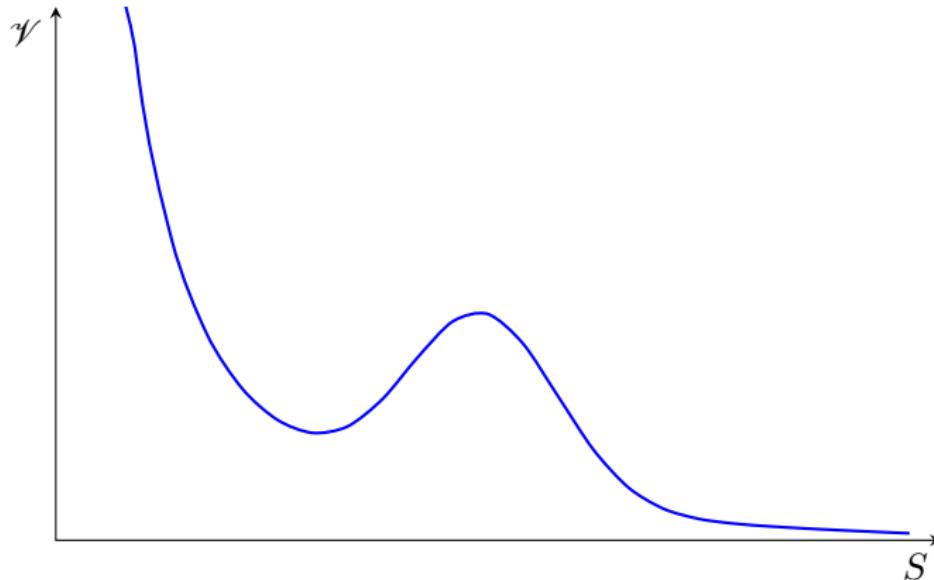


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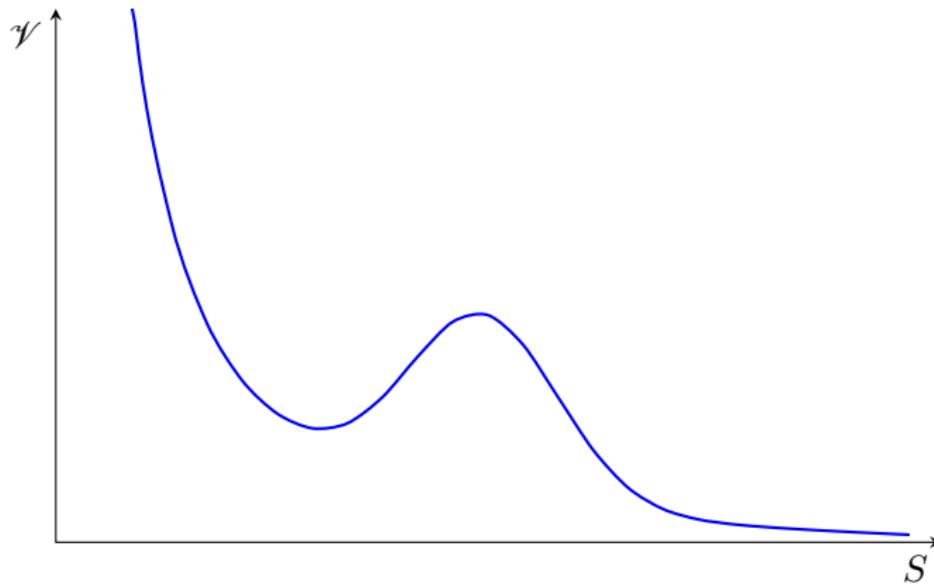


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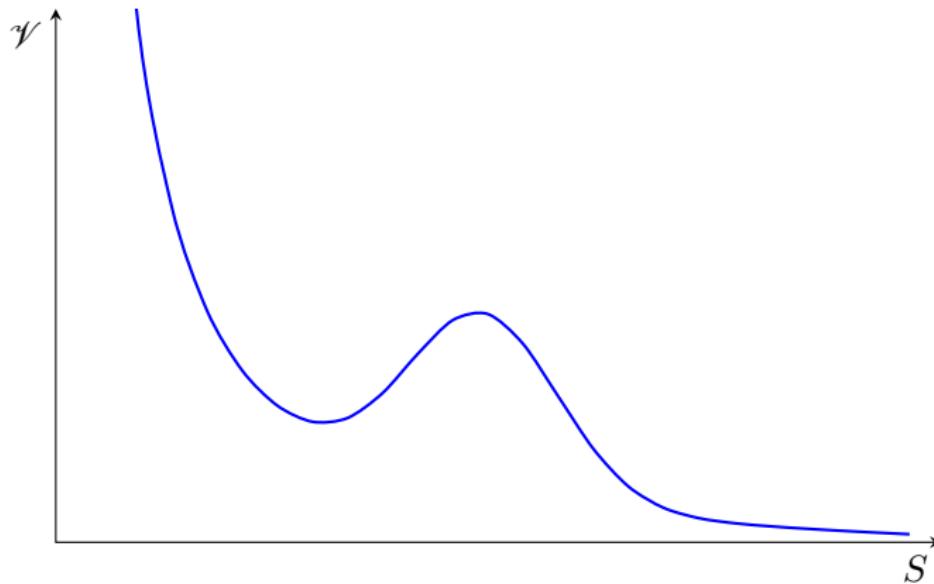


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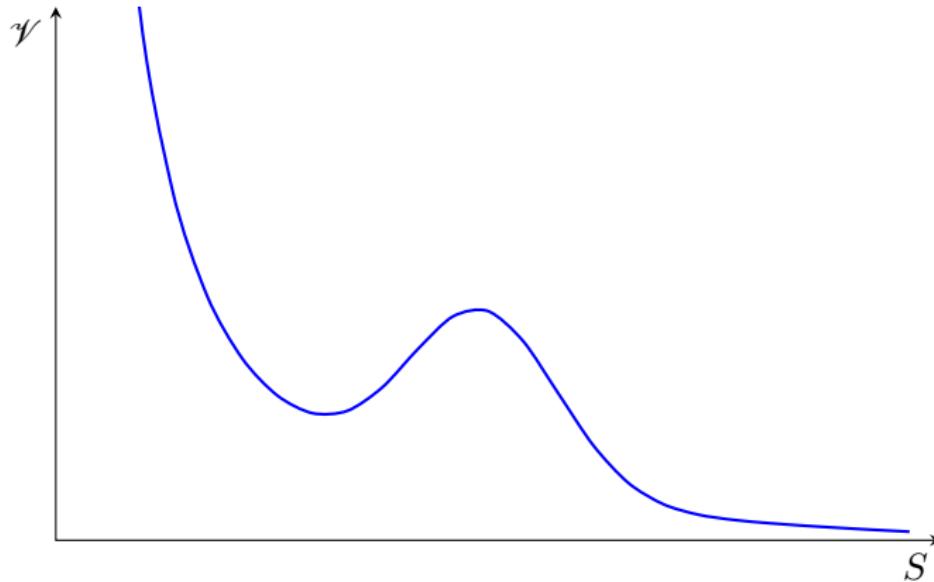


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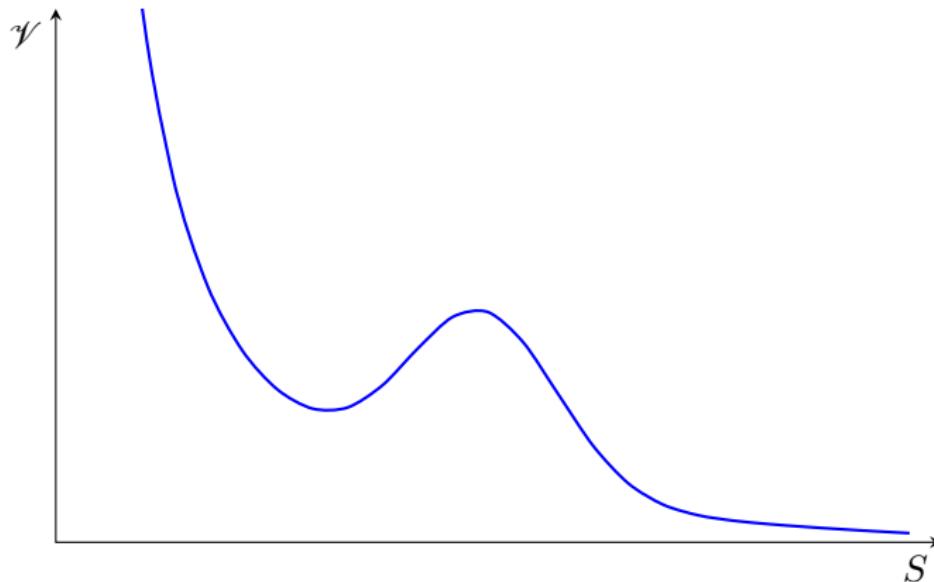


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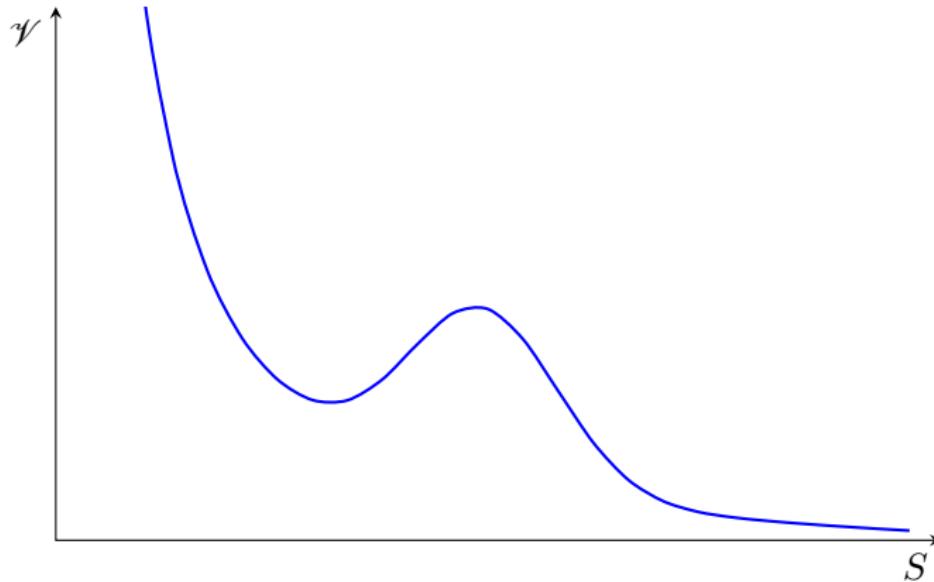


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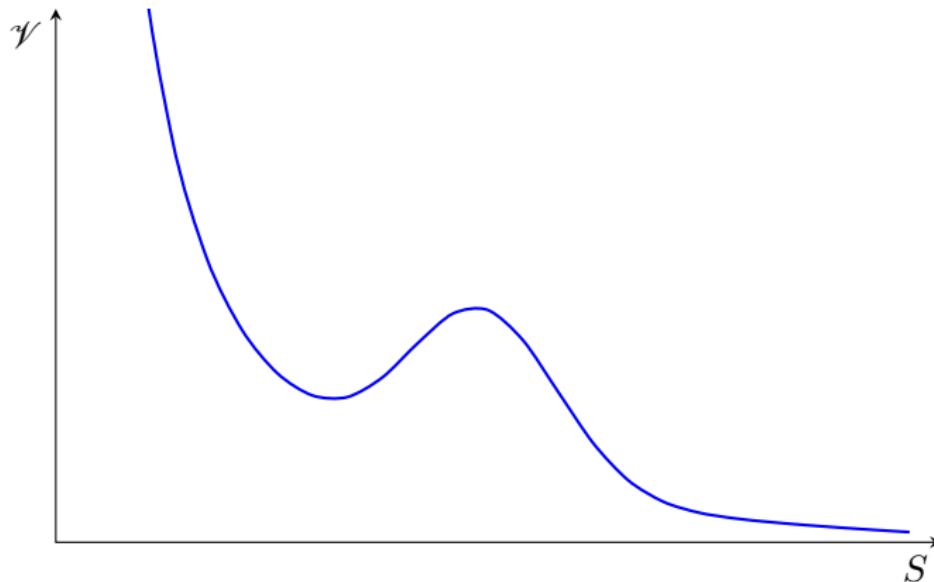


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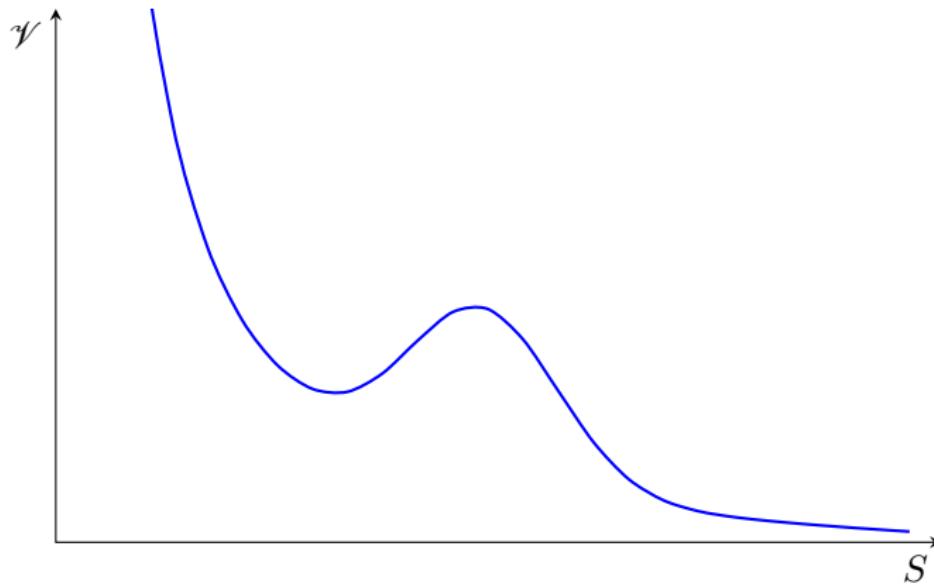


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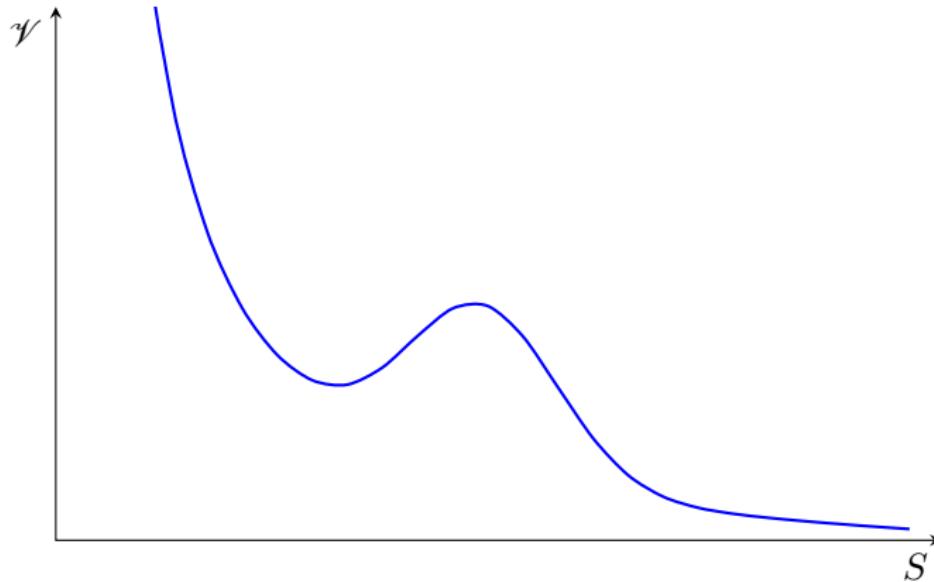


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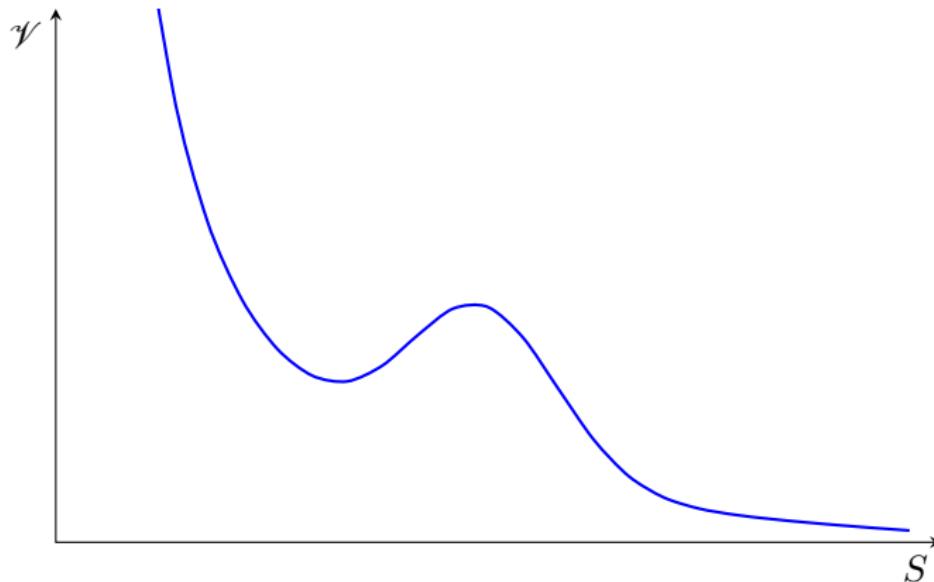


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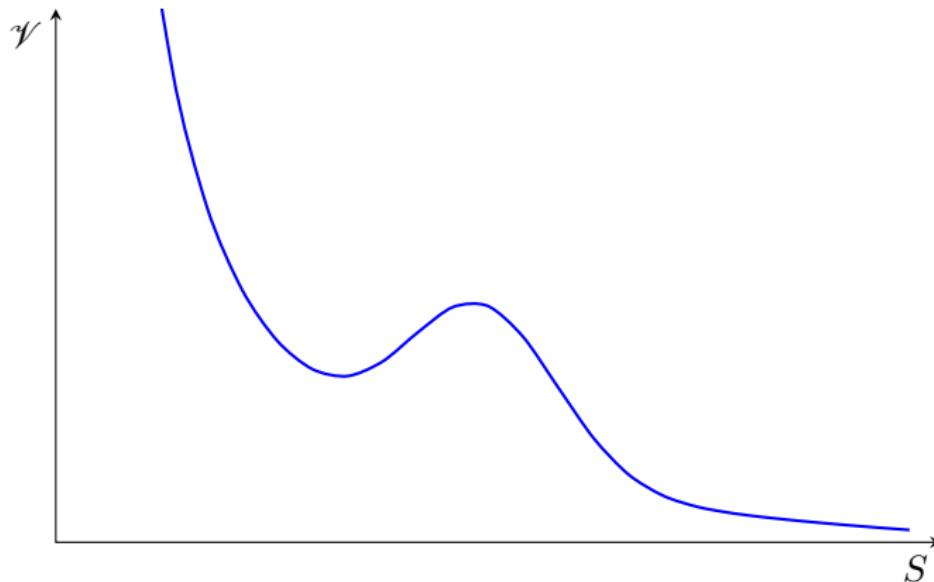


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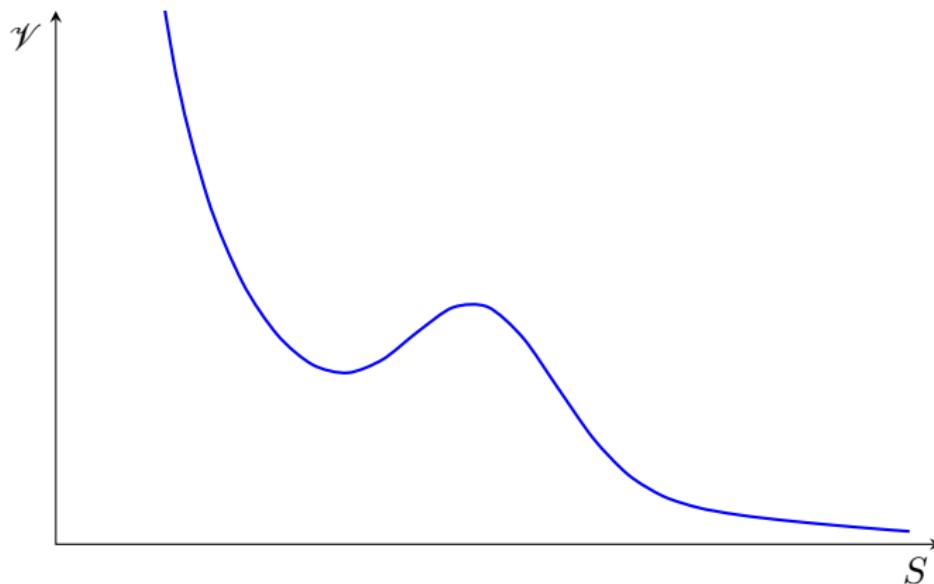


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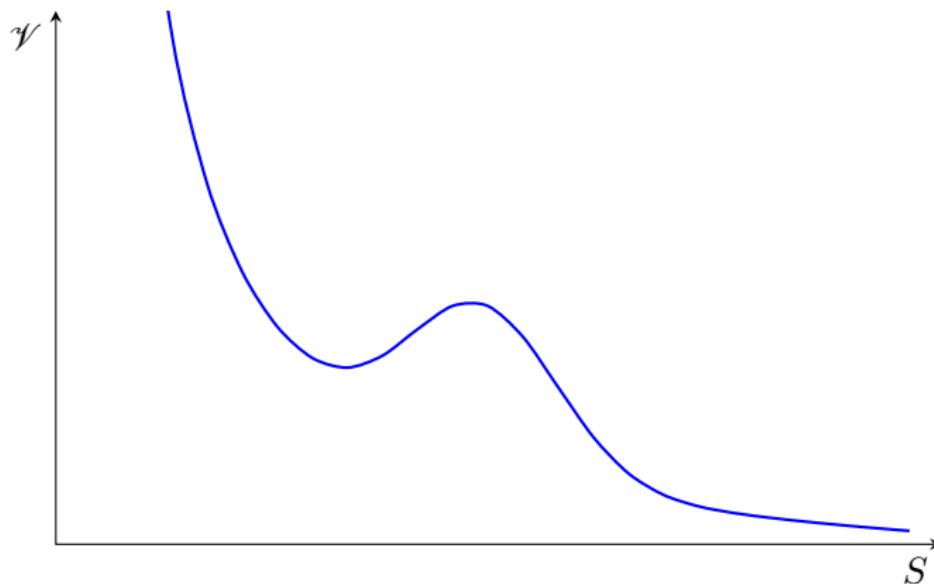


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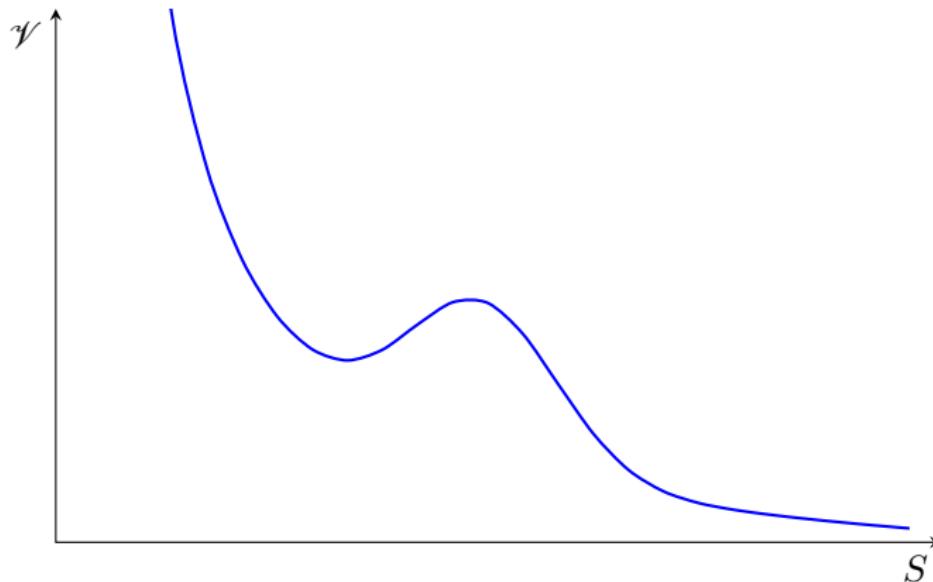


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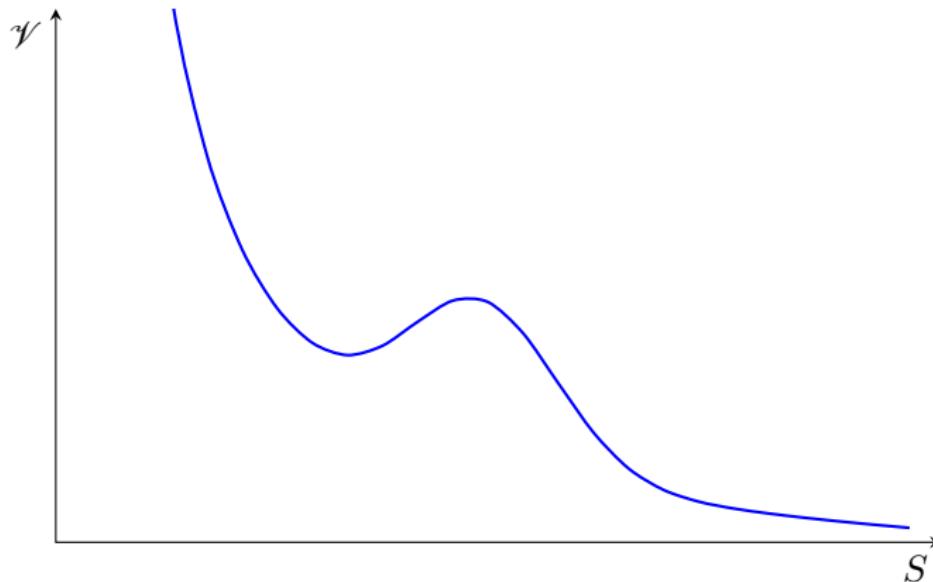


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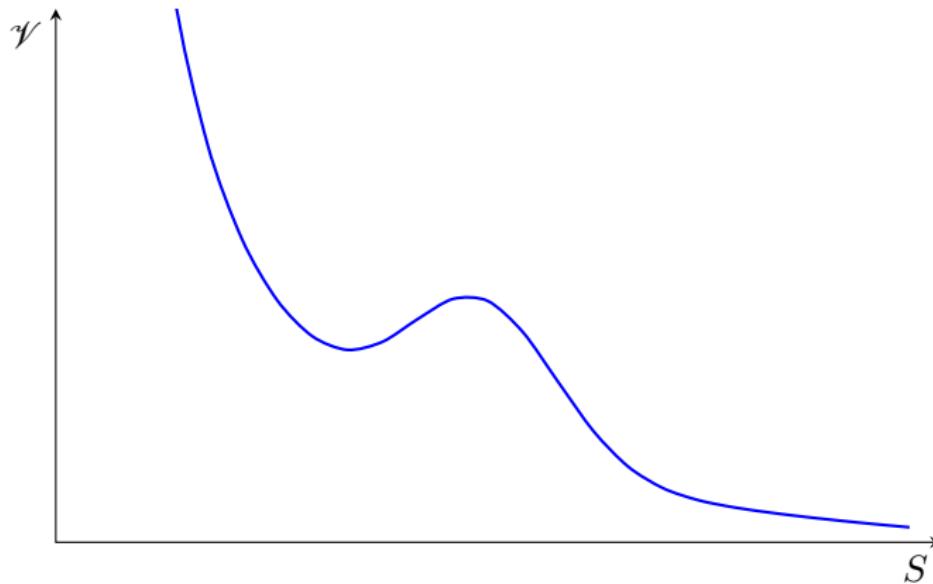


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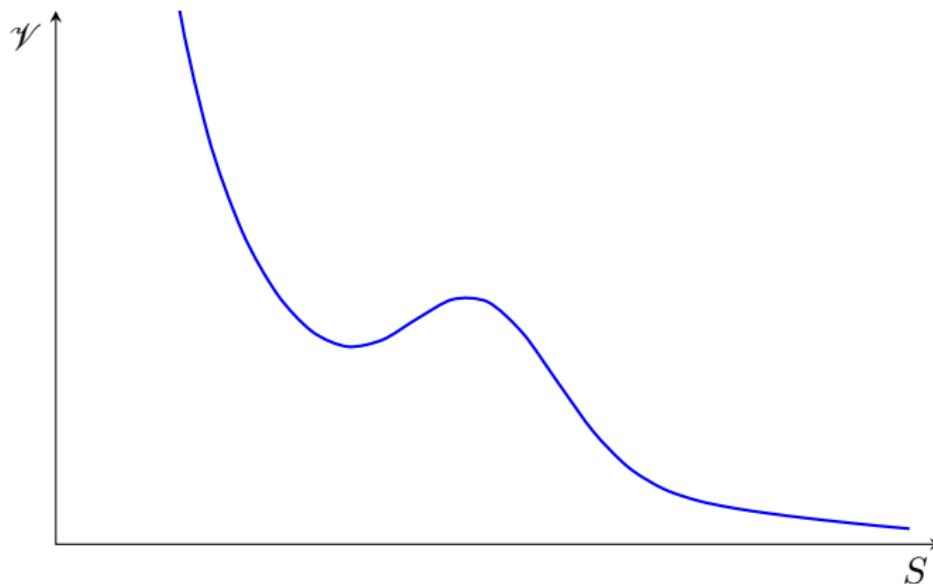


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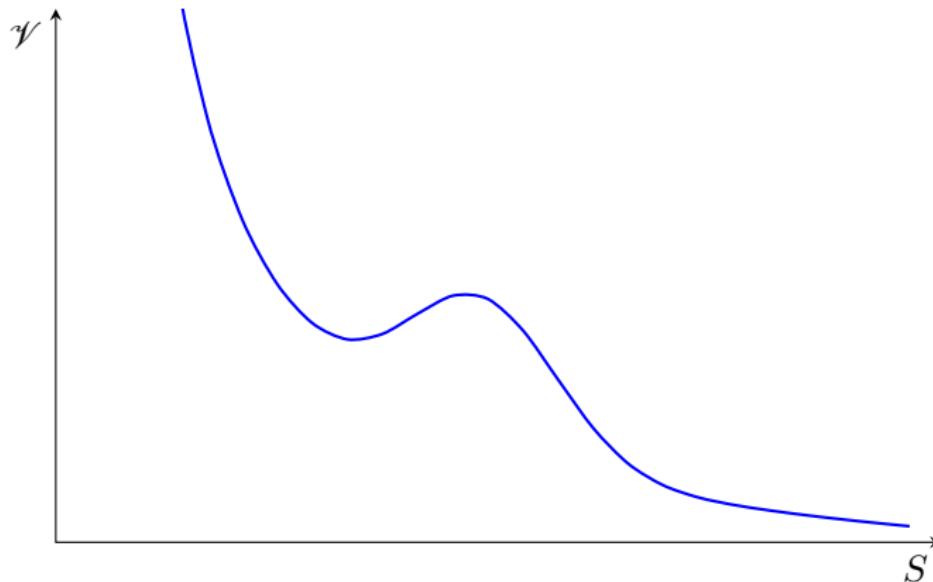


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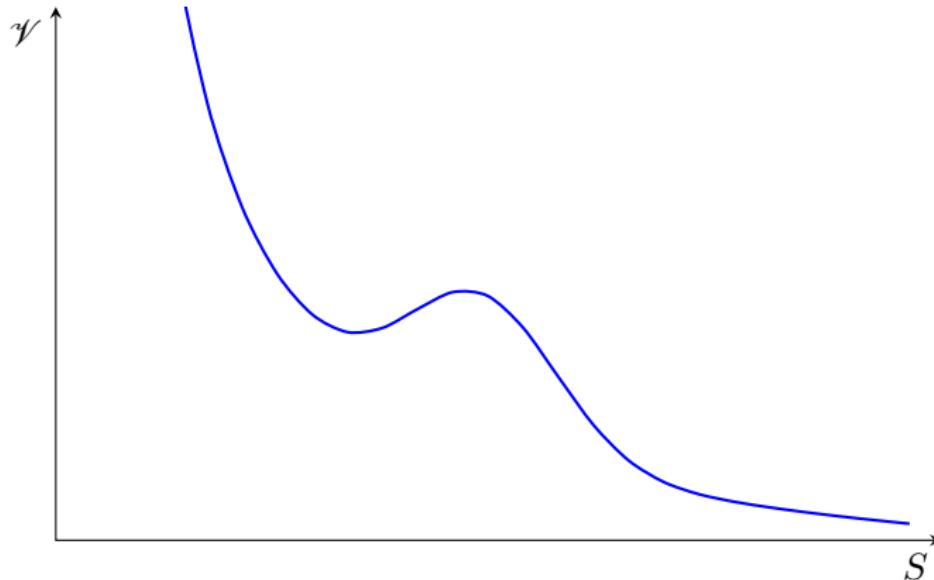


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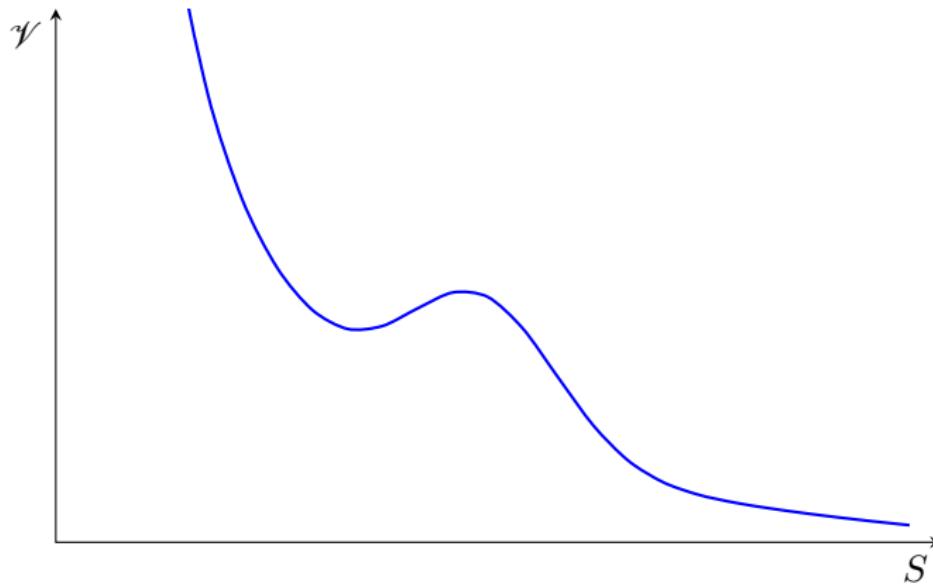


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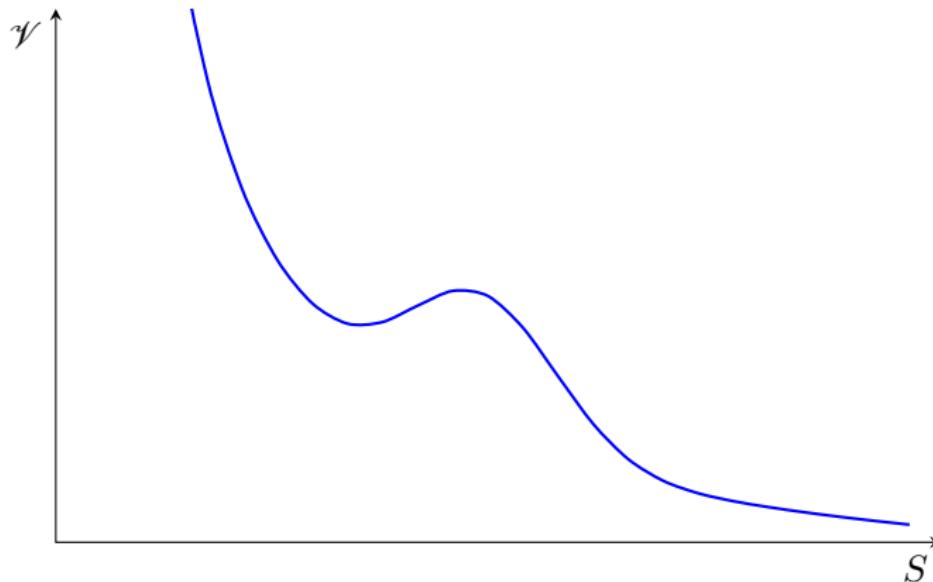


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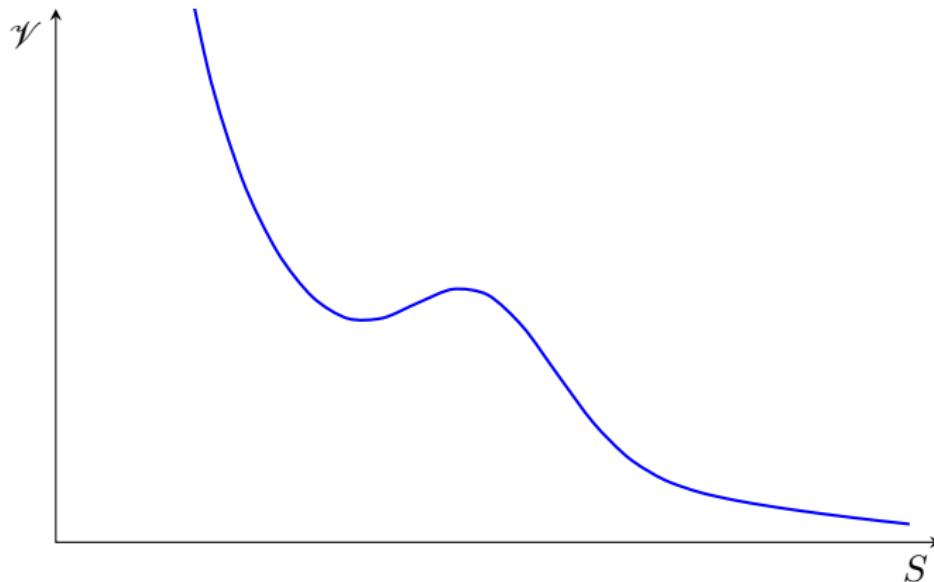


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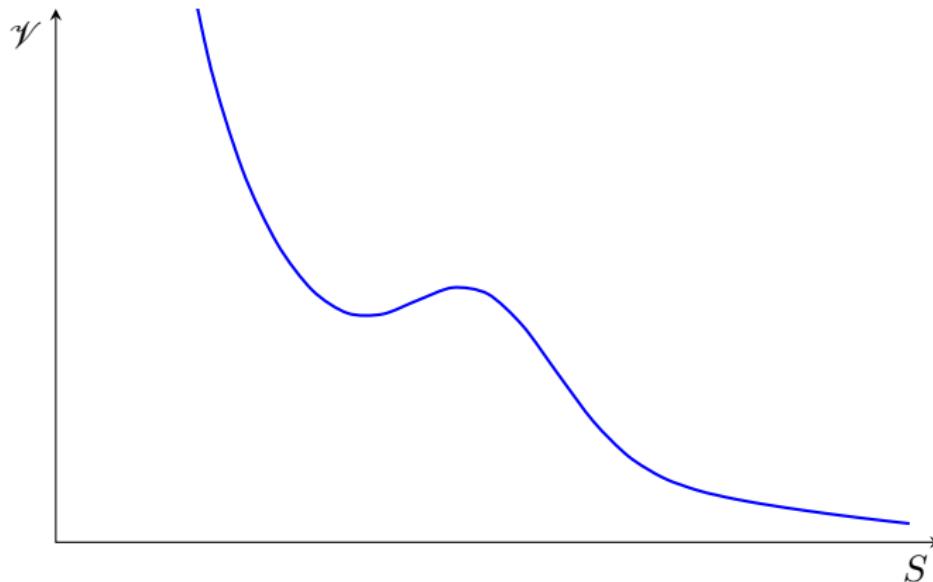


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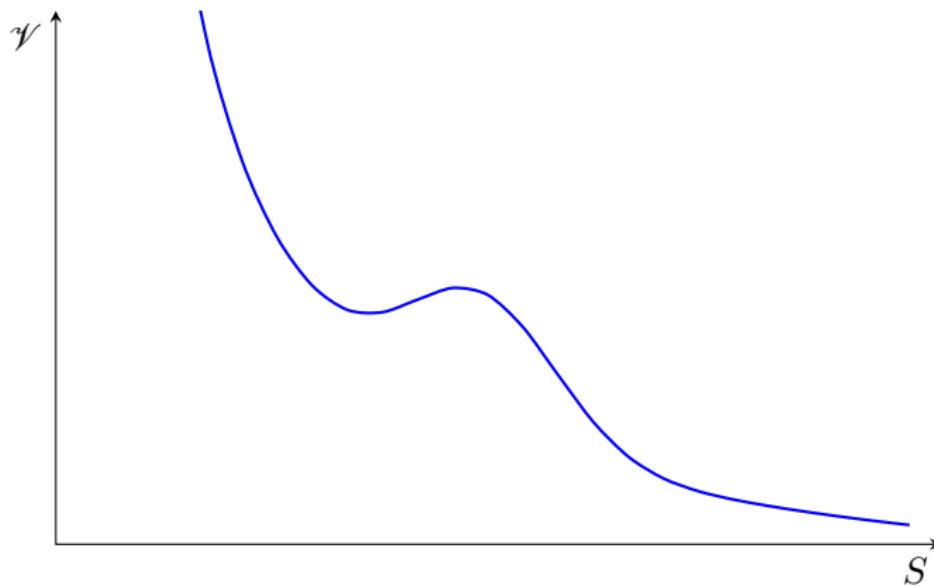


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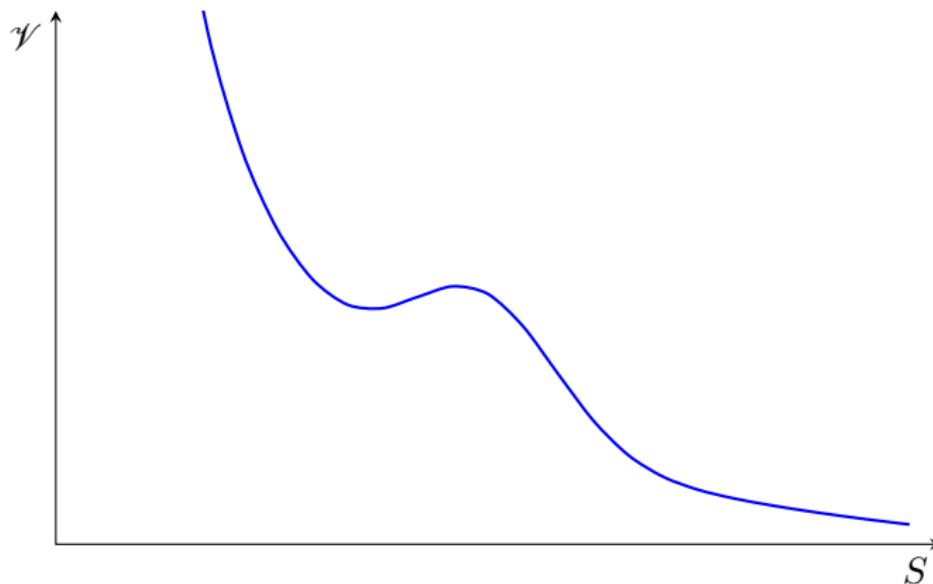


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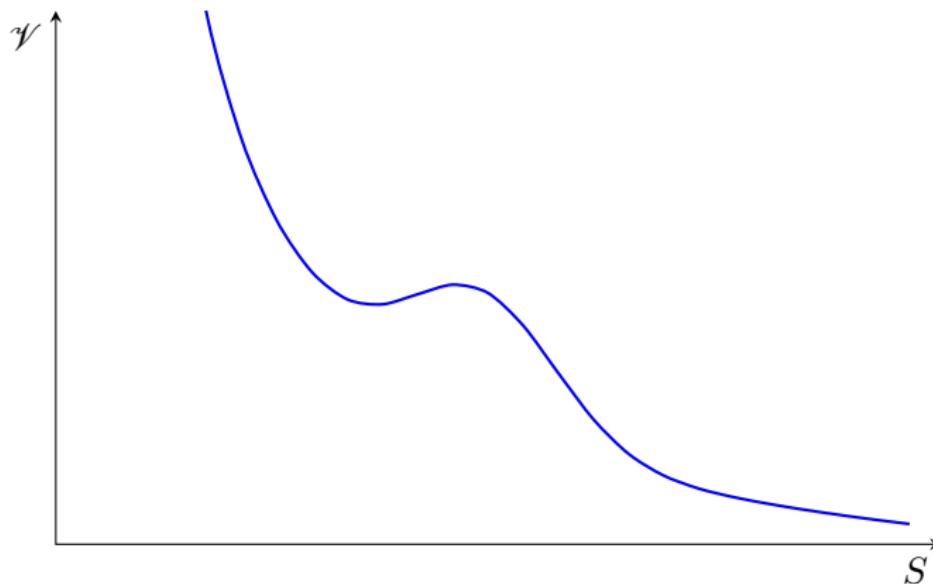


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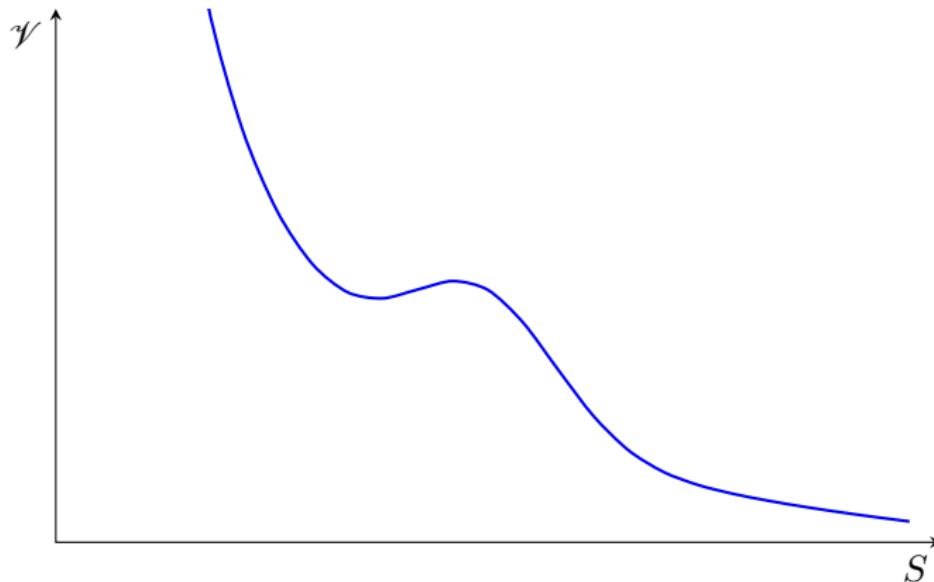


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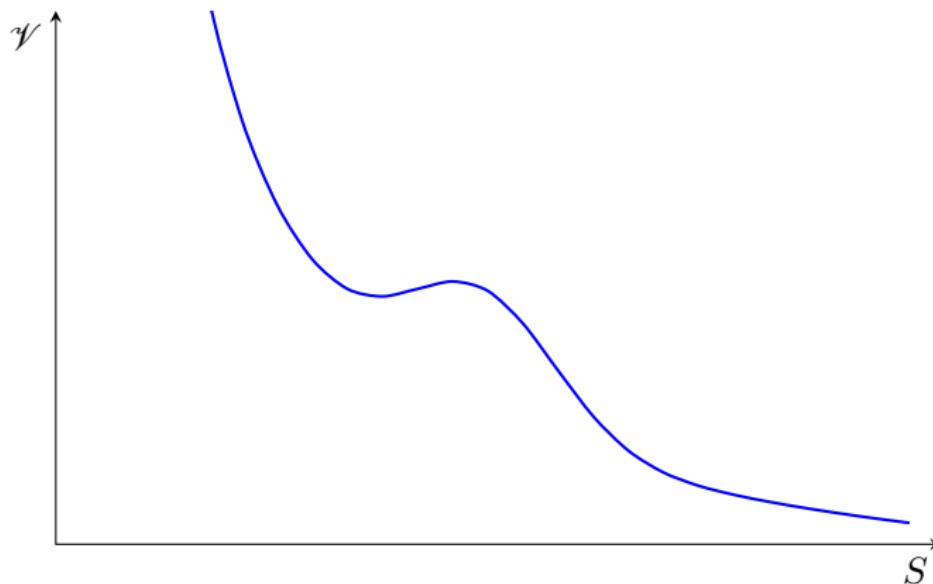


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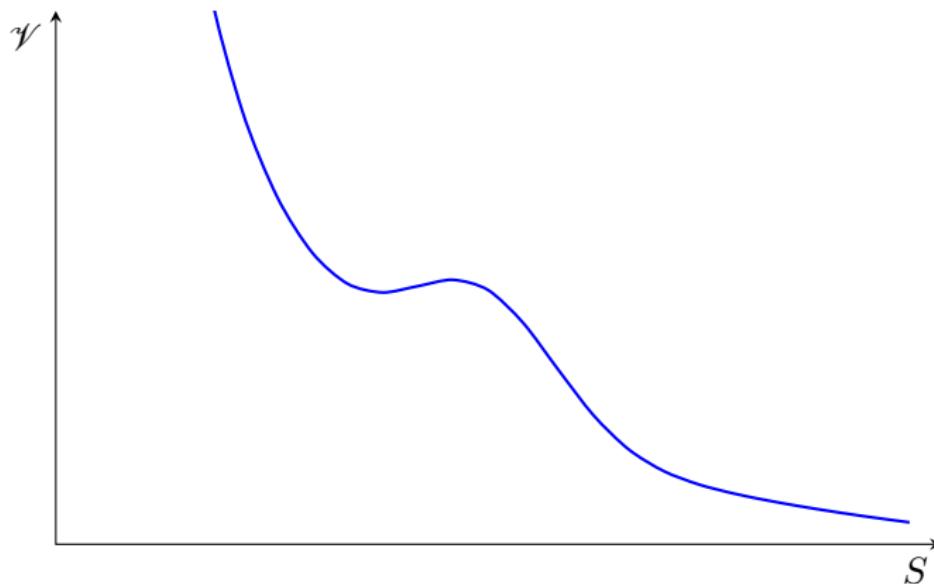


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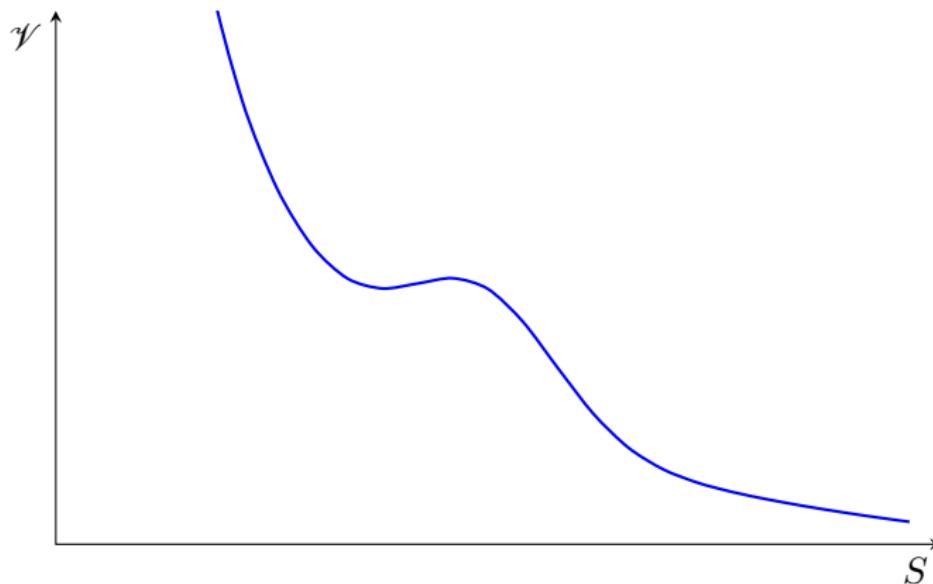


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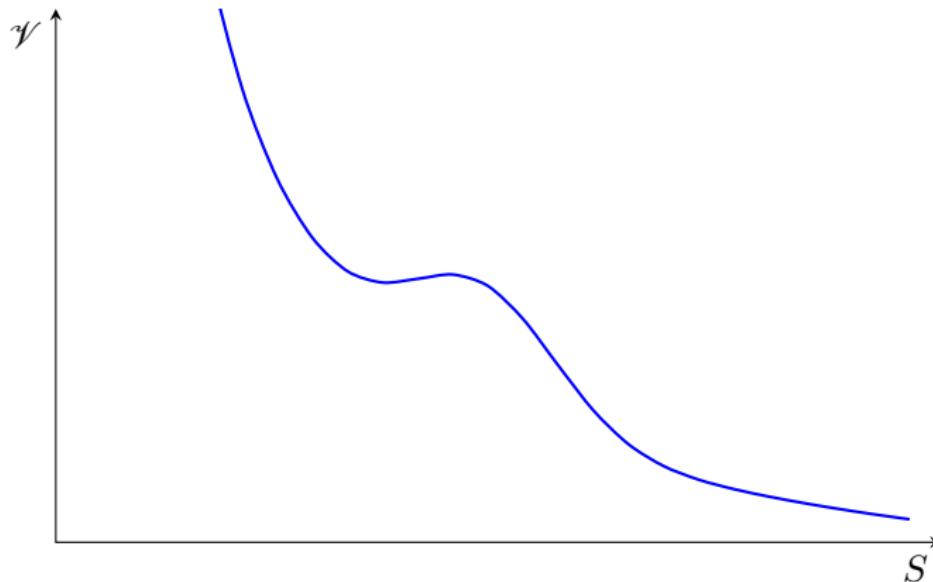


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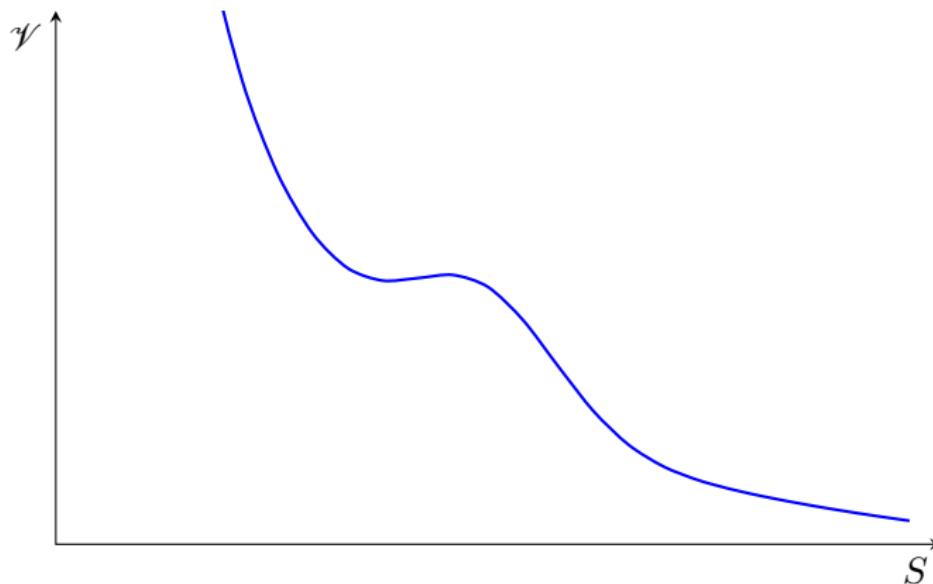


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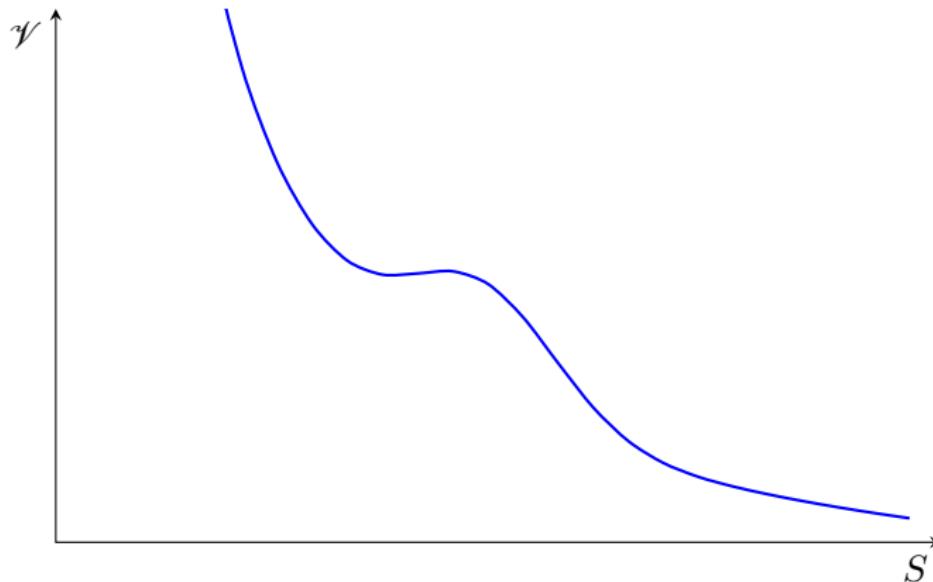


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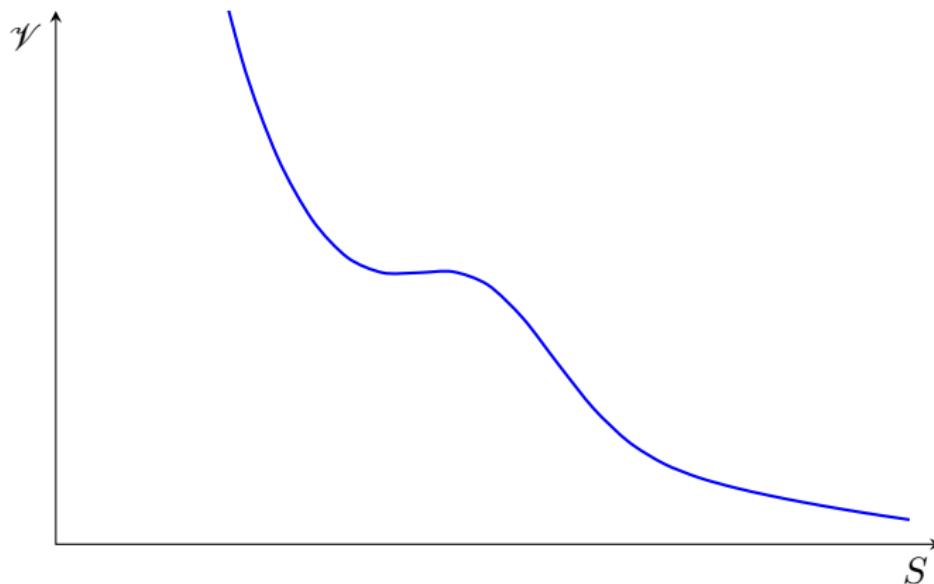


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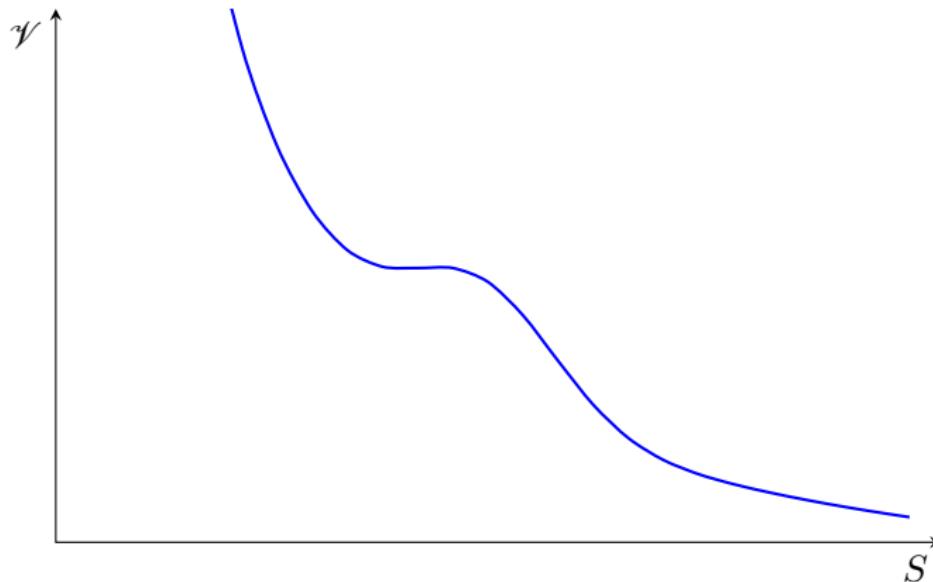


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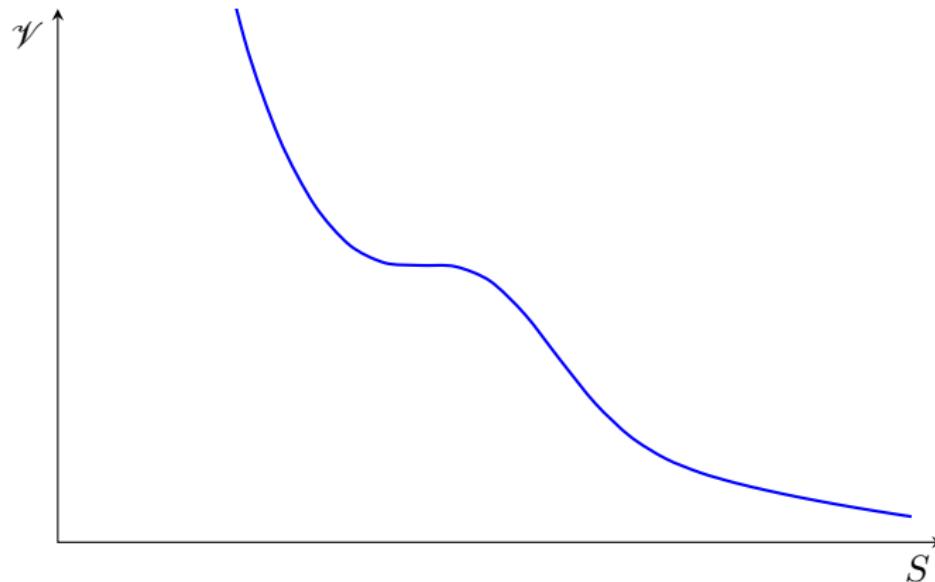


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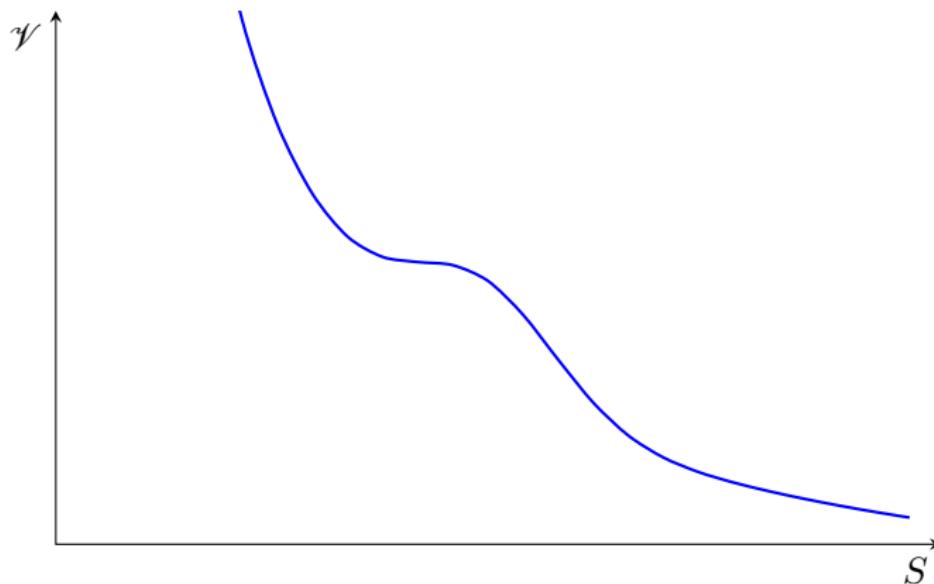


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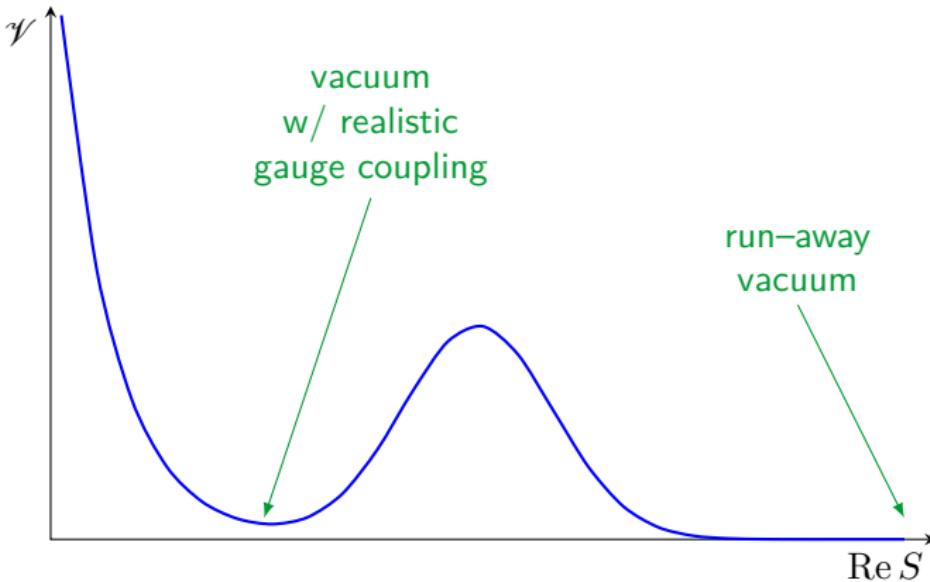
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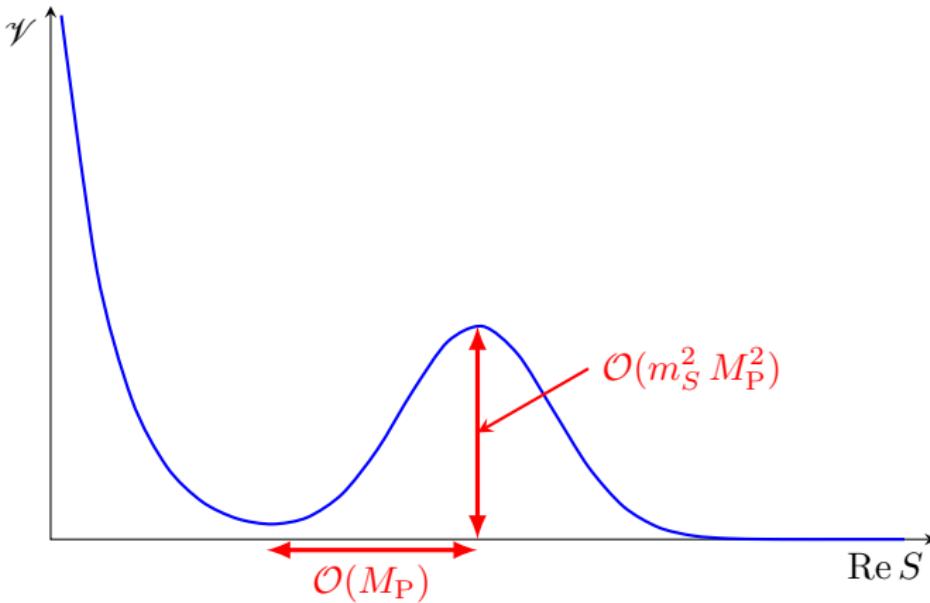


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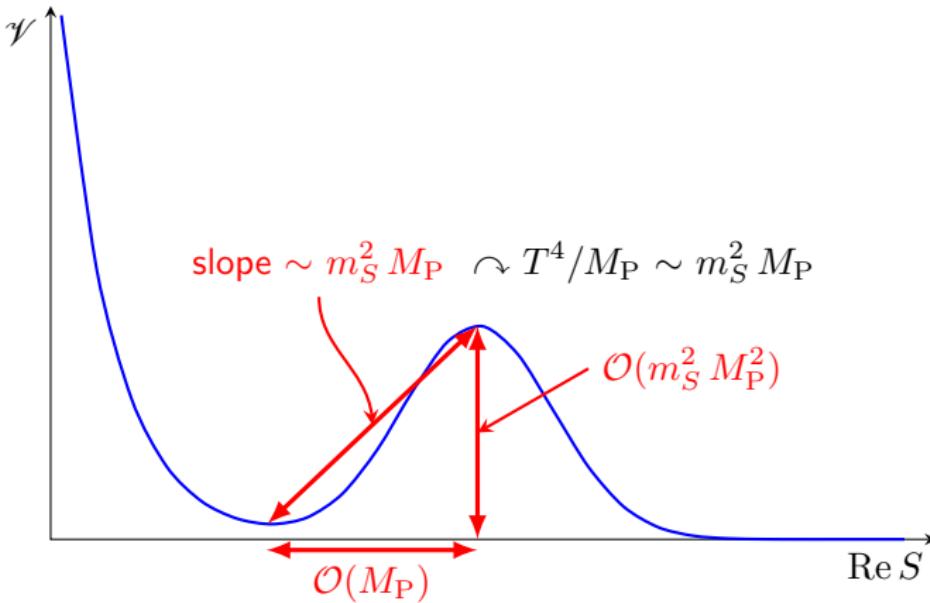
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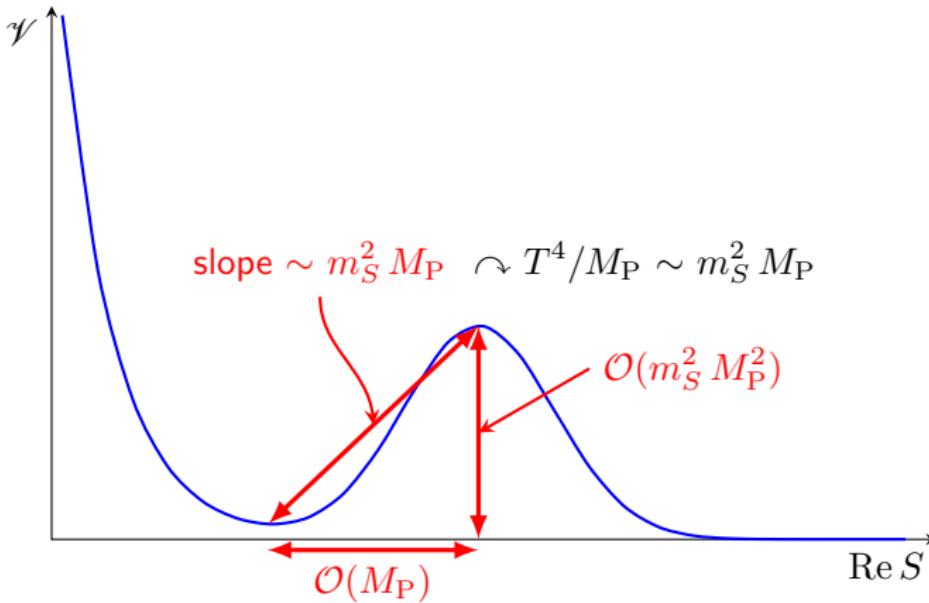
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**bottom-line:**

$$\text{critical temperature } T_* \sim \sqrt{m_S M_P}$$

# Discussion

- if the dilaton has been destabilized, it will run away and cannot come back

**model-independent constraint:**

$$T_R \lesssim T_* \sim \sqrt{m_S M_P}$$

reheating temperature  
(maximal temperature  
of the radiation  
dominated universe)

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 Kallosh & Linde (2004)

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- ☞ model-dependent bounds on the energy density of the universe during inflation

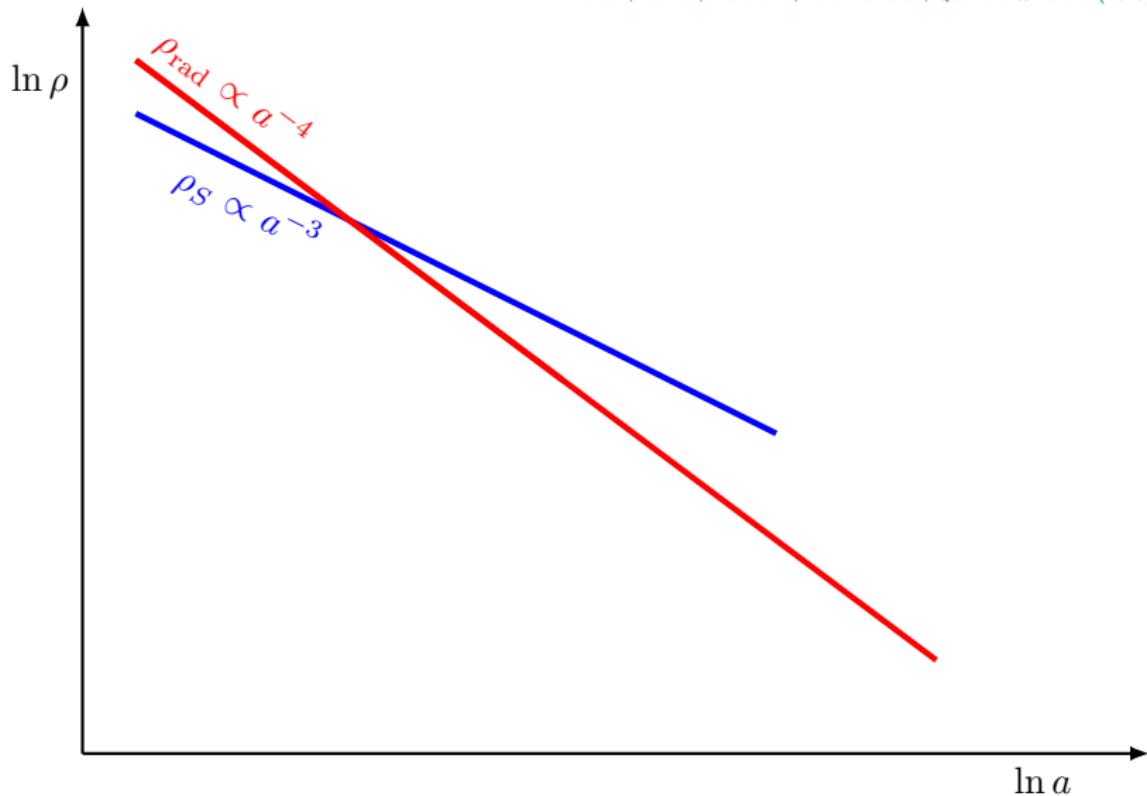
☞ Kallosh & Linde (2004)

- ☞ the bounds can be circumvented by stabilizing the field combination that fixes the gauge coupling in a different way (i.e. w/ an infinite barrier)

☞ Kane & Winkler (2019)

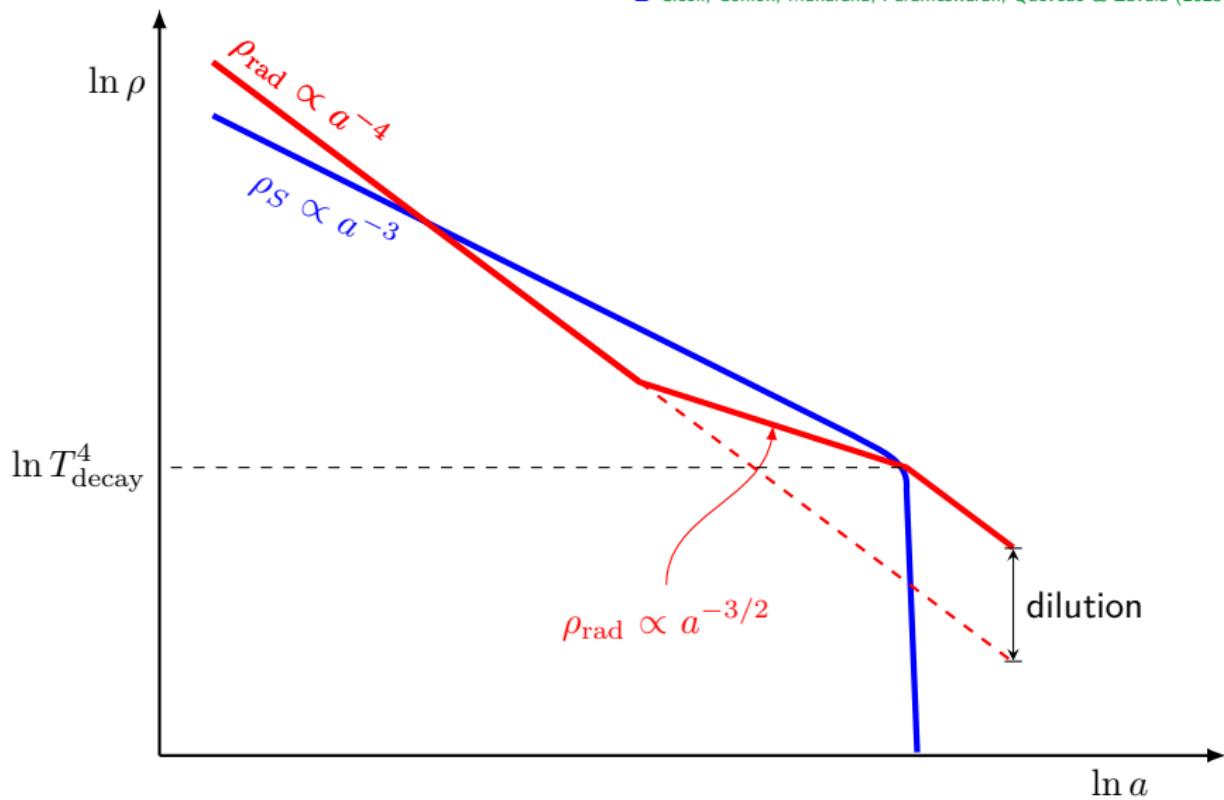
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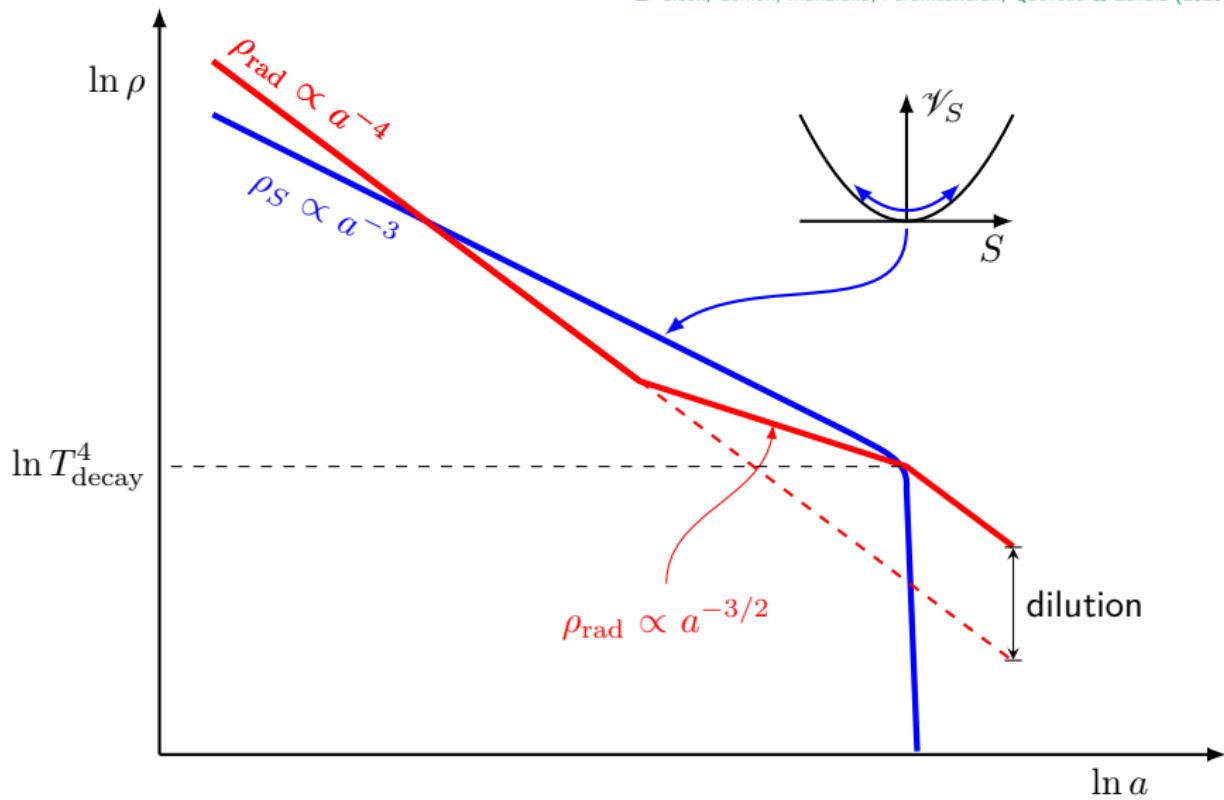
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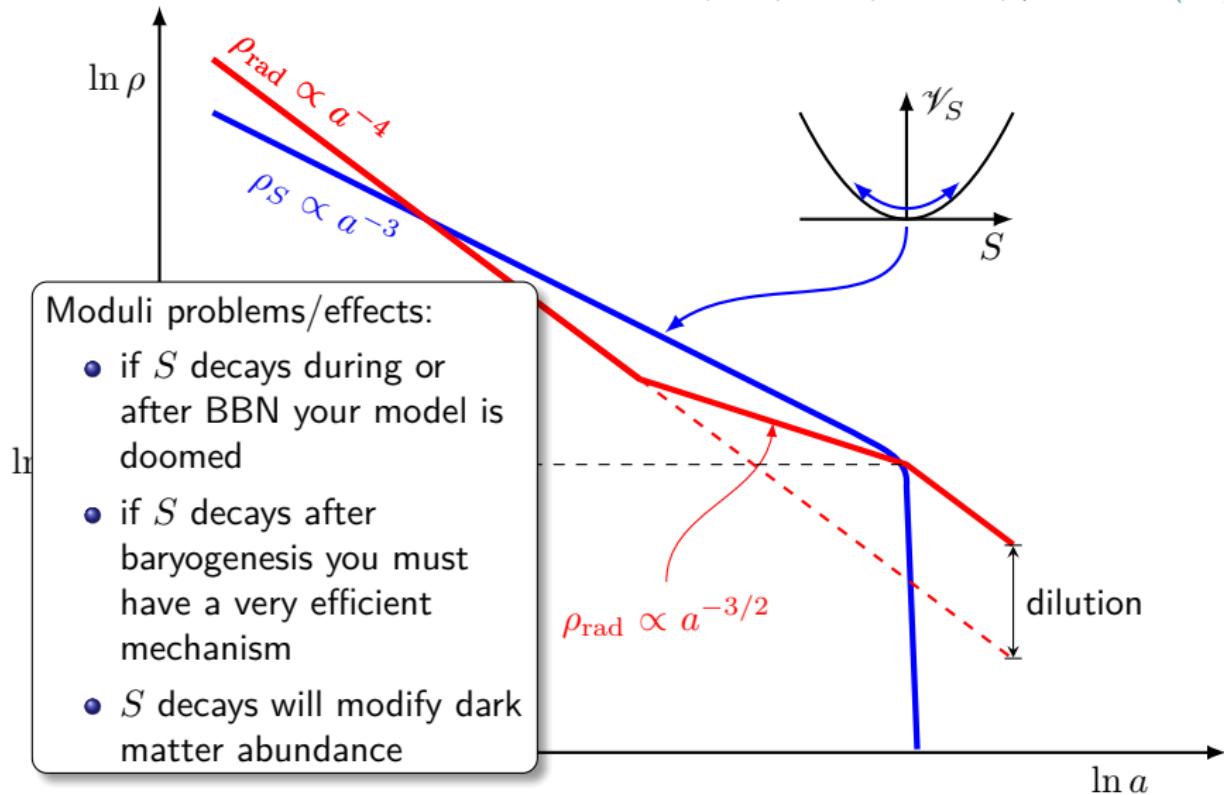
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Weight loss  
Weight loss  
solutions  
solutions

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<https://unsplash.com/>

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## main message

if masses and couplings of equilibrated particles depend on  $S$ , the dynamics of  $S$  will be such that the masses and couplings *decrease* i.e. the solution of the equations of motion entails weight loss

# Constraints on flavons

# Field-dependent fermion masses

e.g. Froggatt–Nielsen mechanism

 Froggatt & Nielsen (1979); see lectures by Mu-Chun Chen

$$\mathcal{L}_{\text{FN}} = \sum_{i,j=1}^3 y_{ij}^u \left(\frac{S}{\Lambda}\right)^{n_{ij}^u} \bar{Q}_i \tilde{\Phi} u_j + \sum_{i,j=1}^3 y_{ij}^d \left(\frac{S}{\Lambda}\right)^{n_{ij}^d} \bar{Q}_i \Phi d_j + \text{h.c.}$$

flavon

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$$\alpha = \gamma \frac{\partial T_Y}{\partial \varepsilon} \sim 10^{-2}$$

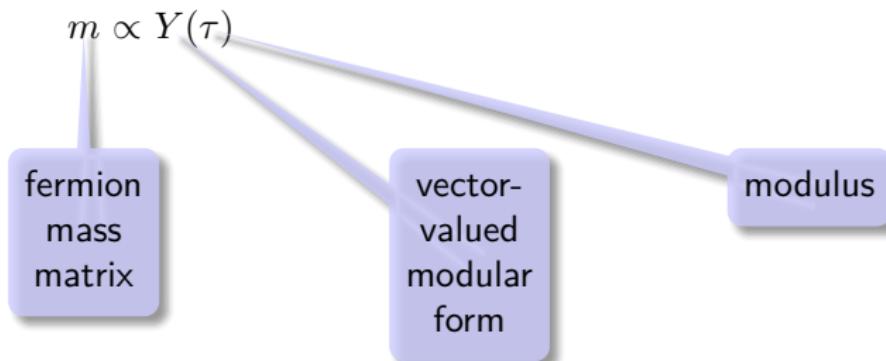
- effective potential

$$\mathcal{V}_{\text{eff}}(\sigma, T) = \gamma T_Y T^4 + \alpha T^4 \frac{\sigma}{\Lambda} + \frac{m_\sigma^2(T)}{2} \sigma^2 + \frac{\kappa}{3!} \sigma^3 + \frac{\lambda_S}{4} \sigma^4 + \dots$$

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 Feruglio (2019); see lectures by Mu-Chun Chen

- more recent example: modular flavor flavor symmetries



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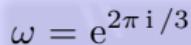
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- ☞ we could take e.g.

$$S = \text{Im} \frac{\tau - \omega}{\tau + \omega}$$


$$\omega = e^{2\pi i / 3}$$

# Flavon dynamics

Lillard, MR, Tait & Trojanowski (2018)

- ☞ the flavon gets driven away from its  $T = 0$  minimum until it gets stopped by the mass term or Hubble friction

$$\Delta\sigma \simeq -\alpha \frac{T^4}{\Lambda m_{\text{eff}}^2} \quad \text{where } m_{\text{eff}}^2 = 6H^2 + m_\sigma^2$$

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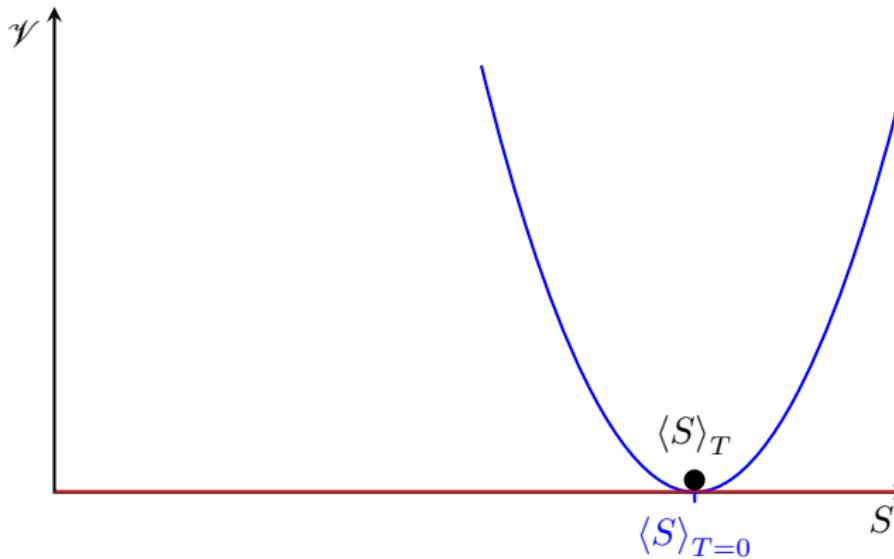
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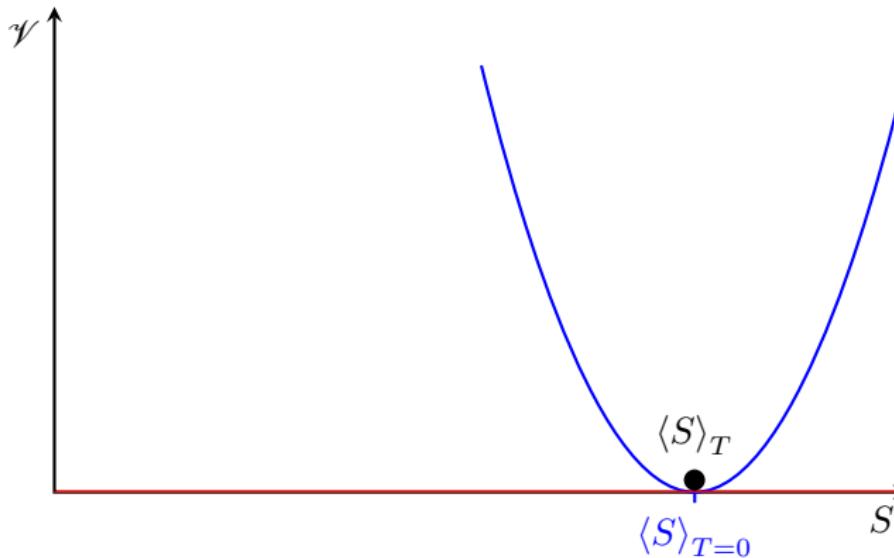
$$\Delta\sigma \simeq -\alpha \frac{T^4}{\Lambda m_{\text{eff}}^2} \quad \text{where } m_{\text{eff}}^2 = 6H^2 + m_\sigma^2$$

- ☞ as the temperature decreases, the flavon undergoes oscillations around the  $T = 0$  minimum, which behave like nonrelativistic matter

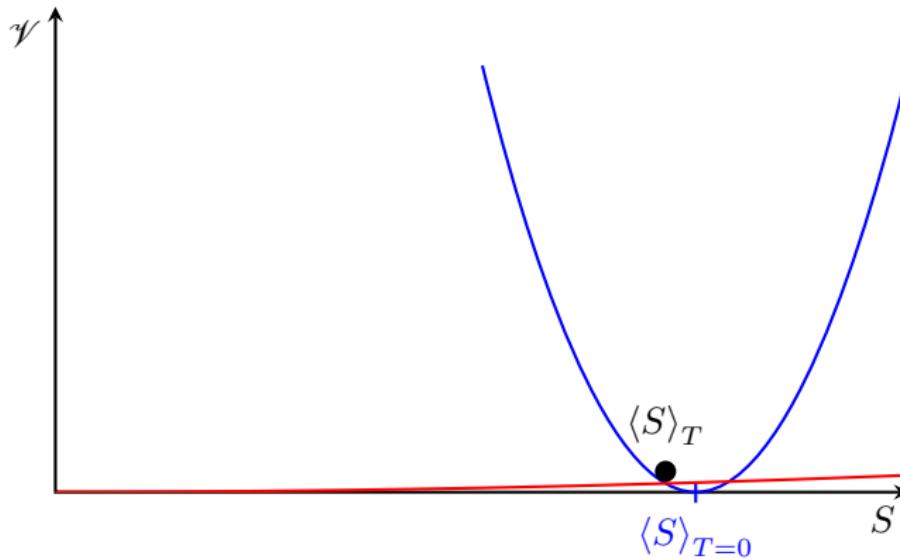
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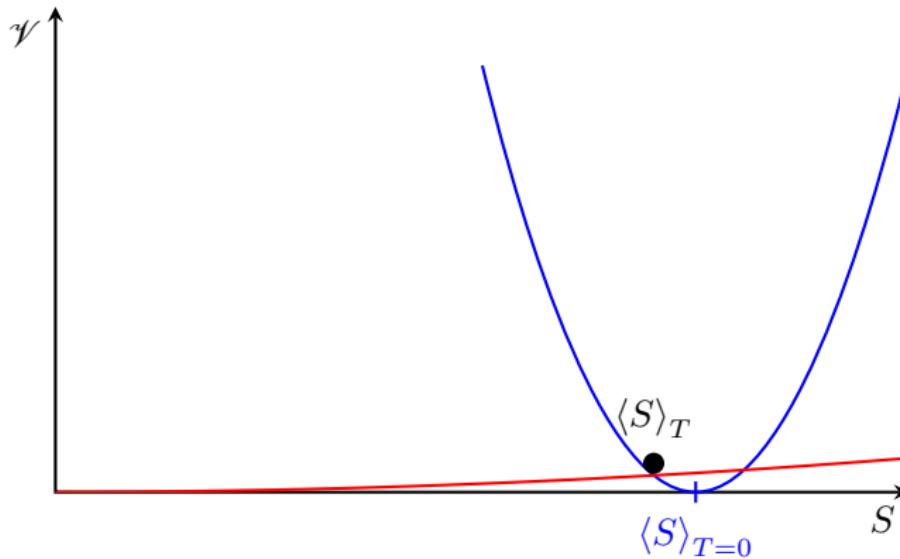
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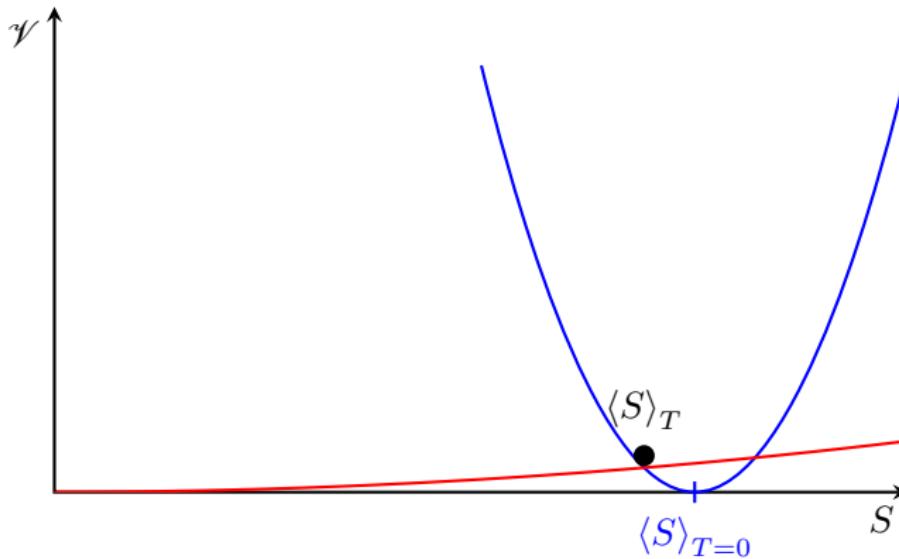
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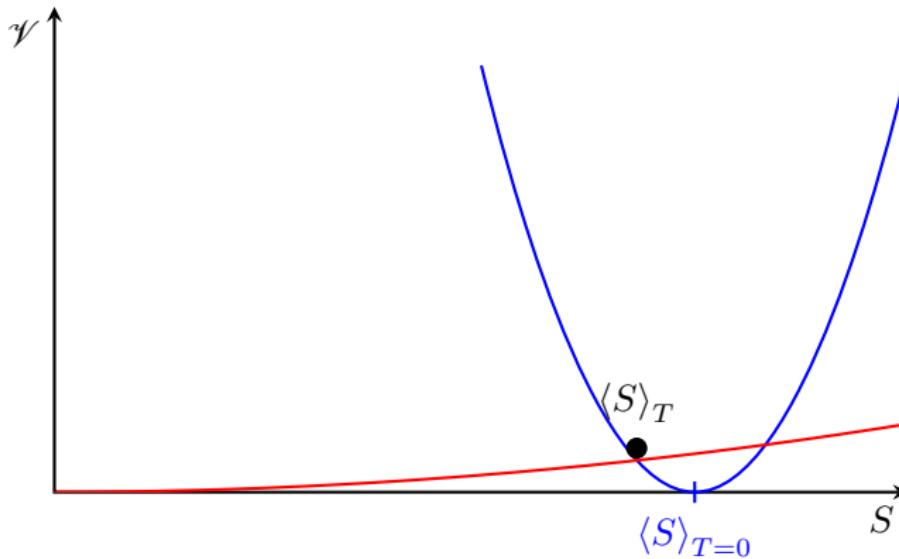
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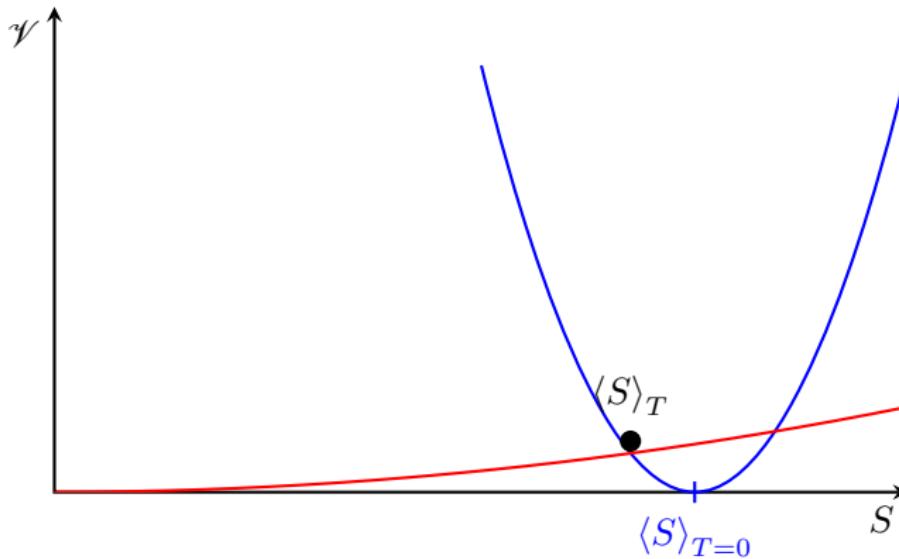
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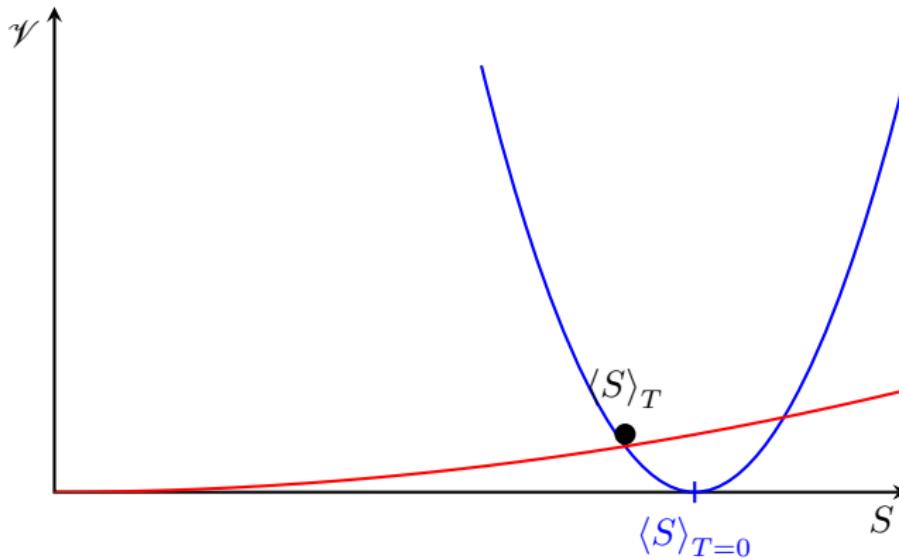
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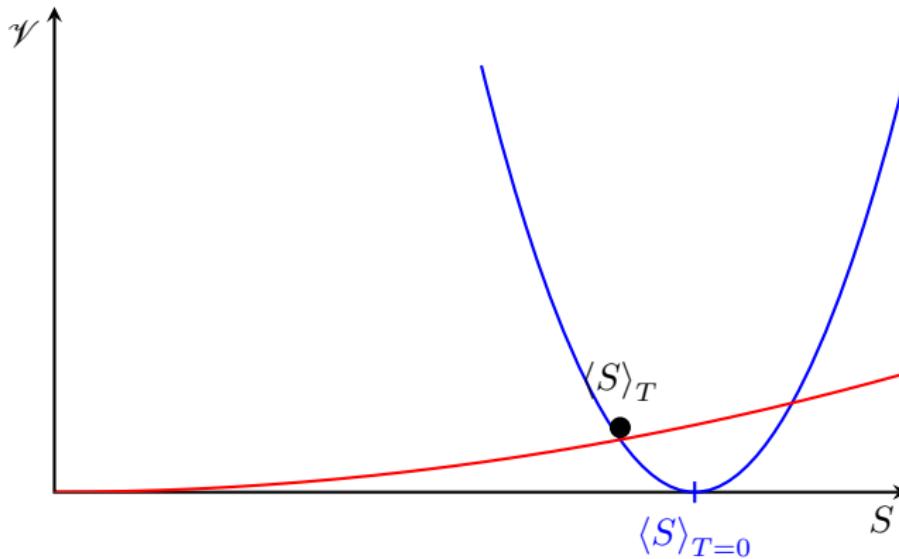
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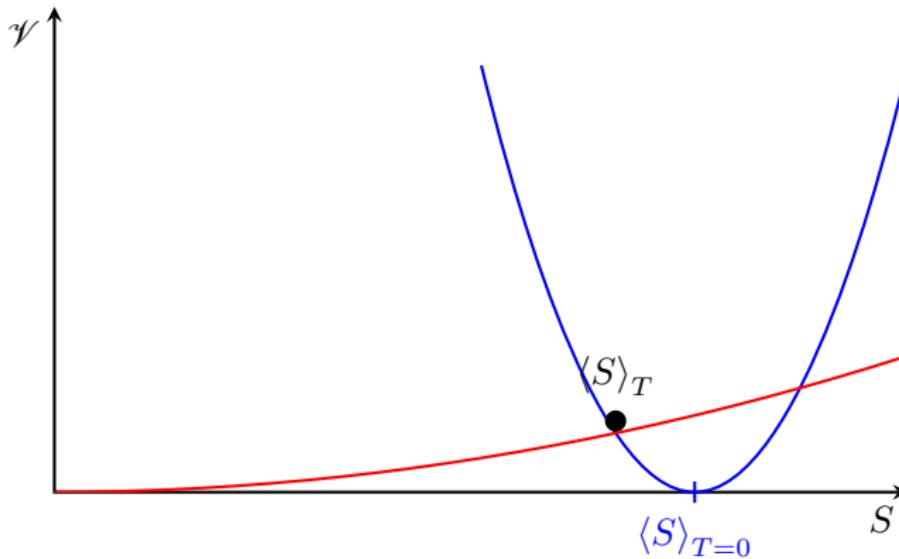
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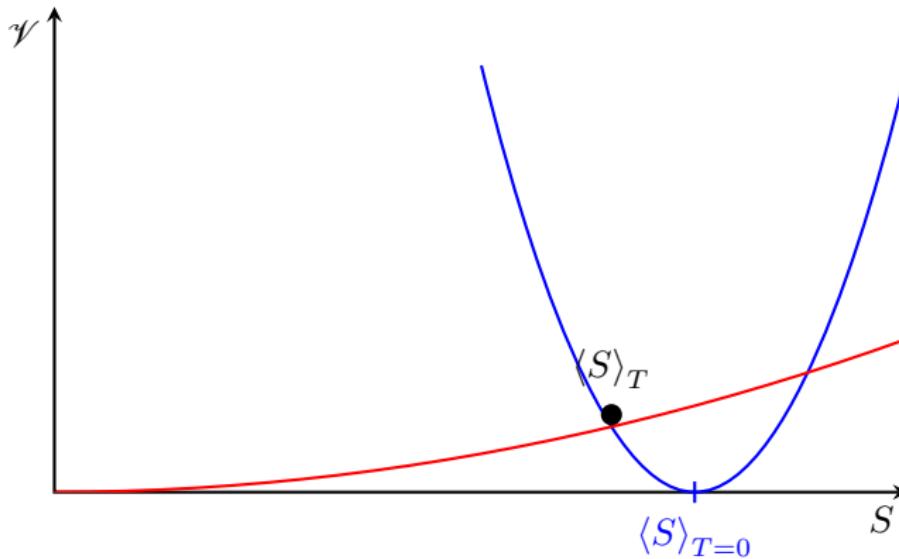
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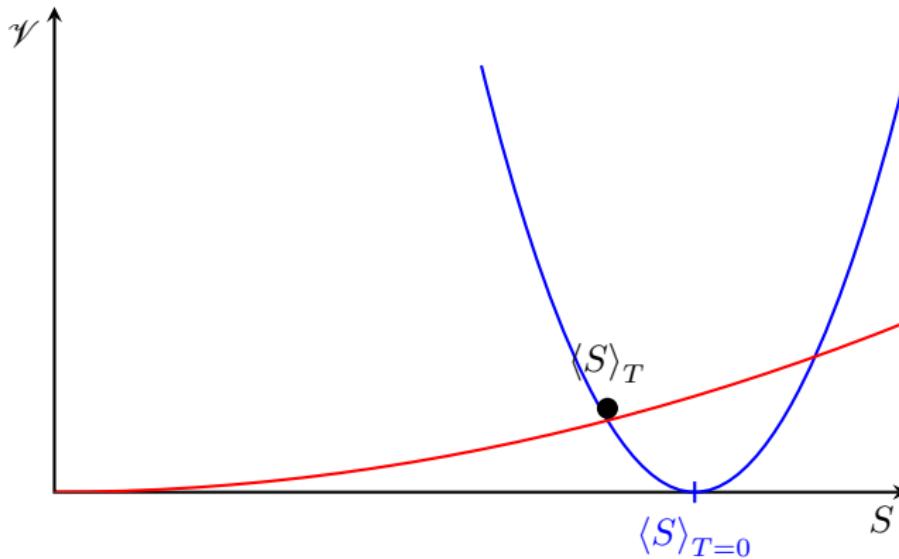
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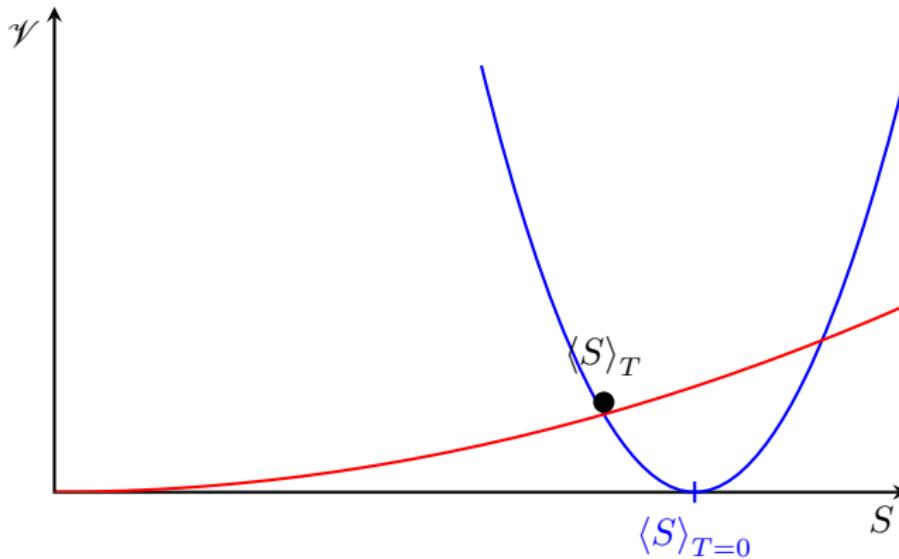
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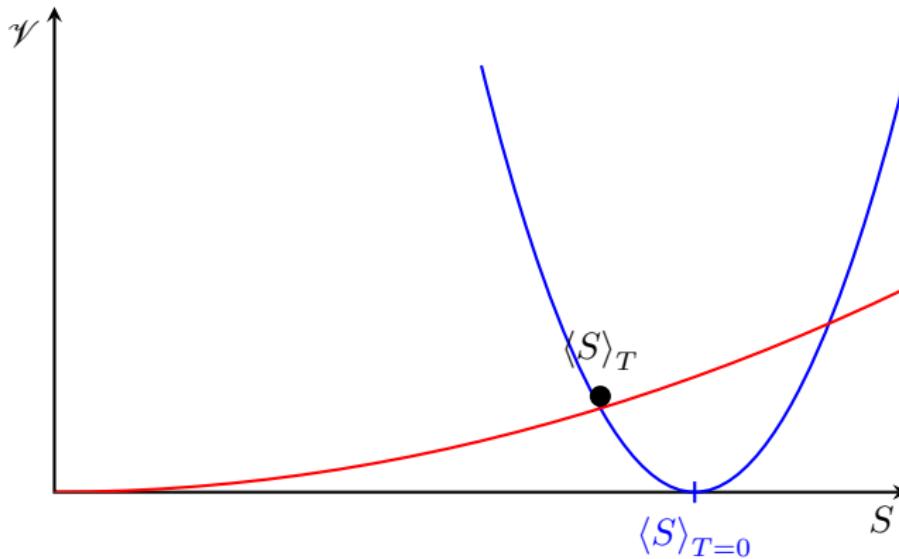
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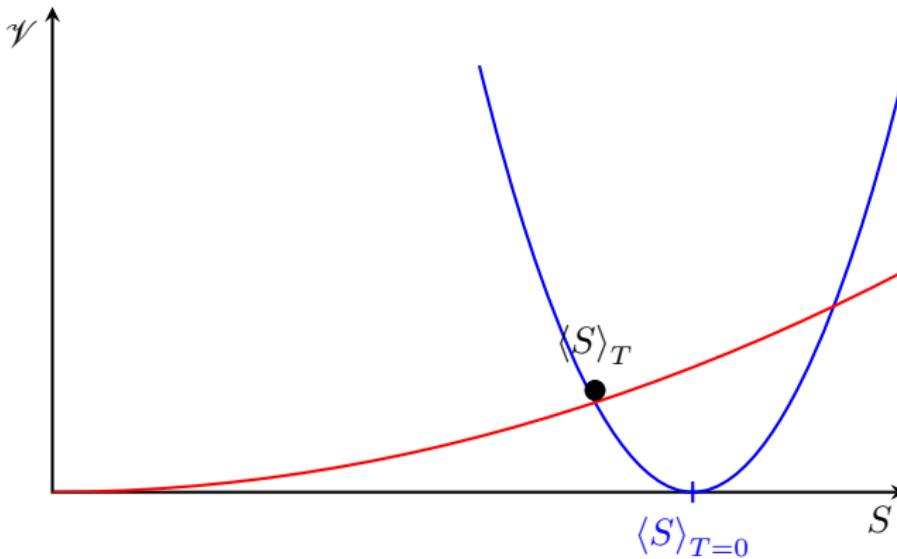
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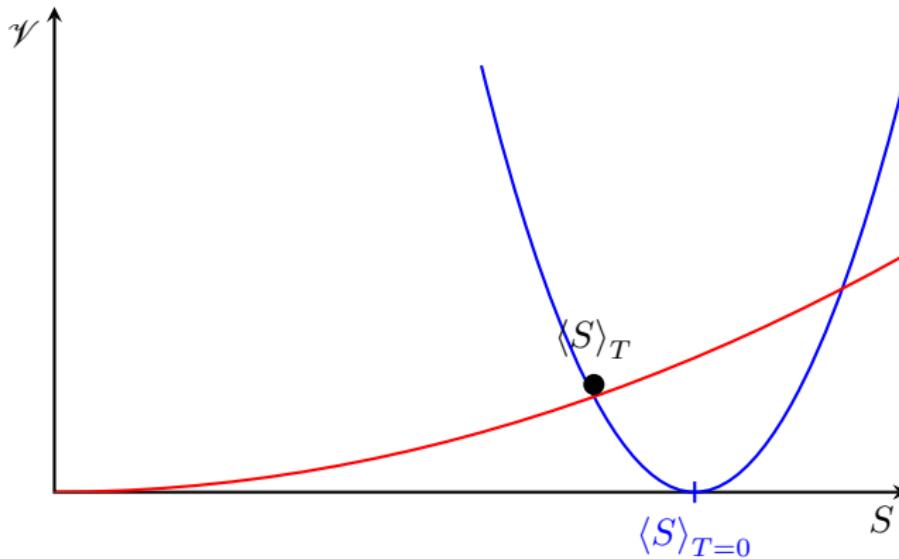
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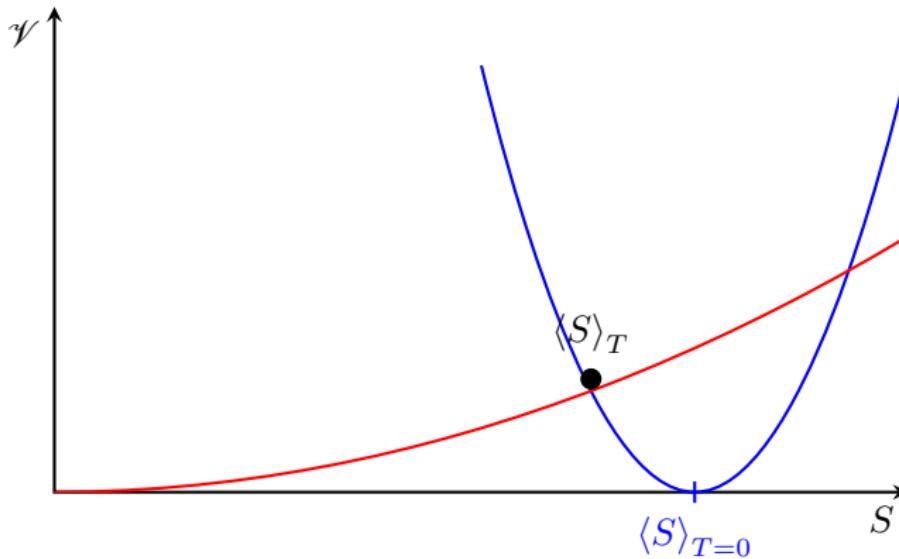
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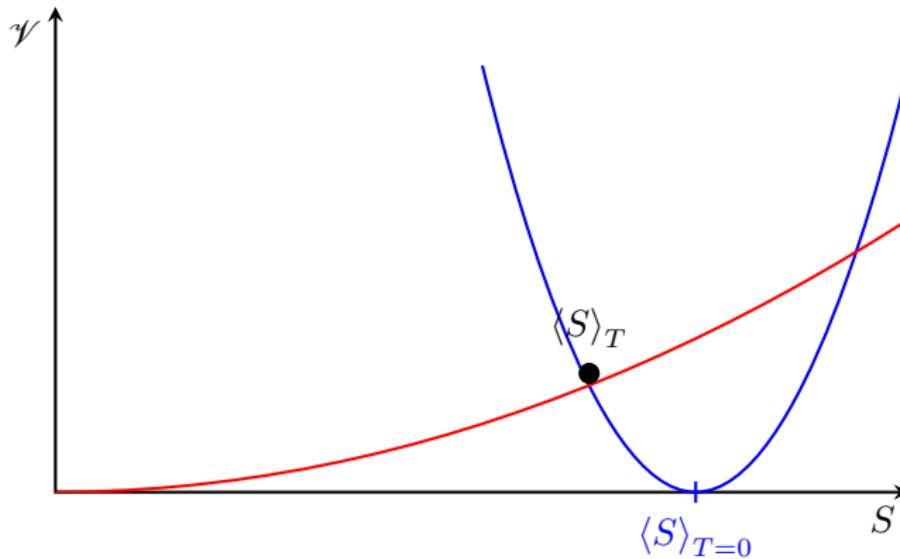
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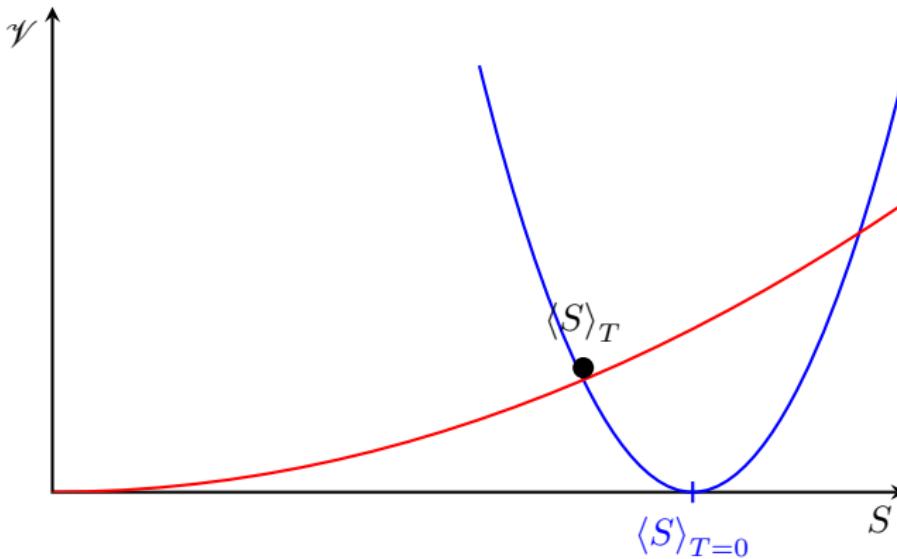
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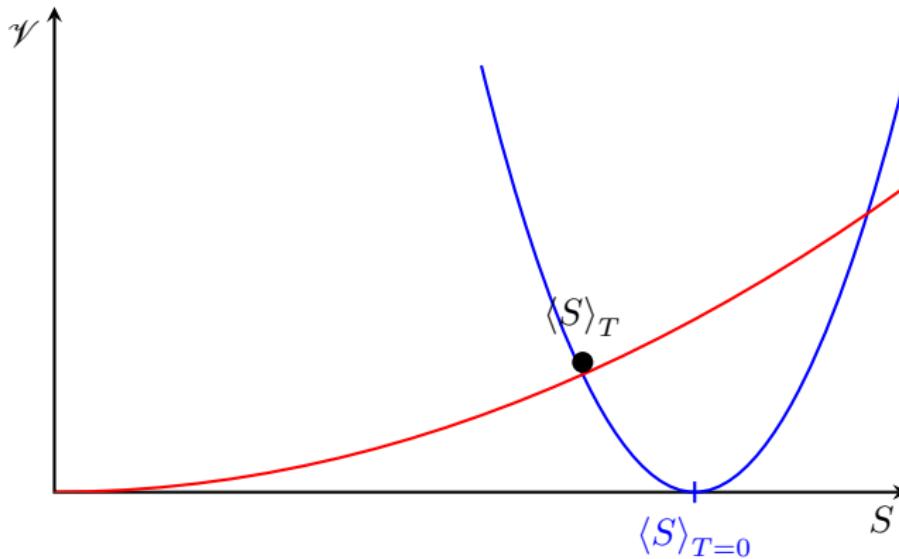
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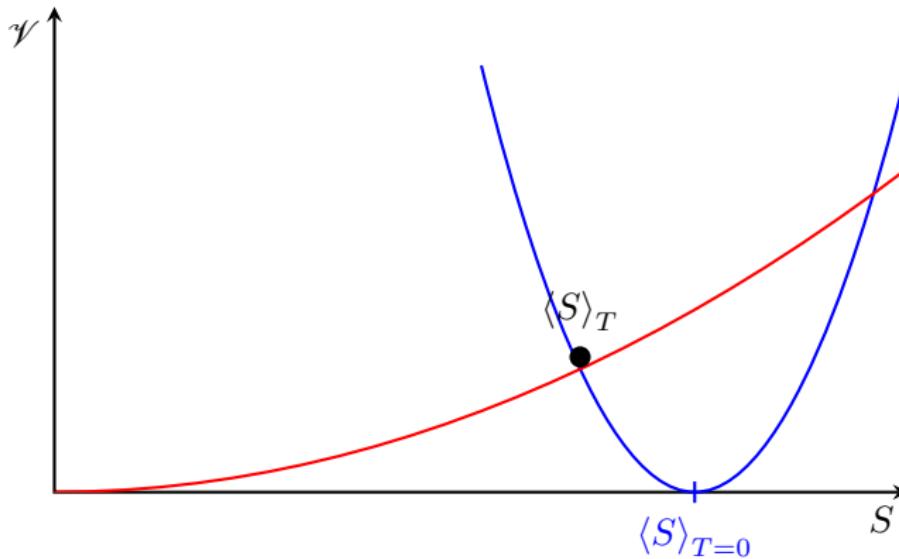
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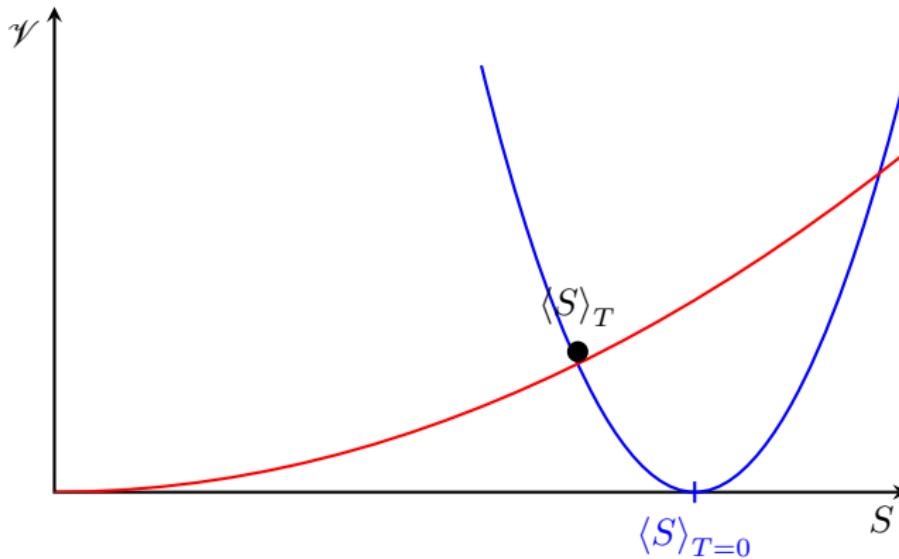
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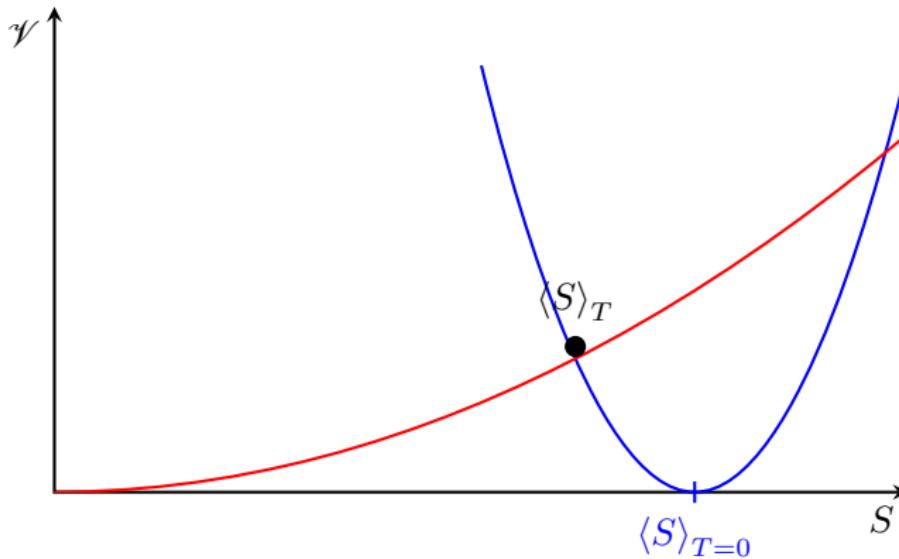
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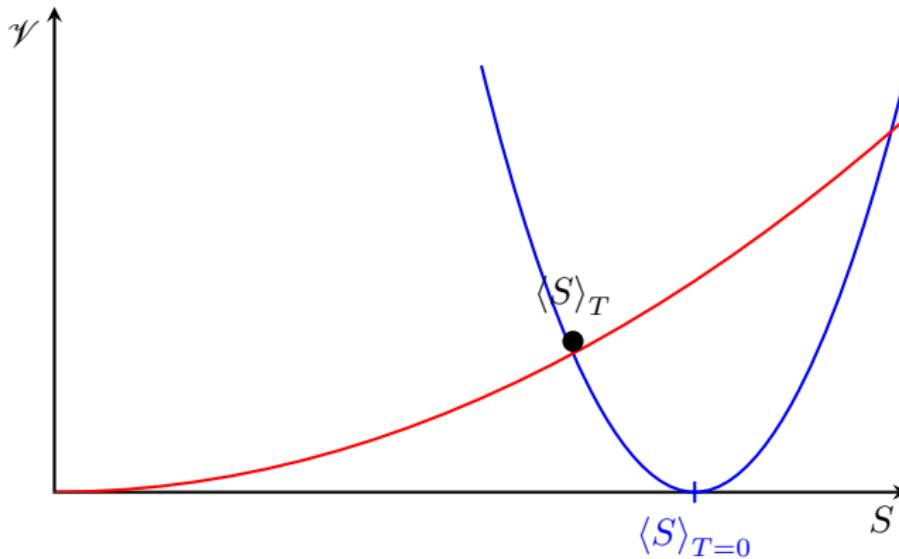
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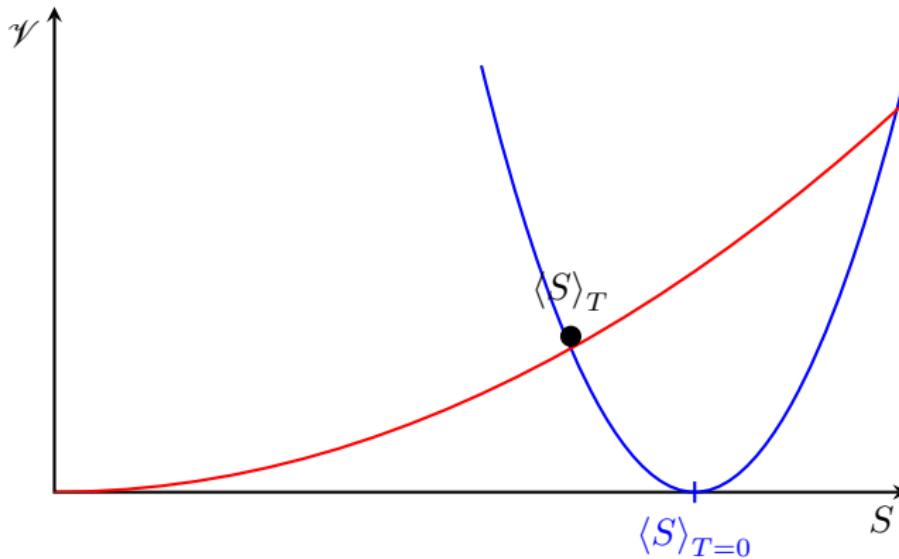
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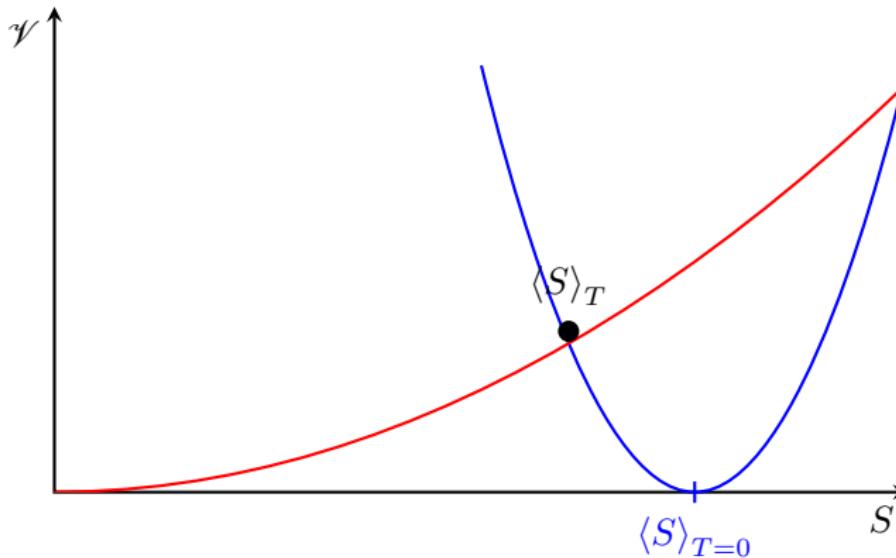
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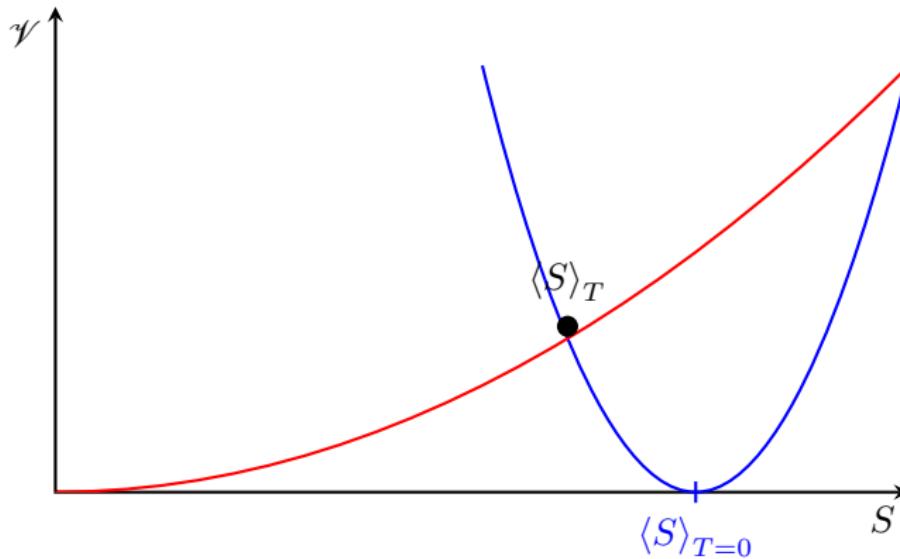
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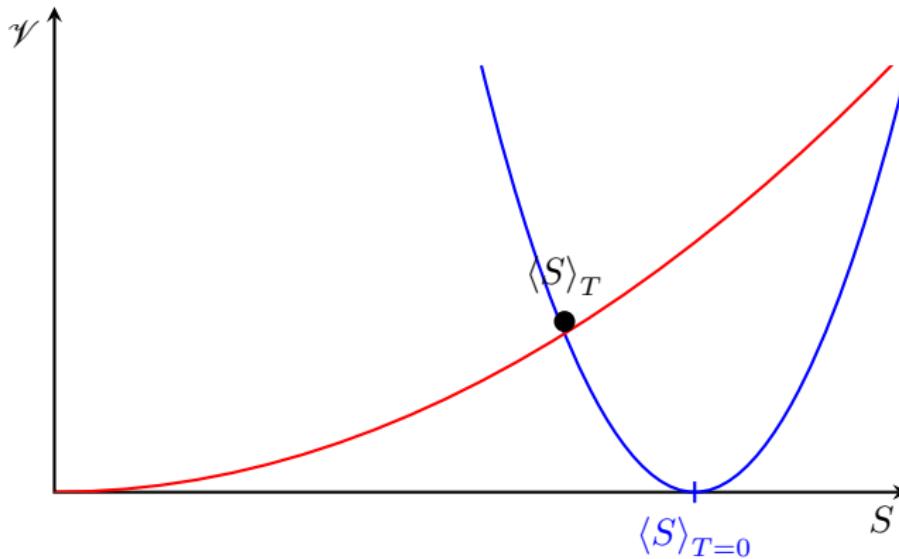
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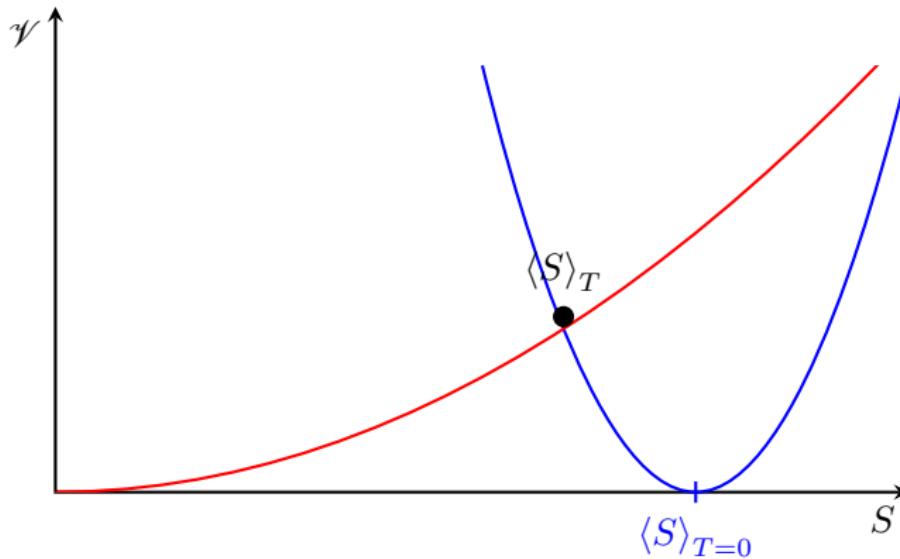
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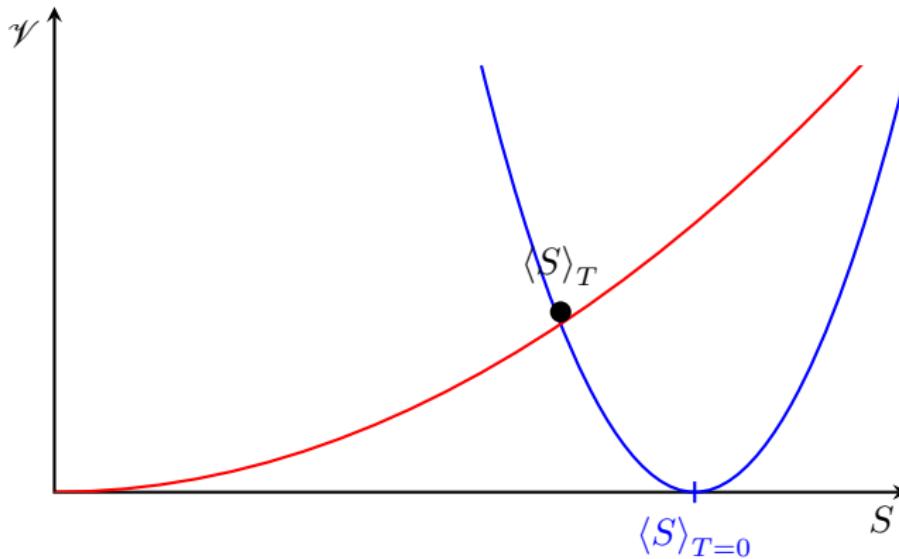
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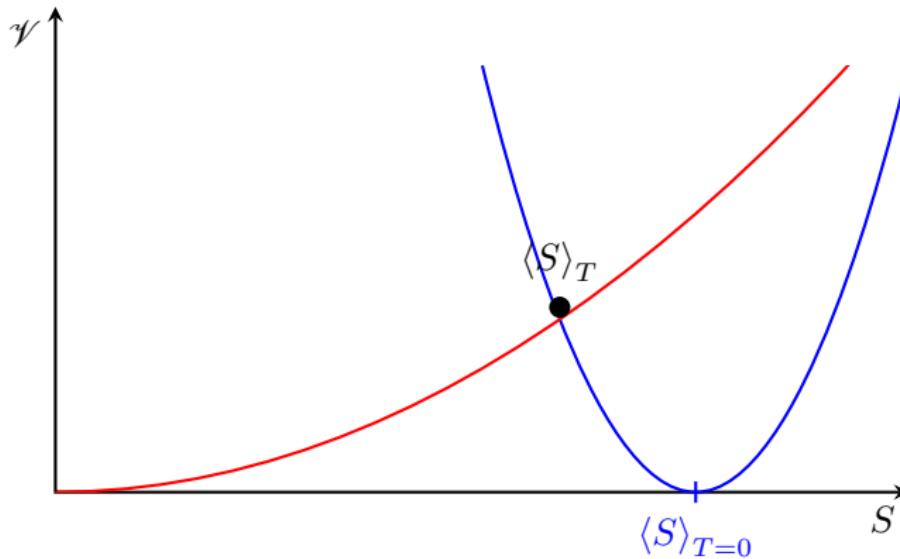
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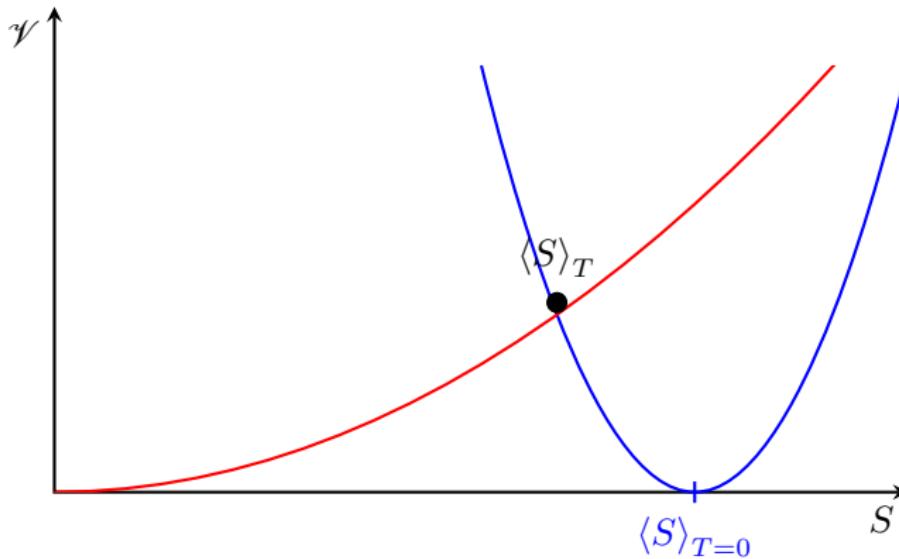
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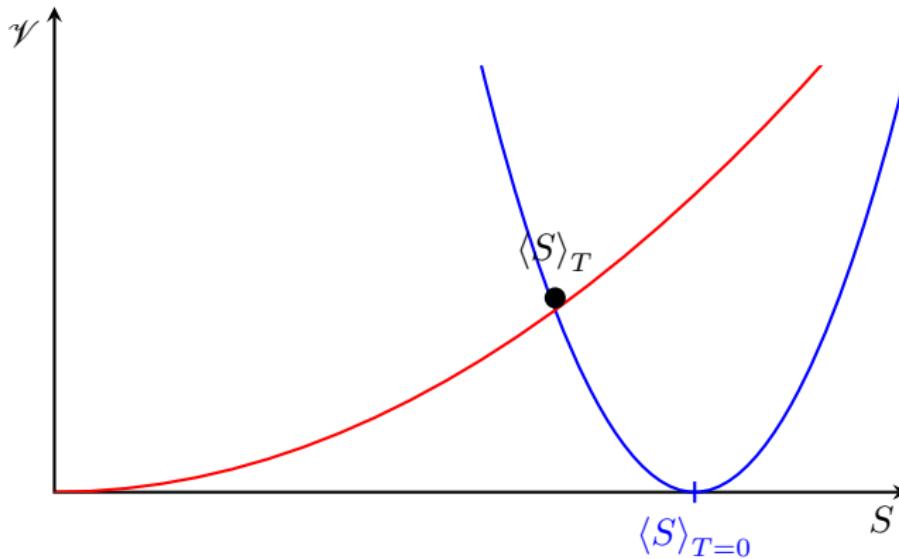
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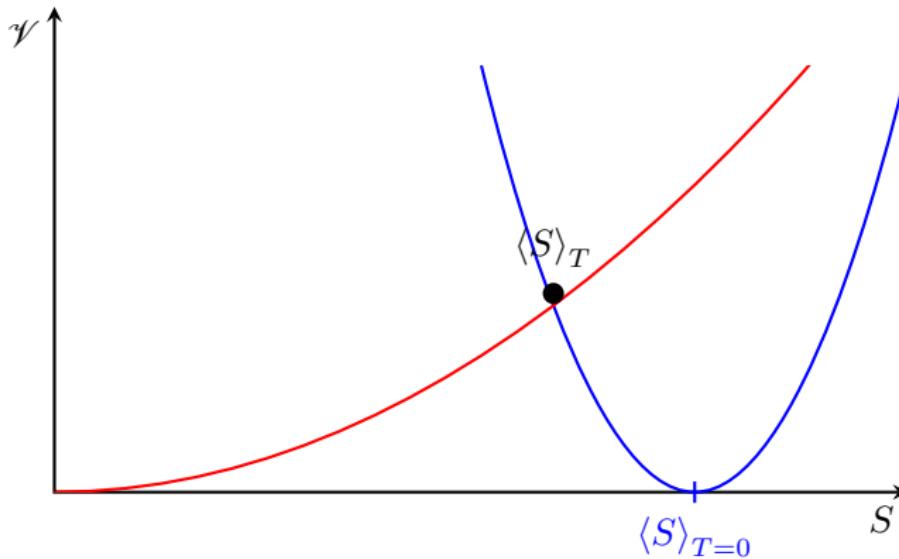
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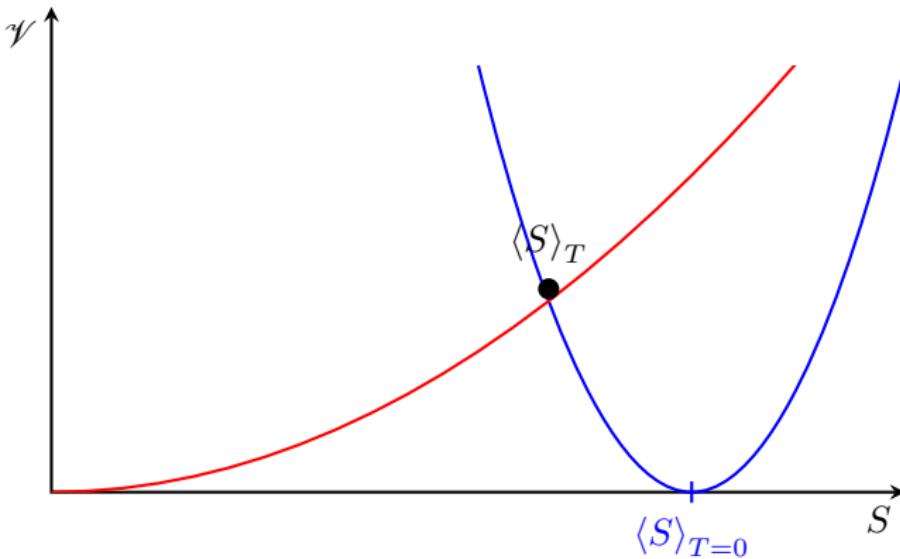
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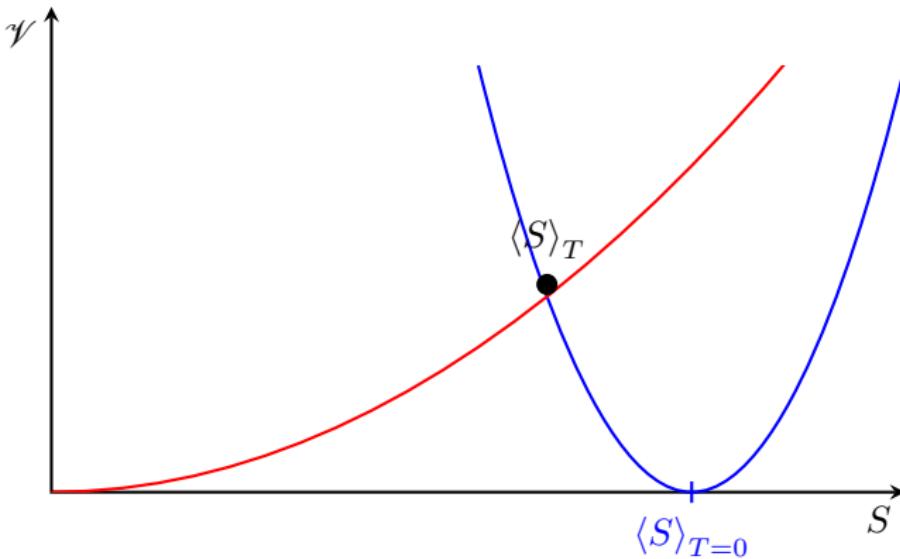
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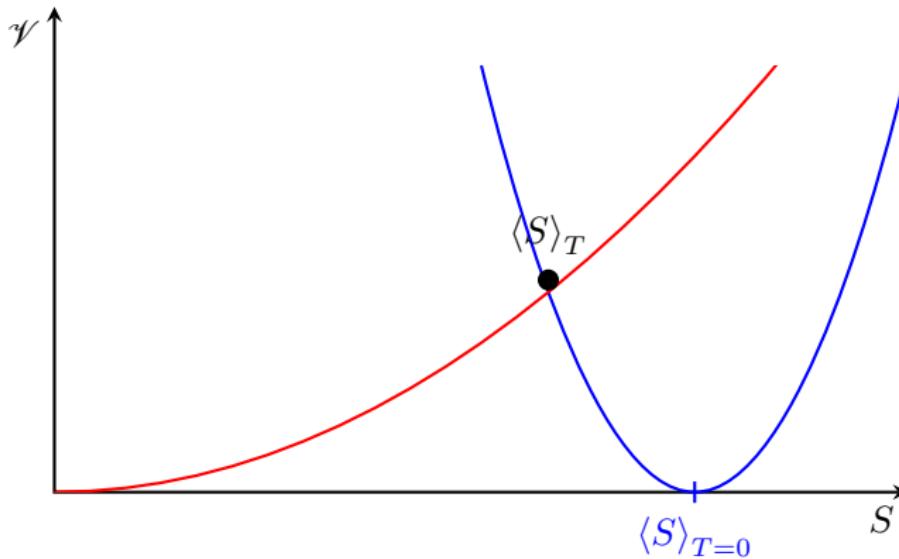
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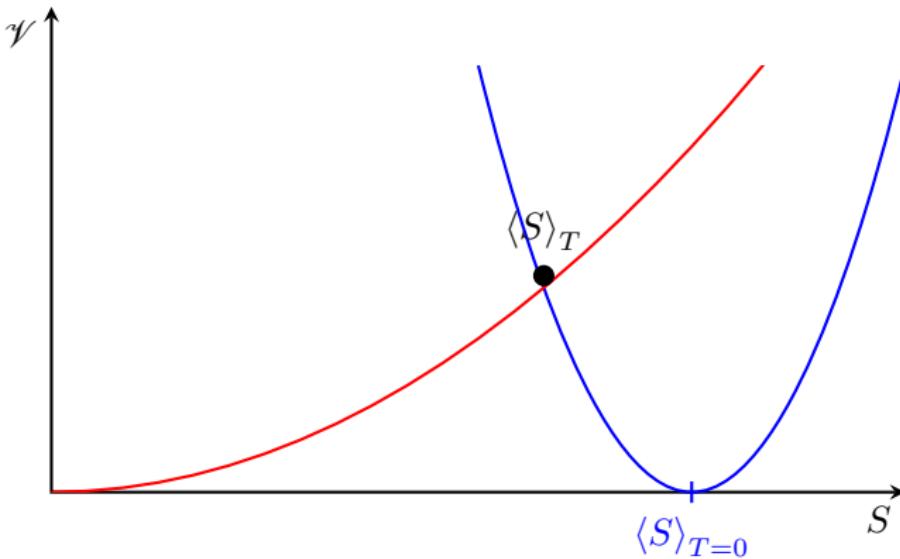
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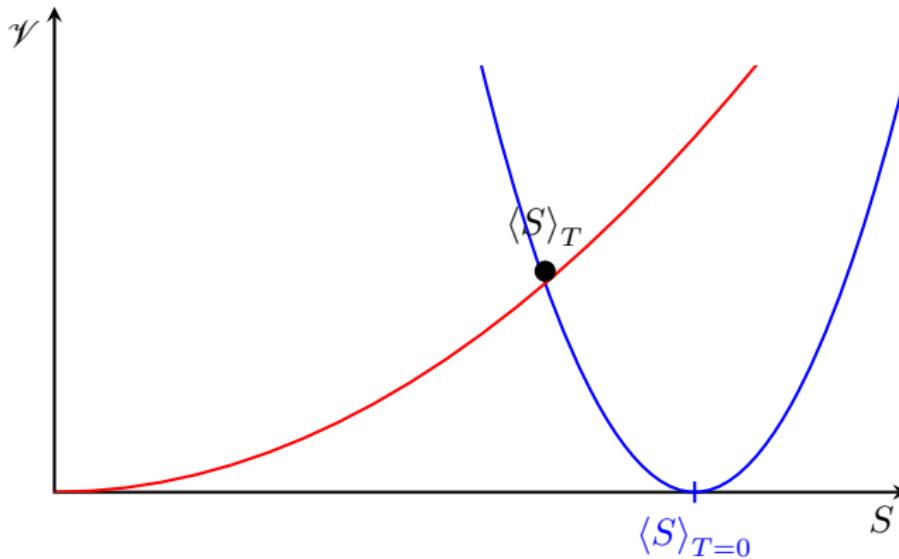
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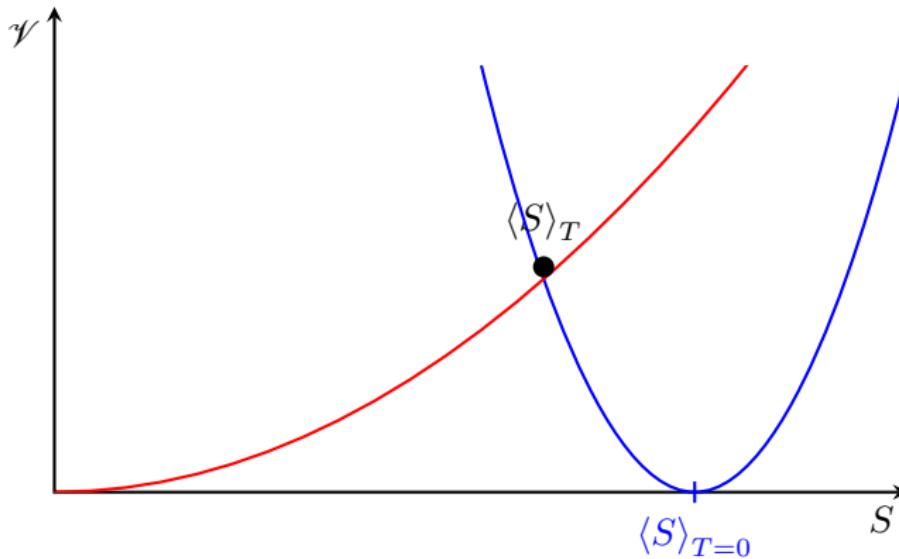
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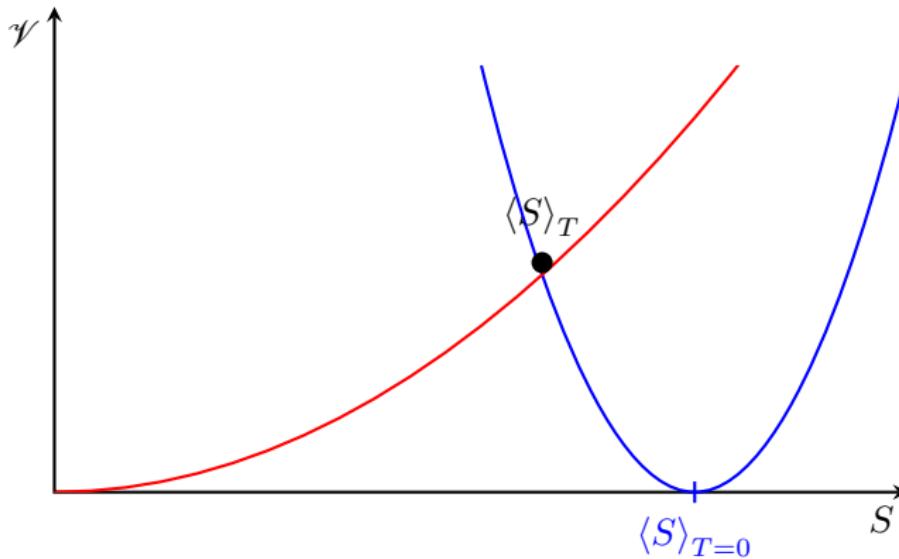
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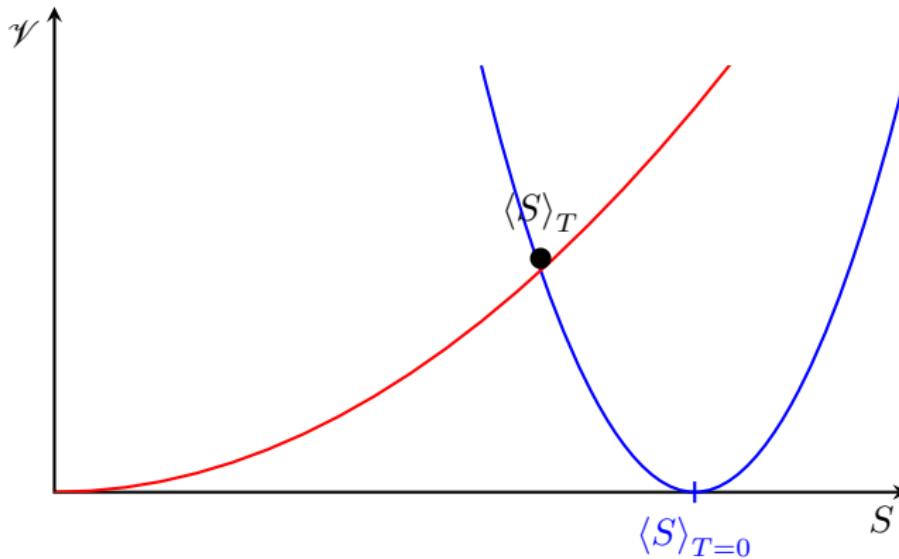
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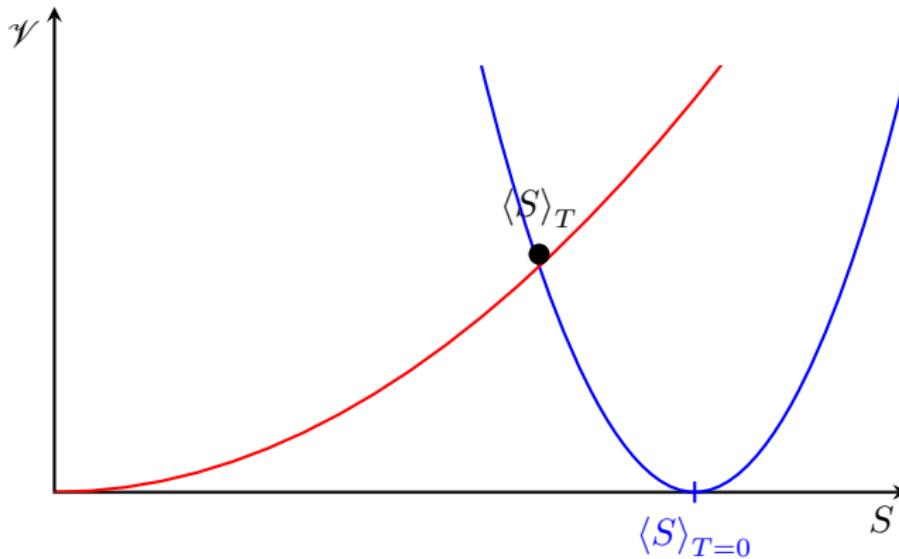
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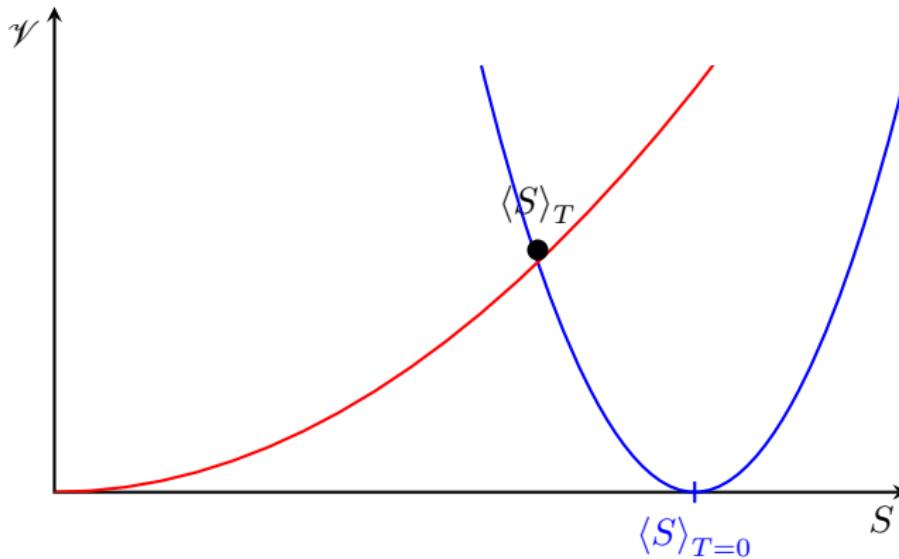
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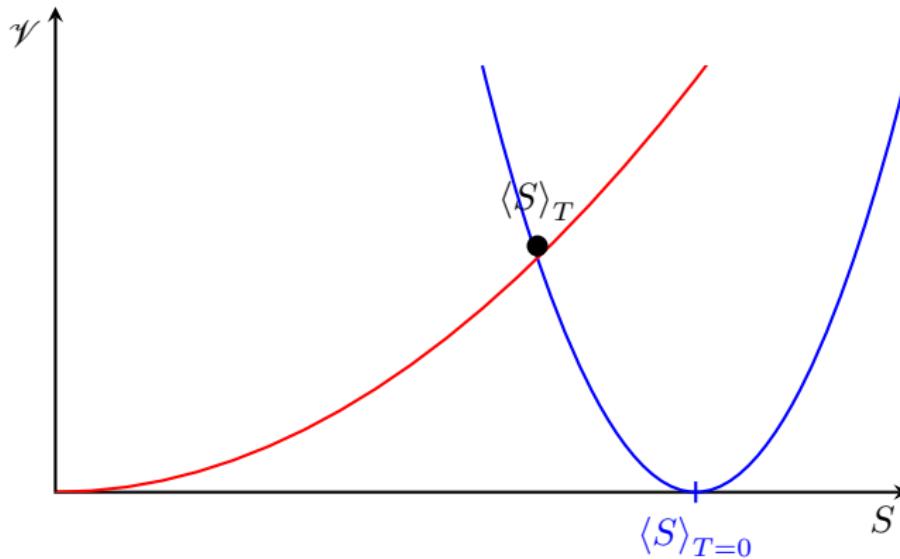
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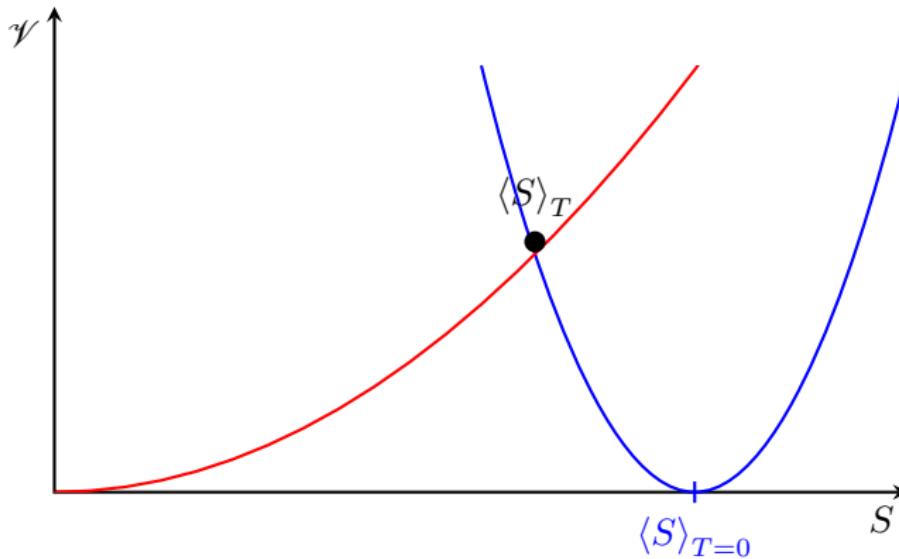
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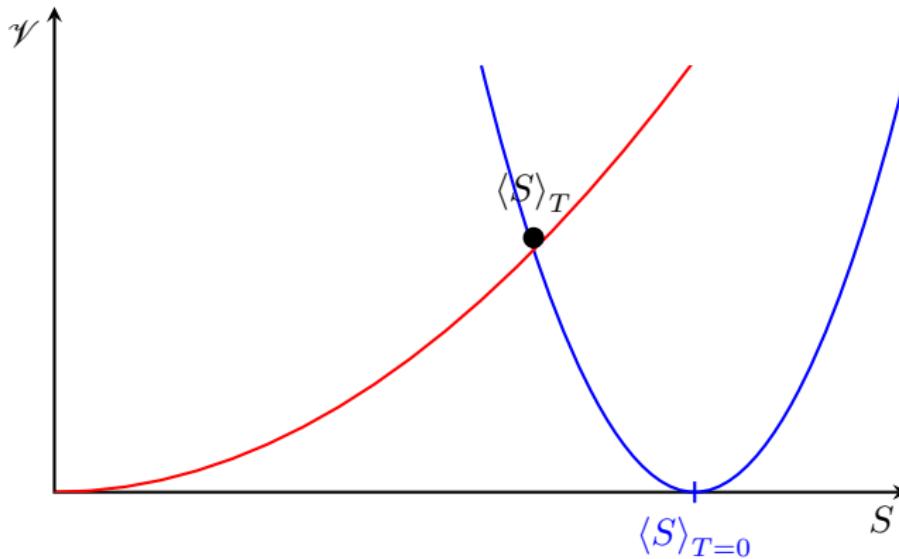
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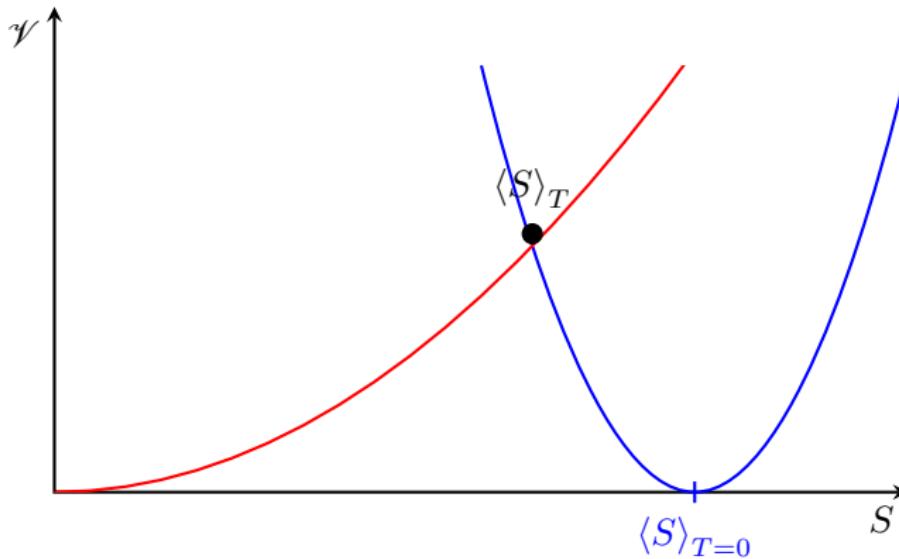
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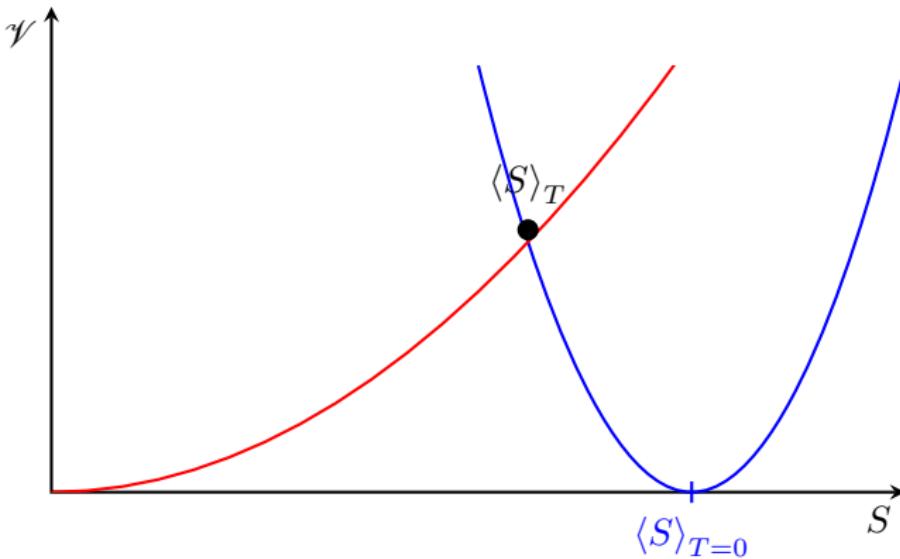
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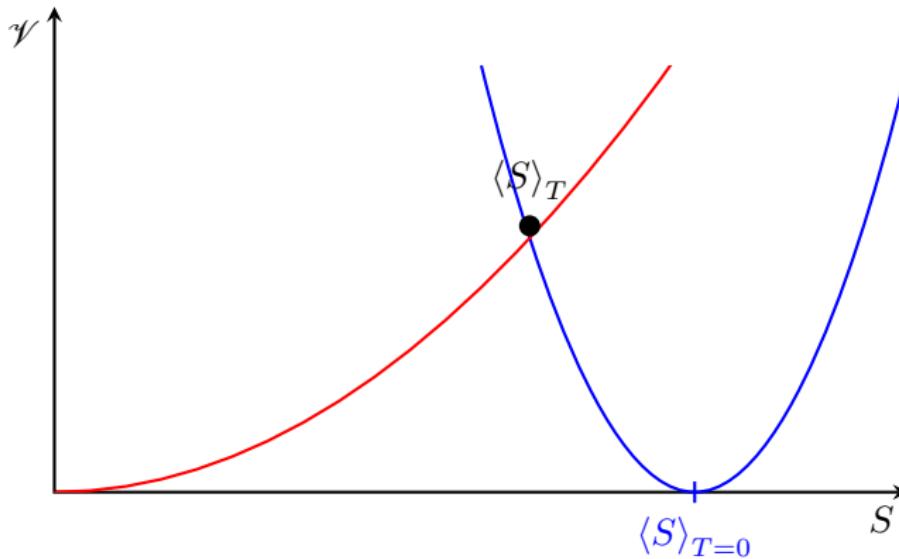
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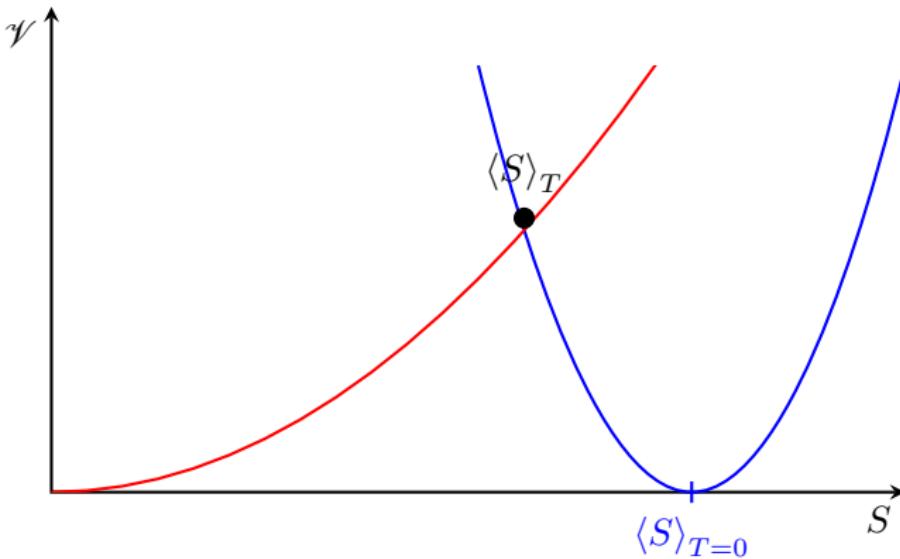
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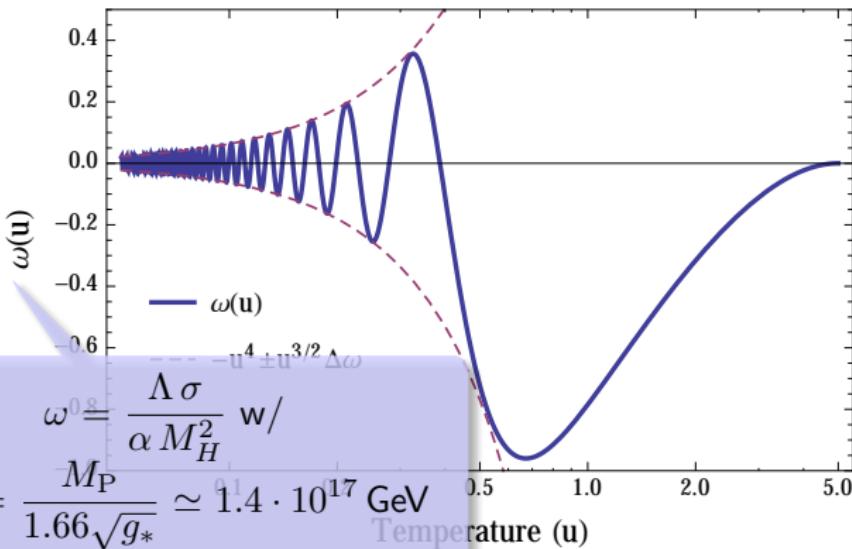
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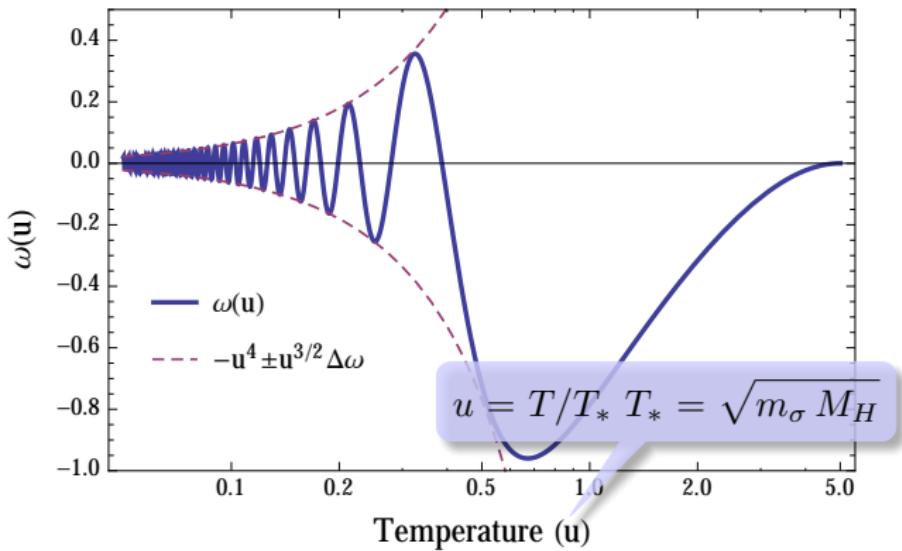
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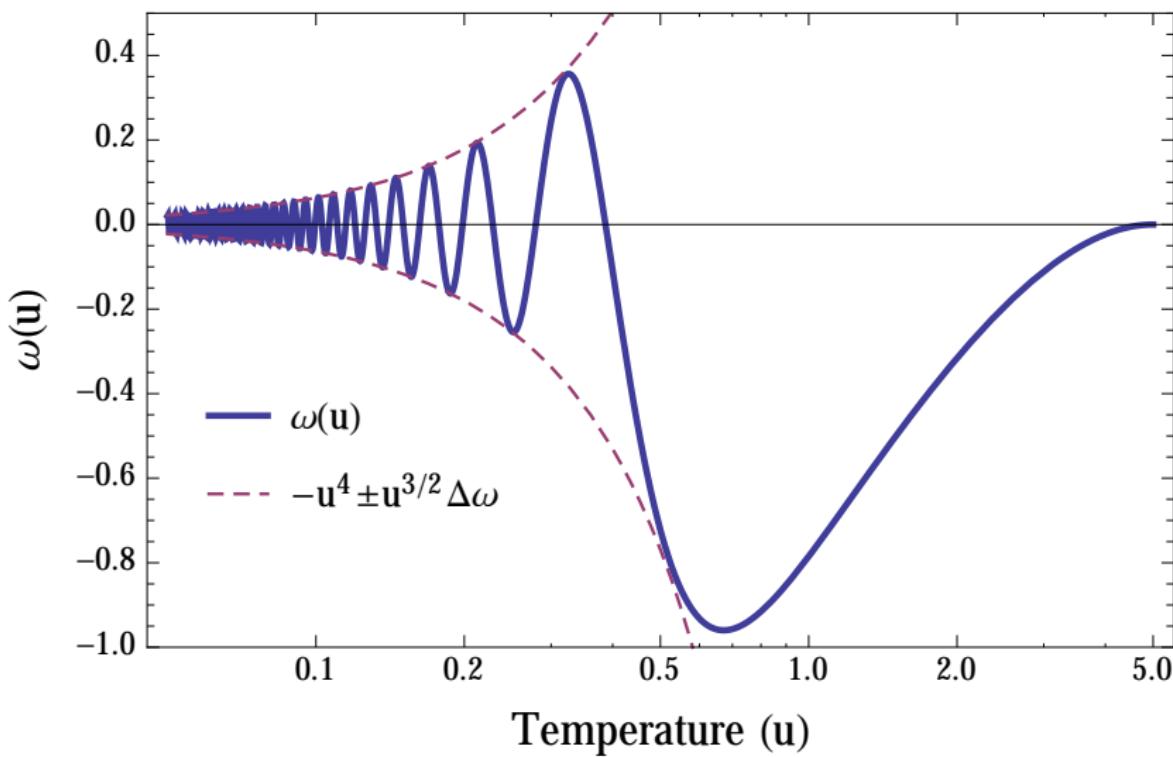
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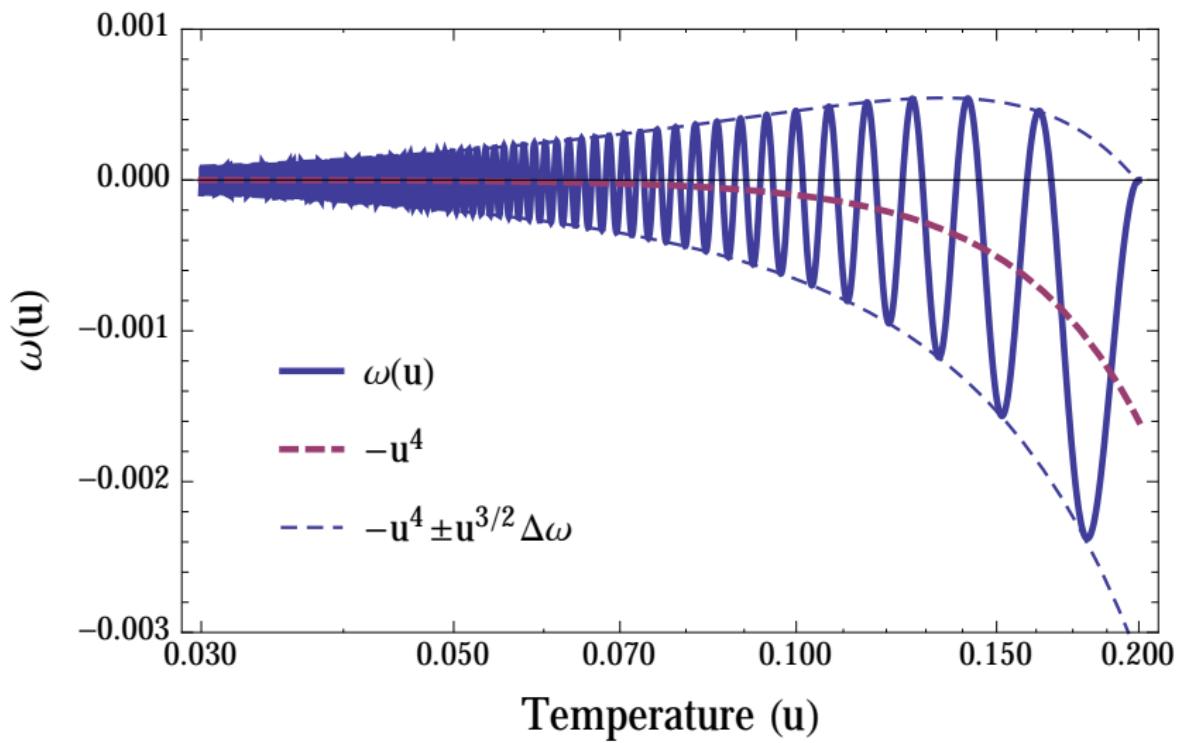
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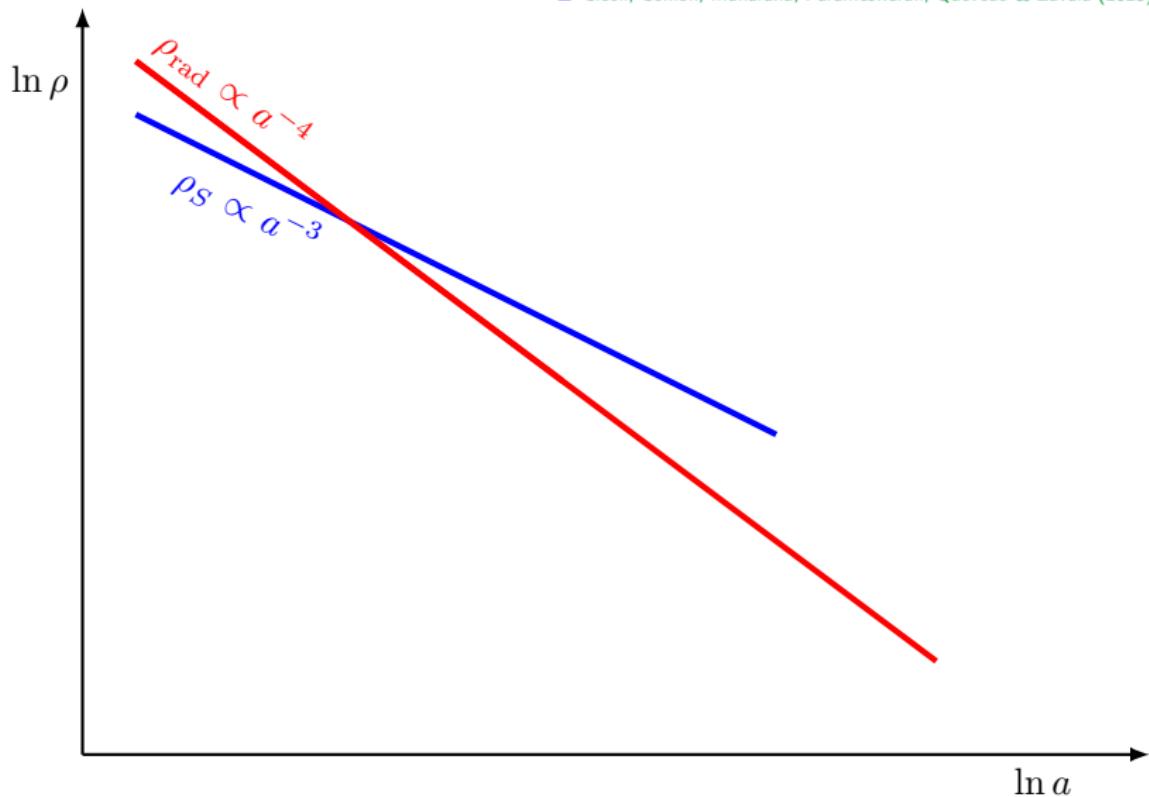


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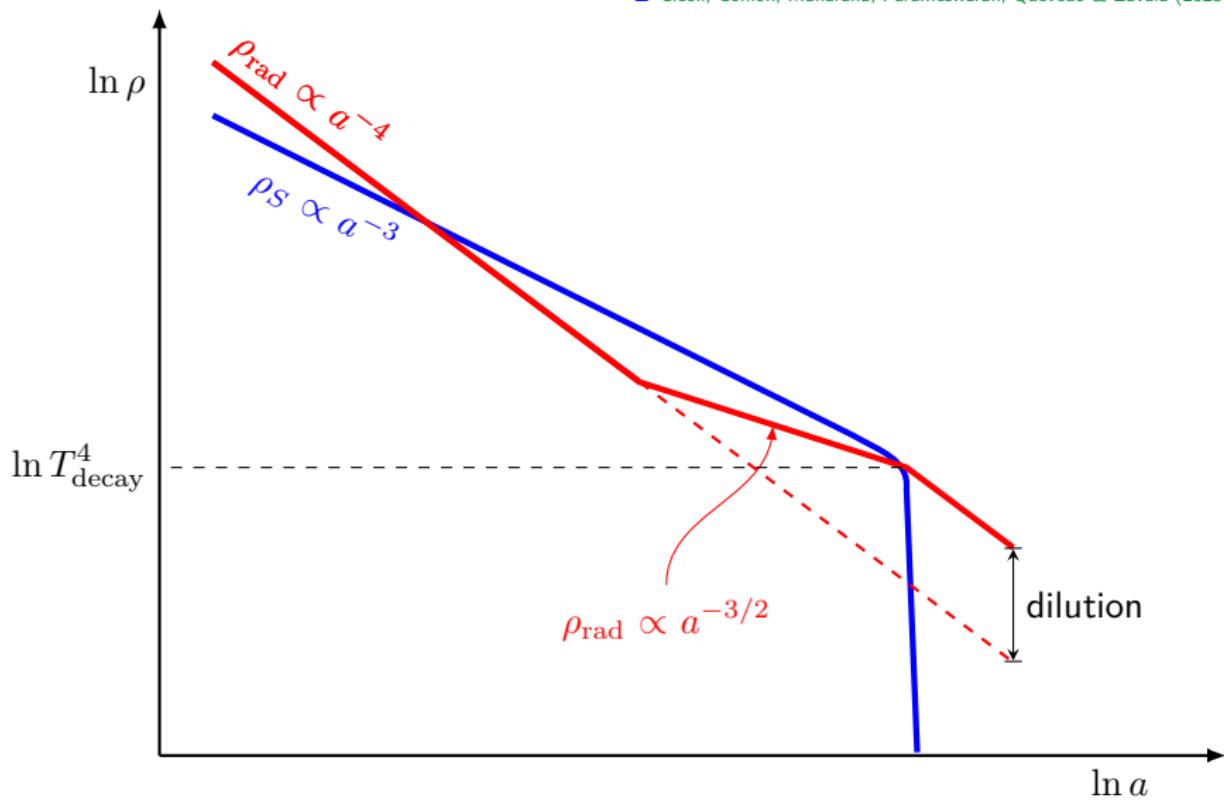
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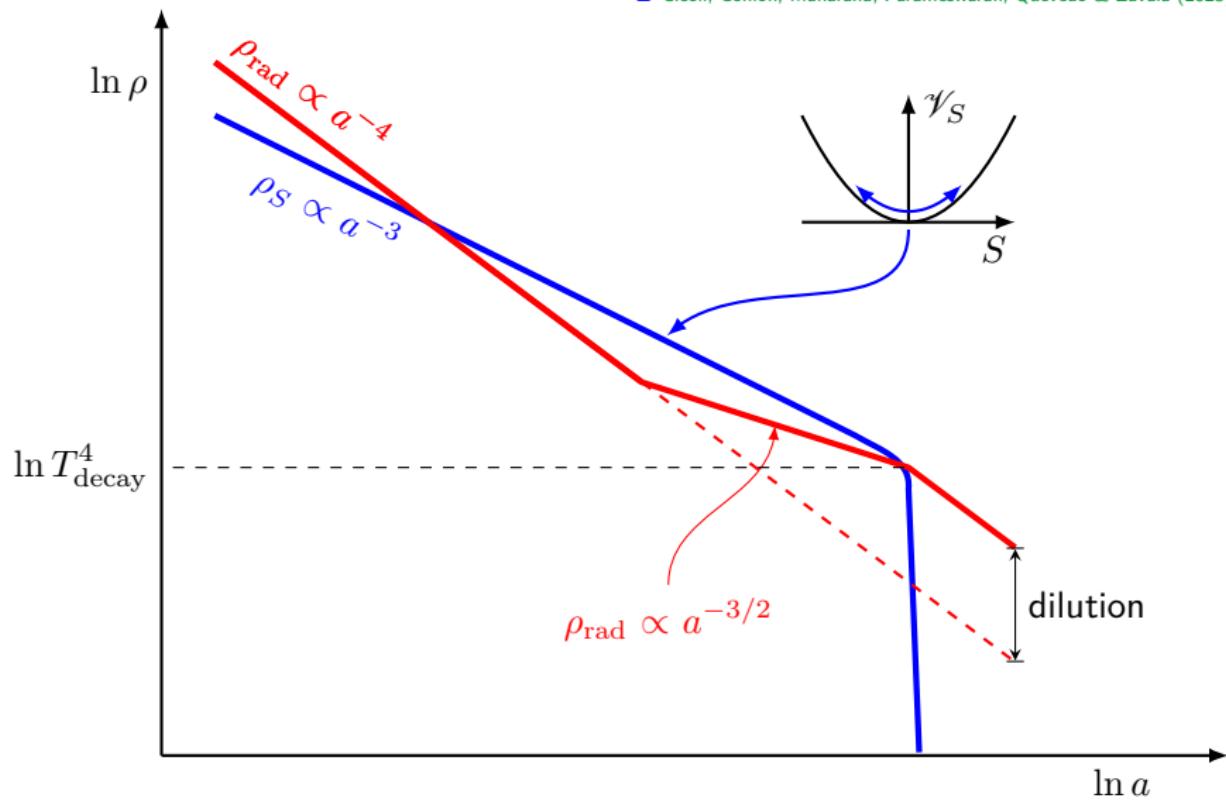
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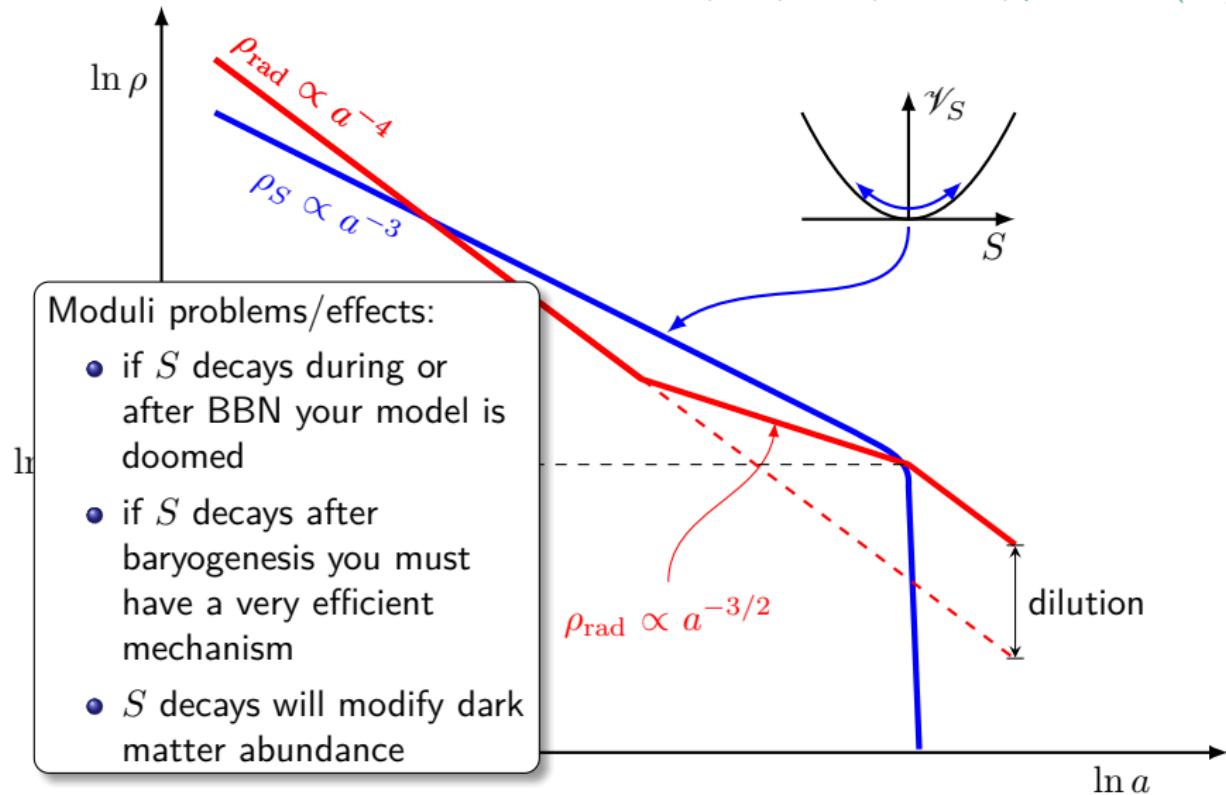
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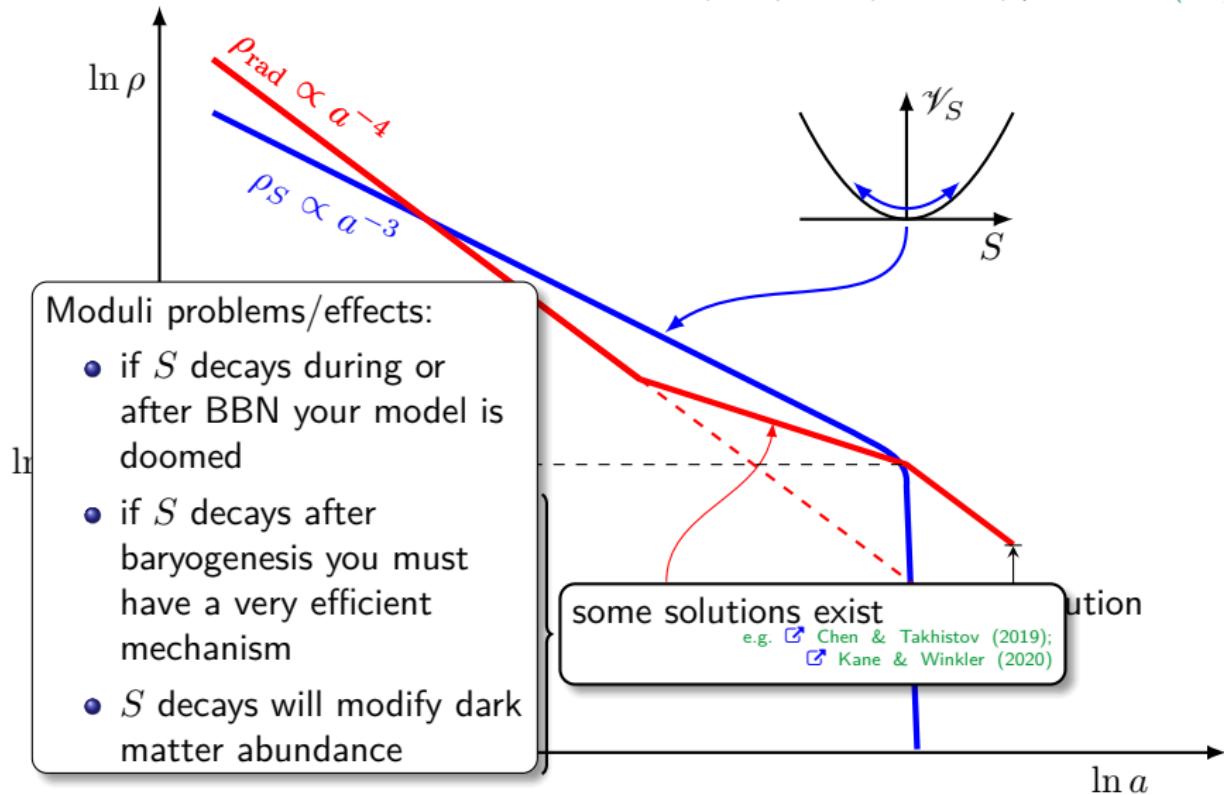
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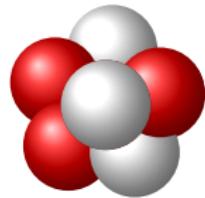


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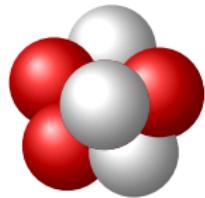
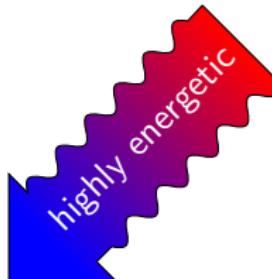
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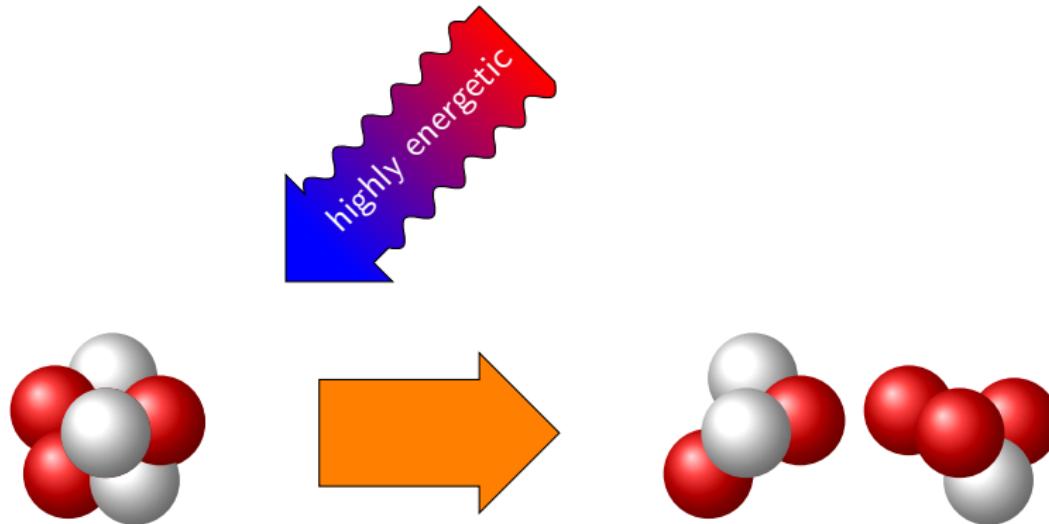
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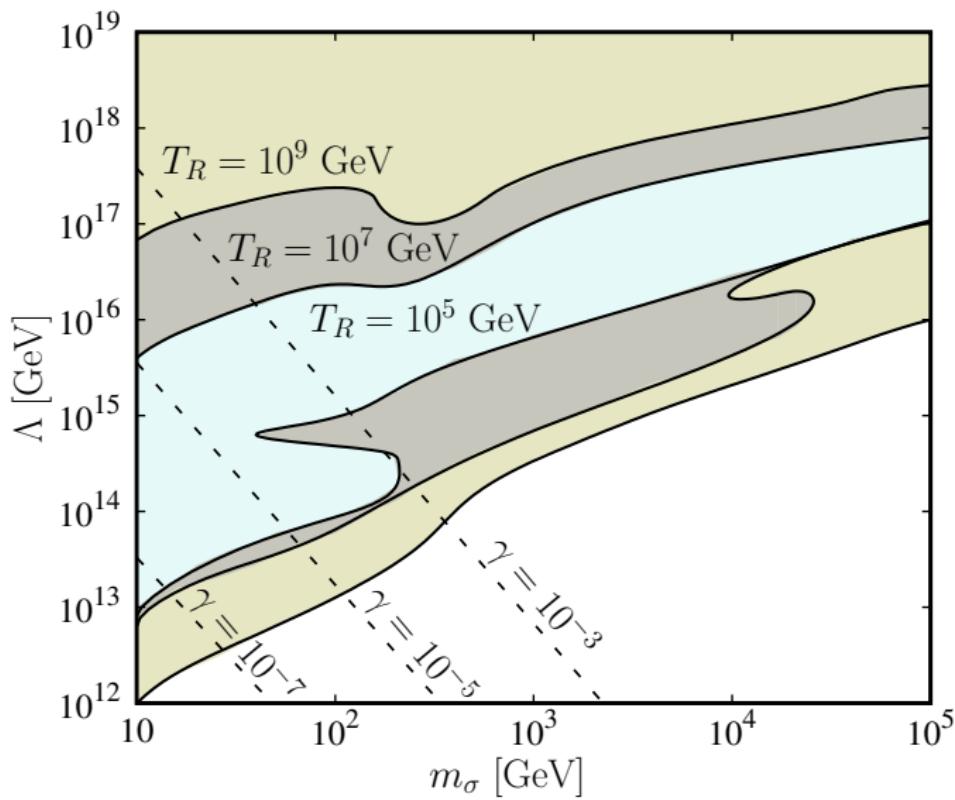


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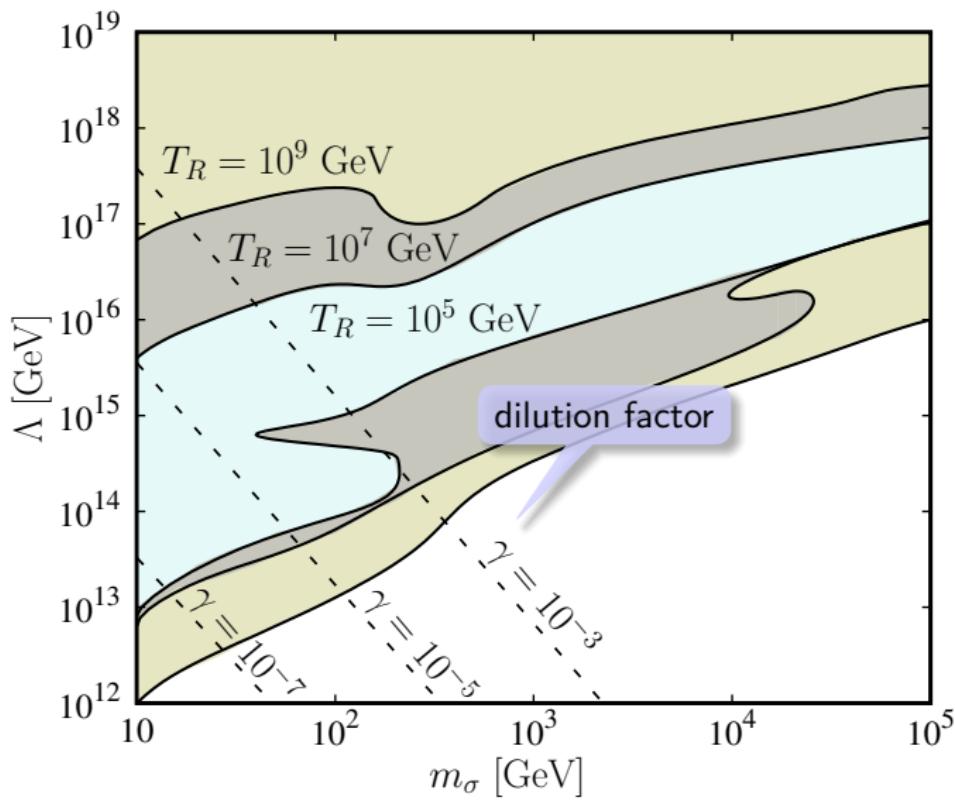
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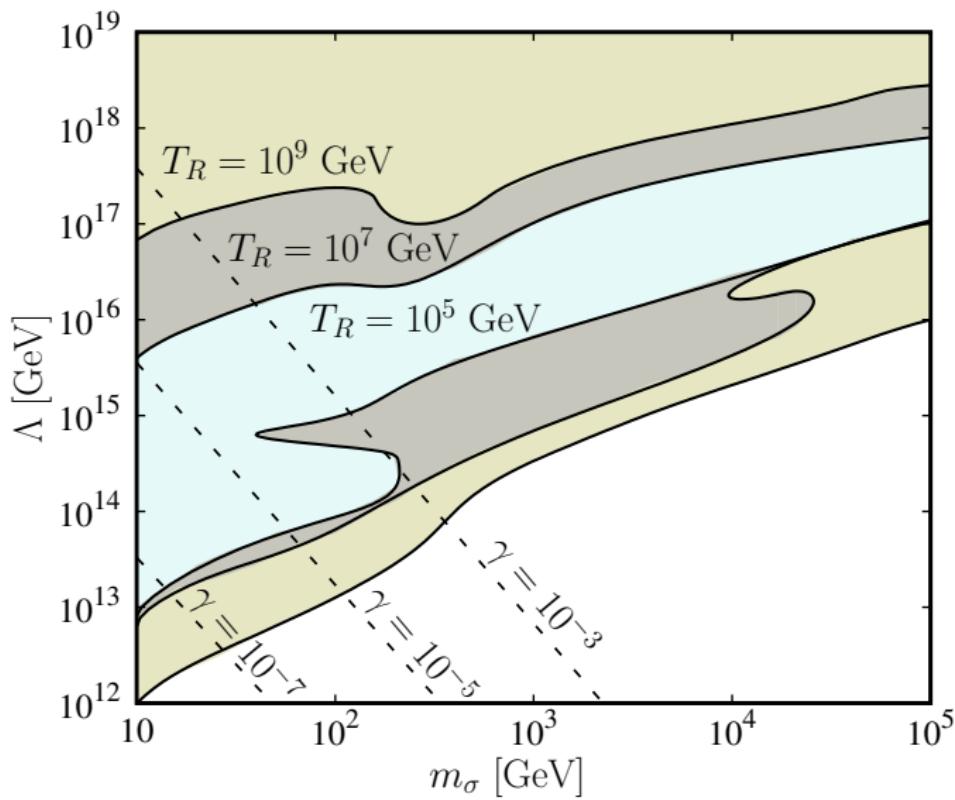
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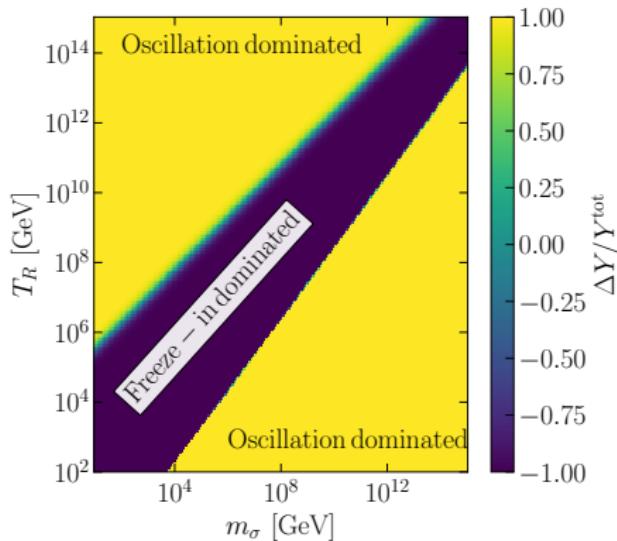
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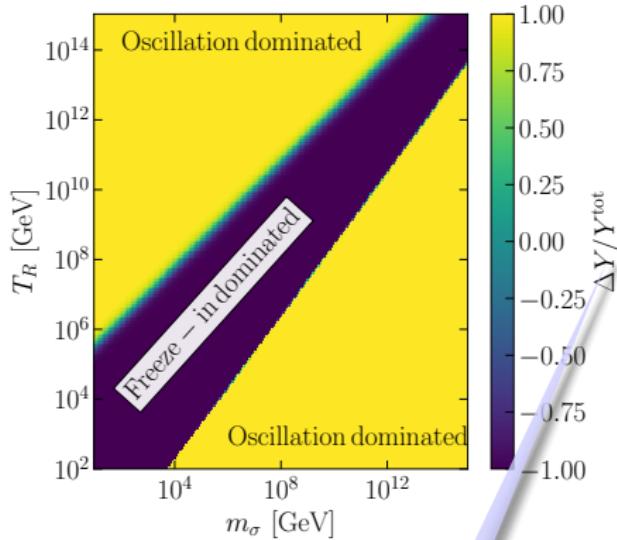
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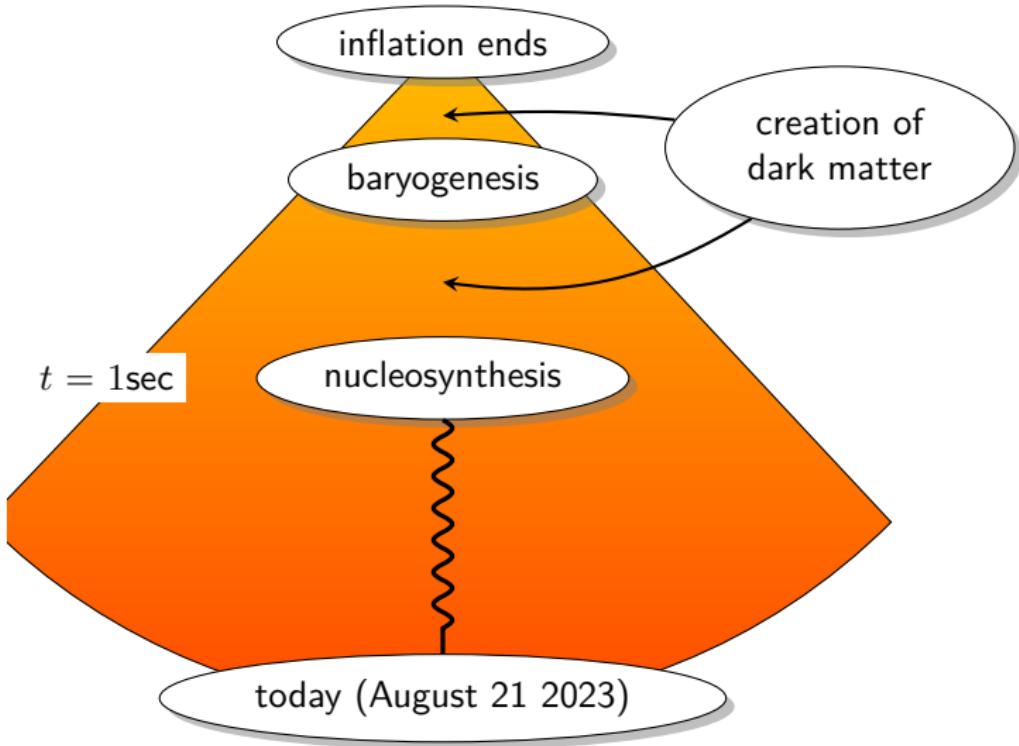
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↑  
many open  
questions  
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physics  
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↓



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  - flatness of inflaton potential may be easier to accomplish if couplings switch off (interplay between moduli and inflaton)

Thanks a lot!

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