# **Isospectrality in Effective Field Theory Extensions of General Relativity**

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Based on 2407.12080 w/ Marina David



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- 1. Top-down: not always possible and dependent on details
- 2. Bottom-up: constrain EFT using physical requirements

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In this talk: new class of EFTs — idea: preserve certain properties of GR

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Beyond GR:

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- **Birefringence:** speed of propagation depends on the polarization





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Special property in GR: isospectrality



Not true in extensions of GR!

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### Isospectrality breaking beyond GR



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Is there any extension of GR that preserves isospectrality and/or nonbirefringence?



Found new class of theories such that

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- 2. Isospectral QNMs in the eikonal limit  $l \rightarrow \infty$



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# Isospectral EFTs

 $S_{\rm iso} = \frac{1}{16\pi G} \left[ d^4 x \sqrt{-g} \left\{ R + \gamma \left| \left( R_{\mu\nu\rho\sigma} R^{\mu\nu\rho\sigma} \right)^2 + \left( R_{\mu\nu\rho\sigma} \tilde{R}^{\mu\nu\rho\sigma} \right)^2 \right| + \dots \right\} \right]$ 

$$S_{\rm iso} = \frac{1}{16\pi G} \int d^4x \sqrt{-g} \left\{ R + \gamma \left[ \right] \right\}$$

### 1. No cubic corrections

 $\left(R_{\mu\nu\rho\sigma}R^{\mu\nu\rho\sigma}\right)^{2} + \left(R_{\mu\nu\rho\sigma}\tilde{R}^{\mu\nu\rho\sigma}\right)^{2} + \dots \right\}$ 

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Supersymmetry? Duality? Born-Infeld-like gravity?

 $\left(R_{\mu\nu\rho\sigma}R^{\mu\nu\rho\sigma}\right)^{2} + \left(R_{\mu\nu\rho\sigma}\tilde{R}^{\mu\nu\rho\sigma}\right)^{2} + \dots \right\}$ 

# 4. Matches String Theory prediction $S_{iso} = S_{II}^{string theory}, \quad \gamma = \frac{\zeta(3)}{256} {\alpha'}^3$

# Conclusion

- Identified a new class of isospectral extensions of GR
- These are theories with non-birefringent dispersion relation, implying isospectral eikonal QNMs
- This might be a key feature of quantum gravity
- Future directions: generalizations, phenomenology and understanding the connection to string theory

### Thank you for your attention

# **Bonus: eikonal QNMs and photon sphere**

- In GR eikonal QNMs are related to unstable photon sphere geodesics
- Beyond GR: Generalized correspondence
- **Isospectrality — — non-birefringence**

- - Damping time 

    Lyapunov exponent



