# Contributions to $N_{\rm eff}$ from freeze-in production of light relics

#### Based on arXiv:2405.xxxxx with Luca Caloni, M. Lattanzi, M. Gerbino









Istituto Nazionale di Fisica Nucleare Sezione di Ferrara Freeze-in vs. freeze-out

## Contributions to $N_{\rm eff}$ from light relics in equilibrium



Figure: • arXiv:2203.07943

CATCH22+2

Freeze-in vs. freeze-out

# Boltzmann equation for tracking out-of-equilibrium species

$$\frac{dY_{\phi}}{d\log x} = \left(1 - \frac{1}{3}\frac{d\log g_{*s}}{d\log x}\right)\frac{\Gamma_{\phi}(x)}{H(x)}\left[Y_{\phi}^{\mathrm{eq}} - \left(\frac{Y_{\phi}}{Y_{\phi}^{\mathrm{eq}}}\right)^{\ell-1}Y_{\phi}\right]$$



#### Axion-like particles

# Thermal ALP production through the Primakoff effect



#### Axion-like particles

#### ALP freeze-in probed by next-generation CMB observations



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Axion-like particles

# Need $T_{\rm reh} \gtrsim 10 \, {\rm TeV}$ for $g_{a\gamma}$ below lab and astro constraints



**Right-handed neutrinos** 

# UV freeze-in production of light $\nu_R$ in gauged B - L model



**Right-handed neutrinos** 

#### Next-gen CMB observations probe UV freeze-in of $\nu_R$

 $M_{Z'} = 1 \text{ TeV}$ 



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**Right-handed neutrinos** 

#### $\Delta N_{\rm eff}$ sensitive to larger $M_{Z'}$ and smaller g' than colliders



Conclusions and outlook

# UV freeze-in of light relics is a target for CMB experiments



#### Sensitivity depends on scenario, ${\it T}_{\rm reh}$

- $g_{a\gamma} \lesssim \mathrm{Planck}/100$  for ALPs produced at  $T_{\mathrm{reh}} \gtrsim 1 \,\mathrm{TeV}$
- $g' \lesssim {
  m Planck}/3$  for  $u_R$  with  $T_{
  m reh} \sim 1 \,{
  m GeV}$  and  $M_{Z'} \gtrsim 5 \,{
  m TeV}$
- $g' \lesssim {
  m ATLAS}/{
  m 10}$  for  $u_R$  with  $alpha_{
  m reh} \sim 60 \,{
  m GeV}$  and  $M_{Z'} \simeq 2 \,{
  m TeV}$

#### More light relics and BSM scenarios

- Massless dark photons
- $f\bar{f} \rightarrow \nu_R \bar{\nu}_R$  induced by  $\langle r_{\nu}^2 \rangle_R$
- Production through decays requires more detailed treatment

#### Next-gen CMB observations probe UV freeze-in of $\nu_R$



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