Probing Reheating with Graviton Bremsstrahlung

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Observations

- Universe is flat and istropic at large scale \implies flatness and horizon problems
 - Need inflation, which is driven by vacuum energy Einflation
 - After inflation: the Universe is empty and cold
- Big Bang Nucleosynthesis needs a Thermal background



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Reheating

• A theory describing how inflaton ϕ energy \implies thermal background



- Basic ingredients:
 - Couplings $\mu \phi h^2$, $\lambda \phi^2 h^2$, $y \phi \bar{\psi} \psi$
 - Oscillating $\phi \implies$ particles production \implies interaction \implies thermal bath
 - Complex with non-perturbative phenomena [talks by Piani, Loayza, Marschall]
- Reheating \implies thermal background. **Temperature is important**:

DM production, Baryogenesis, Phase Transition, GW...

Evolution of Background

- Shape of inflaton potential around minimum $V(\phi) \sim \phi^n$
- Couplings $\mu \phi h^2$, $y \phi \overline{\psi} \psi \implies \Gamma_{\phi}$

$$\frac{d\rho_{\phi}}{dt} + 3(1+w)H\rho_{\phi} = -(1+w)\Gamma_{\phi}\rho_{\phi}$$
$$\frac{d\rho_{R}}{dt} + 4H\rho_{R} = +(1+w)\Gamma_{\phi}\rho_{\phi}$$



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Evolution of Background



• Fermionic decay: $\Gamma_{\phi} \sim \frac{y^2 m_{\phi}}{8\pi}$ with $m_{\phi} \propto V'' \propto \phi^{n-2}$ • Annihilation: $\Gamma_{\phi} \sim \frac{\lambda^2 \rho_{\phi}}{16\pi m_{\phi}^3}$ Bosonic decay: $\Gamma_{\phi} \sim \frac{\mu^2}{8\pi m_{\phi}}$

n and type inflaton-matter couplings \implies background evolution

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[YX 2308.15322]



transparent to GW

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Graviton Bremsstrahlung during Reheating

• Reheating: via $\phi \mathcal{FF}$ (decay) or $\phi^2 \mathcal{FF}$ (annihilation)



• Graviton Production: $T^{\mu\nu}g_{\mu\nu}$ with $g_{\mu\nu} \simeq \eta_{\mu\nu} + \frac{1}{M_P}h_{\mu\nu} \implies \frac{1}{M_P}T^{\mu\nu}h_{\mu\nu}$



Graviton Production Rate



• $x = \frac{L_g}{m_{\phi}}$; when $x \to 0 \implies$ soft divergence [Weinberg '65] [Barker, Gupta and Kaskas '69]

[Barman, Bernal, YX, Zapata 2301.11345] [Barman, Bernal, YX, Zapata 2305.16388] [Bernal, Cléry, Mambrini, YX 2311.12694]

GW Spectrum

• GW amplitude:

$$\Omega_{\rm GW}(f) = \frac{1}{\rho_c} \frac{d\rho_{\rm GW}}{d\ln f} = \Omega_{\gamma}^0 \frac{d(\rho_{\rm GW}/\rho_R)}{d\ln f}$$
$$\sim \Omega_{\gamma}^0 \frac{d(\rho_{\rm GW}/\rho_R)}{d\ln E_g}$$

Differential spectrum

$$\frac{d(\rho_{\rm GW}/\rho_{\rm R})}{dE_{\rm g}} \propto \left(\frac{d\Gamma}{dE_{\rm g}} \frac{1}{\Gamma_{\phi}}\right) \times \left(\frac{E_{\rm g}}{m_{\phi}}\right) \times \text{dilution}$$

 \sim differential BR \times energy fraction \times dilution

Expect

 $\Omega_{\rm GW}(f) \propto f$

[Barman, Bernal, YX, Zapata 2301.11345]

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GW Spectrum: Bosonic decay vs Fermionic decay



• GW amplitude lager in bosonic decay for n > 2 with $V(\phi) \sim \phi^n$

• The distinction in GW \implies a novel channel to probe reheating

[Barman, Bernal, YX, Zapata 2301.11345] [Barman, Bernal, YX, Zapata 2305.16388]

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GW Spectrum: Bosonic Decay vs Bosonic Annhilation



[Bernal, Cléry, Mambrini, YX 2311.12694]

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- Reheating explains Cold → Thermal
- The dynamics and background temperature evolution controlled by:
 - inflaton potential shape (n)
 - e type of inflaton-matter coupling (Γ)
- There is an unavoidable SGWB from Graviton Bremsstrahlung
- Future GW experiments could potentially probe reheating

Probing Reheating: Astro-Cosmo-Collider Synergy



Thanks for your attention!

Probing Reheating via Axion Experiments



• Assume QCD axion makes up all DM. If a positive signal with

$$4 \cdot 10^{-9} \text{ eV} \lesssim m_a \lesssim 5 \cdot 10^{-7} \text{ eV}$$

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 \implies bosonic annihilation less likely



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Probing Reheating with LLP Searches in the LHC



[Becker, Copello, Harz, Lang, YX 2306.17238]

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Polynomial Inflation

- Monomial Chaotic Inflation $V(\phi) \sim \phi^p$ has been ruled out
- A General and Renormalizable Potential

$$V(\phi) \sim b \phi^2 + c \phi^3 + d \phi^4$$



[Drees, YX 2104.03977] [Drees, YX 2209.07545]

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• During reheating: $V(\phi) \sim \phi^2$

Alpha Attractor Inflation

• The E model [Kallosh and Linde '13]

$$V(\phi) = \lambda M_P^4 \left(1 - e^{-\sqrt{\frac{2}{3\alpha}}\frac{\phi}{M_P}}\right)^n$$



• During reheating, i.e . $\phi \ll M_P \implies V(\phi) \sim \phi^n$

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