

Growth Mindset Check-in

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Idea^s





**Growing into the
unknown**

Fixed mindset



Intelligence is static/
desire to look smart

Growth mindset



Intelligence can be
developed/ desire to
learn

Avoid
challenges



Embrace
challenges

Give up easily



Persist in the
face of
setbacks

See effort as
fruitless or
worse



See effort as the
path to mastery

Ignore useful
negative feedback



Learn from
criticism



Feel threatened
by the success of
others



Find lessons and
inspiration in the
success of others

**Case Study:
Chicago
High School**





**2 truths
and
1 “not yet”**



Write a postcard to yourself



2 truths:

What are 2 (or more) things you are really proud/enjoyed about the past two weeks?

1 “not yet”:

What is something that you wish to improve/change/try in the future?



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