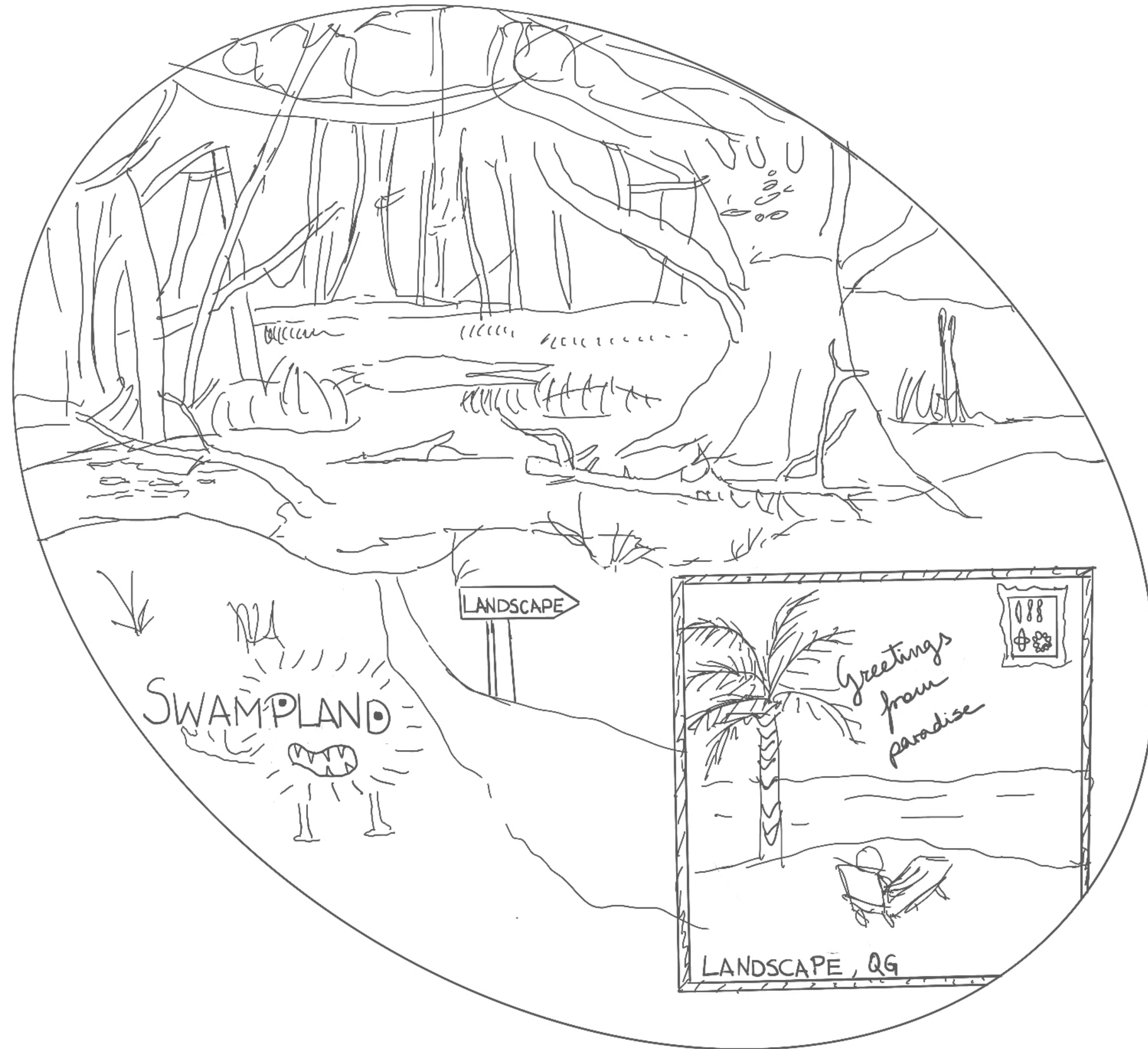


# Swampland: Review & Particle Physics Implications



**Alvaro Herrera**

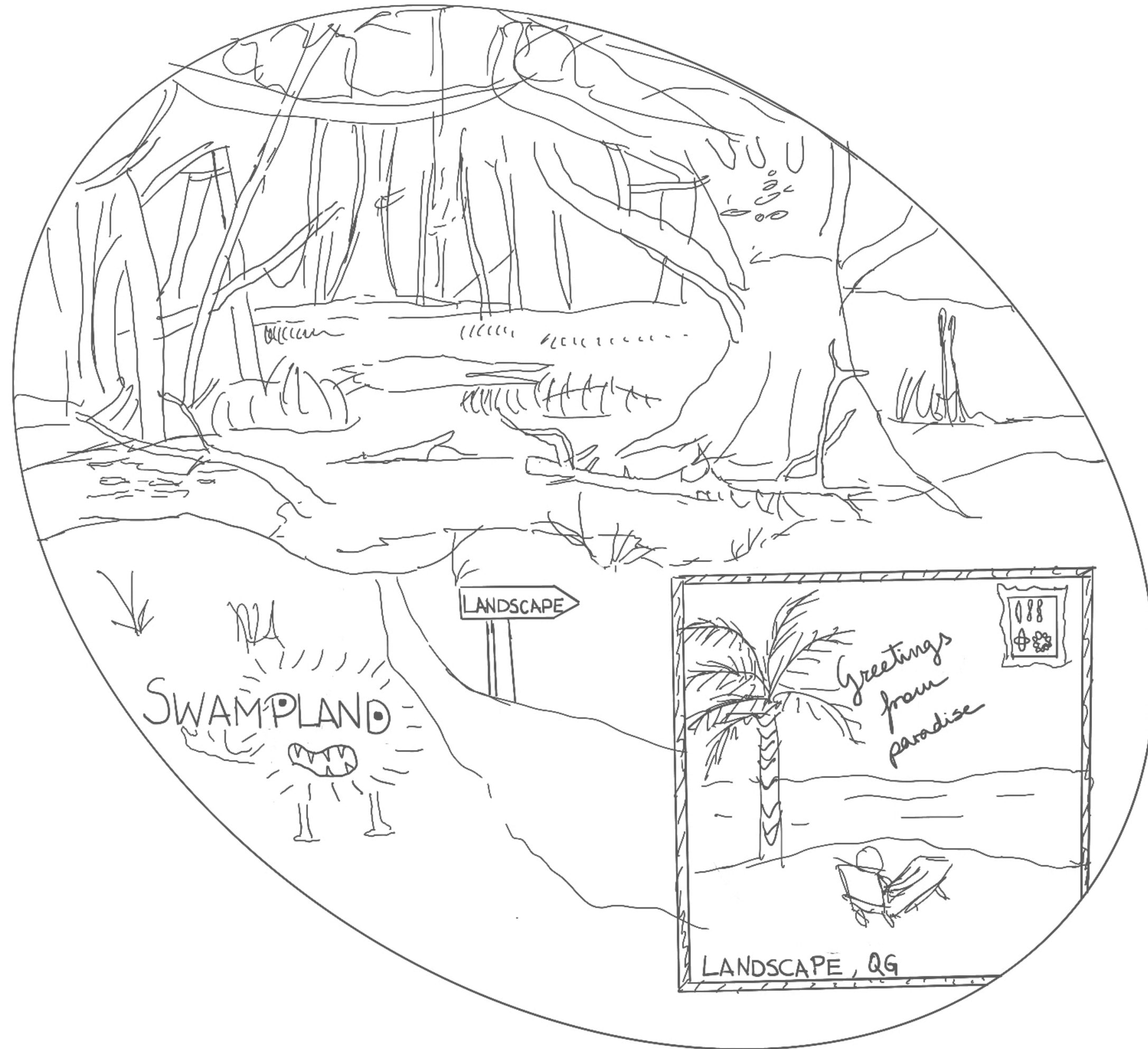
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**SUSY 2024**

IFT Madrid, June 14th, 2024

# Swampland: Review & Particle Physics Implications



**Alvaro Herraiez**

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**SUSY 2024**

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**It's Friday, 5pm...**

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**... I have attended a lot of super interesting talks during this week...**

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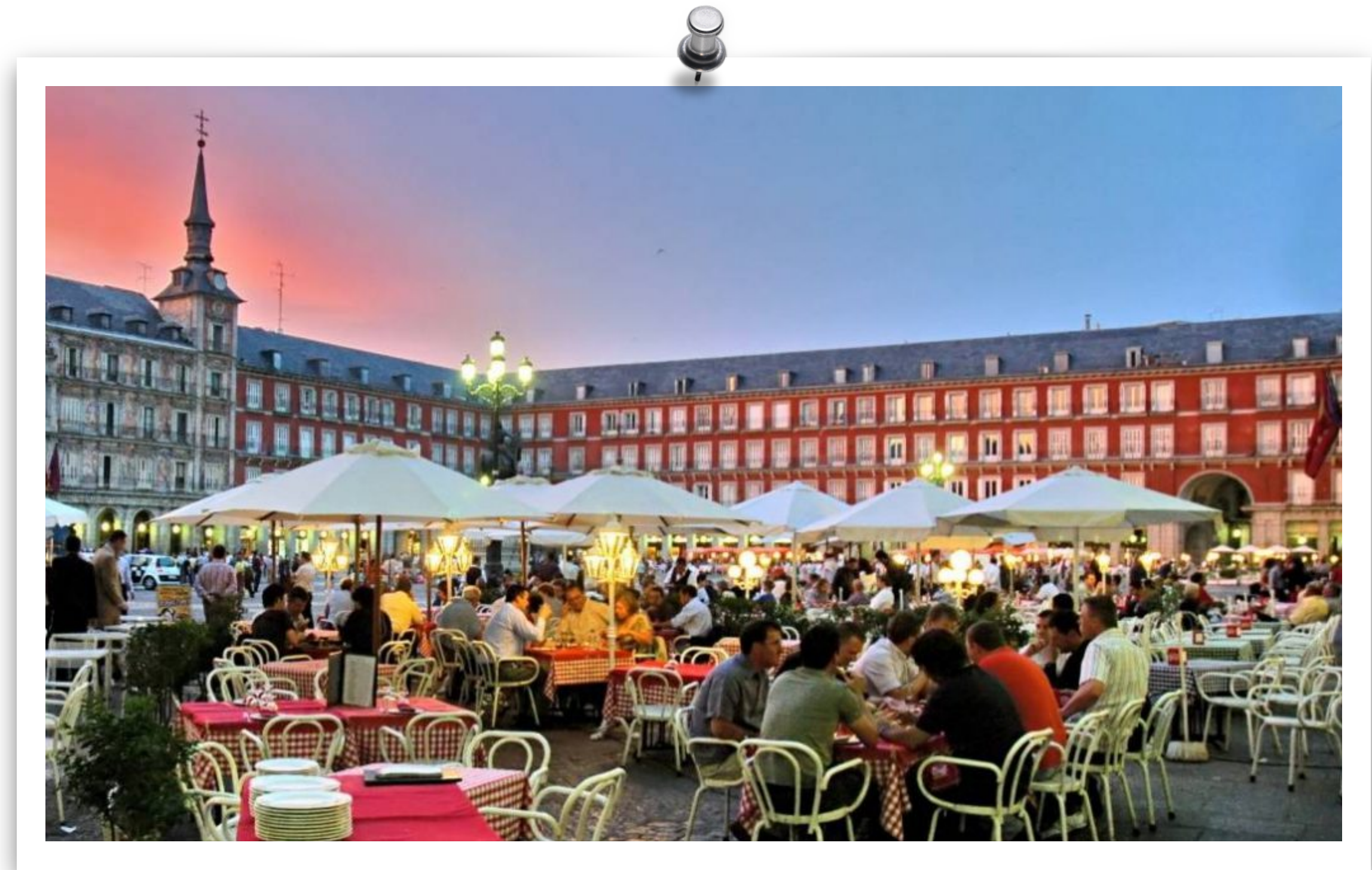
**... I have attended a lot of super interesting talks during this week...**

**... and I could be enjoying some tapas and sangria in a terrace in Madrid**

**It's Friday, 5pm...**

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But...



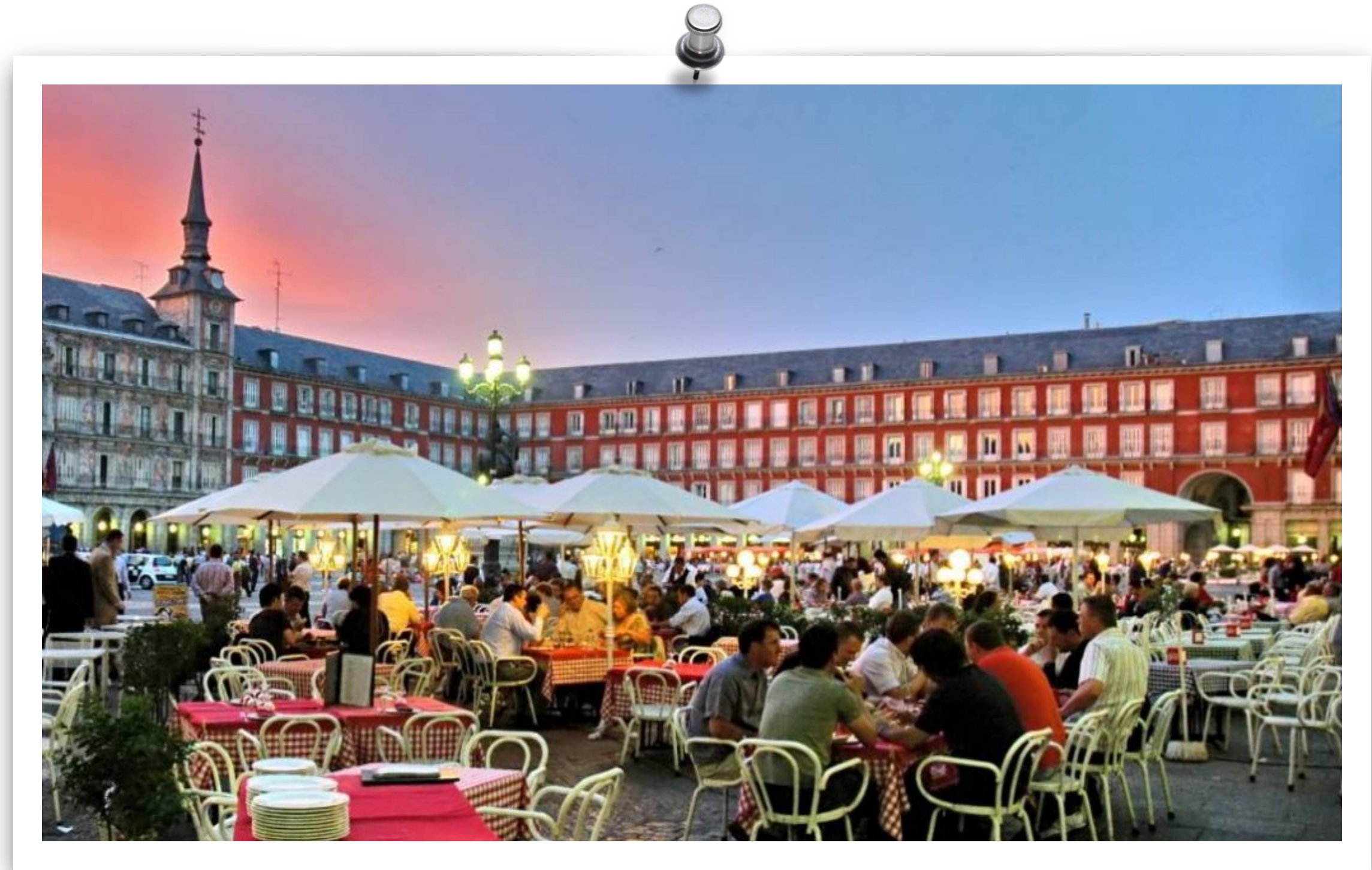
But... as every person in the picture...





But... as every person in the picture...

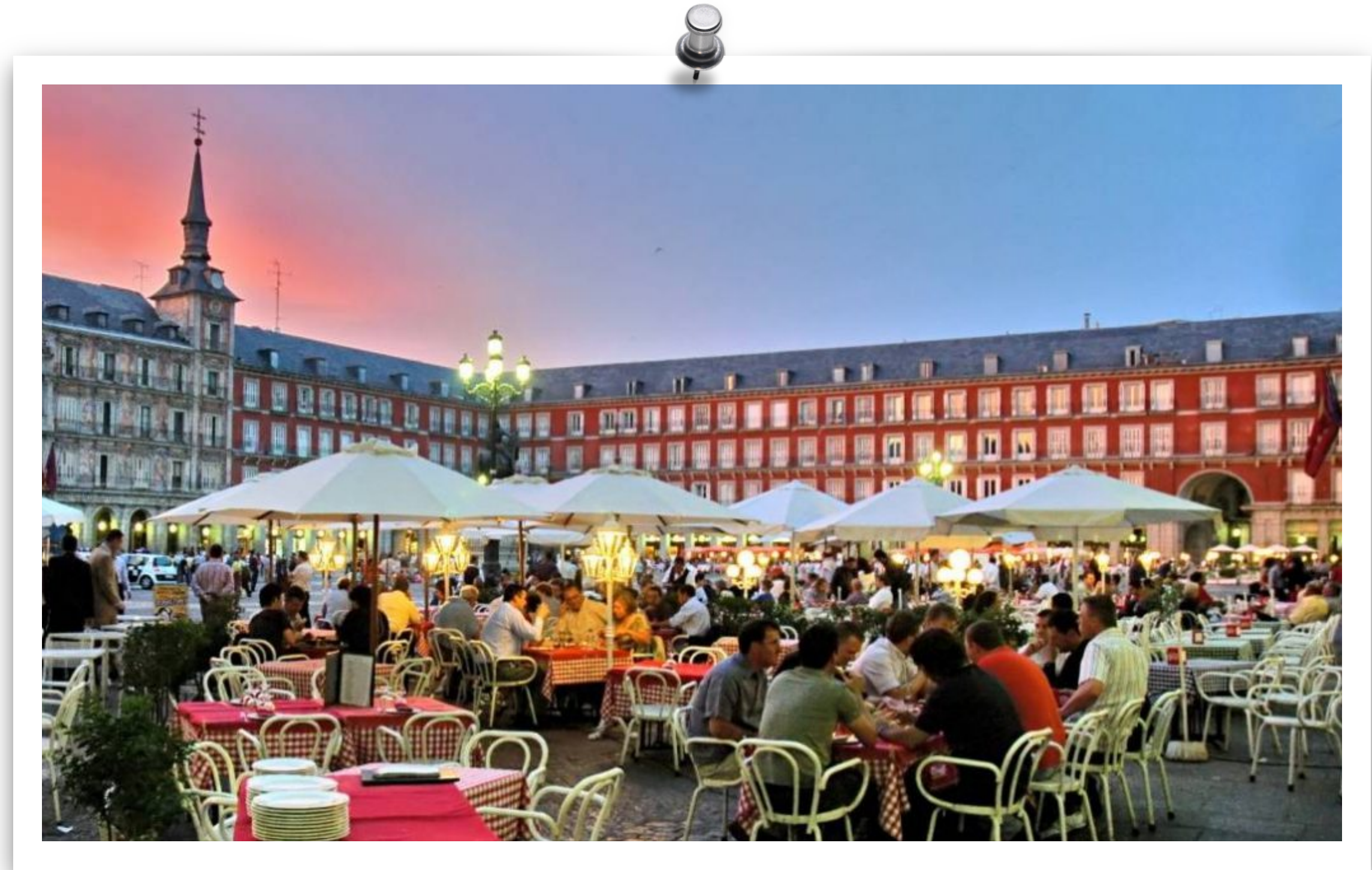
... you cannot enjoy tapas and sangria on a Friday evening...



**But... as every person in the picture...**

**... you cannot enjoy tapas and sangria on a Friday evening...**

**...because of the unbearable weight of a question that you can't get out of your mind...**



But... as every person in the picture...

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**Can Quantum Gravity  
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Luckily...

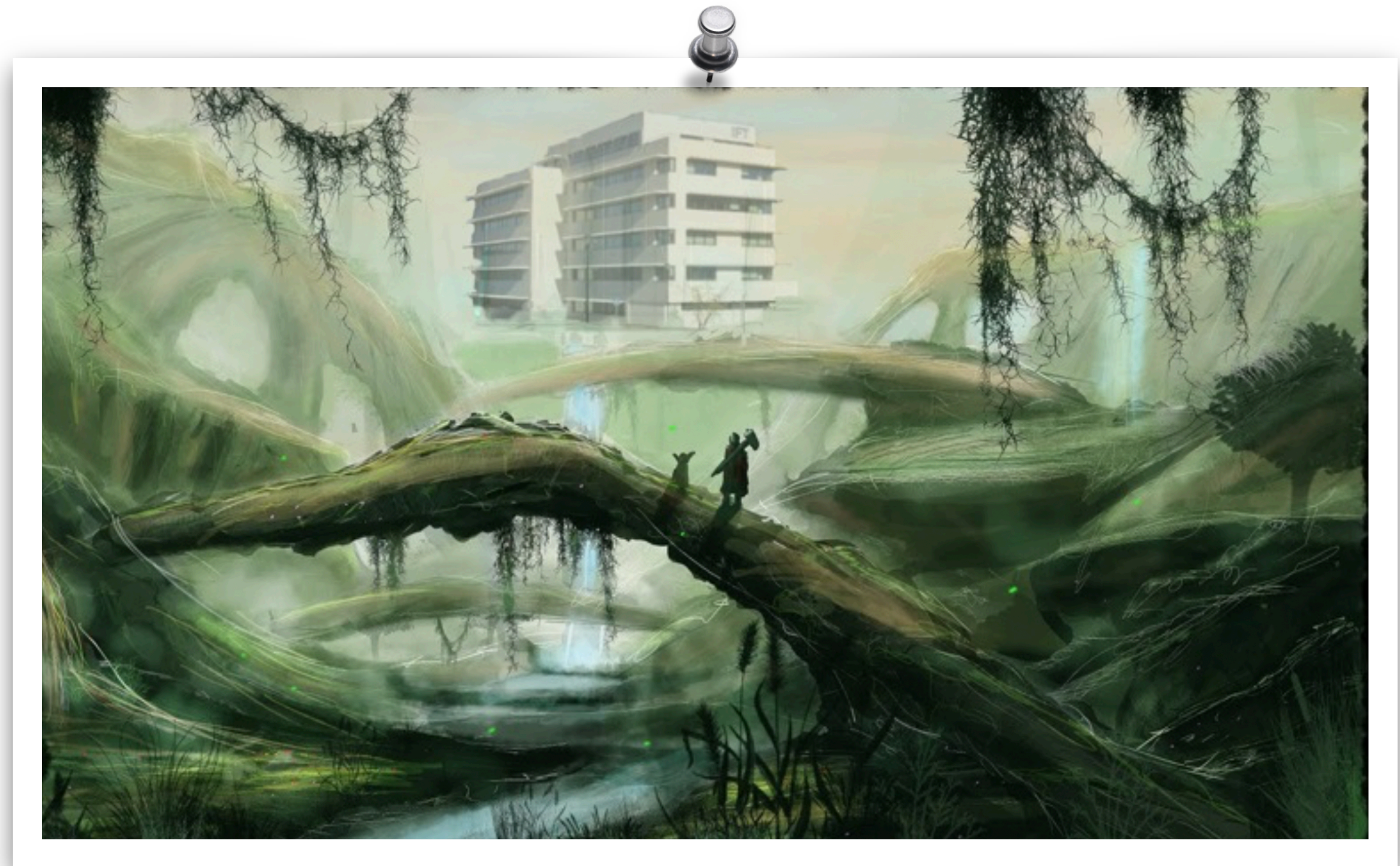
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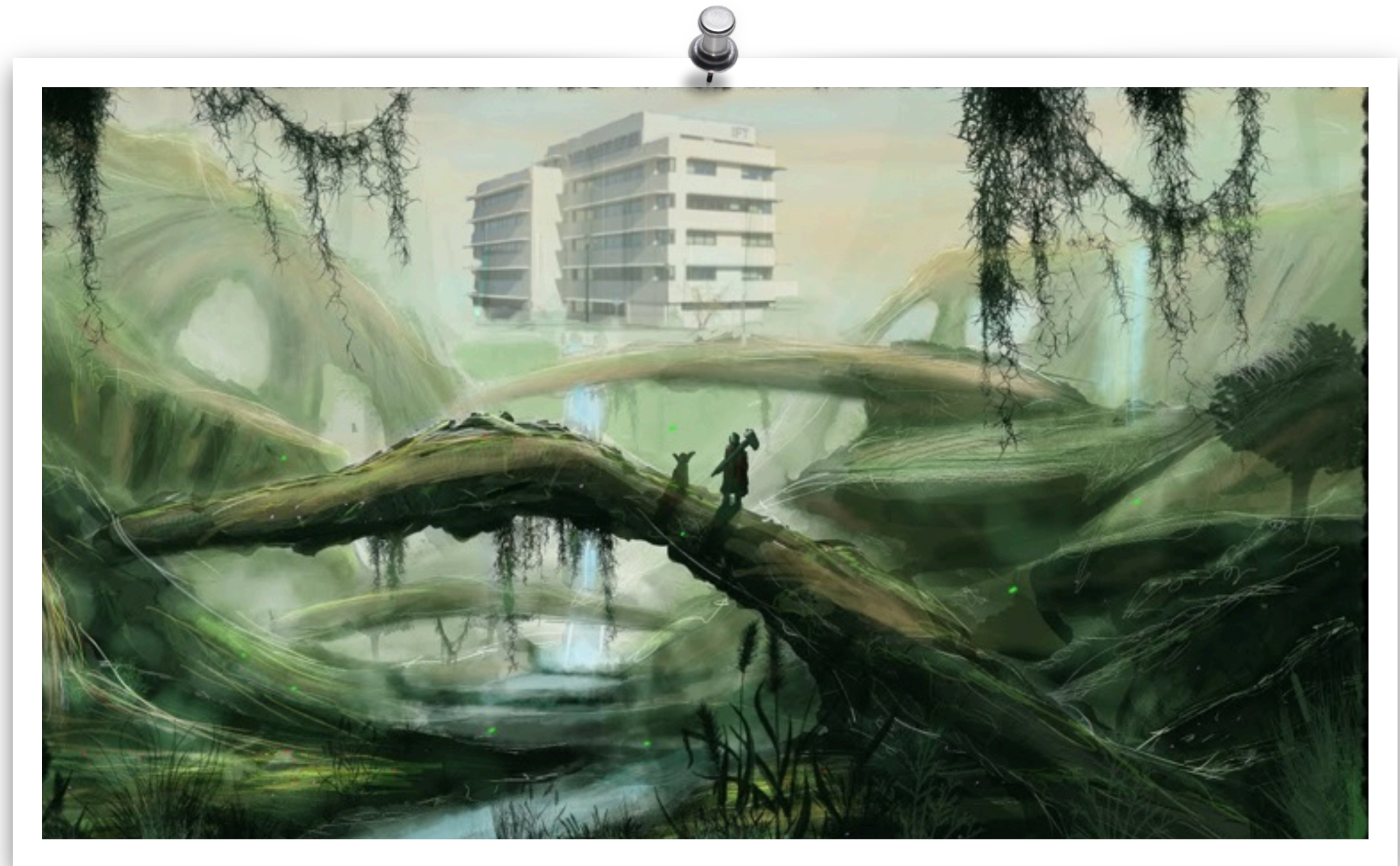
Credit: Vistas over the Swampland, IFT, Madrid 2018

Luckily...

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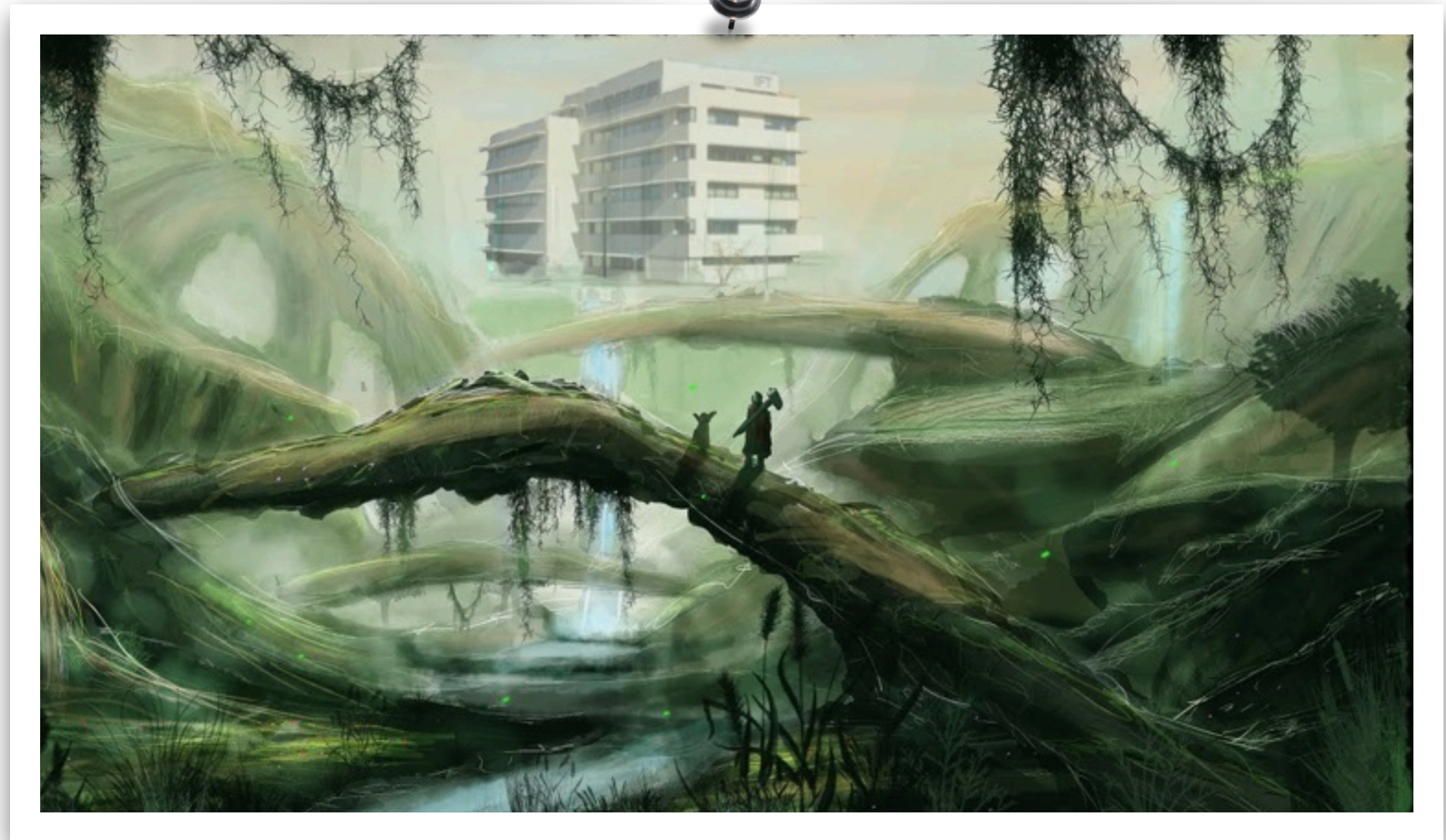
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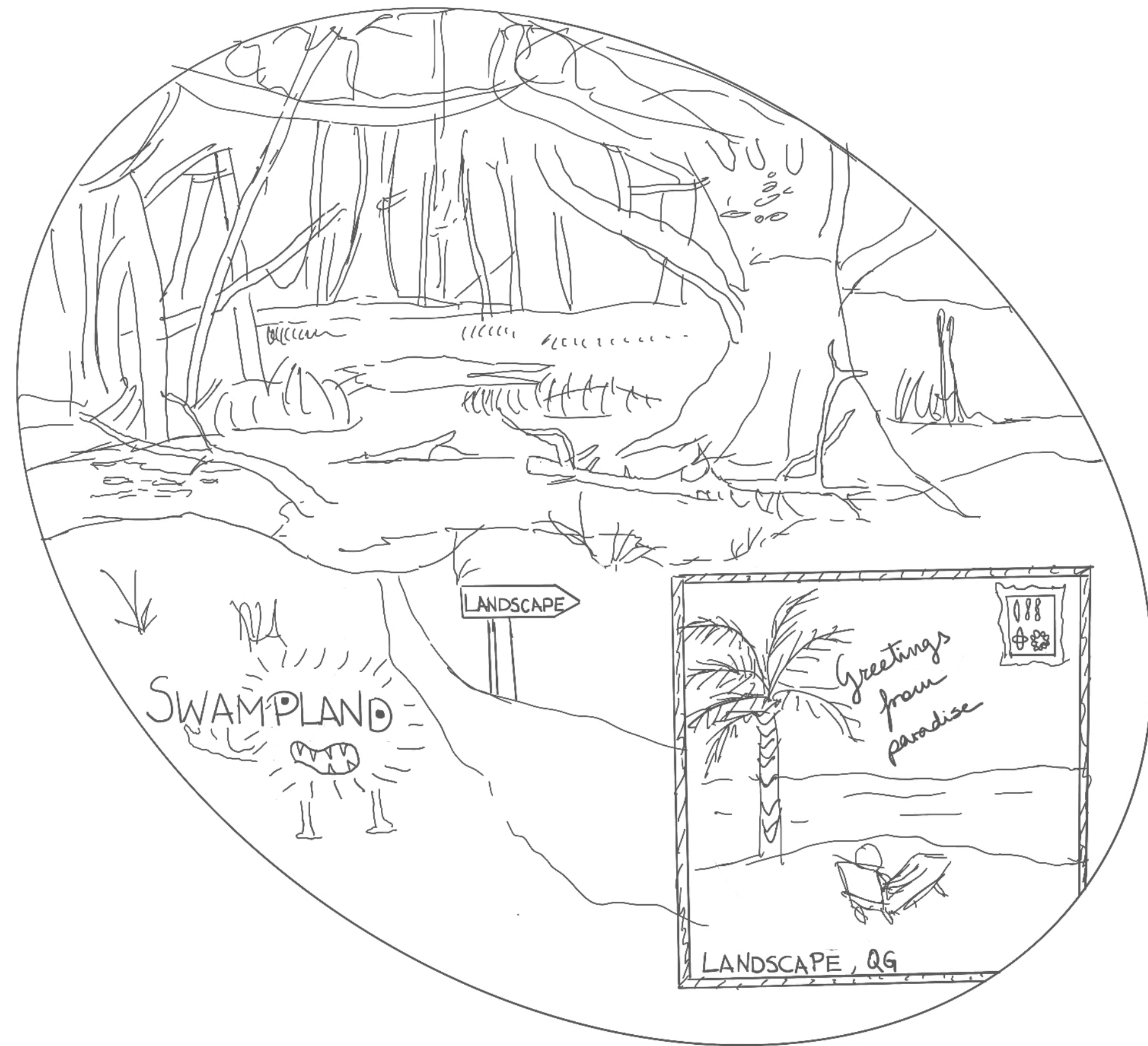
...and hopefully enjoy tapas and sangria a bit later with some peace of mind

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# Swampland: Review & Particle Physics Implications



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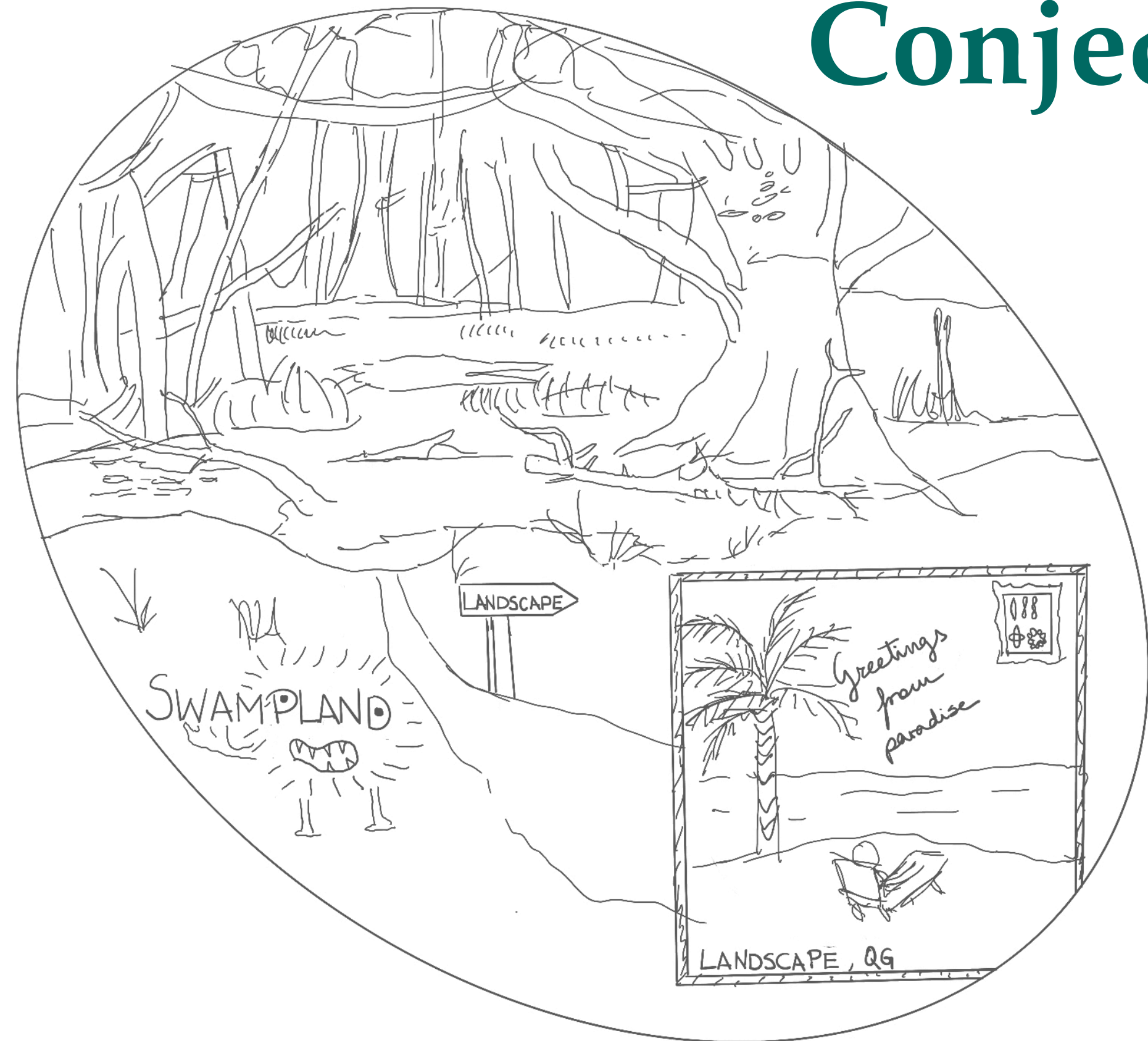
# ~~Swampland: Review & Particle Physics Implications~~

3

Conjectures

3

Pheno Insights



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IFT Madrid, June 14th, 2024

# What is the Swampland?

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- Naive expectation: All consistent QFTs (EFTs) can be coupled to QG (or obtained from String Theory)

$10^{500}$  vacua in String Theory



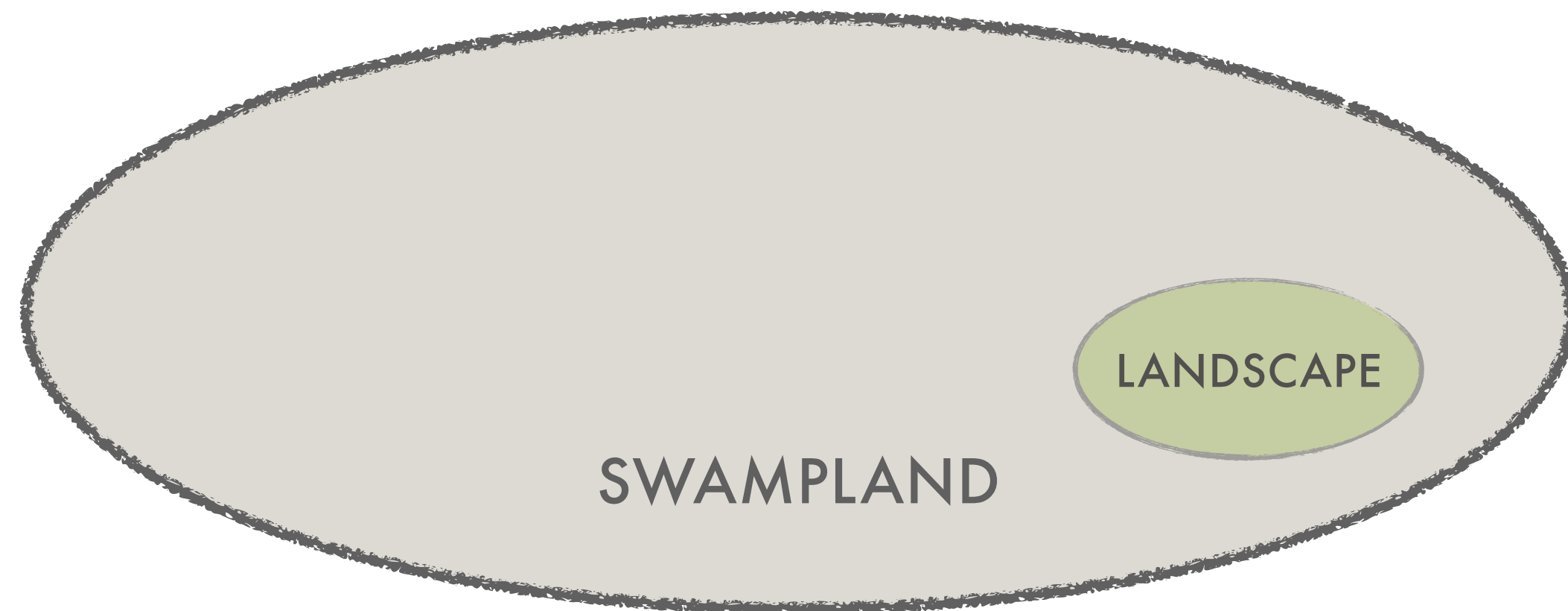
QFT'S=LANDSCAPE

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[Vafa '05]



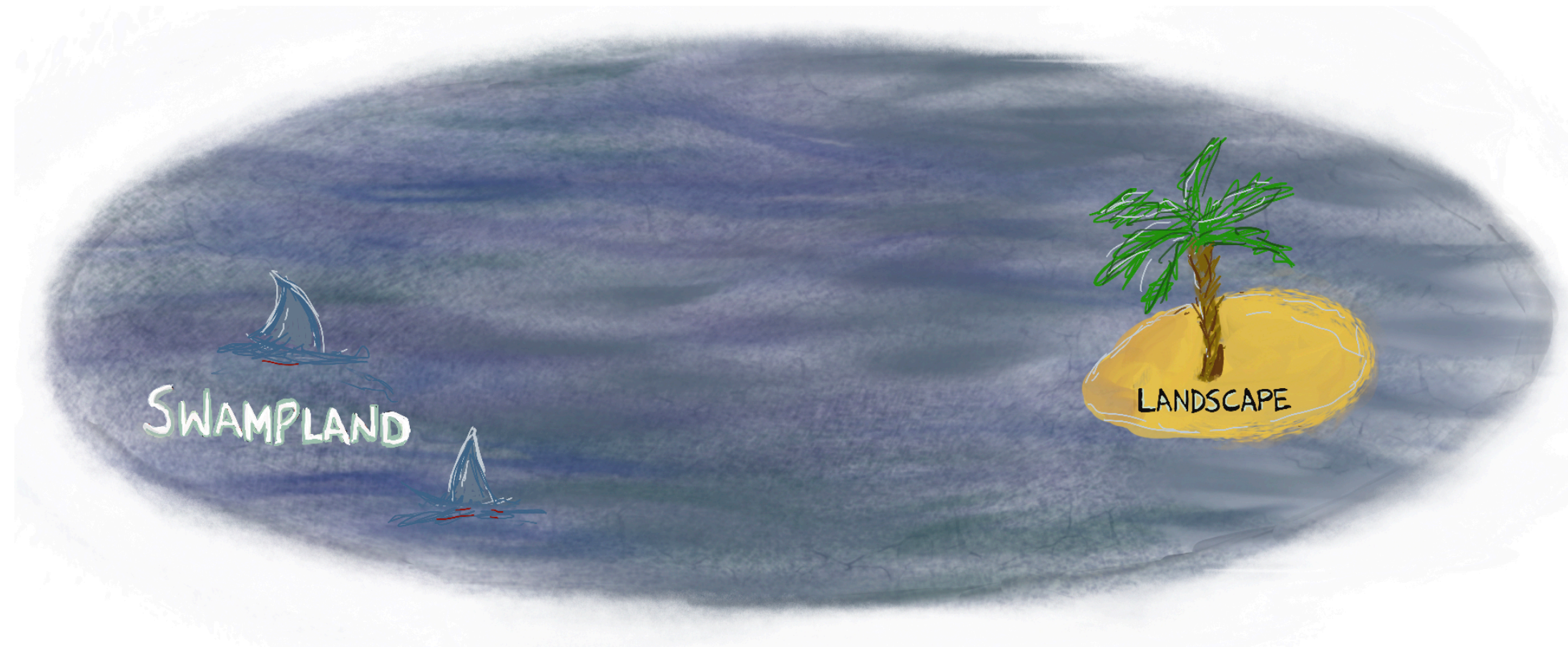
Reviews: [Brennan, Carta, Vafa '17] [Palti '19] [van Beest, Calderon, Mirfendereski, Valenzuela '21] [Graña, AH '21][Agmon, Bedroya, Kang, Vafa '22]

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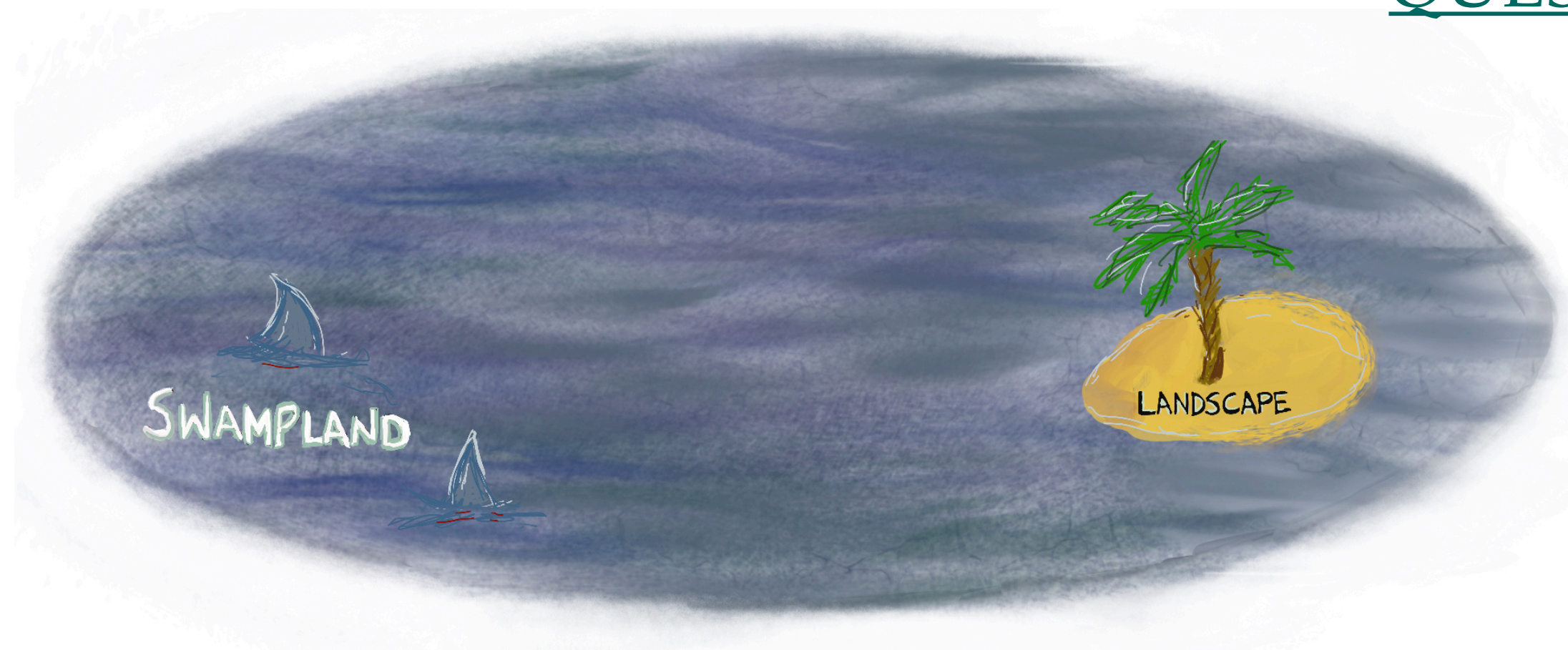
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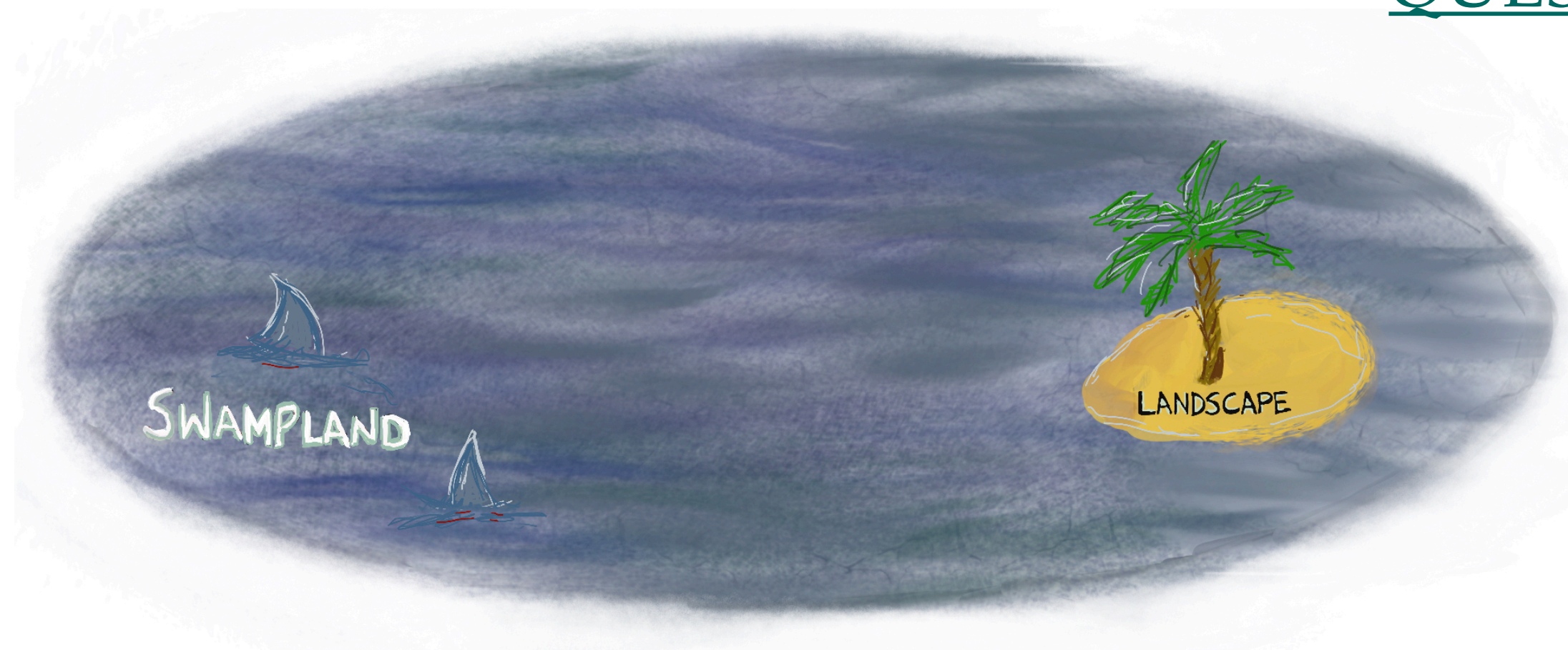
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**SWAMPLAND CONJECTURES**

# Why Conjectures?



# Why Conjectures?

- Why not theorems?

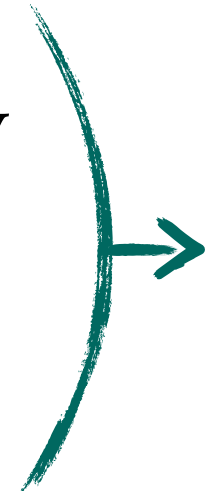
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- Why not theorems?  $\longrightarrow$  Need a framework to prove a theorem, and we don't have a full formulation of QG

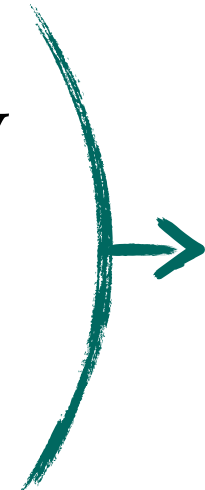
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- Prove / disprove in some concrete regions
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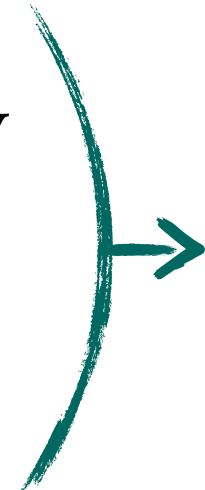
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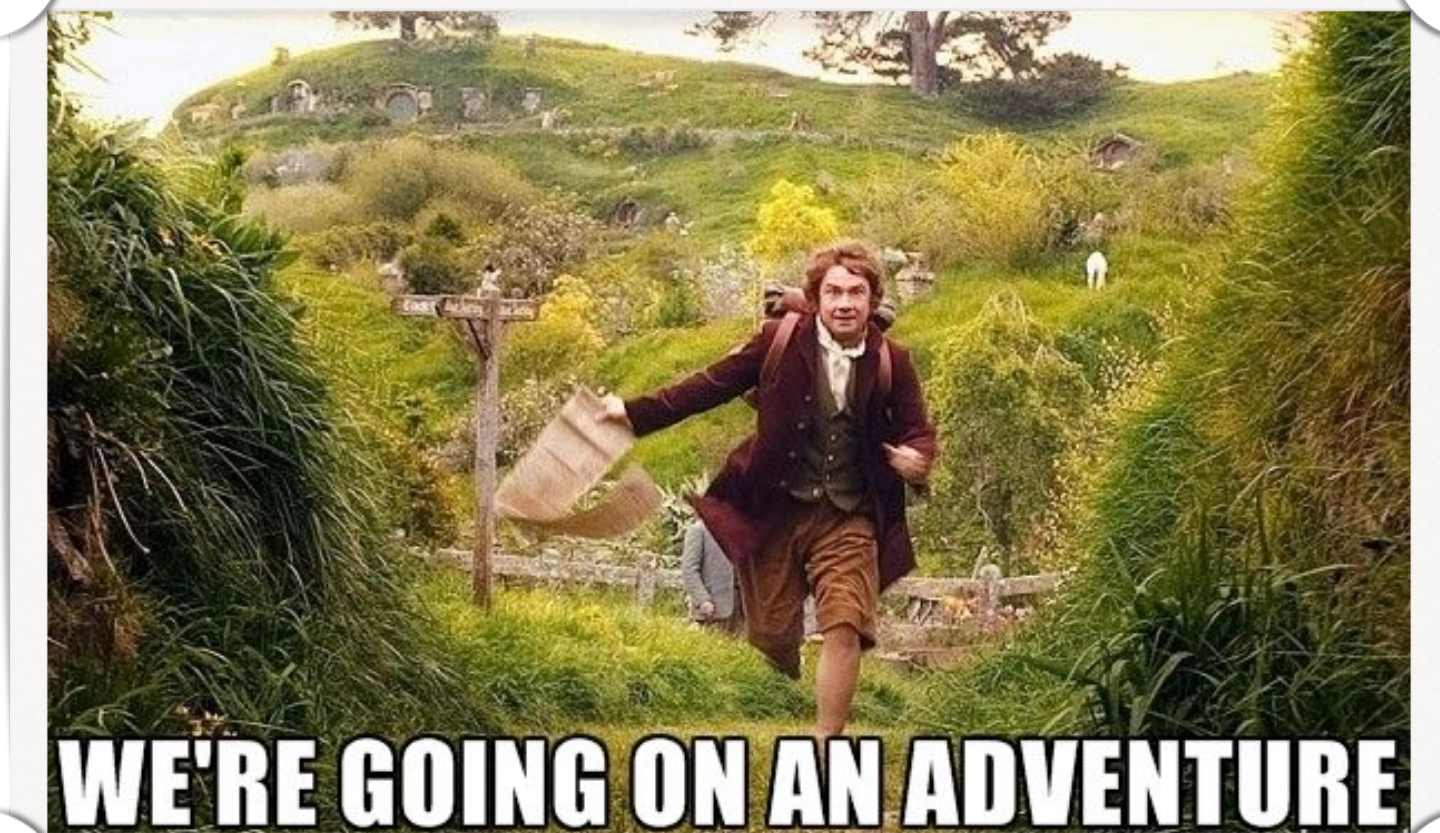
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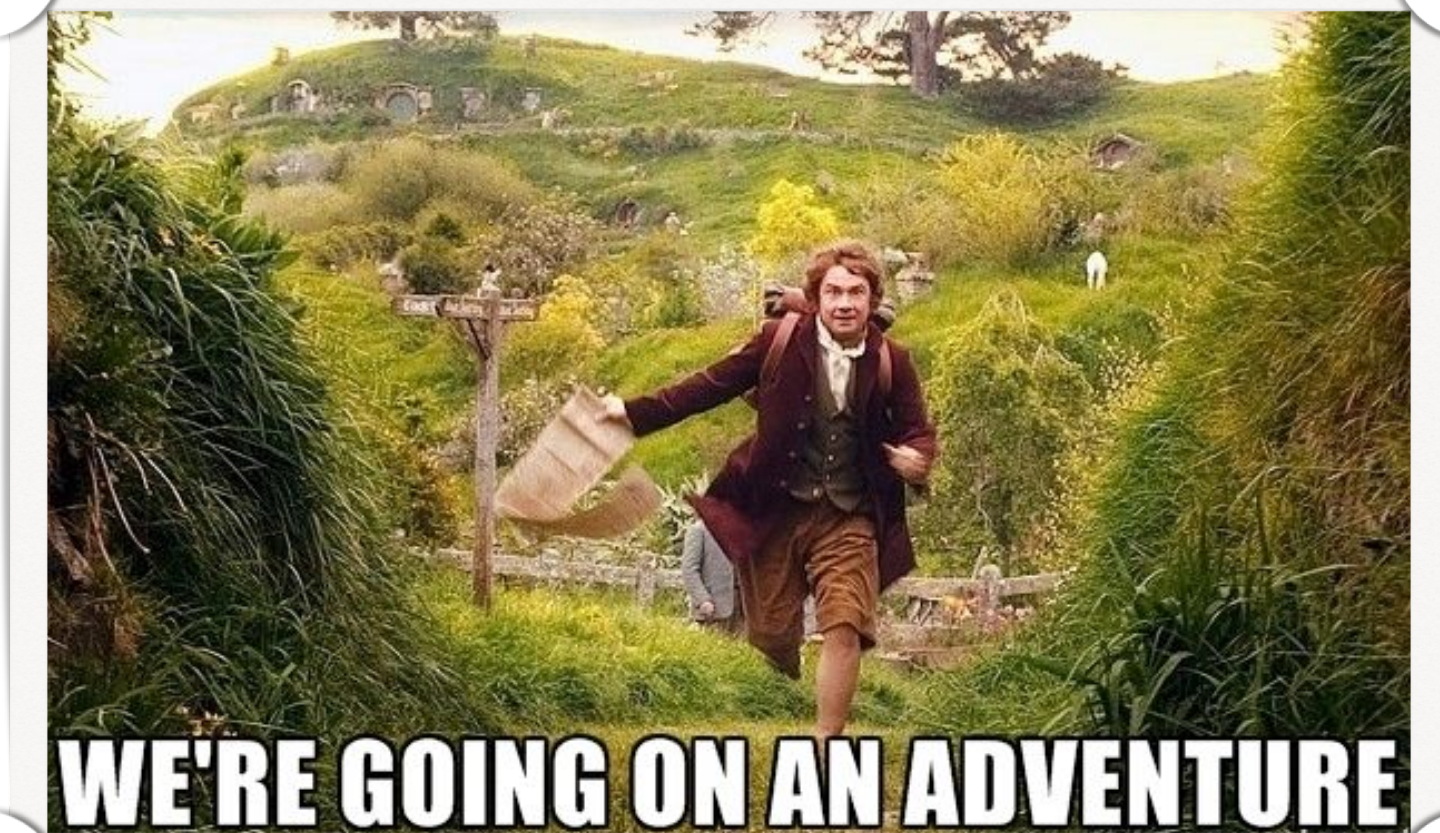
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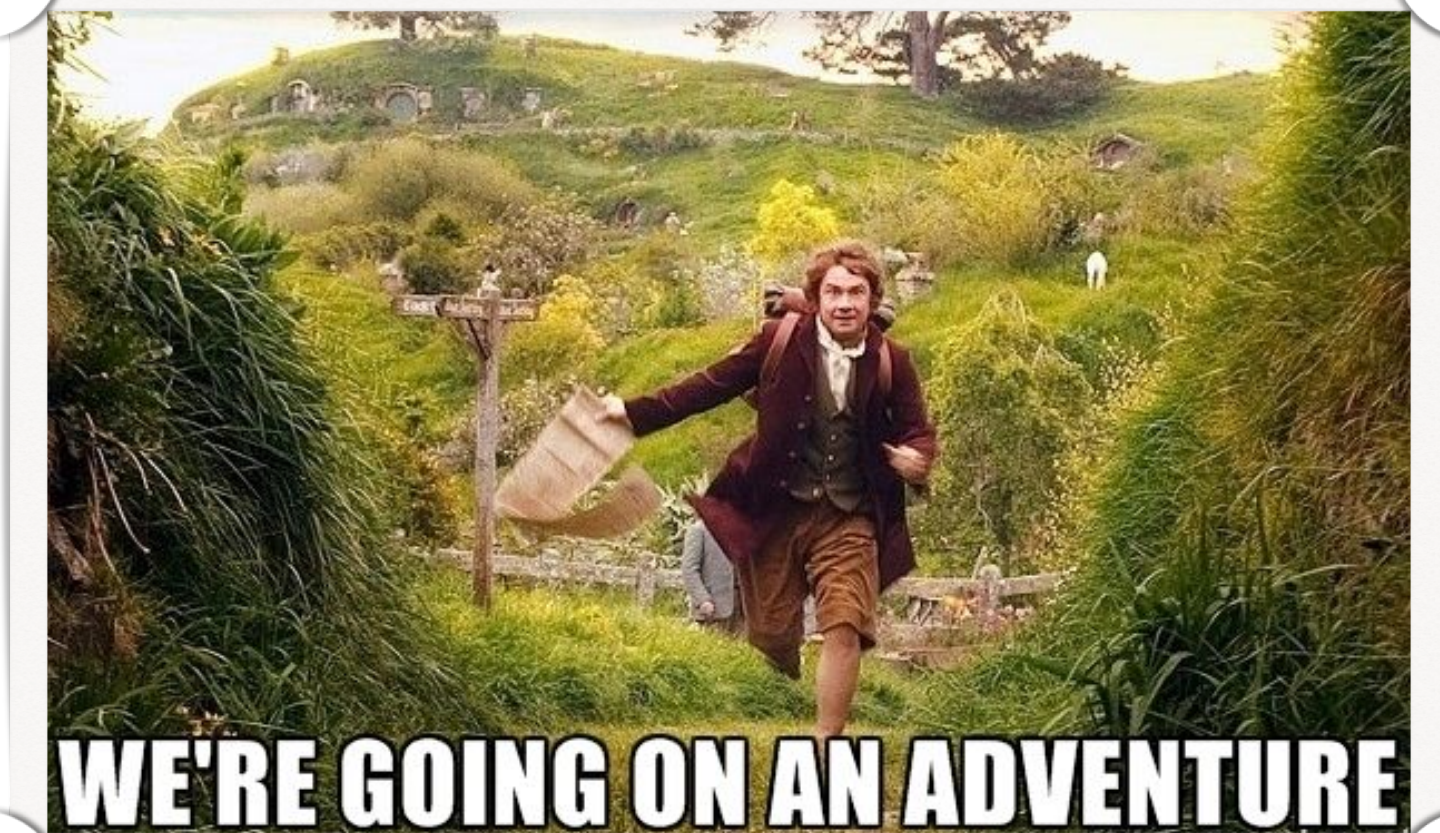
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**Swampland ~ Experimentalist's approach to Quantum Gravity**



## Take-home message:

**Not everything is allowed in Quantum Gravity  $\longrightarrow$  Constraints**

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EFT rules in QG 

EFT expectations 

(Natural in EFT  $\neq$  Natural in QG)

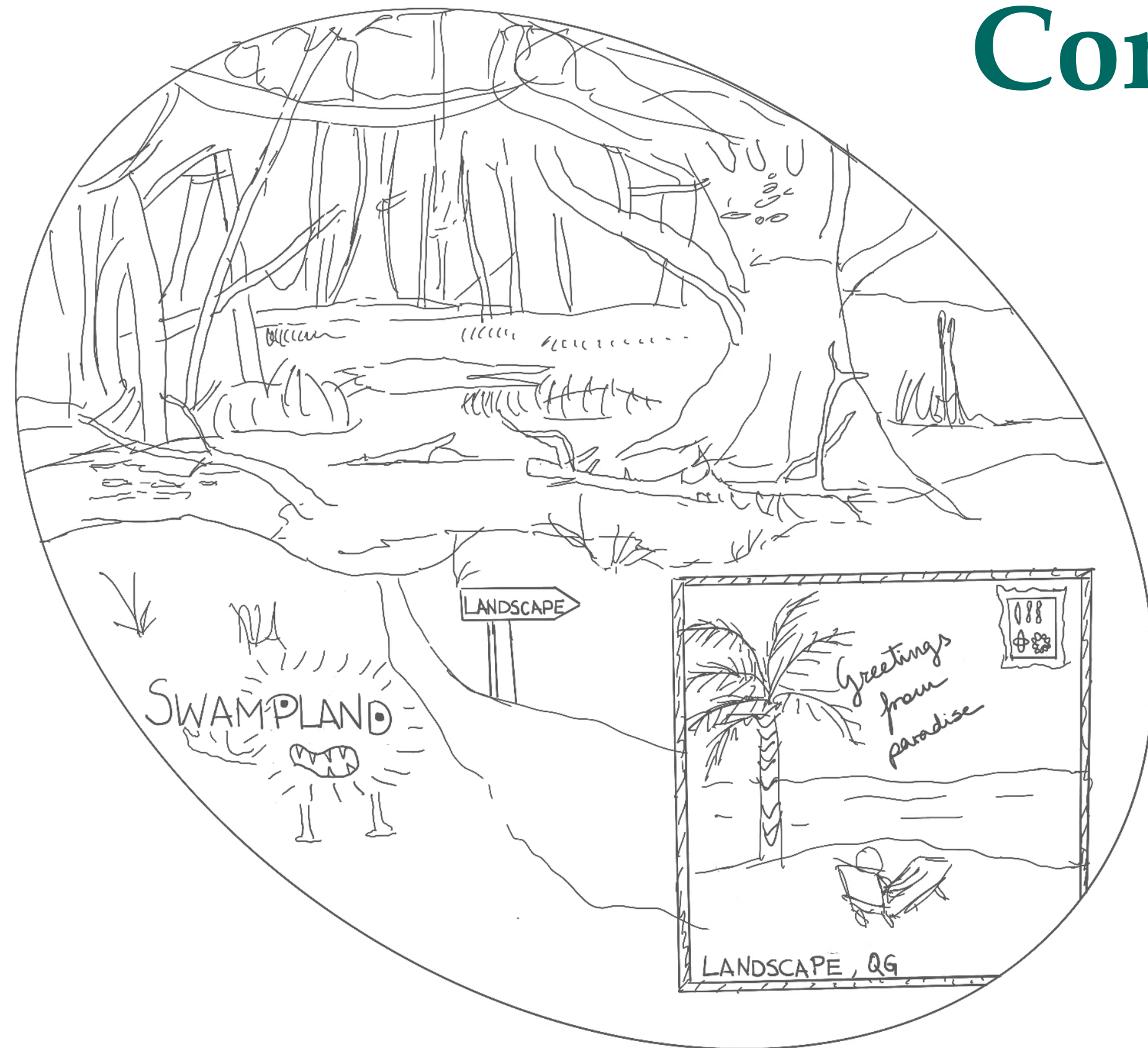
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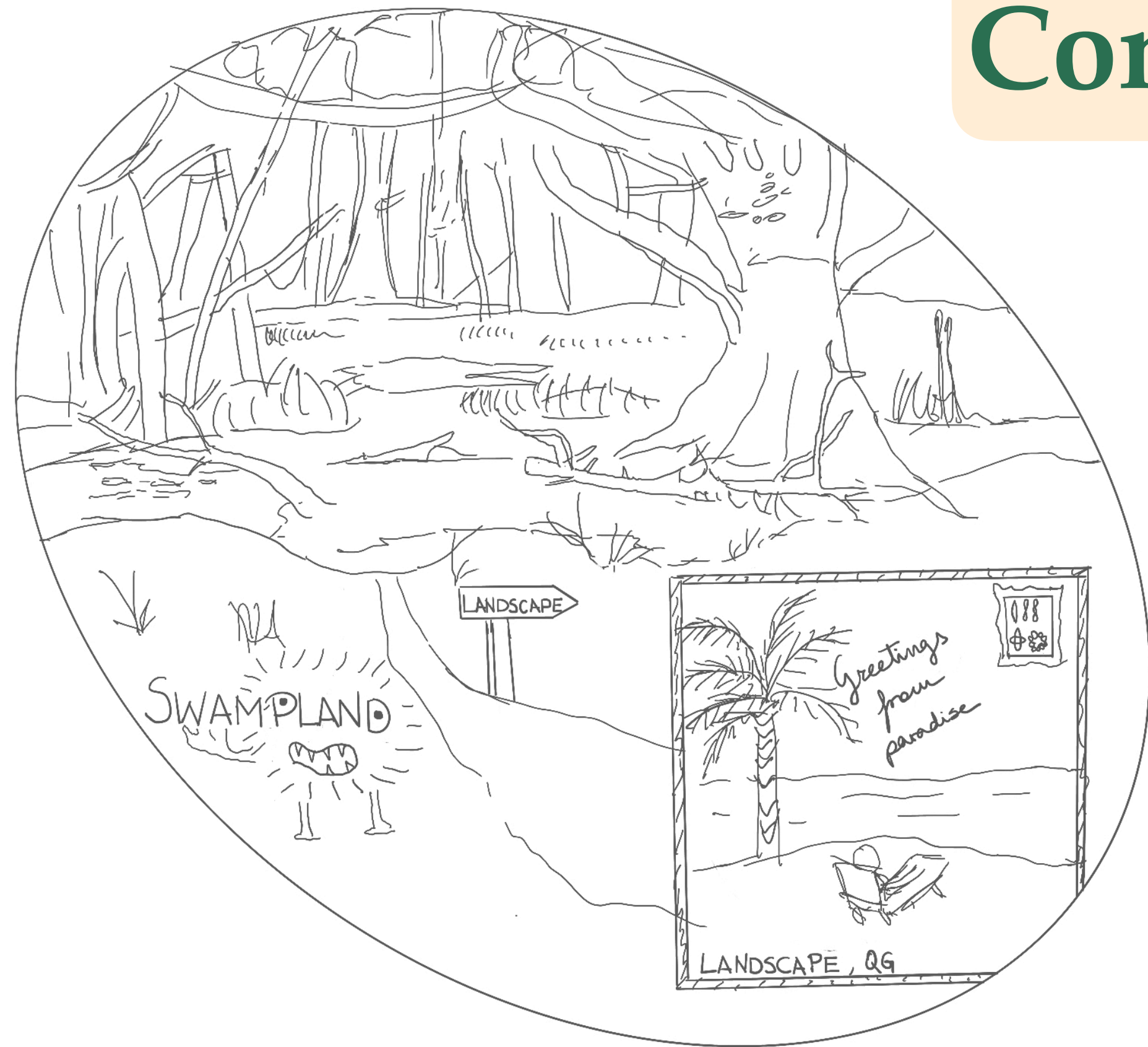
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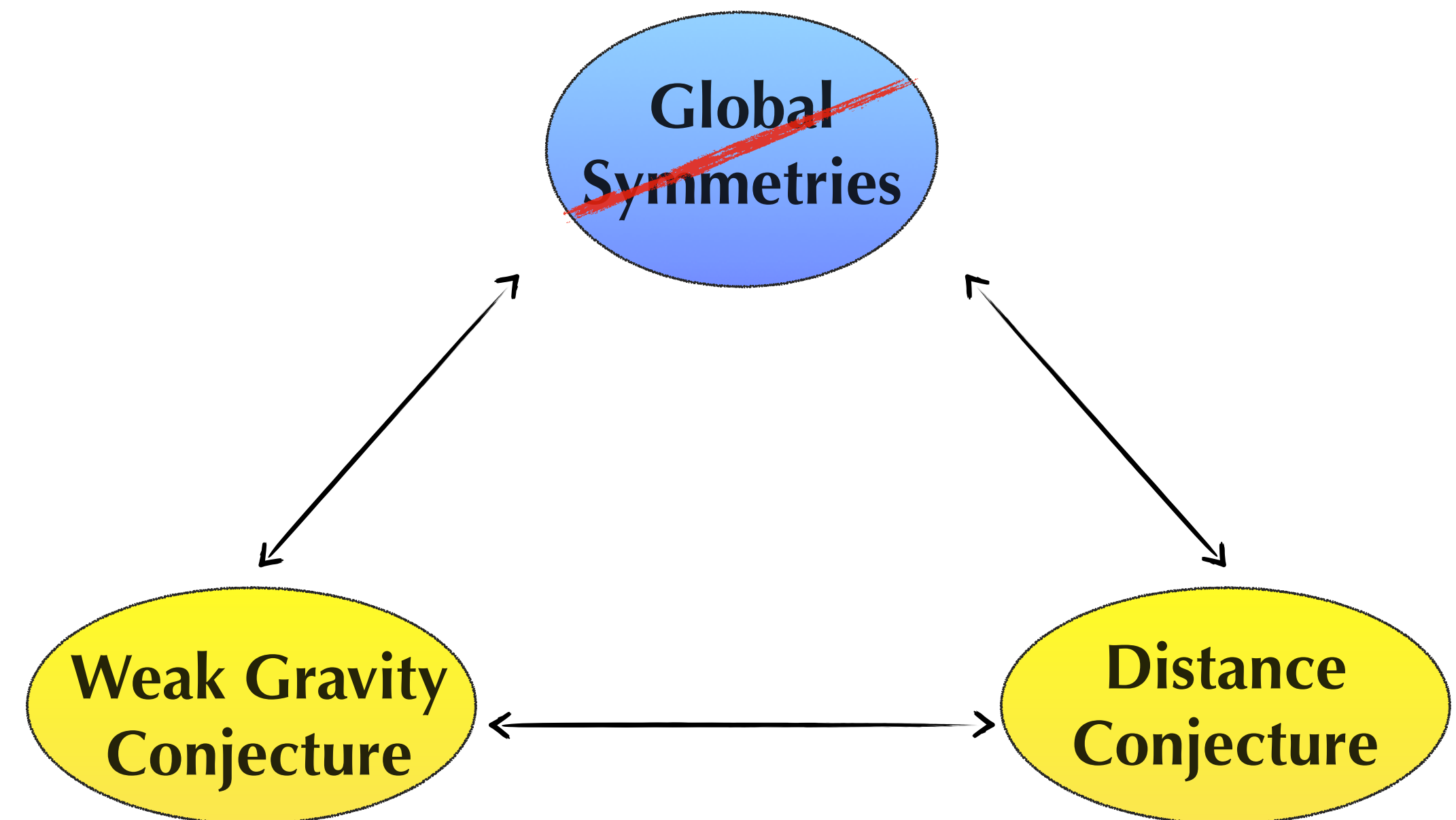
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Pheno Insights



# No-global symmetries in QG

[Misner, Wheeler '57] [Banks, Dixon '88] [Banks, Seiberg '11]

[Parallel talks by M. Tartaglia, M. Delgado, J. Huertas]



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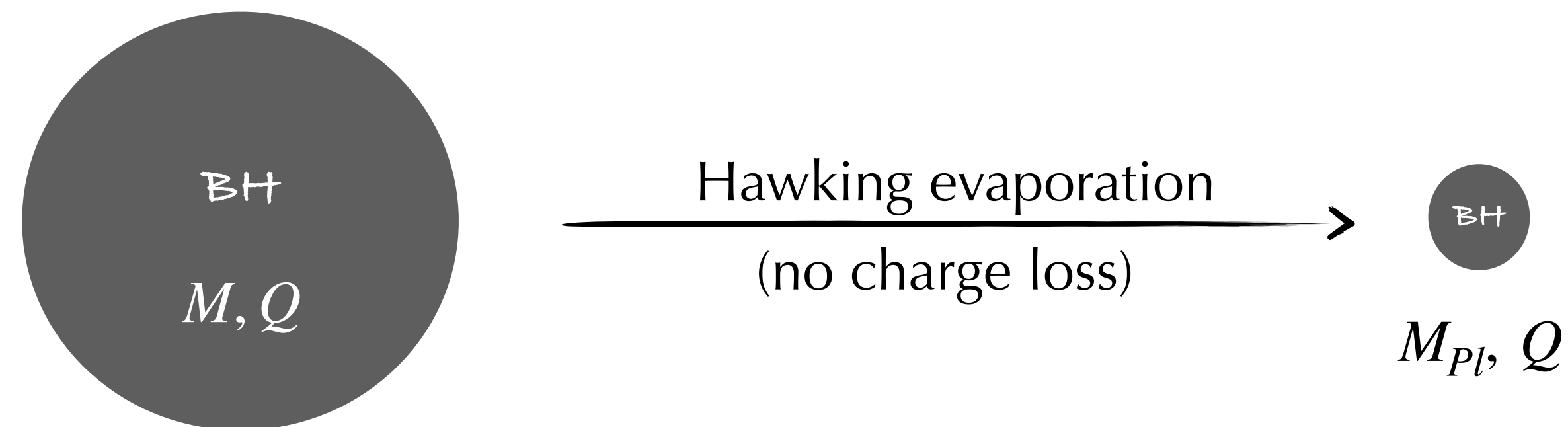
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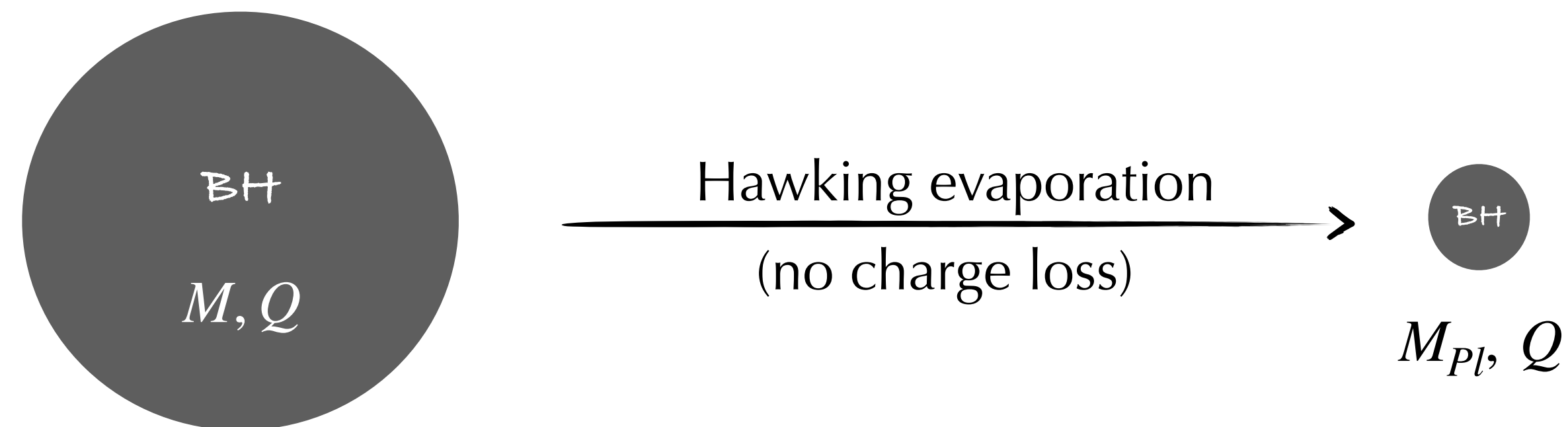
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Arbitrarily high number of remnants (labeled by different charges) in a finite mass range  $\longrightarrow$  Violation of Entropy Bounds

# Weak Gravity Conjecture

[Arkani-Hamed, Motl, Nicolis, Vafa '06]

Electric WGC: Given a gravitational theory with a  $U(1)$  gauge symmetry, with coupling  $g$ , the spectrum of the theory must include at least a particle, with mass  $m$  and charge  $q$  which satisfies the inequality

$$\frac{gq}{m} \gtrsim 1$$

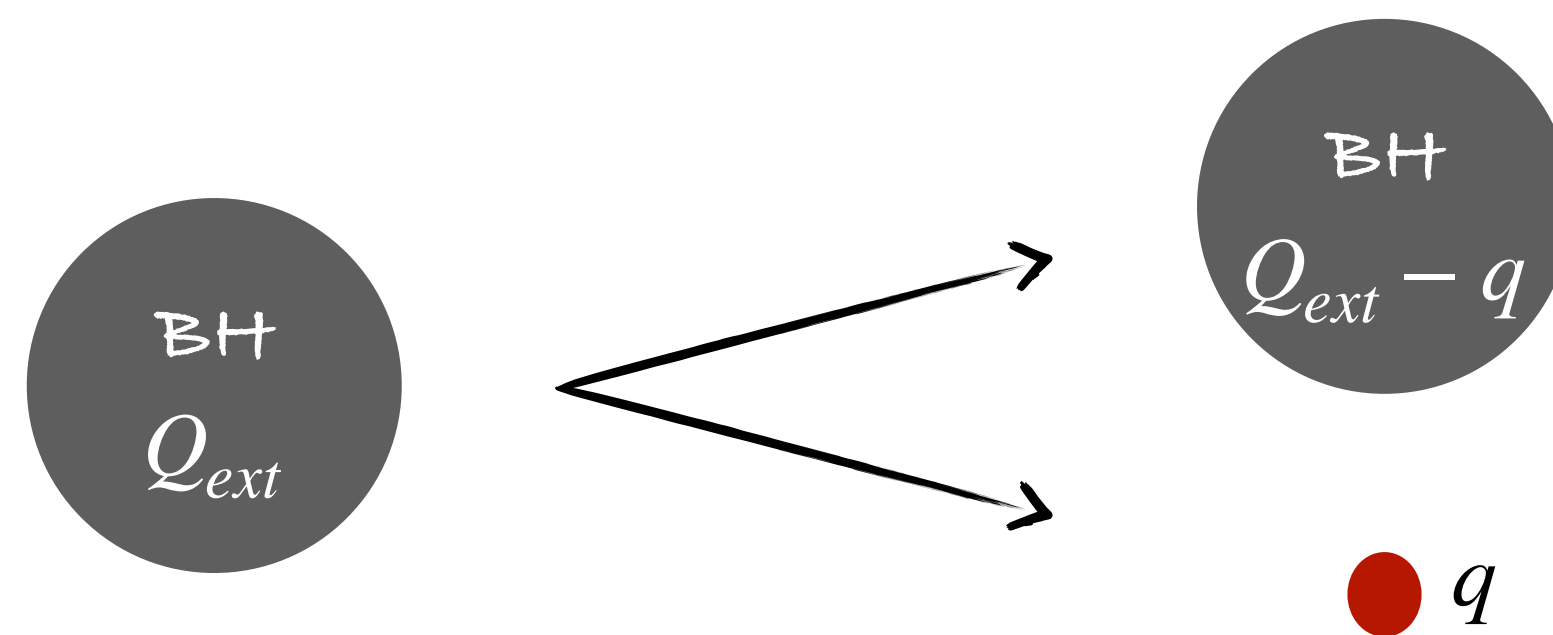
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Require Extremal BHs to decay  $\longrightarrow$  Otherwise problems with remnants



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No charged gravitational Bound States



$$F_{em} \geq F_{grav}$$

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(Spoiler: infinite towers of states becoming light)

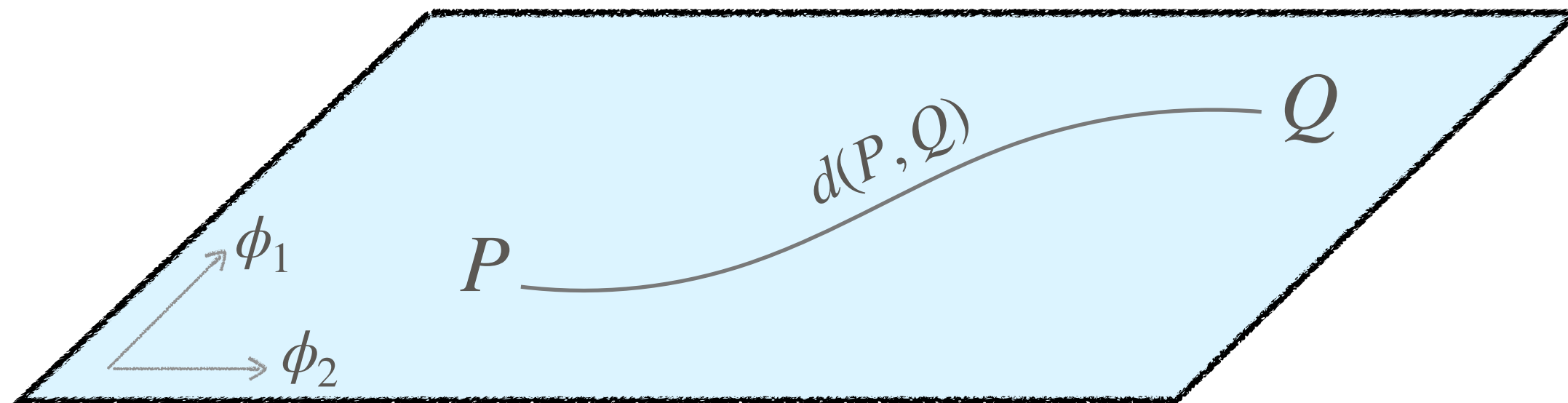
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[Ooguri, Vafa '06] [Parallel talks by V. Collazuol, I. Ruiz]

Starting from a point  $P$  in moduli space, and moving to a point  $Q$  an infinite distance away, there appears a tower of states which becomes exponentially massless according to

$$M(Q) \sim M(P) e^{-\alpha d(P,Q)}$$

Scalar manifold with metric  $g_{ij}(\phi_i)$  from kinetic terms



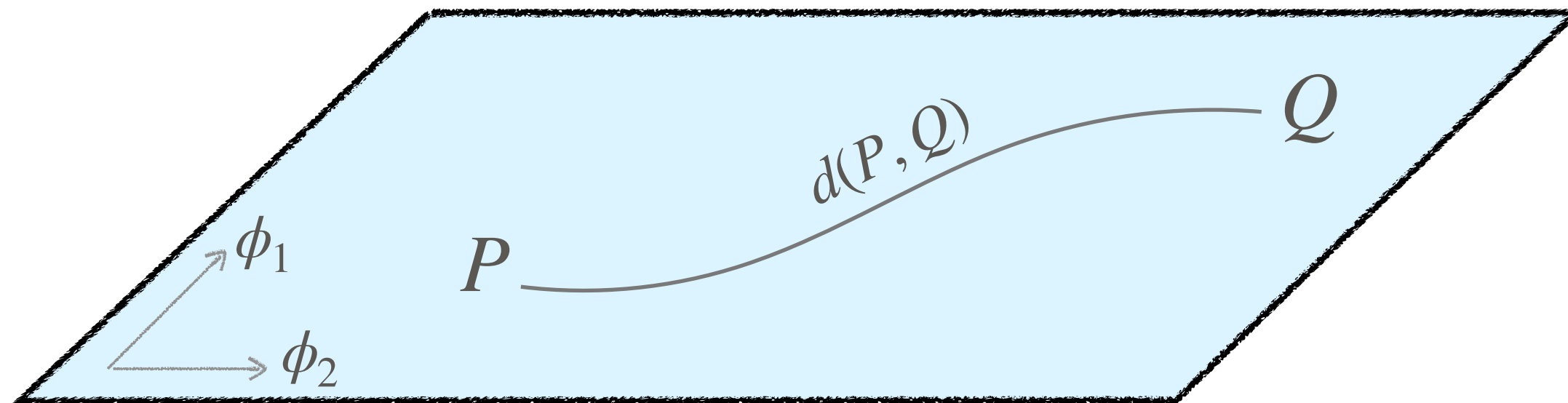
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BONUS TRACK: **NO FREE PARAMETERS**  $\longrightarrow$  All parameters in QG are vevs of (dynamical) fields

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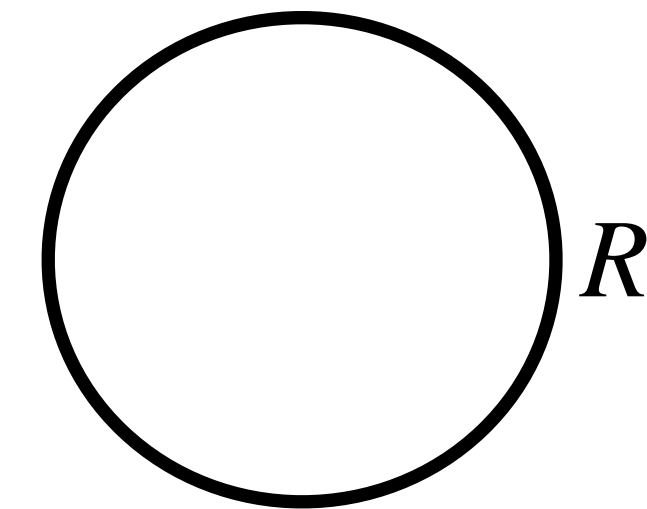
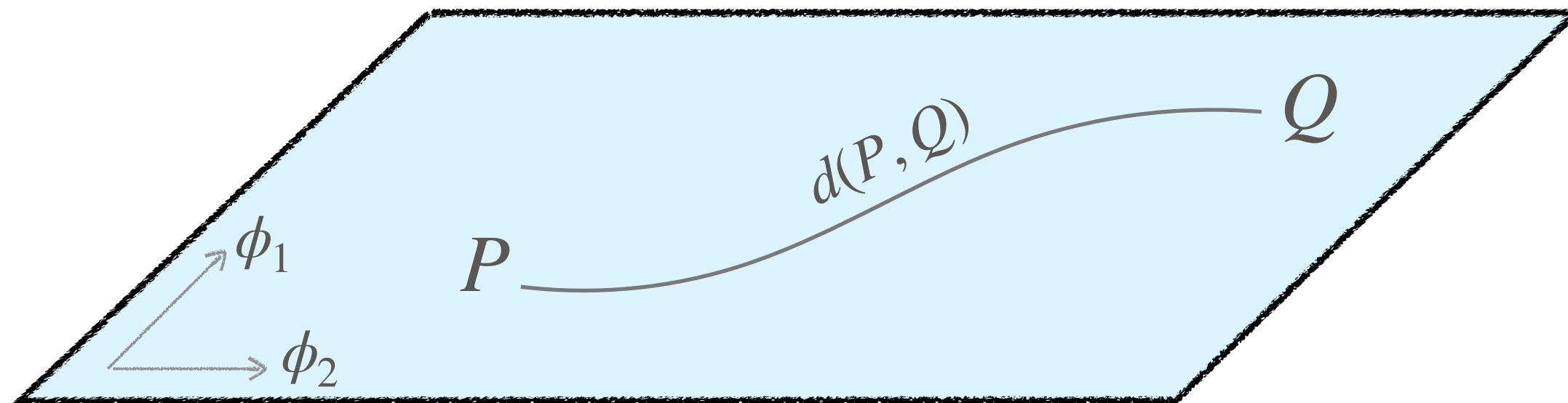
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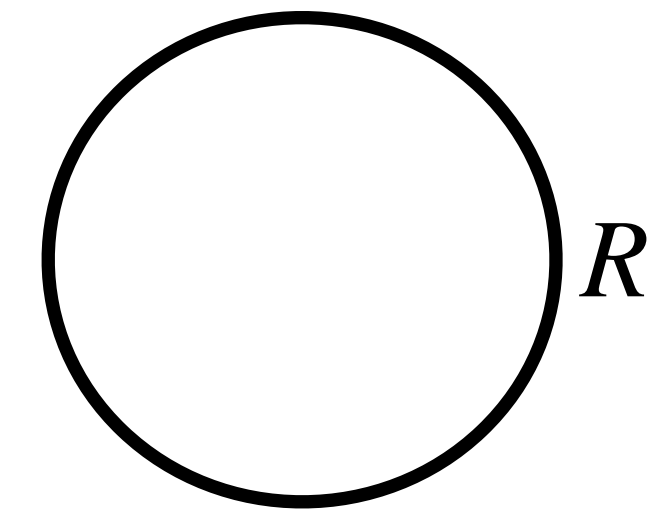
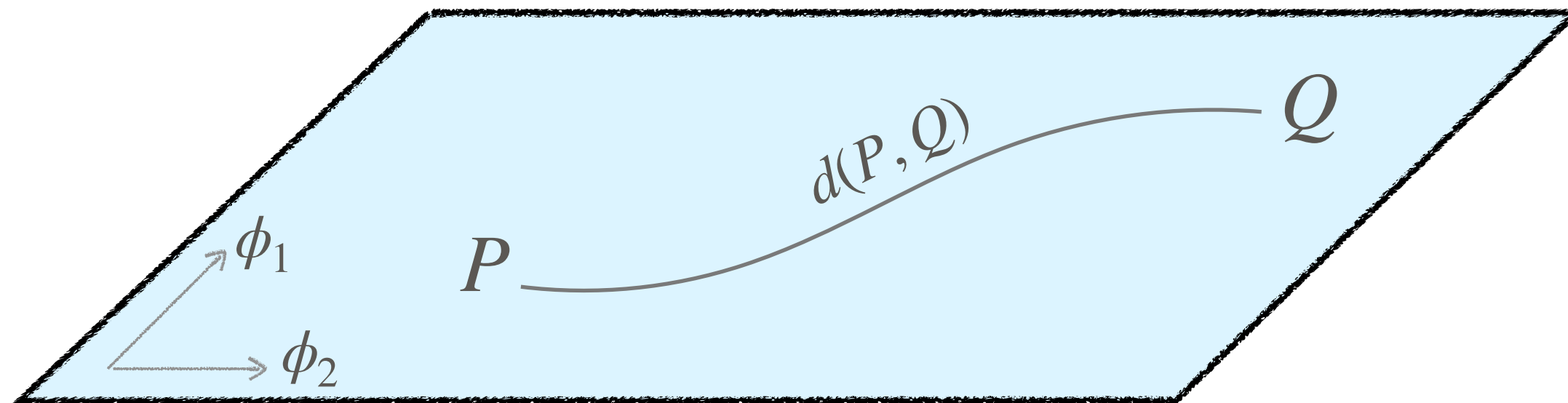
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$R \rightarrow \infty$  Kaluza-Klein tower

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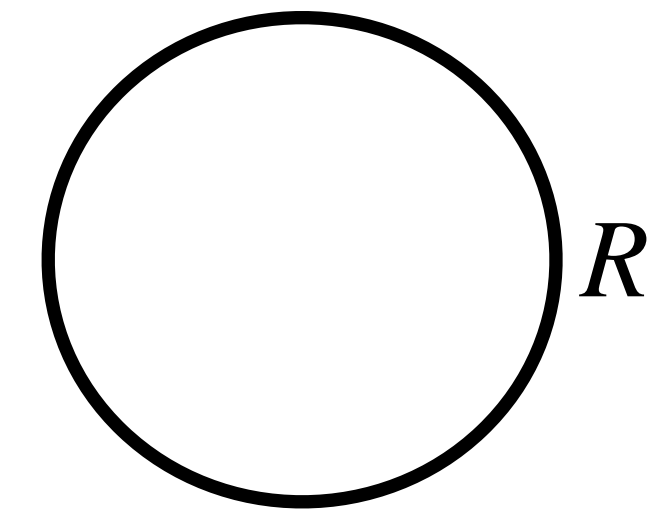
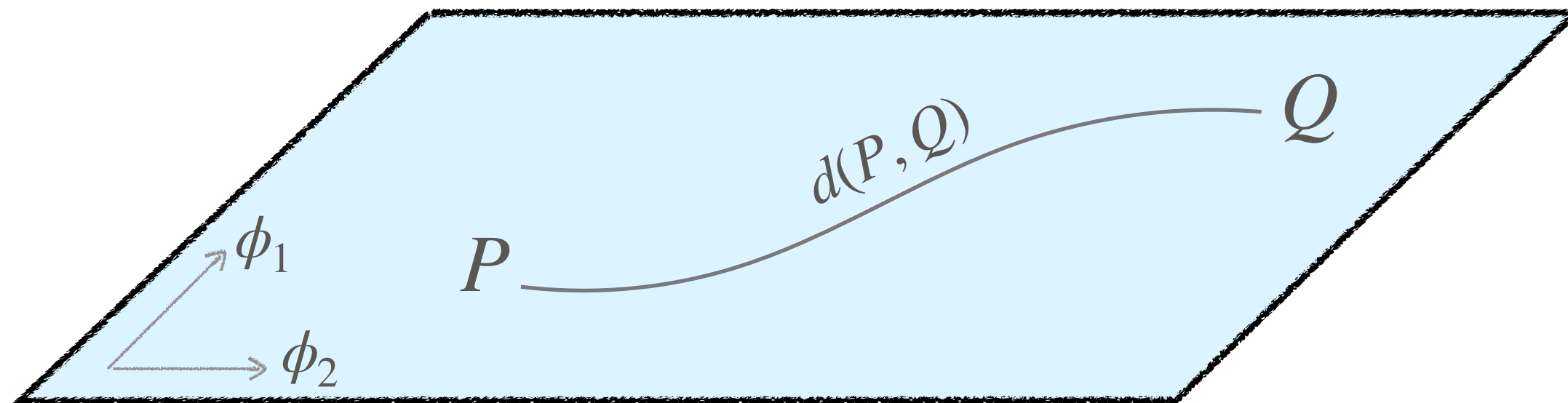
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$R \rightarrow 0$  ?

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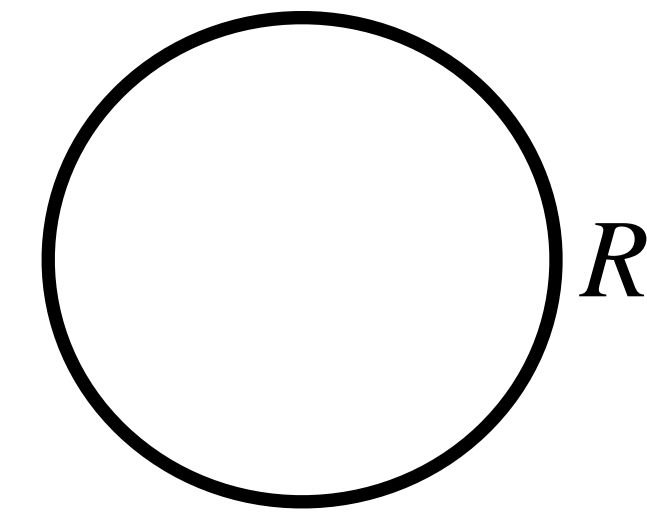
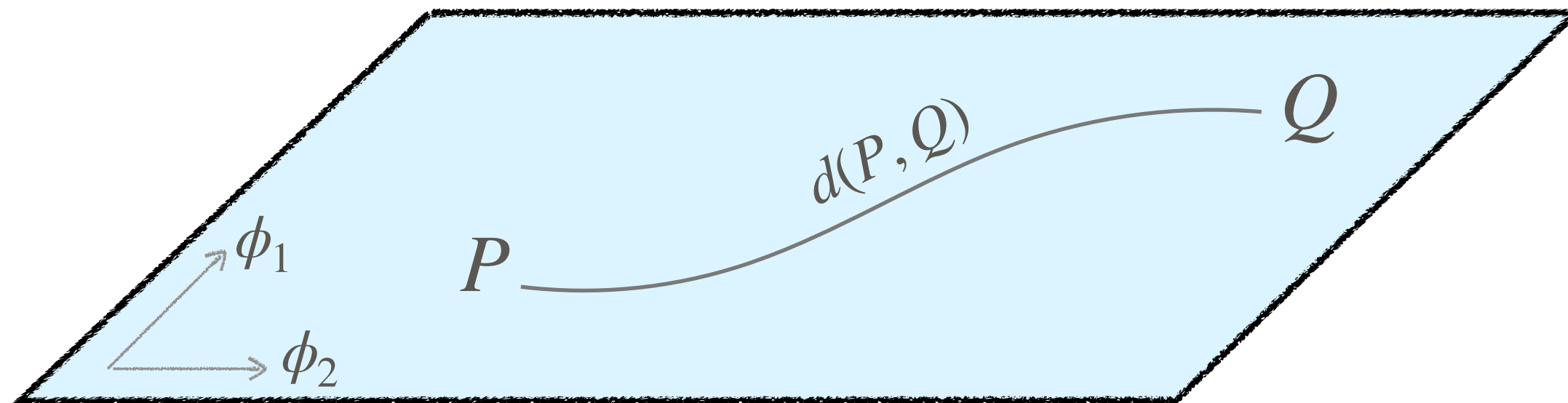
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$R \rightarrow \infty$  Kaluza-Klein tower

$R \rightarrow 0$  Winding tower

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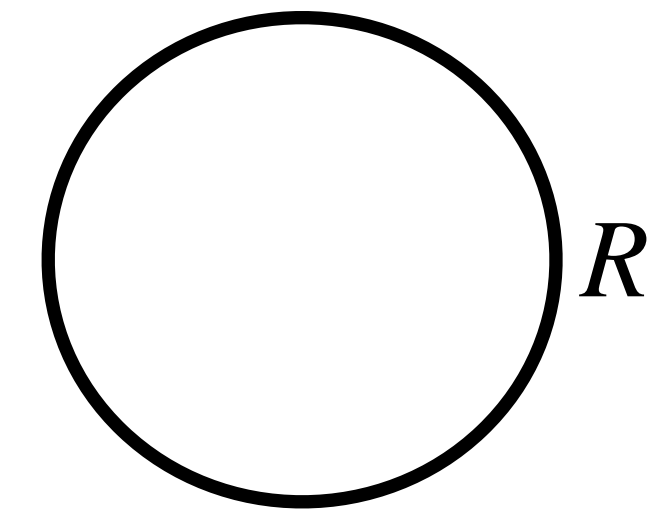
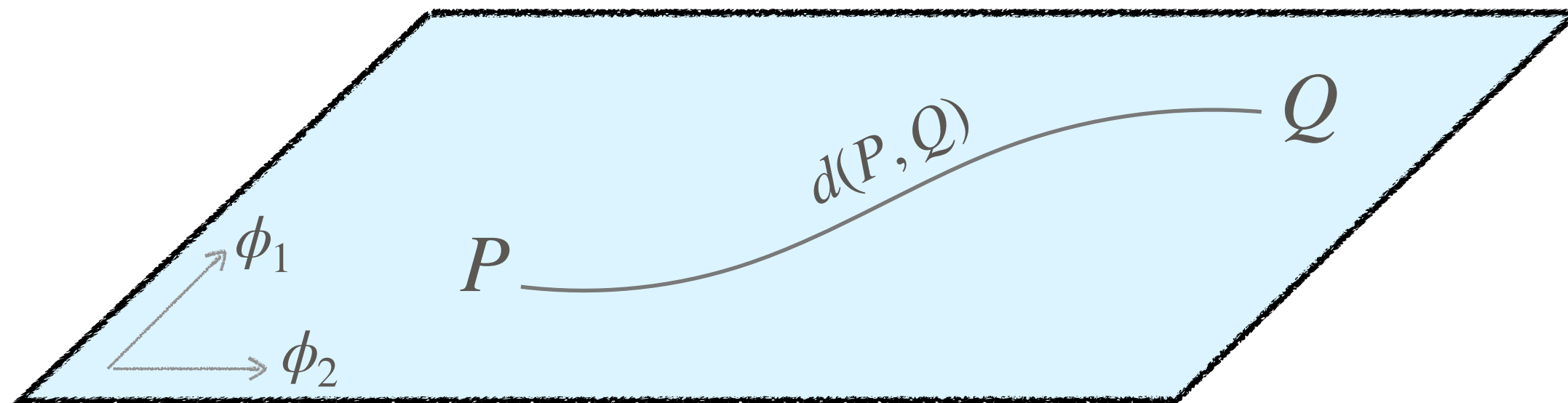
# Distance Conjecture

[Ooguri, Vafa '06] [Parallel talks by V. Collazuol, I. Ruiz]

Starting from a point  $P$  in moduli space, and moving to a point  $Q$  an infinite distance away, there appears a tower of states which becomes exponentially massless according to

$$M(Q) \sim M(P) e^{-\alpha d(P,Q)}$$

Scalar manifold with metric  $g_{ij}(\phi_i)$  from kinetic terms



$R \rightarrow \infty$  Kaluza-Klein tower

$R \rightarrow 0$  Winding tower

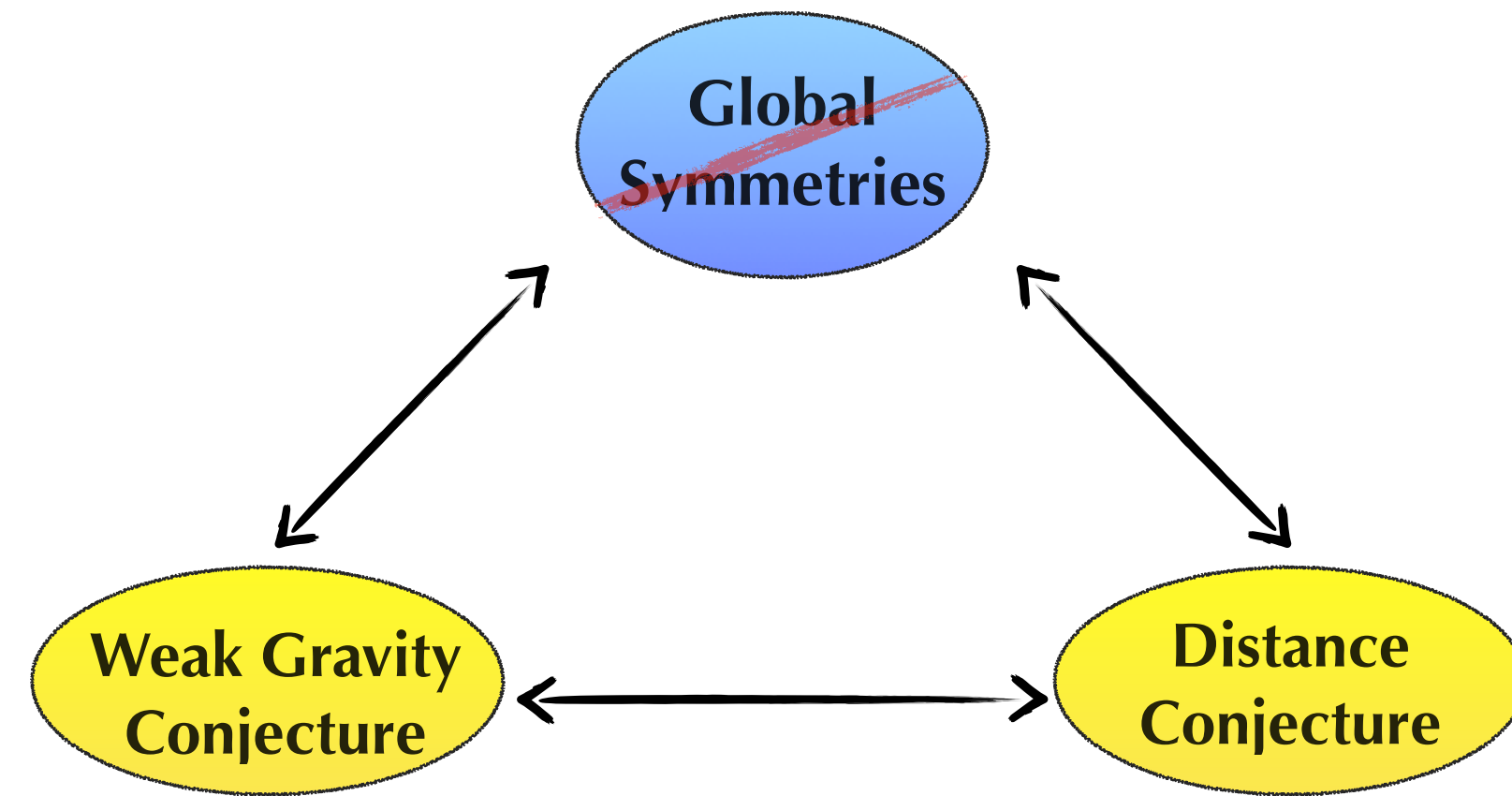
General lesson:

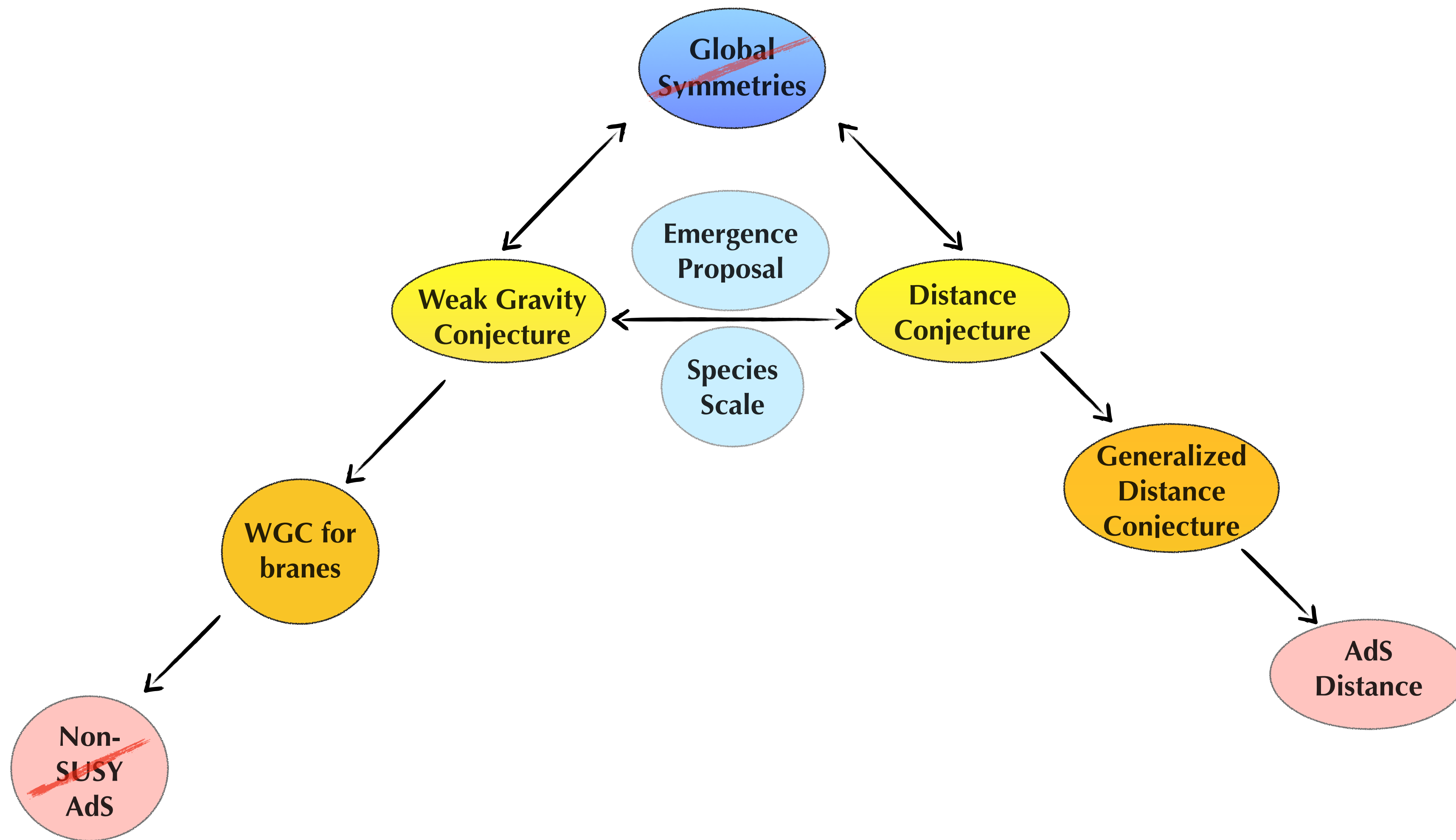
**Quantum Gravity**  $\longleftrightarrow$  **Extended objects**

~~Global  
Symmetries~~

Weak Gravity  
Conjecture

Distance  
Conjecture

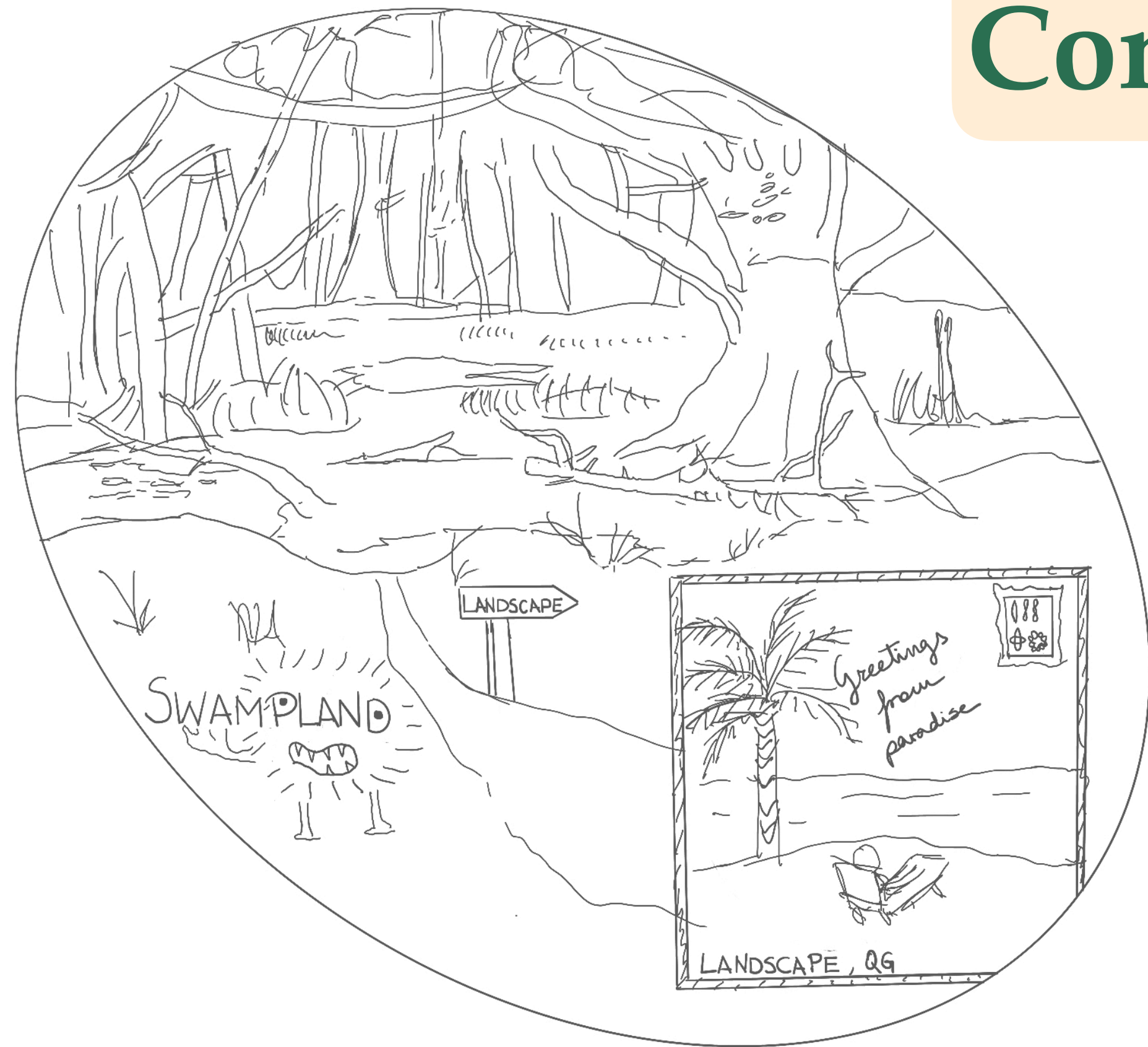




# Swampland: Review & Particle Physics Implications

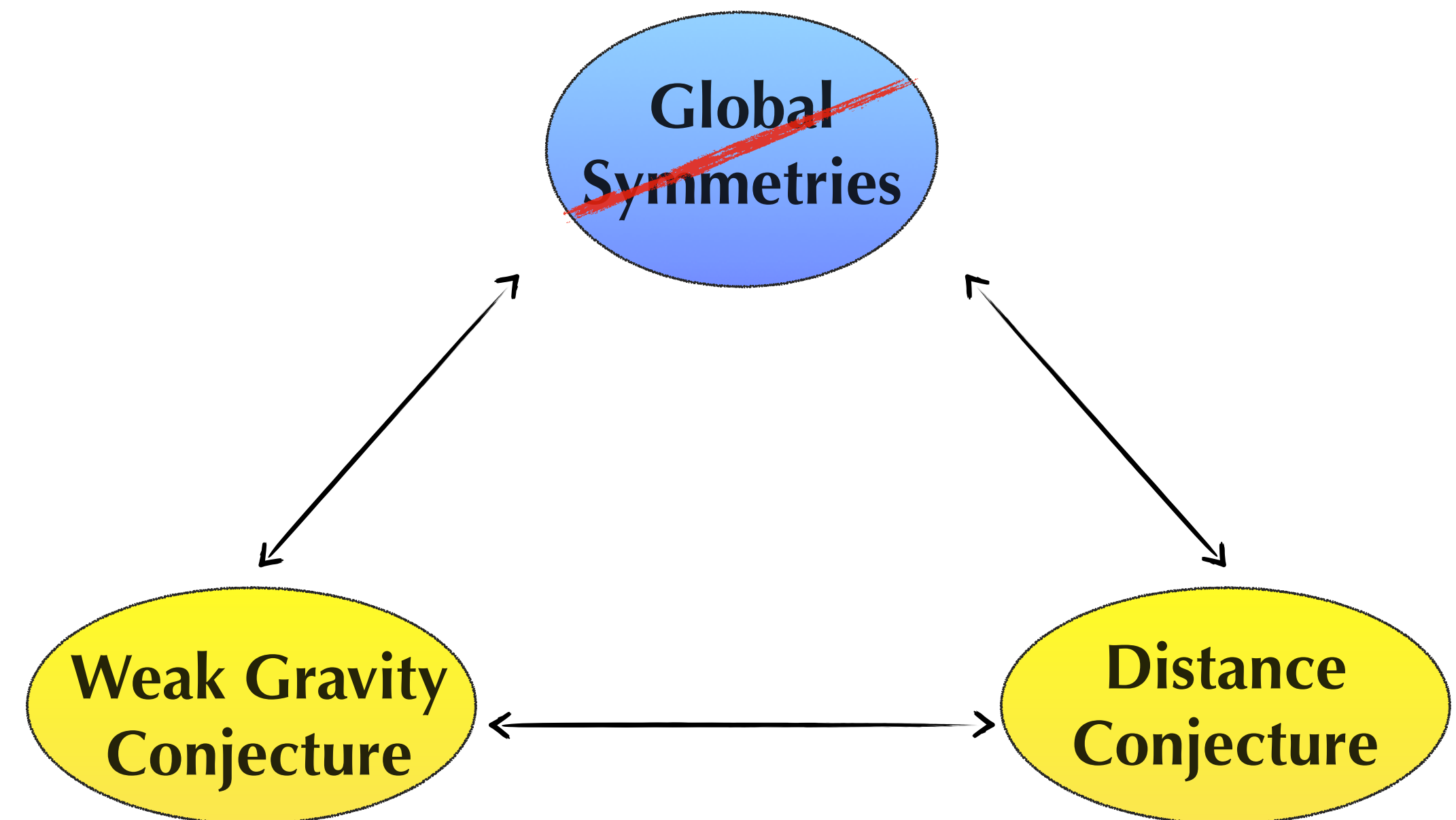
3

Conjectures



3

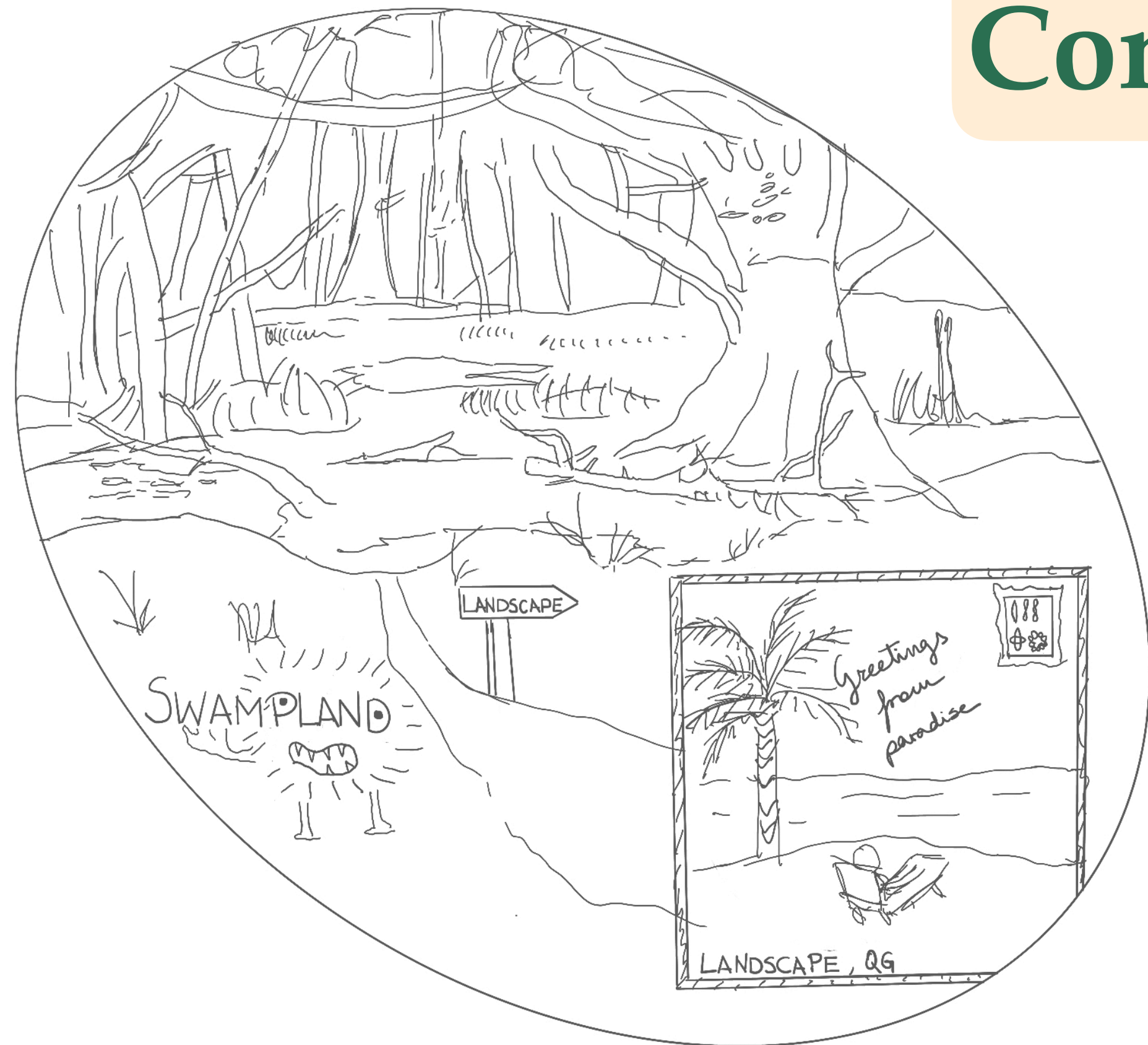
Pheno Insights



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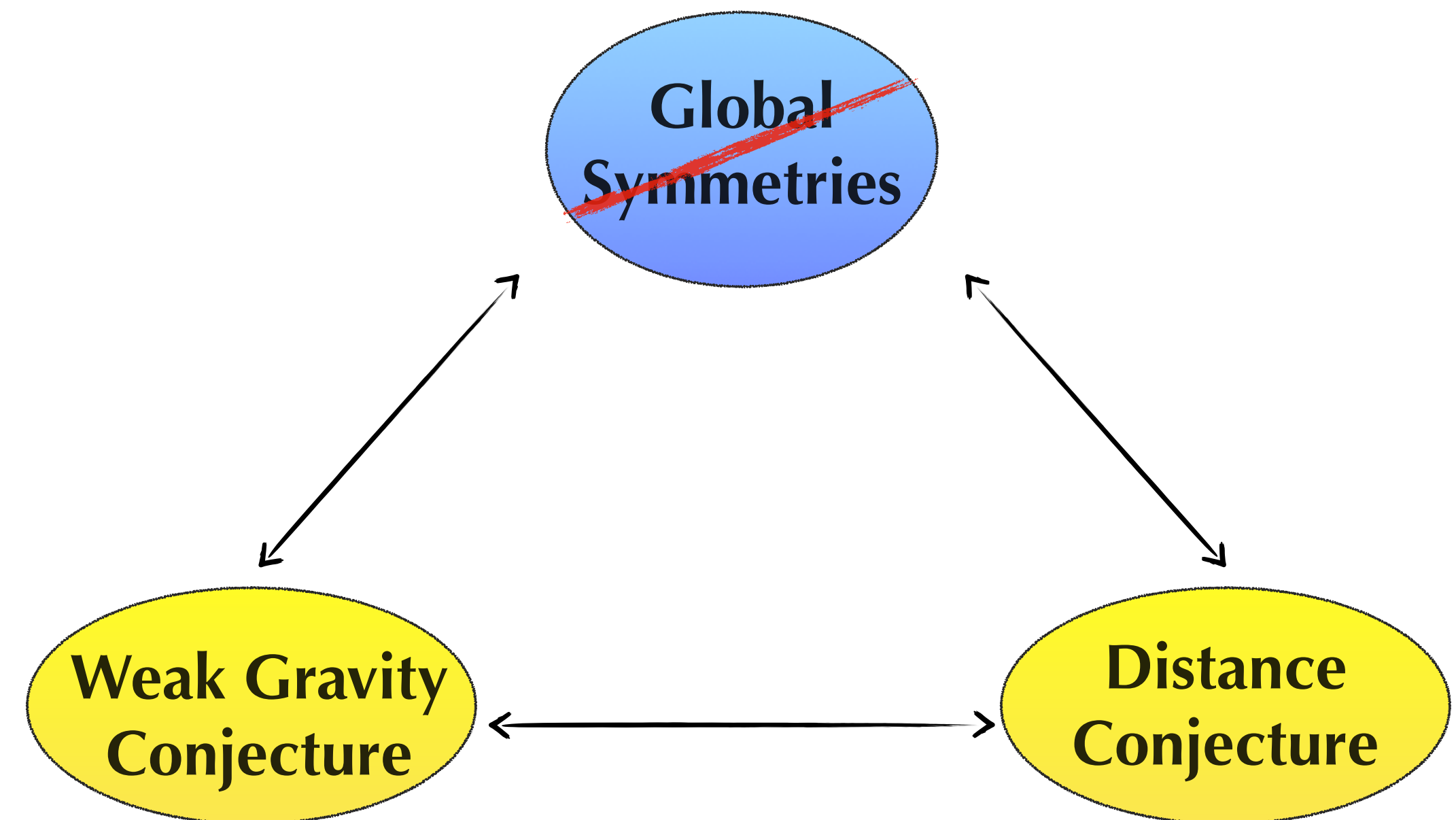
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Conjectures



3

Pheno Insights



# 1) Compactifying the SM: $\nu$ masses and $\Lambda_{\text{cc}}$

[Ibáñez, Martín-Lozano, Valenzuela '17]

[Hamada, Shiu'17]

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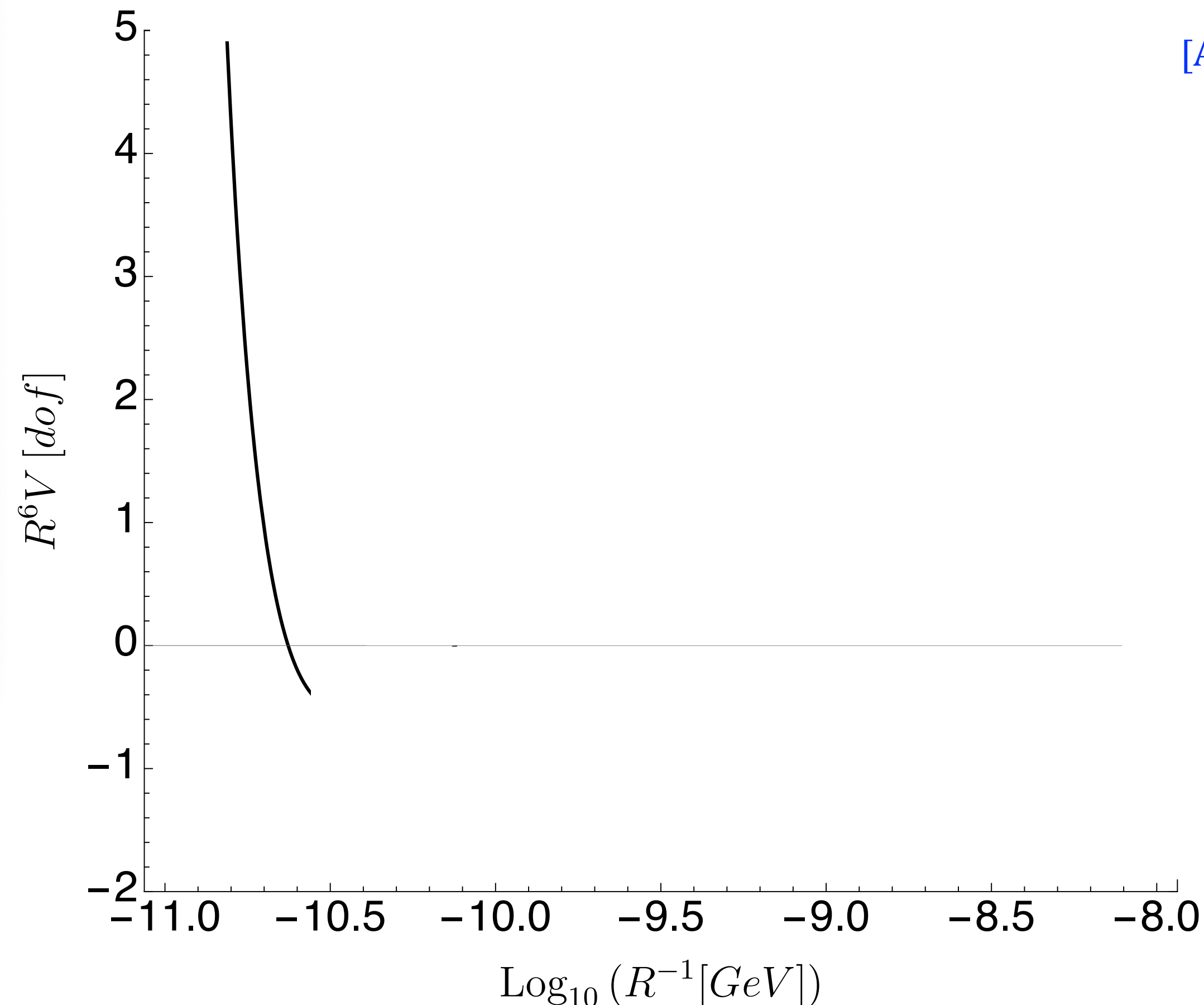
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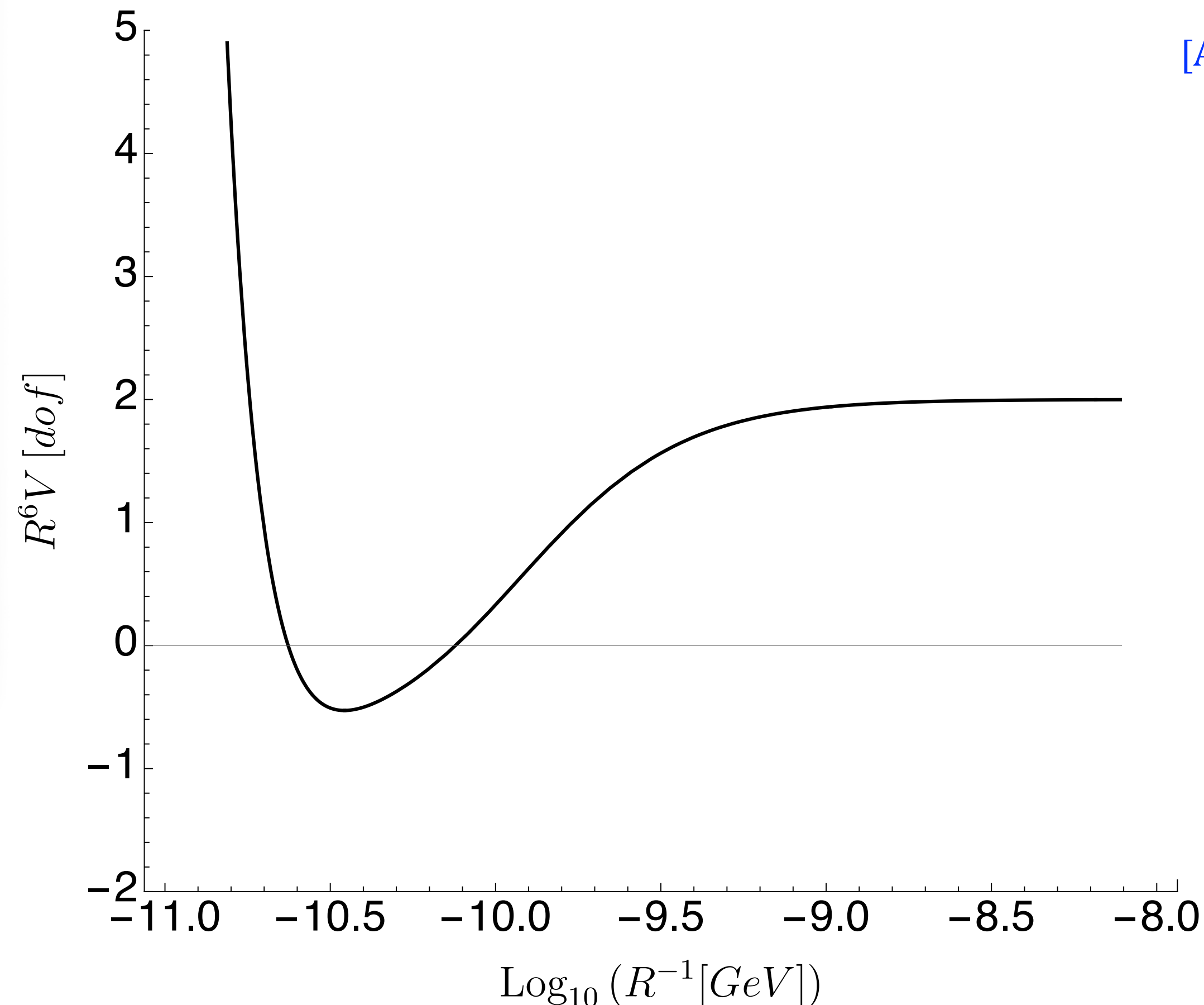
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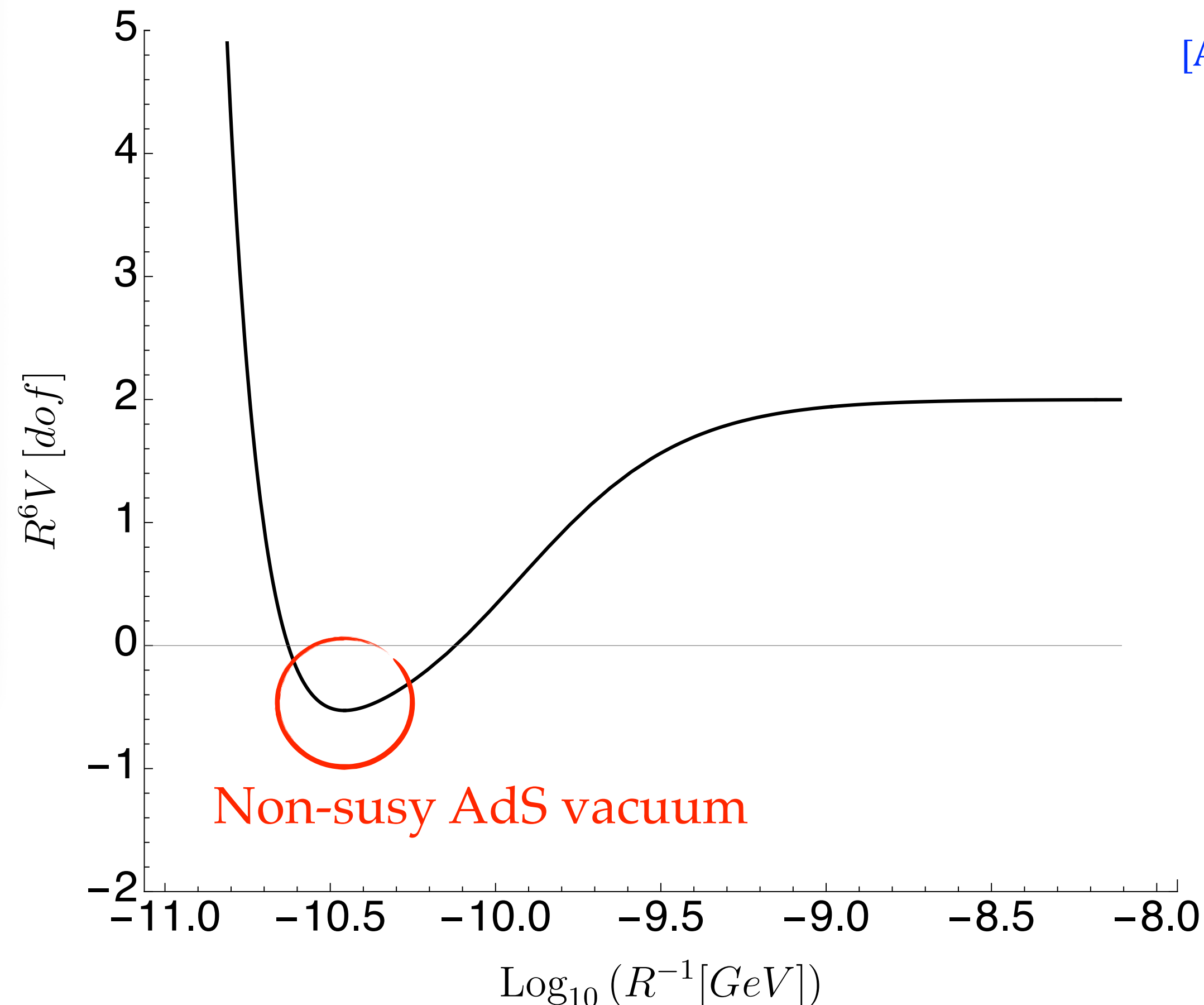
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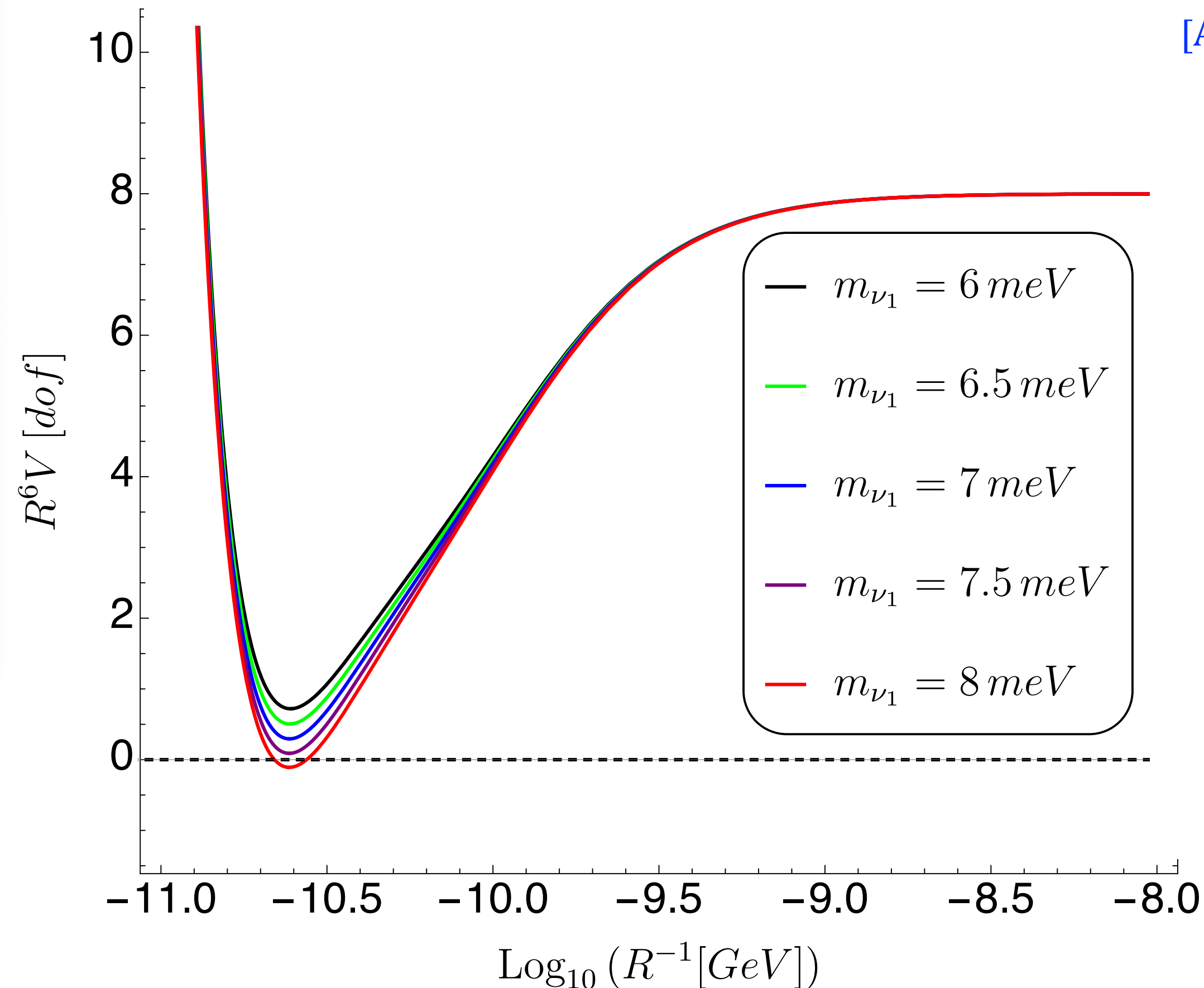
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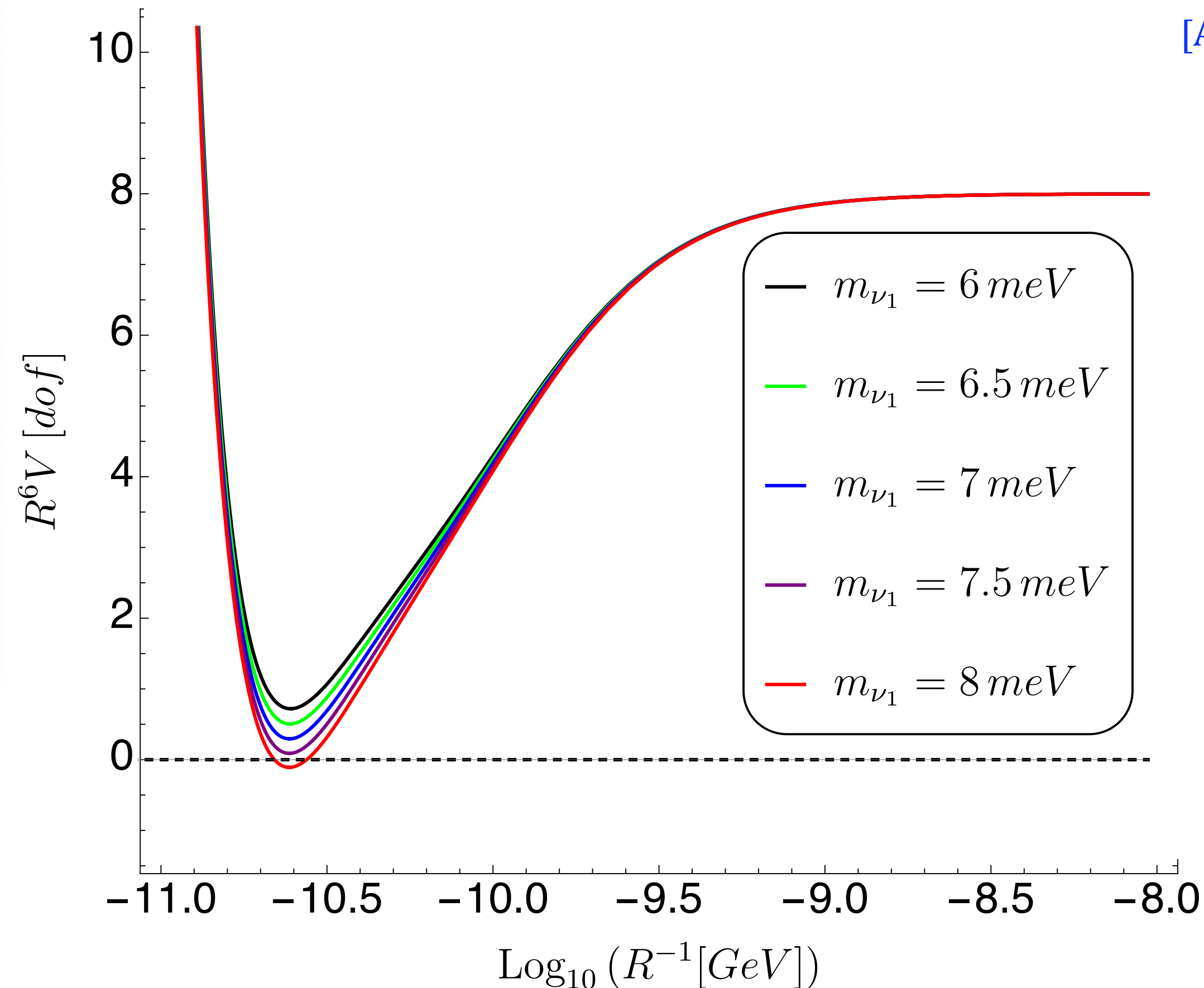
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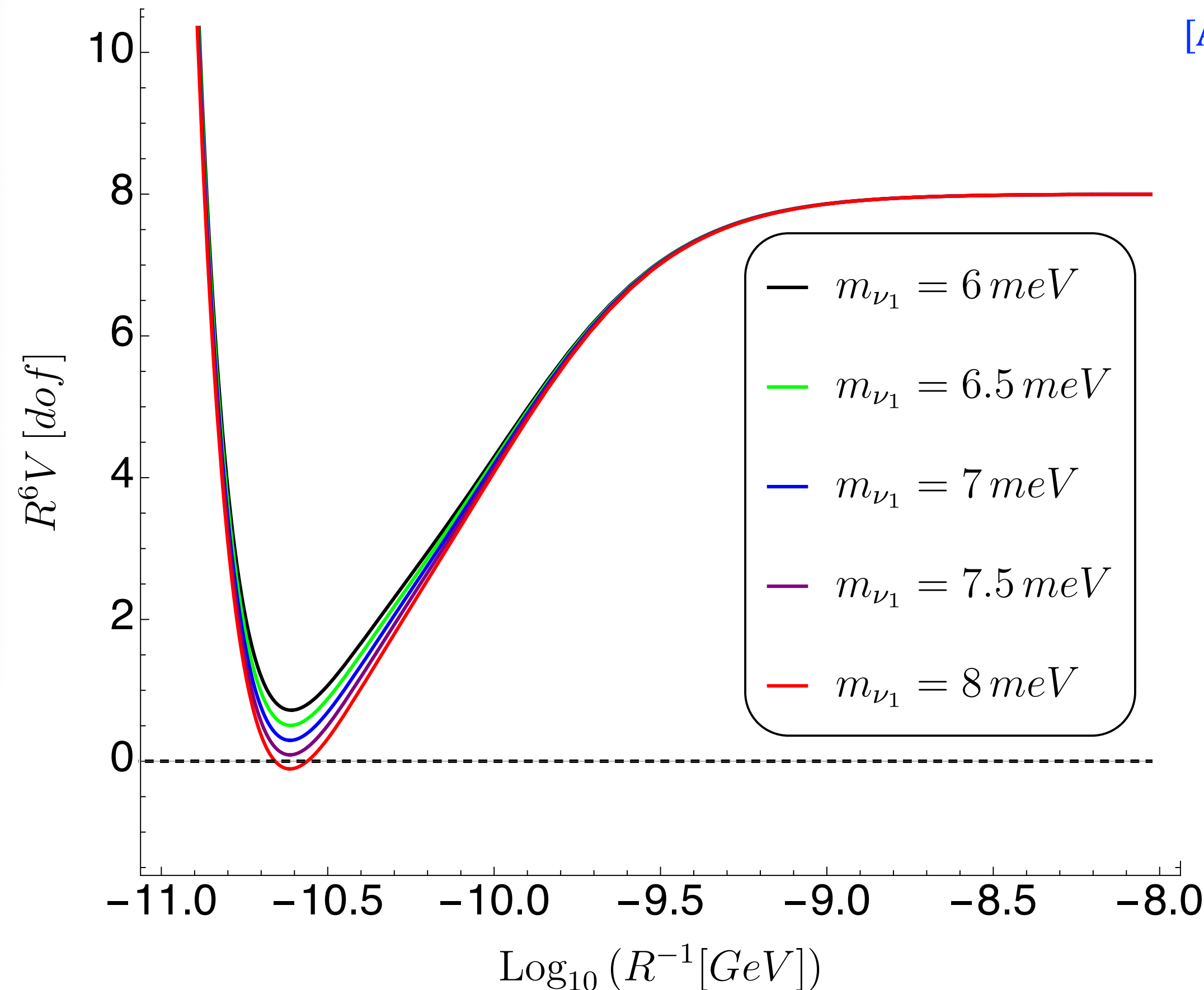
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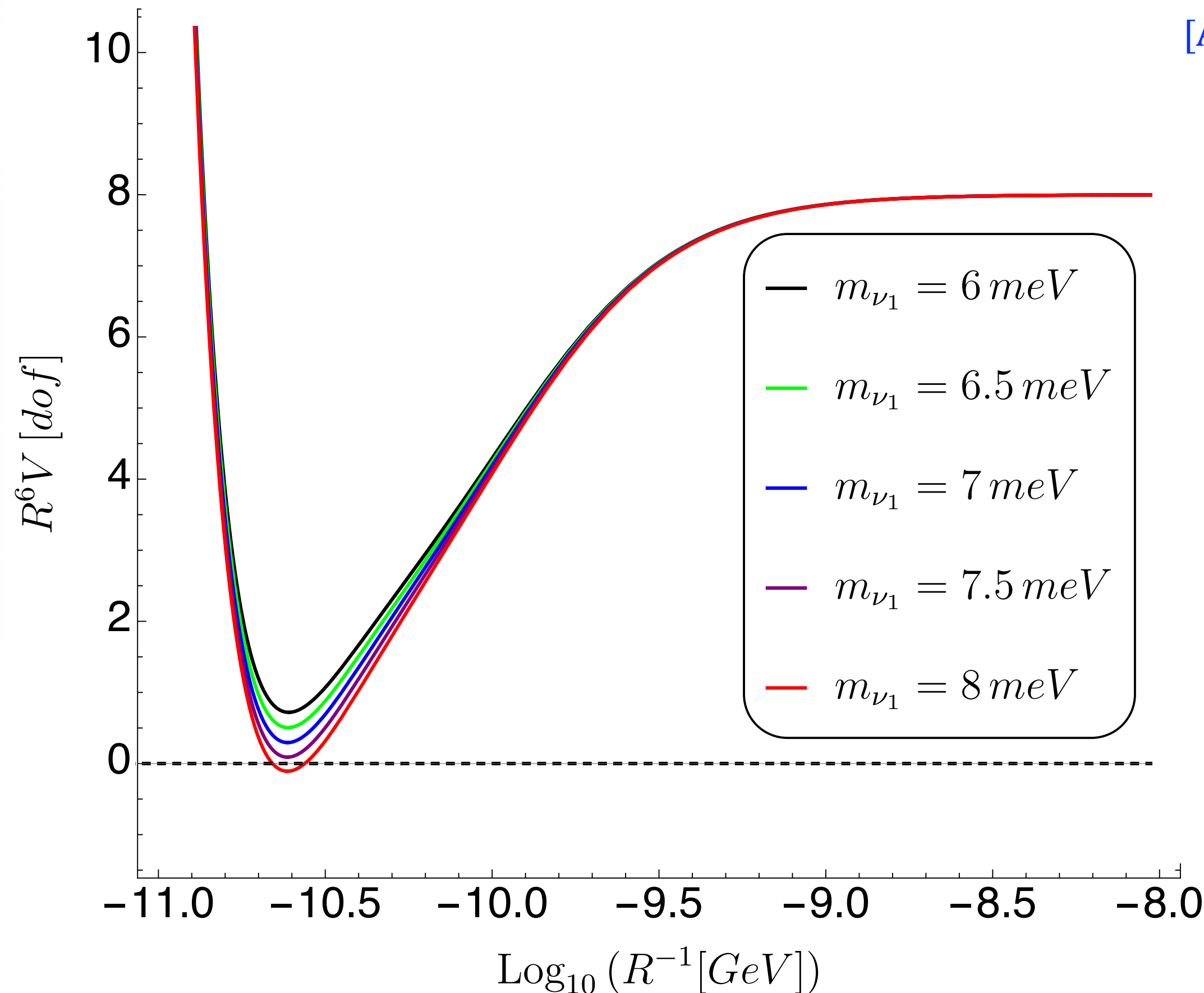
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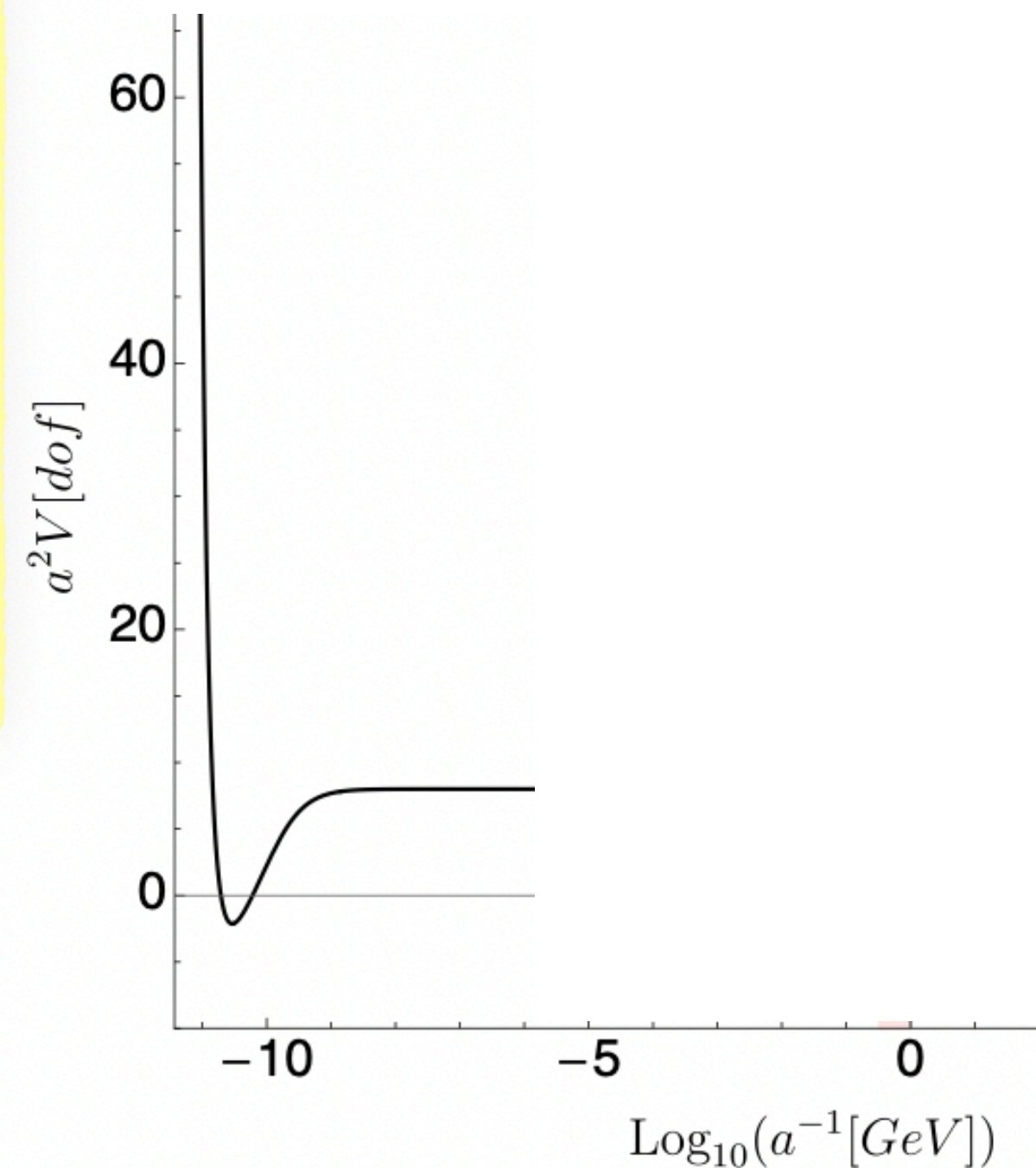
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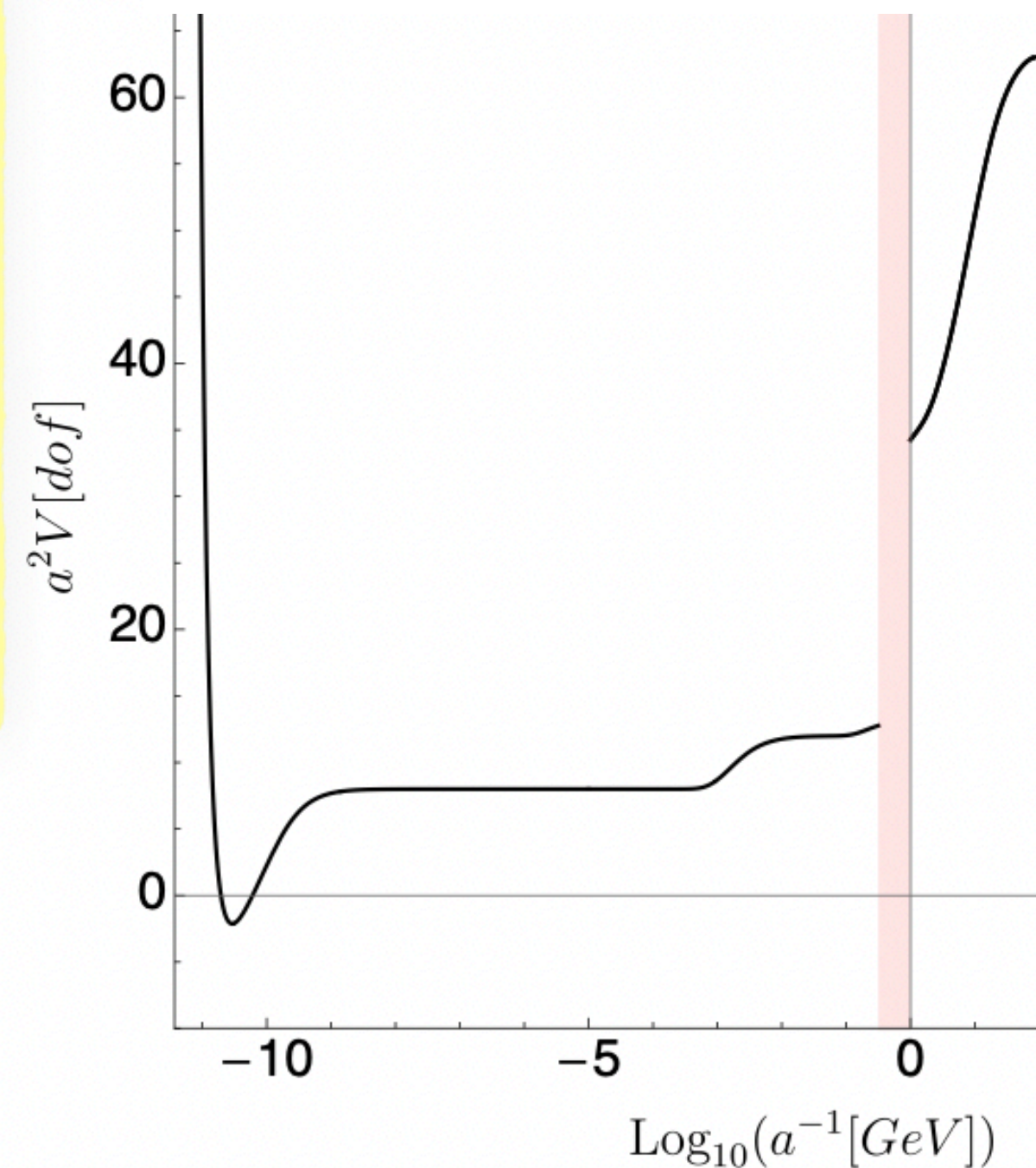
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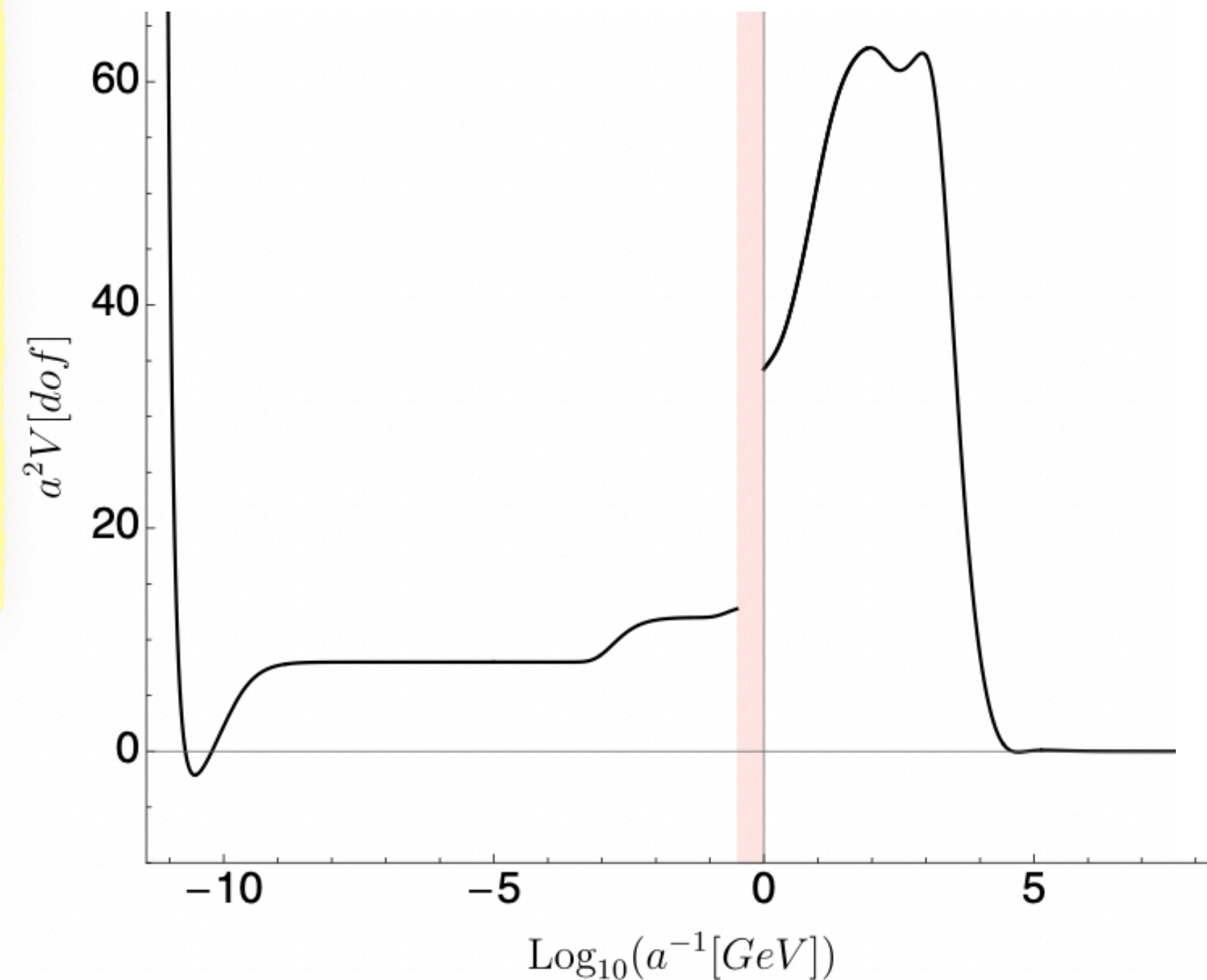
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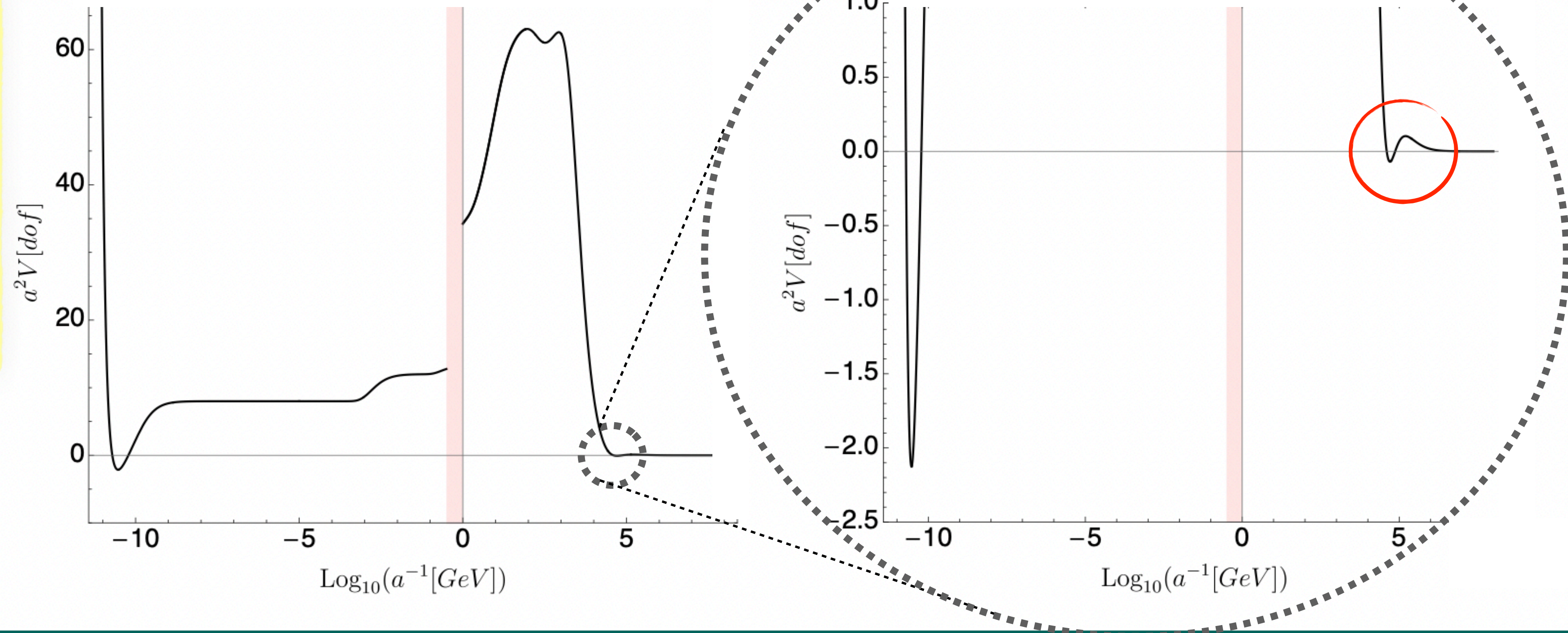
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## 2) Towers of states and extra dimensions

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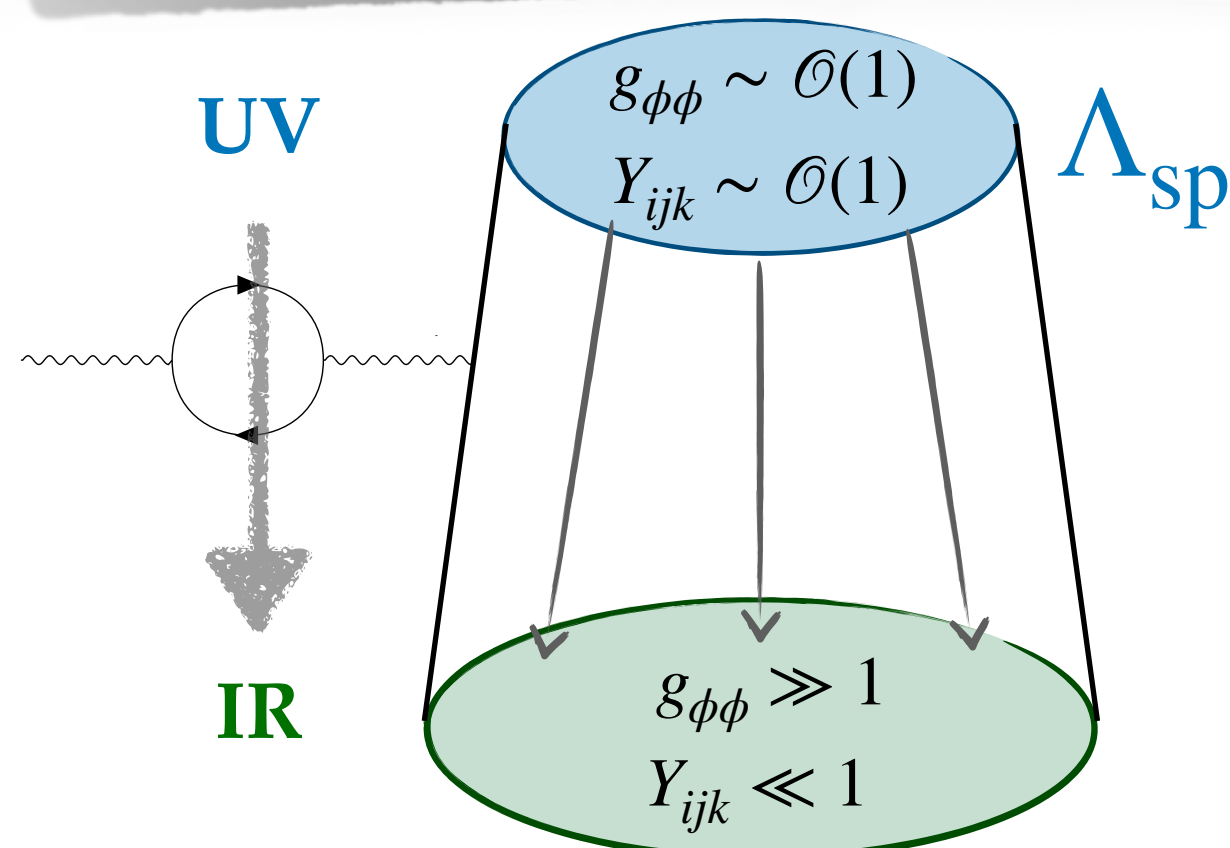
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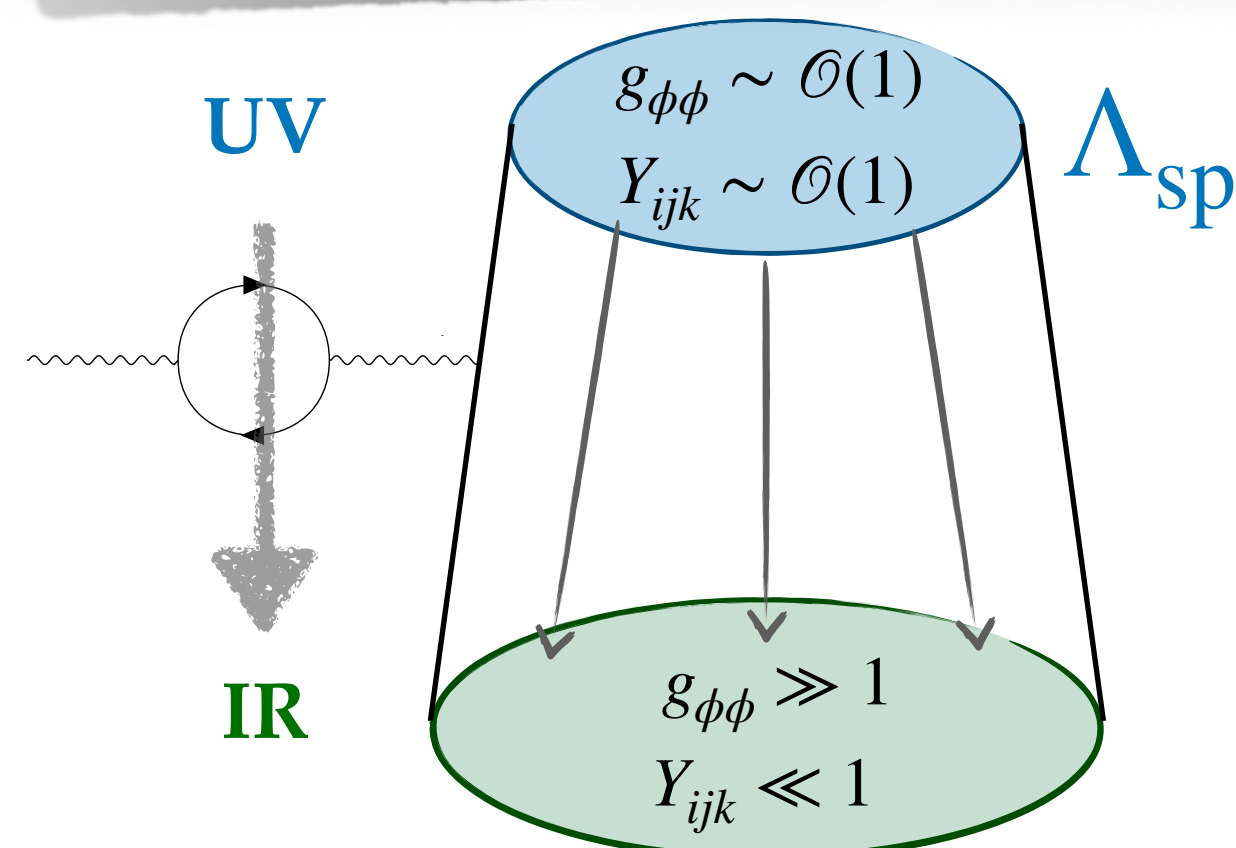
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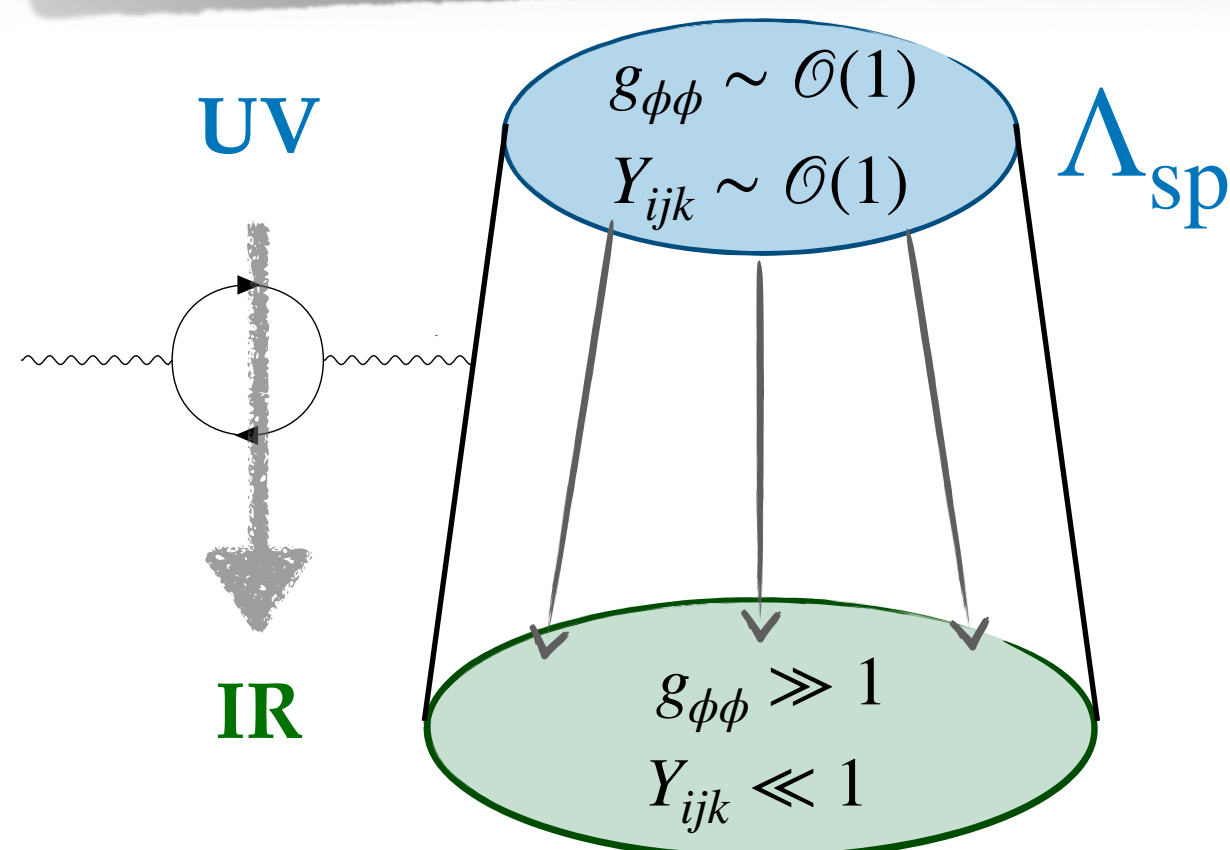
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$$Y_{ijk} = S_{ijk} \left( g_{i\bar{i}} g_{j\bar{j}} g_{k\bar{k}} \right)^{-1/2}$$



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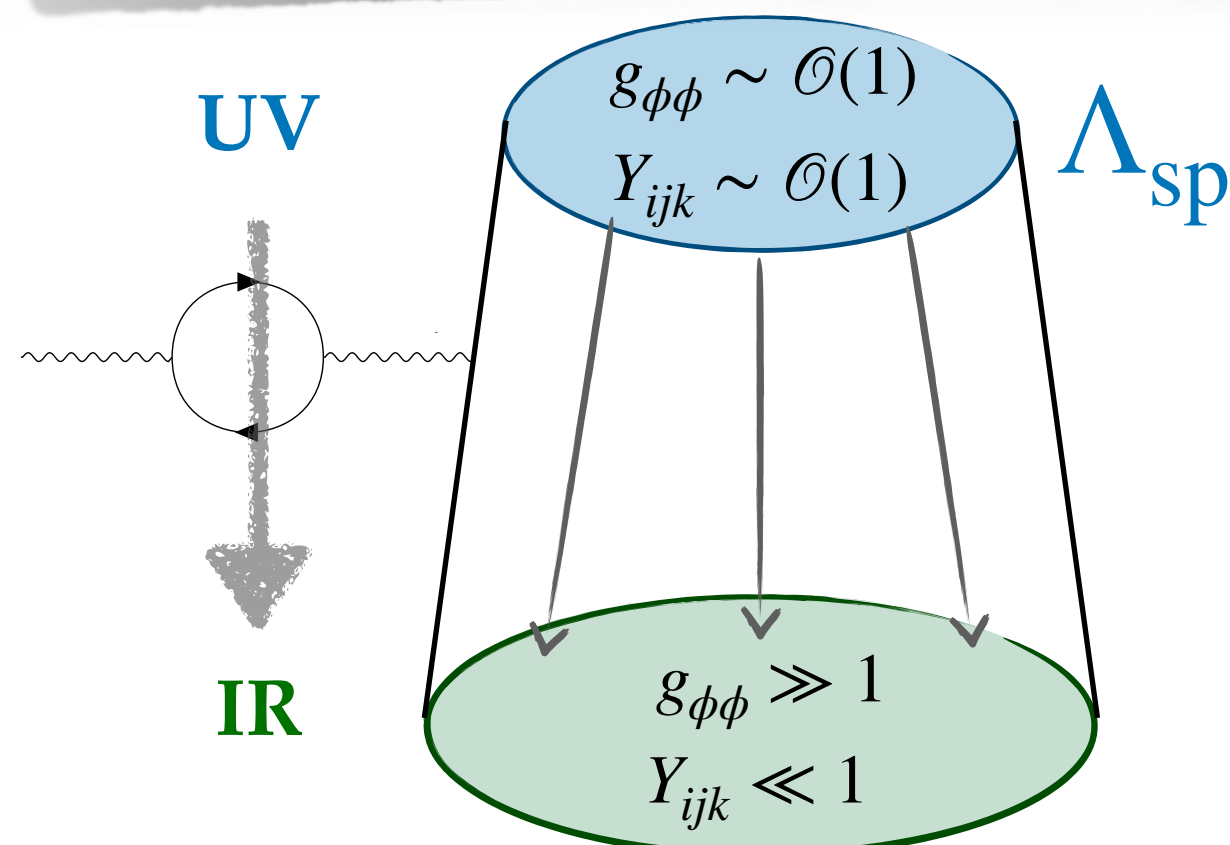
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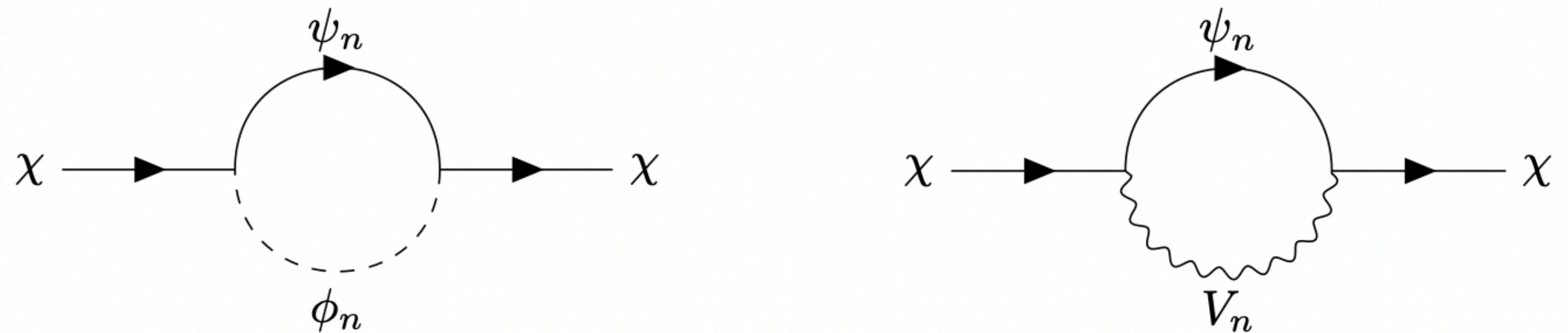
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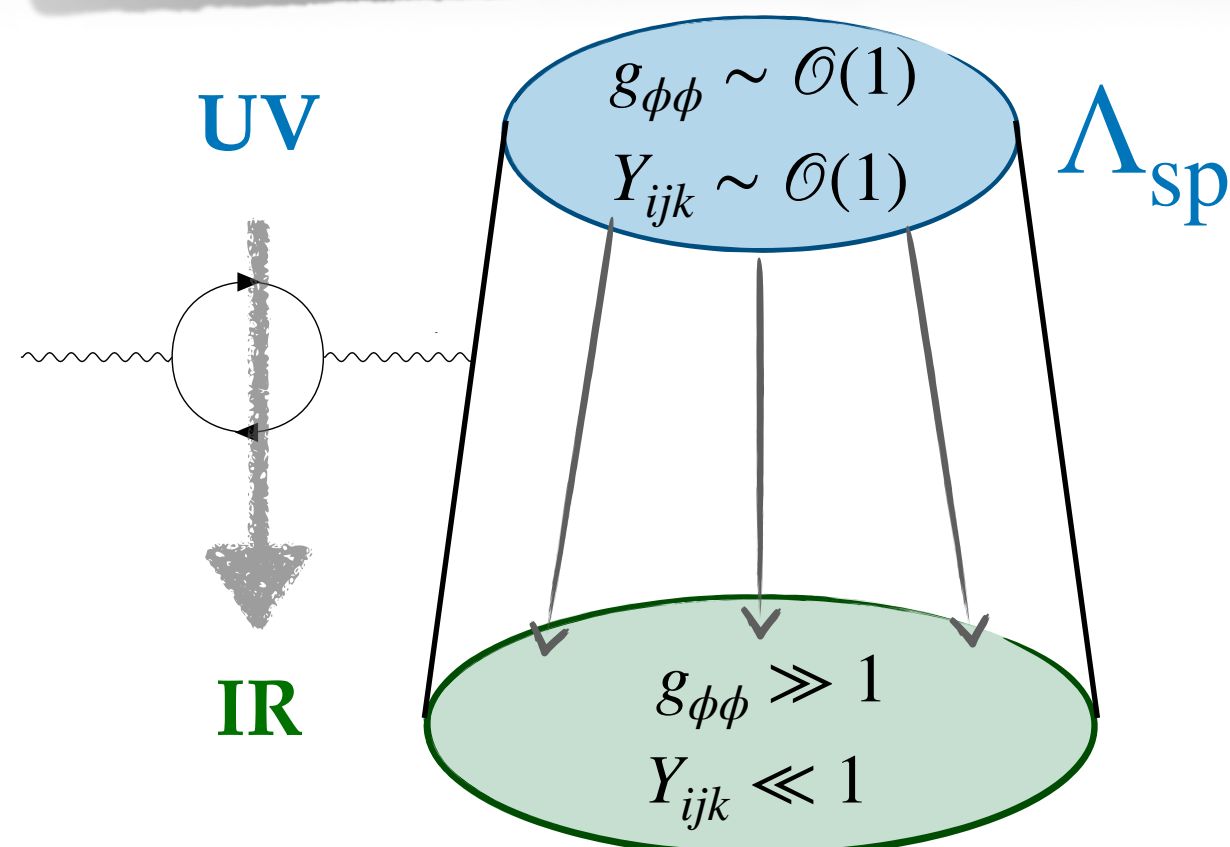
$$g_{\chi\bar{\chi}} \sim \sum_{n_i}^{N_i} n_i^2 \sim N_i^3 \sim \left( \frac{\Lambda_{QG}}{m_0^{(i)}} \right)^3$$

# 2) Towers of states and extra dimensions

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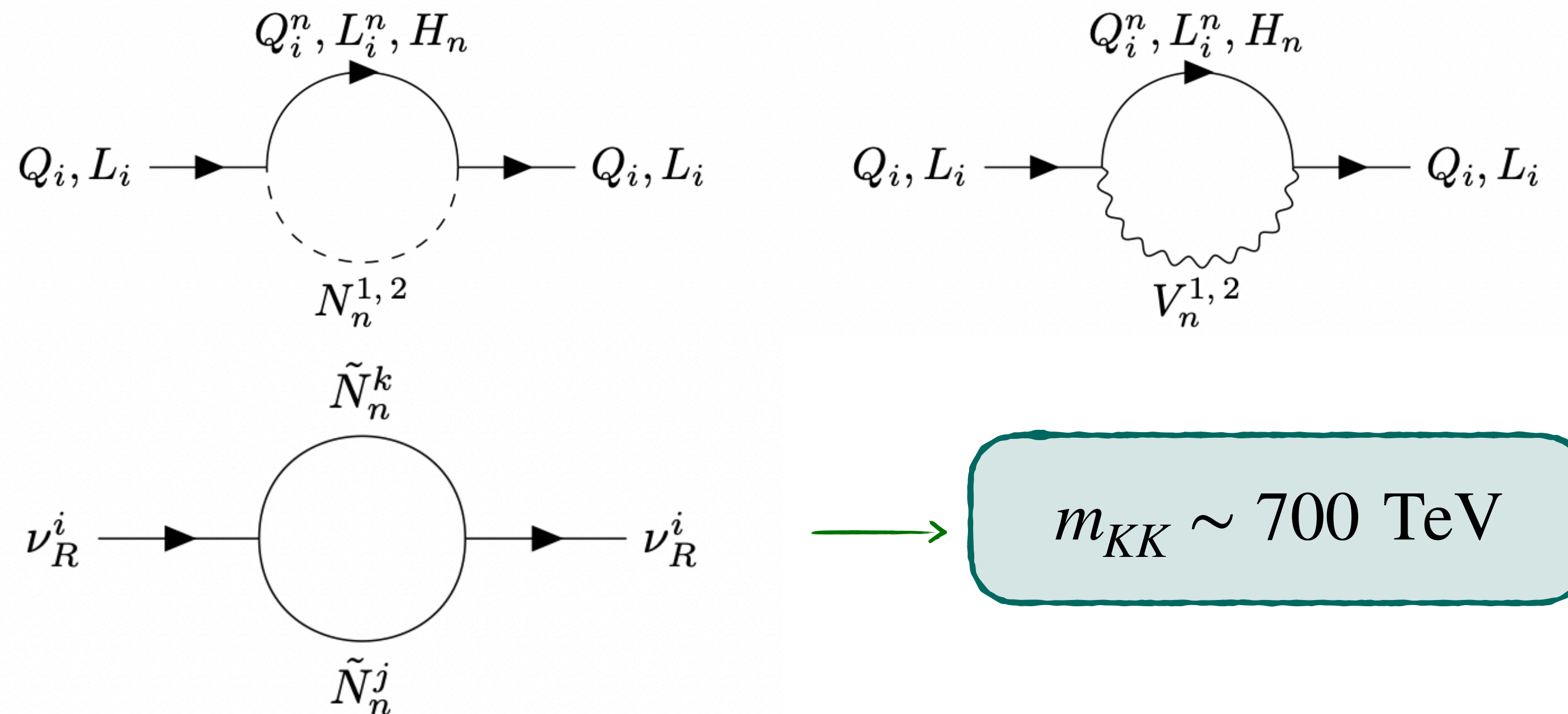
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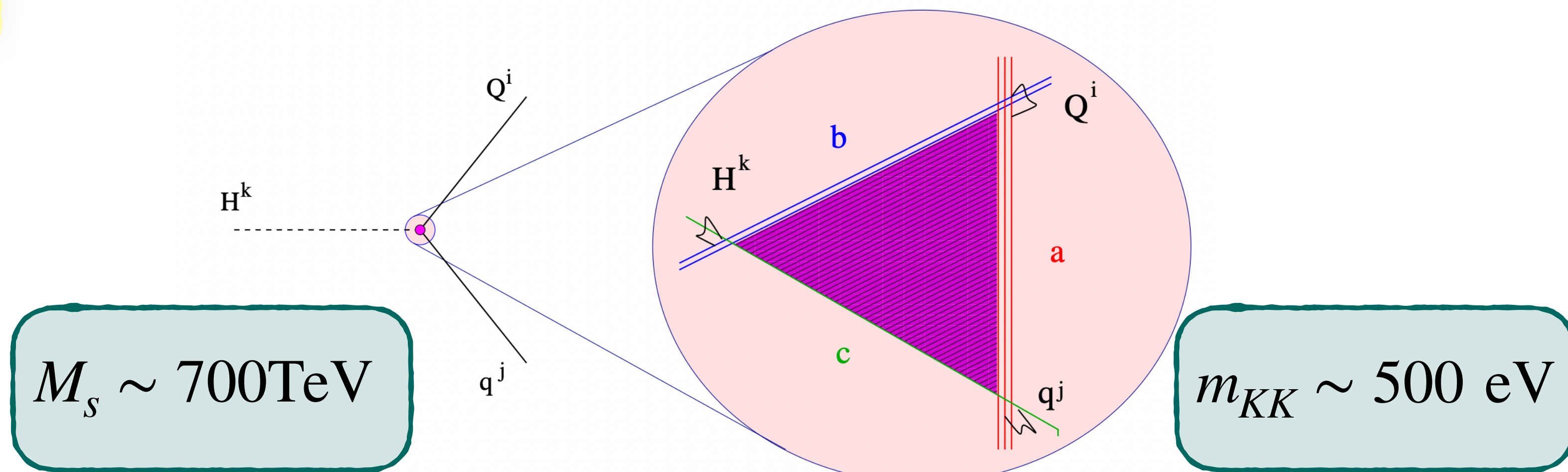
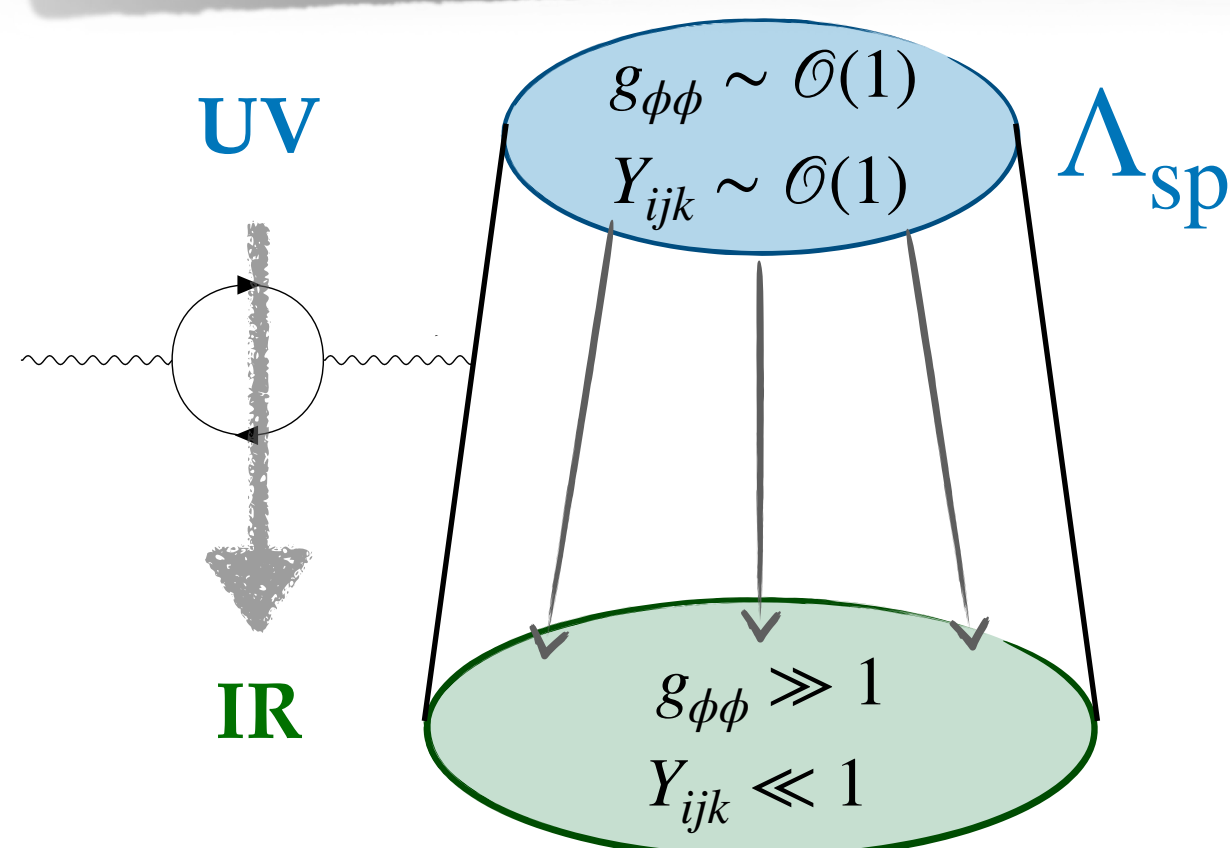
[Parallel talks by A. Castellano, C. Aoufia & A. Valenti]

- \* Light RH neutrinos (Dirac masses)
- \* Simple model (no detailed pheno)

- Observation  $\longrightarrow$  **Small** (and hierarchical) **Yukawa** couplings in the SM
- Interpretation  $\longrightarrow$  They come from **light** (and hierarchical) **towers** of states  $\longrightarrow$  Large kinetic terms in the IR from RG flow

$$Y_{ijk} \simeq S_{ijk} \left[ \left( \frac{m_0^{(i)}}{\Lambda_{QG}} \right) \left( \frac{m_0^{(j)}}{\Lambda_{QG}} \right) \left( \frac{m_0^{(k)}}{\Lambda_{QG}} \right) \right]^{3/2}$$

- Similar string theory embedding with SM at intersecting branes in [Casas, Ibáñez, Marchesano '24] [Parallel talk by G. F. Casas]



# 3) Small $\Lambda_{\text{CC}}$ and the Dark Dimension

[Montero, Vafa, Valenzuela '22]

[Gonzalo, Montero, Obied, Vafa '22]

[Law-Smith, Obeid, Prabhu, Vafa '23]

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## Assumptions:

- \* Generalized Distance Conjecture  
( $m_{\text{tower}} \lesssim \Lambda^{1/4}$ ) [Lüst Palti, Viva '17]
- \* Validity for expanding universe
- \* Emergent String Conjecture (DC)  
→ Tower is KK or strings  
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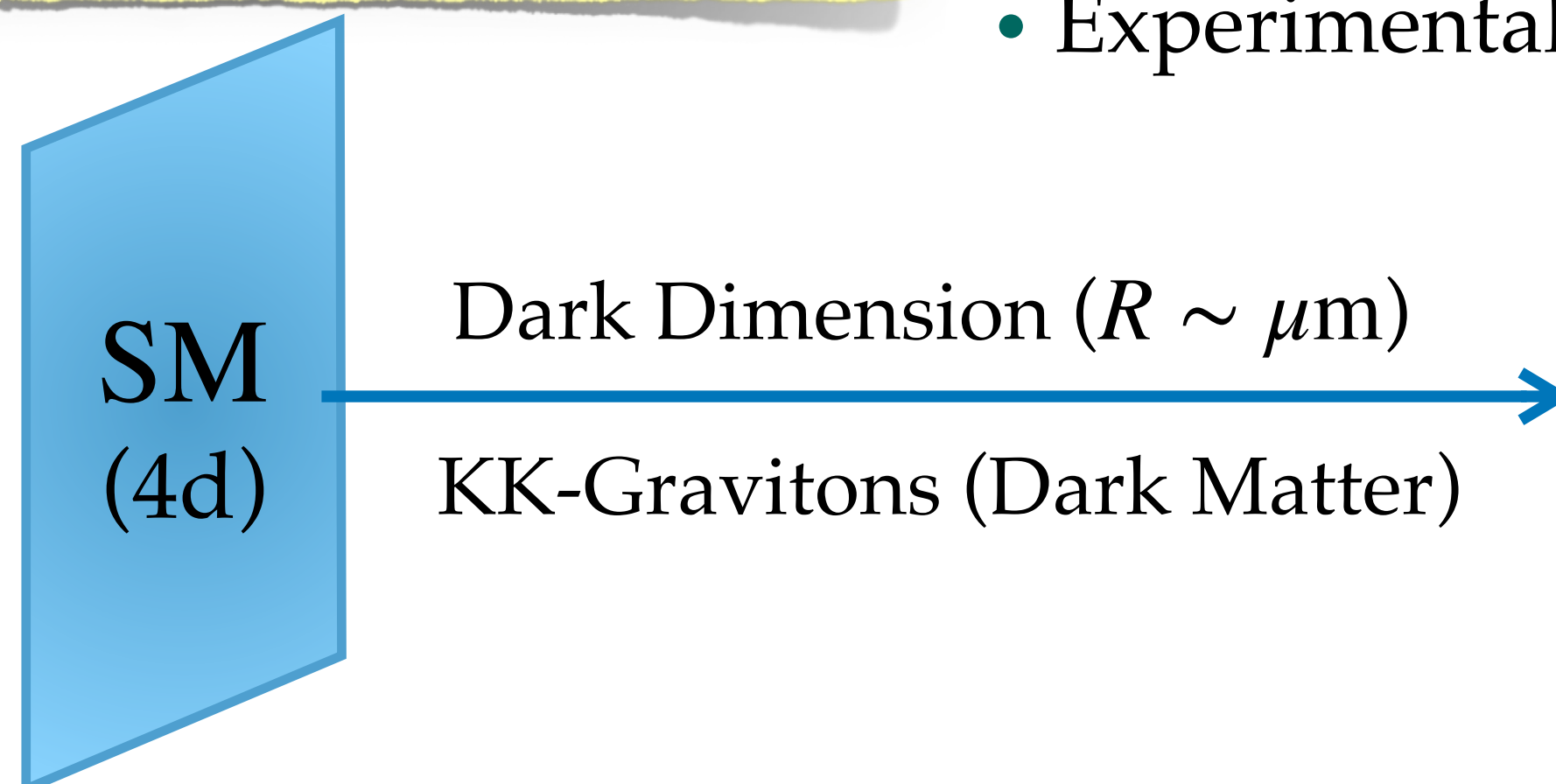
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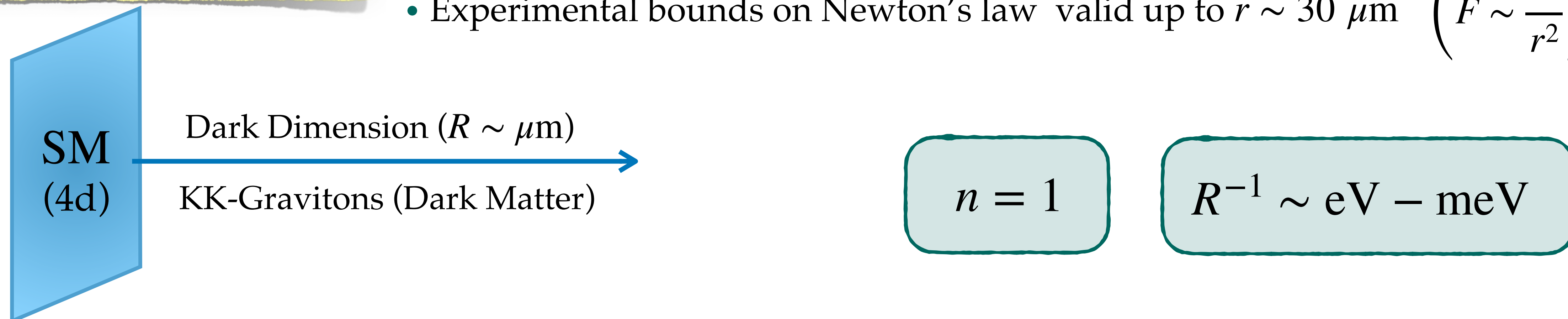
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# Other Phenomenological Applications

- Cosmology (DC/WGC) [Parallel talks by G. Villa, F. Revello]
- dS vs. running solutions (dS Conjecture/TCC) [Parallel talk by D. Panizo]
- Festina lente bound:  $m^4 \gtrsim (eqM_p H)^2$  (WGC)
- Bounds on ranks of gauge groups (No Global Symmetries)
- Massless photons (WGC/DC)
- EW scale (No non-SUSY AdS/DC)
- Big desert scenario vs low energy SUSY (DC)
- Axions [Parallel talk by M. Putti & A. Valenti]
- ...

# Take-home message:

**Not everything is allowed in Quantum Gravity → Constraints**

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EFT rules in QG 

EFT expectations 

(Natural in EFT  $\neq$  Natural in QG)

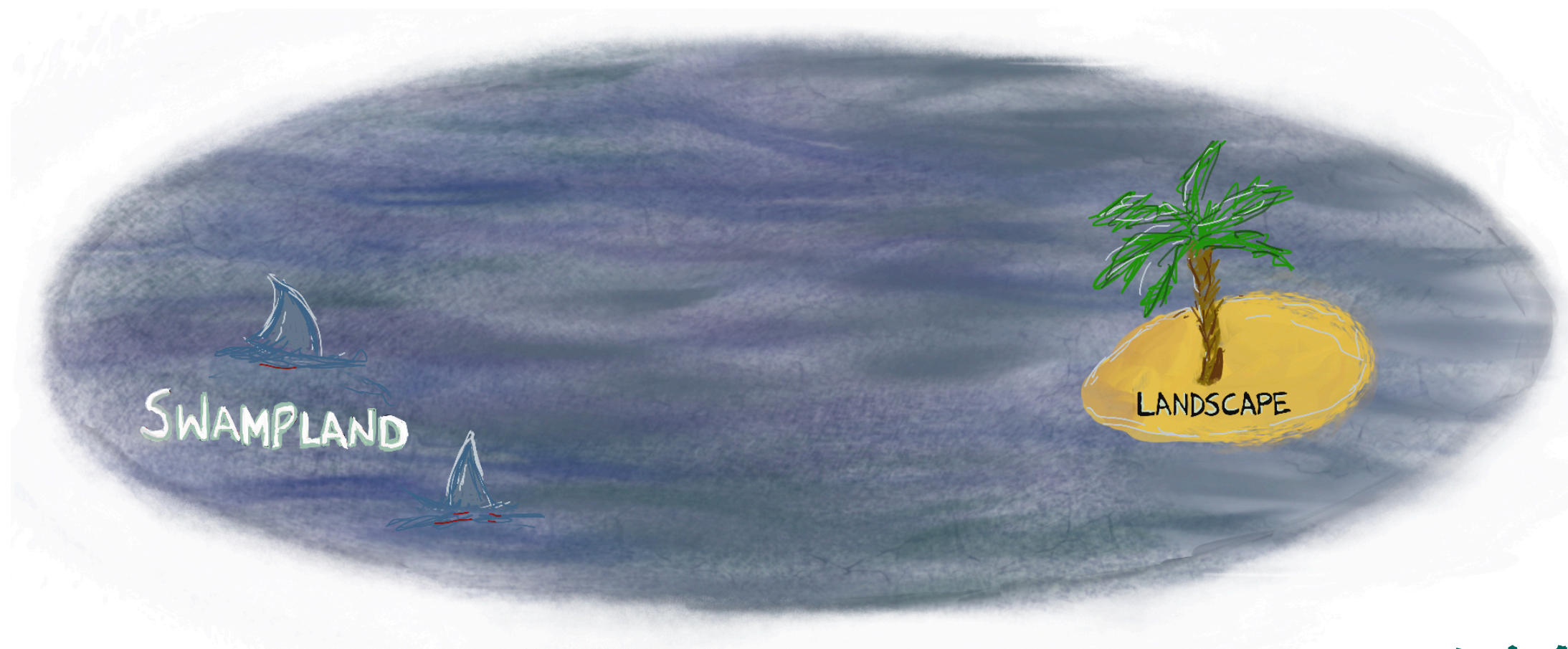
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THANK YOU!

