

# Neutrinoless Double- Beta Decay

Julieta Gruszko

UNC Chapel Hill and TUNL

The Future of High Energy Physics: A New Generation, A New Vision

March 27, 2024

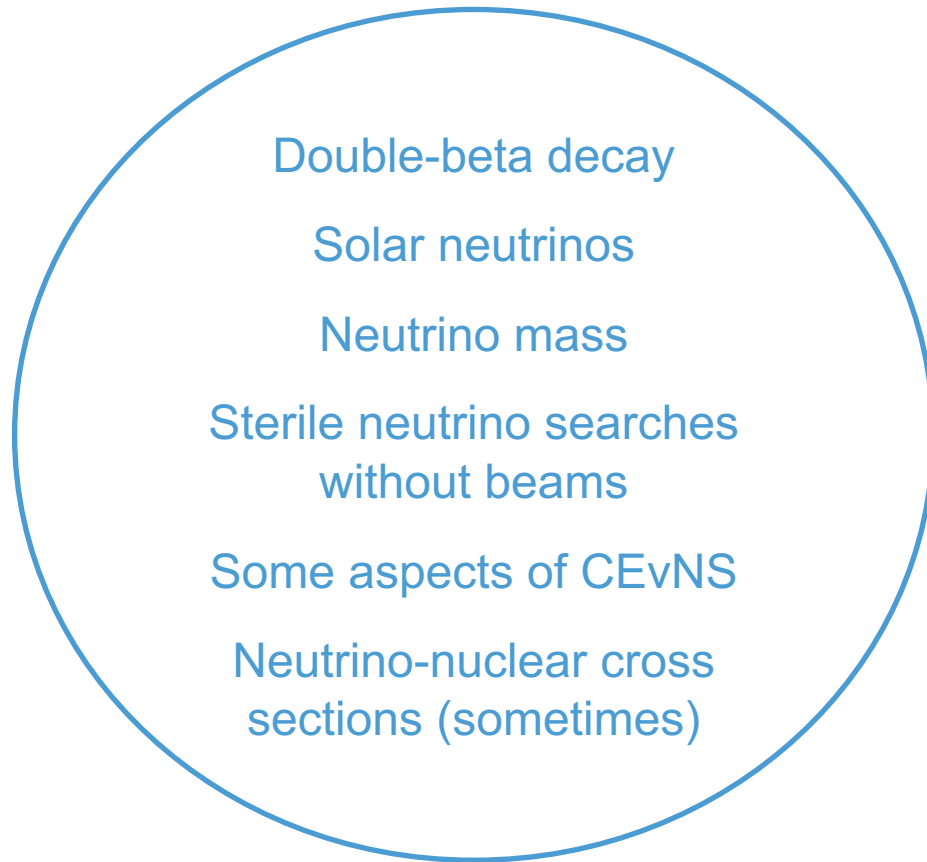


THE UNIVERSITY  
*of* NORTH CAROLINA  
*at* CHAPEL HILL

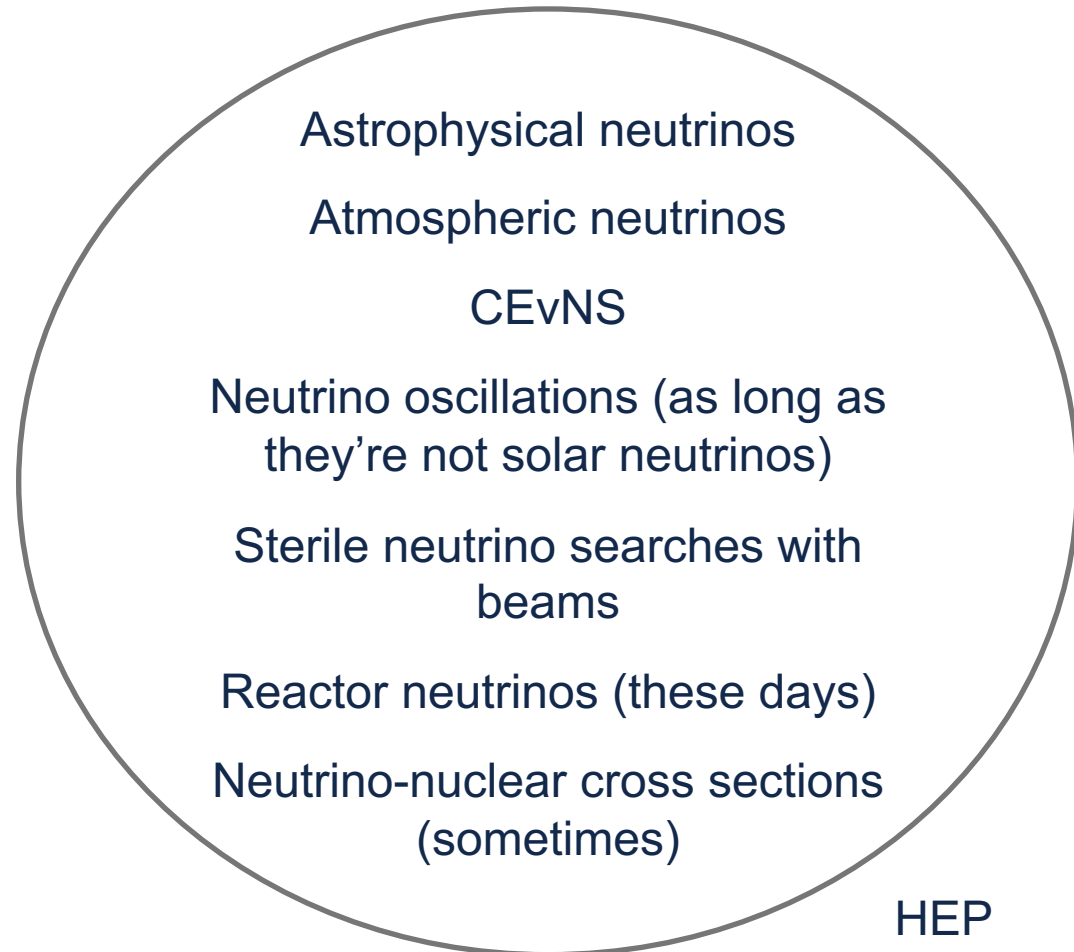


# The Funding Agency Perspective

---



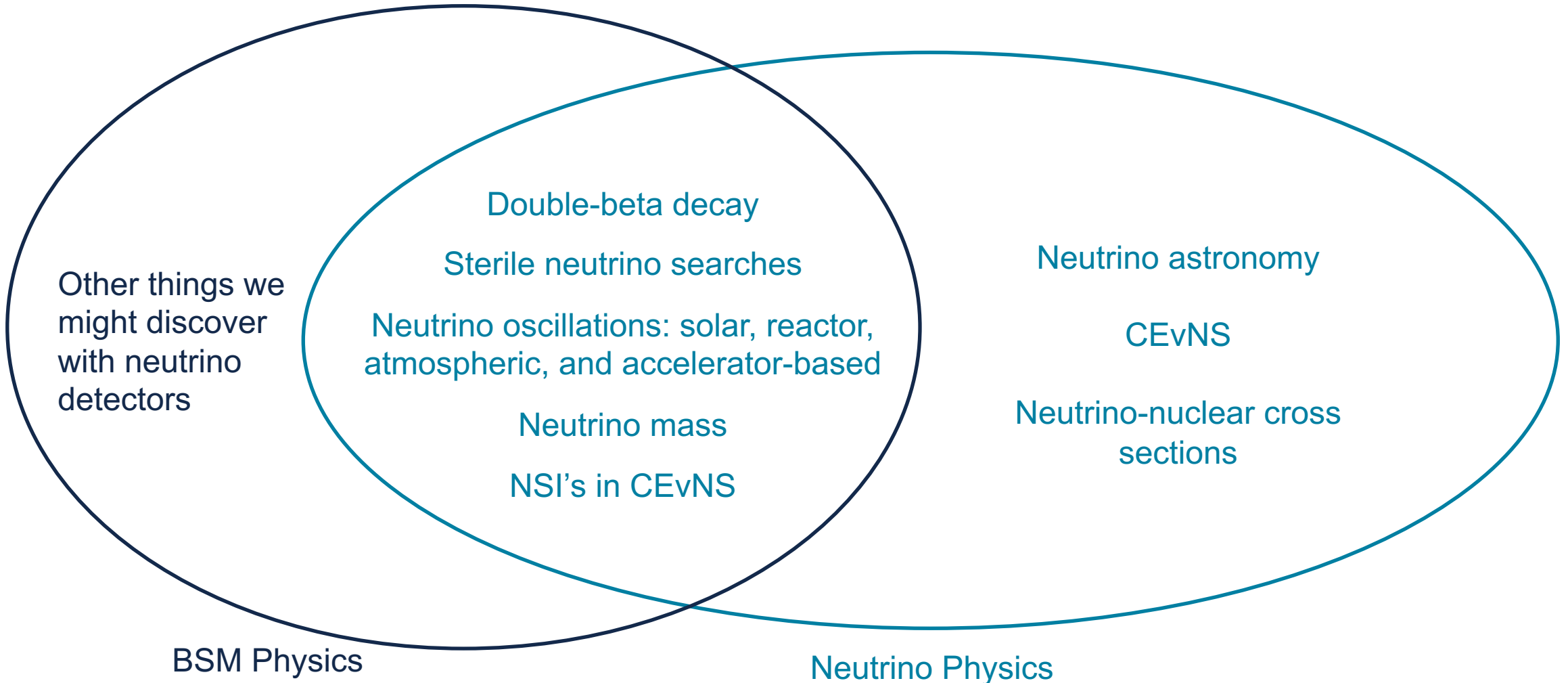
Nuclear Physics



HEP

# The Physicist's Perspective

---



# Exploring the Quantum Universe

# Pathways to Innovation and Discovery in Particle Physics

DRAFT Report of the 2023 Particle Physics Project Prioritization Panel

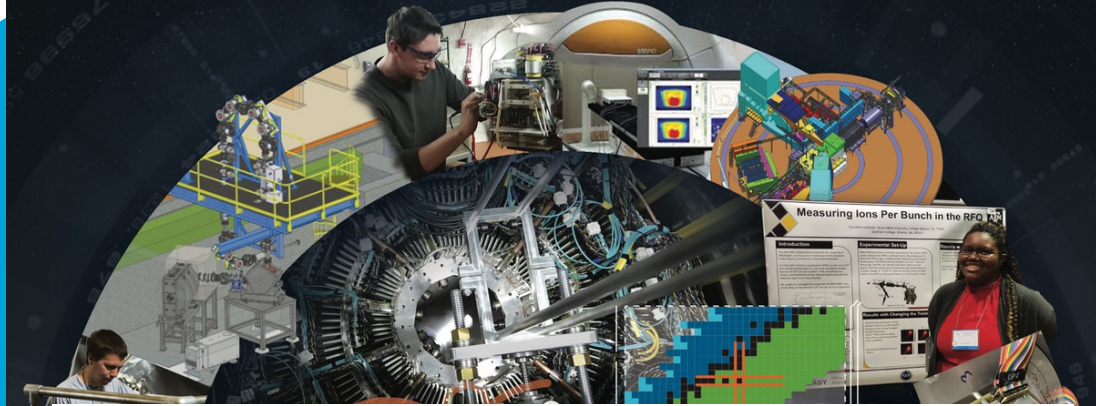
## 3.1.5 – Interplay with Other Measurements of Neutrino Properties

Understanding the origins of neutrino mass is one of the big questions in physics. However, neutrino masses have not yet been directly measured. There are three approaches to measuring the neutrino mass: direct kinematic mass searches in nuclear beta decay, neutrinoless double beta decay, and cosmology. **The first two approaches are under the stewardship of the DOE nuclear science program.** Similarly, the question of whether neutrinos are their own antiparticles—Majorana particles—is one of the top science topics highlighted in the recent Nuclear Science Advisory Committee (NSAC) long-range plan via the pursuit of ton-scale neutrinoless double beta decay experiments. Measurements of the mass ordering by the particle physics program set the expected scale for these experiments. The outcome of these experiments is one of the most eagerly anticipated pieces to the puzzle of neutrino mass.

A strategic plan for the High Energy Physics Advisory Panel

# A NEW ERA OF DISCOVERY THE 2023 LONG RANGE PLAN FOR NUCLEAR SCIENCE

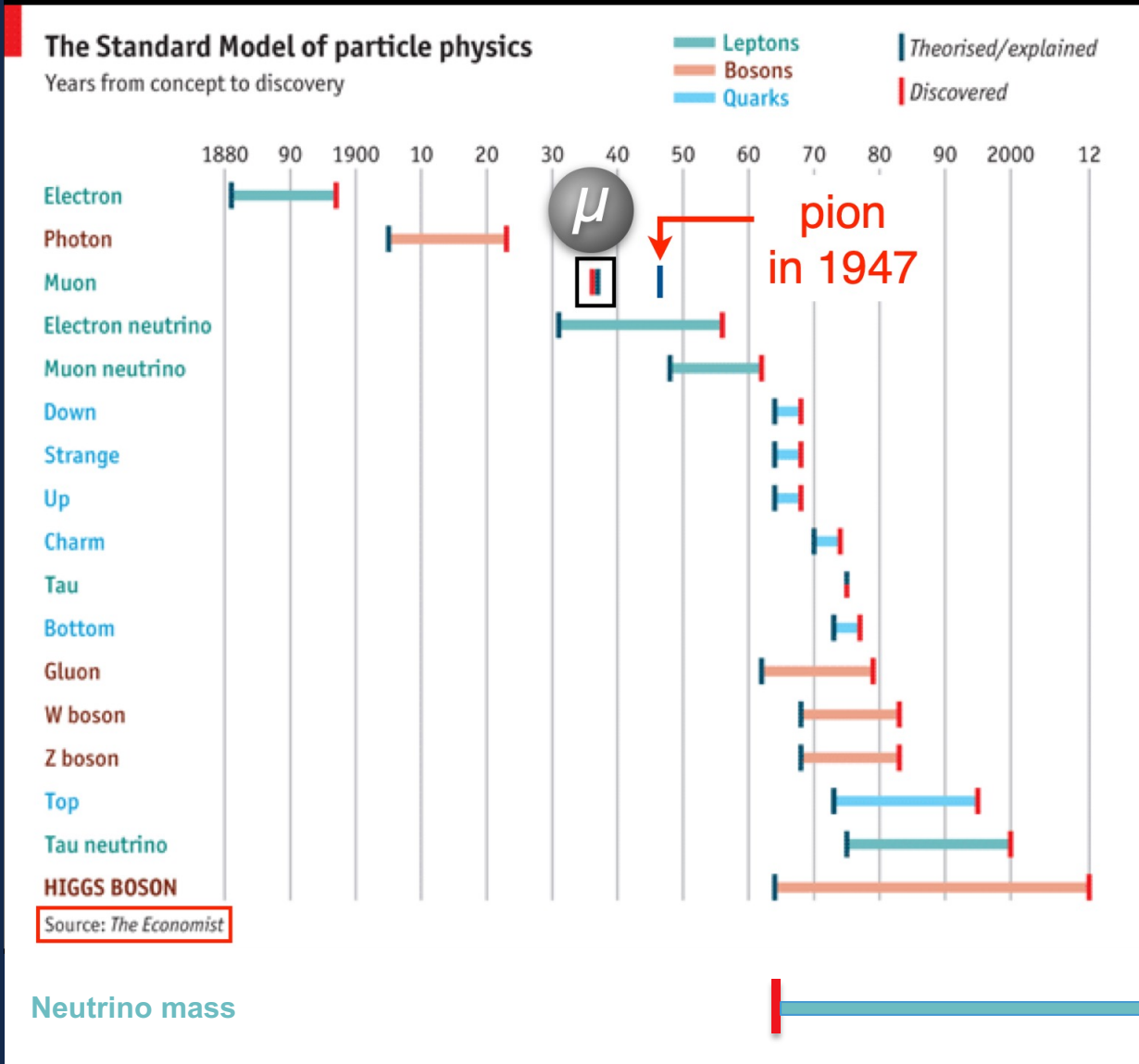
2023 | VERSION 1.5



## RECOMMENDATION 2

**As the highest priority for new experiment construction, we recommend that the United States lead an international consortium that will undertake a neutrinoless double beta decay campaign, featuring the expeditious construction of ton-scale experiments, using different isotopes and complementary techniques.**

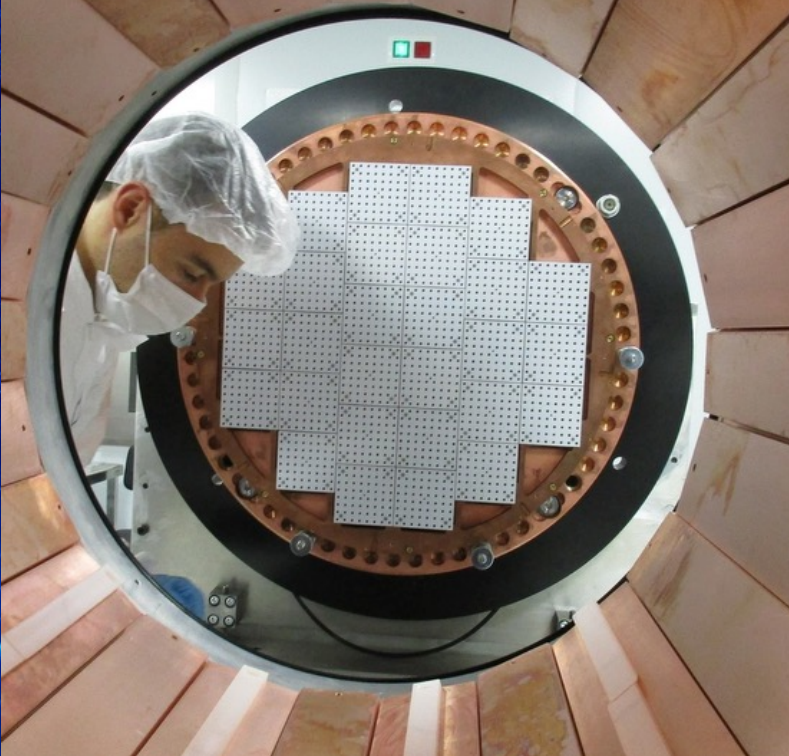




Based on a slide by Phillip Chang

The discovery of  $0\nu\beta\beta$  could let us explain this BSM physics

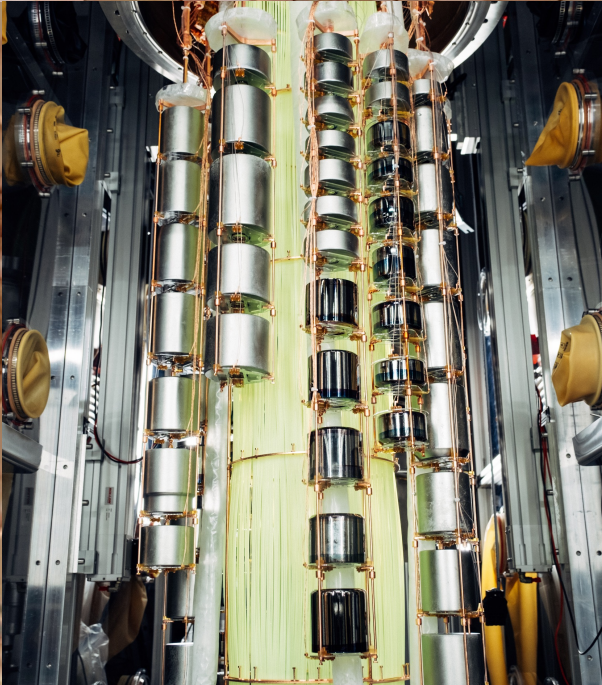
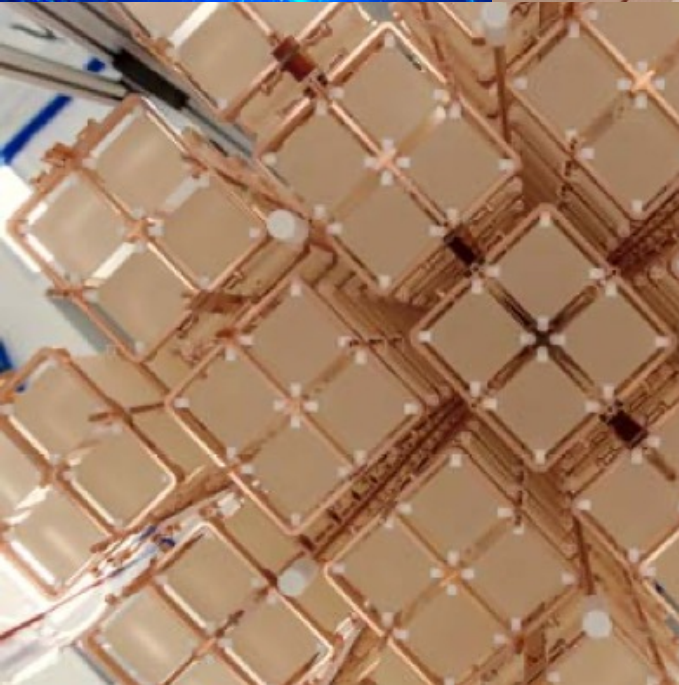
Making a discovery is exciting, but we also need to be in a position to convert discoveries to new models



## Outline

---

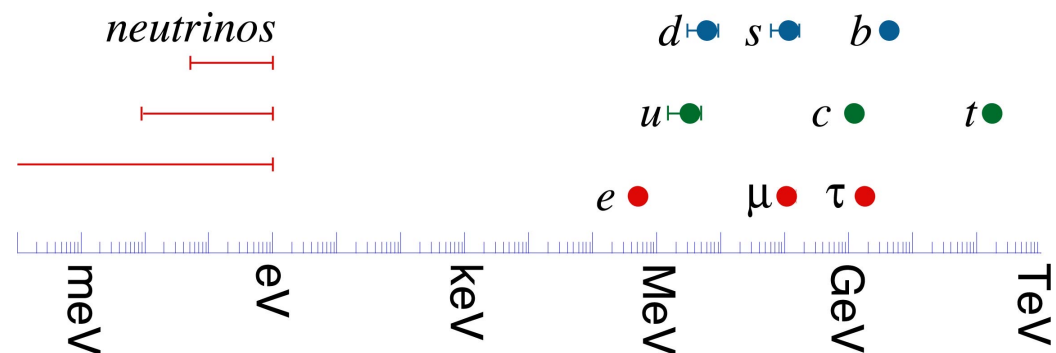
- Why look for  $0\nu\beta\beta$ ?
- Searching for  $0\nu\beta\beta$
- $0\nu\beta\beta$  experiments



Why look for  $0\nu\beta\beta$ ?

# Neutrino Mass is Proven BSM Physics, Observed in the Laboratory

- A reminder: neutrino mass is not in the Standard Model!
  - The SM contains only left-handed neutrinos and right-handed anti-neutrinos
- This is a  $\gg 5\sigma$  laboratory observation of BSM physics
- The remaining question: is it “boring BSM” or “interesting BSM”?





# The Surprising Neutrino Mass

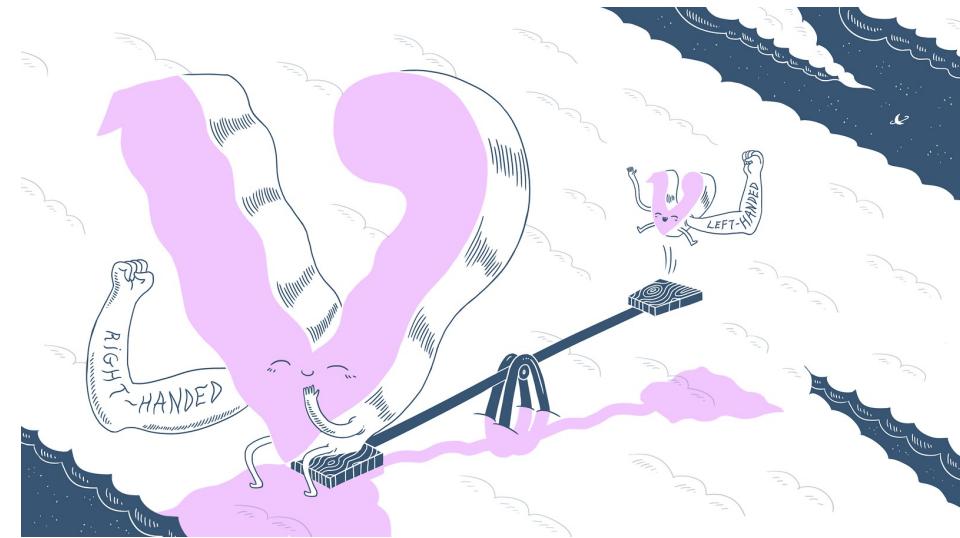
---

Two options for neutrino mass terms:

- Dirac mass:
  - Requires two non-interacting new fields,  $\nu_R$  and  $\bar{\nu}_L$
  - Leads to hierarchy problem
- Majorana mass:
  - No new fields required;  $\bar{\nu}_R = \nu_R$  and  $\nu_L = \bar{\nu}_L$
  - Can be generated by new physics at TeV - GUT scale
- Both may be present; any non-zero Majorana mass makes the neutrino a Majorana fermion
- Majorana neutrino masses can be generated by a range of models

# The Type I See-Saw Mechanism

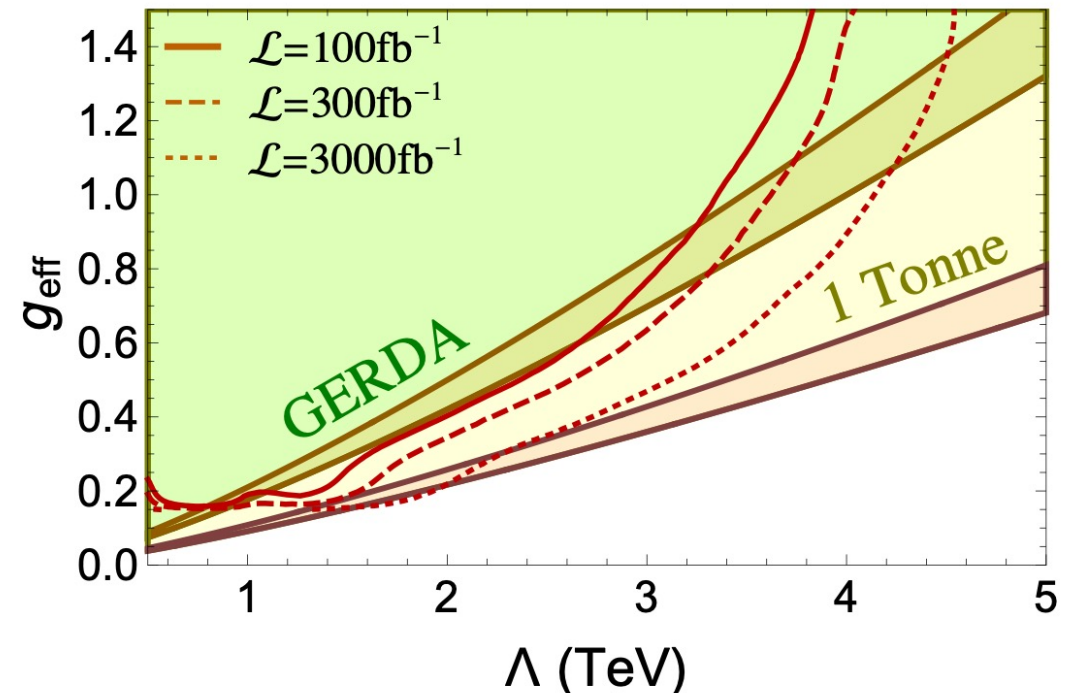
- Including both Majorana and Dirac mass terms can generate two light neutrinos,  $\nu$  and  $\bar{\nu}$ , and two heavy neutrinos,  $N$  and  $\bar{N}$
- If the Majorana mass term is of the GUT scale and Dirac mass term is of EW scale:
  - $m_\nu \sim 0.1 \text{ eV}$
  - $m_N \sim 10^{14} \text{ GeV}$
- This gives a “natural” neutrino of the correct mass by introducing a new GUT-scale particle



# Other Majorana Mass Mechanisms and Model-Building

- There are many mechanisms beyond Type I see-saw that would generate light neutrino masses
- Some generate the baryon asymmetry or dark matter candidate particles
- Many of these also predict new particles that could be observed at the LHC ( $O(1-10$ 's of TeV))
- Many models of flavor predict Majorana neutrinos with specific Majorana phases

Comparing LHC and  $0\nu\beta\beta$  limits on TeV-scale Lepton number violation



Peng, Ramsey-Musolf, and Winslow  
Phys. Rev. D 93, 093002 (2016)

\* speaking as an experimentalist

## Pros and cons of different benchmarks\*

---



### **Simplified models**

Ease of comparison between analyses and experiments

Tractable parameter space to understand extent of coverage

Can lead to over-simplified view of what is “excluded” or uncovered

### **Complete/ complex models**

Theoretically robust




Illuminate wide range of final states that are needed for thorough coverage of cases

Hard to form complete picture; hard to compare across contexts

# Making Baryon Asymmetry: The Sakharov Conditions

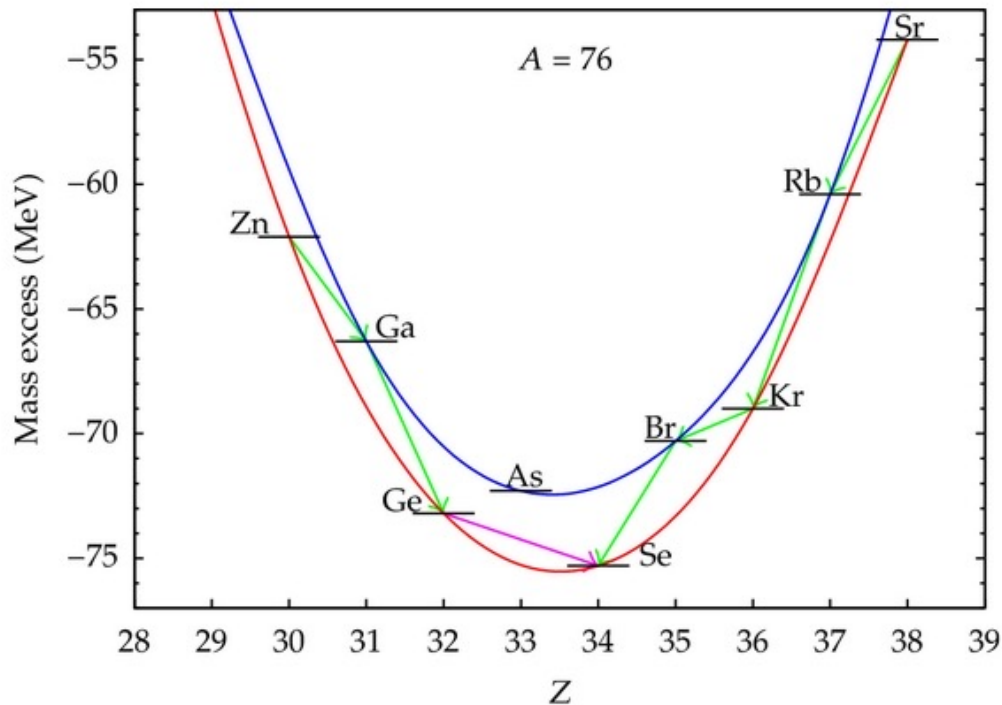
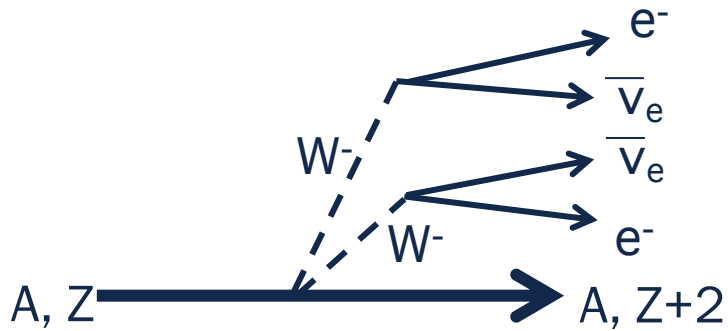
---

Sakharov proposed 3 conditions required for baryon-generating interactions that would generate an asymmetry:

1. Baryon number violation  From SM at high temperature, with B-L conserved
2. Interactions out of thermal equilibrium  Majorana neutrinos can do this in many models
3. C and CP violation: need more than the CP violation observed in the SM (even if  $\delta_{CP}$  is maximal)  Majorana neutrinos can do this in many models

Majorana neutrinos could be a low-energy signature of the high-energy physics that generated baryon asymmetry

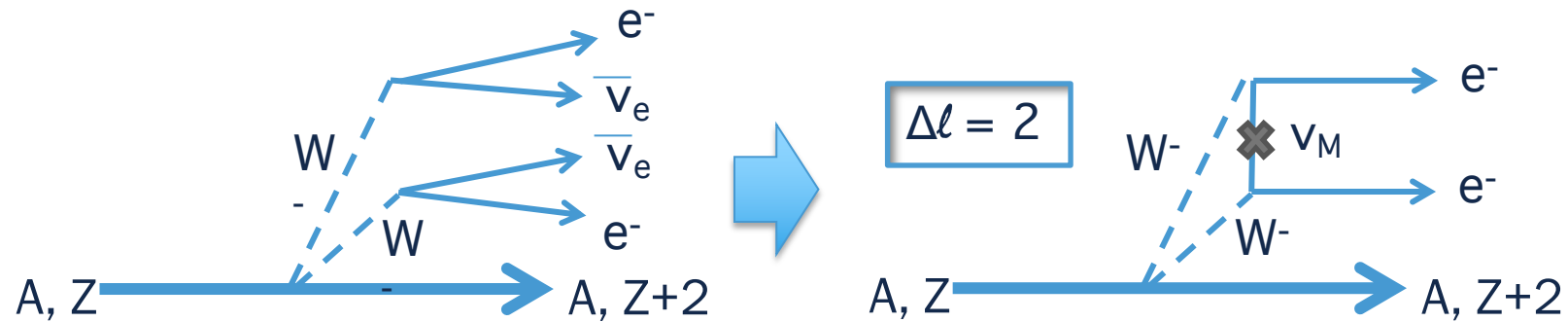
# Standard Model: $2\nu\beta\beta$



## Double-Beta Decay

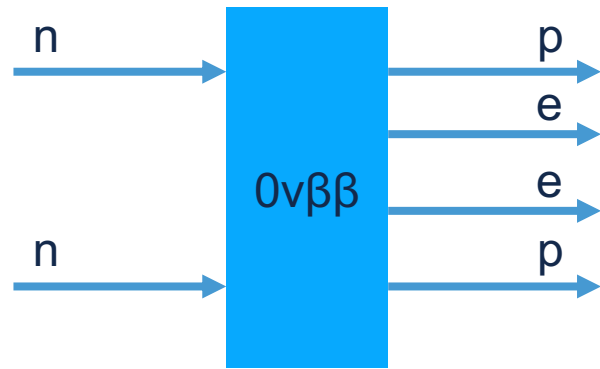
- For certain even-even nuclei, single beta decay is disallowed b/c of energy or momentum
- Instead, they double-beta decay
- Second-order weak process  
 $T_{1/2} \sim 10^{19} - 10^{21}$  years
- Electron capture variant is longest-lifetime process ever observed

# Neutrinoless Double-Beta Decay

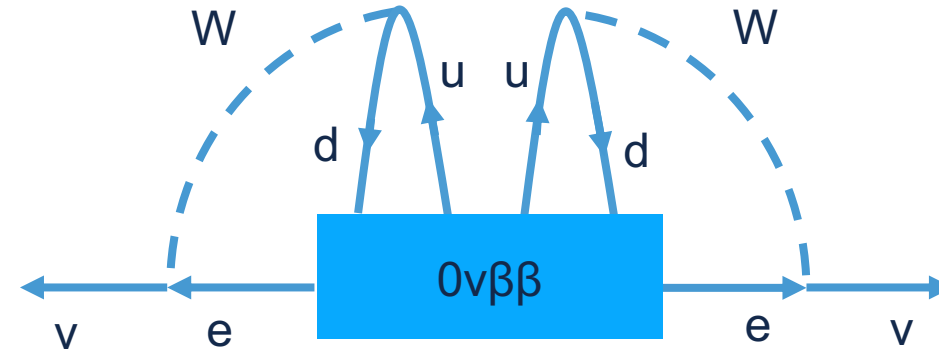


- If neutrinos are Majorana,  $0\nu\beta\beta$  could occur
- Lepton number conservation is violated by 2 units
- In this case, I've drawn the exchange of a light neutrino, but you can think of that "x" as a contracted diagram of any sort (with new physics in it)

# Majorana Neutrinos and $0\nu\beta\beta$



$$(A, Z) \rightarrow (A, Z+2) + 2e^-$$



$$(A, Z) \rightarrow (A, Z+2) + 2e^-$$

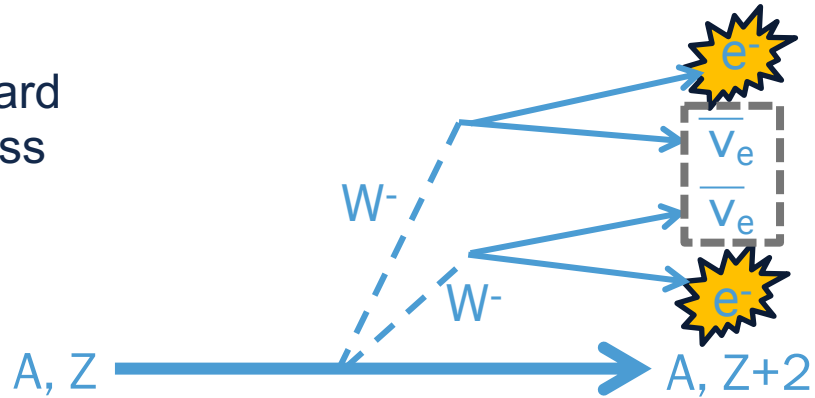
Model-independent implications of  $0\nu\beta\beta$ :

- Lepton number violation
- Neutrino-antineutrino oscillation, implying a non-zero Majorana mass term



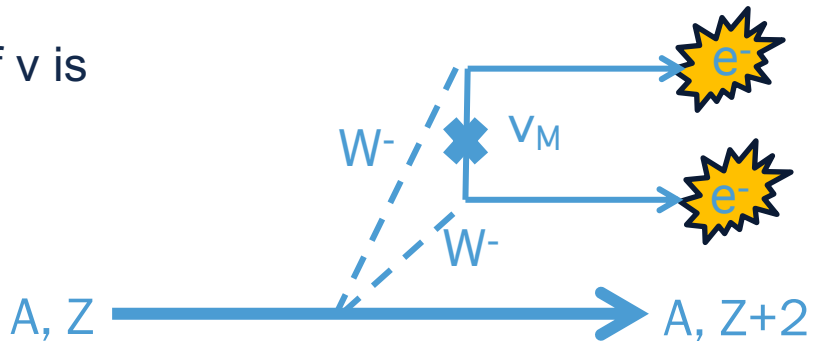
# The Decay Signature

$2\nu\beta\beta$ : Standard Model process

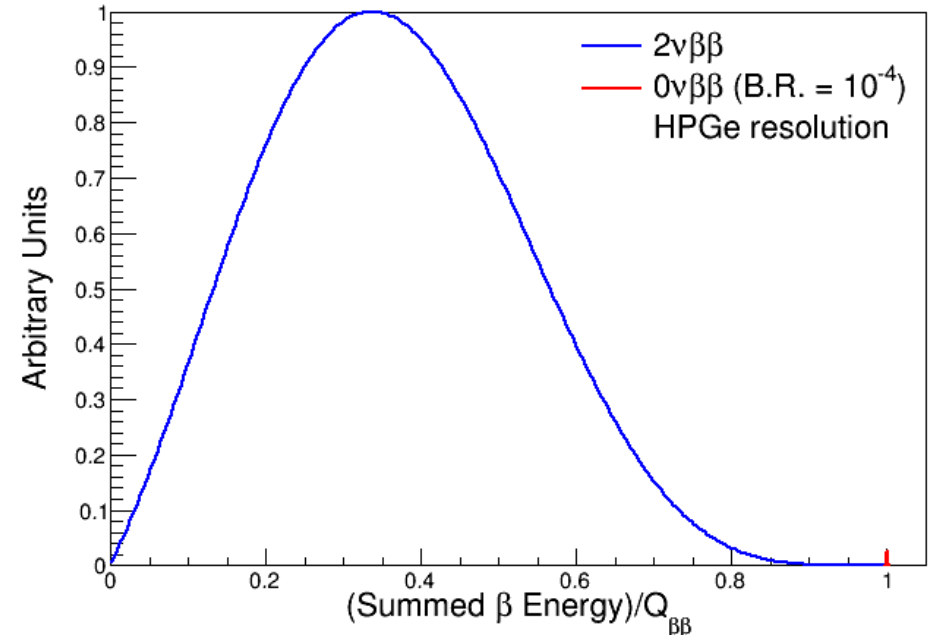


Missing energy

$0\nu\beta\beta$ : Only if  $\nu$  is Majorana



No missing energy

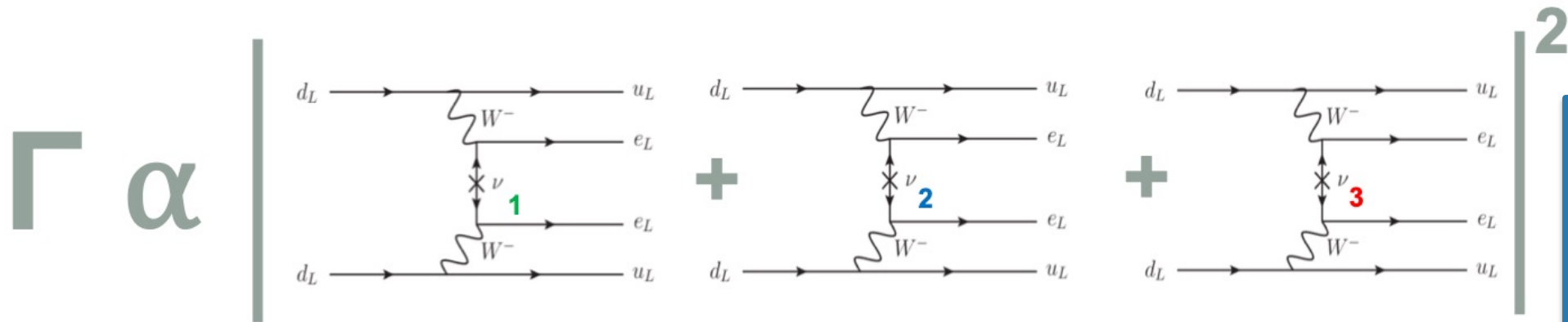


+ event topology information

Searching for  $0\nu\beta\beta$

# Neutrino Physics and $0\nu\beta\beta$

Light Majorana neutrino exchange: assumes new physics is at high scale,  $0\nu\beta\beta$  mediated by dim. 5 operator



$$\langle m_{\beta\beta} \rangle = \left| \sum_{i=1}^3 U_{ei}^2 m_i \right|$$

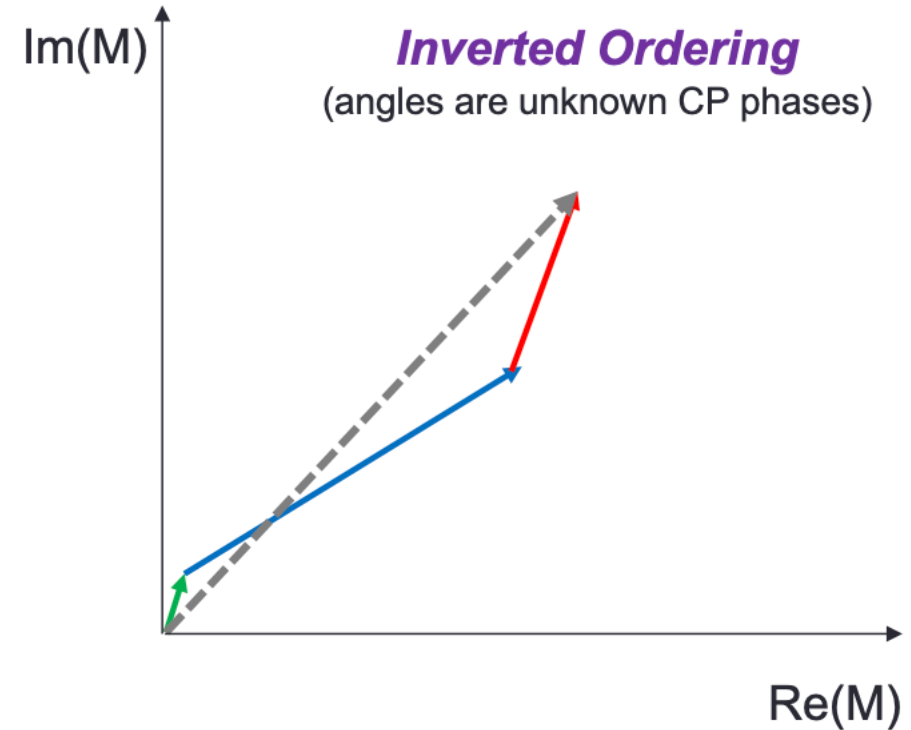
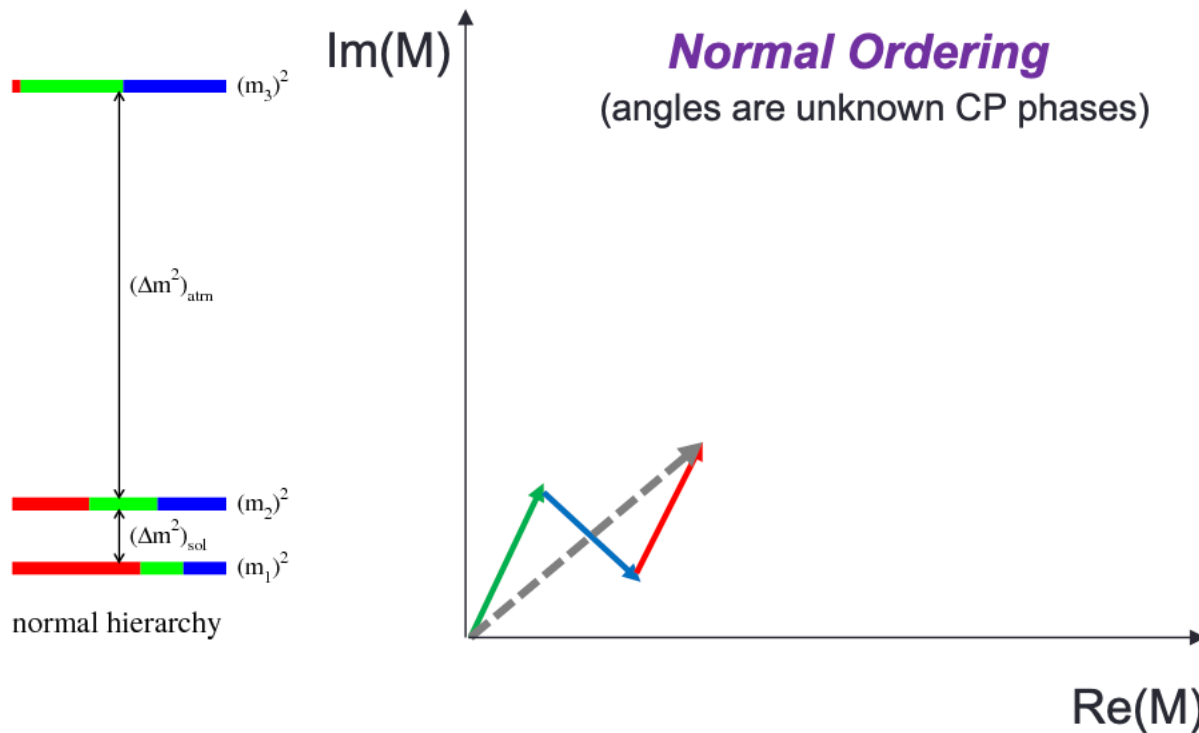
$$\langle m_{\beta\beta} \rangle = \cos\theta_{12}^2 \cos\theta_{13}^2 e^{2i\alpha} m_1 + \cos\theta_{12}^2 \sin\theta_{12}^2 e^{2i\beta} m_2 + \sin\theta_{13}^2 m_3$$

Even under simple assumptions, the  $0\nu\beta\beta$  rate depends on:

- $\nu$  mixing angles
- $\nu$  masses
- mass hierarchy
- 2 totally unknown phases

# Neutrino Physics and $0\nu\beta\beta$

$$\langle m_{\beta\beta} \rangle = \cos\theta_{12}^2 \cos\theta_{13}^2 e^{2i\alpha} m_1 + \cos\theta_{12}^2 \sin\theta_{12}^2 e^{2i\beta} m_2 + \sin\theta_{13}^2 m_3$$



Adding a sterile neutrino can change the parameter space dramatically

Figures by B. Jones

# Light Majorana Neutrino “Theory Islands”

$$\langle m_{\beta\beta} \rangle = \left| \sum_{i=1}^3 U_{ei}^2 m_i \right|$$

- With unknown neutrino mass, mass hierarchy, and phases, we get these theory islands for light Majorana neutrino exchange
- Used to compare and set goals for future experiments

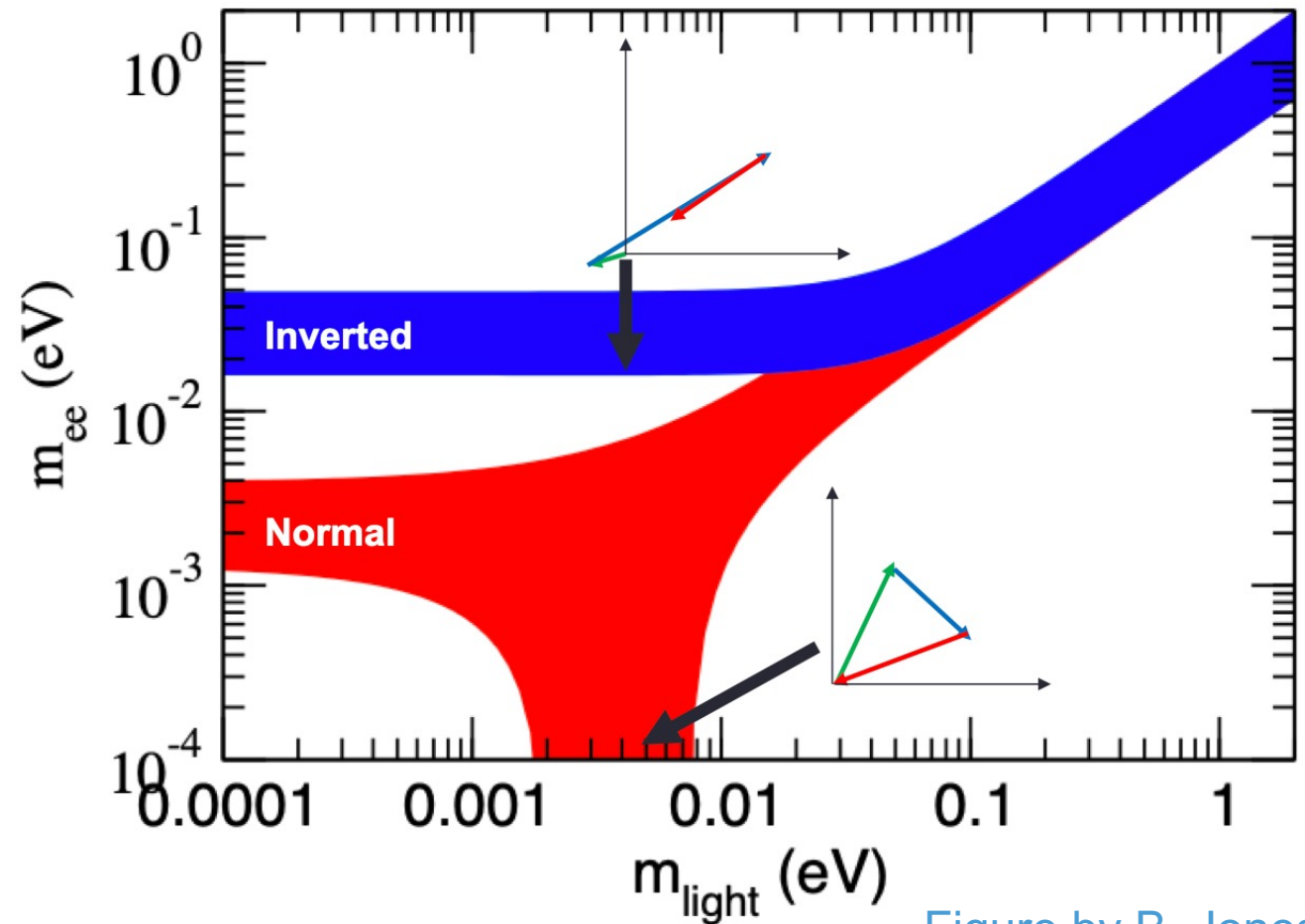


Figure by B. Jones

Neutrino mass measurement

Neutrino mass limit

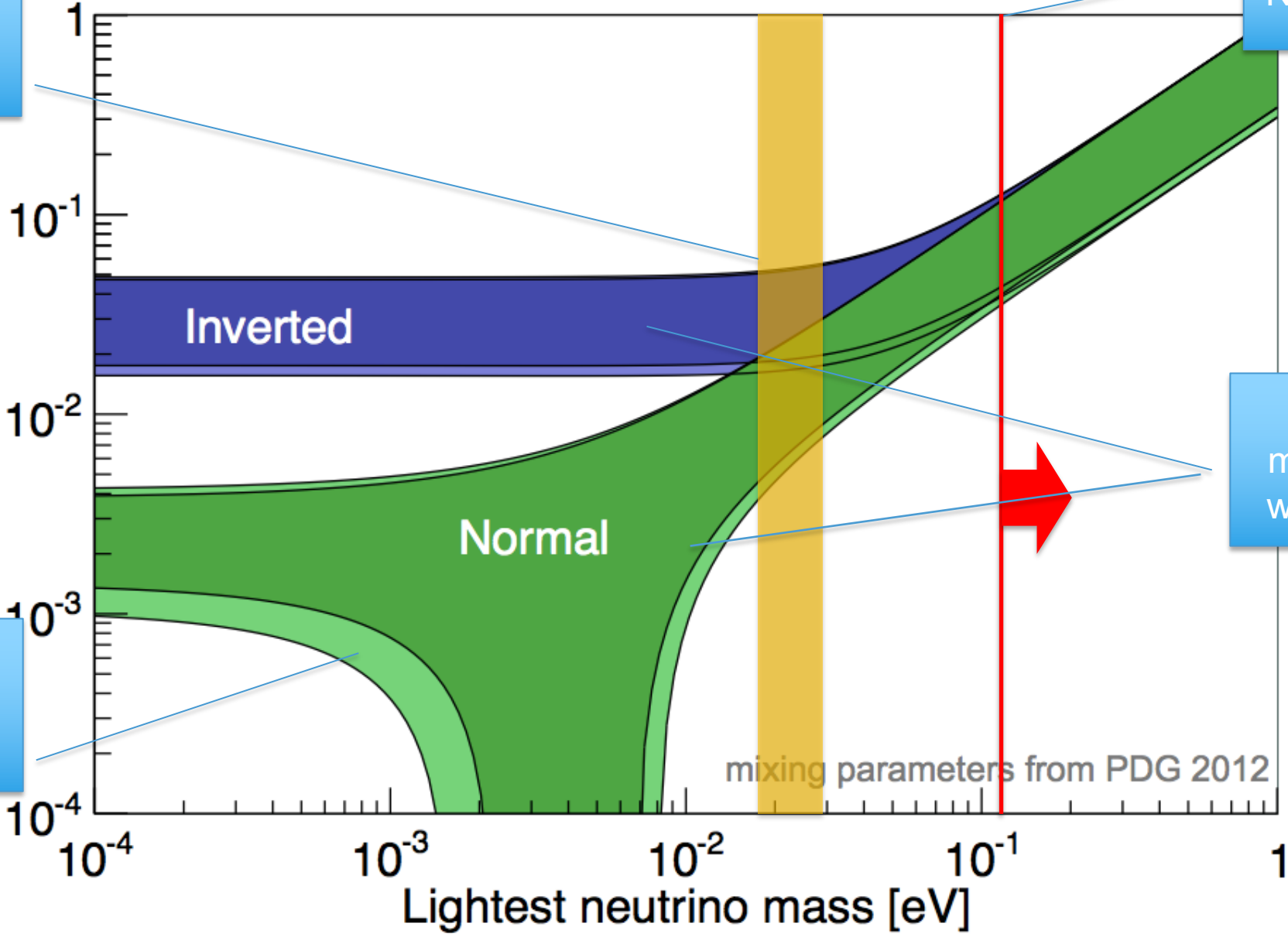
Effective  $0\nu\beta\beta$  mass,  $m_{\beta\beta}$  [eV]

Inverted

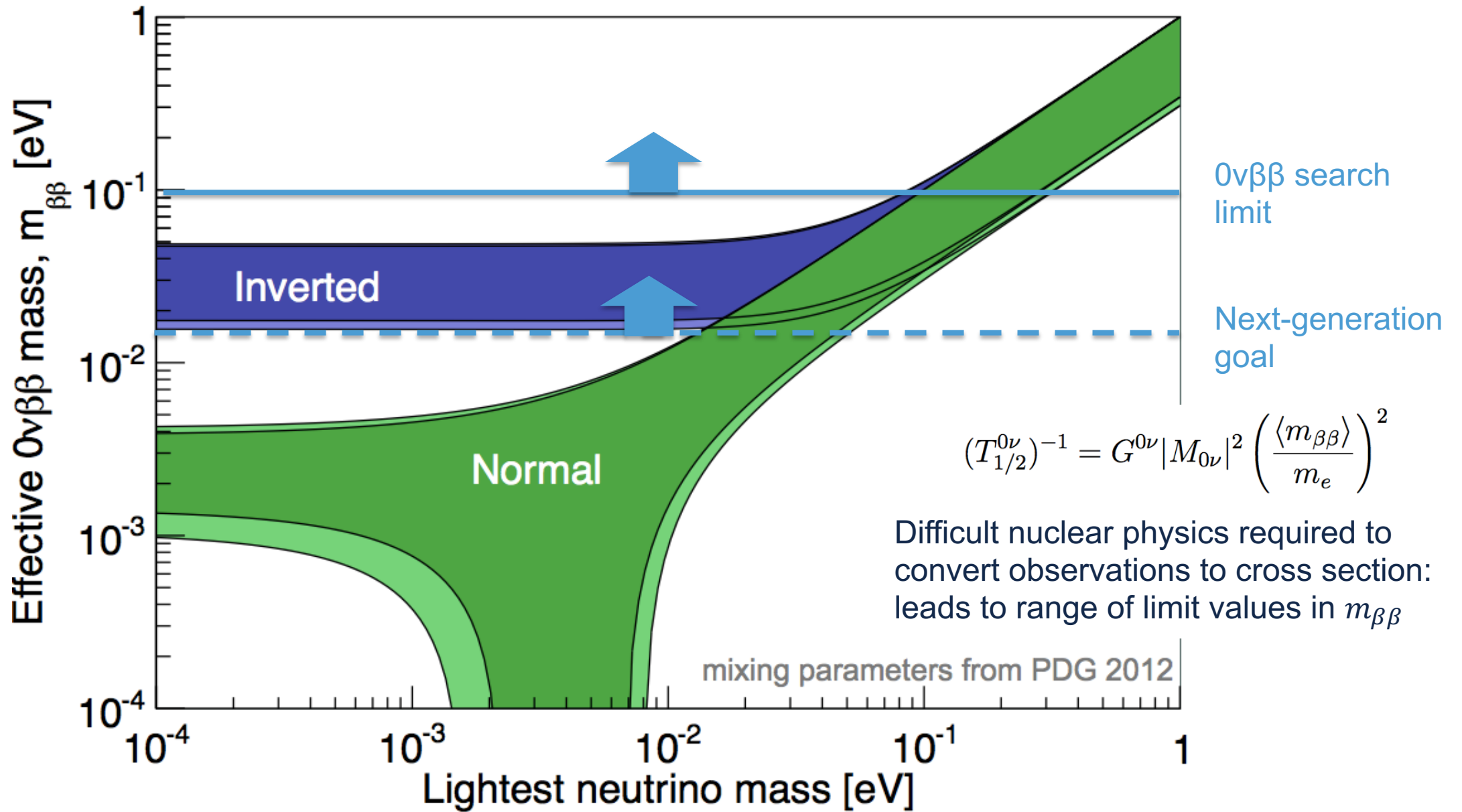
Normal

Hierarchy measurement: which branch?

$3\sigma$  uncertainty on mixing and mass splittings



mixing parameters from PDG 2012



# Reaching Ultra-Long Half-Life

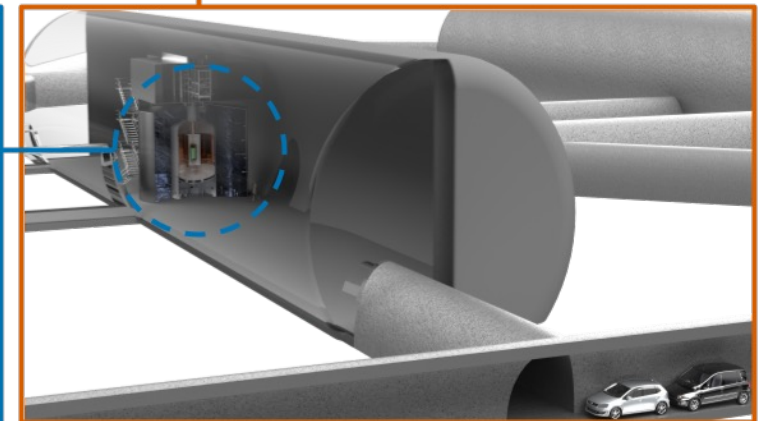
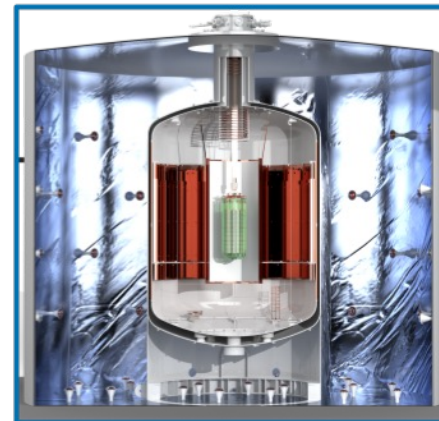
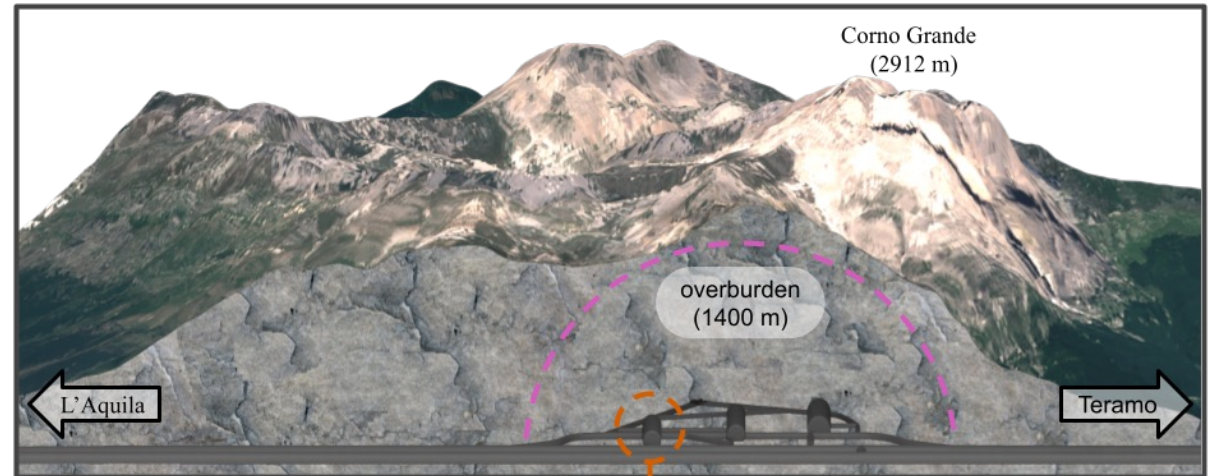
---

- Best-case scenario: quasi-background-free experiment,  $3\sigma = 3$  counts
- Long half-lives mean you need large exposures. For 3-4 counts of  $0\nu\beta\beta$  at...
  - $10^{26}$  years: 100 kg-years
  - $10^{27}$  years: 1 ton-year
  - $10^{28}$  years: 10 ton-years
- Goal of the next generation of experiments: cover the bottom of the IO region in discovery mode for most nuclear matrix elements
  - Implies required discovery sensitivities of  $10^{27}$  to  $10^{28}$  years
  - Implies required experimental masses at the ton-scale
- Once you've built a very large, low-background detector, you can search for other things: axions, WIMPs, other exotic BSM

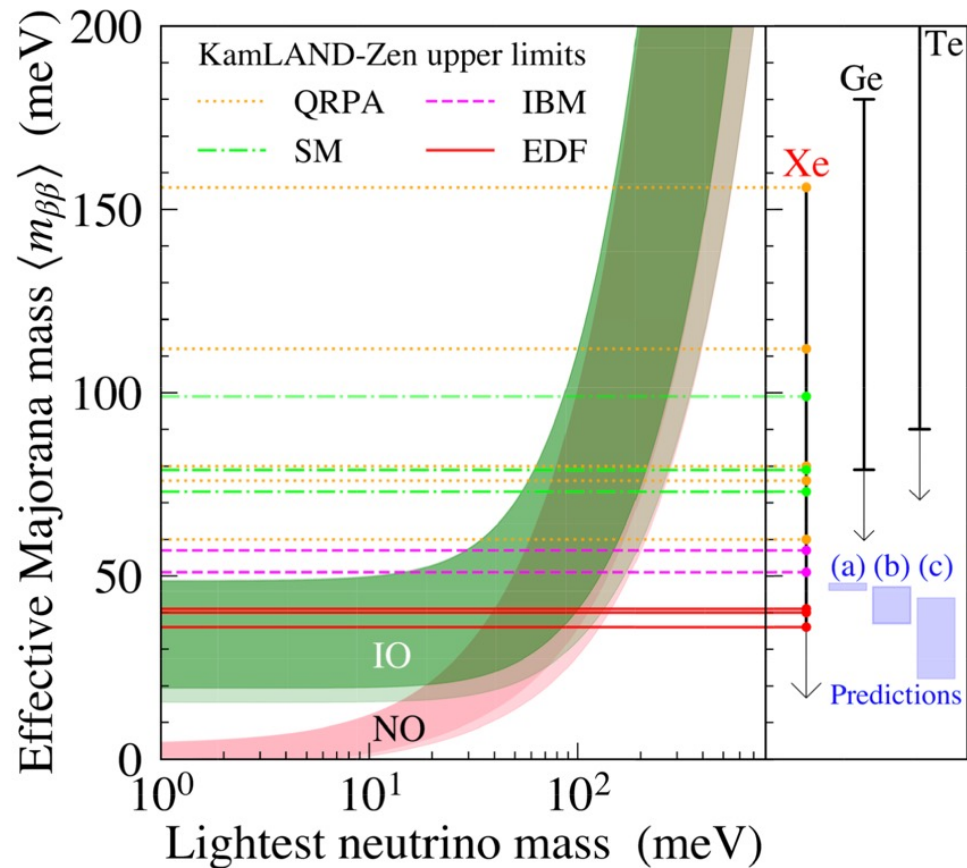
For higher backgrounds, required exposure increases accordingly



# $0\nu\beta\beta$ Experiments



# Current Best Limits on $0\nu\beta\beta$



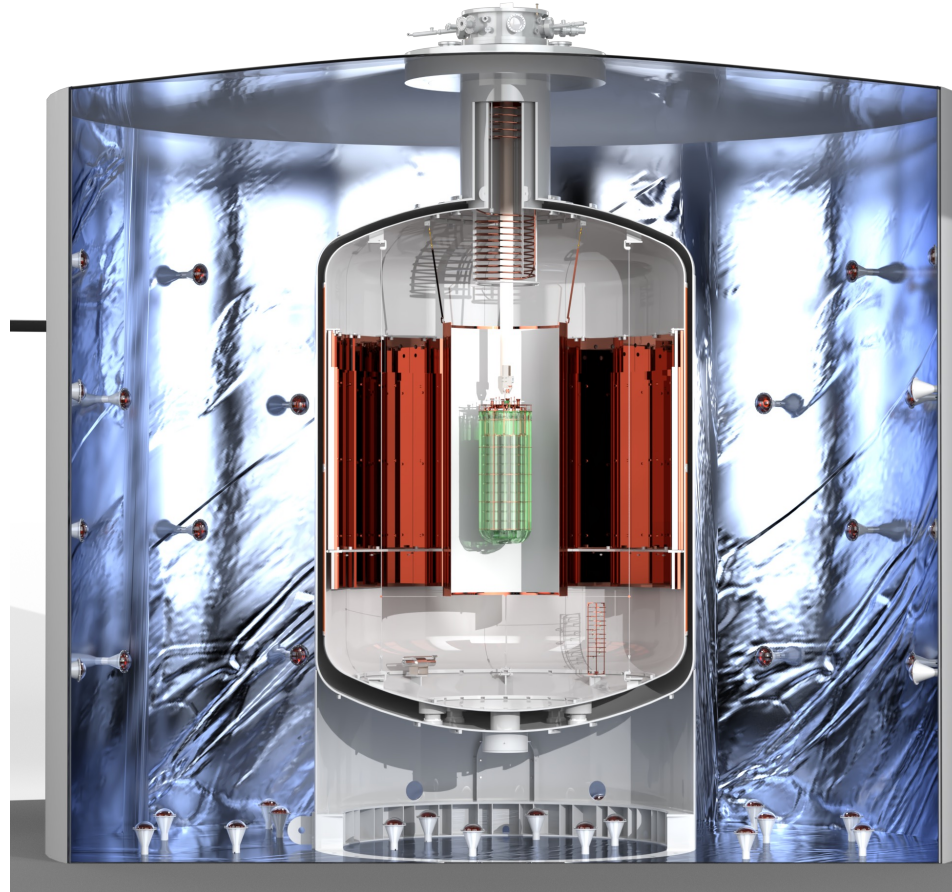
arXiv: 2203.02139

Experiment	Isotope	Exposure [kg yr]	$T_{1/2}^{0\nu}$ [ $10^{25}$ yr]	$m_{\beta\beta}$ [meV]
Gerda	$^{76}\text{Ge}$	127.2	18	79-180
Majorana	$^{76}\text{Ge}$	64.5	8.3	113-269
KamLAND-Zen	$^{136}\text{Xe}$	970	23	36-156
EXO-200	$^{136}\text{Xe}$	234.1	3.5	93-286
CUORE	$^{130}\text{Te}$	1038.4	2.2	90-305

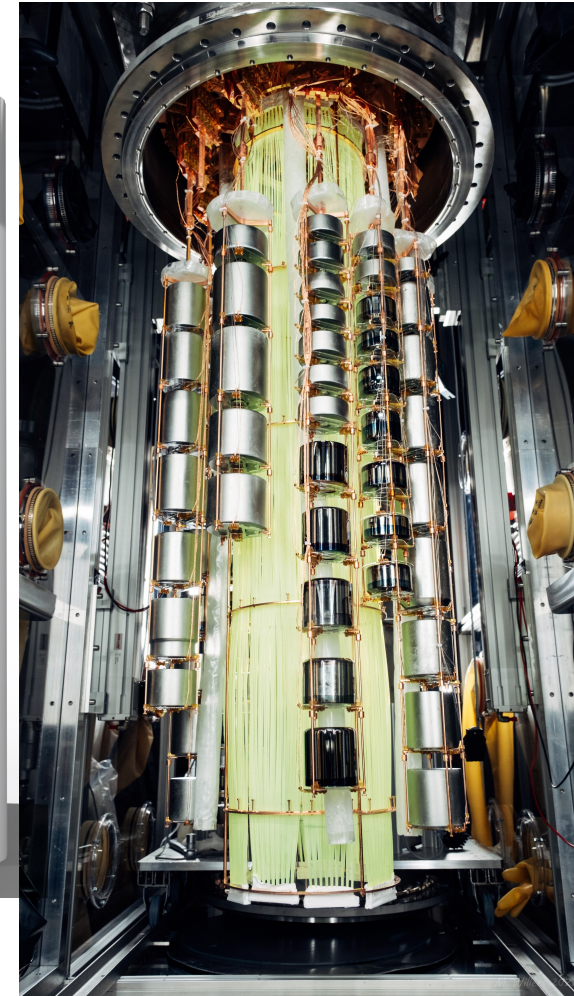
NSAC recommendation: quote a range of  $m_{\beta\beta}$  using the largest and smallest available NME from the 4 main calculation methods;  $g_A=1.27$ ; no contribution from the contact term

# Intermediate-scale Experiments: Running Now

- LEGEND-200: 200 kg  $^{76}\text{Ge}$ -based experiment using HPGe detectors in LAr
- KamLAND-Zen-800: 745 kg  $^{136}\text{Xe}$ -based experiment using liquid scintillator
- + smaller-mass experiments

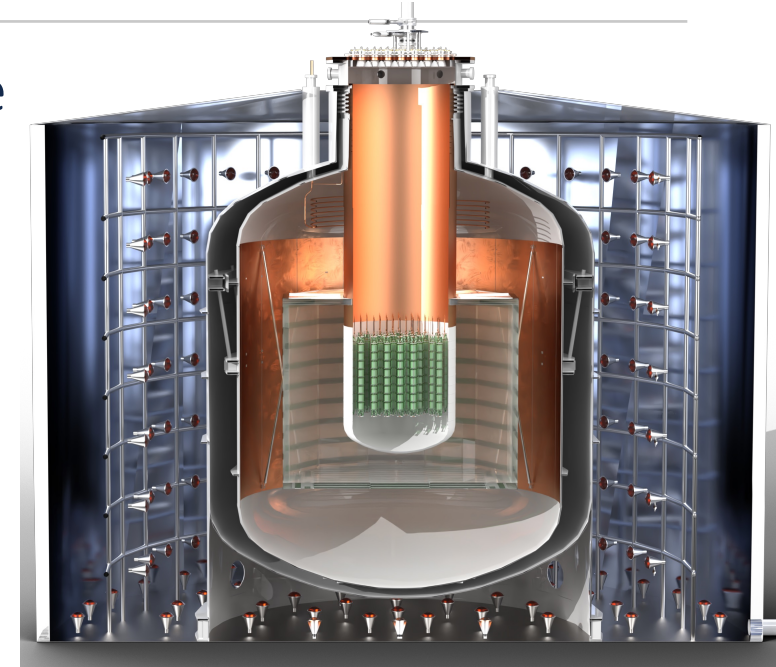


LEGEND-200



# The Ton-Scale Generation

- Covering the IO in discovery mode requires  $O(1 \text{ ton})$  of isotope
- 3 candidate experiments with large US involvement: LEGEND-1000, nEXO, and CUPID
- All 3 experiments cover the IO in “discovery mode” for most matrix elements
- These experiments are ready to begin construction!



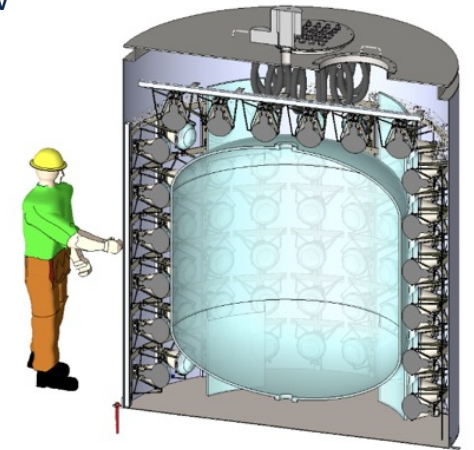
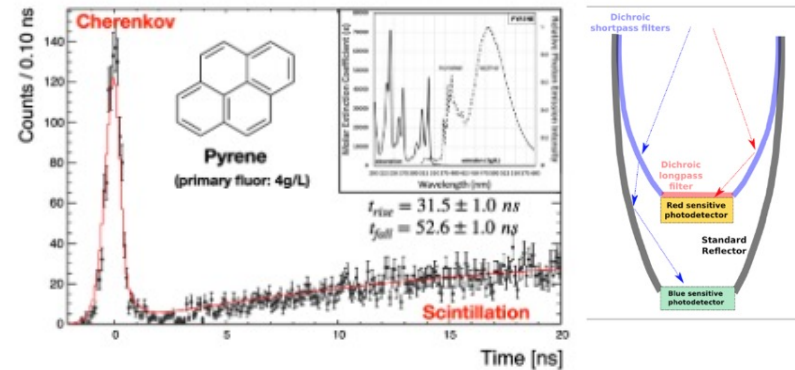
## LEGEND Timeline

2022-2023	2024	2025	2026	2027	2028	2029	2030	2031-2035	2036-2045	
Design			Construction							
							Early Physics Data	Operations		

# What Comes Next?

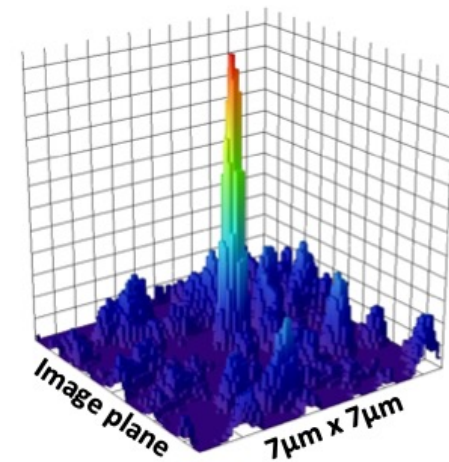
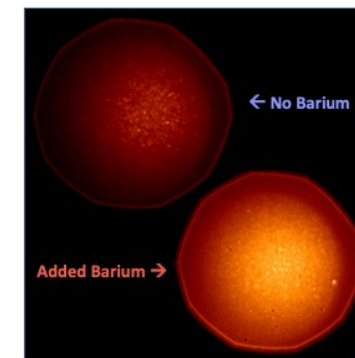
- Next-next-generation experiments are targeting  $m_{\beta\beta} \sim 10$  meV or smaller
- At the moment, there is no “magic bullet” to reach the 1 meV level
- There are, however, many ideas and there is a rich R&D program pursuing the needed techniques
- Are “neutrino observatories” the path forward?

R&D for hybrid scintillator detectors: slow scintillators, spectral sorting and Eos



R&D for ultra-large Xe TPCs: new acquisition strategies and Ba tagging

Fluorescent molecule-based ID for NEXT, ACS Sens. 2021, 6, 1, 192–202 (2021)



## Conclusion

---

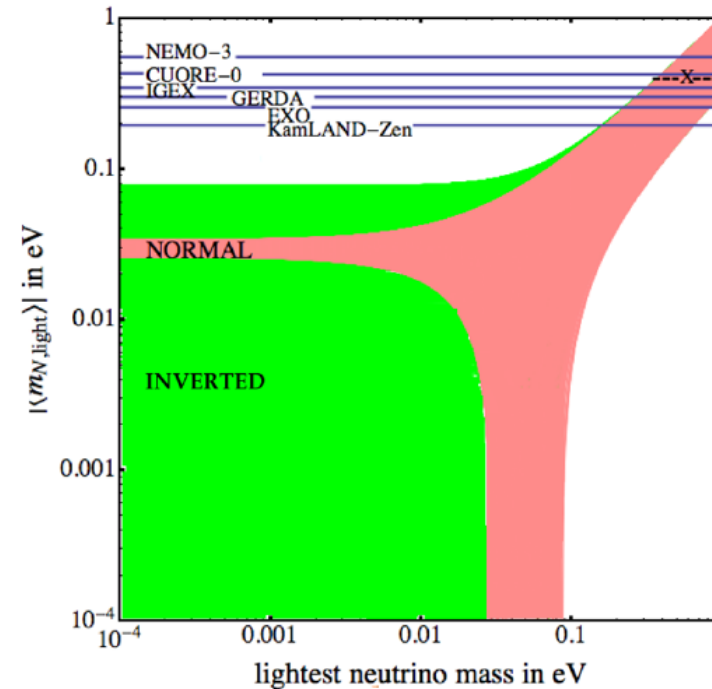
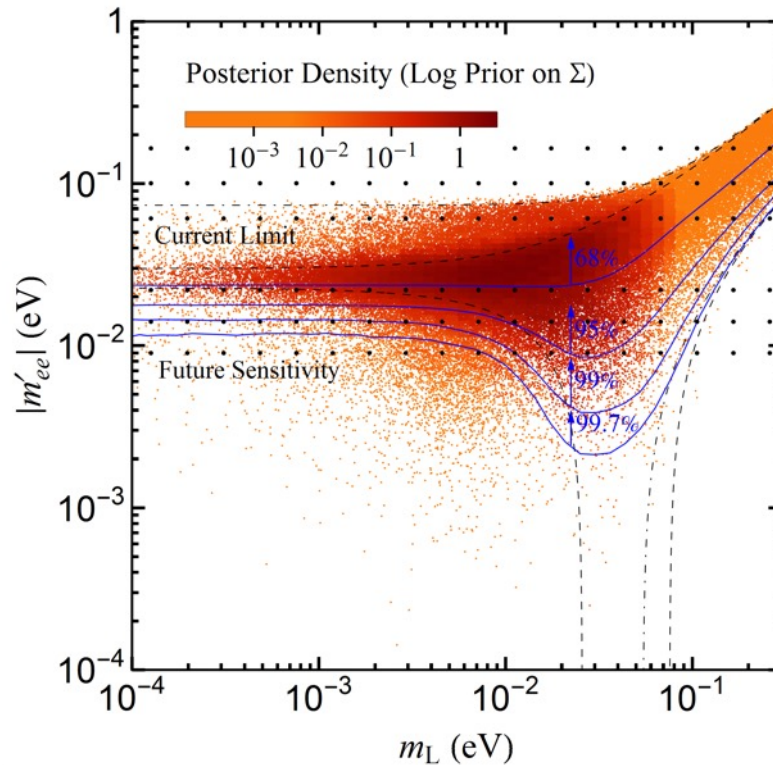
- Neutrino mass is BSM physics, and we still haven't explained it
- $0\nu\beta\beta$  is some of the most exciting physics we can look for! It could provide insight into the origin of neutrino mass and the mechanism that drove baryogenesis
- Regardless of the mechanism,  $0\nu\beta\beta$  would be a direct observation of lepton number violation and prove that neutrinos have Majorana mass
- The coming generation of experiments is exploring very rich parameter space and (hopefully) beginning very soon, with rich R&D to go further

Extra Slides

# Sterile Neutrinos and the $0\nu\beta\beta$ Rate

The addition of sterile neutrinos would modify the rate of  $0\nu\beta\beta$  and can switch IO/NO allowed regions

(3+1) $\nu$  mixing, flat prior on  $\Sigma m$   
 $\Delta m^2_{41} \equiv 1.7 \text{ eV}^2$   
 and  $\sin^2\theta = 0.019$   
*Nuc. Phys. B* 945, 114691 (2019)

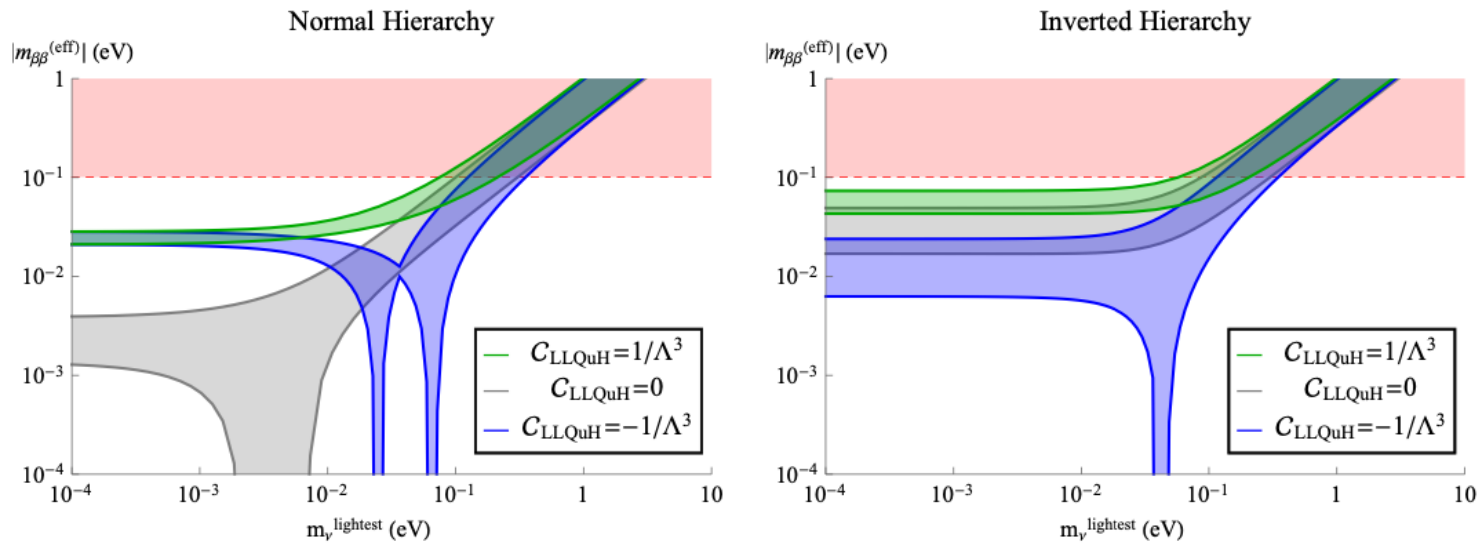


(3+1) $\nu$  mixing  
 $m_4 = 1 \text{ eV}$  and  
 $|U_{e4}|^2 = 0.03$   
*PRD* 92, 093001  
 (2015)



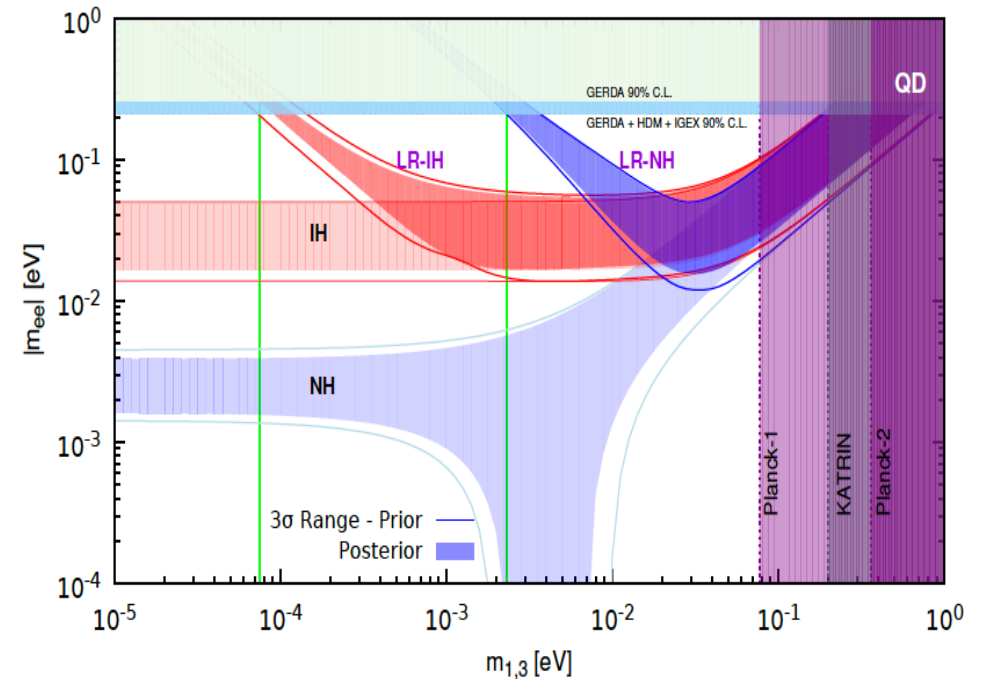
# The Rate In Alternative Mechanisms

- The situation changes significantly if new physics is at lower scales
- EFT methods are being used to describe the effects of generic operators, which can then be matched to specific particle physics scenarios



Role of additional dimension-7 operators,  $\Lambda = 600 \text{ TeV}$   
*JHEP 2017, 82 (2017)*

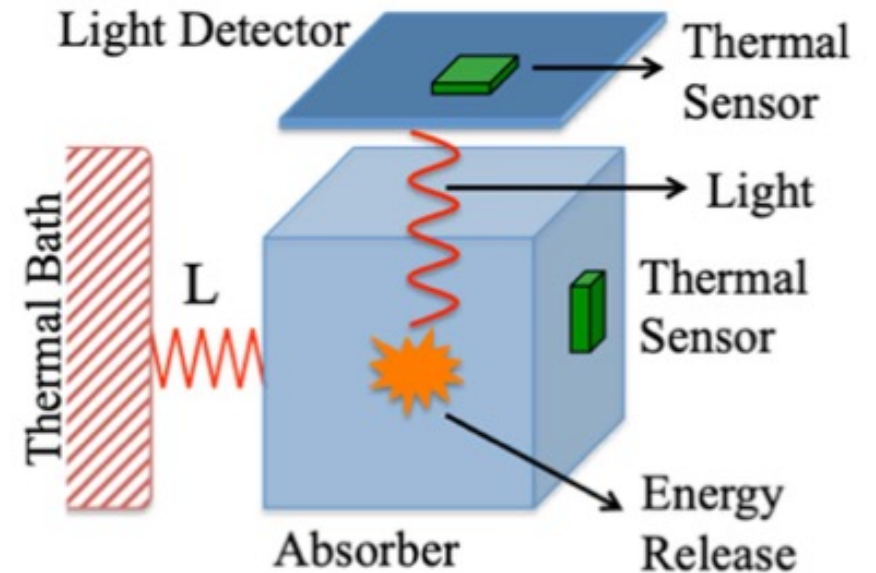
## Left-Right Symmetric Model *JHEP 10 (2015) 077*



# CUPID

- Tonne-scale bolometer approach demonstrated in CUORE
- Scintillating bolometer technique demonstrated in CUPID-Mo and other experiments, allows for  $\alpha$  rejection
- Switch from CUORE crystals to scintillating bolometers with light readout in existing infrastructure

Material provided by CUORE, CUPID, CUPID-Mo, and CUPID-0 Collaborations

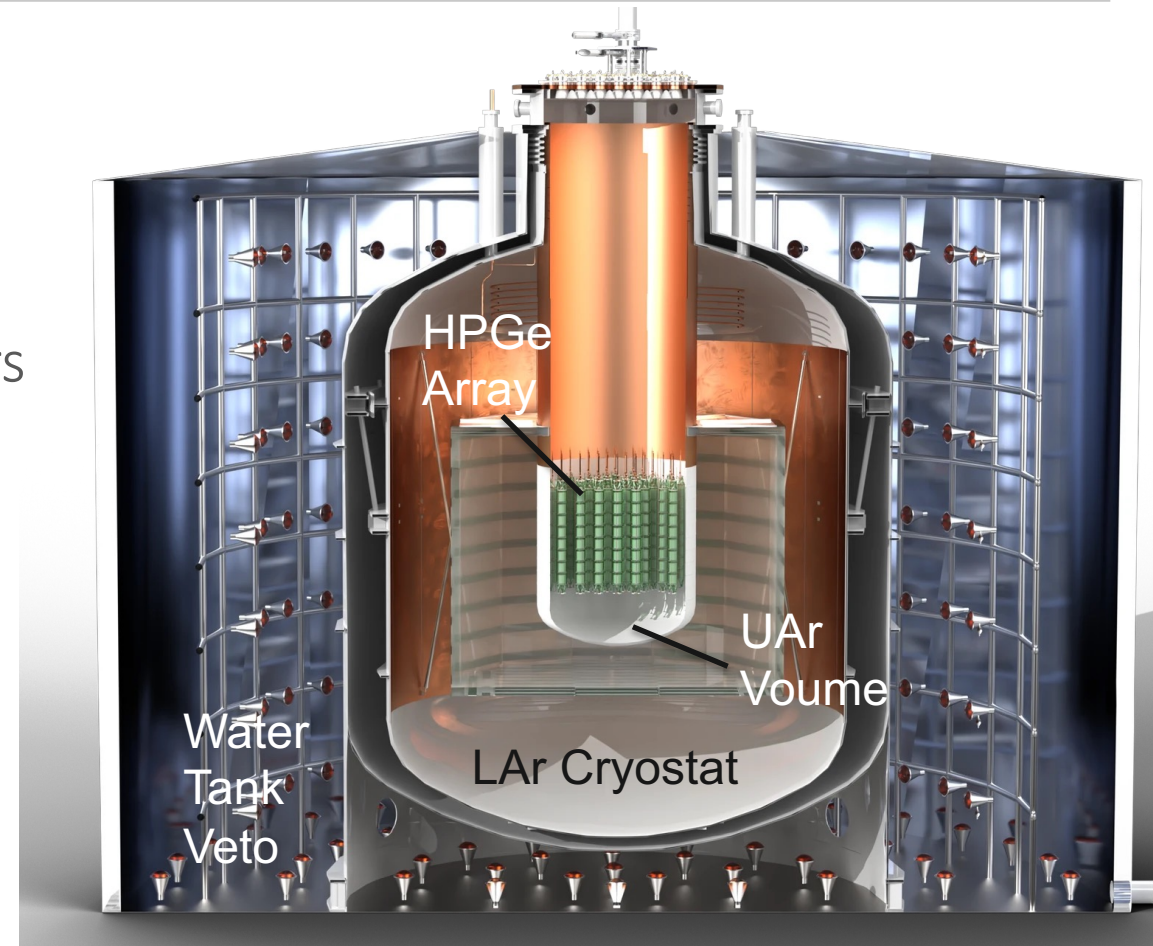


- Crystal:  $\text{Li}_2^{100}\text{MoO}_4$
- Enrichment  $> 95\%$   $\rightarrow$  253 kg of  $^{100}\text{Mo}$
- Energy res. (FWHM): 5 keV
- BI  $< 10^{-4}$  cnts/(keV kg yr)
- Discovery sensitivity:  $T_{1/2} \sim 1.1 \times 10^{27}$  yrs
- $m_{\beta\beta}$  discovery sensitivity: 12-20 meV

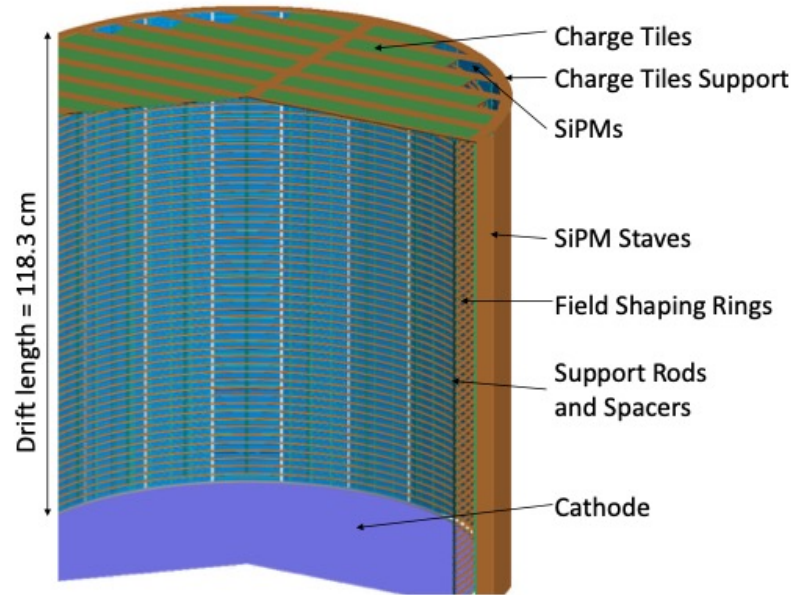
# LEGEND-1000

- Builds on techniques from MJD, GERDA, and LEGEND-200
- New cryostat LNGS or SNOLAB
- HPGe inverted-coaxial point-contact detectors in LAr active shield:
  - Multi-site and surface event rejection
  - Excellent energy resolution ( $\sim 0.1\%$  FWHM)

- 1000 kg of  $^{76}\text{Ge}$
- Energy res. (FWHM): 2.5 keV
- $\text{BI} < 10^{-5}$  cnts/(keV kg yr)
- Discovery sensitivity:  $T_{1/2} \sim 1.3 \times 10^{28}$  yrs
- $m_{\beta\beta}$  discovery sensitivity: 9-21 meV

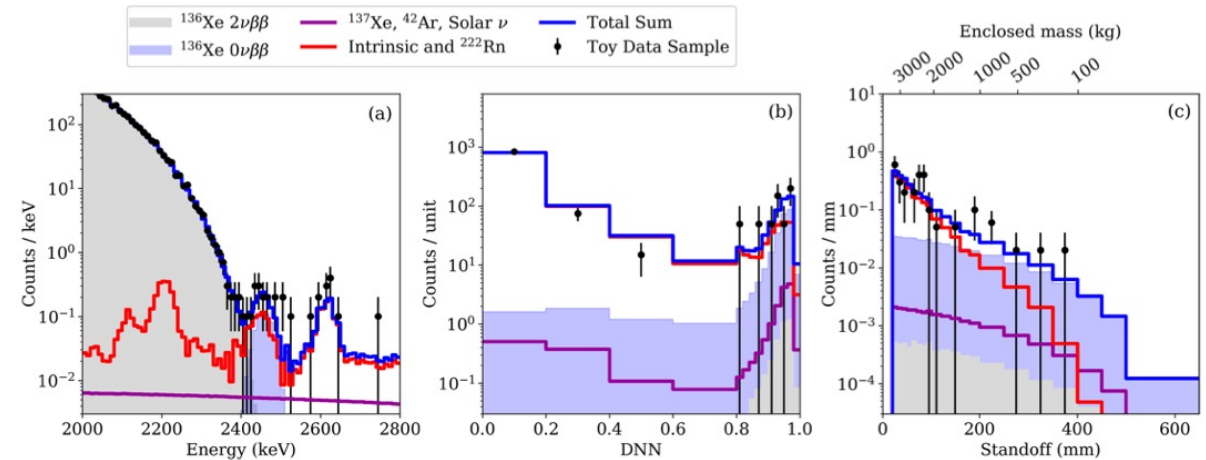


# nEXO



- Large single-phase LXe TPC, building on EXO-200 experience
- Take advantage of self-shielding, vertex reconstruction, and event topology information to reduce backgrounds

- 5000 kg of  $^{enr}\text{Xe}$
- Enriched to 90%  $^{136}\text{Xe}$
- Energy res. ( $\sigma_E/E$ ): 0.8%
- Discovery sensitivity:  $T_{1/2} \sim 7.4 \times 10^{27}$  yrs
- $m_{\beta\beta}$  discovery sensitivity: 5-27 meV

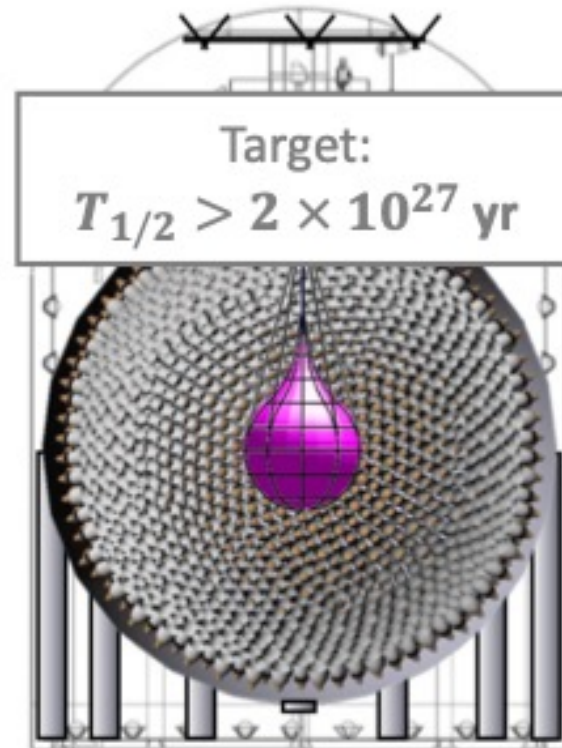


*J. Phys. G: Nucl. Part. Phys.* 49, 015104 (2022)

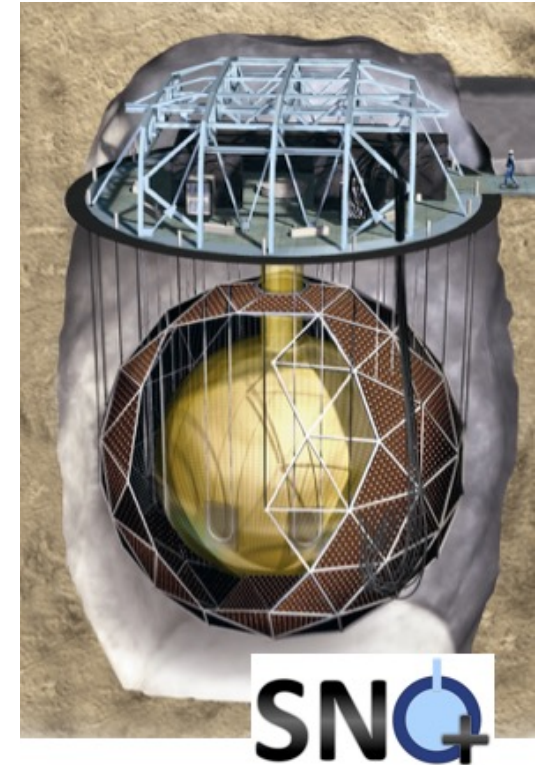
# Liquid Scintillators: KamLAND-Zen and SNO+

- Self-shielding, fiducialization
- Interior materials can be made extremely pure
- Event topology and particle ID, with additional future improvements expected
- Staging and measurement with and without isotope are possible

## KamLAND2-Zen

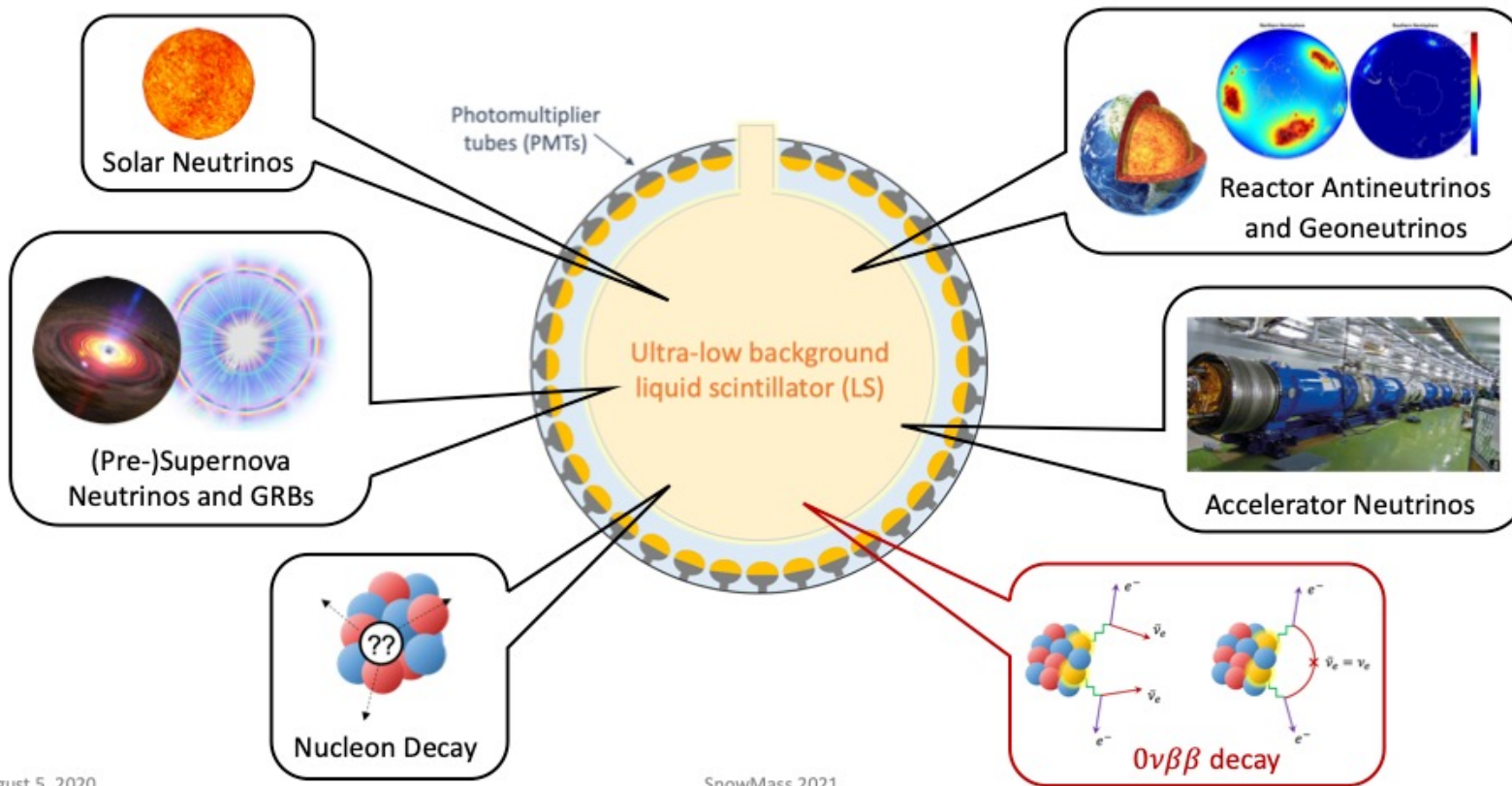


- 1 ton of  $^{136}\text{Xe}$  in inner balloon



- Initial loading: 0.5% natural Te by weight
- Scaling to 3% for  $T_{1/2} > \sim 10^{27} \text{ yrs}$

# What about other low-energy neutrino physics?



Large liquid scintillator detectors are also well-suited to pursuing other neutrino physics measurements

This is the concept behind Theia and other WbLS concepts

KLZ and SNO+ demonstrate this capability!

Other experiments also have broader physics programs: supernova neutrinos, dark matter searches, etc...

Image courtesy of the Theia Collaboration, from R. Svoboda