## The Gravity of Particle Physics

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UV Implications for Low Energy Gravity CATCH22+2, May 5, 2024

#### The Gravity of Particle Physics (the Highland Program)



UV Implications for Low Energy Gravity CATCH22+2, May 5, 2024



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Yoga models 2111.07286 dS & inflation 2202.05344 Axiodilaton tests 2212.14870 Screening 2310.02092



Based on earlier work on ubiquity of accidental symmetries in EFTs for string vacua 2006.06694

### Outline

#### Can UV usefully inform tests of gravity? *EFTs & Decoupling More is different (against Horndeski)*

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Can UV usefully inform tests of gravity? *EFTs & Decoupling More is different (against Horndeski)* 

#### Two symmetries and a mechanism

Natural relaxation and DE

Cosmic surprises (Hubble tension, birefringence) Challenges (tests of GR & screening)

## EFTs & Decoupling An overview including some faults

## A Light-Scalar Surprise

Particle physicists usually argue that light scalar fields are NOT generic at low energies

A technically natural Dark Energy density makes them more likely rather than less likely

BUT we are likely looking for them in the wrong way (by doing so using eg Horndeski models).

What should the low-energy dynamics of gravitating scalars look like?

 $\mathcal{L}_W = -\sqrt{-g} \left[ v^4 U(\phi) + \frac{1}{2} M_p^2 R + \frac{1}{2} M_p^2 \mathcal{G}_{ab}(\phi) \partial_\mu \phi^a \partial^\mu \phi^b + c_2 R^2 + \cdots \right]$ 

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Zero derivative terms

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Two derivative terms

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Four derivative terms and so on

What should the low-energy dynamics of gravitating scalars look like?

$$\mathcal{L}_W = -\sqrt{-g} \left| v^4 U(\phi) + \frac{1}{2} M_p^2 R + \frac{1}{2} M_p^2 \mathcal{G}_{ab}(\phi) \partial_\mu \phi^a \partial^\mu \phi^b + c_2 R^2 + \cdots \right|$$

It is technically natural for v to be large, but we must keep  $v^2 = H M_p$ with  $H \ll M_p$  if the derivative expansion is to be valid (*the cc problem*)  $M_p^2 R_{\mu\nu} + M_p^2 \mathcal{G}_{ab}(\phi) \partial_\mu \phi^a \partial_\nu \phi^b + v^4 U(\phi) g_{\mu\nu} + \cdots = 0$ 

But small v also tends to suppress scalar masses  $M_p^2 \left[ \nabla^{\mu} \nabla_{\mu} \phi^a + \Gamma^a_{bc} \partial_{\mu} \phi^b \partial^{\mu} \phi^c \right] - v^4 \mathcal{G}^{ab} \partial_b U + \dots = 0$ 

If v is small and if U and  $G_{ab}$  are order

unity then the scalar mass is generically:

What should the low-energy dynamics of gravitating scalars look like?

 $|\mu \sim \frac{v^2}{M_n}|$ 

 $\mathcal{L}_W = -\sqrt{-g} \left[ v^4 U(\phi) + \frac{1}{2} M_p^2 R + \frac{1}{2} M_p^2 \mathcal{G}_{ab}(\phi) \partial_\mu \phi^a \partial^\mu \phi^b + c_2 R^2 + \cdots \right]$ 

In a world where it is understood why the cc problem is solved **any** gravitationally coupled scalar has a Hubble-scale mass!

astro-ph/0107573

Will now argue why the derivative expansion is *compulsory* if one works semiclassically (as everyone does)

 $\mathcal{L}_W = -\sqrt{-g} \left[ v^4 U(\phi) + \frac{1}{2} M_p^2 R + \frac{1}{2} M_p^2 \mathcal{G}_{ab}(\phi) \partial_\mu \phi^a \partial^\mu \phi^b + c_2 R^2 + \frac{c_3}{m^2} R^3 + \cdots \right]$ 

Will now argue why the derivative expansion is *compulsory* if one works semiclassically (as everyone does)

$$\mathcal{L}_{W} = -\sqrt{-g} \Big[ v^{4} U(\phi) + \frac{1}{2} M_{p}^{2} R + \frac{1}{2} M_{p}^{2} \mathcal{G}_{ab}(\phi) \partial_{\mu} \phi^{a} \partial^{\mu} \phi^{b} + c_{2} R^{2} + \frac{c_{3}}{m^{2}} R^{3} + \cdots \Big]$$

Evaluate a correlation function with *E* external lines, *L* loops and  $V_n$  vertices involving  $d_n$  derivatives with curvature *H* and external momenta k/a=H



Will now argue why the derivative expansion is *compulsory* if one works semiclassically (as everyone does)

$$\mathcal{L}_{W} = -\sqrt{-g} \left[ v^{4}U(\phi) + \frac{1}{2}M_{p}^{2}R + \frac{1}{2}M_{p}^{2}\mathcal{G}_{ab}(\phi)\partial_{\mu}\phi^{a}\partial^{\mu}\phi^{b} + c_{2}R^{2} + \frac{c_{3}}{m^{2}}R^{3} + \cdots \right]$$
Evaluate a correlation function with *E* external lines, *L* loops and *V<sub>n</sub>* vertices involving *d<sub>n</sub>* derivatives with curvature *H* and external momenta *k/a=H* 0902.4465
$$\mathcal{B}_{E}(H) \simeq M_{p} \left(\frac{H^{2}}{M_{p}}\right)^{E-1} \left(\frac{H}{4\pi M_{p}}\right)^{2L}$$

$$\times \prod_{d_{n} \geq 4} \left[ \left(\frac{H}{M_{p}}\right)^{2} \left(\frac{H}{m}\right)^{d_{n}-4} \right]^{V_{n}} \prod_{d_{n} = 0} \left(\frac{v^{4}}{H^{2}M_{p}^{2}}\right)^{V_{n}}$$

This shows what controls semiclassical perturbation theory

$$\mathcal{B}_{E}(H) \simeq M_{p} \left(\frac{H^{2}}{M_{p}}\right)^{E-1} \left(\frac{H}{4\pi M_{p}}\right)^{2L} \times \prod_{d_{n} \geq 4} \left[ \left(\frac{H}{M_{p}}\right)^{2} \left(\frac{H}{m}\right)^{d_{n}-4} \right]^{V_{n}} \prod_{d_{n}=0} \left(\frac{v^{4}}{H^{2}M_{p}^{2}}\right)^{V_{n}} \times \left[ \text{Each loop costs:} \left(\frac{H}{4\pi M_{p}}\right)^{2} \right]^{2L}$$

The semiclassical approximation *relies* on the derivative expansion

This shows what controls semiclassical perturbation theory

$$\mathcal{B}_{E}(H) \simeq M_{p} \left(\frac{H^{2}}{M_{p}}\right)^{E-1} \left(\frac{H}{4\pi M_{p}}\right)^{2L} \times \left(\prod_{d_{n} \geq 4} \left[\left(\frac{H}{M_{p}}\right)^{2} \left(\frac{H}{m}\right)^{d_{n}-4}\right]^{V_{n}} \prod_{d_{n}=0} \left(\frac{v^{4}}{H^{2}M_{p}^{2}}\right)^{V_{n}} \right]$$
Each higher-derivative interaction costs an *additional*: 
$$\left(\frac{H}{M_{p}}\right)^{2} \left(\frac{H}{m}\right)^{d_{n}-4}$$

4- and higher-derivative interactions are *always* suppressed at low energies when the semiclassical approximation is under control

This shows what controls semiclassical perturbation theory

$$\mathcal{B}_{E}(H) \simeq M_{p} \left(\frac{H^{2}}{M_{p}}\right)^{E-1} \left(\frac{H}{4\pi M_{p}}\right)^{2L} \times \prod_{d_{n} \geq 4} \left[\left(\frac{H}{M_{p}}\right)^{2} \left(\frac{H}{m}\right)^{d_{n}-4}\right]^{V_{p}} \prod_{d_{n}=0} \left(\frac{v^{4}}{H^{2}M_{p}^{2}}\right)^{V_{n}}$$

Each zero-derivative interaction *amplifies* by an *additional*:

 $\frac{v^4}{H^2 M_p^2}$ 

This generically undermines the derivative expansion (and semiclassical control)

It need not be a problem **if**  $v^2 = HM_p$  or smaller

This shows what controls semiclassical perturbation theory

$$\mathcal{B}_{E}(H) \simeq M_{p} \left(\frac{H^{2}}{M_{p}}\right)^{E-1} \left(\frac{H}{4\pi M_{p}}\right)^{2L} \times \prod_{d_{n} \geq 4} \left[\left(\frac{H}{M_{p}}\right)^{2} \left(\frac{H}{m}\right)^{d_{n}-4}\right]^{V_{n}} \prod_{d_{n}=0} \left(\frac{v^{4}}{H^{2}M_{p}^{2}}\right)^{V_{n}}$$

There is *no penalty* for fields being large

This is why trans-Planckian field excursions need not be a problem

This shows what controls semiclassical perturbation theory

$$\mathcal{B}_E(H) \simeq M_p \left(\frac{H^2}{M_p}\right)^{E-1} \left(\frac{H}{4\pi M_p}\right)^{2L} \\ \times \prod_{d_n \ge 4} \left[ \left(\frac{H}{M_p}\right)^2 \left(\frac{H}{m}\right)^{d_n - 4} \right]^{V_n} \prod_{d_n = 0} \left(\frac{v^4}{H^2 M_p^2}\right)^{V_n}$$

There is *no penalty* for 2-derivative terms

This is why GR nonlinearities cannot be neglected at low energies

It also shows that 2-derivative scalar interactions scale the same as does GR (and are similar in size when  $f = M_p$ )

We should expect two-derivative scalar self-interactions to compete with GR for any scalars light enough to be relevant to cosmology

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#### BAD NEWS

Almost all efforts at testing scalar-tensor theories for simplicity specialize to a single scalar

Two-derivative interactions can be removed using a field redefinition if the metric  $G_{ab}$  is flat

For all single-field models the metric  $G_{ab}$  is flat

This is why it seems so difficult to get single-scalar (eg Horndeski models) to be competitive with gravity at low energies

#### Adventure Sports Magazine

## Clues from the UV

Accidental Symmetries (Scaling the Landscape)

#### **UV Strategies**

What *can* be learned from UV completions to gravity?

Some things seem common:

Garden-variety low-spin fields (spins 0,1/2,1,3/2) and possibly extra dimensions (only down to eV energies)

Often find accidental approximate symmetries and these can lead to light fields (axions, dilatons, and often many of them)

Supersymmetry present but broken

*Will argue: surprising progress on cc and other unexpectedly rich IR limit (well-motivated candidates when testing GR)* 

#### Supersymmetry of the gravity sector

How can supersymmetry play a role at low energies when LHC finds no evidence for supersymmetry?



#### Supersymmetry of the gravity sector

How can supersymmetry play a role at low energies when LHC finds no evidence for supersymmetry?



Should expect gravity sector to be more supersymmetric at low energies than particle physics sector

We now know how to couple supergravity to matter that is not supersymmetric

> Komargodsky & Seiberg 09 Bergshoeff et al 15 Dallagata & Farakos 15 Schillo et al 15 Antoniadis et al 21 Dudas et al 21

Supersymmetry of the gravity sector

Why should it matter if gravity is supersymmetric when the SM sector is not supersymmetric anyway?

> Auxiliary fields are important in the low-energy scalar potential (and so also for naturalness arguments)

Non-propagating – topological – fields play similarly important roles in eg Quantum Hall systems.

Auxiliary fields similarly start life as topological fields in higher dimensions within string theory.

> Bielleman, Ibanez & Valenzuela 15 1509.04209

#### Semiclassical Scaling Symmetries

Allows more traditional EFT approach to rarity of inflationary solutions in string theory: it is a reflection of robust low-energy 'symmetries'?

2006.06694

$$g_{\mu\nu} \to \lambda \, g_{\mu\nu}$$

$$\Phi \to \lambda^s \, \Phi$$

$$\mathscr{L} \to \lambda^p \mathscr{L}$$

String theory has no parameters so all perturbative expansions are in powers of fields  $\mathscr{L} = \sum f_{mn} \, \Phi^m \, \Psi^n$ mn $\Phi \to \lambda^p \Phi \quad \Psi \to \lambda^q \Psi$  $\mathscr{L}_{mn} \to \lambda^{mp+nq} \mathscr{L}_{mn}$ 

Accidental Scaling enforces V = 0 (so fights dS)

Does so despite symmetry being spontaneously broken!

$$V(\lambda^p \Psi) = \lambda^w V(\Psi)$$



$$\sum_{i} p_{i} \phi^{i} \left( \frac{\partial V}{\partial \phi^{i}} \right) = wV(\phi)$$
  
if  $\frac{\partial V}{\partial \phi^{i}} = 0$  then<sup>\*</sup>  $V = 0$ 

#### Must quantify effects due to explicit symmetry breaking



Peccei et al 87 Wetterich 88 Weinberg 89

$$p_{j}\frac{\partial V}{\partial \phi^{j}} + \sum_{i} p_{i}\phi^{i}\frac{\partial^{2}V}{\partial \phi^{i}\partial \phi^{j}} = w\frac{\partial V}{\partial \phi^{j}}$$
  
if  $\phi^{i} = 0$  then<sup>\*</sup>  $\frac{\partial V}{\partial \phi^{i}} = 0$ 

arXiv:2006.06694

#### Scaling and 4D Supersymmetry

4D susy specified by functions  $K(z,z^*), W(z), f_{ab}(z)$ 

Scale invariance implies rules for how *W*,  $f_{ab}$  and  $e^{-K/3}$  scale as the fields *z* scale

$$\begin{split} \mathscr{L} &= \int \mathrm{d}^4 \theta \ \overline{\Phi} \ \Phi \ e^{-K/3} \\ &+ \int \mathrm{d}^2 \theta \Big[ \Phi^3 W + f_{ab} \overline{\mathscr{F}}{}^a \mathscr{F}{}^b \Big] + \mathrm{C.C.} \end{split}$$

$$\mathscr{L}_{kin} = -\sqrt{-g} K_{i\bar{j}} \partial_{\mu} z^{i} \partial^{\mu} \bar{z}^{j}$$
$$V(z, \bar{z}) = e^{K} \left[ K^{i\bar{j}} D_{i} W \overline{D_{j} W} - 3 |W|^{2} \right]$$
$$D_{i} W = W_{i} + K_{i} W$$

#### Scaling and 4D Supersymmetry

if 
$$z^i \rightarrow \lambda z^i$$
 implies  $e^{-K/3} \rightarrow \lambda e^{-K/3}$   
then  $K^{i\bar{j}}K_iK_{\bar{j}} = 3$   
'no-scale' model

if 
$$W_i = 0$$
 then  

$$V = e^K \left[ K^{i\bar{j}} K_i K_{\bar{j}} - 3 \right] |W|^2 = 0$$

$$D_i W = W_i + K_i W = K_i W \neq 0$$

Special things happen if  $e^{-K/3}$  is homogeneous degree 1:

Sufficient condition for flat direction along which susy breaks 0811.1503

*No-Scale supergravity:* scalar potential has a flat direction along which susy breaks

Cremmer et al 83 Barbieri et al 85

#### Scaling and 4D Supersymmetry

Scale invariance is *sufficient* for no-scale supergravity, but is *not necessary*.

$$e^{-K/3} = T + T^* + f(z, z^*)$$

No-scale condition is sufficient for flat directions, but is also not necessary



2006.06694

#### Symmetry Insights into rarity of dS solutions

Supersymmetry (especially of the gravity sector)

Rigid scaling symmetries

Usual approach (for which dS is hard to obtain): SCALE BREAKING >> susy breaking KKLT 03 LVS 05

More promising approach: SUSY BREAKING >> scale breaking

2202.05344

#### Symmetry Insights into rarity of dS solutions

Berg, Haack & Kors 05 Berg, Haack & Pajer 07 Cicoli, Conlon & Quevedo 08



#### Symmetry Insights into rarity of dS solutions

Supersymmetry (especially of the gravity sector)

Rigid scaling symmetries

# *Yoga Models: low-energy EFT exploiting this mechanism* 2111.07286

Expand in inverse powers of very large dilaton field τ Imagine gravity sector (including dilaton) is more supersymmetric than the SM sector <u>All</u>ows a relaxation mechanism

# Yoga Models SM fields and natural relaxation

#### An example Low-energy framework

Low-energy dynamics involves matter coupled to gravity and axio-dilaton (plus possible relaxon field)

axio-dilaton:  $T = \tau + i a$ 

$$\begin{aligned} \mathcal{L}_{\rm ad} &\sim M_p^2 \left[ \mathcal{R} + \frac{(\partial \tau)^2 + (\partial a)^2}{\tau^2} \right] + V(\tau) + \mathcal{L}_m(\tilde{g}_{\mu\nu}, \psi) \\ \tilde{g}_{\mu\nu} &= e^{-K/3} g_{\mu\nu} \simeq \frac{g_{\mu\nu}}{\tau} \\ m_{sm} &\propto \frac{M_p}{\sqrt{\tau}} \qquad m_\nu \propto \frac{M_p}{\tau} \end{aligned} \qquad \begin{aligned} \text{This works if} \\ \tau_{\min} &\sim 10^{28} \end{aligned}$$

Yoga Models 2111.07286 2212.14870

Yoga Models 2111.07286 2212.14870

#### Scalar Potential

$$V(\tau) \simeq M_p^4 \left[ \frac{w_X^2}{\tau^2} + \frac{Aw_X}{\tau^3} + \frac{B}{\tau^4} + \cdots \right]$$
  
$$w_X, A, B \text{ functions of other fields and } \ln \tau$$

Yoga Models 2111.07286 2212.14870

$$V(\tau) \simeq M_p^4 \left[ \frac{w_x^2}{\tau^2} + \frac{Aw_x}{\tau^3} + \frac{B}{\tau^4} + \cdots \right]$$
$$\mathcal{O}(m_{sm}^4) \quad \text{NOT SMALL, BUT POSITIVE}$$
$$m_{sm} \propto \frac{M_p}{\pi}$$

$$n_{sm} \propto rac{\kappa}{\sqrt{7}}$$

Yoga Models 2111.07286 2212.14870

$$V(\tau) \simeq M_p^4 \left[ \frac{w_X^2}{\tau^2} + \frac{Aw_X}{\tau^3} + \frac{B}{\tau^4} + \cdots \right]$$

Introduce 'relaxation' field that seeks minimum of w<sub>x</sub> terms

$$V(\tau) \simeq \frac{M_p^4}{\tau^4} U(\ln \tau)$$

$$V(\tau) \simeq \frac{M_p^4}{\tau^4} U(\ln \tau)$$

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 $\ln au_{
m min} \sim 65$  $au_{
m min} \sim 10^{28}$ 1/ au expansion still under control



 $V(\tau) \simeq \frac{M_p^4}{\tau^4} U(\ln \tau)$ 

Yoga Models 2111.07286 2212.14870

 $V_{\min} \propto \frac{M_p^4}{\tau_{\min}^4} \propto \left(\frac{m_{sm}^2}{M_n}\right)^4$  $m_{sm} \propto \frac{M_p}{\sqrt{ au}}$ 

$$V(\tau) \simeq \frac{M_p^4}{\tau^4} U(\ln \tau)$$

$$V_{\min} \sim \frac{\epsilon^5}{\tau_{\min}} F^* F \qquad F > (10 \text{ TeV})^2$$
$$\epsilon \sim 1/(\log \tau_{\min})$$

Out of the box:  $V_{min} = 10^{-91} M_p^4$  (not quite 10<sup>-120</sup>, but...)

#### Many tantalizing low-energy implications

Yoga Models 2111.07286 2212.14870

Best models of inflation (goldstone boson agreeing with data)1603.067892202.05344

*Novel late-time cosmology (axion birefringence; H0 tension;...)* 

Requires UV completion at eV scales, and match there to Supersymmetric Large Extra-Dimension models

Possible implications for colliders (resemble SLED) ph/0404135 (MSLED) ph/0401125 (Higgs) ph/0508156 (neutrinos) and more

Biggest current challenge: tests of GR (new screening mechanisms) 2310.02092

# Conclusions

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## Conclusions

High road to UV properties can be predictive But it is robust properties like accidental scale invariance and supersymmetric gravity sector that are informative

Remarkably rich physics possible at very low energies EFT arguments are restrictive but not prohibitive for predicting things to be tested in GW (and other gravity) tests

#### Much to explore

2-derivative interactions & multi-scalar models are an opportunity GW and other GR tests can probe physics well-motivated by UV completions & strongly constrain approaches to the cc problem

## Thanks for your time & attention!



## Extra Slides

## Relevance to inflation

Two kinds of low-energy pseudo-Goldstone bosons with which to build technically natural inflationary string potentials, one class of which arises due to approximate scale invariances

Axions

Dilatons



Freese et.al. 90; Kachru et.al. 03; Silverstein & Westphal 08 and more

But: need  $f \gg M_p$  disfavoured by data

#### Axions

#### Dilatons



#### Planck collaboration

AxionsDilatonsScaling inflationary models• Fibre moduli are ubiquitous• F. mod have protected masses $V(a) = A - B e^{-alf}$ 

Goncharov & Linde 84; Kallosh & Linde 13 & 15 hep-th/0111025; 0808.0691; 1603.06789 need  $f \simeq M_p$ loved by data predicts  $r \simeq (n_s - 1)^2$ 

# Practical consequences for inflationary models

Axions

#### Dilatons



Planck collaboration

#### All This and More!

For microscopic inflationary models allows progress on the eta problem in *two* ways:

because of use of K for modulus stabilization

because flatness of potential is due to large field and not small parameter