

**15.1.2024 / Joint Symposium of CERN & HUS**

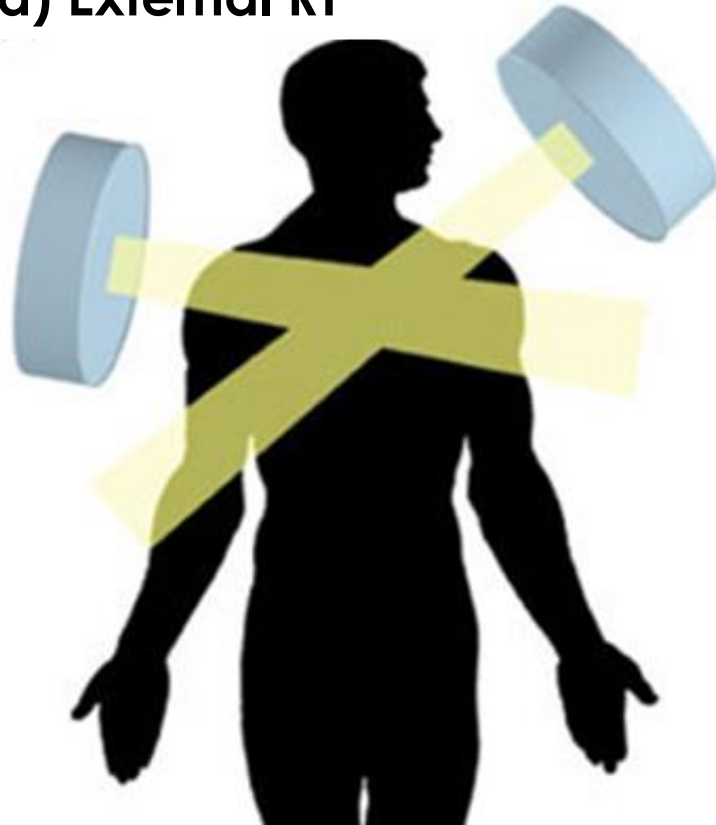
**IN-HOSPITAL BNCT TREATMENT SYSTEM:  
OVERVIEW OF CLINICAL TRANSLATION**

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# BNCT-PRINCIPLE

# EXTERNAL AND INTERNAL RADIOTHERAPY

## (a) External RT



- Beams travel through the patient
- They cross at the tumor position
- Unnecessary radiation dose across the beam path

- Patient is given radioactive drug
- Drug accumulates in the tumor, but also in other organs
- Unnecessary radiation dose outside the tumor

# BORON NEUTRON CAPTURE THERAPY

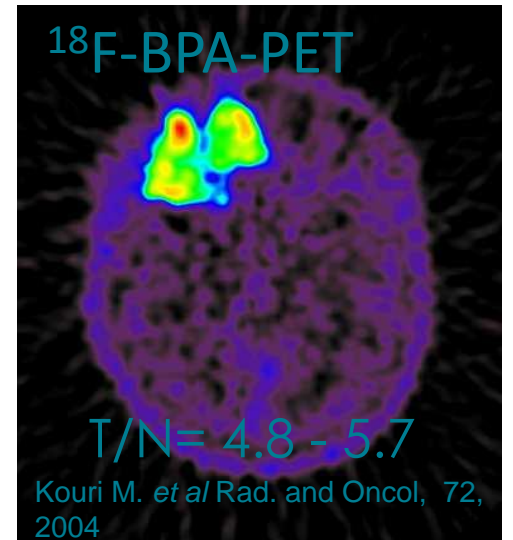
- Boron infusion accumulates in the tumor, but also in other areas of the body
- Tumor area is treated with a neutron beam, which interacts with boron in the treated area and produces high radiation dose to the target

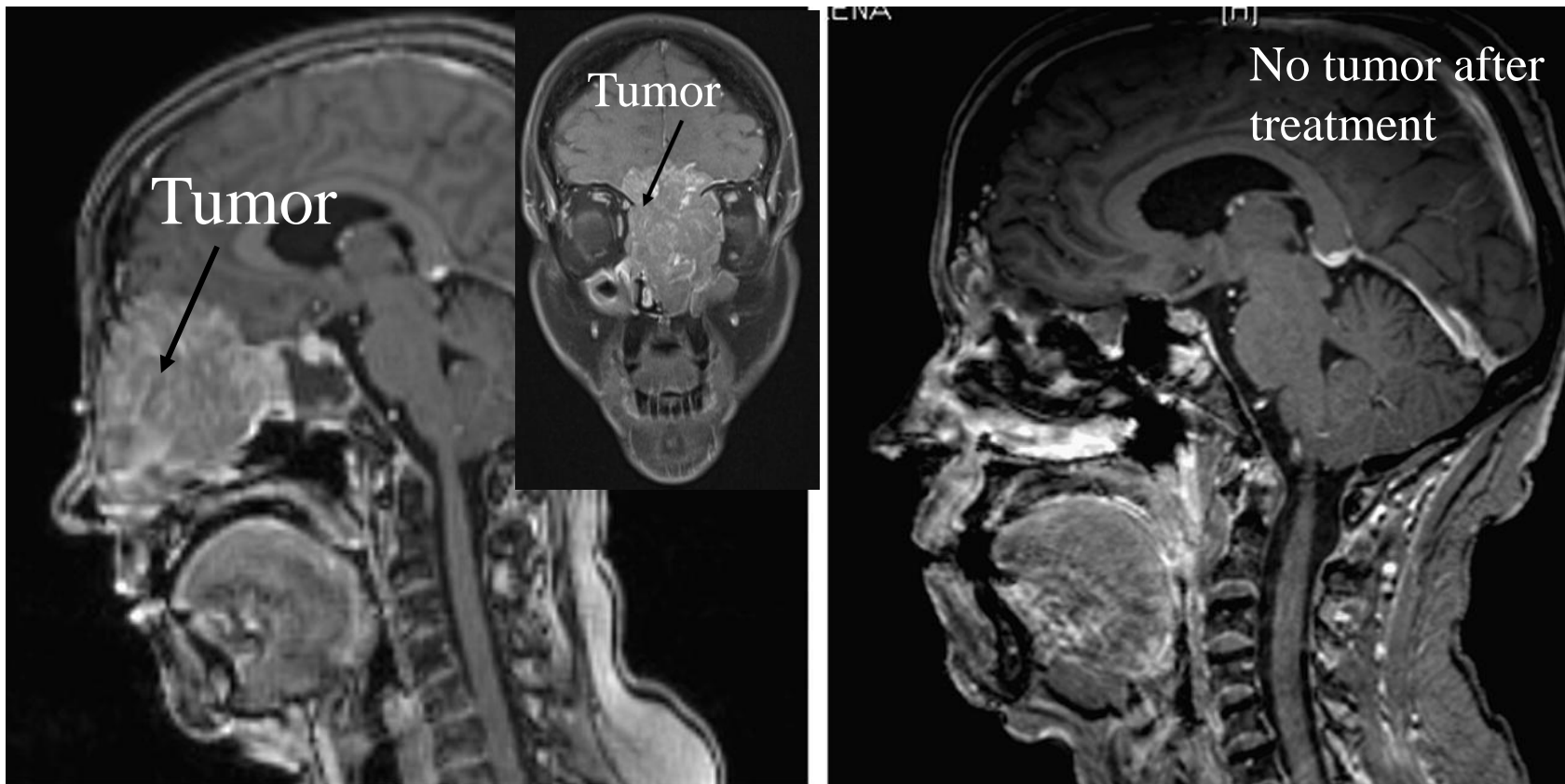
## (c) Biologically targeted RT



# ADVANTAGES OF BNCT

- High dose gradient between cancer cells and healthy tissues
- Cancerous tissue is more sensitive to BNCT than healthy tissue
- Biological targeting allows the treatment of tumors with diffuse edges
- Can be administered:
  - After high-dose radiotherapy
  - Near or within radiosensitive tissues (brain, spinal cord, optic nerve, liver or lung etc.)





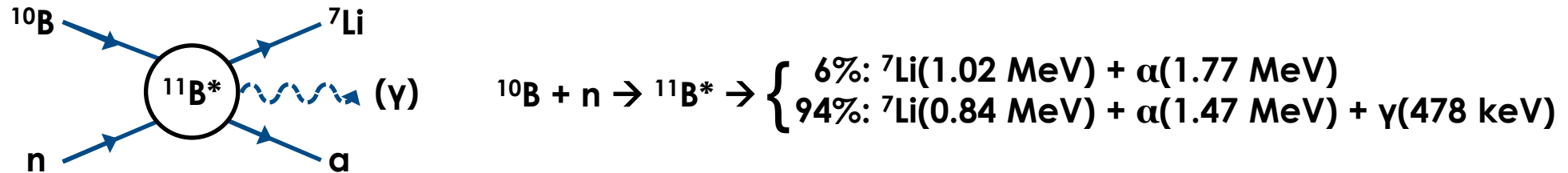
Newly diagnosed poorly differentiated large squamous cell carcinoma

**Treated with BNCT:** GTV dose 31 Gy (W), optic nerve dose only 4 Gy (W)

4 weeks later **fractionated IMRT** 44 Gy (2 Gy/d) plus stereotactic fractionated booster dose 6 Gy. Weekly **cetuximab** plus **cisplatin** 40 mg/m<sup>2</sup> during photon RT.

# BNCT IN A NUTSHELL

The dominating reaction:

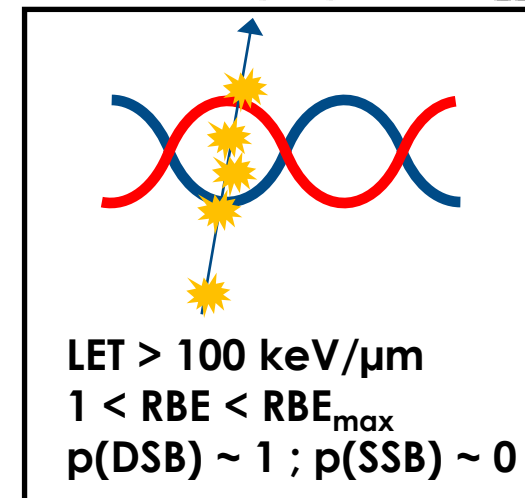
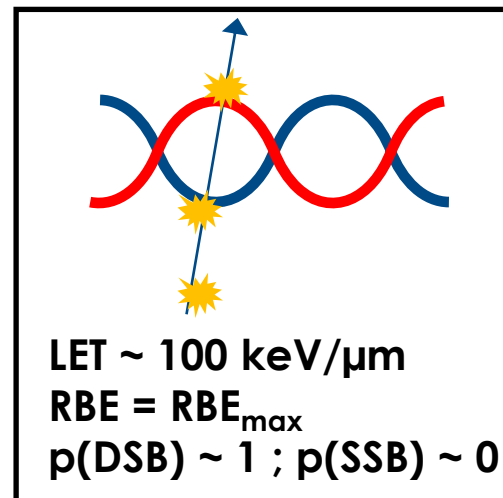
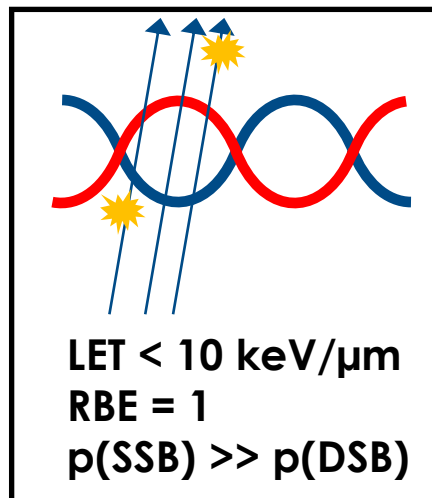
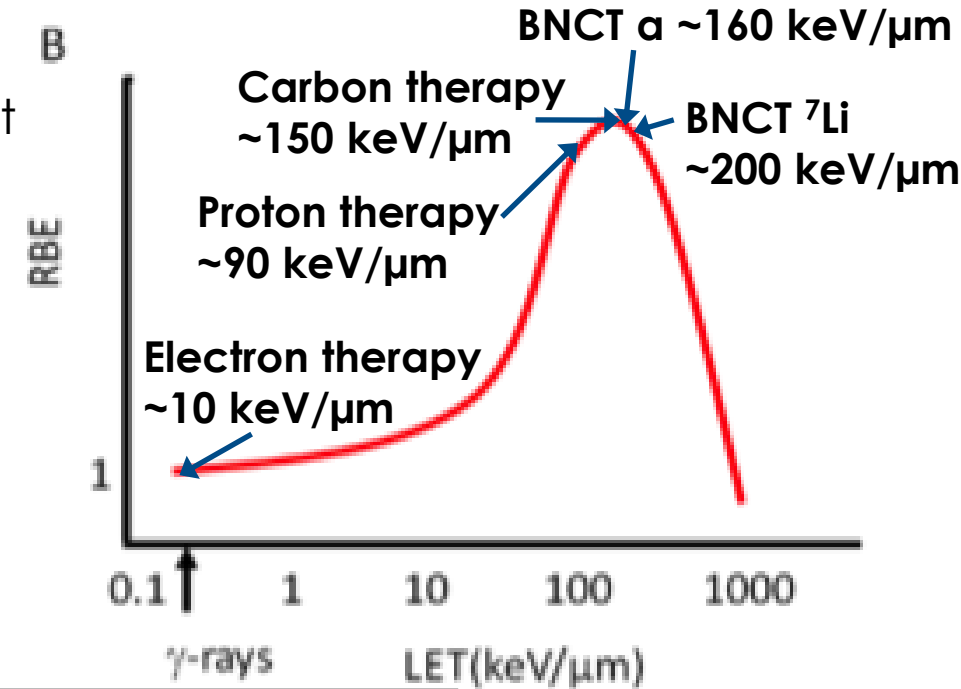


**Biologically targeted radiotherapy:**

- Patient is administered a boron carrier (BPA) by infusion
- The carrier agent has a high uptake to cancer cells but a low uptake to normal cells
- $^{10}\text{B}$  in the boron carrier has a high cross section for capturing thermal neutrons
- Patient is subjected to an epithermal neutron field
- The  $^{10}\text{B}$  isotopes capture thermalized neutrons and produce highly ionizing secondary particles whose range is  $<10 \mu\text{m}$
- The energy released in the reaction is absorbed mostly within the cell that took up the boron carrier

# FROM PHYSICAL DOSE TO BIOLOGICAL DOSE HUS<sup>\*</sup>

- Linear energy transfer (LET): how much an ionizing particle/ion deposits energy locally along its path per unit of length
- LET correlates with the relative biological efficiency (RBE)
- Comparison point:  $^{60}\text{Co}$  irradiation (RBE=1)
- The probability for DNA double strand break increases as function of RBE; beyond  $\text{RBE}_{\text{max}}$  higher LET is "wasted" because the overkill effect
- BNCT: alphas and  $^7\text{Li}$  nuclei close to  $\text{RBE}_{\text{max}}$



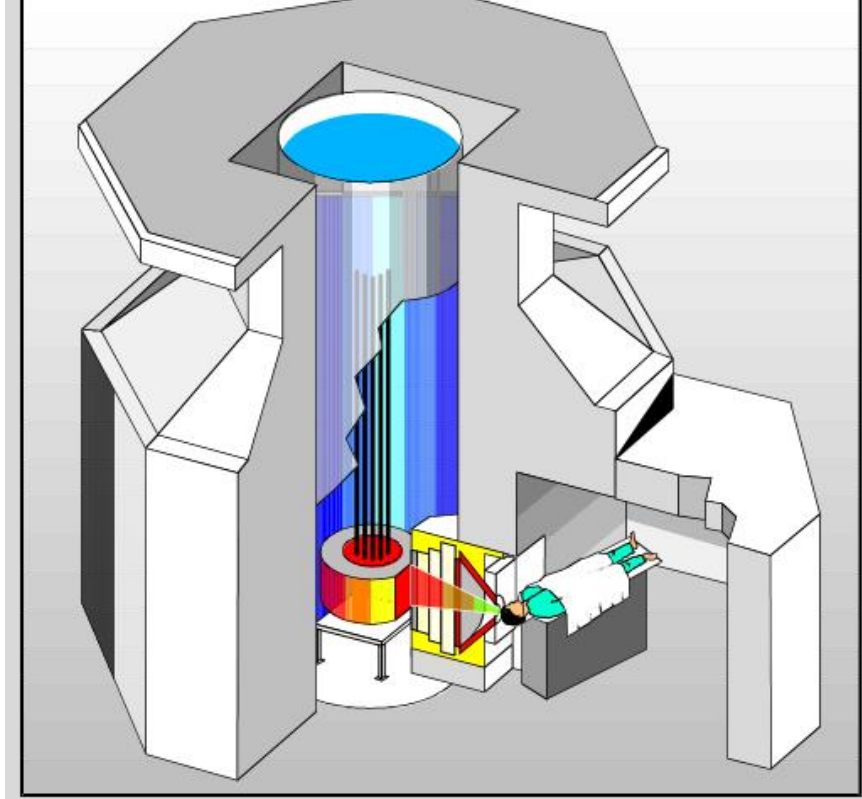


# BNCT – IN PRACTICE

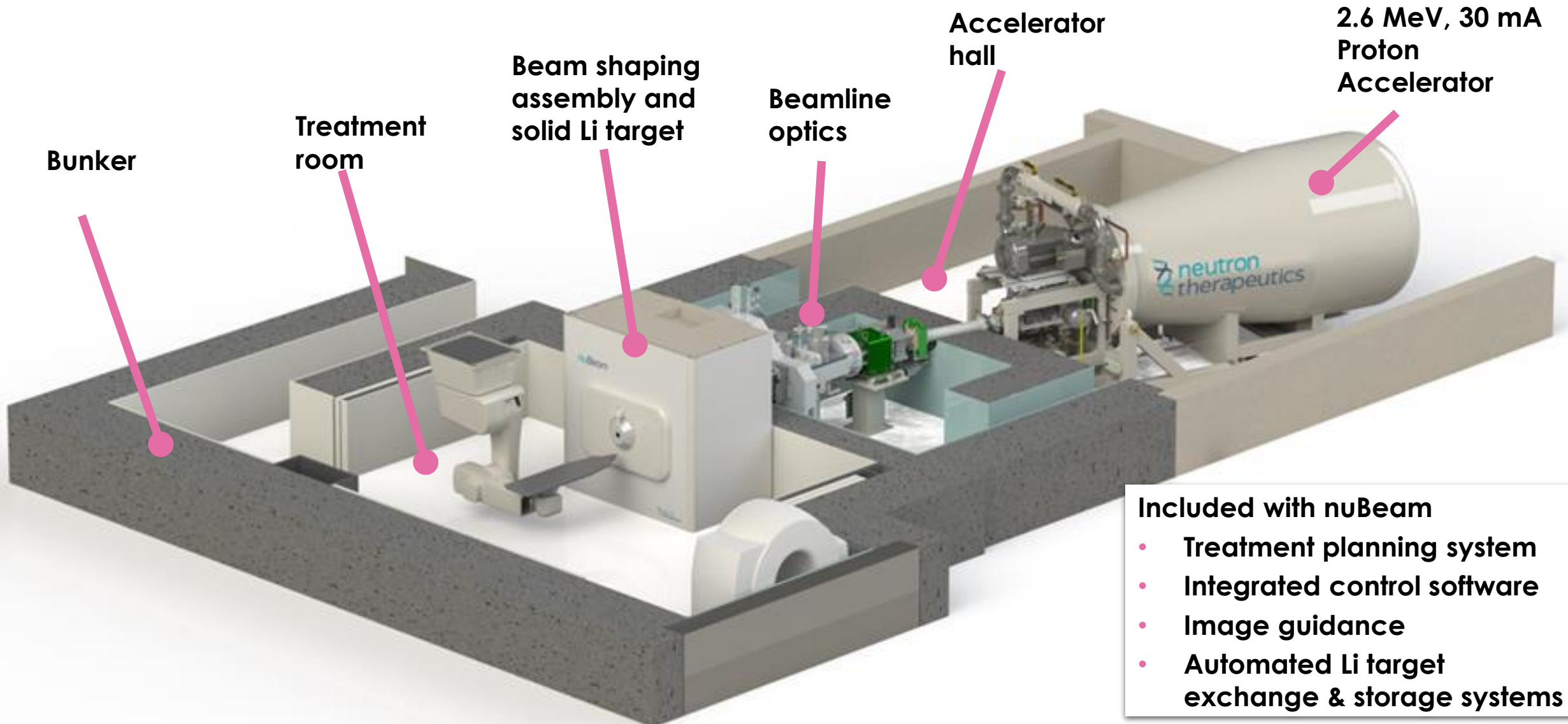
# BNCT IN FINLAND

## Research reactor FiR 1

- 250 kW TRIGA Mark II
- Epithermal neutron beam  $>10^9$  n/cm<sup>2</sup>/s
- Closed 2/2012
  
- Patient treatments 1999–2012
- 249 patients >300 treatments
  - 101 patients within clinical trials
  - Patients from Finland, Sweden, Norway, Estonia, Italy, Monaco, Japan and Australia
  - Boron phenylalanine (BPA) as <sup>10</sup>B carrier
  - Brain cancer
  - Head&Neck cancer

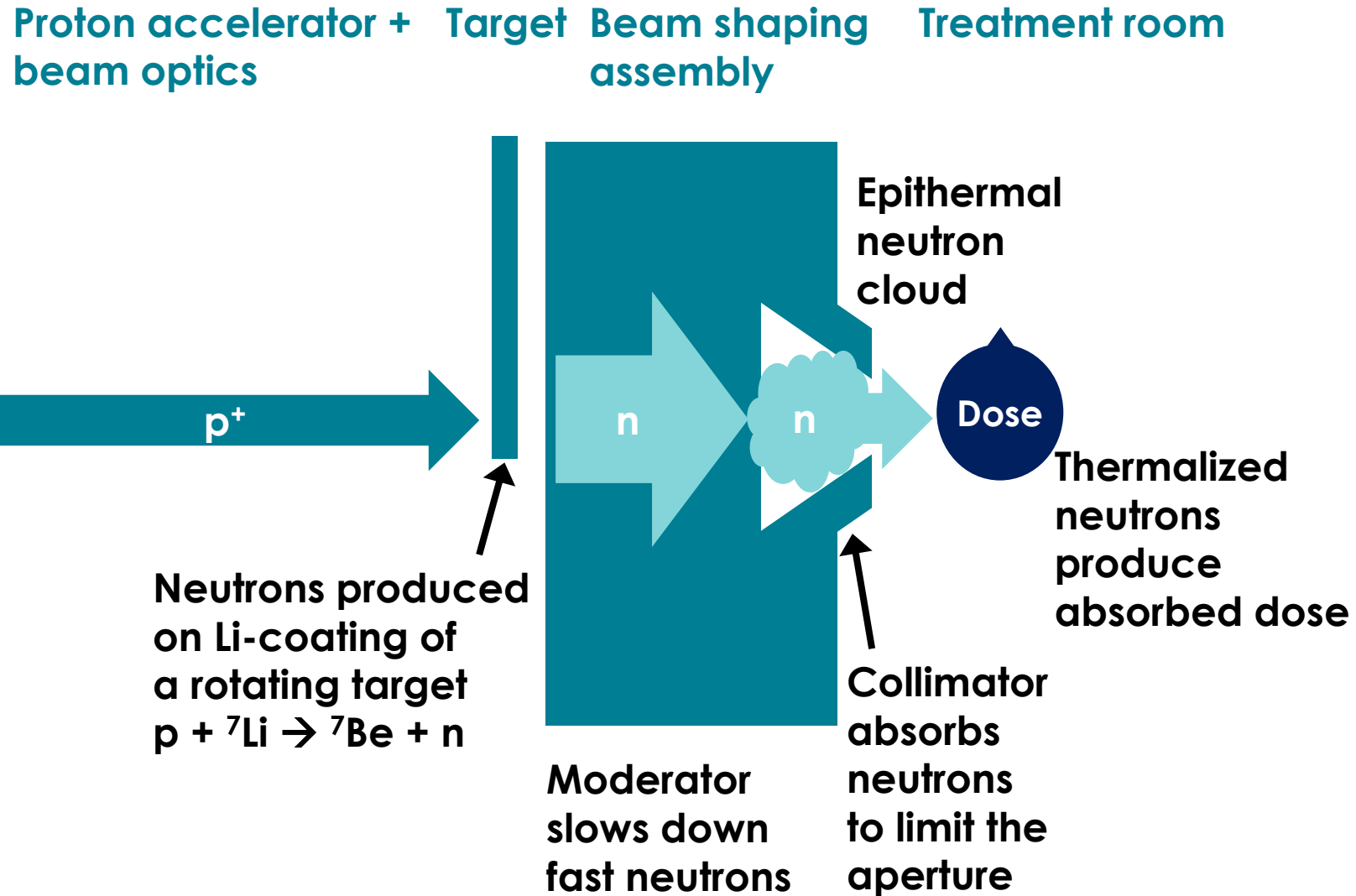


# NUBEAM BNCT SUITE BY NEUTRON THERAPEUTICS



- Included with nuBeam**
- Treatment planning system
  - Integrated control software
  - Image guidance
  - Automated Li target exchange & storage systems

# FROM PROTON BEAM TO NEUTRON CLOUD



# WHAT IS NEEDED FOR A BNCT TREATMENT

## Neutron source

- nuBeam neutron source at the hospital
  - Beam dosimetry and QA
- Images for planning the treatment
  - CT / MRI / (F18-BPA -)PET
    - Target definition
    - *Boron distribution in the patient*
- Boron carrier
  - HUS-pharmacy: Boron phenylalanine (BPA)-infusion

## Blood boron concentration

- ICP-OES (induced coupled plasma optic emission spectrometer)

## Treatment planning

- Radiation dose in the target and organs nearby
- Hospital personnel

# HUS BNCT FACILITY

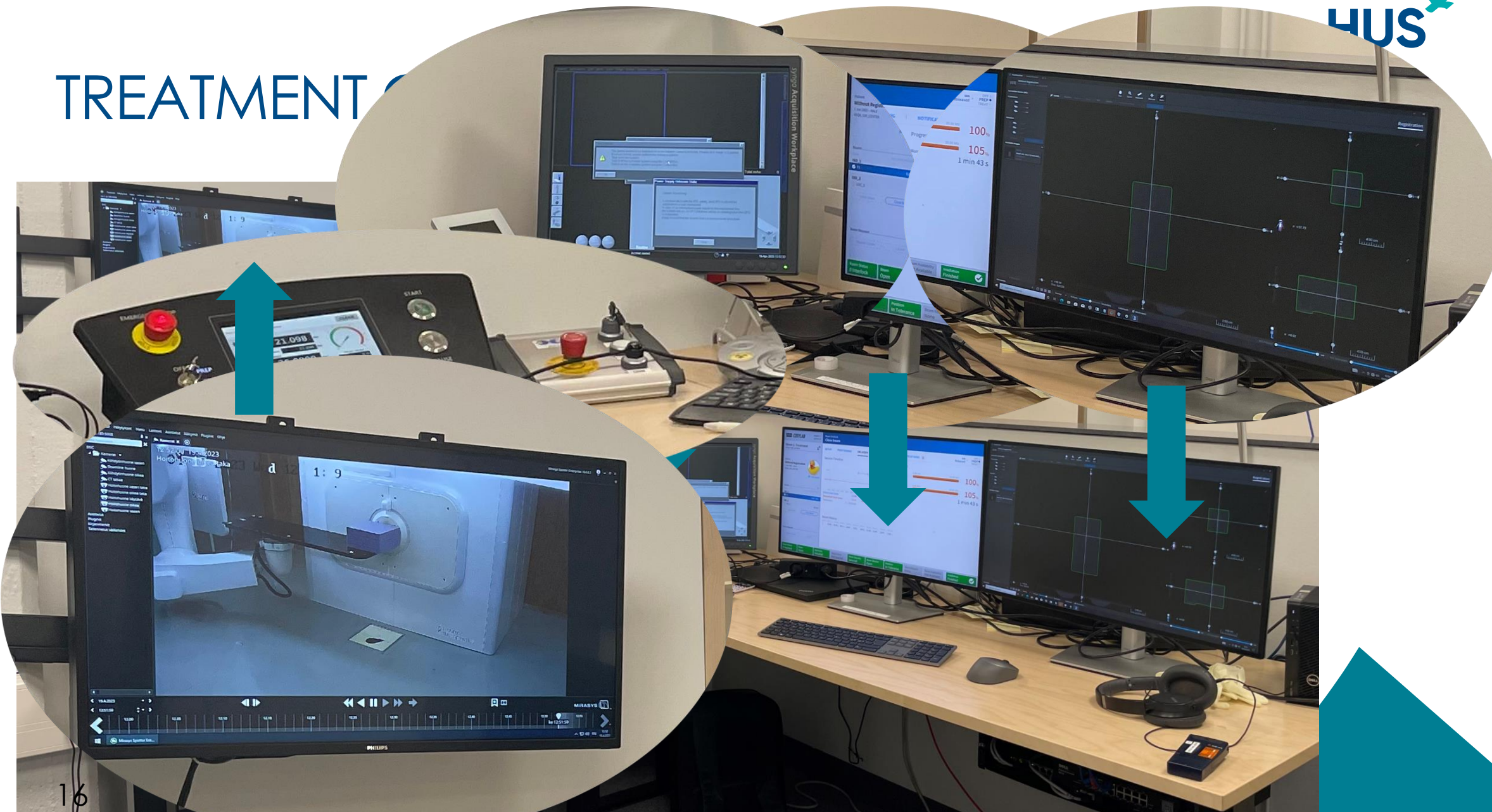
# BNCT TREATMENT ROOM

- Beam shaping assembly and a lead shield
- Robotic couch that allows patient positioning and CT imaging
- In-room sliding gantry CT
- The room is covered with non-activating material





# TREATMENT

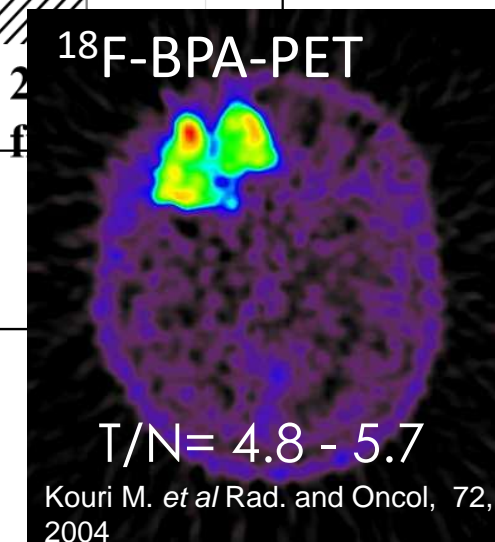
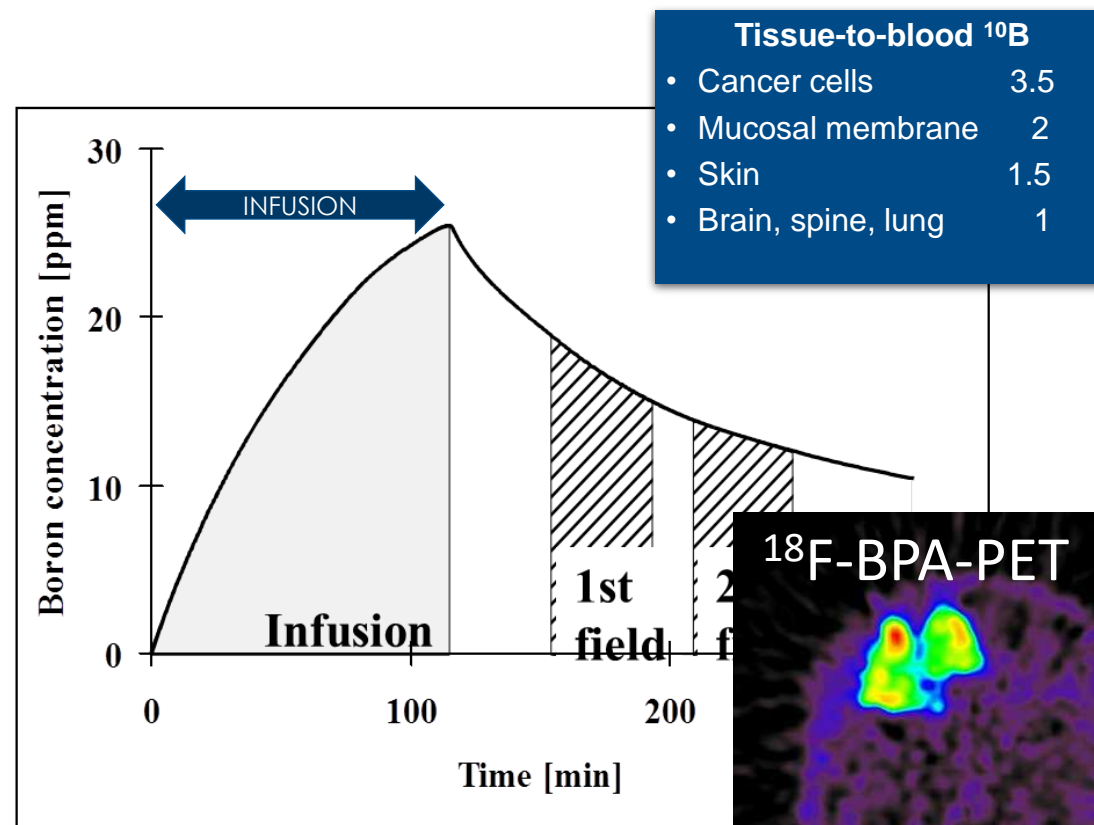




# BORON CARRIER INFUSION AND ANALYSIS



- BPA-F (400 mg/kg) intravenously over 2 hours
- Blood samples taken every 20 minutes
- $^{10}\text{B}$  concentration measured with inductively coupled plasma optical emission spectrometry (ICP-OES)



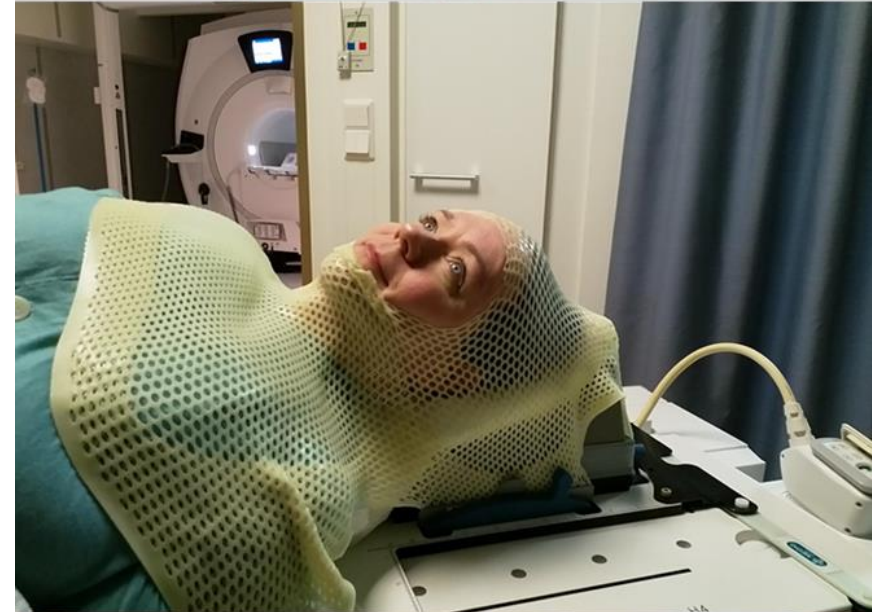
# PATIENT POSITIONING ON ROBOTIC COUCH

Since the neutron beam is stationary, patient position needs to be optimized by fixation

- Triangular pillow
- Vacuum pillow
- 5 point facial mask

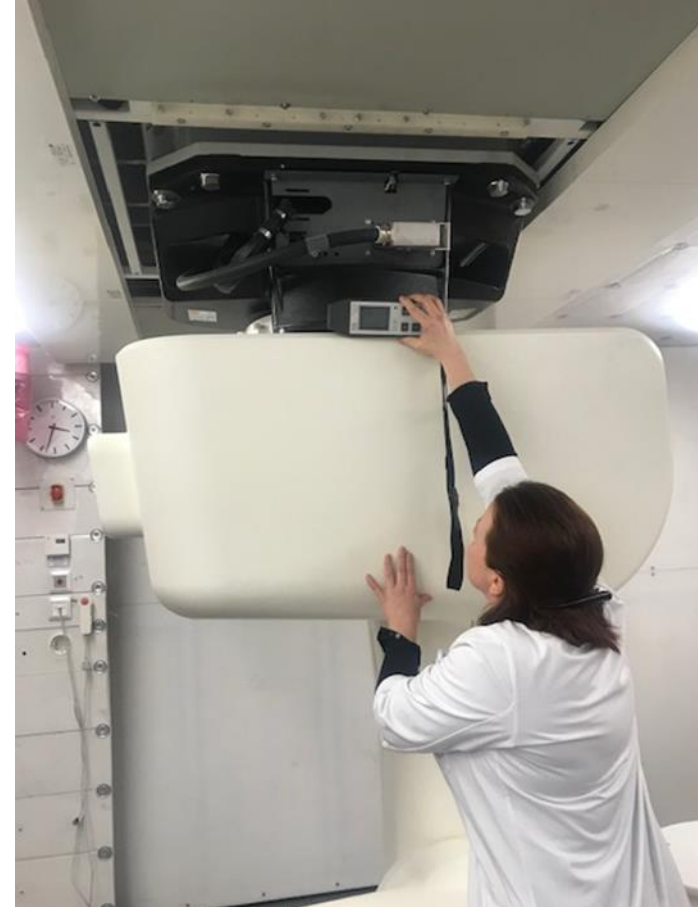
Robotic couch is used for CT imaging and treatment positioning of the patient

First BNCT facility with image-guided treatment



# RESIDUAL ACTIVITY IN THE TREATMENT ROOM

- Treatment room has shielded with lithiated and borated plastic
- Room residual radiation is monitored with gamma probe
- Warning lights at the treatment room door
- Lead shield can be used in front of collimator
- Material of possible implants and other material in patient





# DOSIMETRY AND QUALITY CONTROL

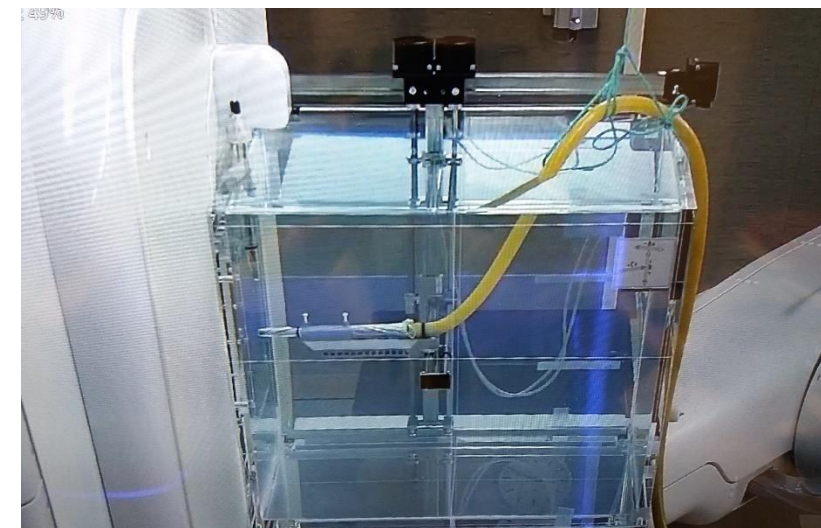
- **Aim:** ensure that:
  - 1) Measured neutron and photon fields are in line
  - with treatment planning calculations
  - 2) Patient positioning during treatment is in tolerance
  - with planned position
- **Methods:**
  - Neutron activation
  - Ionization chambers
    - Depth dose / profiles
    - Beam components
    - Spectrum
  - Phantoms
    - Water tank
    - PMMA cylinder
    - Antomorphic phantom



*Activation foils in a holder. Photo: LW*



*Couch position test with a patient load. Photo: LP*



*Ionization chamber scan. Photo: LW*

# CURRENT STATUS AND FUTURE PLANS

# CURRENT PLANS WITH ACCELERATOR-BASED BNCT

- Recurrent head & neck cancer
  - First in a study protocol, then as accepted standard treatment
- Expand to other tumor types
- Multicenter trials
- To test novel boron carriers
- Combination treatments
- Randomized trials
- Basic and translational research

# ACKNOWLEDGEMENTS

## **VTT Research Centre of Finland**

Iiro Auterinen

Petri Kotiluoto

Tom Serén

Pekka Hiismäki

## **Neutron Therapeutics**

Paul Eide

Jyri Hannila

Hanna Koivunoro

Miikka Leskinen

Seppo Pakkala

Toni Pionius

Noah Smick

Ted Smick

## **Helsinki University Hospital & University of Helsinki**

Anu Anttonen

Timo Atula

Juhani Collan

Markus Färkkilä

Aaro Haapaniemi

Eero Hippeläinen

Heini Hyvönen

Heikki Joensuu

Merja Kallio

Leena Kankaanranta

Emmi Kirjanen

Mika Kortnesniemi

Martti Kulvik

Antti Mäkitie

Liisa Porra

Vappu Reijonen

Hannu Revitzer

Anna Rintala

Kauko Saarilahti

Sauli Savolainen

Tiina Seppälä

Jenna Tarvonen

Mikko Tenhunen

Marjut Timonen

Eero Salli

Jouni Uusi-Simola

Petteri Välimäki

Lauri Wendland

Et al...

