# The central dogma and horizons in quantum cosmology

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### Quantum black hole

Like a gas in a box, black holes have a **temperature** and an **entropy**:

$$T = \frac{1}{8\pi GM}$$
$$S = \frac{\text{Area}}{4G}$$

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Boltzmann provided atomic description for gas:



Black hole central dogma: from the outside, a black hole can be described in terms of a quantum system with  $\log \dim(\mathcal{H}_{BH}) = \frac{\text{Area}}{4G}$ , which evolves unitarily. [Bekenstein, Hawking, 't Hooft, Susskind,...]

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Region beyond event horizon can be accessed from outside.

# Cosmic central dogma

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Will focus on de Sitter spacetime in this talk:

$$ds^{2} = -\left(1 - r^{2}/\ell^{2}\right)dt^{2} + \frac{dr^{2}}{1 - r^{2}/\ell^{2}} + r^{2}d\Omega_{d-1}^{2}$$
$$T = \frac{1}{2\pi\ell}, \qquad S = \frac{\ell^{d-1}\operatorname{Area}(S^{d-1})}{4G}$$

#### Entanglement entropy in gravity

Entanglement entropy of non-gravitating region *R* computed by extremizing [Ryu, Takayanagi] [Hubeny, Rangamani, Takayanagi] [Faulkner, Lewkowycz, Maldacena] [Engelhardt, Wall] [Penington] [Almheiri, Engelhardt, Marolf, Maxfield]

$$S_{\text{QG}}(R) = \min \operatorname{ext}_{I} \left[ \frac{\operatorname{Area}(\partial I)}{4G} + S_{\text{QFT}}(I \cup R) \right]$$



















 ${\cal I}$  is encoded in  ${\cal R}$  in the sense of entanglement wedge reconstruction.

Can we encode beyond cosmic horizon?

Use gravity path integral to study cosmology – should give clues about holography [Harlow, ES]

### Islands in de Sitter?

Do islands appear in de Sitter?

For pure de Sitter + CFT in the Hartle-Hawking state: **no**.

Must decorate de Sitter somehow: modify the geometry (e.g. exit from inflation) and/or the quantum state (e.g. a mixed state).

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Fundamental issues that need to be faced:

- ▶ no region of weak gravity on time slice of de Sitter; if *I*<sup>+</sup> is used must refer to meta-observer/inflation exit. (Related: can't collect horizon radiation without backreaction.)
- matter entropy in HH state grows like area. Need large matter entropy for appearance of islands!
- ▶ potential no-cloning violation.











See also [Aguilar-Gutierrez, Chatwin-Davies, Hertog, Pinzani-Fokeeva, Robinson]















Maybe a semiclassical avatar of coarse-graining beyond the horizon [Hartle, Hawking, Hertog]

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# Decay of 2-point function

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Spectral form factor  $\langle Z(iT)Z(-iT)\rangle$  is simpler observable which captures same issue. "Double cone" proposed to capture part of rich structure, the linear-in-T ramp for times  $T \ll e^S$ :

$$ds^{2} = -\left(1 - \frac{\mu}{r^{d-2}} + r^{2}/\ell^{2}\right)dt^{2} + \frac{dr^{2}}{1 - \frac{\mu}{r^{d-2}} + r^{2}/\ell^{2}} + r^{2}d\Omega^{2}$$
$$t \sim t + T$$

Compact zero mode related to twist before identification of two sides gives a factor of T (rigorous in JT gravity).

#### dSouble cone

We would like to do the same thing in de Sitter [WIP w Banihashemi]:

$$ds^{2} = -(1 - r^{2}) dt^{2} + \frac{dr^{2}}{1 - r^{2}} + r^{2} d\Omega^{2}$$
$$t \sim t + 2\pi i + T$$

Makes no sense to twist then glue the two disks together. Need to introduce a feature at pode and antipode (e.g. an observer/Dirichlet wall [Banihashemi, Jacobson]). Then can twist relative to this!

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General lesson: to mimic black hole features, we need to introduce a feature at static patch origin. [see e.g. Penington's talk]

Gravity path integral may give clues to microscopic theory in dS.

Need somewhere to anchor ourselves: exit inflation, dress to observer, SOMETHING.

If you have a microscopic theory, please tell me.