

Cosmological gravitational particle production of massive spin-2 particles

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Hassan Rosen Bigravity

\nTwo interacting metrics (spin-2 dots)

\n
$$
S = \int d^{4}x \left[\frac{M_{g}^{2}}{2} \sqrt{-g} R[g] + \frac{M_{f}^{2}}{2} \sqrt{-f} R[f] - \frac{m^{2}M_{*}^{2} \sqrt{-g} V(\mathbb{X}; \beta_{n})}{\text{Heteraction between metrics}} \right]
$$
\n
$$
+ \sqrt{-g} \mathcal{L}_{g}(g, \phi_{g}) + \sqrt{-f} \mathcal{L}_{f}(f, \phi_{f}) + \sqrt{-g_{\star}} \mathcal{L}_{\star}(g_{\star}, \phi_{\star})
$$
\nminimal theory

\nmatter sector: the inflators

\n2

Bigravity: mass eigen modes

- Expand two metrics around same background
- Mass eigen modes can be identified: one massless, one massive

Bigravity: spin-2 dofs

- Massless spin-2: 2 dofs (2 tensor modes, +/x)
- Massive spin-2: 2s+1=5 dofs (2 tensor & 2 vector & 1 scalar modes)
- Massless / massive modes decouple at quadratic order

$$
S = \int d^4x \left[\sqrt{-\bar{g}} \, \bar{\mathcal{L}}(\bar{g}, \bar{\phi}) + \sqrt{-\bar{g}} \, \mathcal{L}_{\text{massless}}^{(2)} + \sqrt{-\bar{g}} \, \mathcal{L}_{\text{massive}}^{(2)} + \text{interactions} \right]
$$

$$
\frac{u_{\mu\nu}}{M_*} = \frac{h_{\mu\nu}}{M_f} + \frac{k_{\mu\nu}}{M_g} \,, \qquad \frac{v_{\mu\nu}}{M_*} = \frac{h_{\mu\nu}}{M_g} - \frac{k_{\mu\nu}}{M_f}
$$

The "Minimal" theory

- Each inflaton couples to one metric.
- The "massive" and "massless" sector decouples at quadratic order.

Massive spin-2 Lagrangian ("Minimal" theory)

- Massive spin-2 action: the same as GW action plus a Fierz-Pauli mass term
- Couples with inflaton perturbations.

$$
\mathcal{L}_{vv}^{(2)} = -\frac{1}{2} \nabla_{\lambda} v_{\mu\nu} \nabla^{\lambda} v^{\mu\nu} + \nabla_{\mu} v^{\nu\lambda} \nabla_{\nu} v^{\mu}{}_{\lambda} - \nabla_{\mu} v^{\mu\nu} \nabla_{\nu} v + \frac{1}{2} \nabla_{\mu} v \nabla^{\mu} v
$$
\n
$$
\text{Identical to} \quad + \left(\bar{R}_{\mu\nu} - M_P^{-2} \nabla_{\mu} \bar{\phi} \nabla_{\nu} \bar{\phi}\right) \left(v^{\mu\lambda} v_{\lambda}{}^{\nu} - \frac{1}{2} v^{\mu\nu} v\right)
$$
\n
$$
\text{GW action} \quad -\frac{1}{2} m^2 \left(v^{\mu\nu} v_{\mu\nu} - v^2\right) \quad \text{Fierz-Pauli mass term}
$$
\n
$$
\mathcal{L}_{v \varphi_v}^{(2)} = M_P^{-1} \left[\left(\nabla_{\mu} \bar{\phi} \nabla_{\nu} \varphi_v + \nabla_{\nu} \bar{\phi} \nabla_{\mu} \varphi_v\right) \left(v^{\mu\nu} - \frac{1}{2} \bar{g}^{\mu\nu} v\right) - V'(\bar{\phi}) \varphi_v v \right]
$$
\n
$$
\mathcal{L}_{\varphi_v \varphi_v}^{(2)} = -\frac{1}{2} \nabla_{\mu} \varphi_v \nabla^{\mu} \varphi_v - \frac{1}{2} V''(\bar{\phi}) \varphi_v^2
$$
\n
$$
\text{Spin-2 couples with inflation perturbations}
$$

Scalar-Vector-Tensor decomposition

- Decompose the metric perturbation into spatial scalars, vectors and tensor.
- Degrees of freedom: 2 for tensor, 2 for vector, 1 for scalar.
- SVT sectors decouple at quadratic order.

$$
v_{00} = a^2 E, \quad v_{0i} = a^2 (\partial_i F + G_i), \quad v_{ij} = a^2 (\delta_{ij} A + \partial_i \partial_j B + \partial_i C_j + \partial_j C_i + D_{ij})
$$

$$
\mathcal{L}^{(2)}_{\text{massive}} = \mathcal{L}^{(2)}_{\text{tensor}}(D_{ij}, \dots) + \mathcal{L}^{(2)}_{\text{vector}}(G_i, C_i, \dots) + \mathcal{L}^{(2)}_{\text{scalar}}(A, B, E, F, \dots)
$$

SVT decomposition ("Minimal" theory)

- Spin-2 dofs: 2 tensor & 2 vector & 1 scalar (3-tensors, not 4-tensors)
- In the scalar sector, the spin-2 dof (B) is mixed with inflaton perturbation

$$
\mathcal{L}^{(2)}_{\text{tensor},\mathbf{k}} = \frac{1}{2}a^2 \left[\tilde{D}'_{ij} \tilde{D}'_{ij} - (k^2 + a^2 m^2) \tilde{D}_{ij} \tilde{D}_{ij} \right]
$$

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$$
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$$

$$
\mathcal{L}_{\text{vector},\mathbf{k}}^{(2)} = \frac{a^4 k^2 m^2}{k^2 + a^2 m^2} |\tilde{C}_i'|^2 - a^4 k^2 m^2 |\tilde{C}_i|^2
$$

SVT decomposition ("Minimal" theory)

- Spin-2 dofs: 2 tensor & 2 vector & 1 scalar (3-tensors, not 4-tensors)
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$$
\mathcal{L}^{(2)}_{\text{tensor},\mathbf{k}} = \frac{1}{2} a^2 \left[\tilde{D}'_{ij} \tilde{D}'_{ij} - (k^2 + a^2 m^2) \tilde{D}_{ij} \tilde{D}_{ij} \right]
$$
\n
$$
\mathcal{L}^{(2)}_{\text{vector},\mathbf{k}} = \frac{a^4 k^2 m^2}{k^2 + a^2 m^2} |\tilde{C}'_i|^2 - a^4 k^2 m^2 |\tilde{C}_i|^2
$$
\n
$$
\mathcal{L}^{(2)}_{\text{scalar},\mathbf{k}} = K_{\varphi} |\tilde{\phi}'_v|^2 - M_{\varphi} |\tilde{\phi}_v|^2 + K_B |\tilde{B}'|^2 - M_B |\tilde{B}|^2 + L_2 \tilde{\phi}_v^* \tilde{B}' + L_1 \tilde{\phi}_v^* \tilde{B}' - L_0 \tilde{\phi}_v^* \tilde{B}
$$

Scalar mode coupled with inflaton

$$
K_{\varphi} = \frac{a^2}{2} \frac{H^2 k^4 + 3a^2 (m^2 - m_H^2) H^2 k^2 + \frac{3}{4} a^4 m^2 (6m^2 H^2 - 4H^2 m_H^2 - m_H^2) H^2}{8m^2 \left[H^2 k^4 + 3a^2 (m^2 - m_H^2) H^2 k^2 + \frac{3}{8} a^4 m^2 (6m^2 H^2 - 4H^2 m_H^2 - m_H^4) \right]^2}
$$
\n
$$
M_{\varphi} = \frac{a^2}{2} \frac{c_{10} k^{10} + c_{8} k^8 + c_{6} k^4 + c_{8} k^4 + c_{2} k^4 + c_{2} k^2 + c_{0}}{2m^2 H^2 k^2 + \frac{3}{8} a^4 m^2 (6m^2 H^2 - 4H^2 m_H^2 - m_H^4) \right]^2}{c_{10} = H^4}
$$
\n
$$
C_{10} = H^4
$$
\n
$$
C_{20} = \frac{1}{8} a^4 H^2 \left[(12m^4 H^2 + 72m^2 H^4 - 82m^2 H^2 m_H^2 - 64H^4 m_H^2 \right]
$$
\n
$$
C_{30} = \frac{3}{8} a^4 H^2 \left[(36m^4 H^2 + 72m^2 H^4 - 82m^2 H^2 m_H^2) + 4 \frac{4H^{\prime \prime} (\bar{\phi})}{a M^2 \bar{\phi} \bar{\phi}} \right]
$$
\n
$$
= 7m^2 m_H^4 + 40H^2 m_H^4 + 8m_H^6 \right)
$$
\n
$$
= 3m^4 H^4 + 40H^2 m_H^4 + 48m^2 H^2 m_H^2 - 64H^4 m_H^2
$$
\n
$$
= 3m^4 m_H^4 + 34H^4 m_H^4 + 68m^2 m_H^2 - 76m^2 H^4 m_H^2
$$
\n
$$
= 4m^2 H^2 \left(H^2 - m_H^2 \right) \frac{V^2 (\bar{\phi})^2}{M^2 \bar{\phi}^2}
$$
\n
$$
= 4m^2 H^2 \left(H^2 - m_H^2 \right) \frac{V^2
$$

 $\ddot{\bullet}$

$$
K_{B} = \frac{a^{6}m^{2}}{8} \frac{(8m^{2}H^{2} - 6H^{2}m_{H}^{2} - m^{2}m_{H}^{2})k^{4}}{H^{2}k^{4} + 3a^{2}(m^{2} - m_{H}^{2})H^{2}k^{2} + \frac{3}{8}a^{4}m^{2}(6m^{2}H^{2} - 4H^{2}m_{H}^{2} - m_{H}^{4})} \qquad (3.17c)
$$
\n
$$
M_{B} = \frac{a^{6}m^{2}}{8} \frac{[H^{2}k^{4} + 3a^{2}(m^{2} - m_{H}^{2})H^{2}k^{2} + \frac{3}{8}a^{4}m^{2}(6m^{2}H^{2} - 4H^{2}m_{H}^{2} - m_{H}^{4})]}{c_{10} = H^{2}(8m^{2}H^{2} - 8H^{4} - 2H^{2}m_{H}^{2} - m^{2}m_{H}^{2})} \qquad (3.17d)
$$
\n
$$
c_{8} = a^{2}H^{2}[(30m^{4}H^{2} + 32m^{2}H^{4} - 96H^{6} - 3m^{4}m_{H}^{2} - 56m^{2}H^{2}m_{H}^{2} + 48H^{4}m_{H}^{2} + 5m^{2}m_{H}^{4} + 6H^{2}m_{H}^{4}) + 48H^{4}m_{H}^{2} + 5m^{2}m_{H}^{2} + 16H^{2}m_{H}^{2}) \qquad (4.17d)
$$
\n
$$
c_{8} = \frac{3}{8}a^{4}m^{2}[(96m^{4}H^{4} + 144m^{2}H^{6} - 6m^{4}H^{2}m_{H}^{2} - 252m^{2}H^{4}m_{H}^{2} - 192H^{6}m_{H}^{2} + 8m^{2}H^{2}m_{H}^{2} + 302H^{6}m_{H}^{2}) + 8m^{2}H^{2}m_{H}^{4} + 8m^{2}H^{2}m_{H}^{4} + 8m^{2}H^{2}m_{H}^{2} - 32H^{6}m_{H}^{2}) \qquad (3.17e)
$$
\n
$$
c_{4} = \frac{3}{8}a
$$

 α

Scalar sector detail ("Minimal" theory)

Summary of transformations in the scalar sector

$$
\mathcal{L}_{\text{scalar}}^{(2)}(A, B, E, F, \varphi_{v})
$$
\n
$$
\xrightarrow{\text{eliminate constraints}} \mathcal{L}_{\text{scalar}}^{(2)}(B, \hat{\varphi}_{v})
$$
\n
$$
\xrightarrow{\text{eliminate kinetic mixing}} \mathcal{L}_{\text{scalar}}^{(2)}(B, \Pi)
$$
\n
$$
\mathcal{L}_{\text{scalar}, k}^{(2)} = K_{\Pi} |\tilde{\Pi}'|^{2} - M_{\Pi} |\tilde{\Pi}|^{2} + K_{\mathcal{B}} |\tilde{\mathcal{B}}|^{2} - M_{\mathcal{B}} |\tilde{\mathcal{B}}|^{2} + \lambda_{1} \tilde{\Pi}^{*} \tilde{\mathcal{B}}' - \lambda_{0} \tilde{\Pi}^{*} \tilde{\mathcal{B}}
$$
\n
$$
K_{\Pi} = K_{\varphi} = \frac{a^{2}}{2} \frac{H^{2}k^{4} + 3a^{2}(m^{2} - m_{H}^{2})H^{2}k^{2} + \frac{9}{4}a^{4}m^{2}(m^{2} - m_{H}^{2})H^{2}}{H^{2}k^{4} + 3a^{2}(m^{2} - m_{H}^{2})H^{2}k^{2} + \frac{3}{8}a^{4}m^{2}(6m^{2}H^{2} - 4H^{2}m_{H}^{2} - m_{H}^{4})}
$$
\n
$$
K_{\mathcal{B}} = \frac{4K_{\varphi}K_{B} - L_{2}^{2}}{4k^{4}K_{\varphi}} = \frac{3a^{6}m^{2}(m^{2} - m_{H}^{2})}{4k^{4} + 12a^{2}(m^{2} - m_{H}^{2})k^{2} + 9a^{4}m^{2}(m^{2} - m_{H}^{2})},
$$

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Summary

- Superheavy (> inflationary scale) spin-2 particles can be gravitationally produced during inflation.
- In Hassan Rosen bigravity with "minimal" matter coupling, production in the scalar sector dominates.
- Aside: We find a generalized Higuchi bound for the massive spin-2 in FRW.

$$
m^2 > m_H^2(\eta) = 2H^2\big[1 - \epsilon\big]
$$

Extra slides

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Generalized Higuchi bound ("Minimal" theory)

- The theory has a lower bound on mass m, below which the scalar sector constains a ghost with wrong sign kinetic term
- Higuchi: derived the bound for de-Sitter (the Higuchi bound)
- This work: derived the bound for FRW
- Implies an inflationary scale lower bound for spin-2 mass!

$$
m^{2} > m_{H}^{2}(\eta) = 2H^{2}[1 - \epsilon] \quad \text{where} \quad \epsilon \equiv -H'/(aH^{2})
$$
\n
$$
K_{\mathcal{B}} = \frac{4K_{\varphi}K_{B} - L_{2}^{2}}{4k^{4}K_{\varphi}} = \frac{3a^{6}m^{2}(m^{2} - m_{H}^{2})}{4k^{4} + 12a^{2}(m^{2} - m_{H}^{2})k^{2} + 9a^{4}m^{2}(m^{2} - m_{H}^{2})}
$$

A. Higuchi (1987), Forbidden mass range for spin-2 field theory in de Sitter spacetime

Scalar sector detail ("Minimal" theory)

- The kinetic mixing in the scalar sector can be eliminated by a change of variable
- $\mathcal{L}^{(2)}_{\rm scalar, \mathbf{k}}=K_{\varphi}\,|\tilde{\hat{\varphi}}'_v|^2-M_{\varphi}\,|\tilde{\hat{\varphi}}_v|^2+K_{B}\,|\tilde{B}'|^2-M_{B}\,|\tilde{B}|^2+L_{2}\,\tilde{\hat{\varphi}}_v^{*\prime}\tilde{B}'+L_{1}\,\tilde{\hat{\varphi}}_v^{*}\tilde{B}'-L_{0}\,\tilde{\hat{\varphi}}_v^{*}\tilde{B}$ \sim

$$
\mathcal{L}^{(2)}_{\rm scalar, \mathbf{k}}=K_{\Pi}\,|\tilde{\Pi}'|^{2}-M_{\Pi}\,|\tilde{\Pi}|^{2}+K_{\mathcal{B}}\,|\tilde{\mathcal{B}}'|^{2}-M_{\mathcal{B}}\,|\tilde{\mathcal{B}}|^{2}+\lambda_{1}\,\tilde{\Pi}^{*}\tilde{\mathcal{B}}'-\lambda_{0}\,\tilde{\Pi}^{*}\tilde{\mathcal{B}}
$$

$$
\tilde{\hat{\varphi}}_v = \tilde{\Pi} + \kappa(\eta) \tilde{\mathcal{B}} \quad \text{and} \quad \tilde{\mathcal{B}} = k^{-2} \tilde{\mathcal{B}}
$$
\n
$$
\kappa(\eta) = -\frac{L_2}{2k^2 K_{\varphi}} \quad \text{A change of variable decouples the two at early/late times}
$$

Gravitational particle production

Cosmological expansion Time-dependent Lagrangian Time-dependent effective frequency Particle production

$$
ds^2 = a(\eta)^2(-d\eta^2 + d\mathbf{x}^2) \longrightarrow \mathcal{L} = a^2 \left[\frac{1}{2} (\partial_{\eta} \phi)^2 - \frac{1}{2} (\nabla \phi)^2 - \frac{1}{2} a^2 m^2 \phi^2 \right]
$$

$$
\beta_k|^2 = \frac{\omega_k \left| a\tilde{\phi}_k \right|^2}{2} + \frac{\left| \partial_{\eta} (a\tilde{\phi}_k) \right|^2}{2\omega_k} - \frac{1}{2} \longrightarrow \left[\partial_{\eta}^2 - \nabla^2 + a^2(\eta) m_{\text{eff}}^2(\eta) \right] (a\phi) = 0
$$

$$
n_k(\eta) = a(\eta)^{-3} \frac{\kappa}{2\pi^2} |\beta_k|^2
$$
 particle production!

Birrell & Davies (1982), Parker & Toms (2009), L H Ford (2021), ...

The "Nonminimal" theory

- The inflaton couples the "effective" metric.
- The "massive" sector only contain the massive spin-2 field.

Original field variables

\nMass eigenstates

\nMass eigenstates

\n
$$
g_{\mu\nu} = \bar{g}_{\mu\nu} + \frac{2}{M_g} h_{\mu\nu}, \quad f_{\mu\nu} = \bar{g}_{\mu\nu} + \frac{2}{M_f} k_{\mu\nu} \left[\frac{u_{\mu\nu}}{M_*} = \frac{h_{\mu\nu}}{M_f} + \frac{k_{\mu\nu}}{M_g}, \quad \frac{v_{\mu\nu}}{M_*} = \frac{h_{\mu\nu}}{M_g} - \frac{k_{\mu\nu}}{M_f} \right]
$$
\nInflaton

\n
$$
\oint \frac{1}{\sqrt{-g}} \left[\frac{\partial \chi}{\partial t} + \frac{\partial \chi}{\partial t} \right]
$$
\nLagrangian

\n
$$
\frac{1}{2} \left[\frac{\partial \chi}{\partial t} + \frac{\partial \chi}{\partial t} \right]
$$
\n
$$
\frac{1}{2} \left[\frac{\partial \chi}{\partial t} \right] = \frac{a^2}{(a+b)^2} g_{\mu\nu} + \frac{ab}{(a+b)^2} \left(g_{\mu\lambda} (\sqrt{g^{-1}f})^{\lambda}_{\nu} + (\sqrt{g^{-1}f})^{\lambda}_{\mu} g_{\lambda\nu} \right) + \frac{b^2}{(a+b)^2} f_{\mu\nu}
$$
\n18

Massive spin-2 Lagrangian ("Nonminimal" theory)

- Massive spin-2 action: contains a Fierz-Pauli mass term
- Contains terms that depend on φ potential. Gives "wrong" de-Sitter limit.

$$
\mathcal{L}_{vv}^{(2)} = -\frac{1}{2} \nabla_{\lambda} v_{\mu\nu} \nabla^{\lambda} v^{\mu\nu} + \nabla_{\mu} v^{\nu\lambda} \nabla_{\nu} v^{\mu}_{\lambda} - \nabla_{\mu} v^{\mu\nu} \nabla_{\nu} v + \frac{1}{2} \nabla_{\mu} v \nabla^{\mu} v
$$

\nDistinct from
\n
$$
- \left(\bar{R}_{\mu\nu} + \frac{1}{2} M_P^{-2} \left(\nabla_{\mu} \bar{\phi} \nabla_{\nu} \bar{\phi} + \bar{g}_{\mu\nu} \bar{\mathcal{L}} (\bar{g}, \bar{\phi}) \right) \right) v^{\mu\lambda} v_{\lambda}^{\nu}
$$

\n
$$
- \frac{1}{2} \left(\bar{R}_{\mu\nu} + M_P^{-2} \left(\nabla_{\mu} \bar{\phi} \nabla_{\nu} \bar{\phi} + \bar{g}_{\mu\nu} \bar{\mathcal{L}} (\bar{g}, \bar{\phi}) \right) \right) v^{\mu\nu} v
$$

\n
$$
- \frac{1}{2} m^2 \left(v_{\mu\nu} v^{\mu\nu} - v^2 \right) \longrightarrow
$$
 Fierz-Pauli mass term

SVT decomposition ("Nonminimal" theory)

- Spin-2 dofs: 2 tensor & 2 vector & 1 scalar
- The scalar sector now contains only one d.o.f.

$$
\mathcal{L}_{\text{tensor},\mathbf{k}}^{(2)} = \frac{1}{2} a^2 \left[\tilde{D}'_{ij} \tilde{D}'_{ij} - (k^2 + a^2 \mu_2^2) \tilde{D}_{ij} \tilde{D}_{ij} \right]
$$

\n
$$
\mathcal{L}_{\text{vector},\mathbf{k}}^{(2)} = \frac{a^4 k^2 \mu_1^2}{k^2 + a^2 \mu_1^2} |\tilde{C}'_i|^2 - a^4 k^2 \mu_2^2 |\tilde{C}_i|^2
$$

\n
$$
\mathcal{L}_{\text{scalar},\mathbf{k}}^{(2)} = K_B |\tilde{B}'|^2 - M_B |\tilde{B}|^2
$$

\n
$$
\mu_1^2 = m^2 - \Lambda + 3H^2 - a^{-1}H'
$$

\n
$$
\mu_2^2 = m^2 - \Lambda + 3H^2 + 2a^{-1}H'
$$

 $K_B = \frac{a^4}{R} [c_6 k^6 + c_4 k^4]$ $(3.46a)$ SVT $c_6 = -4\dot{H}^2$
 $c_4 = 3a^2(m^2 + H^2)(m^2 + 3H^2 - \dot{H})(m^2 + 3H^2 + 2\dot{H})$ $M_B = \frac{a^6}{R^2} [c_{10}k^{10} + c_8k^8 + c_6k^6 + c_4k^4]$ $(3.46b)$ Spin-2 dof $c_{10} = 12(m^2 + H^2)(m^2 + 3H^2)^3 + 16(m^2 + 3H^2)^2(6m^2 + 7H^2)H$ • In the scal $+4(m^2+3H^2)(63m^2+71H^2)\dot{H}^2+8(25m^2+27H^2)\dot{H}^3-48\dot{H}^4$
 $-32H(m^2+3H^2)\dot{H}\ddot{H}-48H\dot{H}^2\ddot{H}$ $\mathcal{L}_{\text{tensor},\mathbf{k}}^{(2)}=\frac{1}{2}$ $c_8 = 12a^2(m^2 + 3H^2 + 2H) \times [2(m^2 + H^2)(m^2 + 3H^2)^2(2m^2 + 5H^2)]$ $+(m^2+3H^2)(19m^4+64m^2H^2+49H^4)\dot{H}+2(7m^4+20m^2H^2+17H^4)\dot{H}^2$ $-(23m^2+25H^2)\dot{H}^3+2\dot{H}^4-2H(m^2+H^2)(m^2+3H^2)\ddot{H}$ $\mathcal{L}_{{\rm vector},\mathbf{k}}^{(2)}=\frac{1}{k}$ $-4H(m^2+H^2)\dot{H}\ddot{H}$ $c_6 = 9a^4(m^2 + H^2)(m^2 + 3H^2 - H)(m^2 + 3H^2 + 2H)^2$ $\mathcal{L}^{(2)}_{\mathrm{scalar},\mathbf{k}}=F$ $\times [7(m^2+H^2)(m^2+3H^2)+17(m^2+H^2)\dot{H}-8\dot{H}^2]$ $c_4 = 27a^6(m^2 + H^2)^2(m^2 + 3H^2 - \dot{H})^2(m^2 + 3H^2 + 2\dot{H})^3$ $\mu_1^2 = m^2$ where $\mu = a^{-1}H$, $\mu = a^{-2}H'' - a^{-1}HH'$, and $P = 4[m^2 + 3H^2 + 3H]k^4$ $_{0}\mu_{2}^{2}=m^{2}$. $+12a^2[(m^2+H^2)(m^2+3H^2)+2(m^2+H^2)\dot{H}-\dot{H}^2]k^2$ (3.47) $+9a^{4}(m^{2}+H^{2})(m^{2}+3H^{2}-H)(m^{2}+3H^{2}+2H)$. **21**

Gradient instability ("Nonminimal" theory, vector sector)

- If the squared effective sound speed $(c_s^2)^2$ is negative at any time, the mode function blows up at high-k due to a period of exponential growth.
- This scenario usually happens around end of inflation, when Hubbleprime is large enough.

$$
\tilde{\chi}_r'' \approx -c_s^2 k^2 \tilde{\chi}_r \quad \Rightarrow \quad \tilde{\chi}_r \propto \exp\left[\pm \int^{\eta} d\eta' k \sqrt{-c_s^2}\right]
$$

$$
c_s^2 \propto m^2 - \Lambda + 3H^2 + 2a^{-1}H'
$$

Ghost instability ("Nonminimal" theory, scalar sector)

- The kinetic term can momentarily vanish for small enough mass.
- Effectively sets a UV cutoff p_max for physical momentum:

$$
p_{\max}(\eta) = \sqrt{\frac{3}{4}} H \frac{\sqrt{m^2/H^2 + 1}}{4\pi} \frac{\sqrt{m^2/H^2 + 3 + \epsilon}}{|\epsilon|} \frac{\sqrt{m^2/H^2 + 3 - 2\epsilon}}{|\epsilon|}
$$

$$
\mathcal{L}_{v \text{ decay}} = M_{\text{P}}^{-2} \Big[2v_{\mu\nu} u^{\mu\nu} (\nabla_{\lambda} \varphi_{v}) (\nabla^{\lambda} \bar{\phi}) - 4v_{\mu\nu} u^{\nu}{}_{\lambda} (\nabla^{\mu} \bar{\phi}) (\nabla^{\lambda} \varphi_{v}) \n+ 2vu_{\mu\nu} (\nabla^{\mu} \bar{\phi}) (\nabla^{\nu} \varphi_{v}) - 4v_{\mu\nu} u^{\nu}{}_{\lambda} (\nabla^{\lambda} \bar{\phi}) (\nabla^{\mu} \varphi_{v}) + 2v_{\mu\nu} u^{\mu\nu} \varphi_{v} V'(\bar{\phi}) \Big] \n+ M_{\text{P}}^{-1} \Big[2v_{\mu\nu} (\nabla^{\mu} \varphi_{u}) (\nabla^{\nu} \varphi_{v}) - v (\nabla_{\mu} \varphi_{u}) (\nabla^{\mu} \varphi_{v}) - v \varphi_{u} \varphi_{v} V''(\bar{\phi}) \Big] \n+ (v \varphi_{v} \varphi_{v} \text{ terms}),
$$

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Figure 9. Direct and indirect decay of $v_{\mu\nu}$ in the minimally-coupled theory.

$$
\Gamma \sim \left(\frac{m^2}{M_{\rm P}}\right)^2 \frac{1}{m} \sim \frac{m^3}{M_{\rm P}^2}
$$

 $\begin{array}{c} \bullet \\ \end{array}$

$$
V(\mathbb{X}; \beta_n) \equiv \sum_{n=0}^4 \beta_n S_n(\mathbb{X}), \quad S_n(\mathbb{X}) \equiv \mathbb{X}_{\lbrack \mu_1}^{\mu_1} \dots \mathbb{X}_{\mu_n}^{\mu_n}, \quad \mathbb{X}^{\mu}{}_{\sigma} \mathbb{X}^{\sigma}{}_{\nu} \equiv g^{\mu \lambda} f_{\lambda \nu}
$$

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