

# A UNIFIED VIEW OF VACUUM DECAY CHANNELS



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# MOTIVATION & GOALS

- Why QFT vacuum decay?

BSM/SM pheno, Early universe PhTs, Inflation, String Landscape...

- Tunneling Potential Formalism

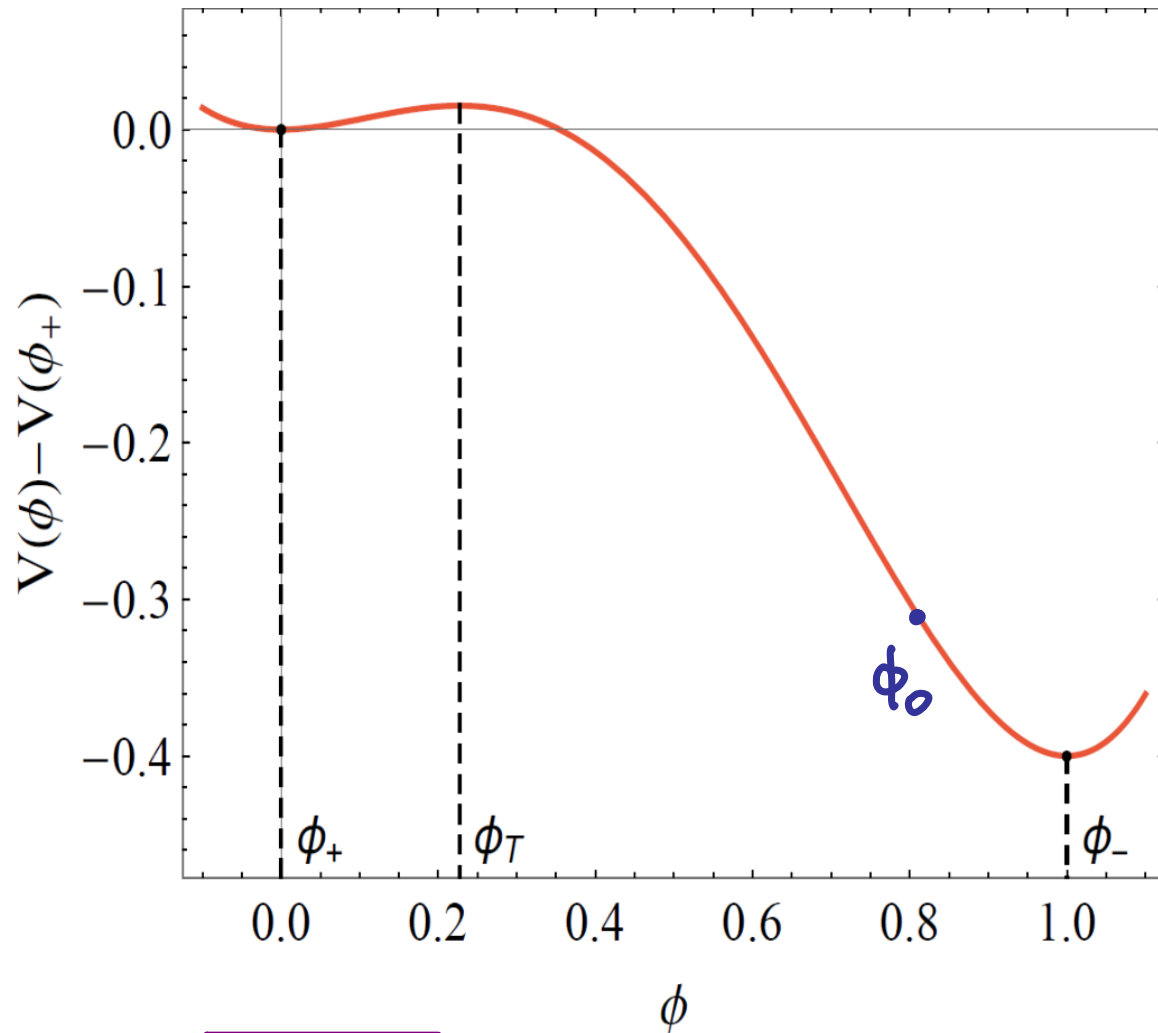
Alternative to standard Euclidean method (Coleman)

- Unified view of vacuum decay

Coleman-de Luccia bounces, Hawking-Moss instantons, Bubble of nothing decays, gravitational quenching, domain walls

ALL RELATED!

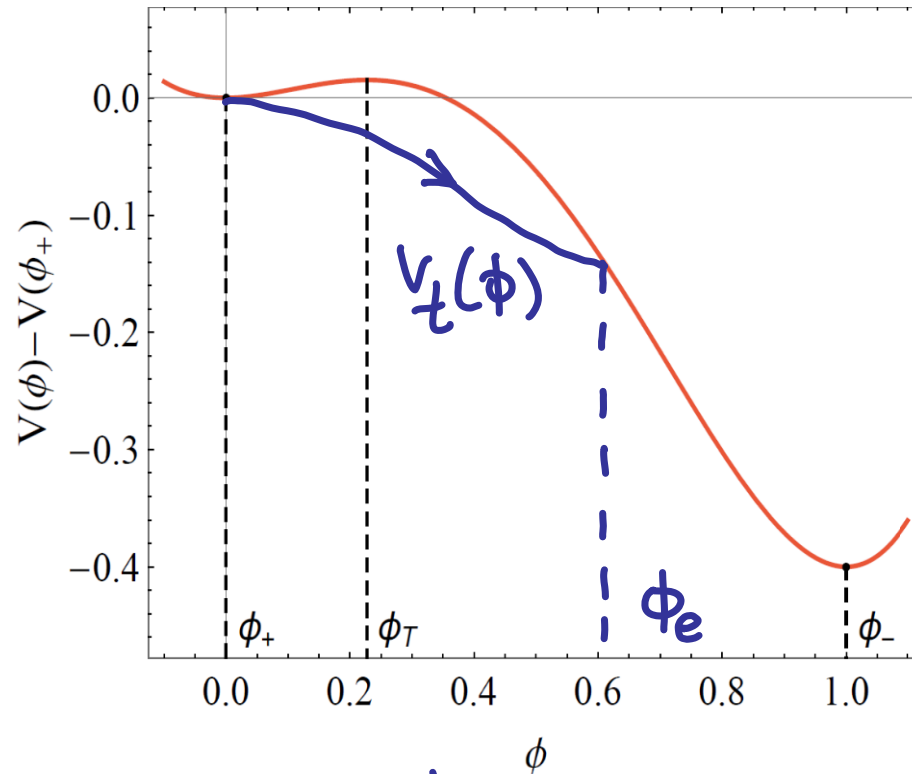
# DECAY ACTION ~ DECAY PRICE



$I/N = A e^{-S}$  ↖ calculate this

# TUNNELING POTENTIAL FORMALISM

JRE '1805  
'1808



$$S[V_t] = \frac{6\pi^2}{k^2} \int_{\phi_+}^{\phi_e} \frac{(D + V_t')^2}{D V_t^2} d\phi$$

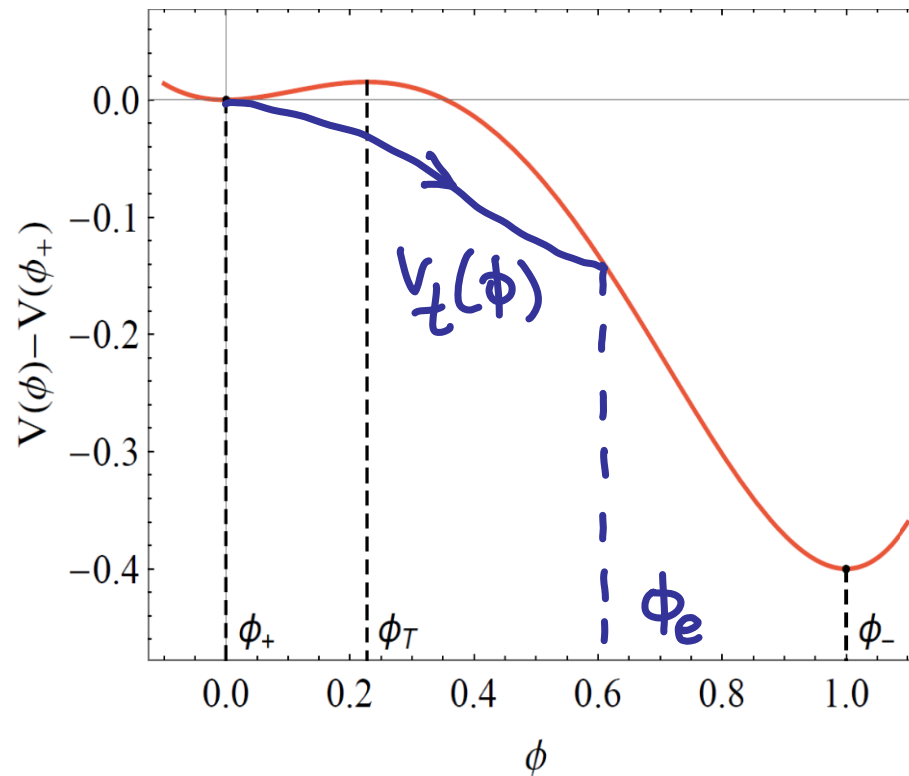
with

$$D = \sqrt{(V_t')^2 + 6k(V - V_t)V_t}$$

$$k \equiv 1/m_p^2$$

# TUNNELING POTENTIAL FORMALISM

JRE '1805  
'1808



$$S = \text{Min}_{V_t} S[V_t]$$

$$\phi_e = \phi(0)$$

↓  
Core of Euclidean  
Coleman-de Luccia (cdL)  
bounce

# NICE PROPERTIES OF $V_t$ -FORM.

JRE'1805

★  $V_t$  on same footing as  $V$

(Bounce) field can be a distraction.

★  $S[V_t]$  minimized (  $\phi_B(r)$  saddle-point )

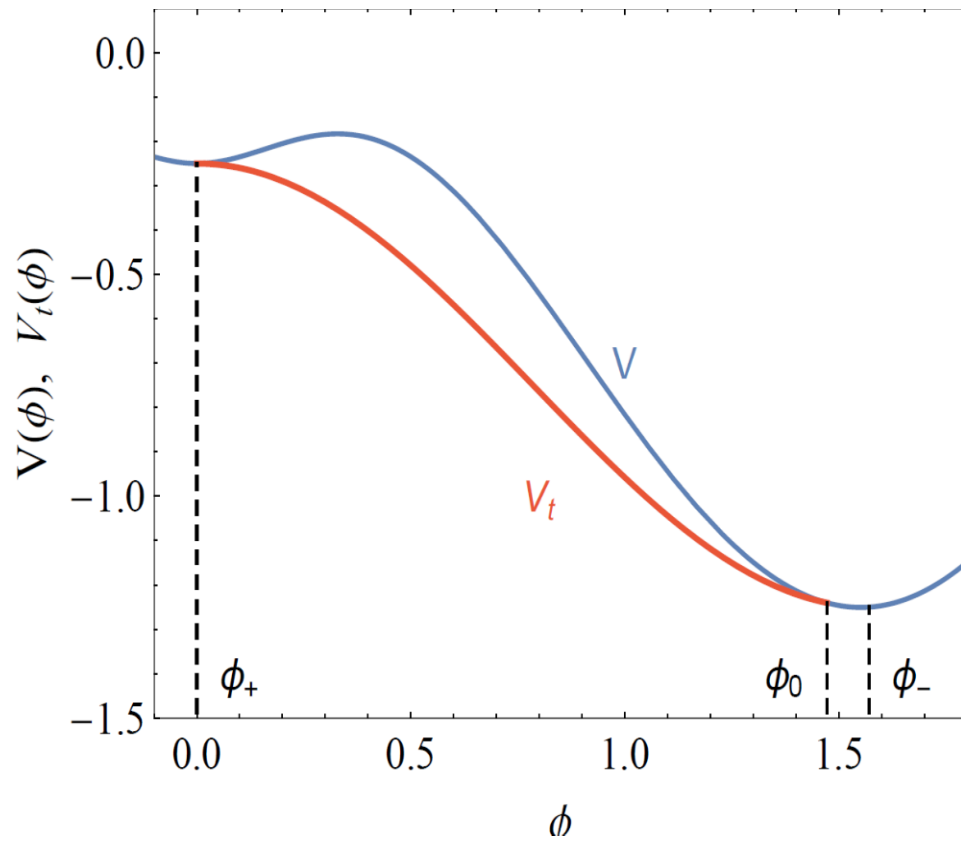
⇒ Good for numerics

⇒ Useful for multi-field case JRE, Konstantin'1811

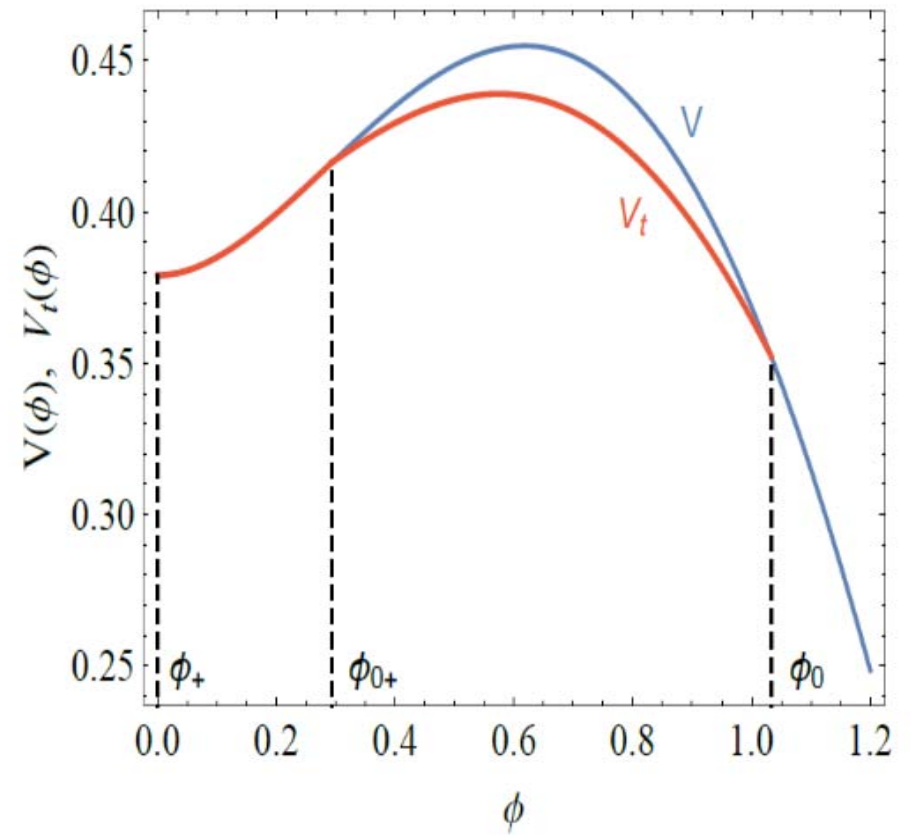
★  $S[V_t]$  is universal

# $S[V_t]$ is UNIVERSAL

Valid for AdS, Minkowski or dS false vacua



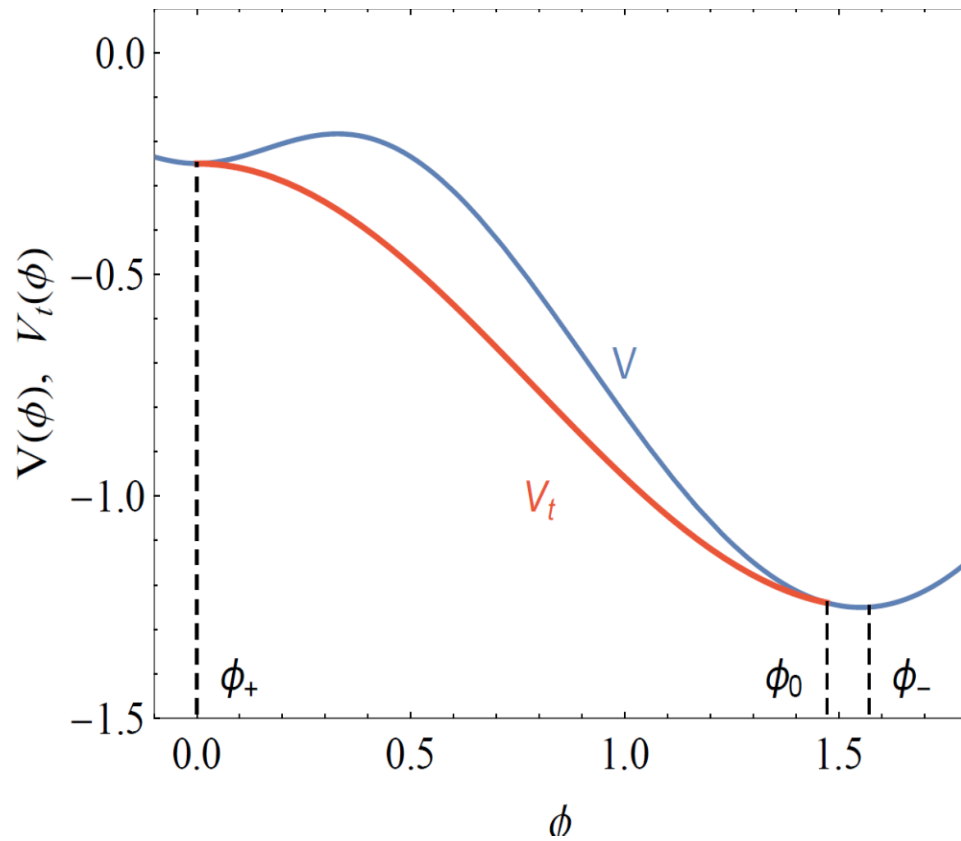
Minkowski or AdS



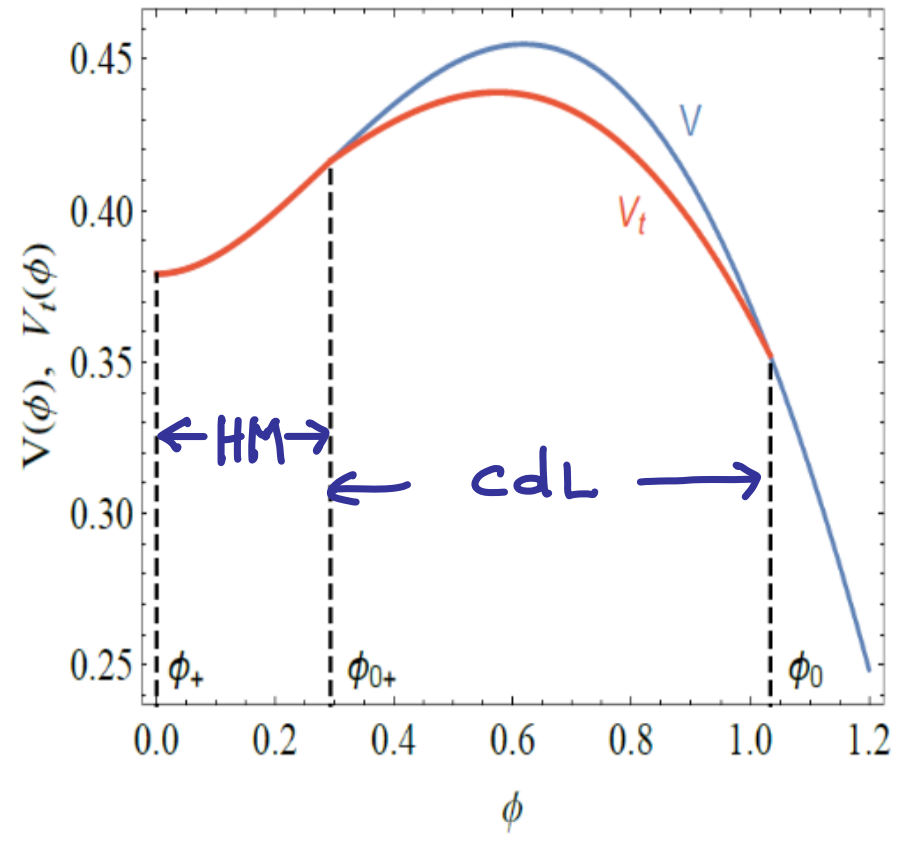
dS

# $S[V_t]$ is UNIVERSAL

Valid for AdS, Minkowski or dS false vacua



Minkowski or AdS



dS



# EULER-LAGRANGE

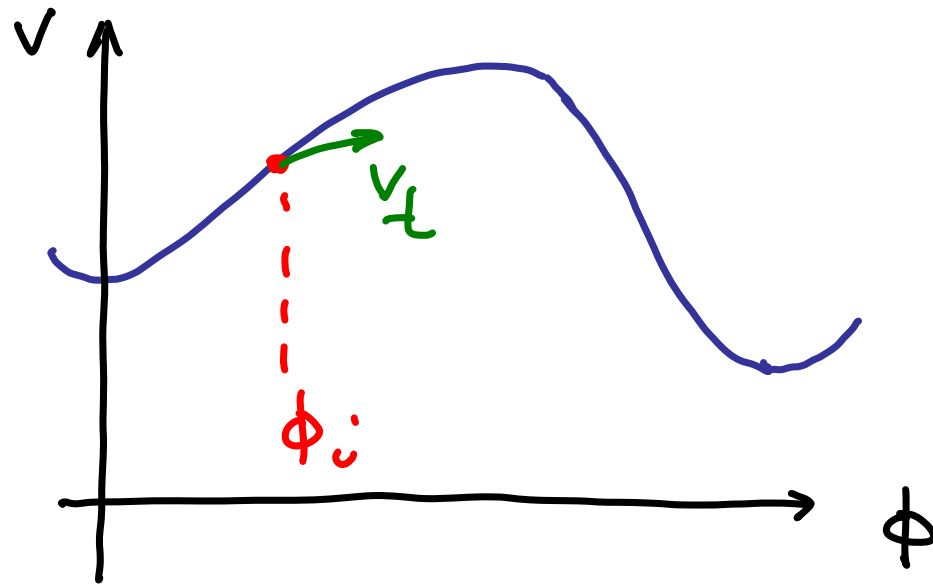
$$\frac{\delta S[v_t]}{\delta v_t} = 0$$

↓ EoM for  $v_t$

$$0 = (4v_t' - 3v') v_t' + 6(v - v_t) [v_t'' + \kappa(3v - 2v_t)]$$

# BEYOND CdL (dS)

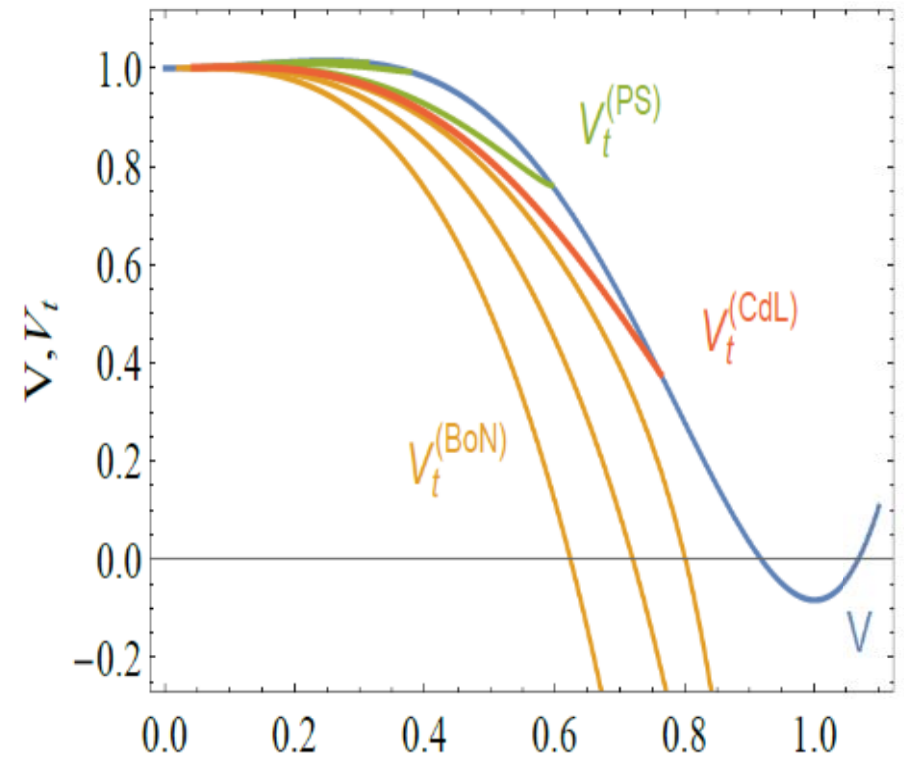
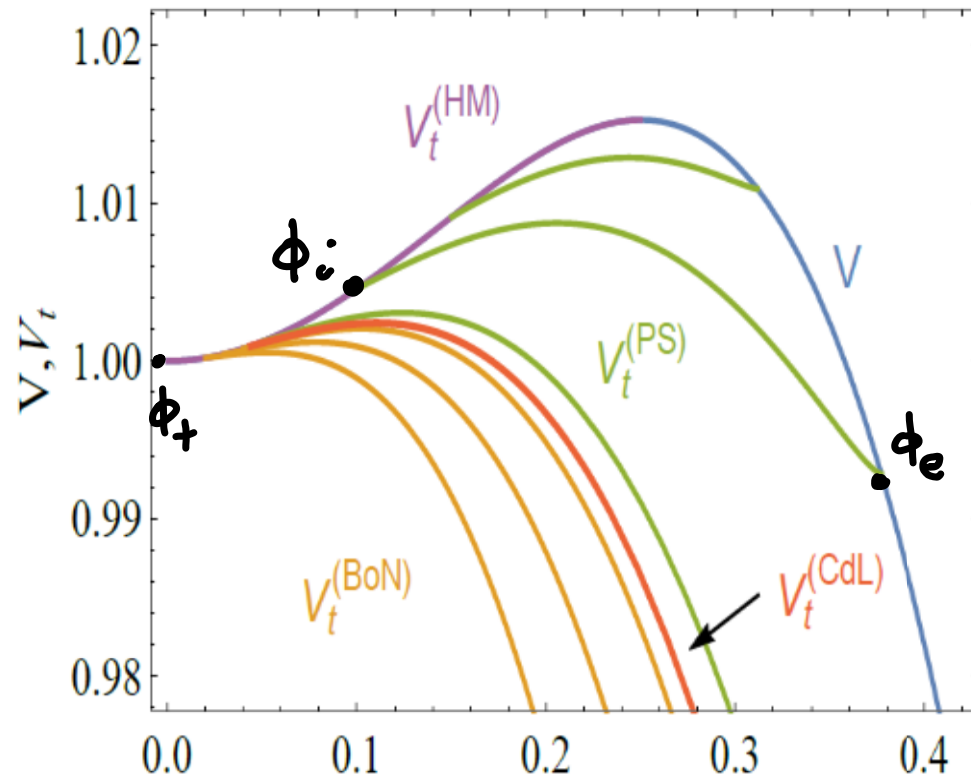
Family of solutions  $v_t(\phi_i; \phi)$  of EoM for  $v_t$



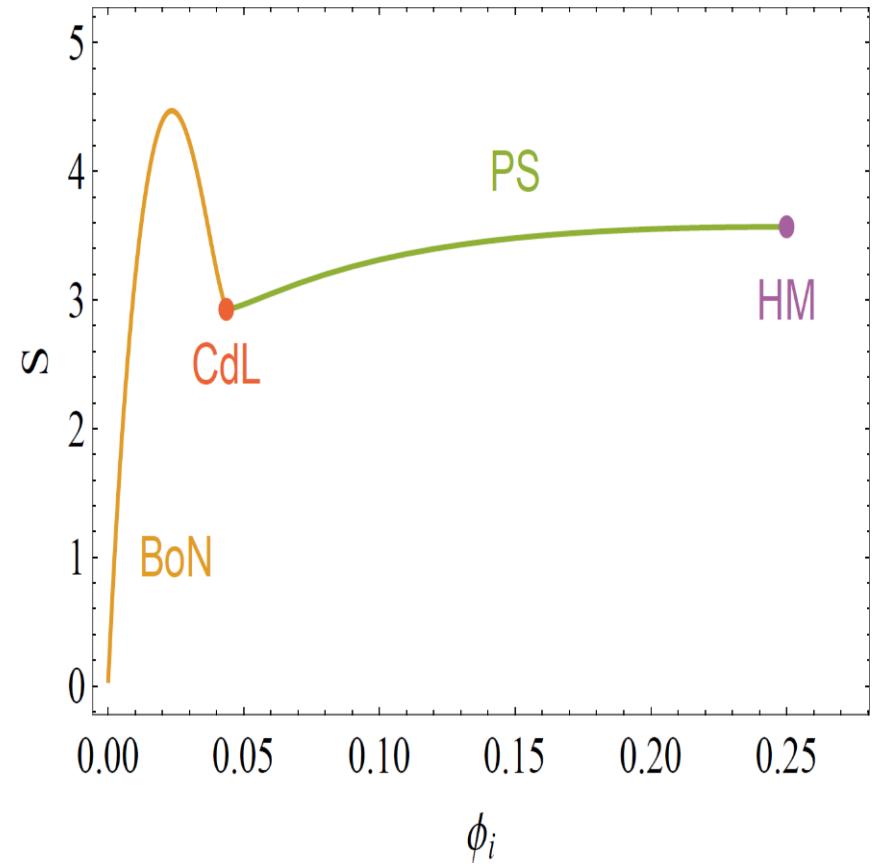
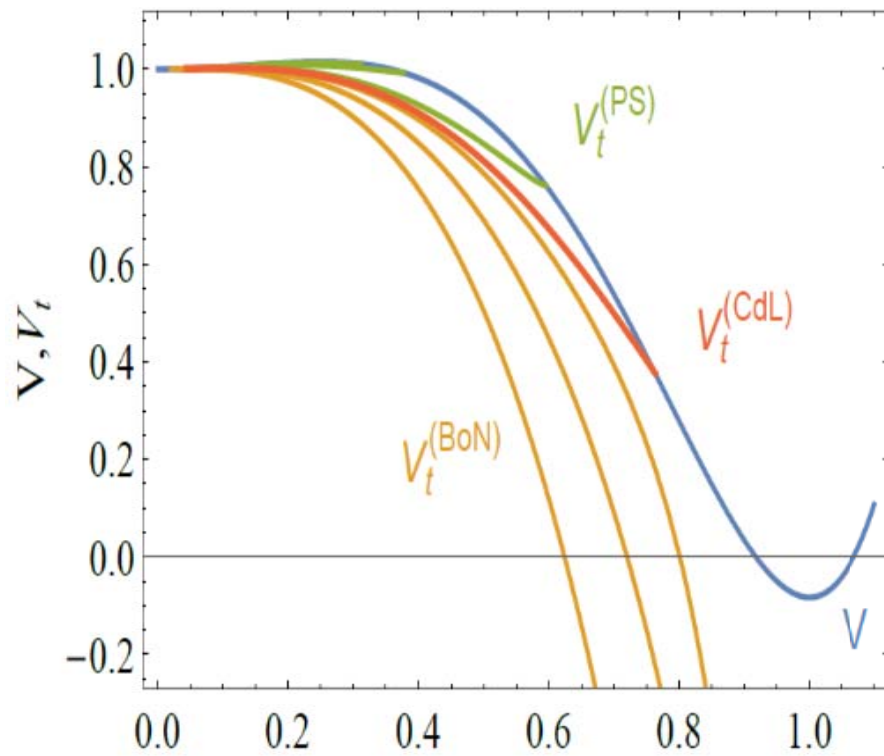
BCs  $v_t(\phi_i) = V(\phi_i)$        $v_t'(\phi_i) = \frac{3}{4} V'(\phi_i)$

Vary  $\phi_i$  and see what other solutions appear

# BEYOND CdL (ds)



# BEYOND CdL (ds)



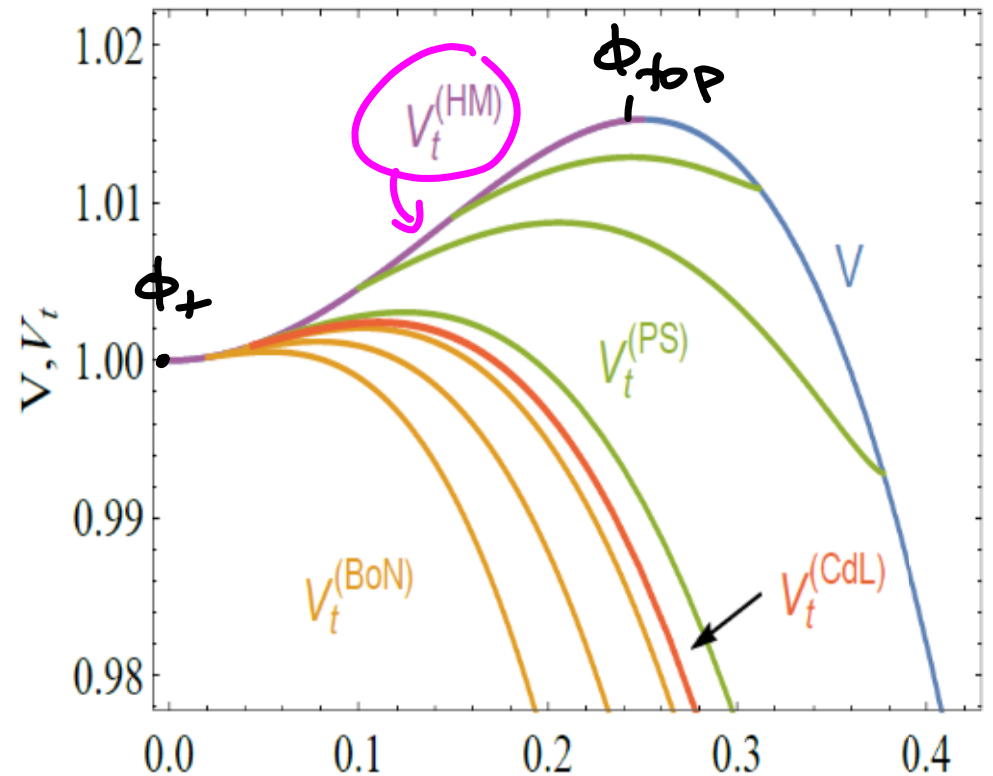
Finite action

# HAWKING-MOSS '82

Hawking-Moss decay with tunneling action

$$S_{HM} = \frac{24\pi^2}{\kappa^2} \left( \frac{1}{V_+} - \frac{1}{V_{top}} \right)$$

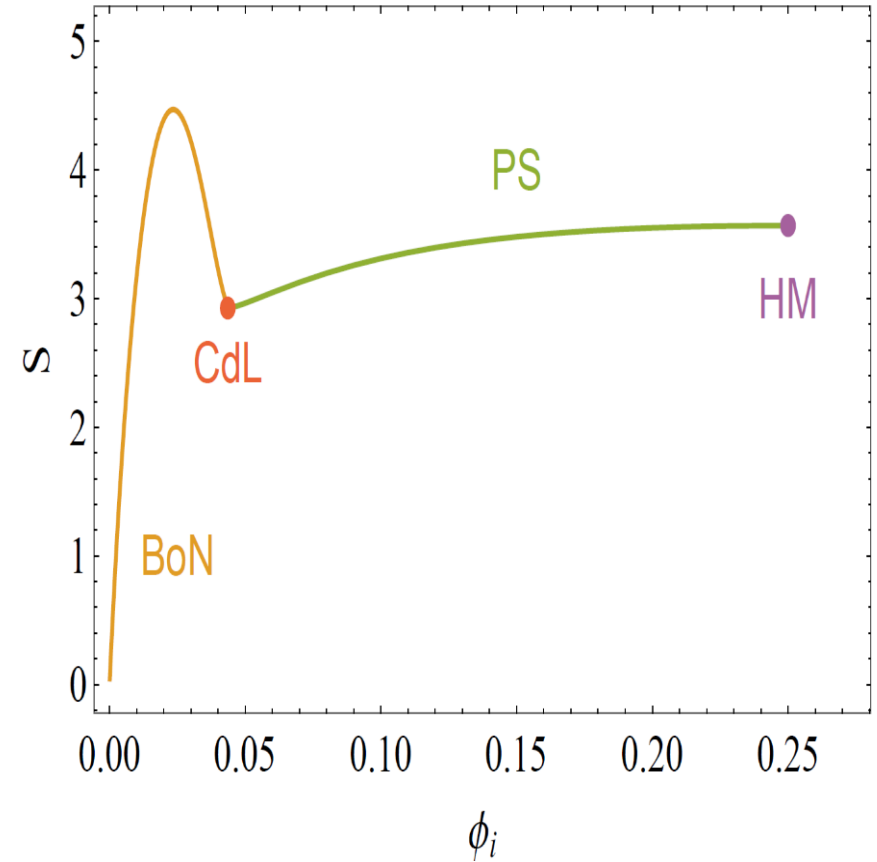
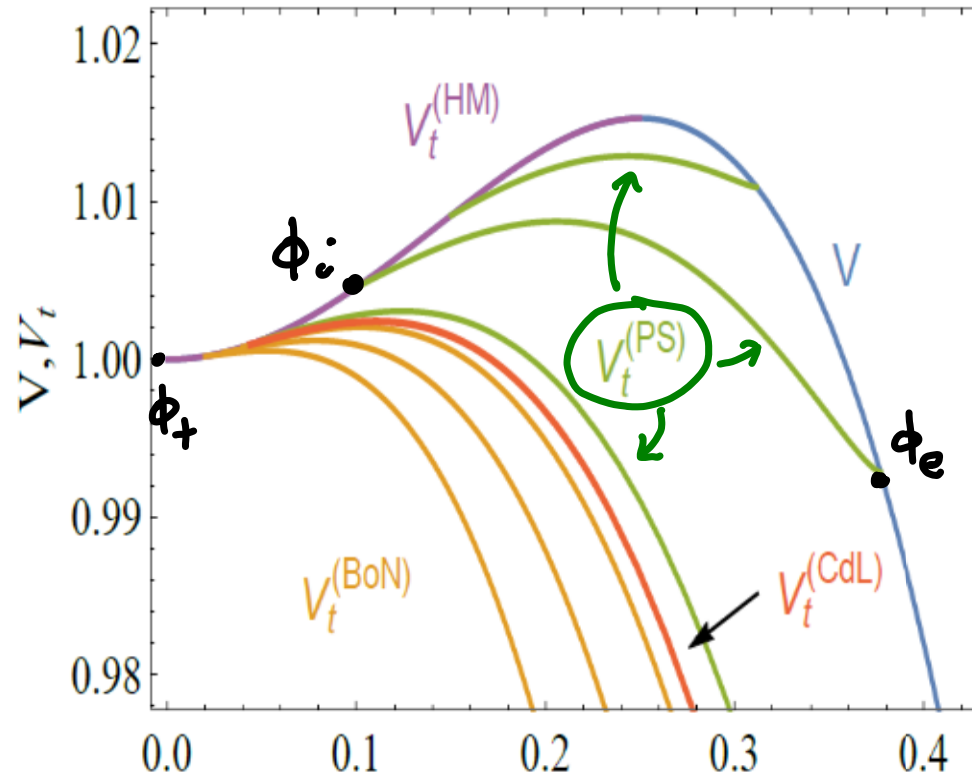
$S[V_t]$  reproduces this ✓



For  $V_+ \uparrow \Leftrightarrow$  no CdL bounce, only HM

# PSEUDOBOUNCES

JRE '1908



★ Minimize  $S[V_t]$  if  $\phi_e$  held fixed

⇒ Not true extremals  $dS/d\phi_e \neq 0$

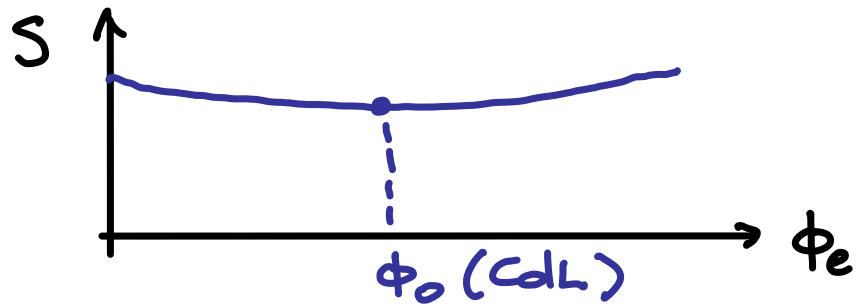


# PSEUDOBOUNCES

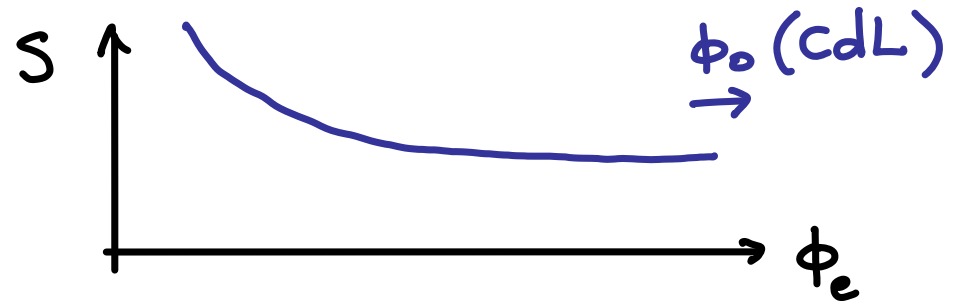
JRE '1908

Relevant if

●  $dS/d\phi_e$  small

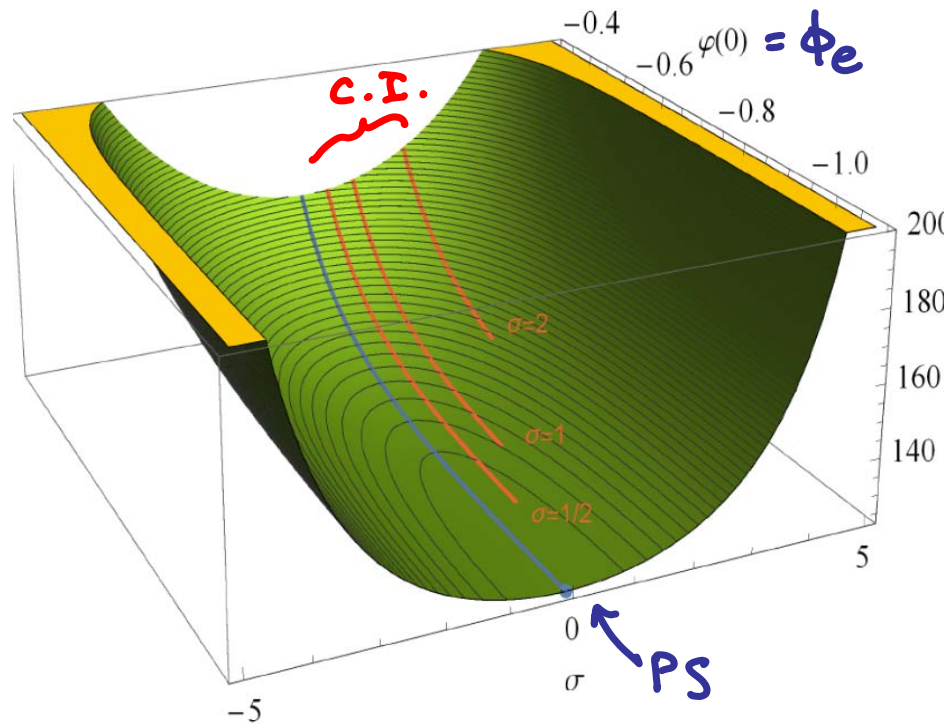


●  $\phi_0 \rightarrow \infty$  (no bounce)



No bounce example:

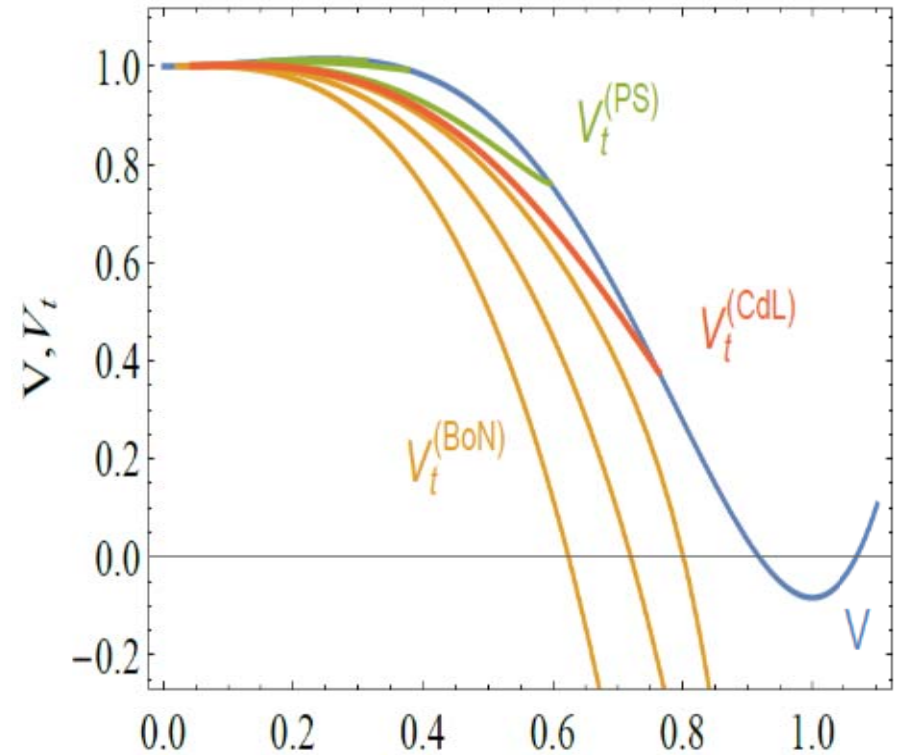
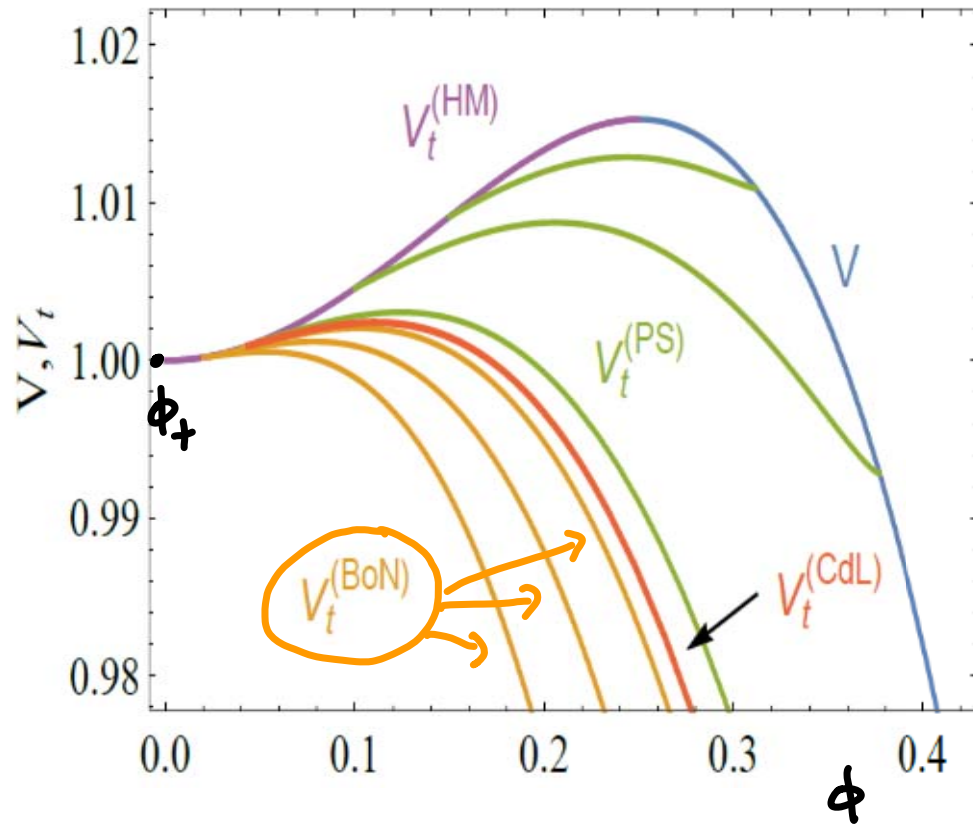
$(\phi_e, \sigma)$  slice



$S$ , decay action

JRE, Huertas '2106

# BUBBLE OF NOTHING DECAYS



Relevant if  $\phi$  is a size modulus.

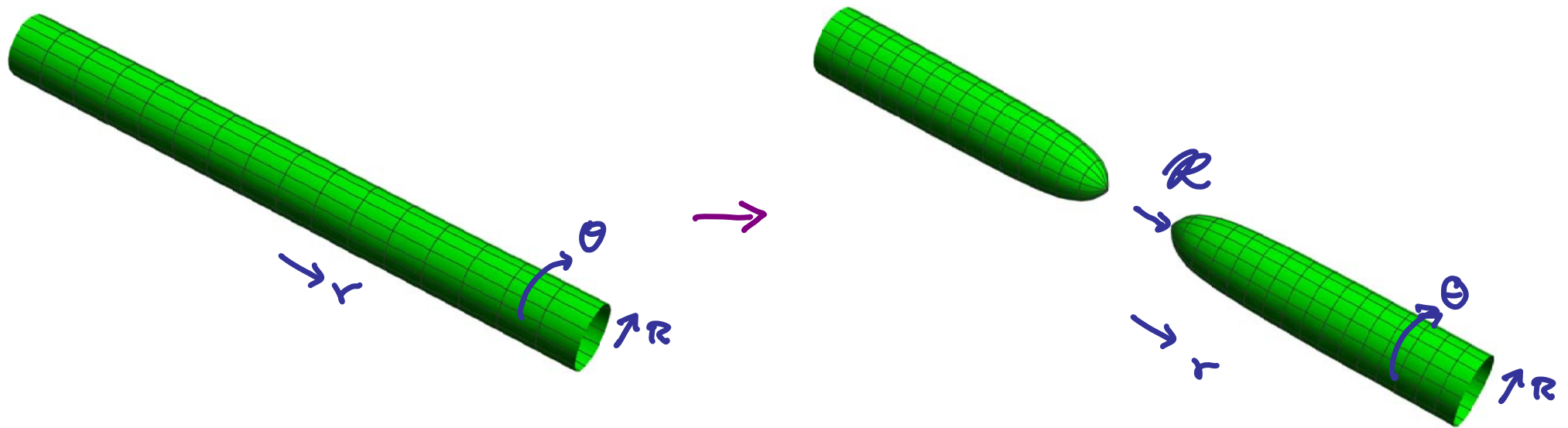


# BUBBLE OF NOTHING DECAYS

Decays of spacetimes with compactified dim. like

5d KK ( $M^4 \times S^1$ )

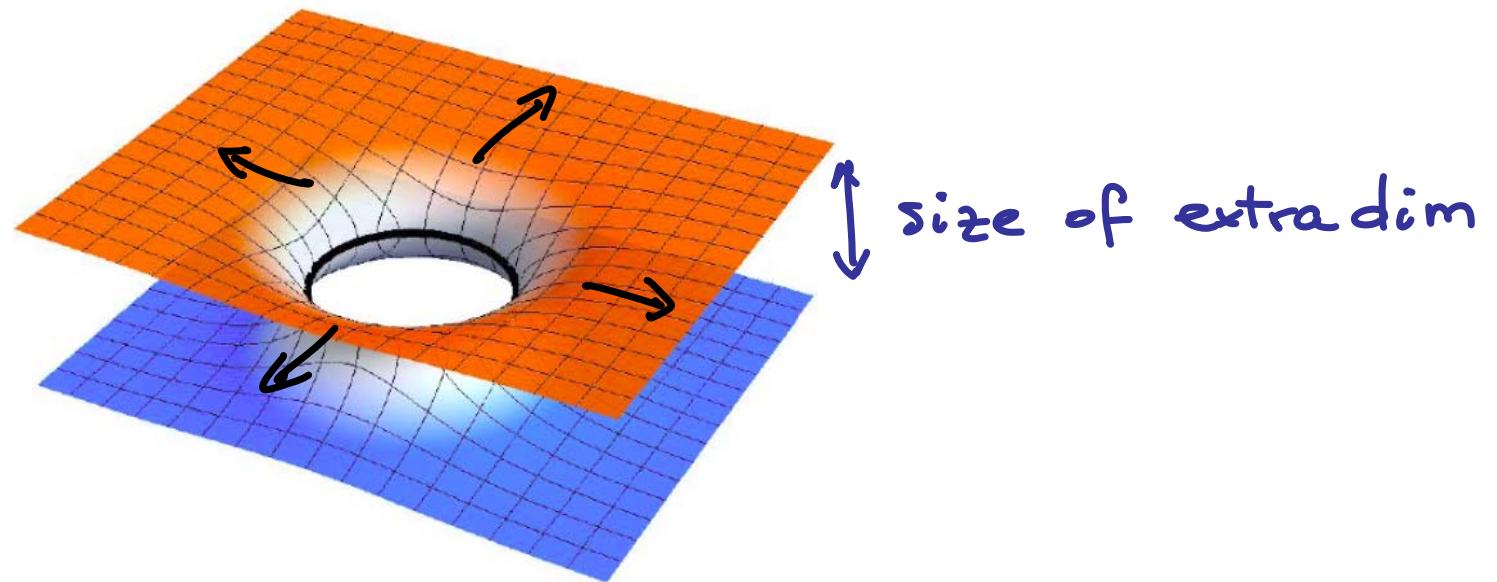
Witten '82



with  $S = (\pi R m_p)^2$

# BUBBLE OF NOTHING DECAYS

End-product of tunneling process is a hole in space-time

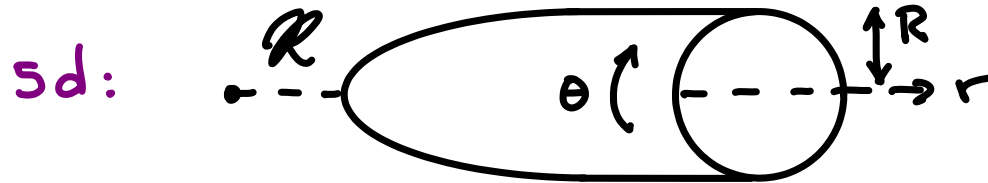


It's smooth, w/o singularities, curvature not large  
But it grows, eating the whole space

# 4d VIEW

Dine, Fox, Gorbatov '0405

5d  $\rightarrow$  4d + Scalar  $\phi$  (geometric modulus)



$$R \sim e^{-\kappa \phi / m_P}$$

4d:



BoN  $\sim$  CdL problem  $\phi(0) = \infty$ ,  $\dot{\phi}(0) = -\infty$ ,  $\phi(\infty) = \phi_+ = 0$

5d Action reproduced (adding special boundary terms)

Useful to study which  $V(\phi)$  have BoN decays

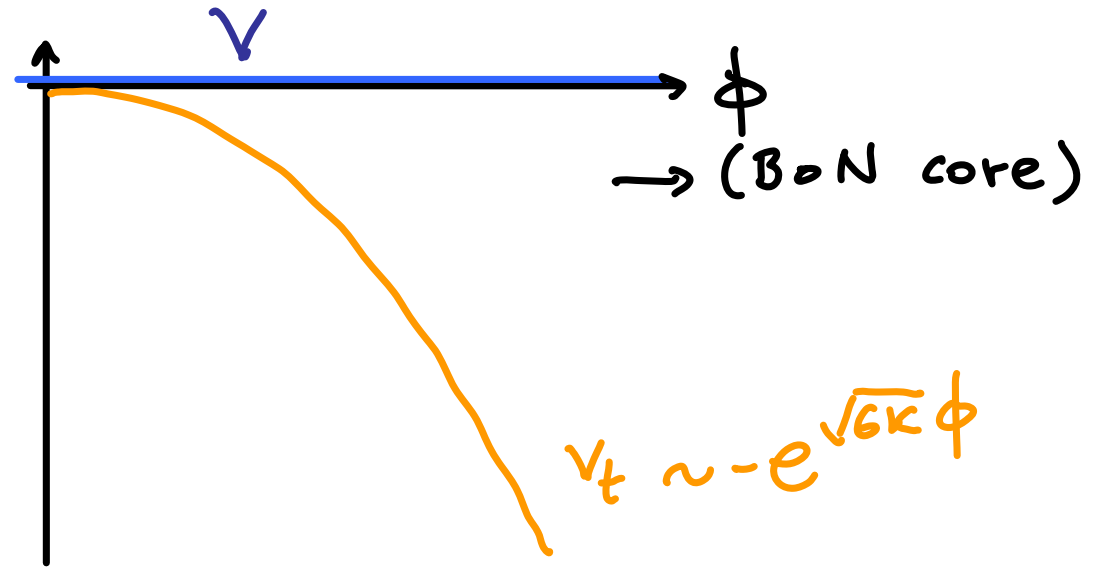
Draper, García-García, Lillard '2105 (Euclidean)

# $V_t$ FOR BONs

Blanco-Pillado, JRE, Huertas, Sousa '2312

Witten's BoN,  $\nu=0$

$$V_t = -\frac{6m_p^2}{R^2} \sinh^3(\sqrt{2\kappa/3} \phi)$$



BoN  $\sim$  tunneling to  $-\infty$  AdS

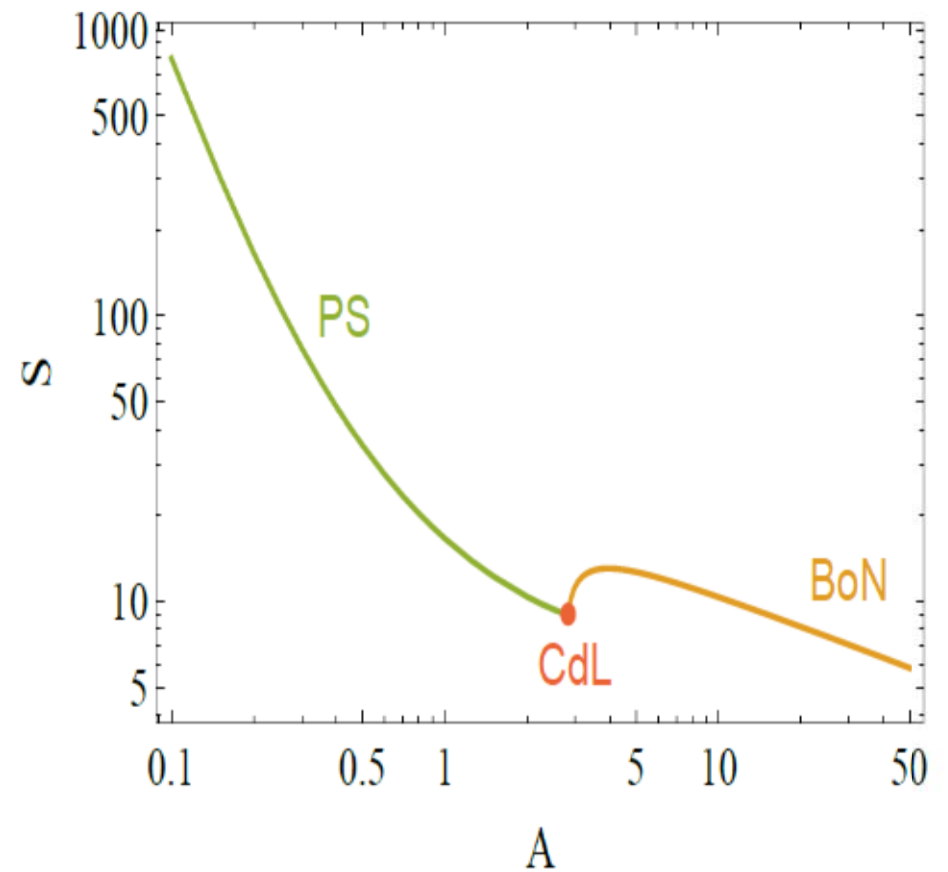
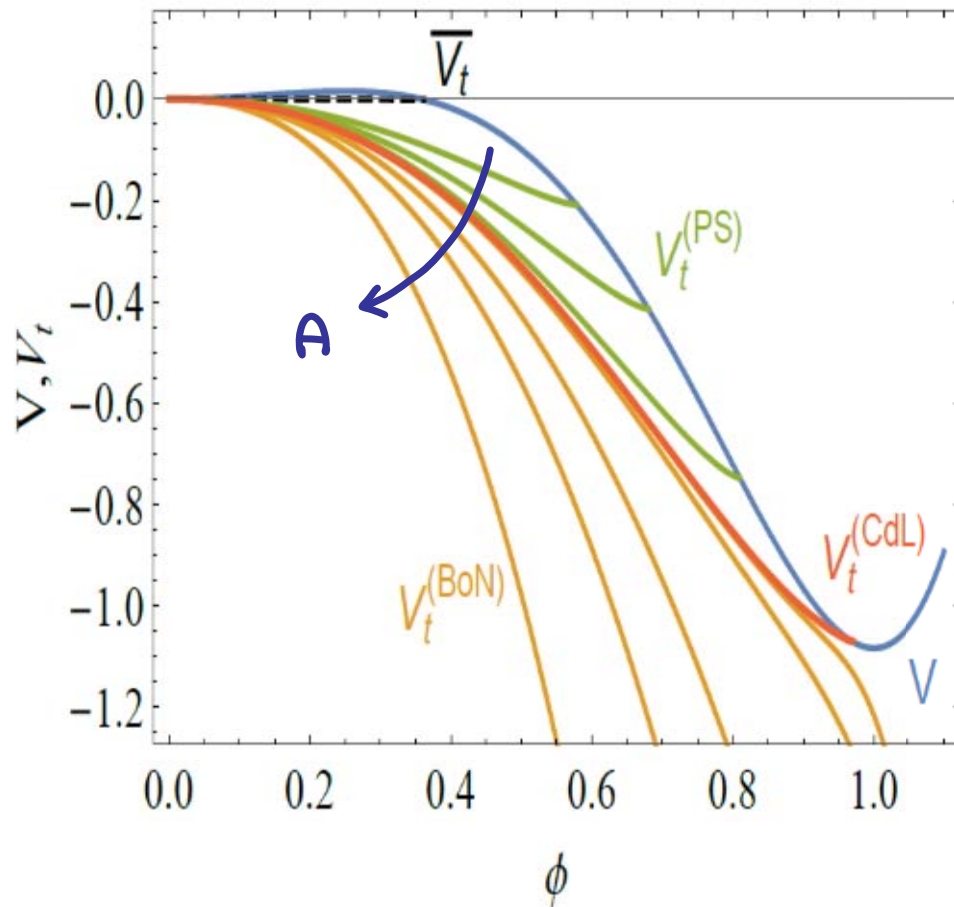
★  $S[V_t]$  ✓ without additional boundary terms

Allows a more efficient study of which  $\nu(\phi)$  have BoN decays

# BEYOND CdL (Mink.)

Family of solutions  $V_t(A; \phi)$  No H.M.

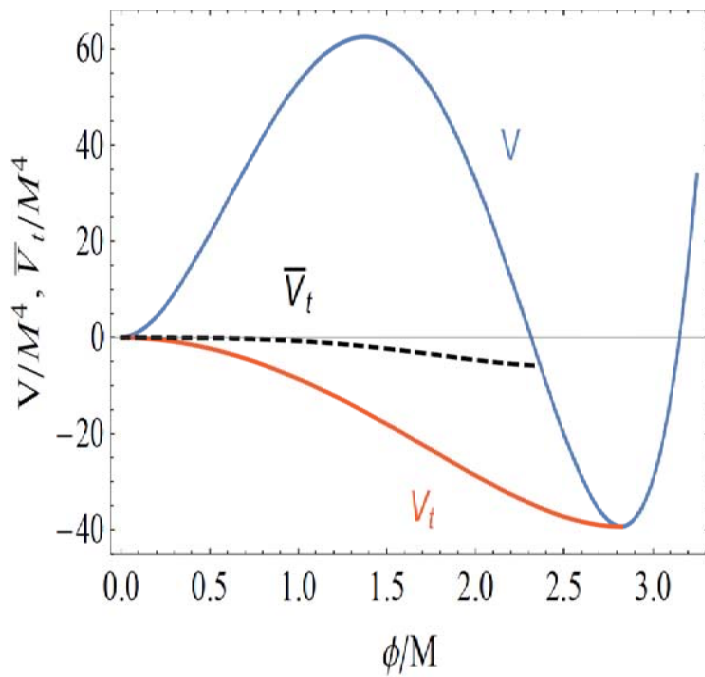
$$\bar{V}_t \geq V_t^{PS} \geq V_t^{CdL}$$



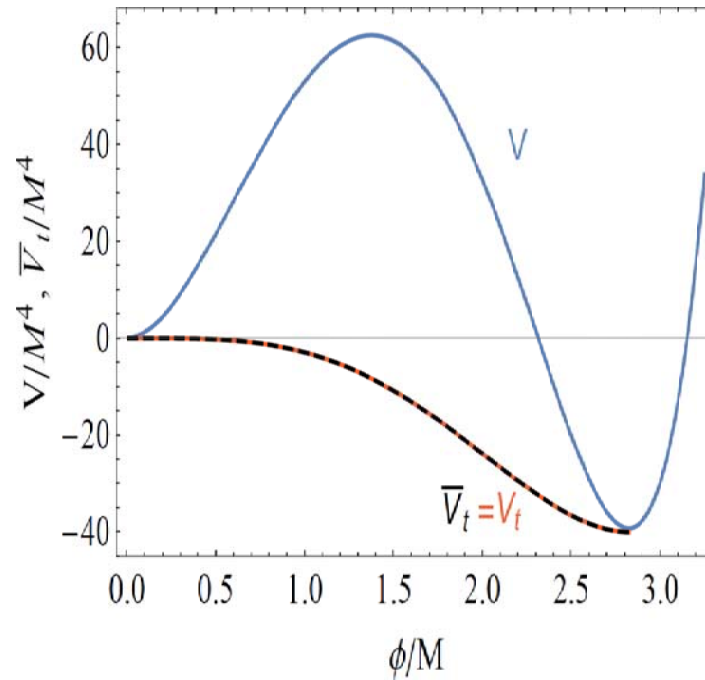
$\bar{V}_t$  solves  $D^2 = V_t'^2 + 6\kappa(V - V_t)V_t = 0 \Rightarrow S \rightarrow \infty$

# BEYOND CdL (Mink.)

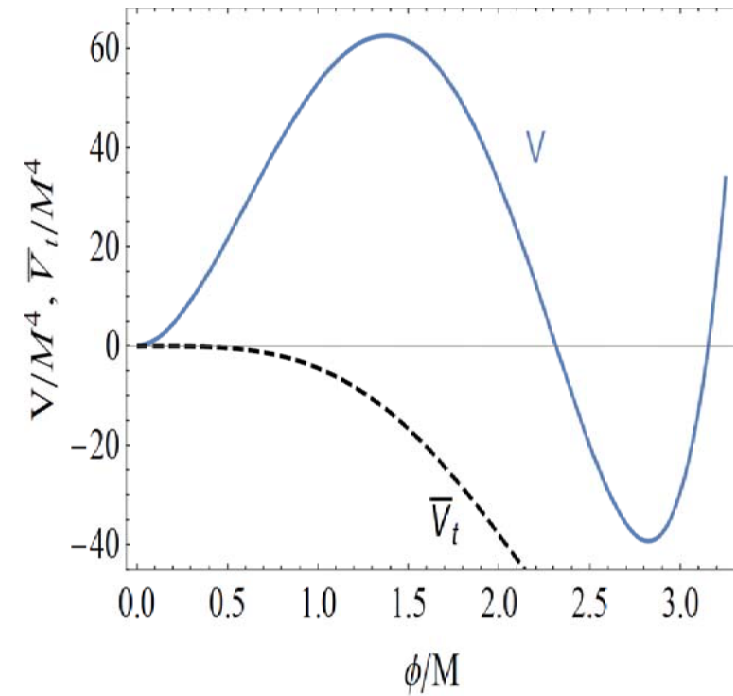
$\bar{V}_t$  solves  $D^2 = \dot{V}_t^2 + 6\kappa(V - V_t)V_t = 0$  and  $V_t \leq \bar{V}_t$



Decay  
allowed



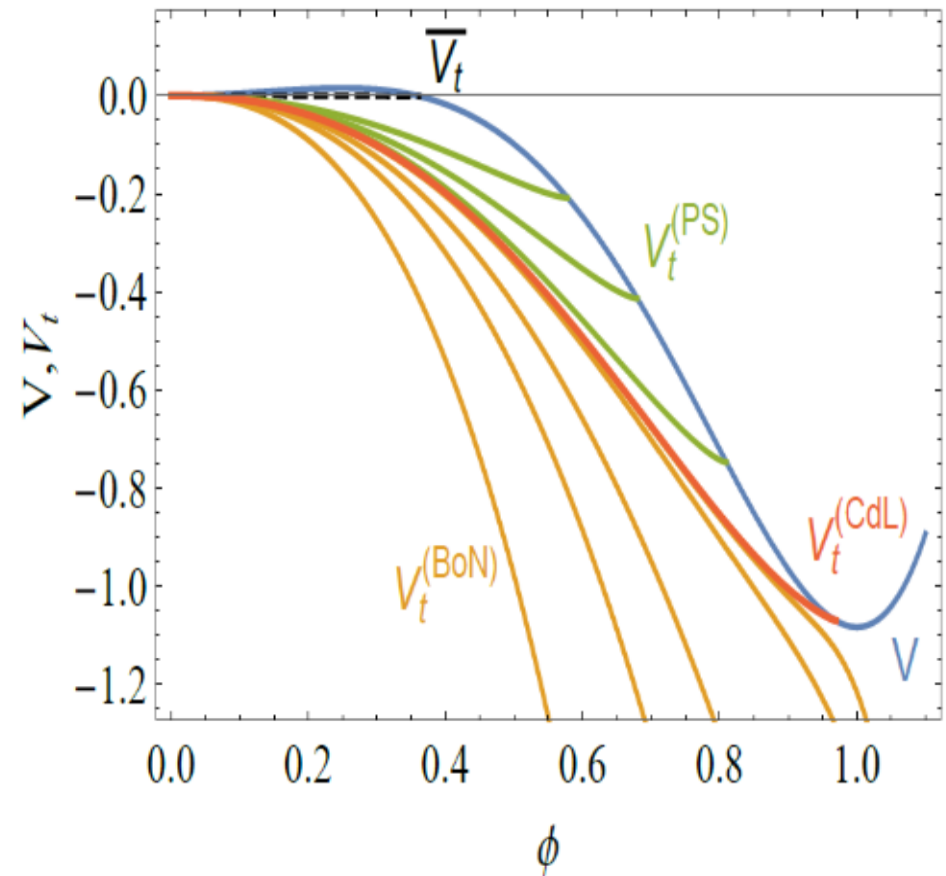
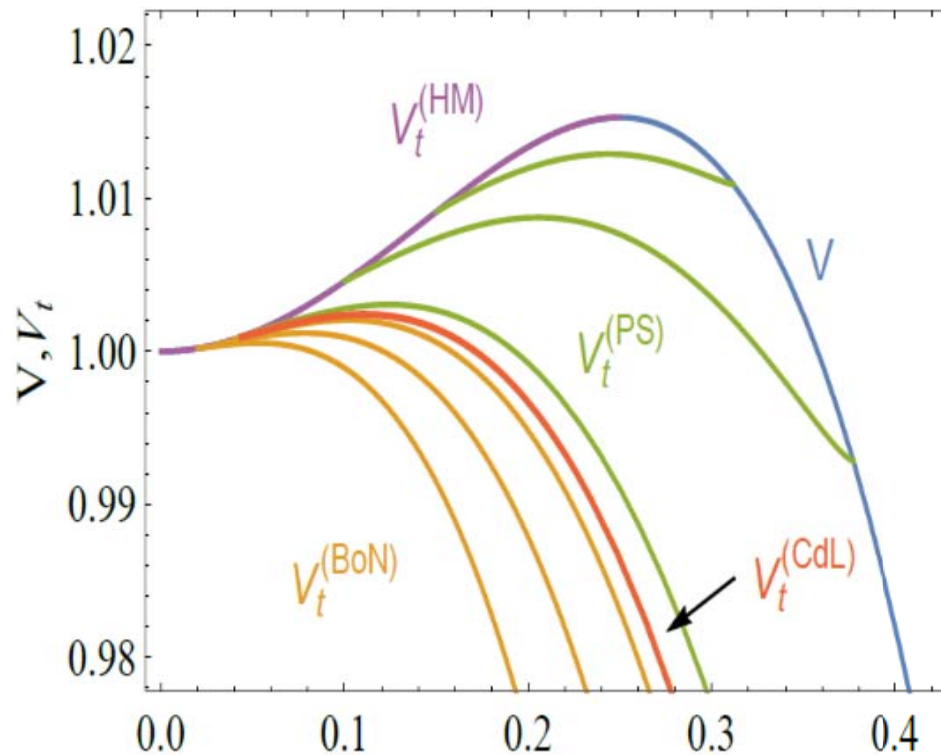
Domain Wall



Decay  
forbidden  
(by gravity)

# CONCLUSIONS

- ★ Tunneling Potential Formalism gives a simple Unified view of vacuum decay channels



# $v_t$ - EUCLIDIAN CONNECTION

JRE '1808

$$v_t = v - \frac{1}{2} \dot{\phi}^2$$

$$\dot{\phi} = -\sqrt{2(v - v_t)}$$

$$\ddot{\phi} = v' - v_t'$$

$$g = \frac{3\sqrt{2(v - v_t)}}{D}$$

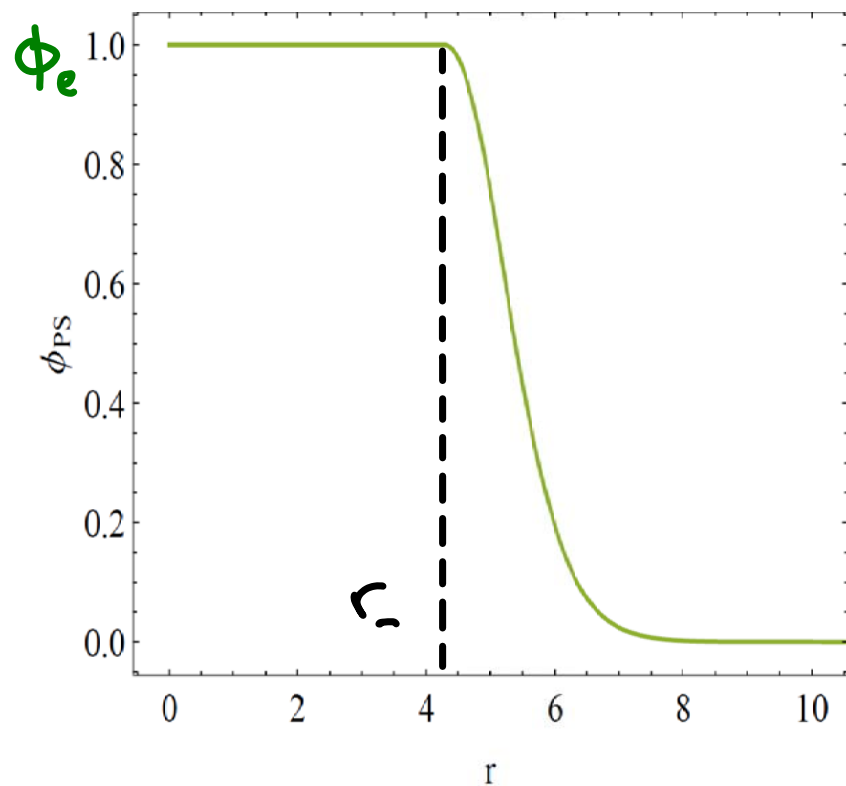
$$\dot{g} = -\frac{v_t'}{D}$$



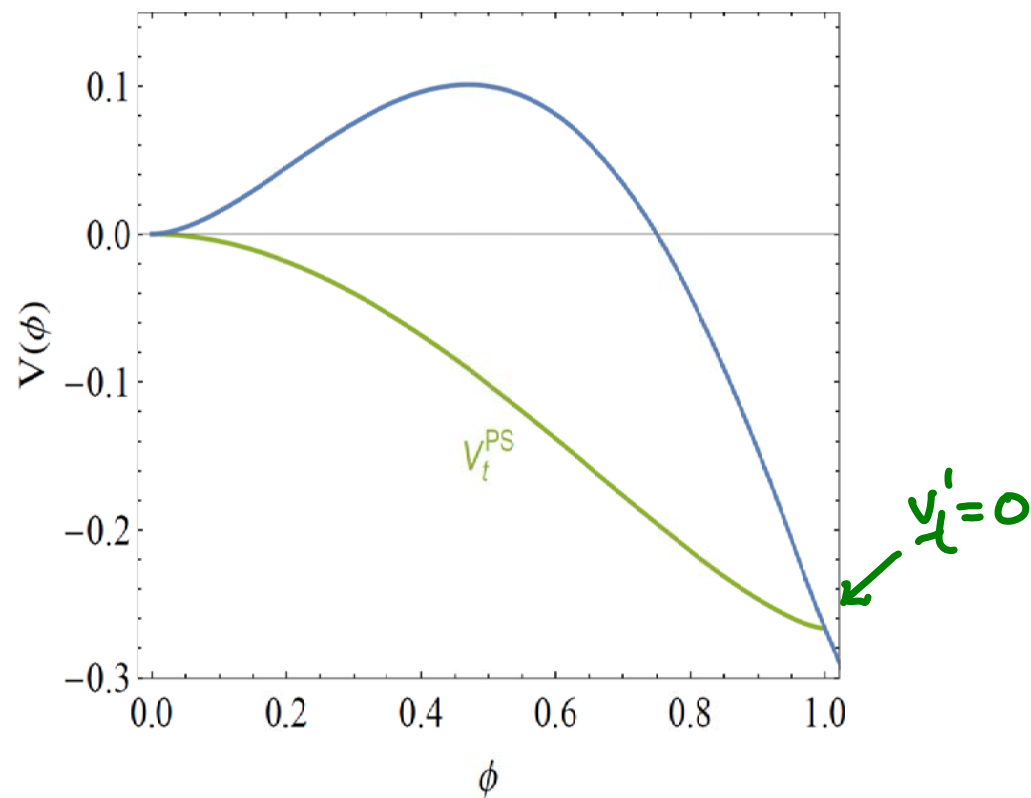
# PSEUDOBOUNCE PROFILES

JRE '1908

Euclidean



$V_t$



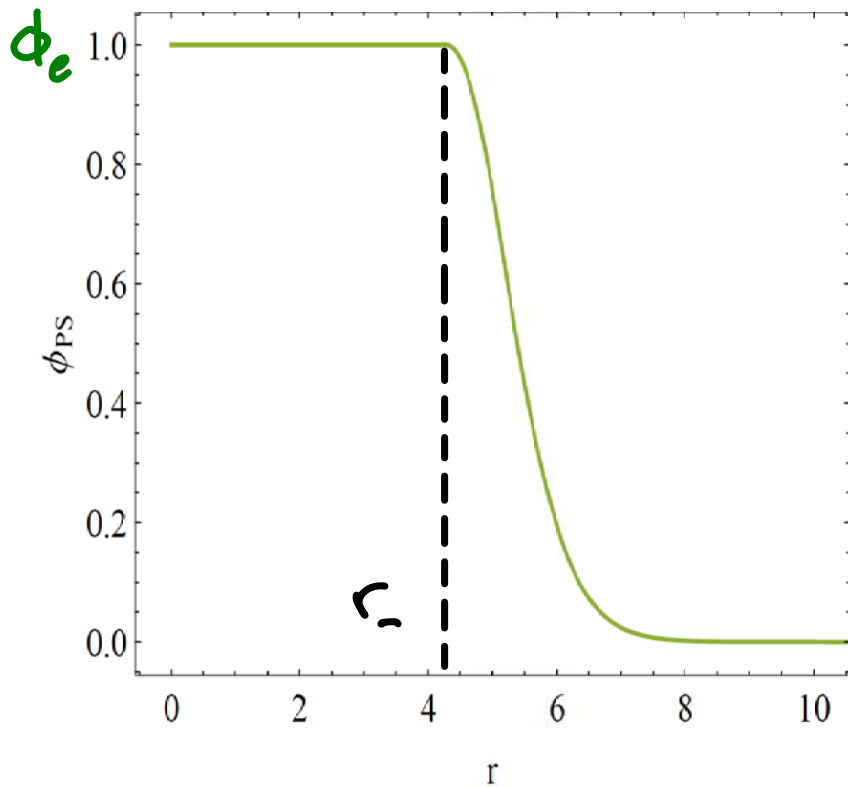
$$\frac{1}{8} r^2 = \frac{V - V_t}{V_t'^2} \Big|_{\phi_e}$$

$$\frac{ds}{d\phi_e} = \frac{\pi^2}{2} r^4 V_t'(\phi_e)$$

# PSEUDOBOUNCE PROFILES

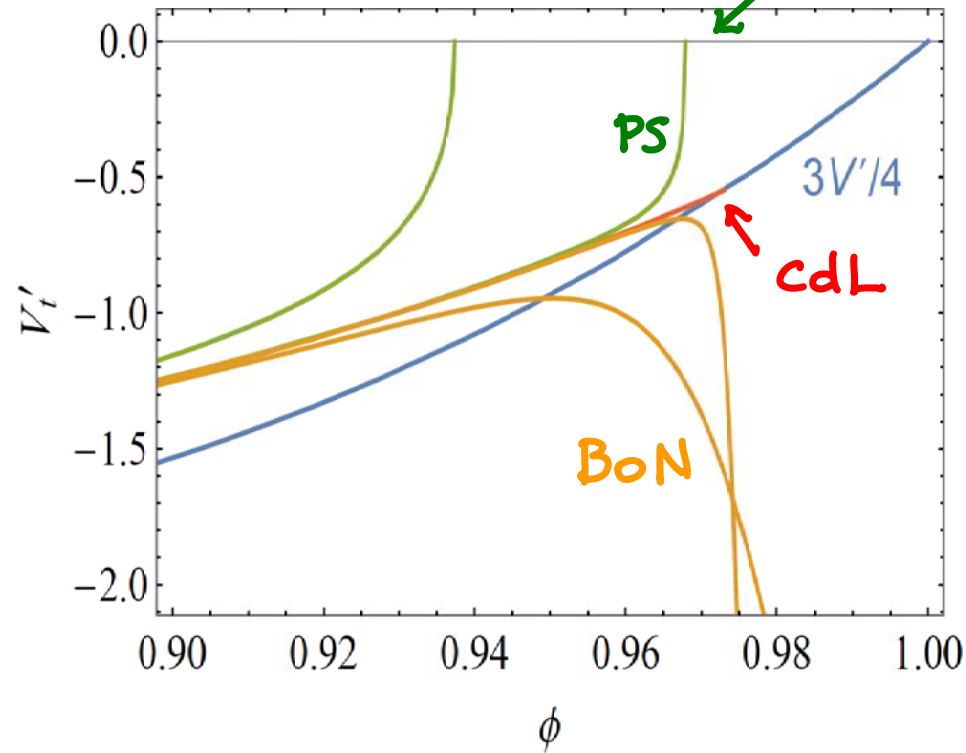
JRE '1908

Euclidean



$v_t$

$v_t' = 0$



$$\frac{r}{r_0} = \frac{v - v_t}{v_t'^2} \Big|_{\phi_e}$$

$$\frac{ds}{d\phi_e} = \frac{\pi^2}{2} r^4 v'(\phi_e)$$