

Quantum Gravity Constraints on Cosmic Acceleration

based on

2306.17217, J.Freigang, D. Lüst, G. Nian, MS

work in progress, D. Lüst, J. Masias, M. Pieroni, MS

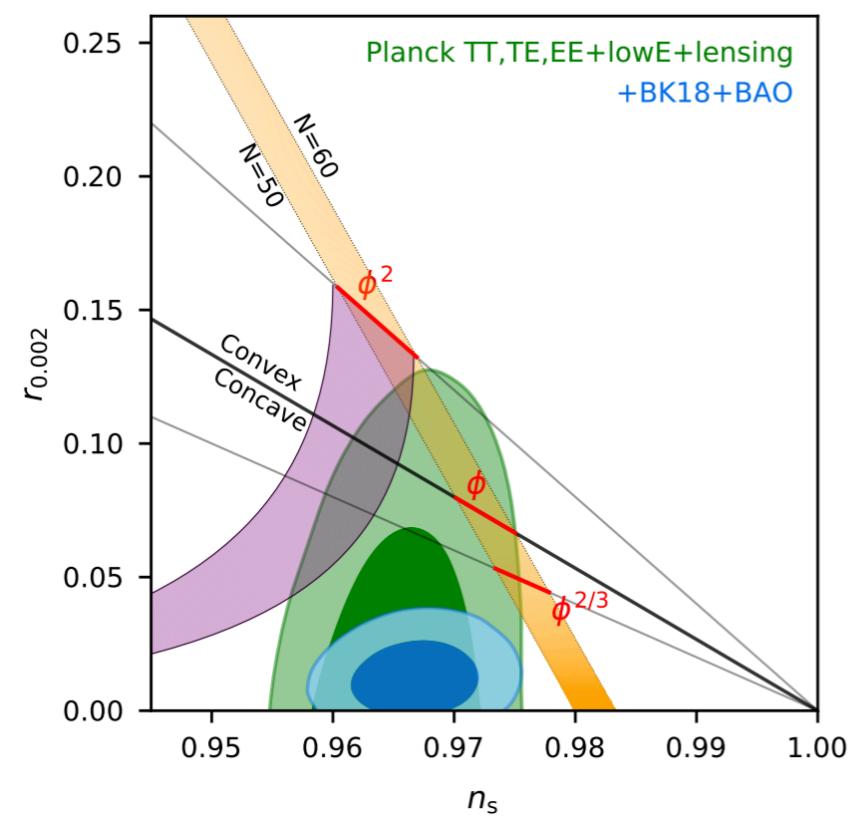
Marco Scalisi

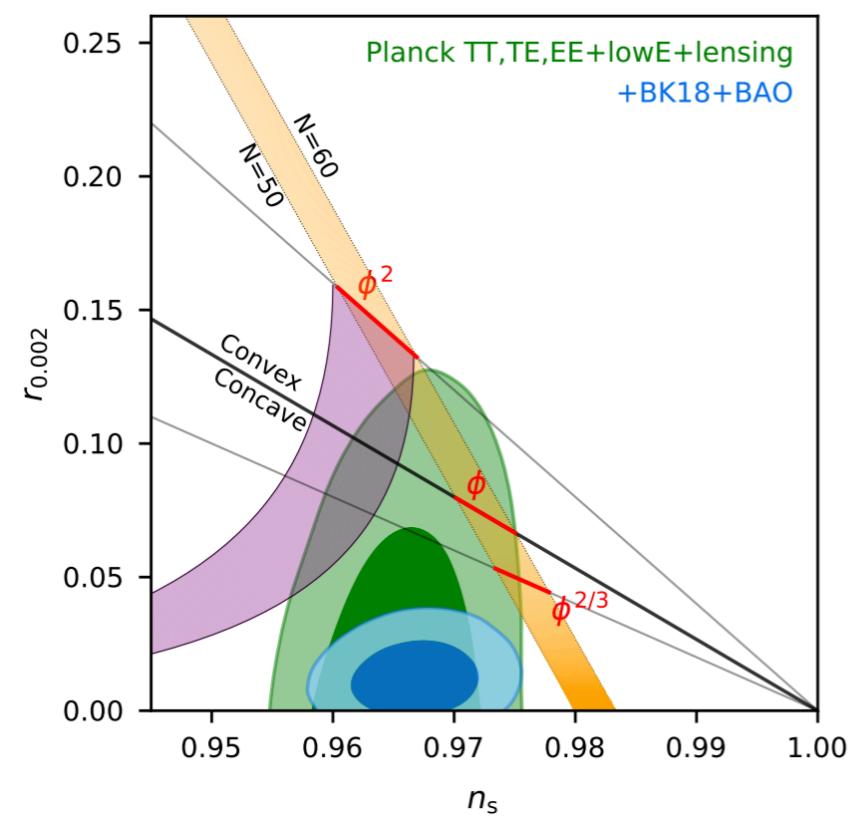
July 3rd, 2023

String Pheno Conference 2023 - Daejeon

MAX-PLANCK-INSTITUT
FÜR PHYSIK

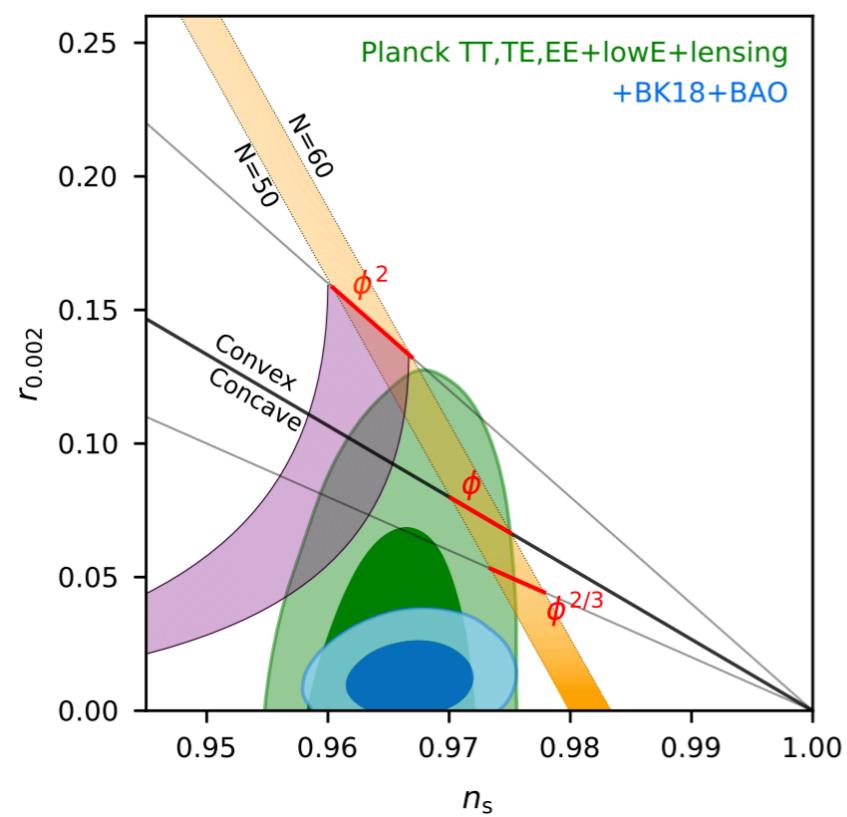






$$r < 0.035$$

$$H \lesssim 10^{-5} M_P$$



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Swampland Program



$$\Lambda_{\text{QG}} < M_P$$

One lesson of the Swampland Program

**Swampland constraints tend to assume more relevance in
extreme regimes of the parameter space of the theory**

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Swampland constraints tend to assume more relevance in extreme regimes of the parameter space of the theory

- ▶ **Weak Gravity Conjecture**  **small gauge coupling**
Arkani-Hamed et al 2006
- ▶ **Swampland Distance Conjecture**  **large distances**
Ooguri, Vafa 2006
- ▶ **AdS Distance Conjecture**  **small value of the (AdS) CC**
Lüst, Palti, Vafa 2019
- ▶ **Gravitino Conjecture**  **small gravitino mass**
Cribiori, Lüst, MS '21 - Castellano et al '21

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in these extreme regimes, quantum gravity cut-off decreases

$$M_P > \Lambda_{QG} \rightarrow 0$$

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Swampland Distance Conjecture

Ooguri, Vafa 2006

“Infinite scalar field variations Δ are always associated to
(at least) an infinite tower of states becoming exponentially light”

$$m \sim m_0 e^{-\lambda \Delta} \quad \Delta \rightarrow \infty$$

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$$\Lambda_{QG} = \frac{M_P}{\sqrt{N}}$$

quantum gravity cut-off = "species scale"

Dvali 2007

Dvali, Redi 2007

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see talks by
Herraez, Castellano,
Cribiori, D. Lüst,
Wiesner, Valenzuela

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exponential drop-off of the QG cut-off

$$\Lambda_{QG} = \Lambda_0 e^{-\gamma \Delta}$$

$\Lambda_0 \leq M_P$
original naive cut-off

SDC-**Constraints** on Cosmic Acceleration

Outline of the talk

► Constraint on the **total scalar field range**



$$\Delta \lesssim -\log H$$

MS, Valenzuela 2018

MS 2019

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► Constraint on **field trajectories**

Freigang, Lust, Nian, MS 2023



$$\frac{\Omega}{H} < \mathcal{O}\left(\sqrt{\epsilon}\right)$$

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► Constraints on **particle production**

Lust, Masias, Pieroni, Scalisi - work in progress



$$\text{corrections} \propto \left(\frac{H}{\Lambda_{\text{QG}}} \right)^3$$

SDC-Constraints on Cosmic Acceleration

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Freigang, Lust, Nian, MS 2023

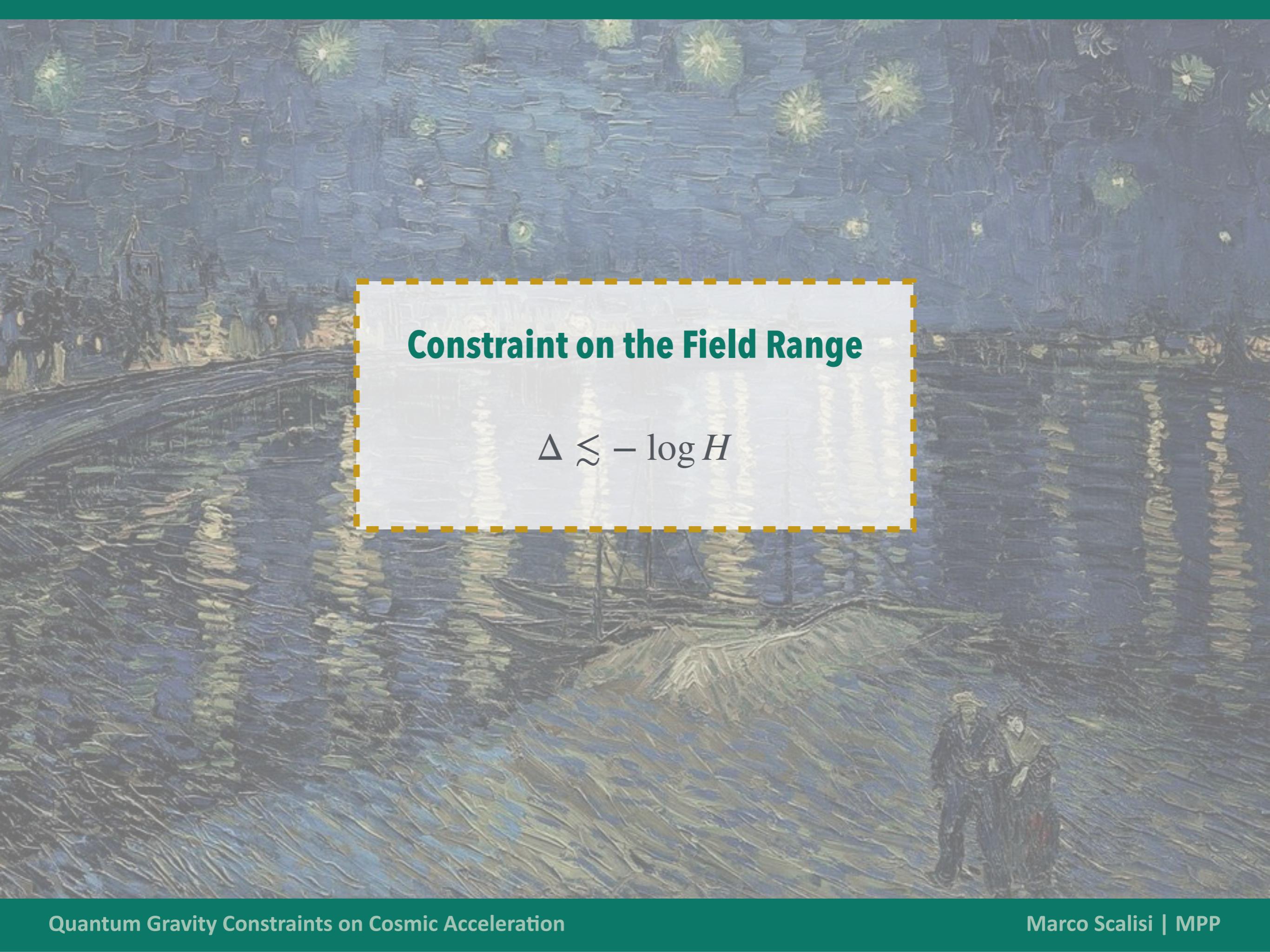
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See Terada's talk on Thursday about GC's constraint on inflationary models!



Constraint on the Field Range

$$\Delta \lesssim -\log H$$

Universal upper bound

MS, Valenzuela 2018

$$H < \Lambda_{QG} \leq M_P e^{-\gamma\Delta}$$



consistency of EFT



implication of the SDC

Universal upper bound

MS, Valenzuela 2018

$$H < \Lambda_{QG} \leq M_P e^{-\gamma\Delta}$$



consistency of EFT *implication of the SDC*

$$\Delta < \frac{1}{\lambda} \log \frac{M_P}{H}$$

upper bound on field displacement

Universal upper bound

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consistency of EFT

implication of the SDC



upper bound on field displacement

$$\boxed{\Delta < \frac{1}{\lambda} \log \frac{M_P}{H}}$$



dark energy

$$\Delta \lesssim 140 M_P$$

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consistency of EFT

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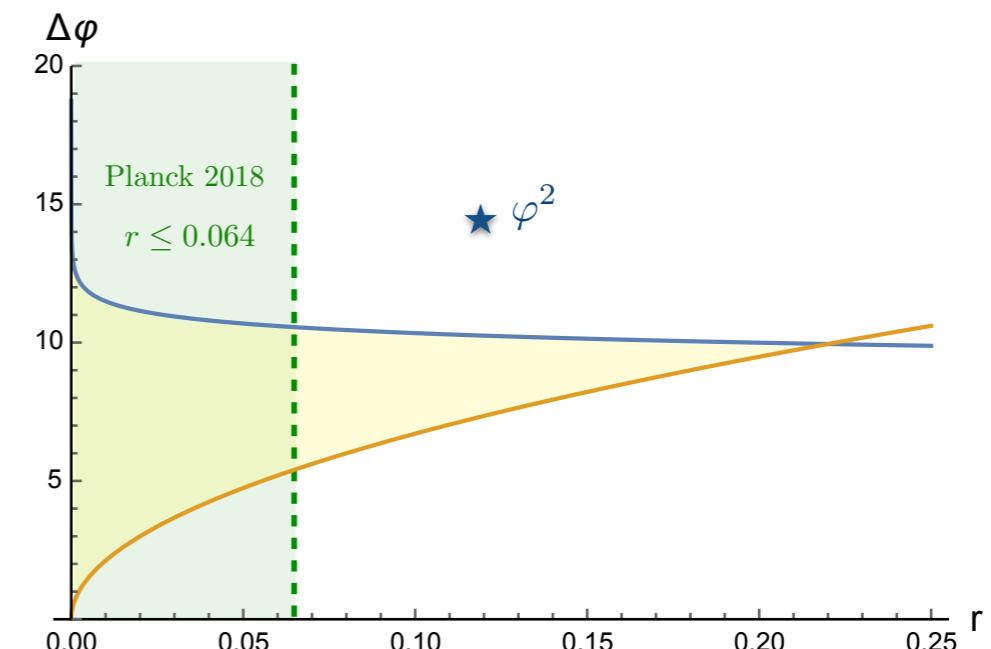
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dark energy

$$\Delta \lesssim 140 M_P$$

inflation

$$\Delta < \frac{1}{2\lambda} \left(\log \frac{\pi^2 A_s}{2} + \log r \right)$$



Universal upper bound

MS, Valenzuela 2018

see also

$$H < \Lambda_{QG} \leq M_P e^{-\gamma\Delta}$$

consistency of EFT

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upper bound on field displacement

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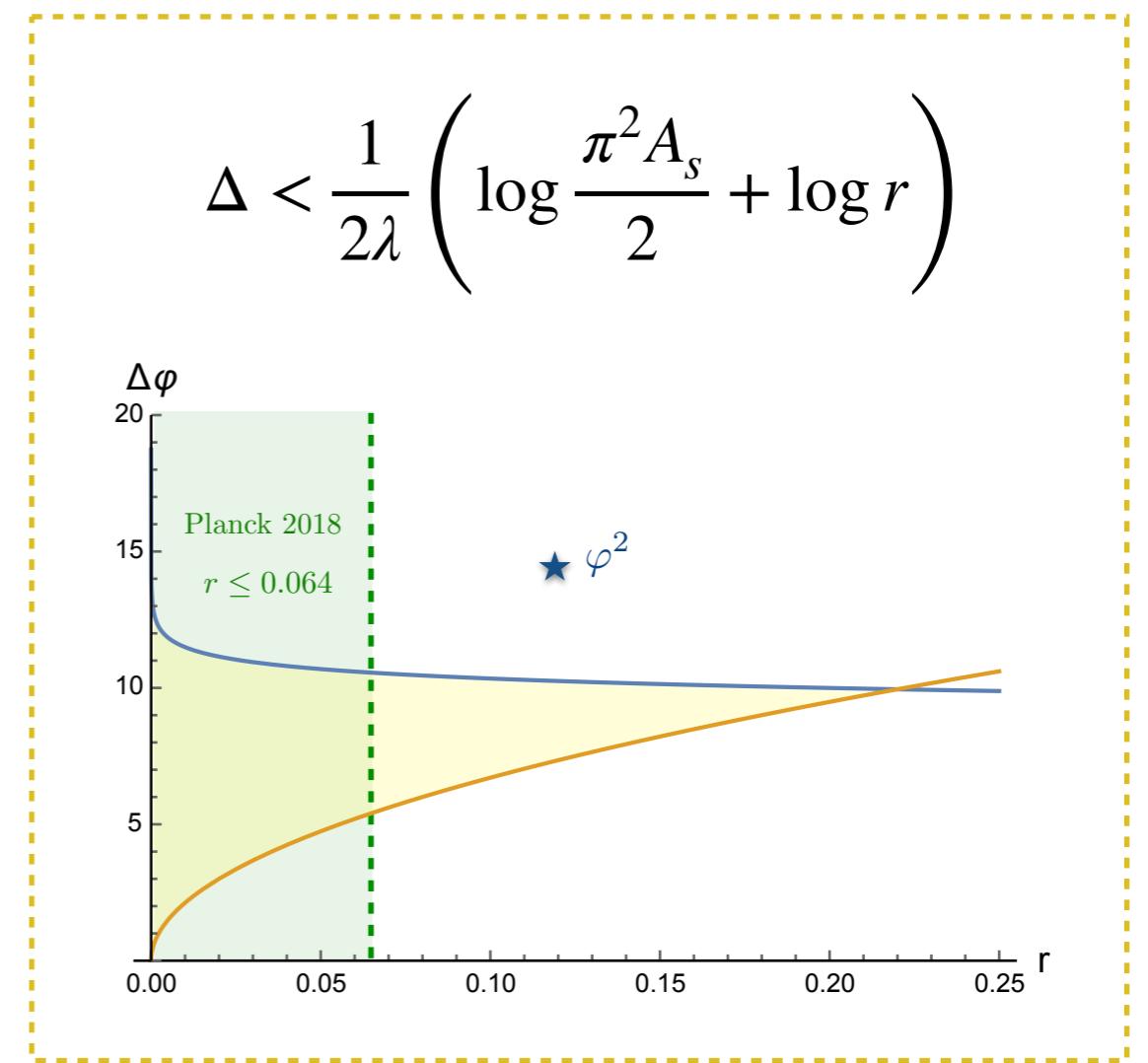
dark energy
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Etheredge, Heidenreich, Kaya, Qiu, Rudelius 2022

van de Heisteeg, Vafa, Wiesner, Wu 2023

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Constraints on Field Trajectories

$$\frac{\Omega}{H} < \mathcal{O}\left(\sqrt{\epsilon}\right)$$

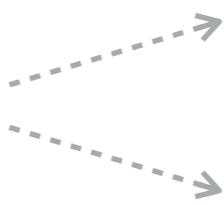
Decay rate of the SDC

Calderòn-Infante, Uranga, Valenzuela 2020

Decay rate of the SDC

Calderòn-Infante, Uranga, Valenzuela 2020

$$\lambda(\Delta) = - \frac{d \log m}{d\Delta} = - T^i \partial_i \log m$$



T^i = normalized tangent vector

$\partial_i \log m$ = gradient of the tower mass

Decay rate of the SDC

Calderòn-Infante, Uranga, Valenzuela 2020

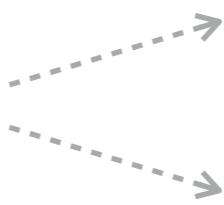
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⋮

if the gradient of the mass is aligned along geodesics (most of string theory examples)

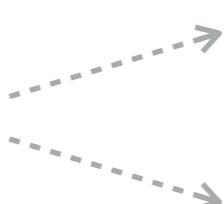
↓

$$\lambda = - |\partial \log m| \cos \theta = \lambda_g \cos \theta$$



T^i = normalized tangent vector

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θ = angle between the trajectory and the geodesic

λ_g = decay rate for geodesics= highest value of λ

Decay rate of the SDC

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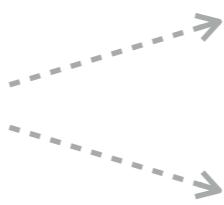
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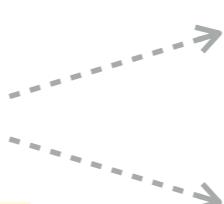
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it quantifies the ***non-geodicity* of the trajectory**



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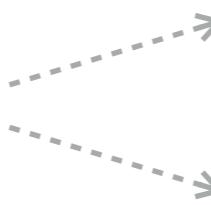


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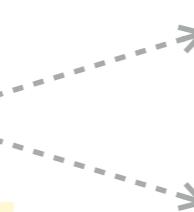
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Andriot, Cribiori, Erkinger 2020
Glender, Valenzuela 2020
Castellano et al 2021
Etheredge et al 2022

$$\lambda \geq \lambda_0$$

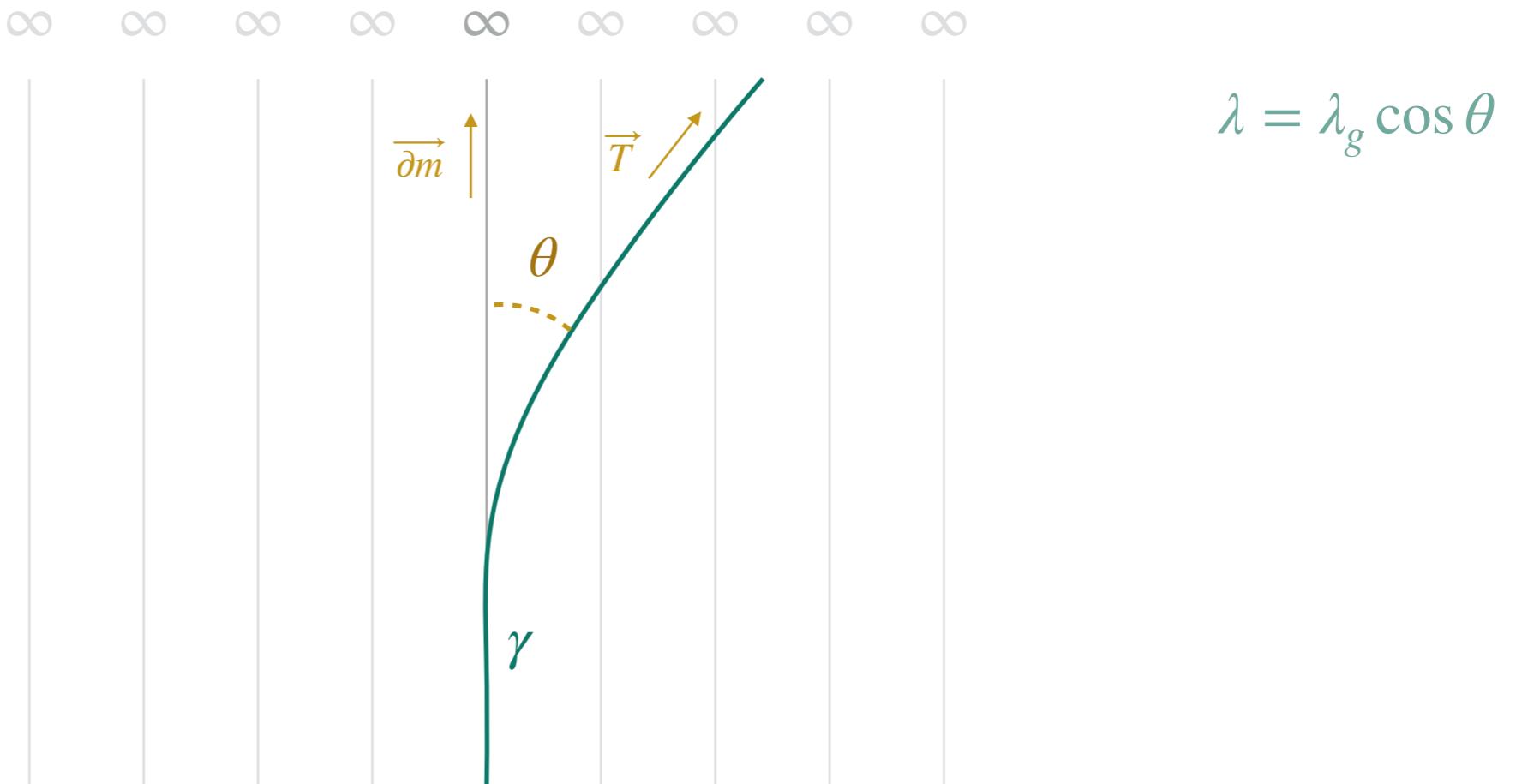
LOWER BOUND



$$\cos \theta \geq - \frac{\lambda_0}{|\partial \log m|} = \frac{\lambda_0}{\lambda_g}$$

MAXIMUM DEVIATION ANGLE

Decay rate of the SDC



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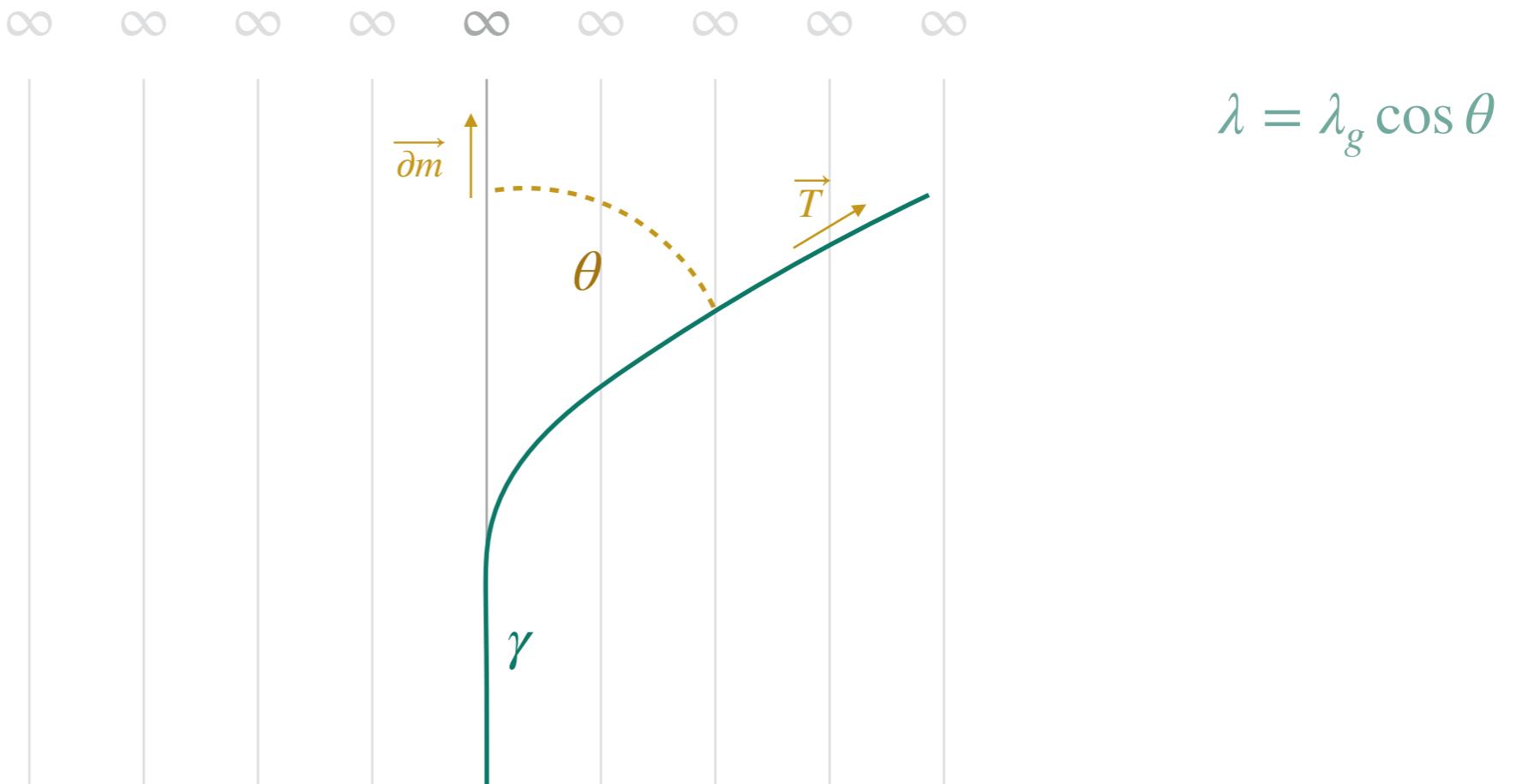
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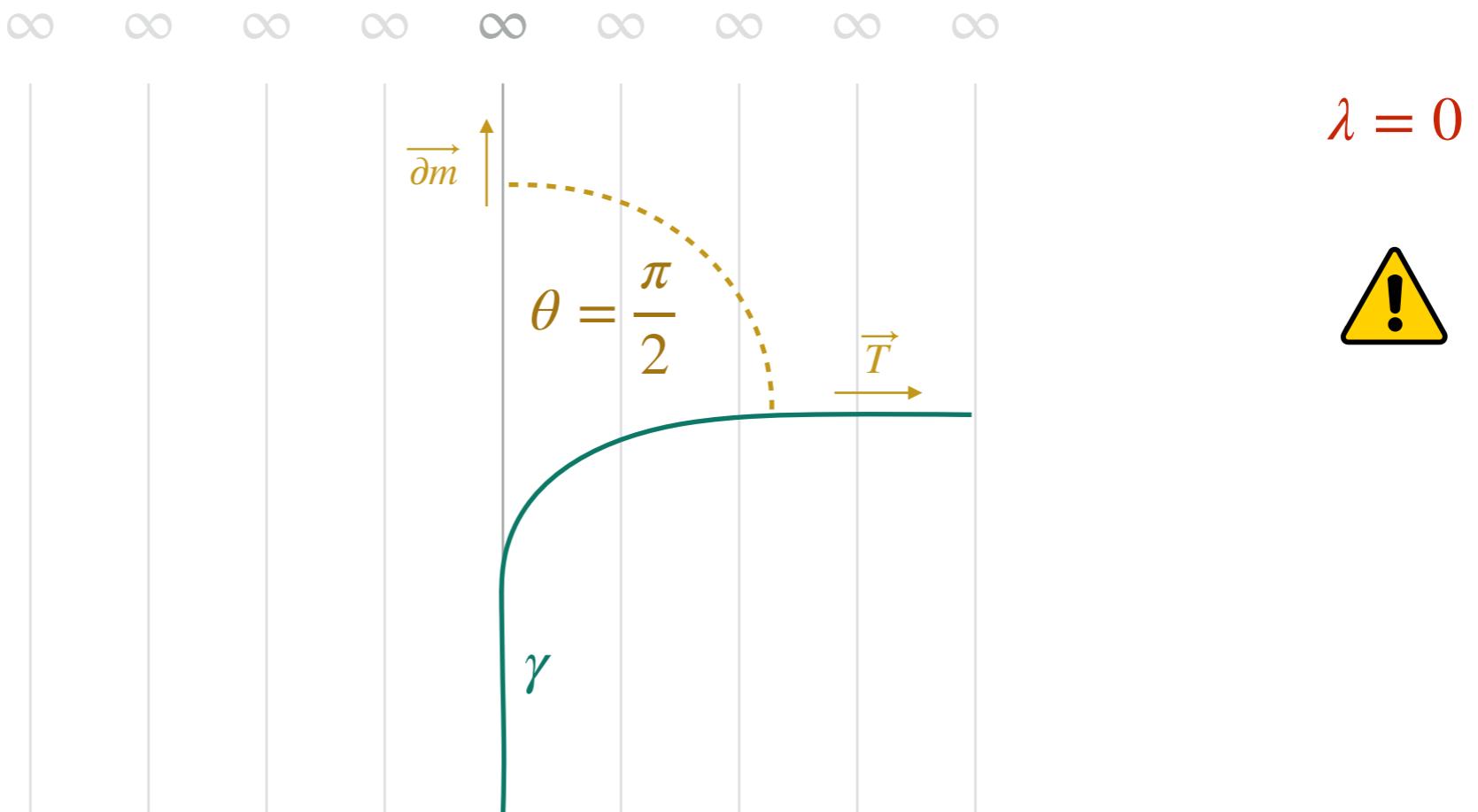
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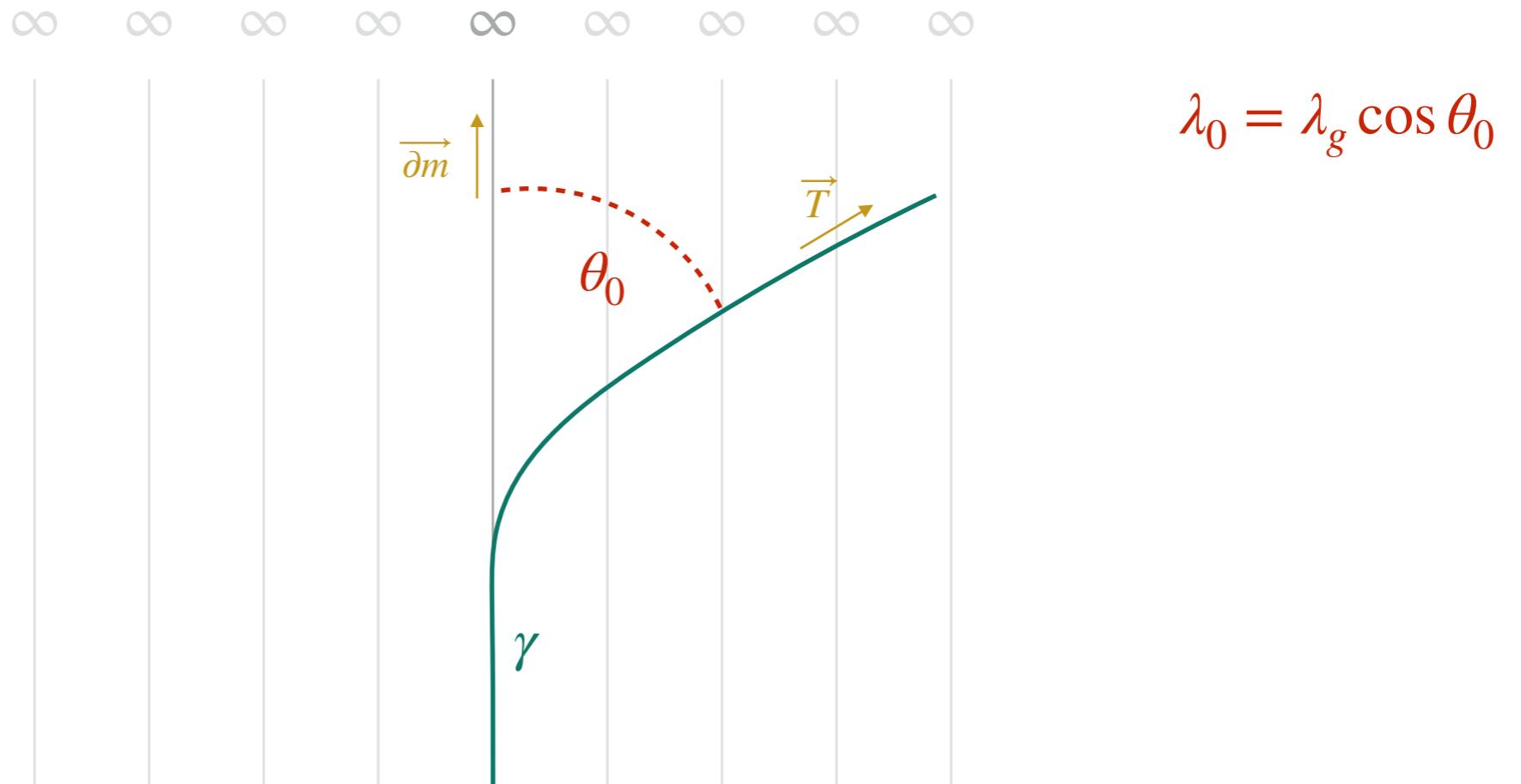
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Multi-field setup and trajectories in moduli space

Freigang, Lüst, Nian, MS 2023

- ▶ Scalar fields in Minkowski space time

$$\mathcal{L} = -\frac{1}{2}\eta^{\mu\nu}G_{ab}\partial_\mu\Phi^a\partial_\nu\Phi^b$$



$$\ddot{\Phi}^a + \Gamma_{bc}^a \dot{\Phi}^b \dot{\Phi}^c = 0$$

EoM = geodesic equation
scalar fields will move along geodesics

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$$D_t A^a \equiv \dot{A}^a + \Gamma_{bc}^a A^b \dot{\Phi}^c$$

covariant derivative



$$D_t \dot{\Phi}^a = 0$$

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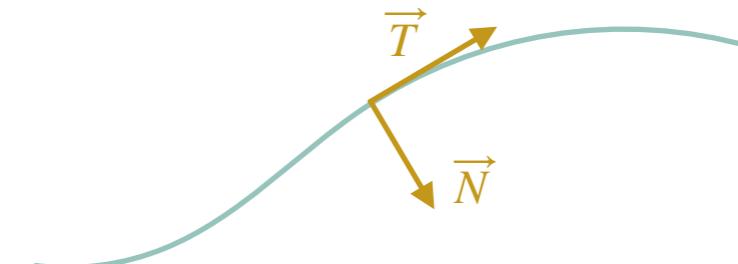
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$$D_t \dot{\Phi}^a = 0$$



$$T^a = \frac{\dot{\Phi}^a}{\dot{\Phi}}$$

tangent vector

$$N^a = -\frac{D_t T^a}{|D_t T|}$$

normal vector

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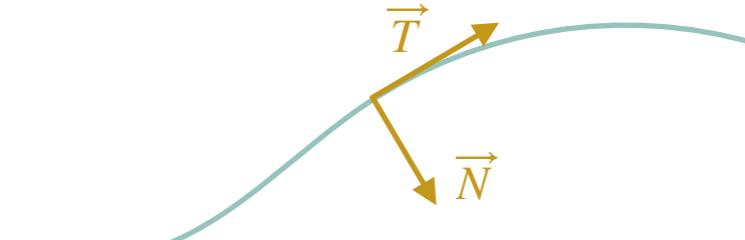
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normal vector

$$\dot{\Phi} = \sqrt{G_{ab}\dot{\Phi}^a \dot{\Phi}^b}$$

speed

$$\Omega = |D_t T|$$

turning rate

$$\ddot{\Phi} = 0$$

tangent projection

$$\Omega \dot{\Phi} = 0$$

normal projection

Multi-field setup and trajectories in moduli space

Freigang, Lüst, Nian, MS 2023

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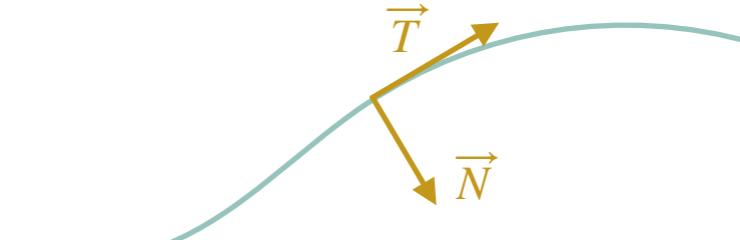
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Multi-field setup and trajectories in moduli space

Freigang, Lüst, Nian, MS 2023

- ▶ Scalar fields with potential in **Minkowski space time**

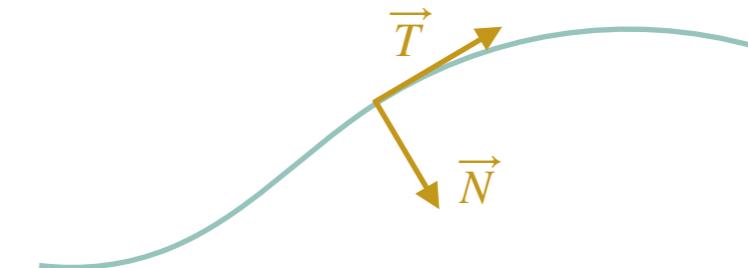
$$\mathcal{L} = -\frac{1}{2}\eta^{\mu\nu}G_{ab}\partial_\mu\Phi^a\partial_\nu\Phi^b - V(\Phi^a)$$



$\ddot{\Phi} + V_T = 0$ $\Omega\dot{\Phi} = V_N$

$$V_T \equiv T^a V_a$$

$$V_N \equiv N^a V_a$$



Multi-field setup and trajectories in moduli space

Freigang, Lüst, Nian, MS 2023

- ▶ Scalar fields with potential in **Minkowski space time**

$$\mathcal{L} = -\frac{1}{2}\eta^{\mu\nu}G_{ab}\partial_\mu\Phi^a\partial_\nu\Phi^b - V(\Phi^a)$$



$\ddot{\Phi} + V_T = 0 \quad \Omega\dot{\Phi} = V_N$

$$V_T \equiv T^a V_a$$

$$V_N \equiv N^a V_a$$

- ▶ Scalar fields with potential in **FLRW space time**

$$\mathcal{L} = \frac{1}{2}R - \frac{1}{2}g^{\mu\nu}G_{ab}\partial_\mu\Phi^a\partial_\nu\Phi^b - V(\Phi^a)$$



$\ddot{\Phi} + 3H\dot{\Phi} + V_T = 0 \quad \Omega\dot{\Phi} = V_N$

Multi-field cosmic acceleration

Achucarro, Palma 2018
Freigang, Lüst, Nian, MS 2023

$$3H^2 - \frac{1}{2}\dot{\Phi}^2 - V = 0$$

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$$\Omega\dot{\Phi} = V_N$$

Multi-field cosmic acceleration

Achucarro, Palma 2018
Freigang, Lüst, Nian, MS 2023

$$3H^2 - \frac{1}{2}\dot{\Phi}^2 - V = 0$$

$$\ddot{\Phi} + 3H\dot{\Phi} + V_T = 0$$

$$\Omega\dot{\Phi} = V_N$$

$$\epsilon \equiv -\frac{\dot{H}}{H^2} = \frac{\dot{\Phi}^2}{2H^2}$$

acceleration parameter

$$\eta \equiv \frac{\dot{\epsilon}}{H\epsilon} = 2\epsilon + 2\frac{\ddot{\Phi}}{H\dot{\Phi}}$$

eta parameter

Multi-field cosmic acceleration

Achucarro, Palma 2018
Freigang, Lüst, Nian, MS 2023

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eta parameter

$$\frac{|\nabla V|^2}{V^2} = 2\epsilon \left(\left(1 + \frac{\eta}{2(3-\epsilon)} \right)^2 + \frac{\Omega^2}{H^2(3-\epsilon)^2} \right)$$

Multi-field cosmic acceleration

Achucarro, Palma 2018
Freigang, Lüst, Nian, MS 2023

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eta parameter

$$\frac{|\nabla V|^2}{V^2} = 2\epsilon \left(\left(1 + \frac{\eta}{2(3-\epsilon)} \right)^2 + \frac{\Omega^2}{H^2(3-\epsilon)^2} \right)$$

$$\epsilon < 1$$

$$\frac{|\nabla V|^2}{V^2} \simeq 2\epsilon \left(\left(1 + \frac{\eta}{6} \right)^2 + \frac{\Omega^2}{9H^2} \right)$$

Example: scaling cosmologies see talks by Shiu and Tonioni

Multi-field cosmic acceleration

Achucarro, Palma 2018
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$$3H^2 - \frac{1}{2}\dot{\Phi}^2 - V = 0$$

$$\ddot{\Phi} + 3H\dot{\Phi} + V_T = 0$$

$$\Omega\dot{\Phi} = V_N$$

$$\epsilon \equiv -\frac{\dot{H}}{H^2} = \frac{\dot{\Phi}^2}{2H^2}$$

acceleration parameter

$$\eta \equiv \frac{\dot{\epsilon}}{H\epsilon} = 2\epsilon + 2\frac{\ddot{\Phi}}{H\dot{\Phi}}$$

eta parameter

$$\frac{|\nabla V|^2}{V^2} = 2\epsilon \left(\left(1 + \frac{\eta}{2(3-\epsilon)} \right)^2 + \frac{\Omega^2}{H^2(3-\epsilon)^2} \right)$$

$\epsilon < 1$

$$\frac{|\nabla V|^2}{V^2} \simeq 2\epsilon \left(\left(1 + \frac{\eta}{6} \right)^2 + \frac{\Omega^2}{9H^2} \right)$$

$\eta, \epsilon \ll 1$ *slow roll*

$$\frac{|\nabla V|^2}{V^2} \simeq 2\epsilon \left(1 + \frac{\Omega^2}{9H^2} \right)$$

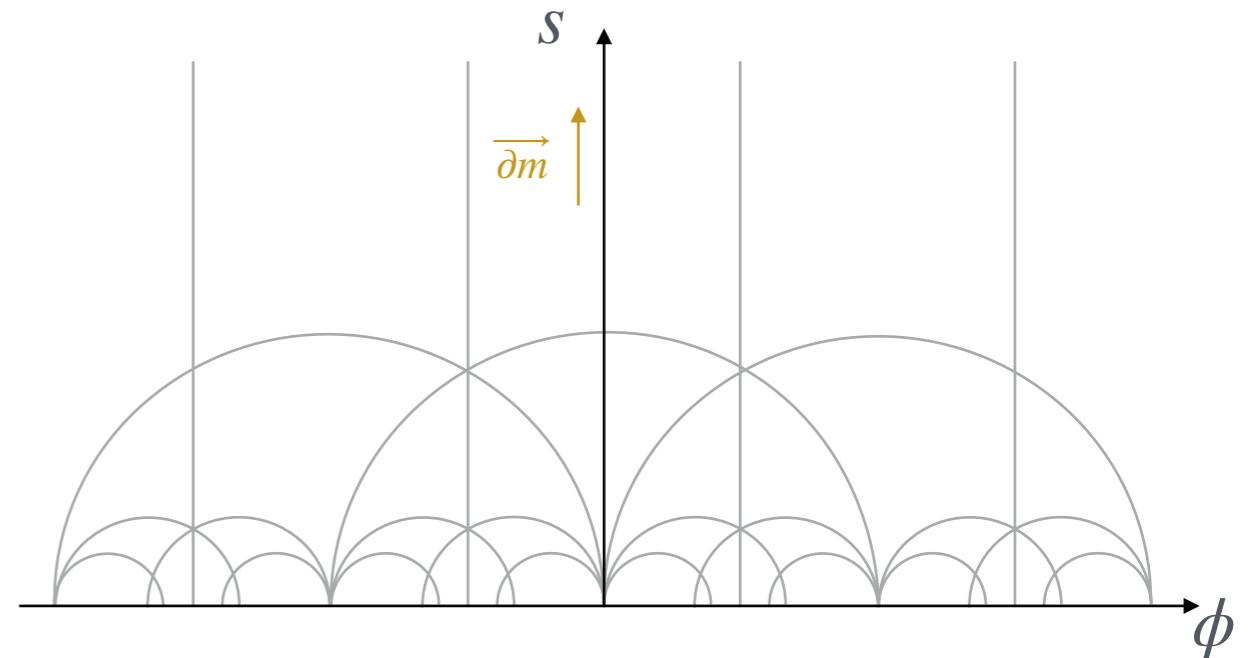
Example: scaling cosmologies see talks by Shiu and Tonioni

► 1 hyperbolic plane

$$d\Delta^2 = G_{ab} d\Phi^a d\Phi^b = \frac{n^2}{s^2} (ds^2 + d\phi^2)$$

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$$d\Delta^2 = G_{ab} d\Phi^a d\Phi^b = \frac{n^2}{s^2} (ds^2 + d\phi^2)$$



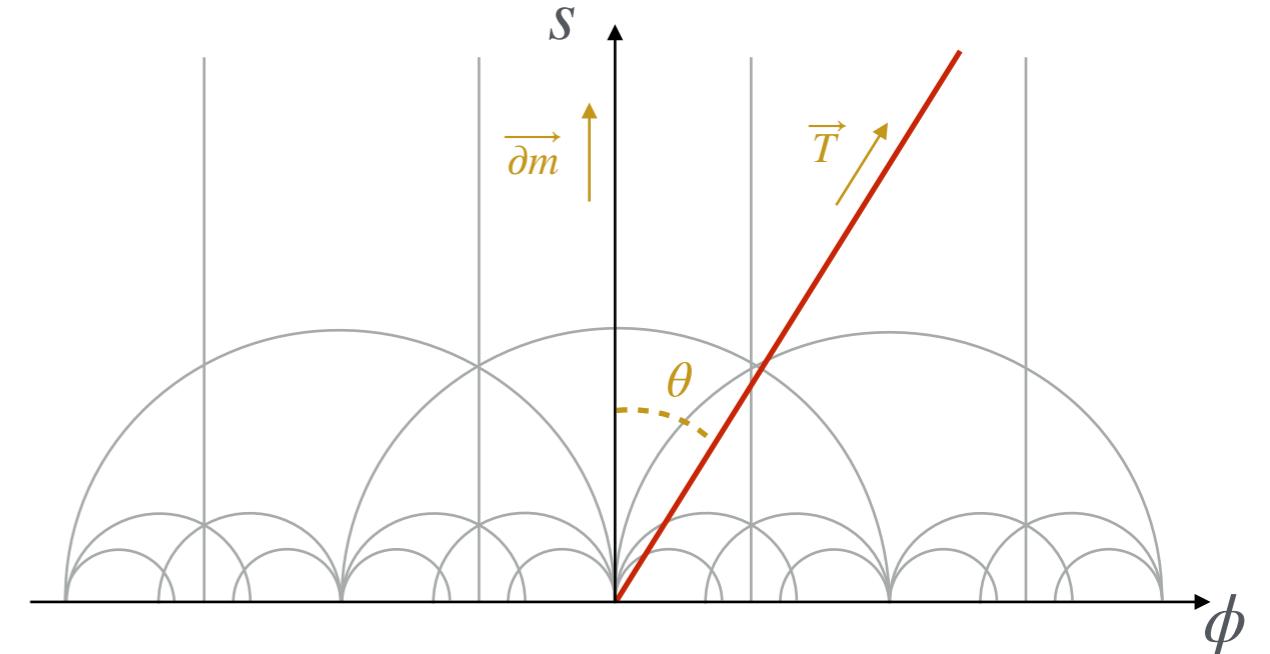
Asymptotic acceleration and **bound on the turning rate**

Freigang, Lüst, Nian, MS 2023

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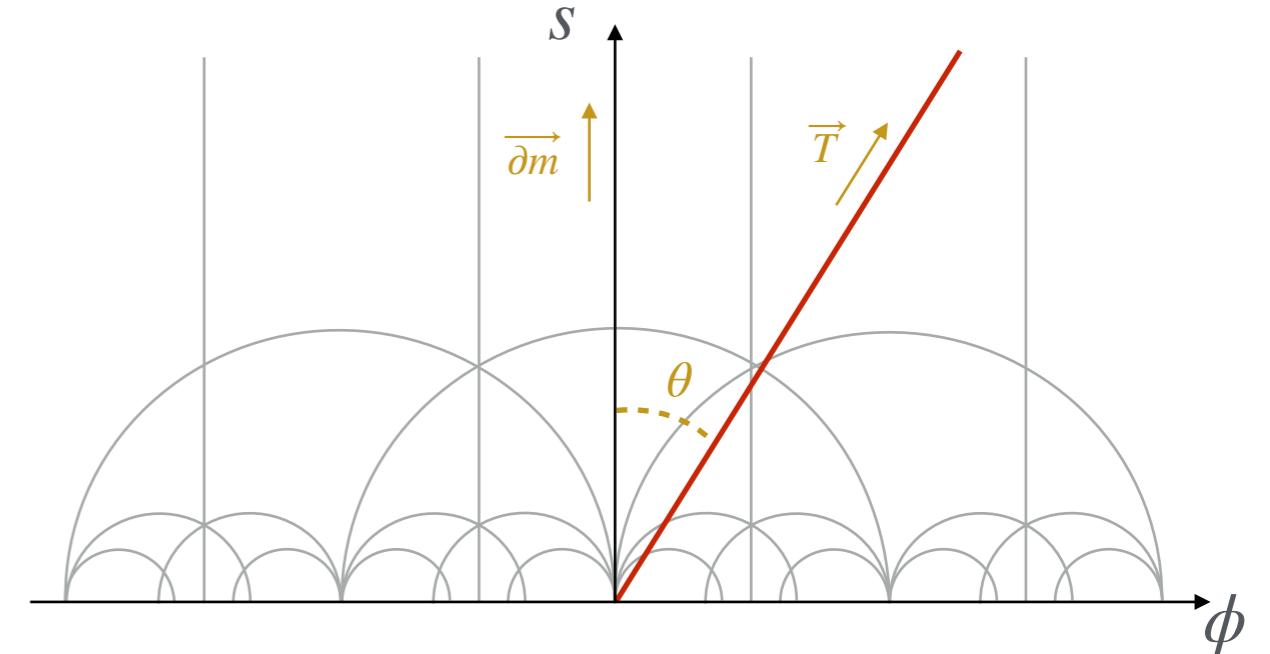
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$$\dot{\Phi}^2 = 2\epsilon H^2$$

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large curvature?

Aragam, Chiavolini, Paban, Rosati, Zavala 2021

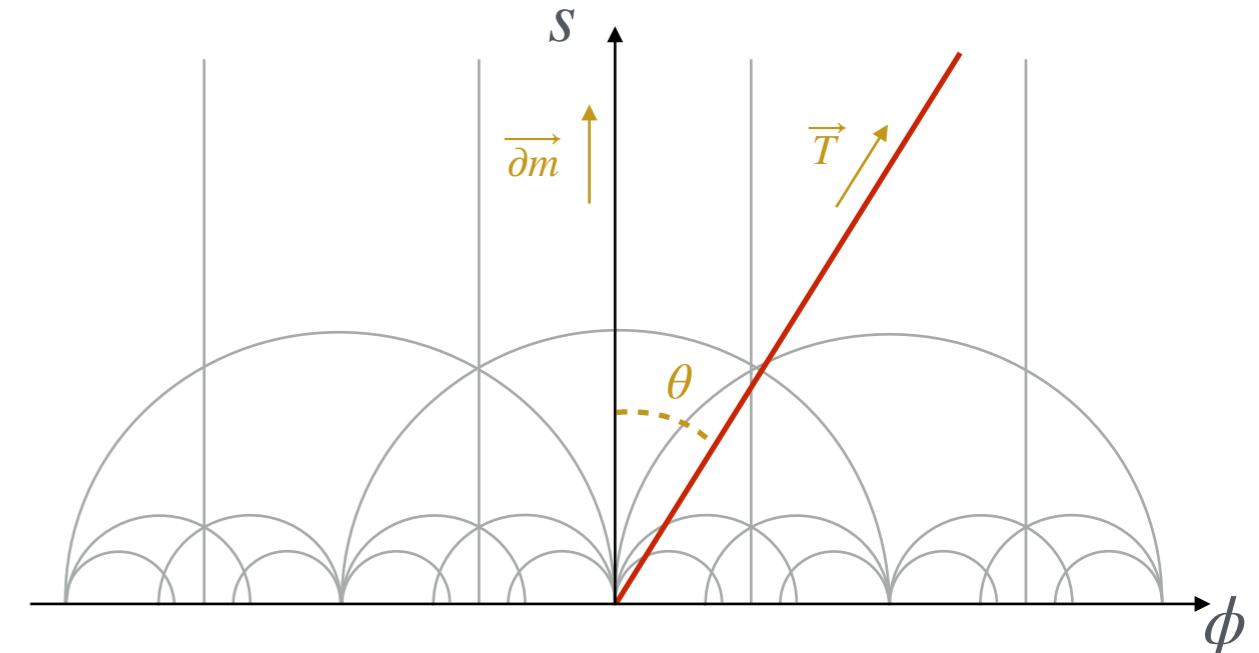
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$$\frac{\Omega}{H} = F(\theta, R) \sqrt{\epsilon}$$

$$F(\theta, R) = |\sin \theta| \sqrt{-R}$$

$$F < |\sin \theta_0| \sqrt{-R}$$

- ▶ Product of 2 hyperbolic planes

$$d\Delta^2 = \frac{n^2}{s^2} (ds^2 + d\phi^2) + \frac{m^2}{u^2} (du^2 + d\psi^2)$$

- ▶ Product of N hyperbolic planes

$$d\Delta^2 = \sum_{i=1}^N \frac{n_i^2}{s_i^2} (ds_i^2 + d\phi_i^2)$$

*see
Guoen Nian's parallel talk
on Thursday!*

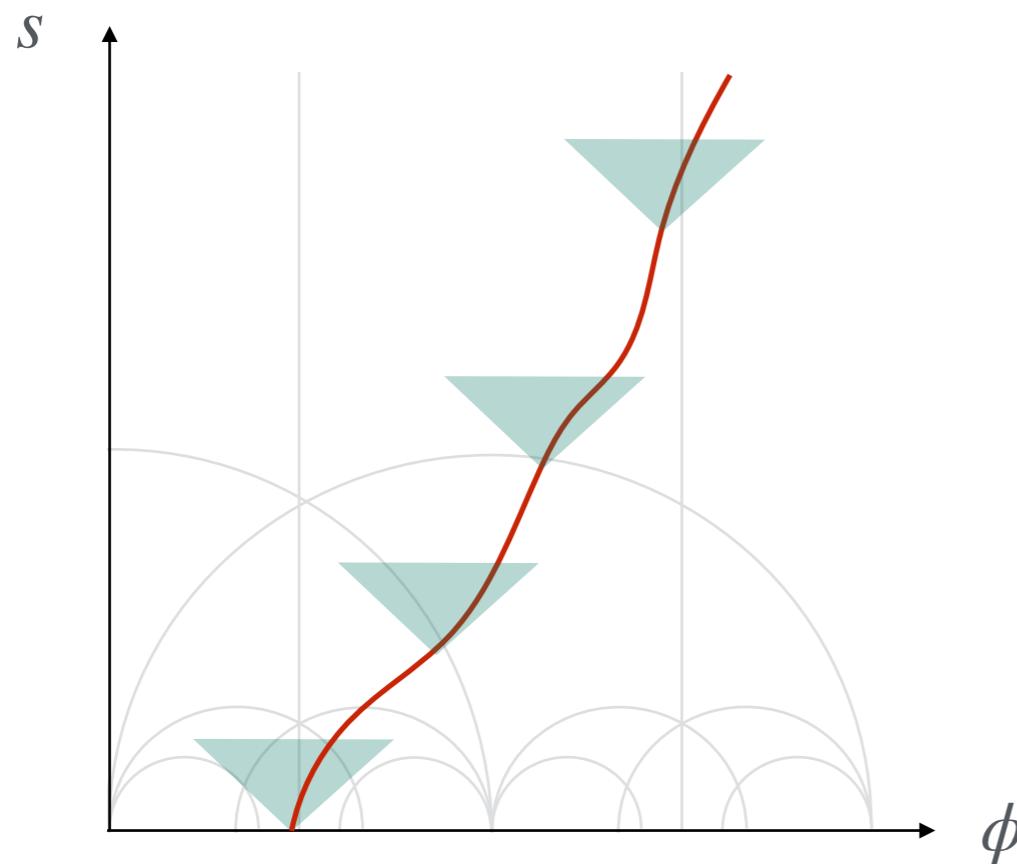
Moving away from the boundary of moduli space

Freigang, Lüst, Nian, MS 2023

► Time-dependent deviation angle

$$\frac{d\phi}{ds} = \beta(t) = \tan \theta(t)$$

trajectory



$$\theta(s) \leq \theta_0 \quad \longleftrightarrow \quad \lambda(s) \geq \lambda_0$$

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Freigang, Lüst, Nian, MS 2023

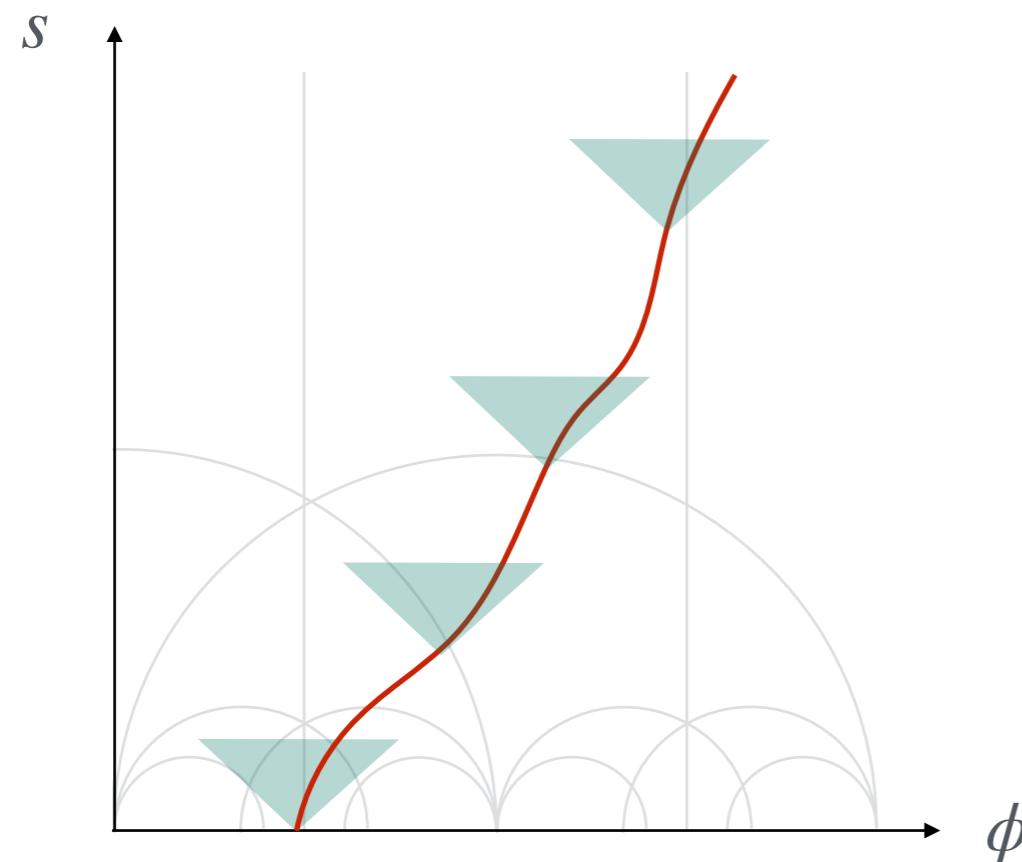
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$$m = m_0 \exp(-\lambda \Delta) + \delta m(\Delta)$$

tower mass



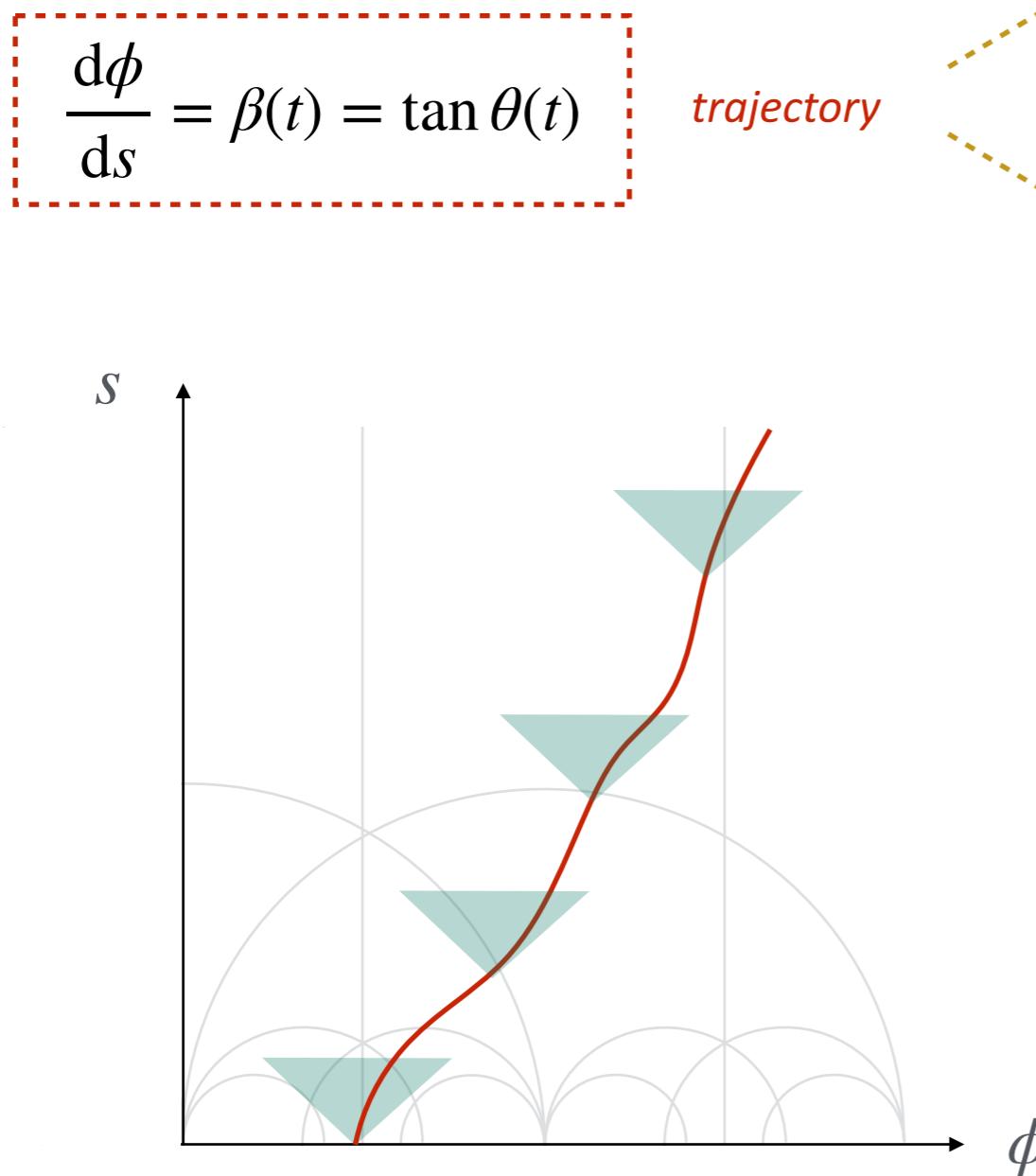
$$\theta(s) \leq \theta_0$$

$$\iff \lambda(s) \geq \lambda_0$$

Moving away from the boundary of moduli space

Freigang, Lüst, Nian, MS 2023

► Time-dependent deviation angle



$$m = m_0 \exp(-\lambda \Delta) + \delta m(\Delta) \quad \text{tower mass}$$

$$\Omega = \left| \frac{\sin \theta}{n} \dot{\Phi} - \dot{\theta} \right| \quad \text{turning rate}$$

how big can $\dot{\theta}$ be?

$$\theta(s) \leq \theta_0 \quad \longleftrightarrow \quad \lambda(s) \geq \lambda_0$$

Moving away from the boundary of moduli space

Freigang, Lüst, Nian, MS 2023

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► Asymptotic expansion of θ

$$\theta(s) = \theta_\infty + \sum_{n>0} \frac{c_n}{s^n}$$

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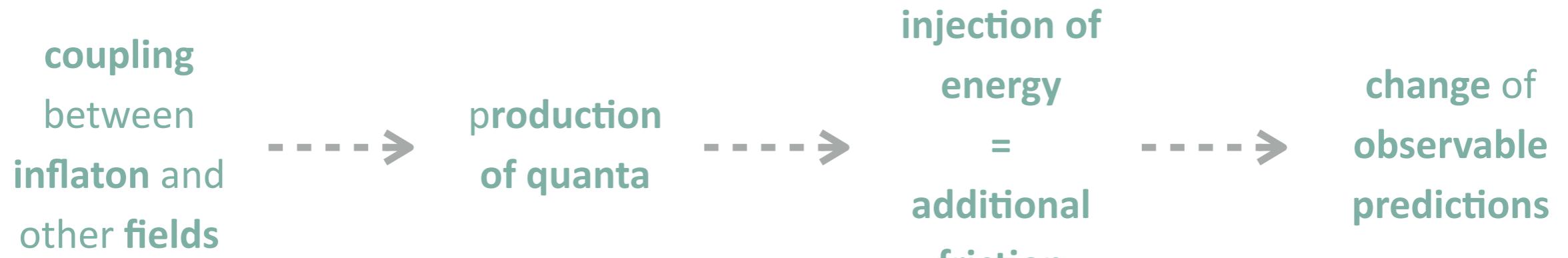
$$\left| \frac{\dot{\theta}(s)}{H} \right| \leq 2\sqrt{2} \frac{k}{n} \theta_0 \sqrt{\epsilon}$$

$$\frac{\Omega}{H} \simeq \sqrt{\epsilon}$$

Constraints on Particle Production

$$\text{corrections} \propto \left(\frac{H}{\Lambda_{\text{QG}}} \right)^3$$

SDC and particle production



SDC and particle production



► Inflaton-gauge fields coupling *Anber, Sorbo 2010*

$$\mathcal{L} = -\frac{1}{2}(\partial\varphi)^2 - V(\varphi) - \varphi F\tilde{F}$$

► Inflaton-scalar fields coupling *Green, Horn, Senatore, Silverstein 2009* “Trapped inflation”

$$\mathcal{L} = -\frac{1}{2}(\partial\varphi)^2 - V(\varphi) - \frac{1}{2} \sum_n [(\partial\chi_n)^2 - g^2(\varphi - \varphi_{0n})^2 \chi_n^2]$$

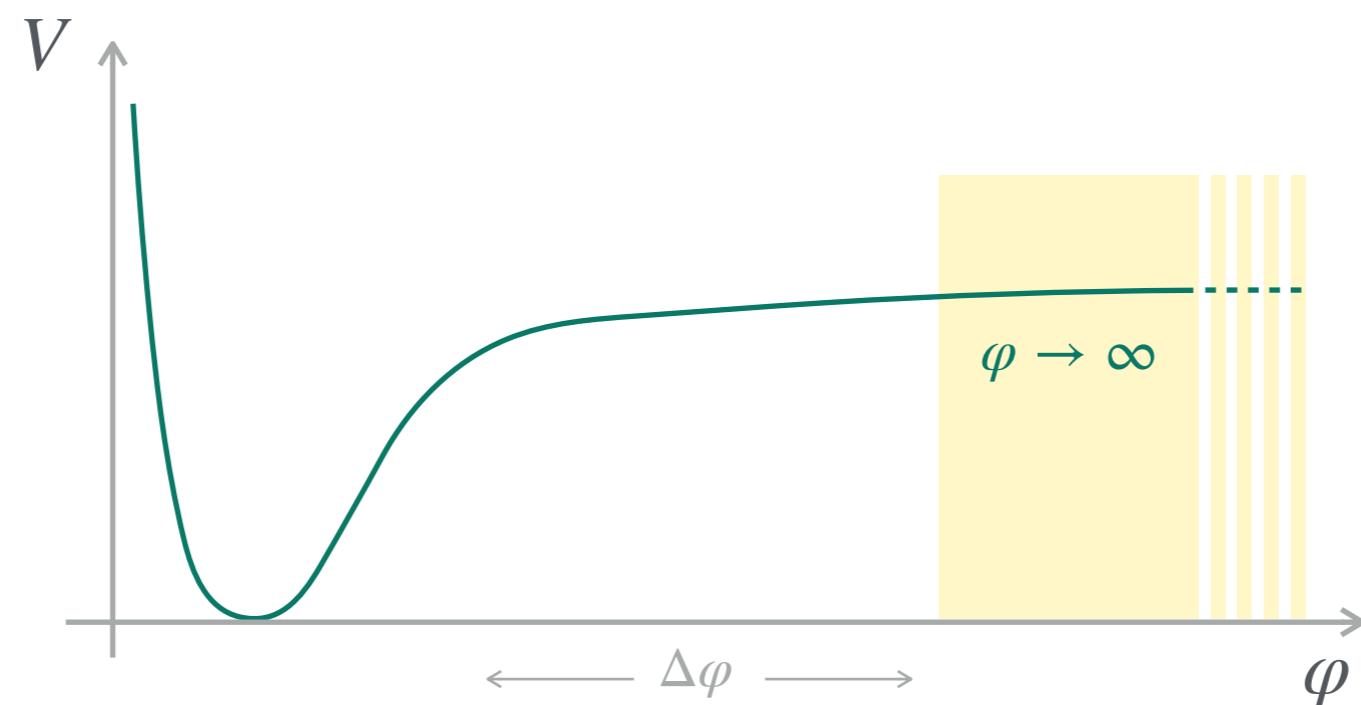
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Lüst, Masias, Pieroni, Scalisi - work in progress

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mass of the SDC tower

$m \sim e^{-\lambda\varphi}$



► Scalar power spectrum

$$P_\zeta(k) = P_\zeta^h + P_\zeta^s = \frac{H^4}{(2\pi)^2 \dot{\phi}_0^2} \left(1 + 0.0025 \frac{H^3}{\Lambda_{QG}^3} \lambda^2 \right)$$



*EFT reasoning
would suggest first
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for $H < \Lambda_{QG}$

and $\lambda = \mathcal{O}(1)$

$$P_\zeta^h > P_\zeta^s$$



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for $H \sim \Lambda_{QG}$

and $\lambda > 20$

$$P_\zeta^h \sim P_\zeta^s$$



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EFT reasoning
would suggest first
correction as $\Lambda_{IR}/\Lambda_{UV}$

Corrections disappears
when tower decouples

$\Lambda_{QG} \rightarrow \infty$ ($m_n \rightarrow \infty$)
or
 $\lambda \rightarrow 0$

► Non Gaussianities

$$f_{NL,equil} \simeq 0.0007 \frac{\lambda \dot{\phi}}{H} (\lambda M_P)^2 \left[1 + 0.0025 (\lambda M_P)^2 \left(\frac{H}{\Lambda_{QG}} \right)^3 \right]^{-2} \left(\frac{H}{\Lambda_{QG}} \right)^3$$

► Tensor-to-scalar ratio

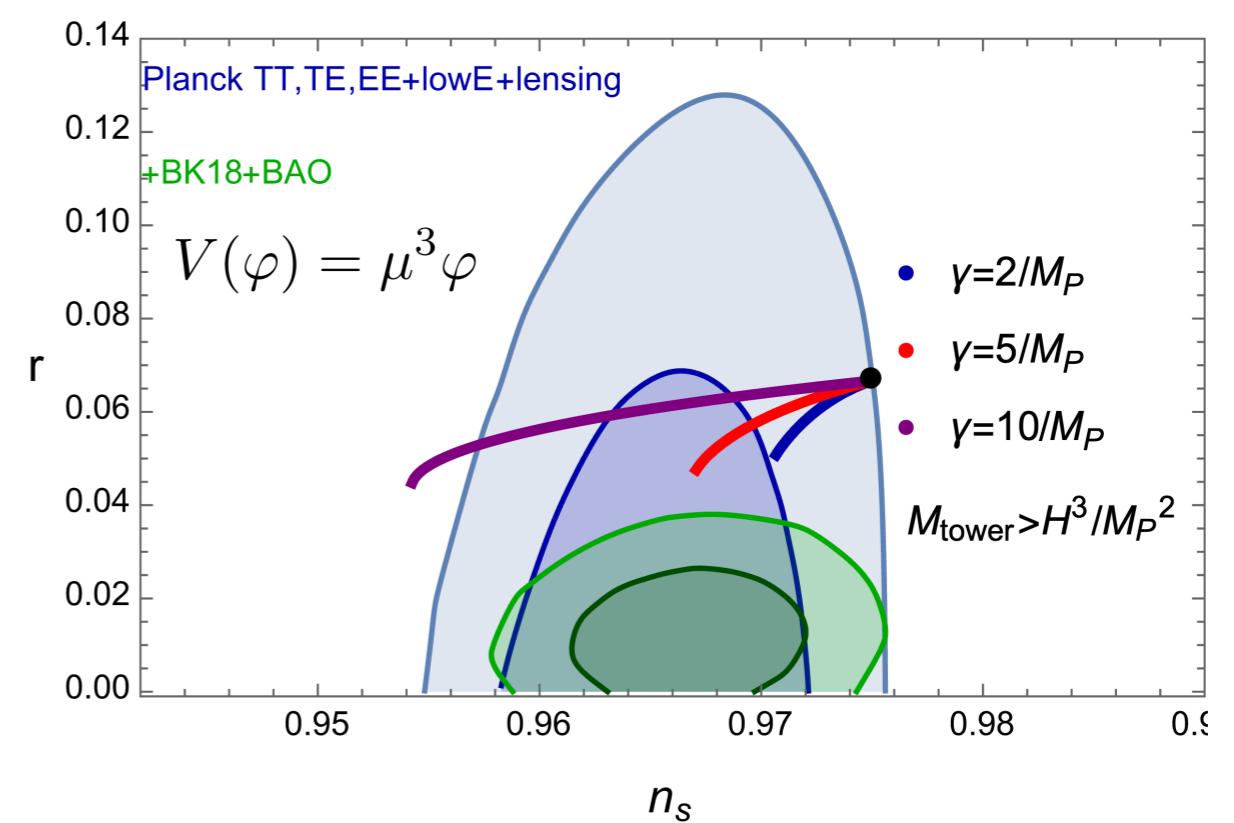
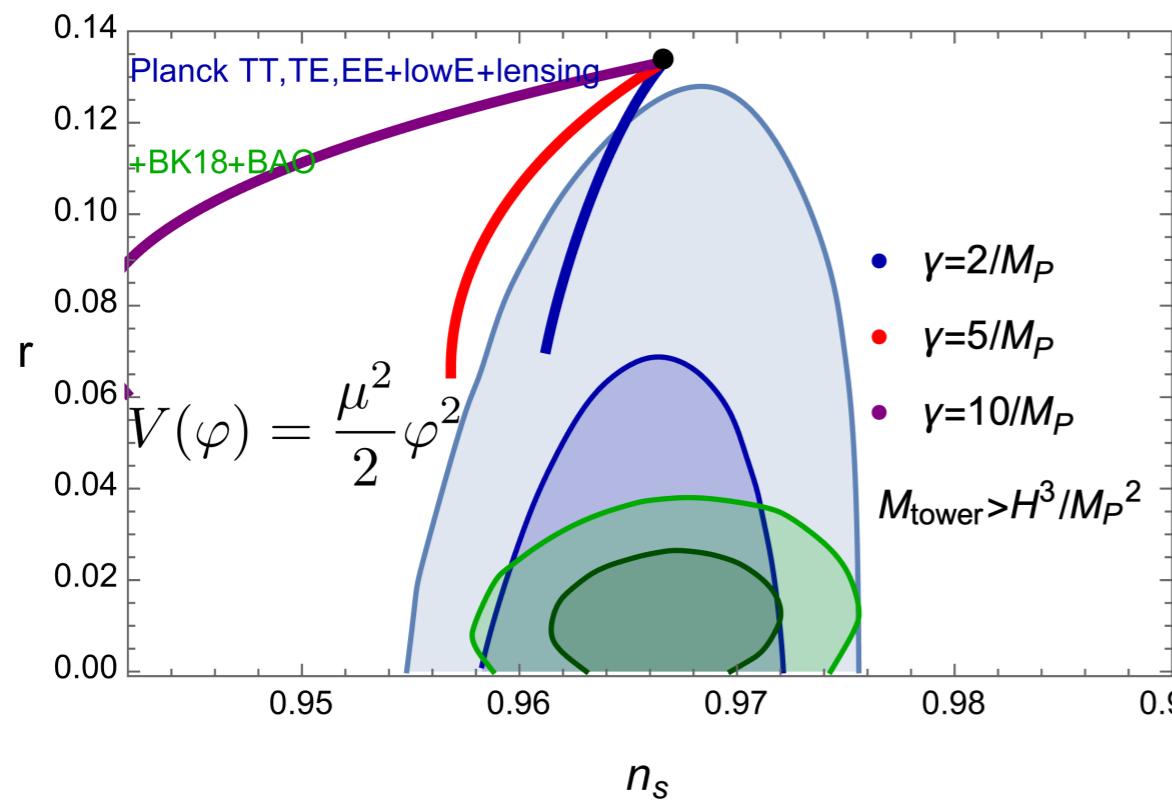
$$r = 9.2 \cdot 10^7 \frac{H^2}{M_P^2} \left[1 + 0.17 \left(\frac{H}{\Lambda_{QG}} \right)^3 \right]$$

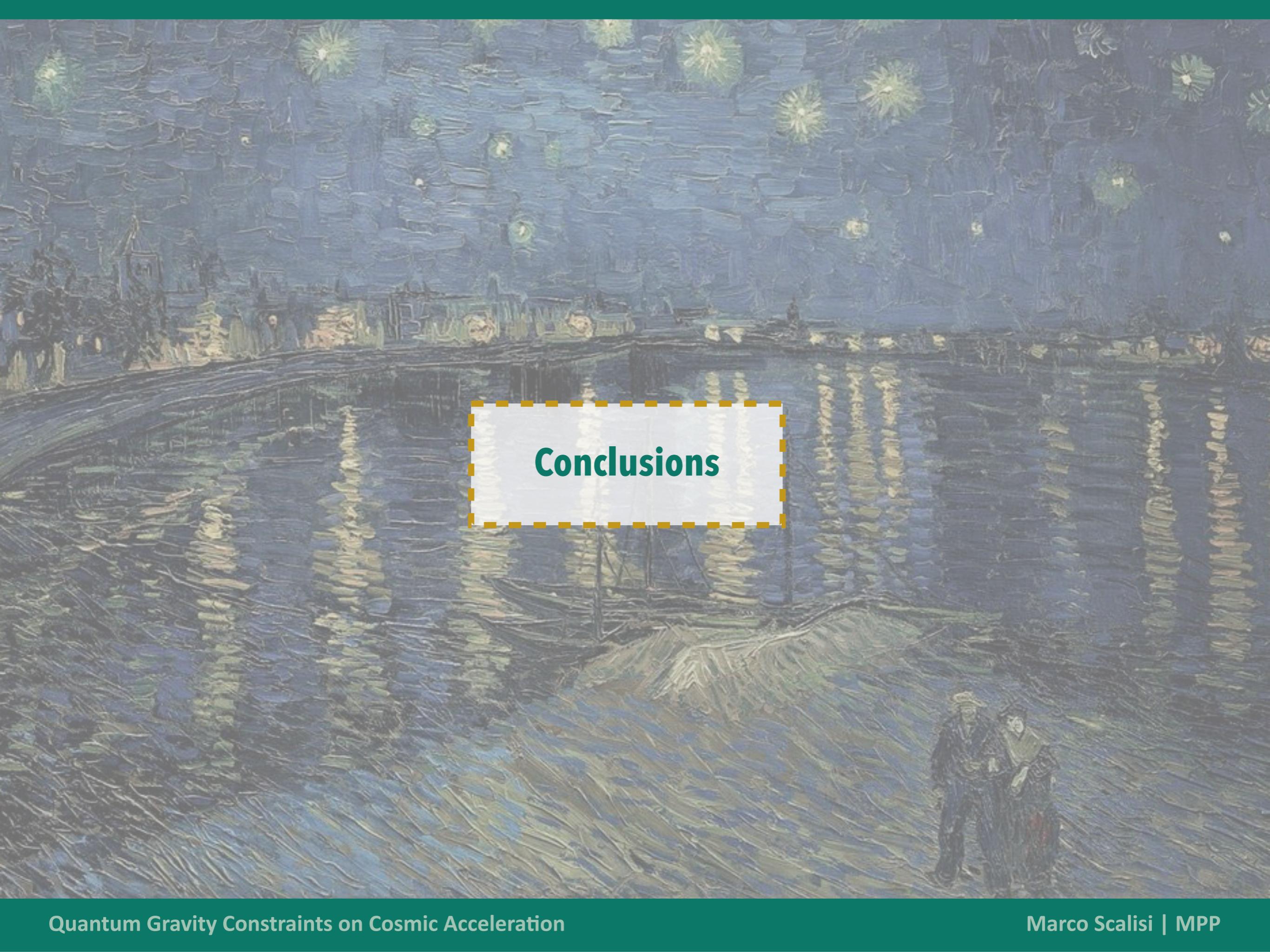
► Scalar spectral tilt

$$n_s - 1 = (-2\epsilon - \eta) \left[1 - \left(\frac{\gamma M_P}{20} \right)^2 \left(\frac{H}{\Lambda_{QG}} \right)^3 \right] - \left(5\epsilon + \sqrt{2\epsilon}\gamma M_P \right) \left(\frac{\gamma M_P}{20} \right)^2 \left(\frac{H}{\Lambda_{QG}} \right)^3$$

SDC and particle production

Lüst, Masias, Pieroni, Scalisi - work in progress





Conclusions

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- ▶ We have shown that the **Swampland Distance Conjecture *alone*** sets very stringent constraints on a variety of aspects of cosmic acceleration

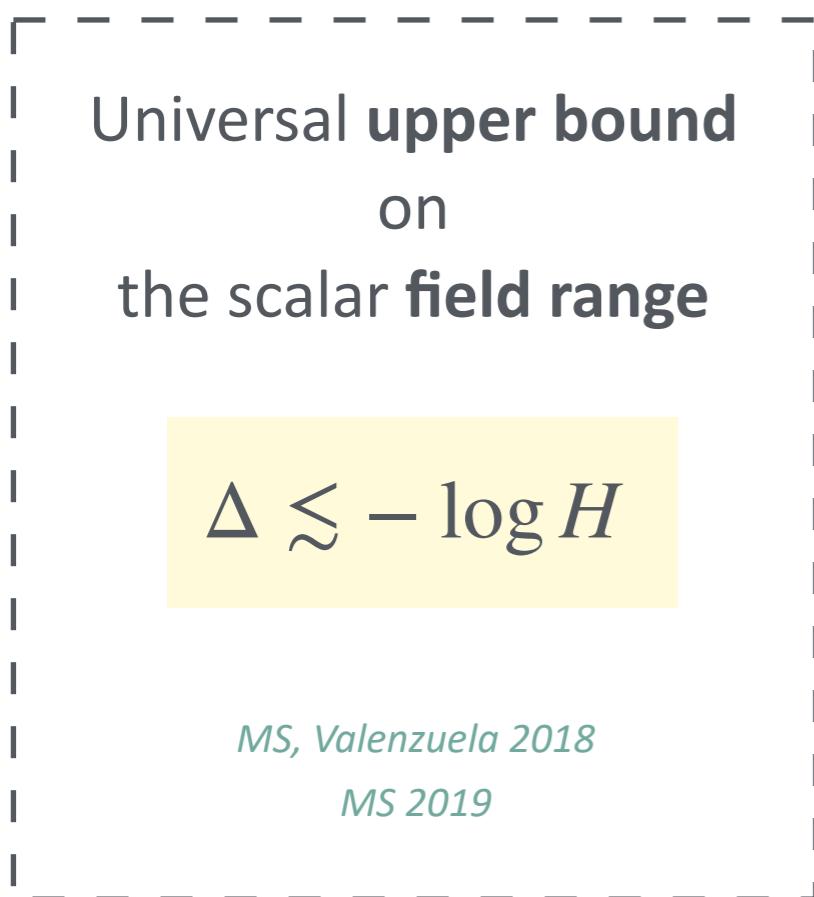
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1	2
Universal upper bound on the scalar field range	Upper bound on the turning rate
$\Delta \lesssim -\log H$	$\frac{\Omega}{H} < \mathcal{O}(\sqrt{\epsilon})$
<i>MS, Valenzuela 2018</i> <i>MS 2019</i>	<i>Trajectories mainly geodesic</i> <i>Freigang, Lust, Nian, MS 2023</i>

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on
the scalar **field range**

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MS, Valenzuela 2018

MS 2019

2

Upper bound on
the turning rate

$$\frac{\Omega}{H} < \mathcal{O}(\sqrt{\epsilon})$$

Trajectories
mainly geodesic

Freigang, Lüst, Nian, MS 2023

3

Particle production very
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but still **observable**
effects of order

$$(H/\Lambda_{\text{QG}})^3$$

Lüst, Masias, Pieroni, MS - in progress

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thanks!

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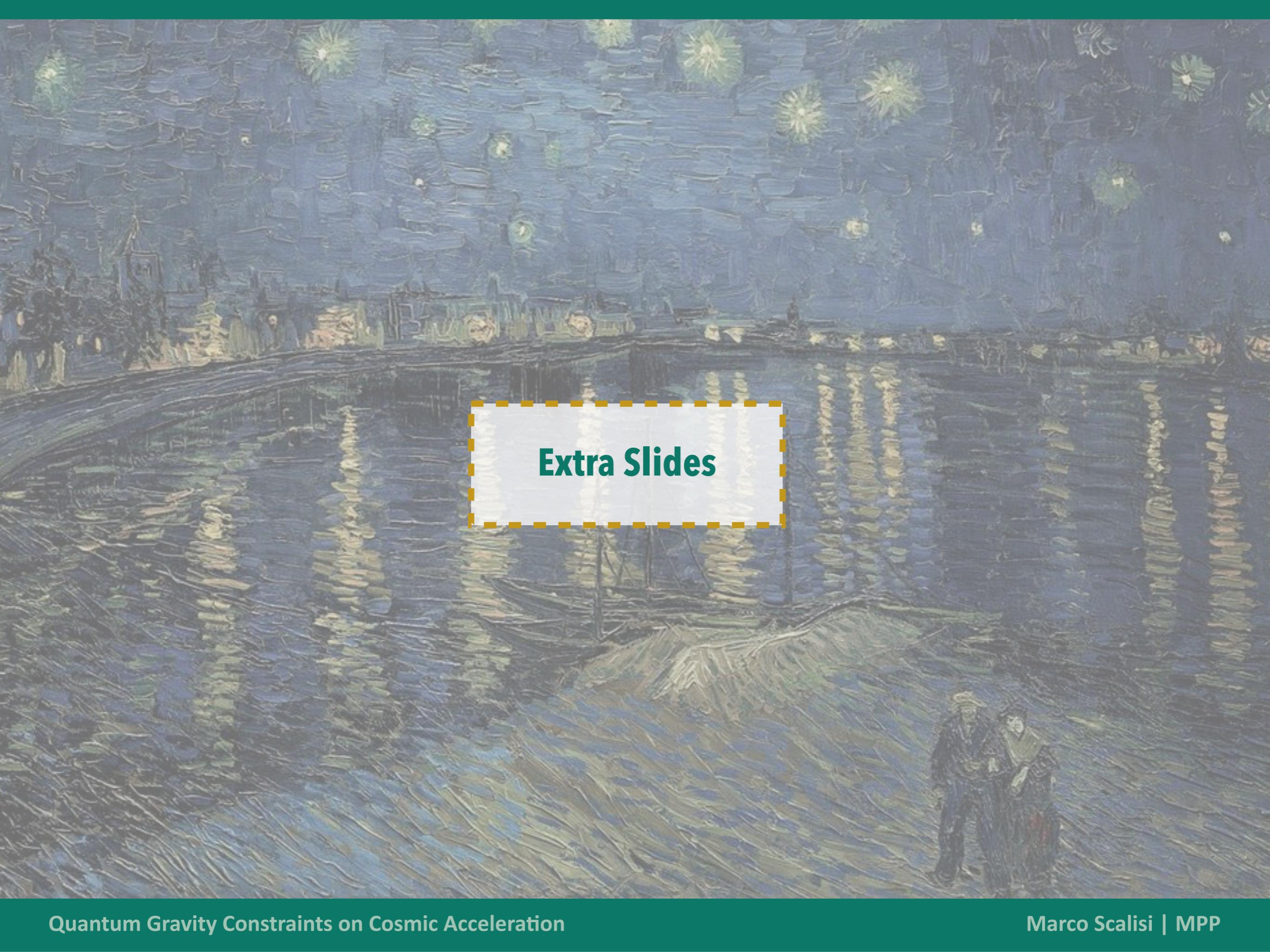
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Extra Slides

SDC

$$m \sim m_0 e^{-\lambda \Delta}$$

+

Higuchi bound

$$m^2 > s(s - 1)H^2$$

$$\Delta \leq \frac{1}{\lambda} \left[\frac{m_0}{H} \frac{1}{\sqrt{s(s - 1)}} \right]$$

one-to-one correspondence
between a *single* HS state and a
specific maximum value for the
inflaton range

infinite tower of all spins
incompatible with inflation



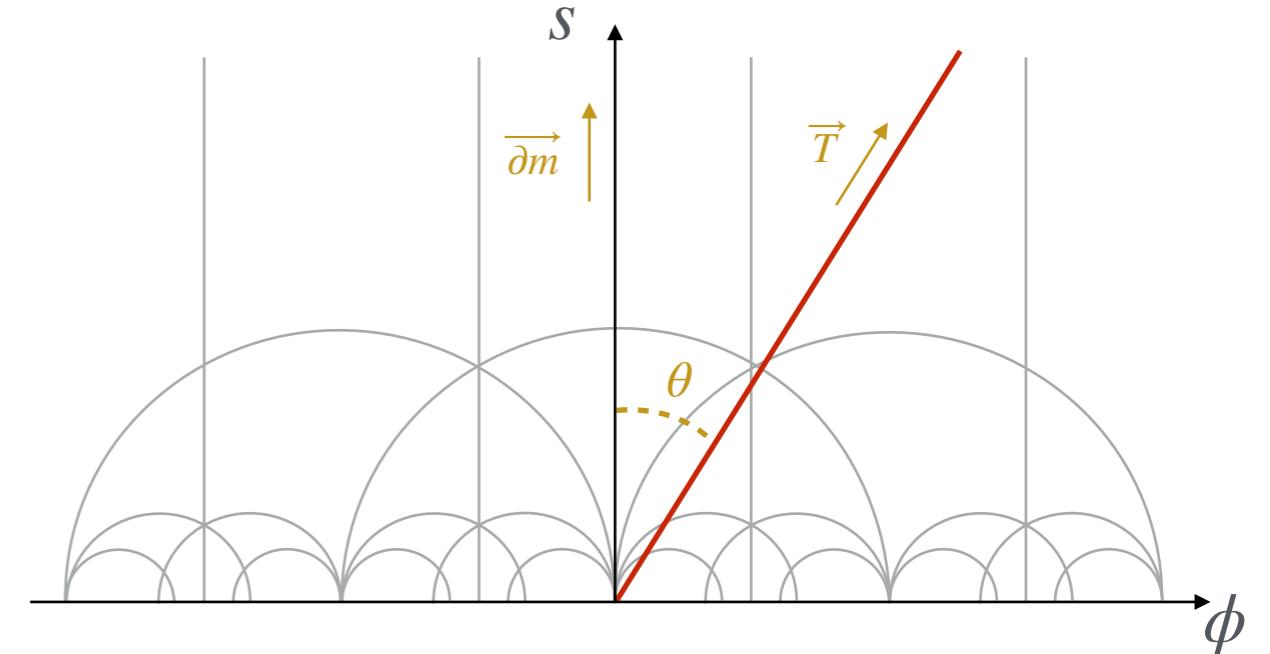
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$$\dot{\Phi}^2 = 2\epsilon H^2$$

$$\boxed{\frac{\Omega}{H} = \frac{|\sin \theta|}{n} \sqrt{2\epsilon}}$$

$$\frac{\Omega}{H} < \frac{\sqrt{\lambda_0^2 - \lambda_g^2}}{\lambda_g} \sqrt{R \epsilon}$$

Moving away from the boundary of moduli space

Freigang, Lüst, Nian, MS 2023

► Asymptotic expansion of θ

$$\theta(s) = \theta_\infty + \sum_{n>0} \frac{c_n}{s^n}$$

*consider just leading
non-constant term*

$$\theta(s) \simeq \theta_\infty + \frac{c_k}{s^k}$$

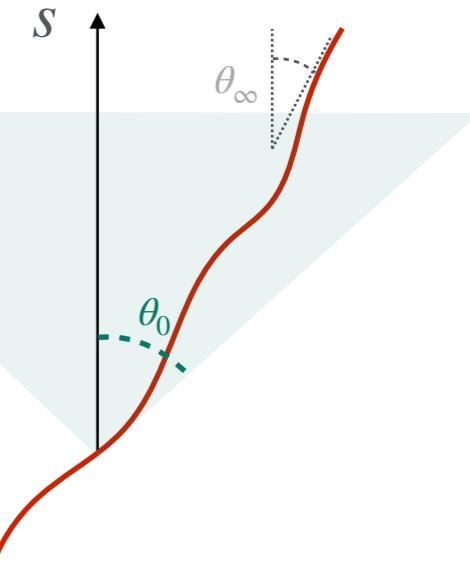
$$|\dot{\theta}(s)| \approx \frac{k}{n} \frac{c_k}{s^k} \cos \theta(s) \dot{\Phi} \leq \frac{2k}{n} \theta_0 \cos \theta(s) \dot{\Phi}$$

$$\theta(s) \leq \theta_0$$

$$\frac{c_k}{s^k} \leq \theta_0 - \theta_\infty \leq 2\theta_0$$

$$\left| \frac{\dot{\theta}(s)}{H} \right| \leq 2\sqrt{2} \frac{k}{n} \theta_0 \sqrt{\epsilon}$$

$$\frac{\Omega}{H} \simeq \sqrt{\epsilon}$$



SDC and particle production

Lüst, Masias, Pieroni, Scalisi - work in progress

$$\mathcal{L} = -\frac{1}{2}(\partial\varphi)^2 - V(\varphi) - \frac{1}{2} \sum_i [(\partial\chi_i)^2 - m_n^2 e^{-2\lambda\varphi} \chi_n^2]$$

mass of the SDC tower



use conformal time $t \rightarrow \tau$

rescale modes $\chi_n \rightarrow \xi_n/a$



$$m \sim e^{-\lambda\varphi}$$

Equation of motion for the Fourier modes

$$\xi_n''(\tau, \vec{k}) + \left[k^2 - \frac{2 - \delta_n}{\tau^2} \right] \xi_n(\tau, \vec{k}) = 0$$



Two-point correlation function

$$\langle : \chi_n \chi_n : \rangle = \frac{1}{a} \frac{3}{8\pi^2} \frac{H^2}{m_n^2 \exp(-2\lambda\varphi) \tau^2}$$

with $\delta_n = \frac{m_n^2}{H^2} \exp(-2\lambda\varphi)$

$$\sum_n^{N_H} \frac{m_n^2}{2} e^{-2\lambda\varphi} \langle : \chi_n \chi_n : \rangle = \frac{3}{16\pi^2} H^4 N_H$$

Multi-field cosmic acceleration

Achucarro, Palma 2018
Freigang, Lüst, Nian, MS 2023

$$3H^2 - \frac{1}{2}\dot{\Phi}^2 - V = 0$$

$$\ddot{\Phi} + 3H\dot{\Phi} + V_T = 0$$

$$\Omega\dot{\Phi} = V_N$$

$$\epsilon \equiv -\frac{\dot{H}}{H^2} = \frac{\dot{\Phi}^2}{2H^2}$$

acceleration parameter

$$\eta \equiv \frac{\dot{\epsilon}}{H\epsilon} = 2\epsilon + 2\frac{\ddot{\Phi}}{H\dot{\Phi}}$$

eta parameter

$$\frac{|\nabla V|^2}{V^2} = 2\epsilon \left(\left(1 + \frac{\eta}{2(3-\epsilon)} \right)^2 + \frac{\Omega^2}{H^2(3-\epsilon)^2} \right)$$

$\epsilon < 1$

$$\frac{|\nabla V|^2}{V^2} \simeq 2\epsilon \left(\left(1 + \frac{\eta}{6} \right)^2 + \frac{\Omega^2}{9H^2} \right)$$

$\eta, \epsilon \ll 1$ *slow roll*

$$\boxed{\frac{|\nabla V|^2}{V^2} \simeq 2\epsilon \left(1 + \frac{\Omega^2}{9H^2} \right)}$$

Decay rate in the axion-saxion model

Valenzuela & MS 2018

$$\mathcal{L} = \frac{n^2}{s^2} \left(\dot{s}^2 + \dot{\phi}^2 \right)$$

↓ ↓
saxion axion

$$(s, \phi) = (s_0 + \delta s, \frac{1}{a} \delta s)$$

trajectory

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(*axion-saxion backreaction in String Theory*)

Blumenhagen, Font, Fuchs, Herschmann, Plauschinn 2015

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Valenzuela 2016

Blumenhagen 2018

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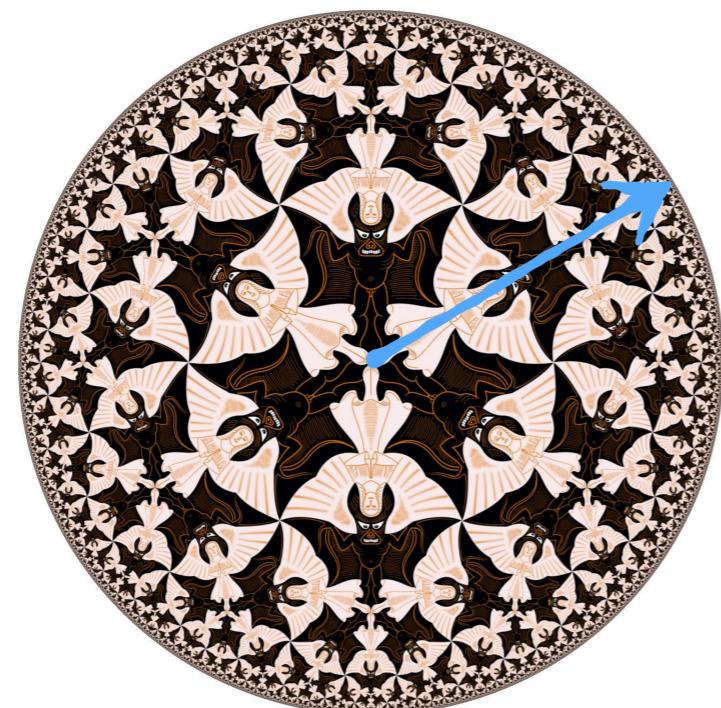
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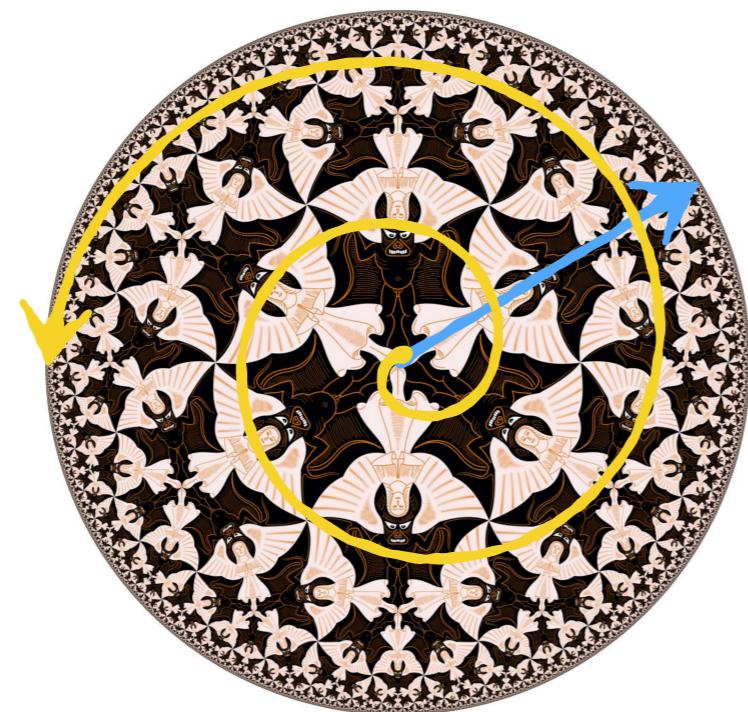
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