

Quantum Gravity Effects on Dark Matter and Gravitational Waves

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University of Southampton

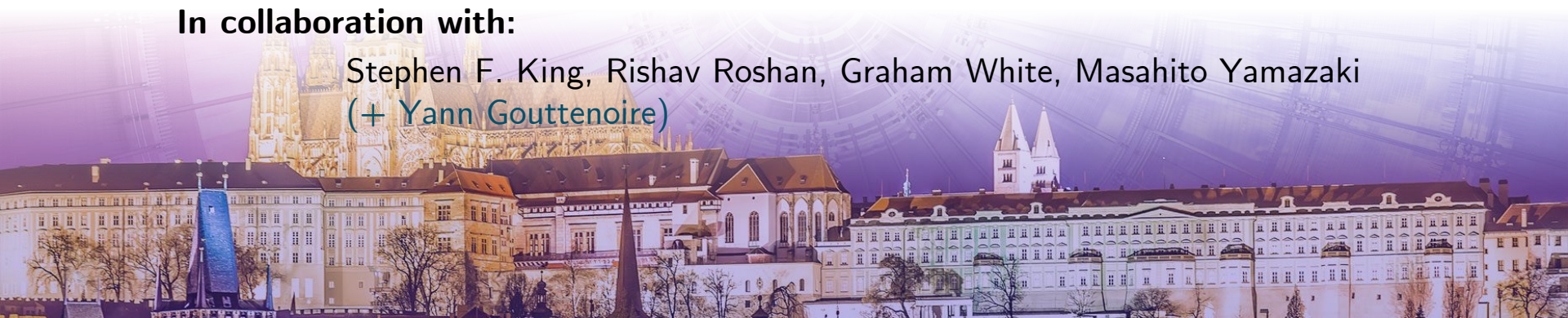
Prague · Czech Republic

2024/07/19

Based on: PRD 109 (2024) 2, 024057 [2308.03724],
JCAP 05 (2024) 071 [2311.12487],
2407.XXXXX

In collaboration with:

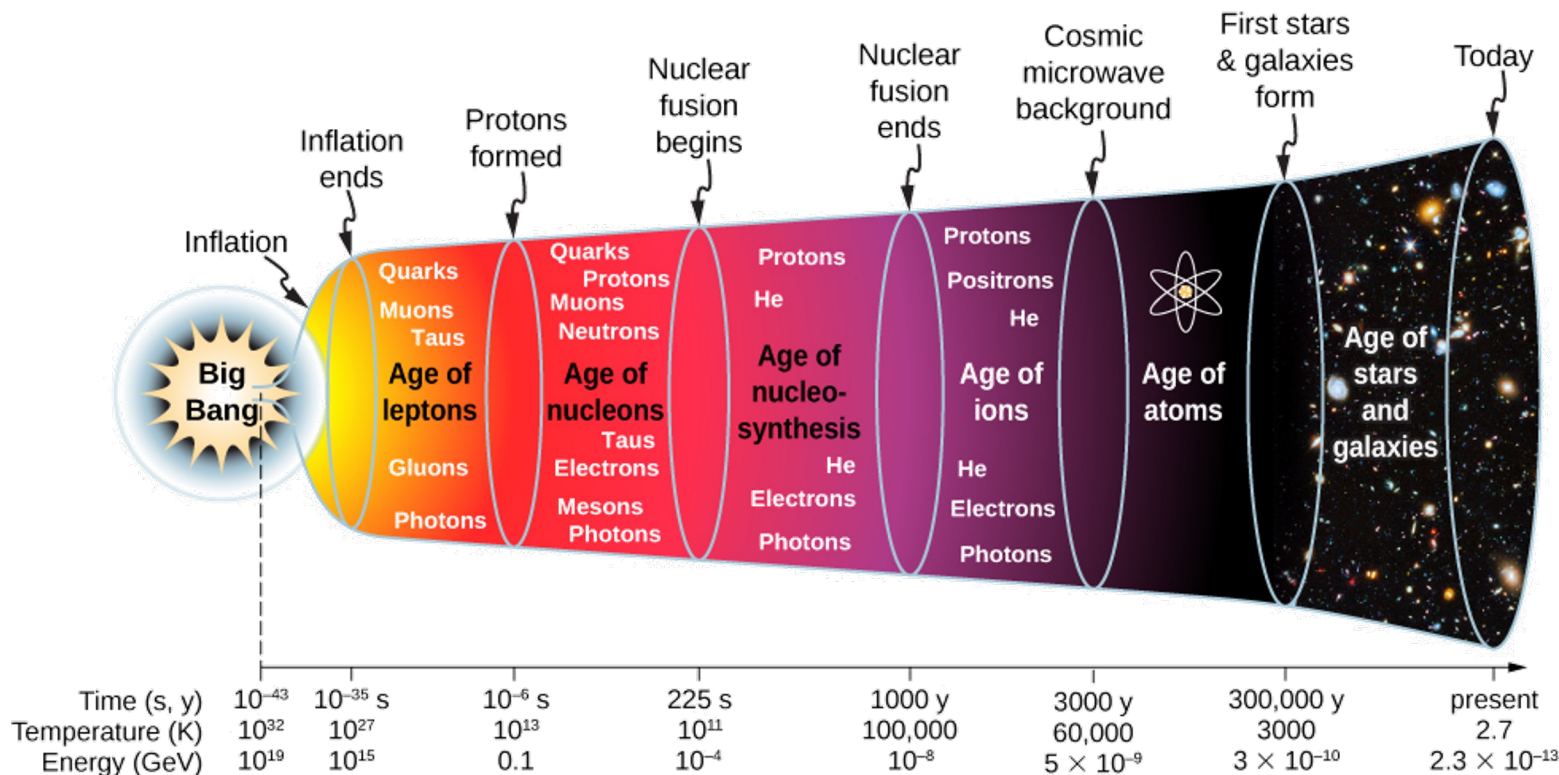
Stephen F. King, Rishav Roshan, Graham White, Masahito Yamazaki
(+ Yann Gouttenoire)



Motivation and background



Quantum gravity as a UV completion?



Quantum mechanics + Gravity?

UV completion



Standard Model

Low-energy effective theory



Quantum gravity as a UV completion?

Vafa, hep-th/0509212

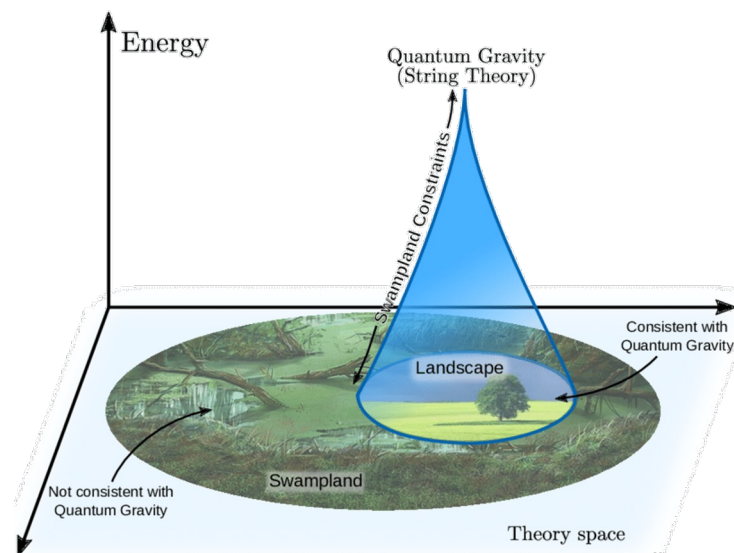
Ooguri & Vafa, NPB 766, 21 (2007)

Swampland conjectures

Refers to low-energy EFTs which are not compatible with quantum gravity.

Swampland is in fact much larger than the string theory **landscape**.

- No global symmetry conjecture
- Weak gravity conjecture
- Distance conjecture
- ...



No global symmetry conjecture

There exists no exact (continuous or discrete) global symmetry in quantum gravity theories.

Original motivation: **Black-hole physics**

“no-hair” theorems

Hawking radiation

Rai & Senjanovic, PRD 49, 2729 (1994)



Global symmetries in low-energy EFTs are broken by

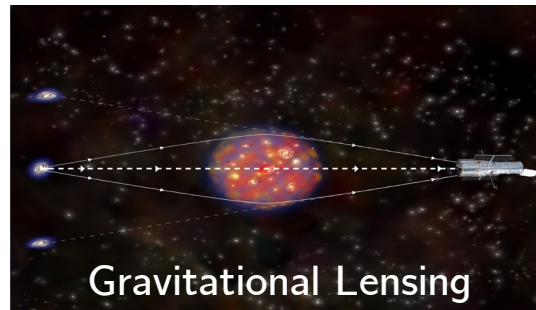
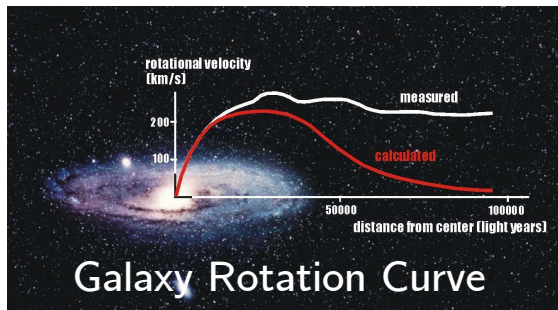
$$\mathcal{L}_{\cancel{Z}_2} = \frac{1}{\Lambda_{\text{QG}}} \mathcal{O}_5 + \dots$$

Any observational effects that can constrain Λ_{QG} ?



Dark matter

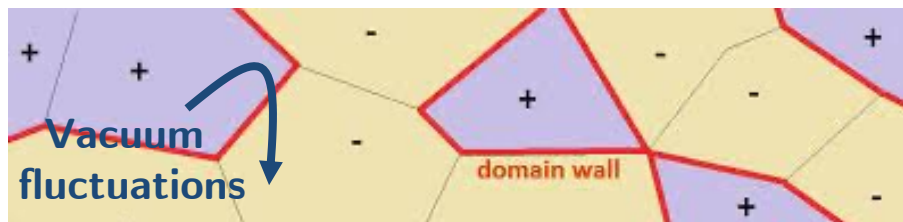
Gravitational presence of Dark Matter



Z_2 symmetry \rightarrow DM stability

Cosmological domain walls

Originate from the spontaneous breaking of discrete symmetries.



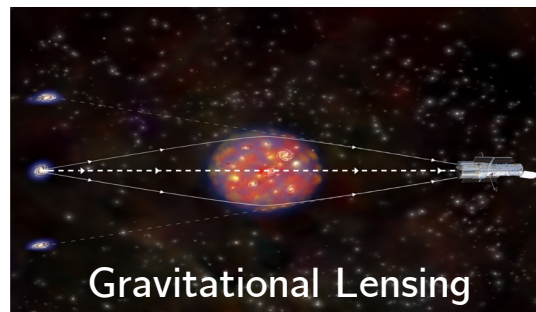
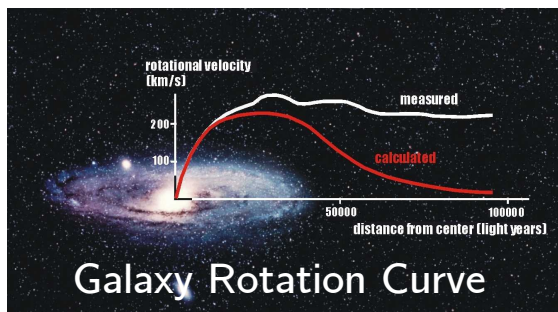
The energy density of domain walls soon dominates the total energy budget of the Universe.

Vilenkin & Shellard (Cambridge University Press, 2000)



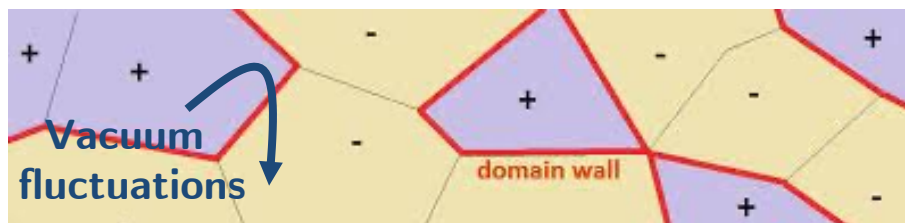
Dark matter

Gravitational presence of Dark Matter



Z_2 symmetry \rightarrow DM stability

Cosmological domain walls

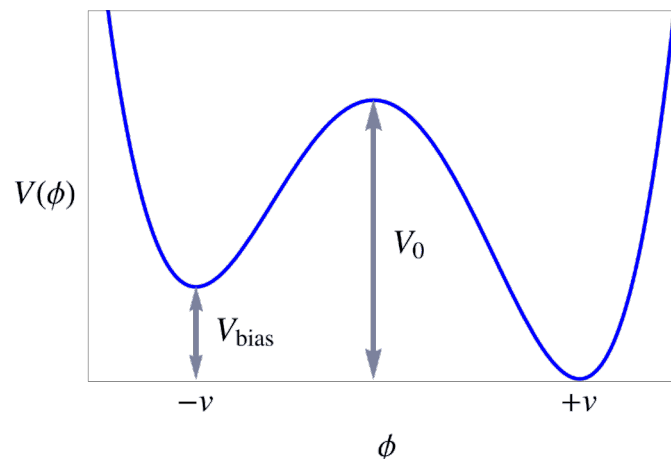


Zeldovich et al., 1974, Kibble, 1976, Vilenkin, 1981, ...

Solution: metastable domain walls

Discrete symmetry is explicitly broken

\rightarrow Bias term \rightarrow DWs annihilate



Gravitational waves can be produced during the evolution of domain walls.

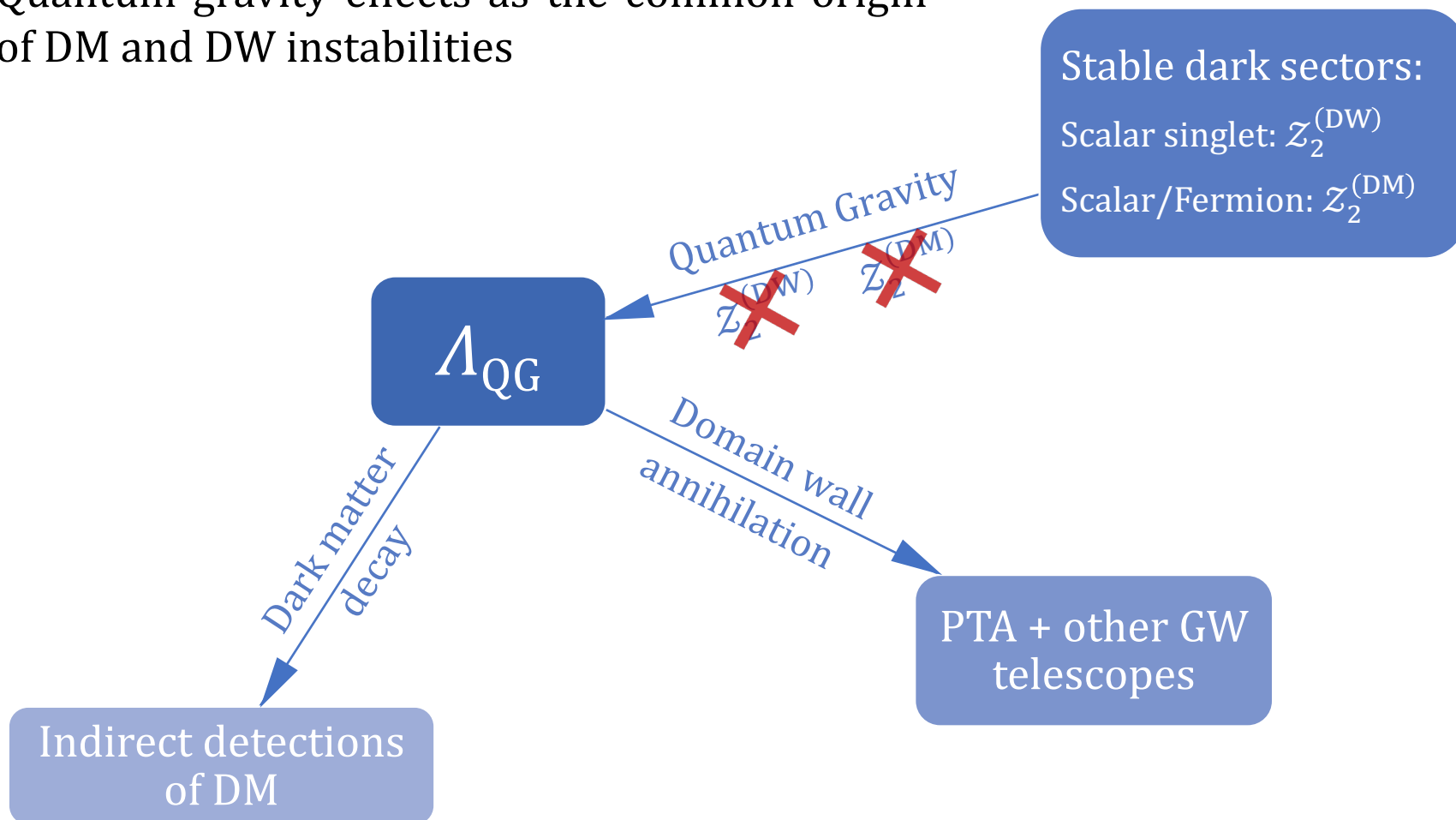
Saikawa, Universe 3, 40 (2017)

Motivation and background



The framework

Quantum gravity effects as the common origin of DM and DW instabilities



Motivation and background

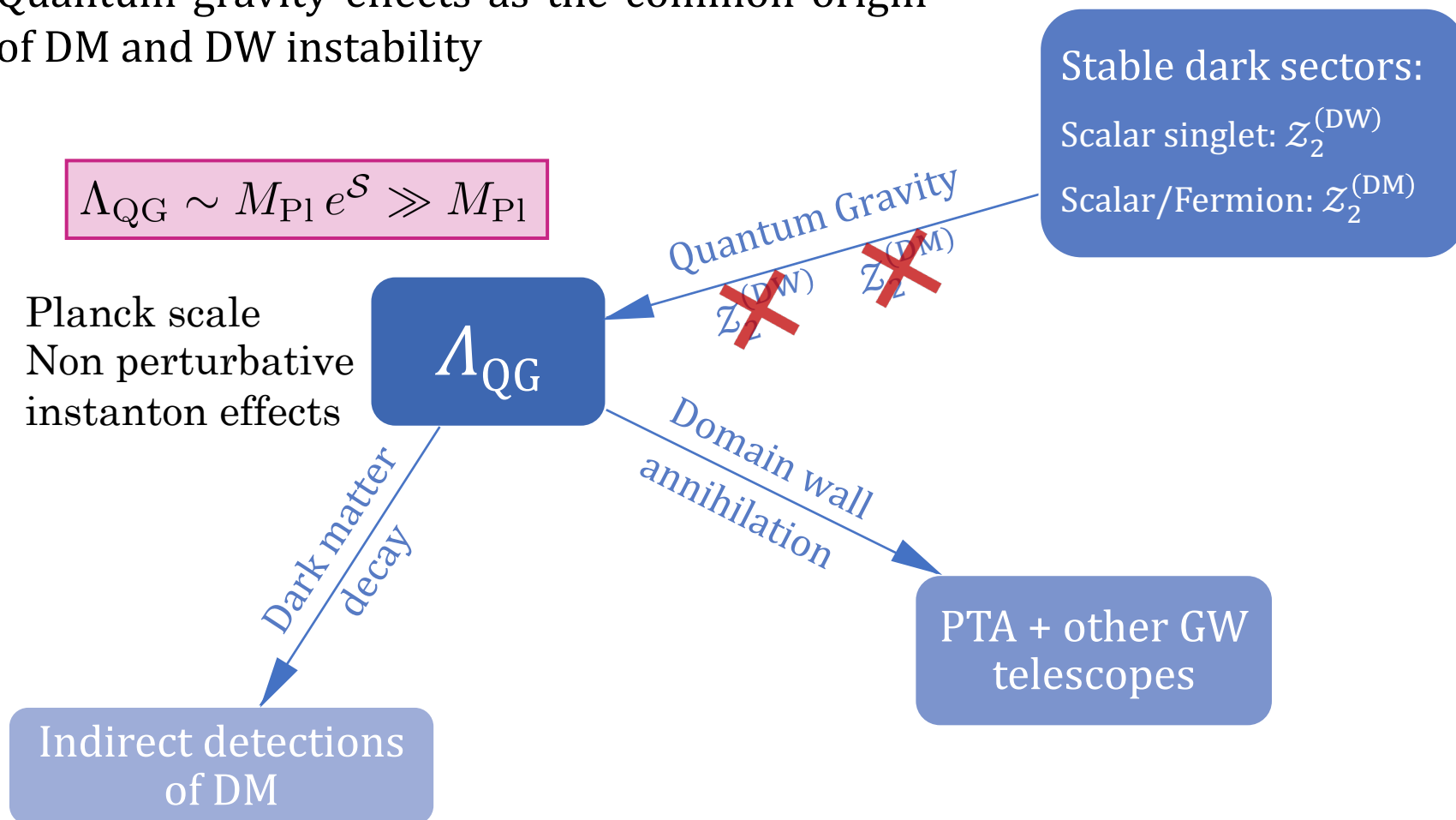


The framework

Quantum gravity effects as the common origin of DM and DW instability

$$\Lambda_{\text{QG}} \sim M_{\text{Pl}} e^S \gg M_{\text{Pl}}$$

- Planck scale
- Non perturbative instanton effects





The model

Z_2 -conserving:
$$V = \mu^2 H^\dagger H + \lambda (H^\dagger H)^2 + H^\dagger H (\lambda_{hs1} S_1^2 + \lambda_{hs2} S_2^2) + \lambda_{s12} S_1^2 S_2^2 + \mu_2^2 S_2^2 + \frac{\lambda_2}{4} S_2^4 + \frac{\lambda_1}{4} (S_1^2 - v_1^2)^2$$

Two scalars
 $S_1: Z_2^{\text{DW}}; S_2: Z_2^{\text{DM}}$

Z_2 -violating:
$$\Delta V = \frac{1}{\Lambda_{\text{QG}}} \sum_{i=1}^2 (\alpha_{1i} S_i^5 + \alpha_{2i} S_i^3 H^2 + \alpha_{3i} S_i H^4) + \frac{1}{\Lambda_{\text{QG}}} \sum_{j=1}^4 c_j S_1^j S_2^{5-j}$$

A minimalistic model with two singlet scalars



The model

Z_2 -conserving: $V = \mu^2 H^\dagger H + \lambda(H^\dagger H)^2 + H^\dagger H(\lambda_{hs1} S_1^2 + \lambda_{hs2} S_2^2)$
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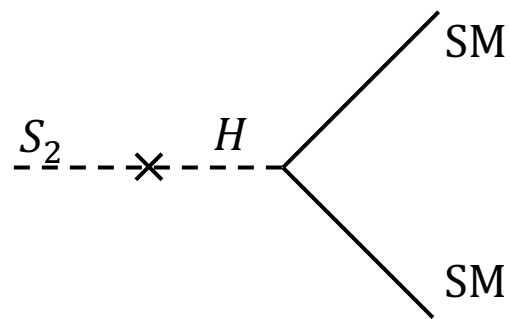
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SF, RR, GW, **XW**, MY, PRD 109 (2024) 2, 024057

Decay of Dark Matter (S_2)

$\Delta V \supset S_2 H^4 / \Lambda_{\text{QG}}$ Electroweak symmetry breaking $\rightarrow \sin \theta = \frac{v_h^3}{(m_h^2 - m_{\text{DM}}^2) \Lambda_{\text{QG}}}$

Decay via the Higgs portal



$S_2 \rightarrow \text{SMSM} \rightarrow e\bar{e}, \gamma\bar{\gamma}, \nu\bar{\nu}$

Decay width: $\Gamma_{\text{DM}} = \frac{1}{16\pi} \frac{\sin^2 \theta}{m_{\text{DM}}} |M|_{h \rightarrow \text{SMSM}}^2$

Spira, Prog.Part.Nucl.Phys. 95, 98 (2017)

Indirect detection

Slatyer & Wu, PRD 95, 2, 023010 (2017)

- CMB power spectrum: $\tau_{\text{DM}} \gtrsim 10^{25} \text{ s}$
- SKA radio telescope: $\Gamma_{\text{DM}} \gtrsim 10^{-30} \text{ s}^{-1}$

Dutta et al., JCAP 09, 005 (2022)

(To be tested)

A minimalistic model with two singlet scalars



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Two scalars
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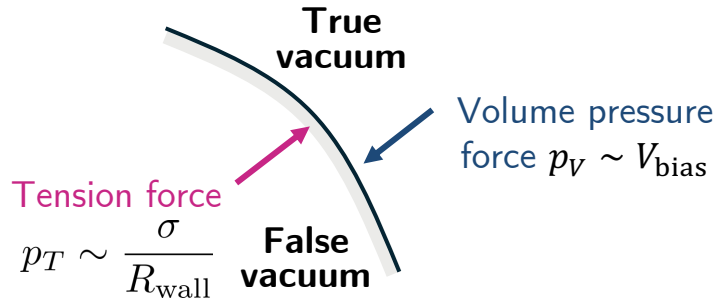
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SF, RR, GW, **XW**, MY, PRD 109 (2024) 2, 024057

Biased domain wall (S_1)

Bias term:
$$V_{\text{bias}} \simeq \frac{1}{\Lambda_{\text{QG}}} \left(v_1^5 + \frac{v_1^3 v_h^2}{2} + \frac{v_1 v_h^4}{4} \right)$$

Surface energy density $\sigma = \frac{4}{3} \frac{\sqrt{\lambda_1}}{2} v_1^3$
 Typical curvature radius $R_{\text{wall}} \sim vt \sim \frac{\sqrt{\sigma t^3}}{M_{\text{Pl}}}$



Peak frequency:

$$f_p \simeq 3.75 \times 10^{-9} \text{ Hz } C_{\text{ann}}^{-1/2} \mathcal{A}^{-1/2} \hat{\sigma}^{-1/2} \hat{V}_{\text{bias}}^{1/2}$$

Peak energy density:

$$\Omega_p h^2 \simeq 5.3 \times 10^{-20} \tilde{\epsilon} \mathcal{A}^4 C_{\text{ann}}^2 \hat{\sigma}^4 \hat{V}_{\text{bias}}^{-2}$$

$p_V \sim p_T$ gives the annihilation time

$$t_{\text{ann}} = C_{\text{ann}} \frac{\mathcal{A} \sigma}{V_{\text{bias}}} \quad \begin{aligned} \hat{\sigma} &= \sigma / \text{TeV}^3 \\ \hat{V}_{\text{bias}} &= V_{\text{bias}} / \text{MeV}^4 \end{aligned}$$

$$= 6.58 \times 10^{-4} \text{ s } C_{\text{ann}} \mathcal{A} \hat{\sigma} \hat{V}_{\text{bias}}^{-1}$$

SGWB spectrum: $a = 3, b \simeq c \simeq 1$

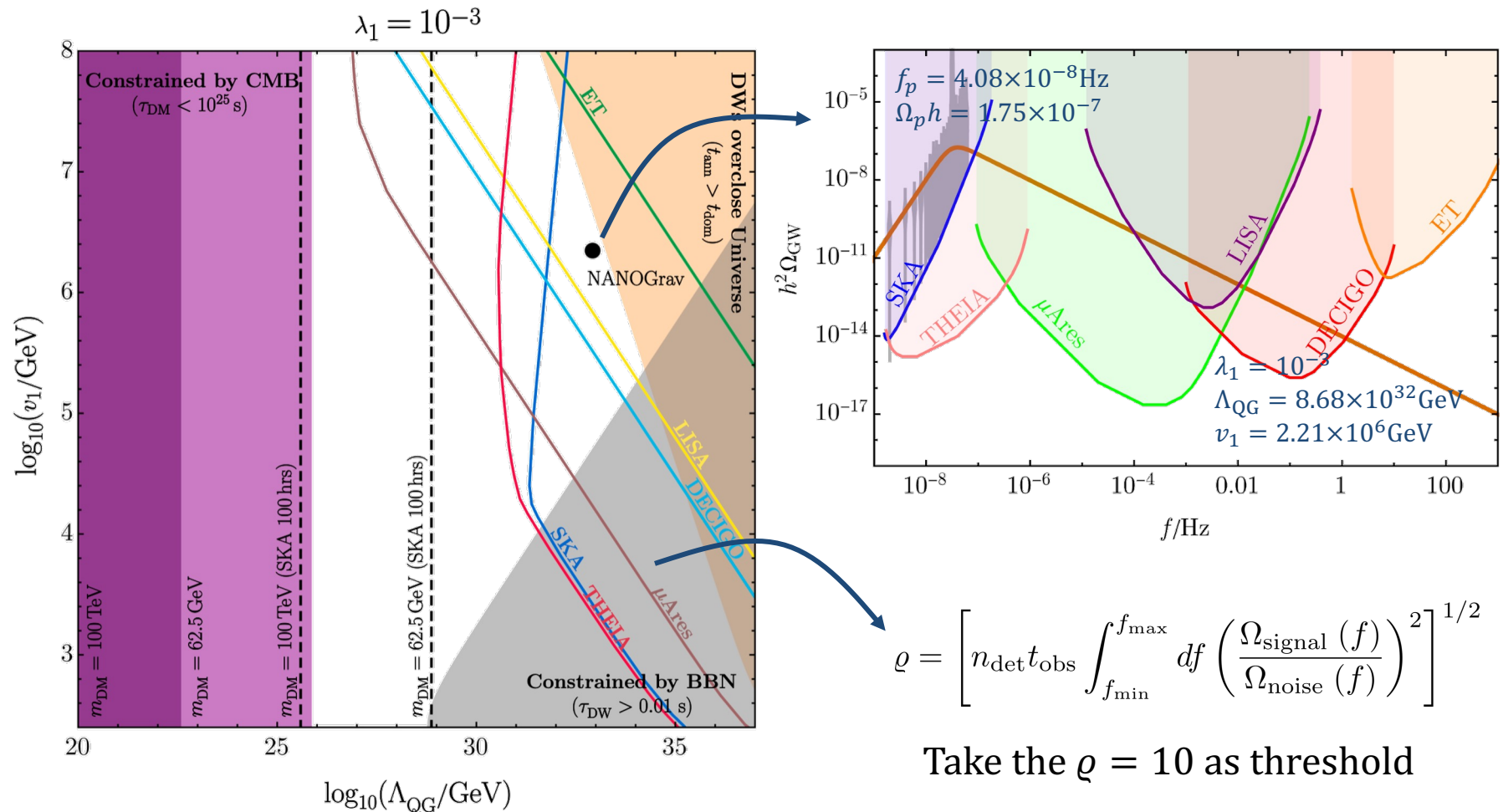
$$h^2 \Omega_{\text{GW}} = h^2 \Omega_p \frac{(a+b)^c}{(bx^{-a/c} + ax^{b/c})^c}$$

NANOGrav, Astrophys.J.Lett. 951 (2023) 1, L11

A minimalistic model with two singlet scalars



Combined constraints on quantum gravity scale



SF, RR, GW, **XW**, MY, PRD 109 (2024) 2, 024057

The fermionic dark matter case

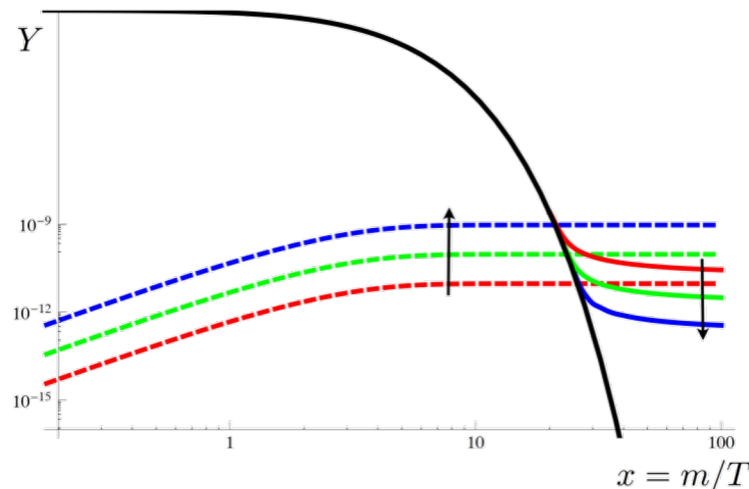


Freeze-in or freeze-out?

Consider fermionic FIMP Dark Matter

- ❖ DM never enters thermal equilibrium
- ❖ The initial abundance is negligible
- ❖ DM abundance slowly freeze-in

Bernal et al., Int. J. Mod. Phys. A 32 (2017) 1730023;
Fateme et al., JHEP 03, 048 (2015)



The model

One scalar + one fermion **S**: associated with Z_2^{DW} ; **χ** : associated with Z_2^{DM}

@ Dimension 5

$$\mathcal{L} = \frac{1}{\Lambda_{\text{FI}}} \bar{\chi} \chi S^2 + \frac{1}{\Lambda_{\text{FI}}} \bar{\chi} \chi H^\dagger H$$

$$\mathcal{L}_{\text{break}} = \frac{1}{\Lambda_{\text{QG}}} S \bar{\ell}_\alpha \tilde{H} \chi$$

SF, RR, GW, **XW**, MY, JCAP 05 (2024) 071

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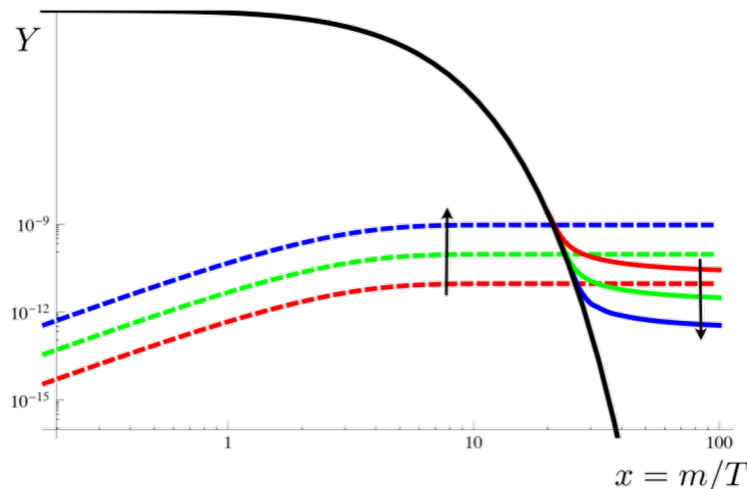


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Z_2 conserving

$$\mathcal{L}_{\text{break}} = \frac{1}{\Lambda_{\text{QG}}} S \bar{\ell}_\alpha \tilde{H} \chi$$

Freeze-in scenario

$$Y_{\text{DM}}^{\text{UV}} \simeq 3 \frac{180}{1.66 \times (2\pi)^7 g_*^S \sqrt{g_*^p}} \left(\frac{T_{\text{RH}} M_{\text{Pl}}}{\Lambda_{\text{FI}}^2} \right)$$

$$Y_{\text{DM}}^{\text{IR}} \simeq \frac{135 M_{\text{Pl}}}{1.66 \times 8\pi^3 g_*^S \sqrt{g_*^p}} \left(\frac{\Gamma_{s \rightarrow \chi\chi}}{m_s^2} + \frac{\Gamma_{h \rightarrow \chi\chi}}{m_h^2} \right)$$



Relic abundance

$$\Omega h^2 = 2.75 \times 10^8 \times \frac{m_{\text{DM}}}{\text{GeV}} (Y_{\text{DM}}^{\text{UV}} + Y_{\text{DM}}^{\text{IR}})$$

The fermionic dark matter case

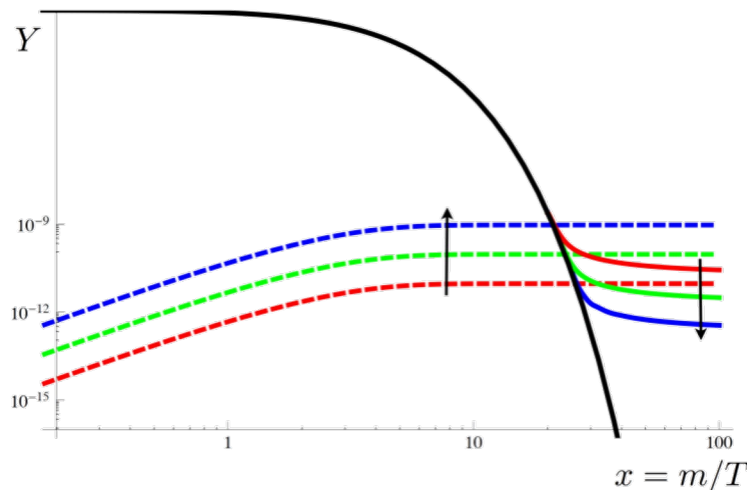


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$$\mathcal{L}_{\text{break}} = \frac{1}{\Lambda_{\text{QG}}} S \bar{\ell}_\alpha \tilde{H} \chi$$

Z_2 violating

Active-sterile mixing and indirect detection

$$\theta \simeq \sum_{i=1,2,3} \left(\frac{m_{D_i}}{m_{\text{DM}}} \right) = \left(\frac{3v_s v_h}{\sqrt{2}\Lambda_{\text{QG}}} \right) \frac{1}{m_{\text{DM}}}$$

X/ γ -ray

SKA

CMB

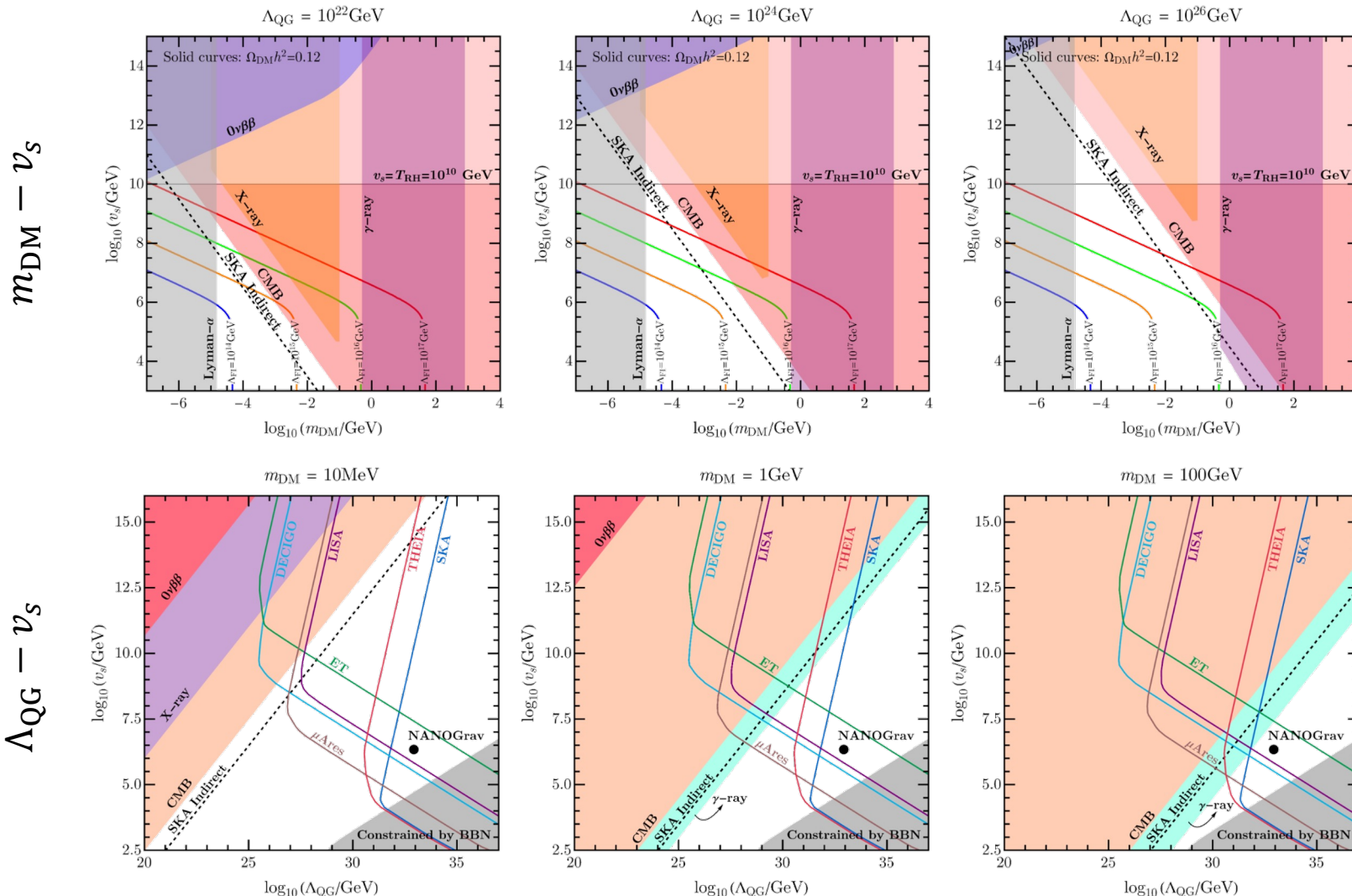
$0\nu\beta\beta$

The fermionic dark matter case



Combined results

SF, RR, GW, **XW**, MY, JCAP 05 (2024) 071

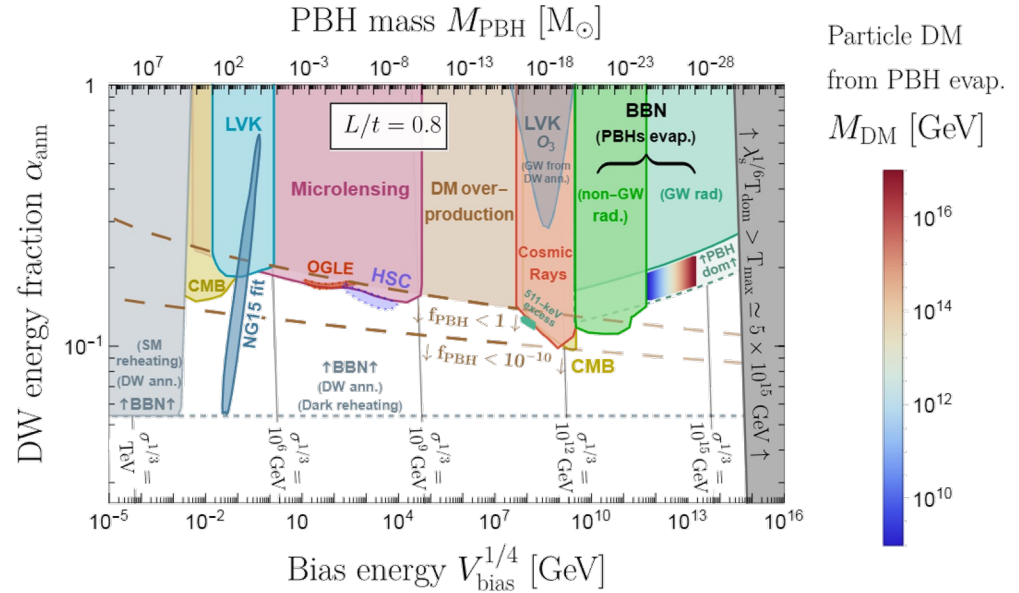
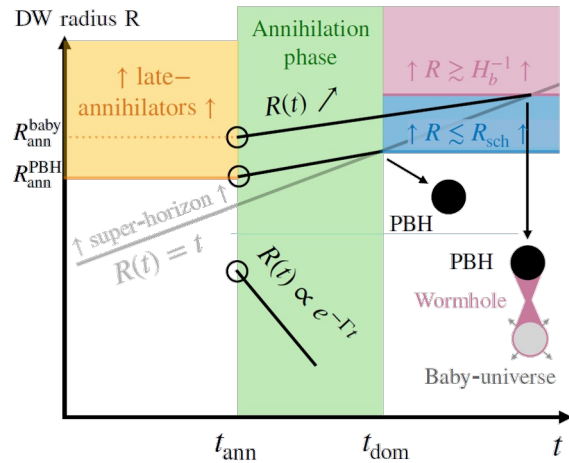


PBH from quantum gravity effects

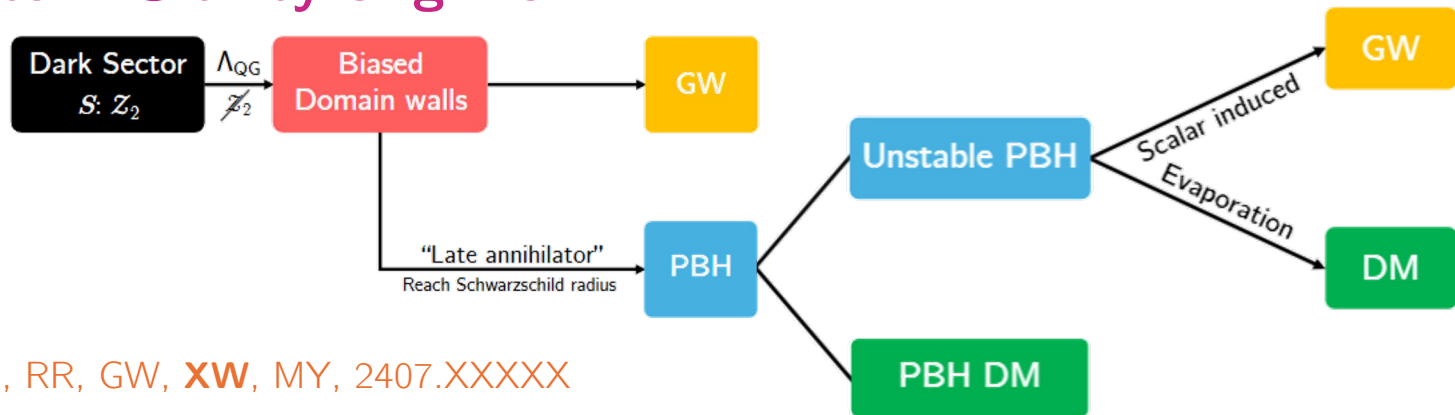


“Late annihilators” collapse into PBH

Yann & Edoardo, PRD 109, 12 (2024)



Quantum Gravity origin of PBH



YG, SF, RR, GW, **XW**, MY, 2407.XXXXX

PBH from quantum gravity effects



A simple model with one singlet under Z_2

YG, SF, RR, GW, **xw**, MY,
2407.XXXXX

Renormalizable: $V = \frac{\mu^2}{2} H^\dagger H + \frac{\lambda_h}{4} (H^\dagger H)^2 + \frac{\lambda_{hs}}{4} H^\dagger H S^2 + \frac{\lambda_s}{4} (S^2 - v_s^2)^2$

Dimension-5: $\Delta V = \frac{1}{\Lambda_{\text{QG}}} (\alpha_1 S^5 + \alpha_2 S^3 H^2 + \alpha_3 S H^4)$

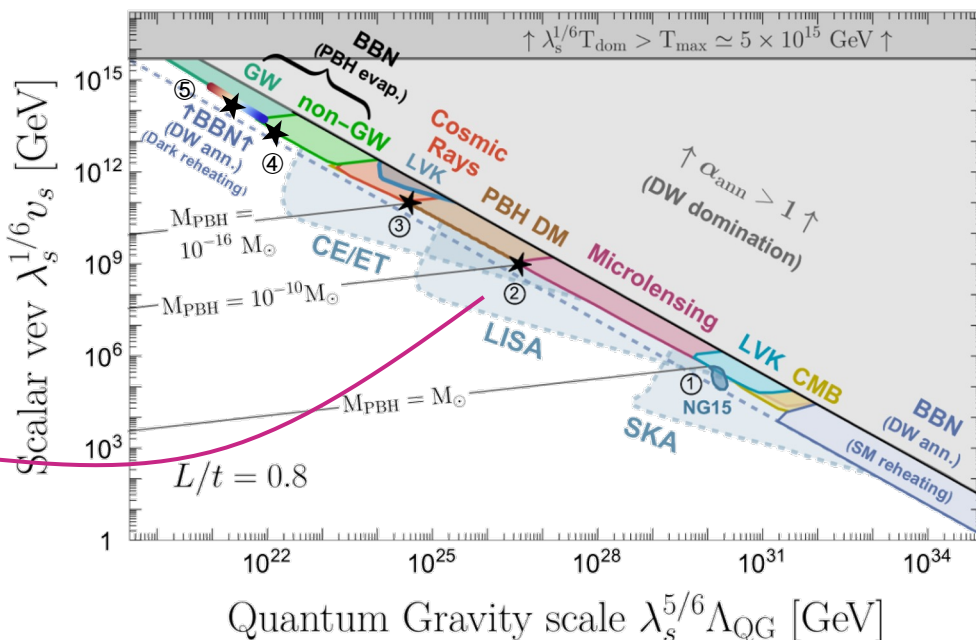
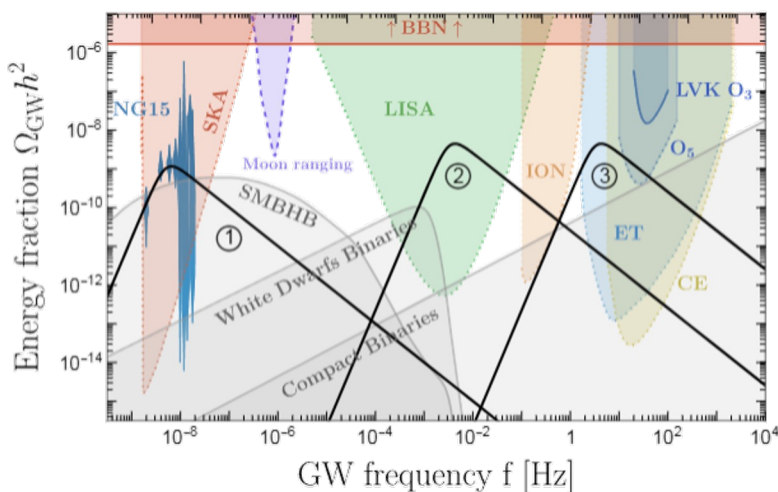
$$M = \underbrace{4\pi V_{\text{bias}} R^3 / 3}_{\text{Volume 25\%}} + \underbrace{4\pi\sigma\gamma R^2}_{\text{Surface 50\%}} - \underbrace{8\pi^2 G\sigma^2 R^3}_{\text{Gravitational 25\%}}$$

Schwarzschild condition

$$R_{\text{sc}}(t_{\text{PBH}}) = 2GM(t_{\text{PBH}})$$

$$M_{\text{PBH}} \simeq 14M_\odot \left(\frac{100 \text{ MeV}}{V_{\text{bias}}^{1/4}} \right)^2$$

Results



PBH from quantum gravity effects



A simple model with one singlet under Z_2

YG, SF, RR, GW, **xw**, MY,
2407.XXXXX

Renormalizable:
$$V = \frac{\mu^2}{2} H^\dagger H + \frac{\lambda_h}{4} (H^\dagger H)^2 + \frac{\lambda_{hs}}{4} H^\dagger H S^2 + \frac{\lambda_s}{4} (S^2 - v_s^2)^2$$

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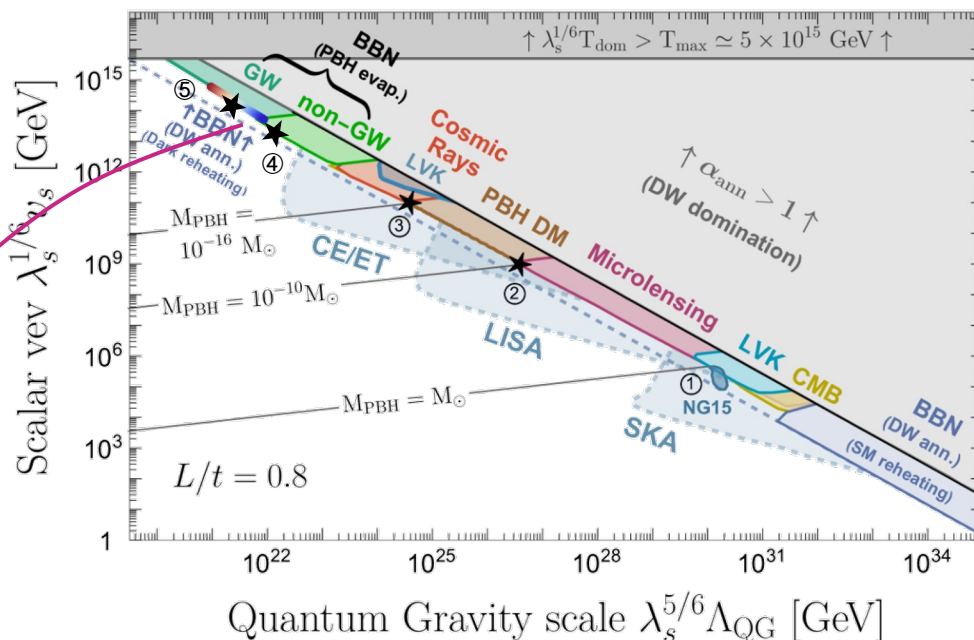
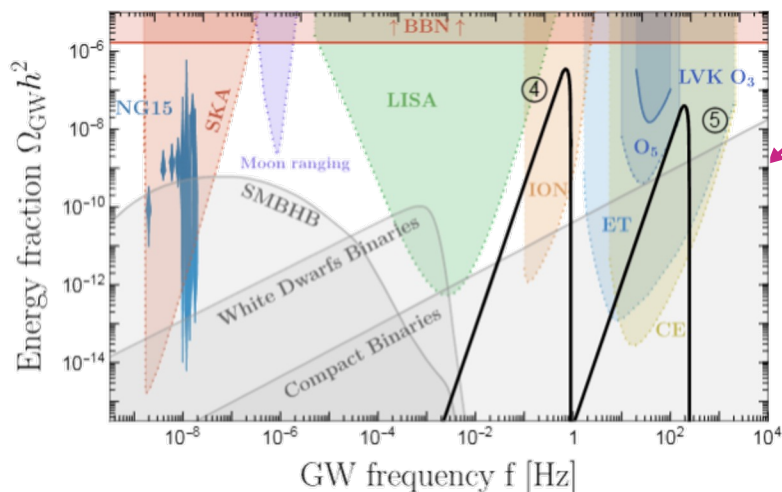
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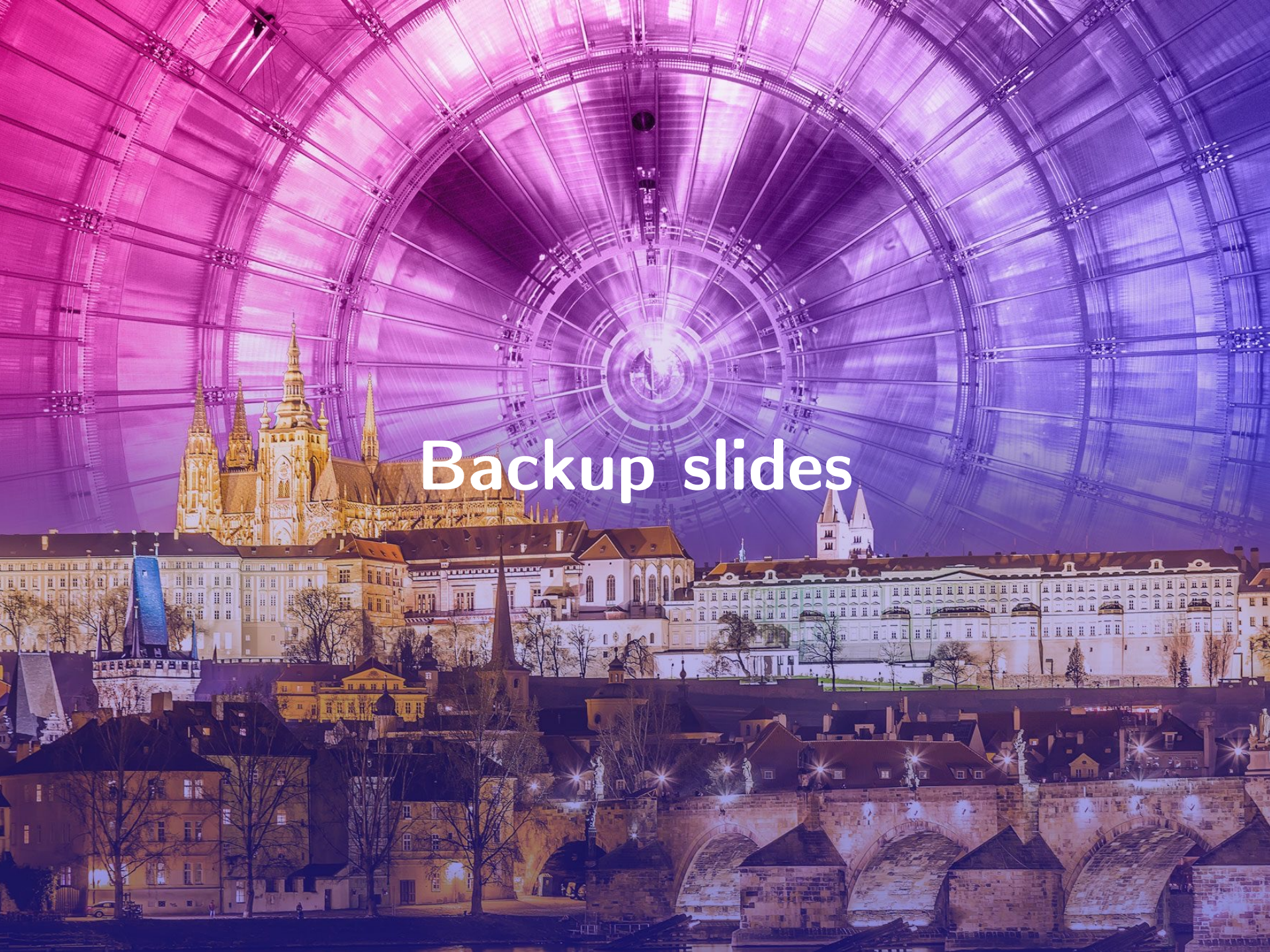
Results





- ❑ Quantum gravity effects could be the common origin of dark matter, gravitational waves and primordial black holes.
- ❑ The quantum gravity scale considered here is the combination of Planck scale and the suppression from non-perturbative instanton effects.
- ❑ Dark matter indirect detections and gravitational wave observations can be used to test the quantum gravity scale. The recent observations of a gravitational wave spectrum by PTA might be our first empirical information about quantum gravity.

Thank you!



Backup slides

Recent results reported by PTA projects



NANOGrav, 2306.16213, EPTA, 2306.16214,
PPTA, 2306.16215, CPTA, 2306.16216

Several PTA projects have reported positive evidence of a stochastic gravitational wave background.

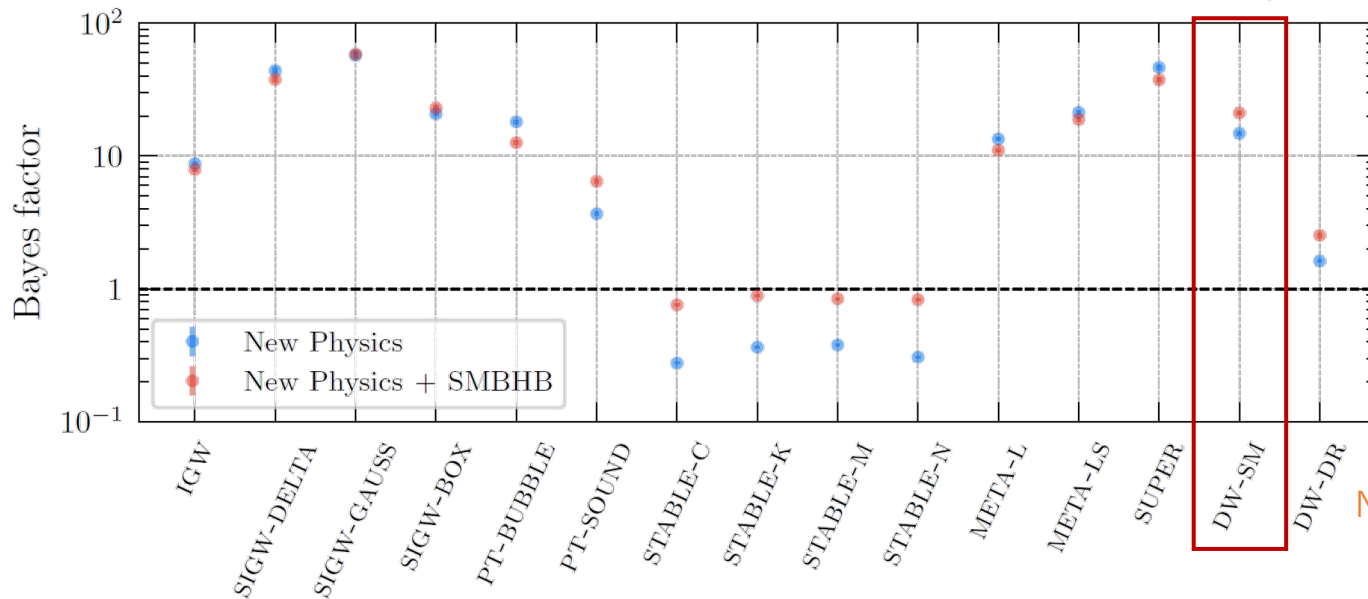
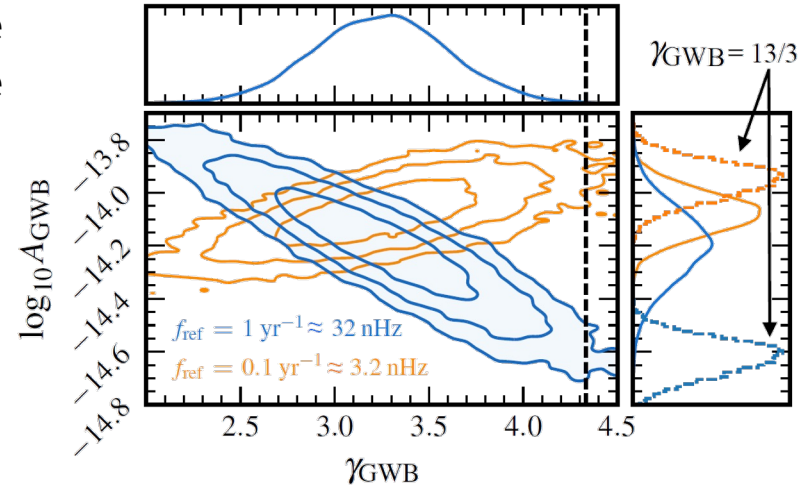
Nanograv ($f_{\text{rev}} = 1 \text{ yr}^{-1}$):

SMBHBs: $\gamma_{\text{GW}} = 13/3, A_{\text{GW}} \sim 2.4 \times 10^{-15}$

$$\Omega_{\text{GW}} \sim 9.3 \times 10^{-9}$$

Generic: $\gamma_{\text{GW}} \sim 3.2, A_{\text{GW}} \sim 6.4 \times 10^{-15}$

Bayes: 3σ
Frequentist: $3.5-4\sigma$



New physics explanations

NANOGrav, 2306.16219



Global symmetry can be broken by non-perturbative instanton effects.

Giddings & Strominger, NPB 306, 890 (1988)
Blumenhagen et al., NPB 771, 113 (2007)
Florea et al., JHEP 05, 024 (2007)

Quantum gravity effect becomes relevant at Planck length

Non-perturbative instanton effects $\mathcal{O}_5/\Lambda_{\text{QG}}$ is suppressed by $e^{-\mathcal{S}}$



Effective quantum gravity scale

$$\Lambda_{\text{QG}} \sim M_{\text{Pl}} e^{\mathcal{S}} \gg M_{\text{Pl}}$$

In general, scale of a global symmetry breaking can be much higher than the Planck scale.

Kamionkowski et al., PLB 282, 137 (1992)
Holman et al., PLB 282, 132 (1992)

For the discrete Z_2 symmetry we are considering:

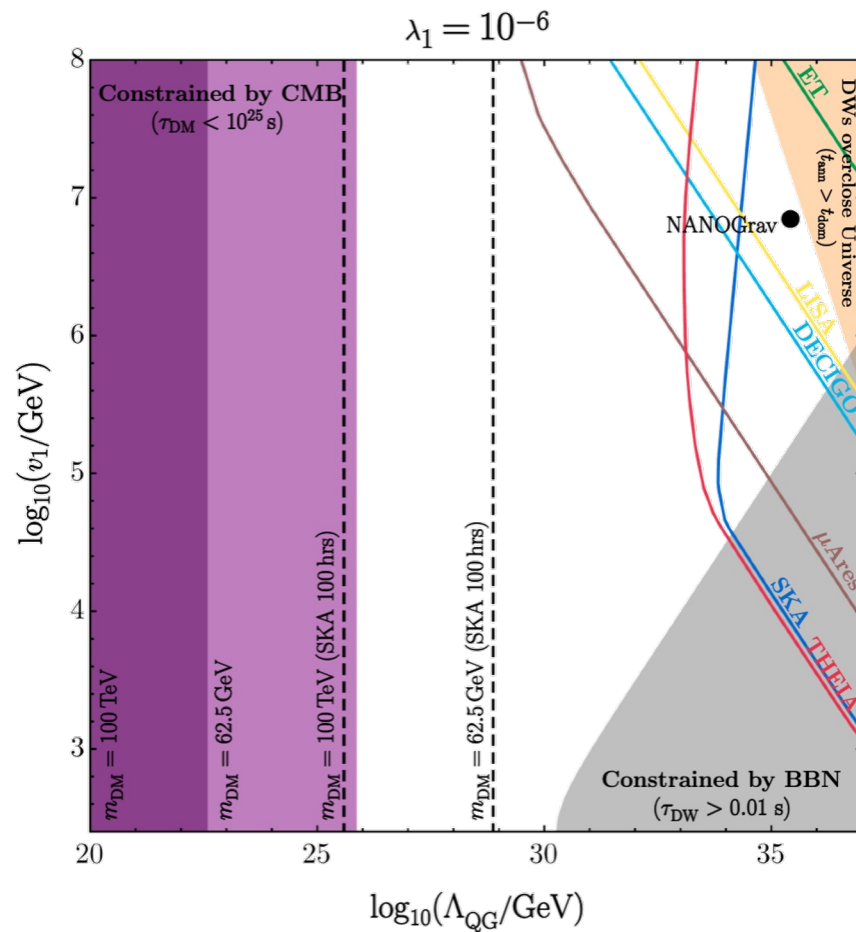
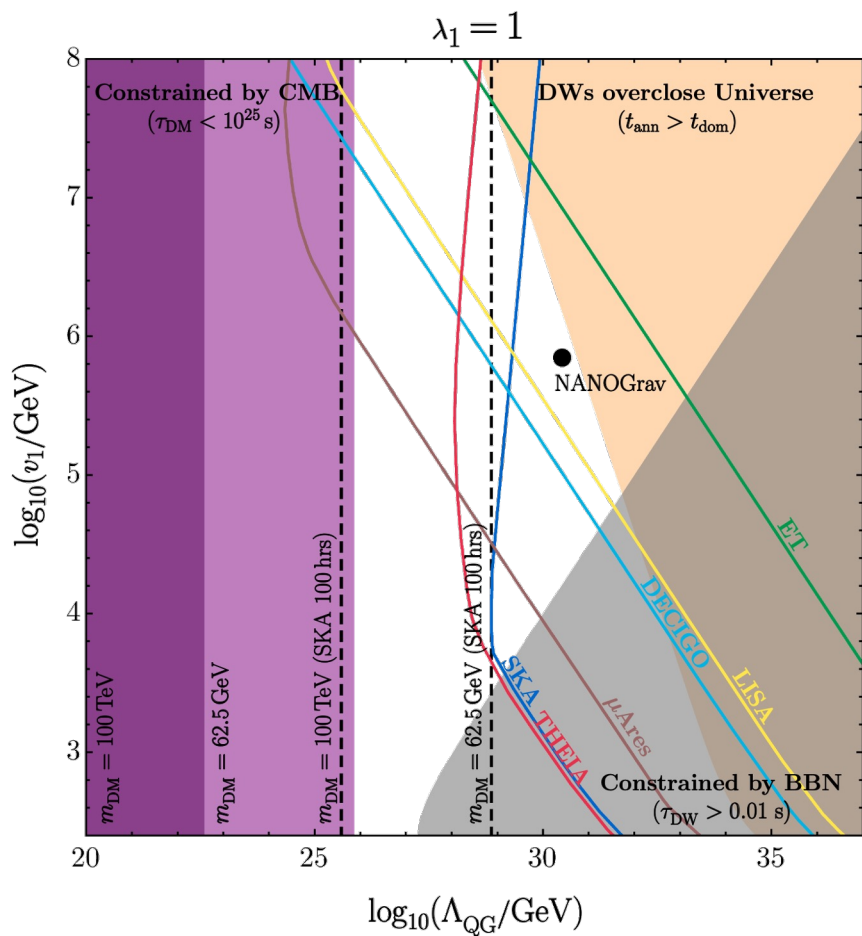
The size of the instanton action is $\mathcal{S} \sim \mathcal{O}(M_{\text{Pl}}^2/\Lambda_{\text{UV}}^2)$

Weak gravity conjecture requires $\Lambda_{\text{UV}} \lesssim M_{\text{Pl}}$ \longrightarrow $\mathcal{S} \sim \mathcal{O}(10)$

The range of the scale we are considering is $\Lambda_{\text{QG}} \sim (10^{20} \dots 10^{35}) \text{ GeV}$

Corresponding to $\mathcal{S} \sim (4 \dots 38)$

Different values of λ_1

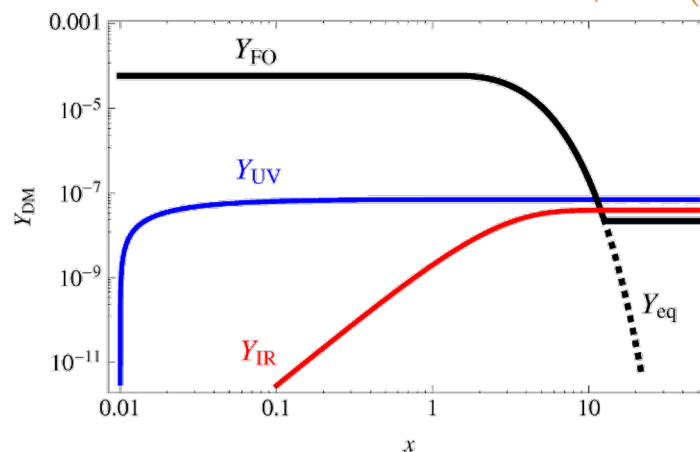
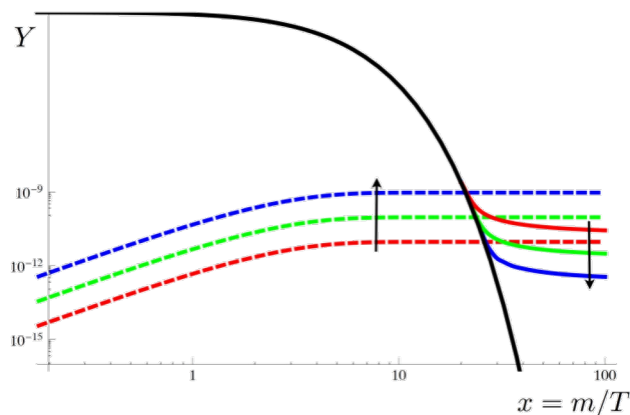


Freeze-in or freeze-out?



- ❑ Severe problems with fermionic WIMP-type DM.
- ❑ An alternative is the feebly-interacting massive particle (FIMP).
 - ❖ DM never enters thermal equilibrium with the SM bath
 - ❖ The initial abundance is negligible
 - ❖ DM abundance slowly freeze-in
- ❑ Two types of freeze-in scenarios:
 - ❖ IR freeze-in: renormalizable interaction between FIMP and SM bath
 - ❖ UV freeze-in: only non-renormalizable interaction

Fatemeh et al.,
JHEP 03, 048 (2015)





The DM can couple to the SM fields via active-sterile neutrino mixing

$$\mathcal{L}_{\text{break}} = \frac{1}{\Lambda_{\text{QG}}} S \bar{\ell}_\alpha \tilde{H} \chi \quad \longrightarrow \quad \text{Give rise to Dirac mass terms}$$

The mixing angle is approximately given by

$$\theta \simeq \sum_{i=1,2,3} \left(\frac{m_{D_i}}{m_{\text{DM}}} \right) = \left(\frac{3v_s v_h}{\sqrt{2}\Lambda_{\text{QG}}} \right) \frac{1}{m_{\text{DM}}}$$

Shrock, NPB 206, 359 (1982)

Essig et al., JHEP 11, 193 (2013)

The two-body radiative decay $\chi \rightarrow \nu\gamma$

$$\tau_{\chi \rightarrow \nu\gamma} \simeq \left(\frac{9\alpha_{\text{EM}} \sin^2 \theta}{1024\pi^4} G_F^2 m_{\text{DM}}^5 \right)^{-1} \simeq 1.8 \times 10^{17} \text{ s} \left(\frac{10 \text{ MeV}}{m_{\text{DM}}} \right)^5 \left(\frac{\sin \theta}{10^{-8}} \right)^{-2}$$

Indirect detection

- X/ γ -ray: Null detection of characteristic line can lead to a constraint
- CMB: Constraint from the observation of CMB power spectrum
- SKA: Detection of the radio signals
- $0\nu\beta\beta$: via the active-sterile mixing