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Even SIMP miracles are possible

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Strongly interacting massive particles π have been advocated as prominent dark matter candidates when they regulate their relic abundance through odd-numbered $3\pi \rightarrow 2\pi$ annihilation. We show that successful freeze-out may also be achieved through even-numbered interactions $XX \rightarrow \pi\pi$ once bound states X among the particles of the low-energy spectrum exist. In addition, X-formation hosts the potential of also catalyzing odd-numbered $3\pi \rightarrow 2\pi$ annihilation processes, turning them into effective two-body processes $\pi X \rightarrow \pi\pi$. Bound states are often a natural consequence of strongly interacting theories. We calculate the dark matter freeze-out and comment on the cosmic viability and possible extensions. Candidate theories can encompass confining sectors without a mass gap, glueball dark matter, or $\varphi 3$ and $\varphi 4$ theories with strong Yukawa or self-interactions.

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