



**Save a Life**

**Save lives in the event  
of cardiac arrest**

In partnership with



## **OUR ASSOCIATION**

- **Non-profit organisation, recognized as being of public utility**
- **Founded in November 2015**
- **October 2019, application and network of first responders **Save a Life****
- **Financed by private donations and benefits of trainings/ defibrillators**

# Save a Life is



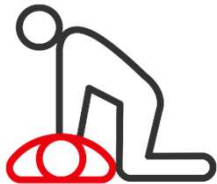
## A network

- Coordination of a first responders volunteer network, able to intervene in the event of cardiac arrest



## Prevention campaigns

- Encouragement of citizen action
- Public awareness
- Educational initiations for children/young people



## Training in life-saving actions

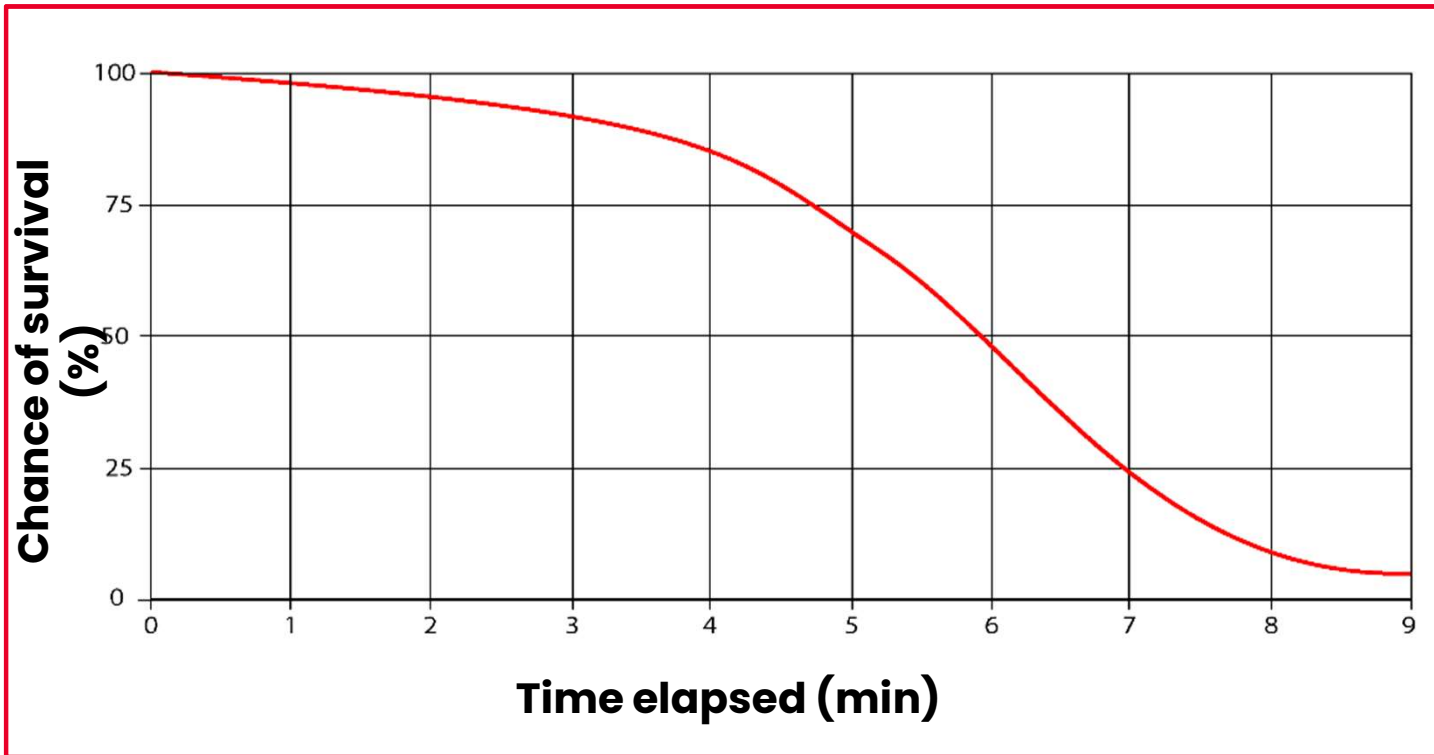
- First aid training
- Offer of certified training specific to the needs of companies and institutions



## A program to public access defibrillation

- Promoting public access to defibrillation
- Provision of defibrillators and technical support
- Census of open access defibrillators

## KEY FIGURES



Graph illustrating survival percentage from cardiac arrest versus time to defibrillation (modified according to Larsen & al.2)

**8000 victims** of cardiac arrest in Switzerland every year

**10 minutes** = average time between the alert and the arrival of professional help

Survival rate decreases by **10%** every minute

**14%** this is the average survival rate in the event of cardiac arrest in an out-of-hospital environment

**+50%** greater chance of survival if a witness performs resuscitation

## KEY FIGURES

**+ 650**

Interventions carried out  
by first responders since  
October 2019

**+ 70** lives saved  
since October 2019 by the  
Save a Life network

**3 to 5**

**alerts**

**every week**

In the canton of Geneva

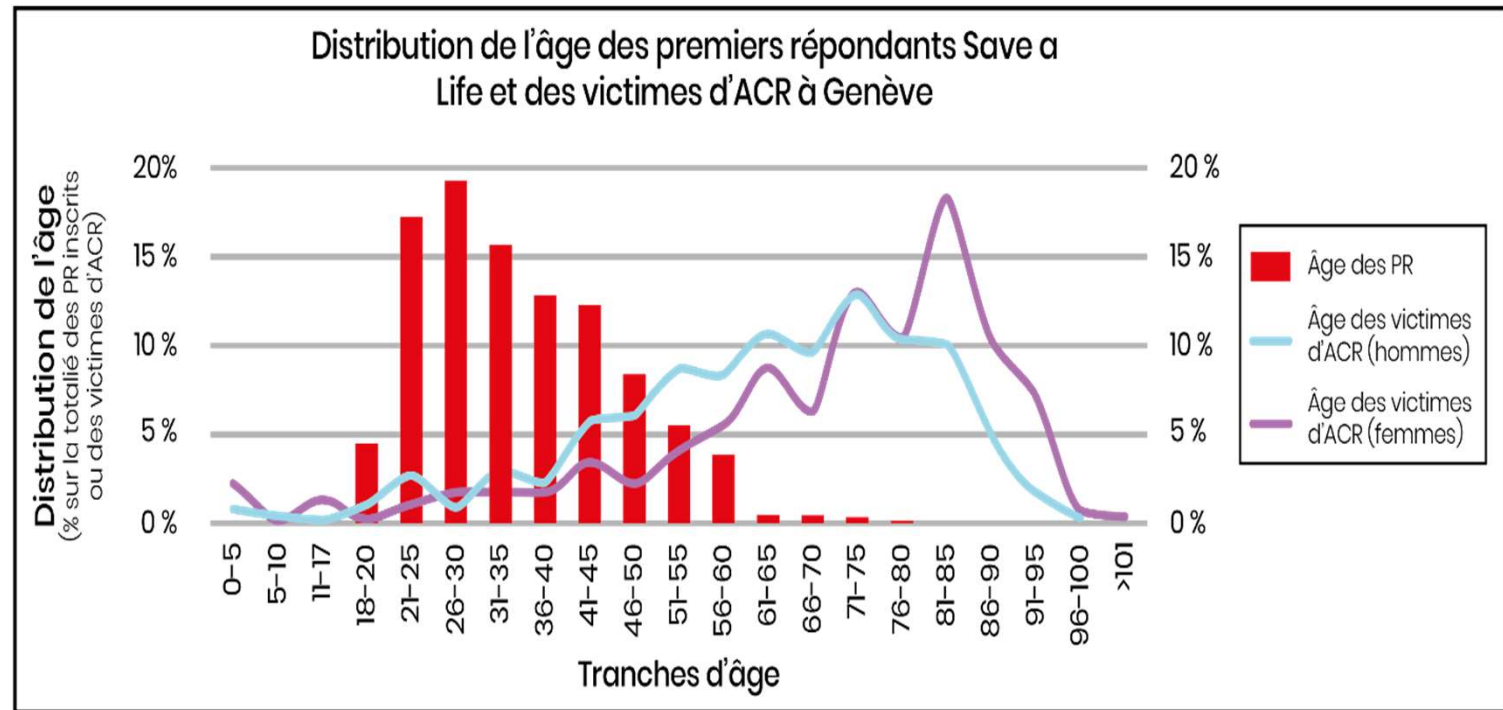
**2000**

First responders  
in Geneva

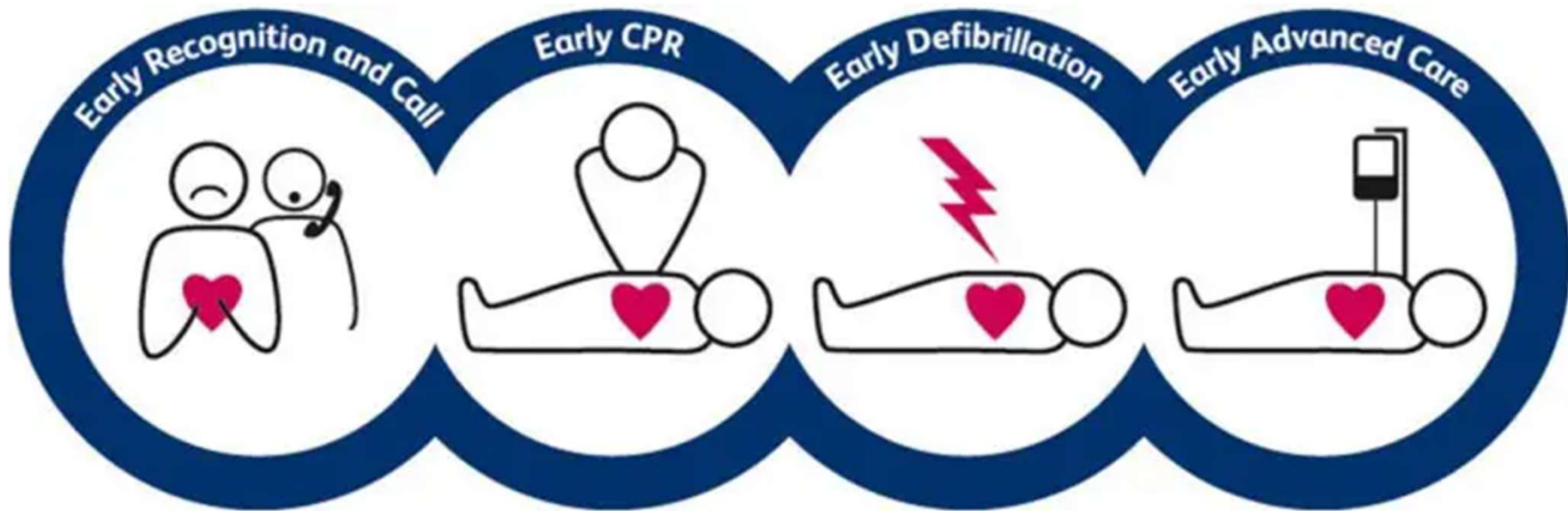
# KEY FIGURES

# 33 Years

Median age of active first responders



# CHAIN OF SURVIVAL



**Research has shown that the chances of survival from an out-of-hospital cardiac arrest can be significantly improved if each of the links in the chain of survival is initiated rapidly**

## How to become a first responder?

- + BLS-AED training SRC certified
- + Information online session to become first responder
- + Download the Save a Life app





## Goals

- **Develop the first responders network in Geneva, reach 1% according to international recommendations > 5000**
- **Retain and develop the continuing education of first responders**
- **Develop awareness among the population and educational initiations to young people**

## **Testimony**

**Mrs Anne PENET**

**Deputy Mayor  
commune of Satigny**

**and**

**First responder**



**Thank you  
for your attention!**

**[save-a-life.ch](https://www.save-a-life.ch)**