

QCD-Collapsed Domain Walls

Yang Bai

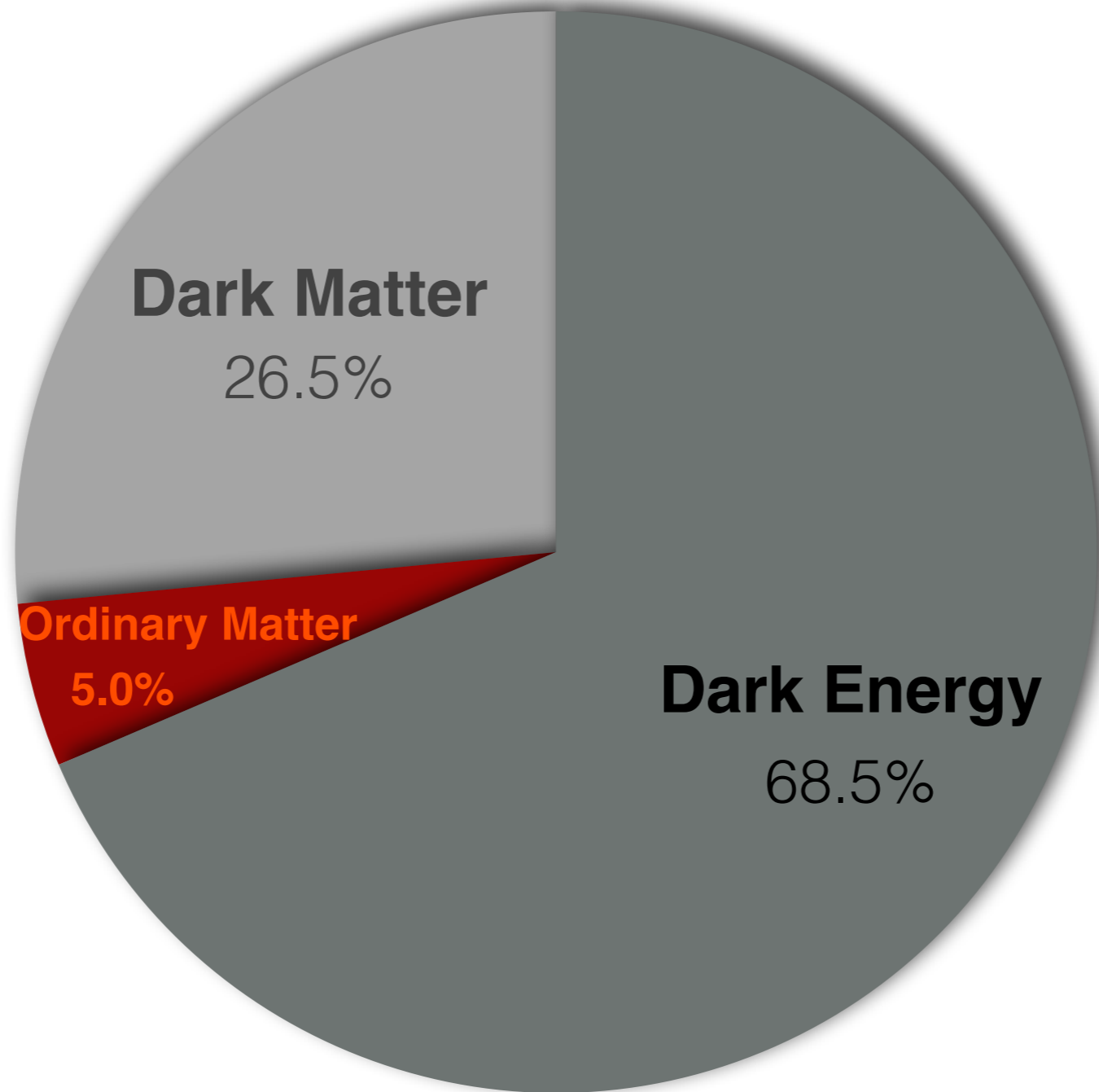
University of Wisconsin-Madison



Unravelling the Universe with PTAs, Dec. 1, 2023



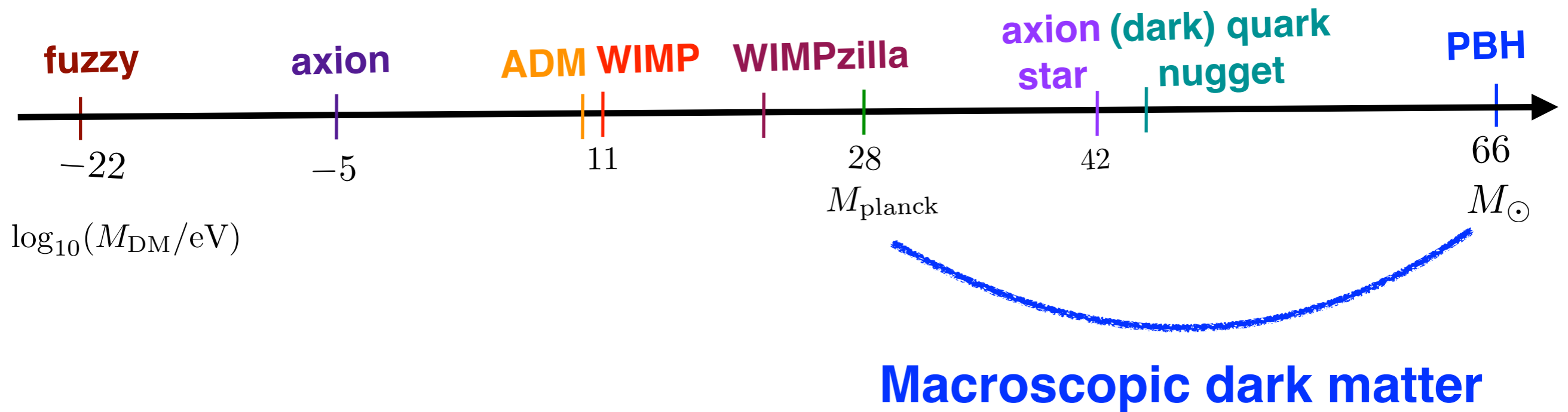
Dark world



from PLANCK, 1807.06209



(Incomplete list) Dark Matter Models





$$\frac{26.5\%}{5.0\%} \approx 5$$

Dark matter is coincident with ordinary matter! Why?



Baryon-anti-baryon asymmetry

$$\frac{n_B - n_{\bar{B}}}{n_B + n_{\bar{B}}} \sim 10^{-10}$$

- ❖ **Sakharov's three “general” conditions:**
 - I. Baryon number violation**
 - II. C and CP violation**
 - III. Departure from thermal equilibrium**
- ❖ **Models: electroweak baryogenesis, leptogenesis, spontaneous baryogenesis,**



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 - I. Baryon number violation**
 - II. C and CP violation**
 - III. Departure from thermal equilibrium**
- ❖ **Models: electroweak baryogenesis, leptogenesis, spontaneous baryogenesis,**
- ❖ **Why is dark matter comparable to the leftover of baryon asymmetry?**



Asymmetric dark matter

$$\frac{m_{\text{DM}} n_{\text{DM}}}{m_p n_p} = \frac{26.5\%}{5.0\%} \approx 5$$

❖ **Two conditions:**

I. $n_{\text{DM}} \sim n_p$

II. $m_{\text{DM}} \sim m_p$



I. $n_{\text{DM}} \sim n_p$

The first condition can be satisfied by introducing some non-trivial number density history

Barr, Chivukula, Farhi, PLB, 241, 387 (1990)

David B. Kaplan, PRL, 68, 741 (1992)

Dodelson, Greene, Widrow, NPB, 372, 467 (1992)

Fujii, Yanagida, PLB, 542, 80 (2002)

Kitano, Low, PRD, 71, 023510 (2005)

Farrar, Zaharijas, PRL, 96, 041302 (2006)

Gudnason, Kouvaris, Sannino, PRD, 73, 115003 (2006)

Kaplan, Luty, Zurek, PRL, 79, 115016 (2009)

Shelton, Zurek, PRD, 82, 123512 (2010)

Davoudiasl, Morrissey, Sigurdson, Tulin, PRL, 105, 211304 (2010)

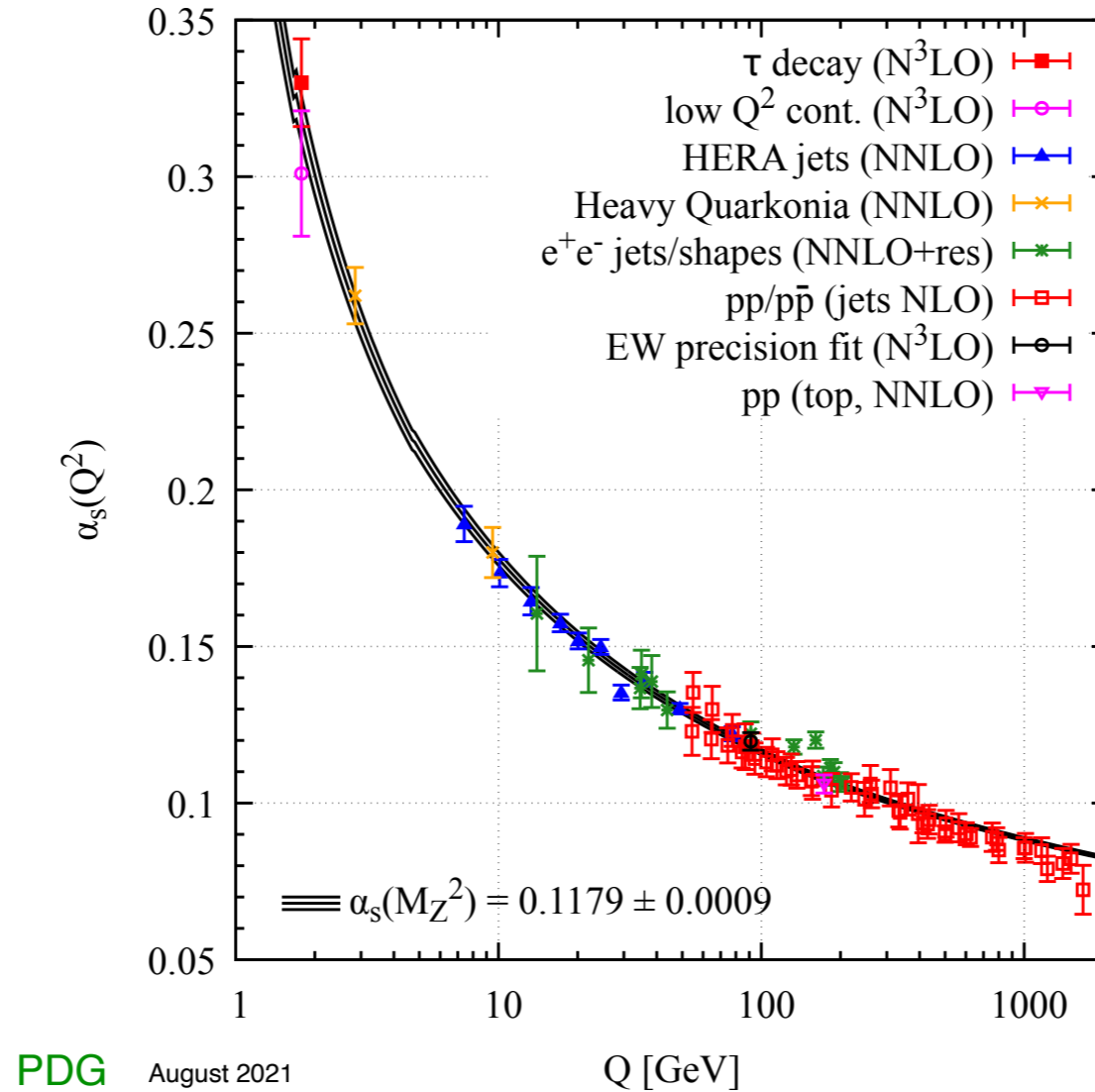
Buckley, Randall, JHEP, 1109, 009 (2011)

.....
7



II. $m_{\text{DM}} \sim m_p$

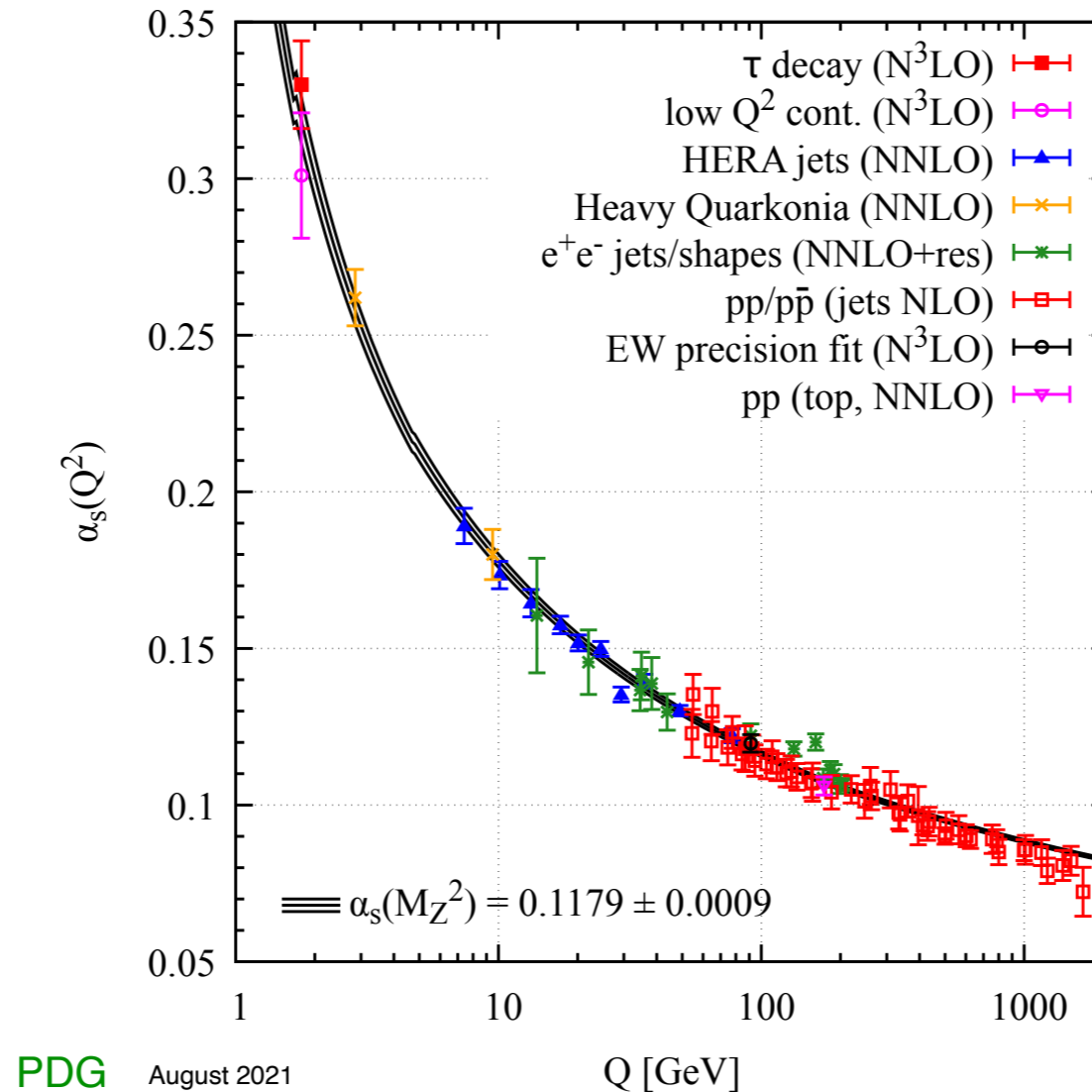
90% of the mass of ordinary matter emerges from QCD





II. $m_{\text{DM}} \sim m_p$

90% of the mass of ordinary matter emerges from QCD



Does it mean that dark matter knows the QCD scale?



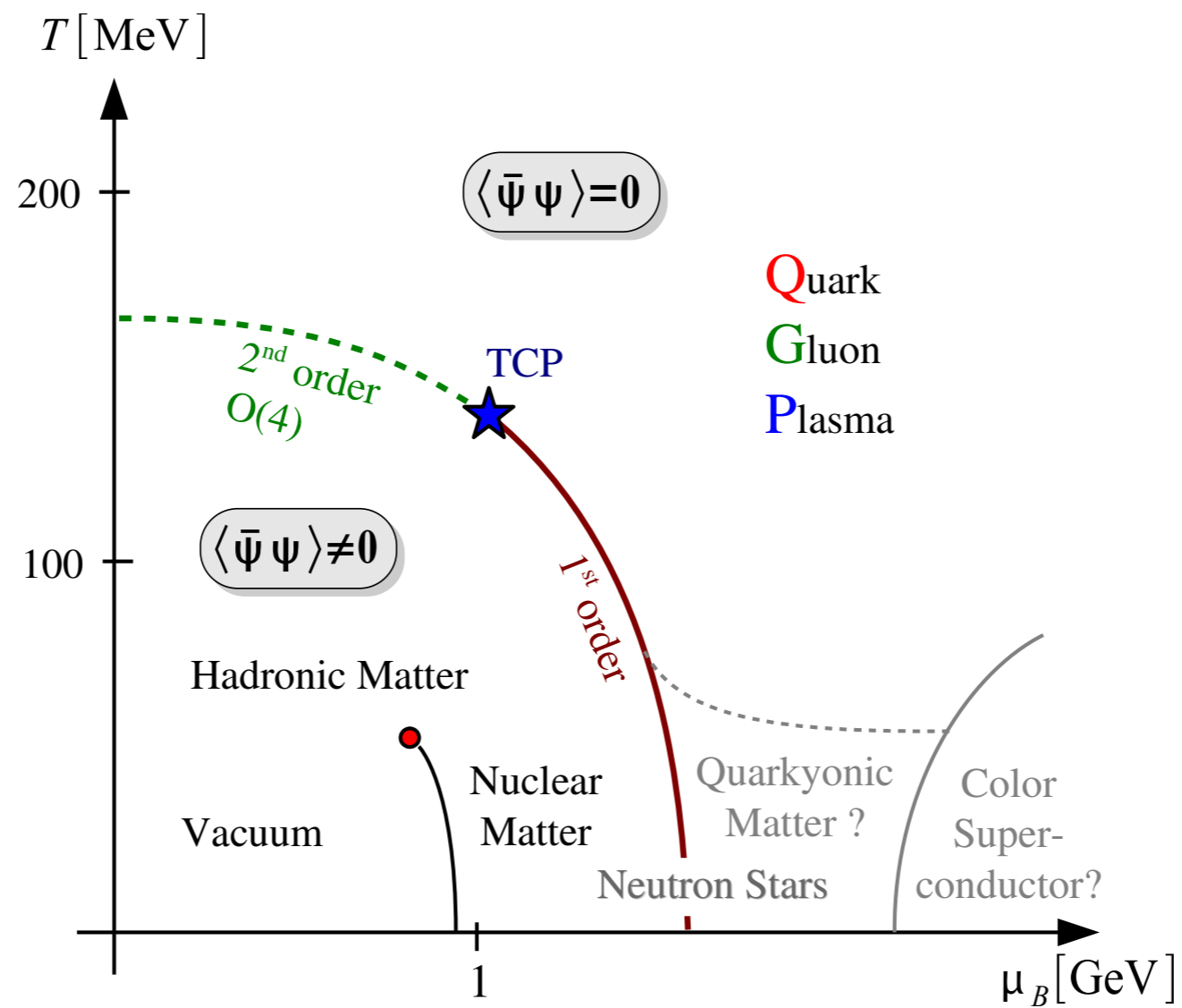
Dark matter from our QCD

- ❖ **Other states in QCD?**



Dark matter from our QCD

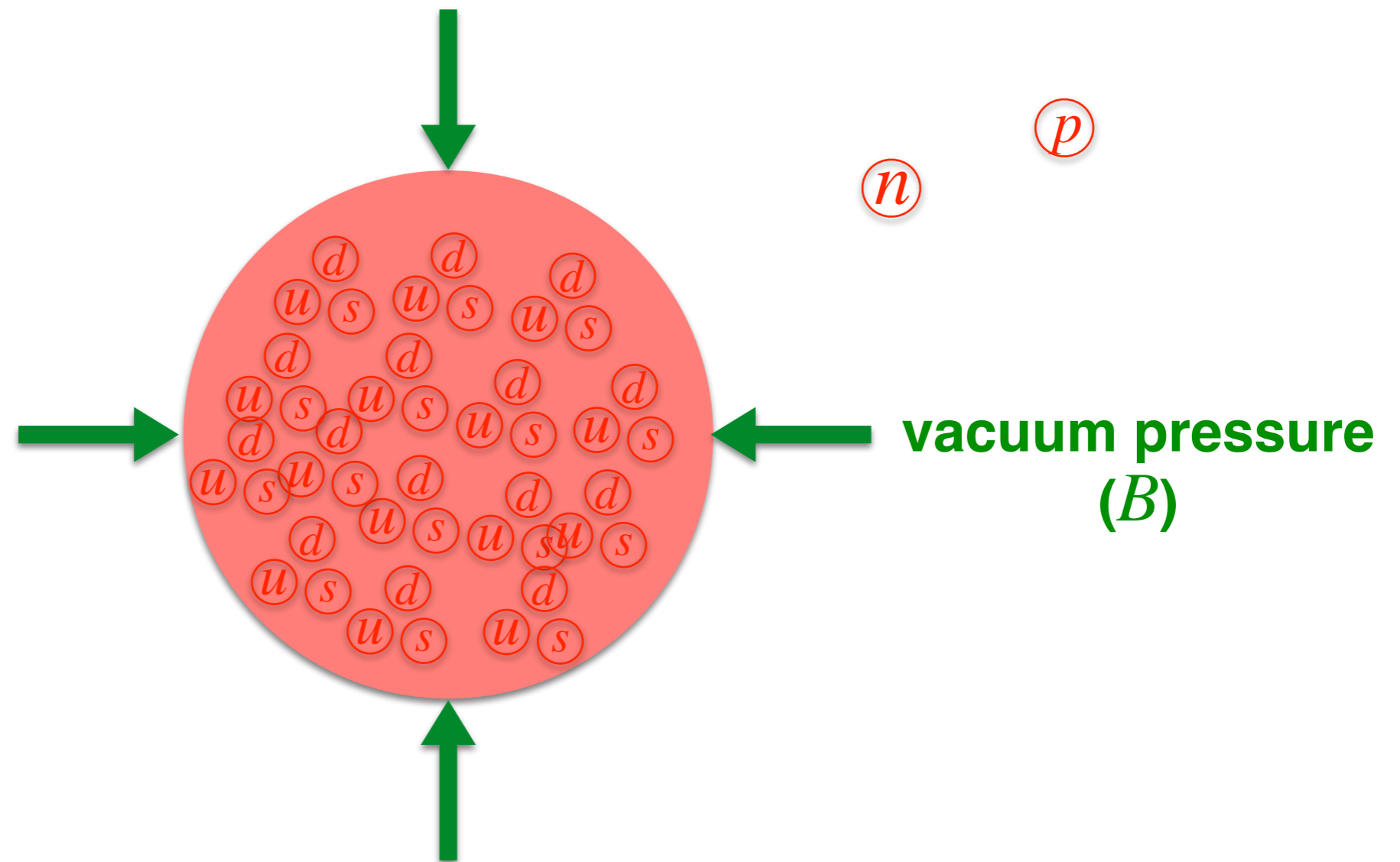
❖ Other states in QCD?



Forcrand, et. al., arXiv:1503.08140

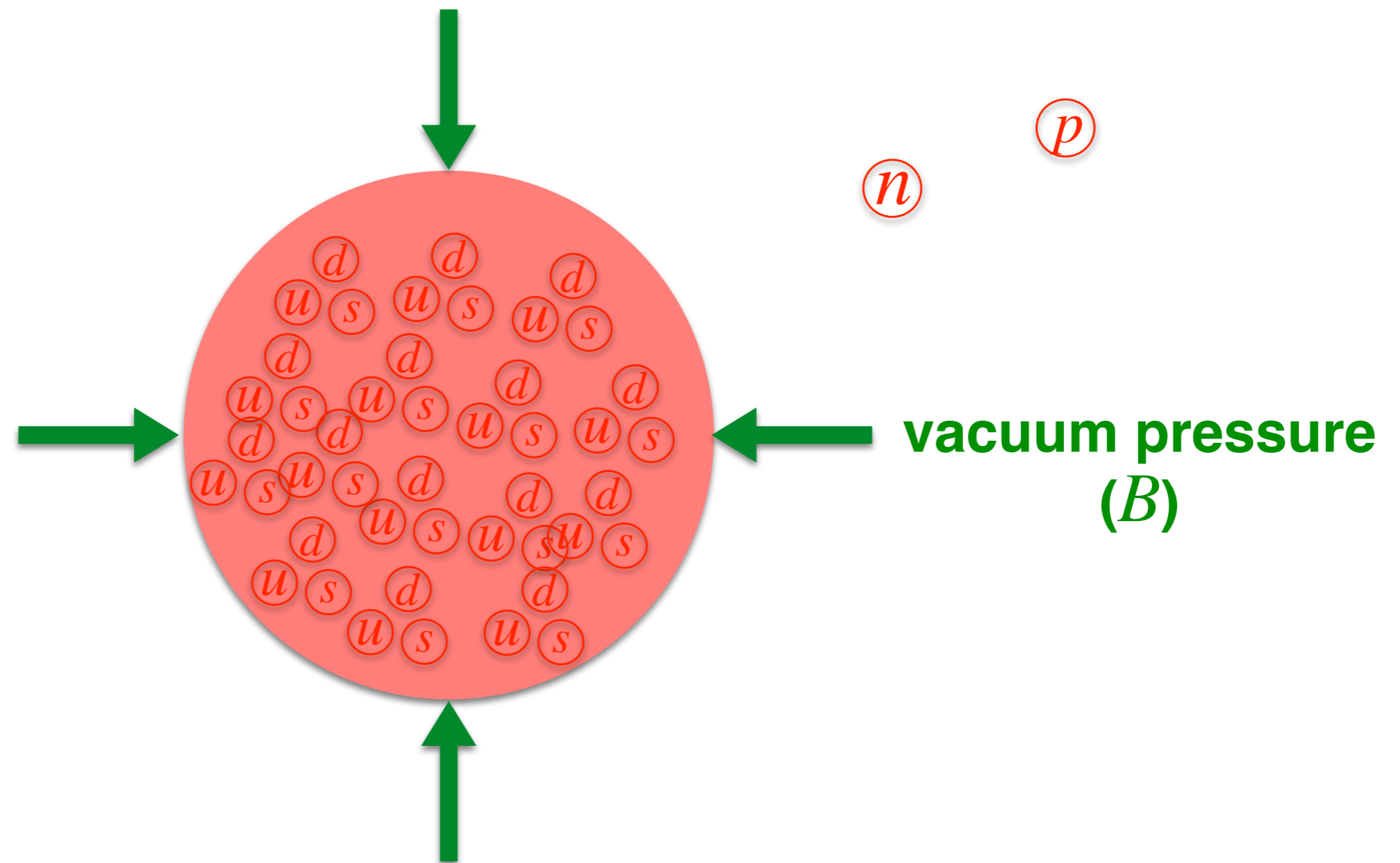


Quark nuggets



- ❖ **Balanced between vacuum and degenerate Fermi pressures**

Quark nuggets

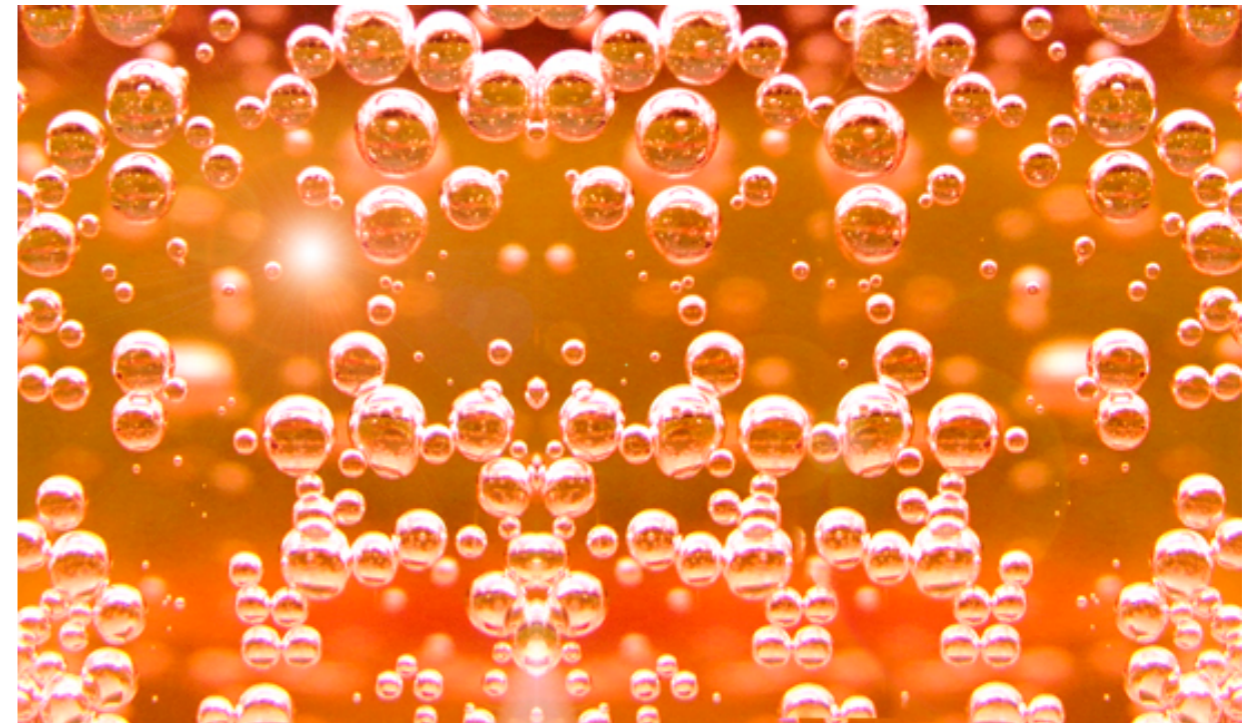


- ❖ **Balanced between vacuum and degenerate Fermi pressures**

$$\frac{M}{A} \approx 5.7 B^{1/4} = 912 \text{ MeV} \times \frac{B^{1/4}}{160 \text{ MeV}} < \frac{M_{\text{Fe}}}{A_{\text{Fe}}} \approx 930 \text{ MeV}$$

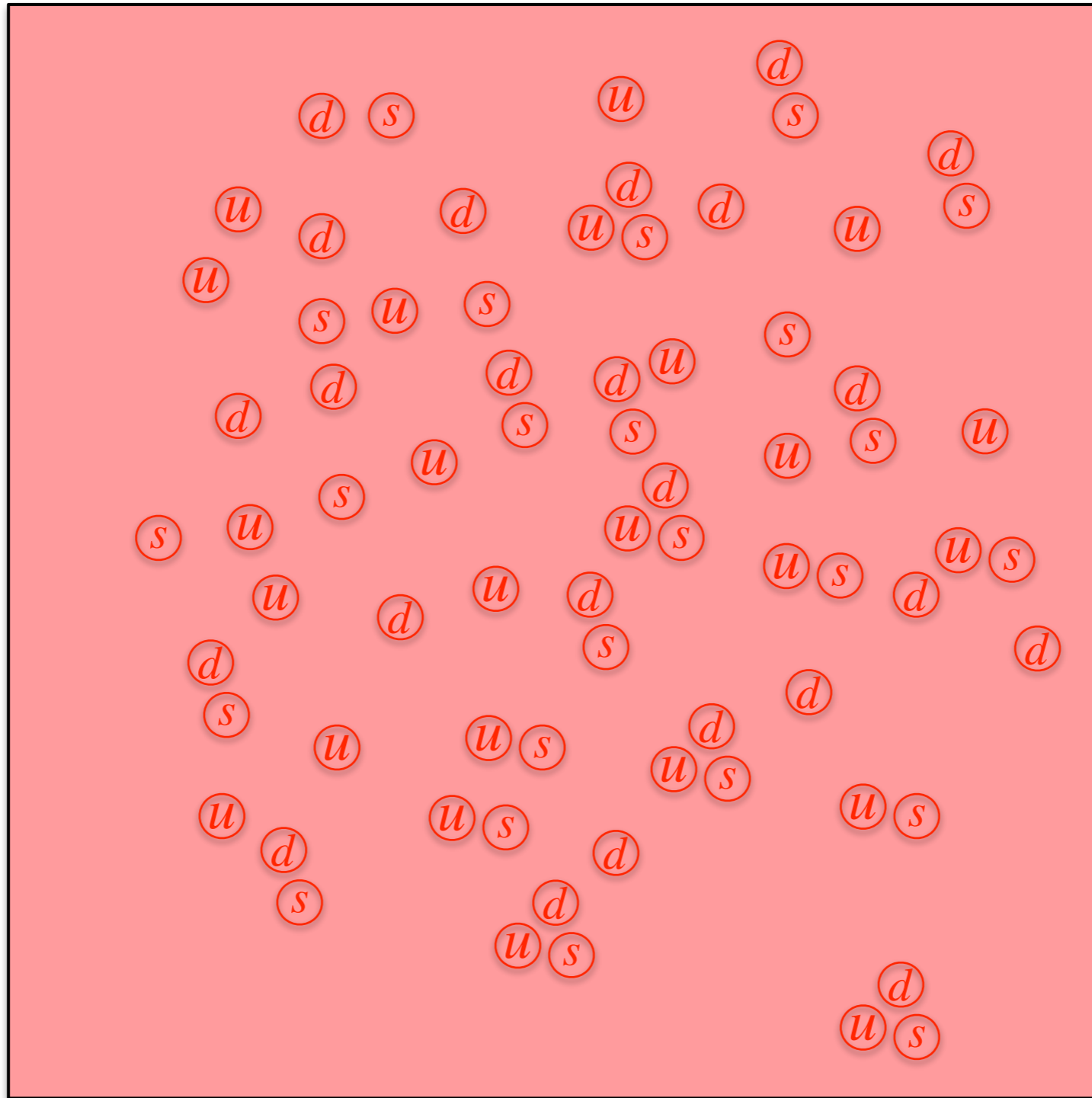


Formation from 1'st order phase transition

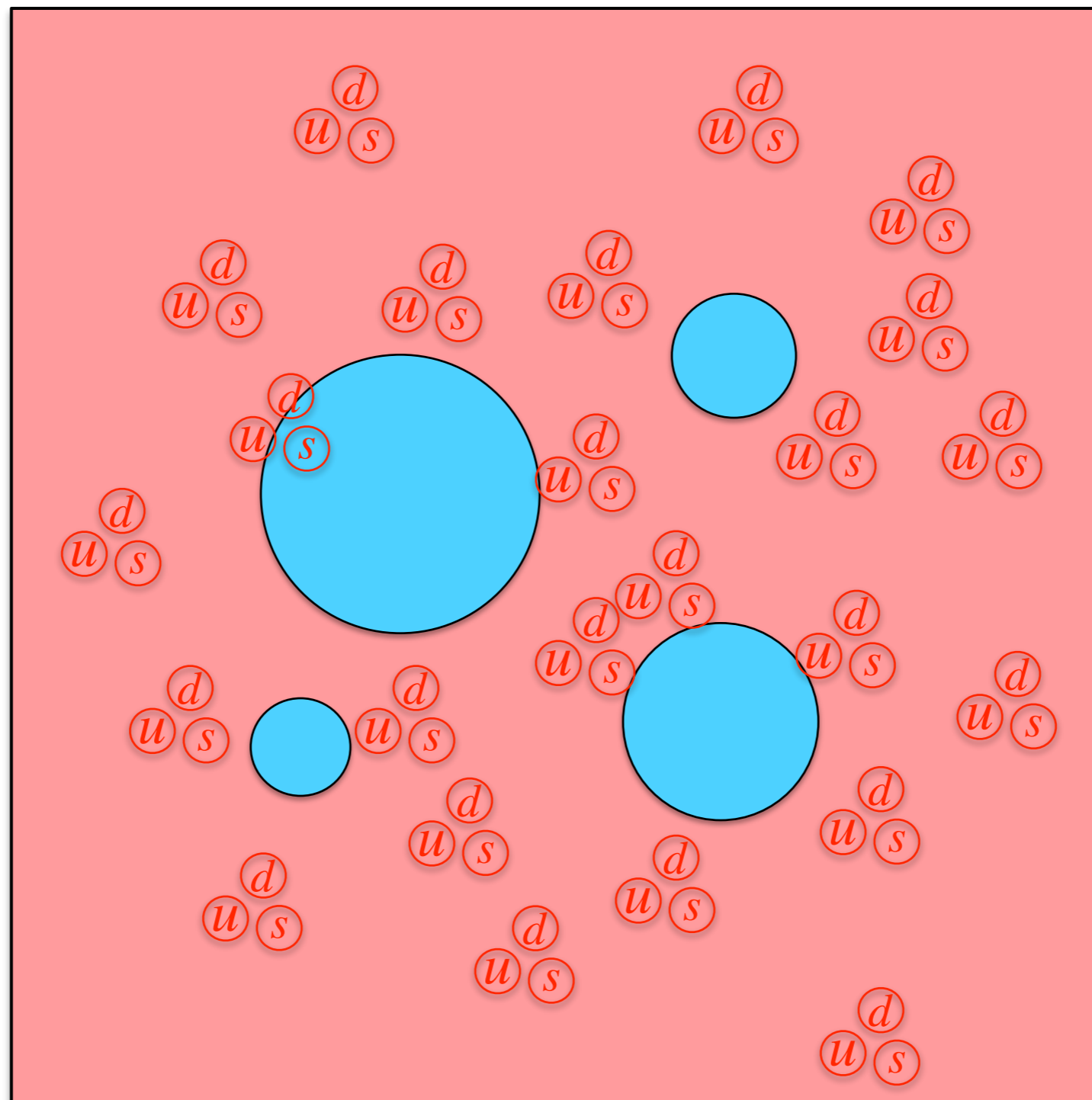


Witten, '1984

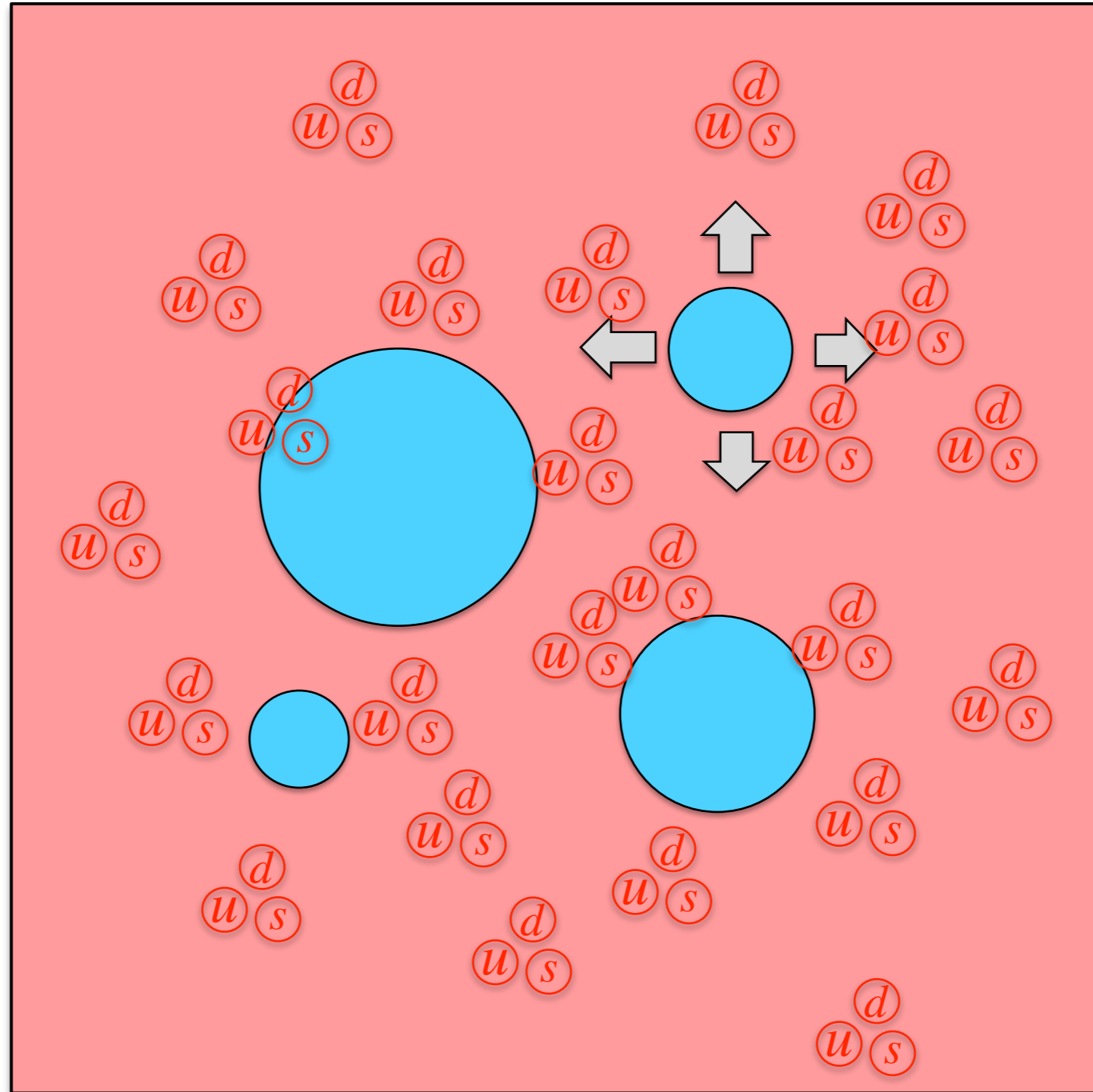
$T > T_c$



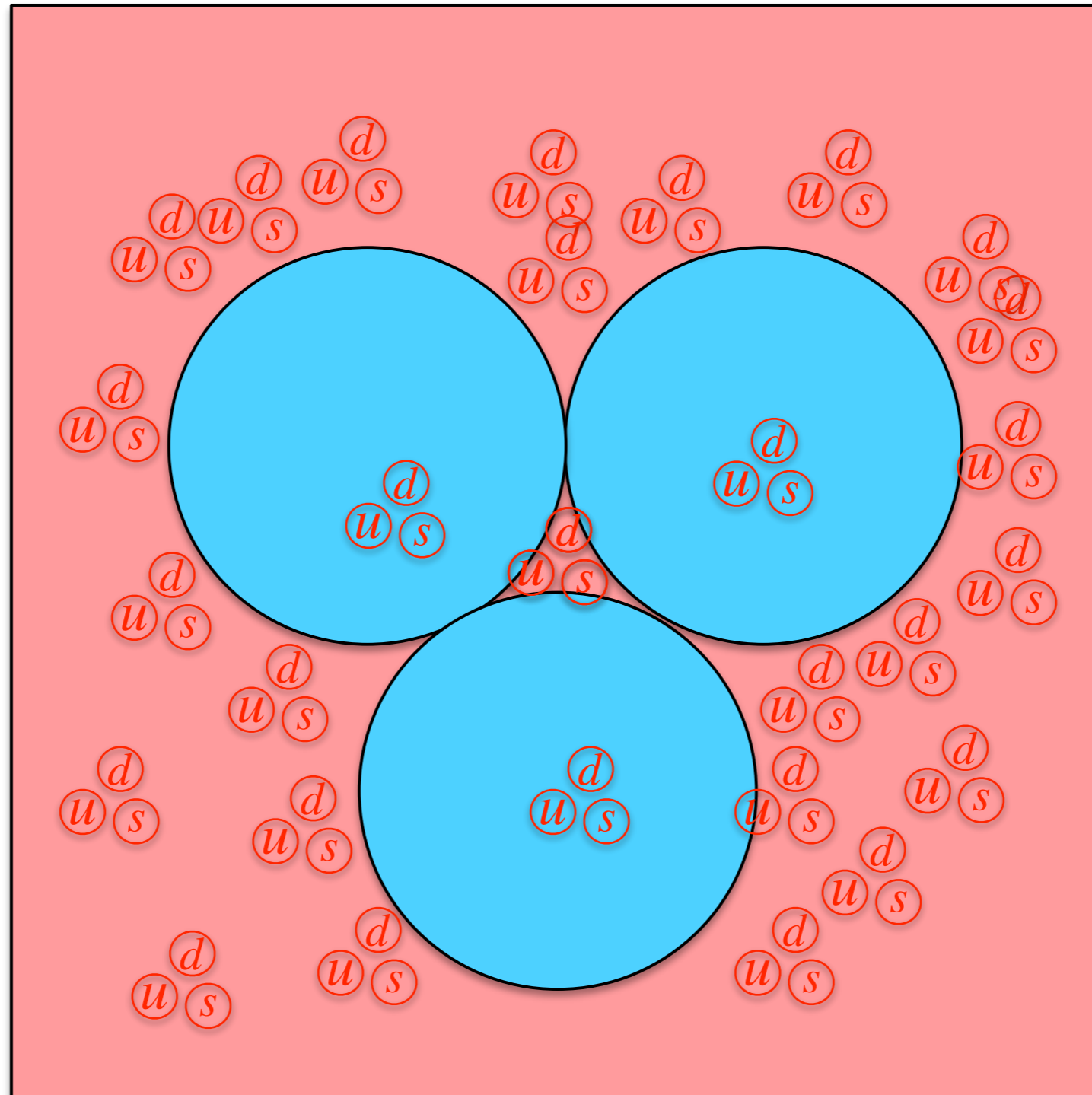
$$T \sim T_c$$



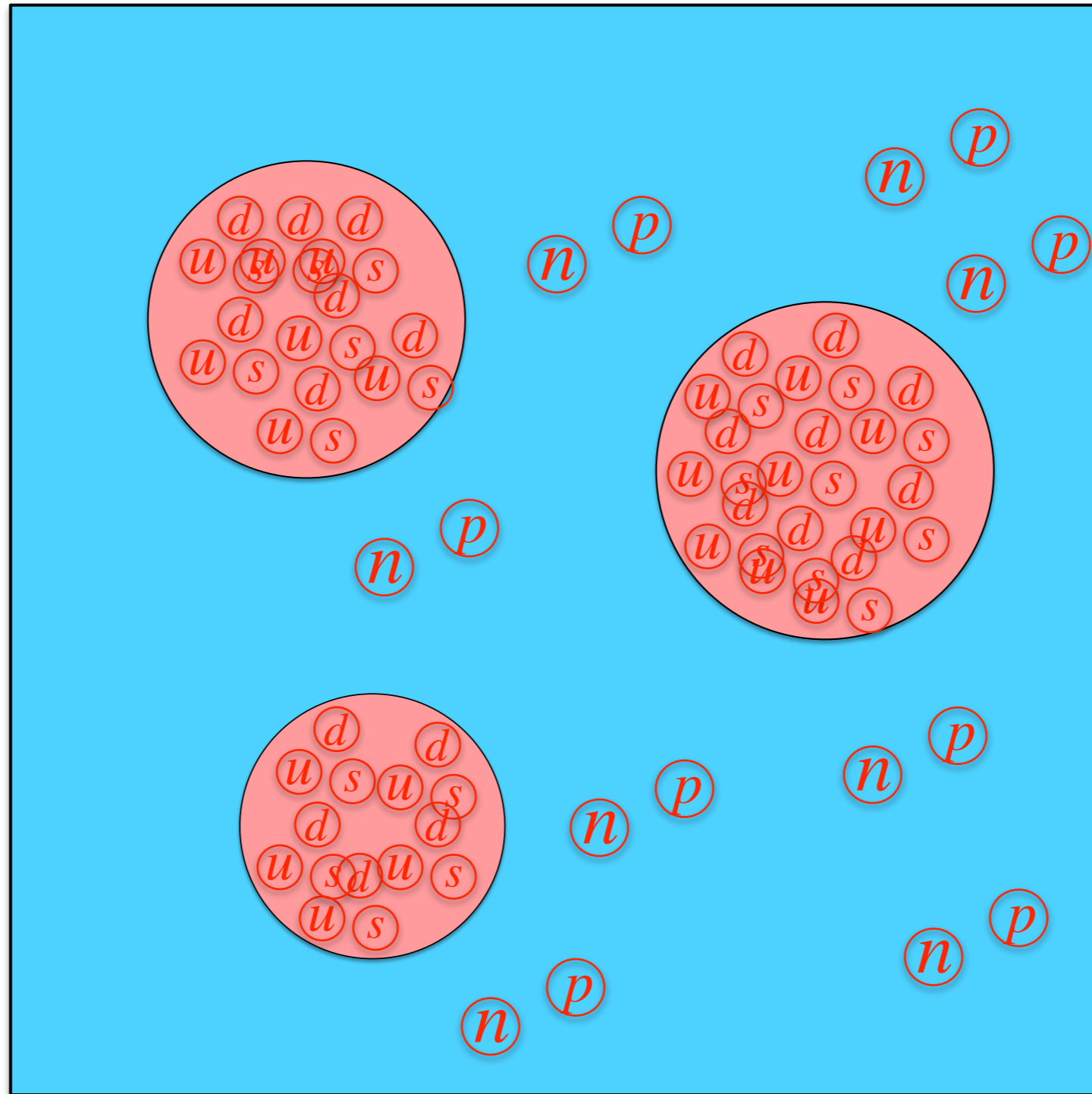
$$T \sim T_c$$



Hadron bubbles grow



Isolated quark nuggets



Properties of quark nuggets

- ❖ **The mass of the quark nugget is**

$$M_{\text{QN}} \sim 10^{14} \text{ g}$$

- ❖ **The radius of the quark nugget is**

$$R_{\text{QN}} \sim 1 \text{ cm}$$

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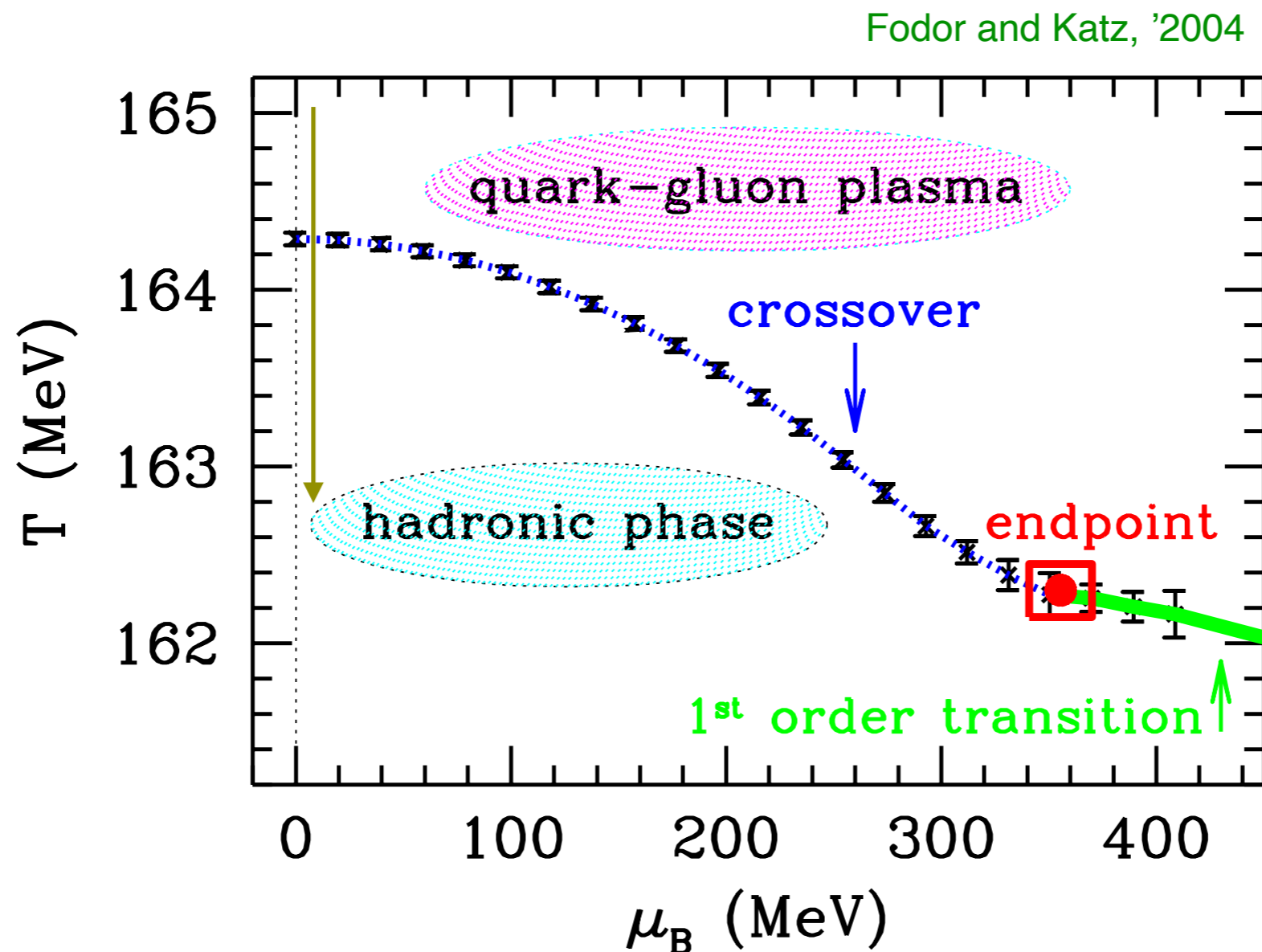
- ❖ The energy density of the QM is similar to a Neutron Star, except with a much smaller radius

“micro Neutron Star”

- ❖ One example of Macroscopic Dark Matter

QCD phase transition

- ❖ Crossover in the minimal Standard Model of Particle Physics with the normal early universe history





How to have QCD 1'st-order PT?

- ❖ **Making the strange quark lighter during the transition time (FOPT for 3 massless quarks)**

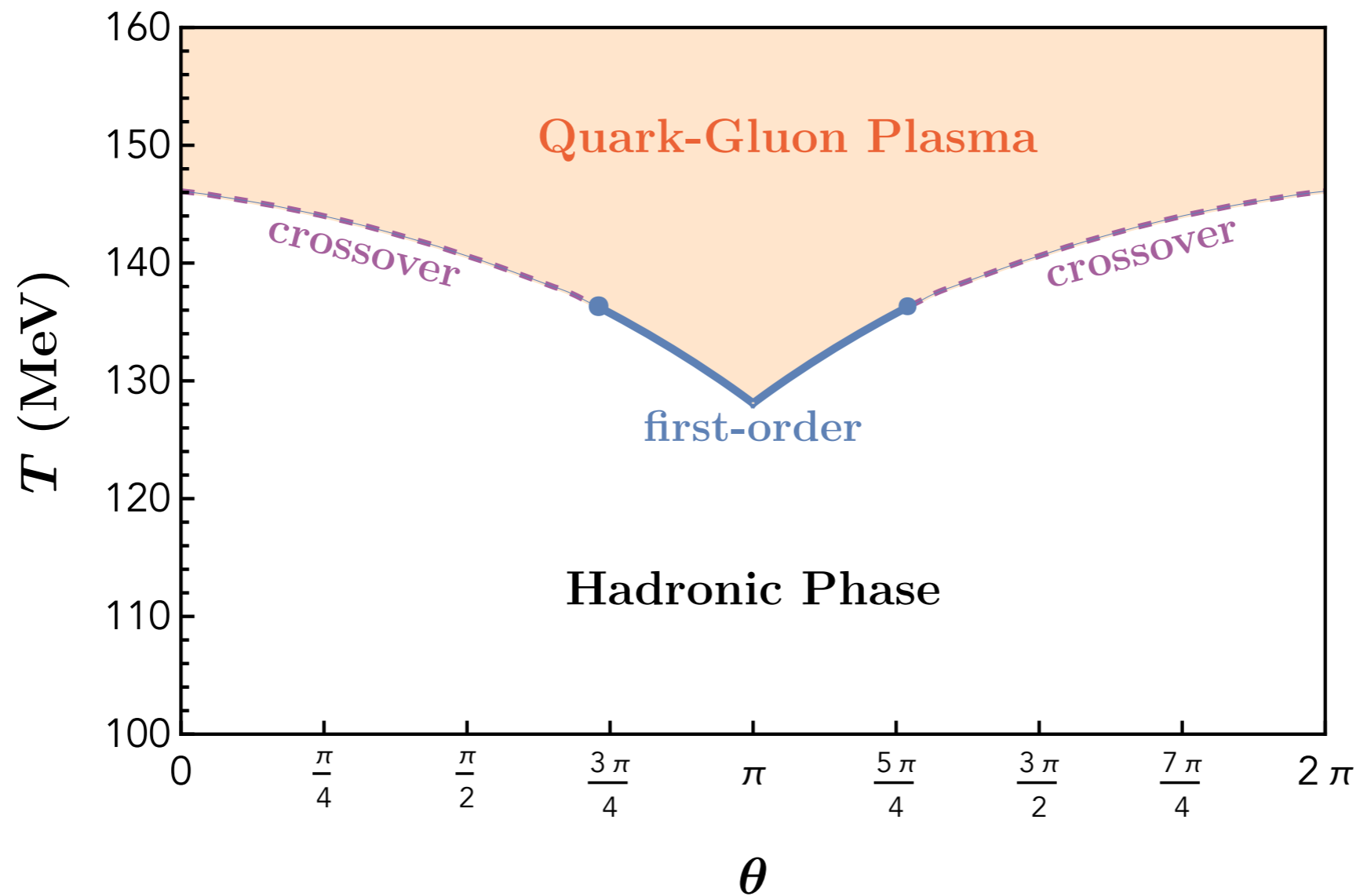
For instance, using Froggatt-Nielsen fields to dynamically control quark masses (suffers fine-tuning and flavor constraints)

- ❖ **Supercool the electroweak phase transition to be below the QCD scale (requires a non-trivial flat potential)**
- ❖ **Existing a large lepton number chemical potential (suffers from BBN and CMB constraints)**



QCD phase transition with $\theta \neq 0$

$$\mathcal{L} \supset -\frac{1}{32\pi^2} G^{\mu\nu} \widetilde{G}_{\mu\nu} \theta$$



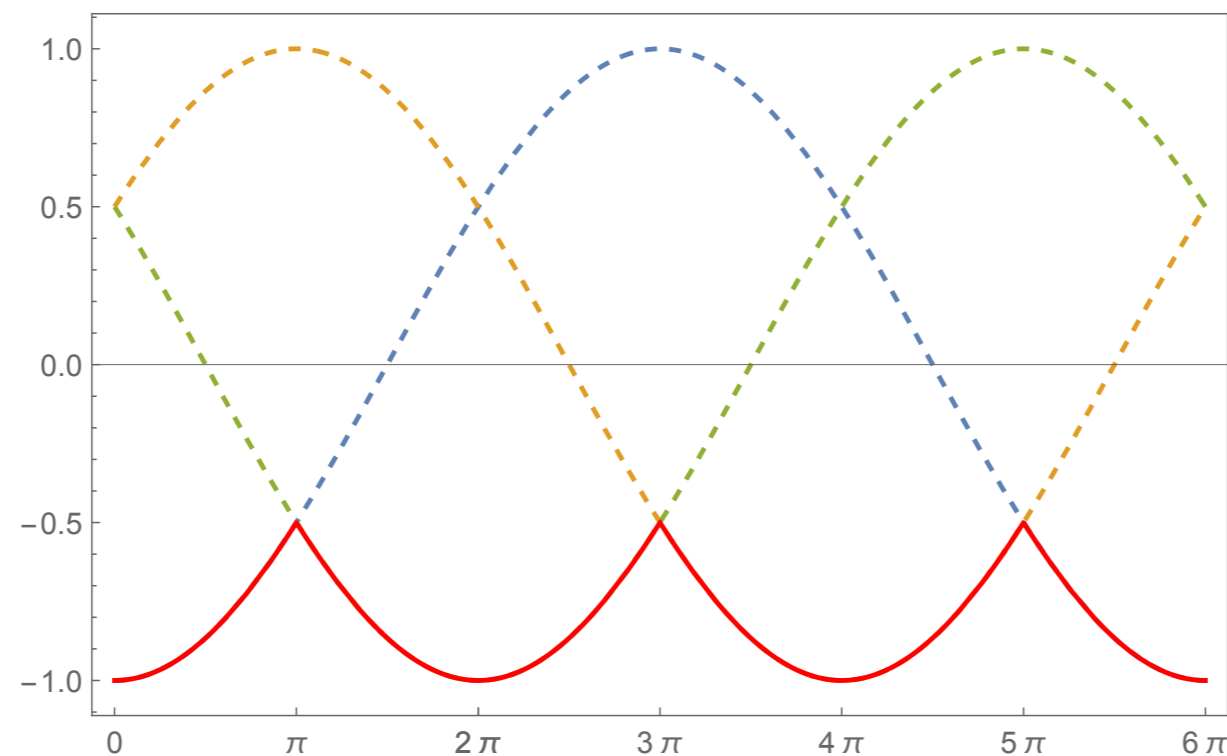
YB, Chen, Korwar, 2306.17160



QCD with $\theta = \pi$

- ❖ In large N_c , the periodicity in θ and continuity of the vacuum energy function suggests a multibranched function

$$V(\theta) = -N_c^2 \Lambda^4 \min_k \left[\cos \left(\frac{\theta + 2\pi k}{N_c} \right) \right], \quad k = 0, \dots, N_c - 1$$



Dashen '1971; Witten '1980;
Gaiotto, Kapustin, Komargodski, Seiberg, '2017

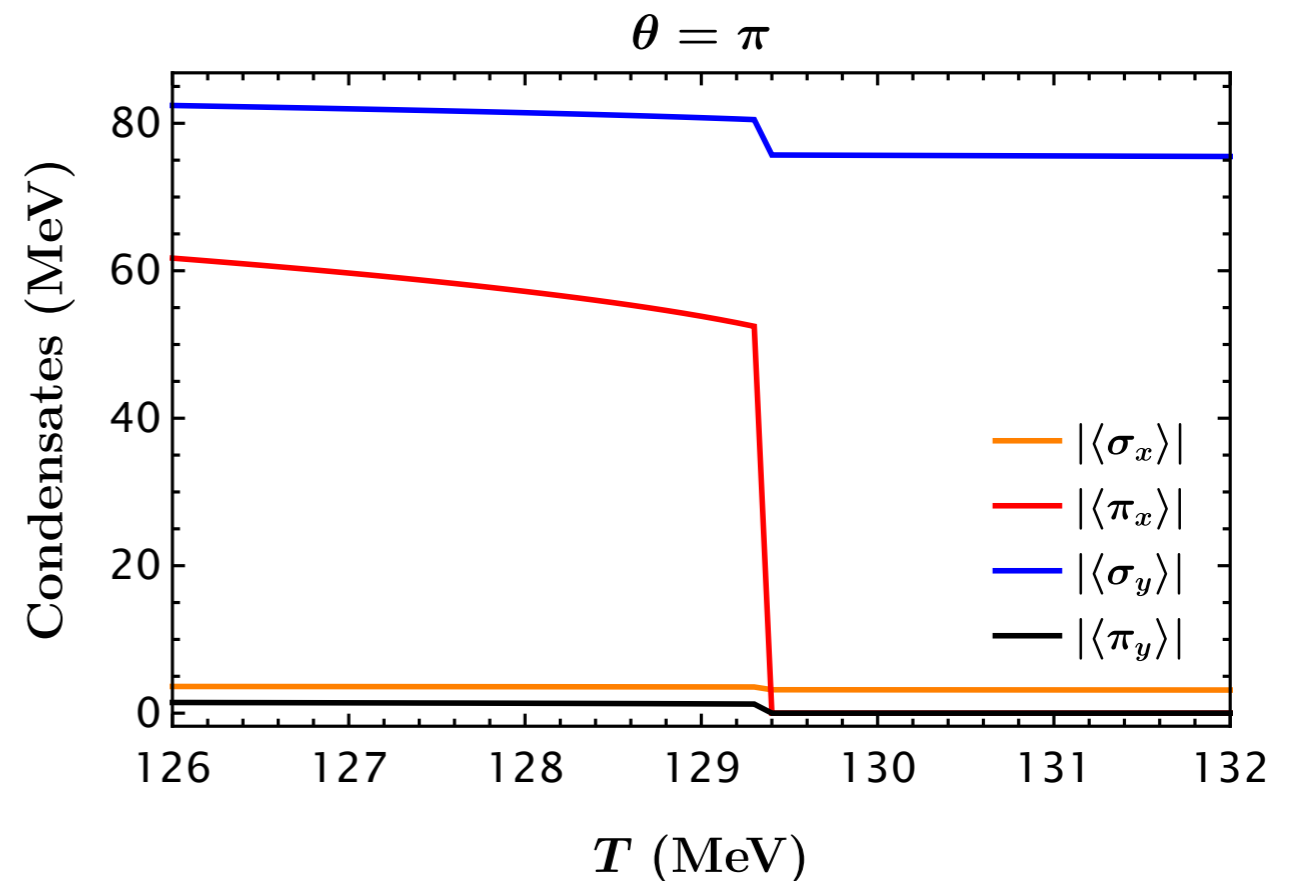
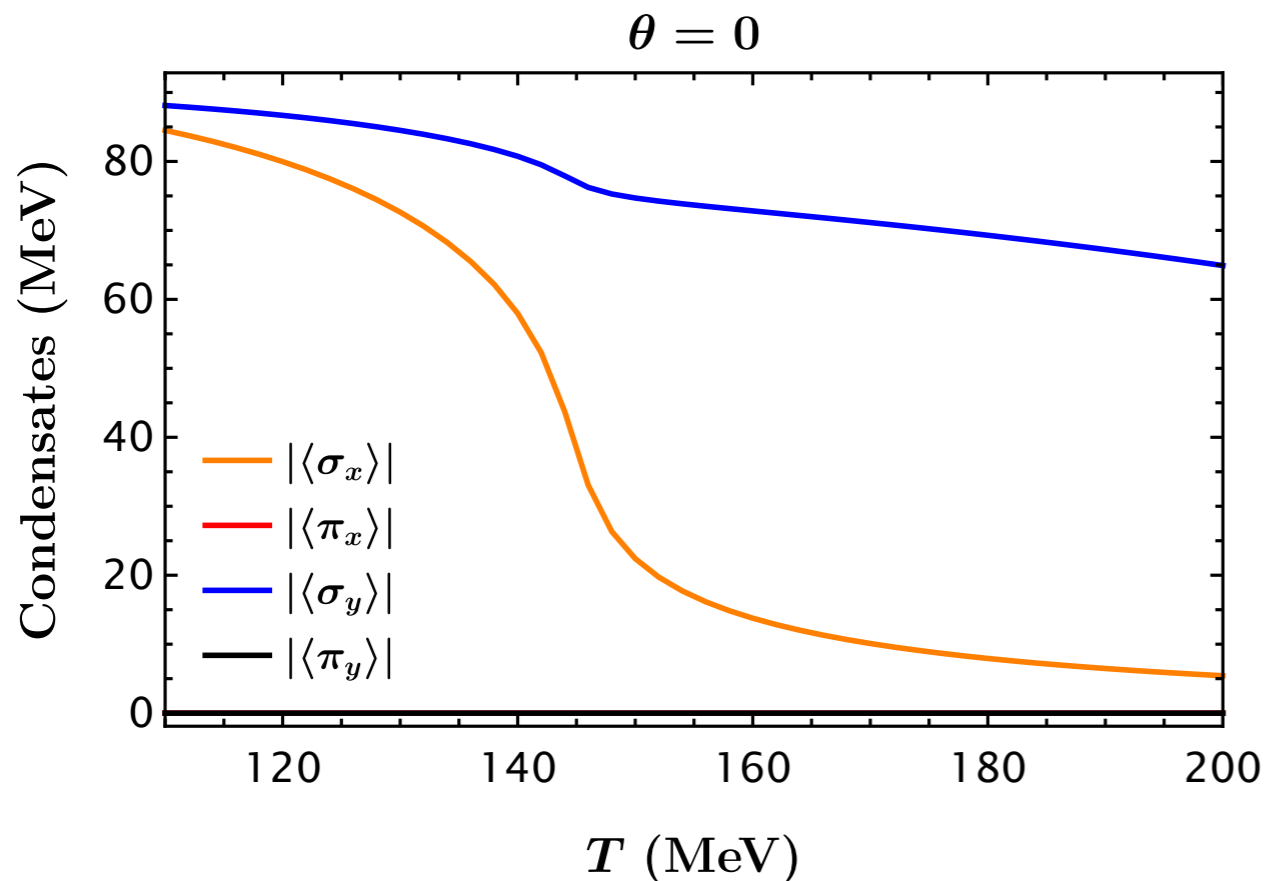


Phenomenological LSM q

$$V(\Phi) = \mu^2 \text{Tr} (\Phi^\dagger \Phi) + \lambda_1 \left[\text{Tr} (\Phi^\dagger \Phi) \right]^2 + \lambda_2 \text{Tr} \left[(\Phi^\dagger \Phi)^2 \right] \\ - \frac{\kappa}{2} \left[e^{-i\theta} \det (\Phi) + e^{i\theta} \det (\Phi^\dagger) \right] - \text{Tr} \left[H (\Phi + \Phi^\dagger) \right]$$

Pisarski, hep-ph/9601316

$$\Phi = T_a (\sigma_a + i\pi_a) \quad H = T_a h_a \quad \mathcal{L}_{\text{Yukawa}} \supset \bar{q} \left[-g T_a (\sigma_a + i\gamma^5 \pi_a) \right] q$$





QCD PT inside domains

- ❖ The early universe could have different domains with different effective θ angle

0	π	0	π	0
π	0	π	0	π
0	π	0	π	0
π	0	π	0	π

- ❖ One half of the domains could have FOPT for QCD



Discrete symmetry and domain wall

- ❖ Spontaneous breaking of discrete symmetries generate domain walls in the early universe Zeldovich, Kobzarev, Okun, '1974

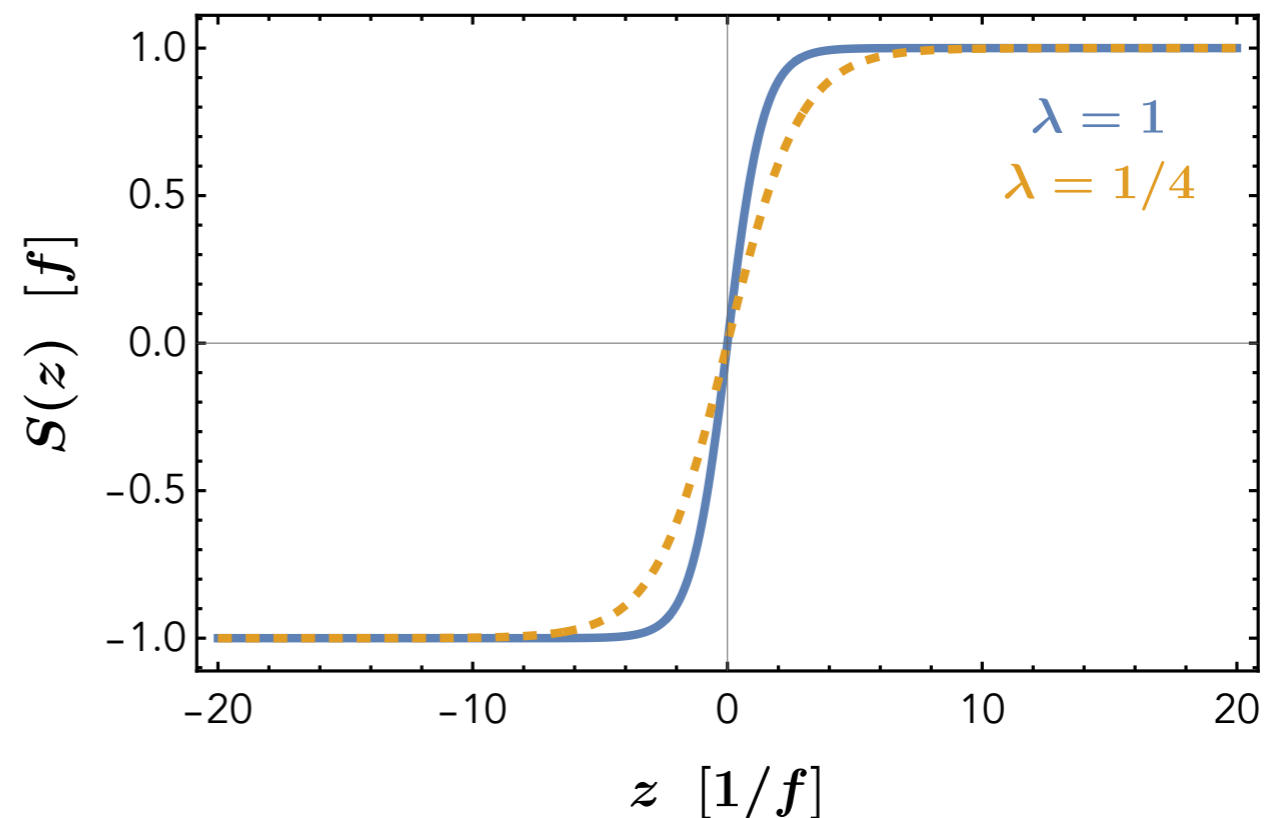
$$V(S) = \frac{\lambda}{4}(S^2 - f^2)^2 \quad \mathbb{Z}_2$$

- ❖ A non-perturbative solution to transit from one vacuum $\langle S \rangle = -f$ to the other vacuum $\langle S \rangle = +f$

$$S(z) = f \tanh \left[\sqrt{\frac{\lambda}{2}} f z \right]$$

- ❖ Wall tension

$$\sigma \equiv \int_{-\infty}^{\infty} T_{00} dz = \frac{2\sqrt{2}}{3} \sqrt{\lambda} f^3$$





QCD-anomalous discrete symmetry

- ❖ For QCD to care different domains, one need to have the discrete symmetry (\mathbb{Z}_N) anomalous under QCD

Preskill, Trivedi, Wilczek, Wise, '1991

$$V(S) \Rightarrow \langle S \rangle_j = f e^{i2\pi j/N}, \quad \text{with } j = 0, 1, \dots, N-1$$

$$\mathcal{L} \supset -\frac{1}{32\pi^2} G^{\mu\nu} \widetilde{G}_{\mu\nu} \left[\theta_0 + \sum_{\psi} 2 q_{\psi} C(r_{\psi}) \arg(S) \right] \quad C(3) = 1/2$$

- ❖ Assume $\theta_0 = 0$, for instance from the Nelson-Barr mechanism

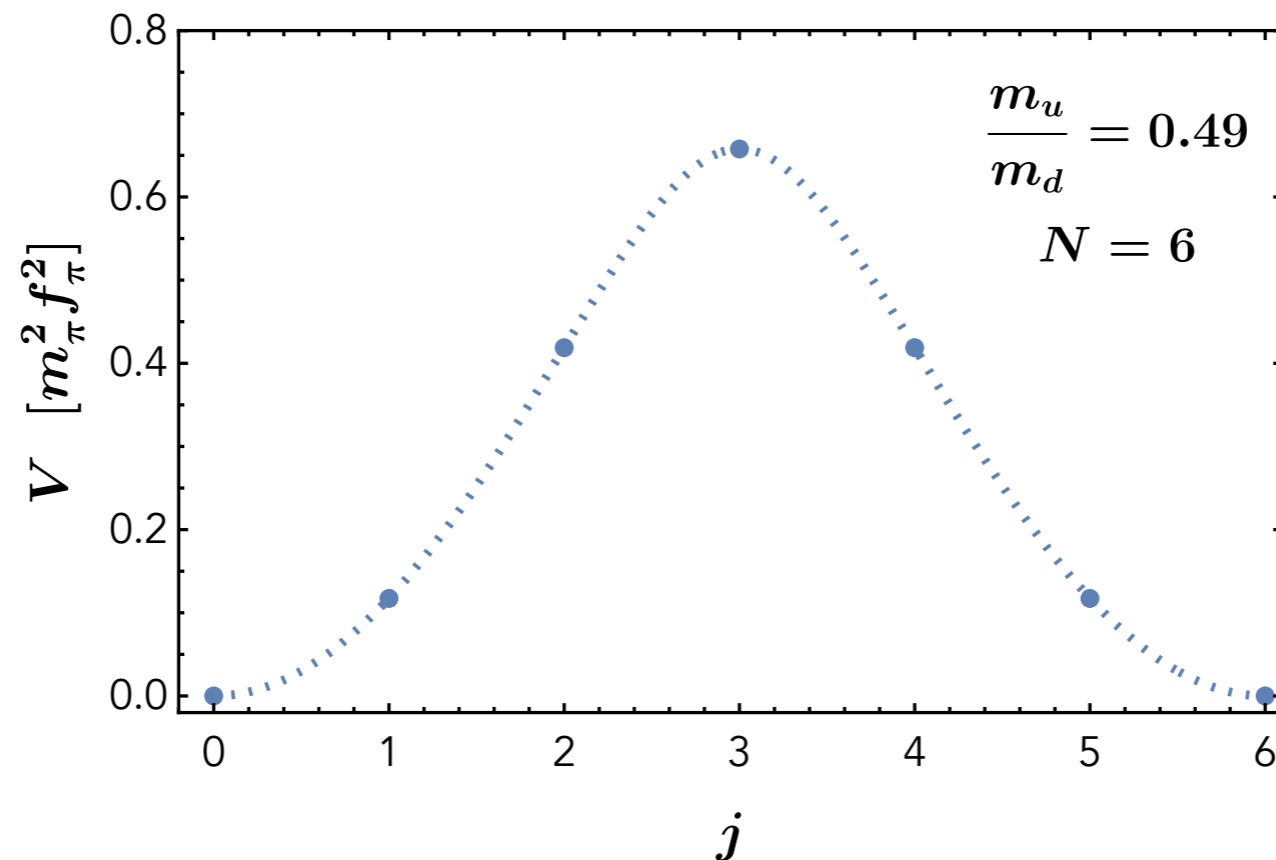
For $q_{\psi} = 1$, $\theta_j = 2\pi j n_f / N$. For $\gcd(n_f, N) = 1$, the QCD instanton effects break all \mathbb{Z}_N symmetry



QCD-anomalous discrete symmetry

- ❖ Based on the chiral Lagrangian, different domains have different effective potential

$$V(\langle S \rangle_j) = -m_\pi^2 f_\pi^2 \sqrt{1 - \frac{4m_u m_d}{(m_u + m_d)^2} \sin^2\left(\frac{\pi j}{N}\right)}$$



$$V_{\text{bias}}^{\text{max}} = 0.66 m_\pi^2 f_\pi^2 \approx (100.4 \text{ MeV})^4 \quad \text{for } N = \text{even}$$

- ❖ A smaller N -dependent value when $N = \text{odd}$



A Nelson-Barr model

- ❖ **CP is a good symmetry at the UV and is spontaneously broken in the IR**

Nelson, '1983; Barr, '1984

$$\mathcal{L} \supset Y_{ij}^u \widetilde{H}_u \bar{Q}_{iL} u_{jR} + (\eta_j \phi + \kappa_j \phi^*) \bar{\psi}_L u_{jR} + \mu \bar{\psi}_L \psi_R + Y_{ij}^d H_d \bar{Q}_{iL} d_{jR} - V(H_u, H_d, \phi)$$

$$\mathbb{Z}_2^{\text{NB}} : H_u \rightarrow -H_u, \quad H_d \rightarrow H_d, \quad \phi \rightarrow -\phi$$

$$u_R \rightarrow -u_R, \quad \psi_{L,R} \rightarrow \psi_{L,R}, \quad Q_L \rightarrow Q_L, \quad d_R \rightarrow d_R$$

- ❖ **4 domains:**

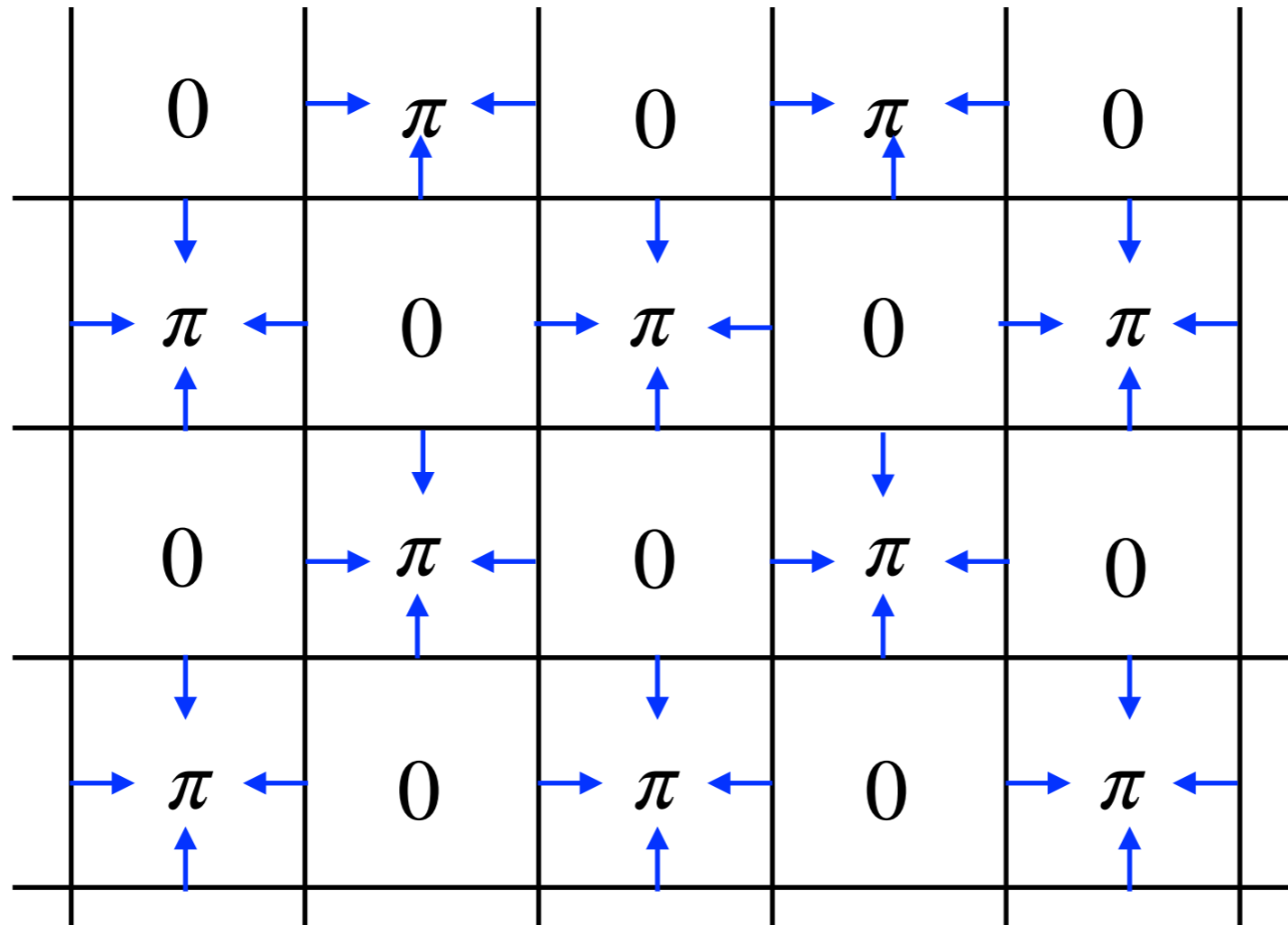
$$\begin{aligned} (\langle H_d \rangle, \langle H_u \rangle, \langle \phi \rangle) = & (v \cos \beta, v \sin \beta, f e^{i\alpha}), & (v \cos \beta, v \sin \beta, f e^{-i\alpha}), \\ & (v \cos \beta, -v \sin \beta, -f e^{i\alpha}), & (v \cos \beta, -v \sin \beta, -f e^{-i\alpha}) \end{aligned}$$

$$\mathcal{M}_u = \begin{pmatrix} Y^u \langle \widetilde{H}_u \rangle & 0 \\ \eta_j \langle \phi \rangle + \kappa_j \langle \phi \rangle^* & \mu \end{pmatrix} \quad \arg[\det(\mathcal{M}_u)] = 0 \text{ or } \pi$$



QCD-collapsed domain walls

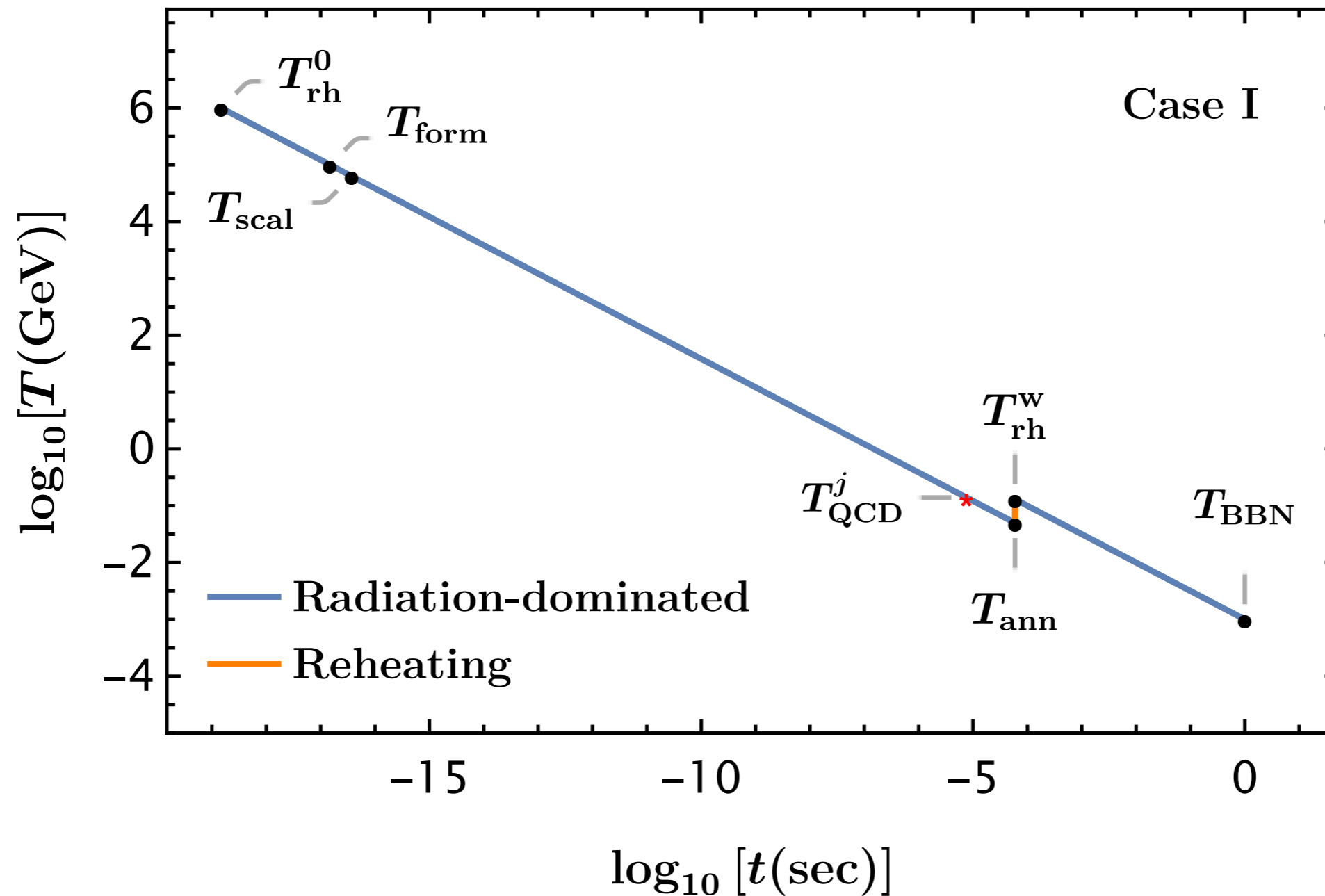
- ❖ Around the QCD phase transition temperature, the domains with a lower potential expand and push walls to collapse





Domain wall evolution

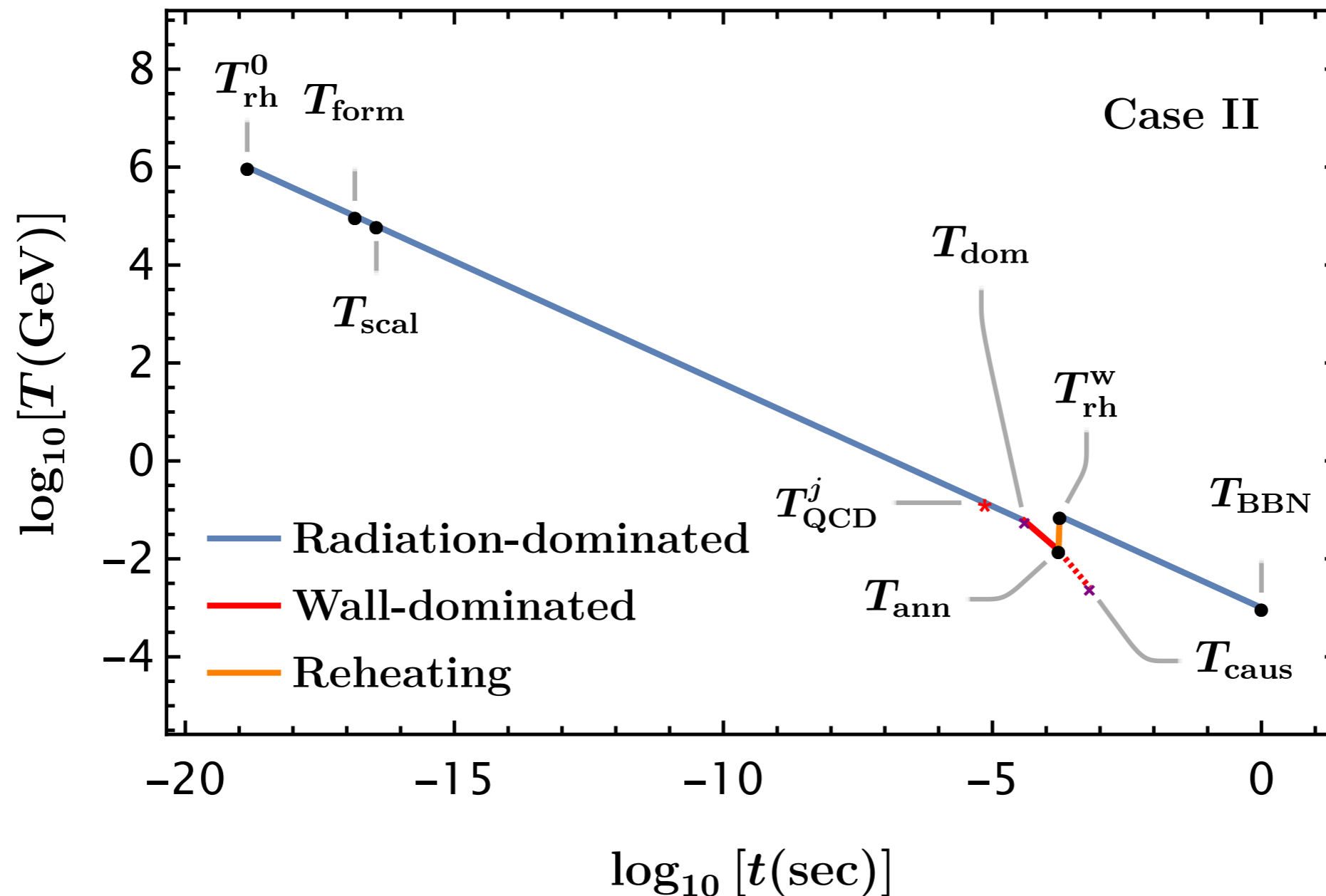
- ❖ **Case I: domain walls never dominate the universe**





Domain wall evolution

- ❖ **Case II: domain walls could dominate the universe**





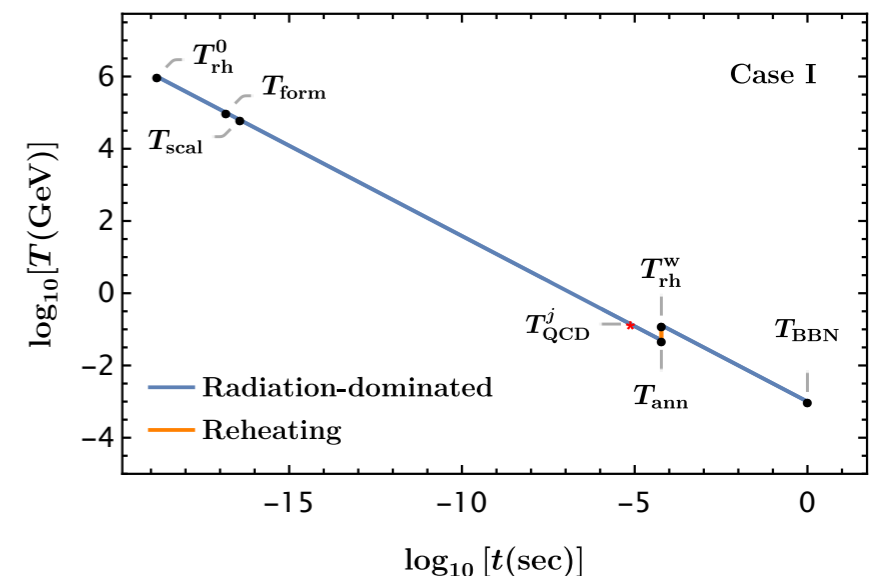
Domain wall evolution

- ❖ After formation, the domain walls reach the so-called scaling region with an order-one number of walls per Hubble patch
- ❖ The wall energy density is $\rho_w \approx \sigma/L$, with $L \simeq t$, so $\rho_w \propto t^{-1}$, which drops slower than radiation energy density $\rho_R \propto t^{-2}$
- ❖ The walls will dominate the universe if they exist till

$$T_{\text{dom}} \approx 45 \text{ MeV} \left(\frac{\sigma}{10^{16} \text{ GeV}^3} \right)^{1/2} \left(\frac{g^*}{10} \right)^{-1/4}$$

- ❖ The walls annihilate at ($p_T \approx p_V$)

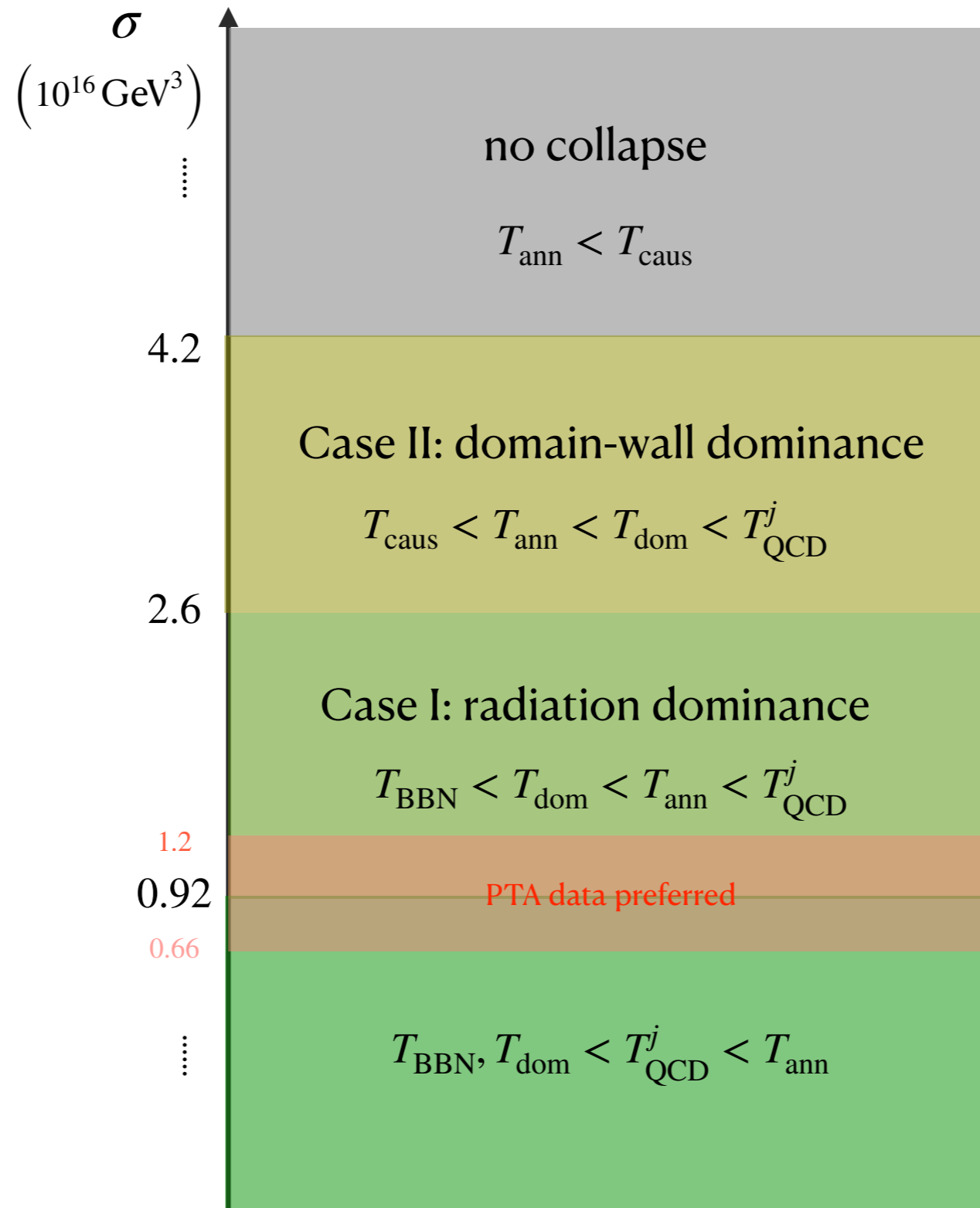
$$T_{\text{ann}} \approx 120 \text{ MeV} \left(\frac{V_{\text{bias}}}{(100 \text{ MeV})^4} \right)^{1/2} \left(\frac{\sigma}{10^{16} \text{ GeV}^3} \right)^{-1/2} \left(\frac{g^*}{10} \right)^{-1/4}$$



Simulations: Martins et. al, I 602.01322, M. Kawasaki et. al, I 412.0789



Different scenarios





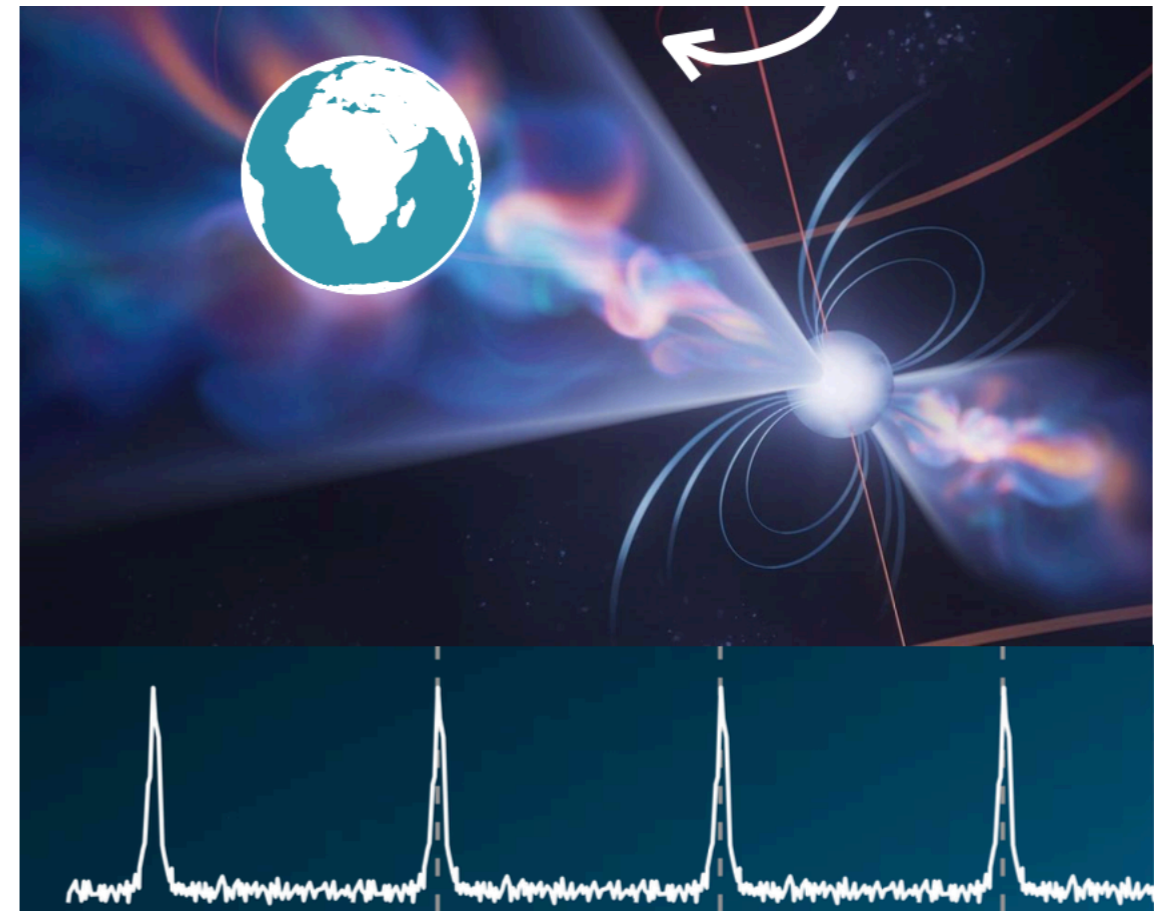
GW for pulsar timing array (PTA)

- ❖ Millisecond pulsar has a very stable rotation frequency

$$\nu(t) = \nu_0 + \dot{\nu}_0 t$$

$$\dot{\nu}_0/\nu_0 \sim 10^{-23} - 10^{-20} \text{ Hz}$$

- ❖ Using pulsar timing to find the common stochastic red process



Credit: Kurzgesagt

Opportunities for detecting ultralong gravitational waves

M. V. Sazhin

Shternberg Astronomical Institute, Moscow

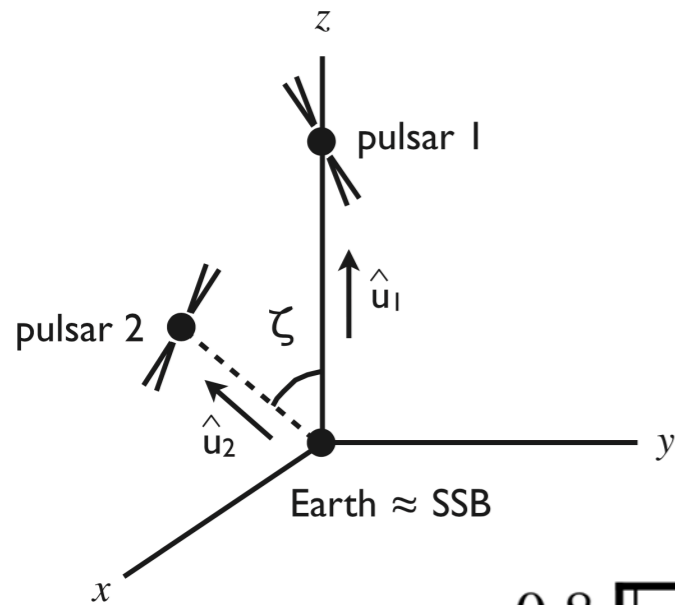
(Submitted June 14, 1977)

Astron. Zh. **55**, 65–68 (January–February 1978)

The influence of ultralong gravitational waves on the propagation of electromagnetic pulses is examined. Conditions are set forth whereby it might be possible to detect gravitational waves arriving from binary stars. There are some prospects for detecting gravitational radiation from double superstars with masses $M_1 \approx M_2 \approx 10^{10} M_\odot$.

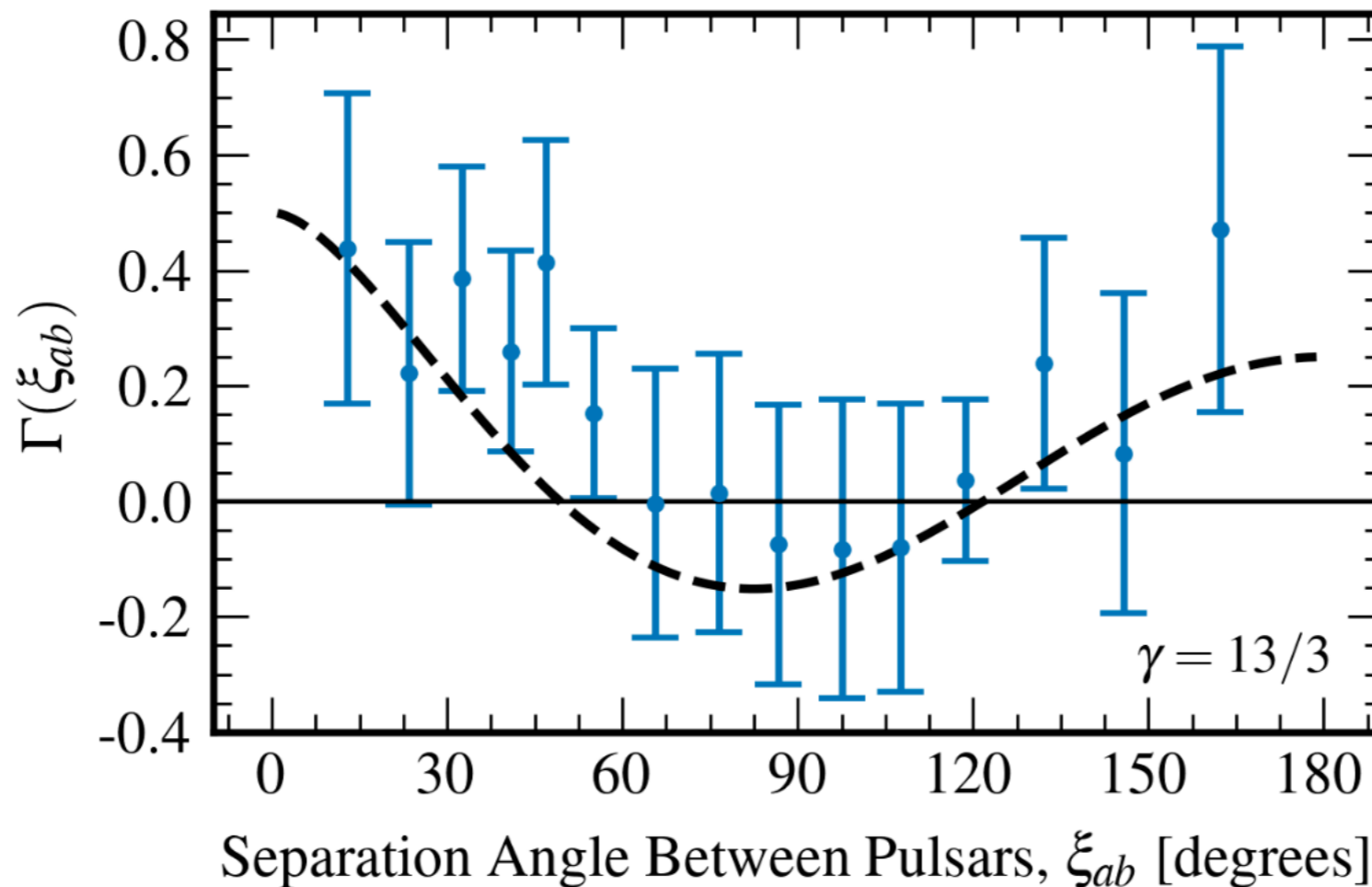


Hellings-Downs curve



$$\chi(\zeta) = \frac{1}{2} - \frac{1}{4} \left(\frac{1 - \cos \zeta}{2} \right) + \frac{3}{2} \left(\frac{1 - \cos \zeta}{2} \right) \ln \left(\frac{1 - \cos \zeta}{2} \right)$$

Hellings, Downs, '1983



NANOGrav-15, 2306.16213,
see also CPTA, EPTA, PPTA



GW from domain wall collapse

- ❖ From Einstein's quadrupole formula $P_{\text{GW}} \sim G (\ddot{Q})^2$, with Q as the transverse-traceless part of the quadrupole moment of matter.
- ❖ For domain walls, $Q \sim M_{\text{wall}} L(t)^2$. So, $\rho_{\text{GW}} \sim P_{\text{GW}} H^{-1} / L^3$
- ❖ The peak frequency, $f(t_{\text{ann}}) \sim H(t_{\text{ann}})$
- ❖ Red-shift to today's universe

$$\Omega_{\text{GW}} h^2(t_0) \Big|_{\text{peak}} = 3 \times 10^{-8} \left(\frac{\sigma}{10^{16} \text{ GeV}^3} \right)^2 \left(\frac{T_{\text{ann}}}{100 \text{ MeV}} \right)^{-4} \left(\frac{g_{*s}}{10} \right)^{-4/3}$$

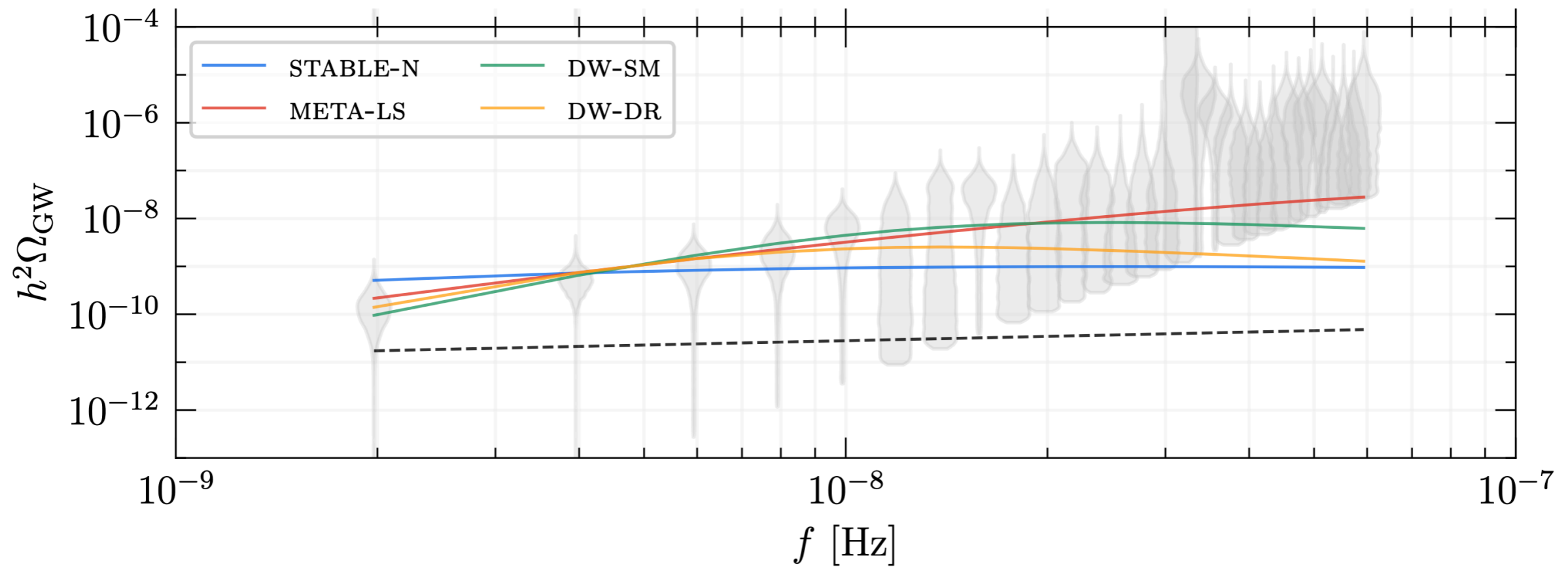
$$f_{\text{peak}} = 1.1 \times 10^{-8} \text{ Hz} \left(\frac{g_{*}(T_{\text{ann}})}{10} \right)^{1/2} \left(\frac{g_{*s}(T_{\text{ann}})}{10} \right)^{-1/3} \left(\frac{T_{\text{ann}}}{100 \text{ MeV}} \right)$$

- ❖ It scales like f^3 , for $f < f_{\text{peak}}$ and f^{-1} for $f > f_{\text{peak}}$. A harder spectrum for $N > 2$, from simulations

M. Kawasaki et. al, I207.3166



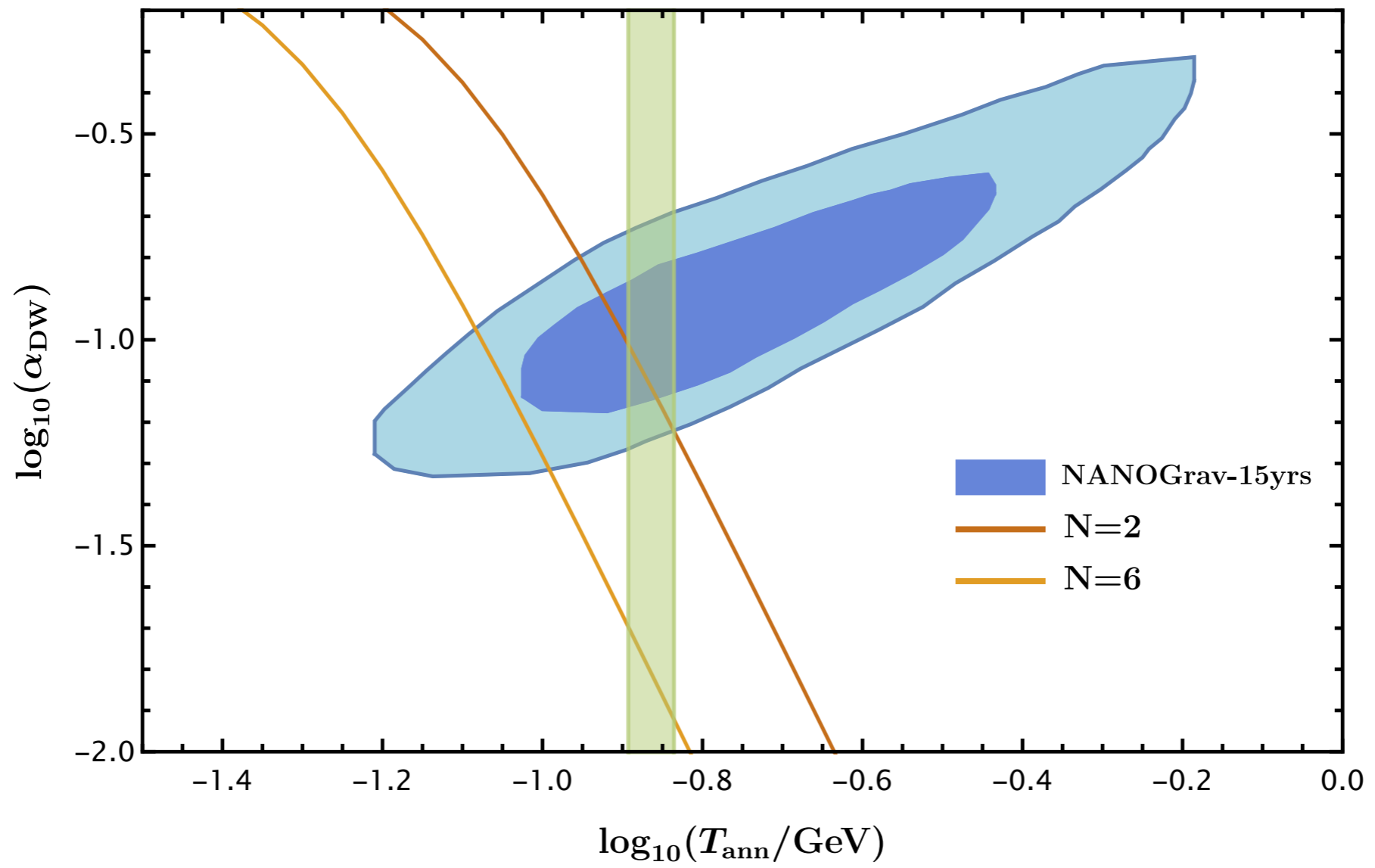
Domain-wall interpretation for PTA



NANOGrav-15, 2306.16219



Domain-wall interpretation for PTA



green band indicate QCD phase transition T for different θ

$$\alpha_{\text{DW}} \equiv \frac{\rho_w(T_{\text{ann}})}{\rho_w(T_{\text{ann}}) + \rho_R(T_{\text{ann}})}$$

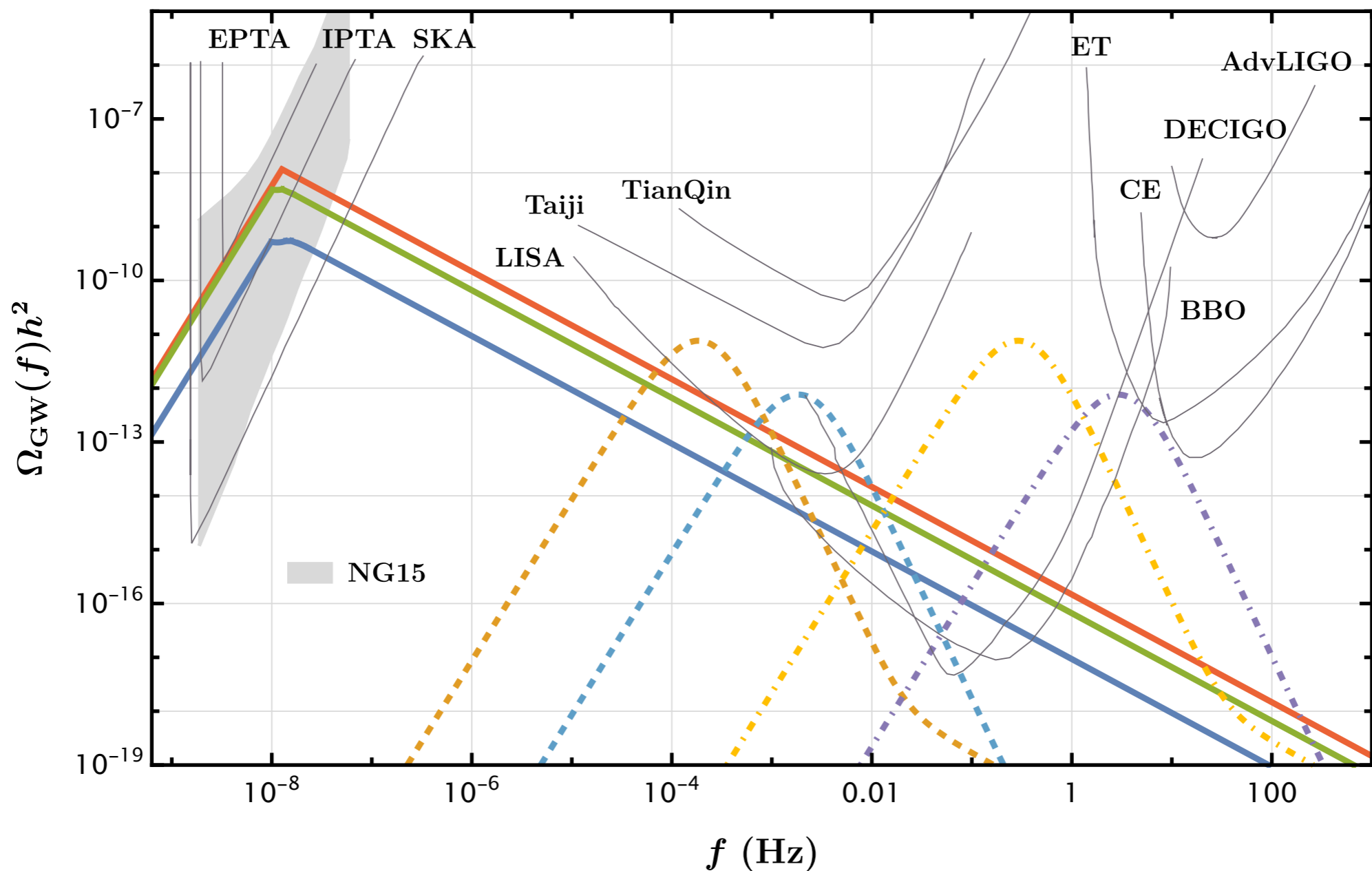
$$N = 2 : \sigma \in (0.66, 1.2) \times 10^{16} \text{ GeV}^3$$

$$N = 6 : \sigma \in (0.9, 1.3) \times 10^{16} \text{ GeV}^3$$

Discrete symmetry breaking scale: $f \simeq 100 \text{ TeV}$



Gravitational wave spectroscopy



QCD 1'st PT

$(\alpha, \beta/H) = (0.5, 10^4)$

$(\alpha, \beta/H) = (0.5, 10^5)$

\mathbb{Z}_N 1'st PT

$(\alpha, \beta/H) = (0.5, 10^4)$

$(\alpha, \beta/H) = (0.5, 10^5)$

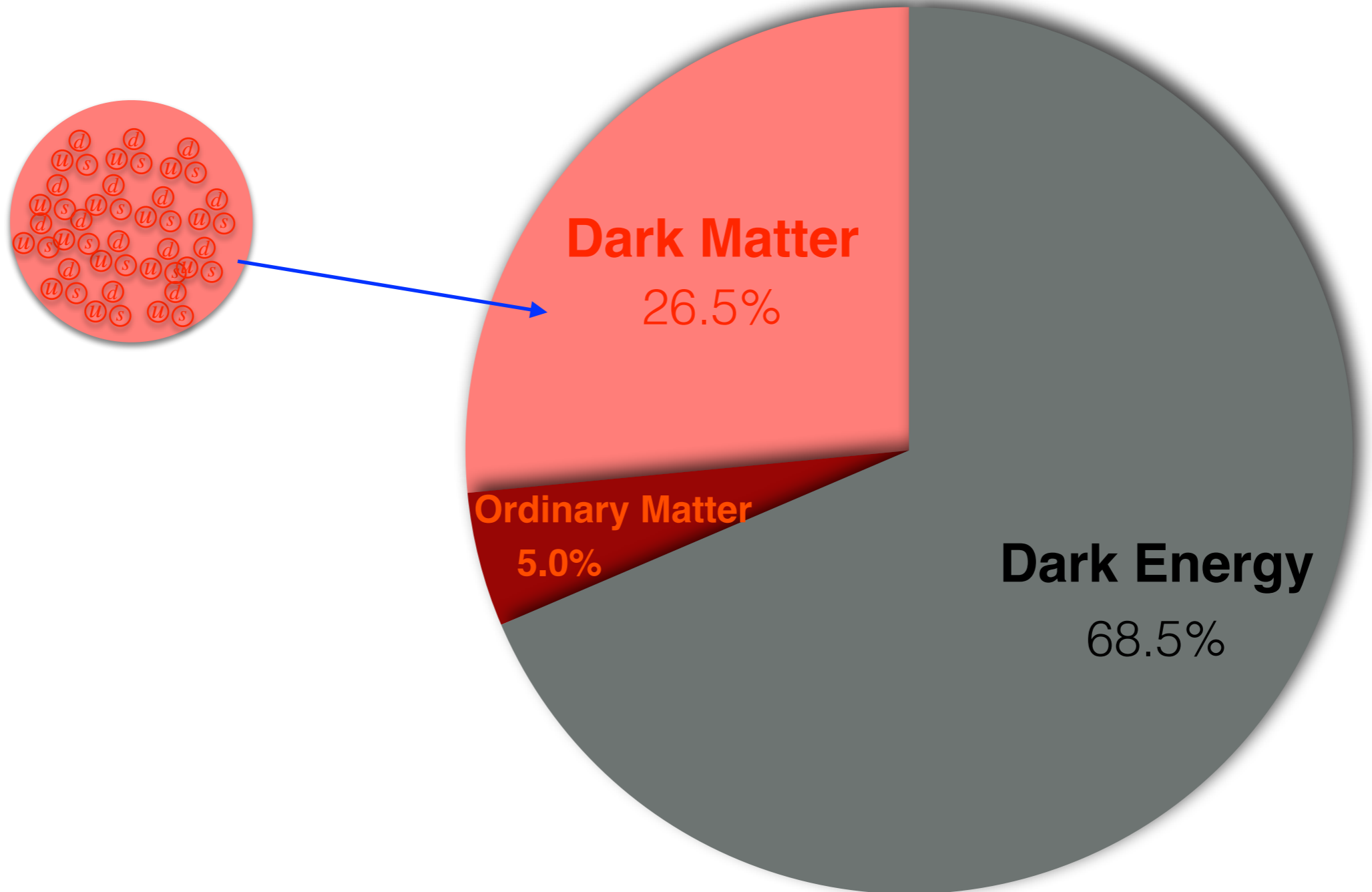


Conclusions

- ❖ **The dark matter coincidence problem suggests a non-trivial relationship between dark matter and QCD**
- ❖ **The quark nugget is a compelling dark matter candidate, with additional BSM physics that can modify the QCD phase transition**
- ❖ **Domain walls from a QCD-anomalous discrete symmetry could play such a role**
- ❖ **The stochastic GW from domain collapses with the discrete symmetry breaking scale ~ 100 TeV has both frequency and amplitude match the PTA observed one**



Dark matter is not dark, but rare!





Thanks!