

Supermassive Black Hole Binaries in Ultralight Dark Matter

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15-year pulsar-timing data:

A stochastic gravitational wave signal correlated among 67 pulsars

Source:

Exotic sources:

Inflation

Scalar induced gravitational waves

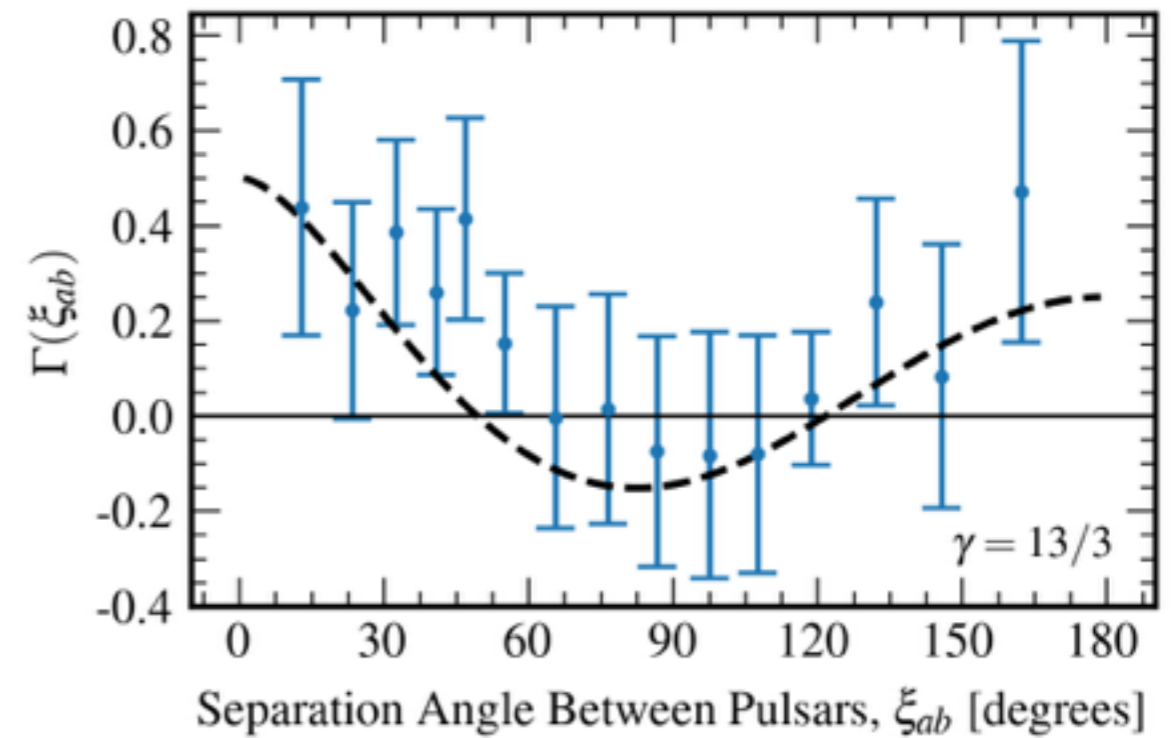
Domain walls

Cosmic strings

First-order phase transitions

or,

A population of supermassive black hole (SMBH) binaries



G. Agazie *et al.* (NANOGrav), 2023

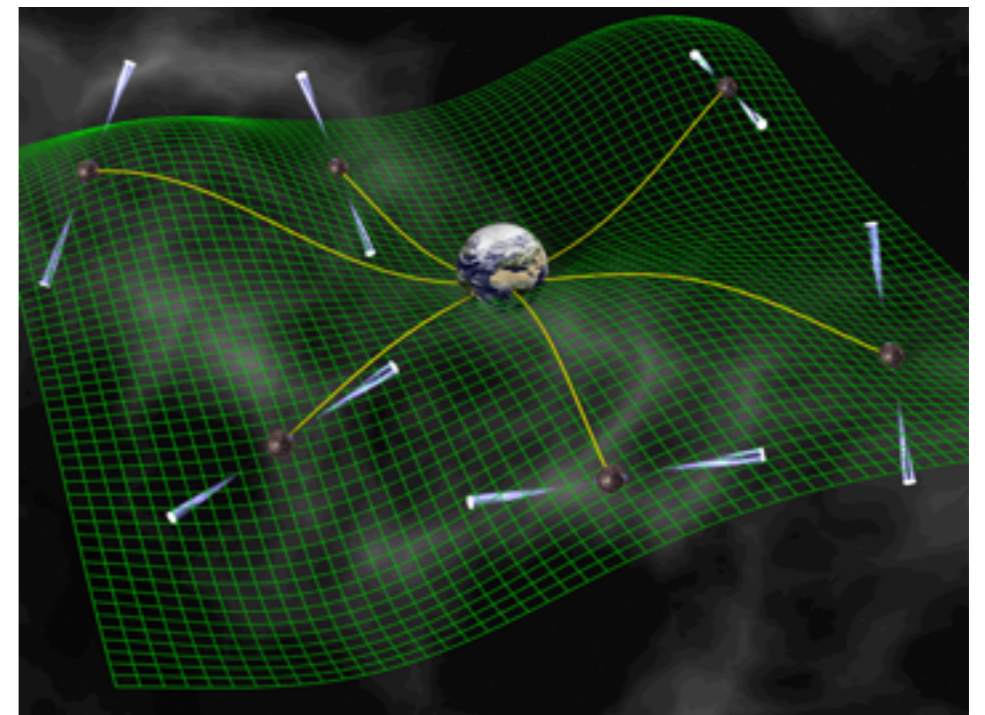
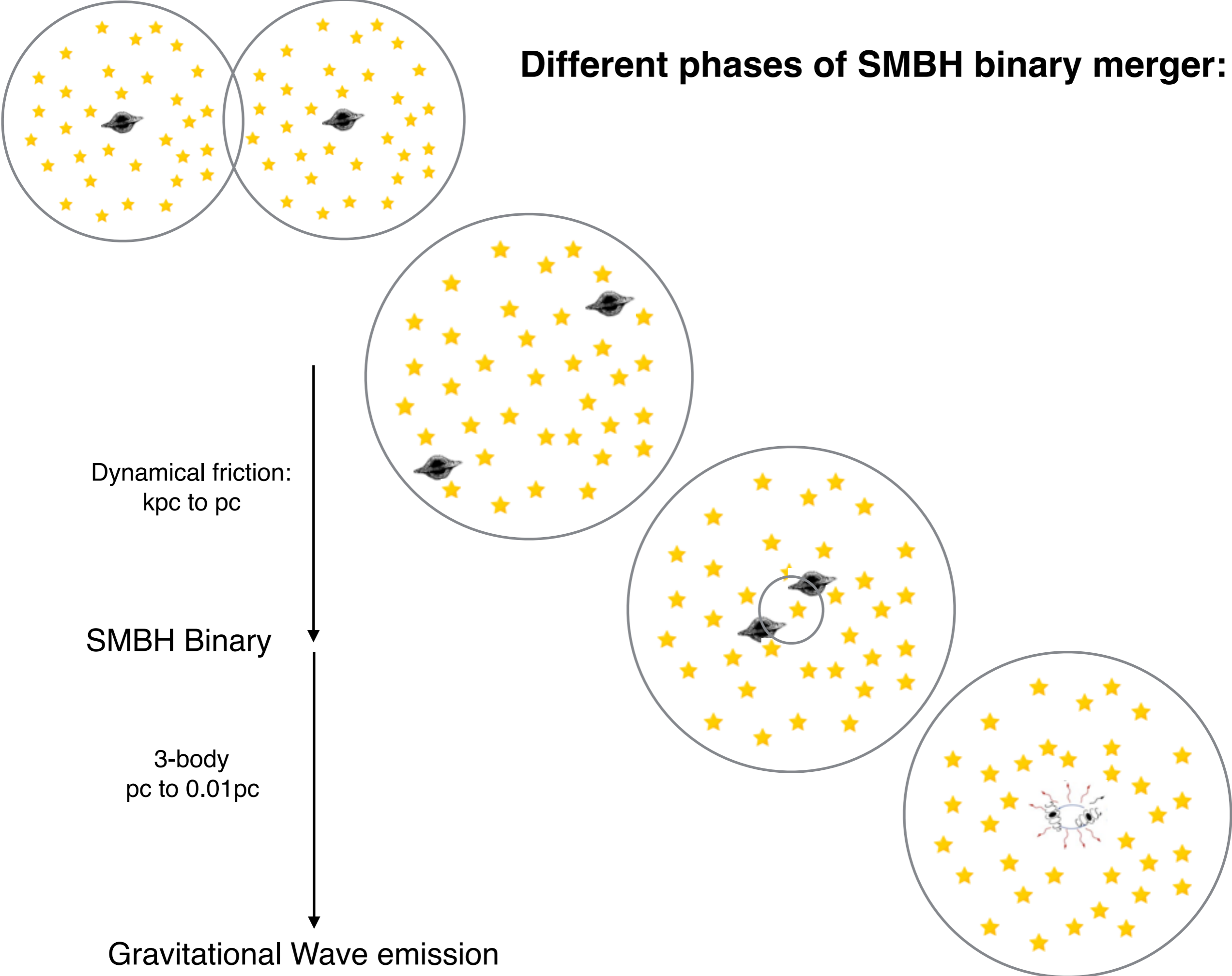


Image credit: David J. Champion

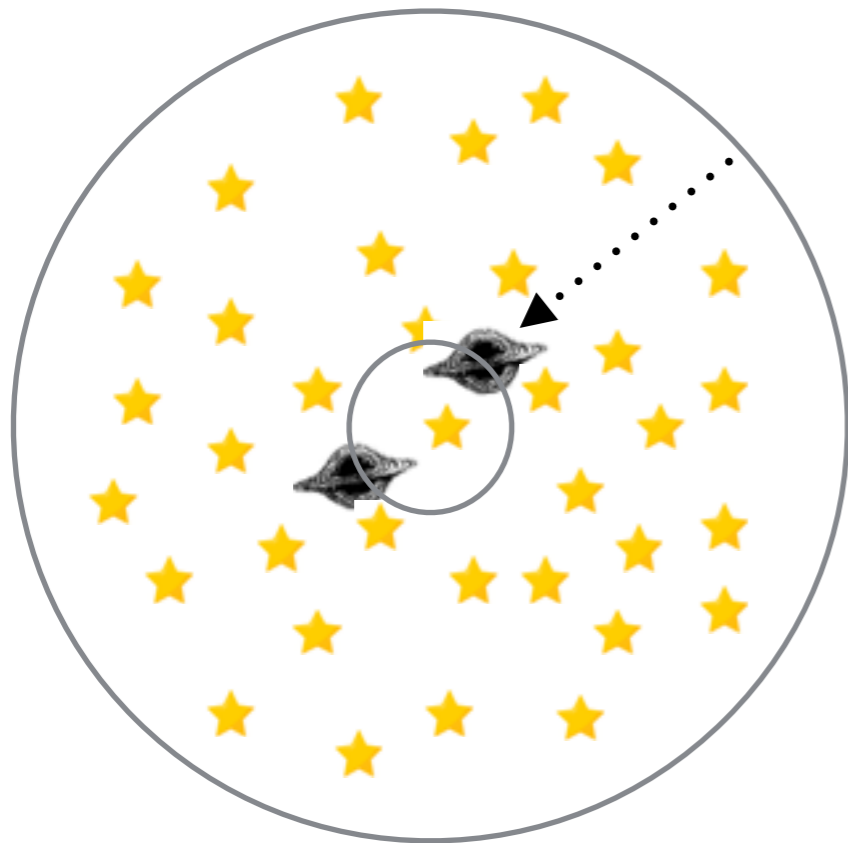
Different phases of SMBH binary merger:



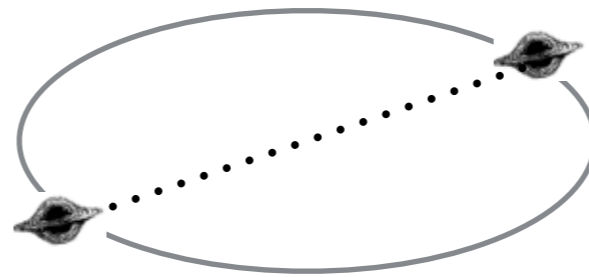
Dynamical Friction:

$$\mathbf{F}_{\text{DF}} \sim -4\pi G^2 M^2 \rho \ln \Lambda \frac{\mathbf{v}_M}{v_M^3}$$

$$\tau_{\text{DF}} \sim \text{Gyr}$$



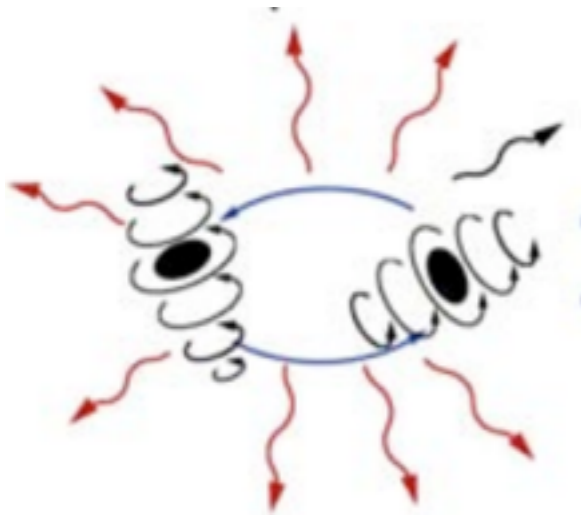
form kpc down to pc



binary forms: $a_h \sim \frac{GM}{8\sigma^2}$

an encounter lasts longer than one orbital period

3-body interactions



Emission of Gravitational Waves:

$$da/dt \sim -a^{-3}$$

$$t_{\text{gr}} = \frac{5}{256 F(e)} \frac{c^5}{G^3} \frac{a^4}{2M^3}$$

$$\sim \frac{10^7 \text{ yr}}{F(e)} \frac{M}{10^8 M_{\odot}} \left(\frac{\sigma}{200 \text{ km s}^{-1}} \right)^{-8} \left(\frac{a}{10^{-2} a_h} \right)^4$$

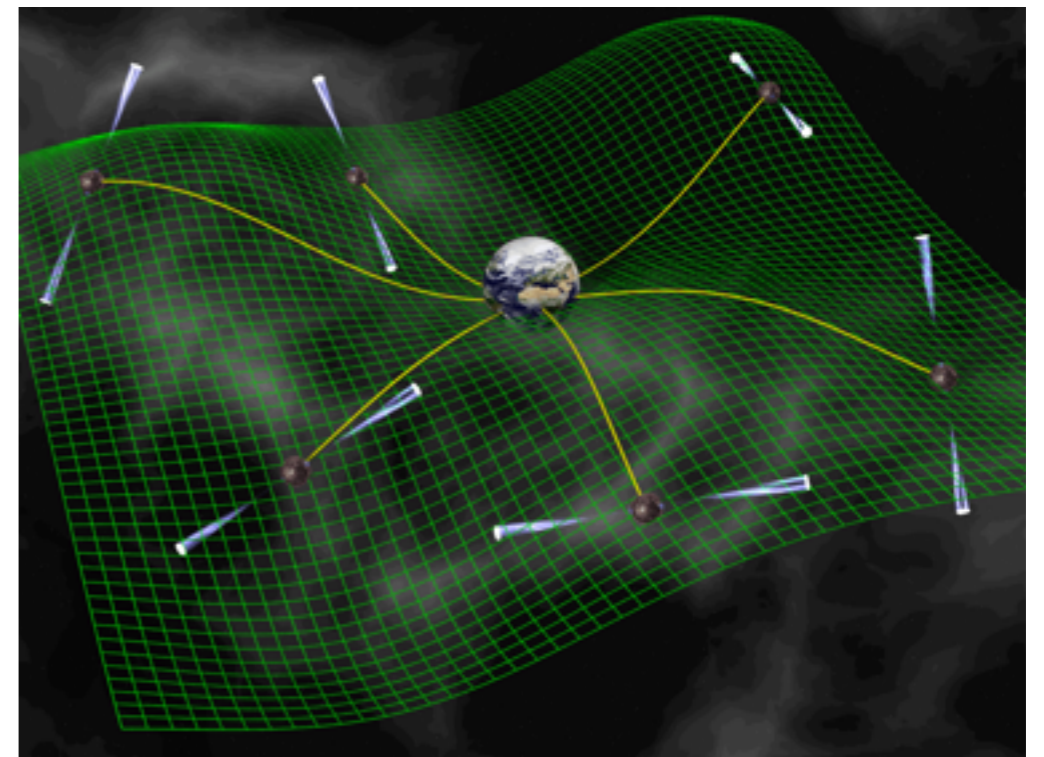


Image credit: David J. Champion

Hardening phase

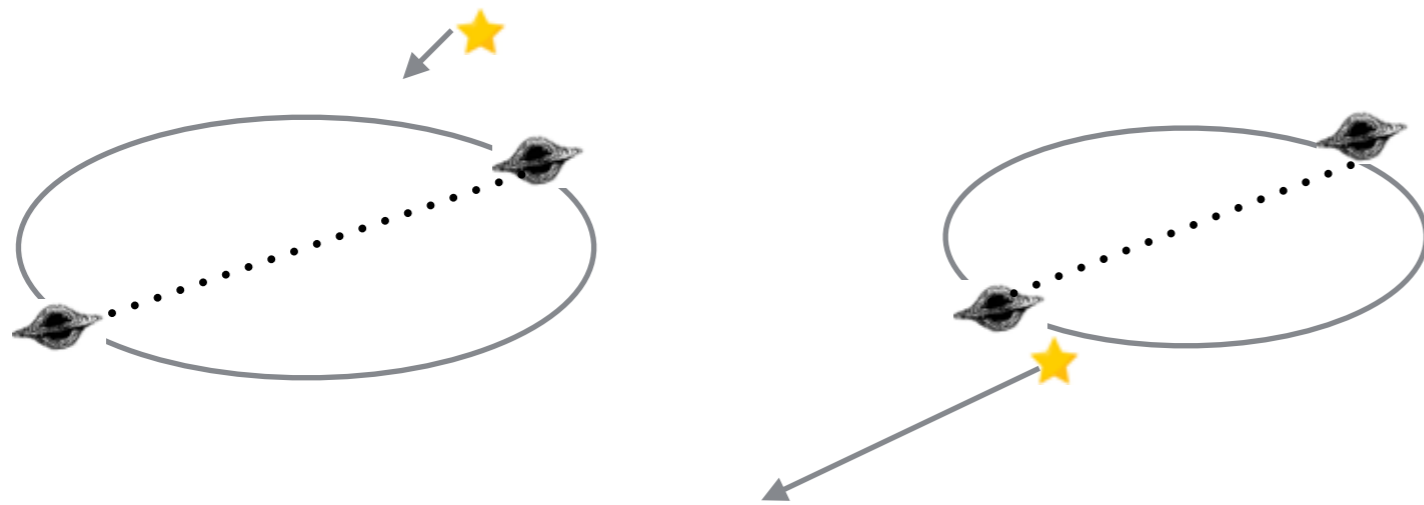


image credit: Zhang, 2001.09385

$$\frac{da}{dt} \sim -\frac{G\rho_{\star}}{\sigma}a^2$$

successful merger: ejected stellar mass \sim mass of binary

$$\tau_{\text{hard}} \sim \frac{\sigma}{G\rho_{\star}a}$$

for a fixed background can happen
on a reasonable time scale

**but hardening depletes the center of galaxy from stars
(the loss cone)**

The Final parsec problem

Begelman, Blandford, Rees 1980

Milosavljevic, Merritt, 2003

(Spherically symmetric, gas-poor systems)

possible solution:

Gas:

Begelman, Blandford, and Rees 1980

Escala, Larson, Coppi, 2005

Brownian motions of SMBHs:

Quinlan, Hernquist 1997

Axisymmetric and Triaxial galaxies:

Yu, 2002

Holley-Bockelmann, Sigurdsson, 2006

Berczik, Merritt, Spurzem, Bischof, 2006

Khan, Just, Merritt, 2011

Vasiliev, Antonini, Merritt, 2015

Gualandris, Read, Dehnen, Bortolas 2017

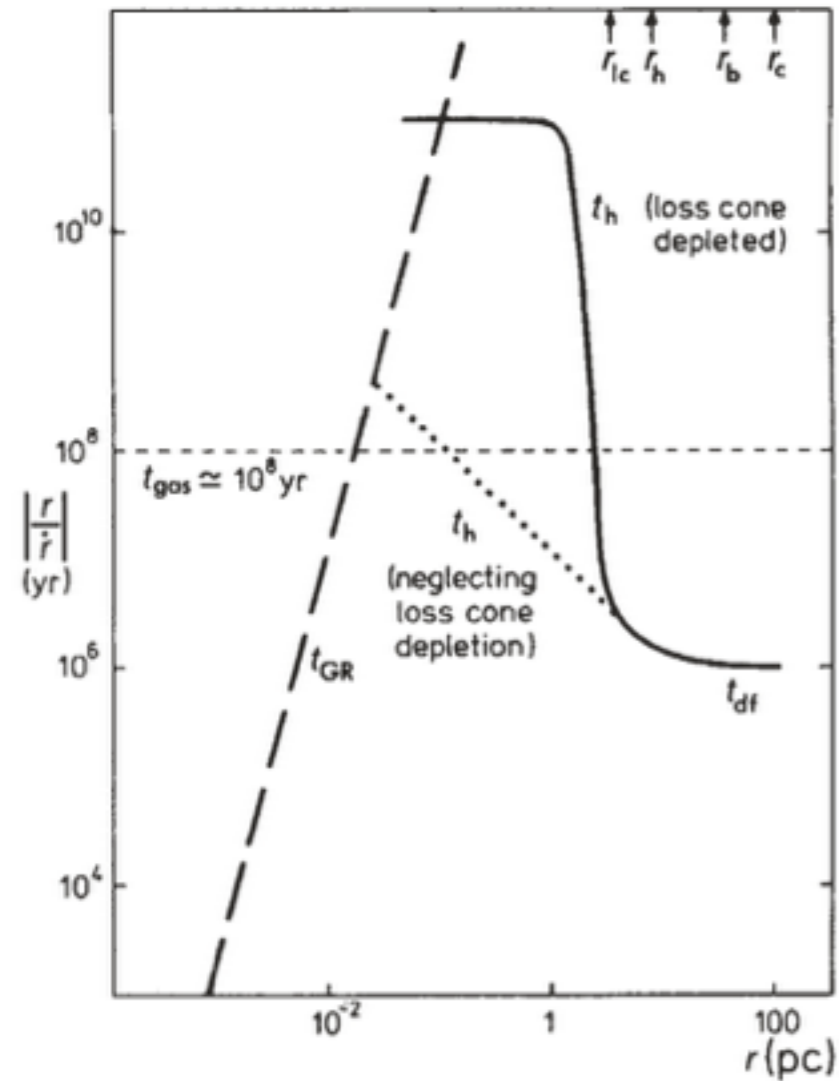
Massive perturbers:

Perets, Hopman, Alexander, 2007

Perets, Alexander, 2008

In the light of NANOGrav 15-year data:
any new (universal) mechanism is interesting!

**new possible solution:
Ultra Light Dark Matter (ULDM)**



ULDM: Schrodinger-Poisson Equation:
$$i\hbar\partial_t\psi = \left[-\frac{\hbar^2\nabla^2}{2m} + m(U_\psi + U_{\text{sat}}) \right] \psi$$

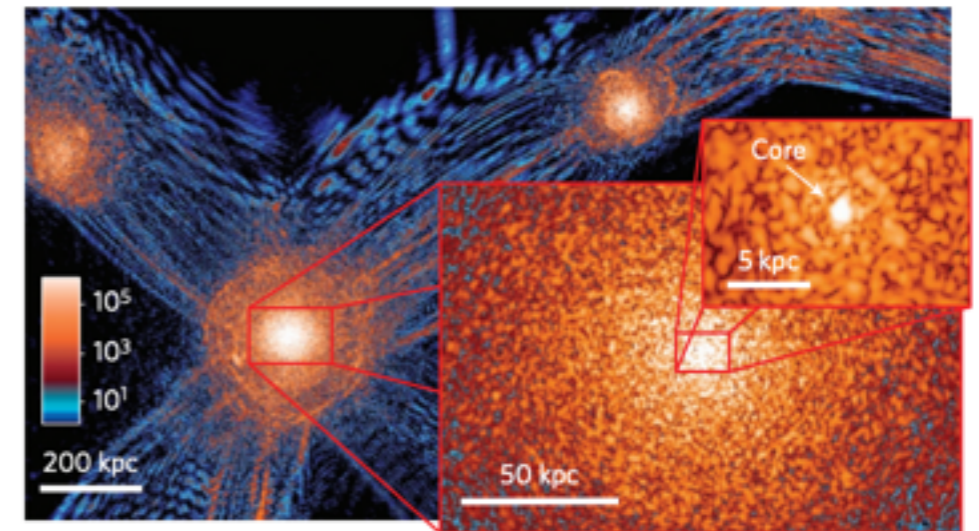
$$\nabla^2 U_\psi = 4\pi Gm|\psi|^2$$

very light boson, astrophysically large de Broglie wavelength:

a huge occupation numbers of the density field.

a classical wave

$$\lambda_\sigma = \frac{\hbar}{m\sigma} = 0.2 \text{ kpc} \left(\frac{10^{-22} \text{ eV}}{m} \right) \left(\frac{100 \text{ km/s}}{\sigma} \right)$$



solitonic core: the ground state
granular envelope (density fluctuations):
interference pattern

core-like density profile

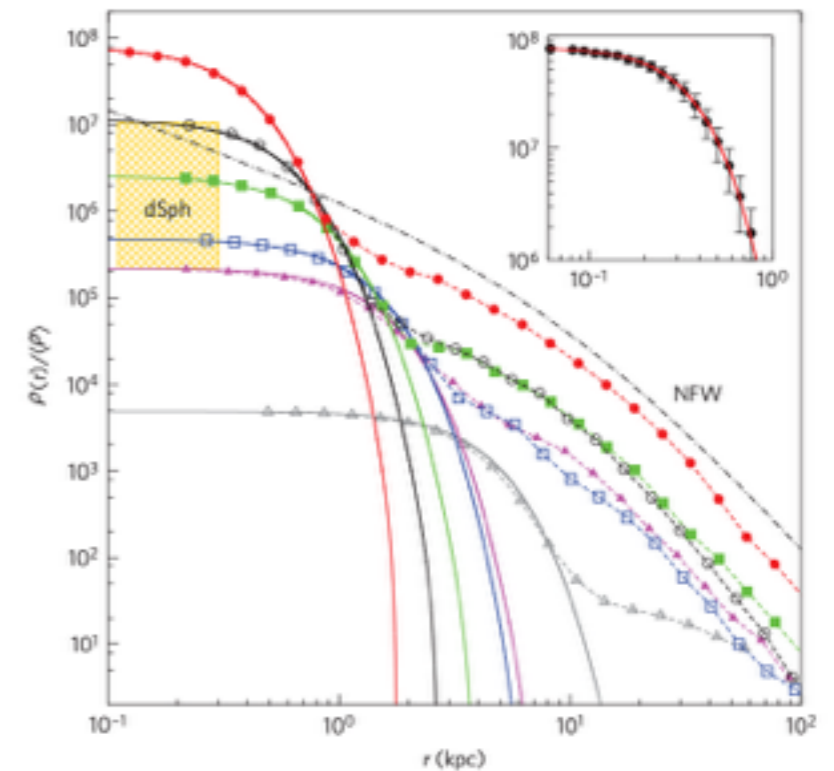
quasiparticles:

$$m_{\text{eff}} \sim \rho\lambda_\sigma^3 = \frac{\sigma^2}{2\pi Gr^2} \left(\frac{\hbar}{m\sigma} \right)^3 \simeq 2.6 \times 10^6 M_\odot \left(\frac{10^{-22} \text{ eV}}{m} \right)^3 \left(\frac{1 \text{ kpc}}{r} \right)^2 \left(\frac{100 \text{ km/s}}{\sigma} \right)$$

new time scale: coherence time (lifetime of quasiparticles)

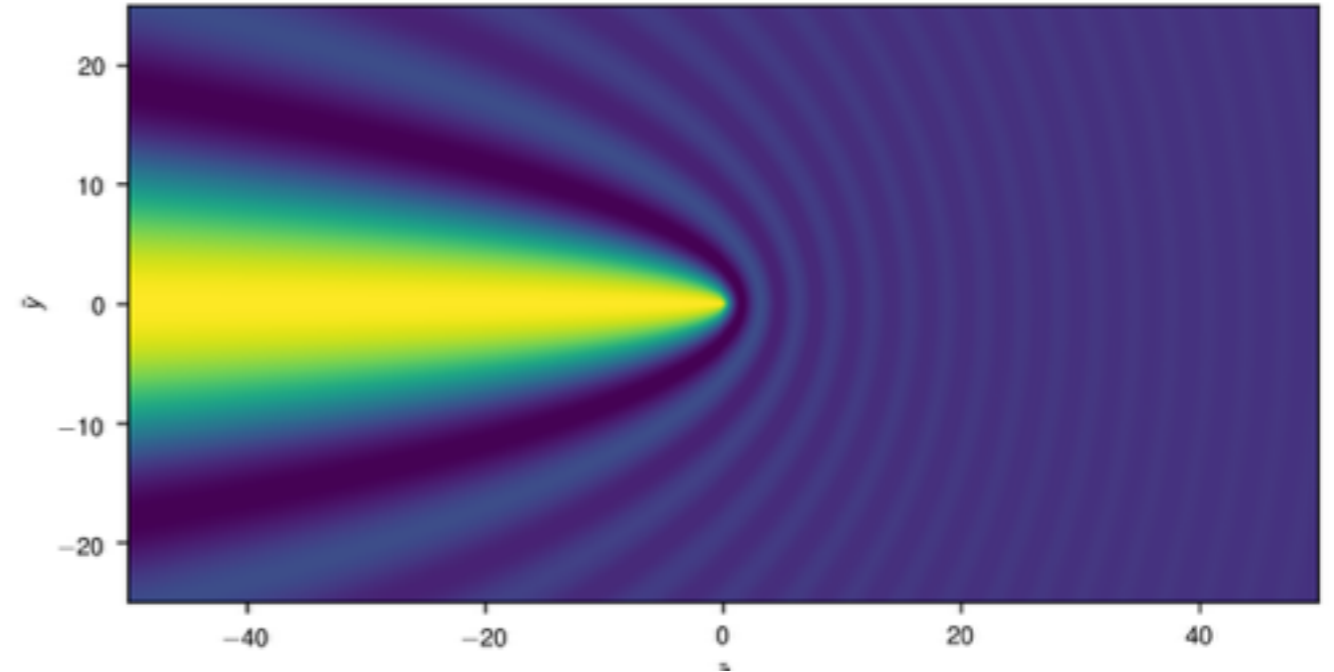
$$\tau_c \equiv 2\pi \frac{\lambda_\sigma}{\sigma} = \frac{\hbar}{m\sigma^2} \simeq 6 \times 10^6 \text{ yr} \left(\frac{10^{-22} \text{ eV}}{m} \right) \left(\frac{100 \text{ km/s}}{\sigma} \right)^2$$

Schive, Chiueh, and Broadhurst 2014



Different phases of merger in ULDM (no stars):

Dynamical friction:



Lancaster, et al., 2020

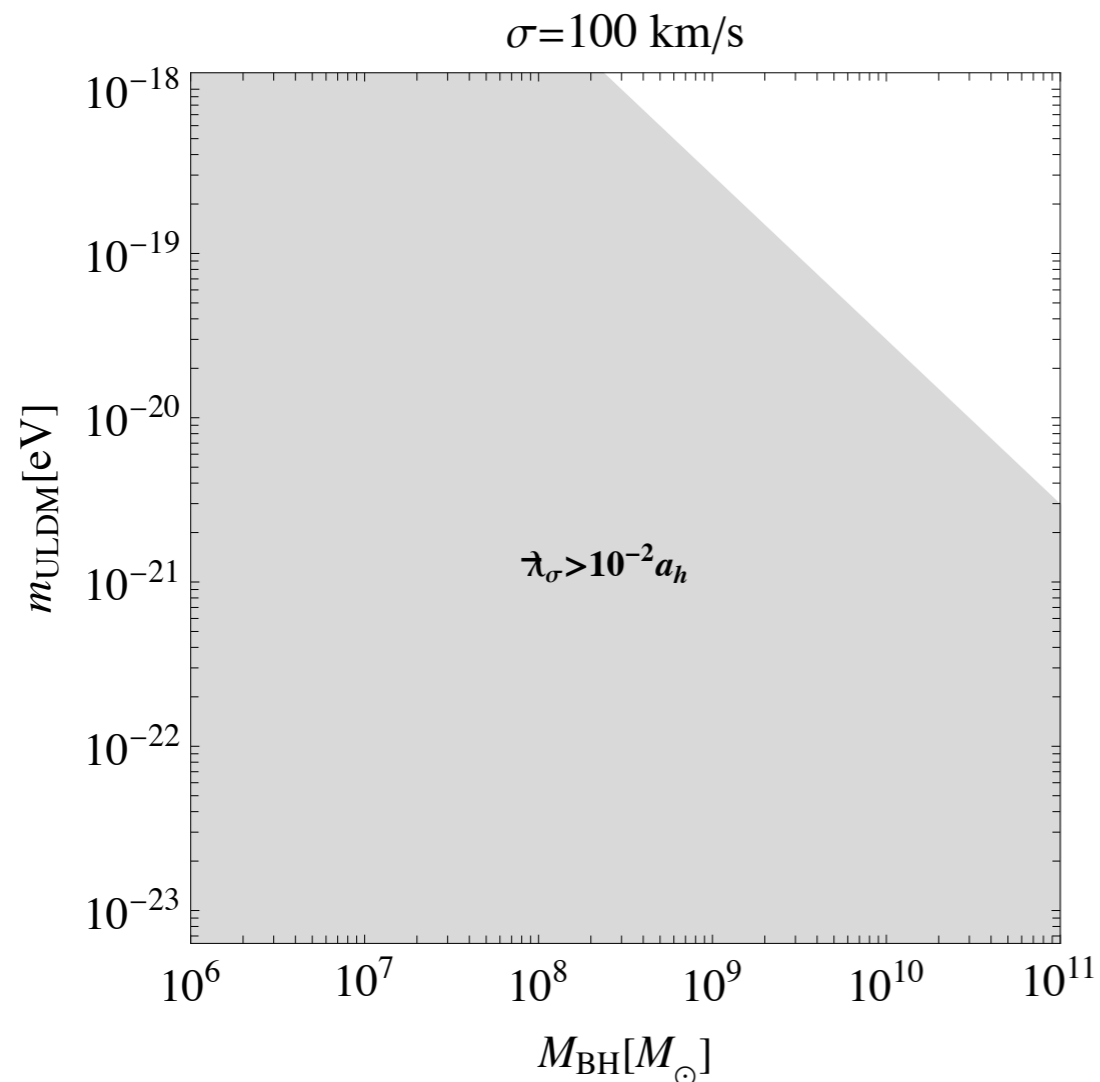
$$\mathbf{F}_{\text{DF}} = -4\pi\rho G^2 M^2 \frac{\mathbf{v}_{\text{rel}}}{v_{\text{rel}}^3} \begin{cases} \text{Ci} \ln(2b/\lambda_\sigma) + \frac{\sin(2b/\lambda_\sigma)}{2b/\lambda_\sigma} - 1 & b \ll \lambda_\sigma, \\ \ln[b/(\lambda_\sigma/2)] \left[\text{erf}\left(\frac{v_{\text{rel}}}{\sqrt{2}\sigma}\right) - \sqrt{\frac{2}{\pi}} \frac{v_{\text{rel}}}{\sigma} e^{-\frac{1}{2}\left(\frac{v_{\text{rel}}}{\sigma}\right)^2} \right] & b \gg \lambda_\sigma. \end{cases}$$

size of the binary smaller than the de Broglie scale:
smoothing the tail of the particles in the wake,
suppresses dynamical friction

Hardening just by dynamical friction

dynamical friction is still efficient

$$10^{-2} a_h \gtrsim \lambda_\sigma$$



challenge:

$$t_{\text{merger}} \lesssim 10 \text{ Gyr}$$

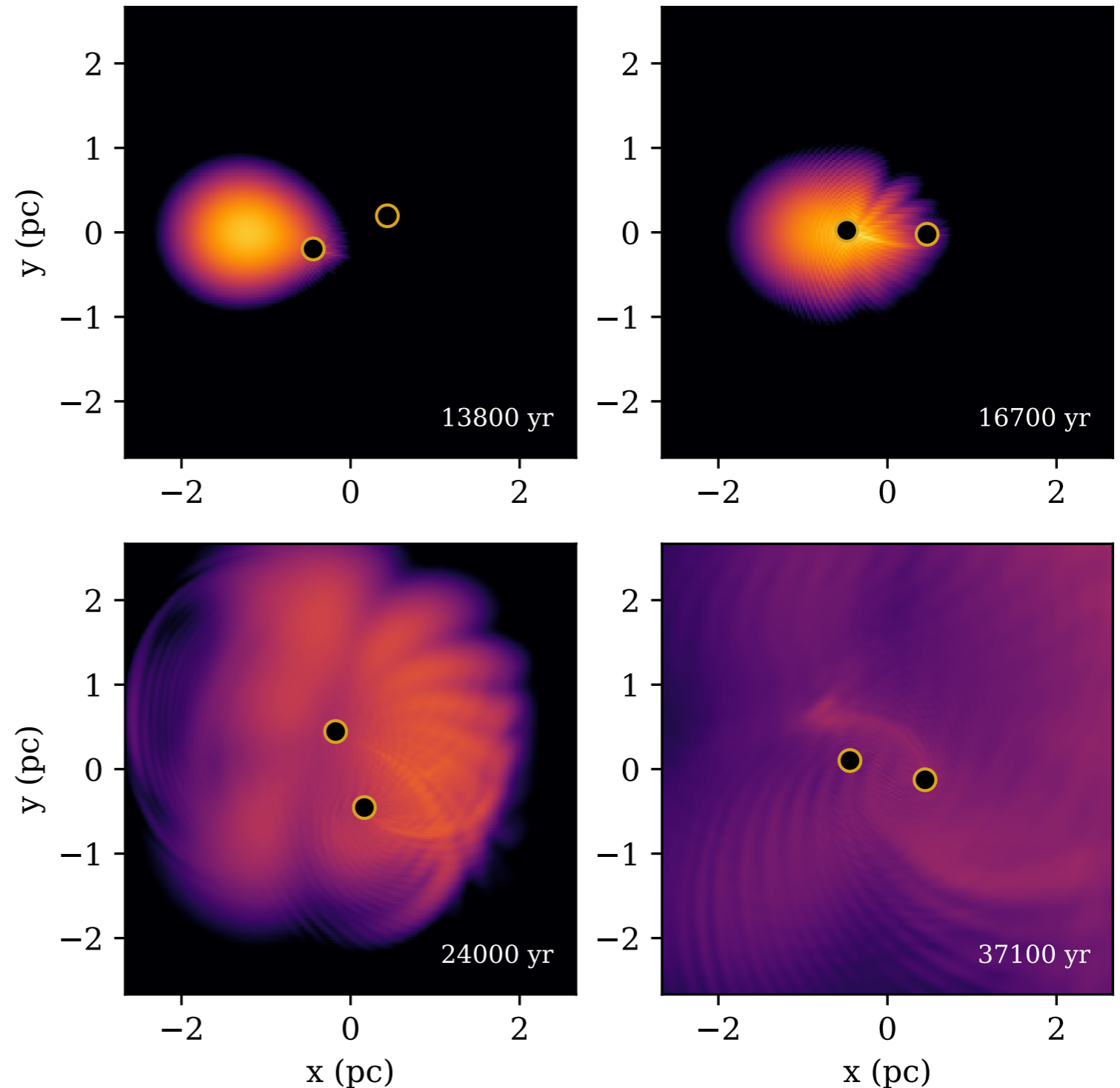
$$a_h \sim \frac{GM}{8\sigma^2}$$

Hardening by quasiparticles:

stars: $\frac{da}{dt} \sim -\frac{G\rho_{\star}}{\sigma}a^2$ successful merger: ejected stellar mass \sim mass of binary

ULDM: better/worse than stars?

still in progress ...



naively, successful merger: interact with quasiparticles \sim mass of binary

binary forms while dynamical friction is not suppressed.
outside of the solitonic core

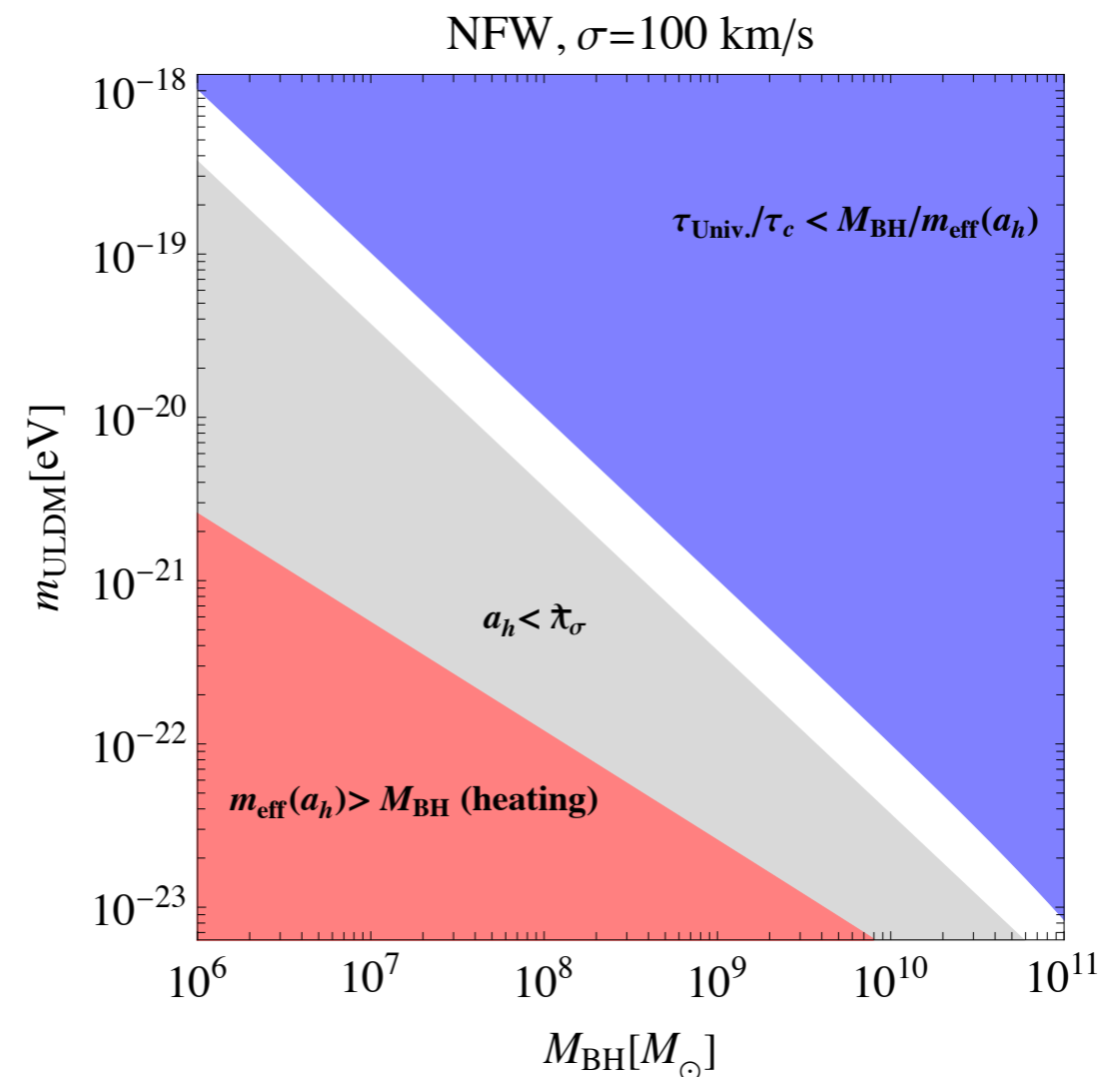
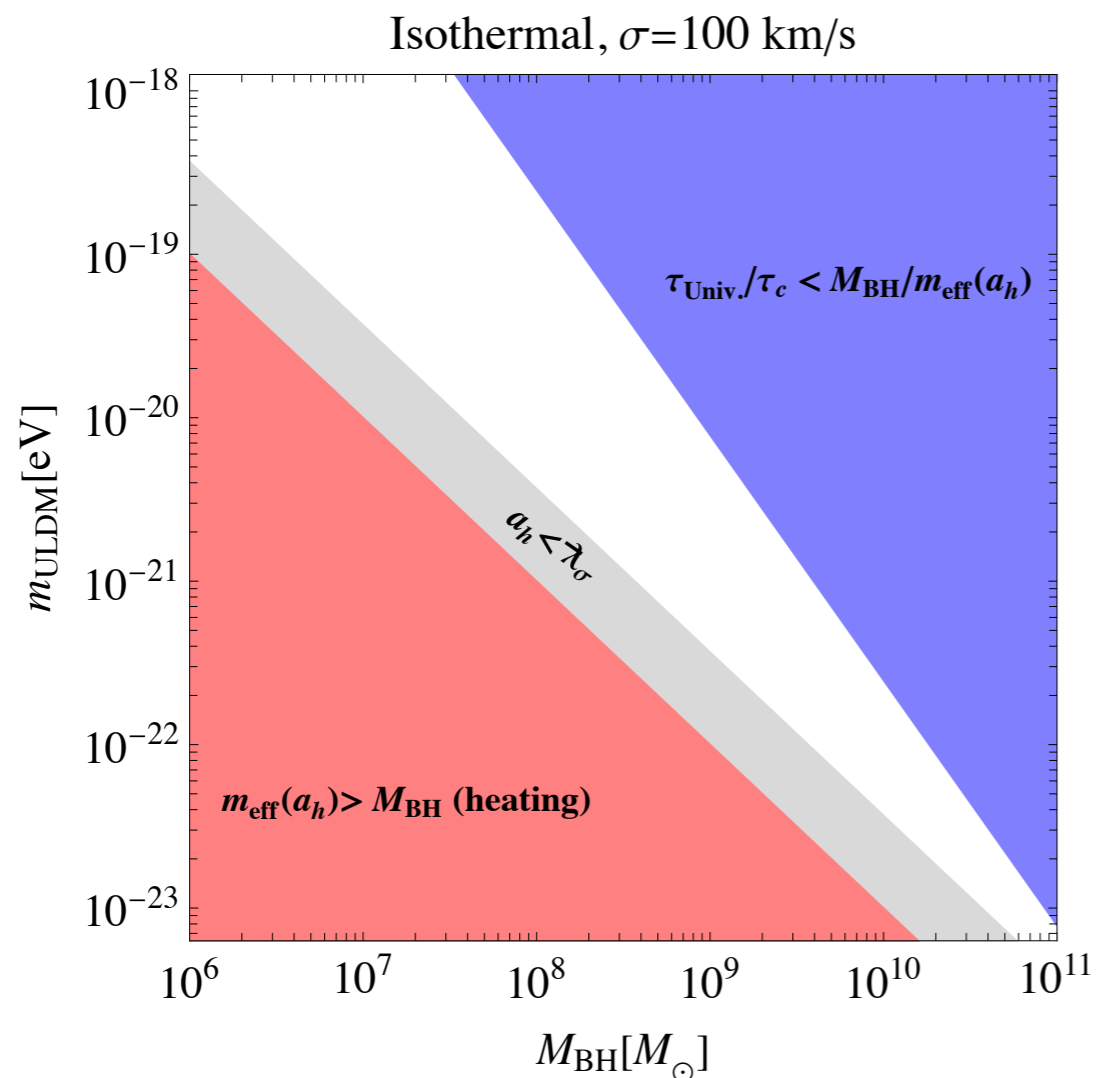
$$a_h > \lambda_\sigma$$

to avoid heating up the binary

$$m_{\text{eff}}(a_h) < M$$

refill the loss cone efficiently

$$\frac{\tau_{\text{Univ.}}}{\tau_c} \gtrsim \frac{M}{m_{\text{eff}}(a_h)}$$



Hardening by stars in the presence of ULDM:

massive perturbers can scatter stars back to the loss cone:
 accelerate the stellar relaxation by some orders of magnitude

Perets, Hopman, Alexander, 2007
 Perets, Alexander, 2008

giant molecular clouds

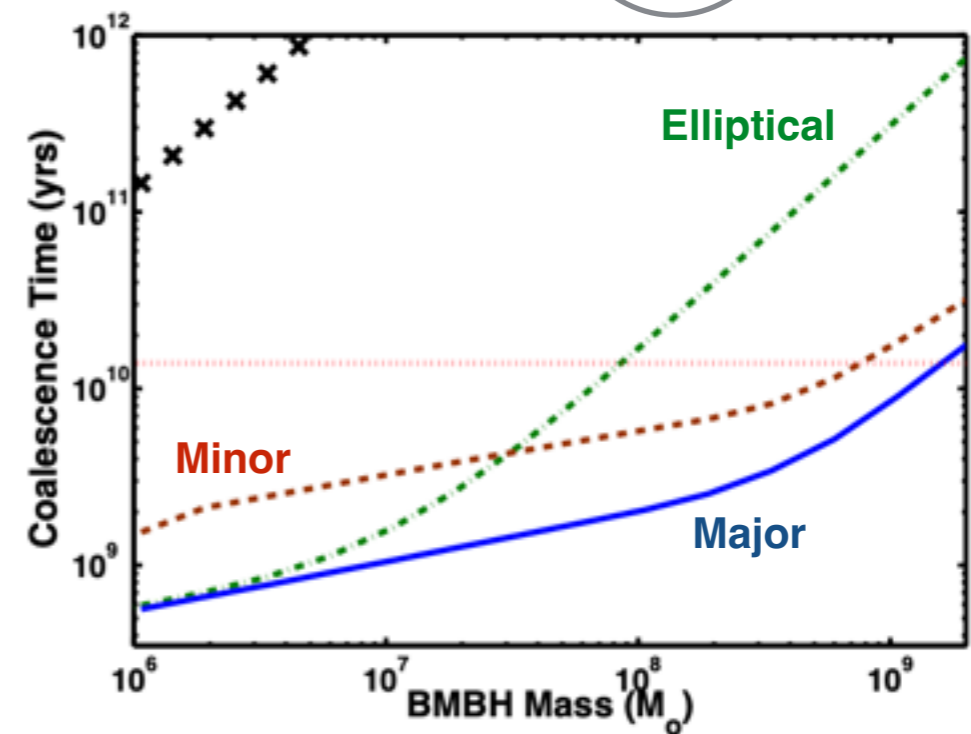
globular cluster

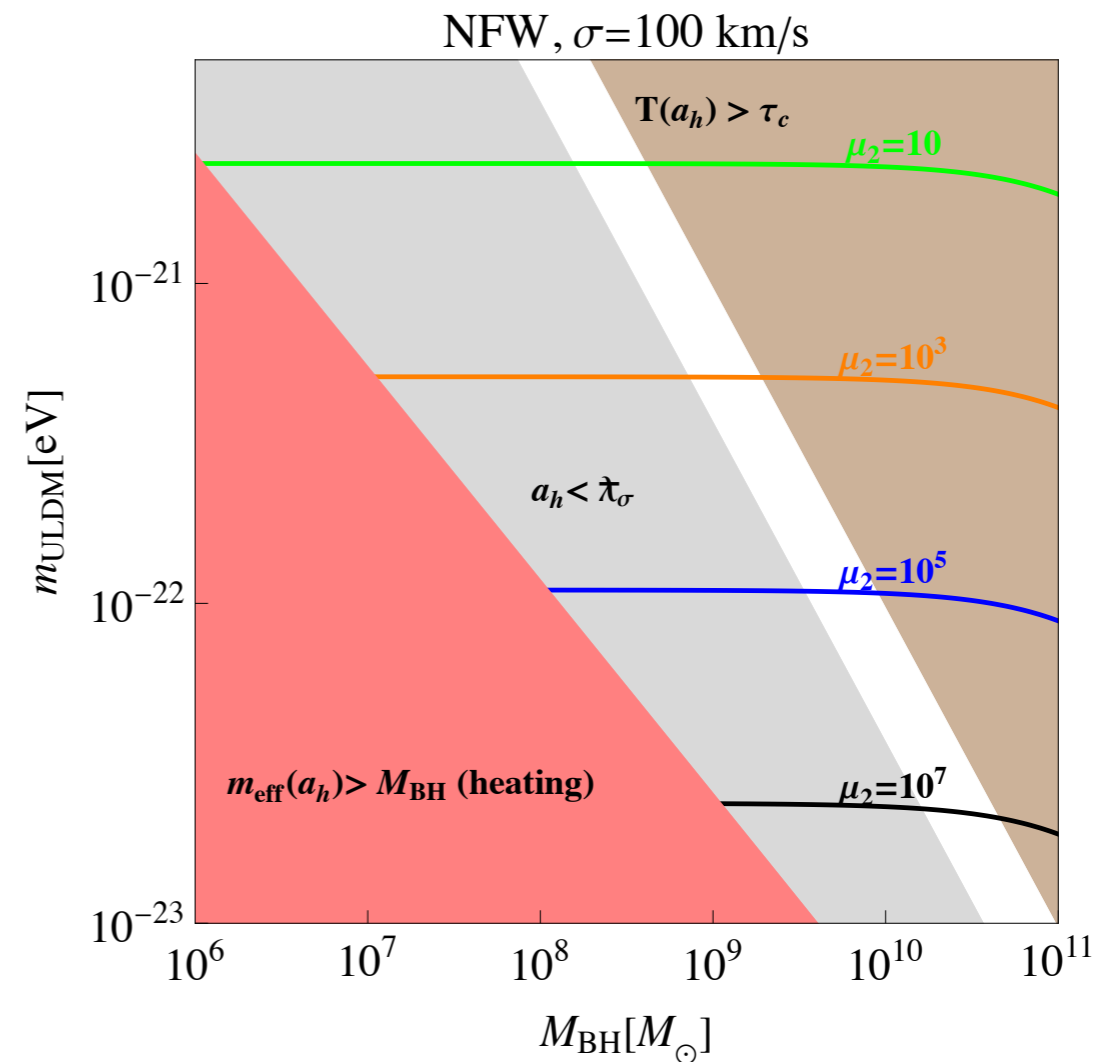
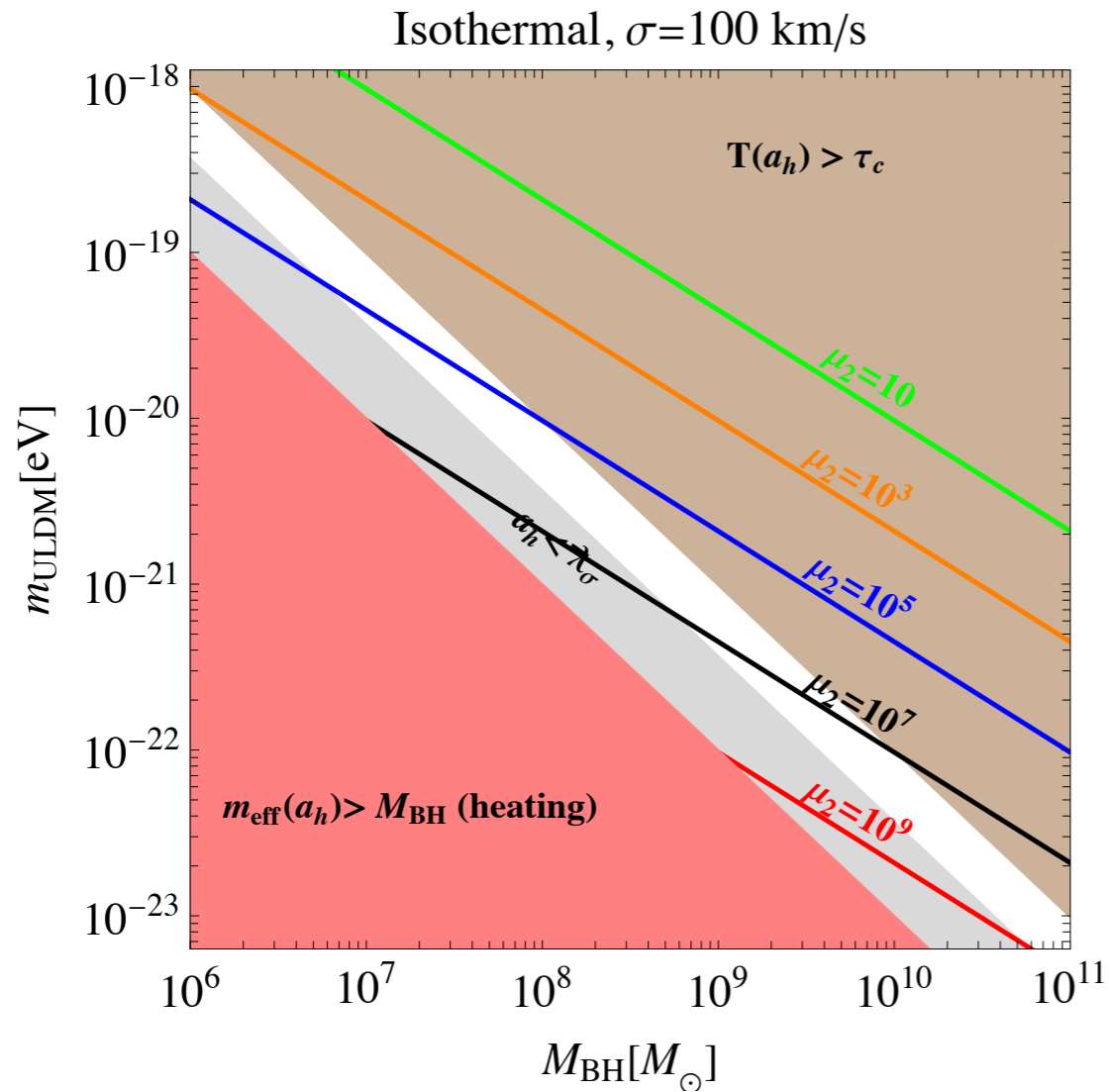
$$\Gamma_{p\star} \sim n_p v \sigma_{p\star} \sim n_p v r_c^2 \sim n_p v (GM_p/v^2)^2$$

figure of merit:
 the second moment of the mass distribution

$$\frac{t_{r,\star}}{t_{r,p}} \sim \mu_2 \equiv \frac{n_p M_p^2}{n_\star M_\star^2}$$

Merger model	Q	r/r_h^a	M_p^{tot}/M_{dyn}^{tot}	$M_p(M_\odot)$	β^b	R_p (pc)	μ_2^c
Major	1	2-30	1/2	$5 \times 10^4 - 1 \times 10^7$	1.2	5	3×10^7
Minor	0.05	2-30	1/3	$5 \times 10^4 - 1 \times 10^7$	1.2	5	5×10^6
Elliptical	1	2-30	1/5	$1 \times 10^5 - 1 \times 10^7$	2	3	5×10^5
Stars	—	1-30	1	1	—	0	1





giant molecular clouds: common in spiral galaxies,
but do not survive in **elliptical galaxies** as a result
of a history of major mergers.

conclusion

NANOGrav data can be explained by a population of SMBH binaries.

The final parsec problem may not be a problem anymore,
but is still interesting to be explored!

Merger of SMBH binaries just by interacting with ULDM looks challenging:
requires a better understanding of binary evolution close to the core.

ULDM quasiparticles can be treated as massive perturbers to
refill stellar loss cone efficiently.

Back up

lower limits on ULDM mass:

Amin, Mirbabayi, 2022

$$10^{-18} \text{ eV}$$

ultra faint dwarf galaxies

Dalal, Kravtsov, 2022

$$10^{-19} \text{ eV}$$