

Chiral Dynamics of Nuclear Systems

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Introduction

ChPT and ChEFT for nuclear systems

Chiral symmetry and the long-range two-nucleon force

Precision two-nucleon physics with chiral EFT

The three-nucleon force challenge

Chiral EFT using gradient flow

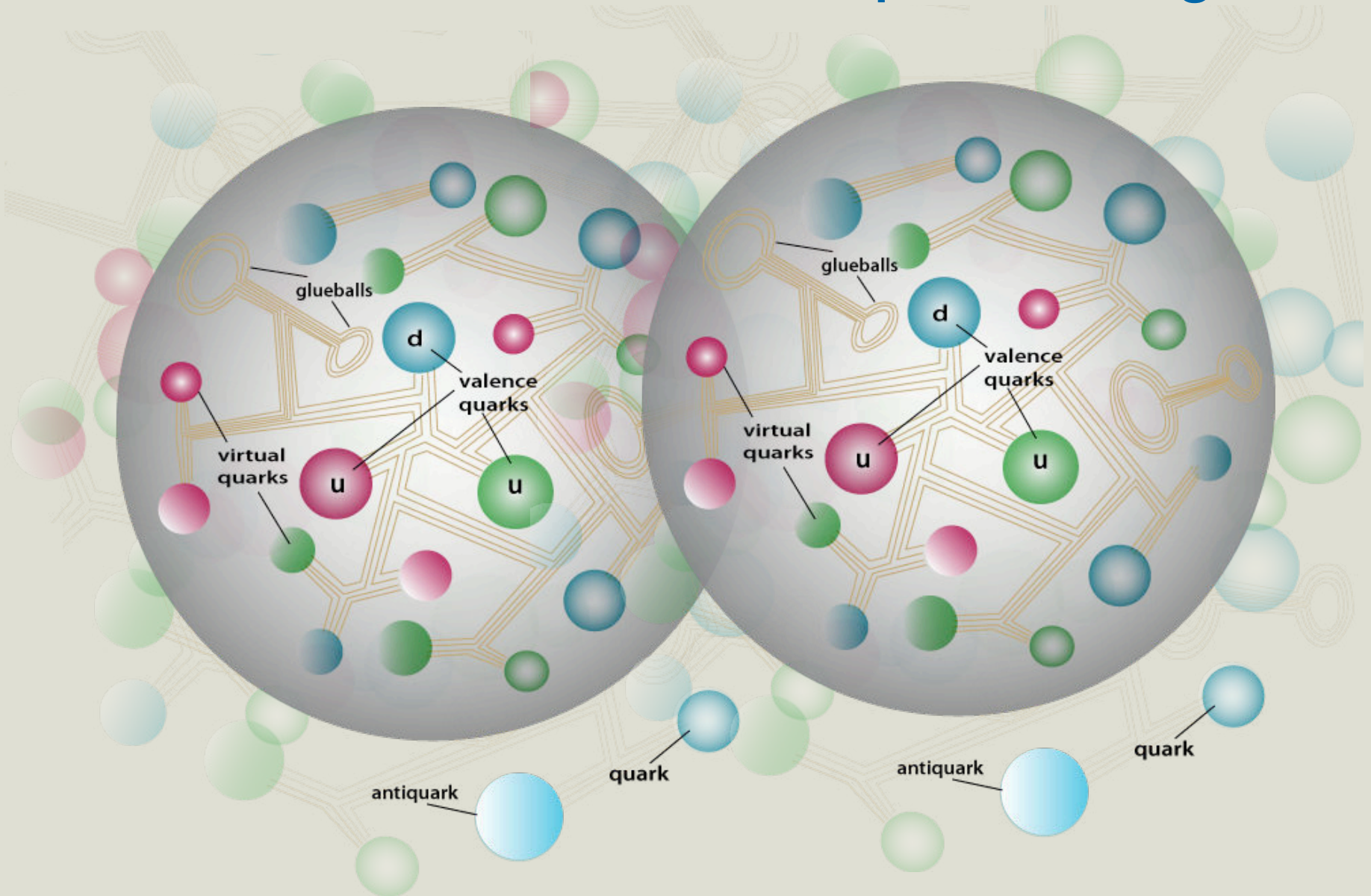
Summary



XIII International Conference
on New Frontiers in Physics

26 Aug - 4 Sep 2024, OAC, Kolymbari, Crete, Greece

Deuteron as a bound state of quarks and gluons



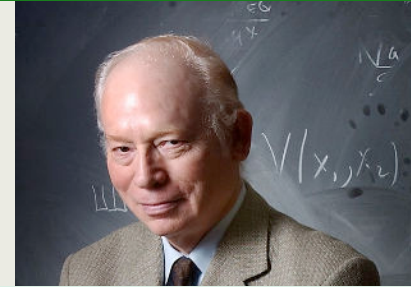
Is there a way to simplify the picture (without losing connection to QCD)?

Degrees of freedom

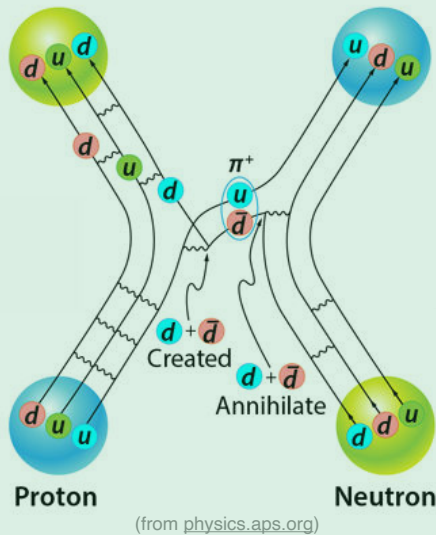
Weinberg's 3rd law of progress in theoretical physics:

You may use any degrees of freedom you like to describe a physical system, but if you use the wrong ones, you will be sorry...

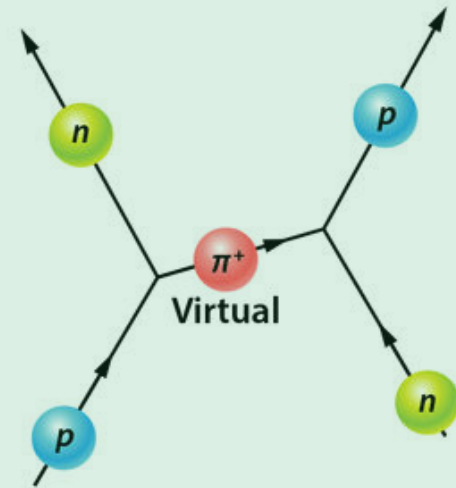
in Asymptotic Realms of Physics, MIT Press, Cambridge, 1983



Fundamental degrees of freedom



Effective degrees of freedom



low resolution →

⇒ non-relativistic description in the framework of the **A-body Schrödinger equation**:

$$\left[\left(\sum_{i=1}^N \frac{-\vec{\nabla}_i^2}{2m} + \mathcal{O}(m^{-3}) \right) + \underbrace{V_{2N} + V_{3N} + V_{4N} + \dots}_{\text{derived in ChPT}} \right] |\Psi\rangle = E |\Psi\rangle$$

From QCD to nuclear physics

The Standard Model (QCD, ...)

Schwinger-Dyson, large- N_c , ...

Lattice QCD

approximate chiral $SU(2)_L \times SU(2)_R$ symmetry

effective chiral Lagrangian $\mathcal{L}_{\text{eff}}(\pi, N)$

EFT (chiral perturbation theory)

— S-matrix ($\pi\pi$, πN , $\pi\pi N$, ...)
— nuclear forces and currents

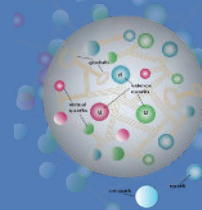
Quantum mechanical few-
and many-body methods

Hadron/nuclear structure and dynamics

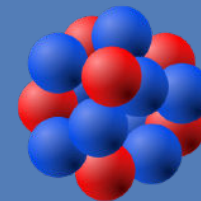
E_{FV}

EFT

finite-volume methods



proton



nuclei



neutron stars

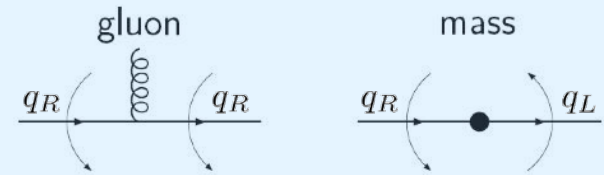
Chiral perturbation theory

QCD and the chiral symmetry

$$\mathcal{L}_{\text{QCD}} = -\frac{1}{4}G_a^{\mu\nu}G_{a,\mu\nu} + \bar{q}(i\gamma^\mu D_\mu - \mathcal{M})q$$

$$= -\frac{1}{4}G_a^{\mu\nu}G_{a,\mu\nu} + \underbrace{\bar{q}_L i D q_L + \bar{q}_R i D q_R}_{\text{SU}(N_f)_L \times \text{SU}(N_f)_R \text{ invariant}} - \underbrace{q_L \mathcal{M} q_R + q_R \mathcal{M} q_L}_{\text{small for } N_f = 2, (3)}$$

$$\text{SSB to } \text{SU}(N_f)_V \leq \text{SU}(N_f)_L \times \text{SU}(N_f)_R \Rightarrow N_f^2 - 1 \text{ GBs}$$



Low-energy QCD dynamics can be described in terms of $\mathcal{L}_{\text{eff}}[\text{GBs} + \text{matter fields } (N, \Delta, \dots)]$

Chiral perturbation theory

Weinberg, Physica A96 (79) 327; Gasser, Leutwyler, NPB 250 (85) 465; Leutwyler, Annals Phys. 235 (94) 165

QCD in the presence of external sources: $\mathcal{L} = \mathcal{L}_{\text{QCD}}^0 + \bar{q}(\gamma^\mu \nu_\mu + \gamma_5 \gamma^\mu a_\mu - s - ip)q$

$$\begin{aligned} \langle 0, \text{out} | 0, \text{in} \rangle_{v,a,s,p} &= Z[v, a, s, p] = \int [DG_\mu][Dq][D\bar{q}] e^{i \int d^4x \mathcal{L}(q, \bar{q}, G_{\mu\nu}; v, a, s, p)} \Big|_{\text{low energy}} \\ &= \int \underbrace{[DU]}_{\text{pion fields}} e^{i \int d^4x \mathcal{L}_{\text{eff}}(U; v, a, s, p)} \Big|_{\text{low energy}} \xrightarrow{\text{loop expansion}} \text{S-matrix} \\ &\hspace{15em} \text{(perturbation theory)} \end{aligned}$$

ChPT for pion-nucleon scattering

Effective chiral Lagrangian:

$$\mathcal{L}_\pi = \mathcal{L}_\pi^{(2)} + \mathcal{L}_\pi^{(4)} + \dots$$

$$\mathcal{L}_{\pi N} = \underbrace{\bar{N} \left(i\gamma^\mu D_\mu[\pi] - m + \frac{g_A}{2} \gamma^\mu \gamma_5 u_\mu[\pi] \right) N}_{\mathcal{L}_{\pi N}^{(1)}} + \underbrace{\sum_i \mathbf{c}_i \bar{N} \hat{O}_i^{(2)}[\pi] N}_{\mathcal{L}_{\pi N}^{(2)}} + \underbrace{\sum_i \mathbf{d}_i \bar{N} \hat{O}_i^{(3)}[\pi] N}_{\mathcal{L}_{\pi N}^{(3)}} + \underbrace{\sum_i \mathbf{e}_i \bar{N} \hat{O}_i^{(4)}[\pi] N}_{\mathcal{L}_{\pi N}^{(4)}} + \dots$$

low-energy constants

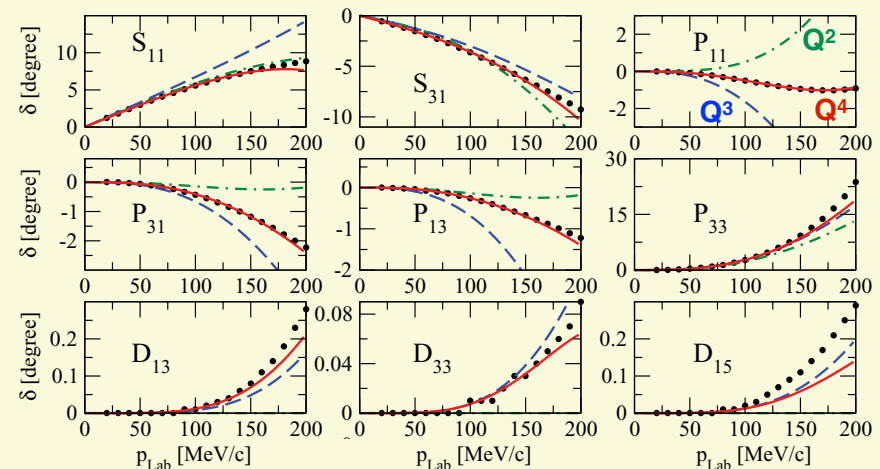
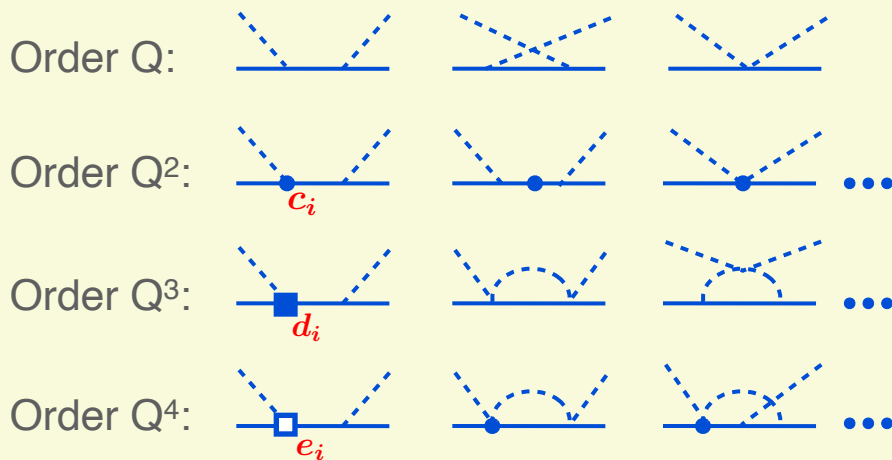
Pion-nucleon scattering amplitude for $\pi^a(q_1) + N(p_1) \rightarrow \pi^b(q_2) + N(p_2)$:

$$T_{\pi N}^{ba} = \frac{E + m}{2m} \left(\delta^{ba} \left[\underbrace{g^+(\omega, t)}_{\uparrow} + i\vec{\sigma} \cdot \vec{q}_2 \times \vec{q}_1 \underbrace{h^+(\omega, t)}_{\uparrow} \right] + i\epsilon^{bac} \tau^c \left[\underbrace{g^-(\omega, t)}_{\uparrow} + i\vec{\sigma} \cdot \vec{q}_2 \times \vec{q}_1 \underbrace{h^-(\omega, t)}_{\uparrow} \right] \right)$$

calculated by means of the chiral expansion

Pion-nucleon scattering up to Q^4 in heavy-baryon ChPT

Fettes, Meißner '00; Krebs, Gasparyan, EE '12

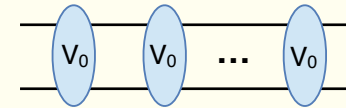


Chiral EFT for nuclear systems

For few-N, ladder diagrams are enhanced and must be re-summed Weinberg '90, '91

$$T_{\text{LO}} = V_0 + V_0 G V_0 + V_0 G V_0 G V_0 + \dots = \sum_{n=0}^{\infty} V_0 (G V_0)^n$$

\uparrow order in the ChEFT expansion



$$T_{\text{NLO}} = T_{\text{LO}} + \sum_{m,n=0}^{\infty} (V_0 G)^m V_2 (V_0 G)^n + \underbrace{\mathcal{O}((V_2)^2)}$$

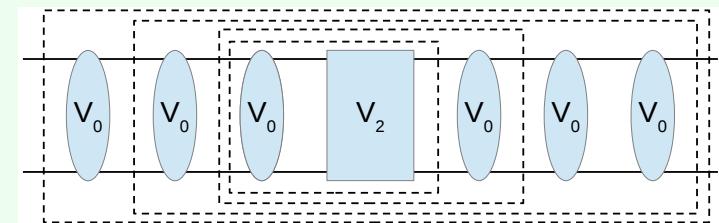
automatically included when solving
 $T_{\text{NLO}} = (V_0 + V_2) + (V_0 + V_2) G T_{\text{NLO}}$

(divergent integrals in the Lippmann-Schwinger equation are usually regularized with a cutoff Λ)

Finite-cutoff EFT ($\Lambda \sim \Lambda_b \sim 600 \text{ MeV}$) Lepage, EE, Gegelia, Meißner, Reinert, Entem, Machleidt, ...




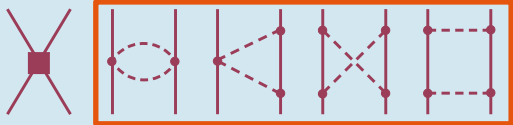


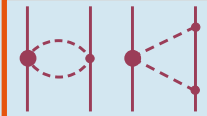
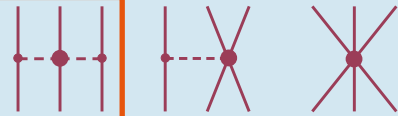

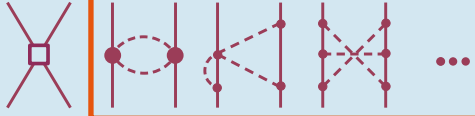
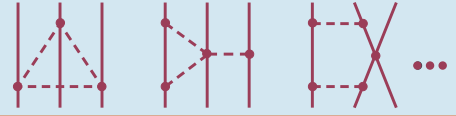

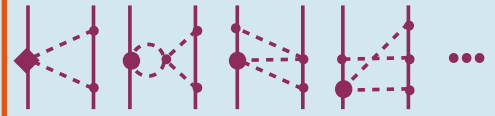


- implicit renormalization (achieved by tuning bare LECs to data)
- approximate Λ -independence of calculated observables has to be verified a posteriori
- **explicit proof of renormalizability** (in the EFT sense) has been given to NLO using the BPHZ formalism

Ashot Gasparyan, EE, PRC 105 (22); PRC 107 (23)



Chiral expansion of the nuclear forces

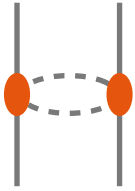
(NDA, chiral EFT with pions and nucleons as the only DoF)

	Two-nucleon force	Three-nucleon force	Four-nucleon force
LO (Q^0)	 <p>Weinberg '90</p>		
NLO (Q^2)			
N ² LO (Q^3)	 <p>van Kolck et al. '94 Friar, Coon '94 Kaiser et al. '97 Epelbaum et al. '98</p>	 <p>van Kolck '94; Epelbaum et al. '02</p>	
N ³ LO (Q^4)	 <p>Kaiser '00-'02</p>	 <p>Bernard, Epelbaum, Krebs, Meißner '08, '11</p>	 <p>Epelbaum '06, '07</p>
N ⁴ LO (Q^5)	 <p>Entem, Kaiser, Machleidt, Nösyk '15</p>	 <p>Girlanda et al. '11, Krebs et al. '11, '13</p>	

Chiral dynamics: Long-range interactions are predicted in terms of on-shell amplitudes



Two-pion exchange and the πN amplitude



← exchanged pions can become on-shell for $q^2 \leq -(2M_\pi)^2$

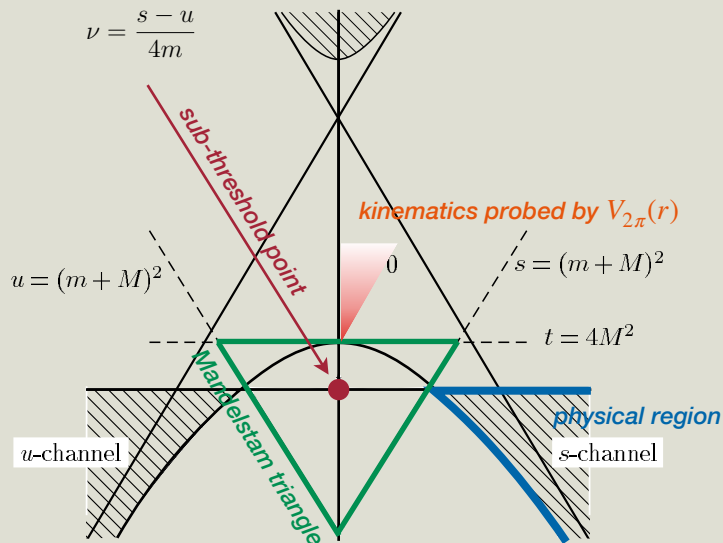
⇒ $V_{2\pi}(q^2)$ are analytic functions except for the branch cut $q^2 \in (-\infty, -4M_\pi^2]$

$$\Rightarrow V_{2\pi}^c(q^2) = \underbrace{\frac{2}{\pi} \int_{2M_\pi}^{\infty} d\mu \mu \frac{\rho(\mu)}{q^2 + \mu^2}}_{\text{in practice, subtractions are needed to make the integral convergent}} \quad \text{where } \rho(\mu) = \text{Im}[V_{2\pi}^c(q = 0^+ - i\mu)]$$

in practice, subtractions are needed to make the integral convergent

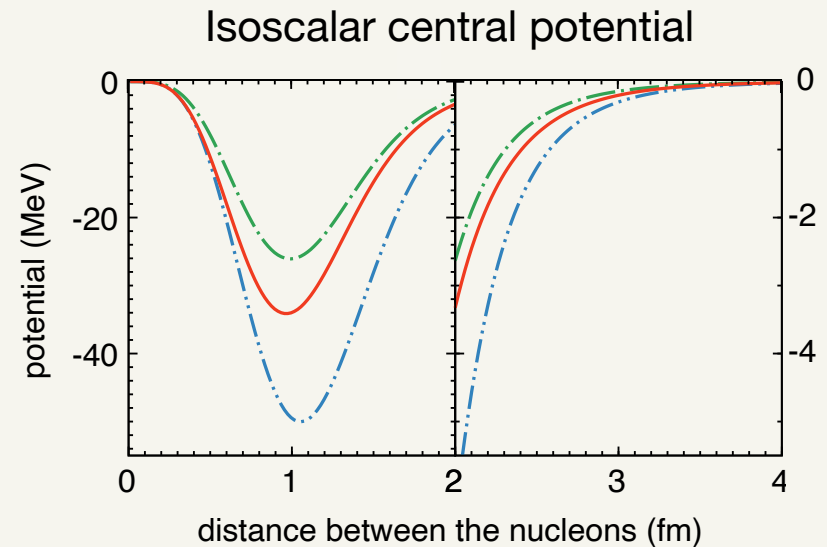
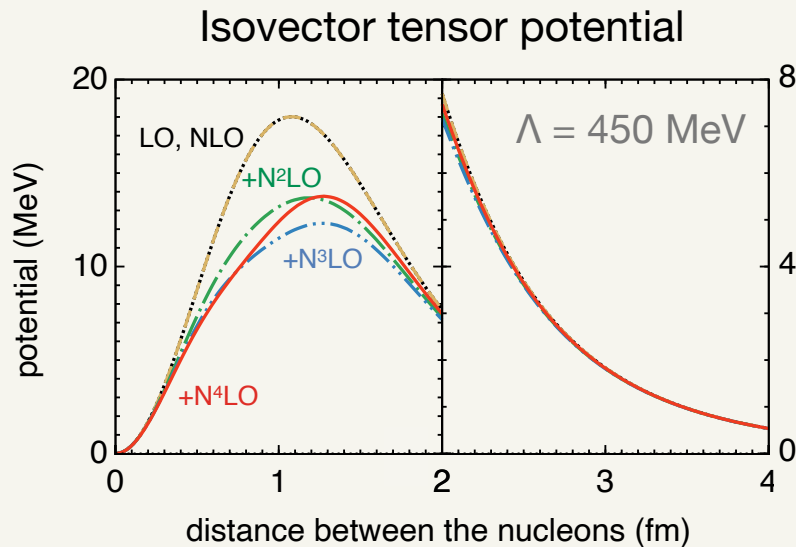
The spectral functions $\rho(\mu)$ determine the long-range behavior of $V_{2\pi}(r)$ and can be calculated from the **on-shell πN amplitude** (ChPT) using Cutkosky cutting rules (Kaiser, 1999)

Kinematic regions for πN scattering



- πN amplitude from the numerical solution of the dispersive Roy-Steiner equations
Ditsche et al., 2012
- Extract LECs from matching ChPT at the **sub-threshold point** Hoferichter et al., 2015
- Closer to the **kinematics probed by $V_{2\pi}(r)$** than the physical region
- Beyond HBChPT: Δ , $1/m$ Siemens et al., 2017

Chiral expansion of the multi-pion exchange



- Long-distance behavior of the NN force is a **parameter-free prediction of chiral EFT**
- Agrees with phenomenology (strong intermediate-range attraction from TPEP)
- Reasonable convergence of the chiral expansion (at large r)
- Short-range interactions parametrized by contacts

Regularization EE, Krebs, Meißner EPJA 51 (15); Phys. Rev. Lett. 115 (15); Reinert, Krebs, EE, EPJA 54 (18)

$$V_{1\pi}(q) = \frac{\alpha}{\vec{q}^2 + M_\pi^2} e^{-\frac{\vec{q}^2 + M_\pi^2}{\Lambda^2}} + \text{subtraction,}$$

$$V_{2\pi}(q) = \frac{2}{\pi} \int_{2M_\pi}^{\infty} d\mu \mu \frac{\rho(\mu)}{\vec{q}^2 + \mu^2} e^{-\frac{\vec{q}^2 + \mu^2}{2\Lambda^2}} + \text{subtractions}$$

The two-nucleon system

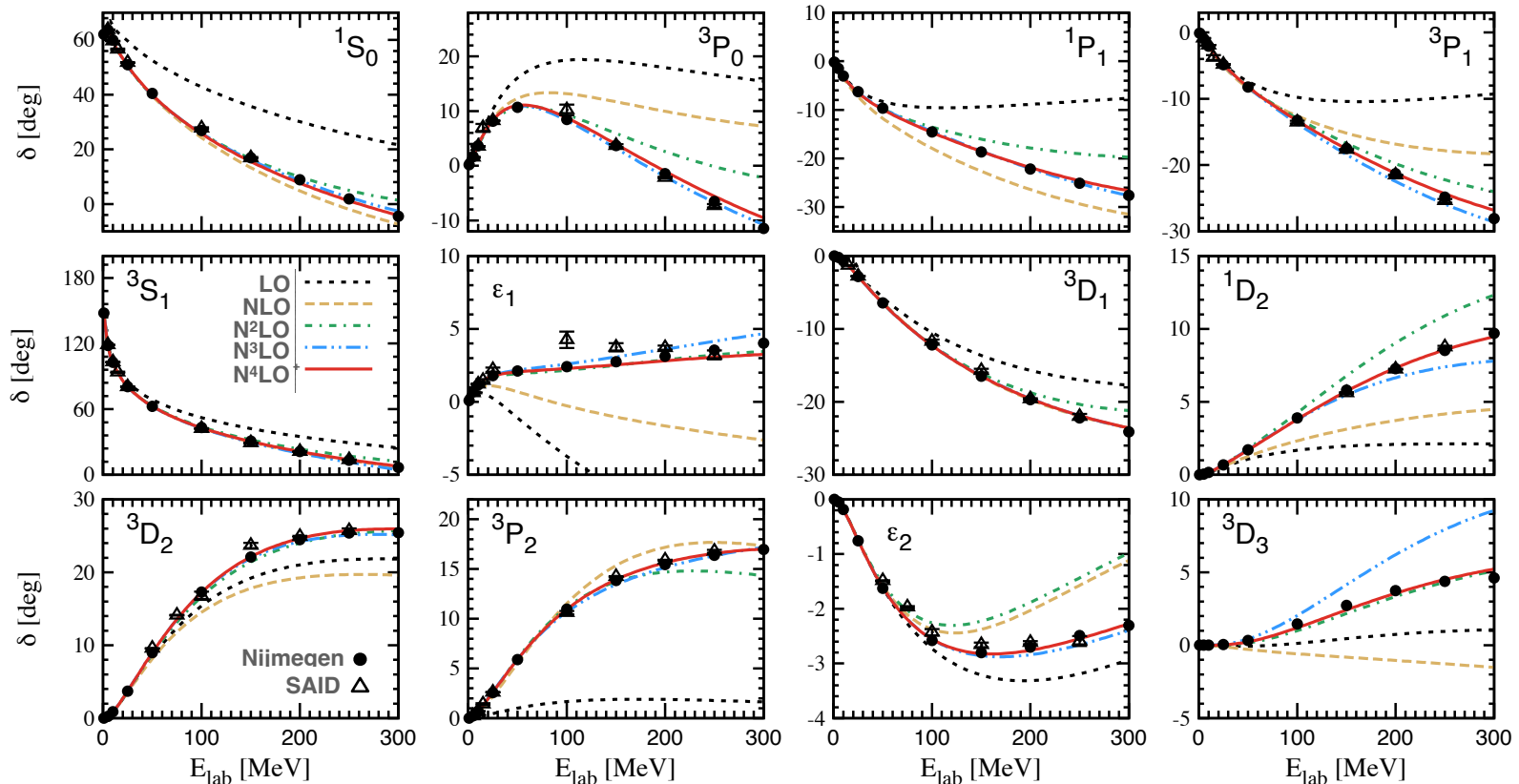
How far in the EFT expansion does one need to go to precisely describe low-energy NN data?

Results for $\Lambda = 450$ MeV

from: P. Reinert, H. Krebs, EE, EPJA 54 (2018) 88

	LO (Q^0)	NLO (Q^2)	N ² LO (Q^3)	N ³ LO (Q^4)	N ⁴ LO (Q^5)	N ⁴ LO ⁺
χ^2/datum (np, 0 – 300 MeV)	75	14 no new LECs	4.1	2.01 no new LECs	1.16	1.06
χ^2/datum (pp, 0 – 300 MeV)	1380	91 no new LECs	41	3.43 no new LECs	1.67	1.00
	2 LECs	+ 7 + 1 IB LECs		+ 12 LECs	+ 1 LEC (np)	+ 4 LECs

Chiral expansion of the neutron-proton phase shifts [$\Lambda = 450$ MeV]



Truncation uncertainty

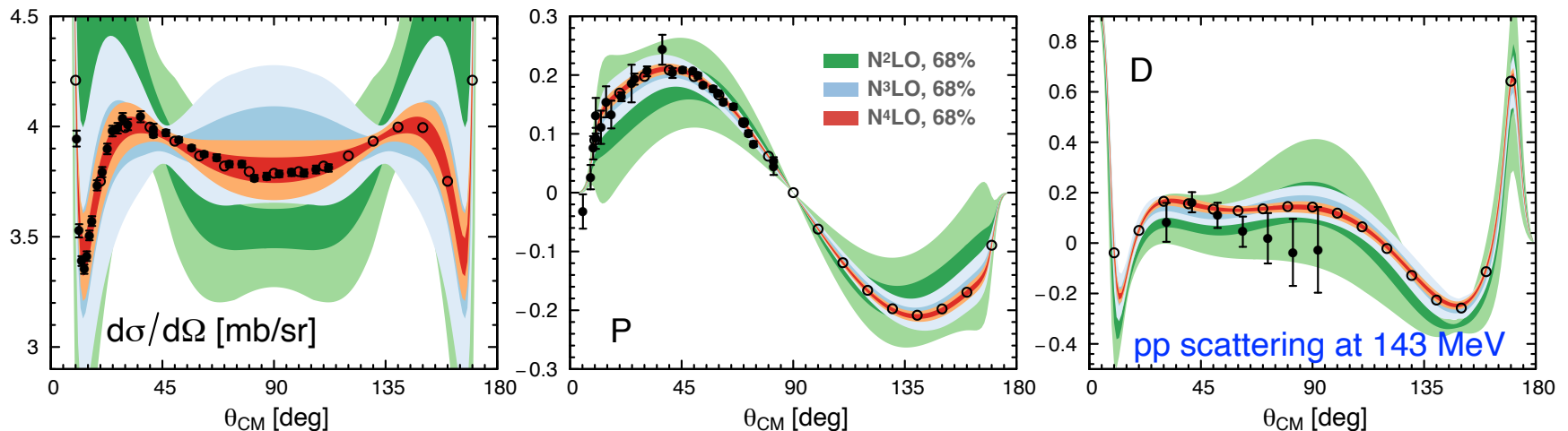
How large is truncation uncertainty stemming from neglected higher-order terms?

Consider an arbitrary observable $X(p)$:

$$X(p) = \underbrace{c_0 + c_2 Q^2 + c_3 Q^3 + \dots + c_i Q^i}_{\text{known from explicit calculations}} + \underbrace{c_{i+1} Q^{i+1} + \dots}_{\text{truncation error to be estimated}} \quad \text{where } Q = \max\left(\frac{p}{\Lambda_b}, \frac{M_\pi^{\text{eff}}}{\Lambda_b}\right)$$

Bayesian approach to estimate the truncation error Furnstahl et al. (**BUQEYE**) '15...'23, EE et al. '20

- assume some common pdf for the coefficients c_i (prior)
- learn the convergence pattern from the known c_0, \dots, c_i to obtain the posterior pdf
- marginalize over the unknown c_{i+1}, c_{i+2}, \dots



Precision physics in the 2N sector I: πN couplings

Reinert, Krebs, EE, Phys. Rev. Lett. 126 (2021) 9, 092501

Standard notation ($f_{\pi NN} = \frac{M_{\pi^\pm}}{2\sqrt{4\pi m_N}} g_{\pi NN}$):

$$f_0^2 = -f_{\pi^0 nn} f_{\pi^0 pp}$$

$$f_p^2 = f_{\pi^0 pp} f_{\pi^0 pp}$$

$$2f_c^2 = f_{\pi^\pm pn} f_{\pi^\pm pn}$$

2017 Granada PWA: claimed to find significant charge dependence of the coupling constants:

$$f_0^2 - f_p^2 = 0.0029(10)$$

Navarro Perez et al., PRC 95 (2017) 6, 064001

Our result (χ EFT at N^4 LO):

Bayesian determination; statistical and systematic uncertainties.

No evidence for charge dependence of the πN coupling constants

Reinert, Krebs, EE, Phys. Rev. Lett. 126 (2021) 092501

Our $g_{\pi NN}$ value corresponding to f_c^2 reads:

$$g_{\pi NN} = 13.23 \pm 0.04$$

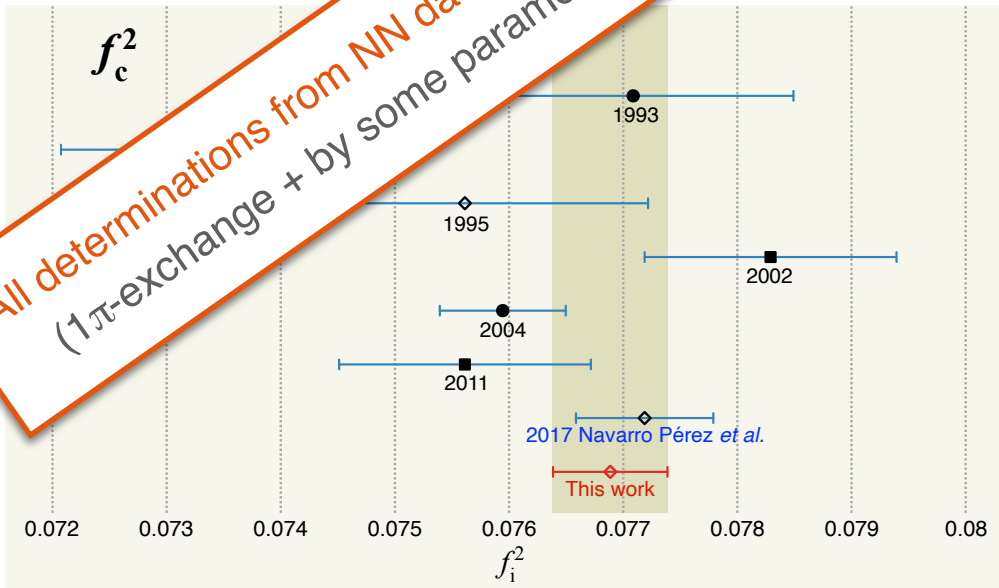
Pionic hydrogen exp. at PSI (GMO sum)

[Hirtl et al., Eur. Phys. J. A57 (2021) 2, 70]

$$\epsilon_{1s}^{\pi H} + \epsilon_{1s}^{\pi D} : g_{\pi NN} = 13.10 \pm 0.04$$

$$\Gamma_{1s}^{\pi H} : g_{\pi NN} = 13.23 \pm 0.04$$

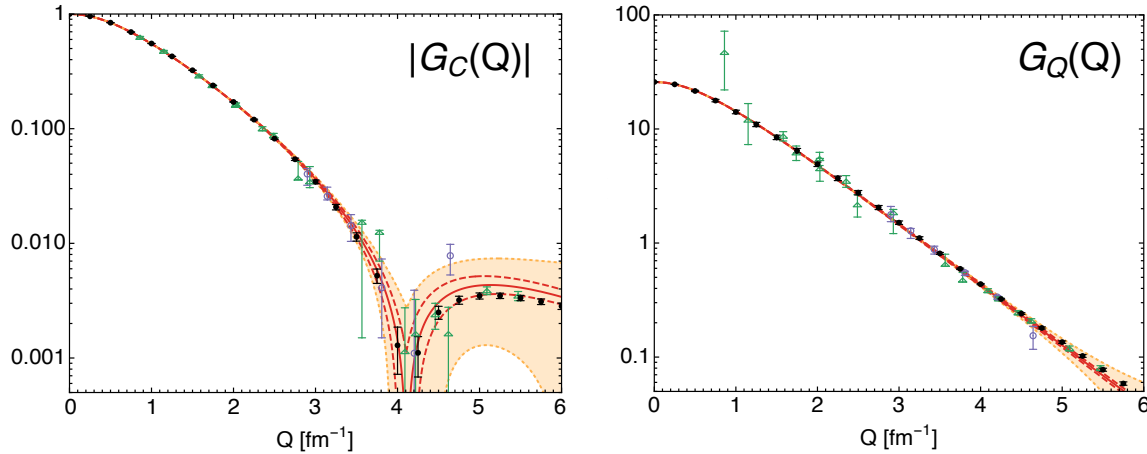
All determinations from NN data rely on phenomenological models (1π -exchange + by some parametrizations of short-range terms)



Precision physics in the 2N sector II: Deuteron FFs

Filin, Möller, Baru, EE, Krebs, Reinert, PRL 124 (2020) 082501; PRC 103 (2021) 024313

Charge and quadrupole form factors of the deuteron at N⁴LO



Extracted quadrupole moment:

$$Q_d = 0.2854^{+0.0038}_{-0.0017} \text{ fm}^2$$

EFT truncation, choice of fitting range,
NN, π N and γ NN LECs

to be compared with experiment

$$Q_d^{\text{exp}} = 0.285\,699(15)(18) \text{ fm}^2$$

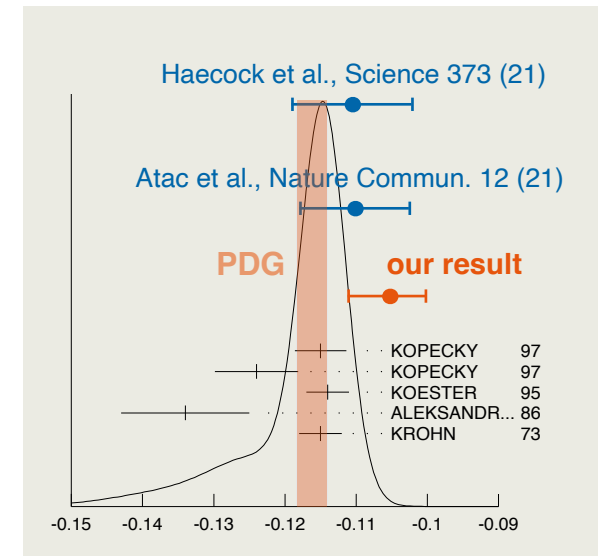
Puchalski et al., PRL 125 (2020)

The charge and structure radius:

$$r_d^2 = (-6) \left. \frac{\partial G_C(Q^2)}{\partial Q^2} \right|_{Q^2=0} = r_{str}^2 + r_p^2 + r_n^2 + \frac{3}{4m_p^2}$$

Combining our result $r_{str} = 1.9729^{+0.0015}_{-0.0012} \text{ fm}$ with very precise isotope-shift spectroscopy data for $r_d^2 - r_p^2$, we determine the neutron m.s. charge radius:

$$r_n^2 = -0.105^{+0.005}_{-0.006} \text{ fm}^2$$

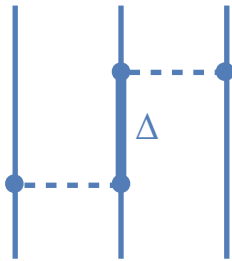


In progress: magnetic (Daniel Möller, PhD thesis) and gravitational (Julia Panteleeva, PhD thesis) FFs of ²H

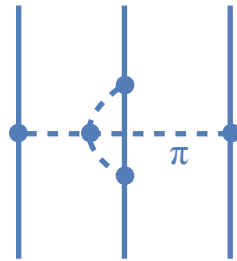
Three-body force: A frontier in nuclear physics

- Three-nucleon forces (3NF) are small **but important** corrections to the dominant NN forces

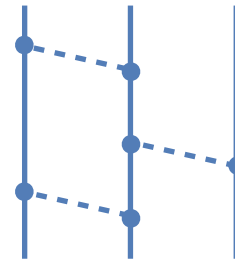
- 3NF mechanisms:



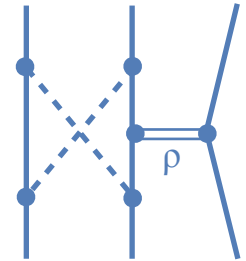
intermediate Δ -excitation
Fujita, Miyazawa '57



multi-pion interactions



off-shell behavior of the V_{NN}
 $V_{\text{ring}} = \mathcal{A}_{3\pi} - V_{\pi} G_0 V_{\pi} G_0 V_{\pi}$



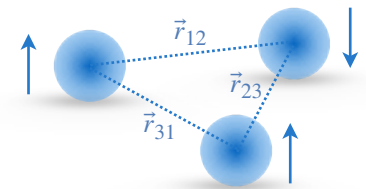
short-range

⇒ 3NF are not directly measurable and depend on the scheme (DoF, off-shell V_{NN} , ...)

- 3NF have extremely rich and complex structure

– most general **local** 3NF: $V_{3N} = \sum_{i=1}^{20} O_i f_i(r_{12}, r_{23}, r_{31}) + \text{permutations}$
EE, Gasparyan, Krebs, Schat '15

– most general **nonlocal** 3NF: **320 (!)** operators Topolnicki '17



⇒ Guidance from theory indispensable — an opportunity for χ EFT!

Three-nucleon force in chiral EFT

	N ² LO (Q ³)	N ³ LO (Q ⁴)	N ⁴ LO (Q ⁵)
		<p>Ishikawa, Robilotta '08; Bernard, EE, Krebs, Meißner '08</p>	<p>Krebs, Gasparyan, EE '12</p>
	—	<p>Bernard, EE, Krebs, Meißner '08</p>	<p>Krebs, Gasparyan, EE '13</p>
	—	<p>Bernard, EE, Krebs, Meißner '08</p>	<p>Krebs, Gasparyan, EE '13</p>
	c_D	<p>Bernard, EE, Krebs, Meißner '11</p>	
	—	<p>Bernard, EE, Krebs, Meißner '11</p>	
	c_E	<p>mixing DimReg with Cutoff regularization in the Schrödinger equation violates χ-symmetry \Rightarrow need to be re-derived using symmetry-preserving Cutoff regularization</p>	

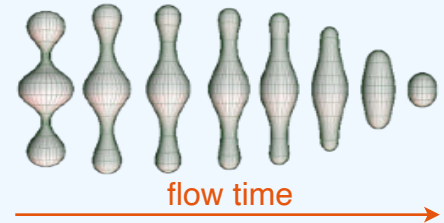
Gradient flow for chiral EFT

Hermann Krebs, EE, e-Print: 2311.10893, 2312.13932

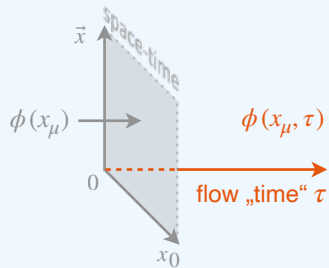
A rigorous approach to regularize nuclear interactions and currents
in harmony with the chiral and gauge symmetries

Gradient flow

Gradient flows: methods for smoothing manifolds
(e.g., Ricci flow used in the proof of the Poincaré conjecture)



Gradient flow as a regulator in field theory



$$\text{Flow equation: } \frac{\partial}{\partial \tau} \phi(x, \tau) = - \left. \frac{\delta S[\phi]}{\delta \phi(x)} \right|_{\phi(x) \rightarrow \phi(x, \tau)}$$

subject to the boundary condition $\phi(x, 0) = \phi(x)$

Free scalar field:

$$[\partial_\tau - (\partial_\mu^x \partial_\mu^x - M^2)] \phi(x, \tau) = 0 \quad \Rightarrow \quad \phi(x, \tau) = \underbrace{\int d^4 y G(x-y, \tau) \phi(y)}_{\text{heat kernel}} \quad \Rightarrow \quad \tilde{\phi}(q, \tau) = e^{-\tau(q^2 + M^2)} \tilde{\phi}(q)$$

$$G(x, \tau) = \frac{\theta(\tau)}{16\pi^2 \tau^2} e^{-\frac{x^2 + 4M^2 \tau^2}{4\tau}}$$

YM gradient flow Narayanan, Neuberger '06, Lüscher, Weisz '11: $\partial_\tau A_\mu(x, \tau) = D_\nu G_{\nu\mu}(x, \tau)$ ← extensively used in LQCD

Chiral gradient flow Krebs, EE, 2312.13932

Start with $U(\pi(x)) \in \text{SU}(2) \rightarrow RU(x)L^\dagger$

Generalize $U(x)$ to $W(x, \tau)$: $\partial_\tau W = -i \underbrace{w [D_\mu, w_\mu] + \frac{i}{2} \chi_-(\tau) - \frac{i}{4} \text{Tr} \chi_-(\tau)}_{\sqrt{W}} w$, $W(x, 0) = U(x)$

We have proven $\forall \tau$: $W(x, \tau) \in \text{SU}(2)$, $W(x, \tau) \rightarrow RW(x, \tau)L^\dagger$

Gradient flow for chiral interactions

unpublished work by DBK

But sometimes momentum cutoff regulators are preferred:

- Better behavior for nonperturbative, computational applications (eg, chiral nuclear forces)
- ...but violate chiral symmetry and can lead to problems

This talk: a way to avoid the latter's problems.

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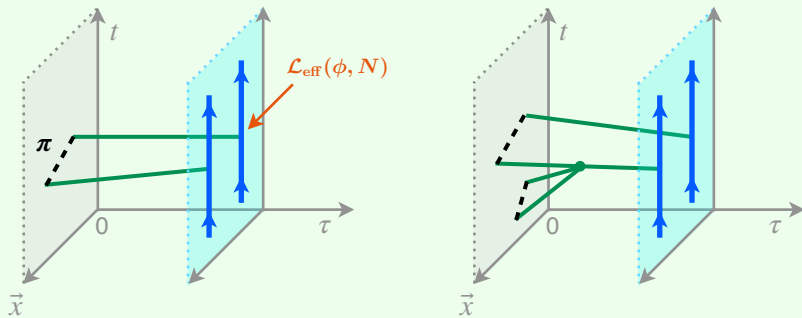
Gradient flow regularization

$$\phi(x_\mu, \tau) = \text{[Diagram 1]} + \text{[Diagram 2]} + \dots$$

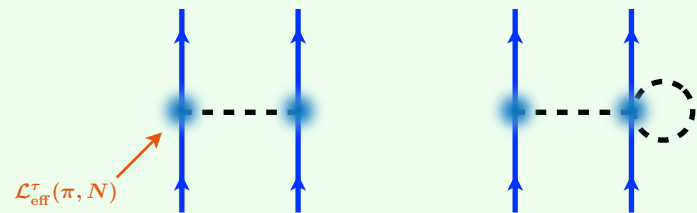
Diagram 1: A 3D coordinate system with axes \vec{x} and τ . A point π is marked on the \vec{x} axis. A green arrow labeled $\phi^{(1)}(x_\mu, \tau)$ points from π to a point on the τ axis.

Diagram 2: A 3D coordinate system with axes \vec{x} and τ . A point π is marked on the \vec{x} axis. A blue plane is shown at $\tau = s$. A green arrow labeled $\phi^{(3)}(x_\mu, \tau)$ points from π to a point on the blue plane. The text "[integrated over \vec{y}, y_0, s]" is below the diagram.

Local field theory in 5d



Smeared (non-local) theory in 4d



We now have the regularized Lagrangian, but cannot use the canonical-quantization-based UT method to derive nuclear forces ($\partial_0^n \pi$ with arbitrary $n \dots$). **Path Integral approach** [Krebs, EE, e-Print: 2311.10893]:

$$Z[\eta^\dagger, \eta] = A \int \mathcal{D}N^\dagger \mathcal{D}N \mathcal{D}\pi \exp\left(iS_{\text{eff}}^\Lambda + i \int d^4x [\eta^\dagger N + N^\dagger \eta]\right)$$

nonlocal redefinitions of N, N^\dagger \rightarrow

$$A \int \mathcal{D}\tilde{N}^\dagger \mathcal{D}\tilde{N} \exp\left(iS_{\text{eff}, N}^\Lambda + i \int d^4x [\eta^\dagger \tilde{N} + \tilde{N}^\dagger \eta]\right)$$

instantaneous \rightarrow

The horizon is always three miles away
...but is becoming increasingly brighter

Precision nuclear theory
from χ EFT

Thank you for your attention